

सशैलवनधात्रीणां यथाधारो ऽहिनायकः ।
सर्वेषां योगतन्त्राणां तथाधारो हि कुण्डली ॥ 3.1

सुप्ता गुरुप्रसादेन यदा जागर्ति कुण्डली ।
तदा सर्वाणि पद्मानि भिद्यन्ते ग्रन्थयोऽपि च ॥ 3.2

प्राणस्य शून्यपदवी¹ तदा राजपथायते ।
तदा चित्तं निरालम्बं तदा कालस्य वञ्चनम् ॥ (bcd om. $\epsilon_1\epsilon_2\epsilon_3$) [eye-skip] 3.3

शून्यपदवीति किम् । (om. $\beta_\omega\delta_1\epsilon_1\epsilon_2\epsilon_3\eta_1\chi$)

सुषुम्णा शून्यपदवी ब्रह्मरन्ध्रमहापथः । (a om. $\epsilon_1\epsilon_2\epsilon_3$)
श्मशानं शाम्भवी मध्यमार्गश्चेत्येकवाचकाः ॥ 3.4

तस्मात्सर्वप्रयत्नेन प्रबोधयितुमीश्वरीम् ।
ब्रह्मद्वारमुखे सुप्तां मुद्राभ्यासं समाचरेत् ॥ 3.5

1a saśaila cett.] saśaile β_ω om. δ_2 vana cett.] vane γ_1 om. δ_2 dhātṛīnām cett.] dhātṛīnām $\beta_1\beta_2$ om. δ_2 **1b** yathādhāro cett.] om. δ_2 'hināyakaḥ cett.] himālayaḥ γ_2 om. δ_2 **1c** yoga cett.] hatha $\beta_1\beta_2\beta_\omega$ om. δ_2 tantrānām cett. (δ_2 s.l.)] śāstrāṇā δ_2 i.t. **2b** yadā jāgarti kuṇḍalī $\alpha_1\beta_1\beta_\omega\epsilon_3\eta_2\chi$] yathā jāgarti kuṇḍalī $\beta_2\epsilon_1\epsilon_2\eta_1$ bodhitā sukhadā bhavet $\Gamma\Delta$ **2c** tadā $\alpha_1\beta_1\beta_2\beta_\omega\Gamma\epsilon_3\chi$] tathā $\alpha_3\Delta\epsilon_1\epsilon_2\eta_1\eta_2$ sarvāṇi padmāni cett.] padmāni sarvāṇi η_2 pi sarvapadmāni δ_1 **3a** prāṇasya cett.] prāṇamya $\delta_2\epsilon_2$ prāṇavasya β_1 prāṇa β_2 padavī cett.] padavīm $\delta_2\epsilon_2\epsilon_3\eta_1$ **3b** tadā $\alpha_1\beta_\omega\Gamma\eta_2\chi$] tathā $\beta_1\beta_2\Delta$ yathā η_1 pathāyate cett.] padāyate η_1 **3c** tadā $\alpha_1\beta_1\beta_2\beta_\omega\gamma_2\eta_2\chi$] tathā $\delta_1\delta_3\eta_1$ yathā δ_2 yadā γ_1 **3d** tadā $\alpha_1\beta_1\beta_2\beta_\omega\Gamma\eta_2\chi$] tathā $\Delta\eta_1$ **4** śūnyapadavīti kim $\alpha_1\beta_1\beta_2\Gamma\delta_2\delta_3$] atha śūnyapadavīm iti kim ucyate η_2 **4b** randhra $\gamma_1\eta_1$] randhraṃ cett. pathaḥ $\alpha_3\epsilon_1\eta_1\eta_2\chi$] patham $\alpha_2\beta_1\beta_2\beta_\omega\Gamma\Delta\epsilon_2$ pathāḥ $\alpha_1\epsilon_3$ **4c** śmaśānam $\alpha_1\alpha_3\beta_1\beta_2\beta_\omega\epsilon_1\epsilon_2\epsilon_3\eta_1\eta_2\chi$] śmaśāne δ_1 śmaśāni $\gamma_2\delta_2\delta_3$ aiśāni γ_1 madhya $\alpha_1\alpha_3\beta_1\Gamma\delta_1\delta_3\epsilon_1\epsilon_3\chi$] madhyam $\beta_2\beta_\omega\eta_1\eta_2$ madhye ϵ_2 mudrā δ_2 **4d** mārgaś cety eka $\alpha_1\beta_1\beta_2\beta_\omega\Gamma\delta_1\epsilon_1\epsilon_3\chi$] mārgeś cety eka η_1 mārgapratyeka ϵ_2 mārgaḥ śūnyeva $\delta_2\delta_3$ vācakāḥ $\gamma_2\eta_2\chi$] vācakā γ_1 vācakāḥ $\alpha_1\beta_2$ vācaka β_ω vācakam $\alpha_2\beta_1\Delta\epsilon_1\epsilon_2\epsilon_3\eta_1$ **5b** prabodhayitum $\alpha_1\Gamma\epsilon_1\epsilon_3\eta_2\chi$] prabodhayatum $\beta_2\beta_\omega\epsilon_2\eta_1$ prabodhayatām β_1 tām bodhayitum Δ īśvarīm cett.] īśvarī $\beta_\omega\gamma_1\epsilon_2$ īśvaram $\beta_1\delta_1$ **5c** dvāra cett.] dvāram β_1 dvāre $\epsilon_1\epsilon_2$ mukhe cett.] mukha γ_1 sukhe ϵ_1 **5d** bhyāsaṃ samācāret $\alpha_1\alpha_3\beta_1\beta_\omega\epsilon_1\epsilon_2\epsilon_3\eta_1\eta_2\chi$] bhyāsaṃ bodhayet $\beta_2\Gamma\Delta$

¹ $\epsilon_1\epsilon_2\epsilon_3$ jump to शून्यपदवी in the next verse.

महामुद्रा महाबन्धो महावेधश्च खेचरी ।

उड्डियानं मूलबन्धो बन्धो जालन्धराभिधः ॥ (bc om. δ_1)

3.6

करणी विपरीताख्या वज्रोली शक्तिचालनम् ।

इदं मुद्रादिदशकं जरामरणनाशनम् ॥ (cd om. β_1)

3.7

आदिनाथोदितं दिव्यमष्टैश्वर्यप्रदायकम् ¹²

वल्लभं सर्वसिद्धानां दुर्लभं मरुतामपि ॥

3.8

गोपनीयं प्रयत्नेन यथा रत्नकरण्डकम् ।

कस्यचिन्नैव वक्तव्यं कुलस्त्रीसुरतं यथा ॥

3.9

वज्रोली त्वमरोली च सहजोली त्रिधा मताः ।

एतेषां लक्षणं वक्ष्ये कर्तव्यं च विशेषतः ॥ ($\beta_2\beta_\omega\eta_2$)

3.9*1

6c uḍḍiyānaṃ $\gamma_1\delta_2\delta_3\eta_2$] uḍḍiyānaṃ $\beta_2\beta_\omega$ uḍḍiyānaṃ $\alpha^{\text{c}}\gamma_2\varepsilon_2$ uḍḍiyānaṃ α^{c} uḍḍiyāno η_1 ud-
dhriyānaṃ β_1 uḍḍiyānaṃ χ uḍḍiyāna $\varepsilon_1\varepsilon_3$ om. δ_1 **mūlabandho** $\Gamma\delta_2\delta_3$] °bandhas β_2 °bandhaḥ η_2
°bandhaṃ $\alpha_1\alpha_2$ °bandha $\beta_1\beta_\omega$ °bandhas ca $\varepsilon_2\varepsilon_3\chi$ °bandhās ca η_1 om. δ_1 **6d bandho** $\alpha_3\gamma_2\Delta\varepsilon_2\eta_1\chi$
bandhā γ_1 tato $\alpha_1\beta_1$ β_2 $\beta_\omega\varepsilon_1\varepsilon_3\eta_2$ **jālandharā** cett.] jāladharā γ_1 jālaṃjarā η_1 **7a karaṇi**
cett.] karaṇaṃ $\alpha_3\beta_1$ **viparītākhyā** cett.] viparītākhyam $\alpha_3\varepsilon_2$ viparītā syāt β_1 viparītāni ε_1
7b vajroli cett.] vajro δ_1 **7c idaṃ mudrādi** $\alpha_1\alpha_2$] idaṃ tu mudrā $\varepsilon_1\varepsilon_2$ idaṃ ca mudrā $\beta_\omega\varepsilon_3\eta_1\eta_2$
idaṃ hi mudrā χ etad dhi mudrā $\beta_2\Gamma\Delta$ **7d maraṇa** cett.] marṇavi β_ω maṇa γ_1 **nāśanaṃ**
cett.] varjitaṃ Δ **8a ādinātho** cett.] ādiśvaro $\delta_1\delta_3$ ādyeśvaro δ_2 **divyam** cett.] sarvaṃ η_2
8b pradāyakam cett.] phalaṃpradaṃ β_2 **8c siddhānāṃ** cett.] siddhināṃ $\alpha_1\beta_\omega$ vidyānāṃ $\alpha_3\varepsilon_3$
9c vaktavyam cett.] vaktavyā η_1 kartavyam $\beta_\omega\varepsilon_1$ **9d kulastrīsurataṃ** cett.] kulastrīṣu rataṃ
 η_1 kulastrīyasukhaṃ β_1 kulastrīsukharataṃ unṃ. β_ω **yathā** cett.] tathā η_2 **9*1a tv amaroli**
 β_2] amaroliś β_ω °r amaroliś η_2 **9*1b sahajoli** $\beta_2\beta_\omega$] sahajolis η_2 **matāḥ** β_2] mataḥ η_2
magah β_ω **9*1c eteśāṃ** β_ω] etāsāṃ β_2 eteśā η_2 **vakṣye** η_2] vakṣe β_ω

² In ε_3 this hemistich is found after pādas ab of the next verse.

तत्र महामुद्रा ।

पादमूलेन वामेन योनिं संपीड्य दक्षिणम् ।
पादं प्रसारितं धृत्वा कराभ्यां पूरयेन्मुखे# ॥

3.10

कण्ठे बन्धं समारोप्य धारयेद्वायुमूर्ध्वतः ।
यथा दण्डाहतः सर्पो दण्डाकारः प्रजायते ॥

3.11

ऋज्वीभूता तथा शक्तिः कुण्डली सहसा भवेत् ।
तदासौ मरणावस्था जायते द्विपुटाश्रिता# ॥

3.12

ततः शनैः शनैरेव रेचयेन्न तु वेगतः ।
इयं खलु महामुद्रा महासिद्धैः प्रदर्शिता ॥

3.13

महाक्लेशादयो# दोषा हीयन्ते मरणादयः ।
महामुद्रां च तेनैव वदन्ति विबुधोत्तमाः ॥ (cd om. $\delta_1\delta_2$)

3.14

10 tatra mahāmudrā $\alpha_2\beta_1\eta_1\eta_2$] tatha mahāmudrā β_2 tatra mahāmudrā yathā ϵ_1 atha mahāmu-
drā $\beta_\omega\gamma_1\epsilon_2\chi$ atha tatra mahāmudrā ϵ_3 om. $\alpha_1\alpha_3\gamma_2\Delta$ **10b yoniṃ** cett.] yoni $\alpha_1\beta_\omega$ yoniḥ ϵ_2
sampīḍya cett.] pīḍya $\epsilon_1\epsilon_2$ **10c pādām** cett.] pāda η_2 padam β_ω prasā° χ **prasāri-**
taṃ cett.] prasaritaṃ β_ω prasāḍitaṃ η_1 °ritaṃ padam χ **dhṛtvā** $\gamma_2\delta_2\delta_3\epsilon_3\eta_1\eta_2$] kṛtvā
 $\alpha_1\beta_1$ β_2 $\beta_\omega\gamma_1\delta_1\epsilon_1\epsilon_2\chi$ **10d pūrayen** cett.] pūrayet δ_2 dhārayen η_2 dhārayed χ **mukhe**
 $\alpha_1\beta_1\beta_\omega\epsilon_2$] mukham $\beta_2\Gamma\delta_1\delta_3\epsilon_1\epsilon_3\eta_1\eta_2$ sukhām δ_2 dṛḍham χ **11a kaṇṭhe** cett.] kaṇṭha $\beta_\omega\Delta\epsilon_2$
bandham $\alpha_2\alpha_3\beta_1\gamma_2\delta_1\epsilon_1\epsilon_3\eta_2\chi$] bandha $\beta_2\beta_\omega\gamma_1\eta_1$ bandhaḥ ϵ_2 bandhe δ_2 budha α_1 madhye δ_3
11b dhārayed cett.] dhānayed δ_1 **11c yathā** cett.] pathi η_1 **daṇḍāhataḥ** $\alpha_1\alpha_3\beta_1\beta_\omega\epsilon_1\epsilon_3\eta_2$]
daṇḍāhataḥ $\beta_2\Gamma\Delta\epsilon_2\eta_1\chi$ **11d daṇḍākāraḥ** cett.] daṇḍākāraḥ ϵ_2 **prajāyate** cett.] prayujy-
ate η_1 om. δ_3 (lost up to 3.19c samsthāpya; one folio missing) **12a rjvibhūtā** $\beta_1\gamma_2\delta_1\delta_2\epsilon_3\eta_1\eta_2\chi$]
rjvibhūtā β_2 rujvibhūtā $\alpha_1\beta_\omega$ rajvibhūtā ϵ_2 vajribhūtā ϵ_1 r_ bhūtā γ_1 **tathā** cett.] yathā ϵ_2
śaktiḥ cett.] śakti $\beta_1\beta_\omega\delta_1\epsilon_2\eta_1$ **12c tadāsau** $\alpha_1\beta_1$ β_2 $\beta_\omega\Gamma\epsilon_1\epsilon_2\eta_1$] tathāsau $\delta_1\delta_2$ tadā sā $\alpha_3\epsilon_3\eta_2\chi$
marañā cett.] maraṇa ϵ_1 maraṇi η_1 ramaṇā β_ω maṇā η_2 **vasthā** cett.] vasthām $\gamma_2\delta_1\delta_2\eta_1$
sthā ϵ_1 **12d jāyate** cett.] yāyate ϵ_1 harate $\Gamma\delta_1\delta_2$ **dvipuṭā** $\alpha_1\beta_1$ β_2 $\beta_\omega\delta_1\delta_2\eta_1\eta_2\chi$] dvipūtā
 γ_1 nṛpuṭā $\epsilon_1\epsilon_2$ tripuṭā $\alpha_3\epsilon_3$ vapurā γ_2 **śritā** $\alpha_1\beta_1\beta_\omega\epsilon_2\eta_2$] śrayāṃ γ_2 śrayā $\delta_1\delta_2\chi$ śrayaḥ α_3
śrayi γ_1 ā[śr]i.. η_1 smṛtā ϵ_1 sanāṃ ϵ_3 hi sā β_2 **13a śanaiḥ śanair eva** cett.] śanaiḥ śanair
yeca γ_1 **13b recayan** cett.] recayan ϵ_2 **na tu** cett.] na ca β_ω naiva χ **13c iyaṃ** cett.]
idaṃ β_ω **13d siddhaiḥ** cett.] siddhiḥ $\epsilon_2\epsilon_3$ **pradarśitā** $\alpha_2\chi$] pradarśanā α_1 praśasyate cett.
prajāyate ϵ_2 **14a mahā** cett.] mahān η_2 **kleśādayo** $\alpha_1\alpha_3\beta_2\beta_\omega\eta_1\eta_2\chi$] kleśā yato γ_2 kleśa
yato γ_1 kleśāyātā β_1 kleśā yathā ϵ_2 kleśa yathā ϵ_3 kleśā mahā $\delta_1\delta_2$ **doṣā** cett.] doṣāḥ $\eta_2\chi$
doṣa γ_2 **14b hiyante** α_1] hriyante α_2 kṣiyante $\beta_\omega\eta_2\chi$ jiryante $\alpha_3\beta_1\beta_2\Gamma\delta_1\delta_2\epsilon_3\eta_1$ jāyante ϵ_2
14c mudrām β_1 β_2 $\beta_\omega\epsilon_3\eta_2\chi$] mudrā[ś] η_1 mudrā $\alpha_1\alpha_3\Gamma\epsilon_2$ om. $\delta_1\delta_2$ (Pādas c-d omitted) **ca**
cett.] tu α_1 **tenaiva** cett.] tenai γ_1 tenetām ϵ_3 om. $\delta_1\delta_2$ **14d vibudho** cett.] vividho γ_2
om. $\delta_1\delta_2$

³ $\delta_1\delta_2$ have a different order for the following 4 verses: 16 → 15 → 13 → 14.

ϵ_1 is lost after ततः शनैः शनैः.

चन्द्राङ्गे तु समभ्यस्य सूर्याङ्गे पुनरभ्यसेत् ।
यावत्तुल्या भवेत्संख्या ततो मुद्रां विसर्जयेत् ॥ (cd om. ε₃) 3.15

न हि पथ्यमपथ्यं वा रसाः सर्वेऽपि नीरसाः ।
अपि भुक्तं विषं घोरं पीयूषमिव जीर्यते ॥ 3.16

क्षयकुष्ठगुदावर्तगुल्माजीर्णपुरोगमाः ।
तस्य दोषाः क्षयं यान्ति महामुद्रां तु योऽभ्यसेत् ॥ (om. β₁) 3.17

कथितेयं महामुद्रा महासिद्धिकरी नृणाम्# ।
गोपनीया प्रयत्नेन न देया यस्य कस्यचित् ॥ (om. β₁) 3.18

अथ महाबन्धः ।

पार्णि वामस्य पादस्य योनिस्थाने नियोजयेत् ।
वामोरूपरि संस्थाप्य दक्षिणं चरणं तथा ॥⁴ (cd om. β₁) 3.19

15a candrāṅge cett.] cāndrāṅge ṛ₁ candrāṅgaṃ ε₂ candrāṅsaṃ ḍ₁ḍ₂ caṇḍrāṅśe β₁ **tu** cett.] ca β_ωṛ₂ **15b sūryāṅge** cett.] sūryāṅge* ṛ₁ sūryāṅgaṃ ε₂ sūryāṅsaṃ ḍ₁ḍ₂ **punar abhyaset** α₁β₁ β₂ β_ωΓṛ₂Χ] **tu** samabhyaset ḍ₁ḍ₂ε₂ε₃ *śu samabhyaset ṛ₁ **15c tulyā** α₁β₁ β₂ β_ωΓε₂ṛ₁Χ] samkhyā ṛ₂ taylor ḍ₁ḍ₂ om. ε₃ **bhavet** cett.] bhavat ṛ₂ṛ₁ om. ε₃ **saṃkhyā** α₁β₁ β₂ β_ωΓṛ₁Χ] samkṣā ε₂ tulyā ṛ₂ sāmyaṃ ḍ₁ḍ₂ om. ε₃ **15d visarjayet** cett.] visaryayet ḍ₁ vivarjayet β₁β_ω om. ε₃ **16a na hi pathyam apathyam vā** cett.] nāpathyam na hi pathyam ca ṛ₂ na hi madhyam vā (3 akṣaras missing) ε₂ **16c api bhuktaṃ** cett.] api viṣaṃ β₁ ahimuktaṃ ε₂ε₃ **viṣaṃ ghoram** cett.] viṣaṃ khāraṃ ṛ₁ ghora bhuktaṃ β₁ **16d piyūṣam** cett.] piyuṣaṃ β_ω **iva** cett.] api β₁ḍ₂ **jiryate** cett.] jiryati Γṛ₂ jirjyate ḍ₁ **17a kuṣṭha** cett.] kuṣṭhaṃ ṛ₁ **gudā** cett.] mudā ḍ₁ε₂ε₃ **17b gulmajīrṇa** cett.] gulmajīrṇa β₂ gulmapliha Γ **purogamāḥ** cett.] purogamā β_ω jvarās tathā ḍ₁ḍ₂ **17c tasya doṣāḥ** cett.] doṣāḥ sarve ṛ₁ṛ₂ **17d tu yo'bhyaset** cett.] yo bhyaset ḍ₂ ca yo bhyaset β₂ε₃ yomabhyaset β_ω **18a kathiteyam** cett.] kathitoyam α₂β_ωε₂ **18b mahāsiddhikarī nṛṇām** (nṛṇā ε₃ṛ₁) α₃β_ωε₂ε₃ṛ₁ṛ₂Χ] jarāmṛtyuvinaśīni α₁β₂Γḍ₁ḍ₂ nṛṇām mṛtyuvinaśīni α₂ **18c gopaniyā** cett.] gopaniyam β_ωε₂ gopaniyam ṛ₂ **18d deya** cett.] deyam β_ω **19 atha** cett.] om. Γḍ₂ **19a pārṣṇim** α₁α₃ḍ₁ḍ₂ε₃ṛ₁Χ] pārṣṇi β₁ β₂ β_ωṛ₂ε₂ṛ₂ yāṣi ṛ₁ **vāmasya** cett.] bhāgena ṛ₂ **19b niyojayet** cett.] yojayet ε₂ **19d dakṣiṇam** cett.] dakṣaṇam β_ω **tathā** cett.] tataḥ ḍ₃

⁴ In ε₂ε₃ this and the following two hemistiches are found after 3.22ab. Probably they were omitted by eye-skip due to नियोजयेत् and inserted at a wrong place.

