

सशैलवनधात्रीणां यथाधारो ऽहिनायकः ।  
सर्वेषां योगतन्त्राणां तथाधारो हि कुण्डली ॥ 3.1

सुप्ता गुरुप्रसादेन यदा जागर्ति कुण्डली ।  
तदा सर्वाणि पद्मानि भिद्यन्ते ग्रन्थयोऽपि च ॥ 3.2

प्राणस्य शून्यपदवी<sup>1</sup> तदा राजपथायते ।  
तदा चित्तं निरालम्बं तदा कालस्य वञ्चनम् ॥ (bcd om.  $\epsilon_1\epsilon_2\epsilon_3$ ) [eye-skip] 3.3

शून्यपदवीति किम् । (om.  $\beta_\omega\delta_1\epsilon_1\epsilon_2\epsilon_3\eta_1\chi$ )

सुषुम्णा शून्यपदवी ब्रह्मरन्ध्रमहापथः । (a om.  $\epsilon_1\epsilon_2\epsilon_3$ )  
श्मशानं शाम्भवी मध्यमार्गश्चेत्येकवाचकाः ॥ 3.4

तस्मात्सर्वप्रयत्नेन प्रबोधयितुमीश्वरीम् ।  
ब्रह्मद्वारमुखे सुप्तां मुद्राभ्यासं समाचरेत् ॥ 3.5

**1a** saśaila cett.] saśaile  $\beta_\omega$  om.  $\delta_2$  vana cett.] vane  $\gamma_1$  om.  $\delta_2$  dhātṛinām cett.] dhātṛinām  $\beta_1\beta_2$  om.  $\delta_2$  **1b** yathādhāro cett.] om.  $\delta_2$  'hināyakaḥ cett.] himālayaḥ  $\gamma_2$  om.  $\delta_2$  **1c** yoga cett.] hatha  $\beta_1\beta_2\beta_\omega$  om.  $\delta_2$  tantrānām cett. ( $\delta_2$  s.l.)] śāstrāṇā  $\delta_2$  i.t. **2b** yadā jāgarti kuṇḍalī  $\alpha_1\beta_1\beta_\omega\epsilon_3\eta_2\chi$ ] yathā jāgarti kuṇḍalī  $\beta_2\epsilon_1\epsilon_2\eta_1$  bodhitā sukhadā bhavet  $\Gamma\Delta$  **2c** tadā  $\alpha_1\beta_1\beta_2\beta_\omega\Gamma\epsilon_3\chi$ ] tathā  $\alpha_3\Delta\epsilon_1\epsilon_2\eta_1\eta_2$  sarvāṇi padmāni cett.] padmāni sarvāṇi  $\eta_2$  pi sarvapadmāni  $\delta_1$  **3a** prāṇasya cett.] prāṇamya  $\delta_2\epsilon_2$  prāṇavasya  $\beta_1$  prāṇa  $\beta_2$  padavī cett.] padavīm  $\delta_2\epsilon_2\epsilon_3\eta_1$  **3b** tadā  $\alpha_1\beta_\omega\Gamma\eta_2\chi$ ] tathā  $\beta_1\beta_2\Delta$  yathā  $\eta_1$  pathāyate cett.] padāyate  $\eta_1$  **3c** tadā  $\alpha_1\beta_1\beta_2\beta_\omega\gamma_2\eta_2\chi$ ] tathā  $\delta_1\delta_3\eta_1$  yathā  $\delta_2$  yadā  $\gamma_1$  **3d** tadā  $\alpha_1\beta_1\beta_2\beta_\omega\Gamma\eta_2\chi$ ] tathā  $\Delta\eta_1$  **4** śūnyapadavīti kim  $\alpha_1\beta_1\beta_2\Gamma\delta_2\delta_3$ ] atha śūnyapadavīm iti kim ucyate  $\eta_2$  **4b** randhra  $\gamma_1\eta_1$ ] randhram cett. pathaḥ  $\alpha_3\epsilon_1\eta_1\eta_2\chi$ ] patham  $\alpha_2\beta_1\beta_2\beta_\omega\Gamma\Delta\epsilon_2$  pathāḥ  $\alpha_1\epsilon_3$  **4c** śmaśānam  $\alpha_1\alpha_3\beta_1\beta_2\beta_\omega\epsilon_1\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] śmaśāne  $\delta_1$  śmaśāni  $\gamma_2\delta_2\delta_3$  aiśāni  $\gamma_1$  madhya  $\alpha_1\alpha_3\beta_1\Gamma\delta_1\delta_3\epsilon_1\epsilon_3\chi$ ] madhyam  $\beta_2\beta_\omega\eta_1\eta_2$  madhye  $\epsilon_2$  mudrā  $\delta_2$  **4d** mārgaś cety eka  $\alpha_1\beta_1\beta_2\beta_\omega\Gamma\delta_1\epsilon_1\epsilon_3\chi$ ] mārgeś cety eka  $\eta_1$  mārgapratyeka  $\epsilon_2$  mārgaḥ śūnyeva  $\delta_2\delta_3$  vācakāḥ  $\gamma_2\eta_2\chi$ ] vācakā  $\gamma_1$  vācakāḥ  $\alpha_1\beta_2$  vācaka  $\beta_\omega$  vācakam  $\alpha_2\beta_1\Delta\epsilon_1\epsilon_2\epsilon_3\eta_1$  **5b** prabodhayitum  $\alpha_1\Gamma\epsilon_1\epsilon_3\eta_2\chi$ ] prabodhayatum  $\beta_2\beta_\omega\epsilon_2\eta_1$  prabodhayatām  $\beta_1$  tām bodhayitum  $\Delta$  īśvarīm cett.] īśvarī  $\beta_\omega\gamma_1\epsilon_2$  īśvaram  $\beta_1\delta_1$  **5c** dvāra cett.] dvāram  $\beta_1$  dvāre  $\epsilon_1\epsilon_2$  mukhe cett.] mukha  $\gamma_1$  sukhe  $\epsilon_1$  **5d** dvāra cett.] suptā  $\alpha_3$  supto  $\beta_\omega$  **5d** bhyāsaṃ samācaret  $\alpha_1\alpha_3\beta_1\beta_\omega\epsilon_1\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] bhyāśena bodhayet  $\beta_2\Gamma\Delta$

<sup>1</sup>  $\epsilon_1\epsilon_2\epsilon_3$  jump to शून्यपदवी in the next verse.

महामुद्रा महाबन्धो महावेधश्च खेचरी ।

उड्डियानं मूलबन्धो बन्धो जालन्धराभिधः ॥ (bc om.  $\delta_1$ )

3.6

करणी विपरीताख्या वज्रोली शक्तिचालनम् ।

इदं मुद्रादिदशकं जरामरणनाशनम् ॥ (cd om.  $\beta_1$ )

3.7

आदिनाथोदितं दिव्यमष्टैश्वर्यप्रदायकम् ।<sup>2</sup>

वल्लभं सर्वसिद्धानां दुर्लभं मरुतामपि ॥

3.8

गोपनीयं प्रयत्नेन यथा रत्नकरण्डकम् ।

कस्यचिन्नैव वक्तव्यं कुलस्त्रीसुरतं यथा ॥

3.9

वज्रोली त्वमरोली च सहजोली त्रिधा मताः ।

एतेषां लक्षणं वक्ष्ये कर्तव्यं च विशेषतः ॥ ( $\beta_2\beta_\omega\eta_2$ )

3.9\*1

**6c uḍḍiyānaṃ**  $\gamma_1\delta_2\delta_3\eta_2$ ] uḍḍiyānaṃ  $\beta_2\beta_\omega$  uḍḍiyānaṃ  $\alpha^c\gamma_2\varepsilon_2$  uḍḍiyānaṃ  $\alpha^c$  uḍḍiyāno  $\eta_1$  ud-  
dhriyānaṃ  $\beta_1$  uḍḍiyānaṃ  $\chi$  uḍḍiyāna  $\varepsilon_1\varepsilon_3$  om.  $\delta_1$  **mūlabandho**  $\Gamma\delta_2\delta_3$ ] °bandhas  $\beta_2$  °bandhaḥ  $\eta_2$   
°bandhaṃ  $\alpha_1\alpha_2$  °bandha  $\beta_1\beta_\omega$  °bandhas ca  $\varepsilon_2\varepsilon_3\chi$  °bandhās ca  $\eta_1$  om.  $\delta_1$  **6d bandho**  $\alpha_3\gamma_2\Delta\varepsilon_2\eta_1\chi$   
bandhā  $\gamma_1$  tato  $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\varepsilon_1\varepsilon_3\eta_2$  **jālandharā** cett.] jāladharā  $\gamma_1$  jālaṃjarā  $\eta_1$  **7a karaṇi**  
cett.] karaṇaṃ  $\alpha_3\beta_1$  **viparītākhyā** cett.] viparītākhyam  $\alpha_3\varepsilon_2$  viparītā syāt  $\beta_1$  viparītāni  $\varepsilon_1$   
**7b vajroli** cett.] vajro  $\delta_1$  **7c idaṃ mudrādi**  $\alpha_1\alpha_2$ ] idaṃ tu mudrā  $\varepsilon_1\varepsilon_2$  idaṃ ca mudrā  $\beta_\omega\varepsilon_3\eta_1\eta_2$   
idaṃ hi mudrā  $\chi$  etad dhi mudrā  $\beta_2\Gamma\Delta$  **7d maraṇa** cett.] marṇavi  $\beta_\omega$  maṇa  $\gamma_1$  **nāśanam**  
cett.] varjitaṃ  $\Delta$  **8a ādinātho** cett.] ādiśvaro  $\delta_1\delta_3$  ādyeśvaro  $\delta_2$  **divyam** cett.] sarvaṃ  $\eta_2$   
**8b pradāyakam** cett.] phalaṃpradaṃ  $\beta_2$  **8c siddhānām** cett.] siddhinām  $\alpha_1\beta_\omega$  vidyānām  $\alpha_3\varepsilon_3$   
**9c vaktavyam** cett.] vaktavyā  $\eta_1$  kartavyam  $\beta_\omega\varepsilon_1$  **9d kulastrīsurataṃ** cett.] kulastrīṣu rataṃ  
 $\eta_1$  kulastrīyasukhaṃ  $\beta_1$  kulastrīśukharataṃ unṃ.  $\beta_\omega$  **yathā** cett.] tathā  $\eta_2$  **9\*1a tv amaroli**  
 $\beta_2$ ] amaroliś  $\beta_\omega$  °r amaroliś  $\eta_2$  **9\*1b sahajoli**  $\beta_2\beta_\omega$ ] sahajolis  $\eta_2$  **matāḥ**  $\beta_2$ ] mataḥ  $\eta_2$   
magah  $\beta_\omega$  **9\*1c eteśām**  $\beta_\omega$ ] etāsām  $\beta_2$  eteśā  $\eta_2$  **vakṣye**  $\eta_2$ ] vakṣe  $\beta_\omega$

<sup>2</sup> In  $\varepsilon_3$  this hemistich is found after pādas ab of the next verse.

तत्र महामुद्रा ।

पादमूलेन वामेन योनिं संपीड्य दक्षिणम् ।  
पादं प्रसारितं धृत्वा कराभ्यां पूरयेन्मुखे# ॥

3.10

कण्ठे बन्धं समारोप्य धारयेद्वायुमूर्ध्वतः ।  
यथा दण्डाहतः सर्पो दण्डाकारः प्रजायते ॥

3.11

ऋज्वीभूता तथा शक्तिः कुण्डली सहसा भवेत् ।  
तदासौ मरणावस्था जायते द्विपुटाश्रिता# ॥

3.12

ततः शनैः शनैरेव रेचयेन्न तु वेगतः ।  
इयं खलु महामुद्रा महासिद्धैः प्रदर्शिता ॥

3.13

महाक्लेशादयो# दोषा हीयन्ते मरणादयः ।  
महामुद्रां च तेनैव वदन्ति विबुधोत्तमाः ॥ (cd om.  $\delta_1\delta_2$ )

3.14

**10 tatra mahāmudrā**  $\alpha_2\beta_1\eta_1\eta_2$ ] tatha mahāmudrā  $\beta_2$  tatra mahāmudrā yathā  $\epsilon_1$  atha mahāmu-  
drā  $\beta_\omega\gamma_1\epsilon_2\chi$  atha tatra mahāmudrā  $\epsilon_3$  om.  $\alpha_1\alpha_3\gamma_2\Delta$  **10b yoniṃ** cett.] yoni  $\alpha_1\beta_\omega$  yoniḥ  $\epsilon_2$   
**sampīḍya** cett.] pīḍya  $\epsilon_1\epsilon_2$  **10c pādām** cett.] pāda  $\eta_2$  padam  $\beta_\omega$  prasā°  $\chi$  **prasāri-**  
**taṃ** cett.] prasaritaṃ  $\beta_\omega$  prasāḍitaṃ  $\eta_1$  °ritaṃ padam  $\chi$  **dhṛtvā**  $\gamma_2\delta_2\delta_3\epsilon_3\eta_1\eta_2$ ] kṛtvā  
 $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\gamma_1\delta_1\epsilon_1\epsilon_2\chi$  **10d pūrayen** cett.] pūrayet  $\delta_2$  dhārayen  $\eta_2$  dhārayed  $\chi$  **mukhe**  
 $\alpha_1\beta_1\beta_\omega\epsilon_2$ ] mukham  $\beta_2\Gamma\delta_1\delta_3\epsilon_1\epsilon_3\eta_1\eta_2$  sukhām  $\delta_2$  dṛḍham  $\chi$  **11a kaṇṭhe** cett.] kaṇṭha  $\beta_\omega\Delta\epsilon_2$   
**bandham**  $\alpha_2\alpha_3\beta_1\gamma_2\delta_1\epsilon_1\epsilon_3\eta_2\chi$ ] bandha  $\beta_2\beta_\omega\gamma_1\eta_1$  bandhaḥ  $\epsilon_2$  bandhe  $\delta_2$  budha  $\alpha_1$  madhye  $\delta_3$   
**11b dhārayed** cett.] dhānayed  $\delta_1$  **11c yathā** cett.] pathi  $\eta_1$  **daṇḍāhataḥ**  $\alpha_1\alpha_3\beta_1\beta_\omega\epsilon_1\epsilon_3\eta_2$ ] daṇḍāhataḥ  
 $\beta_2\Gamma\Delta\epsilon_2\eta_1\chi$  **11d daṇḍākāraḥ** cett.] daṇḍākāraḥ  $\epsilon_2$  **prajāyate** cett.] prayujy-  
ate  $\eta_1$  om.  $\delta_3$  (lost up to 3.19c samsthāpya; one folio missing) **12a rjvibhūtā**  $\beta_1\gamma_2\delta_1\delta_2\epsilon_3\eta_1\eta_2\chi$ ] rjvibhūtā  
 $\beta_2$  rujvibhūtā  $\alpha_1\beta_\omega$  rajvibhūtā  $\epsilon_2$  vajribhūtā  $\epsilon_1$  r\_ bhūtā  $\gamma_1$  **tathā** cett.] yathā  $\epsilon_2$   
**śaktiḥ** cett.] śakti  $\beta_1\beta_\omega\delta_1\epsilon_2\eta_1$  **12c tadāsau**  $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\Gamma\epsilon_1\epsilon_2\eta_1$ ] tathāsau  $\delta_1\delta_2$  tadā sā  $\alpha_3\epsilon_3\eta_2\chi$   
**marañā** cett.] maraṇa  $\epsilon_1$  maraṇi  $\eta_1$  ramaṇā  $\beta_\omega$  maṇā  $\eta_2$  **vasthā** cett.] vasthām  $\gamma_2\delta_1\delta_2\eta_1$   
sthā  $\epsilon_1$  **12d jāyate** cett.] yāyate  $\epsilon_1$  harate  $\Gamma\delta_1\delta_2$  **dvipuṭā**  $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\delta_1\delta_2\eta_1\eta_2\chi$ ] dvipūtā  
 $\gamma_1$  nṛpuṭā  $\epsilon_1\epsilon_2$  tripuṭā  $\alpha_3\epsilon_3$  vapurā  $\gamma_2$  **śritā**  $\alpha_1\beta_1\beta_\omega\epsilon_2\eta_2$ ] śrayāṃ  $\gamma_2$  śrayā  $\delta_1\delta_2\chi$  śrayaḥ  $\alpha_3$   
śrayi  $\gamma_1$  ā[śr]i..  $\eta_1$  smṛtā  $\epsilon_1$  sanāṃ  $\epsilon_3$  hi sā  $\beta_2$  **13a śanaiḥ śanair eva** cett.] śanaiḥ śanair  
yeca  $\gamma_1$  **13b recayan** cett.] recayan  $\epsilon_2$  **na tu** cett.] na ca  $\beta_\omega$  naiva  $\chi$  **13c iyaṃ** cett.]  
idaṃ  $\beta_\omega$  **13d siddhaiḥ** cett.] siddhiḥ  $\epsilon_2\epsilon_3$  **pradarśitā**  $\alpha_2\chi$ ] pradarśanā  $\alpha_1$  praśasyate cett.  
prajāyate  $\epsilon_2$  **14a mahā** cett.] mahān  $\eta_2$  **kleśādayo**  $\alpha_1\alpha_3\beta_2\beta_\omega\eta_1\eta_2\chi$ ] kleśā yato  $\gamma_2$  kleśa  
yato  $\gamma_1$  kleśāyātā  $\beta_1$  kleśā yathā  $\epsilon_2$  kleśa yathā  $\epsilon_3$  kleśā mahā  $\delta_1\delta_2$  **doṣā** cett.] doṣāḥ  $\eta_2\chi$   
doṣa  $\gamma_2$  **14b hiyante**  $\alpha_1$ ] hriyante  $\alpha_2$  kṣiyante  $\beta_\omega\eta_2\chi$  jiryante  $\alpha_3\beta_1\beta_2\Gamma\delta_1\delta_2\epsilon_3\eta_1$  jāyante  $\epsilon_2$   
**14c mudrām**  $\beta_1$   $\beta_2$   $\beta_\omega\epsilon_3\eta_2\chi$ ] mudrā[ś]  $\eta_1$  mudrā  $\alpha_1\alpha_3\Gamma\epsilon_2$  om.  $\delta_1\delta_2$  (Pādas c-d omitted) **ca**  
cett.] tu  $\alpha_1$  **tenaiva** cett.] tenai  $\gamma_1$  tenetām  $\epsilon_3$  om.  $\delta_1\delta_2$  **14d vibudho** cett.] vividho  $\gamma_2$   
om.  $\delta_1\delta_2$

<sup>3</sup>  $\delta_1\delta_2$  have a different order for the following 4 verses: 16 → 15 → 13 → 14.

$\epsilon_1$  is lost after ततः शनैः शनैः.

चन्द्राङ्गे तु समभ्यस्य सूर्याङ्गे पुनरभ्यसेत् ।  
यावत्तुल्या भवेत्संख्या ततो मुद्रां विसर्जयेत् ॥ (cd om. ε<sub>3</sub>) 3.15

न हि पथ्यमपथ्यं वा रसाः सर्वेऽपि नीरसाः ।  
अपि भुक्तं विषं घोरं पीयूषमिव जीर्यते ॥ 3.16

क्षयकुष्ठगुदावर्तगुल्माजीर्णपुरोगमाः ।  
तस्य दोषाः क्षयं यान्ति महामुद्रां तु योऽभ्यसेत् ॥ (om. β<sub>1</sub>) 3.17

कथितेयं महामुद्रा महासिद्धिकरी नृणाम्# ।  
गोपनीया प्रयत्नेन न देया यस्य कस्यचित् ॥ (om. β<sub>1</sub>) 3.18

अथ महाबन्धः ।

पार्ष्णिं वामस्य पादस्य योनिस्थाने नियोजयेत् ।  
वामोरूपरि संस्थाप्य दक्षिणं चरणं तथा ॥<sup>4</sup> (cd om. β<sub>1</sub>) 3.19

**15a candrāṅge** cett.] cāndrāṅge ṛ<sub>1</sub> candrāṅgaṃ ε<sub>2</sub> candrāṅsaṃ ḍ<sub>1</sub>ḍ<sub>2</sub> caṇḍrāṅśe β<sub>1</sub> **tu** cett.] ca β<sub>ω</sub>ṛ<sub>2</sub> **15b sūryāṅge** cett.] sūryāṅge\* ṛ<sub>1</sub> sūryāṅgaṃ ε<sub>2</sub> sūryāṅsaṃ ḍ<sub>1</sub>ḍ<sub>2</sub> **punar abhyaset** α<sub>1</sub>β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>Γṛ<sub>2</sub>Χ] **tu** samabhyaset ḍ<sub>1</sub>ḍ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub> \*ṣu samabhyaset ṛ<sub>1</sub> **15c tulyā** α<sub>1</sub>β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>Γε<sub>2</sub>ṛ<sub>1</sub>Χ] samkhyā ṛ<sub>2</sub> taylor ḍ<sub>1</sub>ḍ<sub>2</sub> om. ε<sub>3</sub> **bhavet** cett.] bhavat ṛ<sub>2</sub>ṛ<sub>1</sub> om. ε<sub>3</sub> **saṃkhyā** α<sub>1</sub>β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>Γṛ<sub>1</sub>Χ] samkṣā ε<sub>2</sub> tulyā ṛ<sub>2</sub> sāmyaṃ ḍ<sub>1</sub>ḍ<sub>2</sub> om. ε<sub>3</sub> **15d visarjayet** cett.] visaryayet ḍ<sub>1</sub> vivarjayet β<sub>1</sub>β<sub>ω</sub> om. ε<sub>3</sub> **16a na hi pathyam apathyam vā** cett.] nāpathyam na hi pathyam ca ṛ<sub>2</sub> na hi madhyam vā (3 akṣaras missing) ε<sub>2</sub> **16c api bhuktaṃ** cett.] api viṣaṃ β<sub>1</sub> ahimuktaṃ ε<sub>2</sub>ε<sub>3</sub> **viṣaṃ ghoram** cett.] viṣaṃ khāraṃ ṛ<sub>1</sub> ghora bhuktaṃ β<sub>1</sub> **16d piyūṣam** cett.] piyuṣaṃ β<sub>ω</sub> **iva** cett.] api β<sub>1</sub>ḍ<sub>2</sub> **jiryate** cett.] jiryati Γṛ<sub>2</sub> jirjyate ḍ<sub>1</sub> **17a kuṣṭha** cett.] kuṣṭhaṃ ṛ<sub>1</sub> **gudā** cett.] mudā ḍ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub> **17b gulmajīrṇa** cett.] gulmajīrṇa β<sub>2</sub> gulmapliha Γ **purogamāḥ** cett.] purogamā β<sub>ω</sub> jvarās tathā ḍ<sub>1</sub>ḍ<sub>2</sub> **17c tasya doṣāḥ** cett.] doṣāḥ sarve ṛ<sub>1</sub>ṛ<sub>2</sub> **17d tu yo'bhyaset** cett.] yo bhyaset ḍ<sub>2</sub> ca yo bhyaset β<sub>2</sub>ε<sub>3</sub> yomabhyaset β<sub>ω</sub> **18a kathiteyam** cett.] kathitoyam α<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub> **18b mahāsiddhikarī nṛṇām** (nṛṇā ε<sub>3</sub>ṛ<sub>1</sub>) α<sub>3</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>ṛ<sub>1</sub>ṛ<sub>2</sub>Χ] jarāmṛtyuvinaśīni α<sub>1</sub>β<sub>2</sub>Γḍ<sub>1</sub>ḍ<sub>2</sub> nṛṇām mṛtyuvinaśīni α<sub>2</sub> **18c gopaniyā** cett.] gopaniyam β<sub>ω</sub>ε<sub>2</sub> gopaniyam ṛ<sub>2</sub> **18d deya** cett.] deyam β<sub>ω</sub> **19 atha** cett.] om. Γḍ<sub>2</sub> **19a pārṣṇim** α<sub>1</sub>α<sub>3</sub>ḍ<sub>1</sub>ḍ<sub>2</sub>ε<sub>3</sub>ṛ<sub>1</sub>Χ] pārṣṇi β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>ṛ<sub>2</sub>ε<sub>2</sub>ṛ<sub>2</sub> yāṣi ṛ<sub>1</sub> **vāmasya** cett.] bhāgena ṛ<sub>2</sub> **19b niyojayet** cett.] yojayet ε<sub>2</sub> **19d dakṣiṇam** cett.] dakṣaṇam β<sub>ω</sub> **tathā** cett.] tataḥ ḍ<sub>3</sub>

<sup>4</sup> In ε<sub>2</sub>ε<sub>3</sub> this and the following two hemistiches are found after 3.22ab. Probably they were omitted by eye-skip due to नियोजयेत् and inserted at a wrong place.

पूरयित्वा मुखे वायुं हृदये चिबुकं दृढम् ।  
निभृत्य योनिमाकुञ्च्य मनो मध्ये नियोजयेत् ॥ (om.  $\beta_1$ ) 3.20

धारयित्वा यथाशक्ति रेचयेदनिलं शनैः ॥  
सव्याङ्गे च समभ्यस्य दक्षिणाङ्गे समभ्यसेत् ॥ (cd om.  $\Delta$ )<sup>5</sup> 3.21

मतमत्र तु केषांचित् कण्ठबन्धं विसर्जयेत् ।  
राजदन्तबिलं तत्र<sup>#</sup> जिह्वयोत्तम्भयेदिति ॥<sup>6</sup> (om.  $\alpha_1\alpha_2\Delta$ ) 3.22

अयं खलु महाबन्धो महासिद्धिप्रदायकः ।  
कालपाशमहाबन्धविमोचनविचक्षणः ॥<sup>7</sup> (cd om.  $\alpha_1$ ) 3.23

अयं च सर्वनाडीनामूर्ध्वगतिविबोधकः ।  
त्रिवेणीसङ्गमं धत्ते केदारं प्रापयेन्मनः<sup>#</sup> ॥ 3.24

**20a mukhe**  $\alpha_1\beta_2\Gamma\Delta$ ] tato  $\beta_\omega\eta_1\eta_2\chi$  tathā  $\varepsilon_2\varepsilon_3$  **vāyum** cett.] vāyu  $\beta_\omega\Gamma$  **20b cibukam** cett.] sasvanam  $\varepsilon_3$  svasanam  $\varepsilon_2$  **dr̥ḍham** cett.] tathā  $\beta_2$  **20c nibhṛtya**  $\alpha_1\beta_\omega$ ] nibhṛtam  $\beta_2$  nivṛtya  $\varepsilon_2\varepsilon_3$  niṣpīḍya  $\Gamma\delta_1\delta_3\eta_1\chi$  nipīḍya  $\delta_2$  nikṣīpya  $\eta_2$  **21a dhārayitvā yathāśakti**  $\beta_2\Gamma\eta_1\chi$ ] dhārayitvā yathāśakti  $\beta_1\beta_\omega\varepsilon_3\eta_2$  cālayitvā yathāśakti  $\varepsilon_2$  recayec ca śanair eva (tu for ca  $\delta_2$ )  $\alpha_1\alpha_2\Delta$  vased evam mahābandho  $\alpha_3$  **21b recayed anilaṃ śanaiḥ**  $\beta_1\beta_2\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\eta_2\chi$ ] recayec ca śanaiḥś śanaiḥ  $\alpha_3$  mahābandho'yam ucyate  $\alpha_1\alpha_2\Delta$  **21c ca samabhyasya**  $\alpha_1\alpha_2\gamma_2\varepsilon_2\varepsilon_3\eta_1\eta_2$ ] tu samabhyasya  $\chi$  pūrvam abhyasya  $\beta_1\beta_2\beta_\omega$  om.  $\gamma_1$  **21d dakṣiṇāṅge sam°**  $\beta_2\varepsilon_3\eta_1$ ] dakṣiṇāṅge ca sam°  $\alpha_1\alpha_2\varepsilon_2$  sam°  $\gamma_1$  dakṣiṇāṅge punar  $\alpha_3\beta_\omega\gamma_2\chi$  dakṣiṇāṅge punar  $\beta_1$  dakṣiṇe punar  $\eta_2$  **22a matam atra** cett.] matam etat  $\eta_1$  matāntare  $\beta_\omega$  matārettamamtra  $\eta_2$  tu cett.] ca  $\Gamma$  **22b kaṇṭha** cett.] kaṇṭhe  $\alpha_3\eta_2$  **bandham** cett.] bandha  $\beta_\omega$  yam  $\gamma_1$  **visarjayet**  $\alpha_3\beta_1\beta_\omega\varepsilon_2\varepsilon_3$ ] vivarjayet  $\eta_1\eta_2\chi$  tu varjayet  $\beta_2\Gamma$  **22c rājadantabalaṃ tatra**  $\beta_2$ ] rājadantabalaṃ jatra  $\beta_\omega$  virājamti bilaṃ tatra  $\beta_1$  rājadantabalaṃ haṃti  $\varepsilon_2\varepsilon_3$  rājadantadvayaṃ tatra  $\Gamma$  rājadantasthajihvāyā(m)  $\eta_1\chi$  rājadantasya jihvāyām  $\eta_2$  **22d jihvayottambhayed**  $\beta_2\varepsilon_2\varepsilon_3$ ] jihvayottambhaved  $\beta_\omega\Gamma$  jihvādaṃ staṃbhayed  $\beta_1$  bandhaś ca staṃbhayed  $\eta_1$  bandhaḥ śasto bhaved  $\eta_2\chi$  **iti**  $\beta_1\beta_2\beta_\omega\Gamma\varepsilon_2\varepsilon_3\chi$ ] dhitaḥ  $\eta_2$  dhi tat  $\eta_1$  **23a ayaṃ** cett. ( $\alpha_3$ )] asaṃ  $\alpha_2$  amuṃ  $\alpha_1$  **khalu** cett.] śalu  $\beta_\omega$  kila  $\eta_1\eta_2$  yogo  $\alpha_3$  yogī  $\alpha_2$  yoga  $\alpha_1$  **bandho** cett.] bandhaḥ  $\eta_2$  bandham  $\alpha_1$  **23b mahā** cett.] sahā  $\gamma_1$  sarva  $\eta_2$  **pradāyakaḥ** cett.] pradāyakam  $\alpha_1$  **23c pāśa** cett.] pāśam  $\gamma_1$  **bandha** cett.] bandho  $\alpha_2\gamma_1$  baddho  $\varepsilon_2$  **23d vimocana** cett.] mocayec ca  $\beta_\omega$  **vicakṣaṇaḥ** cett.] °na  $\beta_1$  °nam  $\beta_\omega$  kṛtakṣayaḥ  $\alpha_3$  **24a ca** cett.] tu  $\gamma_2\delta_2\delta_3\chi$  **24b ūrdhvaṃ** cett.] ūrdhva  $\alpha_1\eta_1\gamma_1\chi$  **gativibodhakaḥ**  $\alpha_1\beta_1\beta_\omega\varepsilon_3\eta_1\eta_2$ ] gatinibodhakaḥ  $\varepsilon_2$  gatinirodhakaḥ  $\chi$  gamanabodhakaḥ  $\beta_2\Gamma\Delta$  **24d prāpayen manaḥ** cett.] prāpaye naraḥ  $\eta_1$  prāpaye naraṃ  $\varepsilon_2$

<sup>5</sup>  $\alpha_1\alpha_2\alpha_3$  have this hemistich after 3.23.

