सशैलवनधात्रीणां यथाधारोऽहिनायकः ।
सर्वेषां योगतन्त्राणां तथाधारो हि कुण्डली ॥   3.1

सुप्ता गुरुप्रसादेन यदा जागर्ति कुण्डली ।
तदा सर्वाणि पद्मानि भिद्यन्ते ग्रन्थयोऽपि च ॥   3.2

प्राणस्य शून्यपदवी¹ तदा राजपथायते ।
तदा चित्तं निरालम्बं तदा कालस्य वञ्चनम् ॥ (bcd om. ε₁ε₂ε₃) [eye-skip]   3.3

शून्यपदवीति किम् । (om. β_ωδ₁ε₁ε₂ε₃η₁χ)

सुषुम्णा शून्यपदवी ब्रह्मरन्ध्रमहापथः । (a om. ε₁ε₂ε₃)
श्मशानं शांभवी मध्यमार्गश्चेत्येकवाचकाः ॥   3.4

तस्मात्सर्वप्रयत्नेन प्रबोधयितुमीश्वरीम् ।
ब्रह्मद्वारमुखे सुप्तां मुद्राभ्यासं समाचरेत् ॥   3.5

1a saśaila cett.] saśaile β_ω śaila α₂ *lost* δ₂   **vana** cett.] vane γ₁ *lost* δ₂   **dhātrīṇāṃ** cett.]
dhātṛṇāṃ β₁β₂ dhātraṇāṃ α₂ *lost* δ₂   **1b yathādhāro** cett.] *lost* δ₂   **'hināyakaḥ** cett.] hi
nāthakaḥ α₂ himālayaḥ γ₂ *lost* δ₂   **1c sarveṣāṃ** cett.] *lost* δ₂   **yoga** cett.] haṭha B *lost*
δ₂   **tantrāṇāṃ** cett. (δ₂ ₛ.ₗ.)] śāstrāṇā δ₂ i.t.   **2b yadā jāgarti kuṇḍalī** α₁α₂β₁β_ωε₃η₂χ] yathā
jāgarti kuṇḍalī β₂ε₁ε₂η₁ bodhitā sukhadā bhavet ΓΔ   **2c tadā** α₁BΓε₃χ] tathā α₂α₃Δε₁ε₂η₁η₂
sarvāṇi padmāni cett.] padmāni sarvāṇi η₂ pi sarvapadmāni δ₁   **3a prāṇasya** cett.] praṇasya
α₂ praṇamya δ₂ε₂ praṇavasya β₁ prāṇa β₂   **padavī** cett.] padavīm δ₂ε₂ε₃   **3b tadā**
α₁α₂β_ωΓη₂χ] tathā β₁β₂Δ yathā η₁   **rājapathāyate** cett.] rājapadāyate η₁ *om.* α₂   **3c tadā**
α₁α₂β₁β₂^{ac}β_ωγ₂η₂χ] tathā β₂^{gc}δ₁δ₃η₁ yathā δ₂ yadā γ₁   **3d tadā** α₁α₂BΓη₂χ] tathā Δη₁   **head-
ing: śūnyapadavīti kim** α₁β₁β₂Γδ₂δ₃] atha śūnyapadavīm iti kim ucyate η₂ punyapadavīti α₂
4b randhra α₂γ₁η₁] randhram cett.   **pathaḥ** α₃ε₁η₁η₂χ] pathaṃ α₂BΓΔε₂ pathāḥ α₁ε₃
4c śmaśānaṃ cett.] śmaśāne δ₁ śmaśānī γ₂δ₂δ₃ aiśānī γ₁   **madhya** Aβ₁Γδ₁δ₃ε₁ε₃χ] mad-
hyam β₂β_ωη₁η₂ madhye ε₂ mudrā δ₂   **4d mārgaś cety eka** cett.]   mārge vety eka η₁ mār-
gapratyeka ε₂ mārgaḥ śūnyeva δ₂δ₃   **vācakāḥ** γ₂η₂χ] vācakā γ₁ vācakaḥ α₁β₂ vācaka β_ω
vācakaṃ α₂β₁Δε₁ε₂ε₃η₁   **5b prabodhayitum** (yī α₁) α₁Γε₁ε₃η₂χ] prabodhayatum α₂β₂β_ωε₂η₁
prabodhayatām β₁ tāṃ bodhayituṃ Δ   **īśvarīṃ** cett.] īśvarī α₂β_ωγ₁ε₂ īśvaram β₁δ₁   **5c dvāra**
cett.] dvāraṃ β₁ dvāre ε₁ε₂   **mukhe** cett.] mukha γ₁ sukhe ε₁   **suptāṃ** cett.] suptā α₃δ₂
supto β_ω   **5d bhyāsaṃ samācaret** cett.] bhyāse samācaret α₂ bhyāsena bodhayet β₂ΓΔ

¹ ε₁ε₂ε₃ jump to शून्यपदवी in the next verse.

महामुद्रा महाबन्धो महावेधश्च खेचरी ।
उड्डीयाणं मूलबन्धो ततो जालंधराभिधः ॥ (bc om. δ_1)												3.6

करणी विपरीताख्या वज्रोली शक्तिचालनम् ।
इदं मुद्रादिदशकं जरामरणनाशनम् ॥ (cd om. β_1)												3.7

आदिनाथोदितं दिव्यमष्टैश्वर्यप्रदायकम् ।[2]
वल्लभं सर्वसिद्धानां दुर्लभं मरुतामपि ॥												3.8

गोपनीयं प्रयत्नेन यथा रत्नकरण्डकम् ।
कस्यचिन्नैव वक्तव्यं कुलस्त्रीसुरतं यथा ॥												3.9

वज्रोलीरमरोली च सहजोली त्रिधा मताः ।
एतेषां लक्षणं वक्ष्ये कर्तव्यं च विशेषतः ॥ ($\beta_2\beta_\omega\eta_2$)												3.9*1

तत्र महामुद्रा । (om. $\alpha_1\alpha_3\gamma_2\delta_3$)

पादमूलेन वामेन योनिं संपीड्य दक्षिणम् ।
पादं प्रसारितं धृत्वा कराभ्यां पूरयेन्मुखे# ॥												3.10

6c uḍḍīyāṇaṃ $\alpha_1^{pc}\gamma_2\varepsilon_2$] uḍḍīyānaṃ α_1^{ac} uḍḍiyānaṃ $\gamma_1\delta_2\delta_3\eta_2$ udiyānaṃ β_2 udiyāṇaṃ $\alpha_2\beta_\omega$ uḍḍīyāṇo η_1 uddhriyānaṃ β_1 uḍyānaṃ χ udyāṇa $\varepsilon_1\varepsilon_3$ *om.* δ_1 **mūlabandho** $\Gamma\delta_2\delta_3$] mūlabandhas β_2 mūlabandhaḥ η_2 mūlabandha $\beta_1\beta_\omega$ mūlabandhaṃ α_1 mahābandhaṃ α_2 mūlabandhaś ca $\varepsilon_1\varepsilon_2\varepsilon_3\chi$ mūlabandhāś ca η_1 *om.* δ_1 **6d tato** $\alpha_1\alpha_2 B\varepsilon_1\varepsilon_3\eta_2$] bandho $\alpha_3\gamma_2\Delta\varepsilon_2\eta_1\chi$ bandhā γ_1 **jālaṃdharā** cett.] jālāṃdharā $\alpha_1\beta_1$ jālaṃjarā η_1 **7a karaṇī** cett.] karaṇaṃ $\alpha_3\beta_1$ **viparītākhyā** cett.] viparītākhyaṃ $\alpha_3\varepsilon_2$ viparītā syāt β_1 viparītāni ε_1 **7b vajrolī** cett.] vajrālī α_1 varjālī ε_1 vajroli ε_3 vajro δ_1 **7c idaṃ mudrādi** $\alpha_1\alpha_2$] idaṃ tu mudrā $\varepsilon_1\varepsilon_2$ idaṃ ca mudrā $\beta_\omega\varepsilon_3\eta_1\eta_2$ idaṃ hi mudrā χ etad dhi mudrā $\beta_2\Gamma\Delta$ **7d maraṇa** cett.] marṇavi β_ω maṇa γ_1 **nāśanam** cett.] varjitaṃ Δ **8a ādinātho** cett.] ādīśvaro $\delta_1\delta_3$ ādyeśvaro δ_2 **divyam** cett.] sarvaṃ η_2 **8b pradāyakam** cett.] phalapradaṃ β_2 **8c siddhānāṃ** cett.] siddhīnāṃ α_1 vidyānāṃ $\alpha_3\varepsilon_3$ **8d marutām** cett.] mahatām β_2 **9c vaktavyaṃ** cett.] vaktavyā η_1 kartavyaṃ $\beta_\omega\varepsilon_1$ **9d kulastrīsurataṃ** cett.] kulastrīṣu rataṃ η_1 kulastrīyasukhaṃ β_1 kulastrīsukharataṃ *unm.* β_ω **yathā** cett.] tathā $\alpha_2\eta_2$ **9*1a vajrolīr** (r as a hiatus bridge) $\beta_\omega\eta_2$] vajrolī tv β_2 **amarolī** β_2] amarolīś β_ω amaroliś η_2 **9*1b sahajolī** $\beta_2\beta_\omega$] sahajolis η_2 **matāḥ** β_2] mataḥ η_2 magaḥ β_ω **9*1c eteṣāṃ** $\beta_\omega\eta_2$] etāsāṃ β_2 **heading: tatra mahāmudrā** $\alpha_2\beta_1\eta_1\eta_2$] tatha mahāmudrā β_2 tatra mahāmudrā yathā ε_1 atha mahāmudrā $\beta_\omega\gamma_1\varepsilon_2\chi$ atha tatra mahāmudrā ε_3 mahāmudrā $\delta_1\delta_2$ *om.* $\alpha_1\alpha_3\gamma_2\delta_2\delta_3$ **10b yoniṃ** cett.] yoni $\alpha_1\alpha_2\beta_\omega$ yoniḥ ε_2 **saṃpīḍya dakṣiṇam** cett.] pīḍya dakṣiṇam $\varepsilon_1\varepsilon_2$ saṃpīḍaye kṣaṇam α_2 **10c pādaṃ** cett.] pāda $\alpha_2\eta_2$ padaṃ β_ω prasā° χ **prasāritaṃ** cett.] prasaritaṃ β_ω prasāditaṃ η_1 °ritaṃ padam χ **dhṛtvā** $\gamma_2\delta_2\delta_3\varepsilon_3\eta_1\eta_2$] kṛtvā $\alpha_1\alpha_2 B\gamma_1\delta_1\varepsilon_1\varepsilon_2\chi$ **10d pūrayen** cett.] pūrayet δ_2 dhārayen η_2 dhārayed χ **mukhe** $\alpha_1\alpha_2\beta_1\beta_\omega\varepsilon_2$] mukham $\beta_2\Gamma\delta_1\delta_3\varepsilon_1\varepsilon_3\eta_1\eta_2$ sukham δ_2 dṛḍhaṃ χ

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[2] In ε_3 this hemistich is found after pādas ab of the next verse.

कण्ठे बन्धं समारोप्य धारयेद्वायुमूर्ध्वतः ।
यथा दण्डाहतः सर्पो दण्डाकारः प्रजायते ॥   3.11

ऋज्वीभूता तथा शक्तिः कुण्डली सहसा भवेत् ।
तदासौ मरणावस्था जायते द्विपुटाश्रिता# ॥   3.12 − δ₃

³ततः शनैः शनैरेव रेचयेन्न तु वेगतः ।
इयं खलु महामुद्रा महासिद्धैः प्रदर्शिता ॥ [ε₁ lost after 3.13a]   3.13 − δ₃ε₁

महाक्लेशादयो# दोषा हीयन्ते मरणादयः ।
महामुद्रां च तेनैव वदन्ति विबुधोत्तमाः ॥ (cd om. δ₁δ₂)   3.14 − δ₃ε₁

11a kaṇṭhe cett.] kaṇṭha $\beta_\omega \delta_1 \delta_3 \varepsilon_2$ **bandhaṃ** $\alpha_2 \alpha_3 \beta_1 \gamma_2 \delta_1 \varepsilon_1 \varepsilon_3 \eta_2 \chi$] bandha $\beta_2 \beta_\omega \gamma_1 \eta_1$ bandhaḥ ε_2 bandhe δ_2 budha α_1 madhye δ_3 **11b dhārayed** cett.] dhānayed δ_1 **11c yathā** cett.] pathi η_1 **daṇḍāhataḥ** $\alpha_1 \alpha_3 \beta_1 \beta_\omega \varepsilon_1 \varepsilon_3 \eta_2$] daṇḍahataḥ $\alpha_2 \beta_2 \Gamma \Delta \varepsilon_2 \eta_1 \chi$ **11d daṇḍākāraḥ** cett.] daṇḍakāraḥ $\Gamma \varepsilon_2$ **prajāyate** cett.] prayujyate η_1 *om.* δ_3 (lost up to 3.19c saṃsthāpya; one folio missing)   **12a r̥jvībhūtā** $\beta_1 \gamma_2 \delta_1 \delta_2 \varepsilon_3 \eta_1 \eta_2 \chi$] r̥jvībhūtvā β_2 rujvībhūtvā $\alpha_1 \beta_\omega$ rajvībhūtā ε_2 rajvībhū α_2 vajrībhūtā ε_1 r̥_bhūtrā γ_1 **tathā** cett.] yathā ε_2 **śaktiḥ** cett.] śakti $\beta_1 \beta_\omega \delta_1 \varepsilon_2 \eta_1$ **12c tadāsau** $\alpha_1 \alpha_2 B \Gamma \varepsilon_1 \varepsilon_2 \eta_1$] tathāsau $\delta_1 \delta_2$ tadā sā $\alpha_3 \varepsilon_3 \eta_2 \chi$ **maraṇā** cett.] maraṇa ε_1 maraṇī η_1 ramaṇā β_ω maṇā η_2 **vasthā** cett.] vasthāṃ $\gamma_2 \delta_1 \delta_2 \eta_1$ sthā ε_1 **12d jāyate** cett.] yāyate ε_1 harate $\Gamma \delta_1 \delta_2$ **dvipuṭā** $\alpha_1 \alpha_2 B \delta_1 \delta_2 \eta_1 \eta_2 \chi$] dvipūtā γ_1 nr̥puṭā $\varepsilon_1 \varepsilon_2$ triputā $\alpha_3 \varepsilon_3$ vapurā γ_2 °**śritā** $\alpha_1 \alpha_2 \beta_1 \beta_\omega \varepsilon_2 \eta_2$] śrayā $\delta_1 \delta_2 \chi$ śrayāṃ γ_2 śrayī γ_1 śrayaḥ α_3 [śr]i.. η_1 smr̥tā ε_1 sanāṃ ε_3 hi sā β_2 **13a śanaiḥ śanair eva** cett.] śanaiḥ śanair yeca γ_1 **13b recayen** cett.] recayan ε_2 **na tu** cett.] tanu δ_2 na ca β_ω naiva χ **13c iyaṃ** cett.] idaṃ β_ω **13d siddhaiḥ** cett.] siddhiḥ $\varepsilon_2 \varepsilon_3$ **pradarśitā** $\alpha_2 \chi$] pradarśanā α_1 praśasyate cett. prajāyate ε_2 **14a mahā** cett.] mahān η_2 mahata α_2 **kleśādayo** $\alpha_1 \alpha_3 \beta_2 \beta_\omega \eta_1 \eta_2 \chi$] kleśā yato γ_2 kleśa yato γ_1 kleśāyatā β_1 kleśa yathā ε_2 kleśa yathā ε_3 kleśa mahā $\delta_1 \delta_2$ kuśodayo α_2 **doṣā** cett.] doṣāḥ $\eta_2 \chi$ doṣa γ_2 *om.* α_2 **14b hīyante** α_1] hrīyaṃte α_2 kṣīyante $\beta_\omega \eta_2 \chi$ jīryante $\alpha_3 \beta_1 \beta_2 \Gamma \delta_1 \delta_2 \eta_1$ jīyaṃte ε_3 jāyante ε_2 **14c mudrāṃ** $B \varepsilon_3 \eta_2 \chi$] mudrā $A \Gamma \varepsilon_2 \eta_1$ *om.* $\delta_1 \delta_2$ (Pādas c–d omitted)   **ca** cett.] tu α_1 **tenaiva** cett.] tenai γ_1 tenetāṃ ε_3 *om.* $\delta_1 \delta_2$ **14d vibudhottamāḥ** cett.] vibudhottamā $\beta_1 \beta_\omega$ vibudhottamaḥ $\alpha_1 \alpha_2$ vividhottamāḥ γ_2 *om.* $\delta_1 \delta_2$

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³ $\delta_1 \delta_2$ have a different order for the following 4 verses: $16 \to 15 \to 13 \to 14$.

  ε_1 is lost after ततः शनैः शनै.

चन्द्राङ्गे तु समभ्यस्य सूर्याङ्गे पुनरभ्यसेत् ।
यावत्तुल्या भवेत्संख्या ततो मुद्रां विसर्जयेत् ॥ (cd om. ε_3)   3.15 – δ_3

न हि पथ्यमपथ्यं वा रसाः सर्वेऽपि नीरसाः ।
अपि भुक्तं विषं घोरं पीयूषमिव जीर्यते ॥   3.16 – δ_3

क्षयकुष्ठगुदावर्तंगुल्माजीर्णपुरोगमाः ।
तस्य दोषाः क्षयं यान्ति महामुद्रां तु योऽभ्यसेत् ॥ (om. β_1)   3.17 – δ_3

कथितेयं महामुद्रा महासिद्धिकरी नृणाम्# ।
गोपनीया प्रयत्नेन न देया यस्य कस्यचित् ॥ (om. β_1)   3.18 – δ_3

अथ महाबन्धः । (om. β_1)

पार्ष्णिं वामस्य पादस्य योनिस्थाने नियोजयेत् ।
वामोरूपरि संस्थाप्य दक्षिणं चरणं तथा ॥[4] (cd om. β_1)   3.19 – δ_3

15a candrāṅge cett.] cāndrāṅge η_1 candrāṃgaṃ ε_2 candrāṃśaṃ $\delta_1\delta_2$ caṃdrāṃśe β_1 **tu** cett.] ca η_2 **15b sūryāṅge** cett.] sūryāṅge° η_1 sūryāṃgaṃ ε_2 sūryāṃśaṃ $\delta_1\delta_2$ **punar abhyaset** $\alpha_1\alpha_2\mathrm{B}\Gamma\eta_2\chi$] tu samabhyaset $\delta_1\delta_2\varepsilon_2\varepsilon_3$ °ṣu samabhyaset η_1 **15c yāvat** cett.] ye ca β_1 **tulyā** $\alpha_1\alpha_2\mathrm{B}\Gamma\varepsilon_2\eta_1\chi$] saṃkhyā η_2 tayor $\delta_1\delta_2$ *om.* ε_3 **bhavet** cett.] bhavat $\gamma_2\eta_1$ *om.* ε_3 **saṃkhyā** $\alpha_1\alpha_2\mathrm{B}\Gamma\eta_1\chi$] saṃkṣā ε_2 sāmyaṃ $\delta_1\delta_2$ tulyā η_2 *om.* ε_3 **15d visarjayet** cett.] vivarjayet $\beta_1\beta_\omega$ visarpayet δ_1 *om.* ε_3 **16a na hi pathyam apathyaṃ vā** cett.] nāpathyaṃ na hi pathyaṃ ca η_2 na hi madhyaṃ vā (3 akṣaras missing) ε_2 **16b 'pi** cett.] hi δ_1 **16c api bhuktaṃ** cett.] api muktaṃ γ_1 ahimuktaṃ $\varepsilon_2\varepsilon_3$ api viṣaṃ β_1 **viṣaṃ ghoraṃ** cett.] ghora bhuktaṃ β_1 **16d pīyūṣam** cett.] piyuṣam $\alpha_2\beta_\omega$ **iva** cett.] api $\beta_1\delta_2$ **jīryate** cett.] jīryati $\Gamma\chi$ jāyate α_2 **17a kuṣṭha** cett.] kuṣṭhaṃ $\alpha_2\eta_1$ **gudā** cett.] mudā $\delta_1\varepsilon_2\varepsilon_3$ **17b gulmājīrṇa** cett.] gulmajīrṇa $\alpha_2\beta_2\delta_1$ gulmaplīha Γ **purogamāḥ** cett.] purogamā $\alpha_2\beta_\omega$ jvarās tathā $\delta_1\delta_2$ **17c tasya doṣāḥ** cett.] doṣāḥ sarve $\eta_1\eta_2$ **17d tu yo'bhyaset** cett.] yo bhyaset δ_2 ca yo bhyaset $\beta_2\varepsilon_3$ yo«ma»bhyaset β_ω **18a kathiteyaṃ** cett.] kathitoyaṃ $\alpha_2\beta_\omega\varepsilon_2$ **18b mahāsiddhikarī nṛṇām** $\alpha_3\beta_\omega\varepsilon_2\varepsilon_3\eta_1\eta_2\chi$] jarāmṛtyuvināśinī $\alpha_1\beta_2\Gamma\delta_1\delta_2$ nṛṇāṃ mṛtyuvināśinī α_2 **18c gopanīyā** cett.] gopanīyaṃ $\alpha_2\beta_\omega\varepsilon_2$ gopanīyāṃ η_2 **18d deyā** cett.] deyaṃ β_ω **heading: atha** cett.] *om.* $\Gamma\delta_2$ **19a pārṣṇiṃ** $\alpha_1\alpha_3\delta_1\delta_2\varepsilon_3\eta_1\chi$] pārṣṇi $\alpha_2\mathrm{B}\gamma_2\varepsilon_2\eta_2$ yāṣi γ_1 **vāmasya** cett.] bhāgena η_2 **19b niyojayet** cett.] yojayet ε_2 **19d dakṣiṇaṃ** cett.] dakṣaṇaṃ $\alpha_2\beta_\omega$ **tathā** cett.] tataḥ δ_3

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[4] In $\varepsilon_2\varepsilon_3$ this and the following two hemistiches are found after 3.22ab. Probably they were omitted by eye-skip due to नियोजयेत् and inserted at a wrong place.