पूरयित्वा मुखे वायुं हृदये चिबुकं दृढम् ।
निभृत्य योनिमाकुञ्च्य मनो मध्ये नियोजयेत् ॥ (om. β_1) 3.20

धारयित्वा यथाशक्ति रेचयेदनिलं शनैः ॥
सव्याङ्गे च समभ्यस्य दक्षिणाङ्गे समभ्यसेत् ॥ (cd om. Δ)⁵ 3.21

मतमत्र तु केषांचित् कण्ठबन्धं विसर्जयेत् ।
राजदन्तबिलं तत्र[#] जिह्वयोत्तम्भयेदिति ॥⁶ (om. $\alpha_1\alpha_2\Delta$) 3.22

अयं खलु महाबन्धो महासिद्धिप्रदायकः ।
कालपाशमहाबन्धविमोचनविचक्षणः ॥⁷ (cd om. α_1) 3.23

अयं च सर्वनाडीनामूर्ध्वगतिविबोधकः ।
त्रिवेणीसङ्गमं धत्ते केदारं प्रापयेन्मनः[#] ॥ 3.24

20a mukhe $\alpha_1\beta_2\Gamma\Delta$] tato $\beta_\omega\eta_1\eta_2\chi$ tathā $\varepsilon_2\varepsilon_3$ **vāyum** cett.] vāyu $\beta_\omega\Gamma$ **20b cibukam** cett.] sasvanam ε_3 svasanam ε_2 **dṛḍham** cett.] tathā β_2 **20c nibhṛtya** $\alpha_1\beta_\omega$] nibhṛtam β_2 nivṛtya $\varepsilon_2\varepsilon_3$ niṣpīḍya $\Gamma\delta_1\delta_3\eta_1\chi$ nipīḍya δ_2 nikṣīpya η_2 **21a dhārayitvā yathāśakti** $\beta_2\Gamma\eta_1\chi$] dhārayitvā yathāśakti $\beta_1\beta_\omega\varepsilon_3\eta_2$ cālayitvā yathāśakti ε_2 recayec ca śanair eva (tu for ca δ_2) $\alpha_1\alpha_2\Delta$ vased evam mahābandho α_3 **21b recayed anilaṃ śanaiḥ** $\beta_1\beta_2\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\eta_2\chi$] recayec ca śanaiḥś śanaiḥ α_3 mahābandho'yam ucyate $\alpha_1\alpha_2\Delta$ **21c ca samabhyasya** $\alpha_1\alpha_2\gamma_2\varepsilon_2\varepsilon_3\eta_1\eta_2$] tu samabhyasya χ pūrvam abhyasya $\beta_1\beta_2\beta_\omega$ om. γ_1 **21d dakṣiṇāṅge sam°** $\beta_2\varepsilon_3\eta_1$] dakṣāṅge ca sam° $\alpha_1\alpha_2\varepsilon_2$ sam° γ_1 dakṣāṅge punar $\alpha_3\beta_\omega\gamma_2\chi$ dakṣiṇāṅge punar β_1 dakṣiṇe punar η_2 **22a matam atra** cett.] matam etat η_1 matāntare β_ω matārettamamtra η_2 tu cett.] ca Γ **22b kaṇṭha** cett.] kaṇṭhe $\alpha_3\eta_2$ **bandham** cett.] bandha β_ω yam γ_1 **visarjayet** $\alpha_3\beta_1\beta_\omega\varepsilon_2\varepsilon_3$] vivarjayet $\eta_1\eta_2\chi$ tu varjayet $\beta_2\Gamma$ **22c rājadantabalaṃ tatra** β_2] rājadantabalaṃ jatra β_ω virājamti bilaṃ tatra β_1 rājadantabalaṃ haṃti $\varepsilon_2\varepsilon_3$ rājadantadvayaṃ tatra Γ rājadantasthajihvāyā(m) $\eta_1\chi$ rājadantasya jihvāyām η_2 **22d jihvayottambhayed** $\beta_2\varepsilon_2\varepsilon_3$] jihvayottambhaved $\beta_\omega\Gamma$ jihvādam staṃbhayed β_1 bandhaś ca staṃbhayed η_1 bandhaḥ śasto bhaved $\eta_2\chi$ **iti** $\beta_1\beta_2\beta_\omega\Gamma\varepsilon_2\varepsilon_3\chi$] dhitaḥ η_2 dhi tat η_1 **23a ayaṃ** cett. (α_3)] asaṃ α_2 amuṃ α_1 **khalu** cett.] śalu β_ω kila $\eta_1\eta_2$ yogo α_3 yogī α_2 yoga α_1 **bandho** cett.] bandhaḥ η_2 bandham α_1 **23b mahā** cett.] sahā γ_1 sarva η_2 **pradāyakaḥ** cett.] pradāyakam α_1 **23c pāśa** cett.] pāśam γ_1 **bandha** cett.] bandho $\alpha_2\gamma_1$ baddho ε_2 **23d vimocana** cett.] mocayec ca β_ω **vicakṣaṇaḥ** cett.] °na β_1 °nam β_ω kṛtakṣayaḥ α_3 **24a ca** cett.] tu $\gamma_2\delta_2\delta_3\chi$ **24b ūrdhvaṃ** cett.] ūrdhva $\alpha_1\eta_1\gamma_1\chi$ **gativibodhakaḥ** $\alpha_1\beta_1\beta_\omega\varepsilon_3\eta_1\eta_2$] gatinibodhakaḥ ε_2 gatinirodhakaḥ χ gamanabodhakaḥ $\beta_2\Gamma\Delta$ **24d prāpayen manaḥ** cett.] prāpaye naraḥ η_1 prāpaye naraṃ ε_2

⁵ $\alpha_1\alpha_2\alpha_3$ have this hemistich after 3.23.

⁶ In $\varepsilon_2\varepsilon_3$ the 2nd hemistich is found between 3.28 and 3.29.

⁷ χ has a different verse order: 3.24ab \rightarrow 3.23abcd \rightarrow 3.24cd.

रूपलावण्यसंपन्ना यथा स्त्री पुरुषं विना ।
महामुद्रामहाबन्धौ निष्फलौ वेधवर्जितौ ॥ (cd om. ε₃) 3.25

अथ महावेधः । (om. α₁β₁δ₁)

महाबन्धस्थितो योगी कृत्वा पूरकमेकधीः ।
वायूनां गतिमावृत्य निभृतं[#] कण्ठमुद्रया ॥ 3.26

समहस्तयुगो भूमौ स्फिजौ संताडयेच्छनैः ।
पुटद्वयं समाक्रम्य वायुः स्फुरति सत्वरं ।
बन्धेनानेन योगीन्द्रः साधयेत्सर्वमीप्सितम् ॥ (Γ) 3.27

सोमसूर्याग्निसंबन्धो[#] जायते चामृताय वै[#] ।
मृतावस्था समुत्पन्ना ततो मृत्युभयं कुतः[#] ॥ 3.28

25a sampannā cett.] sampannam η₂ sampatti γ₁ samyuktā δ₁ **25b stri puruṣam** cett.] nārī patim δ₁ **25c bandhau** β₂γ₂Δχ] bandho α₁α₂β₁β_ωγ₁ε₂η₂ bandha η₁ om. ε₃ **25d niṣphalau** γ₂Δη₂χ] niṣphalo β₁β₂γ₁ niṣkalaḥ α₂ niṣkalā α₁ mahābamdham ε₂ mahāvedha(ṁ) β_ωη₁ om. ε₃ **vedhavarjitau** β₂ΓΔχ] vedhavarjitah α₂β₁ vedhavarttina α₁ vedhavarttitau η₂ vinā tathā ε₂η₁ vināyathā β_ω om. ε₃ **26 atha mahāvedhaḥ** β_ωε₃η₂χ] found before 3.25 β₂δ₃ε₂ mahāvedhaḥ (found before 3.25) Γδ₂ iti mahābandhaḥ η₁ atha mahābamdhaḥ (found after 3.26ab) α₂ om. α₁β₁δ₁ **26a mahābandha** α₁α₃ε₂ε₃η₁χ] mahābandhaḥ (followed by a double daṇḍa and corrected to *ved-haḥ) γ₂ mahābandho β₁γ₁ mahāvedhe β₂Δ mahāvedha β_ωη₂ **sthitō** cett.] sthite γ₁ sthitau η₂ **26b ekadhiḥ** β₂γ₂ε₃η₁χ] ekadhī α₁ edhaki β₁ ekadhā δ₁ε₂ ekadhaḥ α₃ ekayā δ₂δ₃ eva dhiḥ γ₁ eva dhi β_ω eva ca dhā α₂ **26c vāyūnām** β₁γ₂Δε₃χ] vāyūnām η₁ vāyūnā α₁α₂α₃β₂β_ωγ₁ε₂η₂ **gatim āvṛtya** cett. (α₃)] gam āvṛtya α₁ gatim ākṛṣya α₂ε₃ **26d mudrayā** cett.] mudrāyā η₂ om. γ₁ (jumped to pāda c after gam) **27a samahasta** cett.] samahāsta α₁ samahastā η₂ samahaste γ₁ samau hasta β₂ **yugo** β₁β_ωγ₁δ₁η₂χ] yugau β₂γ₂δ₂δ₃ε₃η₁ yuge α₁ε₂ **27b sphijau** α₁β₁β_ωγ₂Δη₂χ] sphicau γ₁χ sphidau η₁ sphitau β₂ dvijāt ε₂ dvijā ε₃ **samtādayec** cett.] sam[c]ālayec η₁ nutādayec ε₃ **27c puṭadvayaṁ** cett.] jamghāyutaadvayaṁ γ₁ **samākramya** cett.] samākṛṣya α₂γ₂δ₃ ākṛṣya γ₁ atikramya χ **27d vāyuh** β₂γ₂Δη₁η₂χ] vāyu α₁β₁β_ωγ₁ε₂ε₃ **satvaram** α₁α₂ε₂η₂] ratvaram β₁ tatvaram β_ω tatparam η₁ tatparah β₂ madhyagaḥ Γδ₁ε₃χ madhyamaḥ δ₂δ₃ **27e yogīndrah** γ₂] yogīndra γ₁ **28a sambandho** ε₂χ] sambandhā β_ωη₁ sambandhāj α₁α₂β₁β₂Γη₂ samdhānam Δε₃ **28b cāmṛtāya vai** α₁α₃β₁χ] cāmṛtāyate β₂Γε₂ε₃ vāmṛtāyate Δ cāmṛtāye vaiḥ η₁ ca mṛtāya vai β_ω ca mṛturjayaḥ η₂ **28c mṛtāvasthā** cett.] mṛtāmasthā γ₁ **samutpannā** cett.] samunnam«ta»t α₃ om. γ₁ **28d mṛtyubhayaṁ kutah** α₁β₁ β₂ β_ωγ₂Δε₂] vāyūṁ virecayet ε₃η₁η₂χ vāyūṁ + + + + α₃ vāyūṁ nirundhayet kumbhakena γ₁

महावेधोऽयमभ्यासान्महासिद्धिप्रदायकः ।
वलीपलितवेपघ्नः सेव्यते साधकोत्तमैः ॥

3.29

एतत्त्रयं महागुह्यं जरामृत्युविनाशनम् ।
वह्निवृद्धिकरं चैव अणिमादिगुणप्रदम् ॥

3.30

अष्टधा क्रियते चैतद्यामे यामे दिने दिने ।
पुण्यसंभारसम्भावि पापौघभिदुरं सदा ॥

3.31

सम्यक्शिक्षावतामेव स्वल्पं प्रथमसाधने ।
वह्निस्त्रीपथसेवानामादौ वर्जनमादिशेत् ॥⁸ (cd om. χ)⁹

3.32

अथ खेचरी ।

नासनं सिद्धसदृशं न कुम्भं केवलोपमम् ।
न खेचरीसमा मुद्रा न नादसदृशो लयः ॥ (Ω) [= 1.43]

3.32*1

29a mahāvedho cett.] mahābamdho ε_3 **abhyāsān** $\alpha_1\beta_2\beta_\omega\gamma_2\delta_2\delta_3\eta_2\chi$] abhyāsāt $\beta_1\gamma_1$ anabhyāsān δ_1 abhyāso η_1 abhyasto $\varepsilon_2\varepsilon_3$ **29b mahā** cett.] sarva γ_1 **29c valī** cett.] valita *unm.* η_2 vali $\gamma_1\eta_1$ **palita** cett.] palita γ_2 **vepa** χ] vedha $\alpha_1\beta_1\beta_2\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1$ vega Δ bandha η_2 **ghnaḥ** cett.] ghnām $\alpha_1\beta_\omega$ ghna γ_1 **29d sādhakottamaih** cett.] sādhakottamam β_ω **30a etat trayam mahā** cett.] mahāmudrātrayam ε_3 mahāmudrātrayatram *unm.* η_1 mahavedhābhayam α_3 **guhyam** $\alpha_1\alpha_3\beta_1\beta_2\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\chi$] guptam Δ mudrā η_2 **30b vināśanam** cett.] vināśini η_2 **30c caiva** $\alpha_1\beta_2\Gamma$] caivam $\beta_1\beta_\omega\varepsilon_2\varepsilon_3\eta_2$ caiva hy χ caitad Δ viśvam η_1 **30d guṇa** cett.] gaṇa ε_2 **pradam** cett.] pradi γ_1 **31a caitad** $\alpha_1\beta_2$] caiva $\Delta\varepsilon_2\chi$ caivam $\beta_1\Gamma$ caikam $\beta_\omega\eta_1\eta_2$ caika ε_3 **31b yāme yāme** cett.] yāmayāme ε_3 yāmam yamām η_1 **31c puṇya** cett.] puṇyam ε_3 sarva η_2 **sambhāra** $\alpha_1\gamma_2\Delta\varepsilon_2\chi$] sahāra β_ω saṃcāra $\eta_1\eta_2$ saṃsāra ε_3 saṃdhāta β_1 saṃdhāna β_2 saṃcaya α_3 *om.* γ_1 **sambhāvi** $\alpha_3\beta_\omega\Gamma\varepsilon_2$] sambhāvi $\alpha_1\alpha_2$ sabhāvi η_1 saṃdhāyi $\beta_2\varepsilon_3\chi$ saṃdhāyi η_2 saṃdhira β_1 sampādi Δ **31d pāpaugha** cett.] pāprogha γ_2 padhau_dhava γ_1 **bhiduraṃ sadā** cett.] vidhuraṃ tathā α_3 **32a śikṣāvatām** cett.] śikṣāvatā β_2 śiṣyāvatām $\alpha_2\varepsilon_2$ jijñāsātām η_2 **eva** $\alpha_2\beta_1\Gamma\Delta\varepsilon_3$] evam $\alpha_1\beta_\omega\varepsilon_2\eta_1\eta_2\chi$ bhavyam β_2 **32b sādhanē** $\alpha_2\beta_1\beta_2\gamma_1\Delta\varepsilon_2\varepsilon_3\eta_1$] sādhanaiḥ α_1 sādhanam $\beta_\omega\gamma_2\eta_2\chi$ **32c sevānām** cett.] sevācanām ε_2 sevānām η_2 sevānam η_1 sevenam γ_1 *om.* χ **32d ādiśet** $\alpha_1\alpha_2\beta_1\beta_2\varepsilon_2\varepsilon_3\eta_1$] ādrīsyet β_ω ācāret $\Gamma\Delta\eta_2$ *om.* χ **33 atha** cett.] *om.* $\Gamma\delta_2$ **32*1b kumbham** *em.*] kumbha $\beta_\omega\varepsilon_\omega\eta_\omega$ kuṃbhaka δ_ω **kevalopamam** *em.*] kevalokanam $\beta_\omega\eta_\omega$ sadrīso nilaḥ ε_ω samonilaḥ δ_ω

⁸ Γ adds here: महासुद्रा महाबन्धो महावेधश्च नित्यशः । एतत्त्रयं प्रयत्नेन चतुर्वारं करोति यः । षण्मासाभ्यन्तरे मृत्युं जयत्येव न संशयः ॥ (= Śivasamhitā xx)

⁹ χ has this line just after 1.60.

छेदनचालनदोहैः कलां क्रमेण प्रवर्धयेत्तावत् ।
सा यावद्भूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥¹⁰

3.33

सुहीपत्तनिभं शस्त्रं सुतीक्ष्णं स्निग्धनिर्मलम् ।
समादाय ततस्तेन रोममात्रं समुच्छिदेत् ॥ ($\epsilon_3\Omega\chi$)

3.33*1

कृत्वा सैन्धवपथ्यादिचूर्णिताभ्यां प्रघर्षयेत् ।
पुनः सप्तदिने प्राप्ते रोममात्रं समुच्छिदेत् ॥ ($\epsilon_3\Omega\chi$)

3.33*2

एवं क्रमेण षण्मासं नित्ययुक्तं समाचरेत् ।
षण्मासाद्रसनामूलशराबन्धं विनश्यति ॥ ($\epsilon_3\Omega\chi$)

3.33*3

अथ वागीश्वरीधाम शिरो वस्त्रेण वेष्टयेत् ।
शनैरुत्कर्षयेद्योगी कालवेलाविधानवित् ॥ (Ω)

3.33*4

33a chedana $\alpha_2\beta_1\beta_\omega\gamma_1\delta_1\delta_3\delta_\omega\epsilon_3\eta_1\chi$] chedanaṃ $\eta_2\epsilon_\omega\eta_\omega$ chedanaiṣ β_2 khedana δ_2 bhedana α_3 vedana ϵ_2 rasanā γ_2 **damaged** α_1 **cālanadohaiḥ** $\beta_1\gamma_2\Delta\delta_\omega\epsilon_2\epsilon_3\eta_1\chi$] cāladadohaiḥ γ_1 cālanam doham ϵ_ω cālanam dohaiḥ α_2 cālanam dohau $\beta_\omega\eta_2\eta_\omega$ cālanair dāsyai β_2 pādanadoṣaiḥ α_3 **damaged** α_1 **kalām** $\beta_1\beta_2\gamma_2\epsilon_2\eta_1\chi$] kalām γ_1 kalāḥ $\alpha_1\epsilon_\omega$ kalā $\alpha_2\alpha_3\beta_\omega\eta_\omega$ kālā η_2 jihvām $\Delta\delta_\omega$ krameṇa ϵ_3 **krameṇa** $\alpha_1\beta_1\beta_2\beta_\omega\epsilon_2\eta_1\eta_2\eta_\omega\epsilon_\omega$] krameṇa α_2 krameṇātha χ jihvām ϵ_3 tu Γ vai Δ **om.** $\alpha_3\delta_\omega$ **pravardhayet** $\alpha_2\beta_1\epsilon_3\eta_1\eta_2$] samvardhayet $\Gamma\delta_\omega$ vardhayet $\alpha_1\alpha_3\beta_2\beta_\omega\Delta\epsilon_2\epsilon_\omega\eta_\omega\chi$ **tāvat** $\alpha_2\beta_1\beta_2\gamma_2\Delta\delta_\omega\epsilon_2\epsilon_3\chi$] tāt η_2 kramaśaḥ α_3 **om.** $\alpha_1\beta_\omega\gamma_1\eta_1\epsilon_\omega\eta_\omega$ **33b sā yāvad** $\alpha_1\alpha_2\beta_1\beta_2\epsilon_3\eta_1\eta_2\chi$] yāvad iyaṃ $\Gamma\Delta\delta_\omega$ yāvad $\beta_\omega\epsilon_\omega\eta_\omega$ yā α_3 sā ϵ_2 **bhrūmadhyaṃ** cett.] bhrūmadhya $\delta_1\eta_1$ sprśati ϵ_ω **sprśati** cett. (α_3)] sparśati γ_1 visati α_2 viśa α_1 bhrūmadhyaṃ ϵ_ω **tadā khe-** **carisiddhiḥ** $\Gamma\delta_3\delta_\omega\epsilon_3\eta_2\chi$] tadāniṃ khecarisiddhiḥ (tadāni $\alpha_2\beta_1\beta_2$) $\alpha_1\alpha_2\beta_1\beta_2\beta_\omega\eta_\omega$ tadāniṃ hi khe- **carisiddhiḥ** ϵ_2 tadāni siddhiḥ η_1 tadā sidhyati khecarī ϵ_ω tadā khecarī bhavati δ_1 **33*1a snuhi** $\delta_\omega\chi$] snuhi $\epsilon_3\epsilon_\omega\eta_\omega$ snuhi β_ω **33*1d samucchidet** $\beta_\omega\epsilon_\omega$] samucchinet $\epsilon_3\eta_\omega\chi$ samucchiṃdyāt δ_ω **33*2a kṛtvā** $\epsilon_3\Omega$] tataḥ χ **saindhavapathyādi** $\beta_\omega\epsilon_\omega\eta_\omega\delta_\omega$] saindhavapathyābhyām χ saindhavapakṣyādi ϵ_3 **33*2c punaḥ** $\epsilon_3\beta_\omega\eta_\omega\delta_\omega\chi$] tataḥ ϵ_ω **33*2d samucchidet** $\beta_\omega\epsilon_\omega\eta_\omega$] samucchinet χ punaḥ chidet ϵ_3 samutthiyāt δ_ω **33*3a śaṇmāsam** $\beta_\omega\epsilon_\omega\delta_\omega\chi$] śaṇmāse η_ω śaṇmāsān ϵ_3 **33*3b nitya** $\beta_\omega\delta_\omega\epsilon_3\epsilon_\omega$] nityam χ netya η_ω **yuktaṃ** $\beta_\omega\epsilon_3\epsilon_\omega\eta_\omega$] yuk- **taḥ** χ muktaṃ δ_ω **33*3c śaṇmāsād** $\Omega\chi$] śaṇmāse ϵ_3 **mūla** $\beta_\omega\epsilon_\omega\eta_\omega\delta_\omega\chi$] mūlam ϵ_3 **33*3d śarābandham** β_ω] śarābandham δ_ω śarābadho η_ω śarābandhaḥ $\epsilon_3\chi$ śarābandho ϵ_ω **vinaśyati** Ω] praṇaśyati $\epsilon_3\chi$ **33*4d vidhānavit** $\beta_\omega\delta_\omega$] vidhānataḥ $\epsilon_\omega\eta_\omega$

¹⁰ The metre is Āryā.

$\Gamma\Delta$ (Upagiti): छेदनचालनदोहैः कलां तु संवर्धयेत्तावत् । यावदियं भूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥
 $\epsilon_2\epsilon_3$ (Giti?): छेदनचालनदोहैः कलां क्रमेण (प्र)वर्धयेत्तावत् । सा यावद्भूमध्यं स्पृशति तदानीं हि खेचरीसिद्धिः ॥
 β_ω (Anuṣṭubh): छेदनं चालनं दोहौ कलाक्रमेण वर्धयेत् । यावद्भूमध्यं स्पृशति तदानीं खेचरीसिद्धिः (!) ॥

वितस्तिप्रमितं दैर्घ्यं विस्तारं चतुरङ्गुलम् । मृदुलं धवलं प्रोक्तं वेष्टिताम्बरलक्षणम् ॥ (Ω) [= 3.96*2]	3.33*5
पुनः षण्मासमात्रेण पुनः संकर्षणात्प्रिये । भ्रूमध्यावधि वर्धेत तिर्यक्कर्णबिलावधि ॥ (Ω)	3.33*6
अधस्ताच्चिबुकं मूलं प्रयाति क्रमकारिता । क्रोशादूर्ध्वं च क्रमति तिर्यक्संख्यावधि प्रिये ॥ (Ω)	3.33*7
पुनः संवत्सरोद्देवि द्वितीया चैव लीलया । ब्रह्मरन्धान्तमावृत्य तिष्ठेत्परमवन्दिते ॥ (Ω)	3.33*8
स्वतालुमूलं संघृष्य सप्तवासरमात्मनि । स्वगुरूक्तप्रकारेण मलं सर्वं विशोषयेत् ॥ (Ω)	3.33*9
अङ्गुल्यग्रेण संघृष्य जिह्वां तत्र निवेशयेत् । शनैः शनैर्मस्तकाच्च महावज्रकपाटमिति ॥ (Ω)	3.33*10
पूर्वबीजयुतां विद्यां व्याख्यातामतिदुर्लभाम् । अस्याः षडङ्गं कुर्वीत तया षट्क्रमिन्नया ॥ (Ω)	3.33*11
खे निरस्तसकलक्रियाक्रमे या चितिश्वरति शाश्वतोदये । सा शिवत्वसमवायकारिणी खेचरी च भवखेदहारिणी ॥ (Ω)	3.33*12
क्रमेणैव प्रकर्तव्याभ्यासेन वरवर्णिनि । युगपद्यतते तस्य शरीरं विलयं व्रजेत् ॥ (Ω)	3.33*13

33*5a pramitaṃ β_ωε_ωδ_ω] pratima η_ω **dairghyam** β_ωη_ω] dairghye ε_ωδ₈₅ dairghya δ₈₅ **33*5b** vistāraṃ β_ωη_ωδ_ω] vistāre ε_ω **33*5d** veṣṭitāmbara β_ωη_ωδ_ω] veṣṭitādhāra ε_ω **33*7a** cibukaṃ mūlaṃ ε_ωη_ωδ_ω] cibukamūla β_ω **33*7b** kramakāritā β_ωδ_ω] kramakāritāḥ ε_ω tramakārikā η_ω **33*7c** ca β_ωη_ωδ_ω] om. ε_ω **kramati** β_ωη_ω] krāmati δ_ω kramati ε_ω **33*7d** saṃkhyā β_ωδ_ω] saṃsthā ε_ωη_ω **33*8c** randhrāntam β_ωε_ωδ_ω] raṃdhraṃ tam η_ω **33*8d** tiṣṭhet β_ωε_ωδ_ω] viṣṭaitet η_ω **paramavandite** β_ωε_ωδ_ω] paramavidite η_ω **33*11a** bīja ε_ωη_ω] vīya β_ω vīrya δ_ω **33*11b** vyākhyātām ati β_ωη_ωδ_ω] vikhyātām api ε_ω **33*11c** ṣaḍaṅgaṃ β_ωε_ωδ_ω] ṣaḍaṅghva η_ω **33*12a** nirasta β_ωδ_ω] cirasta η_ω lirasta ε_ω **33*12b** yā citiś carati em. (cf. Yoginīhṛdaya)] yācitas carati η_ω yā cittaś carati β_ω °ṇa cittaś carati δ_ω cittam ācarati ε_ω **33*12c** samavāya β_ωε_ωη_ω] samavāyi δ_ω **kāriṇī** ε_ωη_ωδ_ω] kariṇī β_ω **33*12d** ca bhava β_ωη_ω] {{ca}} bhavati δ_ω bhavati ε_ω **33*13a** prakartavyā β_ωε_ωη_ω] pravartavyā δ_ω **33*13b** varṇini β_ωε_ωη_ω] varṇini δ_ω **33*13c** yatate β_ωη_ωδ₈₅] yatete δ₈₅ utpadyate ε_ω **ta-sya** β_ωη_ωδ_ω] samyak ε_ω