<sup>6</sup> In  $\varepsilon_2\varepsilon_3$  the 2nd hemistich is found between 3.28 and 3.29.

<sup>7</sup>  $\chi$  has a different verse order: 3.24ab  $\rightarrow$  3.23abcd  $\rightarrow$  3.24cd.

रूपलावण्यसंपन्ना यथा स्त्री पुरुषं विना ।

महामुद्रामहाबन्धौ निष्फलौ वेधवर्जितौ ॥ (cd om.  $\epsilon_3$ )

3.25

अथ महावेधः । (om.  $\alpha_1\beta_1\delta_1$ )

महाबन्धस्थितो योगी कृत्वा पूरकमेकधीः ।

वायूनां गतिमावृत्य निभृतं<sup>#</sup> कण्ठमुद्रया ॥

3.26

समहस्तयुगो भूमौ स्फिजौ संताडयेच्छनैः ।

पुटद्वयं समाक्रम्य वायुः स्फुरति सत्वरं ।

बन्धेनानेन योगीन्द्रः साधयेत्सर्वमीप्सितम् ॥ (Γ)

3.27

सोमसूर्याग्निसंबन्धो<sup>#</sup> जायते चामृताय वै<sup>#</sup> ।

मृतावस्था समुत्पन्ना ततो मृत्युभयं कुतः<sup>#</sup> ॥

3.28

**25a sampannā** cett.] sampannam  $\eta_2$  sampatti  $\gamma_1$  samyuktā  $\delta_1$  **25b stri puruṣam** cett.] nārī patim  $\delta_1$  **25c bandhau**  $\beta_2\gamma_2\Delta\chi$ ] bandho  $\alpha_1\alpha_2\beta_1\beta_\omega\gamma_1\epsilon_2\eta_2$  bandha  $\eta_1$  om.  $\epsilon_3$  **25d niṣphalau**  $\gamma_2\Delta\eta_2\chi$ ] niṣphalo  $\beta_1\beta_2\gamma_1$  niṣkalaḥ  $\alpha_2$  niṣkalā  $\alpha_1$  mahābandham  $\epsilon_2$  mahāvedha(ṁ)  $\beta_\omega\eta_1$  om.  $\epsilon_3$  **vedhavarjitau**  $\beta_2\Gamma\Delta\chi$ ] vedhavarjitah  $\alpha_2\beta_1$  vedhavarttina  $\alpha_1$  vedhavarttitau  $\eta_2$  vinā tathā  $\epsilon_2\eta_1$  vināyathā  $\beta_\omega$  om.  $\epsilon_3$  **26 atha mahāvedhaḥ**  $\beta_\omega\epsilon_3\eta_2\chi$ ] found before 3.25  $\beta_2\delta_3\epsilon_2$  mahāvedhaḥ (found before 3.25)  $\Gamma\delta_2$  iti mahābandhaḥ  $\eta_1$  atha mahābandhaḥ (found after 3.26ab)  $\alpha_2$  om.  $\alpha_1\beta_1\delta_1$  **26a mahābandha**  $\alpha_1\alpha_3\epsilon_2\epsilon_3\eta_1\chi$ ] mahābandhaḥ (followed by a double daṇḍa and corrected to \*ved-haḥ)  $\gamma_2$  mahābandho  $\beta_1\gamma_1$  mahāvedhe  $\beta_2\Delta$  mahāvedha  $\beta_\omega\eta_2$  **sthitō** cett.] sthite  $\gamma_1$  sthitau  $\eta_2$  **26b ekadhiḥ**  $\beta_2\gamma_2\epsilon_3\eta_1\chi$ ] ekadhī  $\alpha_1$  edhaki  $\beta_1$  ekadhā  $\delta_1\epsilon_2$  ekadhaḥ  $\alpha_3$  ekayā  $\delta_2\delta_3$  eva dhiḥ  $\gamma_1$  eva dhi  $\beta_\omega$  eva ca dhā  $\alpha_2$  **26c vāyūnām**  $\beta_1\gamma_2\Delta\epsilon_3\chi$ ] vāyūnām  $\eta_1$  vāyūnā  $\alpha_1\alpha_2\alpha_3\beta_2\beta_\omega\gamma_1\epsilon_2\eta_2$  **gatim āvṛtya** cett. ( $\alpha_3$ )] gam āvṛtya  $\alpha_1$  gatim ākṛṣya  $\alpha_2\epsilon_3$  **26d mudrayā** cett.] mudrāyā  $\eta_2$  om.  $\gamma_1$  (jumped to pāda c after gamit) **27a samahasta** cett.] samahāsta  $\alpha_1$  samahastā  $\eta_2$  samahaste  $\gamma_1$  samau hasta  $\beta_2$  **yugo**  $\beta_1\beta_\omega\gamma_1\delta_1\eta_2\chi$ ] yugau  $\beta_2\gamma_2\delta_2\delta_3\epsilon_3\eta_1$  yuge  $\alpha_1\epsilon_2$  **27b sphijau**  $\alpha_1\beta_1\beta_\omega\gamma_2\Delta\eta_2$ ] sphicau  $\gamma_1\chi$  sphidau  $\eta_1$  sphitau  $\beta_2$  dvijāt  $\epsilon_2$  dvijā  $\epsilon_3$  **samtādayec** cett.] sam[c]ālayec  $\eta_1$  nutādayec  $\epsilon_3$  **27c puṭadvayaṁ** cett.] jamghāyutaadvayaṁ  $\gamma_1$  **samākramya** cett.] samākṛṣya  $\alpha_2\gamma_2\delta_3$  ākṛṣya  $\gamma_1$  atikramya  $\chi$  **27d vāyuh**  $\beta_2\gamma_2\Delta\eta_1\eta_2\chi$ ] vāyu  $\alpha_1\beta_1\beta_\omega\gamma_1\epsilon_2\epsilon_3$  **satvaram**  $\alpha_1\alpha_2\epsilon_2\eta_2$ ] ratvaram  $\beta_1$  tatvaram  $\beta_\omega$  tatparam  $\eta_1$  tatparah  $\beta_2$  madhyagaḥ  $\Gamma\delta_1\epsilon_3\chi$  madhyamaḥ  $\delta_2\delta_3$  **27e yogīndrah**  $\gamma_2$ ] yogīndra  $\gamma_1$  **28a sambandho**  $\epsilon_2\chi$ ] sambandhā  $\beta_\omega\eta_1$  sambandhāj  $\alpha_1\alpha_2\beta_1\beta_2\Gamma\eta_2$  samdhānam  $\Delta\epsilon_3$  **28b cāmṛtāya vai**  $\alpha_1\alpha_3\beta_1\chi$ ] cāmṛtāyate  $\beta_2\Gamma\epsilon_2\epsilon_3$  vāmṛtāyate  $\Delta$  cāmṛtāye vaiḥ  $\eta_1$  ca mṛtāya vai  $\beta_\omega$  ca mṛturjayaḥ  $\eta_2$  **28c mṛtāvasthā** cett.] mṛtāmasthā  $\gamma_1$  **samutpannā** cett.] samunnam«ta»t  $\alpha_3$  om.  $\gamma_1$  **28d mṛtyubhayaṁ kutah**  $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\gamma_2\Delta\epsilon_2$ ] vāyūṁ virecayet  $\epsilon_3\eta_1\eta_2\chi$  vāyūṁ + + + +  $\alpha_3$  vāyūṁ nirundhayet kumbhakena  $\gamma_1$

महावेधोऽयमभ्यासान्महासिद्धिप्रदायकः ।  
वलीपलितवेप॑घ्नः सेव्यते साधकोत्तमैः ॥ 3.29

एतत्त्रयं महागुह्यं जरामृत्युविनाशनम् ।  
वह्निवृद्धिकरं चैव अणिमादिगुणप्रदम् ॥ 3.30

अष्टधा क्रियते चैतद्यामे यामे दिने दिने ।  
पुण्यसंभारसम्भावि पापौघभिदुरं सदा ॥ 3.31

सम्यक्शिक्षावतामेव स्वल्पं प्रथमसाधने ।  
वह्निस्त्रीपथसेवानामादौ वर्जनमादिशेत् ॥<sup>8</sup> (cd om.  $\chi$ )<sup>9</sup> 3.32

अथ खेचरी ।

नासनं सिद्धसदृशं न कुम्भं केवलोपमम् ।  
न खेचरीसमा मुद्रा न नादसदृशो लयः ॥ ( $\Omega$ ) [= 1.43] 3.32\*1

**29a mahāvedho** cett.] mahābamdho  $\varepsilon_3$  **abhyāsān**  $\alpha_1\beta_2\beta_\omega\gamma_2\delta_2\delta_3\eta_2\chi$ ] abhyāsāt  $\beta_1\gamma_1$  anabhyāsān  $\delta_1$  abhyāso  $\eta_1$  abhyasto  $\varepsilon_2\varepsilon_3$  **29b mahā** cett.] sarva  $\gamma_1$  **29c valī** cett.] valita *unm.*  $\eta_2$  vali  $\gamma_1\eta_1$  **palita** cett.] palita  $\gamma_2$  **vepa**  $\chi$ ] vedha  $\alpha_1\beta_1\beta_2\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1$  vega  $\Delta$  bandha  $\eta_2$  **ghnaḥ** cett.] ghnām  $\alpha_1\beta_\omega$  ghna  $\gamma_1$  **29d sādhakottamaiḥ** cett.] sādhakottamam  $\beta_\omega$  **30a etat trayam mahā** cett.] mahāmudrātrayam  $\varepsilon_3$  mahāmudrātrayatram *unm.*  $\eta_1$  mahavedhābhayam  $\alpha_3$  **guhyam**  $\alpha_1\alpha_3\beta_1\beta_2\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\chi$ ] guptam  $\Delta$  mudrā  $\eta_2$  **30b vināśanam** cett.] vināśini  $\eta_2$  **30c caiva**  $\alpha_1\beta_2\Gamma$ ] caivam  $\beta_1\beta_\omega\varepsilon_2\varepsilon_3\eta_2$  caiva hy  $\chi$  caitad  $\Delta$  viśvam  $\eta_1$  **30d guṇa** cett.] gaṇa  $\varepsilon_2$  **pradam** cett.] pradi  $\gamma_1$  **31a caitad**  $\alpha_1\beta_2$ ] caiva  $\Delta\varepsilon_2\chi$  caivam  $\beta_1\Gamma$  caikam  $\beta_\omega\eta_1\eta_2$  caika  $\varepsilon_3$  **31b yāme yāme** cett.] yāmayāme  $\varepsilon_3$  yāmam yamām  $\eta_1$  **31c puṇya** cett.] puṇyam  $\varepsilon_3$  sarva  $\eta_2$  **sambhāra**  $\alpha_1\gamma_2\Delta\varepsilon_2\chi$ ] sahāra  $\beta_\omega$  saṃcāra  $\eta_1\eta_2$  saṃsāra  $\varepsilon_3$  saṃdhāta  $\beta_1$  saṃdhāna  $\beta_2$  saṃcaya  $\alpha_3$  *om.*  $\gamma_1$  **sambhāvi**  $\alpha_3\beta_\omega\Gamma\varepsilon_2$ ] sambhāvi  $\alpha_1\alpha_2$  sabhāvi  $\eta_1$  saṃdhāyi  $\beta_2\varepsilon_3\chi$  saṃdhāyi  $\eta_2$  saṃdhira  $\beta_1$  sampādi  $\Delta$  **31d pāpaugha** cett.] pāprogha  $\gamma_2$  padhau\_dhava  $\gamma_1$  **bhiduraṃ sadā** cett.] vidhuraṃ tathā  $\alpha_3$  **32a śikṣāvatām** cett.] śikṣāvatā  $\beta_2$  śiṣyāvatām  $\alpha_2\varepsilon_2$  jijñāsātām  $\eta_2$  **eva**  $\alpha_2\beta_1\Gamma\Delta\varepsilon_3$ ] evam  $\alpha_1\beta_\omega\varepsilon_2\eta_1\eta_2\chi$  bhavyam  $\beta_2$  **32b sādhanē**  $\alpha_2\beta_1\beta_2\gamma_1\Delta\varepsilon_2\varepsilon_3\eta_1$ ] sādhanaiḥ  $\alpha_1$  sādhanam  $\beta_\omega\gamma_2\eta_2\chi$  **32c sevānām** cett.] sevācanām  $\varepsilon_2$  sevānām  $\eta_2$  sevānam  $\eta_1$  sevenam  $\gamma_1$  *om.*  $\chi$  **32d ādiśet**  $\alpha_1\alpha_2\beta_1\beta_2\varepsilon_2\varepsilon_3\eta_1$ ] ādrīsyet  $\beta_\omega$  ācāret  $\Gamma\Delta\eta_2$  *om.*  $\chi$  **33 atha** cett.] *om.*  $\Gamma\delta_2$  **32\*1b kumbham** *em.*] kumbha  $\beta_\omega\varepsilon_\omega\eta_\omega$  kuṃbhaka  $\delta_\omega$  **kevalopamam** *em.*] kevalokanam  $\beta_\omega\eta_\omega$  sadrīso nilaḥ  $\varepsilon_\omega$  samonilaṃ  $\delta_\omega$

<sup>8</sup>  $\Gamma$  adds here: महासुद्रा महाबन्धो महावेधश्च नित्यशः । एतत्त्रयं प्रयत्नेन चतुर्वारं करोति यः । षण्मासाभ्यन्तरे मृत्युं जयत्येव न संशयः ॥ (= Śivasamhitā xx)

<sup>9</sup>  $\chi$  has this line just after 1.60.

छेदनचालनदोहैः कलां क्रमेण प्रवर्धयेत्तावत् ।  
सा यावद्भूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥<sup>10</sup>

3.33

सुहीपत्तनिभं शस्त्रं सुतीक्ष्णं स्निग्धनिर्मलम् ।  
समादाय ततस्तेन रोममात्रं समुच्छिदेत् ॥ ( $\epsilon_3\Omega\chi$ )

3.33\*1

कृत्वा सैन्धवपथ्यादिचूर्णिताभ्यां प्रघर्षयेत् ।  
पुनः सप्तदिने प्राप्ते रोममात्रं समुच्छिदेत् ॥ ( $\epsilon_3\Omega\chi$ )

3.33\*2

एवं क्रमेण षण्मासं नित्ययुक्तं समाचरेत् ।  
षण्मासाद्रसनामूलशराबन्धं विनश्यति ॥ ( $\epsilon_3\Omega\chi$ )

3.33\*3

अथ वागीश्वरीधाम शिरो वस्त्रेण वेष्टयेत् ।  
शनैरुत्कर्षयेद्योगी कालवेलाविधानवित् ॥ ( $\Omega$ )

3.33\*4

**33a chedana**  $\alpha_2\beta_1\beta_\omega\gamma_1\delta_1\delta_3\delta_\omega\epsilon_3\eta_1\chi$ ] chedanam  $\eta_2\epsilon_\omega\eta_\omega$  chedanais  $\beta_2$  khedana  $\delta_2$  bhedana  $\alpha_3$  vedana  $\epsilon_2$  rasanā  $\gamma_2$  *damaged*  $\alpha_1$  **cālanadohaiḥ**  $\beta_1\gamma_2\Delta\delta_\omega\epsilon_2\epsilon_3\eta_1\chi$ ] cāladadohaiḥ  $\gamma_1$  cālanam doham  $\epsilon_\omega$  cālanam dohaiḥ  $\alpha_2$  cālanam dohau  $\beta_\omega\eta_2\eta_\omega$  cālanair dāsyai  $\beta_2$  pādanadoṣaiḥ  $\alpha_3$  *damaged*  $\alpha_1$  **kalām**  $\beta_1\beta_2\gamma_2\epsilon_2\eta_1\chi$ ] kalām  $\gamma_1$  kalāḥ  $\alpha_1\epsilon_\omega$  kalā  $\alpha_2\alpha_3\beta_\omega\eta_\omega$  kālā  $\eta_2$  jihvām  $\Delta\delta_\omega$  krameṇa  $\epsilon_3$  **krameṇa**  $\alpha_1\beta_1\beta_2\beta_\omega\epsilon_2\eta_1\eta_2\eta_\omega\epsilon_\omega$ ] krameṇa  $\alpha_2$  krameṇātha  $\chi$  jihvām  $\epsilon_3$  tu  $\Gamma$  vai  $\Delta$  *om.*  $\alpha_3\delta_\omega$  **pravardhayet**  $\alpha_2\beta_1\epsilon_3\eta_1\eta_2$ ] samvardhayet  $\Gamma\delta_\omega$  vardhayet  $\alpha_1\alpha_3\beta_2\beta_\omega\Delta\epsilon_2\epsilon_\omega\eta_\omega\chi$  **tāvat**  $\alpha_2\beta_1\beta_2\gamma_2\Delta\delta_\omega\epsilon_2\epsilon_3\chi$ ] tāt  $\eta_2$  kramaśaḥ  $\alpha_3$  *om.*  $\alpha_1\beta_\omega\gamma_1\eta_1\epsilon_\omega\eta_\omega$  **33b sā yāvad**  $\alpha_1\alpha_2\beta_1\beta_2\epsilon_3\eta_1\eta_2\chi$ ] yāvad iyaṁ  $\Gamma\Delta\delta_\omega$  yāvad  $\beta_\omega\epsilon_\omega\eta_\omega$  yā  $\alpha_3$  sā  $\epsilon_2$  **bhrūmadhyaṁ** cett.] bhrūmadhya  $\delta_1\eta_1$  sprśati  $\epsilon_\omega$  **sprśati** cett. ( $\alpha_3$ )] sparśati  $\gamma_1$  visati  $\alpha_2$  viśa  $\alpha_1$  bhrūmadhyaṁ  $\epsilon_\omega$  **tadā khecarisiddhiḥ**  $\Gamma\delta_3\delta_\omega\epsilon_3\eta_2\chi$ ] tadāniṁ khecarisiddhiḥ (tadāni  $\alpha_2\beta_1\beta_2$ )  $\alpha_1\alpha_2\beta_1\beta_2\beta_\omega\eta_\omega$  tadāniṁ hi khecarisiddhiḥ  $\epsilon_2$  tadāni siddhiḥ  $\eta_1$  tadā sidhyati khecarī  $\epsilon_\omega$  tadā khecarī bhavati  $\delta_1$  **33\*1a snuhi**  $\delta_\omega\chi$ ] snuhi  $\epsilon_3\epsilon_\omega\eta_\omega$  snuhi  $\beta_\omega$  **33\*1d samucchidet**  $\beta_\omega\epsilon_\omega$ ] samucchinet  $\epsilon_3\eta_\omega\chi$  samucchiṁdyāt  $\delta_\omega$  **33\*2a kṛtvā**  $\epsilon_3\Omega$ ] tataḥ  $\chi$  **saindhavapathyādi**  $\beta_\omega\epsilon_\omega\eta_\omega\delta_\omega$ ] saindhavapathyābhyām  $\chi$  saindhavapakṣyādi  $\epsilon_3$  **33\*2c punaḥ**  $\epsilon_3\beta_\omega\eta_\omega\delta_\omega\chi$ ] tataḥ  $\epsilon_\omega$  **33\*2d samucchidet**  $\beta_\omega\epsilon_\omega\eta_\omega$ ] samucchinet  $\chi$  punaḥ chidet  $\epsilon_3$  samutthiyāt  $\delta_\omega$  **33\*3a śaṇmāsam**  $\beta_\omega\epsilon_\omega\delta_\omega\chi$ ] śaṇmāse  $\eta_\omega$  śaṇmāsān  $\epsilon_3$  **33\*3b nitya**  $\beta_\omega\delta_\omega\epsilon_3\epsilon_\omega$ ] nityam  $\chi$  netya  $\eta_\omega$  **yuktaṁ**  $\beta_\omega\epsilon_3\epsilon_\omega\eta_\omega$ ] yuktaḥ  $\chi$  muktaṁ  $\delta_\omega$  **33\*3c śaṇmāsād**  $\Omega\chi$ ] śaṇmāse  $\epsilon_3$  **mūla**  $\beta_\omega\epsilon_\omega\eta_\omega\delta_\omega\chi$ ] mūlam  $\epsilon_3$  **33\*3d śarābandham**  $\beta_\omega$ ] śarābandham  $\delta_\omega$  śarābadho  $\eta_\omega$  śarābandhaḥ  $\epsilon_3\chi$  śarābandho  $\epsilon_\omega$  **vinaśyati**  $\Omega$ ] praṇaśyati  $\epsilon_3\chi$  **33\*4d vidhānavit**  $\beta_\omega\delta_\omega$ ] vidhānataḥ  $\epsilon_\omega\eta_\omega$

<sup>10</sup> The metre is Āryā.

$\Gamma\Delta$  (Upagiti): छेदनचालनदोहैः कलां तु संवर्धयेत्तावत् । यावदियं भूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥  
 $\epsilon_2\epsilon_3$  (Giti?): छेदनचालनदोहैः कलां क्रमेण (प्र)वर्धयेत्तावत् । सा यावद्भूमध्यं स्पृशति तदानीं हि खेचरीसिद्धिः ॥  
 $\beta_\omega$  (Anuṣṭubh): छेदनं चालनं दोहौ कलाक्रमेण वर्धयेत् । यावद्भूमध्यं स्पृशति तदानीं खेचरीसिद्धिः (!) ॥



वितस्तिप्रमितं दैर्घ्यं विस्तारं चतुरङ्गुलम् । मृदुलं धवलं प्रोक्तं वेष्टिताम्बरलक्षणम् ॥ (Ω) [= 3.96*2]	3.33*5
पुनः षण्मासमात्रेण पुनः संकर्षणात्प्रिये । भ्रूमध्यावधि वर्धेत तिर्यक्कर्णबिलावधि ॥ (Ω)	3.33*6
अधस्ताच्चिबुकं मूलं प्रयाति क्रमकारिता । क्रोशादूर्ध्वं च क्रमति तिर्यक्संख्यावधि प्रिये ॥ (Ω)	3.33*7
पुनः संवत्सरोद्देवि द्वितीया चैव लीलया । ब्रह्मरन्धान्तमावृत्य तिष्ठेत्परमवन्दिते ॥ (Ω)	3.33*8
स्वतालुमूलं संघृष्य सप्तवासरमात्मनि । स्वगुरूक्तप्रकारेण मलं सर्वं विशोषयेत् ॥ (Ω)	3.33*9
अङ्गुल्यग्रेण संघृष्य जिह्वां तत्र निवेशयेत् । शनैः शनैर्मस्तकाच्च महावज्रकपाटभित्ति ॥ (Ω)	3.33*10
पूर्वबीजयुतां विद्यां व्याख्यातामतिदुर्लभाम् । अस्याः षडङ्गं कुर्वीत तया षट्क्रभिन्नया ॥ (Ω)	3.33*11
खे निरस्तसकलक्रियाक्रमे या चितिश्वरति शाश्वतोदये । सा शिवत्वसमवायकारिणी खेचरी च भवखेदहारिणी ॥ (Ω)	3.33*12
क्रमेणैव प्रकर्तव्याभ्यासेन वरवर्णिनि । युगपद्यतते तस्य शरीरं विलयं व्रजेत् ॥ (Ω)	3.33*13

**33\*5a** pramitaṃ β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] pratima η<sub>ω</sub> **dairghyam** β<sub>ω</sub>η<sub>ω</sub>] dairghye ε<sub>ω</sub>δ<sub>85</sub> dairghya δ<sub>85</sub> **33\*5b** vistāraṃ β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] vistāre ε<sub>ω</sub> **33\*5d** veṣṭitāmbara β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] veṣṭitādhāra ε<sub>ω</sub>  
**33\*7a** cibukaṃ mūlaṃ ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] cibukamūla β<sub>ω</sub> **33\*7b** kramakāritā β<sub>ω</sub>δ<sub>ω</sub>] kramakāritāḥ ε<sub>ω</sub> tramakārikā η<sub>ω</sub> **33\*7c** ca β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] om. ε<sub>ω</sub> **kramati** β<sub>ω</sub>η<sub>ω</sub>] krāmati δ<sub>ω</sub> kramati ε<sub>ω</sub>  
**33\*7d** saṃkhyā β<sub>ω</sub>δ<sub>ω</sub>] saṃsthā ε<sub>ω</sub>η<sub>ω</sub> **33\*8c** randhrāntam β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] raṃdhraṃ tam η<sub>ω</sub>  
**33\*8d** tiṣṭhet β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] viṣṭaitet η<sub>ω</sub> **paramavandite** β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] paramavidite η<sub>ω</sub> **33\*11a** bīja ε<sub>ω</sub>η<sub>ω</sub>] vīya β<sub>ω</sub> vīrya δ<sub>ω</sub> **33\*11b** vyākhyātām ati β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] vikhyātām api ε<sub>ω</sub> **33\*11c** ṣaḍaṅ- gaṃ β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] ṣaḍaṅghva η<sub>ω</sub> **33\*12a** nirasta β<sub>ω</sub>δ<sub>ω</sub>] cirasta η<sub>ω</sub> lirasta ε<sub>ω</sub> **33\*12b** yā citiś carati em. (cf. Yoginīhṛdaya)] yācitas carati η<sub>ω</sub> yā cittaś carati β<sub>ω</sub> °ṇa cittaś carati δ<sub>ω</sub> cittam ācarati ε<sub>ω</sub> **33\*12c** samavāya β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] samavāyi δ<sub>ω</sub> **kāriṇī** ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] kariṇī β<sub>ω</sub> **33\*12d** ca bhava β<sub>ω</sub>η<sub>ω</sub>] {{ca}} bhavati δ<sub>ω</sub> bhavati ε<sub>ω</sub> **33\*13a** prakartavyā β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] pravartavyā δ<sub>ω</sub> **33\*13b** varṇini β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] varṇini δ<sub>ω</sub> **33\*13c** yatate β<sub>ω</sub>η<sub>ω</sub>δ<sub>85</sub>] yatete δ<sub>85</sub> utpadyate ε<sub>ω</sub> **ta-** sya β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] samyak ε<sub>ω</sub>