पूरयित्वा मुखे वायुं हृदये चिबुकं दृढम् ।
निभृत्य योनिमाकुञ्च्य मनो मध्ये नियोजयेत् ॥ (om. β₁)   3.20

धारयित्वा यथाशक्ति रेचयेदनिलं शनैः ॥
सव्याङ्गे च समभ्यस्य दक्षिणाङ्गे समभ्यसेत् ॥ (cd om. Δ)⁵   3.21

मतमत्र तु केषांचित् कण्ठबन्धं विसर्जयेत् ।
राजदन्तबिलं तत्र# जिह्वयोत्तम्भयेदिति ॥⁶ (om. α₁α₂Δ)   3.22

अयं खलु महाबन्धो महासिद्धिप्रदायकः ।
कालपाशमहाबन्धविमोचनविचक्षणः ॥⁷ (cd om. α₁)   3.23

अयं च सर्वनाडीनामूर्ध्वंगतिविबोधकः । (ab om. α₂)
त्रिवेणीसंगमं धत्ते केदारं प्रापयेन्मनः# ॥   3.24

20a mukhe α₁α₂β₂ΓΔ] tato β_ωη₁η₂χ tathā ε₂ε₃   **vāyuṃ** cett.] vāyu α₂β_ωΓ   **20b cibukaṃ**
cett.]   sasvanaṃ ε₃ svasanaṃ ε₂   **dṛḍham** cett.]   tathā β₂   **20c nibhṛtya** α₁β_ω] nibhṛ-
taṃ β₂ nivṛtya ε₂ε₃ niṣ-/niḥpīḍya ΓΔη₁χ nikṣipya η₂ nitya α₂   **ākuñcya** cett.] samākuñcya
α₂   **21a dhārayitvā yathāśakti** β₂Γη₁χ] dhārayitvā yathāśaktyā β₁β_ωε₃η₂ cālayitvā yathāśaktyā
ε₂ recayec ca śanair eva (tu for ca δ₂) α₁α₂Δ vased evaṃ mahābaṃdho α₃   **21b recayed anilaṃ
śanaiḥ** BΓε₂ε₃η₁η₂χ] recayec ca śanaiḥś śanaiḥ α₃ mahābandho'yam ucyate α₁α₂Δ   **21c ca sam-
abhyasya** α₁γ₂ε₂ε₃η₁η₂] tu samabhyasya α₂χ pūrvam abhyasya B *om.* γ₁   **21d dakṣiṇāṅge sam°**
β₂ε₃η₁] dakṣāṅge ca sam° α₁α₂ε₂ dakṣacāṃge sam° α₂ sam° γ₁ dakṣāṅge punar α₃β_ωγ₂χ dakṣiṇāṅge
punar β₁ dakṣiṇe punar η₂   **22a matam atra** cett.] matam etat η₁ matāntare β_ω matārettā-
maṃtra η₂   **tu** cett.] ca Γ   **22b kaṇṭhabandhaṃ** cett.] kaṇṭhe bandhaṃ α₃η₂ kaṃdhayam
γ₁   **visarjayet** α₃β₁β_ωε₂ε₃] vivarjayet η₁η₂χ tu varjayet β₂Γ   **22c rājadantabilaṃ tatra** β₂]
rājadantabilaṃ jatra β_ω virājaṃti bilaṃ tatra β₁ rājadantabalaṃ haṃti ε₂ε₃ rājadantadvayaṃ tatra
Γ rājadantasthajihvāyā(ṃ) η₁χ rājadantasya jihvāyāṃ η₂   **22d jihvayottambhayed** β₂ε₂ε₃] ji-
hvayottaṃbhayed β_ωΓ jihvādaṃ staṃbhayed β₁ bandhaś ca staṃbhayed η₁ bandhaḥ śasto bhaved
η₂χ   **iti** BΓε₂ε₃χ] dhitaḥ η₂ dhi tat η₁   **23a ayaṃ** cett. incl. α₃] asaṃ α₂ amuṃ α₁   **khalu**
cett.]   ṣalu β_ω kila η₁η₂ yogo α₃ yogī α₂ yoga α₁   **bandho** cett.] bandhaḥ η₂ bandhaṃ
α₁   **23b mahā** cett.] sahā γ₁ sarva η₂   **pradāyakaḥ** cett.] pradāyakaṃ α₁   **23c pāśa**
cett.] pāśaṃ γ₁   **bandha** cett.] bandho γ₁ baddho ε₂   **23d vimocana** cett.] mocayec ca β_ω
vicakṣaṇaḥ cett.] °na β₁ °naṃ β_ω kṛtakṣayaḥ α₃   **24a ca** cett.] tu ΓΔχ   **24b ūrdhvaṃ** cett.]
ūrdhva α₁η₁γ₁χ   **gativibodhakaḥ** α₁β₁β_ωε₃η₁η₂] gatinibodhakaḥ ε₂ gatinirodhakaḥ χ gaman-
abodhakaḥ β₂ΓΔ   **24d prāpayen manaḥ** cett.] prāpaye naraḥ η₁ prāpaye naraṃ ε₂ prāpyate
naraḥ α₂

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⁵ A have this hemistich after 3.23.

⁶ In ε₂ε₃ the 2nd hemistich is found betweem 3.28 and 3.29.

⁷ χ has a different verse order: 3.24ab → 3.23abcd → 3.24cd.

रूपलावण्यसंपन्ना यथा स्त्री पुरुषं विना ।
महासुद्रामहाबन्धौ निष्फलौ वेधवर्जितौ ॥ (cd om. ε3)　　　　3.25

अथ महावेधः । (om. α1β1δ1)

महाबन्धस्थितो योगी कृत्वा पूरकमेकधीः ।
वायूनां गतिमावृत्य निभृतं# कण्ठमुद्रया ॥　　　　3.26

समहस्तयुगो भूमौ स्फिजौ संताडयेच् छनैः ।
पुटद्वयं समाक्रम्य वायुः स्फुरति सत्वरं ।
बन्धेनानेन योगीन्द्रः साधयेत्सर्वमीप्सितम् ॥ (Γ)　　　　3.27

सोमसूर्याग्निसंबन्धो# जायते चामृताय वै# ।
मृतावस्था समुत्पन्ना ततो मृत्युभयं कुतः# ॥　　　　3.28

25a saṃpannā cett.] saṃpannaṃ η2 saṃpanū α2 saṃpattī γ1 saṃyuktā δ1　　**25b strī puruṣaṃ** cett.] nārī patiṃ δ1　　**25c bandhau** β2γ2Δχ] bandho α1α2β1βωγ1ε2η2 bandha η1 *om.* ε3　　**25d niṣphalau** β2γ2Δη2χ] niṣphalo β1γ1 niṣkalaḥ α2 niṣkalā α1 mahābaṃdha ε2 mahāvedha βωη1 *om.* ε3　　**vedhavarjitau** β2ΓΔχ] vedhavarjitaḥ α2β1 vedhavarttina α1 vedhavarttitau η2 vinā tathā ε2η1 vinānyathā βω *om.* ε3　　**heading: atha mahāvedhaḥ** βωε3η2χ] found before 3.25 β2δ3ε2 mahāvedhaḥ (found before 3.25) Γδ2 iti mahābandhaḥ η1 atha mahābaṃdhaḥ (found after 3.26ab) α2 *om.* α1β1δ1　　**26a mahābandha** Aε2ε3η1χ] mahābandhaḥ (followed by a double daṇḍa and corrected to °vedhaḥ) γ2 mahābandho β1γ1 mahāvedhe β2Δ mahāvedha βωη2　　**sthito** cett.] sthite γ1 sthitau η2　　**26b ekadhīḥ** β2γ2ε3η1χ] ekadhī α1 edhakī β1 ekadhā δ1ε2 ekadhaḥ α3 ekayā δ2δ3 eva dhīḥ γ1 eva dhī βω eva ca dhā α2　　**26c vāyūnāṃ** β1γ2Δε3χ] vāyūnāṃ η1 vāyunā Aβ2βωγ1ε2η2　　**gatim āvṛtya** cett.] gatim ākṛṣya α2γ1ε3　　**26d mudrayā** cett.] mudrāyā η2　　**27a samahasta** cett.] samahāsta α1 samahastā η2 samahaste γ1 samau hasta β2 nyastahasta α2　　**yugo** β1βωγ1δ1η2χ] yugau β2γ2δ2δ3ε3η1 yuge α1ε2 yuga α2　　**27b sphijau** α1α2β1βωγ2Δη1η2] sphicau γ1χ sphītau β2 dvijāt ε2 dvijā ε3　　**saṃtāḍayec** cett.] saṃ[c/t]ālayec η1 nutāḍayec ε3 saṃjāyate α2　　**chanaiḥ** cett.] tataḥ α2　　**27c puṭadvayaṃ** cett.] jaṃghādvayaṃ γ2 jaṃghāyutadvayam γ1　　**samākramya** cett.] samākṛṣya α2γ2δ3 ākṛṣya γ1 atikramya χ　　**27d vāyuḥ** β2γ2Δη1η2χ] vāyu α1α2β1βωγ1ε2ε3　　**satvaraṃ** α1α2ε2η2] ratvaraṃ β1 tatvaraṃ βω tatparaṃ η1 tatparaḥ β2 madhyagaḥ Γδ1ε3χ madhyamaḥ δ2δ3　　**27e yogīndraḥ** γ2] yogīndra γ1　　**28a saṃbandho** ε2χ] sambandhā βωη1 sambandhāj α1α2β1β2Γη2 saṃdhānaṃ Δε3　　**28b cāmṛtāya vai** Aβ1χ] cāmṛtāyate β2Γε2ε3 vāmṛtāyate Δ cāmṛtāye vaiḥ η1 ca mṛtāya vai βω ca mṛturjayaḥ η2　　**28c mṛtavasthā** cett.] mṛtāmasthā γ1　　**samutpannā** cett.] samunnam«ta»t α3 *om.* γ1　　**28d mṛtyubhayaṃ kutaḥ** α1α2Bγ2Δε2] vāyuṃ virecayet ε3η1η2χ vāyuṃ + + + + α3 vāyuṃ nirundhayet kumbhakena γ1

महावेधोऽयमभ्यासान्महासिद्धिप्रदायकः ।
वलीपलितवेप#घ्नः सेव्यते साधकोत्तमैः ॥ 3.29

एतत्त्रयं महागुह्यं जरामृत्युविनाशनम् ।
वह्निवृद्धिकरं चैव अणिमादिगुणप्रदम् ॥ 3.30

अष्टधा क्रियते चैतद्यामे यामे दिने दिने ।
पुण्यसंभारसंभावि पापौघभिदुरं सदा ॥ 3.31

सम्यक्शिक्षावतामेव स्वल्पं प्रथमसाधने ।
वह्निस्त्रीपथसेवानामादौ वर्जनमादिशेत् ॥[8] (cd om. χ)[9] 3.32

अथ खेचरी ।

नासनं सिद्धसदृशं न कुम्भं केवलोपमम् ।
न खेचरीसमा मुद्रा न नादसदृशो लयः ॥ (Ω) [= 1.43] 3.32*1

29a mahāvedho cett.] mahābaṃdho ε₃ **abhyāsān** α₁α₂β₂β_ωγ₂δ₂δ₃η₂χ] abhyāsāt β₁γ₁ anab-hyāsān δ₁ abhyāso η₁ abhyasto ε₂ε₃ **29b mahā** cett.] sarva γ₁ **29c valī** cett.] valīta *unm.* η₂ vali γ₁η₁ valiḥ α₂ **palita** cett.] palīta γ₂ **vepa** χ] vedha α₁BΓε₂ε₃η₁ vaidya α₂ vega Δ bandha η₂ **ghnaḥ** cett.] ghnaṃ α₁β_ω ghna α₂γ₁ **29d sādhakottamaiḥ** cett.] sādhakot-tamaṃ β_ω **30a etat trayaṃ mahā** cett.] mahāmudrātrayaṃ ε₃ mahāmudrātrayatraṃ *unm.* η₁ mahavedhābhayaṃ α₃ **guhyaṃ** ABΓε₂ε₃η₁χ] guptaṃ Δ mudrā η₂ **30b vināśanam** cett.] vināśinī η₂ **30c vahni** cett.] buddhi β₂ **caiva** α₁β₂Γ] caivam α₂β₁β_ωε₂ε₃η₁η₂ caiva hy χ caitad Δ **30d guṇapradam** cett.] gaṇapradam ε₂ guṇapradī γ₁ pradāyakaṃ α₂ **31a aṣṭadhā** cett.] aṣṭādi β₂ **caitad** α₁β₂] caiva Δε₂χ caivaṃ β₁Γ caikaṃ β_ωη₁η₂ caika ε₃ taitva α₂ **31b yāme yāme** cett.] yāmayāme ε₃ yāmaṃ yamāṃ η₁ yamair niyamai α₂ **31c puṇya** cett.] puṇyaṃ ε₃ puna α₂ sarva η₂ **saṃbhāra** α₁α₂γ₂Δε₂χ] sahāra β_ω saṃcāra η₁η₂ saṃsāra ε₃ saṃdhāta β₁ saṃdhāna β₂ saṃcaya α₃ *om.* γ₁ **saṃbhāvi** α₃β₃_ωΓε₂] saṃbhāvī α₁α₂ sabhāvī η₁ saṃdhāyi β₂ε₃χ saṃdhāyī η₂ saṃdhīra β₁ saṃpādi Δ **31d pāpaugha** cett.] pāprogha γ₂ pad-hau _ dhava γ₁ **bhiduraṃ sadā** cett.] bhidiraṃ sadā α₂ vidhuraṃ tathā α₃ **32a śikṣāvatām** cett.] śikṣavatā β₂ śiṣyāvatām α₂ε₂ jijñāsatām η₂ **eva** α₂β₁ΓΔε₃] evaṃ α₁β_ωε₂η₁η₂χ bhavyaṃ β₂ **32b sādhane** α₂β₁β₂γ₁Δε₂ε₃η₁] sādhanaiḥ α₁ sādhanaṃ β_ωγ₂η₂χ **32c sevānām** cett.] sevācānām ε₂ sevanām η₂ sevanam η₁ sevenam γ₁ *om.* χ **32d ādiśet** α₁α₂β₁β₂ε₂ε₃η₁] ādṛśyet β_ω ācaret ΓΔη₂ *om.* χ **heading: atha** cett.] *om.* Γδ₂ **32*1b kumbhaṃ** *em.*] kumbha β_ωε_ωη_ω kumbhaka δ_ω **kevalopamam** *em.*] kevalokanam β_ωη_ω sadṛśo nilaḥ ε_ω samonilaṃ δ_ω

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[8] Γ adds here: महामुद्रा महाबन्धो महावेधश्च नित्यशः । एतत्त्रयं प्रयत्नेन चतुर्वारं करोति यः । षण्मासाभ्यन्तरे मृत्युं जयत्येव न संशयः ॥ (= Śivasaṃhitā xx)

[9] χ has this line just after 1.60.

छेदनचालनदोहैः कलां क्रमेण प्रवर्धयेत्तावत् ।
सा यावद्भ्रूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥[10]   3.33

स्नुहीपत्त्रनिभं शस्त्रं सुतीक्ष्णं स्निग्धनिर्मलम् ।
समादाय ततस्तेन रोममात्रं समुच्छिदेत् ॥ ($\varepsilon_3 \Omega \chi$)   3.33*1

कृत्वा सैन्धवपथ्यादिचूर्णिताभ्यां प्रघर्षयेत् ।
पुनः सप्तदिने प्राप्ते रोममात्रं समुच्छिदेत् ॥ ($\varepsilon_3 \Omega \chi$)   3.33*2

एवं क्रमेण षण्मासं नित्ययुक्तं समाचरेत् ।
षण्मासाद्रसनामूलशराबन्धं विनश्यति ॥ ($\varepsilon_3 \Omega \chi$)   3.33*3

(16 more verses in Ω)

33a chedana $\alpha_2\beta_1\beta_\omega\gamma_1\delta_1\delta_3\delta_\omega\varepsilon_3\eta_1\chi$] chedanaṃ $\eta_2\varepsilon_\omega\eta_\omega$ chedanaiś β_2 khedana δ_2 bhedana α_3 vedana ε_2 rasanā γ_2 *illeg.* α_1 **cālanadohaiḥ** $\beta_1\gamma_2\Delta\delta_\omega\varepsilon_2\varepsilon_3\eta_1\chi$] cālajadohaiḥ γ_1 cālanaṃ dohaṃ ε_ω cālanaṃ dohaiḥ α_2 cālanaṃ dohaṃ $\beta_\omega\eta_2\eta_\omega$ cālanair dāsyai β_2 pādanadoṣaiḥ α_3 *illeg.* α_1 **kalāṃ** $\beta_1\beta_2\gamma_2\varepsilon_2\eta_1\chi$] kalan γ_1 kalāḥ $\alpha_1\varepsilon_\omega$ kalā $\alpha_2\alpha_3\beta_\omega\eta_\omega$ kāla η_2 jihvāṃ $\Delta\delta_\omega$ krameṇa ε_3 **krameṇa** $\alpha_1 B\varepsilon_2\eta_1\eta_2\eta_\omega\varepsilon_\omega$] kramaṇa α_2 krameṇātha χ jihvāṃ ε_3 tu Γ vai Δ *om.* $\alpha_3\delta_\omega$ **pravardhayet** $\alpha_2\beta_1\varepsilon_3\eta_1\eta_2$] saṃvardhayet $\Gamma\delta_\omega$ vardhayet $\alpha_1\alpha_3\beta_2\beta_\omega\Delta\varepsilon_2\varepsilon_\omega\eta_\omega\chi$ **tāvat** $\alpha_2\beta_1\beta_2\gamma_2\Delta\delta_\omega\varepsilon_2\varepsilon_3\chi$] tāt η_2 kramaśaḥ α_3 *om.* $\alpha_1\beta_\omega\gamma_1\eta_1\varepsilon_\omega\eta_\omega$ **33b sā yāvad** $\alpha_1\alpha_2\beta_1\beta_2\varepsilon_3\eta_1\eta_2\chi$] yāvad iyaṃ $\Gamma\Delta\delta_\omega$ yāvad $\beta_\omega\varepsilon_\omega\eta_\omega$ yā α_3 sā ε_2 **bhrūmadhyaṃ** cett.] bhrūmadhya $\delta_1\eta_1$ spṛsati ε_ω **spṛśati** cett. incl. α_3] sparśati γ_1 visati α_2 viśa α_1 bhrūmadhyaṃ ε_ω **tadā khecarīsiddhiḥ** $\Gamma\delta_2\delta_3\delta_\omega\varepsilon_3\eta_2\chi$] tadānīṃ khecarīsiddhiḥ (tadānī $\alpha_2\beta_1\beta_2$) $\alpha_1\alpha_2 B\eta_\omega$ tadānīṃ hi khecarīsiddhiḥ ε_2 tadānī siddhiḥ η_1 tadā sidhyati khecarī ε_ω tadā khecarī bhavati δ_1 **33*1a snuhī** $\delta_\omega\chi$] snuhi $\varepsilon_3\varepsilon_\omega\eta_\omega$ śnuhi β_ω **33*1d samucchidet** $\beta_\omega\varepsilon_\omega$] samucchinet $\varepsilon_3\eta_\omega\chi$ samucchiṃdyāt δ_ω **33*2a kṛtvā** $\varepsilon_3\Omega$] tataḥ χ **saindhavapathyādi** $\beta_\omega\varepsilon_\omega\eta_\omega\delta_\omega$] saindhavapathyābhyāṃ χ saindhavapakṣyādi ε_3 **33*2c punaḥ** $\varepsilon_3\beta_\omega\eta_\omega\delta_\omega\chi$] tataḥ ε_ω **33*2d samucchidet** $\beta_\omega\varepsilon_\omega\eta_\omega$] samucchinet χ punaḥ chidet ε_3 samut-thiyāt δ_ω **33*3a ṣaṇmāsaṃ** $\beta_\omega\varepsilon_\omega\delta_\omega\chi$] ṣaṇmāse η_ω ṣaṇmāsān ε_3 **33*3b nitya** $\beta_\omega\delta_\omega\varepsilon_3\varepsilon_\omega$] nityaṃ χ netya η_ω **yuktaṃ** $\beta_\omega\varepsilon_3\varepsilon_\omega\eta_\omega$] yuktaḥ χ muktaṃ δ_ω **33*3c ṣaṇmāsād** $\Omega\chi$] ṣaṇmāse ε_3 **mūla** $\beta_\omega\varepsilon_\omega\eta_\omega\delta_\omega\chi$] mūlaṃ ε_3 **33*3d śarābandhaṃ** β_ω] śarabaṃdhaṃ δ_ω śarābadho η_ω śirābandhaḥ $\varepsilon_3\chi$ sirābandho ε_ω **vinaśyati** Ω] praṇaśyati $\varepsilon_3\chi$

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[10] The metre is Āryā.