तस्माच्छनैः शनैः कार्योऽभ्यासो न युगपत्प्रिये ।

एवं वर्षत्रयं कृत्वा ब्रह्मद्वारं विशेद्भुवम् ॥ (Ω)

3.33*14

सद्वक्राणि विभिद्य शक्तिभुजर्गी प्रोत्थाप्य मूलस्थितां

भित्त्वा ग्रन्थित्रयं च पश्चिमशिराप्राकाररूपं महत् ।

नीत्वा प्राणमतः शिरोबिलमलं निर्मथ्य चित्तेन तत्

लिङ्गं यः पिबतीन्दुमण्डलगलन्मुक्तः स साक्षाच्छिवः ॥ (Ω)

3.33*15

नित्यं यस्तूर्ध्वजिह्वो यदि पिबति पुमान्सप्तधाराभृतौघं

सुस्वादं शीतलाङ्गं दुरितभयहरं क्षुत्पिपासानिवारि ।

पिण्डस्थैर्यं हि तस्माद्भवति मृतपथा मृत्युरोगाद्भवन्ति

दौर्भाग्यं याति नाशं प्रसरति सकलं याति कालं भ्रमित्वा ॥ (Ω)

3.33*16

तीक्ष्णकं हरते व्याधिं कटुकं कुष्ठनाशनम् ।

घृतस्वादूपमं चैव अमरत्वं लभेद्भुवम् ॥ (Ω)

3.33*17

मधुस्वादूपमं चैव शास्त्रमुद्गिरते बहु ।

लङ्घुषण्डकपाद्यानि पक्वान्नानि अनेकशः ॥ (Ω)

3.33*18

दिव्यकल्पं रमेन्नित्यं उत्कृष्टो जायते ध्रुवम् ।

तन्मयत्वमवाप्नोति कोशकारीव कीटकः ॥ (Ω)

3.33*19

33*14b 'bhyāso na β_ωδ_ω] bhyāsena ε_ωη_ω **priye** β_ωη_ωδ_ω] kriye ε_ω **33*14c evaṃ** ε_ωη_ωδ_ω] eva β_ω **33*14d viśed** ε_ωδ_ω] vaśed η_ω biśe β_ω **33*15a vibhidya** β_ωη_ωδ_ω] vibhedyā ε_ω **bhujagīm** ε_ωδ_ω] bhujamgi β_ω bhujamgīm η_ω **protthāpya** β_ωε_ωη_ω] protthāya δ_ω **33*15b śirā** β_ωη_ωδ_ω] śirām ε_ω **rūpaṃ** β_ωη_ωδ_ω] rūpām ε_ω **33*15c tat** β_ωε_ω] tal η_ωδ_ω **33*15d pibati** ε_ωδ_ω] pibate β_ωη_ω **muktaḥ sa śākṣācchivaḥ** β_ωε_ω] muktaś ca śākṣācchivaḥ δ_ω muktaḥ kṣamāddhivaḥ η_ω **33*16a yas tūrdhva** β_ωε_ωη_ω] yasphūrja δ_ω **jihvo yadi** ε_ω] jihvo-gradī β_ω jihvāgrayā δ_ω jihvā yadi η_ω **taughaṃ** β_ωε_ω] tauṣaṃ η_ω tauccaṃ δ_ω **33*16b susvādaṃ** β_ωε_ωη_ω] su[kha]daṃ δ_ω **33*16c mṛtapathā** ε_ωη_ω] mṛtayathā β_ω mṛtaṃ yathā δ_ω **rogād** β_ωδ_ω] rogod ε_ω śeśād η_ω **bhavanti** β_ωη_ω] bhavati δ_ω bhavaṃtu ε_ω **33*16d daurbhāgyaṃ** ε_ωδ_ω] daurbhyāgyaṃ β_ωη_ω **kālaṃ** β_ωη_ω] kālo ε_ωδ_ω **33*17a tikṣṇakaṃ** ε_ωδ_ω] tikṣṇake β_ω tikṣṇako η_ω **harate** β_ωη_ωδ_ω] harati ε_ω **33*17b kaṭukaṃ kuṣṭhanāśanam** β_ωδ_ω] kaṭutvaṃ kuṣṭhanāśanam ε_ω kaṭukuṭivinaśanam η_ω **33*17c ghrta** β_ωε_ωδ_ω] dhṛtvā η_ω **33*17d labhed** β_ωε_ω] labhate η_ωδ_ω **33*18b udgirate** β_ωε_ωη_ω] udgirati δ_ω **bahu** ε_ωη_ωδ_ω] bahuḥ β_ω **33*18c laḍḍu** ε_ω] laḍu β_ωη_ωδ_ω **ṣaṇḍakapādyāni** β_ωη_ω] khaṇḍakapādyāni δ_ω piṇḍakakhādyāni ε_ω **33*18d pakvānnāni** β_ωη_ωδ_ω] pakvānyanmāny ε_ω **33*19a kalpaṃ** β_ωη_ωδ_ω] kalpai ε_ω **ramen** cett.] racen ε_ω krīḍen δ_ω **33*19d kośakāriva** δ_ω] kauśakāriva β_ω kośakāri ca ε_ω kauṣṭakāriva η_ω

कपालकुहरे जिह्वा प्रविष्टा विपरीतगा ।
भ्रुवोरन्तर्गता दृष्टिमुद्रा भवति खेचरी ॥¹¹ 3.34

कलां पराङ्मुखीं कृत्वा त्रिपथे परिवर्तयेत् ।
सा भवेत्खेचरी मुद्रा व्योमचक्रं तदुच्यते ।
रसनामूर्ध्वगां कृत्वा¹² क्षणार्धं यदि तिष्ठति ।
क्षणेन मुच्यते योगी व्याधिमृत्युजरादिभिः ॥ (om. α₁) 3.35

न रोगो मरणं तस्य न निद्रा न क्षुधा तृषा ।
न च मूर्छा भवेत्तस्य यो मुद्रां वेत्ति खेचरीम् ॥¹³ 3.36

पीड्यते न स रोगेण लिप्यते न च कर्मणा ।
बाध्यते न च कालेन यो मुद्रां वेत्ति खेचरीम् ॥ (om. <??>) 3.37

चित्तं चरति खे यस्माज्जिह्वा चरति खे गता ।
तेनैषा खेचरी नाम मुद्रा सिद्धैर्नमस्कृता ॥ (om. γ₁) [= 4.8*10] 3.38

34a kuhare cett.] vivare β₁ **34b** praviṣṭā viparitagā cett.] pra + + + + + α₁ **34c** antargatā cett.] aṃtagatā α₁ madhagatā β₁ madhye gātā β₂ **drṣṭir** cett.] drṣṭi α₁β₁γ₁ε₃ **34d** khecarī cett.] carī η₁ **35a** kalām cett.] kalā α₃γ₁ kālām η₂ **parāṇmukhīm** β₁δ₁δ₂ε₂ε₃η₁χ] parāṇ-
mukhī α₃β_ωΓδ₃η₂ avāṇmukhī β₂ **kṛtvā** α₃β₁β₂β_ωΔε₂ε₃η₁χ] kṛtya η₂ nitvā Γ **35b** tripathe β_ωΔε₃χ] tripatham ε₂ tripatha β₂ tripātha β₁ **parivartayet** ε₃] parivarjayet β₁β₂β_ωδ₁ε₂ pari-
vardhayet δ₂δ₃ pariyojayet χ **35c** sã β₁β₂Δε₂ε₃χ] sa β_ω **bhavet khecarī** β₁β₂β_ωδ₂δ₃ε₂ε₃χ] bhat ṣecarī δ₁ **35f** yadi cett.] api η₂χ **35g** kṣaṇena α₃β_ωγ₂ε₂ε₃η₁η₂] kṣaṇe [ca] γ₁ viṣayair Δ viṣair vi° β₁χ duḥkhair vi° β₂ **yogī** cett.] om. γ₂ **35h** vyādhi cett.] vyādhijanma γ₂ **36a** rogo cett.] roga η₁ rogān η₂ **tasya** cett.] tandrā χ **36b** kṣudhā tṛṣā cett.] kṣudhā nandaṭ δ₃ tṛṣā kṣudhā (trkhā δ₁) β₂δ₁ **36c** ca cett.] bhra β_ω om. δ₃ **bhavet** cett.] bhava η₂ tu bhavet δ₃ **tasya** cett.] ta + α₁ **36d** yo mudrām vetti cett.] damaged α₁ **khecarīm** α₃γ₂δ₁δ₂ε₂ε₃η₁η₂χ] khecarī α₁β₁β₂β_ωγ₁δ₃ **37a** piḍyate α₁α₃β₁χ] bādhyate β₂β_ωη₂ chādyate η₁ **sa** β_ωη₁η₂χ] ca α₁α₂α₃β₁β₂ **37b** lipyate na ca α₃χ] lipyate na sa β₂β_ωη₁η₂ na ca lipyati α₂β₁ na ca lipyati α₁ **37c** bādhyate α₁β₁β_ωη₁η₂χ] bhidyate α₃ khādyate β₂ **ca** α₁α₂α₃β₁] sa β₂β_ωη₁η₂χ **37d** yo mudrām vetti α₁β₁β₂β_ωη₂χ] yasya mudrāsti η₁ **khecarīm** α₁η₂χ] khe-
carī β₁β₂β_ωη₁ **38a** cittam cett.] citte δ₁ ci + α₁ **carati khe** cett.] damaged α₁ **yasmāḥ** cett.] yasyā β_ω + .āj α₁ **38b** gatā cett.] yadā β₁ **38c** tenaiṣā α₁β₁ε₃χ] tenaiva β_ωε₂η₁η₂ teneyam β₂γ₂Δ **nāma** α₁β₁ε₃χ] mudrā cett. **38d** mudrā α₁β₁ε₃χ] sarva β₂β_ωγ₂Δε₂η₁η₂ damaged α₃ **siddhair namaskṛtā** cett.] siddhir nigadyate α₃

¹¹ χ has this verse at the very beginning of the Khecarī-section.

¹² The Pādas in grey scale are not found in Γη₁η₂, but in β₁β₂β_ωΔε₂ε₃χ. α₁ omits the whole verse. α₂α₃ have this verse without the grey-scaled part.

¹³ In γ₂ this verse is found after 3.38.

खेचर्या मुद्रितं येन विवरं लम्बिकोर्ध्वतः ।

तस्य न क्षरते बिन्दुः कामिन्याश्चेष्टितस्य च ॥

3.39

चलितोऽपि यदा बिन्दुः संप्राप्तो योनिमण्डलम् ।

व्रजत्यूर्ध्वं हतः शक्त्या[#] निबद्धो योनिमुद्रया ॥¹⁴

3.40

कपालकुहरे जिह्वा कलासंधानमुद्रया । ($\alpha_1\alpha_3\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3$)

3.40*1

ऊर्ध्वजिह्वः स्थितो भूत्वा सोमपानं करोति यः ।

मासार्धेन न संदेहो मृत्युं जयति योगवित् ॥

3.41

नित्यं सोमकलापूर्णं शरीरं यस्य योगिनः ।

तक्षकेणापि दृष्टस्य विषं तस्य न सर्पति ॥¹⁵ (om. $\alpha_1\alpha_2$)

3.42

39a *khecaryā* cett.] *khecaryām* β_ω **mudritam** cett.] *mudritā* $\alpha_3\beta_2$ **39b** *vivaram* cett.] *viviram* δ_2 *vicaran/ram* $\beta_1\beta_2\eta_1$ **lambikordhvataḥ** cett. (α_3)] *lampikordhvataḥ* $\delta_2\delta_3$ *damaged* α_1 **39c** *tasya na* $\alpha_3\beta_1\beta_2\beta_\omega\gamma_1\epsilon_2\epsilon_3\eta_1\eta_2$] + [s]ya na α_1 na *tasya* $\gamma_2\Delta\chi$ **39d** *śleṣitasya* cett.] *saṃślitasya* β_1 *liṅgitasya* $\Gamma\delta_2$ *liṅgitena* β_2 **40a** *calito* cett.] *calitā* γ_1 *calate* δ_1 *calato* α_1 *patito* β_2 **40b** *samprāpto* $\alpha_1\beta_1\beta_2\delta_2\delta_3\epsilon_2\epsilon_3\eta_1\chi$] *samprāptaś* $\beta_\omega\Gamma\delta_1\eta_2$ **yonimaṇḍalam** $\alpha_2\epsilon_3\eta_1\chi$] *yogimaṇḍalam* α_1 *yonimaṇḍalam* ϵ_2 *vahnimaṇḍalam* $\beta_1\beta_2$ *cāgnimaṇḍalam* $\beta_\omega\eta_2$ *ca hutāśanam* $\Gamma\delta_1$ *pi hutāśanam* $\delta_2\delta_3$ **40c** *vrajaty* cett.] *vṛjamty* α_1 *jajaty* γ_1 *vrajan* δ_3 **ūrdhvaṃ** cett.] *pūrvam* δ_3 *ū* + α_1 **hataḥ śaktyā** *em.* (cf. VM)] *hrtaḥ śaktyā* χ *hatachantkā* γ_1 *hathāc* *chaktyā* $\beta_1\beta_2\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2$ *hathāt śaktyā* α_2 *hi tacchaktyā* $\delta_2\delta_3$ *hi tadbhuktyā* δ_1 *damaged* $\alpha_1\alpha_3$ **40d** *nibaddho* $\alpha_2\alpha_3\beta_1\beta_2\epsilon_2\epsilon_3\chi$] *nibadhno* η_1 *niruddho* $\Gamma\delta_2\delta_3$ *niroddho* $\beta_\omega\eta_2$ *viruddhe* δ_1 *damaged* α_1 **yonī** $\alpha_1\alpha_3\beta_2\Gamma\Delta\epsilon_2\epsilon_3\eta_1\chi$] *yoga* $\beta_1\beta_\omega\eta_2$ **40*1b** *kalā* $\alpha_3\beta_\omega\epsilon_3$] *kāla* $\Gamma\epsilon_2$ *kālā* α_1 *kṛtvā* $\beta_1\beta_2$ **saṃdhāna** $\alpha_1\alpha_3\beta_1\beta_2\beta_\omega\epsilon_3$] *saṃdhāra* ϵ_2 *saṃhāra* Γ **mudrayā** $\alpha_1\alpha_3\beta_1\beta_2\Gamma\epsilon_2\epsilon_3$] *varjitā* β_ω **41a** *ūrdhva* cett.] *ūrdhvaṃ* $\alpha_3\epsilon_2$ **jihvaḥ** $\gamma_2\delta_1\delta_3\chi$] *jihva* γ_1 *jihvā* $\alpha_1\beta_1\beta_2\beta_\omega\delta_2\epsilon_2\epsilon_3\eta_1\eta_2$ **sthito** $\alpha_1\alpha_2\beta_\omega\eta_2$] *sthiro* $\beta_1\beta_2\Gamma\Delta\epsilon_3\eta_1\chi$ *sito* ϵ_2 **41b** *karoti yaḥ* cett.] *karoti saḥ* β_2 *karo* + + α_1 **41c** *māsārdhena na* cett.] *māsārdhena* *tu* β_2 *damaged* α_1 **42a** *pūrṇam* cett.] *pūrṇa* $\beta_1\gamma_1\epsilon_2$ *pūrṇe* η_2 **42b** *yoginaḥ* $\alpha_3\beta_1\beta_2\Gamma\Delta\epsilon_2\chi$] *yoginaṃ* β_ω *dehinaḥ* $\epsilon_3\eta_1\eta_2$ **42c** *daṣṭasya* $\alpha_3\beta_2\gamma_2\delta_1\epsilon_3\eta_2\chi$] *dṛṣṭasya* $\beta_1\beta_\omega\gamma_1\eta_1$ *daṣṭrasya* ϵ_2 *dagdhasya* $\delta_2\delta_3$ **42d** *viṣam tasya na* cett.] *viṣeṇa* *na* *hi* α_3 **sarpati** cett.] *sparśati* β_ω *pīḍyate* $\alpha_3\gamma_1$

¹⁴ β_2 has this verse between 3.42ab and cd. $\beta_\omega\eta_2$ have 3.43 after this verse.

¹⁵ β_ω adds here: तस्मादिदं प्रकुर्वीत नित्ययुक्तः समाहितः.

- इन्धनानि यथा वह्निस्तैलवर्ति च दीपकः ।
तथा सोमकलापूर्णं देही देहं न मुञ्चति ॥¹⁶ 3.43
- गोमांसं भक्षयेन्नित्यं पिबेदमरवारुणीम् ।
कुलीनं तमहं मन्ये इतरे कुलघातकाः ॥ 3.44
- गोशब्देनोदिता जिह्वा तत्प्रवेशो हि तालुनि ।
गोमांसभक्षणं तत्तु महापातकनाशनम् ॥ 3.45
- जिह्वाप्रवेशसंभूतवह्निनोत्पादितः खलु ।
चन्द्रात्स्रवति यः सारः सा स्यादमरवारुणी ॥ (om. $\eta_1 \varepsilon_3$)¹⁷ 3.46

43a indhanāni cett.] yindhanāni β_ω yathā cett.] om. δ_2 **43b** tailavartim $\beta_\omega \delta_1 \delta_2 \varepsilon_3 \chi$ tailavarti $\alpha_1 \beta_1 \delta_3 \varepsilon_2$ tailavarti $\beta_2 \Gamma \eta_2$ tailāvṛtti η_1 ca cett.] va η_1 **dipakaḥ** cett.] dipikaḥ η_1 **43c** soma cett.] sarva ε_2 **pūrṇaṃ** cett.] pūrṇa η_2 pūrṇo $\gamma_2 \varepsilon_2$ **43d** dehī dehaṃ cett.] dehaṃ dehī $\beta_2 \varepsilon_3$ dehe dehiṃ β_1 damaged α_1 na muñcati $\beta_1 \Gamma \Delta \varepsilon_2 \eta_1 \chi$] na mucyati η_2 na mucyati ε_3 na mucyate $\beta_2 \beta_\omega$ +++ ti α_1 **44a** gomāmsaṃ cett.] gomāmsa $\gamma_2 \delta_1 \eta_2$ **44b** amara cett.] amṛta δ_3 **vāruṇim** cett.] vāruṇi $\beta_\omega \varepsilon_2 \varepsilon_3$ **44c** tam cett.] tum γ_2 **manye** cett.] manya χ vidyāṃ β_ω vimdyāṃ η_2 **44d** itare $\alpha_1 \alpha_3 \beta_2 \beta_\omega \eta_2 \chi$] tv itare $\beta_1 \varepsilon_3 \eta_1$ cetare ε_2 netarān $\Gamma \Delta$ kulaghātakāḥ cett.] kulaghātakān $\Gamma \Delta$ kuṣvaghātakāḥ α_1 **45a** noditā jihvā cett.] nāditā jihvā γ_1 damaged α_1 **45b** tatpraveśo cett.] + [t]praveśo α_1 tatraveśo β_1 hi cett.] di γ_1 **45c** māṃsa cett.] māṃsaṃ $\varepsilon_2 \varepsilon_3 \eta_1$ māsaṃ γ_1 **bhakṣaṇaṃ** cett.] bhakṣaṇe α_1 **tat tu** $\alpha_1 \beta_1 \beta_\omega \gamma_2 \Delta \eta_1 \eta_2 \chi$] _rttu γ_1 tac ca ε_3 caitat ε_2 hy etan β_2 **46b** vahninotpāditaḥ $\gamma_2 \delta_2 \varepsilon_2 \chi$] °ditā $\beta_2 \delta_3$ °ditāṃ β_1 °di + α_1 vahninonnpāitā β_ω vāṃh[n]inotāpitāḥ α_3 vahninottāpito η_2 vahnir utpāditaḥ γ_1 hninotpāditaṃ δ_1 **khalu** $\alpha_2 \alpha_3 \Gamma \Delta \varepsilon_2 \chi$] darāṃ $\beta_\omega \eta_2$ bare β_1 surāḥ β_2 damaged α_1 **46c** candrāt sravati $\alpha_3 \beta_2 \beta_\omega \Gamma \delta_2 \varepsilon_2 \eta_2 \chi$] candraḥ sravati δ_3 candra sravati β_1 candrā dravati δ_1 +++ [t]i α_1 **yaḥ sārāḥ** $\beta_1 \gamma_2 \delta_1 \delta_2 \eta_2 \chi$] yaḥ sārā $\alpha_3 \gamma_1$ yat sārāṃ $\alpha_1 \beta_2 \varepsilon_2$ yaḥ sārāṃ tasmād idam [m]akurvita nityayuktaḥ samāhitaḥ (the same hemistich is inserted after 3.43) β_ω yaḥ samyak δ_3 **46d** sā cett.] sa δ_2 **amaravāruṇī** cett.] amṛavāruṇī η_2

¹⁶ $\Gamma \Delta$ add here: रसनां वेशयेदूर्ध्वं पिबेत्तत्सावितं जलम्

¹⁷ In η_1 the second half is only added in the margin sec. m.: तस्मा[त्स]रति या[त्सा]रं सा स्यादमरवारुणी.