तस्माच्छनैः शनैः कार्योऽभ्यासो न युगपत्प्रिये ।

एवं वर्षत्रयं कृत्वा ब्रह्मद्वारं विशेद्भुवम् ॥ (Ω)

3.33\*14

सद्वक्राणि विभिद्य शक्तिभुजर्गी प्रोत्थाप्य मूलस्थितां

भित्त्वा ग्रन्थित्रयं च पश्चिमशिराप्राकाररूपं महत् ।

नीत्वा प्राणमतः शिरोबिलमलं निर्मथ्य चित्तेन तत्

लिङ्गं यः पिबतीन्दुमण्डलगलन्मुक्तः स साक्षाच्छिवः ॥ (Ω)

3.33\*15

नित्यं यस्तूर्ध्वजिह्वो यदि पिबति पुमान्सप्तधाराभृतौघं

सुस्वादं शीतलाङ्गं दुरितभयहरं क्षुत्पिपासानिवारि ।

पिण्डस्थैर्यं हि तस्माद्भवति मृतपथा मृत्युरोगाद्भवन्ति

दौर्भाग्यं याति नाशं प्रसरति सकलं याति कालं भ्रमित्वा ॥ (Ω)

3.33\*16

तीक्ष्णकं हरते व्याधिं कटुकं कुष्ठनाशनम् ।

घृतस्वादूपमं चैव अमरत्वं लभेद्भुवम् ॥ (Ω)

3.33\*17

मधुस्वादूपमं चैव शास्त्रमुद्गिरते बहु ।

लङ्घुषण्डकपाद्यानि पक्वान्नानि अनेकशः ॥ (Ω)

3.33\*18

दिव्यकल्पं रमेन्नित्यं उत्कृष्टो जायते ध्रुवम् ।

तन्मयत्वमवाप्नोति कोशकारीव कीटकः ॥ (Ω)

3.33\*19

**33\*14b** 'bhyāso na β<sub>ω</sub>δ<sub>ω</sub>] bhyāsena ε<sub>ω</sub>η<sub>ω</sub> priye β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] kriye ε<sub>ω</sub> **33\*14c** evaṃ ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] eva β<sub>ω</sub> **33\*14d** viśed ε<sub>ω</sub>δ<sub>ω</sub>] vaśed η<sub>ω</sub> biśe β<sub>ω</sub> **33\*15a** vibhidya β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] vibhedya ε<sub>ω</sub> **bhujagīm** ε<sub>ω</sub>δ<sub>ω</sub>] bhujamgi β<sub>ω</sub> bhujamgīm η<sub>ω</sub> **protthāpya** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] protthāya δ<sub>ω</sub> **33\*15b** śirā β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] śirām ε<sub>ω</sub> **rūpaṃ** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] rūpām ε<sub>ω</sub> **33\*15c** tat β<sub>ω</sub>ε<sub>ω</sub>] tal η<sub>ω</sub>δ<sub>ω</sub> **33\*15d** pibati ε<sub>ω</sub>δ<sub>ω</sub>] pibate β<sub>ω</sub>η<sub>ω</sub> **muktaḥ sa śākṣācchivaḥ** β<sub>ω</sub>ε<sub>ω</sub>] muktaś ca śākṣācchivaḥ δ<sub>ω</sub> muktaḥ kṣamāddhivaḥ η<sub>ω</sub> **33\*16a** yas tūrdhva β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] yasphūrja δ<sub>ω</sub> **jihvo yadi** ε<sub>ω</sub>] jihvo-gradī β<sub>ω</sub> jihvāgrayaḥ δ<sub>ω</sub> jihvā yadi η<sub>ω</sub> **taughaṃ** β<sub>ω</sub>ε<sub>ω</sub>] tauṣaṃ η<sub>ω</sub> tauccaṃ δ<sub>ω</sub> **33\*16b** susvādaṃ β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] su[kha]daṃ δ<sub>ω</sub> **33\*16c** mṛtapathā ε<sub>ω</sub>η<sub>ω</sub>] mṛtayathā β<sub>ω</sub> mṛtaṃ yathā δ<sub>ω</sub> **rogād** β<sub>ω</sub>δ<sub>ω</sub>] rogod ε<sub>ω</sub> śeśād η<sub>ω</sub> **bhavanti** β<sub>ω</sub>η<sub>ω</sub>] bhavati δ<sub>ω</sub> bhavaṃtu ε<sub>ω</sub> **33\*16d** daurbhāgyaṃ ε<sub>ω</sub>δ<sub>ω</sub>] daurbhyāgyaṃ β<sub>ω</sub>η<sub>ω</sub> **kālaṃ** β<sub>ω</sub>η<sub>ω</sub>] kālo ε<sub>ω</sub>δ<sub>ω</sub> **33\*17a** tikṣṇakaṃ ε<sub>ω</sub>δ<sub>ω</sub>] tikṣṇake β<sub>ω</sub> tikṣṇako η<sub>ω</sub> **harate** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] harati ε<sub>ω</sub> **33\*17b** kaṭukaṃ kuṣṭhanāśanam β<sub>ω</sub>δ<sub>ω</sub>] kaṭutvaṃ kuṣṭhanāśanam ε<sub>ω</sub> kaṭukuṭivinaśanam η<sub>ω</sub> **33\*17c** ghrta β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] dhṛtvā η<sub>ω</sub> **33\*17d** labhed β<sub>ω</sub>ε<sub>ω</sub>] labhate η<sub>ω</sub>δ<sub>ω</sub> **33\*18b** udgirate β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] udgirati δ<sub>ω</sub> **bahu** ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] bahuḥ β<sub>ω</sub> **33\*18c** laḍḍu ε<sub>ω</sub>] laḍu β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub> **śaṇḍakapādyāni** β<sub>ω</sub>η<sub>ω</sub>] khaṇḍakapādyāni δ<sub>ω</sub> piṇḍakakhādyāni ε<sub>ω</sub> **33\*18d** pakvānnāni β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] pakvānyanmāny ε<sub>ω</sub> **33\*19a** kalpaṃ β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] kalpai ε<sub>ω</sub> **ramen** cett.] racen ε<sub>ω</sub> kṛḍen δ<sub>ω</sub> **33\*19d** kośakāriva δ<sub>ω</sub>] kauśakāriva β<sub>ω</sub> kośakāri ca ε<sub>ω</sub> kauṣṭakāriva η<sub>ω</sub>

कपालकुहरे जिह्वा प्रविष्टा विपरीतगा ।  
भ्रुवोरन्तर्गता दृष्टिमुद्रा भवति खेचरी ॥<sup>11</sup> 3.34

कलां पराङ्मुखीं कृत्वा त्रिपथे परिवर्तयेत् ।  
सा भवेत्खेचरी मुद्रा व्योमचक्रं तदुच्यते ।  
रसनामूर्ध्वगां कृत्वा<sup>12</sup> क्षणार्धं यदि तिष्ठति ।  
क्षणेन मुच्यते योगी व्याधिमृत्युजरादिभिः ॥ (om. α<sub>1</sub>) 3.35

न रोगो मरणं तस्य न निद्रा न क्षुधा तृषा ।  
न च मूर्छा भवेत्तस्य यो मुद्रां वेत्ति खेचरीम् ॥<sup>13</sup> 3.36

पीड्यते न स रोगेण लिप्यते न च कर्मणा ।  
बाध्यते न च कालेन यो मुद्रां वेत्ति खेचरीम् ॥ (om. <??>) 3.37

चित्तं चरति खे यस्माज्जिह्वा चरति खे गता ।  
तेनैषा खेचरी नाम मुद्रा सिद्धैर्नमस्कृता ॥ (om. γ<sub>1</sub>) [= 4.8\*10] 3.38

**34a** kuhare cett.] vivare β<sub>1</sub> **34b** praviṣṭā viparitagā cett.] pra + + + + + α<sub>1</sub> **34c** antargatā cett.] aṃtagatā α<sub>1</sub> madhagatā β<sub>1</sub> madhye gatā β<sub>2</sub> **drṣṭir** cett.] drṣṭi α<sub>1</sub>β<sub>1</sub>γ<sub>1</sub>ε<sub>3</sub> **34d** khecarī cett.] carī η<sub>1</sub> **35a** kalām cett.] kalā α<sub>3</sub>γ<sub>1</sub> kālām η<sub>2</sub> **parāṇmukhīm** β<sub>1</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] parāṇ-  
mukhī α<sub>3</sub>β<sub>ω</sub>Γδ<sub>3</sub>η<sub>2</sub> avāṇmukhī β<sub>2</sub> **kṛtvā** α<sub>3</sub>β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Δε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] kṛtya η<sub>2</sub> nitvā Γ **35b** tripathe β<sub>ω</sub>Δε<sub>3</sub>χ] tripatham ε<sub>2</sub> tripatha β<sub>2</sub> tripātha β<sub>1</sub> **parivartayet** ε<sub>3</sub>] parivarjayet β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>δ<sub>1</sub>ε<sub>2</sub> pari-  
vardhayet δ<sub>2</sub>δ<sub>3</sub> pariyojayet χ **35c** sã β<sub>1</sub>β<sub>2</sub>Δε<sub>2</sub>ε<sub>3</sub>χ] sa β<sub>ω</sub> **bhavet khecarī** β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>δ<sub>2</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>χ] bhat ṣecarī δ<sub>1</sub> **35f** yadi cett.] api η<sub>2</sub>χ **35g** kṣaṇena α<sub>3</sub>β<sub>ω</sub>γ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] kṣaṇe [ca] γ<sub>1</sub> viṣayair Δ viṣair vi° β<sub>1</sub>χ duḥkhair vi° β<sub>2</sub> **yogī** cett.] om. γ<sub>2</sub> **35h** vyādhi cett.] vyādhijanma γ<sub>2</sub> **36a** rogo cett.] roga η<sub>1</sub> rogān η<sub>2</sub> **tasya** cett.] tandrā χ **36b** kṣudhā tṛṣā cett.] kṣudhā nandaṭ δ<sub>3</sub> tṛṣā kṣudhā (trkhā δ<sub>1</sub>) β<sub>2</sub>δ<sub>1</sub> **36c** ca cett.] bhra β<sub>ω</sub> om. δ<sub>3</sub> **bhavet** cett.] bhava η<sub>2</sub> tu bhavet δ<sub>3</sub> **tasya** cett.] ta + α<sub>1</sub> **36d** yo mudrām vetti cett.] damaged α<sub>1</sub> **khecarīm** α<sub>3</sub>γ<sub>2</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] khecarī α<sub>1</sub>β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>γ<sub>1</sub>δ<sub>3</sub> **37a** piḍyate α<sub>1</sub>α<sub>3</sub>β<sub>1</sub>χ] bādhyate β<sub>2</sub>β<sub>ω</sub>η<sub>2</sub> chādyate η<sub>1</sub> **sa** β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ] ca α<sub>1</sub>α<sub>2</sub>α<sub>3</sub>β<sub>1</sub>β<sub>2</sub> **37b** lipyate na ca α<sub>3</sub>χ] lipyate na sa β<sub>2</sub>β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub> na ca lipyati α<sub>2</sub>β<sub>1</sub> na ca lipyati α<sub>1</sub> **37c** bādhyate α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ] bhidyate α<sub>3</sub> khādyate β<sub>2</sub> **ca** α<sub>1</sub>α<sub>2</sub>α<sub>3</sub>β<sub>1</sub>] sa β<sub>2</sub>β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ **37d** yo mudrām vetti α<sub>1</sub>β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>η<sub>2</sub>χ] yasya mudrāsti η<sub>1</sub> **khecarīm** α<sub>1</sub>η<sub>2</sub>χ] khe-  
carī β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>η<sub>1</sub> **38a** cittam cett.] citte δ<sub>1</sub> ci + α<sub>1</sub> **carati khe** cett.] damaged α<sub>1</sub> **yasmāj** cett.] yasyā β<sub>ω</sub> + .āj α<sub>1</sub> **38b** gatā cett.] yadā β<sub>1</sub> **38c** tenaiṣā α<sub>1</sub>β<sub>1</sub>ε<sub>3</sub>χ] tenaiva β<sub>ω</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub> teneyam β<sub>2</sub>γ<sub>2</sub>Δ **nāma** α<sub>1</sub>β<sub>1</sub>ε<sub>3</sub>χ] mudrā cett. **38d** mudrā α<sub>1</sub>β<sub>1</sub>ε<sub>3</sub>χ] sarva β<sub>2</sub>β<sub>ω</sub>γ<sub>2</sub>Δε<sub>2</sub>η<sub>1</sub>η<sub>2</sub> damaged α<sub>3</sub> **siddhair namaskṛtā** cett.] siddhir nigadyate α<sub>3</sub>

<sup>11</sup> χ has this verse at the very beginning of the Khecarī-section.

<sup>12</sup> The Pādas in grey scale are not found in Γη<sub>1</sub>η<sub>2</sub>, but in β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Δε<sub>2</sub>ε<sub>3</sub>χ. α<sub>1</sub> omits the whole verse. α<sub>2</sub>α<sub>3</sub> have this verse without the grey-scaled part.

<sup>13</sup> In γ<sub>2</sub> this verse is found after 3.38.

खेचर्या मुद्रितं येन विवरं लम्बिकोर्ध्वतः ।

तस्य न क्षरते बिन्दुः कामिन्याश्छेषितस्य च ॥

3.39

चलितोऽपि यदा बिन्दुः संप्राप्तो योनिमण्डलम् ।

व्रजत्यूर्ध्वं हतः शक्त्या<sup>#</sup> निबद्धो योनिमुद्रया ॥<sup>14</sup>

3.40

कपालकुहरे जिह्वा कलासंधानमुद्रया । ( $\alpha_1\alpha_3\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3$ )

3.40\*1

ऊर्ध्वजिह्वः स्थितो भूत्वा सोमपानं करोति यः ।

मासार्धेन न संदेहो मृत्युं जयति योगवित् ॥

3.41

नित्यं सोमकलापूर्णं शरीरं यस्य योगिनः ।

तक्षकेणापि दृष्टस्य विषं तस्य न सर्पति ॥<sup>15</sup> (om.  $\alpha_1\alpha_2$ )

3.42

**39a** *khecaryā* cett.] *khecaryām*  $\beta_\omega$  **mudritam** cett.] *mudritā*  $\alpha_3\beta_2$  **39b** *vivaram* cett.] *viviram*  $\delta_2$  *vicaran/ram*  $\beta_1\beta_2\eta_1$  **lambikordhvataḥ** cett. ( $\alpha_3$ )] *lampikordhvataḥ*  $\delta_2\delta_3$  *damaged*  $\alpha_1$  **39c** *tasya na*  $\alpha_3\beta_1\beta_2\beta_\omega\gamma_1\epsilon_2\epsilon_3\eta_1\eta_2$ ] + [s]ya na  $\alpha_1$  na *tasya*  $\gamma_2\Delta\chi$  **39d** *śleṣitasya* cett.] *saṃślitasya*  $\beta_1$  *liṅgitasya*  $\Gamma\delta_2$  *liṅgitena*  $\beta_2$  **40a** *calito* cett.] *calitā*  $\gamma_1$  *calate*  $\delta_1$  *calato*  $\alpha_1$  *patito*  $\beta_2$  **40b** *samprāpto*  $\alpha_1\beta_1\beta_2\delta_2\delta_3\epsilon_2\epsilon_3\eta_1\chi$ ] *samprāptaś*  $\beta_\omega\Gamma\delta_1\eta_2$  **yonimaṇḍalam**  $\alpha_2\epsilon_3\eta_1\chi$ ] *yogimaṇḍalam*  $\alpha_1$  *yonimaṇḍalam*  $\epsilon_2$  *vahnimaṇḍalam*  $\beta_1\beta_2$  *cāgnimaṇḍalam*  $\beta_\omega\eta_2$  *ca hutāśanam*  $\Gamma\delta_1$  *pi hutāśanam*  $\delta_2\delta_3$  **40c** *vrajaty* cett.] *vṛjamty*  $\alpha_1$  *jajaty*  $\gamma_1$  *vrajan*  $\delta_3$  **ūrdhvaṃ** cett.] *pūrvam*  $\delta_3$  *ū* +  $\alpha_1$  **hataḥ śaktyā** *em.* (cf. VM)] *hṛtaḥ śaktyā*  $\chi$  *hatachantkā*  $\gamma_1$  *hathāc* *chaktyā*  $\beta_1\beta_2\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2$  *hathāt śaktyā*  $\alpha_2$  *hi tacchaktyā*  $\delta_2\delta_3$  *hi tadbhuktyā*  $\delta_1$  *damaged*  $\alpha_1\alpha_3$  **40d** *nibaddho*  $\alpha_2\alpha_3\beta_1\beta_2\epsilon_2\epsilon_3\chi$ ] *nibadhno*  $\eta_1$  *niruddho*  $\Gamma\delta_2\delta_3$  *nirodho*  $\beta_\omega\eta_2$  *viruddhe*  $\delta_1$  *damaged*  $\alpha_1$  **yonī**  $\alpha_1\alpha_3\beta_2\Gamma\Delta\epsilon_2\epsilon_3\eta_1\chi$ ] *yoga*  $\beta_1\beta_\omega\eta_2$  **40\*1b** *kalā*  $\alpha_3\beta_\omega\epsilon_3$ ] *kāla*  $\Gamma\epsilon_2$  *kālā*  $\alpha_1$  *kṛtvā*  $\beta_1\beta_2$  **saṃdhāna**  $\alpha_1\alpha_3\beta_1\beta_2\beta_\omega\epsilon_3$ ] *saṃdhāra*  $\epsilon_2$  *saṃhāra*  $\Gamma$  **mudrayā**  $\alpha_1\alpha_3\beta_1\beta_2\Gamma\epsilon_2\epsilon_3$ ] *varjitā*  $\beta_\omega$  **41a** *ūrdhva* cett.] *ūrdhvaṃ*  $\alpha_3\epsilon_2$  **jihvaḥ**  $\gamma_2\delta_1\delta_3\chi$ ] *jihva*  $\gamma_1$  *jihvā*  $\alpha_1\beta_1\beta_2\beta_\omega\delta_2\epsilon_2\epsilon_3\eta_1\eta_2$  **sthito**  $\alpha_1\alpha_2\beta_\omega\eta_2$ ] *sthiro*  $\beta_1\beta_2\Gamma\Delta\epsilon_3\eta_1\chi$  *sito*  $\epsilon_2$  **41b** *karoti yaḥ* cett.] *karoti saḥ*  $\beta_2$  *karo* + +  $\alpha_1$  **41c** *māsārdhena na* cett.] *māsārdhena* *tu*  $\beta_2$  *damaged*  $\alpha_1$  **42a** *pūrṇam* cett.] *pūrṇa*  $\beta_1\gamma_1\epsilon_2$  *pūrṇe*  $\eta_2$  **42b** *yoginaḥ*  $\alpha_3\beta_1\beta_2\Gamma\Delta\epsilon_2\chi$ ] *yoginaṃ*  $\beta_\omega$  *dehinaḥ*  $\epsilon_3\eta_1\eta_2$  **42c** *daṣṭasya*  $\alpha_3\beta_2\gamma_2\delta_1\epsilon_3\eta_2\chi$ ] *dṛṣṭasya*  $\beta_1\beta_\omega\gamma_1\eta_1$  *daṣṭrasya*  $\epsilon_2$  *dagdhasya*  $\delta_2\delta_3$  **42d** *viṣam tasya na* cett.] *viṣeṇa* *na* *hi*  $\alpha_3$  **sarpati** cett.] *sparśati*  $\beta_\omega$  *pīḍyate*  $\alpha_3\gamma_1$

<sup>14</sup>  $\beta_2$  has this verse between 3.42ab and cd.  $\beta_\omega\eta_2$  have 3.43 after this verse.

<sup>15</sup>  $\beta_\omega$  adds here: तस्मादिदं प्रकुर्वीत नित्ययुक्तः समाहितः.

- इन्धनानि यथा वह्निस्तैलवर्ति च दीपकः ।  
तथा सोमकलापूर्णं देही देहं न मुञ्चति ॥<sup>16</sup> 3.43
- गोमांसं भक्षयेन्नित्यं पिबेदमरवारुणीम् ।  
कुलीनं तमहं मन्ये इतरे कुलघातकाः ॥ 3.44
- गोशब्देनोदिता जिह्वा तत्प्रवेशो हि तालुनि ।  
गोमांसभक्षणं तत्तु महापातकनाशनम् ॥ 3.45
- जिह्वाप्रवेशसंभूतवह्निनोत्पादितः खलु ।  
चन्द्रात्स्रवति यः सारः सा स्यादमरवारुणी ॥ (om.  $\eta_1 \varepsilon_3$ )<sup>17</sup> 3.46

**43a** indhanāni cett.] yindhanāni  $\beta_\omega$  yathā cett.] om.  $\delta_2$  **43b** tailavartim  $\beta_\omega \delta_1 \delta_2 \varepsilon_3 \chi$  tailavarti  $\alpha_1 \beta_1 \delta_3 \varepsilon_2$  tailavarti  $\beta_2 \Gamma \eta_2$  tailāvṛtti  $\eta_1$  ca cett.] va  $\eta_1$  **dipakaḥ** cett.] dipikaḥ  $\eta_1$  **43c** soma cett.] sarva  $\varepsilon_2$  **pūrṇaṃ** cett.] pūrṇa  $\eta_2$  pūrṇo  $\gamma_2 \varepsilon_2$  **43d** dehī dehaṃ cett.] dehaṃ  $\delta_1 \delta_2 \varepsilon_3$  dehe dehiṃ  $\beta_1$  damaged  $\alpha_1$  na muñcati  $\beta_1 \Gamma \Delta \varepsilon_2 \eta_1 \chi$ ] na mucyati  $\eta_2$  na mucyati  $\varepsilon_3$  na mucyate  $\beta_2 \beta_\omega$  +++ ti  $\alpha_1$  **44a** gomāṃsaṃ cett.] gomāṃsa  $\gamma_2 \delta_1 \eta_2$  **44b** amara cett.] amṛta  $\delta_3$  **vāruṇim** cett.] vāruṇi  $\beta_\omega \varepsilon_2 \varepsilon_3$  **44c** tam cett.] tum  $\gamma_2$  **manye** cett.] manya  $\chi$  vidyāṃ  $\beta_\omega$  vimdyāṃ  $\eta_2$  **44d** itare  $\alpha_1 \alpha_3 \beta_2 \beta_\omega \eta_2 \chi$ ] tv itare  $\beta_1 \varepsilon_3 \eta_1$  cetare  $\varepsilon_2$  netarān  $\Gamma \Delta$  kulaghātakāḥ cett.] kulaghātakān  $\Gamma \Delta$  kuṣvaghātakāḥ  $\alpha_1$  **45a** noditā jihvā cett.] nāditā jihvā  $\gamma_1$  damaged  $\alpha_1$  **45b** tatpraveśo cett.] + [t]praveśo  $\alpha_1$  tatrāveśo  $\beta_1$  hi cett.] di  $\gamma_1$  **45c** māṃsa cett.] māṃsaṃ  $\varepsilon_2 \varepsilon_3 \eta_1$  māsaṃ  $\gamma_1$  **bhakṣaṇaṃ** cett.] bhakṣaṇe  $\alpha_1$  **tat tu**  $\alpha_1 \beta_1 \beta_\omega \gamma_2 \Delta \eta_1 \eta_2 \chi$ ] \_rttu  $\gamma_1$  tac ca  $\varepsilon_3$  caitat  $\varepsilon_2$  hy etan  $\beta_2$  **46b** vahninotpāditaḥ  $\gamma_2 \delta_2 \varepsilon_2 \chi$ ] °ditā  $\beta_2 \delta_3$  °ditāṃ  $\beta_1$  °di +  $\alpha_1$  vahninonnāpita  $\beta_\omega$  vaṃh[n]inotāpitaḥ  $\alpha_3$  vahninottāpito  $\eta_2$  vahnir utpāditaḥ  $\gamma_1$  hninotpāditaṃ  $\delta_1$  **khalu**  $\alpha_2 \alpha_3 \Gamma \Delta \varepsilon_2 \chi$ ] darāṃ  $\beta_\omega \eta_2$  bare  $\beta_1$  surāḥ  $\beta_2$  damaged  $\alpha_1$  **46c** candrāt sravati  $\alpha_3 \beta_2 \beta_\omega \Gamma \delta_2 \varepsilon_2 \eta_2 \chi$ ] candraḥ sravati  $\delta_3$  candra sravati  $\beta_1$  candrā dravati  $\delta_1$  +++ [t]i  $\alpha_1$  **yaḥ sārāḥ**  $\beta_1 \gamma_2 \delta_1 \delta_2 \eta_2 \chi$ ] yaḥ sārā  $\alpha_3 \gamma_1$  yat sārāṃ  $\alpha_1 \beta_2 \varepsilon_2$  yaḥ sārāṃ tasmād idam [m]akurvita nityayuktaḥ samāhitaḥ (the same hemistich is inserted after 3.43)  $\beta_\omega$  yaḥ samyak  $\delta_3$  **46d** sā cett.] sa  $\delta_2$  **amaravāruṇī** cett.] amṛavāruṇī  $\eta_2$

<sup>16</sup>  $\Gamma \Delta$  add here: रसनां वेशयेदूर्ध्वं पिबेत्तत्सावितं जलम्

<sup>17</sup> In  $\eta_1$  the second half is only added in the margin sec. m.: तस्मा[त्स]रति या[त्सा]रं सा स्यादमरवारुणी.

