

सशैलवनधात्रीणां यथाधारोऽहिनायकः ।
सर्वेषां योगतन्त्राणां तथाधारो हि कुण्डली ॥ 3.1

सुप्ता गुरुप्रसादेन यदा जागर्ति कुण्डली ।
तदा सर्वाणि पद्मानि भिद्यन्ते ग्रन्थयोऽपि च ॥ 3.2

प्राणस्य शून्यपदवी¹ तदा राजपथायते ।
तदा चित्तं निरालम्बं तदा कालस्य वञ्चनम् ॥ (bcd om. Z) [eye-skip] 3.3

शून्यपदवीति किम् । (om. $\beta_\omega \delta_1 Z \eta_1 \chi$)

सुषुम्णा शून्यपदवी ब्रह्मरन्ध्रमहापथः । (a om. Z)
श्मशानं शांभवी मध्यमार्गश्चेत्येकवाचकाः ॥ 3.4

तस्मात्सर्वप्रयत्नेन प्रबोधयितुमीश्वरीम् ।
ब्रह्मद्वारमुखे सुप्तां मुद्राभ्यासं समाचरेत् ॥ 3.5

1a *śaśaila* cett.] *śaśaile* β_ω *śaila* α_2 **vana** cett.] *vane* γ_1 **dhātṛiṇām** cett.] *dhātṛiṇām* $\beta_1 \beta_2$ *dhātṛāṇām* α_2 **1b** *’hināyakaḥ* cett.] *hi nāthakaḥ* α_2 *himālayaḥ* γ_2 **1c** *yoga* cett.] *haṭha* B
2a *guruprasādena* cett.] *gurūpadeśena* $\delta_2 \varepsilon_1$ **2b** *yadā jāgarti kuṇḍalī* $\alpha_1 \alpha_2 \beta_1 \beta_\omega \varepsilon_1 \zeta_3 \eta_2 \chi$] *yathā*
jāgarti kuṇḍalī $\beta_2 \zeta_1 \zeta_2 \eta_1$ *bodhitā sukhadā bhavet* $\Gamma \Delta$ **2c** *tadā* $\alpha_1 B \Gamma \varepsilon_1 \zeta_3 \eta_2 \chi$] *tathā* $\alpha_2 \alpha_3 \delta_1 \zeta_1 \zeta_2 \eta_1$
tayā δ_2 **sarvāṇi padmāni** cett.] *padmāni sarvāṇi* η_2 *pi sarvapadmāni* δ_1 **3** *ante prāṇasya add.*
suṣumṇā/ ζ_3 **3a** *prāṇasya* cett.] *prāṇasya* α_2 *prāṇasya* ζ_2 *prāṇavyasya* β_1 *prāṇa* β_2 **padavi**
cett.] *padaviṃ* $\zeta_2 \zeta_3$ **3b** *tadā* $\alpha_1 \alpha_2 \beta_\omega \Gamma \varepsilon_1 \eta_2 \chi$] *tathā* $\beta_1 \beta_2 \delta_1$ *tayā* δ_2 *yathā* η_1 **rājapathāyate**
cett.] *rājapadāyate* η_1 *om.* α_2 **3c** *tadā* $\alpha_1 \alpha_2 \beta_1 \beta_\omega \gamma_2 \varepsilon_1 \eta_2 \chi$] *tathā* $\beta_1 \beta_2 \delta_1 \eta_1$ *tayā* δ_2 *yadā*
 γ_1 **3d** *tadā* $\alpha_1 \alpha_2 B \Gamma \varepsilon_1 \eta_2 \chi$] *tathā* $\delta_1 \eta_1$ *tayā* δ_2 **heading:** *śūnyapadavīti kim* $\alpha_1 \beta_1 \beta_2 \Gamma \varepsilon_1$] *atha śūnyapadavīti kam* δ_2 *atha śūnyapadavīti iti kim ucyate* η_2 *śūnyapadavīti* α_2 **4b** *randhra*
 $\alpha_2 \gamma_1 \eta_1$] *randhraṃ* cett. **pathaḥ** $\alpha_3 \zeta_1 \zeta_3 \varepsilon_1 \eta_1 \eta_2 \chi$] *pathaṃ* $\alpha_2 B \Gamma \Delta \zeta_2$ *pathāḥ* α_1 **4c** *śmaśānaṃ*
cett.] *śmaśāne* δ_1 *śmaśāni* $\gamma_2 \delta_2$ *aiśāni* γ_1 **madhya** $A \beta_1 \Gamma \Delta \zeta_1 \zeta_3 \chi$] *madhyam* $\beta_2 \beta_\omega \varepsilon_1 \eta_1 \eta_2$
madhye ζ_2 **4d** *mārgaś cety eka* cett.] *margeś cety eka* ε_1 *margeś cety eva* δ_2 *mārga vety eka* η_1
mārgapratyeka ζ_2 **vācakāḥ** $\gamma_2 \varepsilon_1 \eta_2 \chi$] *vācakā* γ_1 *vācakāḥ* $\alpha_1 \beta_2$ *vācaka* β_ω *vācakam* $\alpha_2 \beta_1 \Delta Z \eta_1$
5b *prabodhayitum* (*yī* α_1) $\alpha_1 \Gamma \varepsilon_1 \zeta_1 \zeta_3 \eta_2 \chi$] *prabodhayatum* $\alpha_2 \beta_2 \beta_\omega \zeta_2 \eta_1$ *prabodhayatām* β_1 *tām*
bodhayitum Δ **iśvarīm** cett.] *iśvarī* $\alpha_2 \beta_\omega \gamma_1 \zeta_2$ *iśvaram* $\beta_1 \delta_1$ **5c** *dvāra* cett.] *dvāram*
 β_1 *dvāre* $\zeta_1 \zeta_2$ **mukhe** cett.] *mukha* γ_1 *sukhe* ζ_1 **suptām** cett.] *suptā* $\alpha_3 \varepsilon_1$ *supto* β_ω
5d *bhyāsaṃ samācaret* cett.] *bhyāse samācaret* α_2 *bhyāsaṃ sadābhyaset* ε_1 *bhyāsena bodhayet*
 $\beta_2 \Gamma \Delta$

¹ Z jump to शून्यपदवी in the next verse.

महामुद्रा महाबन्धो महावेधश्च खेचरी । उड्डीयाणं मूलबन्धस्ततो जालंधराभिधः ॥ (bc om. δ_1)	3.6
करणी विपरीताख्या वज्रोली शक्तिचालनम् । इदं मुद्रादिदशकं जरामरणनाशनम् ॥ (cd om. β_1)	3.7
आदिनाथोदितं दिव्यमष्टैश्वर्यप्रदायकम् । ² वल्लभं सर्वसिद्धानां दुर्लभं मरुतामपि ॥	3.8
गोपनीयं प्रयत्नेन यथा रत्नकरण्डकम् । कस्यचिन्नैव वक्तव्यं कुलस्त्रीसुरतं यथा ॥	3.9
वज्रोलीरमरोली च सहजोली त्रिधा मताः । एतेषां लक्षणं वक्ष्ये कर्तव्यं च विशेषतः ॥ ($\beta_2\beta_\omega\eta_2$)	3.9*1

6c uḍḍiyāṇaṃ $\alpha_1^c\gamma_2\zeta_2$] uḍḍiyāṇaṃ α_1^c uḍḍiyāṇaṃ $\gamma_1\delta_2\eta_2$ uḍḍiyāṇaṃ β_2 uḍḍiyāṇaṃ $\alpha_2\beta_\omega$ uḍḍiyāṇo η_1 uddhriyāṇaṃ β_1 uḍḍiyāṇaṃ χ uḍḍiyāṇa $\zeta_1\zeta_3$ oḍḍiyāṇaṃ ε_1 om. δ_1 **mūlabandhas** β_2] mūlabandhaḥ η_2 mūlabandha $\beta_1\beta_\omega$ mūlabandhaṃ α_1 mahābandhaṃ α_2 mūlabandho $\Gamma\delta_2$ mūlabandhaś ca $\varepsilon_1Z\chi$ mūlabandhaś ca η_1 om. δ_1 **6d tato** $\alpha_1\alpha_2B\zeta_1\zeta_3\eta_2$] bandho $\alpha_3\gamma_2\Delta\varepsilon_1\zeta_2\eta_1\chi$ bandhā γ_1 **jālaṃdharā** cett.] jālaṃdharā $\alpha_1\beta_1$ jālāntarā ε_1 jālaṃjarā η_1 **7a karaṇī** cett.] karaṇaṃ $\alpha_3\beta_1$ **viparītākhyā** cett.] viparītākhyāṃ $\alpha_3\zeta_2$ viparītā syāt β_1 viparītāni ζ_1 **7b vajroli** cett.] vajrāli α_1 varjāli ζ_1 vajroli ζ_3 vajro δ_1 **7c idaṃ mudrādi** $\alpha_1\alpha_2$] idaṃ hi mudrā $\varepsilon_1\chi$ idaṃ tu mudrā $\zeta_1\zeta_2$ idaṃ ca mudrā $\beta_\omega\zeta_3\eta_1\eta_2$ etad dhi mudrā $\beta_2\Gamma\Delta$ **7d maraṇa** cett.] maraṇavi β_ω maṇa γ_1 **nāśanam** cett.] varjitaṃ Δ **8a ādinātho** cett.] ādiśvaro Δ **divyam** cett.] sarvaṃ η_2 **8b pradāyakam** cett.] phalapradam β_2 **8c siddhānām** cett.] siddhinām α_1 vidyānām $\alpha_3\zeta_3$ **8d marutām** cett.] mahatām β_2 **9c vaktavyaṃ** cett.] vaktavyā η_1 kartavyaṃ $\beta_\omega\zeta_1$ **9d kulastrīsurataṃ** cett.] kulastrīṣu rataṃ η_1 kulastrīyasukhaṃ β_1 kulastrīsukharataṃ *unm.* β_ω **yathā** cett.] tathā $\alpha_2\eta_2$ **9*1a vajrolir** (*r* as a hiatus bridge) $\beta_\omega\eta_2$] vajroli tv β_2 **amaroli** β_2] amaroliś β_ω amaroliś η_2 **9*1b sahajoli** $\beta_2\beta_\omega$] sahajolis η_2 **matāḥ** β_2] matāḥ η_2 magah β_ω **9*1c eṭeṣām** $\beta_\omega\eta_2$] eṭaśam β_2

² In ζ_3 this hemistich is found after pādas ab of the next verse.

तत्र महामुद्रा । (om. $\alpha_1\alpha_3\Upsilon_2$)

पादमूलेन वामेन योनिं संपीड्य दक्षिणम् ।
पादं प्रसारितं धृत्वा कराभ्यां पूरयेन्मुखे# ॥

3.10

कण्ठे बन्धं समारोप्य धारयेद्वायुमूर्ध्वतः ।
यथा दण्डाहतः सर्पो दण्डाकारः प्रजायते ॥

3.11

ऋज्वीभूता तथा शक्तिः कुण्डली सहसा भवेत् ।
तदासौ मरणावस्था जायते द्विपुटाश्रिता# ॥

3.12

³ततः शनैः शनैरेव रेचयेन्न तु वेगतः ।
इयं खलु महामुद्रा महासिद्धैः प्रदर्शिता ॥ [ζ_1 lost after 3.13a]

3.13 – ζ_1

heading: tatra mahāmudrā $\alpha_2\beta_1\epsilon_1\eta_1\eta_2$] tatha mahāmudrā β_2 tatra mahāmudrā yathā ζ_1 atha mahāmudrā $\beta_\omega\Upsilon_1\delta_2\zeta_2\chi$ atha tatra mahāmudrā ζ_3 mahāmudrā δ_1 om. $\alpha_1\alpha_3\Upsilon_2$ **10b yoniṃ** cett.] yoni $\alpha_1\alpha_2\beta_\omega$ yoniḥ ζ_2 **sampīḍya dakṣiṇam** cett.] pīḍya dakṣiṇam $\zeta_1\zeta_2$ sampīḍya kṣaṇam α_2 **10c pādam** cett.] pāda $\alpha_2\eta_2$ padam β_ω prasā° χ **prasāritam** cett.] prasāritam β_ω prasāditaṃ η_1 °ritam padam χ **dhṛtvā** $\Upsilon_2\delta_2\epsilon_1\zeta_3\eta_1\eta_2$] kṛtvā $\alpha_1\alpha_2B\Upsilon_1\delta_1\zeta_1\zeta_2\chi$ **10d pūrayen** cett.] dhārayen η_2 dhārayed χ **mukhe** $\alpha_1\alpha_2\beta_1\beta_\omega\epsilon_1\zeta_2$] mukham $\beta_2\Gamma\Delta\zeta_1\zeta_3\eta_1\eta_2$ ḍṛḍham χ **11a kaṇṭhe** cett.] kaṇṭha $\beta_\omega\delta_1\epsilon_1\zeta_2$ **bandham** $\alpha_2\alpha_3\beta_1\Upsilon_2\delta_1\zeta_1\zeta_3\eta_2\chi$] bandha $\beta_2\beta_\omega\Upsilon_1\epsilon_1\eta_1$ bandhaḥ ζ_2 bandhe δ_2 budha α_1 **samāropya** cett.] °nam āropya ϵ_1 **11b dhārayed** cett.] dhārayed δ_1 **11c yathā** cett.] pathi η_1 **daṇḍāhataḥ** $\alpha_1\alpha_3\beta_1\beta_\omega\zeta_1\zeta_3\eta_2$] daṇḍāhataḥ $\alpha_2\beta_2\Gamma\Delta\epsilon_1\zeta_2\eta_1\chi$ **11d daṇḍākārah** cett.] daṇḍākārah $\Gamma\epsilon_1\zeta_2$ **prajāyate** cett.] prayujyate η_1 **12a ṛjvibhūtā** $\beta_1\Upsilon_2\Delta\epsilon_1\zeta_3\eta_1\eta_2\chi$] ṛjvibhūtā β_2 rujvibhūtā $\alpha_1\beta_\omega$ rajvibhūtā ζ_2 rajvibhū α_2 vajribhūtā ζ_1 ṛ_ bhūtā Υ_1 **tathā** cett.] yathā ζ_2 **śaktiḥ** cett.] śakti $\beta_1\beta_\omega\delta_1\zeta_2\eta_1$ **12c tadāsau** $\alpha_1\alpha_2B\Gamma\zeta_1\zeta_2\eta_1$] tathāsau Δ tadā sā $\alpha_3\zeta_3\eta_2\chi$ tadā sa ϵ_1 **marañā** cett.] maraṇa ζ_1 maraṇi η_1 ramaṇā β_ω maṇā η_2 marasā ϵ_1 **vasthā** cett.] vasthām $\Upsilon_2\Delta\eta_1$ sthā ζ_1 **12d jāyate** cett.] yāyate ζ_1 harate $\Gamma\Delta$ **dvipuṭā** $\alpha_1\alpha_2B\Delta\epsilon_1\eta_1\eta_2\chi$] dvipūṭā Υ_1 nṛpūṭā $\zeta_1\zeta_2$ tripuṭā $\alpha_3\zeta_3$ vapurā Υ_2 °śrītā $\alpha_1\alpha_2\beta_1\beta_\omega\zeta_2\eta_2$] śrayā $\delta_1\epsilon_1\chi$ śrayam Υ_2 śrayi Υ_1 śrayaḥ $\alpha_3\delta_2$ [śr]i.. η_1 smṛtā ζ_1 sanām ζ_3 hi sā β_2 **13b recayen** cett.] recaya ζ_2 **na tu** cett.] tanu δ_2 na ca β_ω naiva χ **13c iyaṃ** cett.] idaṃ β_ω **13d siddhaiḥ** cett.] siddhiḥ $\zeta_2\zeta_3$ **pradarśitā** $\alpha_2\chi$] pradarśanā α_1 praśasyate cett. prajāyate ζ_2

³ Δ have a different order for the following 4 verses: 16 \rightarrow 15 \rightarrow 13 \rightarrow 14.

ζ_1 is lost after ततः शनैः शनैः.

महाक्लेशादयो[#] दोषा जीर्यन्ते मरणादयः ।

महामुद्रां च तेनैव वदन्ति विबुधोत्तमाः ॥ (cd om. Δ)

3.14 - ζ₁

चन्द्राङ्गे तु समभ्यस्य सूर्याङ्गे पुनरभ्यसेत् ।

यावत्तुल्या भवेत्संख्या ततो मुद्रां विसर्जयेत् ॥ (cd om. ζ₃)

3.15

न हि पथ्यमपथ्यं वा रसाः सर्वेऽपि नीरसाः ।

अपि भुक्तं विषं घोरं पीयूषमिव जीर्यते ॥

3.16

क्षयकुष्ठगुदावर्तगुल्माजीर्णपुरोगमाः ।

तस्य दोषाः क्षयं यान्ति महामुद्रां तु योऽभ्यसेत् ॥ (om. β₁)

3.17

कथितेयं महामुद्रा महासिद्धिकरी नृणाम्[#] ।

गोपनीया प्रयत्नेन न देया यस्य कस्यचित् ॥ (om. β₁)

3.18

14a mahā cett.] mahān η₂ mahata α₂ **kleśādayo** α₁α₃β₂β_ωη₁η₂χ] kleśā yato γ₂ kleśa yato γ₁ kleśāyatā β₁ kleśā yathā ζ₂ kleśa yathā ζ₃ kleśā mahā Δ rogā mahā ε₁ kuśodayo α₂ **doṣā** cett.] doṣāḥ η₂χ doṣa γ₂ kleśā ε₁ om. α₂ **14b jīryante** α₃β₁β₂ΓΔε₁η₁] jīyamte ζ₃ jāyante ζ₂ hiyante α₁ hriyamte α₂ kṣiyante β_ωη₂χ **14c mudrām** Βε₁ζ₃η₂χ] mudrā ΑΓζ₂η₁ om. Δ (Pādas c-d omitted) **ca** cett.] tu α₁ **tēnaiva** cett.] tenai γ₁ tenetām ζ₃ om. Δ **14d vibudhottamāḥ** cett.] vibudhottamā β₁β_ω vibudhottamāḥ α₁α₂ vividhottamāḥ γ₂ om. Δ **15a candrāṅge** cett.] cāndrāṅge η₁ candrāṅgam ζ₂ candrāmśam Δ camdrāmśe β₁ **tu** cett.] ca η₂ **15b sūryāṅge** cett.] sūryāṅge° η₁ sūryāṅgam ζ₂ sūryāmśam Δ **punar abhyaset** α₁α₂ΒΓε₁η₂χ] tu sam-abhyaset Δζ₂ζ₃ °ṣu samabhyaset η₁ **15c yāvat** cett.] ye ca β₁ **tulyā** α₁α₂ΒΓε₁ζ₂η₁χ] samkhyā η₂ tayor Δ om. ζ₃ **bhavet** cett.] bhavat γ₂η₁ om. ζ₃ **samkhyā** α₁α₂ΒΓε₁η₁χ] samkṣā ζ₂ sāmyam Δ tulyā η₂ om. ζ₃ **15d visarjayet** cett.] visaryayet δ₁ vivarjayet β₁β_ω om. ζ₃ **16a na hi pathyam apathyam vā** cett.] nāpathyam na hi pathyam ca η₂ na hi madhyam vā (3 akṣaras missing) ζ₂ **16b 'pi** cett.] hi δ₁ **16c api bhuktaṃ** cett.] api muktaṃ γ₁ ahimuktaṃ ζ₂ζ₃ api viṣam β₁ **viṣam ghoram** cett.] ghora bhuktaṃ β₁ **16d piyūṣam** cett.] piyūṣam α₂β_ω **iva** cett.] api β₁ **jīryate** cett.] jīryati Γε₁χ jāyate α₂ **17a kuṣṭha** cett.] kuṣṭham α₂η₁ **gudā** cett.] mudā δ₁ζ₂ζ₃ **17b gulmājirṇa** cett.] gulmajirṇa α₂β₂Δε₁ gulmapliha Γ **purogamāḥ** cett.] purogamā α₂β_ω jvarās tathā δ₁ jarādayaḥ δ₂ **17c tasya doṣāḥ** cett.] doṣāḥ sarve η₁η₂ **17d tu yo'bhyaset** cett.] ca yo bhyaset β₂ζ₃ yo«ma»bhyaset β_ω **18a kathiteyaṃ** cett.] kathitoyam α₂β_ωζ₂ **18b mahāsiddhikari nṛṇām** α₃β_ωε₁ζ₂ζ₃η₁η₂χ] jarāmṛtyuvinaśini α₁β₂ΓΔ nṛṇām mṛtyuvinaśini α₂ **18c gopaniyā** cett.] gopaniyam α₂β_ωζ₂ gopaniyam η₂ **18d deyaḥ** cett.] deyam β_ω

अथ महाबन्धः । (om. β_1)

पार्ष्णि वामस्य पादस्य योनिस्थाने नियोजयेत् ।

वामोरूपरि संस्थाप्य दक्षिणं चरणं तथा ॥⁴ (cd om. β_1)

3.19

पूरयित्वा मुखे वायुं हृदये चिबुकं दृढम् ।

निभृत्य योनिमाकुञ्च्य मनो मध्ये नियोजयेत् ॥ (om. β_1)

3.20

धारयित्वा यथाशक्ति रेचयेदनिलं शनैः ॥

सव्याङ्गे च समभ्यस्य दक्षाङ्गे च समभ्यसेत् ॥ (cd om. Δ) [cd after 3.23 A]

3.21

मतमत्र तु केषांचित् कण्ठबन्धं विसर्जयेत् ।

राजदन्तबिलं तत्र[#] जिह्वयोत्तम्भयेदिति ॥⁵ (om. $\alpha_1 \alpha_2 \Delta$)

3.22

heading: *atha* cett.] *om.* Γ **mahābandhaḥ** cett.] mahābandha $\alpha_1 \beta_\omega \zeta_2$ mahāvedhaḥ δ_2
19a pārṣṇim $\alpha_1 \alpha_3 \Delta \varepsilon_1 \zeta_3 \eta_1 \chi$] pārṣṇi $\alpha_2 \beta \gamma_2 \zeta_2 \eta_2$ yāsi γ_1 **vāmasya** cett.] bhāgena η_2 **19b niy-**
ojayet cett.] yojayet ζ_2 **19d dakṣiṇam** cett.] dakṣaṇam $\alpha_2 \beta_\omega$ dakṣiṇe δ_2 **20a mukhe**
 $\alpha_1 \alpha_2 \beta_2 \Gamma \Delta$] tato $\beta_\omega \varepsilon_1 \eta_1 \eta_2 \chi$ tathā $\zeta_2 \zeta_3$ **vāyum** cett.] vāyu $\alpha_2 \beta_\omega \Gamma$ **20b cibukam** cett.]
sasvanam ζ_3 svasanam ζ_2 **dr̥dham** cett.] tathā β_2 **20c nibhṛtya** $\alpha_1 \beta_\omega$] nibhṛtam β_2 nivṛtya
 $\zeta_2 \zeta_3$ nipīḍya $\delta_2 \varepsilon_1$ niṣ-/niḥpīḍya $\Gamma \delta_1 \eta_1 \chi$ nikṣipya η_2 nitya α_2 **ākuñcya** cett.] samākuñcya
 α_2 **20d mano** cett.] tato ζ_3 **21a dhārayitvā yathāśakti** $\beta_2 \Gamma \eta_1 \chi$] dhārayitvā yathāśak-
tyā $\beta_1 \beta_\omega \varepsilon_1 \zeta_3 \eta_2$ cālayitvā yathāśakti ζ_2 recayec ca śanair eva $\alpha_1 \alpha_2 \Delta$ vased evam mahābandho
 α_3 **21b recayed anilaṃ śanaiḥ** $\text{B}\Gamma \zeta_2 \zeta_3 \eta_1 \eta_2 \chi$] recayed anīṣam śanaiḥ ε_1 recayec ca śanaiḥś
śanaiḥ α_3 mahābandho'yam ucyate $\alpha_1 \alpha_2 \Delta$ **21c ca samabhyasya** $\alpha_1 \gamma_2 \varepsilon_1 \zeta_2 \zeta_3 \eta_1 \eta_2$] tu samab-
hyasya $\alpha_2 \chi$ pūrvam abhyasya B *om.* γ_1 **21d dakṣāṅge ca sam°** $\alpha_1 \alpha_2 \varepsilon_1 \zeta_2$] dakṣacāṅge sam°
 α_2 dakṣiṇāṅge sam° $\beta_2 \zeta_3 \eta_1$ sam° γ_1 dakṣāṅge punar $\alpha_3 \beta_\omega \gamma_2 \chi$ dakṣiṇāṅge punar β_1 dakṣiṇe punar
 η_2 **22a matam atra** cett.] matam etat η_1 matāntare β_ω matārettamamtra η_2 **tu** cett.] ca Γ
22b kaṇṭhabandham cett.] kaṇṭhe bandham $\alpha_3 \eta_2$ kaṇḍhayaṃ γ_1 **visarjayet** $\alpha_3 \beta_1 \beta_\omega \varepsilon_1 \zeta_2 \zeta_3$] vivarjayet
 $\eta_1 \eta_2 \chi$ tu varjayet $\beta_2 \Gamma$ **22c rājadantabīlaṃ tatra** $\beta_2 \varepsilon_1$] rājadantabīlaṃ jatra β_ω virā-
janti bīlaṃ tatra β_1 rājadantabālaṃ haṃti $\zeta_2 \zeta_3$ rājadantadvayaṃ tatra Γ rājadantasthajihvāyā(m)
 $\eta_1 \chi$ rājadantasya jihvāyām η_2 **22d jihvayottambhayed** $\beta_2 \zeta_2 \zeta_3$] jihvayottambhaved $\beta_\omega \Gamma$ jih-
vayoktam bhayed ε_1 jihvādam staṃbhayed β_1 bandhaś ca staṃbhayed η_1 bandhaḥ śasto bhaved $\eta_2 \chi$
iti $\text{B}\Gamma \varepsilon_1 \zeta_2 \zeta_3 \chi$] dhitaḥ η_2 dhi tat η_1

⁴ In $\zeta_2 \zeta_3$ this hemistich and the next verse are found after 3.22ab. Probably they were omitted by eye-skip due to नियोजयेत् and inserted at a wrong place. ζ_2 adds the following hemistich after that: रेचयेच्च शनैरेव महाबन्धोऽयमुच्यते.

