सशैलवनधात्रीणां यथाधारोऽहिनायकः ।
सर्वेषां योगतन्त्राणां तथाधारो हि कुण्डली ॥ 3.1

सुप्ता गुरुप्रसादेन यदा जागर्ति कुण्डली ।
तदा सर्वाणि पद्मानि भिद्यन्ते ग्रन्थयोऽपि च ॥ 3.2

प्राणस्य शून्यपदवी¹ तदा राजपथायते ।
तदा चित्तं निरालम्बं तदा कालस्य वञ्चनम् ॥ (bcd om. Z) [eye-skip] 3.3

शून्यपदवीति किम् । (om. β_ωδ₁Zη₁χ)

सुषुम्णा शून्यपदवी ब्रह्मरन्ध्रमहापथः । (a om. Z)
श्मशानं शांभवी मध्यमार्गश्चेत्येकवाचकाः ॥ 3.4

तस्मात्सर्वप्रयत्नेन प्रबोधयितुमीश्वरीम् ।
ब्रह्मद्वारमुखे सुप्तां मुद्राभ्यासं समाचरेत् ॥ 3.5

1a saśaila cett.] saśaile β_ω śaila α_2 **vana** cett.] vane γ_1 **dhātrīṇāṃ** cett.] dhātṛṇāṃ $\beta_1\beta_2$ dhātrāṇāṃ α_2 **1b 'hināyakaḥ** cett.] hi nāthakaḥ α_2 himālayaḥ γ_2 **1c yoga** cett.] haṭha B **2a guruprasādena** cett.] gurūpadeśena $\delta_2\varepsilon_1$ **2b yadā jāgarti kuṇḍalī** $\alpha_1\alpha_2\beta_1\beta_\omega\varepsilon_1\zeta_3\eta_2\chi$] yathā jāgarti kuṇḍalī $\beta_2\zeta_1\zeta_2\eta_1$ bodhitā sukhadā bhavet $\Gamma\Delta$ **2c tadā** α_1B$\Gamma\varepsilon_1\zeta_3\eta_2\chi$] tathā $\alpha_2\alpha_3\delta_1\zeta_1\zeta_2\eta_1$ tayā δ_2 **sarvāṇi padmāni** cett.] padmāni sarvāṇi η_2 pi sarvapadmāni δ_1 **3** *ante* **prāṇasya** *add.* suṣumnā/ ζ_3 **3a prāṇasya** cett.] praṇasya α_2 praṇamya ζ_2 praṇavasya β_1 prāṇa β_2 **padavī** cett.] padavīṃ $\zeta_2\zeta_3$ **3b tadā** $\alpha_1\alpha_2\beta_\omega\Gamma\varepsilon_1\eta_2\chi$] tathā $\beta_1\beta_2\delta_1$ tayā δ_2 yathā η_1 **rājapathāyate** cett.] rājapadāyate η_1 *om.