मूर्धः षोडशपत्तपद्मगलितं प्राणादवासं हठा-
 दूर्ध्वास्यो रसनां नियम्य विवरे शक्तिं परां चिन्तयेत् ।
 उत्कल्लोलकलाजलं च विमलं धारामृतं[#] यः पिबेत्
 निर्दोषः स मृणालकोमलतनुर्योगी चिरं जीवति ॥¹⁸

3.47

चुम्बन्ती यदि लम्बिकाग्रम् अनिशं जिह्वा रसस्यन्दिनी
 सक्षारा कटुकाथ दुग्धसदृशी मध्वाज्यतुल्याथवा ।
 व्याधीनां हरणं जरान्तकरणं शास्त्रागमोदीरणं
 तस्य स्यादमरत्वमष्टगुणवत्सिद्धाङ्गनाकर्षणम् ॥

3.48

एकं सृष्टिमयं बीजं एका मुद्रा च खेचरी ।
 एको देवो निरालम्ब एकावस्था मनोन्मनी ॥ [= 4.32*1]

3.49

47a mürdhnah $\beta_{\omega}\Delta\epsilon_3\chi$] mürdhneh η_2 mürddhūh γ_2 mürddham $\alpha_2\epsilon_2$ mürddhvaḥ α_1 mürddhva η_1 bhūrdhah γ_1 ūrdhvaṃ $\beta_1\beta_2$ **pattrapadma** $\alpha_2\delta_2\delta_3\epsilon_3\chi$] padmapattra $\alpha_1\beta_1$ β_2 $\beta_{\omega}\gamma_2\delta_1\eta_1$ η_2 patrapatra ϵ_2 *om.* γ_1 **hathād** *cett.*] hathām β_{ω} **47b ūrdhvāsyo** *cett.*] ūrdhvosyo γ_1 ūrdhvosya δ_3 varddhāsyo β_{ω} **rasanām** *cett.*] rasanā ϵ_2 ramanā γ_1 **niyamya** $\alpha_1\beta_1\beta_2\gamma_2\Delta\epsilon_3\chi$] niyasya $\gamma_1\epsilon_2$ ca yāmya η_1 vidhāya $\beta_{\omega}\eta_2$ **vivare** *cett.*] vicare γ_1 vivaram Δ vidhivat β_2 **śaktim** *cett.*] śaktih γ_2 **cintayet** *cett.*] cintayat γ_1 cintayan $\alpha_3\delta_2\delta_3\chi$ **47c utkallola** $\alpha_1\beta_1$ β_2 $\beta_{\omega}\delta_3\epsilon_2\epsilon_3\eta_1\chi$] utkallola η_2 tatkalola $\gamma_2\delta_1$ tatkalola δ_2 taptalola γ_1 hrt[k]alola α_3 **kalā-jalam** $\alpha_1\beta_1\beta_2\Gamma\Delta\epsilon_2\epsilon_3\eta_1\chi$] karāmrtam α_3 jalākulam $\beta_{\omega}\eta_2$ **ca** $\alpha_1\alpha_3\beta_1\beta_2\gamma_2\Delta\epsilon_2\eta_1\chi$] su $\beta_{\omega}\eta_2$ ya γ_1 *om.* ϵ_3 **dhārāmrtam** *cett.*] dhārāmayam χ **47d nirdoṣaḥ sa** *cett.*] nirdoṣam β_1 η_1 nirdoṣo 'sya ϵ_2 nirvyādhīḥ β_1 **komala** *cett.*] komale γ_1 **tanur** $\alpha_2\beta_2\beta_{\omega}\gamma_2\Delta\eta_2$] tanu γ_1 vapur $\alpha_1\beta_1\epsilon_2\epsilon_3\eta_1\chi$ **48a cumbantī** *cett.*] vipitiṃ γ_1 **lambikāgram** *cett.*] lambakārgam β_1 lampikāgram $\delta_2\delta_3$ **rasa** *cett.*] śirah $\beta_{\omega}\eta_2$ **48b sakṣārā** *cett.*] sakṣārā $\alpha_1\delta_1\epsilon_2$ sakṣāra η_2 sakṣīro^{*} β_1 **kaṭukātha** $\alpha_1\alpha_2$] kaṭukāmla $\gamma_2\Delta\epsilon_3\chi$ vaṭukāmla γ_1 kaṭukāsa η_1 kaṭukādyā $\beta_{\omega}\eta_2$ kaṭutikta ϵ_2 ++ tikta α_3 kaṭutyakta β_2 *dakatikta β_1 **dugdha** *cett.*] dugdham γ_2 du γ_1 **sadrśī** *cett.*] sādṛśī δ_1 sadṛśim γ_2 sadṛśā $\alpha_1\alpha_2\eta_1$ sadṛśam α_3 lavaṇā $\epsilon_2\epsilon_3$ lavaṇo β_1 **madhvājya** *cett.*] madhvādyā $\beta_{\omega}\eta_2$ vaddhājya ϵ_2 **tulyā** *cett.*] tulyām β_{ω} tulyam η_2 tulya α_3 **thavā** $\alpha_2\Gamma\Delta$] tathā $\alpha_1\beta_1$ β_2 $\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$ pradā α_3 savā ϵ_3 **48c jarāntakaraṇam** *cett.*] jvarāntakaraṇam $\delta_1\delta_2$ jvarāntahkaraṇam δ_3 jarāpraśamanam $\beta_1\beta_2$ **śāstrāgamodgīraṇam** $\alpha_1\alpha_2\chi$] śāstrapramodgīraṇam γ_1 śāstrāgamodgīraṇam $\beta_2\beta_{\omega}\gamma_2\epsilon_3\eta_2$ śāstrodgamodgīraṇam β_1 śāstrāgamodgīraṇam η_1 śāstrāgamoddhāraṇam $\Delta\epsilon_2$ **48d tasya syād** *cett.*] tasyād γ_1 syāt svādam β_1 **amaratvam** *cett.*] amarakṣam γ_1 aramatvam β_{ω} iha siddhir Δ **guṇavat** $\alpha_1\alpha_2\beta_1\eta_1$] guṇāvat ϵ_3 guṇitam $\beta_2\beta_{\omega}\Gamma\delta_1\epsilon_2\eta_2\chi$ guṇitā $\delta_2\delta_3$ **siddhāṅganā** $\alpha_2\beta_1\beta_2\delta_2\delta_3\eta_1\epsilon_2\epsilon_3\eta_2\chi$] siddhāṅgaṇā $\alpha_1\beta_{\omega}\gamma_1\delta_1$ siddhāṅganā γ_2 **karṣaṇam** *cett.*] karṣaṇā γ_1 **49a ekaṃ** *cett.*] eka δ_3 evam γ_1 **sṛṣṭi** *cett.*] drṣṭi ϵ_2 **mayam** *cett.*] midam β_2 layam ϵ_2 **49b ca** *cett.*] tu $\delta_3\epsilon_2$ **49c devo** *cett.* (α_3)] devā γ_1 nirā^{*} α_1 **nirālamba** $\beta_{\omega}\eta_1\chi$] nirālambaś $\gamma_2\Delta$ nirāśambaś γ_1 nirālambo $\alpha_2\beta_1\beta_2\epsilon_2\epsilon_3$ nirālambam $\alpha_3\eta_2$ *lambo deva α_1 **49d ekā** $\alpha_1\alpha_3\beta_2\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$] caikā Δ cakā γ_1 caiśā γ_2 hy ekā $\alpha_2\beta_1\epsilon_3$ ***vasthā** *cett.*] mudrā β_1

¹⁸ χ has a different verse order from here.

सुषिरं ज्ञानजनकं पञ्चस्रोतःसमन्वितम् ।

तिष्ठते खेचरी मुद्रा तस्मिन्शून्ये निरञ्जने ॥ $(\beta_{\omega}\eta_2\chi)$ [= 4.8*8]

3.49*1

पाताले यद्विशति सुषिरं मेरुमूले तदस्ति

तत्त्वं चैतत्प्रवदति सुधीस्तन्मुखं निम्नगानाम् ।

चन्द्रात्सारः स्रवति¹⁹ वपुषस्तेन मृत्युर्नराणां

तं बध्नीयात्सुकरणमुद्रा नान्यथा कायसिद्धिः ॥[#](om. $\alpha_1\Delta$)²⁰ [= 4.8*4]

3.49*2

अथ मूलबन्धः²¹ ॥

पार्ष्णिभागेन संपीड्य योनिमाकुञ्चयेद्बुद्धम् ।

अपानमूर्ध्वमाकृष्य मूलबन्धोऽयमुच्यते ॥

3.50

49*1a *suṣiraṃ* χ] *sukhiraṃ* η_2 *suciraṃ* β_{ω} **49*1b** *srotaḥ* $\eta_2\chi$] *śrotaḥ* β_{ω} **49*1c** *tiṣṭhate* χ] *tiṣṭhaṃti* β_{ω} *tiṣṭhaṃti* η_2 **49*2a** *pātāle yad viśati* Γ] *pātālād yad viśati* β_2 *pātāle yadvitaya* ϵ_4 *pātāle yadvitayu* β_1 *pātāle yadvitanta* ϵ_3 *pātāle yadvitadhaya* α_3 *pātāle yadinaya* ϵ_2 *pātāle yadvita* η_1 *yat prāleyaṃ cāpihita* β_{ω} *yat prāleyaṃ pihita* α_2 *yat prāleya pihita* η_2 *yat prāleyaṃ prahita* χ **suṣiraṃ** $\epsilon_3\epsilon_4\chi$] *suṣiraṃ* β_2 *sukhiraṃ* $\beta_{\omega}\Gamma\eta_2$ *sukhire* α_2 *sukhiraṃ* ϵ_2 *śubiraṃ* β_1 *stu[v]imaṃ/me* η_1 **mūle tad asti** β_2] *mūle yad asti* γ_2 *mūle yad asti* α_2 *mūle tad asmin* $\beta_1\epsilon_2\epsilon_3\epsilon_4$ *mūle pakṣasti* γ_1 *mūlad* η_1 *mūrdhhyataḥthyam* β_{ω} *mūrdhni sthitaṃ* η_2 *mūrdhāntarasthaṃ* χ **49*2b** *tattvaṃ caitat* $\beta_1\beta_2$] *tadvac caitat* $\Gamma\epsilon_2$ *tadvac caitā* ϵ_4 *taddac caitat* ϵ_3 *tasmimś tattvaṃ* $\beta_{\omega}\eta_2\chi$ *tasmitvaṃ* α_2 *asmi[m]s* *tatvaṃ yat* η_1 **sudhīs** *cett.*] *sudhī* ϵ_4 *sudhās* γ_1 **tan mukhaṃ** *cett.*] *tat sukhaṃ* $\beta_1\beta_2$ **nimnagānām** *cett.*] *niṣagmanām* γ_1 **49*2c** *candrāt sārāḥ* *cett.*] *candrasāro* η_1 *candrā sārāḥ* ϵ_3 *candrāt sārāṃ* $\alpha_2\beta_2$ *candraḥ sārāḥ* ϵ_2 *caṃtaṃ prasāraṃ* β_1 **sraṇati/śraṇati** *cett.*] *grasati* β_1 *rapati* γ_1 [*sra*] *vaṃtyai* η_1 **vapuṣas** *cett.*] *vapuṣe* η_2 *vapayuṣe* β_{ω} *vapuṣā* $\beta_1\beta_2$ *om.* ϵ_3 **tena** *cett.*] *doṣa* β_1 **mṛtyur** *cett.*] *mṛtyun* $\beta_{\omega}\eta_2$ *om.* ϵ_3 **49*2d** *taṃ* *cett.*] *tad* $\alpha_3\chi$ **badhniyāt** *cett.*] *cha_yāt* γ_1 *om.* ϵ_3 **sukaraṇamṛdā** $\alpha_2\beta_1\beta_2\epsilon_4$] *pakaraṇamṛdā* ϵ_2 *svakaraṇamṛtaṃ* α_3 *kakaraṇam* η_1 *sukaraṇam* *atho* $\beta_{\omega}\eta_2$ *sukaraṇam* *adho* χ *sukhakaram* *atho* γ_2 *sukhakaraṇam* *artho* γ_1 *om.* ϵ_3 **nānyathā** *cett.*] *nāmarthā* γ_1 *om.* ϵ_3 **kāya** $\beta_2\beta_{\omega}\Gamma\epsilon_2\eta_2\chi$] *kārya* $\alpha_2\alpha_3\beta_1\eta_1\epsilon_4$ *om.* ϵ_3 **50** *atha mūlabandhaḥ* $\alpha_1\alpha_3\beta_1$ β_2 $\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$] *mūlabandhaḥ* $\gamma_2\Delta$ *atha mūle bandhaḥ* δ_3 *om.* $\gamma_1\epsilon_4$ **50a** *pārṣṇi* *cett.*] *pādima* γ_1 **50b** *akuñcayed* *cett.*] *ākumcaned* α_1 *ākum* γ_1 **gudam** *cett.*] *dṛḍhaṃ* $\alpha_3\eta_1\eta_2$ *om.* γ_1 **50d** *'yam ucyate* *cett.*] *'yam iritaḥ* δ_2 *'yam iṣyate* β_1 β_2 β_{ω} *mayiṣyate* α_1 *'bhidhiyate* χ *damaged* α_3

¹⁹ ϵ_3 jumps to Jālandharabandha (??) from here. For the lost part (3.50–3.66) ϵ_4 is used instead.

²⁰ β_1 β_2 has this verse immediately after 3.39, $\alpha_1\Delta$ in Ch. 4 (4.8*4), and $\Gamma\alpha_2\alpha_3$ in both Ch. 3 and 4.

²¹ After this header the description of Uḍḍiyāna is found in α_3 , followed by the description of Mūlabandha. $\beta_{\omega}\chi$ have the Mūlabandha section (including its header) after the Uḍḍiyāna as in the order of mudrās mentioned in 3.6.

अधोगतिमपानं वै ऊर्ध्वगं कुरुते बलात् ।
आकुञ्चनेन तं प्राहुर्मूलबन्धं तु योगिनः ॥ 3.51

गुदं पाण्यां तु संपीड्य वायुमाकुञ्चयेद्वलात् ।
वारं वारं यथा चोर्ध्वं समायाति समीरणः ॥ 3.52

प्राणापानौ नादबिन्दू मूलबन्धेन चैकताम् ।
गत्वा योगस्य संसिद्धिं यच्छतो नात्र संशयः ॥ 3.53

अपानप्राणयोरैक्यं क्षयो मूत्रपुरीषयोः ।
युवा भवति वृद्धोऽपि सततं मूलबन्धनात् ॥²² 3.54

अपाने चोर्ध्वगे जाते संप्राप्ते वह्निमण्डलं ।
तदानलशिखा दीर्घा वर्धते वायुनाहता ॥ 3.55

51a adhogatim $\beta_1 \beta_2 \beta_\omega \varepsilon_4 \eta_1 \chi$] adhogatam $\alpha_1 \Gamma \Delta \varepsilon_2 \eta_2$ **apānaṃ vai** $\alpha_1 \beta_1 \beta_2 \Gamma \varepsilon_2 \varepsilon_4 \eta_2$] apānaṃ
vā χ apānaṃ ca β_ω apānaṃ tu Δ apānaivam η_1 **51b** ūrdhvagaṃ cett.] mūrddhagaṃ α_1 hy
urdhvagaṃ β_1 vidyūrdhagaṃ β_ω **balāt** $\alpha_1 \beta_1 \beta_2 \beta_\omega \varepsilon_4 \eta_1 \eta_2 \chi$] haṭhāt $\Gamma \Delta \varepsilon_2$ **51c** ākuñcana
cett.] ākuñcyā tena η_2 **taṃ** cett.] ta δ_1 te δ_2 tu β_2 **prāhur** cett.] grāhyaṃ $\varepsilon_2 \varepsilon_4$
51d mūlabandhaṃ cett.] mūlabandho η_2 mūlo siddhim α_3 **tu** $\beta_1 \beta_2 \Gamma \Delta$] hi $\alpha_1 \alpha_3 \beta_\omega \varepsilon_2 \varepsilon_4 \eta_1 \eta_2 \chi$
52a gudaṃ cett.] gulpha ε_2 pārṣṇī β_2 **pārṣṇyā tu** $\alpha_1 \beta_1 \beta_\omega \Delta \eta_2 \chi$] pārṣṇyā ca $\varepsilon_2 \varepsilon_4 \eta_1$ [p]ārṣṇena
 α_3 pārṣṇī tu γ_2 pādarmyāṃ tu γ_1 'nā gudaṃ β_2 **sampīḍya** cett.] āpīḍya β_2 **52b** vāyū
ā' $\alpha_1 \alpha_3 \beta_2 \beta_\omega \Gamma \eta_1 \eta_2 \chi$] vāyūnā $\beta_1 \varepsilon_2 \varepsilon_4$ yonim ā' Δ **balāt** cett.] balat γ_2 **52c** yathā $\alpha_1 \beta_1 \beta_2$
 $\beta_\omega \varepsilon_2 \varepsilon_4 \eta_1 \eta_2 \chi$] tathā $\Gamma \Delta$ **53a** nādabindū cett.] nādabindu $\alpha_1 \alpha_2 \beta_1 \beta_\omega \varepsilon_2 \eta_2$ **53b** caikatām cett.]
caikatā $\beta_2 \varepsilon_2$ cakataṃ γ_1 caikataḥ β_ω **53c** saṃsiddhim $\alpha_1 \alpha_3 \beta_2 \beta_\omega \gamma_2 \delta_1 \delta_2 \varepsilon_4 \eta_1 \chi$] saṃsiddhi β_1
saṃsiddhir $\alpha_2 \gamma_1 \delta_3 \varepsilon_2$ saṃsiddhyaiḥ η_2 **53d** yacchato $\alpha_2 \beta_\omega \chi$] yakṣyato β_2 yichato α_1 pracchato
 β_1 gacchato $\Delta \varepsilon_2$ gacchate γ_2 gacchatā γ_1 gacchata' ε_4 prāpnoty e' η_1 pamāta η_2 niścayo α_3
nātra cett.] 'sya na ε_4 'va na η_1 tra na η_2 **54a** 'yor aikyaṃ cett.] 'yor aikya γ_1 'yor aikye
 η_2 'yoś caikyaṃ δ_2 'yor aikyāt ε_4 **54b** kṣayo cett.] kṣayaṃ α_3 kṣayān $\gamma_1 \varepsilon_4$ **54d** bandhanāt
cett.] bandhataḥ δ_1 **55a** apāne cett.] apāna χ apānaṃ $\beta_\omega \gamma_2$ **cordhvage jāte** cett.]
cordhvage jāte δ_1 cordhvam āpāte η_2 ūrdhvage jāte χ **55b** samprāpte $\beta_1 \beta_2 \Gamma \Delta \varepsilon_2$] samprāptau
 β_1 saṃyāte β_ω prayāte $\alpha_1 \alpha_2 \varepsilon_4 \eta_1 \eta_2 \chi$ **vahnimaṇḍalaṃ** $\alpha_1 \beta_1 \beta_\omega \chi$] vahnimaṇḍale $\beta_2 \Gamma \Delta \varepsilon_2 \varepsilon_4 \eta_1$
nābhimaṇḍalaṃ η_2 **55c** tadānala cett.] tadānale ε_2 tathānale η_1 tathānala $\delta_3 \eta_2$ **55d** vardhate
vāyūnāhatā $\alpha_1 \beta_1 \beta_\omega \Gamma \varepsilon_2$] 'hataḥ β_2 'hataḥ α_3 baṃdhane vāyūnāhatā Δ kriyate vāyūnāhatāḥ η_2
jāyate vāyūnāhatā χ vāyūnā vardhate hatā ε_4 vāyūnā preritā tathā η_1

²² γ_1 adds the following verse here: बन्धमूलं येन तेन तेन विघ्नां निवारितः । अजरामरतां याति यथा पद्ममुखो हरः ॥

ततो यातौ# वह्न्यपानौ प्राणमुष्णस्वरूपकम् ।
तेनात्यन्तप्रदीप्तस्तु ज्वलनो देहजस्तथा ॥ 3.56

तेन कुण्डलिनी सुप्ता संतप्ता संप्रबुध्यते ।
दण्डाहता भुजङ्गीव निश्चर्य# ऋजुतां व्रजेत् ॥ 3.57

बिलं प्रविष्टेव ततो ब्रह्मनाड्यन्तरं व्रजेत् । (ab om. Δ)
तस्मान्नित्यं मूलबन्धः कर्तव्यो योगिभिः सदा ॥ 3.58

अथोड्डियानम् ।

बद्धो येन सुषुम्णायां प्राणस्तूड्डियते यतः ।
तस्मादूड्डियानाख्यो#ऽयं योगिभिः समुदाहृतः ॥ 3.59

56a tato cett.] yāta_{η1} yātau_{β2}] yāttau_{α2} yāto_{β1η1χ} yāte_{η2} yaṃtā_{α3} yāmau_{α1} jātau_{γ2Δε4} jātā_{γ1} jāto_{βω} vahnim_{ε2} **vahnyapānau** _{β1γ2Δε4η1χ}] vahnipānau_{α1} [m]ahnyapāne_{α3} vahniyonau_{η2} bāhyapānau_{β2} baṃdhapānau_{γ1} vardhapānai_{βω} apānai_{ca} **ε2 56b prāṇam uṣṇa** _{α3β1β2ε2ε4χ}] prāṇam uṣma_{βωγ2} prāṇamura_{γ1} prāṇamukta_{δ1δ3} prāṇamuktaṃ_{δ2} prāṇamūla_{α1α2η1η2} **svarūpakam** cett.] svarūpakah_{η2} svarūpakau_{η1} svarūpavat_{δ3} **56c tenātyanta** _{β1ΓΔη1χ}] tenātyantaṃ_{α1} tenābhyanta_{βω} tenābhyantaḥ_{η2} tenāyaṃna_{β2} tatotyantaṃ_{ε4} tailābhyantaḥ_{ε2} **pradiptas tu** cett.] pradiptas tu_{ε4η1} pradiptasau_{ε2} **56d jvalano dehajas tathā** cett.] jvalano dehajas tadā_{β1} jvalato dehataḥ tadā_{β2} kuto dehaśayas tadā_{η2} **57b saṃtaptā** _{α1β1β2βωΓε4η1η2χ}] satataṃ_{Δε2} **saṃprabudhyate** _{α1β2Γε4η2χ}] saṃprabudhyati_{η1} sa prabudhyate_{βω} sā prabuddhyate_{δ2} sā prabodhyate_{δ3} saṃprabodhyate_{ε2} sānubodhyate_{δ1} samabuddhyate_{β1} **57d niśvasya** _{α1α3β1ε4χ}] viśvasya_{βωη1η2} niścayam_{δ2} niścayād_{δ3} niścitam_{Γδ1ε2} **rjutām vrajet** cett.] rujutām vrjet_{α1} rijutām iyāt_{η2} **58a praviṣṭeva** _{α1α3Γδ1ε2ε4η1χ}] praviṣṭe ca_{β1β2} praviṣṭaṃ ca_{βω} praviṣṭas ca_{η2} **om. Δ tato** cett.] to_{γ1} **om. Δ 58b brahma** cett.] tha₋ _{γ1} **om. Δ nāḍyantaraṃ** cett.] nāḍyantaraṃ_{β2ε4} nāḍyantare_{η2} **om. Δ 58c tasmān** cett.] tato_{δ2} **n nityaṃ** cett.] nityo_{ε2} **59 athoḍḍiāṇam** em.] athoḍḍiāṇam_{α1} athoḍḍiāṇam_{βω} athoḍḍiāṇam_{β1} athoḍḍiāṇam_{β2} athoḍḍiāṇabandhaḥ_{δ3} athoḍḍiāṇabandhaḥ_{η1} atha uḍḍiāṇabandhaḥ_{γ1} atha uḍḍiāṇabandhaḥ_χ atha uḍḍiāṇabandhaḥ_{ε2} atha uḍḍiāṇam_{bandhaḥ} _{η2} uḍḍiāṇabandhaḥ_{δ2} uḍḍiāṇam_{bandhaḥ} _{γ2} **om. δ1ε4 59a bad-dho** _{α1β2βωγ2δ1δ2χ}] bandho_{β1δ3ε2} ūrdhvo_{η1η2} ūrdhvā_{ε4} vidrā_{γ1} **yena suṣuṃṇāyām** cett.] kṣitāḥ suṣuṃṇāyāḥ_{η2} **59b prāṇas** cett.] prāṇam_{β2ε2η1} **tūḍḍiyate** _{α1γ2δ1ε4η2χ}] tūḍḍiyate_{βω} tudiyate_{γ1} tūḍḍiyate_{δ2} tūyate_{δ3} kṛḍḍiyate_{β1} uḍḍiyate_{ε2} uḍḍiyate_{β2} uḍḍiyate_{η1} **yataḥ** cett.] punaḥ_{δ3} **59c tasmād** cett.] tasmātu_{γ2} tasmāc ca_{η2} **uḍḍiāṇākhyo m.c.** _{δ1δ3χ}] uḍḍiāṇākhyo_{γ2η2} uḍḍiāṇākhyo_{η1} uḍḍiāṇākhyo_{γ1} uḍḍiāṇākhyo_{ε2} uḍḍiāṇākhye_{α1ε4} uḍḍiāṇākhyo_{β1} uḍḍiāṇākhye_{βω} uḍḍiāṇākhyam_{β2} uḍḍiāṇāmāno_{δ2} **'yaṃ** cett.] sau_{δ2} tad_{β2} **om. η2 59d samudāhṛtaḥ** cett.] samudāhṛtaṃ_{β2βωε2}

उड्डिनं कुरुते यस्माद् अविश्रान्तं महाखगः ।
उड्डियानं तदेव स्यात्तत्र[#] बन्धो विधीयते ॥

3.60

उदरे पश्चिमं तानं[#] नाभेरूर्ध्वं च कारयेत् ।
उड्डियानो ह्यसौ बन्धो मृत्युमातङ्गकेसरी ॥ (cd om. β_ω)

3.61

उड्डियानं तु सहजं गुरुणा कथितं सदा[#] ।
अभ्यसेदस्ततन्द्रस्तु[#] वृद्धोऽपि तरुणो भवेत् ॥

3.62

नाभेरूर्ध्वमधश्चापि तानं कुर्यात्प्रयत्नतः ।
षण्मासमभ्यसन्मृत्युं जयत्येव न संशयः ॥

3.63

सति वज्रासने पादौ[#] कराभ्यां धारयेद्बृहद्म् ।
गुल्फदेशसमीपे च[#] कन्दं तत्र प्रपीडयेत् ॥ [after 3.96*2 in χ]