⁵ In $\zeta_2 \zeta_3$ the 2nd hemistich is found between 3.28 and 3.29.

अयं खलु महाबन्धो महासिद्धिप्रदायकः ।

कालपाशमहाबन्धविमोचनविचक्षणः ॥⁶ (cd om. α_1) 3.23

अयं च सर्वनाडीनामूर्ध्वगतिविबोधकः । (ab om. α_2)

त्रिवेणीसंगमं धत्ते केदारं प्रापयेन्मनः[#] ॥ 3.24

रूपलावण्यसंपन्ना यथा स्त्री पुरुषं विना ।

महामुद्रामहाबन्धौ निष्फलौ वेधवर्जितौ ॥ (cd om. ζ_3) 3.25

अथ महावेधः । (om. $\alpha_1\beta_1\delta_1$)

महाबन्धस्थितो योगी कृत्वा पूरकमेकधीः ।

वायूनां गतिमावृत्य निभृतं[#] कण्ठमुद्रया ॥ 3.26

23a *ayam* cett.incl. α_3] *asam* α_2 *amum* α_1 **khalu** cett.] *śalu* β_ω *kila* $\eta_1\eta_2$ *yogo* α_3 *yogī* α_2 *yoga* α_1 **bandho** cett.] *bandhaḥ* η_2 *bandham* α_1 **23b** *mahā* cett.] *sahā* γ_1 *sarva* η_2 **pradāyakaḥ** cett.] *pradāyakaṃ* α_1 **23c** *pāśa* cett.] *pāśam* γ_1 **bandha** cett.] *bandho* γ_1 *baddho* ζ_2 **23d** *vimocana* cett.] *mocayec* *ca* β_ω **vicakṣaṇaḥ** cett.] *ṇa* β_1 *ṇam* β_ω *kṛtakṣayaḥ* α_3 **24a** *ca* cett.] *tu* $\Gamma\Delta\chi$ **24b** *ūrdhvaṃ* cett.] *ūrdhva* $\alpha_1\eta_1\gamma_1\chi$ **gativibodhakaḥ** $\alpha_1\beta_1\beta_\omega\zeta_3\eta_1\eta_2$] *gatinibodhakāḥ* ζ_2 *gatinirodhakaḥ* χ *gativīśodhanaḥ* ε_1 *gamanabodhakāḥ* $\beta_2\Gamma\Delta$ **24d** *prāpayen* cett.] *prāpyate* α_2 **manaḥ** cett.] *naraḥ* $\alpha_2\varepsilon_1\eta_1$ *naraṃ* ζ_2 **25a** *lāvaṇya* cett.] *lāvaṇa* δ_2 *yauvana* ε_1 **sampannā** cett.] *sampanū* α_2 *sampattī* γ_1 *samyuktā* δ_1 **25b** *strī puruṣaṃ* cett.] *nārī* *patiṃ* δ_1 **25c** *mahābandhau* $\beta_2\gamma_2\Delta\varepsilon_1\chi$] *mahābandho* $\alpha_1\alpha_2\beta_1\beta_\omega\gamma_1\zeta_2\eta_2$ *mahābandha* η_1 *om.* ζ_3 **25d** *niṣphalau* $\beta_2\gamma_2\Delta\varepsilon_1\eta_2\chi$] *niṣphalo* $\beta_1\gamma_1$ *niṣkalaḥ* α_2 *niṣkalā* α_1 *mahābandha* ζ_2 *mahāvedha* $\beta_\omega\eta_1$ *om.* ζ_3 **vedhavarjitau** $\beta_2\Gamma\Delta\varepsilon_1\chi$] *vedhavarjitāḥ* $\alpha_2\beta_1$ *vedhavarjitina* α_1 *vedhavarjittitau* η_2 *vinā* *tathā* $\zeta_2\eta_1$ *vinānyathā* β_ω *om.* ζ_3 **heading: atha mahāvedhaḥ** $\beta_\omega\zeta_3\eta_2\chi$] *found* *before* 3.25 $\beta_2\delta_2\zeta_2$ *atha* *vedhaḥ* ε_1 *mahāvedhaḥ* (*found* *before* 3.25) Γ *iti* *mahābandhaḥ* η_1 *atha* *mahābandhaḥ* (*found* *after* 3.26ab) α_2 *om.* $\alpha_1\beta_1\delta_1$ **26a** *mahābandha* $\Lambda\varepsilon_1\zeta_2\zeta_3\eta_1\chi$] *mahābandhaḥ* (*followed* *by* *a* *double* *daṇḍa* *and* *corrected* *to* *vedhaḥ*) γ_2 *mahābandho* $\beta_1\gamma_1$ *mahāvedhe* $\beta_2\Delta$ *mahāvedha* $\beta_\omega\eta_2$ **sthito** cett.] *sthite* γ_1 *sthitau* η_2 **26b** *ekadhiḥ* $\beta_2\gamma_2\varepsilon_1\zeta_3\eta_1\eta_2\chi$] *ekadhī* α_1 *edhaki* β_1 *ekadhā* $\delta_1\zeta_2$ *ekadhaḥ* α_3 *eva* *dhiḥ* γ_1 *eva* *dhi* β_ω *eva* *vā* δ_2 *eva* *ca* *dhā* α_2 **26c** *vāyūnām* $\beta_1\gamma_2\Delta\varepsilon_1\zeta_3\chi$] *vāyunām* η_1 *vāyunā* $\Lambda\beta_2\beta_\omega\gamma_1\zeta_2\eta_2$ **gatim āvṛtya** cett.] *gatim ākṛṣya* $\alpha_2\gamma_1\zeta_3$ **26d** *mudrayā* cett.] *mudrāyā* η_2

⁶ χ has a different verse order: 3.24ab \rightarrow 3.23abcd \rightarrow 3.24cd.

समहस्तयुगो भूमौ स्फिजौ संताडयेच्छनैः ।
 पुटद्वयं समाक्रम्य वायुः स्फुरति सत्वरं ।
 बन्धेनानेन योगीन्द्रः साधयेत्सर्वमीप्सितम् ॥ (Γ)

3.27

सोमसूर्याग्निसंबन्धो[#] जायते चामृताय वै[#] ।
 मृतावस्था समुत्पन्ना ततो मृत्युभयं कुतः[#] ॥

3.28

महावेधोऽयमभ्यासान्महासिद्धिप्रदायकः ।
 वलीपलितवेप[#]घ्नः सेव्यते साधकोत्तमैः ॥

3.29

एतत्त्रयं महागुह्यं जरामृत्युविनाशनम् ।
 वह्निवृद्धिकरं चैव अणिमादिगुणप्रदम् ॥

3.30

27a samahasta cett.] samahāsta α₁ samahastā η₂ samahaste γ₁ samau hasta β₂ nyastahasta α₂ **yugo** β₁β₂γ₁δ₁ε₁η₂χ] yugau β₂γ₂δ₂ζ₃η₁ yuge α₁ζ₂ yuga α₂ **post bhūmau add.** samapādayugas tataḥ/ āndolanam prakurvita śarīrasya trimārgataḥ/ punar āsphālanam katyām mahāmerau ca sādhaḥ/ karau padadvaye kṛtvā ε₁ **27b sphijau** α₁α₂β₁β₂γ₂Δε₁η₁η₂] sphicau γ₁χ sphitau β₂ dvijāt ζ₂ dvijā ζ₃ **saṃtādayec** cett.] saṃ[c/t]ālayec η₁ nutādayec ζ₃ saṃjāyate α₂ **chanaiḥ** cett.] tataḥ α₂ **27c puṭadvayaṃ** cett.] jaṃghādvayaṃ γ₂ jaṃghāyutaḥ dvayaṃ γ₁ **samākramya** cett.] samākṛṣya α₂γ₂ ākṛṣya γ₁ atikramya χ **27d vāyuh** β₂γ₂Δη₁η₂χ] vāyu α₁α₂β₁β₂γ₁ε₁ζ₂ζ₃ **satvaram** α₁α₂ε₁ζ₂η₂] ratvaram β₁ tatvaram β₂ tatparam η₁ tatparaḥ β₂ madhyagaḥ Γδ₁ζ₃χ madhyamaḥ δ₂ **27e yogīndrah** γ₂] yogīndra γ₁ **28a sambandho** ζ₂χ] sambandhā β₂η₁ sambandhāj α₁α₂β₁β₂Γε₁η₂ saṃdhānam Δζ₃ **28b cāmṛtāya vai** Aβ₁ε₁χ] cāmṛtāyate β₂Γζ₂ζ₃ vāmṛtāyate Δ cāmṛtāye vaiḥ η₁ ca mṛtāya vai β₂ ca mṛturjayaḥ η₂ **28c mṛtāvasthā** cett.] mṛtāmasthā γ₁ **samutpannā** cett.] samunnam«ta»t α₃ om. γ₁ **28d mṛtyubhayaṃ kutaḥ** α₁α₂β₂γ₂Δε₁ζ₂] vāyuh virecayet ζ₃η₁η₂χ vāyuh++++ α₃ vāyuh nirundhayet kumbhakena γ₁ **post kutaḥ add.** āndolanāsphālanau ca | mahāmudrāmahābandhādyor api karttavayam iti saṃprasāyaḥ ε₁ **29a mahāvedho** cett.] mahābandho ζ₃ **abhyāsān** α₁α₂β₂β₂γ₂δ₂η₂χ] abhyāsāt β₁γ₁ anabhyāsān δ₁ abhyāso η₁ abhyasto ε₁ζ₂ζ₃ **29b mahā** cett.] sarva γ₁ **pradāyakaḥ** cett.] vidhāyakaḥ ε₁ **29c valī** cett.] valita unṃ. η₂ valī γ₁η₁ valiḥ α₂ **palita** cett.] palita γ₂ **vepa** χ] vedha α₁BFε₁ζ₂ζ₃η₁ vaidya α₂ vega Δ bandha η₂ **ghnaḥ** cett.] ghnam α₁β₂ ghna α₂γ₁ **29d sādhaḥkottamaiḥ** cett.] sādhaḥkottamaṃ β₂ **30a etat** **trayaṃ mahā** cett.] mahāmudrātrayaṃ ζ₃η₁ mahavedhābhayaṃ α₃ **guhyaṃ** cett.] guptaṃ Δ mudrā η₂ **30b vināśanam** cett.] vināśini η₂ **30c vahni** cett.] buddhi β₂ **caiva** α₁β₂Γε₁] caivam α₂β₁β₂ωζ₂ζ₃η₁η₂ caiva hy χ caitad Δ **30d guṇapradam** cett.] gaṇapradam ζ₂ guṇapradī γ₁ pradāyakaṃ α₂

अष्टधा क्रियते चैतद्यामे यामे दिने दिने ।
पुण्यसंभारसंभावि पापौघभिदुरं सदा ॥

3.31

सम्यक्शिक्षावतामेव स्वल्पं प्रथमसाधने ।

वह्निस्त्रीपथसेवानामादौ वर्जनमादिशेत् ॥⁷ (cd om. χ) [cd after 1.60 χ]

3.32

अथ खेचरी ।

नासनं सिद्धसदृशं न कुम्भं केवलपमम् ।

न खेचरीसमा मुद्रा न नादसदृशो लयः ॥ (Ω) [= 1.43]

3.32*1

छेदनचालनदोहैः कलां क्रमेण प्रवर्धयेत्तावत् ।

सा यावद्भूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥

3.33

31a aṣṭadhā cett.] aṣṭādi β₂ **caitad** α₁β₂ε₁] caiva Δζ₂χ caivam β₁Γ caika β_ωη₁η₂ caika ζ₃ taitva α₂ **31b yāme yāme** cett.] yāmayāme ζ₃ yāmaṃ yamāṃ η₁ yamair niyamai α₂ **31c punya** cett.] punyam ζ₃ puna α₂ sarva η₂ **sambhāra** α₁α₂γ₂Δζ₂χ] sahāra β_ω saṃcāra η₁η₂ saṃsāra ζ₃ saṃdhāta β₁ saṃdhāna β₂ saṃcaya α₃ε₁ om. γ₁ **sambhāvi** α₃β_ωΓζ₂] sambhāvi α₁α₂ sabhāvi η₁ saṃdhāyi β₂ζ₃χ saṃdhāyi η₂ saṃdhāyi ε₁ saṃdhira β₁ saṃpādi Δ **31d pāpaugha** cett.] pāprogha γ₂ padhau _dhava γ₁ **bhiduraṃ sadā** cett.] bhiduraṃ sadā α₂ vidhuraṃ tathā α₃ **32a śikṣāvatām** cett.] śikṣavatā β₂ śiṣyāvatām α₂ζ₂ jijñāsātām η₂ **eva** α₂β₁ΓΔζ₃] evam α₁β_ωε₁ζ₂η₁η₂χ bhavyam β₂ **32b sādhanē** α₂β₁β₂γ₁Δζ₂ζ₃η₁] sādhanaiḥ α₁ sādhanam β_ωγ₂ε₁η₂χ **32c sevānām** cett.] sevācanām ζ₂ sevānām η₂ sevānam η₁ sevenam γ₁ om. χ **32d ādiśet** α₁α₂β₁β₂ζ₂ζ₃η₁] ādīśyet β_ω ācāret ΓΔε₁η₂ om. χ **heading: atha** cett.] om. Γδ₂ **32*1b kumbhaṃ** η₁ε₁ kumbha β_ωζ_ωη₁ε₁ kumbhaka δ_ω **kevalopamam** η₁ε₁ kevalokanam β_ωη₁ε₁ sadīśo nilaḥ ζ_ω samonilaḥ δ_ω **33a chedana** α₂β₁β_ωγ₁Δδ_ωε₁ζ₃η₁χ] chedanam η₂ζ_ωη_ω chedanaiḥ β₂ bhedana α₃ vedana ζ₂ rasanā γ₂ *illeg.* α₁ **cālanadohaiḥ** β₁γ₂Δδ_ωε₁ζ₃η₁χ] cāladohaiḥ γ₁ cālanam dohaiḥ α₂ cālanam dohau β_ωη₂η_ω cālanam doham ζ_ω cālanair dāsyai β₂ cāladohaiḥ ζ₂ pādanadoṣaiḥ α₃ *illeg.* α₁ **kalām** β₁β₂γ₂ε₁ζ₂η₁χ] kalan γ₁ kalāḥ α₁ζ_ω kalā α₂α₃β_ωη_ω kāla η₂ jihvām Δδ_ω krameṇa ζ₃ **krameṇa** α₁Be₁ζ₂η₁η₂η_ωζ_ω] kramaṇa α₂ krameṇātha χ jihvām ζ₃ tu Γ vai Δ om. α₃δ_ω **pravardhayet** α₂β₁ε₁ζ₃η₁η₂] saṃvardhayet Γδ_ω vardhayet α₁α₃β₂β_ωΔζ₂ζ_ωη_ωχ **tāvat** α₂β₁β₂γ₂Δδ_ωε₁ζ₂ζ₃χ] tā«va»t kramaśaḥ α₃ om. α₁β_ωγ₁η₁ζ_ωη_ω **33b sā yāvad** α₁α₂β₁β₂ε₁ζ₃η₁η₂χ] yāvad iyaṃ ΓΔδ_ω yāvad β_ωζ_ωη_ω yā α₃ sā ζ₂ **bhrūmadhyaṃ** cett.] bhrūmadhya δ₁η₁ sprāti ζ_ω **sprāti** cett.incl. α₃] sparśati γ₁ visati α₂ viśa α₁ bhrūmadhyaṃ ζ_ω **tadā khecarisiddhiḥ** Γδ₂δ_ωζ₃η₂χ] tadānīm khecarisiddhiḥ (tadānī α₂β₁β₂) α₁α₂Be₁η_ω tadānīm hi khecarisiddhiḥ ε₁ζ₂ tadānī siddhiḥ η₁ tadā sidhyati khecarī ζ_ω tadā khecarī bhavati δ₁

⁷ Γ adds here: महामुद्रा महाबन्धो महावेधश्च नित्यशः । एतच्चयं प्रयत्नेन चतुर्वारं करोति यः । षण्मासाभ्यन्तरे मृत्युं जयत्येव न संशयः ॥ (= Śivasamhitā xx)

सुहीपत्तनिभं शस्त्रं सुतीक्ष्णं स्निग्धनिर्मलम् ।
समादाय ततस्तेन रोममात्रं समुच्छिदेत् ॥ (५३ΩΧ) 3.33*1

कृत्वा सैन्धवपथ्यादिचूर्णिताभ्यां प्रघर्षयेत् ।
पुनः सप्तदिने प्राप्ते रोममात्रं समुच्छिदेत् ॥ (५३ΩΧ) 3.33*2

एवं क्रमेण षण्मासं नित्ययुक्तं समाचरेत् ।
षण्मासाद्रसनामूलशराबन्धं विनश्यति ॥ (५३ΩΧ) 3.33*3

(16 more verses in Ω)

कपालकुहरे जिह्वा प्रविष्टा विपरीतगा ।
भ्रुवोरन्तर्गता दृष्टिर्मुद्रा भवति खेचरी ॥[before 3.33 Χ] 3.34

कलां पराङ्मुखीं कृत्वा [त्रिपथे परिवर्तयेत् ।
सा भवेत्खेचरी मुद्रा व्योमचक्रं तदुच्यते ।
रसनामूर्ध्वगां कृत्वा]⁸ क्षणार्धं यदि तिष्ठति ।
क्षणेन मुच्यते योगी व्याधिमृत्युजरादिभिः ॥ (om. α₁) 3.35

33*1a snuḥi δωΧ] snuhi ५३५ωηω snuhi βω **33*1d** samucchidet βω५ω] samucchinēt ५३ηωΧ
samucchiṁdyāt δω **33*2a** kṛtvā ५३Ω] tataḥ Χ **saindhavapathyādi** βωδω५ωηω] saindhavapa-
thyābhyām Χ saindhavapakṣyādi ५३ **33*2c** punaḥ ५३βωδωηωΧ] tataḥ ५ω **33*2d** samucchidet
βω५ωηω] samucchinēt Χ punaḥ chidet ५३ samutthiyāt δω **33*3a** ṣaṇmāsam βωδω५ωηωΧ]
ṣaṇmāsān ५३ **33*3b** nitya βωδω५३५ωηω] nityam Χ **yuktaṁ** βω५३५ωηω] yuktaḥ Χ muktaṁ
δω **33*3c** ṣaṇmāsād ΩΧ] ṣaṇmāse ५३ **mūla** βωδω५ωηωΧ] mūlaṁ ५३ **33*3d** śarāband-
haṁ βωηω^{ac}] śarabamḍhaṁ δω śirābandhaṁ η^{bc} śirābandhaḥ ५३Χ sirābandho ५ω **vinaśyati** Ω]
prāṇāśyati ५३Χ **34a** kuhare cett.] vivare α₂β₁ **34b** praviṣṭā viparitagā cett.] pravi + + + + +
α₁ praviṣṭā viṣa«taṁ»tugā β₂ **34c** antargatā cett.] aṁtagatā α₁ madhagatā β₁ madhye gatā β₂
drṣṭir cett.] drṣṭi α₁α₂β₁γ₁ε₁५३ **34d** bhavati cett.] bhavatu α₃ **35a** kalāṁ cett.] kalā α₃γ₁
kālaṁ η₂ **parāṇmukhīm** β₁Δ५३५३η₁Χ] parāṇmukhī α₃βωΓε₁η₂ paṇmukhī α₂ avāṇmukhī β₂
kṛtvā α₃BΔε₁५३५३η₁Χ] kṛtya η₂ nītvā α₂Γ **35b** tripathe βωΔε₁५३Χ] tripathaṁ ५३ tripatha
β₂ tripātha β₁ **parivartayet** ५३] parivarjayet Bδ₁५३ parivardhayet δ₂ pariyojayet Χ ko prayo-
jayet ε₁ **35c** sā β₁β₂Δε₁५३५३Χ] sa βω **35d** tad ucyate BΔ५३५३Χ] prāśasyate ε₁ **35f** yadi
cett.] api α₂η₂Χ **35g** kṣaṇena α₃βωγ₂ε₁५३५३η₁η₂] kṣaṇe [ca] γ₁ viṣaye α₂ viṣayair Δ viṣair vi*
β₁Χ duḥkhair vi* β₂ **yogī** cett.] yogogī α₂ vyādhi γ₂ **35h** vyādhimṛtyujarādibhiḥ cett.]
janmamṛtyujarādibhiḥ γ₂ vyādhimṛjarāpahe *unm.* α₂

⁸ The Pādas b–e are not found in α₂α₃Γη₁η₂, but in BΔε₁५३५३Χ.