मूर्धः षोडशपत्तपद्मगलितं प्राणादवासं हठा-  
 दूर्ध्वास्यो रसनां नियम्य विवरे शक्तिं परां चिन्तयेत् ।  
 उत्कल्लोलकलाजलं च विमलं धारामृतं<sup>#</sup> यः पिबेत्  
 निर्दोषः स मृणालकोमलतनुर्योगी चिरं जीवति ॥<sup>18</sup>

3.47

चुम्बन्ती यदि लम्बिकाग्रम् अनिशं जिह्वा रसस्यन्दिनी  
 सक्षारा कटुकाथ दुग्धसदृशी मध्वाज्यतुल्याथवा ।  
 व्याधीनां हरणं जरान्तकरणं शास्त्रागमोदीरणं  
 तस्य स्यादमरत्वमष्टगुणवत्सिद्धाङ्गनाकर्षणम् ॥

3.48

एकं सृष्टिमयं बीजं एका मुद्रा च खेचरी ।  
 एको देवो निरालम्ब एकावस्था मनोन्मनी ॥ [= 4.32\*1]

3.49

**47a mürdhnaḥ**  $\beta_{\omega}\Delta\epsilon_3\chi$ ] mürdhneḥ  $\eta_2$  mürddhūḥ  $\gamma_2$  mürddham  $\alpha_2\epsilon_2$  mürddhvaḥ  $\alpha_1$  mürddhva  
 $\eta_1$  bhürddhaḥ  $\gamma_1$  ürdhvaṃ  $\beta_1\beta_2$  **pattrapadma**  $\alpha_2\delta_2\delta_3\epsilon_3\chi$ ] padmapattra  $\alpha_1\beta_1$   $\beta_2$   $\beta_{\omega}\gamma_2\delta_1\eta_1$   $\eta_2$   
 patrapatra  $\epsilon_2$  *om.*  $\gamma_1$  **haṭhād** *cett.*] haṭhām  $\beta_{\omega}$  **47b ürdhvāsyo** *cett.*] ürdhvosyo  $\gamma_1$  ürd-  
 hvosya  $\delta_3$  varddhāsyō  $\beta_{\omega}$  **rasanām** *cett.*] rasanā  $\epsilon_2$  ramanā  $\gamma_1$  **niyamya**  $\alpha_1\beta_1\beta_2\gamma_2\Delta\epsilon_3\chi$ ] *niyasya*  
 $\gamma_1\epsilon_2$  *ca yāmya*  $\eta_1$  vidhāya  $\beta_{\omega}\eta_2$  **vivare** *cett.*] vicare  $\gamma_1$  vivaram  $\Delta$  vidhivat  $\beta_2$   
**śaktim** *cett.*] śaktiḥ  $\gamma_2$  **cintayet** *cett.*] cintayat  $\gamma_1$  cintayan  $\alpha_3\delta_2\delta_3\chi$  **47c utkallola**  $\alpha_1\beta_1$   
 $\beta_2$   $\beta_{\omega}\delta_3\epsilon_2\epsilon_3\eta_1\chi$ ] utkallola  $\eta_2$  tatkalola  $\gamma_2\delta_1$  tatkalola  $\delta_2$  taptalola  $\gamma_1$  hrt[k]alola  $\alpha_3$  **kalā-**  
**jalam**  $\alpha_1\beta_1\beta_2\Gamma\Delta\epsilon_2\epsilon_3\eta_1\chi$ ] karāmrtam  $\alpha_3$  jalākulam  $\beta_{\omega}\eta_2$  **ca**  $\alpha_1\alpha_3\beta_1\beta_2\gamma_2\Delta\epsilon_2\eta_1\chi$ ] su  $\beta_{\omega}\eta_2$  *ya*  
 $\gamma_1$  *om.*  $\epsilon_3$  **dhārāmrtam** *cett.*] dhārāmayaṃ  $\chi$  **47d nirdoṣaḥ sa** *cett.*] nirdoṣam *sa*  $\beta_1\eta_1$   
 nirdoṣo 'sya  $\epsilon_2$  nirvyādhiḥ *sa*  $\chi$  **komala** *cett.*] komale  $\gamma_1$  **tanur**  $\alpha_2\beta_2\beta_{\omega}\gamma_2\Delta\eta_2$ ] tanu  $\gamma_1$   
 vapur  $\alpha_1\beta_1\epsilon_2\epsilon_3\eta_1\chi$  **48a cumbantī** *cett.*] vipitiṃ  $\gamma_1$  **lambikāgram** *cett.*] lambakārgam  
 $\beta_1$  lampikāgram  $\delta_2\delta_3$  **rasa** *cett.*] śiraḥ  $\beta_{\omega}\eta_2$  **48b sakṣārā** *cett.*] sakṣārā  $\alpha_1\delta_1\epsilon_2$  sakṣāra  
 $\eta_2$  sakṣīro'  $\beta_1$  **kaṭukātha**  $\alpha_1\alpha_2$ ] kaṭukāmla  $\gamma_2\Delta\epsilon_3\chi$  vaṭukāmla  $\gamma_1$  kaṭukāsa  $\eta_1$  kaṭukādyā  
 $\beta_{\omega}\eta_2$  kaṭutikta  $\epsilon_2$  ++ tikta  $\alpha_3$  kaṭutyakta  $\beta_2$  'dakatikta  $\beta_1$  **dugdha** *cett.*] dugdham  $\gamma_2$  *du*  $\gamma_1$   
**sadrśī** *cett.*] sādṛśī  $\delta_1$  sadṛśim  $\gamma_2$  sadṛśā  $\alpha_1\alpha_2\eta_1$  sadṛśam  $\alpha_3$  lavaṇā  $\epsilon_2\epsilon_3$  lavaṇo  $\beta_1$  **madhvājya**  
*cett.*] madhvādyā  $\beta_{\omega}\eta_2$  vaddhājya  $\epsilon_2$  **tulyā** *cett.*] tulyām  $\beta_{\omega}$  tulyam  $\eta_2$  tulya  $\alpha_3$  **thavā**  
 $\alpha_2\Gamma\Delta$ ] tathā  $\alpha_1\beta_1$   $\beta_2$   $\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$  pradā  $\alpha_3$  savā  $\epsilon_3$  **48c jarāntakaraṇam** *cett.*] jvarāntakaraṇam  
 $\delta_1\delta_2$  jvarāntahkaraṇam  $\delta_3$  jarāpraśamanam  $\beta_1\beta_2$  **śāstrāgamodgīraṇam**  $\alpha_1\alpha_2\chi$ ] śāstrapramod-  
 iram  $\gamma_1$  śāstrāgamodgīraṇam  $\beta_2\beta_{\omega}\gamma_2\epsilon_3\eta_2$  śāstrodgamodgīraṇam  $\beta_1$  śāstrāgamodgīraṇam  $\eta_1$   
 śāstrāgamoddhāraṇam  $\Delta\epsilon_2$  **48d tasya syād** *cett.*] tasyād  $\gamma_1$  syāt svādam  $\beta_1$  **amaratvam**  
*cett.*] amarakṣam  $\gamma_1$  aramatvam  $\beta_{\omega}$  iha siddhir  $\Delta$  **guṇavat**  $\alpha_1\alpha_2\beta_1\eta_1$ ] guṇāvat  $\epsilon_3$  guṇitam  
 $\beta_2\beta_{\omega}\Gamma\delta_1\epsilon_2\eta_2\chi$  guṇitā  $\delta_2\delta_3$  **siddhāṅganā**  $\alpha_2\beta_1\beta_2\delta_2\delta_3\eta_1\epsilon_2\epsilon_3\eta_2\chi$ ] siddhāṅgaṇā  $\alpha_1\beta_{\omega}\gamma_1\delta_1$  sid-  
 dhāṅganā  $\gamma_2$  **karṣaṇam** *cett.*] karṣaṇā  $\gamma_1$  **49a ekaṃ** *cett.*] eka  $\delta_3$  evam  $\gamma_1$  **sṛṣṭi** *cett.*] *drṣṭi*  
 $\epsilon_2$  **mayam** *cett.*] midam  $\beta_2$  layam  $\epsilon_2$  **49b ca** *cett.*] *tu*  $\delta_3\epsilon_2$  **49c devo** *cett.* ( $\alpha_3$ )  
 devā  $\gamma_1$  nirā'  $\alpha_1$  **nirālamba**  $\beta_{\omega}\eta_1\chi$ ] nirālambaś  $\gamma_2\Delta$  nirāśambaś  $\gamma_1$  nirālambo  $\alpha_2\beta_1\beta_2\epsilon_2\epsilon_3$   
 nirālambam  $\alpha_3\eta_2$  'lambo deva  $\alpha_1$  **49d ekā**  $\alpha_1\alpha_3\beta_2\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$ ] caikā  $\Delta$  cakā  $\gamma_1$  caiśā  $\gamma_2$  *hy* ekā  
 $\alpha_2\beta_1\epsilon_3$  **vasthā** *cett.*] mudrā  $\beta_1$

<sup>18</sup>  $\chi$  has a different verse order from here.

सुषिरं ज्ञानजनकं पञ्चस्रोतःसमन्वितम् ।

तिष्ठते खेचरी मुद्रा तस्मिन्शून्ये निरञ्जने ॥  $(\beta_{\omega}\eta_2\chi)$  [= 4.8\*8]

3.49\*1

पाताले यद्विशति सुषिरं मेरुमूले तदस्ति

तत्त्वं चैतत्प्रवदति सुधीस्तन्मुखं निम्नगानाम् ।

चन्द्रात्सारः स्रवति<sup>19</sup> वपुषस्तेन मृत्युर्नराणां

तं बध्नीयात्सुकरणमुद्रा नान्यथा कायसिद्धिः ॥<sup>#</sup>(om.  $\alpha_1\Delta$ )<sup>20</sup> [= 4.8\*4]

3.49\*2

अथ मूलबन्धः<sup>21</sup> ॥

पार्ष्णिभागेन संपीड्य योनिमाकुञ्चयेद्बुद्धम् ।

अपानमूर्ध्वमाकृष्य मूलबन्धोऽयमुच्यते ॥

3.50

**49\*1a** *suṣiraṃ*  $\chi$ ] *sukhiraṃ*  $\eta_2$  *suciraṃ*  $\beta_{\omega}$  **49\*1b** *srotaḥ*  $\eta_2\chi$ ] *śrotaḥ*  $\beta_{\omega}$  **49\*1c** *tiṣṭhate*  $\chi$ ] *tiṣṭhaṃti*  $\beta_{\omega}$  *tiṣṭhaṃti*  $\eta_2$  **49\*2a** *pātāle yad viśati*  $\Gamma$ ] *pātālād yad viśati*  $\beta_2$  *pātāle yadvitaya*  $\epsilon_4$  *pātāle yadvitayu*  $\beta_1$  *pātāle yadvitanta*  $\epsilon_3$  *pātāle yadvitadhaya*  $\alpha_3$  *pātāle yadinaya*  $\epsilon_2$  *pātāle yadvita*  $\eta_1$  *yat prāleyaṃ cāpihita*  $\beta_{\omega}$  *yat prāleyaṃ pihita*  $\alpha_2$  *yat prāleya pihita*  $\eta_2$  *yat prāleyaṃ prahita*  $\chi$  **suṣiraṃ**  $\epsilon_3\epsilon_4\chi$ ] *suṣiraṃ*  $\beta_2$  *sukhiraṃ*  $\beta_{\omega}\Gamma\eta_2$  *sukhire*  $\alpha_2$  *sukhiraṃ*  $\epsilon_2$  *śubiraṃ*  $\beta_1$  *stu[v]imaṃ/me*  $\eta_1$  **mūle tad asti**  $\beta_2$ ] *mūle yad asti*  $\gamma_2$  *mūle yad asti*  $\alpha_2$  *mūle tad asmin*  $\beta_1\epsilon_2\epsilon_3\epsilon_4$  *mūle pakṣasti*  $\gamma_1$  *mūlad*  $\eta_1$  *mūrdhhyataḥṭhyaṃ*  $\beta_{\omega}$  *mūrdhni sthitaṃ*  $\eta_2$  *mūrdhāntarasthaṃ*  $\chi$  **49\*2b** *tattvaṃ caitat*  $\beta_1\beta_2$ ] *tadvac caitat*  $\Gamma\epsilon_2$  *tadvac caitā*  $\epsilon_4$  *taddac caitat*  $\epsilon_3$  *tasmimś tattvaṃ*  $\beta_{\omega}\eta_2\chi$  *tasmitvaṃ*  $\alpha_2$  *asmi[m]s* *tatvaṃ yat*  $\eta_1$  **sudhīs** *cett.*] *sudhī*  $\epsilon_4$  *sudhās*  $\gamma_1$  **tan mukhaṃ** *cett.*] *tat sukhaṃ*  $\beta_1\beta_2$  **nimnagānām** *cett.*] *niṣagmanām*  $\gamma_1$  **49\*2c** *candrāt sārāḥ* *cett.*] *candrasāro*  $\eta_1$  *candrā sārāḥ*  $\epsilon_3$  *candrāt sārāṃ*  $\alpha_2\beta_2$  *candraḥ sārāḥ*  $\epsilon_2$  *caṃtaṃ prasāraṃ*  $\beta_1$  **sraṇati/śraṇati** *cett.*] *grasati*  $\beta_1$  *rapati*  $\gamma_1$  [*sra*] *vaṃtyai*  $\eta_1$  **vapuṣas** *cett.*] *vapuṣe*  $\eta_2$  *vapayuṣe*  $\beta_{\omega}$  *vapuṣā*  $\beta_1\beta_2$  *om.*  $\epsilon_3$  **tena** *cett.*] *doṣa*  $\beta_1$  **mṛtyur** *cett.*] *mṛtyun*  $\beta_{\omega}\eta_2$  *om.*  $\epsilon_3$  **49\*2d** *taṃ* *cett.*] *tad*  $\alpha_3\chi$  **badhniyāt** *cett.*] *cha\_yāt*  $\gamma_1$  *om.*  $\epsilon_3$  **sukaraṇamṛdā**  $\alpha_2\beta_1\beta_2\epsilon_4$ ] *pakaraṇamṛdā*  $\epsilon_2$  *svakaraṇamṛtaṃ*  $\alpha_3$  *kakaraṇam*  $\eta_1$  *sukaraṇam* *atho*  $\beta_{\omega}\eta_2$  *sukaraṇam* *adho*  $\chi$  *sukhakaram* *atho*  $\gamma_2$  *sukhakaraṇam* *artho*  $\gamma_1$  *om.*  $\epsilon_3$  **nānyathā** *cett.*] *nāmarthā*  $\gamma_1$  *om.*  $\epsilon_3$  **kāya**  $\beta_2\beta_{\omega}\Gamma\epsilon_2\eta_2\chi$ ] *kārya*  $\alpha_2\alpha_3\beta_1\eta_1\epsilon_4$  *om.*  $\epsilon_3$  **50** *atha mūlabandhaḥ*  $\alpha_1\alpha_3\beta_1$   $\beta_2$   $\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$ ] *mūlabandhaḥ*  $\gamma_2\Delta$  *atha mūle bandhaḥ*  $\delta_3$  *om.*  $\gamma_1\epsilon_4$  **50a** *pārṣṇi* *cett.*] *pādima*  $\gamma_1$  **50b** *akuñcayed* *cett.*] *ākumcaned*  $\alpha_1$  *ākum*  $\gamma_1$  **gudam** *cett.*] *dṛḍhaṃ*  $\alpha_3\eta_1\eta_2$  *om.*  $\gamma_1$  **50d** *'yam ucyate* *cett.*] *'yam iritaḥ*  $\delta_2$  *'yam iṣyate*  $\beta_1$   $\beta_2$   $\beta_{\omega}$  *mayiṣyate*  $\alpha_1$  *'bhidhiyate*  $\chi$  *damaged*  $\alpha_3$

<sup>19</sup>  $\epsilon_3$  jumps to Jālandharabandha (??) from here. For the lost part (3.50–3.66)  $\epsilon_4$  is used instead.

<sup>20</sup>  $\beta_1$   $\beta_2$  has this verse immediately after 3.39,  $\alpha_1\Delta$  in Ch. 4 (4.8\*4), and  $\Gamma\alpha_2\alpha_3$  in both Ch. 3 and 4.

<sup>21</sup> After this header the description of Uḍḍiyāna is found in  $\alpha_3$ , followed by the description of Mūlabandha.  $\beta_{\omega}\chi$  have the Mūlabandha section (including its header) after the Uḍḍiyāna as in the order of mudrās mentioned in 3.6.

अधोगतिमपानं वै ऊर्ध्वगं कुरुते बलात् ।  
आकुञ्चनेन तं प्राहुर्मूलबन्धं तु योगिनः ॥

3.51

गुदं पाण्यां तु संपीड्य वायुमाकुञ्चयेद्वलात् ।  
वारं वारं यथा चोर्ध्वं समायाति समीरणः ॥

3.52

प्राणापानौ नादबिन्दू मूलबन्धेन चैकताम् ।  
गत्वा योगस्य संसिद्धिं यच्छतो नात्र संशयः ॥

3.53

अपानप्राणयोरैक्यं क्षयो मूत्रपुरीषयोः ।  
युवा भवति वृद्धोऽपि सततं मूलबन्धनात् ॥<sup>22</sup>

3.54

अपाने चोर्ध्वगे जाते संप्राप्ते वह्निमण्डलं ।  
तदानलशिखा दीर्घा वर्धते वायुनाहता ॥

3.55

**51a** adhogatim  $\beta_1 \beta_2 \beta_\omega \varepsilon_4 \eta_1 \chi$ ] adhogatam  $\alpha_1 \Gamma \Delta \varepsilon_2 \eta_2$  **apānaṃ vai**  $\alpha_1 \beta_1 \beta_2 \Gamma \varepsilon_2 \varepsilon_4 \eta_2$ ] apānaṃ  
vā  $\chi$  apānaṃ ca  $\beta_\omega$  apānaṃ tu  $\Delta$  apānaivam  $\eta_1$  **51b** ūrdhvagaṃ cett.] mūrddhagaṃ  $\alpha_1$  hy  
urdhvagaṃ  $\beta_1$  vidyūrdhagaṃ  $\beta_\omega$  **balāt**  $\alpha_1 \beta_1 \beta_2 \beta_\omega \varepsilon_4 \eta_1 \eta_2 \chi$ ] haṭhāt  $\Gamma \Delta \varepsilon_2$  **51c** ākuñcanena  
cett.] ākuñcyā tena  $\eta_2$  **taṃ** cett.] ta  $\delta_1$  te  $\delta_2$  tu  $\beta_2$  **prāhur** cett.] grāhyaṃ  $\varepsilon_2 \varepsilon_4$   
**51d** mūlabandhaṃ cett.] mūlabandho  $\eta_2$  mūlo siddhim  $\alpha_3$  **tu**  $\beta_1 \beta_2 \Gamma \Delta$ ] hi  $\alpha_1 \alpha_3 \beta_\omega \varepsilon_2 \varepsilon_4 \eta_1 \eta_2 \chi$   
**52a** gudaṃ cett.] gulpha  $\varepsilon_2$  pārṣṇī  $\beta_2$  **pārṣṇyā tu**  $\alpha_1 \beta_1 \beta_\omega \Delta \eta_2 \chi$ ] pārṣṇyā ca  $\varepsilon_2 \varepsilon_4 \eta_1$  [p]ārṣṇena  
 $\alpha_3$  pārṣṇī tu  $\gamma_2$  pādarmyāṃ tu  $\gamma_1$  'nā gudaṃ  $\beta_2$  **sampīḍya** cett.] āpīḍya  $\beta_2$  **52b** vāyū  
ā'  $\alpha_1 \alpha_3 \beta_2 \beta_\omega \Gamma \eta_1 \eta_2 \chi$ ] vāyūnā  $\beta_1 \varepsilon_2 \varepsilon_4$  yonim ā'  $\Delta$  **balāt** cett.] balat  $\gamma_2$  **52c** yathā  $\alpha_1 \beta_1 \beta_2$   
 $\beta_\omega \varepsilon_2 \varepsilon_4 \eta_1 \eta_2 \chi$ ] tathā  $\Gamma \Delta$  **53a** nādabindū cett.] nādabindu  $\alpha_1 \alpha_2 \beta_1 \beta_\omega \varepsilon_2 \eta_2$  **53b** caikatām cett.]  
caikatā  $\beta_2 \varepsilon_2$  cakataṃ  $\gamma_1$  caikataḥ  $\beta_\omega$  **53c** saṃsiddhim  $\alpha_1 \alpha_3 \beta_2 \beta_\omega \gamma_2 \delta_1 \delta_2 \varepsilon_4 \eta_1 \chi$ ] saṃsiddhi  $\beta_1$   
saṃsiddhir  $\alpha_2 \gamma_1 \delta_3 \varepsilon_2$  saṃsiddhyaiḥ  $\eta_2$  **53d** yacchato  $\alpha_2 \beta_\omega \chi$ ] yakṣyato  $\beta_2$  yichato  $\alpha_1$  pracchato  
 $\beta_1$  gacchato  $\Delta \varepsilon_2$  gacchate  $\gamma_2$  gacchatā  $\gamma_1$  gacchata'  $\varepsilon_4$  prāpnoty e'  $\eta_1$  pamāta  $\eta_2$  niścayo  $\alpha_3$   
**nātra** cett.] 'sya na  $\varepsilon_4$  'va na  $\eta_1$  tra na  $\eta_2$  **54a** 'yor aikyaṃ cett.] 'yor aikya  $\gamma_1$  'yor aikye  
 $\eta_2$  'yoś caikyaṃ  $\delta_2$  'yor aikyāt  $\varepsilon_4$  **54b** kṣayo cett.] kṣayaṃ  $\alpha_3$  kṣayān  $\gamma_1 \varepsilon_4$  **54d** bandhanāt  
cett.] bandhataḥ  $\delta_1$  **55a** apāne cett.] apāna  $\chi$  apānaṃ  $\beta_\omega \gamma_2$  **cordhvage jāte** cett.]  
cordhvage jāte  $\delta_1$  cordhvam āpāte  $\eta_2$  ūrdhvage jāte  $\chi$  **55b** samprāpte  $\beta_1 \beta_2 \Gamma \Delta \varepsilon_2$ ] samprāptau  
 $\beta_1$  saṃyāte  $\beta_\omega$  prayāte  $\alpha_1 \alpha_2 \varepsilon_4 \eta_1 \eta_2 \chi$  **vahnimaṇḍalaṃ**  $\alpha_1 \beta_1 \beta_\omega \chi$ ] vahnimaṇḍale  $\beta_2 \Gamma \Delta \varepsilon_2 \varepsilon_4 \eta_1$   
nābhimaṇḍalaṃ  $\eta_2$  **55c** tadānala cett.] tadānale  $\varepsilon_2$  tathānale  $\eta_1$  tathānala  $\delta_3 \eta_2$  **55d** vardhate  
**vāyūnāhatā**  $\alpha_1 \beta_1 \beta_\omega \Gamma \varepsilon_2$ ] 'hataḥ  $\beta_2$  'hataḥ  $\alpha_3$  baṃdhane vāyūnāhatā  $\Delta$  kriyate vāyūnāhatāḥ  $\eta_2$   
jāyate vāyūnāhatā  $\chi$  vāyūnā vardhate hatā  $\varepsilon_4$  vāyūnā preritā tathā  $\eta_1$

<sup>22</sup>  $\gamma_1$  adds the following verse here: बन्धमूलं येन तेन तेन विघ्नं निवारितः । अजरामरतां याति यथा पद्ममुखो हरः ॥



ततो यातौ# वह्न्यपानौ प्राणमुष्णस्वरूपकम् ।  
तेनात्यन्तप्रदीप्तस्तु ज्वलनो देहजस्तथा ॥ 3.56

तेन कुण्डलिनी सुप्ता संतप्ता संप्रबुध्यते ।  
दण्डाहता भुजङ्गीव निश्चर्य# ऋजुतां व्रजेत् ॥ 3.57

बिलं प्रविष्टेव ततो ब्रह्मनाड्यन्तरं व्रजेत् । (ab om. Δ)  
तस्मान्नित्यं मूलबन्धः कर्तव्यो योगिभिः सदा ॥ 3.58

अथोड्डियानम् ।

बद्धो येन सुषुम्णायां प्राणस्तूड्डियते यतः ।  
तस्मादूड्डियानाख्यो#ऽयं योगिभिः समुदाहृतः ॥ 3.59

**56a tato** cett.] yāta<sub>η1</sub> yātau<sub>β2</sub>] yāttau<sub>α2</sub> yāto<sub>β1η1χ</sub> yāte<sub>η2</sub> yaṃtā<sub>α3</sub> yāmau<sub>α1</sub> jātau<sub>γ2Δε4</sub> jātā<sub>γ1</sub> jāto<sub>βω</sub> vahnim<sub>ε2</sub> **vahnyapānau** <sub>β1γ2Δε4η1χ</sub>] vahnipānau<sub>α1</sub> [m]ahnyapāne<sub>α3</sub> vahniyonau<sub>η2</sub> bāhyapānau<sub>β2</sub> baṃdhapānau<sub>γ1</sub> vardhapānai<sub>βω</sub> apānai<sub>ca</sub> **ε2** **56b prāṇam uṣṇa** <sub>α3β1β2ε2ε4χ</sub>] prāṇam uṣma<sub>βωγ2</sub> prāṇamura<sub>γ1</sub> prāṇamukta<sub>δ1δ3</sub> prāṇamuktaṃ<sub>δ2</sub> prāṇamūla<sub>α1α2η1η2</sub> **svarūpakam** cett.] svarūpakah<sub>η2</sub> svarūpakau<sub>η1</sub> svarūpavat<sub>δ3</sub> **56c tenātyanta** <sub>β1ΓΔη1χ</sub>] tenātyantaṃ<sub>α1</sub> tenābhyanta<sub>βω</sub> tenābhyantaḥ<sub>η2</sub> tenāyaṃna<sub>β2</sub> tatotyantaṃ<sub>ε4</sub> tailābhyantaḥ<sub>ε2</sub> **pradiptas tu** cett.] pradiptas tu<sub>ε4η1</sub> pradiptasau<sub>ε2</sub> **56d jvalano dehajas tathā** cett.] jvalano dehajas tadā<sub>β1</sub> jvalato dehataḥ tadā<sub>β2</sub> kuto dehaśṣayas tadā<sub>η2</sub> **57b saṃtaptā** <sub>α1β1β2βωΓε4η1η2χ</sub>] satataṃ<sub>Δε2</sub> **saṃprabudhyate** <sub>α1β2Γε4η2χ</sub>] saṃprabudhyati<sub>η1</sub> sa prabudhyate<sub>βω</sub> sā prabuddhyate<sub>δ2</sub> sā prabodhyate<sub>δ3</sub> saṃprabodhyate<sub>ε2</sub> sānubodhyate<sub>δ1</sub> samabuddhyate<sub>β1</sub> **57d niśvasya** <sub>α1α3β1ε4χ</sub>] viśvasya<sub>βωη1η2</sub> niścayam<sub>δ2</sub> niścayād<sub>δ3</sub> niścitam<sub>Γδ1ε2</sub> **rjutām vrajet** cett.] rujutām vrjet<sub>α1</sub> rijutām iyāt<sub>η2</sub> **58a praviṣṭeva** <sub>α1α3Γδ1ε2ε4η1χ</sub>] praviṣṭe ca<sub>β1β2</sub> praviṣṭaṃ ca<sub>βω</sub> praviṣṭas ca<sub>η2</sub> **om. Δ** **tato** cett.] to<sub>γ1</sub> **om. Δ** **58b brahma** cett.] tha<sub>-</sub><sub>γ1</sub> **om. Δ** **nāḍyantaraṃ** cett.] nāḍyantaraṃ<sub>β2ε4</sub> nāḍyantare<sub>η2</sub> **om. Δ** **58c tasmān** cett.] tato<sub>δ2</sub> **n nityaṃ** cett.] nityo<sub>ε2</sub> **59 athoḍḍiyanam** em.] athoḍḍiyanam<sub>α1</sub> athoḍḍiyanam<sub>βω</sub> athoḍḍiyanam<sub>β1</sub> athoḍḍiyanam<sub>β2</sub> athoḍḍiyanabandhaḥ<sub>δ3</sub> athoḍḍiyanabandhaḥ<sub>η1</sub> atha uḍḍiyanabandhaḥ<sub>γ1</sub> atha uḍḍiyanabandhaḥ<sub>χ</sub> atha uḍḍiyanabandhaḥ<sub>ε2</sub> atha uḍḍiyanam<sub>bandhaḥ</sub><sub>η2</sub> uḍḍiyanabandhaḥ<sub>δ2</sub> uḍḍiyanam<sub>bandhaḥ</sub><sub>γ2</sub> **om. δ1ε4** **59a bad-dho** <sub>α1β2βωγ2δ1δ2χ</sub>] bandho<sub>β1δ3ε2</sub> ūrdhvo<sub>η1η2</sub> ūrdhvā<sub>ε4</sub> vidrā<sub>γ1</sub> **yena suṣuṃṇāyām** cett.] kṣitāḥ suṣuṃṇāyāḥ<sub>η2</sub> **59b prāṇas** cett.] prāṇam<sub>β2ε2η1</sub> **tūḍḍiyate** <sub>α1γ2δ1ε4η2χ</sub>] tūḍḍiyate<sub>βω</sub> tudiyate<sub>γ1</sub> tūḍḍiyate<sub>δ2</sub> tūyate<sub>δ3</sub> kṛḍḍiyate<sub>β1</sub> uḍḍiyate<sub>ε2</sub> uḍiyate<sub>β2</sub> uḍiyate<sub>γ1</sub> **yataḥ** cett.] punaḥ<sub>δ3</sub> **59c tasmād** cett.] tasmātu<sub>γ2</sub> tasmāc ca<sub>η2</sub> **uḍḍiyanākhyo m.c.** <sub>δ1δ3χ</sub>] uḍḍiyanākhyo<sub>γ2η2</sub> uḍḍiyanākhyo<sub>η1</sub> uḍḍiyanākhyo<sub>γ1</sub> uḍḍiyanākhyo<sub>ε2</sub> uḍḍiyanākhye<sub>α1ε4</sub> uḍiyanākhyo<sub>β1</sub> uḍiyanākhye<sub>βω</sub> uḍiyanākhyam<sub>β2</sub> uḍḍiyamāno<sub>δ2</sub> **'yaṃ** cett.] sau<sub>δ2</sub> tad<sub>β2</sub> **om. η2** **59d samudāhṛtaḥ** cett.] samudāhṛtaṃ<sub>β2βωε2</sub>

उड्डिनं कुरुते यस्माद् अविश्रान्तं महाखगः ।

उड्डियानं तदेव स्यात्तत्र<sup>#</sup> बन्धो विधीयते ॥

3.60

उदरे पश्चिमं तानं<sup>#</sup> नाभेरूर्ध्वं च कारयेत् ।

उड्डियानो ह्यसौ बन्धो मृत्युमातङ्गकेसरी ॥ (cd om.  $\beta_\omega$ )

3.61

उड्डियानं तु सहजं गुरुणा कथितं सदा<sup>#</sup> ।

अभ्यसेदस्ततन्द्रस्तु<sup>#</sup> वृद्धोऽपि तरुणो भवेत् ॥

3.62

नाभेरूर्ध्वमधश्चापि तानं कुर्यात्प्रयत्नतः ।

षण्मासमभ्यसन्मृत्युं जयत्येव न संशयः ॥

3.63

सति वज्रासने पादौ<sup>#</sup> कराभ्यां धारयेद्दृढम् ।

गुल्फदेशसमीपे च<sup>#</sup> कन्दं तत्र प्रपीडयेत् ॥ [after 3.96\*2 in  $\chi$ ]