$\Gamma\Delta$ (Upagīti): छेदनशलनदोहैः कलां तु संवर्धयेत्तावत् । यावदियं भ्रूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥

$\varepsilon_2\varepsilon_3$ (Gīti?): छेदनचालनदोहैः कलां क्रमेण (प्र)वर्धयेत्तावत् । सा यावद्भ्रूमध्यं स्पृशति तदानीं हि खेचरीसिद्धिः ॥

β_ω (Anuṣṭubh): छेदनं चालनं दोहौ कलाक्रमेण वर्धयेत् । यावद्भ्रूमध्यं स्पृशति तदानीं खेचरीसिद्धिः(!) ॥

कपालकुहरे जिह्वा प्रविष्टा विपरीतगा ।
भ्रुवोरन्तर्गता दृष्टिमुद्रा भवति खेचरी ॥¹¹

3.34

कलां पराङ्मुखीं कृत्वा [त्रिपथे परिवर्तयेत् ।
सा भवेत्खेचरी मुद्रा व्योमचक्रं तदुच्यते ।
रसनामूर्ध्वगां कृत्वा]¹² क्षणार्धं यदि तिष्ठति ।
क्षणेन मुच्यते योगी व्याधिमृत्युजरादिभिः ॥ (om. α₁)

3.35

न रोगो मरणं तस्य न निद्रा न क्षुधा तृषा ।
न च मूर्छा भवेत्तस्य यो मुद्रां वेत्ति खेचरीम् ॥¹³

3.36

पीड्यते न स रोगेण न च लिप्यति कर्मणा ।
बाध्यते न च कालेन यो मुद्रां वेत्ति खेचरीम् ॥ (om. ΓΔε₂ε₃)

3.37

चित्तं चरति खे यस्माज्जिह्वा चरति खे गता ।
तेनैषा खेचरी नाम मुद्रा सिद्धैर्नमस्कृता ॥ (om. γ₁) [= 4.8*10]

3.38

34a kuhare cett.] vivare α₂β₁   **34b praviṣṭā viparītagā** cett.] pravi + + + + + + α₁ praviṣṭā viṣa«taṃ»tugā β₂   **34c antargatā** cett.] aṃtagatā α₁ madhagatā β₁ madhye gatā β₂   **dṛṣṭir** cett.] dṛṣṭi α₁α₂β₁γ₁ε₃   **34d khecarī** cett.] carī η₁   **35a kalāṃ** cett.] kalā α₃γ₁ kālaṃ η₂ **parāṅmukhīṃ** β₁δ₁δ₂ε₂ε₃η₁χ] parāṅmukhī α₃β_ωΓδ₃η₂ pāṅmukhī α₂ avāṅmukhī β₂   **kṛtvā** α₃BΔε₂ε₃η₁χ] kṛtya η₂ nītvā α₂Γ   **35b tripathe** β_ωΔε₃χ] tripathaṃ ε₂ tripatha β₂ tripātha β₁ **parivartayet** ε₃] parivarjayet Bδ₁ε₂ parivardhayet δ₂δ₃ pariyojayet χ   **35c sā** β₁β₂Δε₂ε₃χ] sa β_ω   **bhavet khecarī** Bδ₂δ₃ε₂ε₃χ] bhat ṣecarī δ₁   **35f yadi** cett.] api α₂η₂χ   **35g kṣaṇena** α₃β_ωγ₂ε₂ε₃η₁η₂] kṣaṇe [ca] γ₁ viṣaye α₂ viṣayair Δ viṣair vi° β₁χ duḥkhair vi° β₂   **yogī** cett.] yogogī α₂ *om.* γ₂   **35h vyādhi** cett.] vyādhijanma γ₂   **mṛtyujarādibhiḥ** cett.] mṛjarāpahe α₂   **36a rogo** cett.] roga η₁ rogāṃ η₂   **tasya** cett.] tandrā χ   **36b kṣudhā tṛṣā** cett.] kṣudhā nandaṭ δ₃ tṛṣā kṣudhā (tṛkhā δ₁) β₂δ₁   **36c ca** cett.] bhra β_ω *om.* α₂δ₃   **bhavet** cett.] bhave η₂ tu bhavet δ₃   **tasya** cett.] ta + α₁   **36d yo mudrāṃ vetti** cett.] *illeg.* α₁   **khecarīm** α₃γ₂δ₁δ₂ε₂ε₃η₁η₂χ] khecarī α₁α₂Bγ₁δ₃   **37a pīḍyate** α₁α₃β₁χ] piṃḍaṃte α₂ bādhyate β₂β_ωη₂ chādyate η₁   **sa** β_ωη₁η₂χ] ca Aβ₁β₂   **37b na ca lipyati** α₂β₁] na ca lipyata α₁ lipyate na ca α₃χ lipyate na sa β₂β_ωη₁η₂   **37c bādhyate** α₁β₁β_ωη₁η₂χ] badhyate α₂ bhidyate α₃ khādyate β₂   **ca** Aβ₁] sa β₂β_ωη₁η₂χ   **37d yo mudrāṃ vetti** α₁α₂Bη₂χ] yasya mudrāsti η₁   **khecarīm** α₁η₂χ] khecarī α₂Bη₁   **38a cittaṃ** cett.] citte δ₁ ci + α₁   **carati khe** cett.] *illeg.* α₁   **yasmāj** cett.] yasyāt β_ω yasyā α₂ + .āj α₁   **38b gatā** cett.] yadā β₁   **38c tenaiṣā** α₁α₂β₁ε₃χ] tenaiva β₂ε₂η₁η₂ teneyaṃ β₂γ₂Δ   **nāma** α₁α₂β₁ε₃χ] mudrā cett.   **38d mudrā** α₁α₂β₁ε₃χ] sarva β₂β_ωγ₂Δε₂η₁η₂ *illeg.* α₃   **siddhair namaskṛtā** cett.] siddhir nigadyate α₃

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¹¹ χ has this verse at the very beginning of the Khecarī-section.
¹² The Pādas b–e are not found in α₂α₃Γη₁η₂, but in BΔε₂ε₃χ.
¹³ In γ₂ this verse is found after 3.38.

खेचर्या मुद्रितं येन विवरं लम्बिकोर्ध्वतः ।
तस्य न क्षरते बिन्दुः कामिन्याश्लेषितस्य च ॥   3.39

चलितोऽपि यदा बिन्दुः संप्राप्तो योनिमण्डलम् ।
व्रजत्यूर्ध्वं हतः शक्त्या# निबद्धो योनिमुद्रया ॥[14]   3.40

कपालकुहरे जिह्वा कलासंधानमुद्रया । (ABΓε₂ε₃)   3.40*1

ऊर्ध्वजिह्वः स्थितो भूत्वा सोमपानं करोति यः ।
मासार्धेन न संदेहो मृत्युं जयति योगवित् ॥   3.41

नित्यं सोमकलापूर्णं शरीरं यस्य योगिनः ।
तक्षकेणापि दष्टस्य विषं तस्य न सर्पति ॥[15] (om. α₁α₂)   3.42

39a khecaryā cett.] khecaryāṃ β_ω   **mudritaṃ** cett.] mudritā α₃β₂ mudrataṃ α₂   **yena** cett.] ye tu β₂   **39b vivaraṃ** cett.] viviraṃ δ₂ vicaran/raṃ β₁β₂η₁   **lambikordhvataḥ** cett.] lampikordhvataḥ δ₂δ₃ *illeg.* α₁   **39c tasya na** α₂α₃Bγ₁ε₂ε₃η₁η₂] + [s]ya na α₁ na tasya γ₂Δχ   **39d śleṣitasya** cett.] saṃślitasya β₁ liṅgitasya Γδ₂ liṅgitena β₂   **40a calito** cett.] calitā γ₁ calate δ₁ calato α₁ patito β₂   **40b saṃprāpto** α₁β₁β₂δ₂δ₃ε₂ε₃η₁χ] saṃprāptaś β_ωΓδ₁η₂ saṃprāpte α₂   **yonimaṇḍalaṃ** α₂ε₃η₁χ] yogimaṃḍalam α₁ yonimaṃgalaṃ ε₂ vahnimaṇḍalaṃ β₁β₂ cāgnimaṇḍalaṃ β_ωη₂ ca hutāśanam Γδ₁ pi hutāśanaṃ δ₂δ₃   **40c vrajaty** cett.] vṛjamty α₁ vrajety α₂ vrajan δ₃ jajaty γ₁   **ūrdhvaṃ** cett.] pūrvaṃ δ₃ ū + α₁   **hataḥ śaktyā** *em.* (cf. VM)] hṛtaḥ śaktyā χ hatāchantkā γ₁ haṭhāc chaktyā Bγ₂ε₂ε₃η₁η₂ haṭhāt saktyā α₂ hi tacchaktyā δ₂δ₃ hi tadbhuktyā δ₁ *illeg.* α₁α₃   **40d nibaddho** α₂α₃β₁β₂ε₂ε₃χ] nibadhno η₁ niruddho Γδ₂δ₃ nirodho β_ωη₂ viruddhe δ₁ *illeg.* α₁   **yoni** Aβ₂ΓΔε₂ε₃η₁χ] yoga β₁β_ωη₂   **40*1b kalā** α₂α₃β_ωε₃] kāla Γε₂ kālā α₁ kṛtvā β₁β₂   **saṃdhāna** ABε₃] saṃdhāra ε₂ saṃhāra Γ **mudrayā** Aβ₁β₂Γε₂ε₃] varjitā β_ω   **41a ūrdhva** cett.] ūrdhvaṃ α₂α₃ε₂   **jihvaḥ** γ₂δ₁δ₃χ] jihva γ₁ jihvā α₁α₂Bδ₂ε₂ε₃η₁η₂   **sthito** α₁α₂β_ωη₂] sthiro β₁β₂ΓΔε₃η₁χ sito ε₂   **41b karoti yaḥ** cett.] karoti saḥ β₂ karo + + α₁   **41c māsārdhena** cett.] *illeg.* α₁   **na** cett.] tu β₂ *om.* δ₁ *illeg.* α₁   **42a pūrṇaṃ** cett.] pūrṇa β₁γ₁ε₂ pūrṇe η₂   **42b yoginaḥ** α₃β₁β₂ΓΔε₂χ] yoginaṃ β_ω dehinaḥ ε₃η₁η₂   **42c daṣṭasya** α₃β₂γ₂δ₁ε₃η₂χ] dṛṣṭasya β₁β_ωγ₁η₁ daṃṣṭrasya ε₂ dagdhasya δ₂δ₃   **42d viṣaṃ tasya na** cett.] viṣeṇa na hi α₃   **sarpati** cett.] sparśati β_ω pīḍyate α₃γ₁

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[14] β₂ has this verse between 3.42ab and cd. β_ωη₂ have 3.43 after this verse.

[15] β_ω adds a half verse here: तस्मादिदं प्रकुर्वीत नित्ययुक्तः समाहितः.

इन्धनानि यथा वह्निस्तैलवर्तिं च दीपकः ।
तथा सोमकलापूर्णं देही देहं न मुञ्चति ॥ [before 3.40*1 β_ω]   3.43

रसनां वेशयेदूर्ध्वं पिबेत्तत्क्षावितं जलम् । (ΓΔ)   3.43*1

गोमांसं भक्षयेन्नित्यं पिबेदमरवारुणीम् ।
कुलीनं तमहं मन्ये इतरे कुलघातकाः ॥   3.44

गोशब्देनोदिता जिह्वा तत्प्रवेशो हि तालुनि ।
गोमांसभक्षणं तनु महापातकनाशनम् ॥   3.45

जिह्वाप्रवेशसंभूतवह्निनोत्पादितः खलु ।
चन्द्रात्क्षवति यः सारः सा स्यादमरवारुणी ॥ (om. ε₃η₁)[16]   3.46

43a yathā cett.] *om.* δ₂   **43b tailavart(t)iṃ** β_ωδ₁δ₂ε₃χ] tailavart(t)i α₁β₁δ₃ε₂ tailavart(t)ī β₂Γη₂ tailavatti α₂ tailāvṛtti η₁   **ca** cett.] va α₂η₁ *om.* δ₂   **dīpakaḥ** cett.] dīpikaḥ η₁   **43c soma** cett.] sarva ε₂   **pūrṇaṃ** cett.] pūrṇa η₂ pūrṇo γ₂ε₂   **43d dehī dehaṃ** cett.] dehaṃ dehī β₂ε₃ deha devaṃ α₂ dehe dehīṃ β₁ *illeg.* α₁   **na muñcati** α₂β₁ΓΔε₂η₁χ] na mucyati η₂ na muṃcyati ε₃ na mucyate β₂β_ω + + + ti α₁   **43*1a rasanāṃ** γ₂Δ] rasānāṃ γ₁   **veśayed** γ₂Δ] vasayed γ₁ ūrdhvam ā° δ₂   **ūrdhvaṃ** cett.] °veśet δ₂   **43*1b srāvitaṃ** Δ] sravitaṃ Γ   **44a gomāṃsaṃ** cett.] gomāṃsa γ₂η₂ gomāṃ β₁   **44b amara** cett.] amṛta δ₃   **vāruṇīm** cett.] vāruṇī α₂β_ωε₂ε₃   **44c tam** cett.] tuṃ γ₂   **manye** cett.] manya χ vidyāṃ β_ω vimdyāṃ η₂   **44d itare** α₁α₃β₂β_ωη₂χ] tv itare β₁ε₃η₁ cetare ε₂ udhare α₂ netarān ΓΔ   **ghātakāḥ** cett.] ghātakān ΓΔ bālakān α₂   **45a noditā jihvā** cett.] nāditā jihvā γ₁ *illeg.* α₁   **45b tatpraveśo** cett.] + [t]praveśo α₁ tatpradeśo α₂ tatrāveśo β₁   **hi** cett.] ha β₁ di γ₁   **45c gomāṃsa** cett.] gomāṃsaṃ α₂ε₂ε₃η₁ gomāsaṃ γ₁   **bhakṣaṇaṃ** cett.] bhakṣaṇe α₁   **tat tu** cett.] _rttu γ₁ tac ca ε₃ caitat ε₂ hy etan β₂   **46b vahninotpāditaḥ** γ₂δ₂ε₂χ] °tpāditā α₂β₂δ₃ °tpāditāṃ β₁ °tpādi + α₁ °nnāpitā β_ω °ttāpito η₂ vaṃh[n]inotāpitaḥ α₃ vahnir utpāditaḥ γ₁ hninotpāditaṃ δ₁   **khalu** α₂α₃ΓΔε₂χ] daraṃ β_ωη₂ °bare β₁ surāḥ β₂ *illeg.* α₁   **46c candrāt sravati** α₃β₂β_ωΓδ₂ε₂η₂χ] candrā sravati α₂ candraḥ sravati δ₃ candra sravati β₁ candrā dravati δ₁ + + + + [t]i α₁   **yaḥ sāraḥ** β₁γ₂δ₁δ₂η₂χ] yaḥ sāra α₃γ₁ yat sāraṃ α₁β₂δ₃ε₂ ya sāraṃ α₂ yaḥ sāraṃ tasmād idam prakurvīta nityayuktaḥ samāhitaḥ (the same hemistich is inserted after 3.42) β_ω yaḥ samyak δ₃   **46d sā** cett.] sa δ₂   **amaravāruṇī** cett.] aṃmavāruṇī η₂

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[16] In η₁ the second half is only added in the margin sec. m.: तस्माच्चरति यत्सारं सा स्यादमरवारुणी.

मूर्ध्नः षोडशपत्त्रपद्मगलितं प्राणादवात्तं हठा-
दूर्ध्वास्यो रसनां नियम्य विवरे शक्तिं परां चिन्तयेत् ।
उत्कल्लोलकलाजलं च विमलं धारामृतं# यः पिबेत्
निर्दोषः स मृणालकोमलवपुर्योगी चिरं जीवति ॥17   3.47

चुम्बन्ती यदि लम्बिकाग्रमनिशं जिह्वा रसस्यन्दिनी
सक्षारा कटुकाथ दुग्धसदृशी मध्वाज्यतुल्याथवा ।
व्याधीनां हरणं जरान्तकरणं शास्त्रागमोदीरणं
तस्य स्यादमरत्वमष्टगुणवत्सिद्धाङ्गनाकर्षणम् ॥   3.48

एकं सृष्टिमयं बीजमेका मुद्रा च खेचरी ।
एको देवो निरालम्ब एकावस्था मनोन्मनी ॥ [= 4.32*1]   3.49

47a mūrdhnaḥ $\beta_\omega \gamma_2 \Delta \epsilon_3 \chi$] mūrdhneḥ η_2 mūrddhaṃ $\alpha_2 \epsilon_2$ mūrddhvaḥ α_1 mūrddhva η_1 bhūrddhaḥ γ_1 ūrdhvaṃ $\beta_1 \beta_2$ **pattrapadma** $\alpha_2 \delta_2 \delta_3 \epsilon_3 \chi$] padmapattra $\alpha_1 B \gamma_2 \delta_1 \eta_1 \eta_2$ patrapatra ϵ_2 patra γ_1 **haṭhād** cett.] haṭhāṃ β_ω **47b ūrdhvāsyo** cett.] ūrddhosyo γ_1 ūrdhvosya δ_3 varddhāsyo β_ω **rasanāṃ** cett.] rasanā ϵ_2 ramanā γ_1 **niyamya** $\alpha_1 \alpha_2 \beta_1 \beta_2 \gamma_2 \Delta \epsilon_3 \chi$] niyasya $\gamma_1 \epsilon_2$ ca yāmya η_1 vidhāya $\beta_\omega \eta_2$ **vivare** cett.] vicare γ_1 vivaraṃ Δ vidhivat β_2 **śaktiṃ** cett.] śaktiḥ γ_2 **cintayet** cett.] cintayan $\alpha_3 \delta_2 \delta_3 \chi$ cintayan γ_1 **47c utkallola** $\alpha_1 \alpha_2 B \delta_3 \epsilon_2 \epsilon_3 \eta_1 \chi$] uttakallola η_2 tatkallola $\gamma_2 \delta_1$ tatkalola δ_2 taptalola γ_1 hṛt[k]alola α_3 **kalājalaṃ** $\alpha_1 \alpha_2 \beta_1 \beta_2 \Gamma \Delta \epsilon_2 \epsilon_3 \eta_1 \chi$] karāmṛtaṃ α_3 jalākulaṃ $\beta_\omega \eta_2$ **ca** $\alpha_1 \alpha_3 \beta_1 \beta_2 \gamma_2 \Delta \epsilon_2 \eta_1 \chi$] su $\alpha_2 \beta_\omega \eta_2$ ya γ_1 *om.* ϵ_3 **vimalaṃ** cett.] vimala α_1 vimalā β_2 **dhārāmṛtaṃ** cett.] dhārāmayaṃ χ **47d nirdoṣaḥ sa** cett.] nirdoṣaṃ sa $\alpha_2 \beta_1 \eta_1$ nirdoṣo 'sya ϵ_2 nirvyādhiḥ sa χ **komala** cett.] komale γ_1 **vapur** $\alpha_1 \beta_1 \epsilon_2 \epsilon_3 \eta_1 \chi$] tanur $\alpha_2 \beta_2 \beta_\omega \Gamma \Delta \eta_2$ **48a cumbantī** cett.] cubaṃti α_2 cubiṃtī α_1 vipitīṃ γ_1 **lambikāgram** cett.] laṃbakārgram β_1 laṃpikāgram $\delta_2 \delta_3$ **rasa** cett.] śiraḥ $\beta_\omega \eta_2$ **48b saksārā** cett.] sākṣārā $\alpha_1 \delta_1 \epsilon_2$ sakṣīra η_2 sakṣīro° β_1 **kaṭukātha** $\alpha_1 \alpha_2$] kaṭukāmla $\gamma_2 \Delta \epsilon_3 \chi$ vaṭukāmla γ_1 kaṭukāsa η_1 kaṭukādya $\beta_\omega \eta_2$ kaṭutikta ϵ_2 + + tikta α_3 kaṭutyakta β_2 °dakatikta β_1 **dugdha** cett.] dagdha β_1 dugdhaṃ γ_2 du γ_1 dhugdha δ_1 **sadṛśī** $\beta_2 \beta_\omega \gamma_1 \delta_2 \delta_3 \eta_2 \chi$] sādṛśī δ_1 sadṛśīṃ γ_2 sadṛśā $\alpha_1 \alpha_2 \eta_1$ sadṛśaṃ α_3 lavaṇā $\epsilon_2 \epsilon_3$ lavaṇo β_1 **madhvājya** cett.] madhvādya $\beta_\omega \eta_2$ vaddhājya ϵ_2 **tulyā** cett.] tulyaṃ $\beta_\omega \eta_2$ tulya α_3 **thava** $\alpha_2 \Gamma \Delta$] tathā $\alpha_1 B \epsilon_2 \eta_1 \eta_2 \chi$ pradā α_3 savā ϵ_3 **48c jarāntakaraṇaṃ** cett.] jvarāntakaraṇaṃ $\delta_1 \delta_2$ jvarāntaḥkaraṇaṃ δ_3 jarāpraśamanaṃ $\beta_1 \beta_2$ **śāstrāgamodīraṇaṃ** $\alpha_1 \chi$] śāstrapramodīraṇaṃ γ_1 śastrārthagamodīraṇaṃ *unm.* α_2 śāstrāgamodgīraṇaṃ $\beta_2 \beta_\omega \gamma_2 \epsilon_3 \eta_2$ śāstrodgamodgīraṇaṃ β_1 śastrāṃgamodgīraṇaṃ η_1 śāstrāgamoddhāraṇaṃ $\Delta \epsilon_2$ **48d tasya syād** cett.] tasyād γ_1 syāt svādaṃ β_1 **amaratvam** cett.] amarakṣaṃ γ_1 aramatvaṃ β_ω iha siddhir Δ **guṇavat** $\alpha_1 \alpha_2 \beta_1 \eta_1$] guṇavat ϵ_3 guṇitaṃ $\beta_2 \beta_\omega \Gamma \delta_1 \epsilon_2 \eta_2 \chi$ guṇitā $\delta_2 \delta_3$ **siddhāṅganā** $\alpha_2 \beta_1 \beta_2 \delta_2 \delta_3 \eta_1 \epsilon_2 \epsilon_3 \eta_2 \chi$] siddhāṅganā $(\text{nā}^\times \alpha_1) \alpha_1 \beta_\omega \gamma_1 \delta_1$ siddhāṅgānā γ_2 **karṣaṇaṃ** cett.] karṣaṇaḥ α_2 karṣaṇā γ_1 **49a ekaṃ** cett.] eka δ_3 ekāṃ β_1 evaṃ γ_1 **sṛṣṭi** cett.] dṛṣṭi ϵ_2 **mayaṃ** cett.] midaṃ β_2 layaṃ ϵ_2 **49b ca** cett.] tu $\delta_3 \epsilon_2$ **49c devo** cett.] devā γ_1 nirā° α_1 **nirālamba** $\beta_\omega \eta_1 \chi$] nirālambaś $\gamma_2 \Delta$ nirāśaṃbaś γ_1 nirālambo $\alpha_2 \beta_1 \beta_2 \epsilon_2 \epsilon_3$ nirālambaṃ $\alpha_3 \eta_2$ °laṃbo deva α_1 **49d ekā** $\alpha_1 \alpha_3 \beta_2 \beta_\omega \epsilon_2 \eta_1 \eta_2 \chi$] caikā Δ cakā γ_1 caiṣā γ_2 hy ekā $\alpha_2 \beta_1 \epsilon_3$ °**vasthā** cett.] mudrā β_1

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17 χ has a different verse order from here.