- न रोगो मरणं तस्य न निद्रा न क्षुधा तृषा ।
न च मूर्छा भवेत्तस्य यो मुद्रां वेत्ति खेचरीम् ॥⁹ 3.36
- पीड्यते न स रोगेण न च लिप्यति कर्मणा ।
बाध्यते न च कालेन यो मुद्रां वेत्ति खेचरीम् ॥ (om. $\Gamma\Delta\zeta_2\zeta_3$) 3.37
- चित्तं चरति खे यस्माज्जिह्वा चरति खे गता ।
तेनैषा खेचरी नाम मुद्रा सिद्धैर्नमस्कृता ॥ (om. γ_1) [= 4.11*7] 3.38
- खेचर्या मुद्रितं येन विवरं लम्बिकोर्ध्वतः ।
तस्य न क्षरते बिन्दुः कामिन्याश्लेषितस्य च ॥ 3.39
- चलितोऽपि यदा बिन्दुः संप्राप्तो योनिमण्डलम् ।
ब्रजत्यूर्ध्वं हतः शक्त्या[#] निबद्धो योनिमुद्रया ॥¹⁰ 3.40

36a rogo cett.] roga η_1 rogān η_2 **tasya** cett.] tandrā χ **36b kṣudhā trṣā** cett.] trṣā kṣudhā (trkhā δ_1) $\beta_2\delta_1$ **36c ca** cett.] bhra β_ω om. α_2 **bhavet** cett.] bhava η_2 **tasya** cett.] ta + α_1 **36d yo mudrām veti** cett.] *illeg.* α_1 **khecarim** $\alpha_3\gamma_2\Delta\epsilon_1\zeta_2\zeta_3\eta_1\eta_2\chi$] khecarī $\alpha_1\alpha_2B\gamma_1$ **37a piḍyate** $\alpha_1\alpha_3\beta_1\epsilon_1\chi$] piḍamte α_2 bādhyate $\beta_2\beta_\omega\eta_2$ chādyate η_1 **sa** $\beta_\omega\eta_1\eta_2\chi$] ca $A\beta_1\beta_2\epsilon_1$ **37b na ca lipyati** $\alpha_2\beta_1$] na ca lipyata α_1 lipyate na ca $\alpha_3\chi$ lipyate na sa $\beta_2\beta_\omega\epsilon_1\eta_1\eta_2$ **37c bādhyate** $\alpha_1\beta_1\beta_\omega\epsilon_1\eta_1\eta_2\chi$] badhyate α_2 bhidyate α_3 khādyate β_2 **ca** $A\beta_1$] sa $\beta_2\beta_\omega\epsilon_1\eta_1\eta_2\chi$ **37d yo mudrām veti** $\alpha_1\alpha_2B\eta_2\chi$] yasya mudrāsti $\epsilon_1\eta_1$ **khecarim** $\alpha_1\eta_2\chi$] khecarī $\alpha_2B\epsilon_1\eta_1$ **38a cittam** cett.] citte δ_1 ci + α_1 **carati khe** cett.] *illeg.* α_1 **yasmāj** cett.] yasyāt β_ω yasyā α_2 + .āj α_1 **38b gatā** cett.] yadā β_1 **38c tenaiṣā** $\alpha_1\alpha_2\beta_1\epsilon_1\zeta_3\chi$] tenaiva $\beta_\omega\zeta_2\eta_1\eta_2$ teneyam $\beta_2\gamma_2\Delta$ **nāma** $\alpha_1\alpha_2\beta_1\epsilon_1\zeta_3\chi$] mudrā cett. **38d mudrā** $\alpha_1\alpha_2\beta_1\epsilon_1\zeta_3\chi$] sarva $\beta_2\beta_\omega\gamma_2\Delta\zeta_2\eta_1\eta_2$ *illeg.* α_3 **siddhair namaskṛtā** cett.] siddhir nigadyate α_3 siddhair nirūpitā χ **39a khecaryā** cett.] khecaryām β_ω **mudritam** cett.] mudritā $\alpha_3\beta_2$ mudratam α_2 **yena** cett.] ye tu β_2 **39b vivaram** cett.] vicaran/ram $\beta_1\beta_2\eta_1$ **lambikordhvataḥ** cett.] lampikordhvataḥ δ_2 *illeg.* α_1 **39c tasya na** $\alpha_2\alpha_3B\gamma_1\epsilon_1\zeta_2\zeta_3\eta_1\eta_2$] + [s]ya na α_1 na tasya $\gamma_2\Delta\chi$ **binduḥ** cett.] cittam ϵ_1 **39d śleṣitasya** cett.] saṁślitasya β_1 liṅgitasya Γ liṅgitena β_2 **40a calito** cett.] calitā γ_1 calate δ_1 calato α_1 patito β_2 **yadā** cett.] yathā $\alpha_2\epsilon_1$ **40b samprāpto** $\alpha_1\beta_1\beta_2\delta_2\epsilon_1\zeta_2\zeta_3\eta_1\chi$] samprāpta $\beta_\omega\Gamma\delta_1\eta_2$ samprāpte α_2 **yonimaṇḍalam** $\alpha_2\epsilon_1\zeta_3\eta_1\chi$] yogimaṇḍalam α_1 yonimaṇḍalam ζ_2 vahnimaṇḍalam $\beta_1\beta_2$ cāgimaṇḍalam $\beta_\omega\eta_2$ ca hutāśanam $\Gamma\delta_1$ pi hutāśanam δ_2 **40c vrajaty** cett.] vṛjamty α_1 vrajety α_2 jajaty γ_1 **ūrdhvam** cett.] ū + α_1 **hataḥ śaktyā** em. (cf. VM)] hṛtaḥ śaktyā χ hatāchantkā γ_1 hathāc chaktyā $B\gamma_2\epsilon_1\zeta_2\zeta_3\eta_1\eta_2$ *illeg.* $\alpha_1\alpha_3$ hathāt śaktyā α_2 hi tacchaktyā δ_2 hi tadbhuktyā δ_1 **40d nibaddho** $\alpha_2\alpha_3\beta_1\beta_2\epsilon_1\zeta_2\zeta_3\chi$] nibadhno η_1 niruddho $\Gamma\delta_2$ nirodho $\beta_\omega\eta_2$ viruddhe δ_1 *illeg.* α_1 **yoni** cett.] yoga $\beta_1\beta_\omega\eta_2$

⁹ In γ_2 this verse is found after 3.38.

¹⁰ β_2 has this verse between 3.42ab and cd. $\beta_\omega\eta_2$ have 3.43 after this verse.

कपालकुहरे जिह्वा कलासंधानमुद्रया । (ABΓε₁ζ₂ζ₃) 3.40*1

ऊर्ध्वजिह्वः स्थितो भूत्वा सोमपानं करोति यः ।
मासार्धेन न संदेहो मृत्युं जयति योगवित् ॥ 3.41

नित्यं सोमकलापूर्णं शरीरं यस्य योगिनः ।
तक्षकेणापि दष्टस्य विषं तस्य न सर्पति ॥¹¹ (om. α₁α₂) 3.42

इन्धनानि यथा वह्निस्तैलवर्ति च दीपकः ।
तथा सोमकलापूर्णं देही देहं न मुञ्चति ॥ [after 3.40 β_ωη₂] 3.43

रसनां वेशयेदूर्ध्वं पिबेत्तत्सावितं जलम् । (ΓΔ) 3.43*1

40*1b kalā α₂α₃β_ωε₁ζ₃] kālā Γζ₂ kālā α₁ kṛtvā β₁β₂ samdhāna ABε₁ζ₃] samdhāra ζ₂ samhāra
Γ mudrayā Aβ₁β₂Γε₁ζ₂ζ₃] varjitā β_ω **41a** ūrdhva cett.] ūrdhvaṃ α₂α₃ζ₂ **jihvaḥ**
γ₂δ₁χ] jihva γ₁ε₁ jihvā α₁α₂Bδ₂ζ₂ζ₃η₁η₂ **sthito** α₁α₂β_ωδ₂ε₁η₂] sthiro β₁β₂Γδ₁ζ₃η₁χ sito ζ₂
41b karoti yaḥ cett.] karoti saḥ β₂ karo ++ α₁ **41c** māsārdhena cett.] māsād ūrdhve ε₁
illeg. α₁ **na** cett.] tu β₂ om. δ₁ illeg. α₁ **42a** pūrṇaṃ cett.] pūrṇa β₁γ₁ζ₂ pūrṇe η₂
42b yoginaḥ α₃β₁β₂ΓΔζ₂χ] yoginaṃ β_ω dehinaḥ ε₁ζ₃η₁η₂ **42c** daṣṭasya α₃β₂γ₂Δε₁ζ₃η₂χ]
drṣṭasya β₁β_ωγ₁η₁ daṣṭrasya ζ₂ **42d** viṣaṃ tasya na cett.] viṣeṇa na hi α₃ **sarpati** cett.]
sparśati β_ω pīdyate α₃γ₁ **43b** tailavart(t)iṃ β_ωΔζ₃χ] tailavart(t)i α₁β₁ζ₂ tailavart(t)i β₂Γη₂
tailaṃ varttiṃ ε₁ tailavatti α₂ tailāvṛtti η₁ **ca** cett.] va α₂η₁ **dipakaḥ** cett.] dipikaḥ η₁
43c soma cett.] sarva ζ₂ **pūrṇaṃ** cett.] pūrṇa η₂ pūrṇo γ₂ζ₂ **43d** dehi dehaṃ cett.]
dehaṃ dehi β₂ε₁ζ₃ deha devaṃ α₂ dehe dehīm β₁ illeg. α₁ **na muñcati** α₂β₁ΓΔε₁ζ₂η₁χ] na
mucyati η₂ na mucyati ζ₃ na mucyate β₂β_ω +++ ti α₁ **43*1a** rasanām γ₂Δ] rasānām γ₁
veṣayed ūrdhvaṃ γ₂Δ] vasayed ūrdhvaṃ γ₁ **43*1b** srāvitam Δ] sravitam Γ **jalam** cett.]
jagat δ₂

¹¹ β_ω adds a half verse here: तस्मादिदं प्रकुर्वीत नित्ययुक्तः समाहितः.

गोमांसं भक्षयेन्नित्यं पिबेदमरवारुणीम् ।
कुलीनं तमहं मन्ये इतरे कुलघातकाः ॥

3.44

गोशब्देनोदिता जिह्वा तत्प्रवेशो हि तालुनि ।
गोमांसभक्षणं तनु महापातकनाशनम् ॥

3.45

जिह्वाप्रवेशसंभूतवह्निनोत्पादितः खलु ।

चन्द्रात्स्रवति यः सारः सा स्यादमरवारुणी ॥¹² (om. $\zeta_3\eta_{11}$)¹³

3.46

मूर्ध्नः षोडशपद्मपञ्चगलितं प्राणादवासं हठा-
दूर्ध्वास्यो रसनां नियम्य विवरे शक्तिं परां चिन्तयेत् ।
उत्कल्लोलकलाजलं च विमलं धारामृतं[#] यः पिबेत्
निर्दोषः स मृणालकोमलवपुर्योगी चिरं जीवति ॥¹⁴

3.47

44a gomāmsam cett.] gomāmsa $\gamma_2\eta_2$ gomām δ_1 **44b vāruṇīm** cett.] vāruṇī $\alpha_2\beta_\omega\zeta_2\zeta_3$
44c tam cett.] tum γ_2 **manye** cett.] manya χ vidyām β_ω viṃdyām η_2 **44d itare**
 $\alpha_1\alpha_3\beta_2\beta_\omega\epsilon_1\eta_2\chi$] tv itare $\beta_1\zeta_3\eta_1$ cetare ζ_2 udhare α_2 netarān $\Gamma\Delta$ **ghātakāḥ** cett.] ghātakān
 $\Gamma\Delta$ bālākān α_2 **45a noditā jihvā** cett.] nāditā jihvā γ_1 *illeg.* α_1 **45b tatpraveśo** cett.] (‘veśaś
 ϵ_1)] + [t]praveśo α_1 tatpradeśo α_2 tatrāveśo β_1 **hi** cett.] ha β_1 di γ_1 ca ϵ_1 **45c gomāmsa**
cett.] gomāmsam $\alpha_2\zeta_2\zeta_3\eta_1$ gomāsam γ_1 **bhakṣaṇam** cett.] bhakṣaṇe α_1 **tat tu** cett.] _rttu
 γ_1 tac ca ζ_3 caitat ζ_2 hy etan β_2 **46b vahninotpāditaḥ** $\gamma_2\delta_2\zeta_2\chi$] ‘tpādita $\alpha_2\beta_2$ ‘tpāditaṃ β_1
‘tpādi + α_1 ‘nnāpitā β_ω ‘ttāpito η_2 vām[n]inotāpitaḥ α_3 vahnīs cotthāpitot ϵ_1 vahnir utpāditaḥ
 γ_1 hninotpāditaṃ δ_1 **khalu** $\alpha_2\alpha_3\Gamma\delta_1\epsilon_1\zeta_2\chi$] kila δ_2 darām $\beta_\omega\eta_2$ ‘bare β_1 surāḥ β_2 *illeg.* α_1
46c candrāt sravati $\alpha_3\beta_2\beta_\omega\Gamma\delta_2\zeta_2\eta_2\chi$] candrā sravati α_2 candra sravati β_1 candrāt srjati ϵ_1 candrā
dravati δ_1 + + + + [t]i α_1 **yah sārāḥ** $\beta_1\gamma_2\Delta\eta_2\chi$] yah sārā $\alpha_3\gamma_1$ yat sārām $\alpha_1\beta_2\zeta_2$ yat sārāḥ ϵ_1 ya
sārām α_2 yah sārām tasmād idam prakurvita nityayuktaḥ samāhitaḥ (the same hemistich is inserted
after 3.42) β_ω **46d sā** cett.] sa δ_2 **amaravāruṇī** cett.] amṃavāruṇī η_2 **47a mürdhnaḥ**
 $\beta_\omega\gamma_2\Delta\zeta_3\chi$] mürdhneḥ η_2 mürddhaḥ ϵ_1 mürddham $\alpha_2\zeta_2$ mürddhvaḥ α_1 mürddhva η_1 bhürddhaḥ
 γ_1 ürdhvaṃ $\beta_1\beta_2$ **padmapattra** $\alpha_1\beta\gamma_2\delta_1\epsilon_1\eta_1\eta_2$] pattrapadma $\alpha_2\delta_2\zeta_3\chi$ patrapatra ζ_2 patra γ_1
haṭhād cett.] haṭhām β_ω **47b ürdhvāsyo** cett.] ürdhdhoso γ_1 varddhāsyo β_ω **rasanām**
cett.] rasanā ζ_2 ramanā γ_1 **niyamya** $\alpha_1\alpha_2\beta_1\beta_2\gamma_2\Delta\epsilon_1\zeta_3\chi$] niyasya $\gamma_1\zeta_2$ ca yāmya η_1 vidhāya
 $\beta_\omega\eta_2$ **vivare** cett.] vicare γ_1 vivaram Δ vidhivat β_2 **śaktim** cett.] śaktiḥ γ_2 **cintayet**
cett.] cintayat γ_1 cintayan $\alpha_3\delta_2\chi$ **47c utkallola** $\alpha_1\alpha_2\beta\epsilon_1\zeta_2\zeta_3\eta_1\chi$] uttakallola η_2 tatkalloa
 $\gamma_2\Delta$ taptalola γ_1 hrt[k]alola α_3 **kalājalām** $\alpha_1\alpha_2\beta_1\beta_2\Gamma\Delta\epsilon_1\zeta_2\zeta_3\eta_1\chi$] karāṃrtaṃ α_3 jalākulaṃ
 $\beta_\omega\eta_2$ **ca** $\alpha_1\alpha_3\beta_1\beta_2\gamma_2\Delta\epsilon_1\zeta_2\eta_1\chi$] su $\alpha_2\beta_\omega\eta_2$ ya γ_1 *om.* ζ_3 **vimalam** cett.] vimala α_1 vimalā
 β_2 **dhārāmṛtaṃ** cett.] dhārāmayam χ **47d nirdoṣaḥ** sa cett.] nirdoṣam sa $\alpha_2\beta_1\eta_1$ nirdoṣo
‘sya ζ_2 nidoṣaś ca ϵ_1 nirvyādhiḥ sa χ **komala** cett.] komale γ_1 **vapur** $\alpha_1\beta_1\epsilon_1\zeta_2\zeta_3\eta_1\chi$] tanur
 $\alpha_2\beta_2\beta_\omega\Gamma\Delta\eta_2$

¹² ϵ_1 inserts two verses from GŚ (*tridhā baddho ... amṛtāyate*) here.

¹³ In η_1 the second half is only added in the margin sec. m.: तस्माच्चरति यत्सारं सा स्यादमरवारुणी.

¹⁴ χ has a different verse order: 3.48 \rightarrow 3.47 \rightarrow 3.49*2 \rightarrow 3.49*1 \rightarrow 3.49.

चुम्बन्ती यदि लम्बिकाग्रमनिशं जिह्वा रसस्यन्दिनी
सक्षारा कटुकाथ दुग्धसदृशा मध्वाज्यतुल्याथवा ।
व्याधीनां हरणं जरान्तकरणं शास्त्रागमोदीरणं
तस्य स्यादमरत्वमष्टगुणवत्सिद्धाङ्गनाकर्षणम् ॥¹⁵

3.48

एकं सृष्टिमयं बीजमेका मुद्रा च खेचरी ।
एको देवो निरालम्ब एकावस्था मनोन्मनी ॥ [= 4.35*1]

3.49

सुषिरं ज्ञानजनकं पञ्चस्रोतःसमन्वितम् ।
तिष्ठते खेचरी मुद्रा तस्मिन्सून्ये निरञ्जने ॥ ($\beta_{\omega}\eta_2\chi$) [= 4.11*5]

3.49*1

48a cumbantī cett.] cubamti α_2 cubimti α_1 vipitiṃ γ_1 **lambikāgram** cett.] lambakārgam
 β_1 lampikāgram δ_2 **rasa** cett.] śiraḥ $\beta_{\omega}\eta_2$ **48b sakṣārā** cett.] sākṣārā $\alpha_1\Delta\epsilon_1\zeta_2$ sakṣāra
 η_2 sakṣiro° β_1 **kaṭukātha** $\alpha_1\alpha_2$] kaṭukāmla $\gamma_2\Delta\zeta_3\chi$ vaṭukāmla γ_1 kaṭukā ca ϵ_1 kaṭukāsa η_1
kaṭukādyā $\beta_{\omega}\eta_2$ kaṭutikta ζ_2 ++ tikta α_3 kaṭutyakta β_2 °dakatikta β_1 **dugdha** cett.] dagdha
 β_1 dugdham γ_2 du γ_1 dhugdha δ_1 **sadrṣā** $\alpha_1\alpha_2\epsilon_1\eta_1$] sadṣam α_3 sadṣi $\beta_2\beta_{\omega}\gamma_1\eta_2\chi$ sadṣim
 γ_2 sadṣi Δ lavaṇā $\zeta_2\zeta_3$ lavaṇo β_1 **madhvājya** cett.] madhvādyā $\beta_{\omega}\eta_2$ vaddhājya ζ_2 **tu-**
lyā cett.] tulyam $\beta_{\omega}\eta_2$ tulya α_3 **thavā** $\alpha_2\Gamma\Delta$] tathā $\alpha_1B\zeta_2\eta_1\eta_2\chi$ pradā α_3 sadā ϵ_1 savā ζ_3
48c jarāntakaraṇam cett.] jvarāntakaraṇam δ_1 jarāpraśamanam $\beta_1\beta_2$ **śāstrāgamodiraṇam**
 $\alpha_1\epsilon_1\chi$] śāstrapramodiraṇam γ_1 śāstrārthagamodiraṇam *unm.* α_2 śāstrāgamodgiraṇam $\beta_2\beta_{\omega}\gamma_2\zeta_3\eta_2$
śāstrodgamodgiraṇam β_1 śāstrāṅgamodgiraṇam η_1 śāstrāgamoddhāraṇam $\Delta\zeta_2$ **48d tasya syād**
cett.] tasyād γ_1 syāt svādam β_1 **amaratvam** cett.] amarakṣam γ_1 aramatvam β_{ω} iha
siddhir Δ **guṇavat** $\alpha_1\alpha_2\beta_1\epsilon_1\eta_1$] guṇāvat ζ_3 guṇitaṃ $\beta_2\beta_{\omega}\Gamma\delta_1\zeta_2\eta_2\chi$ guṇitā δ_2 **siddhān-**
ganā $\alpha_2\beta_1\beta_2\delta_2\eta_1\epsilon_1\zeta_2\zeta_3\eta_2\chi$] siddhāṅganā (ṇā° α_1) $\alpha_1\beta_{\omega}\gamma_1\delta_1$ siddhāṅganā γ_2 **karṣaṇam** cett.]
karṣaṇaḥ α_2 karṣaṇā γ_1 **49a ekam** cett.] ekam β_1 evam γ_1 **sṛṣṭi** cett.] drṣṭi ζ_2 **mayam**
cett.] matam ϵ_1 midam β_2 layam ζ_2 **49b ca** cett.] tu ζ_2 **49c devo** cett.] devā γ_1 nirā°
 α_1 **nirālamba** $\beta_{\omega}\eta_1\chi$] nirālambaś $\gamma_2\Delta$ nirāśambaś γ_1 nirālambo $\alpha_2\beta_1\beta_2\epsilon_1\zeta_2\zeta_3$ nirālambaṃ
 $\alpha_3\eta_2$ °laṃbo deva α_1 **49d ekā** $\alpha_1\alpha_3\beta_2\beta_{\omega}\zeta_2\eta_1\eta_2\chi$] caikā Δ cakā γ_1 caiṣā γ_2 hy ekā $\alpha_2\beta_1\epsilon_1\zeta_3$
°vasthā cett.] mudrā β_1 **49*1a suṣiram** χ] sukhiram η_2 suciram β_{ω} **49*1b srotaḥ** $\eta_2\chi$] srotaḥ β_{ω} **49*1c tiṣṭhate** χ] tiṣṭhamti β_{ω} tiṣṭhamti η_2

¹⁵ ϵ_1 inserts 9 verses from Vivekamārtāṇḍa (*kākacañcuvad ... aṇimādiḡuṇādayaḥ*) here.