* α_2 **3c tadā** $\alpha_1\alpha_2\beta_1\beta_\omega^{ac}\beta_\omega\gamma_2\varepsilon_1\eta_2\chi$] tathā $\beta_\omega^{ac}\delta_1\eta_1$ tayā δ_2 yadā γ_1 **3d tadā** $\alpha_1\alpha_2$B$\Gamma\varepsilon_1\eta_2\chi$] tathā $\delta_1\eta_1$ tayā δ_2 **heading: śūnyapadavīti kim** $\alpha_1\beta_1\beta_2\Gamma\varepsilon_1$] atha śūnyapadavīti kam δ_2 atha śūnyapadavīm iti kim ucyate η_2 punyapadavīti α_2 **4b randhra** $\alpha_2\gamma_1\eta_1$] randhraṃ cett. **pathaḥ** $\alpha_3\zeta_1\zeta_3\varepsilon_1\eta_1\eta_2\chi$] pathaṃ α_2B$\Gamma\Delta\zeta_2$ pathāḥ α_1 **4c śmaśānaṃ** cett.] śmaśāne δ_1 śmaśānī $\gamma_2\delta_2$ aiśānī γ_1 **madhya** A$\beta_1\Gamma\Delta\zeta_1\zeta_3\chi$] madhyaṃ $\beta_2\beta_\omega\varepsilon_1\eta_1\eta_2$ madhye ζ_2 **4d mārgaś cety eka** cett.] margeś cety eka ε_1 margeś cety eva δ_2 mārge vety eka η_1 mārgapratyeka ζ_2 **vācakāḥ** $\gamma_2\varepsilon_1\eta_2\chi$] vācakā γ_1 vācakaḥ $\alpha_1\beta_2$ vācaka β_ω vācakaṃ $\alpha_2\beta_1\Delta$Zη_1 **5b prabodhayitum** (yī α_1) $\alpha_1\Gamma\varepsilon_1\zeta_1\zeta_3\eta_2\chi$] prabodhayatum $\alpha_2\beta_2\beta_\omega\zeta_2\eta_1$ prabodhayatām β_1 tāṃ bodhayituṃ Δ **īśvarīṃ** cett.] īśvarī $\alpha_2\beta_\omega\gamma_1\zeta_2$ īśvaraṃ $\beta_1\delta_1$ **5c dvāra** cett.] dvāraṃ β_1 dvāre $\zeta_1\zeta_2$ **mukhe** cett.] mukha γ_1 sukhe ζ_1 **suptāṃ** cett.] suptā $\alpha_3\varepsilon_1$ supto β_ω **5d bhyāsaṃ samācaret** cett.] bhyāse samācaret α_2 bhyāsaṃ sadābhyaset ε_1 bhyāsena bodhayet $\beta_2\Gamma\Delta$