3.64

**60a uḍḍinaṃ**  $\Delta\chi$ ] uḍḍinaṃ  $\beta_\omega$  uḍḍyānaṃ  $\beta_2\epsilon_4$  uḍḍyānaṃ  $\alpha_1\beta_1\gamma_2$  uḍḍiyānaṃ  $\gamma_1\eta_2$  uḍḍiyānaṃ  $\alpha_3\eta_1$  uḍḍiyānaṃ  $\epsilon_2$  **kurute yasmād** cett.] kṛyate yasmād  $\gamma_2$  kṛte yasmād  $\epsilon_2$  tu kurute  $\alpha_3$   
**60b aviśrāntaṃ**  $\beta_2\beta_\omega\Delta\epsilon_2\eta_1\eta_2\chi$ ] aviśrānta  $\alpha_1\alpha_2\beta_1$  aviśrānto  $\gamma_2\epsilon_4$  aviśrāntā  $\gamma_1$  khaviśrāntā  $\alpha_3$   
**60c uḍḍiyānaṃ**  $\Gamma\eta_2$ ] uḍḍiyānaṃ  $\Delta\epsilon_4\chi$  uḍḍiyānaṃ  $\alpha_1\epsilon_2\eta_1$  uḍḍiyānaṃ  $\beta_1\beta_\omega$  uḍḍiyānaṃ  $\beta_2$  **eva** cett.] evaṃ  $\delta_1$  evaḥ  $\epsilon_2$  **60d tatra**  $\alpha_1\beta_1$   $\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_4\eta_1\chi$ ] kṣetra  $\eta_2$  mūla  $\Delta$  **vidhiyate**  $\alpha_2\beta_2\gamma_2\epsilon_4$ ] 'bhidhiyate cett. nigadyate  $\gamma_1$  **61a udare** cett.] udarāt  $\beta_\omega$  **paścimaṃ**  $\alpha_2\beta_1\beta_2\gamma_2\delta_3\eta_1\chi$ ] paścima  $\alpha_1\gamma_1\eta_2$  paścime  $\beta_\omega\delta_1\delta_2\epsilon_2\epsilon_4$  **tānaṃ**  $\beta_2\Gamma\delta_1\delta_3\epsilon_4\eta_1\eta_2\chi$ ] tānaṃ  $\alpha_1\alpha_2\delta_2\epsilon_2$   $\delta_1\eta_2$   $\beta_1$  bhāge  $\beta_\omega$  **61b ūrdhvaṃ** cett.] ūrdhve  $\eta_2$  **ca** cett.] tu  $\epsilon_2\eta_2$  **61c uḍḍiyāno**  $\Gamma\delta_1\eta_2$ ] uḍḍiyāno  $\delta_2\delta_3\epsilon_4\chi$  uḍḍiyāno  $\alpha_3\eta_1$  uḍḍiyāno  $\alpha_1\epsilon_2$  uḍḍiyāno  $\beta_1$  uḍḍiyāno  $\beta_2$  *om.*  $\beta_\omega$  **asau**  $\alpha_1\alpha_3\beta_1\beta_2\Gamma\epsilon_2\epsilon_4\eta_1\eta_2\chi$ ] asam  $\delta_3$  ayaṃ  $\delta_1\delta_2$  *om.*  $\beta_\omega$  **61d kesari** cett.] khecari  $\epsilon_4$  *om.*  $\beta_\omega$   
**62a uḍḍiyānaṃ**  $\Gamma\delta_1\eta_2$ ] uḍḍiyānaṃ  $\alpha_2\beta_1\eta_1$  uḍḍiyānaṃ  $\delta_2\delta_3\epsilon_4\chi$  uḍḍiyānaṃ  $\alpha_1\epsilon_2$  uḍḍiyānaṃ  $\beta_2$  uḍḍiyānaṃ  $\beta_\omega$  **sahajaṃ** cett.] sahasaṃ  $\beta_1$  yah sahate  $\gamma_2$  **62b guruṇā** cett.] gurūṇāṃ  $\beta_\omega$  **sadā**  $\alpha_1\alpha_2\beta_1$   $\beta_2\beta_\omega\epsilon_2\epsilon_4\eta_1\eta_2\chi$ ] yathā  $\Gamma\Delta$  **62c abhyased/-set** cett.] abhyāsen  $\gamma_1$  abhyāsyed  $\alpha_2$  abhyāsāt  $\beta_\omega$  abhyāsa<sup>2</sup>  $\beta_2$  **astatandras tu**  $\alpha_2$ ] astatadras tu  $\alpha_1$  asvatamtras tu  $\beta_1$  asya tamtram tu  $\epsilon_4$  asya tamtrasya  $\epsilon_2$  'taḥ svatantras tu  $\beta_2$  tad atandras tu  $\gamma_2\Delta$  na tamdras tu  $\gamma_1$  yo hy atandras  $\eta_1$  satatam yas tu  $\beta_\omega\eta_2\chi$  **62d vṛddho** cett.] vṛddhā  $\gamma_1$  **taruṇo bhavet**  $\alpha_1\alpha_2\beta_1\beta_\omega\epsilon_2\eta_1\eta_2$ ] taruṇayate  $\beta_2\Gamma\Delta\epsilon_4\chi$  **63a ante nābher add.** pāthāntaram  $\beta_2$  **nābher** cett.] nābhed  $\gamma_2$  **adhaś cāpi** cett.] adho vāpi  $\Delta$  adhaḥkāya  $\eta_1$  avasthāpya  $\beta_2$  **63b tānaṃ**  $\beta_2\Gamma\Delta\epsilon_4\eta_2\chi$ ] tānaṃ  $\alpha_3\beta_1\beta_\omega\epsilon_2\eta_1$  tāpyaṃ  $\alpha_1$  **prayatnataḥ** cett.] ca yatnataḥ  $\eta_2$  **63c śaṃmāsam** cett.] yogi sam<sup>2</sup>  $\eta_1\eta_2$  **abhyasan**  $\alpha_1\beta_1\Gamma\eta_2$ ] abhyasen  $\alpha_3\beta_\omega\delta_2\delta_3\epsilon_2\epsilon_4\eta_1\chi$  abhyaseni  $\delta_1$  ca samabhyān  $\beta_2$  **63d jayaty eva na saṃśayaḥ** cett.] mūlaṃ jayaty asaṃśayaḥ  $\beta_2$  **64a vajrāsane** cett.] vajrāsanaṃ  $\gamma_1$  vajrāsanaṃ  $\alpha_1\beta_1$  **64b karābhyāṃ dhārayed dṛḍham** (dhārayad  $\eta_2$ ) cett.] karābhyā dhārayaṃ dṛḍham  $\eta_1$  karābhyāṃ kāraye dṛḍham  $\alpha_1$  karā\_sandhāraye dṛḍhe  $\gamma_1$  **64c deśa** cett.] deśe  $\epsilon_2$  deśaṃ  $\alpha_1$  **samīpe ca**  $\alpha_1\beta_1$   $\beta_2\beta_\omega\Gamma\epsilon_4\eta_1\eta_2\chi$ ] samīpaṃ ca  $\delta_2\delta_3\epsilon_2$  samīpaṃ tu  $\delta_1$  **64d kandaṃ** cett.] kaṃdham  $\delta_1$  kaṃtham  $\beta_1$  skandaṃ  $\delta_3$  **tatra**  $\alpha_3\beta_1\beta_2\Gamma\Delta\epsilon_2\epsilon_4\chi$ ] tacca  $\beta_\omega\eta_2$  tava  $\alpha_1$  tasya  $\eta_1$  **prapīdayet**  $\alpha_3\beta_1\beta_2\Gamma\Delta\epsilon_2\epsilon_4\chi$ ] prapīdyate  $\alpha_1\beta_\omega\eta_1\eta_2$

पश्चिमं तानमुदरे कारयेद्दृढये गले# ।

शनैः शनैर्यथा प्राणस्तुन्दसंधिं न गच्छति# ॥ (om. χ)

3.65

सर्वेषामेव बन्धानामुत्तमो ह्युद्धियानकः ।

उद्धियाने दृढे बन्धे मुक्तिः स्वाभाविकी भवेत् ॥

3.66

अथ जालन्धरः ।

कण्ठमाकुञ्च्य हृदये स्थापयेच्चिबुकं दृढम् । [ε<sub>3</sub> resumes]

बन्धो जालन्धराख्योऽयं अमृताव्ययकारकः ॥

3.67

बध्नाति हि शिराजालमधोगामिनभोजलम् ।

ततो जालन्धरो बन्धः कण्ठदुःखौघनाशनः ॥

3.68

जालन्धरे कृते बन्धे कण्ठसंकोचलक्षणे ।

न पीयूषं पतत्यग्नौ न च वायुः प्रधावति ॥

3.69

**65a paścimaṃ tānam** cett.] paścimaṃ tānam α<sub>3</sub>β<sub>1</sub>η<sub>1</sub> paścimatānam α<sub>1</sub>β<sub>ω</sub> **udare** α<sub>1</sub>α<sub>3</sub>β<sub>1</sub> β<sub>2</sub>ω γ<sub>2</sub>Δε<sub>4</sub>] udara γ<sub>1</sub> udaram ε<sub>2</sub> upari η<sub>1</sub>η<sub>2</sub> **65b kārayed** cett.] pīḍayed η<sub>2</sub> **dhṛdaye gale** α<sub>1</sub>α<sub>3</sub>β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub> γ<sub>2</sub>ε<sub>4</sub>η<sub>1</sub>η<sub>2</sub>] dhṛdaye gataiḥ γ<sub>1</sub> udare hr̥di δ<sub>1</sub> cibukam hr̥di δ<sub>3</sub> cibukam hr̥dā δ<sub>2</sub> vṛddhi-  
dam śanaiḥ ε<sub>2</sub> **65c śanair yathā** cett.] śanair [yato] ε<sub>4</sub> om. γ<sub>1</sub> **prāṇas** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>Δη<sub>1</sub>] prāṇas  
Γ strāṇas α<sub>3</sub> prāṇam β<sub>2</sub>ε<sub>2</sub>ε<sub>4</sub> prāṇo η<sub>2</sub> **65d tunda** α<sub>1</sub>β<sub>1</sub>β<sub>2</sub>γ<sub>2</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub>] tuda β<sub>ω</sub>η<sub>1</sub> tamda γ<sub>1</sub> tadā δ<sub>3</sub>  
nāḍi η<sub>2</sub> ūrddhva ε<sub>4</sub> **saṃdhiṃ** α<sub>1</sub>β<sub>1</sub>Γδ<sub>1</sub>δ<sub>3</sub>ε<sub>4</sub>η<sub>1</sub>] saṃdhi β<sub>ω</sub>ε<sub>2</sub>η<sub>2</sub> siṃddhiṃ δ<sub>2</sub> siddhiṃ β<sub>2</sub> **na**  
α<sub>1</sub>β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>Γε<sub>2</sub>ε<sub>4</sub>η<sub>1</sub>] ca Δ ni° η<sub>2</sub> **66b uttamo** cett.] uttamam ε<sub>2</sub> **hy uddīyānakah** ΓΔε<sub>4</sub>η<sub>2</sub>χ]  
hy uddīyānakah η<sub>1</sub> hy uddīyānakah α<sub>1</sub> hy uddīyānakam ε<sub>2</sub> hy uddīyānakah β<sub>2</sub> hy uddīyānakah β<sub>1</sub>β<sub>ω</sub>  
**66c uddīyāne** Γδ<sub>1</sub>η<sub>2</sub>χ] uddīyāne δ<sub>2</sub>δ<sub>3</sub>ε<sub>4</sub> uddīyāne α<sub>1</sub>ε<sub>2</sub> uddīyāne η<sub>1</sub> uddīyāne β<sub>2</sub> uddīyāne β<sub>1</sub>β<sub>ω</sub>  
**dṛḍhe** cett.] kṛte ΓΔ **bandhe** cett.] baddhe β<sub>2</sub> **66d muktiḥ** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>4</sub>η<sub>2</sub>χ] muktiṃ η<sub>1</sub>  
mūlam β<sub>2</sub>ΓΔ **svābhāviki** α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>4</sub>χ] svābhāviki η<sub>2</sub> svābhāvikir α<sub>3</sub> svābhāvikam β<sub>2</sub>Δη<sub>1</sub> sv-  
abhāvikam γ<sub>2</sub> bhāvikam γ<sub>1</sub> **67 atha jālandharah** em.] atha jālaṃdhara β<sub>1</sub> atha jālaṃdharam β<sub>ω</sub>  
atha jālaṃdharaḥ α<sub>1</sub> atha jālaṃdhara α<sub>2</sub> atha jālaṃdhara-bandhaḥ β<sub>2</sub>δ<sub>3</sub>ε<sub>4</sub>η<sub>1</sub>η<sub>2</sub>χ] atha jālaṃdharibam-  
dhaḥ ε<sub>2</sub> atha nāsaṃdharabandhaḥ γ<sub>1</sub> jālaṃdharabandhaḥ γ<sub>2</sub>δ<sub>2</sub> om. δ<sub>1</sub> **67b cibukam dṛḍham**  
β<sub>2</sub>γ<sub>2</sub>χ] dṛḍham icchayā α<sub>3</sub>β<sub>1</sub>β<sub>ω</sub>Δη<sub>1</sub>η<sub>2</sub> dṛḍham icchayā α<sub>1</sub> dṛḍham icchayet ε<sub>2</sub> dṛḍhaniścayāt ε<sub>3</sub>  
om. γ<sub>1</sub> **67d amṛtāvayakārakah** ε<sub>3</sub>] amṛtāvayakārakah β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub> amṛtāvaya + + + α<sub>3</sub> amṛtā-  
vapakārakah α<sub>1</sub> amṛtakṣayakārakah δ<sub>1</sub> amṛtakṣayakārakah δ<sub>3</sub> amṛtakṣarakārakah δ<sub>2</sub> jarāmṛtyu-  
vināśakah η<sub>1</sub>η<sub>2</sub>χ] mṛtyor mṛtyuḥ paro mataḥ (mṛtaḥ γ<sub>1</sub>) Γ mṛtyumātamaṅgakesarī β<sub>2</sub> **68a badhnāti**  
**hi** α<sub>1</sub>β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] badhnāti ha γ<sub>1</sub> badhnātiha Δ badhnātiḥ γ<sub>2</sub> **śirā** (sirā χ) β<sub>2</sub>γ<sub>2</sub>δ<sub>1</sub>η<sub>2</sub>χ]  
śiro β<sub>1</sub>β<sub>ω</sub>γ<sub>1</sub>δ<sub>2</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub> śilā α<sub>1</sub> **jālam** cett.] jālam β<sub>ω</sub> **68b adhogāmi** α<sub>1</sub>β<sub>1</sub>β<sub>2</sub>γ<sub>2</sub>Δε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ]  
adhogāmi γ<sub>1</sub> madhyegāmi β<sub>ω</sub> nādhāyāti η<sub>1</sub> **68d kaṇṭha** α<sub>1</sub>β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>γ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>χ] kaṇṭhe γ<sub>1</sub>Δη<sub>1</sub>η<sub>2</sub>  
**69c pataty** cett.] prayāty δ<sub>1</sub> kṣaraty γ<sub>1</sub> **69d pradhāvati** α<sub>1</sub>β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>] prakupyati Δη<sub>1</sub>χ

कण्ठसंकोचनेनैव द्वे नाड्यौ स्तम्भयेदृढं ।

मध्यचक्रमिदं ज्ञेयं षोडशाधारबन्धनम् ॥ (cd om.  $\eta_1$ )

3.70

बन्धत्रयमिदं श्रेष्ठं महासिद्धैर्निषेवितम् ।

सर्वेषां हठतन्त्राणां साधनं योगिनो विदुः ॥ (om.  $\Delta$ )<sup>23</sup>

3.71

अधस्तात्कुञ्चनेनाशु कण्ठसंकोचने कृते ।

मध्ये पश्चिमतानेन स्यात्प्राणो ब्रह्मनाडिगः ॥ ( $\Gamma\eta_1\eta_2$ )<sup>24</sup> [= 2.46]

3.71\*1

मूलस्थानं समाकुञ्च्य उड्डियानं तु कारयेत् । (ab om.  $\Delta\eta_2$ )

इडां च पिङ्गलां बद्धा वाहयेत्पश्चिमं पथम् ॥ (cd om.  $\eta_2$ )

3.72

अनेनैव विधानेन सेवयेत्पवनो लयम् ।

ततो न जायते मृत्युर्जरारोगादिकं तथा ॥

3.73

**70a** *saṃkocanenaiva* cett.] *saṃkocane caiva*  $\beta_1$  *saṃkocane dehe*  $\eta_1$  **70b** *dve nāḍyau*  $\alpha_1\gamma_2\Delta\epsilon_3\eta_2\chi$ ] *dve nāḍyo*  $\beta_1$  *dvaṃ nāḍyau*  $\epsilon_2$   $\gamma_{2pc}$  *dvināḍyau*  $\beta_2$   $\_nā\_$   $\gamma_1$  *nāḍyau*  $\alpha_1$   $\eta_1$  *gap*  $\beta_\omega$  **stambhayed**  $\alpha_1\beta_1\beta_2\epsilon_3\eta_1\eta_2\chi$ ] *stambhite*  $\Gamma\Delta\epsilon_2$  *gap*  $\beta_\omega$  **dr̥ḍham**  $\alpha_1\alpha_2\eta_1\eta_2\chi$ ] *dhruvam*  $\beta_1\Gamma\delta_1\delta_3\epsilon_2$  *dhruve*  $\delta_2$  *dhr̥vam*  $\epsilon_3$  *dhuram*  $\beta_2$  *gap*  $\beta_\omega$  **70c** *madhyacakram*  $\alpha_1\beta_1\beta_2\gamma_2\Delta\epsilon_2\epsilon_3\chi$ ] *madhyakram*  $\gamma_1$  *madhye cakram*  $\beta_\omega$  *madhyam cakram*  $\eta_2$  *om.*  $\eta_1$  **jñeyam** cett.] *ya*  $\gamma_1$  *om.*  $\eta_1$  **71b** *mahāsiddhair*  $\alpha_1\gamma_2\epsilon_2$ ] *mahāsiddhaiḥ*  $\eta_1\eta_2\chi$  *mahāsiddhe*  $\gamma_1$  *mahāsiddhi*  $\alpha_2\alpha_3\beta_1\beta_2\epsilon_3$  *mahāsiha*  $\beta_\omega$  **niṣevitam**  $\alpha_1\alpha_3\beta_1$   $\beta_2$   $\beta_\omega\Gamma\Delta\epsilon_2$ ] *ca sevitaṃ*  $\eta_1\eta_2\chi$  *prajāyate*  $\alpha_2$  *pradāyakaṃ*  $\epsilon_3$  **71c** *haṭha*  $\alpha_1\alpha_2\beta_1$   $\beta_2$   $\beta_\omega\gamma_2\chi$ ] *yoga*  $\gamma_1\epsilon_2\epsilon_3\eta_1\eta_2$  **71d** *sādhanaṃ* cett.] *sāraṇaṃ*  $\gamma_1$  **71\*1a** *kuñcanenāśu*  $\eta_1\eta_2$ ] *kuñcanenaiva*  $\Gamma$  **71\*1b** *saṃkocane kṛte*  $\eta_1\eta_2$ ] *saṃkocanena*  $\alpha_1$   $\Gamma$  **71\*1c** *madhye*  $\eta_1$ ] *madhya*  $\Gamma\eta_2$  **72a** *samākuñcya*  $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\epsilon_3\eta_1\chi$ ] *samākṛṣya*  $\Gamma\epsilon_2$  *om.*  $\Delta\eta_2$  **72b** *udḍiyānaṃ*  $\Gamma\epsilon_3\chi$ ] *udḍiyānaṃ*  $\beta_1\eta_1$  *udḍiyānaṃ*  $\alpha_1\epsilon_2$  *udiyānaṃ*  $\beta_2$  *udiyānaṃ*  $\beta_\omega$  *om.*  $\Delta\eta_2$  **72c** *idāṃ ca piṅgalāṃ*  $\alpha_3\beta_1\beta_\omega\gamma_2\Delta\epsilon_3\chi$ ] *idā*  $\alpha_1$  *piṅgalā*  $\alpha_1\beta_2\gamma_1\epsilon_2$  *idāpiṅgalāṃ*  $\eta_1$  *om.*  $\eta_2$  **baddhvā** cett.] *baddhā*  $\epsilon_2$  *baṃdhvā*  $\alpha_3$  *om.*  $\eta_2$  **72d** *pāścimaṃ*  $\alpha_3\beta_2\Gamma\Delta\epsilon_2\eta_1$ ] *pāścimāṃ*  $\beta_1\beta_\omega$  *pāścimā*  $\alpha_1\epsilon_3$  *om.*  $\eta_2$  *pāścime*  $\chi$  **patham** cett.] *pathāṃ*  $\beta_1$  *pathi*  $\chi$  *padam*  $\alpha_3$  *om.*  $\eta_2$  **73a** *anenaiva vidhānena* cett.] *brahmasthānasthito* *rodhaḥ*  $\eta_2$  **73b** *sevayet*  $\alpha_1\alpha_2\beta_1$   $\beta_2$   $\beta_\omega\delta_1\delta_3$ ] [*s*]*e*[*vay*]*e*[*t*]  $\delta_2$  *śevayet*  $\alpha_3$  *vaśayet*  $\epsilon_2$  *prayāti*  $\Gamma\epsilon_3\eta_1\eta_2\chi$  **pavano layam**  $\beta_\omega\gamma_2\epsilon_3\eta_1\eta_2\chi$ ] *pavano* *lagam*  $\gamma_1$  *pavanālayam*  $\alpha_1\alpha_2\beta_1\beta_2\delta_2\epsilon_2$  *pavanā*  $\alpha_3$  *pavanānalam*  $\delta_3$  *pāścimānaṃ*  $\delta_1$  **73c** *mṛtyur*  $\alpha_1\beta_2\beta_\omega\gamma_2\delta_3\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] *mṛtyu*  $\delta_1\delta_2$  *mṛtyum*  $\beta_1\gamma_1$  **73d** *jarārogādikaṃ*  $\Gamma\delta_2\delta_3\epsilon_2\eta_1\chi$ ] *jarārogādi* *kā*  $\alpha_2\beta_1$   $\beta_2$   $\beta_\omega$  *jarārogādikaḥ*  $\alpha_1$  *jarāmohādikaṃ*  $\epsilon_3$  *jvaro rogādikaḥ*  $\delta_1$  *nāśya jarādikaṃ*  $\eta_2$  **tathā** cett.] *kathā*  $\beta_1$   $\beta_2$   $\beta_\omega$  *vyathā*  $\alpha_2$  *tadā*  $\alpha_1$

<sup>23</sup> In  $\chi$  this verse is found after 3.73.

<sup>24</sup>  $\alpha_1\beta_2\beta_\omega\epsilon_2\epsilon_3\chi$  have this verse in chp. 2.  $\Gamma\eta_1\eta_2$  have this in both chapters.  $\Delta$  does not have it at all.

## अथ विपरीतकरणी ।

यत्किञ्चित् खवते चन्द्रादमृतं दिव्यरूपि च ।  
तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं विनाशि च ॥ (om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$ )<sup>25</sup> [= 4.8\*5] 3.73\*1

तत्रास्ति करणं दिव्यं सूर्यस्य मुखबन्धनम्\* ।  
गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥ [= 4.8\*6] (om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$ ) 3.73\*2

ऊर्ध्वं नाभिरधस्तालुर्ऊर्ध्वं भानुरधः शशी ।  
करणी विपरीताख्या गुरुवाक्येन लभ्यते ॥ (cd om.  $\beta_1 \beta_2 \delta_1 \delta_2 \epsilon_2 \eta_2$ ) 3.74

करणी विपरीताख्या सर्वव्याधिविनाशिनी । (ab om.  $\delta_3 \chi$ )  
नित्यमभ्यासयुक्तस्य जठराग्निविवर्धनी ॥ 3.75

आहारो बहुलस्तस्य संपाद्यः साधकस्य तु ।  
अल्पाहारो यदि भवेदग्निर्देहं दहेत्क्षणात् ॥ 3.76

**74 atha**  $\alpha_1 \beta_1 \beta_2 \beta_\omega \gamma_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \eta_2$ ] om.  $\gamma_2 \Delta \chi$  **viparītakaraṇī**  $\beta_2 \beta_\omega \Gamma \delta_2 \epsilon_3 \eta_1 \eta_2$ ] viparītakaraṇīm  $\alpha_1$  viparītakaraṇīyam  $\beta_1$  viparītakaraṇam  $\epsilon_2$  viparītakam  $\delta_3$  om.  $\delta_1 \chi$  **73\*1a** **sravate**  $\beta_2 \beta_\omega \gamma_2 \Delta \epsilon_2 \chi$ ] sravanam  $\gamma_1$  sevate  $\beta_1$  om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$  **candrād**  $\beta_1 \beta_2 \gamma_2 \Delta \chi$ ] candra  $\beta_\omega$  caṁdrām̐n  $\epsilon_2$  ceda«m»  $\gamma_1$  om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$  **73\*1b** **divyarūpi ca**  $\Gamma \Delta$ ] divyarūpiṇam  $\epsilon_2$  divyarūpiṇaḥ  $\beta_2 \chi$  divyarūpiṇī  $\beta_1$  divyarūpagah  $\beta_\omega$  om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$  **73\*1c** **grasate** cett.] sravate  $\beta_1$  **sūryas**  $\beta_1$   $\beta_2 \beta_\omega \Gamma \Delta \chi$ ] roho  $\epsilon_2$  om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$  **73\*1d** **piṇḍam**  $\beta_2 \beta_\omega \gamma_2 \Delta \epsilon_2$ ] piṇḍa  $\beta_1$  piḍam  $\gamma_1$  piṇḍo  $\chi$  om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$  **vināśi** ca  $\Gamma \delta_2 \delta_3 \epsilon_2$ ] vinasyati  $\delta_1$  jarāyutaṁ  $\beta_1 \beta_2 \beta_\omega$  jarāyutaḥ  $\chi$  om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$  **73\*2a** **tatrāsti**  $\beta_1 \beta_2 \beta_\omega \Gamma \delta_1 \delta_3 \epsilon_2 \chi$ ] tato sti  $\delta_2$  om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$  **73\*2b** **bandhanam** cett.] vañcanam  $\chi$  om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$  **73\*2c** **jñeyam**  $\beta_1 \beta_2 \beta_\omega \gamma_2 \Delta \epsilon_2 \chi$ ] \_yam  $\gamma_1$  om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$  **73\*2d** **na tu**  $\beta_1 \beta_2 \beta_\omega \gamma_2 \Delta \epsilon_2 \chi$ ] rttu  $\gamma_1$  om.  $\alpha_1 \epsilon_3 \eta_1 \eta_2$  **74a** **ūrdhvaṁ nābhir** cett.] ūrdhvanābhir  $\beta_1$  ūrdhvanābhor  $\gamma_1$  ūrdhvanābher  $\chi$  ūrdhvaṁ nābher  $\beta_2$  + + nābher  $\alpha_3$  **adhas tālur**  $\alpha_3 \beta_1 \beta_2 \beta_\omega \delta_1 \epsilon_2 \epsilon_3 \eta_2$ ] adhas tālu  $\alpha_1 \gamma_2 \delta_2 \eta_1$  adhas tālum  $\delta_3$  asāluktar  $\gamma_1$  adhas tālor  $\chi$  **74b** **ūrdhvaṁ** cett.] ūrdhva  $\gamma_1 \delta_1$  ūrdhvo  $\eta_1$  **74c** **karaṇī viparītakhyā**  $\alpha_1 \Gamma \delta_3 \eta_1 \chi$ ] karaṇam viparītakhyam  $\alpha_3 \beta_\omega \epsilon_3$  om.  $\beta_1 \beta_2 \delta_1 \delta_2 \epsilon_2 \eta_2$  **74d** **labhyate**  $\alpha_1 \beta_\omega \gamma_1 \epsilon_3 \eta_1 \chi$ ] lakṣayet  $\alpha_3$  gamyate  $\gamma_2 \delta_3$  om.  $\beta_1 \beta_2 \delta_1 \delta_2 \epsilon_2 \eta_2$  **75a** **karaṇī** cett.] karaṇam  $\beta_1$  **viparītakhyā** cett.] viparītakhyam  $\beta_2$  viparītakṣam  $\epsilon_2$  om.  $\delta_3 \chi$  **75b** **vināśini** cett.] vināśanī  $\beta_1 \epsilon_2$  vināśanam  $\beta_2 \beta_\omega$  om.  $\delta_3 \chi$  **75c** **yuktasya** cett.] saktasya  $\beta_1$  **75d** **vivardhani**  $\alpha_1 \beta_1 \gamma_2 \epsilon_2 \epsilon_3 \eta_1$ ] vivardhini  $\gamma_1 \Delta \eta_2 \chi$  vivardhanam  $\beta_2 \beta_\omega$  **76b** **tu** cett.] ca  $\gamma_1 \delta_2 \chi$  **76c** **alpāhāro**  $\alpha_1 \alpha_3 \beta_1 \beta_2 \beta_\omega \eta_1 \eta_2 \chi$ ] anāhāro  $\Gamma \delta_1 \delta_3 \epsilon_2 \epsilon_3$  anāhāre  $\delta_2$  **yadi bhaved** cett.] nirāhārah  $\eta_2$  **76d** **agnir deham**  $\alpha_1 \alpha_3 \beta_\omega \Delta \epsilon_3$ ] agnideham  $\beta_1 \Gamma \epsilon_2$  deham agnir  $\eta_1$  agnidāho  $\beta_2$  agnir daha°  $\chi$  kṣudhālasya  $\eta_2$  **dahet**  $\alpha_1 \beta_\omega \Gamma \Delta \epsilon_2 \eta_1$ ] haret  $\alpha_3 \beta_1 \epsilon_3$  bhavet  $\beta_2$  °ti tat  $\chi$  vaśe  $\eta_2$  **kṣaṇāt** cett. ( $\alpha_2 \alpha_3$ )] kramāt  $\alpha_1$  tataḥ  $\gamma_2$  bhavet  $\eta_2$