पाताले यद्विशति सुषिरं मेरुमूले तदस्ति
 तत्त्वं चैतत्प्रवदति सुधीस्तन्मुखं निम्नगानाम् ।
 चन्द्रात्सारः स्रवति¹⁶ वपुषस्तेन मृत्युर्नराणां
 तं बध्नीयात्सुकरणमृदा नान्यथा कायसिद्धिः ॥[#] (om. $\alpha_1 \Delta$)¹⁷ [= 4.9]

3.49*2

अथ मूलबन्धः¹⁸ ॥

पार्ष्णिभागेन संपीड्य योनिमाकुञ्चयेद्बुद्धम् ।
 अपानमूर्ध्वमाकृष्य मूलबन्धोऽयमिष्यते ॥ (d om. α_2)

3.50 – ζ_3

49*2a pātāle yad viśati Γ] pātālād yad viśati β_2 pātāle yadvitayaḥ ϵ_1 pātāle yadvitayu β_1 pātāle yadvitanta ζ_3 pātāle yadvitadhaya α_3 pātāle yadinaya ζ_2 pātāle yadvita η_1 yat prāleyaṃ cāpihita β_ω yat prāleyaṃ pihita α_2 yat prāleya pihita η_2 yat prāleyaṃ prahita χ **suśiraṃ** $\epsilon_1 \zeta_3 \chi$] suśiraṃ β_2 sukhiraṃ $\beta_\omega \Gamma \eta_2$ sukhire α_2 sukhiraṃ ζ_2 stuṣime η_1 śubiraṃ β_1 **mūle tad asti** β_2] mūle yad asti γ_2 mūle yad asti α_2 mūle tad asmin $\beta_1 \epsilon_1 \zeta_2 \zeta_3$ mū tad asmi[m]s η_1 mūle pakṣasti γ_1 mūrddhyataḥthyam β_ω mūrdhni sthitaṃ η_2 mūrdhāntarasthaṃ χ **49*2b tattvaṃ caitat** $\beta_1 \beta_2 \epsilon_1$] tadvac caitat $\Gamma \zeta_2$ taddac caitat ζ_3 tasmims tattvaṃ $\beta_\omega \eta_2 \chi$ tasmitvaṃ α_2 tatvaṃ yat η_1 **sudhis** cett.] sudhās γ_1 **tan mukhaṃ** cett.] tat sukhaṃ $\beta_1 \beta_2$ **nimnagānām** cett.] niṣagmanām γ_1 **49*2c candrāt sārāḥ** cett.] candrā sārāḥ ζ_3 candrāt sārāṃ $\alpha_2 \beta_2$ candraḥ sārāḥ ζ_2 candrasāro[dha] η_1 caṃtaṃ prasārāṃ β_1 **srvati/śrvati** cett.] grasati β_1 rapati γ_1 [sra]vaṃtyai η_1 **vapuṣas** cett.] vapuṣes η_2 vapayuṣes β_ω vapuṣā $\beta_1 \beta_2$ om. ζ_3 **tena** cett.] doṣa β_1 **mṛtyur** cett.] mṛtyun $\beta_\omega \eta_2$ om. ζ_3 **49*2d taṃ** cett.] tad $\alpha_3 \gamma_2 \chi$ tac γ_1 **badhniyāt** cett.] cha_yāt γ_1 om. ζ_3 **sukaraṇamṛdā** $\alpha_2 \beta_1 \beta_2$] pakaraṇamṛdā ζ_2 svakaraṇamṛtaṃ α_3 sukaraṇam amṛtaṃ ϵ_1 kakaraṇam amṛtaṃ η_1 sukaraṇam atho $\beta_\omega \eta_2$ sukaraṇam adho χ sukhakaram atho γ_2 sukhakaraṇam artho γ_1 om. ζ_3 **nānyathā** cett.] nāmārthā γ_1 om. ζ_3 **kāya** $\beta_2 \beta_\omega \Gamma \epsilon_1 \zeta_2 \eta_2 \chi$] kārya $\alpha_2 \alpha_3 \beta_1 \eta_1$ om. ζ_3 **heading: atha mūlabandhaḥ** AB $\delta_2 \epsilon_1 \zeta_2 \eta_1 \eta_2 \chi$] mūlabandhaḥ $\gamma_2 \delta_1$ om. γ_1 **50a pārṣṇi** cett.] pādima γ_1 **50b ākuñcayed** cett.] ākumcaned α_1 ākum«cya+» γ_1 **gudam** cett.] dṛdhaṃ $\alpha_3 \eta_1 \eta_2$ «+ta» γ_1 **50d 'yam iṣyate** $\beta_2 \beta_\omega$] 'yam iṣyati β_1 mayiṣyate α_1 'yam ucyate $\Gamma \Delta \epsilon_1 \zeta_2 \eta_1 \eta_2$ 'bhidhiyate χ om. α_2 *illeg.* α_3

¹⁶ ζ_3 jumps to Jālamdharabandha (3.67) from here.

¹⁷ $\beta_1 \beta_2$ have this verse immediately after 3.39, $\alpha_1 \delta_1$ in Ch. 4 (4.9), and $\Gamma \alpha_2 \alpha_3$ in both Ch. 3 and 4.

¹⁸ After this heading comes the description of Uḍḍiyāna in α_3 , followed by the description of Mūlabandha. Similarly, in $\beta_\omega \chi$, Uḍḍiyāna comes before Mūlabandha with its respective heading, as in the order of mudrās mentioned in 3.6.

अधोगतिमपानं वै ऊर्ध्वगं कुरुते बलात् ।

आकुञ्चनेन तं प्राहुर्मूलबन्धं हि योगिनः ॥ (abc om. α_2)

3.51 - ζ_3

गुदं पाष्ण्या तु संपीड्य वायुमाकुञ्चयेद्वलात् ।

वारं वारं यथा चोर्ध्वं समायाति समीरणः ॥

3.52 - ζ_3

प्राणापानौ नादबिन्दू मूलबन्धेन चैकताम् ।

गत्वा योगस्य संसिद्धिं यच्छतो नात्र संशयः ॥

3.53 - ζ_3

अपानप्राणयोरैक्यं क्षयो मूत्रपुरीषयोः ।

युवा भवति वृद्धोऽपि सततं मूलबन्धनात् ॥¹⁹

3.54 - ζ_3

अपाने चोर्ध्वगे जाते संप्राप्ते वह्निमण्डलम् ।

तदानलशिखा दीर्घा वर्धते वायुनाहता ॥

3.55 - ζ_3

51a adhogatim $\text{Be}_1\eta_1\chi$] adhogatam $\alpha_1\Gamma\Delta\zeta_2\eta_2$ **apānaṃ vai** $\beta_1\beta_2\Gamma\epsilon_1\zeta_2\eta_2$] apānaṃ vaiḥ α_1 apānaṃ vā χ apānaṃ ca β_ω apānaṃ tu Δ apānaivam η_1 **51b** ūrdhvagaṃ cett.] mūrddha-
gaṃ α_1 hy urdhvagaṃ β_1 kurddhagaṃ ζ_2 vidyūrdhagaṃ β_ω **balāt** $\alpha_1\text{Be}_1\eta_1\eta_2\chi$] haṭhāt $\Gamma\Delta$
havān ζ_2 **51c** ākuñcana cett.] ākuñcya tena η_2 **taṃ** cett.] tu β_2 **prāhur** cett.]
grāhyaṃ ζ_2 **51d** mūlabandhaṃ cett.] mūlabandho η_2 mūlabandhā α_2 mūlo siddhiṃ α_3 **hi**
 $\alpha_1\alpha_3\beta_\omega\epsilon_1\zeta_2\eta_1\eta_2\chi$] tu $\beta_1\beta_2\Gamma\Delta$ di α_2 **52a** gudaṃ cett.] gulpha ζ_2 pārṣṇi° β_2 **pārṣṇyā**
tu $\alpha_1\alpha_2\beta_1\beta_\omega\Delta\epsilon_1\eta_2\chi$] pārṣṇyā ca $\zeta_2\eta_1$ [p]ārṣṇena α_3 pārṣṇi tu γ_2 pādarmyāṃ tu γ_1 °nā gudam
 β_2 **sampīdya** cett.] āpīdya β_2 **52b** vāyū a° $A\beta_2\beta_\omega\Gamma\epsilon_1\eta_1\eta_2\chi$] vāyūnā $\beta_1\zeta_2$ yonim ā°
 Δ **52c** yathā $\alpha_1\text{Be}_1\zeta_2\eta_1\eta_2\chi$] yathā $\alpha_2\Gamma\Delta$ **53a** nādabindū cett.] nādabindu $\alpha_1\alpha_2\beta_1\beta_\omega\epsilon_1\zeta_2\eta_2$
53b caikatām cett.] caikatā $\beta_2\zeta_2$ cakataṃ γ_1 caikataḥ β_ω **53c** gatvā cett.] tato η_2 **samsid-**
dhiṃ $\alpha_1\alpha_3\beta_2\beta_\omega\gamma_2\Delta\epsilon_1\eta_1\chi$] samsiddhi β_1 samsiddhir $\alpha_2\gamma_1\zeta_2$ samsiddhyaiḥ η_2 **53d** yacchato
 $\alpha_2\beta_\omega\chi$] yakṣyato β_2 yichato α_1 pracchato β_1 gacchato $\delta_1\epsilon_1\zeta_2$ gacchate γ_2 gacchatā γ_1 prāpnoty e°
 η_1 pamāta η_2 niścayo α_3 kurute δ_2 **nātra** cett.] °va na η_1 tra na η_2 **54a** °yor aikyaṃ cett.]
°yor aikya γ_1 °yor aikye η_2 **54b** kṣayo cett.] kṣayaṃ α_3 kṣayān γ_1 **54d** bandhanāt cett.]
bandhataḥ δ_1 **55a** apāne cett.] apāna χ apānaṃ $\beta_\omega\gamma_2$ **cordhvage jāte** cett.] cordhvage
yāte δ_1 cordhvam āpāte η_2 ūrdhvage jāte χ **55b** samprāpte $\beta_2\Gamma\Delta\epsilon_1\zeta_2$] samprāptau β_1 samyāte
 β_ω prayāte $\alpha_1\alpha_2\eta_1\eta_2\chi$ **vahnimaṇḍalam** $\alpha_1\beta_1\beta_\omega\gamma_2\chi$] vahnimaṇḍale $\alpha_2\beta_2\gamma_1\Delta\epsilon_1\zeta_2\eta_1$ nābhi-
maṇḍalam η_2 **55c** tadānala cett.] tadānale ζ_2 tathānala $\alpha_2\delta_2\eta_2$ tathānale η_1 **55d** vardhate
vāyunāhatā $\alpha_1\alpha_2\beta_1\beta_\omega\Gamma\epsilon_1\zeta_2$] °hataḥ β_2 °hataḥ α_3 baṃdhane vāyunāhatā Δ kriyate vāyunāhatāḥ
 η_2 jāyate vāyunāhatā χ vāyunā preritā tathā η_1

¹⁹ γ_1 adds the following verse here: बन्धमूलं येन तेन तेन विघ्नां निवारितः । अजरामरतां याति यथा पञ्चमुखो हरः ॥

ततो यातौ# वह्न्यपानौ प्राणमुष्णस्वरूपकम् ।
तेनात्यन्तप्रदीप्तस्तु ज्वलनो देहजस्तदा ॥

3.56 - ζ₃

तेन कुण्डलिनी सुप्ता संतप्ता संप्रबुध्यते ।
दण्डाहता भुजङ्गीव निश्चस्य# ऋजुतां व्रजेत् ॥

3.57 - ζ₃

बिलं प्रविष्टेव ततो ब्रह्मनाड्यन्तरं व्रजेत् । (ab om. Δ)
तस्मान्नित्यं मूलबन्धः कर्तव्यो योगिभिः सदा ॥

3.58 - ζ₃

इति मूलबन्धः । (ε₁)

56a tato cett.] yātā η₁ yātau [β₂ε₁] yāttau α₂ yāto β₁η₁χ yāte η₂ yāmtā α₃ yāmau α₁ jātau γ₂Δ jātā γ₁ jāto β_ω vahnim ζ₂ **vahnyapānau** [β₁γ₂Δε₁η₁χ] vahnipānau α₁ vahnipātau α₂ [m]ahnyapāne α₃ vahniyonau η₂ bāhyapānau β₂ bamdhapānau γ₁ vardhapānai β_ω apānai ca ζ₂ **56b prāṇam uṣṇa** α₃Bγ₂ε₁ζ₂χ] prāṇamura γ₁ prāṇamukta Δ prāṇamūla α₁α₂η₁η₂ svarūpakam cett.] surūpakam ε₁ svarūpakah η₂ svarūpakau η₁ **56c tenātyanta** [β₁ΓΔε₁η₁χ] tenātyantaṁ α₁ tenābhyanta β_ω tenābhyantaḥ η₂ tenāyamna β₂ tenotyataṁ α₂ tailābhyantaḥ ζ₂ **pradiptas tu** cett.] pradipas tu η₁ pradāyas tu α₂ pradiptāsau ε₁ pradipāsau ζ₂ **56d jvalano dehajas tadā** α₁α₂β₁β_ωε₁] jvalato dehataḥ tadā β₂ jvalano dehajas tathā ΓΔζ₂η₁χ kuṁto dehaśayas tadā η₂ **57b saṁtaptā** α₁α₂BΓε₁η₁η₂χ] satataṁ Δζ₂ **saṁprabudhyate** α₁α₂β₂Γη₂χ] saṁprabudhyati η₁ saṁprabodhyate ζ₂ samabuddhyate β₁ sa prabudhyate β_ω sā prabodhyate δ₂ sānubodhyate δ₁ buddhyate tadā ε₁ **57d niśvasya** α₁α₃β₁ε₁η₁η₂χ] niśvāsyā α₂ niḥśvasyā β₂ viśvasyā β_ω niścitam Γδ₁ζ₂ niścayād δ₂ **rjūtām vrajet** cett.] rujutām vrjet α₁ rujanaṁ vrajet α₂ rijutām iyāt η₂ **58a praviṣṭeva** Aγ₂ε₁ζ₂η₁χ] praviṣṭe ca β₁β₂γ₁ praviṣṭam ca β_ω praviṣṭas ca η₂ om. Δ **tato** cett.] to γ₁ om. Δ **58b brahma** cett.] tha_ γ₁ om. Δ **nāḍyāntaram** cett.] nāḍyāntaram α₂β₂ nāḍyāntare η₂ om. Δ **58c nityam** cett.] nityo ζ₂

अथोद्दीयाणम् ।

बद्धो येन सुषुम्णायां प्राणस्तूद्दीयते यतः ।

तस्मादुद्दीयाणारख्योऽयं योगिभिः समुदाहृतः ॥

3.59 - ५३

उड्याणं कुरुते यस्मादविश्रान्तं महाखगः ।

उद्दीयाणं तदेव स्यात्तत्र बन्धो विधीयते ॥

3.60 - ५३

उदरे पश्चिमं ताणं नभेरूर्ध्वं च कारयेत् ।

उद्दीयाणो ह्यसौ बन्धो मृत्युमातङ्गकेसरी ॥ (cd om. β_ω)

3.61 - ५३

उद्दीयाणं तु सहजं गुरुणा कथितं सदा ।

अभ्यसेदस्ततन्द्रस्तु वृद्धोऽपि तरुणो भवेत् ॥

3.62 - ५३

heading: athoḍḍiyanāṃ α₁] athoḍiyanāṃ β₁ athoḍḍiyanāṃ β_ω athoḍiyanāṃ α₂ athoḍiyanāṃ β₂ atha oḍyanāṃ ε₁ athoḍiyanābandhaḥ η₁ atha uḍḍiyanābandhaḥ ζ₂ atha uḍḍiyanābandhaḥ δ₂χ atha uḍḍiyanābandhaḥ γ₁ atha uḍḍiyanāṃ bandhaḥ η₂ uḍḍiyanāṃ bandhaḥ γ₂ om. δ₁ **59 ante baddho add.** pūrakānte recakādaḥ kartavyodyayaṇābhidhaḥ (cf. GŚ 58ab) ε₁ **59a baddho** α₁β₂β_ωγ₂δ₁χ] bandho α₂β₁δ₂ε₁ζ₂ ūrdhvo η₁η₂ vidrā γ₁ **yena suṣuṃṇāyāṃ** cett.] yoni suṣuṃṇāyāṃ α₂ kṣitaḥ suṣuṃṇāyāḥ η₂ **59b prāṇas** cett.] prāṇam β₂ζ₂η₁ prāṇa δ₂ **tūḍḍi-ate** (tu* α₁γ₂) α₁γ₂δ₁η₂χ] tadḍiyanate α₂ sūḍḍiyanate ε₁ tūḍiyanate β_ω tudiyate γ₁ kṛḍiyanate β₁ uḍiyanate β₂ uḍḍiyanate δ₂ζ₂ uḍyayate η₁ **59c tasmād** cett.] tasmātu γ₂ tasmāc ca η₂ **uḍḍiyanākhyo** m.c. ε₁] uḍḍiyanākhyo Δχ uḍḍiyanākhye α₁ uḍḍiyanākhyo ζ₂ uḍḍiyanākhyo η₁ uḍḍiyanākhyo γ₂η₂ uḍiyanākhyo α₂β₁ uḍiyanākhye β_ω uḍiyanākhyam β₂ uḍḍiyanākhyo γ₁ **'yam** cett.] tad β₂ om. η₂ **59d samudāhṛtaḥ** cett.] samudāhṛtam β₂β_ωζ₂ **60a uḍyanāṃ** α₁β₁γ₂ε₁] uḍyanāṃ α₂ uḍyanāṃ β₂ uḍiyanāṃ β_ω uḍḍiyanāṃ Δχ uḍḍiyanāṃ α₃η₁ uḍḍiyanāṃ γ₁η₂ uḍḍiyanāṃ ζ₂ **kurute yasmād** cett.] kryate yasmād γ₂ kṛte yasmād ζ₂ tu kurute α₃ **60b aviśrāntam** β₂β_ωΔε₁ζ₂η₁η₂χ] aviśrānta α₁α₂β₁ aviśrānto γ₂ aviśrāntā γ₁ khaviśrāntā α₃ **60c uḍḍiyanāṃ** α₁ζ₂η₁] uḍḍiyanāṃ Δχ oḍḍiyanāṃ ε₁ uḍḍiyanāṃ γ₂η₂ uḍḍiyanāṃ γ₁ uḍiyanāṃ α₂ uḍiyanāṃ β₁β_ω uḍiyanāṃ β₂ **eva** cett.] evam δ₁ evaḥ ζ₂ **60d tatra** α₁α₂β_ωΔε₁ζ₂η₁η₂χ] kṣetra η₂ mūla Δ **bandho** cett.] vedho α₂ **vidhiyate** α₂β₂γ₂] bhidhiyate α₁β₁β_ωΔε₁ζ₂η₁η₂χ nigadyate γ₁ **61a udare ... tāṇam** cett.] paścimam tāṇam udare ε₁ **udare** cett.] udarāt β_ω **paścimam** α₂β₁β₂γ₂δ₂η₁χ] paścima α₁γ₁η₂ paścime β_ωδ₁ζ₂ **tāṇam** α₁α₂ζ₂] tāṇam β₂ΓΔη₁η₂χ tālam β₁ bhāge β_ω **61b ūrdhvaṃ** cett.] ūrdhve η₂ **ca** cett.] tu ζ₂η₂ **61c uḍḍiyanō** α₁ζ₂] uḍḍiyanō δ₂χ uḍḍiyanō α₃ε₁η₁ uḍḍiyanō Γδ₁η₂ uḍiyanō β₁ uḍiyanō β₂ uḍḍiyanō α₂ om. β_ω **hy asau** cett.] hy ayam δ₁ hy asam δ₂ om. β_ω **61d kesarī** cett.] om. β_ω **62a uḍḍiyanāṃ** α₁ζ₂] uḍḍiyanāṃ δ₂χ uḍḍiyanāṃ α₂β₁ε₁η₁ uḍḍiyanāṃ γ₂δ₁η₂ uḍḍiyanāṃ γ₁ uḍiyanāṃ β_ω uḍiyanāṃ β₂ **sahajaṃ** cett.] sahasam β₁ yaḥ sahate γ₂ **62b guruṇā** cett.] guruṇām β_ω **sadā** α₁α₂Be₁ζ₂η₁η₂χ] yathā ΓΔ **62c abhyased/-set** cett.] abhyāsen γ₁ abhyāsyed α₂ abhyāsāt β_ω abhyāsa* β₂ **astatandras tu** α₂ε₁] astatandras tu α₁ asvatamtras tu β₁ asya tamtrasya ζ₂ *taḥ svatantras tu β₂ tad atandras tu γ₂Δ na tamdras tu _ γ₁ yo hy atandras tu η₁ satatam yas tu β_ωη₂χ **62d vṛddho** cett.] vṛddhā γ₁ **taruṇo bhavet** α₁α₂β₁β_ωε₁ζ₂η₁η₂] taruṇāyate β₂ΓΔχ

नाभेरूर्ध्वमधश्चापि ताणं कुर्यात्प्रयत्नतः ।

षण्मासमभ्यसन्मृत्युं जयत्येव न संशयः ॥

3.63 - ζ₃

सति वज्रासने पादौ[#] कराभ्यां धारयेद्दृढम् ।

गुल्फदेशसमीपे च[#] कन्दं तत्र प्रपीडयेत् ॥ [after 3.96*2 in χ]

3.64 - ζ₃

पश्चिमं ताणमुदरे कारयेद्दृढये गले[#] ।

शनैः शनैर्यथा प्राणस्तुन्दसंधिं न गच्छति[#] ॥²⁰ (om. χ)

3.65 - ζ₃

सर्वेषामेव बन्धानामुत्तमो ह्युद्धियाणकः ।

उद्धियाणे दृढे बन्धे मुक्तिः स्वाभाविकी भवेत् ॥

3.66 - ζ₃

63a ante **nābher** add. pāthāntaram β₂ **adhaś cāpi** cett.] adhaśtāpi α₂ adho vāpi Δ adhaśkāya η₁ avasthāpya β₂ **63b tānaṃ** α₃β₁β_ωε₁ζ₂η₁] tānaṃ β₂ΓΔη₂χ tāpyaṃ α₁ tāruṇaṃ α₂ **pray-atnataḥ** cett.] ca yatnataḥ η₂ **63c śaṇmāsam** cett.] śaṇmāsāṃ α₃ śaṇmāsād α₂ yogi sam° η₁η₂ **abhyasan** α₁β₁Γη₂] abhyasen α₃β_ωΔε₁ζ₂η₁χ ca samabhyān β₂ vau mahā α₂ **mṛtyum** cett.] om. β₂ **63d jayaty eva na saṃśayaḥ** cett.] mūlaṃ jayaty asaṃśayaḥ β₂ **64a vajrāsane** cett.] vajrāsanaṃ γ₁ vajrāsanaṃ α₁β₁ **64b karābhyāṃ dhārayed dṛḍham** (dhārayad η₂) cett.] karābhyā dhārayaṃ dṛḍham η₁ karābhyāṃ kāraye dṛḍham α₁α₂ karā_ sandhāraye dṛḍhe γ₁ **64c deśa** cett.] deśe α₂δ₂ε₁ζ₂ deśaṃ α₁ **samīpe ca** α₁BIε₁η₁η₂χ] samīpaṃ ca δ₂ζ₂ samīpaṃ tu δ₁ samītyeva α₂ **64d kandaṃ** cett.] kandaṃ δ₁ kaṃṭhaṃ α₂β₁ **tatra** cett.] tacca β_ωη₂ tava α₁ tasya η₁ **prapīḍayet** α₃β₁β₂ΓΔε₁ζ₂χ] prapīḍyate α₁β_ωη₁η₂ pradāyate α₂ **65a paścimaṃ tānaṃ** α₂α₃β₁ε₁η₁] paścimaṃ tānaṃ β₂ΓΔζ₂η₂ paścimatānaṃ α₁β_ω **udare** ABγ₂Δε₁] udara γ₁ udaraṃ ζ₂ upari η₁η₂ **65b kārayed** cett.] pīḍayed η₂ **dhrdaye gale** ABγ₂η₁η₂] dhṛtaye gale ε₁ dhṛdaye gataiḥ γ₁ udare hṛdi δ₁ cibukaṃ hṛdi δ₂ vṛddhidam śanaḥ ζ₂ **65c śanair yathā** cett.] om. γ₁ **prāṇas** α₁α₂β₁β_ωΔε₁η₁] prāṇas Γ strāṇas α₃ prāṇaṃ β₂ζ₂ prāṇo η₂ **65d tunda** α₁β₁β₂γ₂δ₁ε₁ζ₂] tuda β_ωη₁ taṃda γ₁ tadā δ₂ kaṃda α₂ nādi η₂ **samdhim** α₁β₁ΓΔε₁η₁] samdhi α₂β_ωζ₂η₂ siddhim β₂ **na** α₁α₂BIε₁ζ₂η₁] ca Δ ni° η₂ **66b uttamo** cett.] uttamaṃ ζ₂ **hy udḍiyāṇakaḥ** m.c. α₂ε₁η₁] hy udḍiyāṇakaḥ α₁ hy udḍiyāṇakaḥ ΓΔη₂χ hy udḍiyāṇakaḥ β₁β_ω hy udḍiyāṇakaḥ β₂ hy udḍiyāṇakaṃ ζ₂ **66c udḍiyāṇe** α₁ζ₂] udḍiyāṇe δ₂ udḍiyāṇe ε₁η₁ udḍiyāṇe Γδ₁η₂χ udḍiyāṇe β₁β_ω udḍiyāṇe β₂ udḍayāṇe α₂ **dṛḍhe** cett.] kṛte ΓΔ **bandhe** cett.] baddhe β₂ jāte α₂ **66d muktiḥ** α₁α₂β₁β_ωζ₂η₂χ] mukti ε₁ muktiṃ η₁ mūlaṃ β₂ΓΔ **svābhāviki** α₁α₂β₁β_ωε₁ζ₂η₁χ] svābhāviki η₂ svābhāviki α₃ svābhāvikaṃ β₂Δ svābhāvikaṃ γ₂ bhāvikaṃ γ₁

²⁰ ε₁ inserts a half verse from GŚ (*tundadoṣavinighno ... naraiḥ*) here.