सुषिरं ज्ञानजनकं पञ्चस्रोतःसमन्वितम् ।
तिष्ठते खेचरी मुद्रा तस्मिन्शून्ये निरञ्जने ॥ $(\beta_\omega \eta_2 \chi)$ [= 4.8*8]   3.49*1

पाताले यद्विशति सुषिरं मेरुमूले तदस्ति
तत्त्वं चैतत्त्ववदति सुधीस्तन्सुखं निम्नगानाम् ।
चन्द्रात्सारः स्रवति[18] वपुष्स्तेन मृत्युर्नराणां
तं बध्नीयात्सुकरणमृदा नान्यथा कायसिद्धिः ॥[#](om. $\alpha_1 \Delta$)[19] [= 4.8*4]   3.49*2

अथ मूलबन्धः[20] ॥

पार्ष्णिभागेन संपीड्य योनिमाकुञ्चयेद्दृदम् ।
अपानमूर्ध्वमाकृष्य मूलबन्धोऽयमुच्यते ॥ (d om. α_2)   3.50 – ε_3

49*1a suṣiraṃ χ] sukhiraṃ η_2 suciraṃ β_ω **49*1b srotaḥ** $\eta_2\chi$] śrotaḥ β_ω **49*1c tiṣṭhate** χ] tiṣṭhaṃti β_ω tiṣṭhaṃtī η_2 **49*2a pātāle yad viśati** Γ] pātālād yad viśati β_2 pātāle yadvitaya ε_4 pātāle yadvitanta ε_3 pātāle yadvitadhaya α_3 pātāle yadinaya ε_2 pātāle yadvita η_1 yat prāleyaṃ cāpihita β_ω yat prāleyaṃ pihita α_2 yat prāleya pihita η_2 yat prāleyaṃ prahita χ   **suṣiraṃ** $\varepsilon_3\varepsilon_4\chi$] suśiraṃ β_2 sukhiraṃ $\beta_\omega\Gamma\eta_2$ sukhire α_2 sukhīraṃ ε_2 stuṣime η_1 śubiraṃ β_1 **mūle tad asti** β_2] mūle yad asti γ_2 mūle yad astī α_2 mūle tad asmin $\beta_1\varepsilon_2\varepsilon_3\varepsilon_4$ mū tad asmi[ṃ]s η_1 mūle pakṣasti γ_1 mūrddhyataḥthyaṃ β_ω mūrdhni sthitaṃ η_2 mūrdhāntarasthaṃ χ   **49*2b tattvaṃ caitat** $\beta_1\beta_2$] tadvac caitat $\Gamma\varepsilon_2$ tadvac caitā ε_4 taddac caitat ε_3 tasmiṃs tattvaṃ $\beta_\omega\eta_2\chi$ tasmitvaṃ α_2 tatvaṃ yat η_1 **sudhīs** cett.] sudhī ε_4 sudhās γ_1 **tan mukhaṃ** cett.] tat sukhaṃ $\beta_1\beta_2$ **nimnagānām** cett.] niṣagmanām γ_1 **49*2c candrāt sāraḥ** cett.] candrā sāraḥ ε_3 candrāt sāraṃ $\alpha_2\beta_2$ candraḥ sāraḥ ε_2 candrasāro[dha] η_1 caṃtaṃ prasāraṃ β_1 **sravati/śravati** cett.] grasati β_1 rapati γ_1 [sra]vaṃtyai η_1 **vapuṣas** cett.] vapuṣes η_2 vapayuṣes β_ω vapuṣā $\beta_1\beta_2$ *om.* ε_3 **tena** cett.] doṣa β_1 **mṛtyur** cett.] mṛtyun $\beta_\omega\eta_2$ *om.* ε_3 **49*2d taṃ** cett.] tad $\alpha_3\gamma_2\chi$ tac γ_1 **badhnīyāt** cett.] cha _ yāt γ_1 *om.* ε_3 **sukaraṇamṛdā** $\alpha_2\beta_1\beta_2\varepsilon_4$] pakaraṇamṛdā ε_2 svakaraṇamṛtaṃ α_3 kakaraṇam amṛtaṃ η_1 sukaraṇam atho $\beta_\omega\eta_2$ sukaraṇam adho χ sukhakaram atho γ_2 sukhakaraṇam artho γ_1 *om.* ε_3 **nānyathā** cett.] nāmarthā γ_1 *om.* ε_3 **kāya** $\beta_2\beta_\omega\Gamma\varepsilon_2\eta_2\chi$] kārya $\alpha_2\alpha_3\beta_1\eta_1\varepsilon_4$ *om.* ε_3 **heading: atha mūlabandhaḥ** AB$\varepsilon_2\eta_1\eta_2\chi$] mūlabandhaḥ $\gamma_2\Delta$ atha mūle bandhaḥ δ_3 *om.* $\gamma_1\varepsilon_4$ **50a pārṣṇi** cett.] pādima γ_1 **50b ākuñcayed** cett.] ākuṃcaned α_1 ākuṃ«cya +» γ_1 **gudam** cett.] dṛḍhaṃ $\alpha_3\eta_1\eta_2$ «+ ta» γ_1 **50d 'yam ucyate** $\Gamma\delta_1\delta_3\varepsilon_2\varepsilon_4\eta_1\eta_2$] 'yam īritaḥ δ_2 'yam iṣyate B mayiṣyate α_1 'bhidhīyate χ *om.* α_2 *illeg.* α_3

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[18] ε_3 jumps to Jālaṃdharabandha (3.67) from here. For the lost part (3.50−3.66) ε_4 is used instead.

[19] $\beta_1\beta_2$ has this verse immediately after 3.39, $\alpha_1\Delta$ in Ch. 4 (4.8*4), and $\Gamma\alpha_2\alpha_3$ in both Ch. 3 and 4.

[20] After this header the description of Uḍḍīyāna is found in α_3, followed by the description of Mūlabandha. $\beta_\omega\chi$ have the Mūlabandha section (including its header) after the Uḍḍīyāna as in the order of mudrās mentioned in 3.6.

अधोगतिमपानं वै ऊर्ध्वगं कुरुते बलात् ।

आकुञ्चनेन तं प्राहुर्मूलबन्धं तु योगिनः ॥ (abc om. α_2)   3.51 $-\varepsilon_3$

गुदं पाष्ण्या तु संपीड्य वायुमाकुञ्चयेद्बलात् ।

वारं वारं यथा चोर्ध्वं समायाति समीरणः ॥   3.52 $-\varepsilon_3$

प्राणापानौ नादबिन्दू मूलबन्धेन चैकताम् ।

गत्वा योगस्य संसिद्धिं यच्छतो नात्र संशयः ॥   3.53 $-\varepsilon_3$

अपानप्राणयोरैक्यं क्षयो मूत्रपुरीषयोः ।

युवा भवति वृद्धोऽपि सततं मूलबन्धनात् ॥[21]   3.54 $-\varepsilon_3$

अपाने चोर्ध्वगे जाते संप्राप्ते वह्निमण्डलं ।

तदानलशिखा दीर्घा वर्धते वायुनाहता ॥   3.55 $-\varepsilon_3$

51a adhogatim $B\varepsilon_4\eta_1\chi$] adhogatam $\alpha_1\Gamma\Delta\varepsilon_2\eta_2$ **apānaṃ vai** $\beta_1\beta_2\Gamma\varepsilon_2\varepsilon_4\eta_2$] apānaṃ vaiḥ α_1 apānaṃ vā χ apānaṃ ca β_ω apānaṃ tu Δ apānaivam η_1 **51b ūrdhvagaṃ** cett.] mūrddhagaṃ α_1 hy urdhvaṃgaṃ β_1 vidyūrdhagam β_ω **balāt** $\alpha_1 B\varepsilon_4\eta_1\eta_2\chi$] haṭhāt $\Gamma\Delta\varepsilon_2$ **51c ākuñcanena** cett.] ākuñcya tena η_2 **taṃ** cett.] te δ_2 tu β_2 **prāhur** cett.] grāhyaṃ $\varepsilon_2\varepsilon_4$ **51d mūlabandhaṃ** cett.] mūlabandho η_2 mūlabandhā α_2 mūlo siddhiṃ α_3 **tu** $\beta_1\beta_2\Gamma\Delta$] hi $\alpha_1\alpha_3\beta_\omega\varepsilon_2\varepsilon_4\eta_1\eta_2\chi$ di α_2 **52a gudaṃ** cett.] gulpha ε_2 pārṣṇi° β_2 **pārṣṇyā tu** $\alpha_1\alpha_2\beta_1\beta_\omega\Delta\eta_2\chi$] pārṣṇyā ca $\varepsilon_2\varepsilon_4\eta_1$ [p]ārṣṇena α_3 pārśnī tu γ_2 pādarmyāṃ tu γ_1 °nā gudam β_2 **saṃpīḍya** cett.] āpīḍya β_2 **52b vāyum ā°** $A\beta_2\beta_\omega\Gamma\eta_1\eta_2\chi$] vāyunā $\beta_1\varepsilon_2\varepsilon_4$ yonim ā° Δ **52c yathā** $\alpha_1 B\varepsilon_4\eta_1\eta_2\chi$] tathā $\alpha_2\Gamma\Delta$ **53a nādabindū** cett.] nādabindu $\alpha_1\alpha_2\beta_1\beta_\omega\varepsilon_2\eta_2$ **53b caikatām** cett.] caikatā $\beta_2\varepsilon_2$ cakataṃ γ_1 caikataḥ β_ω **53c saṃsiddhiṃ** $\alpha_1\alpha_3\beta_2\beta_\omega\gamma_2\delta_1\delta_2\varepsilon_4\eta_1\chi$] saṃsiddhi β_1 saṃsiddhir $\alpha_2\gamma_1\delta_3\varepsilon_2$ saṃsiddhyaiḥ η_2 **53d yacchato** $\alpha_2\beta_\omega\chi$] yakṣyato β_2 yichato α_1 pracchato β_1 gacchato $\Delta\varepsilon_2$ gacchate γ_2 gacchatā γ_1 gacchata° ε_4 prāpnoty e° η_1 pamāta η_2 niścayo α_3 **nātra** cett.] °sya na ε_4 °va na η_1 tra na η_2 **54a °yor aikyaṃ** cett.] °yor aikya γ_1 °yor aikyāt ε_4 °yor aikye η_2 °yoś caikyaṃ δ_2 **54b kṣayo** cett.] kṣayam α_3 kṣayān $\gamma_1\varepsilon_4$ **54d bandhanāt** cett.] bandhataḥ δ_1 **55a apāne** cett.] apāna χ apānaṃ $\beta_\omega\gamma_2$ **cordhvage jāte** cett.] cordhvage yāte δ_1 cordhvam āpāte η_2 ūrdhvage jāte χ **55b saṃprāpte** $\beta_2\Gamma\Delta\varepsilon_2$] samprāptau β_1 saṃyāte β_ω prayāte $\alpha_1\alpha_2\varepsilon_4\eta_1\eta_2\chi$ **vahnimaṇḍalaṃ** $\alpha_1\beta_1\beta_\omega\gamma_2\chi$] vahnimaṇḍale $\alpha_2\beta_2\gamma_1\Delta\varepsilon_2\varepsilon_4\eta_1$ nābhimaṇḍalam η_2 **55c tadānala** cett.] tadānale ε_2 tathānala $\alpha_2\delta_3\eta_2$ tathānale η_1 **55d vardhate vāyunāhatā** $\alpha_1\alpha_2\beta_1\beta_\omega\Gamma\varepsilon_2$] °hataḥ β_2 °hataḥ α_3 baṃdhane vāyunāhatā Δ kriyate vāyunāhatāḥ η_2 jāyate vāyunāhatā χ vāyunā vardhate hatā ε_4 vāyunā preritā tathā η_1

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[21] γ_1 adds the following verse here: बन्धमूलं येन तेन तेन विघ्नां निवारितः । अजरामरतां याति यथा पञ्चमुखो हरः ॥

ततो यातौ# वह्न्यपानौ प्राणमुष्णस्वरूपकम् ।
तेनात्यन्तप्रदीप्तस्तु ज्वलनो देहजस्तथा ॥   3.56 – ε₃

तेन कुण्डलिनी सुप्ता संतप्ता संप्रबुध्यते ।
दण्डाहता भुजङ्गीव निश्वस्य# ऋजुतां व्रजेत् ॥   3.57 – ε₃

बिलं प्रविष्टेव ततो ब्रह्मनाड्यन्तरं व्रजेत् । (ab om. Δ)
तस्मान्नित्यं मूलबन्धः कर्तव्यो योगिभिः सदा ॥   3.58 – ε₃

अथोड्डीयाणम् ।

बद्धो येन सुषुम्णायां प्राणस्तूड्डीयते यतः ।
तस्मादुड्डीयणाख्यो#ऽयं योगिभिः समुदाहृतः ॥   3.59 – ε₃

56a tato cett.] yātā η₁   **yātau** β₂] yāttau α₂ yāto β₁η₁χ yāte η₂ yaṃtā α₃ yāmau α₁ jātau γ₂Δε₄ jātā γ₁ jāto β_ω vahnim ε₂   **vahnyapānau** β₁γ₂Δε₄η₁χ] vahnipānau α₁ vahnipātau α₂ [m]ahnyapāne α₃ vahniyonau η₂ bāhyapānau β₂ baṃdhapānau γ₁ vardhapānai β_ω apānai ca ε₂   **56b prāṇam uṣṇa** α₃Bγ₂ε₂ε₄χ] prāṇamura γ₁ prāṇamukta δ₁δ₃ prāṇamuktaṃ δ₂ prāṇamūla α₁α₂η₁η₂   **svarūpakam** cett.] svarūpakaḥ η₂ svarūpakau η₁ svarūpavat δ₃   **56c tenātyanta** β₁Γ∆η₁χ] tenātyantaṃ α₁ tenābhyanta β_ω tenābhyantaḥ η₂ tenāyaṃna β₂ tenotyataṃ α₂ tatotyantaṃ ε₄ tailābhyaṃtaḥ ε₂   **pradīptas tu** cett.] pradīpas tu ε₄η₁ pradāyas tu α₂ pradīpāsau ε₂   **56d jvalano dehajas tathā** cett.] jvalano dehajas tadā α₁α₂β₁β_ω jvalato dehatas tadā β₂ kuto dehakṣayas tadā η₂   **57b saṃtaptā** α₁α₂Bᴦε₄η₁η₂χ] satataṃ ∆ε₂   **samprabudhyate** α₁α₂β₂Γε₄η₂χ] saṃprabudhyati η₁ samabuddhyate β₁ sa prabudhyate β_ω sā prabudhyate δ₂ sā prabodhyate δ₃ saṃprabodhyate ε₂ sānubodhyate δ₁   **57d niśvasya** α₁α₃β₁ε₄η₁χ] niḥśvasya β₂ niśvāsya α₂ viśvasya β_ωη₂ niścayam δ₂ niścayād δ₃ niścitam Γδ₁ε₂   **rjutāṃ vrajet** cett.] rujutāṃ vṛjet α₁ rujanāṃ vrajet α₂ rijutām iyāt η₂   **58a praviṣṭeva** Aγ₂δ₁ε₂ε₄η₁χ] praviṣṭe ca β₁β₂γ₁ praviṣṭaṃ ca β_ω praviṣṭaś ca η₂ om. Δ   **tato** cett.] to γ₁ om. Δ   **58b brahma** cett.] tha_ γ₁ om. Δ   **nāḍyantaraṃ** cett.] nāḍyāntaraṃ α₂β₂ε₄ nāḍyantare η₂ om. Δ   **58c tasmān** cett.] tato δ₂   **nityaṃ** cett.] nityo ε₂   **heading: athoḍḍīyāṇaṃ** α₁] athoḍīyāṇāṃ β₁ athoḍḍiyāṇaṃ β_ω athoḍīyāṇaṃ α₂ athoḍḍīyāṇaṃ β₂ athoḍḍīyāṇabandhaḥ δ₃ athoḍīyāṇabaṃdhaḥ η₁ atha uḍḍīyāṇabandhaḥ ε₂ atha uḍḍīyāṇabandhaḥ χ atha uḍḍīyāṇabandhaḥ γ₁ atha uḍḍīyāṇaṃ bandhaḥ η₂ uḍḍīyāṇabandhaḥ δ₂ uḍḍīyāṇaṃ bandhaḥ γ₂ om. δ₁ε₄   **59a baddho** α₁β₂β_ωγ₂δ₁δ₂χ] bandho α₂β₁δ₃ε₂ ūrdhvo η₁η₂ ūrdhvā ε₄ vidrā γ₁   **yena suṣumṇāyāṃ** cett.] yoni suṣumnāyāṃ α₂ kṣitaḥ suṣumṇāyāḥ η₂   **59b prāṇas** cett.] prāṇaṃ β₂ε₂η₁   **tūḍḍīyate** (tu° α₁γ₂) α₁γ₂δ₁ε₄η₂χ] taḍḍīyate α₂ tūḍīyate β_ω tuḍīyate γ₁ tūḍūyate δ₂ tūyate δ₃ kṛḍīyate β₁ uḍiyate β₂ uḍḍīyate ε₂ uḍyayate η₁   **yataḥ** cett.] punaḥ δ₃   **59c tasmād** cett.] tasmātu γ₂ tasmāc ca η₂   **uḍḍīyaṇākhyo** *m.c. em.*] uḍḍīyāṇākhyo ε₂ uḍḍīyāṇākhyo δ₁δ₃χ uḍḍīyāṇākhye α₁ε₄ uḍḍīyāṇākhyo η₁ uḍḍīyāṇākhyo γ₂η₂ uḍiyaṇākhyo α₂β₁ uḍiyāṇākhye β_ω uḍiyāṇākhyam β₂ uḍḍīyānākhyo γ₁ uḍḍīyāmāno δ₂   **'yaṃ** cett.] sau δ₂ tad β₂ om. η₂   **59d samudāhṛtaḥ** cett.] samudāhṛtaṃ β₂β_ωε₂

15

उड्डीनं कुरुते यस्मादविश्रान्तं महाखगः ।
उड्डीयाणं तदेव स्यात्तत्र॰ बन्धो विधीयते ॥							3.60 – ε₃

उदरे पश्चिमं ताणं॰ नाभेरूर्ध्वं च कारयेत् ।
उड्डीयाणो ह्यसौ बन्धो मृत्युमातङ्गकेसरी ॥ (cd om. β_ω)							3.61 – ε₃

उड्डीयाणं तु सहजं गुरुणा कथितं सदा॰ ।
अभ्यसेदस्ततन्द्रस्तु॰ वृद्धोऽपि तरुणो भवेत् ॥							3.62 – ε₃

नाभेरूर्ध्वमधश्चापि ताणं कुर्यात्प्रयत्नतः ।
षण्मासमभ्यसन्मृत्युं जयत्येव न संशयः ॥							3.63 – ε₃

सति वज्रासने पादौ॰ कराभ्यां धारयेद्दृढम् ।
गुल्फदेशसमीपे च॰ कन्दं तत्र प्रपीडयेत् ॥ [after 3.96*2 in χ]							3.64 – ε₃