3.64

60a uḍḍinaṃ $\Delta\chi$] uḍḍinaṃ β_ω uḍḍyānaṃ $\beta_2\epsilon_4$ uḍḍyānaṃ $\alpha_1\beta_1\gamma_2$ uḍḍiyānaṃ $\gamma_1\eta_2$ uḍḍiyānaṃ $\alpha_3\eta_1$ uḍḍiyānaṃ ϵ_2 **kurute yasmād** cett.] kṛyate yasmād γ_2 kṛte yasmād ϵ_2 tu kurute α_3
60b aviśrāntaṃ $\beta_2\beta_\omega\Delta\epsilon_2\eta_1\eta_2\chi$] aviśrānta $\alpha_1\alpha_2\beta_1$ aviśrānto $\gamma_2\epsilon_4$ aviśrāntā γ_1 khaviśrāntā α_3
60c uḍḍiyānaṃ $\Gamma\eta_2$] uḍḍiyānaṃ $\Delta\epsilon_4\chi$ uḍḍiyānaṃ $\alpha_1\epsilon_2\eta_1$ uḍḍiyānaṃ $\beta_1\beta_\omega$ uḍḍiyānaṃ β_2 **eva** cett.] evaṃ δ_1 evaḥ ϵ_2 **60d tatra** $\alpha_1\beta_1$ $\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_4\eta_1\chi$] kṣetra η_2 mūla Δ **vidhiyate** $\alpha_2\beta_2\gamma_2\epsilon_4$] 'bhidhiyate cett. nigadyate γ_1 **61a udare** cett.] udarāt β_ω **paścimaṃ** $\alpha_2\beta_1\beta_2\gamma_2\delta_3\eta_1\chi$] paścima $\alpha_1\gamma_1\eta_2$ paścime $\beta_\omega\delta_1\delta_2\epsilon_2\epsilon_4$ **tānaṃ** $\beta_2\Gamma\delta_1\delta_3\epsilon_4\eta_1\eta_2\chi$] tānaṃ $\alpha_1\alpha_2\delta_2\epsilon_2$ tālaṃ β_1 bhāge β_ω **61b ūrdhvaṃ** cett.] ūrdhve η_2 **ca** cett.] tu $\epsilon_2\eta_2$ **61c uḍḍiyāno** $\Gamma\delta_1\eta_2$] uḍḍiyāno $\delta_2\delta_3\epsilon_4\chi$ uḍḍiyāno $\alpha_3\eta_1$ uḍḍiyāno $\alpha_1\epsilon_2$ uḍḍiyāno β_1 uḍḍiyāno β_2 *om.* β_ω **asau** $\alpha_1\alpha_3\beta_1\beta_2\Gamma\epsilon_2\epsilon_4\eta_1\eta_2\chi$] asaṃ δ_3 ayaṃ $\delta_1\delta_2$ *om.* β_ω **61d kesari** cett.] khecari ϵ_4 *om.* β_ω
62a uḍḍiyānaṃ $\Gamma\delta_1\eta_2$] uḍḍiyānaṃ $\alpha_2\beta_1\eta_1$ uḍḍiyānaṃ $\delta_2\delta_3\epsilon_4\chi$ uḍḍiyānaṃ $\alpha_1\epsilon_2$ uḍḍiyānaṃ β_2 uḍḍiyānaṃ β_ω **sahajaṃ** cett.] sahasaṃ β_1 yah sahate γ_2 **62b guruṇā** cett.] gurūṇāṃ β_ω **sadā** $\alpha_1\alpha_2\beta_1$ $\beta_2\beta_\omega\epsilon_2\epsilon_4\eta_1\eta_2\chi$] yathā $\Gamma\Delta$ **62c abhyased/-set** cett.] abhyāsen γ_1 abhyāsyed α_2 abhyāsāt β_ω abhyāsa^o β_2 **astatandras tu** α_2] astatadras tu α_1 asvatamtras tu β_1 asya tamtram tu ϵ_4 asya tamtrasya ϵ_2 'taḥ svatantras tu β_2 tad atandras tu $\gamma_2\Delta$ na tamdras tu γ_1 yo hy atandras η_1 satatam yas tu $\beta_\omega\eta_2\chi$ **62d vṛddho** cett.] vṛddhā γ_1 **taruṇo bhavet** $\alpha_1\alpha_2\beta_1\beta_\omega\epsilon_2\eta_1\eta_2$] taruṇāyate $\beta_2\Gamma\Delta\epsilon_4\chi$ **63a ante nābher add.** pāthāntaram β_2 **nābher** cett.] nābhed γ_2 **adhaś cāpi** cett.] adho vāpi Δ adhaḥkāya η_1 avasthāpya β_2 **63b tānaṃ** $\beta_2\Gamma\Delta\epsilon_4\eta_2\chi$] tānaṃ $\alpha_3\beta_1\beta_\omega\epsilon_2\eta_1$ tāpyaṃ α_1 **prayatnataḥ** cett.] ca yatnataḥ η_2 **63c śaṃmāsam** cett.] yogi sam^o $\eta_1\eta_2$ **abhyasan** $\alpha_1\beta_1\Gamma\eta_2$] abhyasen $\alpha_3\beta_\omega\delta_2\delta_3\epsilon_2\epsilon_4\eta_1\chi$ abhyasani δ_1 ca samabhyān β_2 **63d jayaty eva na saṃśayaḥ** cett.] mūlaṃ jayaty asaṃśayaḥ β_2 **64a vajrāsane** cett.] vajrāsanau γ_1 vajrāsaṇaṃ $\alpha_1\beta_1$ **64b karābhyāṃ dhārayed dṛḍham** (dhārayad η_2) cett.] karābhyā dhārayaṃ dṛḍham η_1 karābhyāṃ kāraye dṛḍham α_1 karā_sandhāraye dṛḍhe γ_1 **64c deśa** cett.] deśe ϵ_2 deśaṃ α_1 **samīpe ca** $\alpha_1\beta_1$ $\beta_2\beta_\omega\Gamma\epsilon_4\eta_1\eta_2\chi$] samīpaṃ ca $\delta_2\delta_3\epsilon_2$ samīpaṃ tu δ_1 **64d kandaṃ** cett.] kaṃdham δ_1 kaṃtham β_1 skandaṃ δ_3 **tatra** $\alpha_3\beta_1\beta_2\Gamma\Delta\epsilon_2\epsilon_4\chi$] tacca $\beta_\omega\eta_2$ tava α_1 tasya η_1 **prapīdayet** $\alpha_3\beta_1\beta_2\Gamma\Delta\epsilon_2\epsilon_4\chi$] prapīdyate $\alpha_1\beta_\omega\eta_1\eta_2$

पश्चिमं तानमुदरे कारयेद्दृढये गले# ।

शनैः शनैर्यथा प्राणस्तुन्दसंधिं न गच्छति# ॥ (om. χ) 3.65

सर्वेषामेव बन्धानामुत्तमो ह्युद्धियानकः ।

उद्धियाने दृढे बन्धे मुक्तिः स्वाभाविकी भवेत् ॥ 3.66

अथ जालन्धरः ।

कण्ठमाकुञ्च्य हृदये स्थापयेच्चिबुकं दृढम् । [ε₃ resumes]

बन्धो जालन्धराख्योऽयं अमृताव्ययकारकः ॥ 3.67

बध्नाति हि शिराजालमधोगामिनभोजलम् ।

ततो जालन्धरो बन्धः कण्ठदुःखौघनाशनः ॥ 3.68

जालन्धरे कृते बन्धे कण्ठसंकोचलक्षणे ।

न पीयूषं पतत्यग्नौ न च वायुः प्रधावति ॥ 3.69

65a paścimaṃ tānam cett.] paścimaṃ tānam α₃β₁η₁ paścimatānam α₁β_ω **udare** α₁α₃β₁β₂ β_ωΥ₂Δε₄] udara γ₁ udaram ε₂ upari η₁η₂ **65b kārayed** cett.] pīdayed η₂ **dhṛdaye gale** α₁α₃β₁β₂β_ωΥ₂ε₄η₁η₂] dhṛdaye gataiḥ γ₁ udare hr̥di δ₁ cibukam hr̥di δ₃ cibukam hr̥dā δ₂ vṛddhi-
dam śanaiḥ ε₂ **65c śanair yathā** cett.] śanair [yato] ε₄ om. γ₁ **prāṇas** α₁β₁β_ωΔη₁] prāṇas
Γ strāṇas α₃ prāṇam β₂ε₂ε₄ prāṇo η₂ **65d tunda** α₁β₁β₂Υ₂δ₁δ₂ε₂] tuda β_ωη₁ tamda γ₁ tadā δ₃
nādi η₂ ūrddhva ε₄ **saṃdhiṃ** α₁β₁Γδ₁δ₃ε₄η₁] saṃdhi β_ωε₂η₂ siṃddhiṃ δ₂ siddhiṃ β₂ **na**
α₁β₁β₂β_ωΓε₂ε₄η₁] ca Δ ni° η₂ **66b uttamo** cett.] uttamam ε₂ **hy uddīyānakāḥ** ΓΔε₄η₂χ]
hy uddīyānakāḥ η₁ hy uddīyānakāḥ α₁ hy uddīyānakam ε₂ hy uddīyānakāḥ β₂ hy uddīyānakāḥ β₁β_ω
66c uddīyāne Γδ₁η₂χ] uddīyāne δ₂δ₃ε₄ uddīyāne α₁ε₂ uddīyāne η₁ uddīyāne β₂ uddīyāne β₁β_ω
dṛḍhe cett.] kṛte ΓΔ **bandhe** cett.] baddhe β₂ **66d muktiḥ** α₁β₁β_ωε₂ε₄η₂χ] muktiṃ η₁
mūlam β₂ΓΔ **svābhāviki** α₁β₁β_ωε₂ε₄χ] svābhāvaki η₂ svābhāvikir α₃ svābhāvikam β₂Δη₁ sv-
abhāvikam γ₂ bhāvikam γ₁ **67 atha jālandharah** em.] atha jālaṃdhara β₁ atha jālaṃdharam β_ω
atha jālaṃdharah α₁ atha jālaṃdhara α₂ atha jālandharabandhaḥ β₂δ₃ε₄η₁η₂χ] atha jālaṃdharibam-
dhaḥ ε₂ atha nāsaṃdharabandhaḥ γ₁ jālandharabandhaḥ γ₂δ₂ om. δ₁ **67b cibukam dṛḍham**
β₂Υ₂χ] dṛḍham icchayā α₃β₁β_ωΔη₁η₂ dṛḍham icchayā α₁ dṛḍham icchayet ε₂ dṛḍhaniścayāt ε₃
om. γ₁ **67d amṛtāvayakārakah** ε₃] amṛtāvayakārakah β₁β_ωε₂ amṛtāvaya + + + α₃ amṛtā-
vapakārakah α₁ amṛtakṣayakārakah δ₁ amṛtakṣayakārakah δ₃ amṛtakṣarakārakah δ₂ jarāmṛtyu-
vināśakah η₁η₂χ] mṛtyor mṛtyuḥ paro mataḥ (mṛtaḥ γ₁) Γ mṛtyumātamaṅgakesarī β₂ **68a badhnāti**
hi α₁β₁β₂β_ωε₂ε₃η₁η₂χ] badhnāti ha γ₁ badhnātiha Δ badhnātiḥ γ₂ **śirā** (sirā χ) β₂Υ₂δ₁η₂χ]
śiro β₁β_ωΥ₁δ₂δ₃ε₂ε₃η₁ śilā α₁ **jālam** cett.] jālam β_ω **68b adhogāmi** α₁β₁β₂Υ₂Δε₂ε₃η₂χ]
adhogāmi γ₁ madhyegāmi β_ω nādhāyāti η₁ **68d kaṇṭha** α₁β₁β₂β_ωΥ₂ε₂ε₃χ] kaṇṭhe γ₁Δη₁η₂
69c pataty cett.] prayāty δ₁ kṣaraty γ₁ **69d pradhāvati** α₁β₁β₂β_ωΓε₂ε₃η₂] prakupyati Δη₁χ

कण्ठसंकोचनेनैव द्वे नाड्यौ स्तम्भयेदृढं ।

मध्यचक्रमिदं ज्ञेयं षोडशाधारबन्धनम् ॥ (cd om. η_1)

3.70

बन्धत्रयमिदं श्रेष्ठं महासिद्धैर्निषेवितम् ।

सर्वेषां हठतन्त्राणां साधनं योगिनो विदुः ॥ (om. Δ)²³

3.71

अधस्तात्कुञ्चनेनाशु कण्ठसंकोचने कृते ।

मध्ये पश्चिमतानेन स्यात्प्राणो ब्रह्मनाडिगः ॥ ($\Gamma\eta_1\eta_2$)²⁴ [= 2.46]

3.71*1

मूलस्थानं समाकुञ्च्य उड्डियानं तु कारयेत् । (ab om. $\Delta\eta_2$)

इडां च पिङ्गलां बद्धा वाहयेत्पश्चिमं पथम् ॥ (cd om. η_2)

3.72

अनेनैव विधानेन सेवयेत्पवनो लयम् ।

ततो न जायते मृत्युर्जरारोगादिकं तथा ॥

3.73

70a *saṃkocanenaiva* cett.] *saṃkocane caiva* β_1 *saṃkocane dehe* η_1 **70b** *dve nāḍyau* $\alpha_1\gamma_2\Delta\epsilon_3\eta_2\chi$] *dve nāḍyo* β_1 *dvaṁ nāḍyau* ϵ_2 γ_{2pc} *dvināḍyau* β_2 $_nā$ γ_1 *nāḍyau* *ca* η_1 *gap* β_ω **stambhayed** $\alpha_1\beta_1\beta_2\epsilon_3\eta_1\eta_2\chi$] *stambhite* $\Gamma\Delta\epsilon_2$ *gap* β_ω **dr̥ḍham** $\alpha_1\alpha_2\eta_1\eta_2\chi$] *dhruvam* $\beta_1\Gamma\delta_1\delta_3\epsilon_2$ *dhruve* δ_2 *dhr̥vam* ϵ_3 *dhuram* β_2 *gap* β_ω **70c** *madhyacakram* $\alpha_1\beta_1\beta_2\gamma_2\Delta\epsilon_2\epsilon_3\chi$] *madhyakram* γ_1 *madhye cakram* β_ω *madhyam cakram* η_2 *om.* η_1 **jñeyam** cett.] *ya* γ_1 *om.* η_1 **71b** *mahāsiddhair* $\alpha_1\gamma_2\epsilon_2$] *mahāsiddhaiḥ* $\eta_1\eta_2\chi$ *mahāsiddhe* γ_1 *mahāsiddhi* $\alpha_2\alpha_3\beta_1\beta_2\epsilon_3$ *mahāsiha* β_ω **niṣevitam** $\alpha_1\alpha_3\beta_1$ β_2 $\beta_\omega\Gamma\Delta\epsilon_2$] *ca sevitaṁ* $\eta_1\eta_2\chi$ *prajāyate* α_2 *pradāyakam* ϵ_3 **71c** *haṭha* $\alpha_1\alpha_2\beta_1$ β_2 $\beta_\omega\gamma_2\chi$] *yoga* $\gamma_1\epsilon_2\epsilon_3\eta_1\eta_2$ **71d** *sādhanaṁ* cett.] *sāraṇam* γ_1 **71*1a** *kuñcanenāśu* $\eta_1\eta_2$] *kuñcanenaiva* Γ **71*1b** *saṃkocane kṛte* $\eta_1\eta_2$] *saṃkocanena* *ca* Γ **71*1c** *madhye* η_1] *madhya* $\Gamma\eta_2$ **72a** *samākuñcya* $\alpha_1\beta_1$ β_2 $\beta_\omega\epsilon_3\eta_1\chi$] *samākṛṣya* $\Gamma\epsilon_2$ *om.* $\Delta\eta_2$ **72b** *udḍiyanam* $\Gamma\epsilon_3\chi$] *udḍiyanam* $\beta_1\eta_1$ *udḍiyanam* $\alpha_1\epsilon_2$ *uḍiyanam* β_2 *uḍiyanam* β_ω *om.* $\Delta\eta_2$ **72c** *iḍāṁ ca* **piṅgalāṁ** $\alpha_3\beta_1\beta_\omega\gamma_2\Delta\epsilon_3\chi$] *iḍā* *ca* *piṅgalā* $\alpha_1\beta_2\gamma_1\epsilon_2$ *iḍāpiṅgalāṁ* η_1 *om.* η_2 **baddhvā** cett.] *baddhā* ϵ_2 *baṁdhvā* α_3 *om.* η_2 **72d** *pāścimaṁ* $\alpha_3\beta_2\Gamma\Delta\epsilon_2\eta_1$] *pāścimāṁ* $\beta_1\beta_\omega$ *pāścimā* $\alpha_1\epsilon_3$ *om.* η_2 *pāścime* χ **patham** cett.] *pathāṁ* β_1 *pathi* χ *padam* α_3 *om.* η_2 **73a** *anenaiva vid-* **hānena** cett.] *brahmasthānasthito* *rodhaḥ* η_2 **73b** *sevayet* $\alpha_1\alpha_2\beta_1$ β_2 $\beta_\omega\delta_1\delta_3$] [*s*]*e*[*vay*]*e*[*t*] δ_2 *śevayet* α_3 *vaśayet* ϵ_2 *prayāti* $\Gamma\epsilon_3\eta_1\eta_2\chi$ **pavano layam** $\beta_\omega\gamma_2\epsilon_3\eta_1\eta_2\chi$] *pavano* *lagam* γ_1 *pavanālayam* $\alpha_1\alpha_2\beta_1\beta_2\delta_2\epsilon_2$ *pavanā* α_3 *pavanānalam* δ_3 *pāścimānalam* δ_1 **73c** *mṛtyur* $\alpha_1\beta_2\beta_\omega\gamma_2\delta_3\epsilon_2\epsilon_3\eta_1\eta_2\chi$] *mṛtyu* $\delta_1\delta_2$ *mṛtyum* $\beta_1\gamma_1$ **73d** *jarārogādikaṁ* $\Gamma\delta_2\delta_3\epsilon_2\eta_1\chi$] *jarārogādi* *kā* $\alpha_2\beta_1$ β_2 β_ω *jarārogādikas* α_1 *jarāmohādikaṁ* ϵ_3 *jvaro rogādikas* δ_1 *nāśya jarādikaṁ* η_2 **tathā** cett.] *kathā* β_1 β_2 β_ω *vyathā* α_2 *tadā* α_1

²³ In χ this verse is found after 3.73.

²⁴ $\alpha_1\beta_2\beta_\omega\epsilon_2\epsilon_3\chi$ have this verse in chp. 2. $\Gamma\eta_1\eta_2$ have this in both chapters. Δ does not have it at all.

अथ विपरीतकरणी ।

यत्किञ्चित् खवते चन्द्रादमृतं दिव्यरूपि च ।
तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं विनाशि च ॥ (om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$)²⁵ [= 4.8*5] 3.73*1

तत्रास्ति करणं दिव्यं सूर्यस्य मुखबन्धनम्* ।
गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥ [= 4.8*6] (om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$) 3.73*2

ऊर्ध्वं नाभिरधस्तालुर्ध्वं भानुरधः शशी ।
करणी विपरीताख्या गुरुवाक्येन लभ्यते ॥ (cd om. $\beta_1 \beta_2 \delta_1 \delta_2 \epsilon_2 \eta_2$) 3.74

करणी विपरीताख्या सर्वव्याधिविनाशिनी । (ab om. $\delta_3 \chi$)
नित्यमभ्यासयुक्तस्य जठराग्निविवर्धनी ॥ 3.75

आहारो बहुलस्तस्य संपाद्यः साधकस्य तु ।
अल्पाहारो यदि भवेदग्निर्देहं दहेत्क्षणात् ॥ 3.76

74 atha $\alpha_1 \beta_1 \beta_2 \beta_\omega \gamma_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \eta_2$] om. $\gamma_2 \Delta \chi$ **viparītakaraṇī** $\beta_2 \beta_\omega \Gamma \delta_2 \epsilon_3 \eta_1 \eta_2$] viparītakaraṇīm α_1 viparītakaraṇīyam β_1 viparītakaraṇam ϵ_2 viparītakam δ_3 om. $\delta_1 \chi$ **73*1a** **sravate** $\beta_2 \beta_\omega \gamma_2 \Delta \epsilon_2 \chi$] sravanam γ_1 sevate β_1 om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$ **candrād** $\beta_1 \beta_2 \gamma_2 \Delta \chi$] candra β_ω caṁdrām̐n ϵ_2 ceda«m» γ_1 om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$ **73*1b** **divyarūpi ca** $\Gamma \Delta$] divyarūpiṇam ϵ_2 divyarūpiṇaḥ $\beta_2 \chi$ divyarūpiṇī β_1 divyarūpagah β_ω om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$ **73*1c** **grasate** cett.] sravate β_1 **sūryas** β_1 $\beta_2 \beta_\omega \Gamma \Delta \chi$] roho ϵ_2 om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$ **73*1d** **piṇḍam** $\beta_2 \beta_\omega \gamma_2 \Delta \epsilon_2$] piṇḍa β_1 piḍam γ_1 piṇḍo χ om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$ **vināśi** $\alpha_1 \Gamma \delta_2 \delta_3 \epsilon_2$] vinasyati δ_1 jarāyutaṁ $\beta_1 \beta_2 \beta_\omega$ jarāyutaḥ χ om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$ **73*2a** **tatrāsti** $\beta_1 \beta_2 \beta_\omega \Gamma \delta_1 \delta_3 \epsilon_2 \chi$] tato sti δ_2 om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$ **73*2b** **bandhanam** cett.] vañcanam χ om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$ **73*2c** **jñeyam** $\beta_1 \beta_2 \beta_\omega \gamma_2 \Delta \epsilon_2 \chi$] _yam γ_1 om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$ **73*2d** **na tu** $\beta_1 \beta_2 \beta_\omega \gamma_2 \Delta \epsilon_2 \chi$] rttu γ_1 om. $\alpha_1 \epsilon_3 \eta_1 \eta_2$ **74a** **ūrdhvaṁ nābhir** cett.] ūrdhvanābhir β_1 ūrdhvanābhor γ_1 ūrdhvanābher χ ūrdhvaṁ nābher β_2 ++ nābher α_3 **adhas tālur** $\alpha_3 \beta_1 \beta_2 \beta_\omega \delta_1 \epsilon_2 \epsilon_3 \eta_2$] adhas tālu $\alpha_1 \gamma_2 \delta_2 \eta_1$ adhas tālum δ_3 asāluktar γ_1 adhas tālor χ **74b** **ūrdhvaṁ** cett.] ūrdhva $\gamma_1 \delta_1$ ūrdhvo η_1 **74c** **karaṇī viparītakhyā** $\alpha_1 \Gamma \delta_3 \eta_1 \chi$] karaṇam viparītakhyam $\alpha_3 \beta_\omega \epsilon_3$ om. $\beta_1 \beta_2 \delta_1 \delta_2 \epsilon_2 \eta_2$ **74d** **labhyate** $\alpha_1 \beta_\omega \gamma_1 \epsilon_3 \eta_1 \chi$] lakṣayet α_3 gamyate $\gamma_2 \delta_3$ om. $\beta_1 \beta_2 \delta_1 \delta_2 \epsilon_2 \eta_2$ **75a** **karaṇī** cett.] karaṇam β_1 **viparītakhyā** cett.] viparītakhyam β_2 viparītakṣam ϵ_2 om. $\delta_3 \chi$ **75b** **vināśini** cett.] vināśanī $\beta_1 \epsilon_2$ vināśanam $\beta_2 \beta_\omega$ om. $\delta_3 \chi$ **75c** **yuktasya** cett.] saktasya β_1 **75d** **vivardhani** $\alpha_1 \beta_1 \gamma_2 \epsilon_2 \epsilon_3 \eta_1$] vivardhini $\gamma_1 \Delta \eta_2 \chi$ vivardhanam $\beta_2 \beta_\omega$ **76b** **tu** cett.] ca $\gamma_1 \delta_2 \chi$ **76c** **alpāhāro** $\alpha_1 \alpha_3 \beta_1 \beta_2 \beta_\omega \eta_1 \eta_2 \chi$] anāhāro $\Gamma \delta_1 \delta_3 \epsilon_2 \epsilon_3$ anāhāre δ_2 **yadi bhaved** cett.] nirāhārah η_2 **76d** **agnir deham** $\alpha_1 \alpha_3 \beta_\omega \Delta \epsilon_3$] agnideham $\beta_1 \Gamma \epsilon_2$ deham agnir η_1 agnidāho β_2 agnir daha° χ kṣudhālasya η_2 **dahet** $\alpha_1 \beta_\omega \Gamma \Delta \epsilon_2 \eta_1$] haret $\alpha_3 \beta_1 \epsilon_3$ bhavet β_2 °ti tat χ vaśe η_2 **kṣaṇāt** cett. ($\alpha_2 \alpha_3$)] kramāt α_1 tataḥ γ_2 bhavet η_2