अथ जालंधरः ।

²¹कण्ठमाकुञ्च्य हृदये स्थापयेच्चिबुकं दृढम् ।

बन्धो जालंधराख्योऽयं अमृताव्ययकारकः ॥

3.67

बध्नाति हि शिराजालमधोगामिनभोजलम् ।

ततो जालंधरो बन्धः कण्ठदुःखौघनाशनः ॥

3.68

जालंधरे कृते बन्धे कण्ठसंकोचलक्षणे ।

न पीयूषं पतत्यग्नौ न च वायुः प्रधावति ॥

3.69

कण्ठसंकोचनेनैव द्वे नाड्यौ स्तम्भयेदृढम् ।

मध्यचक्रमिदं ज्ञेयं षोडशाधारबन्धनम् ॥ (cd om. η_1)

3.70

बन्धत्रयमिदं श्रेष्ठं महासिद्धैर्निषेवितम् ।

सर्वेषां हठतन्त्राणां साधनं योगिनो विदुः ॥ (om. Δ) [after 3.73 χ]

3.71

heading: *atha jālaṃdharah* *em.*] *atha jālaṃdhara* β_1 *atha jālaṃdharam* β_ω *atha jālaṃdharah* α_1 *atha jālaṃdhara* α_2 *atha jālāntarah* ϵ_1 *atha jālaṃdharabandhaḥ* $\beta_2\delta_2\eta_1\eta_2\chi$ *atha jālaṃdharibandhaḥ* ζ_2 *atha nāsaṃdharabandhaḥ* γ_1 *jālaṃdharabandhaḥ* γ_2 *om.* δ_1 **67a** *kaṇṭham ākuñcya* *cett.*] *lost* ζ_3 **67b** *sthāpayec/d* *cett.*] *om.* γ_1 **cibukam dṛḍham** $\beta_2\gamma_2\chi$] *d dṛḍham icchayā* $\alpha_2\alpha_3\beta_1\beta_\omega\Delta\eta_1\eta_2$ *dṛḍham icchayā* α_1 *dṛḍham icchatā* ζ_2 *dṛḍhaniścayā* ϵ_1 *dṛḍhaniścayāt* ζ_3 *om.* γ_1 **67c** *jālaṃdharā* *cett.*] *jālaṃdharā* $\alpha_1\beta_\omega\epsilon_1$ **67d** *amṛtāvayakārakah* ζ_3] *amṛtāvayakārakah* $\beta_1\beta_\omega\zeta_2$ *amṛtāvayakārakah* α_1 *amṛtāvayaya* $+++$ α_3 *amṛtākhyopakārakah* α_2 *amṛtākṣayakārakah* Δ *mṛtyor mṛtyuḥ paro mataḥ* (γ_2 ; *mṛtaḥ* γ_1) Γ *mṛtyumātamaṅgakesarī* β_2 *mṛtyuñjayakaro mataḥ* ϵ_1 *jarāmṛtyuvinaśakah* $\eta_1\eta_2\chi$ **68a** *badhnāti hi* $\alpha_1B\zeta_2\zeta_3\eta_1\eta_2\chi$] *badhnāti ha* γ_1 *badhnātiha* $\gamma_2\Delta\epsilon_1$ *badhnāti* α_2 **sirā** (*sirā* χ) $\beta_2\gamma_2\delta_1\eta_2\chi$] *siro* $\alpha_2\beta_1\beta_\omega\gamma_1\delta_2\zeta_2\zeta_3\eta_1$ *silā** α_1 *ratirā* ϵ_1 **jālam** *cett.*] *jālam* β_ω **68b** *adhogāmi* $\alpha_1\alpha_2\beta_1\beta_2\gamma_2\Delta\epsilon_1\zeta_2\zeta_3\eta_2\chi$] *adhogāmi* γ_1 *madhyegāmi* β_ω *nādhāyāti* η_1 **68c** *jālaṃdharo* *cett.*] *jālaṃdharo* α_1 **68d** *kaṇṭha* $\alpha_1B\gamma_2\epsilon_1\zeta_2\zeta_3\chi$] *kaṇṭhe* $\alpha_2\gamma_1\Delta\eta_1\eta_2$ **69a** *jālaṃdhare* *cett.*] *jālaṃdhare* $\alpha_1\beta_\omega$ *jālādhare* δ_1 **69b** *lakṣaṇe* *cett.*] *lakṣaṇam* $\alpha_2\alpha_3$ **69c** *pataty* *cett.*] *pacaty* α_2 *prayāty* δ_1 *kṣaraty* γ_1 **69d** *pradhāvati* $\alpha_1\alpha_2B\Gamma\epsilon_1\zeta_2\zeta_3\eta_2$] *prakupyati* $\Delta\eta_1\chi$ **70a** *saṃkocanenaiva* *cett.*] *saṃkocane caiva* β_1 *saṃkocane dehe* η_1 **70b** *dve nāḍyau* $\gamma_2\Delta\epsilon_1\zeta_3\eta_2\chi$] *dve nāḍyo* β_1 *dvau nāḍyau* $\alpha_1\zeta_2$ $\gamma_2\text{pc}$ *dve nāḍyai* α_2 *dvināḍyau* β_2 $_nā_$ γ_1 *nāḍyau* *ca* η_1 *lac.* β_ω **stambhayed** $\alpha_1\alpha_2\beta_1\beta_2\epsilon_1\zeta_3\eta_1\eta_2\chi$] *stambhite* $\Gamma\Delta\zeta_2$ *lac.* β_ω **dṛḍham** $\alpha_1\alpha_2\eta_1\eta_2\chi$] *dhruvam* $\beta_1\Gamma\Delta\epsilon_1\zeta_2$ *dhrvām* ζ_3 *dhuram* β_2 *lac.* β_ω **70c** *madhyacakram* $\alpha_1\alpha_2\beta_1\beta_2\gamma_2\Delta\epsilon_1\zeta_2\zeta_3\chi$] *madhyakram* γ_1 *madhye cakram* β_ω *madhyam cakram* η_2 *om.* η_1 **jñeyam** *cett.*] *ya* γ_1 *om.* η_1 **71b** *mahāsiddhair* $\alpha_1\gamma_2\zeta_2$] *mahāsiddhaiś* $\eta_1\eta_2\chi$ *mahāsiddhe* γ_1 *mahāsiddha* ϵ_1 *mahāsiddhi* $\alpha_2\alpha_3\beta_1\beta_2\zeta_3$ *mahāsiha* β_ω **niṣevitam** $\alpha_1\alpha_3B\Gamma\epsilon_1\zeta_2$] *ca sevitaṃ* $\eta_1\eta_2\chi$ *prajāyate* α_2 *pradāyakam* ζ_3 **71c** *haṭha* $\alpha_1\alpha_2B\gamma_2\chi$] *yoga* $\gamma_1\epsilon_1\zeta_2\zeta_3\eta_1\eta_2$ **71d** *sādhanaṃ* *cett.*] *sāranam* γ_1

²¹ ϵ_1 inserts a verse from GŚ (*pūrakānte ... nirodhakah*) here.

अधस्तात्कुञ्चनेनाशु कण्ठसंकोचने कृते ।

मध्ये पश्चिमताणेन स्यात्प्राणो ब्रह्मनाडिगः ॥ ($\Gamma \varepsilon_1 \eta_1 \eta_2$)²² [= 2.46] 3.71*1

मूलस्थानं समाकुञ्च्य उड्डीयाणं तु कारयेत् । (ab om. $\Delta \eta_2$)

इडां च पिङ्गलां बद्धा वाहयेत्पश्चिमं पथम् ॥ (cd om. η_2) 3.72

अनेनैव विधानेन सेवयेत्पवनो लयम् ।

ततो न जायते मृत्युर्जरारोगादिकं तथा ॥ 3.73

अथ विपरीतकरणी ।

यत्किञ्चित् स्रवते चन्द्रादमृतं दिव्यरूपिणः ।

तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं जरायुतम् ॥ (om. $A \zeta_3 \eta_1 \eta_2$)²³ [= 4.11] 3.73*1

तत्रास्ति करणं दिव्यं सूर्यस्य मुखबन्धनम् ।

गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥ (om. $A \zeta_3 \eta_1 \eta_2$) [= 4.12] 3.73*2

71*1a kuñcanenāśu $\eta_1 \eta_2$] kuñcanenaiva $\Gamma \varepsilon_1$ **71*1b** saṃkocane kṛte $\eta_1 \eta_2$] saṃkocanena
ca $\Gamma \varepsilon_1$ **71*1c** madhye $\varepsilon_1 \eta_1$] madhya $\Gamma \eta_2$ tānena ε_1] tānena $\Gamma \eta_1 \eta_2$ **72a** samākuñcya
 $\alpha_1 \alpha_2 B \varepsilon_1 \zeta_3 \eta_1 \chi$] samākṛṣya $\Gamma \zeta_2$ om. $\Delta \eta_2$ **72b** uḍḍiyāṇaṃ $\alpha_1 \zeta_2$] uḍḍiyāṇaṃ $\alpha_2 \beta_1 \varepsilon_1 \eta_1$ uḍḍiyā-
naṃ $\Gamma \zeta_3 \chi$ uḍiyāṇaṃ β_ω uḍiyāṇaṃ β_2 om. $\Delta \eta_2$ **72c** idāṃ ca piṅgalāṃ $\alpha_3 \beta_1 \beta_\omega \gamma_2 \Delta \varepsilon_1 \zeta_3 \chi$] idā
ca piṅgalā $\alpha_1 \beta_2 \gamma_1 \zeta_2$ ilā piṅgalāṃ η_1 idā piṅgalā α_2 om. η_2 baddhvā cett.] baddhā ζ_2
baṃdhvā α_3 om. η_2 **72d** paścimaṃ $\alpha_2 \alpha_3 \beta_2 \Gamma \Delta \zeta_2 \eta_1$] paścimaṃ $\beta_1 \beta_\omega$ paścimā $\alpha_1 \varepsilon_1 \zeta_3$ om. η_2
paścime χ patham cett.] pathāṃ β_1 pathi χ padaṃ α_3 om. η_2 **73a** anenaiva vidhānena
cett.] brahmasthānasthito rodhaḥ η_2 **73b** sevayet $\alpha_1 \alpha_2 B \Delta$] sevayet α_3 vaśayet ζ_2 prayāti
 $\Gamma \varepsilon_1 \zeta_3 \eta_1 \eta_2 \chi$ pavano layam $\beta_\omega \gamma_2 \zeta_3 \eta_1 \eta_2 \chi$] pavano laṅgaṃ γ_1 pavanālayam $\alpha_1 \alpha_2 \beta_1 \beta_2 \delta_2 \zeta_2$ pa-
vanā ++ α_3 pavano nalam ε_1 paścimānalam δ_1 **73c** mṛtyur cett.] mṛtyu $\delta_1 \varepsilon_1$ mṛtyuṃ $\beta_1 \gamma_1$
73d jarārogādikaṃ $\Gamma \delta_2 \varepsilon_1 \zeta_2 \eta_1 \chi$] jarārogādi kā $\alpha_2 B$ jarārogādikas α_1 jarāmohādikaṃ ζ_3 jvaro
rogādikas δ_1 nāśya jarādikaṃ η_2 tathā cett.] kathā B vyathā α_2 tadā α_1 **heading: atha**
 $\alpha_1 \alpha_2 B \gamma_1 \delta_2 \varepsilon_1 \zeta_2 \zeta_3 \eta_1 \eta_2$] om. $\gamma_2 \delta_1 \chi$ viparītakaraṇī $\beta_2 \beta_\omega \Gamma \delta_2 \varepsilon_1 \zeta_3 \eta_1 \eta_2$] viparītakaraṇī α_1 viparī-
takaraṇīyaṃ β_1 viparītakaraṇaṃ $\alpha_2 \zeta_2$ om. $\delta_1 \chi$ **73*1a** sravate $\beta_2 \beta_\omega \gamma_2 \Delta \varepsilon_1 \zeta_2 \chi$] sravanaṃ γ_1
sevate β_1 candrād $\beta_1 \beta_2 \gamma_2 \Delta \varepsilon_1 \chi$] candra β_ω caṃdrāṃ ζ_2 ced«am» γ_1 **73*1b** divyarūpiṇaḥ
 $\beta_2 \chi$] divyarūpiṇaṃ $\varepsilon_1 \zeta_2$ divyarūpiṇī β_1 divyarūpi ca $\Gamma \Delta$ divyarūpagah β_ω **73*1c** grasate cett.]
sravate β_1 sūryas $B \Gamma \Delta \varepsilon_1 \chi$] roho ζ_2 **73*1d** piṇḍaṃ $\beta_2 \beta_\omega \gamma_2 \Delta \zeta_2$] piḍaṃ γ_1 piṇḍa $\beta_1 \varepsilon_1$
piṇḍo χ jarāyutaṃ $B \varepsilon_1$] jarāyutaḥ χ vināśi ca $\Gamma \delta_2 \zeta_2$ vinasati δ_1 **73*2b** bandhanam
cett.] vañcanam χ **73*2c** jñeyam $B \gamma_2 \Delta \varepsilon_1 \zeta_2 \chi$] _yam γ_1 **73*2d** na tu $B \gamma_2 \Delta \varepsilon_1 \zeta_2 \chi$] rtu γ_1
śāstrārtha cett.] śāstrāstra δ_2

²² $\alpha_1 \alpha_3 B \zeta_2 \zeta_3 \chi$ have this verse in chp. 2. $\alpha_2 \Gamma \varepsilon_1 \eta_1 \eta_2$ have it in both chp. 2 and 3. α_2 was not collated because the verse and 3.73*1–2 in this witness are obviously secondary (see Introduction, p. xx). Δ does not have it at all.

²³ $\varepsilon_1 \varepsilon_2$ have this pair of verses at the end of this section (after 3.78). Group A has this in Ch. 4.

ऊर्ध्वं नाभिरधस्तालुरुर्ध्वं भानुरधः शशी ।
करणी विपरीताख्या गुरुवाक्येन लभ्यते ॥ (cd om. $\beta_1\beta_2\delta_1\zeta_2\eta_2$) 3.74

करणी विपरीताख्या सर्वव्याधिविनाशिनी । (ab om. χ)
नित्यमभ्यासयुक्तस्य जठराग्निविवर्धनी ॥ 3.75

आहारो बहुलस्तस्य संपाद्यः साधकस्य तु ।
अल्पाहारो यदि भवेदग्निर्देहं दहेत्क्षणात् ॥ 3.76

अधःशिराश्चोर्ध्वपादः क्षणं स्यात्प्रथमे दिने ।
क्षणाच्च किञ्चिदधिकमभ्यसेच्च दिने दिने ॥ (cd om. δ_1) 3.77

वलिश्च पलितं चैव षण्मासोर्ध्वं न दृश्यते ।
याममात्रं तु यो नित्यमभ्यसेत्स तु कालजित् ॥ 3.78

($\epsilon_1\epsilon_2$ have 3.73*1–2 here.)

74a ūrdhvaṃ nābhir cett.] ūrdhvanābhir $\beta_1\epsilon_1$ ūrdhvanābhor γ_1 ūrdhvanābher χ ūrdhvaṃ nābher β_2 ++ nābher α_3 **adhas tālu** $\alpha_2\alpha_3B\delta_1\epsilon_1\zeta_2\zeta_3\eta_2$] adhas tālu $\alpha_1\gamma_2\eta_1$ adhas tāla δ_2 asāluktar γ_1 adhas tālor χ **74b ūrdhvaṃ** cett.] ūrdhva $\alpha_2\gamma_1\delta_1$ ūrdhvo η_1 **74c karaṇī viparitākhyā** $\alpha_1\Gamma\delta_2\epsilon_1\eta_1\chi$] karaṇī viparitākṣaṃ α_2 karaṇaṃ viparitākhyam $\alpha_3\beta_\omega\zeta_3$ om. $\beta_1\beta_2\delta_1\zeta_2\eta_2$ **74d labhyate** $\alpha_1\beta_\omega\gamma_1\zeta_3\eta_1\chi$] lakṣate α_2 lakṣayet $\alpha_3\epsilon_1$ gamyate $\gamma_2\delta_2$ om. $\beta_1\beta_2\delta_1\zeta_2\eta_2$ **75a karaṇī** cett.] karaṇaṃ β_1 om. χ **viparitākhyā** cett.] viparitākhyam β_2 viparitākṣaṃ $\alpha_2\zeta_2$ om. χ **75b vināśinī** $\alpha_1\Gamma\Delta\epsilon_1\zeta_3\eta_1\eta_2$] vināśanī $\beta_1\zeta_2$ vināśanaṃ $\alpha_2\beta_2\beta_\omega$ om. χ **75c yuktasya** cett.] yogenā ϵ_1 saktasya β_1 **75d vivardhani** $\alpha_1\gamma_2\zeta_2\zeta_3\eta_1$] vivardhini $\beta_1\gamma_1\Delta\epsilon_1\chi$ vivardhanaṃ $\alpha_2\beta_2\beta_\omega$ pravardhini η_2 **76b tu** cett.] ca $\alpha_2\gamma_1\chi$ **76c alpāhāro** $AB\epsilon_1\eta_1\eta_2\chi$] anāhāro $\Gamma\Delta\zeta_2\zeta_3$ **yadi bhaved** cett.] nirāhārah η_2 **76d agnir dehaṃ** $\alpha_1\alpha_3\beta_\omega\Delta\epsilon_1\zeta_3$] agnidehaṃ $\alpha_2\beta_1\Gamma\zeta_2$ dehaṃ agnir η_1 agnidāho β_2 agnir daha° χ kṣudhālasya η_2 **dahet** $\alpha_1\alpha_2\beta_\omega\Gamma\Delta\epsilon_1\zeta_2\eta_1$] haret $\alpha_3\beta_1\zeta_3$ bhavet β_2 °ti tat χ vaśe η_2 **kṣaṇāt** cett.incl. α_3] kramāt α_1 tataḥ γ_2 bhavet η_2 **77a śirās** χ] śirās $\alpha_1\alpha_3B\delta_1\epsilon_1\zeta_2\zeta_3\eta_1\eta_2$ śirā Γ śira $\alpha_2\delta_2$ **cordhva** cett.] cordhvaṃ β_ω ūrdhva $\Gamma\delta_2$ **pādaḥ** $A\beta_1\beta_2\gamma_2\Delta\epsilon_1\zeta_3\chi$] pāda $\beta_\omega\gamma_1\zeta_2$ pādaḥ $\eta_1\eta_2$ **77b kṣaṇaṃ syāt** cett.] kṣiṇaṃ syāt δ_1 lakṣaṇaṃ η_2 **dīne** cett.] hani δ_2 **77c kṣaṇāc ca** $\alpha_1\beta_2\beta_\omega\epsilon_1\zeta_3\eta_1\eta_2\chi$] kṣayāc ca α_2 kṣaṇāt tu Γ kṣaṇādyam β_1 kṣaṇārdha ζ_2 kṣaṇādardham δ_2 om. δ_1 **adhikam** cett.] apika γ_1 om. δ_1 **77d abhyasec ca** cett.] abhyasetva γ_2 bhyarccayec ca γ_1 om. δ_1 **78a valis** ca $\alpha_1B\epsilon_1\eta_1$] vali α_2 valiṃ ca δ_2 valiṃ $\Gamma\delta_1\zeta_2\zeta_3\eta_2\chi$ **palitaṃ** cett.] palitās $\beta_1\beta_2$ **78b ṣaṇmāsordhvaṃ na** χ] ṣaṇmāsārdhān na $\alpha_1\beta_1\beta_2\epsilon_1\zeta_3$ ṣaṇmāsārdham na β_ω ṣaṇmāsārdhena $\alpha_2\Gamma\delta_2$ ṣaṇmāsārdheṇa δ_1 ṣaṇmāsārdhe ca ζ_2 ṣaṇmāsāt tu na $\eta_1\eta_2$ **drśyate** $\alpha_1\alpha_2B\epsilon_1\zeta_3\eta_1\eta_2\chi$] naśyati $\Gamma\Delta\zeta_2$ **78c yāmamātraṃ tu** cett.] yāmamātraṃ ca ζ_3 māsatrayaṃ tu η_2 **nityam** cett.] gñibhyam γ_1 **78d abhyaset** cett.] aset δ_1 **tu** cett.] su γ_2 ca ζ_2 **kālajit** cett.] kālavit $\zeta_2\eta_2$

अत्रत्या वज्रोली ग्रन्थान्ते लिखिता । क्रमप्राप्ताप्यत्र त्यक्ता । असाधारणप्राण्यनुष्ठेयत्वात्
स्याः । (८₁८₃)²⁴

अथ वज्रोली ।

²⁵स्वेच्छया वर्तमानोऽपि योगोक्तैर्नियमैर्विना ।

वज्रोलीं यो विजानाति स योगी सिद्धिभाजनम् ॥

3.79

तत्र वस्तुद्वयं वक्ष्ये दुर्लभं यस्य कस्य चित् ।

क्षीरं चैकं द्वितीयं तु नारी च वशवर्तिनी ॥²⁶

3.80

मेहेनेन शनैः सम्यगूर्ध्वाकुञ्चनमभ्यसेत् ।

पुरुषो वापि नारी वा वज्रोलीसिद्धिमाप्नुयात् ॥

3.81

यत्ततः शरनालेन फूत्कारं वज्रकन्दरे ।

शनैः शनैः प्रकुर्वीत वायुसंचारकारणात् ॥ (om. γ_1)