60a uḍḍīnaṃ Δχ] udīnaṃ β_ω udyānaṃ β₂ε₄ udyānaṃ α₁β₁γ₂ udyānāṃ α₂ uḍḍiyānaṃ γ₁η₂ uḍḍiyānaṃ α₃η₁ uḍḍīyānaṃ ε₂ **kurute yasmād** cett.] kryate yasmād γ₂ kṛte yasmād ε₂ tu kurute α₃ **60b aviśrāntaṃ** β₂β_ωΔε₂η₁η₂χ] aviśrānta α₁α₂β₁ aviśrānto γ₂ε₄ aviśrāṃtā γ₁ khaviśrāṃtā α₃ **60c uḍḍīyāṇaṃ** α₁ε₂η₁] uḍḍīyāṇaṃ Δε₄χ uḍḍiyāṇaṃ γ₂η₂ uḍḍiyāṇaṃ γ₁η₂ uḍiyāṇaṃ α₂ uḍiyāṇaṃ β₁β_ω uḍiyāṇaṃ β₂ **eva** cett.] evaṃ δ₁ evaḥ ε₂ **60d tatra** α₁α₂BΓε₂ε₄η₁χ] kṣetra η₂ mūla Δ **bandho** cett.] vedho α₂ **vidhīyate** α₂β₂γ₂ε₄] bhidhīyate cett. nigadyate γ₁ **61a udare** cett.] udarāt β_ω **paścimaṃ** α₂β₁β₂γ₂δ₃η₁χ] paścima α₁γ₁η₂ paścime β_ωδ₁δ₂ε₂ε₄ **tāṇaṃ** α₁α₂ε₂] tānaṃ β₂Γδ₁δ₃ε₄η₁η₂χ tālaṃ β₁δ₂ bhāge β_ω **61b ūrdhvaṃ** cett.] ūrdhve η₂ **ca** cett.] tu ε₂η₂ **61c uḍḍīyāṇo** α₁ε₂] uḍḍīyāno δ₂δ₃ε₄χ uḍḍiyāno α₃η₁ uḍḍiyāno Γδ₁η₂ uḍiyāno β₁ uḍiyāno β₂ uḍḍāṇo α₂ *om.* β_ω **hy asau** cett.] hy asam δ₃ hy ayaṃ δ₁δ₂ *om.* β_ω **61d kesarī** cett.] khecarī ε₄ *om.* β_ω **62a uḍḍīyāṇaṃ** α₁ε₂] uḍḍīyāṇaṃ δ₂δ₃ε₄χ uḍḍiyāṇaṃ α₂β₁η₁ uḍḍiyāṇaṃ γ₂δ₁η₂ uddiyāṇaṃ γ₁ uḍiyāṇaṃ β_ω uḍiyāṇaṃ β₂ **sahajaṃ** cett.] sahasaṃ β₁ yaḥ sahate γ₂ **62b guruṇā** cett.] gurūṇāṃ β_ω **sadā** α₁α₂Bε₂ε₄η₁η₂χ] yathā ΓΔ **62c abhyased/-set** cett.] abhyāsen γ₁ abhyāsyed α₂ abhyāsāt β_ω abhyāsa° β₂ **astatandras tu** α₂] astatadras tu α₁ asvataṃtras tu β₁ asya taṃtraṃ tu ε₄ asya taṃtrasya ε₂ °taḥ svatantras tu β₂ tad atandras tu γ₂Δ na taṃdras tu _ γ₁ yo hy atandras tu η₁ satataṃ yas tu β_ωη₂χ **62d vṛddho** cett.] vṛddhā η₁ **taruṇo bhavet** α₁α₂β₁β_ωε₂η₁η₂] taruṇāyate β₂ΓΔε₄χ **63a ante nābher** *add.* pāṭhāntaram β₂ **adhaś cāpi** cett.] adhastāpi α₂ adho vāpi Δ adhaḥkāya η₁ avasthāpya β₂ **63b tāṇaṃ** α₃β₁β_ωε₂η₁] tānaṃ β₂ΓΔε₄η₂χ tāpyaṃ α₁ tāruṇaṃ α₂ **prayatnataḥ** cett.] ca yatnataḥ η₂ **63c ṣaṇmāsam** cett.] ṣaṇmāsām α₃ ṣaṇmāsād α₂ yogī sam° η₁η₂ **abhyasan** α₁β₁Γη₂] abhyasen α₃β_ωΔε₂ε₄η₁χ ca samabhyān β₂ vau mahā α₂ **mṛtyuṃ** cett.] *om.* β₂ **63d jayaty eva na saṃśayaḥ** cett.] mūlaṃ jayaty asaṃśayaḥ β₂ **64a vajrāsane** cett.] vajrāsanau γ₁ vajrāsanaṃ α₁β₁ **64b karābhyāṃ dhārayed dṛḍham** (dhārayad η₂) cett.] karābhyā dhārayaṃ dṛḍham η₁ karābhyāṃ kāraye dṛḍham α₁α₂ karā _ sandhāraye dṛḍhe γ₁ **64c deśa** cett.] deśe α₂ε₂ deśaṃ α₁ **samīpe ca** α₁BΓε₄η₁η₂χ] samīpaṃ ca δ₂δ₃ε₂ samīpaṃ tu δ₁ samityeva α₂ **64d kandaṃ** cett.] kaṃdhaṃ δ₁ kaṃthaṃ α₂β₁ skandaṃ δ₃ **tatra** cett.] tacca β_ωη₂ tava α₁ tasya η₁ **prapīḍayet** α₃β₁β₂ΓΔε₂ε₄χ] prapīḍyate α₁β_ωη₁η₂ pradāyate α₂

पश्चिमं ताणमुदरे कारयेद्धृदये गले[#] ।
शनैः शनैर्यथा प्राणस्तुन्दसंधिं न गच्छति[#] ॥ (om. χ)   3.65 − ε₃

सर्वेषामेव बन्धानामुत्तमो ह्युड्डियाणकः ।
उड्डियाणे दृढे बन्धे मुक्तिः स्वाभाविकी भवेत् ॥   3.66 − ε₃

अथ जालंधरः ।

कण्ठमाकुञ्च्य हृदये स्थापयेच्चिबुकं दृढम् ।
बन्धो जालंधराख्योऽयं अमृताव्ययकारकः ॥   3.67

बध्नाति हि शिराजालमधोगामिनभोजलम् ।
ततो जालंधरो बन्धः कण्ठदुःखौघनाशनः ॥   3.68

जालंधरे कृते बन्धे कण्ठसंकोचलक्षणे ।
न पीयूषं पतत्यग्नौ न च वायुः प्रधावति ॥   3.69

65a paścimaṃ tāṇam α₂α₃β₁η₁] paścimaṃ tānam β₂ΓΔε₂ε₄η₂ paścimatāṇam α₁β_ω   **udare** ABΓγ₂Δε₄] udara γ₁ udaraṃ ε₂ upari η₁η₂   **65b kārayed** cett.] pīḍayed η₂   **dhṛdaye gale** ABΓγ₂ε₄η₁η₂] dhṛdaye gataiḥ γ₁ udare hṛdi δ₁ cibukaṃ hṛdi δ₃ cibukaṃ hṛdā δ₂ vṛddhidaṃ śanaiḥ ε₂   **65c śanair yathā** cett.] śanair [yato] ε₄ *om.* γ₁   **prāṇas** α₁α₂β₁β_ωΔη₁] prāṇās Γ strāṇas α₃ prāṇaṃ β₂ε₂ε₄ prāṇo η₂   **65d tunda** α₁β₁β₂γ₂δ₁δ₂ε₂] tuda β_ωη₁ taṃda γ₁ tadā δ₃ kaṃda α₂ nāḍi η₂ ūrddhva ε₄   **saṃdhiṃ** α₁β₁Γδ₁δ₃ε₄η₁] saṃdhi α₂β_ωε₂η₂ siṃdhiṃ δ₂ siddhiṃ β₂   **na** α₁α₂Βγε₂ε₄η₁] ca Δ niˈ η₂   **66b uttamo** cett.] uttamaṃ ε₂   **hy uḍḍiyāṇakaḥ** *m.c.* α₂η₁] hy uḍḍiyāṇakaḥ α₁ hy uḍḍiyāṇakaḥ ΓΔε₄η₂χ hy uḍiyāṇakaḥ β₁β_ω hy uḍiyāṇakaḥ β₂ hy uḍḍiyāṇakaṃ ε₂   **66c uḍḍīyāṇe** α₁ε₂] uḍḍīyāne δ₂δ₃ε₄ uḍḍiyāṇe η₁ uḍḍiyāne Γδ₁η₂χ uḍiyāne β₁β_ω uḍiyāne β₂ uḍḍayāne α₂   **dṛḍhe** cett.] kṛte ΓΔ   **bandhe** cett.] baddhe β₂ jāte α₂   **66d muktiḥ** α₁α₂β₁β_ωε₂ε₄η₂χ] muktiṃ η₁ mūlaṃ β₂ΓΔ   **svābhāvikī** α₁α₂β₁β_ωε₂ε₄η₁χ] svābhāvakī η₂ svābhāvikir α₃ svābhāvikaṃ β₂Δ svabhāvikaṃ γ₂ bhāvikaṃ γ₁   **heading: atha jālaṃdharaḥ** *em.*] atha jālaṃdhara β₁ atha jālaṃdharaṃ β_ω atha jālāṃdharaḥ α₁ atha jalaṃdhara α₂ atha jālaṃdharabandhaḥ β₂δ₃ε₄η₁η₂χ atha nāśaṃdharabaṃdhaḥ γ₁ jālaṃdharatīha γ₂δ₂ *om.* δ₁   **67b sthāpayec/d** cett.] *om.* γ₁   **cibukaṃ dṛḍham** β₂γ₂χ] d dṛḍham icchayā α₂α₃β₁β_ωΔη₁η₂ dṛḍham īchayā α₁ dṛḍham icchayet ε₂ dṛḍhaniścayāt ε₃ *om.* γ₁   **67c jālaṃdharā** cett.] jālāṃdharā α₁β_ω   **67d amṛtāvyayakārakaḥ** ε₃] amṛtavyayakārakaḥ β₁β_ωε₂ amṛtāvyayakārakaḥ α₁ amṛtvyaya + + + α₃ amṛtākhyopakārakaḥ α₂ amṛtākṣayakārakaḥ δ₁ amṛtakṣayakārakaḥ δ₃ amṛtākṣarakārakaḥ δ₂ jarāmṛtyuvināśakaḥ η₁η₂χ mṛtyor mṛtyuḥ paro mataḥ (J7; mṛtaḥ γ₁) Γ mṛtyumātaṃgakesarī β₂   **68a badhnāti hi** α₁Βε₂ε₃η₁η₂χ] badhnāti ha γ₁ badhnātīha γ₂Δ badhnāti α₂   **śirā** (sirā χ) β₂γ₂δ₁η₂χ] śiro α₂β₁β_ωγ₁δ₂δ₃ε₂ε₃η₁ śilā˘ α₁   **jālam** cett.] jālāṃ β_ω   **68b adhogāmi** α₁α₂β₁β₂γ₂Δε₂ε₃η₂χ] adhogāmī γ₁ madhyegāmi β_ω nādhāyāti η₁   **68c jālaṃdharo** cett.] jālāṃdharo α₁   **68d kaṇṭha** α₁Βγ₂ε₂ε₃χ] kaṇṭhe α₂γ₁Δη₁η₂   **69a jālaṃdhare** cett.] jālāṃdhare α₁β_ω jālādhare δ₁   **69b lakṣaṇe** cett.] lakṣaṇaṃ α₂α₃   **69c pataty** cett.] pacaty α₂ prayāty δ₁ kṣaraty γ₁   **69d pradhāvati** α₁α₂ΒΓε₂ε₃η₂] prakupyati Δη₁χ

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कण्ठसंकोचनेनैव द्वे नाड्यौ स्तम्भयेद्दृढं ।
मध्यचक्रमिदं ज्ञेयं षोडशाधारबन्धनम् ॥ (cd om. η₁)   3.70

बन्धत्रयमिदं श्रेष्ठं महासिद्धैर्निषेवितम् ।
सर्वेषां हठतन्त्राणां साधनं योगिनो विदुः ॥ (om. Δ)[22]   3.71

अधस्तात्कुञ्चनेनाशु कण्ठसंकोचने कृते ।
मध्ये पश्चिमताणेन स्यात्प्राणो ब्रह्मनाडिगः ॥ (α₂Γη₁η₂)[23] [= 2.46]   3.71*1

मूलस्थानं समाकुञ्च्य उड्डीयाणं तु कारयेत् । (ab om. Δη₂)
इडां च पिङ्गलां बद्ध्वा वाहयेत्पश्चिमं पथम् ॥ (cd om. η₂)   3.72

अनेनैव विधानेन सेवयेत्पवनो लयम् ।
ततो न जायते मृत्युर्जरारोगादिकं तथा ॥   3.73

70a saṃkocanenaiva cett.]   saṃkocane caiva β₁ saṃkocane dehe η₁   **70b dve nāḍyau** γ₂Δε₃η₂χ] dve nāḍyo β₁ dvau nāḍyau α₁ε₂ γ₂pc dve nāḍyai α₂ dvināḍyau β₂ _nā_ γ₁ nāḍyau ca η₁ *lac.* β_ω   **stambhayed** α₁α₂β₁β₂ε₃η₁η₂χ] stambhite ΓΔε₂ *lac.* β_ω   **dṛḍhaṃ** α₁α₂η₁η₂χ] dhruvam β₁Γδ₁δ₃ε₂ dhruve δ₂ dhṛvaṃ ε₃ dhuram β₂ *lac.* β_ω   **70c madhya- cakram** α₁α₂β₁β₂γ₂Δε₂ε₃χ] madhyakram γ₁ madhye cakram β_ω madhyaṃ cakram η₂ *om.* η₁ **jñeyam** cett.] ya γ₁ *om.* η₁   **71b mahāsiddhair** α₁γ₂ε₂] mahāsiddhaiś η₁η₂χ mahāsiddhe γ₁ mahāsiddhi α₂α₃β₁β₂ε₃ mahāsīha β_ω   **niṣevitam** α₁α₃BΓΔε₂] ca sevitaṃ η₁η₂χ prajāyate α₂ pradāyakaṃ ε₃   **71c haṭha** α₁α₂Bγ₂χ] yoga γ₁ε₂ε₃η₁η₂   **71d sādhanaṃ** cett.] sāranaṃ γ₁ **71*1a kuñcanenāśu** α₂η₁η₂] kuñcanenaiva Γ   **71*1b saṃkocane kṛte** α₂η₁η₂] saṃkocanena ca Γ   **71*1c madhye** α₂η₁] madhya Γη₂   **tāṇena** α₂] tānena Γη₁η₂   **72a samākuñcya** α₁α₂Bε₃η₁χ] samākṛṣya Γε₂ *om.* Δη₂   **72b uḍḍīyāṇaṃ** α₁ε₂] uḍḍiyāṇaṃ α₂β₁η₁ uddiyānaṃ Γε₃χ uḍiyānaṃ β_ω uḍiyānam β₂ *om.* Δη₂   **72c iḍāṃ ca piṅgalāṃ** α₃β₁β_ωγ₂Δε₃χ] iḍā ca piṅgalā α₁β₂γ₁ε₂ ilā piṃgalāṃ η₁ īḍā piṃgalā α₂ *om.* η₂   **baddhvā** cett.] baddhā ε₂ baṃdhvā α₃ *om.* η₂   **72d paścimaṃ** α₂α₃β₂ΓΔε₂η₁] paścimāṃ β₁β_ω paścimā α₁ε₃ *om.* η₂ paścime χ   **patham** cett.] pathāṃ β₁ pathi χ padaṃ α₃ *om.* η₂   **73a anenaiva vidhānena** cett.] brahmasthānasthito rodhaḥ η₂   **73b sevayet** α₁α₂Bδ₁δ₃] [s]e[vay]e[t] δ₂ śevayet α₃ vaśayet ε₂ prayāti Γε₃η₁η₂χ   **pavano layam** β_ωγ₂ε₃η₁η₂χ] pavano lagaṃ γ₁ pavanālayam α₁α₂β₁β₂δ₂ε₂ pavanā + + α₃ pavanānalam δ₃ paścimānalaṃ δ₁   **73c mṛtyur** cett.] mṛtyu δ₁δ₂ mṛtyuṃ β₁γ₁   **73d jarārogādikaṃ** Γδ₂δ₃ε₂η₁χ] jarārogādi kā α₂B jarārogādikas α₁ jarāmohādikaṃ ε₃ jvaro rogādikas δ₁ nāsya jarādikaṃ η₂   **tathā** cett.] kathā B vyathā α₂ tadā α₁

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[22] In χ this verse is found after 3.73.

[23] α₁α₃Bε₂ε₃χ have this verse in chp. 2. Δ does not have it at all. α₂Γη₁η₂ have it in both chp. 2 and 3. It is very likely that this verse is a later addition to the apograph of α₂, since it is followed by 3.37*1–2 in this ms.

अथ विपरीतकरणी ।

यत्किंचित् स्रवते चन्द्रादमृतं दिव्यरूपिणः ।
तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं जरायुतं ॥ (om. Aε₃η₁η₂)²⁴ [= 4.8*5]   3.73*1

तत्रास्ति करणं दिव्यं सूर्यस्य मुखबन्धनम्# ।
गुरूपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥ (om. Aε₃η₁η₂) [= 4.8*6]   3.73*2

ऊर्ध्वं नाभिरधस्तालुरूर्ध्वं भानुरधः शशी ।
करणी विपरीताख्या गुरुवाक्येन लभ्यते ॥ (cd om. β₁β₂δ₁δ₂ε₂η₂)   3.74

करणी विपरीताख्या सर्वव्याधिविनाशिनी । (ab om. δ₃χ)
नित्यमभ्यासयुक्तस्य जठराग्निविवर्धनी ॥   3.75

आहारो बहुलस्तस्य संपाद्यः साधकस्य तु ।
अल्पाहारो यदि भवेदग्निर्देहं दहेत्क्षणात् ॥   3.76

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heading: atha α₁α₂Bγ₁δ₃ε₂ε₃η₁η₂] *om.* γ₂Δχ   **viparītakaraṇī** β₂β_ωΓδ₂ε₃η₁η₂] viparī-
takaraṇīṃ α₁ viparītakaraṇīyam β₁ viparītakaraṇaṃ α₂ε₂ viparītakam δ₃ *om.* δ₁χ   **73*1a sra-**
vate β₂β_ωγ₂Δε₂χ] sravanam γ₁ sevate β₁   **candrād** β₁β₂γ₂Δχ] candra β_ω caṃdrāṃn ε₂
ced«am» γ₁   **73*1b divyarūpiṇaḥ** β₂χ] divyarūpiṇaṃ ε₂ divyarūpiṇī β₁ divyarūpi ca ΓΔ di-
vyarūpagaḥ β_ω   **73*1c grasate** cett.] sravate β₁   **sūryas** BΓΔχ] roho ε₂   **73*1d piṇḍaṃ**
β₂β_ωγ₂Δε₂] piḍaṃ γ₁ piṃḍa β₁ piṇḍo χ   **jarāyutam** B] jarāyutaḥ χ vināśi ca Γδ₂δ₃ε₂
vinasyati δ₁   **73*2a tatrāsti** BΓδ₁δ₃ε₂χ] tato sti δ₂   **73*2b bandhanam** cett.] vañcanam
χ   **73*2c jñeyaṃ** Bγ₂Δε₂χ] _yaṃ γ₁   **73*2d na tu** Bγ₂Δε₂χ] rttu γ₁   **74a ūrdhvaṃ**
nābhir cett.] ūrdhvanābhir β₁ ūrdhvanābhor γ₁ ūrdhvanābher χ ūrdhvaṃ nābher β₂ + + nābher
α₃   **adhas tālur** α₂α₃Bδ₁ε₂ε₃η₂] adhas tālu α₁γ₂δ₂η₁ adhas tālum δ₃ asāluktar γ₁ adhas tālor χ
74b ūrdhvaṃ cett.] ūrdhva α₂γ₁δ₁ ūrdhvo η₁   **74c karaṇī viparītākhyā** α₁Γδ₃η₁χ] karaṇī
viparītākṣaṃ α₂ karaṇaṃ viparītākhyaṃ α₃β_ωε₃ *om.* β₁β₂δ₁δ₂ε₂η₂   **74d labhyate** α₁β_ωγ₁ε₃η₁χ]
lakṣate α₂ lakṣayet α₃ gamyate γ₂δ₃ *om.* β₁β₂δ₁δ₂ε₂η₂   **75a karaṇī** cett.] karaṇaṃ β₁ *om.*
δ₃χ   **viparītākhyā** cett.] viparītākhyaṃ β₂ viparītākṣaṃ α₂ε₂ *om.* δ₃χ   **75b vināśinī**
α₁Γδ₁δ₂ε₃η₁η₂] vināśanī β₁ε₂ vināśanam α₂β₂β_ω *om.* δ₃χ   **75c yuktasya** cett.] saktasya
β₁   **75d vivardhanī** α₁γ₂ε₂ε₃η₁] vivardhinī β₁γ₁Δη₂χ vivardhanam α₂β₂β_ω   **76b tu** cett.]
ca α₂γ₁δ₂χ   **76c alpāhāro** ABη₁η₂χ] anāhāro Γδ₁δ₃ε₂ε₃ anāhāre δ₂   **yadi bhaved** cett.]
nirāhāraḥ η₂   **76d agnir dehaṃ** α₁α₃β_ωΔε₃] agnideham α₂β₁Γε₂ deham agnir η₁ agnidāho β₂
agnir daha° χ kṣudhālasya η₂   **dahet** α₁α₂β_ωΓΔε₂η₁] haret α₃β₁ε₃ bhavet β₂ °ti tat χ vaśe η₂
kṣaṇāt cett. incl. α₃] kramāt α₁ tataḥ γ₂ bhavet η₂

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²⁴ Group A has this pair of verses in Ch. 4: यत्किंचित्स्रवते चन्द्रादमृतं दिव्यरूपिणः । तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं
जरायुतं ॥ तत्रास्ति करणं दिव्यं सूर्यस्य परिबन्धनं । गुरूपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥

अधःशिराश् चोर्ध्वे पादः क्षणं स्यात्प्रथमे दिने ।
क्षणाच्च किंचिदधिकमभ्यसेच्च दिने दिने ॥ (cd om. δ₁)   3.77

वलिश्च पलितं चैव #षण्मासोर्ध्वे न दृश्यते ।
याममात्रं तु यो नित्यमभ्यसेत्स तु कालजित् ॥   3.78

अत्रत्या वज्रोली ग्रन्थान्ते लिखिता । क्रमप्राप्ताप्यत्र त्यक्ता । असाधारणप्राण्यनुष्ठेयत्वात्त
           स्याः । (△)²⁵

अथ वज्रोली ।²⁶

खेच्छया वर्तमानोऽपि योगोक्तैर्नियमैर्विना ।
वज्रोलीं यो विजानाति स योगी सिद्धिभाजनम्# ॥   3.79 – δ₂

तत्र वस्तुद्वयं वक्ष्ये दुर्लभं यस्य कस्य चित् ।
क्षीरं चैकं द्वितीयं तु नारी च वशवर्तिनी ॥   3.80 – δ₂

77a śirāś χ] śiraś α₁α₃Bδ₁ε₂ε₃η₁η₂ śirā Γδ₂ śira α₂δ₃   **cordhva** cett.] cordhvaṃ β_ω ūrdhva
Γδ₂δ₃   **pādaḥ** Aβ₁β₂γ₂Δε₃χ] pāda β_ωγ₁ε₂ pādau η₁η₂   **77b kṣaṇaṃ syāt** cett.] kṣīṇaṃ
syāt δ₁ lakṣaṇaṃ η₂   **77c kṣaṇāc ca** α₁β₂β_ωε₃η₁η₂χ] kṣayāc ca α₂ kṣaṇāt tu Γ kṣaṇādyaṃ
β₁ kṣaṇārdha ε₂ kṣaṇārdham δ₃ kṣaṇārdhe δ₂ *om.* δ₁   **adhikam** cett.] apika γ₁ *om.* δ₁
77d abhyasec ca cett.] abhyasetva γ₂ bhyarccayec ca γ₁ *om.* δ₁   **78a valiś ca** α₁Bη₁] vali α₂
valitaṃ Γ∆ε₂ε₃η₂χ   **palitaṃ** cett.] palitaś β₁β₂   **78b ṣaṇmāsordhvaṃ na**] ṣaṇmāsārdhān
na α₁β₁β₂ε₃ ṣaṇmāsārdhaṃ na β_ω ṣaṇmāsārdhe na α₂Γδ₂δ₃ ṣaṇmāsārdhena δ₁ ṣaṇmāsārdhe ca ε₂
ṣaṇmāsāt tu na η₁η₂   **dṛśyate** α₁α₂Bε₃η₁η₂χ] naśyati Γ∆ε₂   **78c yāmamātraṃ tu** cett.] yā-
mamātraṃ ca ε₃ yo māsatraya δ₃ māsatrayaṃ tu η₂   **nityam** cett.] gnibhyam γ₁   **78d abhyaset**
cett.] aset δ₁   **tu** cett.] su γ₂ ca ε₂   **kālajit** cett.] kālavit ε₂   **heading: granthānte likhitā**
δ₁] granthāntare likhitā vartate δ₂ granthāntare tu likhitāsīt δ₃   **kramaprāptāpy atra tyaktā**
δ₂δ₃] *om.* δ₁   **asādhāraṇa** δ₂] asādhāraṇaṃ δ₁ asāraṇa δ₃   **79b yogoktair** α₃Bγ₂δ₁η₁η₂χ]
yogokair γ₁ yogoktar ε₂ yogokta α₂ε₃ yogoktaṃ α₁ niyamair δ₃   **niyamair vinā** cett.] vivid-
hais tathā δ₃   **79c vajrolīṃ yo** β₂δ₁ε₃η₁η₂χ] vajrolī yo α₂β_ωΓδ₃ε₂ vajrolīr yo β₁ vajrālī yo α₁
vijānāti cett.] bhijānāti Γ   **79d siddhibhājanam** cett.] °bhājanaḥ γ₁ siddhimān bhavet η₂
80a vastu cett.] castu α₁ bheda ε₂   **vakṣ(y)e** cett.] manye γ₂ api γ₁   **80b cit** cett.] tu ε₃
80c caikaṃ cett.] caiva η₂ ekaṃ β₂Γ   **80d ca** cett.] vā α₂ tu δ₃

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²⁵ In ∆ the Vajrolī section is found at the end of the work.
²⁶ In β₂η₂ this header is found after *vinā* of the next line.