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¹ Z jump to शून्यपदवी in the next verse.

महामुद्रा महाबन्धो महावेधश्च खेचरी ।
उड्डीयाणं मूलबन्धस्ततो जालंधराभिधः ॥ (bc om. δ_1)   3.6

करणी विपरीताख्या वज्रोली शक्तिचालनम् ।
इदं मुद्रादिदशकं जरामरणनाशनम् ॥ (cd om. β_1)   3.7

आदिनाथोदितं दिव्यमष्टैश्वर्यप्रदायकम् ।[2]
वल्लभं सर्वसिद्धानां दुर्लभं मरुतामपि ॥   3.8

गोपनीयं प्रयत्नेन यथा रत्नकरण्डकम् ।
कस्यचिन्नैव वक्तव्यं कुलस्त्रीसुरतं यथा ॥   3.9

वज्रोलीरमरोली च सहजोली त्रिधा मताः ।
एतेषां लक्षणं वक्ष्ये कर्तव्यं च विशेषतः ॥ ($\beta_2\beta_\omega\eta_2$)   3.9*1

6c uḍḍīyāṇaṃ $\alpha_1^{pc}\gamma_2\zeta_2$] uḍḍīyānaṃ α_1^{ac} uḍḍiyānaṃ $\gamma_1\delta_2\eta_2$ uḍiyānaṃ β_2 uḍiyānaṃ $\alpha_2\beta_\omega$ uḍḍīyāṇo η_1 uddhriyānaṃ β_1 udyānaṃ χ udyāṇa $\zeta_1\zeta_3$ odyānaṃ ε_1 *om.* δ_1 **mūlabandhas** β_2] mūlabandhaḥ η_2 mūlabandha $\beta_1\beta_\omega$ mūlabandhaṃ α_1 mahābandhaṃ α_2 mūlabandho $\Gamma\delta_2$ mūlabandhaś ca $\varepsilon_1Z\chi$ mūlabandhāś ca η_1 *om.* δ_1 **6d tato** $\alpha_1\alpha_2B\zeta_1\zeta_3\eta_2$] bandho $\alpha_3\gamma_2\Delta\varepsilon_1\zeta_2\eta_1\chi$ bandhā γ_1 **jālaṃdharā** cett.] jālāṃdharā $\alpha_1\beta_1$ jālāntarā ε_1 jālaṃjarā η_1 **7a karaṇī** cett.] karaṇaṃ $\alpha_3\beta_1$ **viparītākhyā** cett.] viparītākhyaṃ $\alpha_3\zeta_2$ viparītā syāt β_1 viparītāni ζ_1 **7b vajrolī** cett.] vajrālī α_1 varjālī ζ_1 vajroli ζ_3 vajro δ_1 **7c idaṃ mudrādi** $\alpha_1\alpha_2$] idaṃ hi mudrā $\varepsilon_1\chi$ idaṃ tu mudrā $\zeta_1\zeta_2$ idaṃ ca mudrā $\beta_\omega\zeta_3\eta_1\eta_2$ etad dhi mudrā $\beta_2\Gamma\Delta$ **7d maraṇa** cett.] marṇavi β_ω maṇa γ_1 **nāśanam** cett.] varjitaṃ Δ **8a ādinātho** cett.] ādīśvaro Δ **divyam** cett.] sarvaṃ η_2 **8b pradāyakam** cett.] phalapradaṃ β_2 **8c siddhānāṃ** cett.] siddhīnāṃ α_1 vidyānāṃ $\alpha_3\zeta_3$ **8d marutām** cett.] mahatām β_2 **9c vaktavyaṃ** cett.] vaktavyā η_1 kartavyaṃ $\beta_\omega\zeta_1$ **9d kulastrīsurataṃ** cett.] kulastrīṣu rataṃ η_1 kulastrīyasukhaṃ β_1 kulastrīsukharataṃ *unm.* β_ω **yathā** cett.] tathā $\alpha_2\eta_2$ **9*1a vajrolīr** (*r* as a hiatus bridge) $\beta_\omega\eta_2$] vajrolī tv β_2 **amarolī** β_2] amaroliś β_ω amaroliś η_2 **9*1b sahajolī** $\beta_2\beta_\omega$] sahajolis η_2 **matāḥ** β_2] mataḥ η_2 magaḥ β_ω **9*1c eteṣāṃ** $\beta_\omega\eta_2$] etāsāṃ β_2

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[2] In ζ_3 this hemistich is found after pādas ab of the next verse.

तत्र महामुद्रा । (om. $\alpha_1\alpha_3\gamma_2$)

पादमूलेन वामेन योनिं संपीड्य दक्षिणम् ।
पादं प्रसारितं धृत्वा कराभ्यां पूरयेन्मुखे[#] ॥ 3.10

कण्ठे बन्धं समारोप्य धारयेद्वायुमूर्ध्वतः ।
यथा दण्डाहतः सर्पो दण्डाकारः प्रजायते ॥ 3.11

ऋज्वीभूता तथा शक्तिः कुण्डली सहसा भवेत् ।
तदासौ मरणावस्था जायते द्विपुटाश्रिता[#] ॥ 3.12

³ततः शनैः शनैरेव रेचयेन्न तु वेगतः ।
इयं खलु महामुद्रा महासिद्धैः प्रदर्शिता ॥ $[\zeta_1$ lost after 3.13a] 3.13 $-\zeta_1$