3.82

heading: *granthānte likhitā* δ_1] *granthāntare tu likhitāsīt* δ_3 **kramaprāptāpy atra tyaktā** δ_3] *om. δ_1 asādhāraṇa em.] asādhāraṇam* δ_1 *asāraṇa* δ_3 **atha vajroli**] found after the first half of the next verse $\beta_2\eta_2$ **79b yogoktair** $\alpha_3B\gamma_2\delta_1\epsilon_2\eta_1\eta_2\chi$] *yogokair* γ_1 *yogokta* $\alpha_2\epsilon_1\zeta_2\zeta_3$ *yogoktam* α_1 *niyamair* δ_3 **niyamair vinā** *cett.] vividhais tathā* δ_3 **79c vajroliṃ yo** $\beta_2\delta_1\epsilon_1\zeta_3\eta_1\eta_2\chi$] *vajroli yo* $\alpha_2\beta_\omega\Gamma\delta_3\zeta_2$ *vajrolir yo* β_1 *vajrāli yo* α_1 **vijānāti** *cett.] bhijānāti* Γ **79d siddhibhājanam** *cett.] *bhājanaḥ* $\gamma_1\epsilon_1\epsilon_2$ *siddhimān bhavet* η_2 **80a vastu** *cett.] castu* α_1 *bheda* ζ_2 **vakṣ(ye** *cett.] manye* γ_2 *api* γ_1 **80b yasya kasya** *cett.] yena kena* $\epsilon_1\epsilon_2$ **cit** *cett.] tu* ζ_3 **80c caikaṃ** *cett.] caita* ϵ_2 *caiva* η_2 *ekaṃ* $\beta_2\Gamma$ **tu** *cett.] ca* $\epsilon_1\epsilon_2$ **80d ca** *cett.] vā* α_2 *tu* δ_3 **81a mehanena** $\alpha_1\beta_2\gamma_2\epsilon_1\epsilon_2\zeta_2\zeta_3\chi$] *mehaniṇa* β_1 *mehanaiva* γ_1 *mohanena* δ_1 *mo-* *hanenā* δ_3 *medhrena* β_ω *memdhreṇa* *unm.* η_1 *mahānibhaṃ* η_2 *hematene* α_2 **śanaiḥ** *cett.]* *sadā* δ_1 *hane* α_2 **81b ūrdhvākuñcanam** *cett.] ūrdhvāmkuñcanam* β_1 *ūrdhvakuñcanam* ϵ_1 *ūrdhva kiṃcanam* γ_2 *kṛtvā kuñcanam* η_2 *gudākuñcanam* η_1 **81c vāpi nārī vā** *cett.] vāpi vā* *nārī* $\alpha_2\delta_3$ *'py aṭha vā nārī* χ **81d vajroli** *cett.] vajroliṃ* $\delta_1\eta_1$ *vajroliḥ* γ_2 **siddhim āpnuyāt** *cett.] siddhibhājanam* γ_2 *siddhibhājanaḥ* γ_1 **82a yatnataḥ** $\alpha_1\alpha_2\beta_1\beta_\omega\delta_1\epsilon_1\epsilon_2\zeta_2\zeta_3\chi$] *prayatnataḥ* $\gamma_2\eta_1\eta_2$ *prayatnāt* β_2 **śaranālena** $\alpha_1\alpha_2B\delta_1\delta_3\epsilon_1\epsilon_2$] *śaranolena* ζ_2 *śatanārīṇām* ζ_3 *śastanālena* χ *śironāle* $\gamma_2\eta_1\eta_2$ **82b phutkāraṃ** $\alpha_1\delta_3\zeta_2\eta_1\chi$] *phutkāraṃ* β_ω *pūtkaṃ* $\delta_1\epsilon_1\zeta_3$ *phūtkaṃ* $\gamma_2\eta_2$ *sphutkāraṃ* β_2 *sūtkaṃ* ϵ_2 *śaraṃ* *tu* β_1 *leneraṃ* α_2 **vajra** *cett.] kaṃbu* $\gamma_2\eta_2$ **kandare** $B\zeta_2\zeta_3\chi$] *kandhare* $\alpha_1\gamma_2\delta_1\delta_3\eta_1\eta_2$ *kandhareṭ* ϵ_1 *kaṃhareṭ* $\alpha_2\epsilon_2$ **82c śanaiḥ** *cett.] śanaḥ* η_2 **prakurvīta** *cett.] prakurvaṃti* $\beta_2\eta_2$ **82d vāyu** *cett.] vāyoḥ* β_2 **kāraṇāt** *cett.] dhāraṇāt* $\epsilon_1\epsilon_2$

²⁴ In $\delta_1\delta_3$ the Vajroli section is found as Chapter 5 at the end of the work. δ_2 does not have this omission note. It is not clear whether the ms from which this ms was copied originally included this section, as the text of δ_2 ends in the middle of the last verse of Chapter 4 (4.78).

²⁵ $\epsilon_1\epsilon_2$ insert one verse from DYŚ (*vajroliṃ kathayisyāmi ... kasyacit*) here.

²⁶ $\epsilon_1\epsilon_2$ have three additional verses (*sambhaved yadi ... ādarato bhṛṣaṃ*) here.

नार्या भगे पतद्विन्दुमभ्यासेनोर्ध्वमाहरेत् ।

चलितं च स्वकं बिन्दुमूर्ध्वमाकृष्य रक्षयेत् ॥ (cd om. Δ)

3.83

एवं तु रक्षयेद्विन्दुं मृत्युं जयति योगवित् ।

मरणं बिन्दुपातेन जीवितं बिन्दुधारणात् ॥ (cd om. δ₁)

3.84 – α₁

सुगन्धि योगिनो देहं जायते बिन्दुधारणात् ।²⁷ (ab om. δ₃η₁η₂) (b om. ε₁)

यावद्विन्दुः स्थिरो देहे तावन्मृत्युभयं कुतः ॥ (c om. ε₁)

3.85 – α₁

मनायत्तं नृणां शुक्रं शुक्रायत्तं हि जीवितम् ।

तस्माच्छुक्रं मनश्चैव रक्षणीयं प्रयत्नतः ॥

3.86 – α₁

ऋतुमत्या रजोऽप्येवं स्वीयं[#] बिन्दुं च रक्षयेत् ।

मेद्रेणाकर्षयेदूर्ध्वं सम्यगभ्यासयोगवान् ॥

3.87 – α₁

83a nāryā β₁β₂Γδ₁δ₃ζ₂ζ₃] nārī α₂χ māryā α₁ bhāryā β_ωη₁η₂ tato ε₁ bhage ε₂ **bhage** cett.] bhāge α₁β₁ bhaga α₂ patat ε₂ **patat** cett.] pated γ₂ yad α₂ ca tad ζ₂ tato ε₂ **bindum** cett.] bindhuḥm β_ω bindu η₁η₂ vīryam ε₁ε₂ **83b** āharet cett.] ācaret β₁ āruhet δ₃ **83c** cal-itaṃ cett.] bhavitam β₁ *om.* Δ **ca svakaṃ** α₁α₂] tu svakaṃ α₃β₁β₂Γζ₂ tu sukaṃ β_ω ca nijaṃ ε₁ε₂ζ₃χ patitaṃ η₁ calitaṃ η₂ *om.* Δ **83d** ūrdhvam ākṛṣya rakṣayet cett. incl. α₃] ūrdhvam ākr + + + + α₁ ūrdhvam āhṛtya rakṣayet ζ₃ abhyāsenordhvam āharet ζ₂ *om.* Δ **84a** tu rakṣayed α₂α₃BIΓζ₂] samrakṣayed δ₁δ₃ε₁ε₂χ surakṣayed ζ₃ rakṣati yo η₁η₂ **84b** yogavit cett.] tatvataḥ ε₁ε₂ **84c** bindu cett.] bida ζ₂ *om.* δ₁ **84d** jivitaṃ α₂β_ωδ₃ε₁ε₂ζ₂ζ₃η₁η₂] jivitu- tum β₁ jīvanam β₂γ₂χ jī«vanam» γ₁ *om.* δ₁ **bindudhāraṇāt** cett.] bindurakṣaṇāt ε₁ε₂ζ₃ baṃdhasaṃgrahāt α₂ «bindudhāraṇam» γ₁ *om.* δ₁ **85a** sugandhi α₂BIΓδ₁ζ₃] sugandham ε₁ε₂ sugandho ζ₂χ *om.* δ₃η₁η₂ **deham** α₂β₁β_ω] dehe δ₁ε₁ε₂ζ₃χ deho β₂Γζ₂ *om.* δ₃η₁η₂ **85b** dhāraṇāt α₂β₁β_ωγ₁γ₂δ₁ε₂ζ₂χ] rakṣaṇāt β₂ζ₃ *om.* δ₃ε₁η₁η₂ **85c** binduḥ γ₁δ₃η₂χ] bindu α₂α₃BY₂δ₁ε₂ζ₂ζ₃η₁ *om.* ε₁ **sthiro** α₂α₃Γδ₁ε₂ζ₂η₁η₂χ] sthito Bδ₃ζ₃ *om.* ε₁ **dehe** cett.] deho Γ hahe α₂ *om.* ε₁ **85d** mṛtyubhayam kutah α₃Bδ₁δ₃ε₁ε₂η₁η₂] kālabhayam kutah α₂Γζ₂χ jivanam ucyate ζ₃ **86a** manāyattam *em.*] anāyattam α₃ manomayam α₂ manodhinam B cit-tāyattam cett. cittamattam γ₁ **nṛṇām** cett.] tam nṛ α₂ bhavet β₂ **śukram** cett.] śuklam α₃β_ωε₁ε₂ **86b** śukrāyattam cett.] śuklāyattam ε₁ε₂ śuklāyatam β_ω śuklā + + α₃ śukrādhinam β₁β₂ **hi** β₁β_ωε₁ε₂ζ₂η₁η₂] tu α₂β₂Γδ₁ ca δ₃ζ₃χ **jivitaṃ** cett.] jivanam β₂γ₂ **86c** chukram cett.] śuklam ε₁ tūrnam ε₂ **manaś caiva** cett.] manaś caivam η₁ rajas caiva η₂ rakṣaṇiyam δ₃ **86d** rakṣaṇiyam cett.] yogibhiś ca δ₃ **87a** rtumatyā α₂BIΓε₁ε₂ζ₂ζ₃χ] bindumadhye δ₁δ₃η₁η₂ **rajo** cett.] nijo β₁ **py evam** cett.] thevam β_ω py eva η₂ striyam β₁ **87b** svīyam β₁] vīryam α₂ bijam δ₁ε₁ζ₂ζ₃η₁η₂ jivam δ₃ nijam χ jayam β_ω bindum β₂ε₂ striyā Γ **bindum** cett.] bindu β₁β_ωη₂ bijam ε₂ rakṣe β₂ **ca** cett.] tu β₂ε₁ε₂ζ₂η₁ pra^{*} δ₃ **rakṣayet** cett.] rakṣayan β_ω tamnnayet δ₁ *pālayet δ₃ yogavit β₂ **87c** medhrena β₂β_ωγ₂ε₁ζ₂η₁χ] medhrena α₂δ₁δ₃ζ₃ medhṛaṇā β₁ medhṛā γ₁ medhram ā ε₂ medhram ā η₂ **karṣayed** cett.] karṣayad β_ω kuṃcayed η₂ **87d** yogavān α₃β₁β_ωε₁ε₂ζ₂ζ₃] yogataḥ Γδ₁δ₃η₁ yogavit η₂χ pātavāt α₂β₂

²⁷ ζ₃ has this hemistich after the first half of the next verse.

अयं योगः पुण्यवतां धन्यानां तत्त्वशालिनाम् । (ab om. $\alpha_2\alpha_3$)
 निर्मत्सरणां सिध्येत न तु मत्सरशालिनाम् ॥ (cd om. $\alpha_2\alpha_3\delta_3$)²⁸

3.87*1

अथ सहजोली । ($\gamma_2\eta_2\chi$)

सहजोली चामरोली वज्रोल्या एव भेदतः ॥ (om. $\varepsilon_1\varepsilon_2$)

3.88 - α_1

जलेषु[#] भस्म निक्षिप्य दग्धगोमयसंभवम् । (ab om. $\alpha_2\alpha_3B\gamma_1$)

वज्रोलीमैथुनादूर्ध्वं स्त्रीपुंसोः स्वाङ्गलेपनम् ॥

3.89 - α_1

आसीनयोः सुखेनैव मुक्तव्यापारयोः क्षणम् ।

सहजोलीरियं प्रोक्ता श्रद्धेया योगिभिः सदा ॥

3.90 - α_1

अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (om. $\alpha_2\alpha_3\gamma_1$) [cf. 3.94cd]

3.90*1

87*1b dhanyānām cett.] dhirānām χ śālinām $\beta_1\beta_2\gamma_2\delta_1\delta_3\varepsilon_1\varepsilon_2\zeta_3\eta_1$] śālinām $\beta_\omega\zeta_2$ sattinām γ_1 darśinām $\eta_2\chi$ **87*1c sidhyeta** $\beta_1\beta_\omega\gamma_1\delta_1\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1$] siddheta γ_2 siddhet* η_2 vai sidhyen (but sidhyeta in mss?) χ siddhānām β_2 **87*1d śālinām** BΓ $\delta_1\varepsilon_1\varepsilon_2\zeta_3\eta_1\chi$] śālinām ζ_2 śilinām η_2 **heading: atha sahajoli** $\gamma_2\eta_2$] atha sahajoli^h χ **88a sahajoli** $\alpha_2\beta_2\delta_1\delta_3\eta_1\eta_2$] sahajoliś $\beta_\omega\Gamma\zeta_2\zeta_3\chi$ sahajolāms β_1 sahajaś α_3 **cāmaroli** $\alpha_2\beta_1\beta_2\delta_1\delta_3$] cāmaroli $\beta_\omega\zeta_2$ cāmarolir $\zeta_3\chi$ vāmaroli η_2 cāmaroli ca η_1 cāmaroliś ca Γ camaronauli α_3 **88b vajrolyā** cett.] vajrolyante $\delta_1\delta_3$ vajroli β_2 **eva bhedataḥ** $\alpha_2B\Gamma\zeta_2\zeta_3\eta_1$] ekabhedataḥ η_2 bheda ekataḥ χ prakīrtitā δ_1 pracodyate δ_3 **89a jaleṣu bhasma** $\gamma_2\delta_1\zeta_2\zeta_3\eta_1\eta_2$] jale tu bhasma $\varepsilon_1\varepsilon_2$ jale subhasma χ jale bhasmani δ_3 **nikṣipya** $\delta_1\delta_3\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1\eta_2\chi$] niḥkṣipya γ_2 **89b dagdha** $\gamma_2\delta_1\delta_3\varepsilon_1\zeta_3\eta_1\eta_2\chi$] dagdham ζ_2 daṇḍa ε_2 **sambhavam** $\gamma_2\delta_1\varepsilon_1\zeta_2\zeta_3\eta_1\eta_2\chi$] sambhave $\delta_3\varepsilon_2$ **89c maithunād** cett.] mithunād ζ_3 madhanād ε_2 **89d stripuṃsoḥ** $\gamma_2\varepsilon_2\zeta_2\eta_1\eta_2\chi$] stripuṃso $\alpha_2\beta_\omega\varepsilon_1$ puṃstrostri β_1 stripuṃsā γ_1 stripuṃsau ζ_3 stripuṃsoś $\beta_2\delta_1\delta_3$ **svāṅga** $\alpha_2\beta_1\Gamma\varepsilon_1\zeta_2\zeta_3\eta_1\eta_2\chi$] svāṅgu β_ω sāṅga ε_2 cāṅga $\beta_2\delta_1\delta_3$ **90a āsinayoḥ** cett.] anenaiva ζ_3 **sukhenaiva** cett.] mukhenaiva η_2 **90b vyāpārayoḥ** $\beta_1\beta_2\Gamma\delta_3\varepsilon_2\zeta_3\eta_1\chi$] vyāpārayo $\alpha_2\varepsilon_1\zeta_2\eta_2$ vyāpāramo β_ω vyāpārāla δ_1 **kṣaṇam** $\alpha_2B\delta_1\delta_3\varepsilon_2\zeta_2\zeta_3\eta_1\eta_2$] kṣaṇāt $\Gamma\varepsilon_1\chi$ **90c sahajolir** $\alpha_2\beta_1\gamma_2\delta_1\delta_3\varepsilon_1\varepsilon_2\eta_1\eta_2$] sahajolir $\beta_\omega\gamma_1\zeta_2\zeta_3\chi$ sahajoli β_2 **90d śraddheyā** $\beta_1\beta_\omega\varepsilon_1\chi$] śraddhayā $\alpha_2\alpha_3\beta_2\delta_1\delta_3\varepsilon_2\eta_1$ sādhyeyā η_2 siddhaye ζ_3 sevyate $\Gamma\zeta_2$ **90*1b bhoge** $\beta_1\beta_\omega\gamma_2\varepsilon_1\varepsilon_2\zeta_3\eta_2$] bhoga $\beta_2\zeta_2\eta_1\chi$ yoga δ_3 lac. δ_1 **bhukte'pi** $\beta_\omega\gamma_2\zeta_3\eta_2$] bhuktyapi ε_1 yuktepi β_1 yuktopi χ yogepi β_2 muktepi ζ_2 muktyapi ε_2 muktivi* $\delta_3\eta_1$ muktipra* δ_1 **muktidaḥ** cett.] muktidā ε_1 dāyakaḥ δ_1

²⁸ In ζ_3 Pāda b and d are transposed; χ has this verse at the end of the Sahajoli section.

अथ अमरोली । (γ₂δ₁δ₃ζ₃η₂χ)

पित्तोल्बणत्वात्प्रथमां च धारां
विहाय निःसारयान्त्यधाराम् ।
निषेव्यते शीतलमध्यधारा
कापालिकैः खण्डमतैरमर्याः ॥ (om. γ₁ε₁ε₂)²⁹

3.91 - α₁

अमरीं यः पिबेन्नित्यं नस्यं कुर्वन् दिने दिने ।
वज्रोलीं चाभ्यसेदेवममरोलीति कथ्यते ॥³⁰ (om. γ₁ε₁ε₂)

3.92 - α₁

पुंसो बिन्दुं समाकृष्य सम्यगभ्यासपाटवात् ।
यदि नारी रजो रक्षेद्वज्रोल्या सा हि योगिनी ॥ (om. α₂α₃)

3.92*1

heading: *atha amaroli* γ₂η₂] *athāmaroli* χ *āthamāroli* ζ₃ *tatrāmaroli* δ₁δ₃ **91a pittol-**
baṇatvāt α₂α₃β₁β_ωδ₁δ₃ζ₃η₁χ] *pitvā aṇut* β₂ *virtaṇatvādyat* ζ₂ *vihāya nityāṃ* η₂ *vihāya niv ..h* γ₂
prathamām ca α₂β₁β₂ζ₂ζ₃η₂] *prathamam ca* α₃γ₂ *prathamam vi* β_ω *prathamām* δ₁ *prathamāmbu*
δ₃η₁χ **dhārām** cett.] *dhāri* α₂ *om.* δ₁ **91b niḥsāratayāntya** α₂β₁δ₁ζ₃η₁η₂χ] *niḥsārab-*
hayāntya δ₃ *niḥsāralayāntya* γ₂ *niḥsārayāntya* β_ω *niḥsmāratayāntya* ζ₂ *niḥsāratapāṃṣu* β₂
91c niṣevyate cett.] *niṣevite* β₂ *niḥsevyate* β₁η₁ *nikhyevyate* β_ω **dhārā** α₂β₁β_ωζ₂ζ₃η₂χ]
dhārām β₂γ₂δ₃η₁ *dhārāḥ* δ₁ **91d kāpālikaiḥ** α₂β₁β_ωδ₁δ₃ζ₂] *kāpālikaiḥ* γ₂ζ₃η₁η₂ *kāpālakaiḥ*
β₂ *kāpālike* χ **khaṇḍamatair** Bη₁] *khaṇḍamitair* ζ₂ *khaṇḍamate* ζ₃χ *ṣaḍamatair* α₂
kamṭhamatḥair δ₁δ₃ *kumṭhamatair* γ₂η₂ **amaryāḥ** δ₁δ₃ζ₂] *amaryā* α₂β₁β₂ *aryā* β_ω *amed-*
hyā η₁η₂ *amedhyām* γ₂ *'maroli* χ *'maroli* ζ₃ **92a amarīm** γ₂δ₁δ₃η₂χ] *amarī* α₂β₁β_ωζ₂ζ₃η₁
amarīm β₂ **yaḥ** α₂Bδ₁δ₃ζ₂ζ₃χ] *ya[m]* η₁ *yo* γ₂η₂ **piben** cett.] *piban* δ₃ **92b nasyam**
kurvan β₂β_ωδ₁χ] *naśyam kurvan* α₃ζ₂ζ₃ *naśam kurvan* δ₃ *tr̥ṣya kurvan* β₁ *naśyam kuryād* η₁
nasya kuryā α₂ *tasya kuryā* γ₂ *tastham kuryād* η₂ **92c vajroliṃ cā** α₃δ₁δ₃] *vajroli cā* β_ωζ₂ζ₃η₁
vajroli vā β₁ *vajroliṃ a* γ₂η₂χ *vajroli ka* β₂ *vijroli sā* α₂ **bhyased evam** α₂α₃] *bhyasec ceyam*
δ₁δ₃ζ₂ζ₃ *bhyaset seyam* β_ω *bhyasevoyam* β₁ *bhyasen nityam* η₁ *bhyaset satve* γ₂ *bhyasec chattve*
η₂ *bhyaset samyak* χ *thyate seyam* β₂ **92d amaroliti** cett.] *sāmaroliti* χ *amaroli tu* α₂ *amaroliṃ*
tu ζ₃ **kathiyate** cett.] *kalpayet* ζ₃ *kasyate* η₂ **92*1a pumso** β₁γ₁δ₁δ₃ε₁ζ₂ζ₃η₂χ] *pum-*
sor γ₂ *pumsām* β_ωε₂η₁ **bindum** cett.] *bindu* β₁β_ωγ₁ζ₂ζ₃η₂ **samākṛṣya** Γ] *samakuṇ-*
cya cett. **92*1b pāṭavāt** β₁β₂δ₁δ₃ε₂ζ₃η₂χ] *pāṭavān* β_ωΓε₁ζ₂ *pāravān* η₁ **92*1d vajrolyā**
β₁β_ωγ₂ε₁ε₂ζ₂η₁χ] *vajrolyām* δ₁ *vajrolyā* δ₃ *vajroli* β₂ *vajroli* ζ₃ *samyoge* η₂ *om.* (3.92*1d=3.94a
om. prob. by eye-skip) γ₁ **sā hi** β_ωε₁ε₂] *saha* β₁β₂γ₂ζ₂ *sāpi* δ₁ζ₃η₁χ *syāpi* δ₃ *cāpi* η₂ *om.* γ₁

²⁹ γ₂ seems to have supplied this verse and the next one from a ms belonging to the η-group.