<sup>25</sup> Group A has this pair of verses in Ch. 4: यत्किञ्चित्खवते चन्द्रादमृतं दिव्यरूपिणः । तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं जरायुतं ॥ तत्रास्ति करणं दिव्यं सूर्यस्य परिवन्धनं । गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥

अधःशिराश्चोर्ध्वपादः क्षणं स्यात्प्रथमे दिने ।

क्षणञ्च किञ्चिदधिकमभ्यसेच्च दिने दिने ॥ (cd om.  $\delta_1$ )

3.77

वल्लिश्च पलितं चैव षण्मासोर्ध्वं न दृश्यते ।

याममात्रं तु यो नित्यमभ्यसेत्स तु कालजित् ॥

3.78

अत्रत्या वज्रोली ग्रन्थान्ते लिखिता । क्रमप्राप्ताप्यत्र त्यक्ता । असाधारणप्राण्यनुष्ठेयत्वात्  
स्याः । ( $\Delta$ )<sup>26</sup>

अथ वज्रोली ।<sup>27</sup>

स्वेच्छया वर्तमानोऽपि योगोक्तैर्नियमैर्विना ।

वज्रोलीं यो विजानाति स योगी सिद्धिभाजनम् ॥

3.79

तत्र वस्तुद्वयं वक्ष्ये दुर्लभं यस्य कस्य चित् ।

क्षीरं चैकं द्वितीयं तु नारी च वशवर्तिनी ॥

3.80

**77a śirāś cordhva**  $\beta_2\chi$ ] śirāś cordhva  $\alpha_1\alpha_3\beta_1\beta_\omega\delta_1\epsilon_2\epsilon_3\eta_1\eta_2$  śirā ūrdhva  $\gamma_2\delta_2$  śirā ūrdhva  $\gamma_1$  śirā ūrdhva  $\delta_3$  **pādaḥ**  $\alpha_1\alpha_3\beta_1\beta_2\Gamma\Delta\epsilon_3\chi$ ] pāda  $\beta_\omega\epsilon_2$  pāda  $\eta_1\eta_2$  **77b kṣaṇam syāt** cett.] kṣaṇam syāt  $\delta_1$  lakṣaṇam  $\eta_2$  **77c kṣaṇāc**  $\alpha_1\beta_2\beta_\omega\epsilon_3\eta_1\eta_2\chi$ ] kṣaṇāt tu  $\Gamma$  kṣaṇādyam  $\beta_1$  kṣaṇārdham  $\delta_3\epsilon_2$  kṣaṇārdhe  $\delta_2$  om.  $\delta_1$  **adhikam** cett.] apika  $\gamma_1$  om.  $\delta_1$  **77d abhyasec** ca cett.] abhyasetva  $\gamma_2$  bhyarccayec ca  $\gamma_1$  om.  $\delta_1$  **78a valis ca**  $\alpha_1\beta_1\beta_2\beta_\omega\eta_1$ ] valitam  $\gamma_1\Delta\epsilon_2\epsilon_3\eta_2\chi$  calitam  $\gamma_2$  **palitam** cett.] palitaś  $\beta_1\beta_2$  **78b ṣaṇmāsordhvaṃ na**  $\chi$ ] ṣaṇmāsārdhān na  $\alpha_1\beta_1\beta_2\epsilon_3$  ṣaṇmāsārdham na  $\beta_\omega$  ṣaṇmāsārdhena  $\Gamma\Delta$  ṣaṇmāsārdhe ca  $\epsilon_2$  ṣaṇmāsāt tu na  $\eta_1\eta_2$  **dṛśyate**  $\alpha_1\beta_1\beta_2\beta_\omega\epsilon_3\eta_1\eta_2\chi$ ] naśyati  $\Gamma\Delta\epsilon_2$  **78c yāmamātram tu** cett.] yāmamātram ca  $\epsilon_3$  yo māsatrāya  $\delta_3$  māsatrāyam tu  $\eta_2$  **nityam** cett.] gñibhyam  $\gamma_1$  **78d abhyaset** cett.] aset  $\delta_1$  **tu** cett.] su  $\gamma_2$  ca  $\epsilon_2$  **kālajit** cett.] kālavit  $\epsilon_2$  **79 granthānte likhitā**  $\delta_1$ ] granthāntare likhitā vartate  $\delta_2$  granthāntare tu likhitāsīt  $\delta_3$  **kramaprāptāpy atra tyaktā**  $\delta_2\delta_3$ ] om.  $\delta_1$  **asādhāraṇa**  $\delta_2$ ] asādhāraṇam  $\delta_1$  asāraṇa  $\delta_3$  **79b yogoktair**  $\alpha_3\beta_1\beta_2\beta_\omega\gamma_2\delta_1\eta_1\eta_2\chi$ ] yogokair  $\gamma_1$  yogoktar  $\epsilon_2$  yogokta  $\alpha_2\epsilon_3$  yogoktam  $\alpha_1$  niyamair  $\delta_3$  **niyamair vinā** cett.] vividhais tathā  $\delta_3$  **79c vajrolīm**  $\gamma_2\delta_1\epsilon_3\eta_1\eta_2\chi$ ] vajroli yo  $\beta_\omega\Gamma\delta_3\epsilon_2$  vajrolir yo  $\beta_1$  vajrāli yo  $\alpha_1$  **vijānāti** cett.] bhijānāti  $\Gamma$  **79d siddhibhājanam** cett.] <sup>26</sup>bhājanah  $\gamma_1$  siddhimān bhavet  $\eta_2$  **80a vastu** cett.] castu  $\alpha_1$  bheda  $\epsilon_2$  **vakṣ(y)e** cett.] manye  $\gamma_2$  api  $\gamma_1$  **80b cit** cett.] tu  $\epsilon_3$  **80c caikaṃ**  $\alpha_1\beta_1\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3\eta_1\chi$ ] caiva  $\eta_2$  ekaṃ  $\beta_2\Gamma$  **80d ca** cett.] tu  $\delta_3$

<sup>26</sup> In  $\Delta$  the Vajroli section is found at the end of the work.

<sup>27</sup> In  $\beta_2\eta_2$  this header is found after *vinā* of the next line.

- मेहनेन शनैः सम्यगूर्ध्वकुञ्चनमभ्यसेत् ।  
पुरुषो वापि नारी वा वज्रोलीसिद्धिमाप्नुयात् ॥ 3.81
- यत्नतः शरनालेन फूत्कारं वज्रकन्दरे ।  
शनैः शनैः प्रकुर्वीत वायुसंचारकारणात् ॥ (om.  $\gamma_1$ ) 3.82
- नार्या भगे पतद्विन्दुमभ्यासेनोर्ध्वमाहरेत् ।  
चलितं च स्वकं बिन्दुमूर्ध्वमाकृष्य रक्षयेत् ॥ (cd om.  $\Delta$ ) 3.83
- एवं तु रक्षयेद्विन्दुं मृत्युं जयति योगवित् । [3.84–3.98a lost  $\alpha_1$ ]  
मरणं बिन्दुपातेन जीवितं बिन्दुधारणात् ॥ (cd om.  $\delta_1$ ) 3.84
- सुगन्धि योगिनो देहं जायते बिन्दुधारणात् <sup>128</sup> (ab om.  $\delta_3\eta_1\eta_2$ )  
यावद्विन्दुः स्थिरो देहे तावन्मृत्युभयं कुतः ॥ 3.85

**81a mehanena**  $\alpha_1\beta_2\gamma_2\varepsilon_2\varepsilon_3\chi$ ] mehanina  $\beta_1$  mehanaiva  $\gamma_1$  mohanena  $\delta_1$  mohanenā  $\delta_3$  meḍhrenena  $\beta_\omega$  meḍhrenā *unm.*  $\eta_1$  mahānibhaṃ  $\eta_2$  **śanaiḥ** cett.] sadā  $\delta_1$  **81b ūrdhvakuñcanam**  $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\gamma_1\delta_1\delta_3\varepsilon_2\varepsilon_3\chi$ ] ūrdhva kuñcanam  $\gamma_2$  kṛtvā kuñcanam  $\eta_2$  gudākuñcanam  $\eta_1$  **81c vāpi nārī vā** cett.] vāpi vā nārī  $\delta_3$  'py atha vā nārī  $\chi$  **81d vajrolī**  $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\gamma_1\delta_3\varepsilon_2\varepsilon_3\eta_2\chi$ ] vajrolīm  $\delta_1\eta_1$  vajrolīḥ  $\gamma_2$  **siddhim āpnuyāt** cett.] siddhibhājanam  $\gamma_2$  siddhibhājanāḥ  $\gamma_1$  **82a yatnataḥ**  $\alpha_1\beta_1\beta_\omega\delta_1\varepsilon_2\varepsilon_3\chi$ ] prayatnataḥ  $\gamma_2\eta_1\eta_2$  prayatnāt  $\beta_2$  **śaranālena**  $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\delta_1\delta_3$ ] śalanolena  $\varepsilon_2$  śatanārīṇāṃ  $\varepsilon_3$  śastanālena  $\chi$  śironāle  $\gamma_2\eta_1\eta_2$  **82b phūtkāraṃ**  $\alpha_1\delta_3\varepsilon_2\eta_1\chi$ ] phutkāraṃ  $\beta_\omega$  pūtkāraṃ  $\delta_1\varepsilon_3$  phūtkārah  $\gamma_2\eta_2$  sphūtkāraṃ  $\beta_2$  śaraṃ tu  $\beta_1$  **vajra** cett.] kaṃbu  $\gamma_2\eta_2$  **kandare**  $\beta_1$   $\beta_2$   $\beta_\omega\varepsilon_2\varepsilon_3\chi$ ] kandhare  $\alpha_1\gamma_2\delta_1\delta_3\eta_1\eta_2$  **82c śanaiḥ** cett.] śanaḥ  $\eta_2$  **prakurvīta** cett.] prakurvaṃti  $\beta_2\eta_2$  **83a nārī**  $\beta_1\beta_2\Gamma\delta_1\delta_3\varepsilon_2\varepsilon_3$ ] nārī  $\alpha_2\chi$  mārī  $\alpha_1$  bhārī  $\beta_\omega\eta_1\eta_2$  **bhage** cett.] bhāge  $\alpha_1\beta_1$  **patad** cett.] pated  $\gamma_2$  ca tad  $\varepsilon_2$  **bindum**  $\alpha_1\beta_1\beta_2\Gamma\delta_1\delta_3\varepsilon_2\varepsilon_3\chi$ ] bindhuḥm  $\beta_\omega$  bindur  $\eta_1\eta_2$  **83b āharet** cett.] ācaret  $\beta_1$  āruhet  $\delta_3$  **83c calitaṃ** cett.] bhavitaṃ  $\beta_1$  **ca svakaṃ**  $\alpha_1\alpha_2$ ] tu svakaṃ  $\alpha_3\beta_1\beta_2\Gamma\varepsilon_2$  tu sukaṃ  $\beta_\omega$  ca nijaṃ  $\varepsilon_3\chi$  patitaṃ  $\eta_1$  calitaṃ  $\eta_2$  *om.*  $\delta_1\delta_3$  **83d ūrdhvam ākr̥ṣya rakṣayet** cett. ( $\alpha_3$ )] ūrdhvam ākr̥ + + + +  $\alpha_1$  ūrdhvam āhr̥tya rakṣayet  $\varepsilon_3$  abhyāsenordhvam āharet  $\varepsilon_2$  *om.*  $\delta_1\delta_3$  **84a tu rakṣayed**  $\alpha_2\alpha_3\beta_1$   $\beta_2$   $\beta_\omega\Gamma\varepsilon_2$ ] samrakṣayed  $\delta_1\delta_3\chi$  surakṣayed  $\varepsilon_3$  rakṣati yo  $\eta_1\eta_2$  **84c bindu** cett.] vida  $\varepsilon_2$  *om.*  $\delta_1$  **84d jivitaṃ**  $\alpha_2\beta_\omega\delta_3\varepsilon_2\varepsilon_3\eta_1\eta_2$ ] jīvitaṃ  $\beta_1$  jīvanam  $\beta_2\gamma_2\chi$  jī  $\gamma_1$  *om.*  $\delta_1$  **bindudhāraṇāt** cett.] bindurakṣaṇāt  $\varepsilon_3$  *om.*  $\gamma_1\delta_1$  **85a sugandhi**  $\alpha_2\beta_1$   $\beta_2$   $\beta_\omega\Gamma\delta_1\varepsilon_3$ ] sugandho  $\varepsilon_2\chi$  *om.*  $\delta_3\eta_1\eta_2$  **deham**  $\alpha_2\beta_1\beta_\omega$ ] dehe  $\delta_1\varepsilon_3\chi$  deho  $\beta_2\Gamma\varepsilon_2$  *om.*  $\delta_3\eta_1\eta_2$  **85b dhāraṇāt**  $\beta_1\beta_\omega\gamma_1\gamma_2\delta_1\varepsilon_2\chi$ ] rakṣaṇāt  $\beta_2\varepsilon_3$  *om.*  $\delta_3\eta_1\eta_2$  **85c binduḥ**  $\gamma_1\delta_3\eta_2\chi$ ] bindu  $\alpha_3\beta_1$   $\beta_2$   $\beta_\omega\gamma_2\delta_1\varepsilon_2\varepsilon_3\eta_1$  **sthīro**  $\alpha_2\alpha_3\Gamma\delta_1\varepsilon_2\eta_1\eta_2\chi$ ] sthito  $\beta_1$   $\beta_2$   $\beta_\omega\delta_3\varepsilon_3$  **dehe** cett.] deho  $\Gamma$  **85d mṛtyubhayaṃ kutaḥ**  $\alpha_3\beta_1$   $\beta_2$   $\beta_\omega\delta_1\delta_3\eta_1\eta_2$ ] kālabhayaṃ kutaḥ  $\alpha_2\Gamma\varepsilon_2\chi$  jīvanam ucyate  $\varepsilon_3$

<sup>28</sup>  $\varepsilon_3$  has this hemistich after the first half of the next verse.

चित्तायत्तं नृणां शुक्रं शुक्रायत्तं हि जीवितम् ।  
तस्माच्छुक्रं मनश्चैव रक्षणीयं प्रयत्नतः ॥

3.86

ऋतुमत्या रजोऽप्येवं स्त्रिया<sup>#</sup> बिन्दुं च रक्षयेत् ।  
मेद्रेणाकर्षयेदूर्ध्वं सम्यगभ्यासयोगतः ॥

3.87

अयं योगः पुण्यवतां धन्यानां तत्त्वशालिनाम् । (ab om. α<sub>2</sub> α<sub>3</sub>)  
निर्मत्सरानां सिध्येत न तु मत्सरशालिनाम् ॥ (cd om. α<sub>2</sub> α<sub>3</sub>δ<sub>3</sub>)<sup>29</sup>

3.87\*1

अथ सहजोली । (γ<sub>2</sub>η<sub>2</sub>χ)

सहजोली चामरोली वज्रोल्या एव भेदतः ॥

3.88

जलेषु<sup>#</sup> भस्म निक्षिप्य दग्धगोमयसम्भवं । (ab om. α<sub>2</sub> α<sub>3</sub>β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>γ<sub>1</sub>)  
वज्रोलीमैथुनादूर्ध्वं स्त्रीपुंसोः स्वाङ्गलेपनम् ॥

3.89

**86a** cittāyattam cett.] cittamattam γ<sub>1</sub> anāyattam α<sub>3</sub> manodhīnam β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub> manomayam α<sub>2</sub> **śukram** cett.] śuklam α<sub>3</sub>β<sub>ω</sub> **86b** śukrāyattam cett.] śuklāyatam β<sub>ω</sub> śuklā++ α<sub>3</sub> śukrādhi-  
nam β<sub>1</sub>β<sub>2</sub> **hi** β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>] tu α<sub>2</sub>β<sub>2</sub>Γδ<sub>1</sub> ca δ<sub>3</sub>ε<sub>3</sub>χ **jīvitam** cett.] jivanam β<sub>2</sub>γ<sub>2</sub> **86c** manāś  
**caiva** cett.] manāś caivam η<sub>1</sub> rajaś caiva η<sub>2</sub> rakṣaṇīyam δ<sub>3</sub> **86d** rakṣaṇīyam cett.] yogibhiś  
ca δ<sub>3</sub> **87a** rtumatyā β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>χ] bindumadhye δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub> 'py evam β<sub>2</sub>Γδ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ]  
thevam β<sub>ω</sub> py eva η<sub>2</sub> strijam β<sub>1</sub> **87b** striyā Γ] bijam δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub> vīryam α<sub>2</sub> jivam δ<sub>3</sub> nijam χ  
svīyam β<sub>1</sub> jayam β<sub>ω</sub> bindum β<sub>2</sub> **bindum** cett.] bindu β<sub>1</sub>β<sub>ω</sub>η<sub>2</sub> rakṣe β<sub>2</sub> **ca** cett.] tu β<sub>2</sub>ε<sub>2</sub>η<sub>1</sub>  
pra° δ<sub>3</sub> **rakṣayet** cett.] rakṣayan β<sub>ω</sub> tamnnayet δ<sub>1</sub> °pālayet δ<sub>3</sub> yogavit β<sub>2</sub> **87c** medhreṇā  
cett.] medhreṇa δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub> medhrā γ<sub>1</sub> medhrām ā η<sub>2</sub> **karṣayed** cett.] karṣayad β<sub>ω</sub> kuṁcayed η<sub>2</sub>  
**87d** yogataḥ Γδ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>] yogavān α<sub>3</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub> yogavit η<sub>2</sub>χ pātavāt α<sub>2</sub>β<sub>2</sub> **87\*1b** dhanyānām cett.]  
dhirānām χ **śālinām** β<sub>1</sub>β<sub>2</sub>γ<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>] śālinam β<sub>ω</sub>ε<sub>2</sub> sattinām γ<sub>1</sub> darśinām η<sub>2</sub>χ **87\*1c** sid-  
**hyeta** β<sub>1</sub>β<sub>ω</sub>γ<sub>1</sub>δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>] siddheta γ<sub>2</sub> vai sidhyen (but sidhyeta in mss?) χ siddhet η<sub>2</sub> siddhānām β<sub>2</sub>  
**87\*1d** śālinām β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>Γδ<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>χ] śālinam ε<sub>2</sub> śālinām η<sub>2</sub> **88** atha sahajolī γ<sub>2</sub>η<sub>2</sub>] atha saha-  
joliḥ χ **88a** sahajolī α<sub>2</sub>β<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] sahajoliś β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>χ sahajolāms β<sub>1</sub> sahaś α<sub>3</sub> **cāmarolī**  
α<sub>2</sub>β<sub>1</sub>β<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>] cāmarolī β<sub>ω</sub>ε<sub>2</sub> cāmarolir ε<sub>3</sub>χ vāmarolī η<sub>2</sub> cāmarolī ca η<sub>1</sub> cāmaroliś ca Γ camaronaulī α<sub>3</sub>  
**88b** vajrolyā cett.] vajrolyante δ<sub>1</sub>δ<sub>3</sub> vajroli β<sub>2</sub> **eva** bhedataḥ α<sub>2</sub>β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>] ekabhedataḥ  
η<sub>2</sub> bheda ekataḥ χ prakīrtitā δ<sub>1</sub> pracodyate δ<sub>3</sub> **89a** jaleṣu bhasma γ<sub>2</sub>δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] jale subhasma  
χ jale bhasmani δ<sub>3</sub> **nikṣipya** δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] niḥkṣipya γ<sub>2</sub> **89b** dagdha γ<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ]  
dagdham ε<sub>2</sub> **sambhavam** γ<sub>2</sub>δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] sambhave δ<sub>3</sub> **89c** vajrolīmaithunād cett.] va-  
jrolīmithunād ε<sub>3</sub> **89d** strīpumsoḥ γ<sub>2</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ] strīpumso α<sub>2</sub>β<sub>ω</sub> pumsostrī β<sub>1</sub> strīpumsā γ<sub>1</sub>  
strīpumsau ε<sub>3</sub> strīpumsos β<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub> **svāṅga** α<sub>2</sub>β<sub>1</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] svāṅgu β<sub>ω</sub> cāṅga β<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>

<sup>29</sup> In ε<sub>3</sub> Pāda b and d are transposed; χ has this verse at the end of the Sahajoli section.



आसीनयोः सुखेनैव मुक्तव्यापारयोः क्षणम् ।  
सहजोल्लिरियं प्रोक्ता श्रद्धेया योगिभिः सदा ॥

3.90

अयं शुभकरो योगो भोगे मुक्तेऽपि मुक्तिदः ॥ (om. α<sub>2</sub> α<sub>3</sub> γ<sub>1</sub>) [cf. 3.94cd]

3.90\*1

अथ अमरोली । (γ<sub>2</sub> Δ ε<sub>3</sub> η<sub>2</sub> χ)

पित्तोल्बणत्वात्प्रथमाम्बुधारां  
विहाय निःसारतयान्त्यधाराम् ।  
निषेव्यते शीतलमध्यधारा  
कापालिकैः खण्डमतैरमर्याः ॥ (om. γ<sub>1</sub>)<sup>30</sup>

3.91

अमरीं यः पिबेन्नित्यं नस्यं कुर्वन्<sup>#</sup> दिने दिने ।  
वज्रोलीं चाभ्यसेदेवममरोलीति कथ्यते ॥<sup>31</sup> (om. γ<sub>1</sub>)

3.92

**90a** āsīnayoḥ cett.] anenaiva ε<sub>3</sub> **sukhenaiva** cett.] mukhenaiva η<sub>2</sub> **90b** vyāpārayoḥ  
β<sub>1</sub>β<sub>2</sub>Γδ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>χ] vyāpārayo ε<sub>2</sub>η<sub>2</sub> vyāpāramo β<sub>ω</sub> vyāpārāla\* δ<sub>1</sub> **kṣaṇam** β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] kṣaṇāt Γχ **90c** sahajolir α<sub>2</sub>β<sub>1</sub>γ<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] sahajolir β<sub>ω</sub>γ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>χ sahajolī β<sub>2</sub> **90d** śrad-  
dheyā β<sub>1</sub>β<sub>ω</sub>χ] śraddhayā α<sub>2</sub>α<sub>3</sub>β<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub> sādhyeyā η<sub>2</sub> siddhaye ε<sub>3</sub> sevyate Γε<sub>2</sub> **90\*1b** bhoge  
β<sub>1</sub>β<sub>ω</sub>γ<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>] bhoga β<sub>2</sub>ε<sub>2</sub>η<sub>1</sub>χ yoga δ<sub>3</sub> gap δ<sub>1</sub> **bhukte** β<sub>ω</sub>γ<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>] yukte β<sub>1</sub> yukto χ mukte  
ε<sub>2</sub> mukti δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub> yoge β<sub>2</sub> **'pi muktidaḥ** β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>γ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] vimuktidaḥ δ<sub>3</sub>η<sub>1</sub> pradāyakaḥ  
δ<sub>1</sub> **91** atha amarolī γ<sub>2</sub>η<sub>2</sub>] āthamarolī χ āthamārolī ε<sub>3</sub> tatrāmarolī δ<sub>1</sub>δ<sub>3</sub> **91a** pittol-  
baṇatvāt α<sub>3</sub>β<sub>1</sub>β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>χ] pītva aṇut β<sub>2</sub> virttaṇatvādyat ε<sub>2</sub> vihāya nityām η<sub>2</sub> vihāya nīv...h  
γ<sub>2</sub> **prathamāmbu** δ<sub>3</sub>η<sub>1</sub>χ] prathamām ca β<sub>1</sub>β<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub> prathamam ca α<sub>3</sub>γ<sub>2</sub> prathamam vi β<sub>ω</sub>  
prathamām unṁ. δ<sub>1</sub> **dhārām** cett.] om. δ<sub>1</sub> **91b** niḥsāratayāntya β<sub>1</sub>δ<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] niḥsārab-  
hayāntya δ<sub>3</sub> niḥsāralayāntya γ<sub>2</sub> niḥsārayāntya β<sub>ω</sub> niḥsmāratayāntya ε<sub>2</sub> niḥsāratapāmsu β<sub>2</sub>  
**91c** niṣevyate cett.] niṣevite β<sub>2</sub> niṣevyate β<sub>1</sub>η<sub>1</sub> nikhyevyate β<sub>ω</sub> **dhārā** β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] dhārām  
β<sub>2</sub>γ<sub>2</sub>δ<sub>3</sub>η<sub>1</sub> dhārāḥ δ<sub>1</sub> **91d** kāpālikaiḥ β<sub>1</sub>β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>] kapālikaiḥ γ<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub> kapālakaiḥ β<sub>2</sub> kāpā-  
like χ **khaṇḍamatair** β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>η<sub>1</sub>] khaṇḍamatair ε<sub>2</sub> khaṇḍamate ε<sub>3</sub>χ kaṇṭhamatāḥair δ<sub>1</sub>δ<sub>3</sub>  
kuṇṭhamatair γ<sub>2</sub>η<sub>2</sub> **amaryāḥ** δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>] amaryā β<sub>1</sub>β<sub>2</sub> aryā β<sub>ω</sub> amedhyā η<sub>2</sub> amedhyām γ<sub>2</sub> amed-  
hya η<sub>1</sub> 'marolī χ 'marolī ε<sub>3</sub> **92a** amarīm γ<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>η<sub>2</sub>χ] amarī β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub> amarim β<sub>2</sub> **yaḥ** β<sub>1</sub>  
β<sub>2</sub> β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] yo γ<sub>2</sub>η<sub>2</sub> **piben** cett.] piban δ<sub>3</sub> **92b** nasyam kurvan β<sub>2</sub>β<sub>ω</sub>δ<sub>1</sub>χ] nasyam  
kurvan α<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub> trśya kurvan β<sub>1</sub> na samkurvan δ<sub>3</sub> nasyam kuryād α<sub>2</sub>η<sub>1</sub> tasya kuryā γ<sub>2</sub> tastham  
kuryād η<sub>2</sub> **92c** vajrolīm cā α<sub>3</sub>δ<sub>1</sub>δ<sub>3</sub>] vajrolī cā β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub> vajrolī vā β<sub>1</sub> vajrolīm a γ<sub>2</sub>η<sub>2</sub>χ vajrolī ka  
β<sub>2</sub> **'bhyased evam** α<sub>2</sub>α<sub>3</sub>] bhyasec ceyam δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub> bhyaset seyam β<sub>ω</sub> bhyasevoyam β<sub>1</sub> bhyasen  
nityam η<sub>1</sub> bhyaset satve γ<sub>2</sub> bhyasec chattivē η<sub>2</sub> bhyaset samyak χ thyate seyam β<sub>2</sub> **92d** amaroliti  
cett.] sāmroliti χ amarolīm tu ε<sub>3</sub> **kathyate** cett.] kalpayet ε<sub>3</sub> kasyate η<sub>2</sub>

<sup>30</sup> γ<sub>2</sub> seems to have supplied this verse and the next one from a ms belonging to the ε-group.