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heading: tatra mahāmudrā $\alpha_2\beta_1\varepsilon_1\eta_1\eta_2$] tatha mahamudrā β_2 tatra mahāmudrā yathā ζ_1 atha mahāmudrā $\beta_\omega\gamma_1\delta_2\zeta_2\chi$ atha tatra mahāmudrā ζ_3 mahāmudrā δ_1 *om.* $\alpha_1\alpha_3\gamma_2$ **10b yoniṃ** cett.] yoni $\alpha_1\alpha_2\beta_\omega$ yoniḥ ζ_2 **saṃpīḍya dakṣiṇam** cett.] pīḍya dakṣiṇam $\zeta_1\zeta_2$ saṃpīḍaye kṣaṇam α_2 **10c pādam** cett.] pāda $\alpha_2\eta_2$ padam β_ω prasā° χ **prasāritaṃ** cett.] prasaritaṃ β_ω prasāditaṃ η_1 °ritaṃ padam χ **dhṛtvā** $\gamma_2\delta_2\varepsilon_1\zeta_3\eta_1\eta_2$] kṛtvā $\alpha_1\alpha_2\mathrm{B}\gamma_1\delta_1\zeta_1\zeta_2\chi$ **10d pūrayen** cett.] dhārayen η_2 dhārayed χ **mukhe** $\alpha_1\alpha_2\beta_1\beta_\omega\varepsilon_1\zeta_2$] mukham $\beta_2\Gamma\Delta\zeta_1\zeta_3\eta_1\eta_2$ dṛḍhaṃ χ **11a kaṇṭhe** cett.] kaṇṭha $\beta_\omega\delta_1\varepsilon_1\zeta_2$ **bandhaṃ** $\alpha_2\alpha_3\beta_1\gamma_2\delta_1\zeta_1\zeta_3\eta_2\chi$] bandha $\beta_2\beta_\omega\gamma_1\varepsilon_1\eta_1$ bandhaḥ ζ_2 bandhe δ_2 budha α_1 **samāropya** cett.] °nam āropya ε_1 **11b dhārayed** cett.] dhānayed δ_1 **11c yathā** cett.] pathi η_1 **daṇḍāhataḥ** $\alpha_1\alpha_3\beta_1\beta_\omega\zeta_1\zeta_3\eta_2$] daṇḍahataḥ $\alpha_2\beta_2\Gamma\Delta\varepsilon_1\zeta_2\eta_1\chi$ **11d daṇḍākāraḥ** cett.] daṇḍakāraḥ $\Gamma\varepsilon_1\zeta_2$ **prajāyate** cett.] prayujyate η_1 **12a rjvībhūtā** $\beta_1\gamma_2\Delta\varepsilon_1\zeta_3\eta_1\eta_2\chi$] rjvībhūtvā β_2 rujvībhūtvā $\alpha_1\beta_\omega$ rajvībhūtā ζ_2 rajvībhū α_2 vajrībhūtā ζ_1 r_bhūtrā γ_1 **tathā** cett.] yathā ζ_2 **śaktiḥ** cett.] śakti $\beta_1\beta_\omega\delta_1\zeta_2\eta_1$ **12c tadāsau** $\alpha_1\alpha_2\mathrm{B}\Gamma\zeta_1\zeta_2\eta_1$] tathāsau Δ tadā sā $\alpha_3\zeta_3\eta_2\chi$ tadā sa ε_1 **maraṇā** cett.] maraṇa ζ_1 maraṇī η_1 ramaṇā β_ω maṇā η_2 marasā ε_1 **vasthā** cett.] vasthāṃ $\gamma_2\Delta\eta_1$ sthā ζ_1 **12d jāyate** cett.] yāyate ζ_1 harate $\Gamma\Delta$ **dviputā** $\alpha_1\alpha_2\mathrm{B}\Delta\varepsilon_1\eta_1\eta_2\chi$] dvipūtā γ_1 nṛputā $\zeta_1\zeta_2$ triputā $\alpha_3\zeta_3$ vapurā γ_2 °**śritā** $\alpha_1\alpha_2\beta_1\beta_\omega\zeta_2\eta_2$] śrayā $\delta_1\varepsilon_1\chi$ śrayāṃ γ_2 śrayī γ_1 śrayaḥ $\alpha_3\delta_2$ [śr]i .. η_1 smṛtā ζ_1 sanāṃ ζ_3 hi sā β_2 **13b recayen** cett.] recaya ζ_2 **na tu** cett.] tanu δ_2 na ca β_ω naiva χ **13c iyaṃ** cett.] idaṃ β_ω **13d siddhaiḥ** cett.] siddhiḥ $\zeta_2\zeta_3$ **pradarśitā** $\alpha_2\chi$] pradarśanā α_1 praśasyate cett. prajāyate ζ_2

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³ Δ have a different order for the following 4 verses: $16 \rightarrow 15 \rightarrow 13 \rightarrow 14$.
ζ_1 is lost after ततः शनैः शनै.

महाक्लेशादयो[#] दोषा जीर्यन्ते मरणादयः ।
महामुद्रां च तेनैव वदन्ति विबुधोत्तमाः ॥ (cd om. Δ)   3.14 – ζ₁

चन्द्राङ्गे तु समभ्यस्य सूर्याङ्गे पुनरभ्यसेत् ।
यावत्तुल्या भवेत्संख्या ततो मुद्रां विसर्जयेत् ॥ (cd om. ζ₃)   3.15

न हि पथ्यमपथ्यं वा रसाः सर्वेऽपि नीरसाः ।
अपि भुक्तं विषं घोरं पीयूषमिव जीर्यते ॥   3.16