³⁰ In χ the verse 3.103 is found after this

तस्याः किञ्चिद्रजो नाशं न गच्छति न संशयः ।

तस्याः शरीरे नादस्तु बिन्दुतामेव गच्छति ॥ (om. $\alpha_2\alpha_3$)

3.92*2

स बिन्दुस्तद्रजश्चैव एकीभूय स्वदेहजौ[#] ।

वज्रोल्याभ्यासयोगेन सर्वसिद्धिं प्रकुर्वतः ॥ (om. $\alpha_2\alpha_3$)

3.92*3

रक्षेदाकुञ्चनेनोर्ध्वं या रजः सा हि योगिनी । ($\alpha_2\alpha_3\gamma_2\eta_2\chi$)³¹

अतीतानागतं वेत्ति खेचरी च भवेद्भुवम् ॥

3.93 - α_1

देहसिद्धिं च लभते वज्रोल्याभ्यासयोगतः । (ab om. α_2)

अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (cd om. $\alpha_2\Gamma$) [cf. 3.90*1cd]

3.94 - α_1

तस्मात्पुण्यवतामेव अयं योगः प्रसिध्यति ॥³² (om. $\alpha_2\alpha_3\chi$)

3.94*1

92*2c tasyāḥ $\beta_1\beta_2\delta_1\delta_3\zeta_3\eta_1\eta_2\chi$] tasya ϵ_1 tasmāt ϵ_2 yasyāḥ ζ_2 asyāḥ β_ω om. Γ śarīre cett.] śarīra $\delta_3\zeta_3$ śarīre pi β_1 tu jarja^a ϵ_2 om. Γ **nādas tu** $B\delta_3\zeta_2\zeta_3\eta_1$] nādas tat η_2 nādātmā δ_1 nādaś ca χ nāstu ϵ_1 're nādaḥ ϵ_2 om. Γ **92*2d bindutām eva** $\beta_1\beta_\omega\delta_1\delta_3\zeta_2\zeta_3\eta_1\chi$] bindutām etra ϵ_1 bindutām atra ϵ_2 bindus tam eva η_2 vyaṃjātām eva β_2 om. Γ **92*3b eki** cett.] hy eki δ_3 om. γ_1 **bhūya** $\beta_2\beta_\omega\gamma_2\delta_1\delta_3\epsilon_1\epsilon_2\zeta_3\chi$] bhūyaḥ ζ_2 bhūtaḥ $\eta_1\eta_2$ bhūta β_1 om. γ_1 **svadehajau** $\beta_1\beta_\omega\gamma_2\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1$] svadehajaiḥ $\beta_2\eta_2$ svadehajam δ_3 sadehajam δ_1 svadehagau χ om. γ_1 **92*3c vajrolyā** $B\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1\eta_2$] vajroly-a^a $\gamma_2\delta_1\delta_3\chi$ om. γ_1 **92*3d sarva** cett.] sarvām β_2 **siddhiṃ** $\beta_1\beta_2\gamma_2\delta_1\epsilon_1\epsilon_2\zeta_2\zeta_3\chi$] siddhi $\beta_\omega\epsilon_1\eta_1$ siddhiḥ $\delta_3\eta_2$ om. γ_1 **prakurvataḥ** $\beta_1\epsilon_2\zeta_2\zeta_3$] prakurvata^a ϵ_1 prakurvate $\gamma_2\delta_1\delta_3$ prayacchataḥ χ prayacchati β_2 prajāyate $\beta_\omega\eta_1\eta_2$ om. γ_1 **93a rakṣed ākuñcanenordhvaṃ** em.] rakṣe[d ā]kuñcane .. + α_3 rakṣed ākuñbhanonordham α_2 rakṣed ākuñcanād ūrdhvaṃ χ mehenākumcanād ūrdhva γ_2 meḍhrām ākuñcanād ūrdhvaṃ η_2 **93b yā rajaḥ sā hi yoginī** χ] yā rajaḥ saha yoginī α_2 rajasāpi hi yoginī η_2 rajasāpi hi yoginaḥ γ_2 **93c atitānāgatam** cett.] atitānagate β_2 atitānāgatiṃ ζ_3 atitānām gatiṃ ζ_2 om. γ_1 **93d khecarī ca** cett.] khecaraś ca η_2 khecarīṃ la^a δ_3 khecarīṃ δ_1 om. γ_1 **bhaved dhruvam** cett.] bhaved dhruvam α_2 bhaved dṛdham β_1 bhate dhruvam $\delta_1\delta_3$ prajāyate γ_2 om. γ_1 **94a ca** cett.] tu η_1 om. γ_1 **labhate** cett.] labhyeta β_2 om. γ_1 **94b vajrolyabhyāsa** $\gamma_2\delta_1\delta_3\chi$] vajrolyābhyāsa $B\gamma_1\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1\eta_2$ **94c ayaṃ śubhakaro yogo** α_3] ayaṃ punyakaro yogo χ yasmād ayaṃ sādhaḥkāya B tasmād ayaṃ sādhaḥkāya $\delta_1\delta_3\epsilon_1\epsilon_2\zeta_2\zeta_3$ tasmād ayaṃ sādhaḥkāya η_1 tasmād ayaṃ sādhaḥkānām η_2 **94d bhoge bhukte'pi** $\beta_1\epsilon_1\chi$] bhoge bhukti «pi» β_ω bhogabhukti(yogamukti ac)vi^a δ_1 bhogayukto pi ζ_3 bhogayoge pi β_2 bhoge mukte pi ϵ_2 bhogamukte pi ζ_2 bhogamuktivi^a $\alpha_3\delta_3\eta_1\eta_2$ **94*1a eva** $\beta_2\Gamma\epsilon_2\eta_2$] evam $\beta_1\beta_\omega\delta_1\delta_3\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1$ **94*1b ayaṃ yogaḥ** $B\Gamma\epsilon_2\zeta_2\zeta_3\eta_1$] ayaḥ yogaḥ ϵ_1 eṣa yogaḥ $\delta_1\delta_3$ yogo'yaṃ sa«m» η_2

³¹ γ_2 has this hemistich between 3.92 and 3.92*1.

³² γ_1 has a sub-colophon marking the end of Chap. 3 after this verse (the 100th!). Chap. 4 contains only 29 verses, which are the remaining verses of the usual Chap. 3. Chap. 5 corresponds to the usual Chap. 4.

Δ has its colophon after this verse, since the entire Vajroli section in this group is moved to the end of the text. Cf. fn. ²⁴.

अथ शक्तिचालनम् ।

कुटिलाङ्गी कुण्डलिनी भुजङ्गी शक्तिरीश्वरी ।

कुण्डल्यरुन्धती चेति शब्दाः पर्यायवाचकाः ॥ (om. $\alpha_2\alpha_3$) 3.94*2

उद्धाटयेत्कपाटं तु यथा कुञ्चिकया हठात् ।

कुण्डलिन्या तथा योगी मोक्षद्वारं विभेदयेत् ॥³³ (om. $\alpha_2\alpha_3$) 3.94*3

येन मार्गेण गन्तव्यं ब्रह्मस्थानं निरामयम् ।

मुखेनाच्छाद्य तद्वारं प्रसुप्ता परमेश्वरी ॥ (om. $\alpha_2\alpha_3$) 3.94*4

कन्दोर्ध्वं कुण्डली शक्तिः सुप्ता मोक्षाय योगिनाम् ।

बन्धनाय च मूढानां यस्तां वेत्ति स योगवित् ॥ (om. $\alpha_2\alpha_3$) 3.94*5

अम्भोधिशैलद्वीपानामाधारः शेषकुण्डली । (ab om. $\alpha_2\alpha_3\chi$)

अशेषयोगतन्त्राणामाधारः कुण्डली तथा ॥ (cd om. $\alpha_2\alpha_3\eta_1\chi$) [cf. 3.1] 3.94*6

कुण्डली कुटिलाकारा सर्पवत्परिकीर्तिता ।

सा शक्तिश्चालिता येन स मुक्तो नात्र संशयः ॥ (om. $\alpha_2\alpha_3$) [= 4.62] 3.94*7

($\epsilon_1\epsilon_2$ have the Ślokatatuṣṭaya 4.61, 63–64 here.)

heading: *atha* $\alpha_2\alpha_3B\delta_2\epsilon_1\epsilon_2\zeta_2\eta_1\eta_2\chi$] *om.* $\Gamma\delta_1\zeta_3$ **śakticālanam** $\alpha_2\alpha_3B\gamma_2\Delta\epsilon_1\epsilon_2\zeta_2\eta_1\chi$] śaktiyā-
nam γ_1 śakti η_2 *om.* ζ_3 **94*2a kuṭilāṅgī** $B\Delta\epsilon_1\epsilon_2\eta_1\eta_2\chi$] kuṇḍalāṅgī $\gamma_2\zeta_2\zeta_3$ kuṇḍaligī γ_1
94*2b śaktir īśvarī $B\gamma_2\delta_2\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1\eta_2\chi$] śaktir aiśvarī δ_1 śaktir asvarī γ_1 **94*2c kuṇḍaly**
 $B\Gamma\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1\eta_2\chi$] kuṭily Δ **arundhati** cett.] arundhiti β_1 ā[ku]ṁḍali η_1 āceti rum^a η_2 **ceti**
 $\beta_1\epsilon_1\epsilon_2\eta_1$] veti β_ω cati ζ_2 caiva ζ_3 caite $\beta_2\chi$ devī $\Gamma\Delta$ dhamṭi η_2 **94*2d śabdāḥ paryāyavā-**
cakāḥ cett.] śabdāḥ paryāyavācakāḥ δ_1 śabdā cārvāk vācakāḥ β_1 **94*3a udghāṭayet** cett.]
udghāṭayati ζ_2 **tu** cett.] *om.* ζ_2 **94*3b kuñcikayā** cett.] kuṁcukayā β_2 **94*3d vib-**
hedayet cett.] prabhedayet γ_1 nirodhayet γ_2 **94*4a mārgena** $B\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1\eta_2\chi$] dvārena
 $\Gamma\Delta$ **94*4b nirāmayam** cett.] anāmayam ϵ_1 **94*4c ācchādyā** cett.] ākṣādyā δ_1 āvādyā
 ζ_2 **tadvāraṁ** $\gamma_1\delta_2\eta_2$] tadvāraṁ $\beta_1\beta_\omega\gamma_2\delta_1\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1\chi$ tam dvāraṁ β_2 **94*5a kandord-**
hvaṁ $\beta_1\Gamma\epsilon_1\zeta_2\zeta_3$] kandordhva $\beta_\omega\epsilon_2$ kandordhve $\delta_1\eta_1\eta_2\chi$ kandordhve δ_2 kaṁthorddham β_2
94*5b sūptā $B\epsilon_1\epsilon_2\zeta_3\eta_1\eta_2\chi$] buddhā $\Gamma\zeta_2$ buddhvā δ_2 baddhā δ_1 **94*5c mūḍhānām** cett.]
mūrkhānām γ_2 **94*6a śailadvīpānām** $\beta_1\beta_\omega\Gamma\epsilon_1\epsilon_2\zeta_3\eta_1\eta_2$] śailordvāgānām β_2 plauladvīpānām
 ζ_2 dvīpaśailānām Δ **94*6b ādhāraḥ** cett.] ādharah γ_2 ādhāraḥ ζ_2 **94*6c tantrāṇām** cett.]
jagatām η_2 **94*6d kuṇḍali tathā** cett.] kuṇḍali yathā δ_1 śeṣakuṇḍali ζ_3 **94*7a kuṭilākārā**
 $B\Gamma\Delta\epsilon_1\epsilon_2\zeta_2\chi$] kuṇḍilākārā ζ_3 kuṇḍalākārā η_1 kuṭilākārī η_2

³³ This verse and the next one are transposed in ζ_2 .

गङ्गायमुनयोर्मध्ये बालरण्डा तपस्विनी ।
बलात्कारेण गृह्णीयात्तद्विष्णोः परमं पदम् ॥

3.95 – α_1

इडा भगवती गङ्गा पिङ्गला यमुना नदी ।
इडापिङ्गलयोर्मध्ये बालरण्डा सरस्वती ॥ ($\alpha_2\beta_2\beta_\omega\gamma_2\eta_1\eta_2\chi$) [cf. 4.77*1]

3.95*1

पुच्छं प्रगृह्य भुजर्गीं सुप्तमुद्रोधयेदभीः ।
निद्रां विहाय सा ऋज्वी ऊर्ध्वमुत्तिष्ठते हठात् ॥

3.96 – α_1

प्रविस्तृतस्यैव फणावती सा
प्रातश्च सायं प्रहरार्धमात्रं ।
प्रपूर्य सूर्यात्परिधानयुत्तया
प्रगृह्य तिर्यक्परिचालनीया ॥[#](om. $\alpha_2\alpha_3\delta_2$)

3.96*1

वितस्तिप्रमितं दैर्घ्यं विस्तारं चतुरङ्गुलम् ।
मृदुलं धवलं प्रोक्तं वेष्टनाम्बरलक्षणम् ॥³⁴ (om. $\alpha_2\alpha_3$) [= 3.33*5]

3.96*2

95a yamunayor cett.] yamunāyor $\beta_\omega\eta_2$ **95b bālaraṇḍā** cett.] bālaraṇḍām $\beta_1\chi$ bālārundhā ϵ_1 **tapasvinī** cett.] tapasvīnīm δ_1 tapasvinīm χ sarasvatī $\beta_1\beta_2$ **95*1c idāpīṅgalayor madhye** $\beta_2\beta_\omega\gamma_2\eta_1\eta_2\chi$ (piṅgalāyor $\beta_\omega\eta_2$)] tayor madhye prayāgaṃ tu α_2 **95*1d bālaraṇḍā** $\beta_2\beta_\omega\gamma_2\eta_1\eta_2\chi$] yas tam veda α_2 **sarasvatī** $\beta_2\beta_\omega\gamma_2\eta_1\eta_2$] ca kuṇḍalī χ sa vedavit α_2 **96a puc-cham** cett.] pucche $\epsilon_1\epsilon_2\eta_2\chi$ **pragrhya** $\alpha_2\beta_1\Gamma\Delta\zeta_2\eta_2\chi$] nigrhya $\epsilon_1\epsilon_2\zeta_3$ grhya η_1 **bhujagīm** $\beta_2\gamma_2\Delta\epsilon_1\epsilon_2\zeta_3\chi$] bhujagī $\alpha_2\beta_1\zeta_2$ bhujagīm $\beta_\omega\gamma_1$ bhujagīm η_2 bhujagīmā η_1 **96b udbod-hayed/c** $\alpha_2\beta_\omega\beta_2\gamma_2\Delta\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1\eta_2\chi$] udyodhayem α_3 udrodhyamed γ_1 udbdhoyed (sic!) β_1 **abhiḥ** $\alpha_3\Gamma\epsilon_1\epsilon_2$] abhi $\alpha_2\beta_1$ abhiḥ $\zeta_2\zeta_3$ api Δ ca tām $\beta_\omega\eta_1\eta_2\chi$ balāt β_2 **96c rjvī** $\Gamma\delta_2\epsilon_1\epsilon_2\zeta_3\eta_1\eta_2$] rjvīm $\alpha_3\beta_2\delta_1$ rjvīm β_1 rujvīm β_ω rajvī ζ_2 rajvām α_2 śaktir χ **96d ūrdhvam** cett.] kurddham ζ_2 **uttiṣṭhate** cett.] ākrṣyate ζ_2 **haṭhāt** cett.] kṣaṇāt β_2 **96*1a pravistṛtāsyāiva** (pravismṛtāsyāiva F) *em.*] pravistṛtasyāva β_1 pavisthitasyāiva ϵ_1 pathi sthitasyāiva ϵ_2 paristhitasyāiva ζ_3 prṣṭisthitasyāiva β_ω paristhitā [sai]va η_1 paristhitā caiva $\beta_2\Gamma\delta_1\zeta_2$ avasthitasya η_2 avasthitā caiva χ **phaṇāvati sā** cett.] phaṇāvati ye $\epsilon_1\epsilon_2$ phaṇāryayāmtiṣyaṃ η_2 **96*1b prātās ca sāyaṃ** cett.] prāṇās ca sāyaṃ ϵ_1 prātas tu sāyaṃ ζ_3 **mātraṃ** cett.] rātraṃ $\beta_1\beta_\omega$ **96*1c prapūrya** cett.] prapūrvva γ_1 prapūjya ϵ_1 prasūrya η_1 prasārya $\beta_1\beta_2\eta_2$ **sūryāt** $\beta_1\beta_\omega\Gamma\epsilon_2\zeta_2\zeta_3\eta_1\chi$] sūryo ϵ_1 sauryā δ_1 saccāryya β_2 ryaśnūt η_2 **paridhāna** cett.] paridhāya β_ω mavidhāna β_1 vidhāna β_2 **yuktyā** $\beta_1\beta_2\eta_2\chi$] yuktā $\beta_\omega\Gamma\zeta_2\zeta_3\eta_1$ yuktām ϵ_1 mukta $\delta_1\epsilon_2$ **96*1d tiryak paricālanīyā** ϵ_2] tiryā paracālanīyām ϵ_1 niryāt paricālanīyā $\beta_1\beta_\omega$ niryāt paricālanīyāt ζ_2 niryātya paricālanīyā ζ_3 niyāt* pavicalīni sā γ_1 niryātya avicalīni sā $\gamma_2\delta_1$ *te yā paricālanīy[ai] η_1 nityaṃ paricālanīyā $\beta_2\chi$ paricālanīyā η_2 **96*2a vitastipramitaṃ dairghyaṃ** $\beta_\omega\epsilon_1\epsilon_2\zeta_2$] vitastipramita-dairghyaṃ *unm.* $\zeta_3\eta_1$ vitastipramitaṃ dirgham $\beta_2\Gamma\Delta\eta_2$ vitastipramitaṃ divyaṃ β_1 ūrdhvaṃ vitastimātraṃ tu χ **96*2b vistāraṃ** $\beta_2\beta_\omega\gamma_1\Delta\zeta_3\eta_1\eta_2\chi$] vistāras ϵ_1 vistāre $\beta_1\gamma_2\epsilon_2\zeta_2$ **96*2c mṛdulaṃ** cett.] mṛddalaṃ ϵ_1 mṛlaṃ δ_1 **96*2d veṣṭanāmbara** $\beta_1\epsilon_2\zeta_3\eta_1\eta_2$] veṣṭatāmbara β_ω veṣṭitāmbara $\epsilon_1\chi$ veṣṭanāmbala γ_2 veṣṭanāmba β_2 vaṣṭanāmbara $\gamma_1\zeta_2$ veṣṭanādhāra Δ

³⁴ χ has 3.64 after this verse. $\epsilon_1\epsilon_2$ have three additional verses (*kṛtvātha dohanaṃ ... gulphau karad-*

वज्रासनस्थितो योगी चालयित्वा तु कुण्डलीम् ।
कुर्यादनन्तरं भस्त्रीं कुण्डलीमाशु बोधयेत् ॥

3.97 – α₁

भानोराकुञ्चनं कुर्यात्कुण्डलीं चालयेत्ततः ।
मृत्युवक्रगतस्यापि तस्य मृत्युभयं कुतः ॥

3.98

नासादक्षिणमार्गवाहिपवनात्पाणेऽतिदीर्घकृते
चन्द्राम्भःपरिपूरितामृततनुः प्राग्घण्टिकायास्तथा ।
सिञ्चन्कालविशालवह्निवशगान्धूरन्धनाडीगणान्
तत्कायं कुरुते पुनर्नवतरं जीर्णद्रुमस्कन्धवत् ॥[#] (om. A)³⁵

3.98*1

97a vajrāsana cett.] vajrāsane β₂χ **97b cālayitvā** cett.] vārayitvā β₁ **tu** BΓΔε₁ε₂ζ₂] ca α₂ζ₃η₂χ *om.* η₁ **97c ante kuryād** *add.* sūryabhedāt γ₁δ₂ **kuryād** α₂Be₁ε₂η₁η₂χ] sūryād ΓΔζ₂ζ₃ **anantaram** cett.] vanara γ₁ **bhastrīm** β₁ε₁ζ₃η₂] bhastrī α₂γ₁Δε₂ bhasrī γ₂ bhastrī β_ωζ₂ bhastrām β₂χ *illeg.* η₁ **97d kuṇḍalīm āśu bodhayet** cett.] *om.* α₂ **98a bhānor** cett.] bhānur β₁ *om.* α₂ *lost* α₁ **ākuñcanaṃ kuryāt** cett.] ākuñcanaṃ pu(?)ryāt δ₁ ākuñcanaenaiva η₂ āku(m)nacaivam η₁ *om.* α₂ *lost* α₁ **98b cālayet** cett.] cālayan γ₁ bodhayet α₁α₂ **tataḥ** cett.] tadā η₂ **98c mr̥tyu** cett.] mr̥tyor η₂ **vaktra** cett.] vaktram β_ωε₁ vakra γ₁ vajra α₂ **98*1a dakṣiṇamārgavāhi** β₁β_ωΓε₁ε₂ζ₂ζ₃η₂χ] dakṣiṇavāhimārga β₂ paścimavartmavāhi Δ da[kṣi]ṇa[n]ā.. mārgēṇa *unm.* η₁ **pavanāt** β₁β_ωε₁ε₂ζ₂η₁η₂χ] pavanot ζ₃ pavano β₂γ₂Δ pavana γ₁ **prāṇe** γ₁δ₂] prāṇo β₁β_ωε₁ε₂ζ₂ζ₃η₁η₂χ ghrāṇe β₂γ₂ ghrāṇo δ₁ ***tidirghikṛte** *em.*] *kr̥teś γ₂ *kr̥taś δ₂ζ₃η₁χ tidirghākr̥taś γ₁ tidirghākr̥tiś ζ₂η₂ tirghikṛtiś (*kr̥taś *pc?*) δ₁ tidirghī tataś ε₁ pi dirghikṛtaś β₁ε₂ dirghikṛtaḥ β_ω na dirghikṛtaḥ β₂ **98*1b candrāmbhaḥ** β₂ε₁ζ₃η₁η₂] candrāmbhaḥ Γε₂χ candrāntaḥ Δ camdrāmśāt β₁ camdrāṅgāt β_ω camdrād[vā] ζ₂ **paripūritāmṛtatanuḥ** β₁β₂Γε₁ε₂ζ₂η₂χ] paripūrnatāmṛtatanuḥ ζ₃ paripūritāmṛtyutanuḥ β_ω paripūritā..... η₁ paripūrya pūritatanuḥ Δ **prāg** cett.] prā β₂δ₁ε₂ **ghaṇṭikāyās tathā** β₂γ₁Δζ₂η₂] *kāyāḥ pathā β₁ *kāyā[pa]thā β_ω *kāyā yadā ε₁ *kāyās tataḥ χ *kāyās tadā γ₂ *kāyāḥ sadā ε₂ζ₃ ...kāyā.... η₁ **98*1c siñcan** *em.* (= Amaraughasāsana)] chindan ζ₂ζ₃ chimdat β₁ chaṃdaḥ β₂ chinnaṭ β_ωη₂ chittvā χ bhindan γ₂Δ bhidan γ₁ {{bh}}śandan ε₁ binduḥ ε₂ [pim].. η₁ **viśāla** cett.] vikāla ε₁ **vahni** cett.] vadri β₁ pāśa ζ₃ *om.* γ₁ **vaśagān** β_ωΓδ₂η₁] vaśagā δ₁ζ₃ vaśagāt ε₁ε₂η₂ vaśanān ζ₂ vaśagaṃ χ paramān β₁ pavanān β₂ **bhrū** cett.] bhū ζ₃ tū γ₁ bhṛm β_ω ku ε₁ prāg η₂ **nāḍiganān/gaṇāms** cett.] nāḍigaṇāt ε₂η₂ nāḍiguṇān β₁ nāḍigaṇam χ nā_n γ₁ **98*1d tat** β₂ε₁ε₂ζ₂ζ₃η₂χ] taṃ β₁β_ωΓΔη₁ **kāyaṃ** cett.] kāryam η₂ **jirṇa** β₁β₂γ₂δ₁ε₂] jirṇam β_ωδ₂ε₁ chimjirṇam ζ₂ chinna η₂χ chinnaṃ ζ₃ kṛta η₁ bhasma γ₁

vayāt) here.