<sup>31</sup> In χ the verse 3.103 is found after this

- पुंसो बिन्दुं समाकृष्य सम्यग्भ्यासपाटवात् ।  
यदि नारी रजो रक्षेद्ब्रजोल्या सा हि योगिनी ॥ (om.  $\alpha_2 \alpha_3$ ) 3.92\*1
- तस्याः किञ्चिद्रजो नाशं न गच्छति न संशयः ।  
तस्याः शरीरे नादस्तु बिन्दुतामेव गच्छति ॥ (om.  $\alpha_2 \alpha_3$ ) (cd om.  $\gamma_2$ ) 3.92\*2
- स बिन्दुस्तद्रजश्चैव एकीभूय स्वदेहजौ<sup>#</sup> ।  
वज्रोल्याभ्यासयोगेन सर्वसिद्धिं प्रकुर्वतः ॥ (om.  $\alpha_2 \alpha_3$ ) 3.92\*3
- रक्षेदाकुञ्चनेनोर्ध्वं या रजः सा हि योगिनी । ( $\alpha_2 \alpha_3 \gamma_2 \eta_2 \chi$ )<sup>32</sup>  
अतीतानागतं वेत्ति खेचरी च भवेद्भुवम् ॥ 3.93
- देहसिद्धिं च लभते वज्रोल्याभ्यासयोगतः । (ab om.  $\alpha_2$ )  
अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (cd om.  $\alpha_2 \Gamma$ ) [cf. 3.90\*1cd] 3.94

**92\*1a pumso**  $\beta_1 \gamma_1 \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_2 \chi$ ] pumsor  $\beta_2 \gamma_2$  pumsām  $\beta_{\omega} \eta_1$  **binduṃ** cett.] bindu  $\beta_1 \beta_{\omega} \epsilon_2 \epsilon_3 \eta_2$  **samākṛṣya**  $\Gamma$ ] samākuñcya cett. **92\*1b pātavāt**  $\beta_1 \beta_2 \delta_1 \delta_3 \epsilon_3 \chi$ ] pātavān  $\beta_{\omega} \Gamma \epsilon_2 \eta_2$  pāravān  $\eta_1$  **92\*1d vajrolyā**  $\beta_1 \beta_{\omega} \gamma_2 \epsilon_2 \eta_1 \chi$ ] vajrolyām  $\delta_1$  vajrolyā  $\delta_3$  vajroli  $\beta_2$  vajroli  $\epsilon_3$  samyoge  $\eta_2$  om. (3.92\*1d–3.94a om. prob. by eye-skip)  $\gamma_1$  **sā hi**  $\beta_{\omega}$ ] saha  $\beta_1 \beta_2 \gamma_2 \epsilon_2$  sāpi  $\delta_1 \epsilon_3 \eta_1 \chi$  syāpi  $\delta_3$  cāpi  $\eta_2$  om.  $\gamma_1$  **92\*2c tasyāḥ**  $\beta_1 \beta_2 \delta_1 \delta_3 \epsilon_3 \eta_1 \eta_2 \chi$ ] yasyāḥ  $\epsilon_2$  asyāḥ  $\beta_{\omega}$  om.  $\Gamma$  **śārīre** cett.] śārīra  $\delta_3 \epsilon_3$  śārīre pi  $\beta_1$  om.  $\Gamma$  **nādas tu**  $\beta_1 \beta_2$   $\beta_{\omega} \delta_3 \epsilon_2 \epsilon_3 \eta_1$ ] nādas tat  $\eta_2$  nādātmā  $\delta_1$  nādaś ca  $\chi$  om.  $\Gamma$  **92\*2d bindutām eva**  $\beta_1 \beta_{\omega} \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \chi$ ] bindus tam eva  $\eta_2$  vyamjātām eva  $\beta_2$  om.  $\Gamma$  **92\*3b ekī** cett.] hy ekī  $\delta_3$  om.  $\gamma_1$  **bhūya**  $\beta_2 \beta_{\omega} \gamma_2 \delta_1 \delta_3 \epsilon_3 \chi$ ] bhūyāḥ  $\epsilon_2 \eta_2$  bhūtaḥ  $\eta_1$  bhūta  $\beta_1$  om.  $\gamma_1$  **svadehajau**  $\beta_1 \beta_{\omega} \gamma_2 \epsilon_2 \epsilon_3 \eta_1$ ] svadehajaiḥ  $\beta_2 \eta_2$  svadehajam  $\delta_3$  sadehajam  $\delta_1$  svadehagau  $\chi$  om.  $\gamma_1$  **92\*3c vajrolyā**  $\beta_1 \beta_2$   $\beta_{\omega} \epsilon_2 \epsilon_3 \eta_1 \eta_2$ ] vajrolyā  $\gamma_2 \delta_1 \delta_3 \chi$  om.  $\gamma_1$  **92\*3d siddhiṃ**  $\beta_1 \beta_2 \gamma_2 \delta_1 \epsilon_2 \epsilon_3 \chi$ ] siddhi  $\beta_{\omega} \eta_1$  siddhiḥ  $\delta_3 \eta_2$  om.  $\gamma_1$  **prakurvataḥ**  $\beta_1 \epsilon_2 \epsilon_3$ ] prakurvate  $\gamma_2 \delta_1 \delta_3$  prayacchataḥ  $\chi$  prayacchati  $\beta_2$  prajāyate  $\beta_{\omega} \eta_1 \eta_2$  om.  $\gamma_1$  **93a rakṣed ākuñcanenordhvaṃ em.**] rakṣe[d ā]kuñcane... +  $\alpha_3$  rakṣed ākumbhanonordham  $\alpha_2$  rakṣed ākuñcanād ūrdhvaṃ  $\chi$  mehenākuñcanād ūrdhvaṃ  $\gamma_2$  medhṛām ākuñcanād ūrdhvaṃ  $\eta_2$  **93b yā rajaḥ sā hi yoginī**  $\chi$ ] yā rajaḥ saha yoginī  $\alpha_2$  rajasāpi hi yogināḥ  $\gamma_2 \eta_2$  **93c atitānāgataṃ** cett.] atitānāgate  $\beta_2$  atitānāgatiṃ  $\epsilon_3$  atitānāṃ gatiṃ  $\epsilon_2$  om.  $\gamma_1$  **93d khecarī ca** cett.] khecarī (one syllable missing)  $\delta_1$  khecarīm la°  $\delta_3$  khecaraś ca  $\eta_2$  om.  $\gamma_1$  **bhaved dhruvam** cett.] bhaved dṛḍham  $\beta_1$  °bhate dhruvam  $\delta_3$  prajāyate  $\gamma_2$  om.  $\gamma_1$  **94a ca** cett.] tu  $\eta_1$  om.  $\gamma_1$  **labhate** cett.] labhyeta  $\beta_2$  om.  $\gamma_1$  **94b vajrolyabhyāsa**  $\alpha_4 \gamma_2 \delta_1 \delta_3 \chi$ ] vajrolyābhyāsa  $\beta_1 \beta_2$   $\beta_{\omega} \gamma_1 \epsilon_2 \epsilon_3 \eta_1 \eta_2$  **94c ayaṃ śubhakaro**  $\alpha_3 \alpha_4$ ] ayaṃ puṇyākaro yoga  $\chi$  yasmād ayaṃ sādhakāya  $\beta_1 \beta_2$   $\beta_{\omega}$  tasmād ayaṃ sādhakāya  $\delta_1 \delta_3 \epsilon_2 \epsilon_3$  tasmād ayaṃ sādhaako'yaṃ  $\eta_1$  tasmād ayaṃ sādhanāṃ  $\eta_2$  **94d bhoge bhukte'pi muktidaḥ**  $\beta_1 \chi$ ] bhoge bhukti «pi» muktidaḥ  $\beta_{\omega}$  bhogamukte pi muktidaḥ  $\epsilon_2$  bhogabhukti(yoga-mukti ac)vimuktidaḥ  $\delta_1$  bhogamuktivimuktidaḥ  $\alpha_3 \delta_3 \eta_1$  bhoge muktivimuktidaḥ  $\eta_2$  bhogayukto pi muktidaḥ  $\epsilon_3$  bhogayoge pi muktidaḥ  $\beta_2$  bhyāsyayuktasya muktida  $\alpha_4$

<sup>32</sup>  $\gamma_2$  has this hemistich between 3.92 and 3.92\*1.

तस्मात्पुण्यवतामेव अयं योगः प्रसिध्यति ॥<sup>33</sup> (om.  $\alpha_2 \alpha_3 \chi$ ) 3.94\*1

अथ शक्तिचालनम् ।

कुटिलाङ्गी कुण्डलिनी भुजङ्गी शक्तिरीश्वरी ।  
कुण्डल्यरुन्धती चेति शब्दाः पर्यायवाचकाः ॥ (om.  $\alpha_2 \alpha_3$ ) 3.94\*2

उद्धाटयेत्कपाटं तु यथा कुञ्चिकया हठात् ।  
कुण्डलिन्या तथा योगी मोक्षद्वारं विभेदयेत् ॥<sup>34</sup> (om.  $\alpha_2 \alpha_3$ ) 3.94\*3

येन मार्गेण गन्तव्यं ब्रह्मस्थानं निरामयम् ।  
मुखेनाच्छाद्य तद्वारं प्रसुप्ता परमेश्वरी ॥ (om.  $\alpha_2 \alpha_3$ ) 3.94\*4

कन्दोर्ध्वं कुण्डली शक्तिः सुप्ता मोक्षाय योगिनाम् ।  
बन्धनाय च मूढानां यस्तां वेत्ति स योगवित् ॥ (om.  $\alpha_2 \alpha_3$ ) 3.94\*5

**94\*1a** eva  $\beta_2 \Gamma \eta_2$ ] evam  $\beta_1 \beta_\omega \delta_1 \delta_3 \varepsilon_2 \varepsilon_3 \eta_1$  **94\*1b** ayam yogaḥ  $\beta_1 \beta_2 \beta_\omega \Gamma \varepsilon_2 \varepsilon_3 \eta_1$ ] eṣa yogaḥ  $\delta_1 \delta_3$  yogo'yaṁ  $\eta_2$  **prasidhyati**  $\beta_1 \beta_2 \beta_\omega \Gamma \delta_1 \delta_3 \varepsilon_2 \varepsilon_3 \eta_1$ ] samprasidhyati  $\eta_2$  **95** atha  $\alpha_3 \beta_1 \beta_2 \beta_\omega \varepsilon_2 \eta_1 \eta_2 \chi$ ] om.  $\Gamma \Delta \varepsilon_3$  **śakticālanam**  $\alpha_3 \beta_1 \beta_2 \beta_\omega \Upsilon_2 \Delta \varepsilon_2 \eta_1 \chi$ ] śaktiyānaṁ  $\Upsilon_1$  śakti  $\eta_2$  om.  $\varepsilon_3$  **94\*2a** kuṭilāṅgī  $\beta_1 \beta_2 \beta_\omega \Delta \eta_1 \eta_2 \chi$ ] kuṇḍalāṅgī  $\Upsilon_2 \varepsilon_2 \varepsilon_3$  kundalīgī  $\Upsilon_1$  **94\*2b** śaktir īśvarī  $\beta_1 \beta_2 \beta_\omega \Upsilon_2 \varepsilon_2 \varepsilon_3 \eta_1 \eta_2 \chi$ ] śaktir aiśvarī  $\delta_1 \delta_2$  śaktir asvarī  $\Upsilon_1$  śaktivardhini  $\delta_3$  **94\*2c** kuṇḍaly  $\beta_1 \beta_2 \beta_\omega \Gamma \varepsilon_2 \varepsilon_3 \eta_1 \eta_2 \chi$ ] kuṭily  $\Delta$  **arundhati** cett.] aruṇḍhiti  $\beta_1$  ā[ku]ṇḍalī  $\eta_1$  āceti ruṁ°  $\eta_2$  **ceti**  $\beta_1 \eta_1$ ] veti  $\beta_\omega$  vati  $\varepsilon_2$  caiva  $\varepsilon_3$  caite  $\beta_2 \chi$  devī  $\Gamma \delta_1 \delta_3$  divī  $\delta_2$  dhamti  $\eta_2$  **94\*2d** śabdāḥ paryāyavācakaḥ cett.] śabdā cārvāk vācakaḥ  $\beta_1$  śabdaḥ paryāyavācakaḥ  $\delta_1 \delta_3$  **94\*3a** udghāṭayet cett.] udghāṭayati  $\varepsilon_2$  **kapāṭam** cett.] kapāṭam  $\delta_3$  **tu** cett.] om.  $\varepsilon_2$  **94\*3b** kuñcikayā cett.] kuñcukayā  $\beta_2$  **94\*3d** vibhedayet cett.] prabhedayet  $\Upsilon_1$  nirodhayet  $\Upsilon_2$  **94\*4a** mārgena  $\beta_1 \beta_2 \beta_\omega \varepsilon_2 \varepsilon_3 \eta_1 \eta_2 \chi$ ] dvāreṇa  $\Gamma \Delta$  **94\*4c** ācchādy cett.] ākṣādyā/ājñādyā  $\delta_1$  āvādyā  $\varepsilon_2$  **tadvāraṁ**  $\Upsilon_1 \delta_3 \eta_2$ ] tadvāraṁ  $\beta_1 \beta_\omega \Upsilon_2 \varepsilon_2 \varepsilon_3 \eta_1 \chi$  taṁ dvāraṁ  $\beta_2$  nadvāraṁ  $\delta_1$  tedvāraṁ  $\delta_2$  **94\*5a** kandordhvaṁ  $\beta_1 \Gamma \varepsilon_2 \varepsilon_3$ ] kandordhve (kandho°  $\delta_1 \text{ac}$ )  $\delta_1 \delta_3 \eta_1 \eta_2 \chi$  kandorddha  $\beta_\omega$  kaṁṭhorddham  $\beta_2$  kuṇḍovvo  $\delta_2$  **śaktiḥ/śaktir** cett.] śakti  $\beta_\omega$  **94\*5b** sūptā  $\beta_1 \beta_2 \beta_\omega \varepsilon_3 \eta_1 \eta_2 \chi$ ] buddhā  $\Gamma \delta_2 \varepsilon_2$  baddhā  $\delta_1 \delta_3$  **94\*5c** mūḍhānām cett.] mūrkhāṇām  $\Upsilon_2$

<sup>33</sup>  $\Upsilon_1$  has a sub-colophon marking the end of Chap. 3 after this verse (the 100th!). Chap. 4 contains only 29 verses, which are the remaining verses of the usual Chap. 3. Chap. 5 corresponds to the usual Chap. 4.

<sup>34</sup> This verse and the next one are transposed in  $\varepsilon_2$ .

अम्भोधिशैलद्वीपानामाधारः शेषकुण्डली । (ab om. $\alpha_2 \alpha_3 \chi$ )	
अशेषयोगतन्त्रापानामाधारः कुण्डली तथा ॥ (cd om. $\alpha_2 \alpha_3 \eta_1 \chi$ ) [cf. 3.1]	3.94*6
कुण्डली कुटिलाकारा सर्पवत्परिकीर्तिता ।	
सा शक्तिश्चालिता येन स मुक्तो नात्र संशयः ॥ (om. $\alpha_2 \alpha_3$ ) [= 4.59]	3.94*7
गङ्गायमुनयोर्मध्ये बालरण्डा तपस्विनी ।	
बलात्कारेण गृहीयात्तद्विष्णोः परमं पदम् ॥	3.95
इडा भगवती गङ्गा पिङ्गला यमुना नदी ।	
इडापिङ्गलयोर्मध्ये बालरण्डा सरस्वती ॥ ( $\beta_2 \beta_\omega \gamma_2 \eta_1 \eta_2 \chi$ )	3.95*1
पुच्छं प्रगृह्य भुजगीं सुप्तमुद्रोधयेदभीः ।	
निद्रां विहाय सा ऋज्वी ऊर्ध्वमुत्तिष्ठते हठात् ॥	3.96
परिस्थिता चैव फणावती सा	
प्रातश्च सायं प्रहरार्धमात्रं ।	
प्रपूर्य सूर्यात्परिधानयुक्त्या	
प्रगृह्य नित्यं परिचालनीया ॥ <sup>#</sup> (om. $\alpha_2 \alpha_3$ )	3.96*1

**94\*6a** ambhodhi cett.] om.  $\alpha_2 \alpha_3 \chi$  **sailadvīpānām**  $\beta_1 \beta_\omega \Gamma \epsilon_3 \eta_1 \eta_2$ ] **sailordvagānām**  $\beta_2$  plaulad-vīpānām  $\epsilon_2$  dvīpaśailānām  $\Delta$  om.  $\alpha_2 \alpha_3 \chi$  **94\*6b ādharah** cett.] ādharah  $\gamma_2$  ādhāram  $\epsilon_2$  om.  $\alpha_2 \alpha_3 \chi$  **94\*6c tantrānām** cett.] jagatām  $\eta_2$  om.  $\alpha_2 \alpha_3 \eta_1 \chi$  **94\*6d kuṇḍalī tathā** cett.] kuṇḍalī yathā  $\delta_1$  śeṣakuṇḍalī  $\epsilon_3$  om.  $\alpha_2 \alpha_3 \eta_1 \chi$  **94\*7a kuṭilākārā**  $\beta_1 \beta_\omega \Gamma \Delta \epsilon_2 \chi$ ] kuṇḍilākārā  $\epsilon_3$  kuṇḍalākārā  $\eta_1$  kuṭilākārī  $\eta_2$  **95b bālarāṇḍā** cett.] bālarāṇḍām  $\beta_1 \chi$  **tapasvini** cett.] tapasvini  $\epsilon_2$  tapaścāni  $\delta_1$  tapasvinīm  $\chi$  sarasvatī  $\beta_1 \beta_2$  **95\*1d sarasvatī**  $\beta_2 \beta_\omega \gamma_2 \eta_1 \eta_2$ ] ca kuṇḍalī  $\chi$  **96a pucchaṃ** cett.] pucche  $\delta_2 \eta_2 \chi$  **pragrhya**  $\beta_1 \beta_2 \beta_\omega \Gamma \Delta \epsilon_2 \eta_2 \chi$ ] nigrhya  $\epsilon_3$  grhya  $\eta_1$  **bhujagīm**  $\beta_2 \gamma_2 \Delta$ ] bhujagī  $\beta_1$  bhujamgī  $\beta_\omega \gamma_1$  bhujamgīm  $\eta_2$  bhujamgīva  $\eta_1$  *illeg.*  $\epsilon_2$  **96b ud-bodhayed**  $\beta_2 \beta_\omega \gamma_2 \delta_1 \delta_2 \epsilon_3 \eta_2$ ] udbodhayec  $\eta_1 \chi$  udyodhayem  $\delta_3$  uddyotayed  $\delta_3$  udrodhyamed  $\gamma_1$  udvdhoyed (sic!)  $\beta_1$  *illeg.*  $\epsilon_2$  **abhiḥ**  $\alpha_3 \Gamma$ ] abhi  $\beta_1$  abhiḥ  $\epsilon_3$  api  $\Delta$  ca tām  $\beta_\omega \eta_1 \eta_2 \chi$  balāt  $\beta_2$  *illeg.*  $\epsilon_2$  **96c rjvī** cett.] rjvīm  $\gamma_2$  rjvīm  $\alpha_3 \beta_2 \delta_1$  rijvīm  $\beta_1$  rujvīm  $\beta_\omega$  rajvī  $\epsilon_2$  śaktir  $\chi$  **96d ūrdhvam** cett.] kurddham  $\epsilon_2$  **uttiṣṭhate** cett.] ākrṣyate  $\epsilon_2$  **haṭhāt** cett.] kṣaṇāt  $\beta_2$  **96\*1a paristhitā caiva**  $\beta_2 \Gamma \Delta \epsilon_2$ ] paristhitasyaiva  $\epsilon_3$  paristhitā [sai]va  $\eta_1$  pravistṛtasyava  $\beta_1$  prṣṭisthitasyaiva  $\beta_\omega$  avasthitasya  $\eta_2$  avasthitā caiva  $\chi$  **phaṇāvati sā** (kaṇā°  $\gamma_1$ ) cett.] phaṇāvati sā  $\delta_3$  phaṇāryayāṃtiyaṃ  $\eta_2$  **96\*1b prātas ca sāyam** cett.] prātas tu sāyam  $\epsilon_3$  sāyam ca prātaḥ  $\delta_2$  **mātram** cett.] rātram  $\beta_1 \beta_\omega$  **96\*1c prapūrya** cett.] prapūrvva  $\gamma_1$  prasūrya  $\eta_1$  prasārya  $\beta_1 \beta_2 \eta_2$  **sūryāt**  $\beta_1 \beta_\omega \Gamma \epsilon_2 \epsilon_3 \eta_1 \chi$ ] sauryā  $\delta_1$  saudhā  $\delta_3$  saccāryya  $\beta_2$  tesau  $\delta_2$  ryāṣṇut  $\eta_2$  **paridhāna** cett.] paridhāya  $\beta_\omega$  mavidhāna  $\beta_1$  vidhāna  $\beta_2$  **yuktyā**  $\beta_1 \beta_2 \eta_2 \chi$ ] yuktā  $\beta_\omega \Gamma \epsilon_2 \epsilon_3 \eta_1$  muktā  $\Delta$  **96\*1d nityaṃ paricālaniyā**  $\beta_2 \chi$ ] niryāt paricālaniya  $\beta_1 \beta_\omega$  niryāt paricālaniyāt  $\epsilon_2$  niryātya paricālaniyā *unm.*  $\epsilon_3$  niyāt° pavicalīnī sā  $\gamma_1$  niryātya avicālīnī sā  $\gamma_2 \Delta$  teyā paricālaniya[ai]  $\eta_1$  paricālaniyā  $\eta_2$

वितस्तिप्रमितं दीर्घं विस्तारे चतुरङ्गुलम् ।

मृदुलं धवलं प्रोक्तं वेष्टनाम्बरलक्षणम् ॥ [= 3.33\*5] (om. α<sub>2</sub> α<sub>3</sub>)

3.96\*2

<sup>35</sup>वज्रासनस्थितो योगी चालयित्वा तु कुण्डलीम् ।

कुर्यादनन्तरं भर्त्री कुण्डलीमाशु बोधयेत् ॥

3.97

भानोराकुञ्चनं कुर्यात्कुण्डलीं चालयेत्ततः ।

मृत्युवक्रगतस्यापि तस्य मृत्युभयं कुतः ॥

3.98

नासादक्षिणमार्गवाहपवनो प्राणोऽतिदीर्घकृते

चन्द्राम्भःपरिपूरितामृततनुः प्राग्घण्टिकायास्तथा ।

सिञ्चन्कालविशालवह्निवशगान्ध्रून्ध्रनाडीगणां-

स्तत्कायं कुरुते पुनर्नवतरं जीर्णद्रुमस्कन्धवत् ॥<sup>#</sup> (om. α<sub>1</sub>)<sup>36</sup>

3.98\*1

**96\*2a vitastipramitaṃ dirghaṃ** β<sub>2</sub>ΓΔη<sub>2</sub>] vitastipramitaṃ dairghyaṃ β<sub>ω</sub>ε<sub>2</sub> vitastipramita-  
dairghyaṃ ε<sub>3</sub>η<sub>1</sub> vitastipramitaṃ divyaṃ β<sub>1</sub> ūrdhvaṃ vitastimātraṃ tu χ **96\*2b vistāre** β<sub>1</sub>Υ<sub>2</sub>ε<sub>2</sub>]  
vistāraṃ β<sub>2</sub>β<sub>ω</sub>Υ<sub>1</sub>Δε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ **96\*2c mṛdulaṃ** cett.] mṛlaṃ δ<sub>1</sub> **dhavalaṃ** cett.] pavanaṃ δ<sub>3</sub>  
**96\*2d veṣṭanāmbara** β<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] veṣṭanāṃvala Υ<sub>2</sub> vaṣṭanāṃcara Υ<sub>1</sub>ε<sub>2</sub> vaṣṭanāmba β<sub>2</sub> vaṣṭanāṃ  
ε<sub>2</sub> veṣṭatāṃvara β<sub>ω</sub> veṣṭitāmbara χ veṣṭanādhāra Δ **97a vajrāsana** cett.] vajrāsane β<sub>2</sub>χ  
**97b cālayitvā** cett.] vārayitvā β<sub>1</sub> **tu** β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>ΓΔε<sub>2</sub>] ca ε<sub>3</sub>η<sub>2</sub>χ om. η<sub>1</sub> **97c ante kuryād**  
*add.* sūryabhedāt Υ<sub>1</sub>δ<sub>2</sub>δ<sub>3</sub> (as header δ<sub>3</sub>) **kuryād** β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ] sūryād Γδ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub> tathā δ<sub>2</sub>  
**anantaraṃ** cett.] vanara Υ<sub>1</sub> sūryāt δ<sub>2</sub> **bhastrīm** β<sub>1</sub>ε<sub>3</sub>η<sub>2</sub>] bhastrī Υ<sub>1</sub>Δ bhasrī Υ<sub>2</sub> bhastrī β<sub>ω</sub>ε<sub>2</sub>  
bhastrām β<sub>2</sub>χ *illeg.* η<sub>1</sub> om. δ<sub>2</sub> **97d kuṇḍalim āśu bodhayet** cett.] om. δ<sub>2</sub> **98a bhānor**  
cett.] bhānur β<sub>1</sub> om. δ<sub>2</sub> **ākuñcanaṃ kuryāt** cett.] ākuñcanaṃ pu(?)ryāt δ<sub>1</sub> ākuñcanaivaṃ η<sub>1</sub>  
ākuñcanaiva η<sub>2</sub> om. δ<sub>2</sub> **98b cālayet** cett.] bodhayet α<sub>1</sub> **tataḥ** cett.] tadā η<sub>2</sub> **98c mṛtyu**  
cett.] mṛtyor η<sub>2</sub> **vaktra** cett.] vaktraṃ β<sub>ω</sub> **98\*1a dakṣiṇamārgavāhi** β<sub>1</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ]  
dakṣiṇavāhimārga β<sub>2</sub> dakṣiṇavartmavāhi δ<sub>2</sub>δ<sub>3</sub> paścimavartmavāhi δ<sub>1</sub> da..ṇa[vā]..mārgēṇa η<sub>1</sub>  
**pavano** β<sub>2</sub>Υ<sub>2</sub>Δ] pavanot ε<sub>3</sub> pavanāt β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ pavana Υ<sub>1</sub> **prāṇe** Υ<sub>1</sub>] prāṇo β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ  
ghrāṇe β<sub>2</sub>Υ<sub>2</sub>δ<sub>2</sub>δ<sub>3</sub> ghrāṇo δ<sub>1</sub> **\*tidirghikṛte** *em.*] tidirghikṛteś Υ<sub>2</sub> tidirghikṛtaś β<sub>ω</sub>δ<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ  
tidirghākṛtaś Υ<sub>1</sub> tidirghākṛtiś ε<sub>2</sub>η<sub>2</sub> tirghikṛtiś (\*kṛtaś *pc*?) δ<sub>1</sub> pi dirghikṛtaḥ β<sub>1</sub> na dirghikṛtaḥ β<sub>2</sub>  
ca dirghikṛtaś δ<sub>3</sub> **98\*1b candrāmbhaḥ** β<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] candrāmbhaḥ Γχ candrāṃtaḥ Δ camdrāṃsāt  
β<sub>1</sub> camdrāṃgāt β<sub>ω</sub> camdrād[vā] ε<sub>2</sub> **paripūrītāmṛtatanuḥ** β<sub>1</sub>β<sub>2</sub>Γε<sub>2</sub>η<sub>2</sub>χ] paripūrītāmṛtatanuḥ  
ε<sub>3</sub> paripūrītāmṛtyutanuḥ β<sub>ω</sub> paripūrītā..... η<sub>1</sub> paripūrya pūrītatanuḥ Δ **prāg** cett.] prā  
β<sub>2</sub>δ<sub>1</sub> **tathā** β<sub>2</sub>β<sub>ω</sub>Υ<sub>1</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub>η<sub>2</sub>] pathā β<sub>1</sub> tataḥ δ<sub>3</sub>χ tadā Υ<sub>2</sub> sadā ε<sub>3</sub> *illeg.* η<sub>1</sub> **98\*1c siñcan**  
*em.* (= Amaraughasāsana)] chindan ε<sub>2</sub>ε<sub>3</sub> chinḍat β<sub>1</sub> chaṃdaḥ β<sub>2</sub> chinṇat β<sub>ω</sub>η<sub>2</sub> chittvā χ bhindan  
Υ<sub>2</sub>Δ bhidan Υ<sub>1</sub> *illeg.* η<sub>1</sub> **vahni** cett.] pāsa ε<sub>3</sub> om. Υ<sub>1</sub> **vaśagān** β<sub>ω</sub>Υ<sub>2</sub>δ<sub>2</sub>η<sub>1</sub>] vaśagāt η<sub>2</sub> vaśagā  
δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub> vaśanān ε<sub>2</sub> vaśagaṃ χ paramān β<sub>1</sub> pavanān β<sub>2</sub> **bhrū** cett.] bhū ε<sub>3</sub> tū Υ<sub>1</sub> bhrṃ β<sub>ω</sub> prāg  
η<sub>2</sub> **gaṇān/gaṇāms** cett.] gaṇāt η<sub>2</sub> gaṇān β<sub>1</sub> gataṃ χ **98\*1d tat** β<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] taṃ β<sub>1</sub>β<sub>ω</sub>ΓΔη<sub>1</sub>  
**jirṇa** β<sub>1</sub> β<sub>2</sub> β<sub>ω</sub>Υ<sub>2</sub>δ<sub>1</sub>δ<sub>2</sub>] jirṇaṃ δ<sub>3</sub>ε<sub>2</sub> chinna η<sub>2</sub>χ chinnaṃ ε<sub>3</sub> kṛta η<sub>1</sub> bhasma Υ<sub>1</sub>

<sup>35</sup> χ has 3.64 before this verse.