क्षयकुष्ठगुदावर्तगुल्माजीर्णपुरोगमाः ।
तस्य दोषाः क्षयं यान्ति महामुद्रां तु योऽभ्यसेत् ॥ (om. β₁)   3.17

कथितेयं महामुद्रा महासिद्धिकरी नृणाम्[#] ।
गोपनीया प्रयत्नेन न देया यस्य कस्यचित् ॥ (om. β₁)   3.18

14a mahā cett.] mahān η_2 mahata α_2 **kleśādayo** $\alpha_1\alpha_3\beta_2\beta_\omega\eta_1\eta_2\chi$] kleśā yato γ_2 kleśa yato γ_1 kleśāyatā β_1 kleśā yathā ζ_2 kleśa yathā ζ_3 kleśā mahā Δ rogā mahā ε_1 kuśodayo α_2 **doṣā** cett.] doṣāḥ $\eta_2\chi$ doṣa γ_2 kleśā ε_1 *om.* α_2 **14b jīryante** $\alpha_3\beta_1\beta_2\Gamma\Delta\varepsilon_1\eta_1$] jīyaṃte ζ_3 jāyante ζ_2 hīyante α_1 hrīyaṃte α_2 kṣīyante $\beta_\omega\eta_2\chi$ **14c mudrāṃ** B$\varepsilon_1\zeta_3\eta_2\chi$] mudrā A$\Gamma\zeta_2\eta_1$ *om.* Δ (Pādas c–d omitted)   **ca** cett.] tu α_1 **tenaiva** cett.] tenai γ_1 tenetāṃ ζ_3 *om.* Δ **14d vibudhottamāḥ** cett.] vibudhottamā $\beta_1\beta_\omega$ vibudhottamaḥ $\alpha_1\alpha_2$ vividhottamāḥ γ_2 *om.* Δ **15a candrāṅge** cett.] cāndrāṅge° η_1 candrāṃgaṃ ζ_2 candrāṃśaṃ Δ caṃdrāṃśe β_1 **tu** cett.] ca η_2 **15b sūryaṅge** cett.] sūryāṅge° η_1 sūryāṃgaṃ ζ_2 sūryāṃśaṃ Δ **punar abhyaset** $\alpha_1\alpha_2$B$\Gamma\varepsilon_1\eta_2\chi$] tu samabhyaset $\Delta\zeta_2\zeta_3$ °su samabhyaset η_1 **15c yāvat** cett.] ye ca β_1 **tulyā** $\alpha_1\alpha_2$B$\Gamma\varepsilon_1\zeta_2\eta_1\chi$] saṃkhyā η_2 tayor Δ *om.* ζ_3 **bhavet** cett.] bhavat $\varepsilon_2\eta_1$ *om.* ζ_3 **saṃkhyā** $\alpha_1\alpha_2$B$\Gamma\varepsilon_1\eta_1\chi$] saṃkṣā ζ_2 sāmyaṃ Δ tulyā η_2 *om.* ζ_3 **15d visarjayet** cett.] visarjayet δ_1 vivarjayet $\beta_1\beta_\omega$ *om.* ζ_3 **16a na hi pathyam apathyaṃ vā** cett.] nāpathyāṃ na hi pathyaṃ ca η_2 na hi madhyaṃ vā (3 akṣaras missing) ζ_2 **16b 'pi** cett.] hi δ_1 **16c api bhuktaṃ** cett.] api muktaṃ γ_1 ahimuktaṃ $\zeta_2\zeta_3$ api viṣaṃ β_1 **viṣaṃ ghoraṃ** cett.] ghora bhuktaṃ β_1 **16d pīyūṣam** cett.] piyuṣaṃ $\alpha_2\beta_\omega$ **iva** cett.] api β_1 **jīryate** cett.] jīryati $\Gamma\varepsilon_1\chi$ jāyate α_2 **17a kuṣṭha** cett.] kuṣṭhaṃ $\alpha_2\eta_1$ **gudā** cett.] mudā $\delta_1\zeta_2\zeta_3$ **17b gulmājīrṇa** cett.] gulmajīrṇa $\alpha_2\beta_2\Delta\varepsilon_1$ gulmaplīha Γ **purogamāḥ** cett.] purogamā $\alpha_2\beta_\omega$ jvarās tathā δ_1 jarādayaḥ δ_2 **17c tasya doṣāḥ** cett.] doṣāḥ sarve $\eta_1\eta_2$ **17d tu yo'bhyaset** cett.] ca yo bhyaset $\beta_2\zeta_3$ yo«ma»bhyaset β_ω **18a kathiteyaṃ** cett.] kathitoyaṃ $\alpha_2\beta_\omega\zeta_2$ **18b mahāsiddhikarī nṛṇām** $\alpha_3\beta_\omega\varepsilon_1\zeta_2\zeta_3\eta_1\eta_2\chi$] jarāmṛtyuvināśinī $\alpha_1\beta_1\Gamma\Delta$ nṛṇām mṛtyuvināśinī α_2 **18c gopanīyā** cett.] gopanīyaṃ $\alpha_2\beta_\omega\zeta_2$ gopanīyāṃ η_2 **18d deyā** cett.] deyaṃ β_ω