²⁵ Group A has this pair of verses in Ch. 4: यत्किञ्चित्खवते चन्द्रादमृतं दिव्यरूपिणः । तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं जरायुतं ॥ तत्रास्ति करणं दिव्यं सूर्यस्य परिवन्धनं । गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥

अधःशिराश्चोर्ध्वपादः क्षणं स्यात्प्रथमे दिने ।

क्षणञ्च किञ्चिदधिकमभ्यसेच्च दिने दिने ॥ (cd om. δ_1)

3.77

वल्लिश्च पलितं चैव षण्मासोर्ध्वं न दृश्यते ।

याममात्रं तु यो नित्यमभ्यसेत्स तु कालजित् ॥

3.78

अत्रत्या वज्रोली ग्रन्थान्ते लिखिता । क्रमप्राप्ताप्यत्र त्यक्ता । असाधारणप्राण्यनुष्ठेयत्वात्
स्याः । (Δ)²⁶

अथ वज्रोली ।²⁷

स्वेच्छया वर्तमानोऽपि योगोक्तैर्नियमैर्विना ।

वज्रोलीं यो विजानाति स योगी सिद्धिभाजनम् ॥

3.79

तत्र वस्तुद्वयं वक्ष्ये दुर्लभं यस्य कस्य चित् ।

क्षीरं चैकं द्वितीयं तु नारी च वशवर्तिनी ॥

3.80

77a śirāś cordhva $\beta_2\chi$] śirāś cordhva $\alpha_1\alpha_3\beta_1\beta_\omega\delta_1\epsilon_2\epsilon_3\eta_1\eta_2$ śirā ūrdhva $\gamma_2\delta_2$ śirā ūrdhva γ_1 śirā ūrdhva δ_3 **pādaḥ** $\alpha_1\alpha_3\beta_1\beta_2\Gamma\Delta\epsilon_3\chi$] pāda $\beta_\omega\epsilon_2$ pāda $\eta_1\eta_2$ **77b kṣaṇam syāt** cett.] kṣaṇam syāt δ_1 lakṣaṇam η_2 **77c kṣaṇāc** $\alpha_1\beta_2\beta_\omega\epsilon_3\eta_1\eta_2\chi$] kṣaṇāt tu Γ kṣaṇādyam β_1 kṣaṇārdham $\delta_3\epsilon_2$ kṣaṇārdhe δ_2 om. δ_1 **adhikam** cett.] apika γ_1 om. δ_1 **77d abhyasec** ca cett.] abhyasetva γ_2 bhyarccayec ca γ_1 om. δ_1 **78a valis ca** $\alpha_1\beta_1\beta_2\beta_\omega\eta_1$] valitam $\gamma_1\Delta\epsilon_2\epsilon_3\eta_2\chi$ calitam γ_2 **palitam** cett.] palitaś $\beta_1\beta_2$ **78b ṣaṇmāsordhvaṃ na** χ] ṣaṇmāsārdhān na $\alpha_1\beta_1\beta_2\epsilon_3$ ṣaṇmāsārdham na β_ω ṣaṇmāsārdhena $\Gamma\Delta$ ṣaṇmāsārdhe ca ϵ_2 ṣaṇmāsāt tu na $\eta_1\eta_2$ **dṛśyate** $\alpha_1\beta_1\beta_2\beta_\omega\epsilon_3\eta_1\eta_2\chi$] naśyati $\Gamma\Delta\epsilon_2$ **78c yāmamātram tu** cett.] yāmamātram ca ϵ_3 yo māsatrāya δ_3 māsatrāyam tu η_2 **nityam** cett.] gñibhyam γ_1 **78d abhyaset** cett.] aset δ_1 **tu** cett.] su γ_2 ca ϵ_2 **kālajit** cett.] kālavit ϵ_2 **79 granthānte likhitā** δ_1] granthāntare likhitā vartate δ_2 granthāntare tu likhitāsīt δ_3 **kramaprāptāpy atra tyaktā** $\delta_2\delta_3$] om. δ_1 **asādhāraṇa** δ_2] asādhāraṇam δ_1 asāraṇa δ_3 **79b yogoktair** $\alpha_3\beta_1\beta_2\beta_\omega\gamma_2\delta_1\eta_1\eta_2\chi$] yogokair γ_1 yogoktar ϵ_2 yogokta $\alpha_2\epsilon_3$ yogoktam α_1 niyamair δ_3 **niyamair vinā** cett.] vividhais tathā δ_3 **79c vajrolīm** $\gamma_2\delta_1\epsilon_3\eta_1\eta_2\chi$] vajroli yo $\beta_\omega\Gamma\delta_3\epsilon_2$ vajrolir yo β_1 vajrāli yo α_1 **vijānāti** cett.] bhijānāti Γ **79d siddhibhājanam** cett.] ²⁶bhājanah γ_1 siddhimān bhavet η_2 **80a vastu** cett.] castu α_1 bheda ϵ_2 **vakṣ(y)e** cett.] manye γ_2 api γ_1 **80b cit** cett.] tu ϵ_3 **80c caikaṃ** $\alpha_1\beta_1\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3\eta_1\chi$] caiva η_2 ekaṃ $\beta_2\Gamma$ **80d ca** cett.] tu δ_3

²⁶ In Δ the Vajroli section is found at the end of the work.

²⁷ In $\beta_2\eta_2$ this header is found after *vinā* of the next line.

- मेहनेन शनैः सम्यगूर्ध्वकुञ्चनमभ्यसेत् ।
पुरुषो वापि नारी वा वज्रोलीसिद्धिमाप्नुयात् ॥ 3.81
- यत्नतः शरनालेन फूत्कारं वज्रकन्दरे ।
शनैः शनैः प्रकुर्वीत वायुसंचारकारणात् ॥ (om. γ_1) 3.82
- नार्या भगे पतद्विन्दुमभ्यासेनोर्ध्वमाहरेत् ।
चलितं च स्वकं बिन्दुमूर्ध्वमाकृष्य रक्षयेत् ॥ (cd om. Δ) 3.83
- एवं तु रक्षयेद्विन्दुं मृत्युं जयति योगवित् । [3.84–3.98a lost α_1]
मरणं बिन्दुपातेन जीवितं बिन्दुधारणात् ॥ (cd om. δ_1) 3.84
- सुगन्धि योगिनो देहं जायते बिन्दुधारणात् ¹²⁸ (ab om. $\delta_3\eta_1\eta_2$)
यावद्विन्दुः स्थिरो देहे तावन्मृत्युभयं कुतः ॥ 3.85

81a mehanena $\alpha_1\beta_2\gamma_2\varepsilon_2\varepsilon_3\chi$] mehanina β_1 mehanaiva γ_1 mohanena δ_1 mohanenā δ_3 meḍhrenena β_ω meḍhrenā *unm.* η_1 mahānibhaṃ η_2 **śanaiḥ** cett.] sadā δ_1 **81b ūrdhvakuñcanam** $\alpha_1\beta_1$ β_2 $\beta_\omega\gamma_1\delta_1\delta_3\varepsilon_2\varepsilon_3\chi$] ūrdhva kuñcanam γ_2 kṛtvā kuñcanam η_2 gudākuñcanam η_1 **81c vāpi nārī vā** cett.] vāpi vā nārī δ_3 'py atha vā nārī χ **81d vajrolī** $\alpha_1\beta_1$ β_2 $\beta_\omega\gamma_1\delta_3\varepsilon_2\varepsilon_3\eta_2\chi$] vajrolīm $\delta_1\eta_1$ vajrolīḥ γ_2 **siddhim āpnuyāt** cett.] siddhibhājanam γ_2 siddhibhājanah γ_1 **82a yatnataḥ** $\alpha_1\beta_1\beta_\omega\delta_1\varepsilon_2\varepsilon_3\chi$] prayatnataḥ $\gamma_2\eta_1\eta_2$ prayatnāt β_2 **śaranālena** $\alpha_1\beta_1$ β_2 $\beta_\omega\delta_1\delta_3$] śalanolena ε_2 śatanārīṇām ε_3 śastanālena χ śironāle $\gamma_2\eta_1\eta_2$ **82b phūtkāraṃ** $\alpha_1\delta_3\varepsilon_2\eta_1\chi$] phutkāraṃ β_ω pūtkāraṃ $\delta_1\varepsilon_3$ phūtkārah $\gamma_2\eta_2$ sphūtkāraṃ β_2 śaraṃ tu β_1 **vajra** cett.] kaṃbu $\gamma_2\eta_2$ **kandare** β_1 β_2 $\beta_\omega\varepsilon_2\varepsilon_3\chi$] kandhare $\alpha_1\gamma_2\delta_1\delta_3\eta_1\eta_2$ **82c śanaiḥ** cett.] śanaḥ η_2 **prakurvīta** cett.] prakurvaṃti $\beta_2\eta_2$ **83a nārīyā** $\beta_1\beta_2\Gamma\delta_1\delta_3\varepsilon_2\varepsilon_3$] nārī $\alpha_2\chi$ mārīyā α_1 bhārīyā $\beta_\omega\eta_1\eta_2$ **bhage** cett.] bhāge $\alpha_1\beta_1$ **patad** cett.] pated γ_2 ca tad ε_2 **bindum** $\alpha_1\beta_1\beta_2\Gamma\delta_1\delta_3\varepsilon_2\varepsilon_3\chi$] bindhuḥm β_ω bindur $\eta_1\eta_2$ **83b āharet** cett.] ācaret β_1 āruhet δ_3 **83c calitaṃ** cett.] bhavitaṃ β_1 **ca svakaṃ** $\alpha_1\alpha_2$] tu svakaṃ $\alpha_3\beta_1\beta_2\Gamma\varepsilon_2$ tu sukaṃ β_ω ca nijaṃ $\varepsilon_3\chi$ patitaṃ η_1 calitaṃ η_2 *om.* $\delta_1\delta_3$ **83d ūrdhvam ākr̥ṣya rakṣayet** cett. (α_3)] ūrdhvam ākr̥ + + + + α_1 ūrdhvam āhr̥tya rakṣayet ε_3 abhyāsenordhvam āharet ε_2 *om.* $\delta_1\delta_3$ **84a tu rakṣayed** $\alpha_2\alpha_3\beta_1$ β_2 $\beta_\omega\Gamma\varepsilon_2$] samrakṣayed $\delta_1\delta_3\chi$ surakṣayed ε_3 rakṣati yo $\eta_1\eta_2$ **84c bindu** cett.] vida ε_2 *om.* δ_1 **84d jivitaṃ** $\alpha_2\beta_\omega\delta_3\varepsilon_2\varepsilon_3\eta_1\eta_2$] jīvitaṃ β_1 jīvanam $\beta_2\gamma_2\chi$ jī γ_1 *om.* δ_1 **bindudhāraṇāt** cett.] bindurakṣaṇāt ε_3 *om.* $\gamma_1\delta_1$ **85a sugandhi** $\alpha_2\beta_1$ β_2 $\beta_\omega\Gamma\delta_1\varepsilon_3$] sugandho $\varepsilon_2\chi$ *om.* $\delta_3\eta_1\eta_2$ **dehaṃ** $\alpha_2\beta_1\beta_\omega$] dehe $\delta_1\varepsilon_3\chi$ deho $\beta_2\Gamma\varepsilon_2$ *om.* $\delta_3\eta_1\eta_2$ **85b dhāraṇāt** $\beta_1\beta_\omega\gamma_1\gamma_2\delta_1\varepsilon_2\chi$] rakṣaṇāt $\beta_2\varepsilon_3$ *om.* $\delta_3\eta_1\eta_2$ **85c binduḥ** $\gamma_1\delta_3\eta_2\chi$] bindu $\alpha_3\beta_1$ β_2 $\beta_\omega\gamma_2\delta_1\varepsilon_2\varepsilon_3\eta_1$ **sthīro** $\alpha_2\alpha_3\Gamma\delta_1\varepsilon_2\eta_1\eta_2\chi$] sthito β_1 β_2 $\beta_\omega\delta_3\varepsilon_3$ **dehe** cett.] deho Γ **85d mṛtyubhayaṃ kutaḥ** $\alpha_3\beta_1$ β_2 $\beta_\omega\delta_1\delta_3\eta_1\eta_2$] kālabhayaṃ kutaḥ $\alpha_2\Gamma\varepsilon_2\chi$ jīvanam ucyate ε_3

²⁸ ε_3 has this hemistich after the first half of the next verse.

चित्तायत्तं नृणां शुक्रं शुक्रायत्तं हि जीवितम् ।
तस्माच्छुक्रं मनश्चैव रक्षणीयं प्रयत्नतः ॥

3.86

ऋतुमत्या रजोऽप्येवं स्त्रिया[#] बिन्दुं च रक्षयेत् ।
मेद्रेणाकर्षयेदूर्ध्वं सम्यगभ्यासयोगतः ॥

3.87

अयं योगः पुण्यवतां धन्यानां तत्त्वशालिनाम् । (ab om. α₂ α₃)
निर्मत्सरानां सिध्येत न तु मत्सरशालिनाम् ॥ (cd om. α₂ α₃δ₃)²⁹

3.87*1

अथ सहजोली । (γ₂η₂χ)

सहजोली चामरोली वज्रोल्या एव भेदतः ॥

3.88

जलेषु[#] भस्म निक्षिप्य दग्धगोमयसम्भवं । (ab om. α₂ α₃β₁ β₂ β_ωγ₁)
वज्रोलीमैथुनादूर्ध्वं स्त्रीपुंसोः स्वाङ्गलेपनम् ॥

3.89

86a cittāyattam cett.] cittamattam γ₁ anāyattam α₃ manodhīnam β₁ β₂ β_ω manomayam α₂ **śukram** cett.] śuklam α₃β_ω **86b** śukrāyattam cett.] śuklāyatam β_ω śuklā++ α₃ śukrādhi-
nam β₁β₂ **hi** β₁β_ωε₂η₁η₂] tu α₂β₂Γδ₁ ca δ₃ε₃χ **jīvitam** cett.] jivanam β₂γ₂ **86c** manas
caiva cett.] manas caivam η₁ rajaś caiva η₂ rakṣaṇīyam δ₃ **86d** rakṣaṇīyam cett.] yogibhiś
ca δ₃ **87a** rtumatyā β₁ β₂ β_ωΓε₂ε₃χ] bindumadhye δ₁δ₃η₁η₂ 'py evam β₂Γδ₁δ₃ε₂ε₃η₁χ]
thevam β_ω py eva η₂ strijam β₁ **87b** striyā Γ] bijam δ₁ε₂ε₃η₁η₂ vīryam α₂ jivam δ₃ nijam χ
svīyam β₁ jayam β_ω bindum β₂ **bindum** cett.] bindu β₁β_ωη₂ rakṣe β₂ **ca** cett.] tu β₂ε₂η₁
pra° δ₃ **rakṣayet** cett.] rakṣayan β_ω tamnnayet δ₁ °pālayet δ₃ yogavit β₂ **87c** medhreṇā
cett.] medhreṇa δ₁δ₃ε₃ medhrā γ₁ medhrām ā η₂ **karṣayed** cett.] karṣayad β_ω kuṁcayed η₂
87d yogataḥ Γδ₁δ₃η₁] yogavān α₃β₁β_ωε₂ε₃ yogavit η₂χ pātavāt α₂β₂ **87*1b** dhanyānām cett.]
dhirānām χ **śālinām** β₁β₂γ₂δ₁δ₃ε₃η₁] śālinam β_ωε₂ sattinām γ₁ darśinām η₂χ **87*1c** sid-
hyeta β₁β_ωγ₁δ₁ε₂ε₃η₁] siddheta γ₂ vai sidhyen (but sidhyeta in mss?) χ siddhet η₂ siddhānām β₂
87*1d śālinām β₁ β₂ β_ωΓδ₁ε₃η₁χ] śālinam ε₂ śālinām η₂ **88** atha sahajolī γ₂η₂] atha saha-
jolih χ **88a** sahajolī α₂β₂δ₁δ₃η₁η₂] sahajoliś β_ωΓε₂ε₃χ sahajolāms β₁ sahaś α₃ **cāmarolī**
α₂β₁β₂δ₁δ₃] cāmarolī β_ωε₂ cāmarolir ε₃χ vāmarolī η₂ cāmarolī ca η₁ cāmaroliś ca Γ camaronaulī α₃
88b vajrolyā cett.] vajrolyante δ₁δ₃ vajrolī β₂ **eva** bhedataḥ α₂β₁ β₂ β_ωΓε₂ε₃η₁] ekabhedataḥ
η₂ bheda ekataḥ χ prakīrtitā δ₁ pracodyate δ₃ **89a** jaleṣu bhasma γ₂δ₁ε₂ε₃η₁η₂] jale subhasma
χ jale bhasmani δ₃ **nikṣipya** δ₁δ₃ε₂ε₃η₁η₂χ] niḥkṣipya γ₂ **89b** dagdha γ₂δ₁δ₃ε₃η₁η₂χ]
dagdham ε₂ **sambhavam** γ₂δ₁ε₂ε₃η₁η₂χ] sambhave δ₃ **89c** vajrolīmaithunād cett.] va-
jrolīmithunād ε₃ **89d** strīpūṁsoḥ γ₂ε₂η₁η₂χ] strīpūṁso α₂β_ω pūṁsostrī β₁ strīpūṁsā γ₁
strīpūṁsau ε₃ strīpūṁsoś β₂δ₁δ₃ **svāṅga** α₂β₁Γε₂ε₃η₁η₂χ] svāṅgu β_ω cāṅga β₂δ₁δ₃

²⁹ In ε₃ Pāda b and d are transposed; χ has this verse at the end of the Sahajoli section.

आसीनयोः सुखेनैव मुक्तव्यापारयोः क्षणम् ।
सहजोल्लिरियं प्रोक्ता श्रद्धेया योगिभिः सदा ॥

3.90

अयं शुभकरो योगो भोगे मुक्तेऽपि मुक्तिदः ॥ (om. $\alpha_2 \alpha_3 \gamma_1$) [cf. 3.94cd]

3.90*1

अथ अमरोली । ($\gamma_2 \Delta \epsilon_3 \eta_2 \chi$)

पित्तोल्बणत्वात्प्रथमाम्बुधारां
विहाय निःसारतयान्त्यधाराम् ।
निषेव्यते शीतलमध्यधारा
कापालिकैः खण्डमतैरमर्याः ॥ (om. γ_1)³⁰

3.91

अमरीं यः पिबेन्नित्यं नस्यं कुर्वन्[#] दिने दिने ।
वज्रोलीं चाभ्यसेदेवममरोलीति कथ्यते ॥³¹ (om. γ_1)

3.92

90a āsīnayoḥ cett.] anenaiva ϵ_3 **sukhenaiva** cett.] mukhenaiva η_2 **90b** vyāpārayoḥ $\beta_1 \beta_2 \Gamma \delta_3 \epsilon_3 \eta_1 \chi$] vyāpārayo $\epsilon_2 \eta_2$ vyāpāramo β_ω vyāpārāla* δ_1 **kṣaṇam** $\beta_1 \beta_2 \beta_\omega \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \eta_2$] kṣaṇāt $\Gamma \chi$ **90c** sahaḥajolir $\alpha_2 \beta_1 \gamma_2 \delta_1 \delta_3 \eta_1 \eta_2$] sahaḥajolir $\beta_\omega \gamma_1 \epsilon_2 \epsilon_3 \chi$ sahaḥajolī β_2 **90d** śrad-dheyā $\beta_1 \beta_\omega \chi$] śraddhayā $\alpha_2 \alpha_3 \beta_2 \delta_1 \delta_3 \eta_1$ sādhyeyā η_2 siddhaye ϵ_3 sevyate $\Gamma \epsilon_2$ **90*1b** bhoge $\beta_1 \beta_\omega \gamma_2 \epsilon_3 \eta_2$] bhoga $\beta_2 \epsilon_2 \eta_1 \chi$ yoga δ_3 gap δ_1 **bhukte** $\beta_\omega \gamma_2 \epsilon_3 \eta_2$] yukte β_1 yukto χ mukte ϵ_2 mukti $\delta_1 \delta_3 \eta_1$ yoge β_2 **'pi muktidaḥ** $\beta_1 \beta_2 \beta_\omega \gamma_2 \epsilon_2 \epsilon_3 \eta_2 \chi$] vimuktidaḥ $\delta_3 \eta_1$ pradāyakaḥ δ_1 **91** atha amarolī $\gamma_2 \eta_2$] athāmarolī χ āthamārolī ϵ_3 tatrāmarolī $\delta_1 \delta_3$ **91a** pittol-baṇatvāt $\alpha_3 \beta_1 \beta_\omega \delta_1 \delta_3 \epsilon_3 \eta_1 \chi$] pītva aṇut β_2 virttaṇatvādyat ϵ_2 viḥāya nityāṃ η_2 viḥāya nīv..h γ_2 **prathamāmbu** $\delta_3 \eta_1 \chi$] prathamāṃ ca $\beta_1 \beta_2 \epsilon_2 \epsilon_3 \eta_2$ prathamāṃ ca $\alpha_3 \gamma_2$ prathamāṃ vi β_ω prathamāṃ *unm.* δ_1 **dhārām** cett.] *om.* δ_1 **91b** niḥsāratayāntya $\beta_1 \delta_1 \epsilon_3 \eta_1 \eta_2 \chi$] niḥsārab-hayāntya δ_3 niḥsāralayāntya γ_2 niḥsārayāntya β_ω niḥsmāratayāntya ϵ_2 niḥsāratapāṃsū β_2 **91c** niṣevyate cett.] niṣevite β_2 niṣevyate $\beta_1 \eta_1$ nikhyevyate β_ω **dhārā** $\beta_1 \beta_\omega \epsilon_2 \epsilon_3 \eta_2 \chi$] dhārām $\beta_2 \gamma_2 \delta_3 \eta_1$ dhārāḥ δ_1 **91d** kāpālikaiḥ $\beta_1 \beta_\omega \delta_1 \delta_3 \epsilon_2$] kapālikaiḥ $\gamma_2 \epsilon_3 \eta_1 \eta_2$ kapālakaiḥ β_2 kāpā-like χ **khaṇḍamatāir** $\beta_1 \beta_2 \beta_\omega \eta_1$] khaṇḍamaitair ϵ_2 khaṇḍamate $\epsilon_3 \chi$ kaṇṭhamatāḥair $\delta_1 \delta_3$ kuṇṭhamatāir $\gamma_2 \eta_2$ **amaryāḥ** $\delta_1 \delta_3 \epsilon_2$] amaryā $\beta_1 \beta_2$ aryā β_ω amedhyā η_2 amedhyāṃ γ_2 amed-hya η_1 'marolī χ 'marolī ϵ_3 **92a** amarīm $\gamma_2 \delta_1 \delta_3 \eta_2 \chi$] amarī $\beta_1 \beta_\omega \epsilon_2 \epsilon_3 \eta_1$ amarīm β_2 **yaḥ** $\beta_1 \beta_2 \beta_\omega \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \chi$] yo $\gamma_2 \eta_2$ **piben** cett.] piban δ_3 **92b** nasyaṃ kurvan $\beta_2 \beta_\omega \delta_1 \chi$] naśyaṃ kurvan $\alpha_3 \epsilon_2 \epsilon_3$ trśya kurvan β_1 na saṃkurvan δ_3 nasyaṃ kuryād $\alpha_2 \eta_1$ tasya kuryā γ_2 tastaṃ kuryād η_2 **92c** vajrolīm cā $\alpha_3 \delta_1 \delta_3$] vajrolī cā $\beta_\omega \epsilon_2 \epsilon_3 \eta_1$ vajrolī vā β_1 vajrolīm a $\gamma_2 \eta_2 \chi$ vajrolī ka β_2 **'bhyased evam** $\alpha_2 \alpha_3$] bhyasec ceyam $\delta_1 \delta_3 \epsilon_2 \epsilon_3$ bhyaset seyam β_ω bhyasevoyaṃ β_1 bhyasen nityāṃ η_1 bhyaset satve γ_2 bhyasec chattivē η_2 bhyaset samyak χ thyate seyam β_2 **92d** amaroliti cett.] sāmaroliti χ amarolīm tu ϵ_3 **kathyate** cett.] kalpayet ϵ_3 kasyate η_2

³⁰ γ_2 seems to have supplied this verse and the next one from a ms belonging to the ϵ -group.