मेहनेन शनैः सम्यगूर्ध्वांकुञ्चनमभ्यसेत् ।
पुरुषो वापि नारी वा वज्रोलीसिद्धिमाप्नुयात् ॥   3.81 – δ₂

यत्नतः शरनालेन फूत्कारं वज्रकन्दरे ।
शनैः शनैः प्रकुर्वीत वायुसंचारकारणात् ॥ (om. γ₁)   3.82 – δ₂

नार्या भगे पतद्बिन्दुमभ्यासेनोर्ध्वमाहरेत् ।
चलितं च स्वकं बिन्दुमूर्ध्वमाकृष्य रक्षयेत् ॥ (cd om. δ₁δ₃)   3.83 – δ₂

एवं तु रक्षयेद्बिन्दुं मृत्युं जयति योगवित् ।
मरणं बिन्दुपातेन जीवितं बिन्दुधारणात् ॥ (cd om. δ₁)   3.84 – α₁δ₂

सुगन्धि योगिनो देहं जायते बिन्दुधारणात् ।²⁷ (ab om. δ₃η₁η₂)
यावद्बिन्दुः स्थिरो देहे तावन्मृत्युभयं कुतः ॥   3.85 – α₁δ₂

81a mehanena α₁β₂γ₂ε₂ε₃χ] mehanīna β₁ mehanaiva γ₁ mohanena δ₁ mohanenā δ₃ meḍhre-nena β_ω memḍhreṇa *unm.* η₁ mahānibhaṃ η₂ hemateṇe α₂   **śanaiḥ** cett.] sadā δ₁ hane α₂   **81b ūrdhvākuñcanam** cett.] ūrdhva kiṃcanam γ₂ kṛtvā kuñcanam η₂ gudākuñcanam η₁   **81c vāpi nārī vā** cett.] vāpi vā nārī α₂δ₃ 'py atha vā nārī χ   **81d vajrolī** cett.] vajrolīṃ δ₁η₁ vajrolīḥ γ₂   **siddhim āpnuyāt** cett.] siddhibhājanam γ₂ siddhibhājanaḥ γ₁   **82a yatnataḥ** α₁α₂β₁β_ωδ₁ε₂ε₃χ] prayatnataḥ γ₂η₁η₂ prayatnāt β₂   **śaranālena** α₁α₂Bδ₁δ₃] śalanolena ε₂ śatanārīṇāṃ ε₃ śastanālena χ śironāle γ₂η₁η₂   **82b phūtkāraṃ** α₁δ₃ε₂η₁χ] phutkāraṃ β_ω pūtkāraṃ δ₁ε₃ phūtkāraḥ γ₂η₂ sphūtkāraṃ β₂ śaraṃ tu β₁ leneraṃ α₂   **vajra** cett.] kaṃbu γ₂η₂   **kandare** Bε₂ε₃χ] kandhare α₁γ₂δ₁δ₃η₁η₂ kaṃharet α₂   **82c śanaiḥ** cett.] śanaḥ η₂   **prakurvīta** cett.] prakurvaṃti β₂η₂   **82d vāyu** cett.] vāyoḥ β₂   **83a nāryā** β₁β₂Γδ₁δ₃ε₂ε₃] nārī α₂χ māryā α₁ bhāryā β_ωη₁η₂   **bhage** cett.] bhāge α₁β₁ bhaga α₂   **patad** cett.] pated γ₂ yad α₂ ca tad ε₂   **bindum** cett.] bindhuhṃ β_ω bindur η₁η₂   **83b āharet** cett.] ācaret β₁ āruhet δ₃   **83c calitaṃ** cett.] bhavitaṃ β₁   **ca svakaṃ** α₁α₂] tu svakam α₃β₁β₂Γε₂ tu sukaṃ β_ω ca nijaṃ ε₃χ patitaṃ η₁ calitaṃ η₂ *om.* δ₁δ₃   **83d ūrdhvam ākṛṣya rakṣayet** α₂α₃BΓη₁η₂χ] ūrdhvam ākṛ + + + + α₁ ūrdhvam āhṛtya rakṣayet ε₃ abhyāsenordhvam āharet ε₂ *om.* δ₁δ₃   **84a tu rakṣayed** α₂α₃BΓε₂] saṃrakṣayed δ₁δ₃χ surakṣayed ε₃ rakṣati yo η₁η₂   **84c bindu** cett.] vida ε₂ *om.* δ₁   **84d jīvitaṃ** α₂β_ωδ₃ε₂ε₃η₁η₂] jīvituṃ β₁ jīvanaṃ β₂γ₂χ jī«vanam» γ₁ *om.* δ₁   **bindudhāraṇāt** cett.] bindurakṣaṇāt ε₃ baṃdhasaṃgrahāt α₂ «bindudhāraṇaṃ» γ₁ *om.* δ₁   **85a sugandhi** α₂BΓδ₁ε₃] sugandho ε₂χ *om.* δ₃η₁η₂   **dehaṃ** α₂β₁β_ω] dehe δ₁ε₃χ deho β₂Γε₂ *om.* δ₃η₁η₂   **85b dhāraṇāt** α₂β₁β_ωγ₁γ₂δ₁ε₂χ] rakṣaṇāt β₂ε₃ *om.* δ₃η₁η₂   **85c binduḥ** γ₁δ₃η₂χ] bindu α₂α₃Bγ₂δ₁ε₂ε₃η₁   **sthiro** α₂α₃Γδ₁ε₂η₁η₂χ] sthito Bδ₃ε₃   **dehe** cett.] deho Γ hahe α₂   **85d mṛtyubhayaṃ kutaḥ** α₃Bδ₁δ₃η₁η₂] kālabhayaṃ kutaḥ α₂Γε₂χ jīvanam ucyate ε₃

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²⁷ ε₃ has this hemistich after the first half of the next verse.

मनायत्तं नृणां शुक्रं शुक्रायत्तं हि जीवितम् ।
तस्माच्छुक्रं मनश्चैव रक्षणीयं प्रयत्नतः ॥   3.86 – α₁δ₂

ऋतुमत्या रजोऽप्येवं स्त्रिया# बिन्दुं च रक्षयेत् ।
मेढ्रेणाकर्षयेदूर्ध्वं सम्यगभ्यासयोगतः ॥   3.87 – α₁δ₂

अयं योगः पुण्यवतां धन्यानां तत्त्वशालिनाम् । (ab om. α₂α₃)
निर्मत्सराणां सिध्येत न तु मत्सरशालिनाम् ॥ (cd om. α₂α₃δ₃)²⁸   3.87*1

अथ सहजोली । (γ₂η₂χ)

सहजोली चामरोली वज्रोल्या एव भेदतः ॥   3.88 – α₁δ₂

जलेषु# भस्म निक्षिप्य दग्धगोमयसंभवं । (ab om. α₂α₃Bγ₁)
वज्रोलीमैथुनादूर्ध्वं स्त्रीपुंसोः स्वाङ्गलेपनम् ॥   3.89 – α₁δ₂

86a manāyattaṃ *em.*] anāyattaṃ α₃ manomayaṃ α₂ manodhīnaṃ B cittāyattaṃ cett. cittamat-taṃ γ₁   **nṛṇāṃ** cett.] taṃ nṛ α₂ bhavet β₂   **śukraṃ** cett.] śuklaṃ α₃β_ω   **86b śukrāy-attaṃ** cett.]   śuklāyataṃ β_ω śuklā + + α₃ śukrādhīnaṃ β₁β₂   **hi** β₁β_ωε₂η₁η₂] tu α₂β₂Γδ₁ ca δ₃ε₃χ   **jīvitam** cett.] jīvanaṃ β₂γ₂   **86c manaś caiva** cett.] manaś caivaṃ η₁ rajaś caiva η₂ rakṣaṇīyaṃ δ₃   **86d rakṣaṇīyaṃ** cett.] yogibhiś ca δ₃   **87a ṛtumatyā** α₂BΓε₂ε₃χ] bindumadhye δ₁δ₃η₁η₂   **rajo** cett.] nijo β₁   'py evaṃ α₂β₂Γδ₁δ₃ε₃ε₃η₁χ] thevaṃ β_ω py eva η₂ strījaṃ β₁   **87b striyā** Γ] bījaṃ δ₁ε₂ε₃η₁η₂ vīryaṃ α₂ jīvaṃ δ₃ nijaṃ χ svīyaṃ β₁ jayaṃ β_ω biṃduṃ β₂   **bindum** cett.] bindu β₁β_ωη₂ rakṣe β₂   **ca** cett.] tu β₂ε₂ε₂η₁ pra° δ₃   **rakṣayet** cett.] rakṣayan β_ω taṃnnayet δ₁ °pālayet δ₃ yogavit β₂   **87c meḍhreṇā** β₂β_ωγ₂ε₂η₁χ] meḍhreṇa α₂δ₁δ₃ε₃ε₃ meṃdhraṇā β₁ medhrā γ₁ medhrām ā η₂   **karṣayed** cett.] karṣayad β_ω kuṃcayed η₂   **87d yogataḥ** Γδ₁δ₃η₁] yogavān α₃β₁β_ωε₂ε₃ yogavit η₂χ pātāvāt α₂β₂   **87*1b dhanyānāṃ** cett.] dhīrāṇāṃ χ   **śālinām** β₁β₂γ₂δ₁δ₃ε₃η₁] śālinaṃ β_ωε₂ sattināṃ γ₁ darśinām η₂χ   **87*1c sidhyeta** β₁β_ωγ₁δ₁ε₂ε₃η₁] siddheta γ₂ vai sidhyen (but sidhyeta in mss?) χ siddhet η₂ siddhānāṃ β₂   **87*1d śālinām** BΓδ₁ε₃η₁χ] śālinaṃ ε₂ śīlinām η₂   **heading: atha sahajolī** γ₂η₂] atha sahajoliḥ χ   **88a sahajolī** α₂β₂δ₁δ₃η₁η₂] sahajoliś β_ωΓε₂ε₃χ sahajolāṃś β₁ sahajaś α₃   **cāmarolī** α₂β₁β₂δ₁δ₃] cāmaroli β_ωε₂ cāmarolir ε₃χ vāmarolī η₂ cāmarolī ca η₁ cāmaroliś ca Γ camaronauḷi α₃   **88b vajrolyā** cett.] vajrolyante δ₁δ₃ vajrolī β₂   **eva bhe-dataḥ** α₂BΓε₂ε₃η₁] ekabhedataḥ η₂ bheda ekataḥ χ prakīrtitā δ₁ pracodyate δ₃   **89a jaleṣu bhasma** γ₂δ₁ε₂ε₃η₁η₂] jale subhasma χ jale bhasmani δ₃   **nikṣipya** δ₁δ₃ε₂ε₃η₁η₂χ] niḥkṣipya γ₂   **89b dagdha** γ₂δ₁δ₃ε₃η₁η₂χ] dagdhaṃ ε₂   **saṃbhavaṃ** γ₂δ₁ε₂ε₃η₁η₂χ] sambhave δ₃   **89c vajrolīmaithunād** cett.] vajroḷimithunād ε₃   **89d strīpuṃsoḥ** γ₂ε₂η₁η₂χ] strīpuṃso α₂β_ω puṃsostrī β₁ strīpuṃsā γ₁ strīpuṃsau ε₃ strīpuṃsoś β₂δ₁δ₃   **svāṅga** α₂β₁Γε₂ε₃η₁η₂χ] svāṃgu β_ω cāṃga β₂δ₁δ₃

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²⁸ In ε₃ Pāda b and d are transposed; χ has this verse at the end of the Sahajolī section.

आसीनयोः सुखेनैव मुक्तव्यापारयोः क्षणम् ।
सहजोलीरियं प्रोक्ता श्रद्धेया योगिभिः सदा ॥   3.90 $-\alpha_1\delta_2$

अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (om. $\alpha_2\alpha_3\gamma_1$) [cf. 3.94cd]   3.90*1

अथ अमरोली । ($\gamma_2\delta_1\delta_3\varepsilon_3\eta_2\chi$)

पित्तोल्बणत्वात्प्रथमाम्बुधारां
विहाय निःसारतयान्त्यधाराम् ।
निषेव्यते शीतलमध्यधारा
कापालिकैः खण्डमतैरमर्याः ॥ (om. γ_1)[29]   3.91 $-\alpha_1\delta_2$

अमरीं यः पिबेन्नित्यं नस्यं कुर्वन्# दिने दिने ।
वज्रोलीं चाभ्यसेदेवममरोलीति कथ्यते ॥[30] (om. γ_1)   3.92 $-\alpha_1\delta_2$

90a āsīnayoḥ cett.] anenaiva ε_3 **sukhenaiva** cett.] mukhenaiva η_2 **90b vyāpārayoḥ** $\beta_1\beta_2\Gamma\delta_3\varepsilon_3\eta_1\chi$] vyāpārayo $\alpha_2\varepsilon_2\eta_2$ vyāpāramo β_ω vyāpārala° δ_1 **kṣaṇam** $\alpha_2B\delta_1\delta_3\varepsilon_2\varepsilon_3\eta_1\eta_2$] kṣaṇāt $\Gamma\chi$ **90c sahajolīr** $\alpha_2\beta_1\gamma_2\delta_1\delta_3\eta_1\eta_2$] sahajolir $\beta_\omega\gamma_1\varepsilon_2\varepsilon_3\chi$ sahajolī β_2 **90d śrad-dheyā** $\beta_1\beta_\omega\chi$] śraddhayā $\alpha_2\alpha_3\beta_2\delta_1\delta_3\eta_1$ sādhyeyā η_2 siddhaye ε_3 sevyate $\Gamma\varepsilon_2$ **90*1b bhoge** $\beta_1\beta_\omega\gamma_2\varepsilon_3\eta_2$] bhoga $\beta_2\varepsilon_2\eta_1\chi$ yoga δ_3 *lac.* δ_1 **bhukte** $\beta_\omega\gamma_2\varepsilon_3\eta_2$] yukte β_1 yukto χ mukte ε_2 mukti $\delta_1\delta_3\eta_1$ yoge β_2 **'pi muktidaḥ** $B\gamma_2\varepsilon_2\varepsilon_3\eta_2\chi$] vimuktidaḥ $\delta_3\eta_1$ pradāyakaḥ δ_1 **heading: atha amarolī** $\gamma_2\eta_2$] athāmarolī χ āthāmāroḷi ε_3 tatrāmarolī $\delta_1\delta_3$ **91a pit-tolbaṇatvāt** $\alpha_2\alpha_3\beta_1\beta_\omega\delta_1\delta_3\varepsilon_3\eta_1\chi$] pītvā aṇut β_2 virttaṇatvāḍyat ε_2 vihāya nityāṃ η_2 vihāya nīv..ḥ γ_2 **prathamāmbu** $\delta_3\eta_1$] prathamāṃ ca $\alpha_2\beta_1\beta_2\varepsilon_2\varepsilon_3\eta_2$ prathamaṃ ca $\alpha_3\gamma_2$ prathamaṃ vi β_ω prathamāṃ *unm.* δ_1 **dhārāṃ** cett.] dhārī α_2 *om.* δ_1 **91b niḥsāratayāntya** $\alpha_2\beta_1\delta_1\varepsilon_3\eta_1\eta_2\chi$] niḥsarabhayāntya δ_3 niḥsāralayāṃtya γ_2 niḥsārayāṃtya β_ω niḥsmāratayāṃtya ε_2 niḥsāratapāṃśu β_2 **91c niṣevyate** cett.] niṣevite β_2 niḥsevyate $\beta_1\eta_1$ nikhyevyate β_ω **dhārā** $\alpha_2\beta_1\beta_\omega\varepsilon_2\varepsilon_3\chi$] dhārāṃ $\beta_2\gamma_2\delta_3\eta_1$ dhārāḥ δ_1 **91d kāpālikaiḥ** $\alpha_2\beta_1\beta_\omega\delta_1\delta_3\varepsilon_2$] kapālikaiḥ $\gamma_2\varepsilon_3\eta_1\eta_2$ kapālakaiḥ β_2 kāpālike χ **khaṇḍamatair** $B\eta_1$] khaṃḍamitair ε_2 khaṃḍamate $\varepsilon_3\chi$ ṣaḍamatair α_2 kaṃṭhamaṭhair $\delta_1\delta_3$ kuṃṭhamatair $\gamma_2\eta_2$ **amaryāḥ** $\delta_1\delta_3\varepsilon_2$] amaryā $\alpha_2\beta_1\beta_2$ aryā β_ω amedhyā $\eta_1\eta_2$ amedhyāṃ γ_2 'marolī χ 'maroḷi ε_3 **92a amarīṃ** $\gamma_2\delta_1\delta_3\eta_2\chi$] amarī $\alpha_2\beta_1\beta_\omega\varepsilon_2\varepsilon_3\eta_1$ amariṃ β_2 **yaḥ** $\alpha_2B\delta_1\delta_3\varepsilon_2\varepsilon_3\chi$] ya[ṃ] η_1 yo $\gamma_2\eta_2$ **piben** cett.] piban δ_3 **92b nasyaṃ kurvan** $\beta_2\beta_\omega\delta_1\chi$] naśyaṃ kurvan $\alpha_3\varepsilon_2\varepsilon_3$ nasaṃ kurvan δ_3 tṛśya kurvan β_1 naśyaṃ kuryā η_1 nasya kuryā α_2 tasya kuryā γ_2 tasthaṃ kuryā η_2 **92c vajrolīṃ cā** $\alpha_3\delta_1\delta_3$] vajrolī cā $\beta_\omega\varepsilon_2\varepsilon_3\eta_1$ vajrolī vā β_1 vajrolīm a $\gamma_2\eta_2\chi$ vajrolī ka β_2 vijrolī sā α_2 °**bhyased evam** $\alpha_2\alpha_3$] bhyasec ceyam $\delta_1\delta_3\varepsilon_2\varepsilon_3$ bhyaset seyam β_ω bhyasevoyam β_1 bhyasen nityaṃ η_1 bhyaset satve γ_2 bhyasec chattve η_2 bhyaset samyak χ thyate seyam β_2 **92d amarolīti** cett.] sāmarolīti χ amaroḷī tu α_2 amaroḷīṃ tu ε_3 **kathyate** cett.] kalpayet ε_3 kasyate η_2

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[29] γ_2 seems to have supplied this verse and the next one from a ms belonging to the η-group.