³⁵ χ has this verse and the next one after 3.102*1. There is no commentary on this verse.

कुण्डलीं चालयित्वा तु कुर्याद्ब्रह्मीं विशेषतः ।

एवमभ्यस्यतो नित्यं यमिनः शङ्कते यमः ॥ (om. A)

3.98*2

तदाभ्यसेत्सूर्यभेदमुज्जयीं चापि शीतलीम् ।

एवमभ्यासयुक्तस्य शमनो यमिनः कुतः ॥ (om. Aδ₂χ)

3.98*3

मुहूर्तद्वयपर्यन्तं निर्भयं चालनादसौ । (ab om. δ₂)

ऊर्ध्वमाकृष्यते किञ्चित् सुषुम्ना कुण्डलीगता ॥ (cd om. Δ)

3.99

तेन कुण्डलिनी तस्याः सुषुम्णायाः समुद्धृता ।

जहाति तस्मात्प्राणोऽयं सुषुम्णां व्रजति स्वतः ॥ (om. Δ)

3.100

तस्मात्संचालयेन्नित्यं शब्दगर्भा मरुन्धतीम् ।

तस्याः संचालनेनैव योगी रोगैः प्रमुच्यते ॥ (om. Δ)

3.101

98*2a °tvā tu γ₂Δε₁ε₂ζ₂χ] °tvātha β₁β₂ζ₃η₂ °tvacca γ₁ °tvādhaβ β_ω *illeg.* η₁ **98*2b** kuryād bhastrīm β₁δ₂ε₁ε₂ζ₃η₁] kuryād bhastrī β_ωδ₁ζ₂ kuryād bhastrām η₂ bhasrī kuryād Γ bhastrām kuryād β₂χ **98*2c** evam cett.] etad ε₁ abhyasyato δ₂η₂χ] abhyasyatā β_ω abhyasyatām β₁ abhyasato ε₂ζ₃ abhyāsato β₂Γδ₁ε₁ζ₂ ... syat. η₁ **98*2d** yaminaḥ śaṅkate yamaḥ cett.] yamir na kurute yamaḥ ε₂ yamino yamaḥbhīḥ kutaḥ χ **98*3a** tadābhyaset β₁β_ωΓ₂η₁] tadābhyaset η₂ tad abhyaset β₂δ₁ζ₃ tathābhyaset ε₁ε₂ sūryabhedam cett.] sūryabhede ζ₃ **98*3b** ujjāyīm BΓε₁ε₂η₁η₂] ujjāi ζ₂ ujjāyām ζ₃ ujrākhyām δ₁ cāpi cett.] vāpi ζ₃ [vā] .. η₁ api δ₁ **98*3c** yuktasya cett.] yogena η₂ **98*3d** śamano β₂β_ωε₁η₂] śamino β₁β₂ε₁ζ₂η₁ śramas tu ζ₃ yamas tu Γδ₁ yamino ε₂ yaminaḥ cett.] yamina β₁ yaminam β_ω kutaḥ cett.] kva ca β₂ **99b** nirbhayaṁ η₁η₂χ] nirbhayaṁs ζ₂ nirbhayaś α₁α₂Be₁ε₂ζ₃ nirbharam Γδ₁ cālanād asau α₁α₂β₂β_ωΓ₂ζ₂ζ₃η₁χ] calanād asau δ₁ calanādiṣu β₁ cālayet imām ε₁ε₂ vā diśodiśa η₂ **99c** ākr̥syate cett.] ākr̥te ζ₃ om. δ₁ **99d** suṣumnā kuṇḍaligatā α₂ε₁ε₂ζ₂] suṣumnā kuṇḍaligataḥ α₁ + + + + da[l]i[ga]taḥ α₃ suṣumnām kuṇḍaligatā β_ω suṣumnām kuṇḍaligatām β₁ suṣumnāgatakuṇḍali β₂Γ₂ζ₃ suṣumnāyām samudgatā χ suṣumnāyāḥ samuddhṛtaḥ η₂ om. δ₁η₁ **100a** tena kuṇḍalinī cett.] om. η₁ tasyāḥ α₁β₁β₂Γ₂ζ₂ζ₃η₁χ] tasyā α₂β_ωε₁ tasyāt α₃ tasya ε₂ om. η₁ **100b** suṣumnāyāḥ cett.] suṣumnāyā ABε₁χ suṣumnāyām ε₂ samuddhṛtā α₂α₃β_ωΓ₂ζ₂ζ₃η₁η₂] samudbhutā α₁ mukhaṁ dhruvam β₁β₂χ mukhaṁ dṛḍhaṁ dhruvam ε₁ mukhaṁ dṛḍhaṁ ε₂ **100c** jahāti cett.] na yāti η₂ **100d** svataḥ ε₁ζ₃η₁χ] svanaḥ α₁β₁β_ωζ₂ svayam α₂β₂Γ sthiti ε₂ niścalaḥ η₂ **101a** tasmāt cett.] kasmāt γ₁ **101b** śābdagarbhām α₂Be₁ε₂] śābdagaṁdhām α₁ dhām η₁ śāmbhugarbhām Γ₂ζ₂ζ₃ suhasuptām χ suśasuptām η₂ arundhatīm cett.] sarasvatīm β₁β₂ε₁ε₂ **101c** tasyāḥ α₁α₂β₂β_ωζ₃χ] tasyām η₂ tasmāt β₁ yasyāḥ Γε₁ε₂ζ₂ [ya] .. η₁ saṁcālanenaiva α₁α₂Bχ] saṁcālanenaśu Γε₁ε₂ζ₃ saṁcālayenaśu ζ₂η₂ ... lanen. .. η₁ **101d** rogaiḥ/rogair cett.] [r] .air γ₁ rogoḥ β_ω rogāt β₁η₂ pramucyate α₁α₂β₂β_ωε₁ε₂η₁η₂χ] pramucati β₁ vimucyate Γ₂ζ₂ζ₃

येन संचालिता शक्तिः स योगी सिद्धिभाजनम् ।

किमत्र बहुनोक्तेन कालं जयति लीलया ॥ (om. Δ)

3.102

ब्रह्मचर्यव्रतस्यैव नित्यं हितमिताशिनः ।

मण्डलाद्दृश्यते सिद्धिः कुण्डल्यभ्यासयोगिनः ॥ (om. Aδ₂)

3.102*1

अभ्यासनिःसृतां चान्द्रीं विभूत्या सह मिश्रयेत् ।

तद्धारणं तूत्तमाङ्गे दिव्यदृष्टिप्रदायकम् ॥³⁶ [after 3.92 χ] (om. Δ)

3.103

द्विसप्ततिसहस्राणां नाडीनां मलशोधने ।

कुतः प्रक्षालनोपायः कुण्डल्यभ्यसनादते ॥ (om. Aβ_ω)

3.103*1

इति शक्तिचालनम् । (ε₁ε₂ζ₂ζ₃η₁η₂)

102a *saṃcālītā* cett.] *saṃcālītā* ζ₂ *saṃcālātā* α₁ *sa cālītā* γ₂ **102b** *siddhi* cett.] *siddha* α₃ *mukti* Γ **bhājanam** cett.] *bhājana* α₂ *bhājanah* β₂ε₁ε₂ .. *janah* η₁ **102d** *jayati* cett.] .. *yalati* *unm.* η₁ *vrajati* η₂ **102*1a** *brahmacaryavratasyaiva* β_ωε₁ε₂ζ₃] **ratasyaiva* δ₁η₁χ **rataś caiva* ζ₂ *brahmacaryāvatastaiva* β₁ *brahmacarye ca tasyaiva* γ₂ *brahmacaryavratam* β₂ *brahmacaryavratasyaiva* γ₁ *brahmadharmaratasyaiva* η₂ **102*1b** *hitamitāśinaḥ* γ₂χ] **śini* β₁ **śanaḥ* β_ωγ₁δ₁ε₁ζ₂ **śanam* β₂ε₂ **śanaiḥ* ζ₃ *mitahitāśinaḥ* η₂ *illeg.* η₁ **102*1c** *maṇḍalād* β₂γ₂ε₁ε₂ζ₂ζ₃χ] *maṇḍalā* β₁β_ωγ₁η₂ *maṇḍalī* δ₁ *illeg.* η₁ **102*1d** *kuṇḍalya* β₂γ₂ε₁ε₂ζ₃χ] *kuṇḍalyā* β_ωδ₁ζ₂η₂ *kuṇḍalā* β₁ *kuṇḍali* γ₁ *illeg.* η₁ **yoginaḥ** β_ωε₁ε₂ζ₃χ] *yogataḥ* β₁β₂Γδ₁η₁η₂ **103a** *abhyāsa* cett.] *abhyāsān* χ *abhyāsā* η₂ *abhasā* α₂ **niḥśr̥tām** β₂β_ωε₁ζ₃χ] *niḥśr̥tā* η₁ *niḥśritām* η₂ *niśr̥tām* β₁ε₂ *niśr̥tā* α₁α₂ *nibh̥r̥tām* ζ₂ *sahitam* Γ **cāndrīm** α₁β₂ε₁ζ₂η₂χ] *cāndrī* α₂β_ωζ₃η₁ *cāndrīm* ε₁ε₂ *cāmdrām* β₁ *candram* Γ **103b** *miśrayet* ε₁ζ₂ζ₃η₁η₂χ] *miśritām* B *miśritām* α₂ *miśritām* α₁ *micchayet* γ₁ *murchayet* γ₂ *kārayet* ε₂ **103c** *taddhāraṇam* β₂ζ₂ζ₃] *taddhāraṇā* Γ *tadvāraṇam* β_ω *yad-vāraṇam* β₁ *tad dh.* ... η₁ *tad dhārayed* α₁α₂ε₁ *tām dhārayed* η₂ *dhārayed* ut' ε₂χ **tūttamāṅge** Bζ₂ζ₃] *cottamāṅge* γ₂ *cottamāṅga* γ₁ *uttamāṅge* α₁α₂ε₁η₂ **tamāṅgena* ε₂ **tamāṅgeṣu* χ *illeg.* η₁ **103d** *divya* cett.] *dirgha* α₃B **dr̥ṣṭipradāyakam** cett.] *dr̥ṣṭipradāyini* Γ *dr̥ṣṭipradāyiniṃ* η₂ *dr̥ṣṭiḥ prajāyate* η₁χ **103*1a** *dvi* β₁β₂γ₂ε₁ε₂ζ₂ζ₃η₁η₂] *dvā* γ₁Δχ **103*1b** *malaśodhanam* η₂χ] *malaśodhanam* β₁β₂ΓΔε₁ε₂ζ₂ζ₃η₁ **103*1c** *kutaḥ* Δε₁ζ₃χ] *kṛta* ζ₂ *gudaḥ* γ₂ *guda* η₁η₂ *aṃtaḥ* β₂ *aṃtam* β₁ *ātma* ε₂ *om.* γ₁ **prakṣālanopāyaḥ** γ₂Δε₁ζ₃η₂χ] **pāyam* ε₂ζ₂η₁ *prakṣālano* vāyuh β₂ *prajvālano* vāyu β₁ *om.* γ₁ **103*1d** *kuṇḍalyabhyāsanād r̥te* χ] *kuṇḍalyabhyāsanād* r̥te β₂ε₁ε₂ζ₂ζ₃ *kuṇḍalibhyāsanād* ate β₁ *kuṇḍalyabhyāśato* vinā γ₂δ₂ *kuṇḍalyābhyāśato* vinā γ₁δ₁ *kuṇḍalyabhyāśa* iṣyate η₂ *ku* ... [bhyā] ... [mā] ... η₁

³⁶ In α₂ this verse is followed by an additional hemistich: आसनाभ्यासनं पूर्वा प्रयुक्तां मनसा चरेत्

इति मुद्रा दश प्रोक्ता आदिनाथेन शंभुना ।
एकैका तासु यमिनां महासिद्धिप्रदायिनी ॥³⁷

3.104

राजयोगं विना पृथ्वी राजयोगं विना निशा ।
राजयोगं विना मुद्रा विचित्रापि न राजते ॥

3.105

मारुतस्य विधिं सर्वं मनोयुक्तं समभ्यसेत् ।
इतरत्र न कर्तव्या मनोवृत्तिर्मनीषिणा ॥ (om. δ_2)

3.106

खिलापि[#] मध्यमा नाडी दृढाभ्यासेन योगिनाम् ।
आसनप्राणसंयाममुद्राभिः सरला भवेत् ॥ (om. δ_2)

3.107

उपासने विनिद्राणां राजयोगः समुद्रकः ।[#]
रुद्राणी चापरा मुद्रा भद्रां सिद्धिं प्रयच्छति ॥ (cd om. α_2) (om. $\delta_2\zeta_2$)

3.108

104a *daśa* cett.] *dabhā* α_1 *nava* Δ **104b** *ādināthena* cett.] *hy ādināthena* $\epsilon_1\epsilon_2$ **104c** *ekaikā tāsu* $\alpha_1\chi$] *ekaikaṃ tāsu* $\alpha_2\alpha_3$ *ekaika tāsu* $\zeta_2\delta_2$ *ekaiva tāsu* δ_1 *ekaikāpi su*° Γ *kaṛaṇe sarva* $\epsilon_1\epsilon_2\zeta_3$ *kāraṇe sarva* $\beta_1\eta_2$ *kāraṇaṃ sarva* $\beta_2\beta_\omega$ *k. ... sarva* η_1 **yaminām** $\Lambda\Gamma\Delta\zeta_2\chi$] *siddhānām* $\zeta_3\eta_1\eta_2$ *siddhīnām* $\beta\epsilon_1\epsilon_2$ **104d** *mahāsiddhipradāyini* $\Gamma\Delta\zeta_2\chi$] °*pradāyāni* $\alpha_1\alpha_2$ °*pradā* ++ α_3 *ekaikāpi kṣamaiva sā* $\beta\epsilon_1\epsilon_2\zeta_3\eta_1\eta_2$ (η_1 partly illegible) **105a** *prthvī* cett.] *prthviṃ* $\beta_1\eta_2$ *siddhi* ζ_3 *vṛddhi* ζ_2 **105b** *niśā* cett.] *niśaṃ* η_2 *nyathā* γ_1 **105d** *rājate* cett.] °*śobhate* $\beta_2\chi$ **106a** *mārutasya vidhiṃ* cett.] *mārutābhyāsanam* $\epsilon_1\zeta_3\eta_1$ *mārutābhyāsanam* $\epsilon_2\eta_2$ **sarvaṃ** cett.] *sarvāṃ* β_2 *sarve* α_1 *kiṃcin* η_2 *mano* α_2 **106b** *manoyuktaṃ* cett.] *sadā yuktaṃ* α_2 **samabhyaset** cett.] *samācāret* $\eta_1\eta_2$ **106d** *manīṣiṇā* cett.] *manīṣiṇām* $\beta_\omega\zeta_2$ *manīṣiṇī* α_2 .. [nī] .. ṇ. η_1 *tu yoginām* ϵ_2 **107a** *khilāpi* $\alpha_1\alpha_2\beta\gamma_2\delta_1$] *sthīrāpi* γ_1 *calāpi* $\zeta_2\zeta_3$ *vilāpi* ϵ_1 *vināpi* $\eta_1\eta_2$ *suṣumnā* ϵ_2 *iyam* *tu* χ **madhyamā** cett.] *madhyamāṃ* η_2 *madhyānā*° β_1 *illeg.* η_1 **nādi** cett.] .. *ḍiṃ* η_1 °*ḍi* *ca* β_1 **107b** *yoginām* cett.] *yoginam* α_1 *yoginā* $\alpha_2\beta_1\beta_2$ *yogināḥ* η_2 **107c** *āsana* $\alpha_1\alpha_2\beta_2\beta_\omega\delta_1\epsilon_2\eta_2\chi$] *āsana* β_1 *ānasa* ϵ_1 *āsanam* $\Gamma\zeta_2\zeta_3\eta_1$ **saṃyāma** $\alpha_1\alpha_2\Gamma\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1\chi$] *saṃyama* β_ω *saṃyāmair* $\beta_2\delta_1$ *saṃyamair* η_2 *saṃyāme* β_1 **107d** *saralā* cett.] *sakalā* α_3 *sabalā* ζ_3 *śavalā* ζ_2 *na calā* δ_1 **108a** *upāsane* $\alpha_1\alpha_2$] *upāsanaṃ* Γ *upāsana* $\alpha_3\delta_1$ *abhyāse* .. η_1 *abhyāseṣu* $\beta\epsilon_1\epsilon_2\zeta_3$ *abhyāseṇa* η_2 *abhyāse* *tu* χ **vinidrāṇam** cett.] *pi nidrāṇam* α_2 *hi mudrāṇam* η_2 **108b** *rājayogaḥ* $\Gamma\delta_1$] *rājayoga* Λ *anuddhṛta* η_1 *anuddhṛta* ζ_3 *anudbhūta* β_2 *anudruta* $\beta_1\epsilon_1$ *manudṛta* β_ω *mano dhṛtvā* χ *atandrita* ϵ_2 *tad udeti* η_2 **samudrakaḥ** γ_2] *samudravat* $\alpha_1\alpha_3$ *samudbhavān* α_2 *samūdakaḥ* γ_1 *samāhnakaḥ* δ_1 *samādhinām* $\beta_2\zeta_3\eta_1$ *samādhinā* $\eta_2\chi$ *samādhīṣu* $\beta_1\beta_\omega\epsilon_1\epsilon_2$ **108c** *rudrāṇi* cett.] *mudrāṇam* $\eta_1\eta_2$ **cāparā** $\alpha_1\beta\zeta_3\eta_1\eta_2$] *ca parā* α_3 *vāparā* χ *va parā* ϵ_1 *sāparā* $\Gamma\delta_1\epsilon_2$ **108d** *bhadrām* cett.] *bhavām* γ_1 *mudrām* β_1 *sadā* α_1 **prayacchati** cett.] *prayakṣati* δ_1

³⁷ Verse order of χ : 3.107 → 3.108 → 3.105 → 3.106 → 3.104

उपदेशं हि मुद्राणां यो धत्ते सांप्रदायिकम् ।

स एवास्तु गुरुः स्वामी साक्षादीश्वर एव सः ॥ (om. A)

3.108*1

तस्य वाक्यपरो मुद्रां योऽभ्यस्यति समाहितः ।

अणिमादिगुणैः सोऽयं जायते कालवच्चक्रः ॥ (om. A₇₁)

3.108*2

इति श्रीस्वात्मारामयोगीन्द्रविरचितायां हठप्रदीपिकायां तृतीयोपदेशः ॥ ३ ॥

* * *

108*1a upadeśam cett.] upadeśe η_1 upadeśo ζ_2 **108*1b dhatte** B $\gamma_2\Delta\epsilon_1\epsilon_2\zeta_2\eta_2$] datte $\zeta_3\chi$ darte γ_1 .. [tte] η_1 **sāmpṛadāyikam** $\beta_1\beta_\omega\Delta\epsilon_2\eta_1\eta_2\chi$] 'yikām ζ_3 'yikaḥ Γ 'yakam ζ_2 'yakaḥ β_2 sāmparāyikam ϵ_1 **108*1c evāstu** $\beta_1\gamma_2\Delta\epsilon_1\epsilon_2\zeta_2\eta_1$] evastu β_ω eva śrī $\zeta_3\eta_2\chi$ evavāca γ_1 vāstava β_2 **guruḥ svāmī** $\beta_2\beta_\omega\gamma_2\Delta\zeta_2\zeta_3\chi$] gurusvāmī $\gamma_1\eta_1\eta_2$ gurusvāmī $\beta_1\epsilon_1$ kuru svāmī ϵ_2 **108*1d eva** cett.] eṣa ζ_2 **saḥ** cett.] ca γ_1 **108*2a mudrām** $\epsilon_1\epsilon_2$] bhūtvā $\Gamma\Delta\zeta_3\chi$ nityam B $\zeta_2\eta_2$ **108*2b yo'bhyasyati** $\beta_1\Delta\epsilon_1\epsilon_2\zeta_3$] yo bhyasati β_2 yo bhyaset su° γ_1 yo bhyaseta $\gamma_2\zeta_2$ yomabhyaset β_ω athābhyāsa η_2 mudrābhyāse χ **108*2c guṇaiḥ so'yaṁ** $\epsilon_1\epsilon_2$] guṇaiḥ svaryam γ_1 guṇaiśvaryaṁ B $\gamma_2\Delta\zeta_2\eta_2$ guṇaiḥ sārḍham (guṇai ζ_3) $\zeta_3\chi$ **108*2d jāyate** cett.] jāyate ϵ_1 labhate $\eta_2\chi$ **vañcakāḥ** $\beta_2\beta_\omega\epsilon_1\zeta_2\zeta_3\eta_2$] vañcakāḥ β_1 vañcanāt Γ vañcanam $\Delta\epsilon_2\chi$ **colophon: śrīsvātmārāma** β_ω] śrīsadgurusvātmārāma α_1 svātmārāma $\gamma_1\eta_1$ ātmārāma η_2 śrīśahajānandasamtānacintāmaṇi(nā ζ_3)svātmārāma $\gamma_2\zeta_2\zeta_3$ 'svā° (sic!) β_1 om. $\alpha_2\beta_2\Delta\epsilon_1\epsilon_2$ **yogīndra** $\beta_\omega\Gamma\eta_2$] yogemdra α_1 yoginā $\zeta_2\zeta_3\eta_1$ om. $\alpha_2\beta_1\beta_2\Delta\epsilon_1\epsilon_2$ **viracitāyām** $\alpha_1\beta_\omega\Gamma\zeta_2\zeta_3\eta_1\eta_2$] om. $\alpha_2\beta_1\beta_2\Delta\epsilon_1\epsilon_2$ **haṭhāpradīpikāyām** $\alpha_1\beta_\omega\gamma_2\delta_2\epsilon_1\epsilon_2\zeta_2\zeta_3\eta_1\eta_2$] śrīhaṭhāpradīpikāyām $\alpha_2\beta_2$ haṭhāyogavidyāyām δ_1 ha° (sic!) β_1 om. γ_1 **ante tṛtīyo° add.** mudrāvidhānam ζ_3 **tṛtīyopadeśaḥ** $\alpha_1\alpha_2\beta\gamma_2\epsilon_1\epsilon_2\zeta_2\zeta_3$] tṛtīya upadeśaḥ Δ tṛtīyo dhyāyāḥ $\eta_1\eta_2$ caturthopadeśa γ_1 (cf. fn. ³²)

List of Sigla

α_1	N3	one folio is missing (3.84–3.98a)
α_2	J5	
α_3	G4	damaged; collated only when available
β_1	P11	
β_2	C6	contaminated with Gr3?
β_ω	V3	
γ_1	N23	
γ_2	J7	
δ_1	V19	
δ_2	E2	the Vajroli section is not available
δ_3	C7	collated only for the Vajroli section
δ_ω	J6	collated only for 3.32*1–33*19
ε_1	G11	
ε_2	G5	collated only from Vajroli till end
ζ_1	P15	lost after 3.13a
ζ_2	N19	
ζ_3	V15	3.49*2c–3.67 omitted; contaminated with Gr3?
ζ_ω	N26	collated only for 3.32*1–33*19
η_1	V1	
η_2	J10	
η_ω	E4	Berlin or. fol. 2166; collated only for 3.32*1–33*19
χ	Jyo	Brahmānanda's version, based on the edition 1972