³¹ In χ the verse 3.103 is found after this

- पुंसो बिन्दुं समाकृष्य सम्यग्भ्यासपाटवात् ।
यदि नारी रजो रक्षेद्ब्रजोल्या सा हि योगिनी ॥ (om. $\alpha_2 \alpha_3$) 3.92*1
- तस्याः किञ्चिद्रजो नाशं न गच्छति न संशयः ।
तस्याः शरीरे नादस्तु बिन्दुतामेव गच्छति ॥ (om. $\alpha_2 \alpha_3$) (cd om. γ_2) 3.92*2
- स बिन्दुस्तद्रजश्चैव एकीभूय स्वदेहजौ[#] ।
वज्रोल्याभ्यासयोगेन सर्वसिद्धिं प्रकुर्वतः ॥ (om. $\alpha_2 \alpha_3$) 3.92*3
- रक्षेदाकुञ्चनेनोर्ध्वं या रजः सा हि योगिनी । ($\alpha_2 \alpha_3 \gamma_2 \eta_2 \chi$)³²
अतीतानागतं वेत्ति खेचरी च भवेद्भुवम् ॥ 3.93
- देहसिद्धिं च लभते वज्रोल्याभ्यासयोगतः । (ab om. α_2)
अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (cd om. $\alpha_2 \Gamma$) [cf. 3.90*1cd] 3.94

92*1a pumso $\beta_1 \gamma_1 \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_2 \chi$] pumsor $\beta_2 \gamma_2$ pumsām $\beta_{\omega} \eta_1$ **binduṃ** cett.] bindu $\beta_1 \beta_{\omega} \epsilon_2 \epsilon_3 \eta_2$ **samākṛṣya** Γ] samākuñcya cett. **92*1b pātavāt** $\beta_1 \beta_2 \delta_1 \delta_3 \epsilon_3 \chi$] pātavān $\beta_{\omega} \Gamma \epsilon_2 \eta_2$ pāravān η_1 **92*1d vajrolyā** $\beta_1 \beta_{\omega} \gamma_2 \epsilon_2 \eta_1 \chi$] vajrolyām δ_1 vajrolya δ_3 vajroli β_2 vajroli ϵ_3 samyoge η_2 om. (3.92*1d–3.94a om. prob. by eye-skip) γ_1 **sā hi** β_{ω}] saha $\beta_1 \beta_2 \gamma_2 \epsilon_2$ sāpi $\delta_1 \epsilon_3 \eta_1 \chi$ syāpi δ_3 cāpi η_2 om. γ_1 **92*2c tasyāḥ** $\beta_1 \beta_2 \delta_1 \delta_3 \epsilon_3 \eta_1 \eta_2 \chi$] tasyāḥ ϵ_2 asyāḥ β_{ω} om. Γ **śarīre** cett.] śarīra $\delta_3 \epsilon_3$ śarīre pi β_1 om. Γ **nādas tu** $\beta_1 \beta_2$ $\beta_{\omega} \delta_3 \epsilon_2 \epsilon_3 \eta_1$] nādas tat η_2 nādātmā δ_1 nādaś ca χ om. Γ **92*2d bindutām eva** $\beta_1 \beta_{\omega} \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \chi$] bindus tam eva η_2 vyamjātām eva β_2 om. Γ **92*3b eki** cett.] hy eki δ_3 om. γ_1 **bhūya** $\beta_2 \beta_{\omega} \gamma_2 \delta_1 \delta_3 \epsilon_3 \chi$] bhūyaḥ $\epsilon_2 \eta_2$ bhūtaḥ η_1 bhūta β_1 om. γ_1 **svadehajau** $\beta_1 \beta_{\omega} \gamma_2 \epsilon_2 \epsilon_3 \eta_1$] svadehajaiḥ $\beta_2 \eta_2$ svadehajam δ_3 sadehajam δ_1 svadehagau χ om. γ_1 **92*3c vajrolyā** $\beta_1 \beta_2$ $\beta_{\omega} \epsilon_2 \epsilon_3 \eta_1 \eta_2$] vajrolya $\gamma_2 \delta_1 \delta_3 \chi$ om. γ_1 **92*3d siddhiṃ** $\beta_1 \beta_2 \gamma_2 \delta_1 \epsilon_2 \epsilon_3 \chi$] siddhi $\beta_{\omega} \eta_1$ siddhiḥ $\delta_3 \eta_2$ om. γ_1 **prakurvataḥ** $\beta_1 \epsilon_2 \epsilon_3$] prakurvate $\gamma_2 \delta_1 \delta_3$ prayacchataḥ χ prayacchati β_2 prajāyate $\beta_{\omega} \eta_1 \eta_2$ om. γ_1 **93a rakṣed ākuñcanenordhvam** em.] rakṣe[d ā]kuñcane... + α_3 rakṣed ākumbhanonordham α_2 rakṣed ākuñcanād ūrdhvam χ mehenākuñcanād ūrdhvam γ_2 medhṛām ākuñcanād ūrdhvam η_2 **93b yā rajaḥ sā hi yoginī** χ] yā rajaḥ saha yoginī α_2 rajasāpi hi yoginaḥ $\gamma_2 \eta_2$ **93c atitānāgataṃ** cett.] atitānāgate β_2 atitānāgatiṃ ϵ_3 atitānāṃ gatiṃ ϵ_2 om. γ_1 **93d khecarī ca** cett.] khecarī (one syllable missing) δ_1 khecarīm la° δ_3 khecaraś ca η_2 om. γ_1 **bhaved dhruvam** cett.] bhaved dṛḍham β_1 °bhate dhruvam δ_3 prajāyate γ_2 om. γ_1 **94a ca** cett.] tu η_1 om. γ_1 **labhate** cett.] labhyeta β_2 om. γ_1 **94b vajrolyabhyāsa** $\alpha_4 \gamma_2 \delta_1 \delta_3 \chi$] vajrolyābhyāsa $\beta_1 \beta_2$ $\beta_{\omega} \gamma_1 \epsilon_2 \epsilon_3 \eta_1 \eta_2$ **94c ayaṃ śubhakaro** $\alpha_3 \alpha_4$] ayaṃ puṇyakaro yogo χ yasmād ayaṃ sādhakāya $\beta_1 \beta_2$ β_{ω} tasmād ayaṃ sādhakāya $\delta_1 \delta_3 \epsilon_2 \epsilon_3$ tasmād ayaṃ sādhaako'yaṃ η_1 tasmād ayaṃ sādhanāṃ η_2 **94d bhoge bhukte'pi muktidaḥ** $\beta_1 \chi$] bhoge bhukti «pi» muktidaḥ β_{ω} bhogamukte pi muktidaḥ ϵ_2 bhogabhukti(yoga-mukti ac)vimuktidaḥ δ_1 bhogamuktivimuktidaḥ $\alpha_3 \delta_3 \eta_1$ bhoge muktivimuktidaḥ η_2 bhogayukto pi muktidaḥ ϵ_3 bhogayoge pi muktidaḥ β_2 bhyāsyayuktasya muktida α_4

³² γ_2 has this hemistich between 3.92 and 3.92*1.

तस्मात्पुण्यवतामेव अयं योगः प्रसिध्यति ॥³³ (om. $\alpha_2 \alpha_3 \chi$) 3.94*1

अथ शक्तिचालनम् ।

कुटिलाङ्गी कुण्डलिनी भुजङ्गी शक्तिरीश्वरी ।
कुण्डल्यरुन्धती चेति शब्दाः पर्यायवाचकाः ॥ (om. $\alpha_2 \alpha_3$) 3.94*2

उद्धाटयेत्कपाटं तु यथा कुञ्चिकया हठात् ।
कुण्डलिन्या तथा योगी मोक्षद्वारं विभेदयेत् ॥³⁴ (om. $\alpha_2 \alpha_3$) 3.94*3

येन मार्गेण गन्तव्यं ब्रह्मस्थानं निरामयम् ।
मुखेनाच्छाद्य तद्वारं प्रसुप्ता परमेश्वरी ॥ (om. $\alpha_2 \alpha_3$) 3.94*4

कन्दोर्ध्वं कुण्डली शक्तिः सुप्ता मोक्षाय योगिनाम् ।
बन्धनाय च मूढानां यस्तां वेत्ति स योगवित् ॥ (om. $\alpha_2 \alpha_3$) 3.94*5

94*1a eva $\beta_2 \Gamma \eta_2$] evam $\beta_1 \beta_\omega \delta_1 \delta_3 \varepsilon_2 \varepsilon_3 \eta_1$ **94*1b** ayam yogaḥ $\beta_1 \beta_2 \beta_\omega \Gamma \varepsilon_2 \varepsilon_3 \eta_1$] eṣa yogaḥ
 $\delta_1 \delta_3$ yogo'yaṁ η_2 **prasidhyati** $\beta_1 \beta_2 \beta_\omega \Gamma \delta_1 \delta_3 \varepsilon_2 \varepsilon_3 \eta_1$] samprasidhyati η_2 **95** atha $\alpha_3 \beta_1 \beta_2$
 $\beta_\omega \varepsilon_2 \eta_1 \eta_2 \chi$] om. $\Gamma \Delta \varepsilon_3$ **śakticālanam** $\alpha_3 \beta_1 \beta_2 \beta_\omega \Upsilon_2 \Delta \varepsilon_2 \eta_1 \chi$] śaktiyānaṁ Υ_1 śakti η_2 om. ε_3
94*2a kuṭilāṅgī $\beta_1 \beta_2 \beta_\omega \Delta \eta_1 \eta_2 \chi$] kuṇḍalāṅgī $\Upsilon_2 \varepsilon_2 \varepsilon_3$ kundalīgī Υ_1 **94*2b** śaktir īśvarī β_1
 $\beta_2 \beta_\omega \Upsilon_2 \varepsilon_2 \varepsilon_3 \eta_1 \eta_2 \chi$] śaktir aiśvarī $\delta_1 \delta_2$ śaktir asvarī Υ_1 śaktivardhini δ_3 **94*2c** kuṇḍaly $\beta_1 \beta_2$
 $\beta_\omega \Gamma \varepsilon_2 \varepsilon_3 \eta_1 \eta_2 \chi$] kuṭily Δ **arundhati** cett.] aruṇḍhiti β_1 ā[ku]ṇḍalī η_1 āceti ruṁ° η_2 **ceti**
 $\beta_1 \eta_1$] veti β_ω vati ε_2 caiva ε_3 caite $\beta_2 \chi$ devī $\Gamma \delta_1 \delta_3$ divī δ_2 dhamti η_2 **94*2d** śabdāḥ paryāyavā-
cakāḥ cett.] śabdā cārvāk vācakāḥ β_1 śabdaḥ paryāyavācakāḥ $\delta_1 \delta_3$ **94*3a** udghāṭayet cett.]
udghāṭayati ε_2 **kapāṭam** cett.] kapāṭam δ_3 **tu** cett.] om. ε_2 **94*3b** kuñcikayā cett.]
kaṁcukayā β_2 **94*3d** vibhedayet cett.] prabhedayet Υ_1 nirodhayet Υ_2 **94*4a** mārgena $\beta_1 \beta_2$
 $\beta_\omega \varepsilon_2 \varepsilon_3 \eta_1 \eta_2 \chi$] dvāreṇa $\Gamma \Delta$ **94*4c** ācchādyā cett.] ākṣādyā/ājñādyā δ_1 āvādyā ε_2 **tadvāraṁ**
 $\Upsilon_1 \delta_3 \eta_2$] tadvāraṁ $\beta_1 \beta_\omega \Upsilon_2 \varepsilon_2 \varepsilon_3 \eta_1 \chi$ taṁ dvāraṁ β_2 nadvāraṁ δ_1 tedvāraṁ δ_2 **94*5a** kandord-
hvaṁ $\beta_1 \Gamma \varepsilon_2 \varepsilon_3$] kandordhve (kandho° δ_{1ac}) $\delta_1 \delta_3 \eta_1 \eta_2 \chi$ kandorddha β_ω kaṁthorddham β_2 kuṇḍovvo
 δ_2 **śaktiḥ/śaktir** cett.] śakti β_ω **94*5b** sūptā $\beta_1 \beta_2 \beta_\omega \varepsilon_3 \eta_1 \eta_2 \chi$] buddhā $\Gamma \delta_2 \varepsilon_2$ baddhā $\delta_1 \delta_3$
94*5c mūḍhānām cett.] mūrkhāṇām Υ_2

³³ Υ_1 has a sub-colophon marking the end of Chap. 3 after this verse (the 100th!). Chap. 4 contains only 29 verses, which are the remaining verses of the usual Chap. 3. Chap. 5 corresponds to the usual Chap. 4.

³⁴ This verse and the next one are transposed in ε_2 .

अम्भोधिशैलद्वीपानामाधारः शेषकुण्डली । (ab om. $\alpha_2 \alpha_3 \chi$)	
अशेषयोगतन्त्रापानामाधारः कुण्डली तथा ॥ (cd om. $\alpha_2 \alpha_3 \eta_1 \chi$) [cf. 3.1]	3.94*6
कुण्डली कुटिलाकारा सर्पवत्परिकीर्तिता ।	
सा शक्तिश्चालिता येन स मुक्तो नात्र संशयः ॥ (om. $\alpha_2 \alpha_3$) [= 4.59]	3.94*7
गङ्गायमुनयोर्मध्ये बालरण्डा तपस्विनी ।	
बलात्कारेण गृहीयात्तद्विष्णोः परमं पदम् ॥	3.95
इडा भगवती गङ्गा पिङ्गला यमुना नदी ।	
इडापिङ्गलयोर्मध्ये बालरण्डा सरस्वती ॥ ($\beta_2 \beta_\omega \gamma_2 \eta_1 \eta_2 \chi$)	3.95*1
पुच्छं प्रगृह्य भुजगीं सुप्तमुद्रोधयेदभीः ।	
निद्रां विहाय सा ऋज्वी ऊर्ध्वमुत्तिष्ठते हठात् ॥	3.96
परिस्थिता चैव फणावती सा	
प्रातश्च सायं प्रहरार्धमात्रं ।	
प्रपूर्य सूर्यात्परिधानयुक्त्या	
प्रगृह्य नित्यं परिचालनीया ॥ [#] (om. $\alpha_2 \alpha_3$)	3.96*1

94*6a ambhodhi cett.] om. $\alpha_2 \alpha_3 \chi$ **sailadvīpānām** $\beta_1 \beta_\omega \Gamma \epsilon_3 \eta_1 \eta_2$] **sailordvagānām** β_2 plaulad-vīpānām ϵ_2 dvīpaśailānām Δ om. $\alpha_2 \alpha_3 \chi$ **94*6b ādharah** cett.] ādharah γ_2 ādhāram ϵ_2 om. $\alpha_2 \alpha_3 \chi$ **94*6c tantrānām** cett.] jagatām η_2 om. $\alpha_2 \alpha_3 \eta_1 \chi$ **94*6d kuṇḍalī tathā** cett.] kuṇḍalī yathā δ_1 śeṣakuṇḍalī ϵ_3 om. $\alpha_2 \alpha_3 \eta_1 \chi$ **94*7a kuṭilākārā** $\beta_1 \beta_\omega \Gamma \Delta \epsilon_2 \chi$] kuṇḍilākārā ϵ_3 kuṇḍalākārā η_1 kuṭilākārī η_2 **95b bālarāṇḍā** cett.] bālarāṇḍām $\beta_1 \chi$ **tapasvini** cett.] tapasvini ϵ_2 tapaścāni δ_1 tapasvinīm χ sarasvatī $\beta_1 \beta_2$ **95*1d sarasvatī** $\beta_2 \beta_\omega \gamma_2 \eta_1 \eta_2$] ca kuṇḍalī χ **96a pucchaṃ** cett.] pucche $\delta_2 \eta_2 \chi$ **pragrhya** $\beta_1 \beta_2 \beta_\omega \Gamma \Delta \epsilon_2 \eta_2 \chi$] nigrhya ϵ_3 grhya η_1 **bhujagīm** $\beta_2 \gamma_2 \Delta$] bhujagī β_1 bhujamgī $\beta_\omega \gamma_1$ bhujamgīm η_2 bhujamgīva η_1 *illeg.* ϵ_2 **96b ud-bodhayed** $\beta_2 \beta_\omega \gamma_2 \delta_1 \delta_2 \epsilon_3 \eta_2$] udbodhayec $\eta_1 \chi$ udyodhayem δ_3 uddyotayed δ_3 udrodhyamed γ_1 udvdhoyed (sic!) β_1 *illeg.* ϵ_2 **abhiḥ** $\alpha_3 \Gamma$] abhī β_1 abhiḥ ϵ_3 api Δ ca tām $\beta_\omega \eta_1 \eta_2 \chi$ balāt β_2 *illeg.* ϵ_2 **96c rjvī** cett.] rjvīm γ_2 rjvīm $\alpha_3 \beta_2 \delta_1$ rijvīm β_1 rujvīm β_ω rajvī ϵ_2 śaktir χ **96d ūrdhvam** cett.] kurddham ϵ_2 **uttiṣṭhate** cett.] ākrṣyate ϵ_2 **haṭhāt** cett.] kṣaṇāt β_2 **96*1a paristhitā caiva** $\beta_2 \Gamma \Delta \epsilon_2$] paristhitasyaiva ϵ_3 paristhitā [sai]va η_1 pravistṛtasyava β_1 prṣṭisthitasyaiva β_ω avasthitasya η_2 avasthitā caiva χ **phaṇāvati sā** (kaṇā° γ_1) cett.] phaṇāvati sā δ_3 phaṇāryayāṃtiyaṃ η_2 **96*1b prātas ca sāyam** cett.] prātas tu sāyam ϵ_3 sāyam ca prātaḥ δ_2 **mātram** cett.] rātram $\beta_1 \beta_\omega$ **96*1c prapūrya** cett.] prapūrvva γ_1 prasūrya η_1 prasārya $\beta_1 \beta_2 \eta_2$ **sūryāt** $\beta_1 \beta_\omega \Gamma \epsilon_2 \epsilon_3 \eta_1 \chi$] sauryā δ_1 saudhā δ_3 saccāryya β_2 tesau δ_2 ryāṣṇut η_2 **paridhāna** cett.] paridhāya β_ω mavidhāna β_1 vidhāna β_2 **yuktyā** $\beta_1 \beta_2 \eta_2 \chi$] yuktā $\beta_\omega \Gamma \epsilon_2 \epsilon_3 \eta_1$ muktā Δ **96*1d nityaṃ paricālanīyā** $\beta_2 \chi$] niryāt paricālanīya $\beta_1 \beta_\omega$ niryāt paricālanīyāt ϵ_2 niryātya paricālanīyā *unm.* ϵ_3 niyāt° pavicalīnī sā γ_1 niryātya avicālinī sā $\gamma_2 \Delta$ teyā paricālanīy[ai] η_1 paricālanīyā η_2

वितस्तिप्रमितं दीर्घं विस्तारे चतुरङ्गुलम् ।

मृदुलं धवलं प्रोक्तं वेष्टनाम्बरलक्षणम् ॥ [= 3.33*5] (om. α₂ α₃)

3.96*2

³⁵वज्रासनस्थितो योगी चालयित्वा तु कुण्डलीम् ।

कुर्यादनन्तरं भर्त्री कुण्डलीमाशु बोधयेत् ॥

3.97

भानोराकुञ्चनं कुर्यात्कुण्डलीं चालयेत्ततः ।

मृत्युवक्रगतस्यापि तस्य मृत्युभयं कुतः ॥

3.98

नासादक्षिणमार्गवाहपवनो प्राणोऽतिदीर्घकृते

चन्द्राम्भःपरिपूरितामृततनुः प्राग्घण्टिकायास्तथा ।

सिञ्चन्कालविशालवह्निवशगान्ध्रून्ध्रनाडीगणां-

स्तत्कायं कुरुते पुनर्नवतरं जीर्णद्रुमस्कन्धवत् ॥[#] (om. α₁)³⁶

3.98*1

96*2a vitastipramitaṃ dirghaṃ β₂ΓΔη₂] vitastipramitaṃ dairghyaṃ β_ωε₂ vitastipramita-
dairghyaṃ ε₃η₁ vitastipramitaṃ divyaṃ β₁ ūrdhvaṃ vitastimātraṃ tu χ **96*2b vistāre** β₁Υ₂ε₂]
vistāraṃ β₂β_ωΥ₁Δε₃η₁η₂χ **96*2c mṛdulaṃ** cett.] mṛlaṃ δ₁ **dhavalaṃ** cett.] pavanaṃ δ₃
96*2d veṣṭanāmbara β₁ε₃η₁η₂] veṣṭanāṃvala Υ₂ vaṣṭanāṃcara Υ₁ε₂ vaṣṭanāmba β₂ vaṣṭanāṃ
ε₂ veṣṭatāṃvara β_ω veṣṭitāmbara χ veṣṭanādhāra Δ **97a vajrāsana** cett.] vajrāsane β₂χ
97b cālayitvā cett.] vārayitvā β₁ **tu** β₁ β₂ β_ωΓΔε₂] ca ε₃η₂χ *om.* η₁ **97c ante kuryād**
add. sūryabhedāt Υ₁δ₂δ₃ (as header δ₃) **kuryād** β₁ β₂ β_ωη₁η₂χ] sūryād Γδ₁δ₃ε₂ε₃ tathā δ₂
anantaraṃ cett.] vanara Υ₁ sūryāt δ₂ **bhastrīm** β₁ε₃η₂] bhastrī Υ₁Δ bhasrī Υ₂ bhastrī β_ωε₂
bhastrām β₂χ *illeg.* η₁ *om.* δ₂ **97d kuṇḍalim āśu bodhayet** cett.] *om.* δ₂ **98a bhānor**
cett.] bhānur β₁ *om.* δ₂ **ākuñcanaṃ kuryāt** cett.] ākuñcanaṃ pu(?)ryāt δ₁ ākuñcanaivaṃ η₁
ākuñcanaiva η₂ *om.* δ₂ **98b cālayet** cett.] bodhayet α₁ **tataḥ** cett.] tadā η₂ **98c mṛtyu**
cett.] mṛtyor η₂ **vaktra** cett.] vaktraṃ β_ω **98*1a dakṣiṇamārgavāhi** β₁β_ωΓε₂ε₃η₂χ]
dakṣiṇavāhimārga β₂ dakṣiṇavartmavāhi δ₂δ₃ paścimavartmavāhi δ₁ da..ṇa[vā]..mārgēṇa η₁
pavano β₂Υ₂Δ] pavanot ε₃ pavanāt β₁β_ωε₂η₁η₂χ pavana Υ₁ **prāṇe** Υ₁] prāṇo β₁β_ωε₂ε₃η₁η₂χ
ghrāṇe β₂Υ₂δ₂δ₃ ghrāṇo δ₁ ***tidirghikṛte** *em.*] tidirghikṛteś Υ₂ tidirghikṛtaś β_ωδ₂ε₃η₁χ
tidirghākṛtaś Υ₁ tidirghākṛtiś ε₂η₂ tirghikṛtiś (*kṛtaś *pc*?) δ₁ pi dirghikṛtaḥ β₁ na dirghikṛtaḥ β₂
ca dirghikṛtaś δ₃ **98*1b candrāmbhaḥ** β₂ε₃η₁η₂] candrāmbhaḥ Γχ candrāṃtaḥ Δ camdrāṃsāt
β₁ camdrāṃgāt β_ω camdrād[vā] ε₂ **paripūrītāmṛtatanuḥ** β₁β₂Γε₂η₂χ] paripūrītāmṛtatanuḥ
ε₃ paripūrītāmṛtyutanuḥ β_ω paripūrītā..... η₁ paripūrya pūrītatanuḥ Δ **prāg** cett.] prā
β₂δ₁ **tathā** β₂β_ωΥ₁δ₁δ₂ε₂η₂] pathā β₁ tataḥ δ₃χ tadā Υ₂ sadā ε₃ *illeg.* η₁ **98*1c siñcan**
em. (= Amaraughasāsaṇa)] chindan ε₂ε₃ chinḍat β₁ chaṃdaḥ β₂ chinṇat β_ωη₂ chittvā χ bhindan
Υ₂Δ bhidan Υ₁ *illeg.* η₁ **vahni** cett.] pāsa ε₃ *om.* Υ₁ **vaśagān** β_ωΥ₂δ₂η₁] vaśagāt η₂ vaśagā
δ₁δ₃ε₃ vaśanān ε₂ vaśagaṃ χ paramān β₁ pavanān β₂ **bhrū** cett.] bhū ε₃ tū Υ₁ bhrṃ β_ω prāg
η₂ **gaṇān/gaṇāms** cett.] gaṇāt η₂ gaṇān β₁ gataṃ χ **98*1d tat** β₂ε₂ε₃η₂χ] taṃ β₁β_ωΓΔη₁
jirṇa β₁ β₂ β_ωΥ₂δ₁δ₂] jirṇaṃ δ₃ε₂ chinna η₂χ chinnaṃ ε₃ kṛta η₁ bhasma Υ₁

³⁵ χ has 3.64 before this verse.