[30]   In χ the verse 3.103 is found after this

पुंसो बिन्दुं समाकृष्य सम्यगभ्यासपाटवात् ।
यदि नारी रजो रक्षेद्व्रोल्या सा हि योगिनी ॥ (om. α₂α₃)					3.92*1

तस्याः किंचिद्रजो नाशं न गच्छति न संशयः ।
तस्याः शरीरे नादस्तु बिन्दुतामेव गच्छति ॥ (om. α₂α₃) (cd om. γ₂)					3.92*2

स बिन्दुस्तद्रजश्चैव एकीभूय स्वदेहजौ# ।
वज्रोल्याभ्यासयोगेन सर्वसिद्धिं प्रकुर्वतः ॥ (om. α₂α₃)					3.92*3

रक्षेदाकुञ्चनेनोर्ध्वं या रजः सा हि योगिनी । (α₂α₃γ₂η₂χ)³¹
अतीतानागतं वेत्ति खेचरी च भवेद्ध्रुवम् ॥					3.93 – α₁δ₂

देहसिद्धिं च लभते वज्रोल्यभ्यासयोगतः । (ab om. α₂)
अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (cd om. α₂Γ) [cf. 3.90*1cd]					3.94 – α₁δ₂

92*1a puṃso β₁γ₁δ₁δ₃ε₂ε₃η₂χ] puṃsor β₂γ₂ puṃsāṃ β_ωη₁ **binduṃ** cett.] bindu β₁β_ωγ₁ε₂ε₃η₂ samākṛṣya Γ] samākuñcya cett. **92*1b pāṭavāt** β₁β₂δ₁δ₃ε₃χ] pāṭavān β_ωΓε₂η₂ pāravān η₁ **92*1d vajrolyā** β₁β_ωγ₂ε₂η₁χ] vajrolyāṃ δ₁ vajrolya δ₃ vajrolī β₂ vajroli ε₃ saṃyoge η₂ *om.* (3.92*1d–3.94a om. prob. by eye-skip) γ₁ **sā hi** β_ω] saha β₁β₂γ₂ε₂ sāpi δ₁ε₃η₁χ syāpi δ₃ cāpi η₂ *om.* γ₁ **92*2c tasyāḥ** β₁β₂δ₁δ₃ε₃η₁η₂χ] yasyāḥ ε₂ asyāḥ β_ω *om.* Γ **śarīre** cett.] śarīra δ₃ε₃ śarīre pi β₁ *om.* Γ **nādas tu** Bδ₃ε₂ε₃η₁] nādas tat η₂ nādātmā δ₁ nādaś ca χ *om.* Γ **92*2d bindutām eva** β₁β_ωδ₁δ₃ε₂ε₃η₁χ] bindus tam eva η₂ vyaṃjatām eva β₂ *om.* Γ **92*3b ekī** cett.] hy ekī δ₃ *om.* γ₁ **bhūya** β₂β_ωγ₂δ₁δ₃ε₃χ] bhūyaḥ ε₂η₂ bhūtaḥ η₁ bhūta β₁ *om.* γ₁ **svadehajau** β₁β_ωε₂ε₃η₁] svadehajaiḥ β₂η₂ svadehajam δ₃ sadehajaṃ δ₁ svadehagau χ *om.* γ₁ **92*3c vajrolyā** Bε₂ε₃η₁η₂] vajrolya γ₂δ₁δ₃χ *om.* γ₁ **92*3d sarva** cett.] sarvāṃ β₂ **siddhiṃ** β₁β₂γ₂δ₁ε₂ε₃χ] siddhi β_ωη₁ siddhiḥ δ₃η₂ *om.* γ₁ **prakurvataḥ** β₁ε₂ε₃] prakurvate γ₂δ₁δ₃ prayacchataḥ χ prayacchati β₂ prajāyate β_ωη₁η₂ *om.* γ₁ **93a rakṣed ākuñcanenordhvaṃ** *em.*] rakṣe[d ā]kuṃcane .. + α₃ rakṣed ākuṃbhanonordhaṃ α₂ rakṣed ākuñcanād ūrdhvaṃ χ mehenākuṃcanād ūrdhva γ₂ meḍhrām ākuṃcanād ūrdhvaṃ η₂ **93b yā rajaḥ sā hi yoginī** χ] yā rajaḥ saha yoginī α₂ rajasāpi hi yoginaḥ γ₂η₂ **93c atītānāgataṃ** cett.] atītānāgate β₂ atītānāgatiṃ ε₃ atītānāṃ gatiṃ ε₂ *om.* γ₁ **93d khecarī ca** cett.] khecaraś ca η₂ khecarīṃ la° δ₃ khecarīṃ δ₁ *om.* γ₁ **bhaved dhruvam** cett.] bhave druvaṃ α₂ bhaved dṛḍhaṃ β₁ bhate dhruvaṃ δ₁δ₃ prajāyate γ₂ *om.* γ₁ **94a ca** cett.] tu η₁ *om.* γ₁ **labhate** cett.] labhyeta β₂ *om.* γ₁ **94b vajrolyabhyāsa** γ₂δ₁δ₃χ] vajrolyābhyāsa Bγ₁ε₂ε₃η₁η₂ **94c ayaṃ śubhakaro yogo** α₃] ayaṃ puṇyakaro yogo χ yasmād ayaṃ sādhakāya B tasmād ayaṃ sādhakāya δ₁δ₃ε₂ε₃ tasmād ayaṃ sādhako'yaṃ η₁ tasmād ayaṃ sādhakānāṃ η₂ **94d bhoge bhukte'pi muktidaḥ** β₁χ] bhoge bhukti «pi» muktidaḥ β_ω bhogamukte pi muktidaḥ ε₂ bhogabhukti(yoga-mukti *ac*)vimuktidaḥ δ₁ bhogamuktivimuktidaḥ α₃δ₃η₁ bhoge muktivimuktidaḥ η₂ bhogayukto pi muktidaḥ ε₃ bhogayoge pi muktidaḥ β₂

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³¹ γ₂ has this hemistich between 3.92 and 3.92*1.

तस्मात्पुण्यवतामेव अयं योगः प्रसिध्यति ॥[32] (om. $\alpha_2\alpha_3\chi$)   3.94*1

अथ शक्तिचालनम् ।

कुटिलाङ्गी कुण्डलिनी भुजङ्गी शक्तिरीश्वरी ।
कुण्डल्यरुन्धती चेति शब्दाः पर्यायवाचकाः ॥ (om. $\alpha_2\alpha_3$)   3.94*2

उद्घाटयेत्कपाटं तु यथा कुञ्चिकया हठात् ।
कुण्डलिन्या तथा योगी मोक्षद्वारं विभेदयेत् ॥[33] (om. $\alpha_2\alpha_3$)   3.94*3

येन मार्गेण गन्तव्यं ब्रह्मस्थानं निरामयम् ।
मुखेनाच्छाद्य तद्द्वारं प्रसुप्ता परमेश्वरी ॥ (om. $\alpha_2\alpha_3$)   3.94*4

कन्दोर्ध्वे कुण्डली शक्तिः सुप्ता मोक्षाय योगिनाम् ।
बन्धनाय च मूढानां यस्तां वेत्ति स योगवित् ॥ (om. $\alpha_2\alpha_3$)   3.94*5

94*1a eva $\beta_2\Gamma\eta_2$] evam $\beta_1\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3\eta_1$ **94*1b ayaṃ yogaḥ** B$\Gamma\epsilon_2\epsilon_3\eta_1$] eṣa yogaḥ $\delta_1\delta_3$ yogo'yaṃ η_2 **prasidhyati** B$\Gamma\delta_1\delta_3\epsilon_2\epsilon_3\eta_1$] saṃprasidhyati η_2 **heading: atha** $\alpha_2\alpha_3$B$\epsilon_2\eta_1\eta_2\chi$] *om.* $\Gamma\Delta\epsilon_3$ **śakticālanam** $\alpha_2\alpha_3$B$\gamma_2\delta_1\delta_3\epsilon_2\eta_1\chi$] śakticālam δ_2 śaktiyānaṃ γ_1 śakti η_2 *om.* ϵ_3 **94*2a kuṭilāṅgī** B$\Delta\eta_1\eta_2\chi$] kuṃḍalāṅgī $\gamma_2\epsilon_2\epsilon_3$ kundalīgī γ_1 **94*2b śaktir īśvarī** B$\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2\chi$] śaktir aiśvarī $\delta_1\delta_2$ śaktir asvarī γ_1 śaktivardhinī δ_3 **94*2c kuṇḍaly** B$\Gamma\epsilon_2\epsilon_3\eta_1\eta_2\chi$] kuṭily Δ **arundhatī** cett.] aruṃdhīti β_1 ā[ku]ṃḍalī η_1 āceti ruṃ° η_2 **ceti** $\beta_1\eta_1$] veti β_ω vati ϵ_2 caiva ϵ_3 caite $\beta_2\chi$ devī $\Gamma\delta_1\delta_3$ dīvī δ_2 dhaṃti η_2 **94*2d śabdāḥ paryāyavācakāḥ** cett.] śabdaḥ paryāyavācakaḥ $\delta_1\delta_3$ śabdā cārvāk vācakāḥ β_1 **94*3a udghāṭayet** cett.] udghāṭayati ϵ_2 **kapāṭaṃ** cett.] kapālaṃ δ_3 **tu** cett.] *om.* ϵ_2 **94*3b kuñcikayā** cett.] kuṃcukayā β_2 **94*3d vibhedayet** cett.] prabhedayet γ_1 nirodhayet γ_2 **94*4a mārgeṇa** B$\epsilon_2\epsilon_3\eta_1\eta_2\chi$] dvāreṇa $\Gamma\Delta$ **94*4c ācchādya** cett.] ākṣādya δ_1 āvādya ϵ_2 **taddvāraṃ** $\gamma_1\Gamma\delta_3\eta_2$] tadvāraṃ $\beta_1\beta_\omega\gamma_2\delta_1\epsilon_2\epsilon_3\eta_1\chi$ taṃ dvāraṃ β_2 tedvāraṃ δ_2 **94*5a kandordhvaṃ** $\beta_1\Gamma\epsilon_2\epsilon_3$] kandordhve (kandho° δ_{1ac}) $\delta_1\delta_3\eta_1\eta_2\chi$ kandorddha β_ω kaṃṭhorddhaṃ β_2 kuṇḍordhvo δ_2 **94*5b suptā** B$\epsilon_3\eta_1\eta_2\chi$] buddhā $\Gamma\delta_2\epsilon_2$ baddhā $\delta_1\delta_3$ **94*5c mūḍhānāṃ** cett.] mūrkhāṇāṃ γ_2

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[32] γ_1 has a sub-colophon marking the end of Chap. 3 after this verse (the 100th!). Chap. 4 contains only 29 verses, which are the remaining verses of the usual Chap. 3. Chap. 5 corresponds to the usual Chap. 4.

δ_1 has here: इति हठयोगप्रदीपिकायां पंचम उपदेशः ॥ ५ ॥ समाप्तोयं ग्रंथः ॥ संवत् १७०७ ज्येष्ठ कृष्ण ४ भृगौ लिषितमिदं ॥ ॥ शुभं ॥ ॥; δ_3 इति श्रीमदात्मारामविरचितायां पञ्चमोयमुपदेशः ॥ ५ ॥ शुभमस्तु सर्वजगताम् ॥; P23 इयं वज्रोली त्रयोदशे पत्रे शक्तिचालनात्पूर्वं ज्ञातव्या ॥ ॥ इति श्रीआत्माराममुनींद्रविरचितायां हठदीपिकायं(!) पंचमोपदेशः ॥ ५ ॥

[33] This verse and the next one are transposed in ϵ_2.

अम्भोधिशैलद्वीपानामाधारः शेषकुण्डली । (ab om. $\alpha_2\alpha_3\chi$)
अशेषयोगतन्त्राणामाधारः कुण्डली तथा ॥ (cd om. $\alpha_2\alpha_3\eta_1\chi$) [cf. 3.1] 3.94*6

कुण्डली कुटिलाकारा सर्पवत्परिकीर्तिता ।
सा शक्तिश्चालिता येन स मुक्तो नात्र संशयः ॥ (om. $\alpha_2\alpha_3$) [= 4.59] 3.94*7

गङ्गायमुनयोर्मध्ये बालरण्डा तपस्विनी ।
बलात्कारेण गृह्णीयात्तद्विष्णोः परमं पदम् ॥ 3.95 − α_1

इडा भगवती गङ्गा पिङ्गला यमुना नदी ।
इडापिङ्गलयोर्मध्ये बालरण्डा सरस्वती ॥ ($\alpha_2\beta_2\beta_\omega\gamma_2\eta_1\eta_2\chi$) 3.95*1

पुच्छं प्रगृह्य भुजगीं सुप्तामुद्बोधयेदभीः ।
निद्रां विहाय सा ऋज्वी ऊर्ध्वमुत्तिष्ठते हठात् ॥ 3.96 − α_1

परिस्थिता चैव फणावती सा
प्रातश्च सायं प्रहरार्धमात्रं ।
प्रपूर्य सूर्यात्परिधानयुक्त्या
प्रगृह्य नित्यं परिचालनीया ॥# (om. $\alpha_2\alpha_3$) 3.96*1

94*6a ambhodhi cett.] *om.* $\alpha_2\alpha_3\chi$ **śailadvīpānām** $\beta_1\beta_\omega\Gamma\varepsilon_3\eta_1\eta_2$] śailordvagānām β_2 plauladvīpānām ε_2 dvīpaśailānām Δ *om.* $\alpha_2\alpha_3\chi$ **94*6b ādhāraḥ** cett.] ādharaḥ γ_2 ādhāraṃ ε_2 *om.* $\alpha_2\alpha_3\chi$ **94*6c tantrāṇām** cett.] jagatām η_2 *om.* $\alpha_2\alpha_3\eta_1\chi$ **94*6d kuṇḍalī tathā** cett.] kuṇḍalī yathā δ_1 śeṣakuṇḍalī ε_3 *om.* $\alpha_2\alpha_3\eta_1\chi$ **94*7a kuṭilākārā** $\mathrm{B}\Gamma\Delta\varepsilon_2\chi$] kuṃḍilākārā ε_3 kuṃḍalākārā η_1 kuṭilākarī η_2 **95a yamunayor** cett.] jamunāyor $\beta_\omega\eta_2$ **95b bālaraṇḍā** cett.] bālaraṇḍāṃ $\beta_1\chi$ **tapasvinī** cett.] tapaścānī δ_1 tapasvinīm χ sarasvatī $\beta_1\beta_2$ **95*1c iḍāpiṅgalayor madhye** $\beta_2\beta_\omega\gamma_2\eta_1\eta_2\chi$ (piṃgālyor $\beta_\omega\eta_2$)] tayor madhye prayāgaṃ tu α_2 **95*1d bālaraṇḍā** $\beta_2\beta_\omega\gamma_2\eta_1\eta_2\chi$] yas taṃ veda α_2 **sarasvatī** $\beta_2\beta_\omega\gamma_2\eta_1\eta_2$] ca kuṇḍalī χ sa vedavit α_2 **96a pucchaṃ** cett.] pucche $\delta_2\eta_2\chi$ **pragṛhya** $\alpha_2\mathrm{B}\Gamma\Delta\varepsilon_2\chi$] nigṛhya ε_3 gṛhya η_1 **bhujagīṃ** $\beta_2\gamma_2\Delta$] bhujagī $\alpha_2\beta_1$ bhujaṃgī $\beta_\omega\gamma_1$ bhujaṃgīṃ η_2 bhujaṃgīva η_1 *illeg.* ε_2 **96b udbodhayed/c** $\alpha_2\beta_\omega\beta_2\gamma_2\delta_1\delta_2\varepsilon_3\eta_1\eta_2\chi$] udyodhayeṃd α_3 uddyotayed δ_3 udrodhyamed γ_1 udbdhoyed (sic!) β_1 *illeg.* ε_2 **abhīḥ** $\alpha_3\Gamma$] abhī $\alpha_2\beta_1$ abhiḥ ε_3 api Δ ca tāṃ $\beta_\omega\eta_1\eta_2\chi$ balāt β_2 *illeg.* ε_2 **96c ṛjvī** $\Gamma\delta_2\delta_3\varepsilon_3\eta_1\eta_2$] ṛjvīm $\alpha_3\beta_2\delta_1$ rījvīm β_1 rujvīm β_ω rajvī ε_2 rajvām α_2 śaktir χ **96d ūrdhvam** cett.] kurddham ε_2 **uttiṣṭhate** cett.] ākṛṣyate ε_2 **haṭhāt** cett.] kṣaṇāt β_2 **96*1a paristhitā caiva** $\beta_2\Gamma\Delta\varepsilon_2$] paristhitasyaiva ε_3 paristhitā [sai]va η_1 pravistṛtasyava β_1 pṛstisthitasyaiva β_ω avasthitasya η_2 avasthitā caiva χ **phaṇāvatī sā** cett.] phaṇāvatīva sā δ_3 phaṇāryayāṃtīyaṃ η_2 **96*1b prātaś ca sāyaṃ** cett.] prātas tu sāyaṃ ε_3 sāyaṃ ca prātaḥ δ_2 **mātraṃ** cett.] rātraṃ $\beta_1\beta_\omega$ **96*1c prapūrya** cett.] prapūrvva γ_1 prasūrya η_1 prasārya $\beta_1\beta_2\eta_2$ **sūryāt** $\beta_1\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\chi$] sauryā δ_1 saudhā δ_3 sācāryya β_2 tesau δ_2 ryāṣṇut η_2 **paridhāna** cett.] paridhāya β_ω mavidhāna β_1 vidhāna β_2 **yuktyā** $\beta_1\beta_2\eta_2\chi$] yuktā $\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1$ muktā Δ **96*1d nityaṃ paricālanīyā** $\beta_2\chi$] niryāt paricālanīyā $\beta_1\beta_\omega$ niryāt paricālanīyāt ε_2 niryātya paricālanīyā *unm.* ε_3 niyāt* pavicālinī sā γ_1 niryāty avicālinī sā $\gamma_2\Delta$ °te yā paricālanīy[ai] η_1 paricālanīyā η_2

वितस्तिप्रमितं दैर्घ्यं विस्तारं चतुरङ्गुलम् ।
मृदुलं धवलं प्रोक्तं वेष्टनाम्बरलक्षणम् ॥ (om. α₂α₃) [= ??]   3.96*2

³⁴वज्रासनस्थितो योगी चालयित्वा तु कुण्डलीम् ।
कुर्यादनन्तरं भस्त्रीं कुण्डलीमाशु बोधयेत् ॥   3.97 – α₁

भानोराकुञ्चनं कुर्यात्कुण्डलीं चालयेत्ततः ।
मृत्युवक्रगतस्यापि तस्य मृत्युभयं कुतः ॥   3.98

नासादक्षिणमार्गवाहिपवनो प्राणेऽतिदीर्घीकृते
चन्द्राम्भःपरिपूरितामृततनुः प्राग्घण्टिकायास्तथा ।
सिञ्चन्कालविशालवह्निवशगान्भूरन्ध्रनाडीगणान्
तत्कायं कुरुते पुनर्नवतरं जीर्णद्रुमस्कन्धवत् ॥# (om. A)³⁵   3.98*1

96*2a vitastipramitaṃ dairghyam β_ωε₂] vitastipramita-dairghyaṃ ε₃η₁ vitastipramitaṃ dīrgham β₂ΓΔη₂ vitastipramitaṃ divyam β₁ ūrdhvaṃ vitastimātraṃ tu χ **96*2b vistāraṃ** β₂β_ωγ₁Δε₃η₁η₂χ] vistāre β₁γ₂ε₂ **96*2c mṛdulaṃ** cett.] mṛlaṃ δ₁ **dhavalaṃ** cett.] pavanaṃ δ₃ **96*2d veṣṭanāmbara** β₁ε₃η₁η₂] veṣṭatāṃbara β_ω veṣṭitāmbara χ veṣṭanāṃbala γ₂ veṣṭanāṃba β₂ vaṣṭanāmbara γ₁ε₂ veṣṭanādhāra Δ **97a vajrāsana** cett.] vajrāsane β₂χ **97b cālayitvā** cett.] vārayitvā β₁ **tu** BΓΔε₂] ca α₂ε₃η₂χ om. η₁ **97c** ante kuryād add. sūryabhedāt γ₁δ₂δ₃ (as header δ₃) **kuryād** α₂Bη₁η₂χ] sūryād Γδ₁δ₃ε₂ε₃ tathā δ₂ **anantaraṃ** cett.] vanara γ₁ sūryāt δ₂ **bhastrīṃ** β₁ε₃η₂] bhastrī α₂γ₁δ₁δ₃ bhasrī γ₂ bhastri β_ωε₂ bhastrāṃ β₂χ *illeg.* η₁ *om.* δ₂ **97d kuṇḍalīm āśu bodhayet** cett.] *om.* α₂δ₂ **98a bhānor** cett.] bhānur β₁ *om.* α₂δ₂ *lost* α₁ **ākuñcanaṃ kuryāt** cett.] ākuñcanaṃ pu(?)ryāt δ₁ ākuñcananenaiva η₂ āku(ṃ)nacaivaṃ η₁ *om.* α₂δ₂ *lost* α₁ **98b cālayet** cett.] cālayan γ₁ bodhayet α₁α₂ **tataḥ** cett.] tadā η₂ **98c mṛtyu** cett.] mṛtyor η₂ **vaktra** cett.] vaktraṃ β_ω vakra γ₁ vajra α₂ **98*1a dakṣiṇamārgavāhi** β₁β_ωΓε₂ε₃η₂χ] dakṣiṇavāhimārga β₂ paścimavartmavāhi δ₁ dakṣiṇavartmavāhi δ₃ dakṣiṇavatsavāhi δ₂ da[kṣi]ṇa[n]ā..mārgeṇa *unm.* η₁ **pavano** β₂γ₂Δ] pavanot ε₃ pavanāt β₁β_ωε₂γ₁η₂χ pavana γ₁ **prāṇe** γ₁] prāṇo β₁β_ωε₂ε₃η₁η₂χ ghrāṇe β₂γ₂δ₂δ₃ ghrāṇo δ₁ **'tidīrghīkṛte** *em.*] °kṛteś γ₂ °kṛtaś δ₂ε₃η₁χ tidīrghākṛtiś γ₁ tidīrghākṛtiś ε₂η₂ tirghīkṛtiś (°kṛtaś *pc*?) δ₁ dīrghīkṛtaḥ β_ω pi dīrghīkṛtaḥ β₁ na dīrghīkṛtaḥ β₂ ca dīrghīkṛtaś δ₃ **98*1b candrāmbhaḥ** β₂ε₃η₁η₂] candrābhaḥ Γχ candrāntaḥ Δ caṃdrāṃsāt β₁ caṃdrāṃgāt β_ω caṃdrād[vā] ε₂ **paripūritāmṛtatanuḥ** β₁β₂Γε₂η₂χ] paripūrṇatāmṛtatanuḥ ε₃ paripūritāmṛtyutanuḥ β_ω paripūritā....... η₁ paripūrya pūritatanuḥ Δ **prāg** cett.] prā β₂δ₁ **ghaṇṭikāyās tathā** β₂γ₁δ₁δ₂ε₂η₂] °kāyā[ya]thā β_ω °kāyāḥ pathā β₁ °kāyās tataḥ δ₃χ °kāyās tadā γ₂ °kāyāḥ sadā ε₃ ....kāyā.... η₁ **98*1c siñcan** *em.* (= Amaraughaśāsana)] chindan ε₂ε₃ chiṃdat β₁ chaṃdaḥ β₂ chinnat β_ωη₂ chittvā χ bhindan γ₂Δ bhidan γ₁ [piṃ].. η₁ **vahni** cett.] vadri β₁ pāśa ε₃ *om.* γ₁ **vaśagān** β_ωΓδ₂η₁] vaśagā δ₁δ₃ε₃ vaśagāt η₂ vaśanān ε₂ vaśagaṃ χ paramān β₁ pavanān β₂ **bhrū** cett.] bhū ε₃ tū γ₁ bhṛṃ β_ω prāg η₂ **nāḍīgaṇān/gaṇāṃs** cett.] nāḍīgaṇāt η₂ nāḍīguṇān β₁ nādīgatam χ nā_n γ₁ **98*1d tat** β₂ε₂ε₃η₂χ] taṃ β₁β_ωΓΔη₁ **jīrṇa** β₁β₂γ₂δ₁δ₂] jīrṇaṃ β_ωδ₃ε₂ chinna η₂χ chinnam ε₃ kṛnta η₁ bhasma γ₁

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³⁴ χ has 3.64 before this verse.