अथ महाबन्धः । (om. β₁)

पार्ष्णिं वामस्य पादस्य योनिस्थाने नियोजयेत् ।
वामोरूपरि संस्थाप्य दक्षिणं चरणं तथा ॥⁴ (cd om. β₁)   3.19

पूरयित्वा मुखे वायुं हृदये चिबुकं दृढम् ।
निभृत्य योनिमाकुञ्च्य मनो मध्ये नियोजयेत् ॥ (om. β₁)   3.20

धारयित्वा यथाशक्ति रेचयेदनिलं शनैः ॥
सव्याङ्गे च समभ्यस्य दक्षाङ्गे च समभ्यसेत् ॥ (cd om. Δ) [cd after 3.23 A]   3.21

मतमत्र तु केषांचित् कण्ठबन्धं विसर्जयेत् ।
राजदन्तबिलं तत्र# जिह्वयोत्तम्भयेदिति ॥⁵ (om. α₁α₂Δ)   3.22

heading: atha cett.] *om.* Γ   **mahābandhaḥ** cett.] mahābandha α₁β_ωζ₂ mahāvedhaḥ δ₂
19a pārṣṇiṃ α₁α₃Δε₁ζ₃η₁χ] pārṣṇi α₂Bγ₂ζ₂η₂ yāṣi γ₁   **vāmasya** cett.] bhāgena η₂   **19b niy-**
ojayet cett.] yojayet ζ₂   **19d dakṣiṇaṃ** cett.] dakṣaṇaṃ α₂β_ω dakṣiṇe δ₂   **20a mukhe**
α₁α₂β₂ΓΔ] tato β_ωε₁η₁η₂χ tathā ζ₂ζ₃   **vāyuṃ** cett.] vāyu α₂β_ωΓ   **20b cibukaṃ** cett.]
sasvanaṃ ζ₃ svasanaṃ ζ₂   **dṛḍham** cett.] tathā β₂   **20c nibhṛtya** α₁β_ω] nibhṛtaṃ β₂ nivṛtya
ζ₂ζ₃ nipīḍya δ₂ε₁ niṣ-/niḥpīḍya Γδ₁η₁χ nikṣipya η₂ nitya α₂   **ākuñcya** cett.] samākuñcya
α₂   **20d mano** cett.] tato ζ₃   **21a dhārayitvā yathāśakti** β₂Γη₁χ] dhārayitvā yathāśak-
tyā β₁β_ωε₁ζ₃η₂ cālayitvā yathāśaktyā ζ₂ recayec ca śanair eva α₁α₂Δ vased evaṃ mahābaṃdho
α₃   **21b recayed anilaṃ śanaiḥ** BΓζ₂ζ₃η₁η₂χ] recayed aniśaṃ śanaiḥ ε₁ recayec ca śanaihś
śanaiḥ α₃ mahābandho'yam ucyate α₁α₂Δ   **21c ca samabhyasya** α₁γ₂ε₁ζ₂ζ₃η₁η₂] tu samab-
hyasya α₂χ pūrvam abhyasya B *om.* γ₁   **21d dakṣāṅge ca sam°** α₁α₂ε₁ζ₂] dakṣacāṃge sam°
α₂ dakṣiṇāṅge sam° β₂ζ₃η₁ sam° γ₁ dakṣāṅge punar α₃β_ωγ₂χ dakṣiṇāṅge punar β₁ dakṣiṇe punar
η₂   **22a matam atra** cett.] matam etat η₁ matāntare β_ω matārettamaṃtra η₂   **tu** cett.] ca Γ
22b kaṇṭhabandhaṃ cett.] kaṇṭhe bandhaṃ α₃η₂ kaṃdhayaṃ γ₁   **visarjayet** α₃β₁β_ωε₁ζ₂ζ₃]
vivarjayet η₁η₂χ tu varjayet β₂Γ   **22c rājadantabilaṃ tatra** β₂ε₁] rājadantabilaṃ jatra β_ω virā-
jaṃti bilaṃ tatra β₁ rājadantabalaṃ haṃti ζ₂ζ₃ rājadantadvayaṃ tatra Γ rājadantasthajihvāyā(ṃ)
η₁χ rājadantasya jihvāyāṃ η₂   **22d jihvayottambhayed** β₂ζ₂ζ₃] jihvayottaṃbhaved β_ωΓ jih-
vayoktaṃ bhajed ε₁ jihvādaṃ staṃbhayed β₁ bandhaś ca staṃbhayed η₁ bandhaḥ śasto bhaved η₂χ
iti BΓε₁ζ₂ζ₃χ] dhitaḥ η₂ dhi tat η₁