<sup>36</sup> In χ this verse is found after 3.102\*1 together with the next one and has no commentary.

कुण्डलीं चालयित्वा तु कुर्याद्भस्त्रीं विशेषतः ।

एवमभ्यस्यतो नित्यं यमिनः शङ्कते यमः ॥ (om.  $\alpha_1$ )

3.98\*2

तदाभ्यसेत्सूर्यभेदमुज्जारीं चापि शीतलीम् ।

एवमभ्यासयुक्तस्य यमस्तु यमिनः कुतः ॥ (om.  $\alpha_1\chi$ )

3.98\*3

मुहूर्तद्वयपर्यन्तं निर्भरं चालनादसौ ।

ऊर्ध्वमाकृष्यते किञ्चित् सुषुम्णागतकुण्डली ॥ (cd om.  $\Delta$ )

3.99

तेन कुण्डलिनी तस्याः सुषुम्णायाः समुद्धृता ।

जहाति तस्मात्प्राणोऽयं सुषुम्णां व्रजति स्वतः ॥ (om.  $\Delta$ )

3.100

तस्मात्संचालयेन्नित्यं शब्दगर्भा\*मरुन्धतीम् ।

तस्याः संचालनेनैव योगी रोगैः प्रमुच्यते ॥ (om.  $\Delta$ )

3.101

येन संचालिता शक्तिः स योगी सिद्धिभाजनम् ।

किमत्र बहुनोक्तेन कालं जयति लीलया ॥ (om.  $\Delta$ )

3.102

**98\*2a** \*tvā tu  $\gamma_2\Delta\epsilon_2\chi$ ] \*tvācca  $\gamma_1$  \*tvātha  $\beta_1\beta_2\epsilon_3\eta_2$  \*tvādhah  $\beta_\omega$  *illeg.*  $\eta_1$  **98\*2b** kuryād bhas-  
trīm  $\beta_1\delta_2\delta_3\epsilon_3\eta_1$ ] kuryād bhastrī  $\beta_\omega\delta_1\epsilon_2$  kuryād bhastrām  $\eta_2$  bhasrī kuryād  $\Gamma$  bhastrām kuryād  $\beta_2\chi$   
**98\*2c** abhyasyato  $\eta_2\chi$ ] abhyasyatā  $\beta_\omega$  abhyasya tām  $\beta_1$  abhyasato  $\delta_3\epsilon_3$  abhyāsato  $\beta_2\Gamma\delta_1\delta_2\epsilon_2$   
... syat.  $\eta_1$  **98\*2d** yaminaḥ śaṅkate yamaḥ cett.] yamino yamabhiḥ kutah  $\chi$  **98\*3a** tadāb-  
hyaset  $\beta_1\beta_\omega\Gamma\delta_2\epsilon_2\eta_1$ ] tadābhyasyet  $\eta_2$  tad abhyaset  $\beta_2\delta_1\epsilon_3$  tam abhyaset  $\delta_3$  sūryabhedam  
cett.] sūryabhede  $\epsilon_3$  sūryabijam  $\delta_3$  **98\*3b** ujjāyīm  $\beta_1$   $\beta_2\beta_\omega\Gamma\delta_2\delta_3\eta_1\eta_2$ ] ujjāi  $\epsilon_2$  ujjāyām  $\epsilon_3$   
ujrākhyām  $\delta_1$  cāpi cett.] vāpi  $\epsilon_3$  [vā]..  $\eta_1$  api  $\delta_1$  **98\*3c** yuktasya cett.] yogena  $\eta_2$   
**98\*3d** yamas tu  $\Gamma\Delta$ ] śramas tu  $\epsilon_3$  śamino  $\beta_1\epsilon_2\eta_1$  śamano  $\beta_2\beta_\omega\eta_2$  yaminaḥ cett.] yamina  $\beta_1$   
yaminam  $\beta_\omega$  **99b** nirbharam  $\Gamma\Delta$ ] nirbhayaś  $\alpha_1\alpha_2\beta_1\beta_2\beta_\omega\epsilon_3$  nirbhayaś  $\epsilon_2$  nirbhayaḥ  $\eta_1\eta_2\chi$   
cālanād asau  $\alpha_1\alpha_2\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1\chi$ ] calanād asau  $\Delta$  calanādiḥ  $\beta_1$  vā diśodiśa  $\eta_2$  **99c** ākr̥ṣyate  
cett.] ākr̥te  $\epsilon_3$  om.  $\Delta$  **99d** suṣumṇāgatakuṇḍalī  $\beta_2\Gamma\epsilon_3$ ] suṣumṇā kuṇḍalīgatā  $\alpha_2\epsilon_2$  suṣumṇā  
kuṇḍalīgatāḥ  $\alpha_1$  + + + + [a][i][ga][taḥ]  $\alpha_3$  suṣumṇām kuṇḍalīgatām  $\beta_1$  suṣumṇām kuṇḍalī gatā  $\beta_\omega$   
suṣumṇāyām samudgatā  $\chi$  suṣumṇāyāḥ samuddhṛtaḥ  $\eta_2$  om.  $\Delta$   $\eta_1$  **100a** tena kuṇḍalinī tasyāḥ  
 $\alpha_1\alpha_3\beta_1\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_2\chi$ ] om.  $\eta_1$  **100b** suṣumṇāyāḥ cett.] suṣumṇāyā  $\alpha_1\alpha_3\beta_1\beta_2\beta_\omega$  samud-  
dhṛtā  $\alpha_3\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1\eta_2$ ] samudbhutā  $\alpha_1$  mukham dhruvam  $\beta_1\beta_2\chi$  **100c** jahāti cett.] na yāti  
 $\eta_2$  **100d** svataḥ  $\epsilon_3\eta_1\chi$ ] svanaḥ  $\alpha_1\beta_1\beta_\omega\epsilon_2$  svayam  $\alpha_2\beta_2\Gamma$  niścalaḥ  $\eta_2$  **101a** tasmāt  $\alpha_1\alpha_2\beta_1$   
 $\beta_2\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] kasmāt  $\gamma_1$  **101b** śabdagarbhām  $\alpha_2\beta_1\beta_2\beta_\omega$ ] śabdagaṃdhām  $\alpha_1$  śamb-  
hugarbhām  $\Gamma\epsilon_2\epsilon_3$  suhasuptām  $\chi$  suhasuptām  $\eta_2$  *illeg.*  $\eta_1$  arundhatim cett.] sarasvatīm  $\beta_1\beta_2$   
**101c** tasyāḥ  $\alpha_1\alpha_2\beta_2\beta_\omega\epsilon_3\chi$ ] tasyām  $\eta_2$  tasmāt  $\beta_1$  yasyāḥ  $\Gamma\epsilon_2$  [ya]..  $\eta_1$  saṃcālanenaiva  
 $\alpha_1\alpha_2\beta_1\beta_2\beta_\omega\chi$ ] saṃcālanenāśu  $\Gamma\epsilon_3$  saṃcālayenāśu  $\epsilon_2\eta_2$  ... lanen...  $\eta_1$  **101d** rogaiḥ/rogair  
 $\alpha_1\alpha_2\beta_2\gamma_2\epsilon_2\epsilon_3\eta_1\chi$ ] [r]. air  $\gamma_1$  rogoḥ  $\beta_\omega$  rogāt  $\beta_1\eta_2$  pramucyate  $\alpha_1\alpha_2\beta_2\beta_\omega\eta_1\eta_2\chi$ ] pramucati  
 $\beta_1$  vimucyate  $\Gamma\epsilon_2\epsilon_3$  **102a** saṃcālītā  $\alpha_3\beta_1\beta_2\beta_\omega\gamma_1\epsilon_3\eta_1\eta_2\chi$ ] saṃcālītā  $\epsilon_2$  saṃcalatā  $\alpha_1$  sa cālita  
 $\gamma_2$  **102b** siddhi  $\alpha_1\beta_1\beta_2\beta_\omega\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] siddha  $\alpha_3$  mukti  $\Gamma$  bhājanam cett.] bhājanah  $\beta_2$   
..janah  $\eta_1$  **102d** jayati cett.] vrajati  $\eta_2$

ब्रह्मचर्यरतस्यैव नित्यं हितमिताशिनः ।

मण्डलादृश्यते सिद्धिः कुण्डल्यभ्यासयोगतः ॥ (om.  $\alpha_1$ )

3.102\*1

अभ्यासनिःसृतां चान्द्रीं विभूत्या सह मिश्रयेत् ।

तद्वारणं तूतमाङ्गे दिव्यदृष्टिप्रदायकम् ॥ (om.  $\Delta\chi$ )<sup>37</sup>

3.103

द्विसप्ततिसहस्राणां नाडीनां मलशोधने ।

कुतः प्रक्षालनोपायः कुण्डल्यभ्यासतो विना ॥ (om.  $\alpha_1\beta_\omega$ )

3.103\*1

इति शक्तिचालनम् । ( $\epsilon_2\epsilon_3\eta_1\eta_2$ )

इति मुद्रा दश प्रोक्ता आदिनाथेन शम्भुना ।

एकैका तासु यमिनां महासिद्धिप्रदायिनी ॥<sup>38</sup>

3.104

**102\*1a** brahmacaryaratasyaiva  $\Delta\eta_1\chi$ ] brahmacarye ca tasyaiva  $\gamma_2$  brahmacatasyaiva  $\gamma_1$  brahmacaryarataś caiva  $\epsilon_2$  brahmacaryavratasyaiva  $\beta_\omega\epsilon_3$  brahmacaryāvatastaiva  $\beta_1$  brahmacaryavratam  $\beta_2$  brahmadharmaratasyaiva  $\eta_2$  **102\*1b** hitamitāśinah  $\gamma_2\delta_3\chi$ ] \*śini  $\beta_1$  \*śanaḥ  $\beta_\omega\gamma_1\delta_1\epsilon_2$  \*śanam  $\beta_2$  \*śanaḥ  $\epsilon_3$  mitahitāśinah (\*śanaḥ  $\delta_{2pc}$ )  $\delta_2\eta_2$  illeg.  $\eta_1$  **102\*1c** maṇḍalād  $\beta_2\gamma_2\delta_2\delta_3\epsilon_2\epsilon_3\chi$ ] maṇḍalā  $\beta_1\beta_\omega\gamma_1\eta_2$  maṇḍali  $\delta_1$  illeg.  $\eta_1$  **102\*1d** kuṇḍalya  $\beta_2\gamma_2\epsilon_3\chi$ ] kuṇḍalyā  $\beta_\omega\delta_1\delta_3\epsilon_2\eta_2$  kuṇḍalā  $\beta_1\delta_2$  kuṇḍali  $\gamma_1$  illeg.  $\eta_1$  **yogataḥ**  $\beta_1\beta_2\Gamma\Delta\eta_1\eta_2$ ] yoginaḥ  $\beta_\omega\epsilon_2\epsilon_3\chi$  **103a** abhyāsa  $\alpha_1\beta_1\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1$ ] abhyāsān  $\chi$  abhyāsā  $\eta_2$  **niḥsrtām**  $\beta_2\beta_\omega\epsilon_3\chi$ ] niḥsrtā  $\eta_1$  niḥsritām  $\eta_2$  nisr̥tām  $\beta_1$  nisr̥tā  $\alpha_1$  nibh̥r̥tām  $\epsilon_2$  sahitām  $\Gamma$  **cāndrīm**  $\alpha_1\beta_2\epsilon_2\eta_2\chi$ ] cāndri  $\beta_\omega\epsilon_3\eta_1$  cāndrām  $\beta_1$  candram  $\Gamma$  **103b** miśrayet  $\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] miśritām  $\beta_1\beta_2\beta_\omega$  miśritam  $\alpha_1$  micchayet  $\gamma_1$  murchayet  $\gamma_2$  **103c** taddhāraṇam  $\beta_2\epsilon_2\epsilon_3$ ] taddhāraṇā  $\Gamma$  tadvāraṇam  $\beta_\omega$  yadvāraṇam  $\beta_1$  tad[v/dh]....  $\eta_1$  tad dhārayed  $\alpha_1$  tām dhārayed  $\eta_2$  dhārayed  $\chi$  **tūttamāṅge**  $\beta_1\beta_2\beta_\omega\epsilon_2\epsilon_3$ ] cottamāṅge  $\gamma_2$  cottamāṅga  $\gamma_1$  uttamāṅge  $\alpha_1\eta_2$  uttamāṅgeṣu  $\chi$  illeg.  $\eta_1$  **103d** divya cett.] dirgha  $\alpha_3\beta_1\beta_2\beta_\omega$  **dr̥ṣṭipradāyakam**  $\alpha_1\alpha_3\beta_1\beta_2\beta_\omega\epsilon_2\epsilon_3\eta_1$ ] dr̥ṣṭipradāyini  $\Gamma$  dr̥ṣṭipradāyiniṃ  $\eta_2$  dr̥ṣṭiḥ prajāyate  $\eta_1$  **103\*1a** dvi  $\beta_1\beta_2\gamma_2\delta_2\epsilon_2\epsilon_3\eta_1\eta_2$ ] dvā  $\gamma_1\delta_1\delta_3\chi$  **103\*1b** śodhane  $\eta_2\chi$ ] śodhanam  $\beta_1\beta_2\Gamma\Delta\epsilon_2\epsilon_3\eta_1$  **103\*1c** kutah  $\Delta\epsilon_3\chi$ ] kṛta  $\epsilon_2$  gudaḥ  $\gamma_2$  guda  $\eta_1\eta_2$  aṃtaḥ  $\beta_2$  aṃtam  $\beta_1$  om.  $\gamma_1$  **prakṣālanopāyaḥ**  $\gamma_2\Delta\epsilon_3\eta_2\chi$ ] \*pāyam  $\epsilon_2\eta_1$  prakṣālano vāyuh  $\beta_2$  prajvālano vāyu  $\beta_1$  om.  $\gamma_1$  **103\*1d** kuṇḍalyabhyāsato vinā  $\gamma_2$ ] kuṇḍalyabhyāsato vinā  $\gamma_1\Delta$  kuṇḍalyabhyasanād rte  $\chi$  kuṇḍalyabhyasanād rte  $\beta_2\epsilon_2\epsilon_3$  kuṇḍalibhyāsanād ate  $\beta_1$  kuṇḍalyabhyāsa iṣyate  $\eta_2$  ku.... [bhyā]..[mā]....  $\eta_1$  **104a** daśa cett.] dabhā  $\alpha_1$  nava  $\Delta$  **104c** ekaikā tāsu  $\alpha_1\delta_2\delta_3\chi$ ] ekaikam tāsu  $\alpha_3$  ekaika tāsu  $\epsilon_2$  ekaiva tāsu  $\delta_1$  ekaikāpi su  $\Gamma$  karaṇe sarva  $\epsilon_3$  kārāṇe sarva  $\beta_1\eta_2$  kārāṇam sarva  $\beta_2\beta_\omega$  ka.... sarva  $\eta_1$  **yaminām**  $\alpha_1\alpha_3\Gamma\Delta\epsilon_2\chi$ ] siddhānām  $\epsilon_3\eta_1\eta_2$  siddhinām  $\beta_1\beta_2\beta_\omega$  **104d** mahāsiddhipradāyini  $\alpha_1\Gamma\Delta\epsilon_2\chi$ ] mahāsiddhipradā + +  $\alpha_3$  ekaikāpi kṣamaiva sā  $\beta_1\beta_2\beta_\omega\epsilon_3\eta_1\eta_2$  ( $\eta_1$  partly illegible)

<sup>37</sup>  $\chi$  has this verse in the Vajroli section, immediately after 3.92.

<sup>38</sup> Verse order of  $\chi$ : 3.107 → 3.108 → 3.105 → 3.106 → 3.104

राजयोगं विना पृथ्वी राजयोगं विना निशा ।  
राजयोगं विना मुद्रा विचित्रापि न राजते ॥

3.105

मारुतस्य विधिं सर्वं मनोयुक्तं समभ्यसेत् ।  
इतरत्र न कर्तव्या मनोवृत्तिर्नीषिणा ॥

3.106

खिलापि<sup>#</sup> मध्यमा नाडी दृढाभ्यासेन योगिनाम् ।  
आसनप्राणसंयाममुद्राभिः सरला भवेत् ॥

3.107

उपासने विनिद्राणां राजयोगः समुद्रकः ।<sup>#</sup>  
रुद्राणी सा परा मुद्रा भद्रां सिद्धिं प्रयच्छति ॥ (om.  $\epsilon_2$ ) (cd om.  $\alpha_2$ )

3.108

उपदेशं हि मुद्राणां यो धत्ते सांप्रदायिकम् ।  
स एवास्तु गुरुः स्वामी साक्षादीश्वर एव सः ॥ (om.  $\alpha_1$ )

3.108\*1

तस्य वाक्यपरो भूत्वा योऽभ्यस्यति समाहितः ।  
अणिमादिगुणैश्वर्यं जायते कालवञ्चनम् ॥ (om.  $\alpha_1\eta_1$ )

3.108\*2

**105a** prthvī cett.] prthvīm  $\beta_1\eta_2$  siddhī  $\epsilon_3$  vṛddhir  $\epsilon_2$  **105b** niśā cett.] niśām  $\eta_2$  nyathā  $\gamma_1$  **105d** rājate cett.] śobhate  $\beta_2\chi$  **106a** mārūtasya vidhiṃ cett.] mārūtābhyasanam  $\epsilon_3\eta_1\eta_2$  **sarvam** cett.] sarvām  $\beta_2$  sarve  $\alpha_1$  siddhiṃ  $\delta_2\delta_3$  kiṃcin  $\eta_2$  **106b** samabhyaset cett.] samācaret  $\eta_1\eta_2$  **106d** manīṣiṇā  $\alpha_1\beta_1\beta_2\Gamma\delta_1\epsilon_3\eta_2\chi$ ] manīṣiṇām  $\beta_\omega\delta_2\delta_3\epsilon_2$  ..[nī].. $\eta$ .  $\eta_1$  **107a** khilāpi  $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\gamma_2\Delta$ ] sthirāpi  $\gamma_1$  calāpi  $\epsilon_2\epsilon_3$  iyaṃ tu  $\chi$  vināpi  $\eta_1\eta_2$  **madhyamā** cett.] madhyamām  $\eta_2$  madhyānā<sup>#</sup>  $\beta_1$  *illeg.*  $\eta_1$  **nādi** cett.] .. $\dot{d}iṃ$   $\eta_1$   $^{\circ}dī$  ca  $\beta_1$  **107b** yoginām cett.] yoginā  $\beta_1\beta_2$  yoginam  $\beta_\omega$  yoginaḥ  $\eta_2$  **107c** āsana  $\alpha_1\beta_2\beta_\omega\delta_1\delta_2\eta_2\chi$ ] āsanā  $\beta_1$  āsanam  $\Gamma\delta_3\epsilon_2\epsilon_3\eta_1$  **saṃyāma**  $\alpha_1\gamma_1\epsilon_2\epsilon_3\eta_1\chi$ ] saṃyama  $\beta_\omega$  saṃyāmair  $\beta_2\delta_2\delta_3$  saṃyāmair  $\eta_2$  saṃyāmai  $\gamma_2\delta_1$  saṃyāme  $\beta_1$  **107d** saralā cett.] sakalā  $\alpha_3$  sabalā  $\epsilon_3$  śavalā  $\epsilon_2$  na calā  $\delta_1$  **108a** upāsane  $\alpha_1\alpha_2$ ] upāsanam  $\Gamma$  upāsana  $\alpha_3\delta_1\delta_3$  tathāsana  $\delta_2$  abhyāse..  $\eta_1$  abhyāseṣu  $\beta_1$   $\beta_2$   $\beta_\omega\epsilon_3$  abhyāseṣu  $\eta_2$  abhyāse tu  $\chi$  **vinidrāṇām** cett.] hi mudrāṇām  $\eta_2$  **108b** rājayogaḥ  $\Gamma\Delta$ ] rājayoga  $\alpha_1\alpha_2\alpha_3$  anuddhṛta  $\eta_1$  anuddhata  $\epsilon_3$  anudbhūta  $\beta_2$  anudruta  $\beta_1$  manudṛta  $\beta_\omega$  mano dhṛtvā  $\chi$  tad udeti  $\eta_2$  **samudrakaḥ**  $\gamma_2$ ] samudravat  $\alpha_1\alpha_3$  samudbhavān  $\alpha_2$  samūcakaḥ  $\gamma_1$  samāhnakaḥ  $\delta_1$  samahnakaḥ  $\delta_3$  samāhakaḥ  $\delta_2$  samādhinām  $\beta_2\epsilon_3\eta_1$  samādhinā  $\eta_2\chi$  samādhīṣu  $\beta_1\beta_\omega$  **108c** rudrāṇi  $\alpha_1\alpha_3\beta_1$   $\beta_2$   $\beta_\omega\Gamma\Delta\epsilon_3\chi$ ] mudrāṇām  $\eta_1\eta_2$  **sā**  $\Gamma\Delta$ ] cā  $\alpha_1\beta_1$   $\beta_2$   $\beta_\omega\epsilon_3\eta_1\eta_2$  ca  $\alpha_3$  vā  $\chi$  **108d** bhadrām cett.] bhavām  $\gamma_1$  mudrām  $\beta_1$  mudrā  $\beta_2$  sadā  $\alpha_1$  **prayacchati** cett.] prayakṣati  $\delta_1$  **108\*1a** upadeśam cett.] upadeśe  $\eta_1$  upadeśo  $\epsilon_2$  **108\*1b** dhatte  $\beta_1$   $\beta_2$   $\beta_\omega\gamma_2\Delta\epsilon_2\eta_2$ ] datte  $\epsilon_3\chi$  darte  $\gamma_1$  ..[tte]  $\eta_1$  **sāmpradāyikam**  $\beta_1\beta_\omega\Delta\eta_1\eta_2\chi$ ]  $^{\circ}yikām$   $\epsilon_3$   $^{\circ}yikāḥ$   $\Gamma$   $^{\circ}yakam$   $\epsilon_2$  sāmpradāyakaḥ  $\beta_2$  **108\*1c** evāstu  $\beta_1\gamma_2\Delta\epsilon_2\eta_1$ ] evastu  $\beta_\omega$  eva śrī  $\epsilon_3\eta_2\chi$  evavāca  $\gamma_1$  vāstava  $\beta_2$  **108\*1d** eva cett.] eṣa  $\epsilon_2$  **saḥ** cett.] ca  $\gamma_1$  **108\*2a** bhūtvā  $\Gamma\Delta\epsilon_3\chi$ ] nityam  $\beta_1$   $\beta_2$   $\beta_\omega\epsilon_2\eta_2$  **108\*2b** yo'bhyasyati  $\beta_1\Delta\epsilon_3$ ] yo bhyasati  $\beta_2$  yo bhyaset su<sup>#</sup>  $\gamma_1$  yo bhyaseta  $\gamma_2$  yo bhyasena  $\epsilon_2$  yomabhyaset  $\beta_\omega$  athābhyāsa  $\eta_2$  mudrābhyāse  $\chi$  **108\*2c** guṇaiśvaram cett.] guṇaiḥ sārḍham  $\epsilon_3\chi$  **108\*2d** jāyate cett.] labhate  $\eta_2\chi$  **vañcanam**  $\Delta\chi$ ] vañcanāt  $\Gamma$  vañcakaḥ  $\beta_2\beta_\omega\epsilon_2\epsilon_3\eta_2$  vañcakaḥ  $\beta_1$



इति स्वात्मारामयोगीन्द्रविरचितायां हठप्रदीपिकायां तृतीयोपदेशः ॥ ३ ॥

\* \* \*

### List of Sigla

$\alpha_1$	N3	Gr1	one folio is missing (3.84–3.98a)
$\alpha_2$	J5	Gr1	consulted sporadically
$\alpha_3$	G4	Gr1	damaged; collated only when available
$\alpha_4$	N24	Gr1	
$\beta_1$	P11	Gr4b	
$\beta_2$	C6	Gr4b	contaminated with Gr3?
$\beta_\omega$	V3	Gr6b	
$\gamma_1$	N23	Gr2	
$\gamma_2$	J7	Gr2	
$\delta_1$	V19	Gr3	
$\delta_2$	K3	Gr3	the Vajrolī section is lost
$\delta_3$	C7	Gr3	one folio is missing (3.11d–3.19c)
$\delta_\omega$	J6	Gr6a	collated only for 3.32*1–33*19
$\varepsilon_1$	P15	Gr4c	lost after 3.13a
$\varepsilon_2$	N19	Gr4c	
$\varepsilon_3$	V15	Gr4c	3.49*2c–3.67 omitted; contaminated with Gr3?
$\varepsilon_4$	J11	Gr4c	collated only for 3.49*2–3.66 as substitute for $\varepsilon_3$
$\varepsilon_\omega$	N26	Gr6c	collated only for 3.32*1–33*19
$\eta_1$	V1	Gr4d	
$\eta_2$	J10	Gr4d	
$\eta_\omega$	N9	Gr6d	collated only for 3.32*1–33*19
$\chi$	Jyo	Gr4a	Brahmānanda's version, based on the edition 1972

**col** iti svātmārāma  $\gamma_1\eta_1$ ] iti śrīsvātmārāma  $\beta_\omega$  ti śrīsadgurusvātmārāma  $\alpha_1$  ity ātmārāma  $\eta_2$  iti śrīśahajānamdasamtānacimptāmaṇīsvātmārāma (cimptāmaṇinā  $\varepsilon_3$ )  $\gamma_2\varepsilon_2\varepsilon_3$  iti 'svā' (sic!)  $\beta_1$  iti  $\beta_2\Delta$  **yogindra**  $\beta_\omega\Gamma\eta_2$ ] yogemdra  $\alpha_1$  yoginā  $\varepsilon_2\varepsilon_3\eta_1$  om.  $\beta_1\beta_2\Delta$  **viracitāyām**  $\alpha_1\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\eta_2$ ] om.  $\beta_1\beta_2\Delta$  **haṭhapradipikāyām**  $\alpha_1\beta_\omega\gamma_2\delta_3\varepsilon_2\varepsilon_3\eta_1\eta_2$ ] śrīhaṭhapradipikāyām  $\beta_2\delta_2$  haṭhayogavidyāyām  $\delta_1$  ha' (sic!)  $\beta_1$  om.  $\gamma_1$  ante **ṭṛtiyo**° add. mudrāvidhānam  $\varepsilon_3$  **ṭṛtiyopadeśaḥ**  $\alpha_1\beta_1$   $\beta_2\beta_\omega\gamma_2\varepsilon_2\varepsilon_3$ ] ṭṛtiya upadeśaḥ  $\delta_1$  ṭṛtiyoyam upadeśaḥ  $\delta_2\delta_3$  ṭṛtiyo dhyāyaḥ  $\eta_1\eta_2$  caturthopadeśa  $\gamma_1$  (cf. fn. <sup>33</sup>)