³⁵ In χ this verse is found after 3.102*1 together with the next one and has no commentary.

कुण्डलीं चालयित्वा तु कुर्याद्भस्त्रीं विशेषतः ।
एवमभ्यस्यतो नित्यं यमिनः शंकते यमः ॥ (om. A)   3.98*2

तदाभ्यसेत्सूर्यभेदमुज्जायीं चापि शीतलीम् ।
एवमभ्यासयुक्तस्य शमनो यमिनः कुतः ॥ (om. Aχ)   3.98*3

मुहूर्तद्वयपर्यन्तं निर्भयश्चालयेदसौ ।
ऊर्ध्वमाकृष्यते किंचित् सुषुम्ना कुण्डलीगता ॥ (cd om. Δ)   3.99

तेन कुण्डलिनी तस्याः सुषुम्णायाः समुद्धृता ।
जहाति तस्मात्प्राणोऽयं सुषुम्णां व्रजति स्वतः ॥ (om. Δ)   3.100

तस्मात्संचालयेन्नित्यं शब्दगर्भां#मरुन्धतीम् ।
तस्याः संचालनेनैव योगी रोगैः प्रमुच्यते ॥ (om. Δ)   3.101

येन संचालिता शक्तिः स योगी सिद्धिभाजनम् ।
किमत्र बहुनोक्तेन कालं जयति लीलया ॥ (om. Δ)   3.102

98*2a °**tvā tu** γ₂Δε₂χ] °tvācca γ₁ °tvātha β₁β₂ε₃η₂ °tvādhaḥ β_ω *illeg.* η₁   **98*2b kuryād bhas-
trīṃ** β₁δ₂δ₃ε₃η₁] kuryād bhastrī β_ωδ₁ε₂ kuryād bhastrāṃ η₂ bhasrī kuryād Γ bhastrāṃ kuryād β₂χ
98*2c abhyasyato η₂χ] abhyasyatā β_ω abhyasya tāṃ β₁ abhyasato δ₃ε₃ abhyāsato β₂Γδ₁δ₂ε₂
... .. syat. η₁   **98*2d yaminaḥ śaṃkate yamaḥ** cett.] yamino yamabhīḥ kutaḥ χ   **98*3a tadābh-
hyaset** β₁β_ωΓδ₂ε₂η₁] tadābhyasyet η₂ tad abhyaset β₂δ₁ε₃ tam abhyaset δ₃   **sūryabhedam**
cett.] sūryabhede ε₃ sūryabījam δ₃   **98*3b ujjāyīṃ** BΓδ₂δ₃η₁η₂] ujjāī ε₂ ujjāyāṃ ε₃ ujrākhyāṃ
δ₁   **cāpi** cett.] vāpi ε₃ [vā] .. η₁ api δ₁   **98*3c yuktasya** cett.] yogena η₂   **98*3d śa-
mano** β₂ᵖᶜβ_ωη₂] śamino β₁β₂ᵃᶜε₂η₁ śramas tu ε₃ yamas tu ΓΔ   **yaminaḥ** cett.] yamina β₁
yaminaṃ β_ω   **kutaḥ** cett.] kva ca β₂   **99b nirbhayaś** α₁α₂Bε₃] nirbhayaṃś ε₂ nirbhayaṃ
η₁η₂χ nirbharaṃ ΓΔ   **cālayed asau** *em.*] cālanād asau α₁α₂β₂β_ωΓε₂ε₃η₁χ calanād asau Δ
calanādiṣu β₁ vā diśodiśa η₂   **99c ākṛṣyate** cett.] ākṛte ε₃ *om.* Δ   **99d suṣumnā kuṇḍalīgatā**
α₂ε₂] suṣumnā kuṃḍalīgataḥ α₁ + + + +da[l]ī[ga]taḥ α₃ suṣumnāṃ kuṃḍalīgatā β_ω suṣumnāṃ
kuṃḍalīgatām β₁ suṣumnāgatakuṇḍalī β₂Γε₃ suṣumnāyāṃ samudgatā χ suṣumnāyāḥ samuddhṛ-
taḥ η₂ *om.* Δη₁   **100a tena kuṇḍalinī tasyāḥ** ABΓε₂ε₃η₂χ] *om.* η₁   **100b suṣumṇāyāḥ**
cett.] suṣumnāyā AB   **samuddhṛtā** α₂α₃β_ωΓε₂ε₃η₁η₂] samudbhutā α₁ mukhaṃ dhruvam
β₁β₂χ   **100c jahāti** cett.] na yāti η₂   **100d svataḥ** ε₃η₁χ] svanaḥ α₁β₁β_ωε₂ svayam α₂β₂Γ
niścalaḥ η₂   **101a tasmāt** α₁α₂Bγ₂ε₂ε₃η₁η₂χ] kasmāt γ₁   **101b śabdagarbhām** α₂B] śabda-
gaṃdhām α₁ .. ... dhām η₁ śaṃbhugarbhām Γε₂ε₃ sukhasuptām χ suṣasuptām η₂   **arundhatīm**
cett.] sarasvatīṃ β₁β₂   **101c tasyāḥ** α₁α₂β₂β_ωε₃χ] tasyāṃ η₂ tasmāt β₁ yasyāḥ Γε₂ [ya] .. η₁
saṃcālanenaiva α₁α₂Bχ] saṃcālanenāśu Γε₃ saṃcālayenāśu ε₂η₂ .. ..lanen.. .. η₁   **101d ro-
gaiḥ/rogair** α₁α₂β₂γ₂ε₂ε₃η₁χ] [r].. air γ₁ rogoḥ β_ω rogāt β₁η₂   **pramucyate** α₁α₂β₂β_ωη₁η₂χ]
pramuṃcati β₁ vimucyate Γε₂ε₃   **102a saṃcālitā** α₂α₃Bγ₁ε₃η₁η₂χ] saṃcalitā ε₂ saṃcalatā α₁
sa cālitā γ₂   **102b siddhi** α₁α₂Bε₃ε₃η₁η₂χ] siddha α₃ mukti Γ   **bhājanam** cett.] bhājana α₂
bhājanaḥ β₂ ..janaḥ η₁   **102d jayati** cett.] ..yalati *unm.* η₁ vrajati η₂

ब्रह्मचर्यरतस्यैव नित्यं हितमिताशिनः ।
मण्डलाद्दृश्यते सिद्धिः कुण्डल्यभ्यासयोगतः ॥ (om. A) 3.102*1

अभ्यासनिःसृतां चान्द्रीं विभूत्या सह मिश्रयेत् ।
तद्धारणं तूत्तमाङ्गे दिव्यदृष्टिप्रदायकम् ॥ (om. $\Delta\chi$)[36] 3.103

द्विसप्ततिसहस्राणां नाडीनां मलशोधने ।
कुतः प्रक्षालनोपायः कुण्डल्यभ्यसनादृते ॥ (om. $A\beta_\omega$) 3.103*1

इति शक्तिचालनम् । ($\varepsilon_2\varepsilon_3\eta_1\eta_2$)

इति मुद्रा दश प्रोक्ता आदिनाथेन शंभुना ।
एकैका तासु यमिनां महासिद्धिप्रदायिनी ॥[37] 3.104

102*1a **brahmacaryaratasyaiva** $\Delta\eta_1\chi$] °rataś caiva ε_2 °vratasyaiva $\beta_\omega\varepsilon_3$ brahmacaryāvatastaiva β_1 brahmacarye ca tasyaiva γ_2 brahmacaryavrataṃ β_2 brahmavatasyaiva γ_1 brahmadharmaratasyaiva η_2 **102*1b** **hitamitāśinaḥ** $\gamma_2\delta_3\chi$] °śini β_1 °śanaḥ $\beta_\omega\gamma_1\delta_1\varepsilon_2$ °śanaṃ β_2 °śanaiḥ ε_3 mitahitāśinaḥ (°śanaḥ δ_{2pc}) $\delta_2\eta_2$ *illeg.* η_1 **102*1c** **maṇḍalād** $\beta_2\gamma_2\delta_2\delta_3\varepsilon_2\varepsilon_3\chi$] maṃḍalā $\beta_1\beta_\omega\gamma_1\eta_2$ maṃḍalī δ_1 *illeg.* η_1 **102*1d** **kuṇḍalya** $\beta_2\gamma_2\varepsilon_3\chi$] kuṇḍalyā $\beta_\omega\delta_1\delta_3\varepsilon_2\eta_2$ kuṇḍalā $\beta_1\delta_2$ kuṇḍali γ_1 *illeg.* η_1 **yogataḥ** $\beta_1\beta_2\Gamma\Delta\eta_1\eta_2$] yoginaḥ $\beta_\omega\varepsilon_2\varepsilon_3\chi$ **103a** **abhyāsa** $\alpha_1B\Gamma\varepsilon_2\varepsilon_3\eta_1$] abhyāsān χ abhyāsā η_2 abhasā α_2 **niḥsṛtāṃ** $\beta_2\beta_\omega\varepsilon_3\chi$] niḥsṛtā η_1 niḥśritāṃ η_2 nisṛtāṃ β_1 nisṛtā $\alpha_1\alpha_2$ nibhṛtāṃ ε_2 sahitaṃ Γ **cāndrīṃ** $\alpha_1\beta_2\varepsilon_2\eta_2\chi$] cāndrī $\alpha_2\beta_\omega\varepsilon_3\eta_1$ cāṃdrāṃ β_1 candraṃ Γ **103b** **miśrayet** $\varepsilon_2\varepsilon_3\eta_1\eta_2\chi$] miśritāṃ B miśritaṃ α_2 mīśritaṃ α_1 micchayet γ_1 mūrchayet γ_2 **103c** **taddhāraṇaṃ** $\beta_2\varepsilon_2\varepsilon_3$] taddhāraṇā Γ tadvāraṇaṃ β_ω yadvāraṇaṃ β_1 tad dh. . . . . η_1 tad dhārayed $\alpha_1\alpha_2$ tāṃ dhārayed η_2 dhārayed χ **tūttamāṅge** $B\varepsilon_2\varepsilon_3$] cottamāṅge γ_2 cottamāṃga γ_1 uttamāṅge $\alpha_1\alpha_2\eta_2$ uttamāṅgeṣu χ *illeg.* η_1 **103d** **divya** cett.] dīrgha α_3B **dṛṣṭipradāyakam** $AB\varepsilon_2\varepsilon_3\eta_1$] dṛṣṭipradāyinī Γ dṛṣṭipradāyinīṃ η_2 dṛṣṭiḥ prajāyate η_1 **103*1a** **dvi** $\beta_1\beta_2\gamma_2\delta_2\varepsilon_2\varepsilon_3\eta_1\eta_2$] dvā $\gamma_1\delta_1\delta_3\chi$ **103*1b** **śodhane** $\eta_2\chi$] śodhanam $\beta_1\beta_2\Gamma\Delta\varepsilon_2\varepsilon_3\eta_1$ **103*1c** **kutaḥ** $\Delta\varepsilon_3\chi$] kṛta ε_2 gudaḥ γ_2 guda $\eta_1\eta_2$ aṃtaḥ β_2 aṃtaṃ β_1 *om.* γ_1 **prakṣālanopāyaḥ** $\gamma_2\Delta\varepsilon_3\eta_2\chi$] °pāyaṃ $\varepsilon_2\eta_1$ prakṣālano vāyuḥ β_2 prajvālano vāyu β_1 *om.* γ_1 **103*1d** **kuṇḍalyabhyasanād ṛte** χ] kuṇḍalyabhyāsanād ṛte $\beta_2\varepsilon_2\varepsilon_3$ kuṃḍalībhyāsanād ate β_1 kuṇḍalyabhyāsato vinā γ_2 kuṇḍalyābhyāsato vinā $\gamma_1\Delta$ kuṇḍalyabhyāsa iṣyate η_2 ku . . . . [bhyā] . . [mā] . . . . η_1 **104a** **daśa** cett.] dabhā α_1 nava Δ **104c** **ekaikā tāsu** $\alpha_1\delta_2\delta_3\chi$] ekaikaṃ tāsu $\alpha_2\alpha_3$ ekaika tāsu ε_2 ekaiva tāsu δ_1 ekaikāpi su° Γ karaṇe sarva ε_3 kāraṇe sarva $\beta_1\eta_2$ kāraṇaṃ sarva $\beta_2\beta_\omega$ k. . . . . sarva η_1 **yamināṃ** $A\Gamma\Delta\varepsilon_2\chi$] siddhānām $\varepsilon_3\eta_1\eta_2$ siddhīnām B **104d** **mahāsiddhipradāyinī** $\Gamma\Delta\varepsilon_2\chi$] °pradāyanī $\alpha_1\alpha_2$ °pradā + + α_3 ekaikāpi kṣamaiva sā $B\varepsilon_3\eta_1\eta_2$ (η_1 partly illegible)

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[36] χ has this verse in the Vajrolī section, immediately after 3.92. In α_2 this verse is followed by an additional hemistich: आसनाभ्यासनं पूर्वा प्रयुक्तां मनसा चरेत्.

[37] Verse order of χ: 3.107 → 3.108 → 3.105 → 3.106 → 3.104

राजयोगं विना पृथ्वी राजयोगं विना निशा ।
राजयोगं विना मुद्रा विचित्रापि न राजते ॥

3.105

मारुतस्य विधिं सर्वं मनोयुक्तं समभ्यसेत् ।
इतरत्र न कर्तव्या मनोवृत्तिर्मनीषिणा ॥

3.106

खिलापि[#] मध्यमा नाडी दृढाभ्यासेन योगिनाम् ।
आसनप्राणसंयाममुद्राभिः सरला भवेत् ॥

3.107

उपासने विनिद्राणां राजयोगः समुद्रकः ।[#]
रुद्राणी सा परा मुद्रा भद्रां सिद्धिं प्रयच्छति ॥ (om. ε₂) (cd om. α₂)

3.108

उपदेशं हि मुद्राणां यो धत्ते सांप्रदायिकम् ।
स एवास्तु गुरुः स्वामी साक्षादीश्वर एव सः ॥ (om. A)

3.108*1

तस्य वाक्यपरो भूत्वा योऽभ्यस्यति समाहितः ।
अणिमादिगुणैश्वर्यं जायते कालवञ्चनम् ॥ (om. Aη₁)

3.108*2

105a pṛthvī cett.] pṛthvīṃ β₁η₂ siddhī ε₃ vṛddhir ε₂   **105b niśā** cett.] niśāṃ η₂ nyathā γ₁   **105d rājate** cett.] śobhate β₂χ   **106a mārutasya vidhiṃ** cett.] mārutābhyasanaṃ ε₃η₁η₂ **sarvaṃ** cett.] sarvāṃ β₂ sarve α₁ siddhiṃ δ₂δ₃ kiṃcin η₂ mano α₂   **106b manoyuktaṃ** cett.] sadā yuktaṃ α₂   **samabhyaset** cett.] samācaret η₁η₂ samy[nī]..ṇ. η₁   **106d manīṣiṇā** α₁β₁β₂Γδ₁ε₃η₂χ] manīṣiṇāṃ β_ωδ₂δ₃ε₂ manīṣiṇī α₂ ..[nī]..ṇ. η₁   **107a khilāpi** α₁α₂BΓ√Δ] sthirāpi γ₁ calāpi ε₂ε₃ iyaṃ tu χ vināpi η₁η₂   **madhyamā** cett.] madhyamāṃ η₂ madhyanā° β₁ *illeg.* η₁ **nāḍī** cett.] ..ḍīṃ η₁ °dī ca β₁   **107b yoginām** cett.] yoginaṃ α₁ yoginā α₂β₁β₂ yoginaḥ η₂   **107c āsana** α₁α₂β₂β_ωδ₁δ₂η₂χ] āsanā β₁ āsanaṃ Γδ₃ε₂ε₃η₁   **saṃyāma** α₁α₂Γε₂ε₃η₁χ] saṃyama β_ω saṃyāmair β₂δ₂δ₃ saṃyamair η₂ saṃyāmai δ₁ saṃyāme β₁   **107d saralā** cett.] sakalā α₃ sabalā ε₃ śavalā ε₂ na calā δ₁   **108a upāsane** α₁α₂] upāsanaṃ Γ upāsana α₃δ₁δ₃ tathāsana δ₂ abhyāse.. η₁ abhyāseṣu Bε₃ abhyāsena η₂ abhyāse tu χ   **vinidrāṇāṃ** cett.] pi nidrāṇāṃ α₂ hi mudrāṇāṃ η₂   **108b rājayogaḥ** ΓΔ] rājayoga A anuddhṛta η₁ anuddhata ε₃ anudbhūta β₂ anudruta β₁ manudṛta β_ω mano dhṛtvā χ tad udeti η₂   **samudrakaḥ** γ₂] samudravat α₁α₃ samudbhavān α₂ samūdakaḥ γ₁ samāhnakaḥ δ₁ samahnakaḥ δ₃ samāhakaḥ δ₂ samādhināṃ β₂ε₃η₁ samādhinā η₂χ samādhiṣu β₁β_ω   **108c rudrāṇī** α₁α₃BΓ∆ε₃χ] mudrāṇāṃ η₁η₂   **sā** Γ∆] cā α₁Bε₃η₁η₂ ca α₃ vā χ   **108d bhadrāṃ** cett.] bhavāṃ γ₁ mudrāṃ β₁ sadā α₁   **prayacchati** cett.] prayakṣati δ₁   **108*1a upadeśaṃ** cett.] upadeśe η₁ upadeśo ε₂   **108*1b dhatte** Bγ₂∆ε₂η₂] datte ε₃χ dartte γ₁ ..[tte] η₁   **sāṃpradāyikam** β₁β_ω∆η₁η₂χ] °yikāṃ ε₃ °yikaḥ Γ °yakaṃ ε₂ °yakaḥ β₂   **108*1c evāstu** β₁γ₂∆ε₂η₁] evastu β_ω eva śrī ε₃η₂χ evavāca γ₁ vāstava β₂   **108*1d eva** cett.] eṣa ε₂   **saḥ** cett.] ca γ₁   **108*2a bhūtvā** Γ∆ε₃χ] nityaṃ Bε₂η₂   **108*2b yo'bhyasyati** β₁∆ε₃] yo bhyasati β₂ yo bhyaset su° γ₁ yo bhyaseta γ₂ yo bhyasena ε₂ yomabhyaset β_ω athābhyāsa η₂ mudrābhyāse χ   **108*2c guṇaiśvaryaṃ** cett.] guṇaiḥ svaryaṃ γ₁ guṇaiḥ sārdhaṃ ε₃χ   **108*2d jāyate** cett.] labhate η₂χ   **vañcanam** ∆χ] vañcanāt Γ vañcakaḥ β₂β_ωε₂ε₃η₂ vañcakāḥ β₁

इति श्रीस्वात्मारामयोगीन्द्रविरचितायां हठप्रदीपिकायां तृतीयोपदेशः ॥ ३ ॥

* * *

List of Sigla

α_1	N3	one folio is missing (3.84–3.98a)
α_2	J5	
α_3	G4	damaged; collated only when available
β_1	P11	
β_2	C6	contaminated with Gr3?
β_ω	V3	
γ_1	N23	
γ_2	J7	
δ_1	V19	
δ_2	K3	the Vajrolī section is lost
δ_3	C7	one folio is missing (3.11d–3.19c)
δ_ω	J6	collated only for 3.32*1–33*19
ε_1	P15	lost after 3.13a
ε_2	N19	
ε_3	V15	3.49*2c–3.67 omitted; contaminated with Gr3?
ε_4	J11	collated only for 3.49*2–3.66 as substitute for ε_3
ε_ω	N26	collated only for 3.32*1–33*19
$\eta_{|1}$	V1	
$\eta_{|2}$	J10	
η_ω	N9	collated only for 3.32*1–33*19
χ	Jyo	Brahmānanda's version, based on the edition 1972

colophon: śrīsvātmārāma β_ω] śrīsadgurusvātmārāma α_1 svātmārāma $\gamma_1\eta_1$ ātmārāma η_2 śrīsa-hajānandasaṃtānacintāmaṇi(nā ε_3)svātmārāma $\gamma_2\varepsilon_2\varepsilon_3$ °svā° (sic!) β_1 *om.* $\alpha_2\beta_2\Delta$ **yogīndra** $\beta_\omega\Gamma\eta_2$] yogeṃdra α_1 yoginā $\varepsilon_2\varepsilon_3\eta_1$ *om.* $\alpha_2\beta_1\beta_2\Delta$ **viracitāyāṃ** $\alpha_1\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\eta_2$] *om.* $\alpha_2\beta_1\beta_2\Delta$ **haṭhapradīpikāyāṃ** $\alpha_1\beta_\omega\gamma_2\delta_3\varepsilon_2\varepsilon_3\eta_1\eta_2$] śrīhaṭhapradīpikāyāṃ $\alpha_2\beta_2\delta_2$ haṭhayogavidyāyāṃ δ_1 ha° (sic!) β_1 *om.* γ_1 *ante* **tṛtīyo°** *add.* mudrāvidhānaṃ ε_3 **tṛtīyopadeśaḥ** $\alpha_1\alpha_2B\gamma_2\varepsilon_2\varepsilon_3$] tṛtīya upadeśaḥ δ_1 tṛtīyoyam upadeśaḥ $\delta_2\delta_3$ tṛtīyo dhyāyaḥ $\eta_1\eta_2$ caturthopadeśa γ_1 (cf. fn. [32])