³⁶ In χ this verse is found after 3.102*1 together with the next one and has no commentary.

कुण्डलीं चालयित्वा तु कुर्याद्ब्रह्मीं विशेषतः ।

एवमभ्यस्यतो नित्यं यमिनः शङ्कते यमः ॥ (om. α_1)

3.98*2

तदाभ्यसेत्सूर्यभेदमुज्जारीं चापि शीतलीम् ।

एवमभ्यासयुक्तस्य यमस्तु यमिनः कुतः ॥ (om. $\alpha_1\chi$)

3.98*3

मुहूर्तद्वयपर्यन्तं निर्भरं चालनादसौ ।

ऊर्ध्वमाकृष्यते किञ्चित् सुषुम्णागतकुण्डली ॥ (cd om. Δ)

3.99

तेन कुण्डलिनी तस्याः सुषुम्णायाः समुद्धृता ।

जहाति तस्मात्प्राणोऽयं सुषुम्णां व्रजति स्वतः ॥ (om. Δ)

3.100

तस्मात्संचालयेन्नित्यं शब्दगर्भा^{*}मरुन्धतीम् ।

तस्याः संचालनेनैव योगी रोगैः प्रमुच्यते ॥ (om. Δ)

3.101

येन संचालिता शक्तिः स योगी सिद्धिभाजनम् ।

किमत्र बहुनोक्तेन कालं जयति लीलया ॥ (om. Δ)

3.102

98*2a ʔvā tu $\gamma_2\Delta\epsilon_2\chi$] ʔvācca γ_1 ʔvātha $\beta_1\beta_2\epsilon_3\eta_2$ ʔvādhaḥ β_ω illeg. η_1 **98*2b** kuryād bhas-
trīm $\beta_1\delta_2\delta_3\epsilon_3\eta_1$] kuryād bhastrī $\beta_\omega\delta_1\epsilon_2$ kuryād bhastrām η_2 bhasrī kuryād Γ bhastrām kuryād $\beta_2\chi$
98*2c abhyasyato $\eta_2\chi$] abhyasyatā β_ω abhyasya tām β_1 abhyasato $\delta_3\epsilon_3$ abhyāsato $\beta_2\Gamma\delta_1\delta_2\epsilon_2$
... syat. η_1 **98*2d** yaminaḥ śaṅkate yamaḥ cett.] yamino yamabhiḥ kutah χ **98*3a** tadāb-
hyaset $\beta_1\beta_\omega\Gamma\delta_2\epsilon_2\eta_1$] tadābhyasyet η_2 tad abhyaset $\beta_2\delta_1\epsilon_3$ tam abhyaset δ_3 sūryabhedam
cett.] sūryabhede ϵ_3 sūryabijam δ_3 **98*3b** ujjāyīm β_1 $\beta_2\beta_\omega\Gamma\delta_2\delta_3\eta_1\eta_2$] ujjāi ϵ_2 ujjāyām ϵ_3
ujrākhyām δ_1 cāpi cett.] vāpi ϵ_3 [vā].. η_1 api δ_1 **98*3c** yuktasya cett.] yogena η_2
98*3d yamas tu $\Gamma\Delta$] śramas tu ϵ_3 śamino $\beta_1\epsilon_2\eta_1$ śamano $\beta_2\beta_\omega\eta_2$ yaminaḥ cett.] yamina β_1
yaminam β_ω **99b** nirbharam $\Gamma\Delta$] nirbhayaś $\alpha_1\alpha_2\beta_1$ $\beta_2\beta_\omega\epsilon_3$ nirbhayaṁś ϵ_2 nirbhayaṁ $\eta_1\eta_2\chi$
cālanād asau $\alpha_1\alpha_2\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1\chi$] calanād asau Δ calanādiṣu β_1 vā diśodiśa η_2 **99c** ākr̥ṣyate
cett.] ākr̥te ϵ_3 om. Δ **99d** suṣumṇāgatakuṇḍalī $\beta_2\Gamma\epsilon_3$] suṣumṇā kuṇḍalīgatā $\alpha_2\epsilon_2$ suṣumṇā
kuṇḍalīgatāḥ α_1 + + + + [a][i][ga][taḥ] α_3 suṣumṇām kuṇḍalīgatām β_1 suṣumṇām kuṇḍalī gatā β_ω
suṣumṇāyām samudgatā χ suṣumṇāyāḥ samuddhṛtaḥ η_2 om. $\Delta\eta_1$ **100a** tena kuṇḍalinī tasyāḥ
 $\alpha_1\alpha_3\beta_1$ $\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_2\chi$] om. η_1 **100b** suṣumṇāyāḥ cett.] suṣumṇāyā $\alpha_1\alpha_3\beta_1$ $\beta_2\beta_\omega$ samud-
dhṛtā $\alpha_3\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1\eta_2$] samudbhutā α_1 mukham dhruvam $\beta_1\beta_2\chi$ **100c** jahāti cett.] na yāti
 η_2 **100d** svataḥ $\epsilon_3\eta_1\chi$] svanaḥ $\alpha_1\beta_1\beta_\omega\epsilon_2$ svayam $\alpha_2\beta_2\Gamma$ niścalaḥ η_2 **101a** tasmāt $\alpha_1\alpha_2\beta_1$
 $\beta_2\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2\chi$] kasmāt γ_1 **101b** śabdagarbhām $\alpha_2\beta_1$ $\beta_2\beta_\omega$] śabdagaṁdhām α_1 śamb-
hugarbhām $\Gamma\epsilon_2\epsilon_3$ suhasuptām χ suśasuptām η_2 illeg. η_1 arundhatim cett.] sarasvatīm $\beta_1\beta_2$
101c tasyāḥ $\alpha_1\alpha_2\beta_2\beta_\omega\epsilon_3\chi$] tasyām η_2 tasmāt β_1 yasyāḥ $\Gamma\epsilon_2$ [ya].. η_1 saṁcālanenaiva
 $\alpha_1\alpha_2\beta_1$ $\beta_2\beta_\omega\chi$] saṁcālanenāśu $\Gamma\epsilon_3$ saṁcālayenāśu $\epsilon_2\eta_2$... lanen... η_1 **101d** rogaiḥ/rogair
 $\alpha_1\alpha_2\beta_2\gamma_2\epsilon_2\epsilon_3\eta_1\chi$] [r]. air γ_1 rogoḥ β_ω rogāt $\beta_1\eta_2$ pramucyate $\alpha_1\alpha_2\beta_2\beta_\omega\eta_1\eta_2\chi$] pramucati
 β_1 vimucyate $\Gamma\epsilon_2\epsilon_3$ **102a** saṁcālītā $\alpha_3\beta_1$ $\beta_2\beta_\omega\gamma_1\epsilon_3\eta_1\eta_2\chi$] saṁcālītā ϵ_2 saṁcalatā α_1 sa cālita
 γ_2 **102b** siddhi $\alpha_1\beta_1$ $\beta_2\beta_\omega\epsilon_2\epsilon_3\eta_1\eta_2\chi$] siddha α_3 mukti Γ bhājanam cett.] bhājanah β_2
..janah η_1 **102d** jayati cett.] vrajati η_2

ब्रह्मचर्यरतस्यैव नित्यं हितमिताशिनः ।

मण्डलादृश्यते सिद्धिः कुण्डल्यभ्यासयोगतः ॥ (om. α_1)

3.102*1

अभ्यासनिःसृतां चान्द्रीं विभूत्या सह मिश्रयेत् ।

तद्वारणं तूतमाङ्गे दिव्यदृष्टिप्रदायकम् ॥ (om. $\Delta\chi$)³⁷

3.103

द्विसप्ततिसहस्राणां नाडीनां मलशोधने ।

कुतः प्रक्षालनोपायः कुण्डल्यभ्यासतो विना ॥ (om. $\alpha_1\beta_\omega$)

3.103*1

इति शक्तिचालनम् । ($\epsilon_2\epsilon_3\eta_1\eta_2$)

इति मुद्रा दश प्रोक्ता आदिनाथेन शम्भुना ।

एकैका तासु यमिनां महासिद्धिप्रदायिनी ॥³⁸

3.104

102*1a brahmacaryaratasyaiva $\Delta\eta_1\chi$] brahmacarye ca tasyaiva γ_2 brahmacatasyaiva γ_1 brahmacaryarataś caiva ϵ_2 brahmacaryavratasyaiva $\beta_\omega\epsilon_3$ brahmacaryāvatastaiva β_1 brahmacaryavratam β_2 brahmadharmaratasyaiva η_2 **102*1b** hitamitāśinah $\gamma_2\delta_3\chi$] *śini β_1 *śanaḥ $\beta_\omega\gamma_1\delta_1\epsilon_2$ *śanam β_2 *śanaḥ ϵ_3 mitahitāśinah (*śanaḥ δ_{2pc}) $\delta_2\eta_2$ *illeg.* η_1 **102*1c** maṇḍalād $\beta_2\gamma_2\delta_2\delta_3\epsilon_2\epsilon_3\chi$] maṇḍalā $\beta_1\beta_\omega\gamma_1\eta_2$ maṇḍali δ_1 *illeg.* η_1 **102*1d** kuṇḍalya $\beta_2\gamma_2\epsilon_3\chi$] kuṇḍalyā $\beta_\omega\delta_1\delta_3\epsilon_2\eta_2$ kuṇḍalā $\beta_1\delta_2$ kuṇḍali γ_1 *illeg.* η_1 **yogataḥ** $\beta_1\beta_2\Gamma\Delta\eta_1\eta_2$] yoginaḥ $\beta_\omega\epsilon_2\epsilon_3\chi$ **103a** abhyāsa $\alpha_1\beta_1\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1$] abhyāsān χ abhyāsā η_2 **niḥsrtām** $\beta_2\beta_\omega\epsilon_3\chi$] niḥsrtā η_1 niḥsritām η_2 nisr̥tām β_1 nisr̥tā α_1 nibh̥r̥tām ϵ_2 sahitām Γ **cāndrīm** $\alpha_1\beta_2\epsilon_2\eta_2\chi$] cāndri $\beta_\omega\epsilon_3\eta_1$ cāndrām β_1 candram Γ **103b** miśrayet $\epsilon_2\epsilon_3\eta_1\eta_2\chi$] miśritām $\beta_1\beta_2\beta_\omega$ miśritam α_1 micchayet γ_1 murchayet γ_2 **103c** taddhāraṇam $\beta_2\epsilon_2\epsilon_3$] taddhāraṇā Γ tadvāraṇam β_ω yadvāraṇam β_1 tad[v/dh].... η_1 tad dhārayed α_1 tām dhārayed η_2 dhārayed χ **tūttamāṅge** $\beta_1\beta_2\beta_\omega\epsilon_2\epsilon_3$] cottamāṅge γ_2 cottamāṅga γ_1 uttamāṅge $\alpha_1\eta_2$ uttamāṅgeṣu χ *illeg.* η_1 **103d** divya cett.] dirgha $\alpha_3\beta_1\beta_2\beta_\omega$ **dr̥ṣṭipradāyakam** $\alpha_1\alpha_3\beta_1\beta_2\beta_\omega\epsilon_2\epsilon_3\eta_1$] dr̥ṣṭipradāyini Γ dr̥ṣṭipradāyiniṁ η_2 dr̥ṣṭiḥ prajāyate η_1 **103*1a dvi** $\beta_1\beta_2\gamma_2\delta_2\epsilon_2\epsilon_3\eta_1\eta_2$] dvā $\gamma_1\delta_1\delta_3\chi$ **103*1b** śodhane $\eta_2\chi$] śodhanam $\beta_1\beta_2\Gamma\Delta\epsilon_2\epsilon_3\eta_1$ **103*1c** kutaḥ $\Delta\epsilon_3\chi$] kṛta ϵ_2 gudaḥ γ_2 guda $\eta_1\eta_2$ aṁtaḥ β_2 aṁtam β_1 *om.* γ_1 **prakṣālanopāyaḥ** $\gamma_2\Delta\epsilon_3\eta_2\chi$] *pāyam $\epsilon_2\eta_1$ prakṣālano vāyuh β_2 prajvālano vāyu β_1 *om.* γ_1 **103*1d** kuṇḍalyabhyāsato vinā γ_2] kuṇḍalyabhyāsato vinā $\gamma_1\Delta$ kuṇḍalyabhyasanād r̥te χ kuṇḍalyabhyasanād r̥te $\beta_2\epsilon_2\epsilon_3$ kuṇḍalibhyāsanād ate β_1 kuṇḍalyabhyāsa iṣyate η_2 ku.... [bhyā]..[mā].... η_1 **104a** daśa cett.] dabhā α_1 nava Δ **104c** ekaikā tāsu $\alpha_1\delta_2\delta_3\chi$] ekaikam tāsu α_3 ekaika tāsu ϵ_2 ekaiva tāsu δ_1 ekaikāpi su³⁷ Γ karaṇe sarva ϵ_3 kārāṇe sarva $\beta_1\eta_2$ kārāṇam sarva $\beta_2\beta_\omega$ ka....sarva η_1 **yaminām** $\alpha_1\alpha_3\Gamma\Delta\epsilon_2\chi$] siddhānām $\epsilon_3\eta_1\eta_2$ siddhinām $\beta_1\beta_2\beta_\omega$ **104d** mahāsiddhipradāyini $\alpha_1\Gamma\Delta\epsilon_2\chi$] mahāsiddhipradā + + α_3 ekaikāpi kṣamaiva sā $\beta_1\beta_2\beta_\omega\epsilon_3\eta_1\eta_2$ (η_1 partly illegible)

³⁷ χ has this verse in the Vajroli section, immediately after 3.92.

³⁸ Verse order of χ : 3.107 → 3.108 → 3.105 → 3.106 → 3.104

राजयोगं विना पृथ्वी राजयोगं विना निशा ।
राजयोगं विना मुद्रा विचित्रापि न राजते ॥

3.105

मारुतस्य विधिं सर्वं मनोयुक्तं समभ्यसेत् ।
इतरत्र न कर्तव्या मनोवृत्तिर्नीषिणा ॥

3.106

खिलापि[#] मध्यमा नाडी दृढाभ्यासेन योगिनाम् ।
आसनप्राणसंयाममुद्राभिः सरला भवेत् ॥

3.107

उपासने विनिद्राणां राजयोगः समुद्रकः ।[#]
रुद्राणी सा परा मुद्रा भद्रां सिद्धिं प्रयच्छति ॥ (om. ε₂) (cd om. α₂)

3.108

उपदेशं हि मुद्राणां यो धत्ते सांप्रदायिकम् ।
स एवास्तु गुरुः स्वामी साक्षादीश्वर एव सः ॥ (om. α₁)

3.108*1

तस्य वाक्यपरो भूत्वा योऽभ्यस्यति समाहितः ।
अणिमादिगुणैश्वर्यं जायते कालवञ्चनम् ॥ (om. α₁η₁)

3.108*2

105a prthvī cett.] prthvīm β₁η₂ siddhī ε₃ vṛddhir ε₂ **105b** niśā cett.] niśām η₂ nyathā
γ₁ **105d** rājate cett.] śobhate β₂χ **106a** mārutasya vidhiṃ cett.] mārutābhyasanam
ε₃η₁η₂ **sarvam** cett.] sarvām β₂ sarve α₁ siddhiṃ δ₂δ₃ kiṃcin η₂ **106b** samabhyaset
cett.] samācaret η₁η₂ **106d** manīṣiṇā α₁β₁β₂Γδ₁ε₃η₂χ] manīṣiṇām β_ωδ₂δ₃ε₂ ..[nī]..η. η₁
107a khilāpi α₁β₁ β₂ β_ωγ₂Δ] sthirāpi γ₁ calāpi ε₂ε₃ iyaṃ tu χ vināpi η₁η₂ **madhyamā**
cett.] madhyamām η₂ madhyānā[#] β₁ *illeg.* η₁ **nādi** cett.] ..ḍiṃ η₁ °ḍi ca β₁ **107b** yo-
ginām cett.] yoginā β₁β₂ yoginam β_ω yoginaḥ η₂ **107c** āsana α₁β₂β_ωδ₁δ₂η₂χ] āsanā β₁
āsanam Γδ₃ε₂ε₃η₁ **saṃyāma** α₁γ₁ε₂ε₃η₁χ] saṃyama β_ω saṃyāmair β₂δ₂δ₃ saṃyāmair η₂
saṃyāmai γ₂δ₁ saṃyāme β₁ **107d** saralā cett.] sakalā α₃ sabalā ε₃ śavalā ε₂ na calā δ₁
108a upāsane α₁α₂] upāsanam Γ upāsana α₃δ₁δ₃ tathāsana δ₂ abhyāse.. η₁ abhyāseṣu β₁ β₂
β_ωε₃ abhyāseṣu η₂ abhyāse tu χ **vinidrāṇām** cett.] hi mudrāṇām η₂ **108b** rājayogaḥ
ΓΔ] rājayoga α₁α₂α₃ anuddhṛta η₁ anuddhata ε₃ anudbhūta β₂ anudruta β₁ manudṛta β_ω mano
dhṛtvā χ tad udeti η₂ **samudrakaḥ** γ₂] samudravat α₁α₃ samudbhavān α₂ samūcakaḥ γ₁
samāhnaḥ δ₁ samāhnaḥ δ₃ samāhakaḥ δ₂ samādhinām β₂ε₃η₁ samādhinā η₂χ samādhīṣu
β₁β_ω **108c** rudrāṇi α₁α₃β₁ β₂ β_ωΓΔε₃χ] mudrāṇām η₁η₂ **sā** ΓΔ] cā α₁β₁ β₂ β_ωε₃η₁η₂ ca
α₃ vā χ **108d** bhadrām cett.] bhavām γ₁ mudrām β₁ mudrā β₂ sadā α₁ **prayacchati**
cett.] prayakṣati δ₁ **108*1a** upadeśam cett.] upadeśe η₁ upadeśo ε₂ **108*1b** dhatte β₁ β₂
β_ωγ₂Δε₂η₂] datte ε₃χ darte γ₁ ..[tte] η₁ **sāmpṛadāyikam** β₁β_ωΔγ₁η₂χ] °yikām ε₃ °yikaḥ
Γ °yakam ε₂ sāmpṛadāyakaḥ β₂ **108*1c** evāstu β₁γ₂Δε₂η₁] evastu β_ω eva śrī ε₃η₂χ evavāca
γ₁ vāstava β₂ **108*1d** eva cett.] eṣa ε₂ **saḥ** cett.] ca γ₁ **108*2a** bhūtvā ΓΔε₃χ] nityam
β₁ β₂ β_ωε₂η₂ **108*2b** yo'bhyasyati β₁Δε₃] yo bhyasati β₂ yo bhyaset su[#] γ₁ yo bhyaseta γ₂
yo bhyasena ε₂ yomabhyaset β_ω athābhyāsa η₂ mudrābhyāse χ **108*2c** guṇaiśvaram cett.]
guṇaiḥ sārḍham ε₃χ **108*2d** jāyate cett.] labhate η₂χ **vañcanam** Δχ] vañcanāt Γ vañcakaḥ
β₂β_ωε₂ε₃η₂ vañcakaḥ β₁

इति स्वात्मारामयोगीन्द्रविरचितायां हठप्रदीपिकायां तृतीयोपदेशः ॥ ३ ॥

* * *

List of Sigla

α_1	N3	Gr1	one folio is missing (3.84–3.98a)
α_2	J5	Gr1	consulted sporadically
α_3	G4	Gr1	damaged; collated only when available
α_4	N24	Gr1	
β_1	P11	Gr4b	
β_2	C6	Gr4b	contaminated with Gr3?
β_ω	V3	Gr6b	
γ_1	N23	Gr2	
γ_2	J7	Gr2	
δ_1	V19	Gr3	
δ_2	K3	Gr3	the Vajrolī section is lost
δ_3	C7	Gr3	one folio is missing (3.11d–3.19c)
δ_ω	J6	Gr6a	collated only for 3.32*1–33*19
ε_1	P15	Gr4c	lost after 3.13a
ε_2	N19	Gr4c	
ε_3	V15	Gr4c	3.49*2c–3.67 omitted; contaminated with Gr3?
ε_4	J11	Gr4c	collated only for 3.49*2–3.66 as substitute for ε_3
ε_ω	N26	Gr6c	collated only for 3.32*1–33*19
η_1	V1	Gr4d	
η_2	J10	Gr4d	
η_ω	N9	Gr6d	collated only for 3.32*1–33*19
χ	Jyo	Gr4a	Brahmānanda's version, based on the edition 1972

col iti svātmārāma $\gamma_1\eta_1$] iti śrīsvātmārāma β_ω ti śrīsadgurusvātmārāma α_1 ity ātmārāma η_2 iti śrīśahajānaṃdasamtānacimṭāmaṇīsvātmārāma (cimṭāmaṇīnā ε_3) $\gamma_2\varepsilon_2\varepsilon_3$ iti 'svā' (sic!) β_1 iti $\beta_2\Delta$ **yogīndra** $\beta_\omega\Gamma\eta_2$] yogēndra α_1 yoginā $\varepsilon_2\varepsilon_3\eta_1$ om. $\beta_1\beta_2\Delta$ **viracitāyām** $\alpha_1\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\eta_2$] om. $\beta_1\beta_2\Delta$ **haṭhapradīpikāyām** $\alpha_1\beta_\omega\gamma_2\delta_3\varepsilon_2\varepsilon_3\eta_1\eta_2$] śrīhaṭhapradīpikāyām $\beta_2\delta_2$ haṭhayogavidyāyām δ_1 ha' (sic!) β_1 om. γ_1 ante **tr̥tiyo°** add. mudrāvidhānam ε_3 **tr̥tiyopadeśaḥ** $\alpha_1\beta_1$ $\beta_2\beta_\omega\gamma_2\varepsilon_2\varepsilon_3$] tr̥tiya upadeśaḥ δ_1 tr̥tiyoyam upadeśaḥ $\delta_2\delta_3$ tr̥tiyo dhyāyaḥ $\eta_1\eta_2$ caturthopadeśa γ_1 (cf. fn. ³³)