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⁴ In ζ₂ζ₃ this hemistich and the next verse are found after 3.22ab. Probably they were omitted by
eye-skip due to नियोजयेत् and inserted at a wrong place. ζ₂ adds the following hemistich after that:
रेचयेच्च शनैरेव महाबन्धोऽयमुच्यते.

⁵ In ζ₂ζ₃ the 2nd hemistich is found betweem 3.28 and 3.29.

अयं खलु महाबन्धो महासिद्धिप्रदायकः ।
कालपाशमहाबन्धविमोचनविचक्षणः ॥⁶ (cd om. α₁)

3.23

अयं च सर्वनाडीनामूर्ध्वंगतिविबोधकः । (ab om. α₂)
त्रिवेणीसंगमं धत्ते केदारं प्रापयेन्मनः# ॥

3.24

रूपलावण्यसंपन्ना यथा स्त्री पुरुषं विना ।
महामुद्रामहाबन्धौ निष्फलौ वेधवर्जितौ ॥ (cd om. ζ₃)

3.25

अथ महावेधः । (om. α₁β₁δ₁)

महाबन्धस्थितो योगी कृत्वा पूरकमेकधीः ।
वायूनां गतिमावृत्य निभृतं# कण्ठमुद्रया ॥

3.26

23a ayaṃ cett. incl. α₃] asaṃ α₂ amuṃ α₁ **khalu** cett.] ṣalu β_ω kila η₁η₂ yogo α₃ yogī α₂ yoga α₁ **bandho** cett.] bandhaḥ η₂ bandhaṃ α₁ **23b mahā** cett.] sahā γ₁ sarva η₂ **pradāyakaḥ** cett.] pradāyakaṃ α₁ **23c pāśa** cett.] pāśaṃ γ₁ **bandha** cett.] bandho γ₁ baddho ζ₂ **23d vimocana** cett.] mocayec ca β_ω **vicakṣaṇaḥ** cett.] °na β₁ °ṇaṃ β_ω kṛtakṣayaḥ α₃ **24a ca** cett.] tu ΓΔχ **24b ūrdhvaṃ** cett.] ūrdhva α₁η₁γ₁χ **gativibod-hakaḥ** α₁β₁β_ωζ₃η₁η₂] gatinibodhakāḥ ζ₂ gatinirodhakaḥ χ gativiśodhanaḥ ε₁ gamanabodhakaḥ β₂ΓΔ **24d prāpayen** cett.] prāpyate α₂ **manaḥ** cett.] naraḥ α₂ε₁η₁ naraṃ ζ₂ **25a lā-vaṇya** cett.] lāvaṇa δ₂ yauvana ε₁ **saṃpannā** cett.] saṃpannā α₂ saṃpattī γ₁ saṃyuktā δ₁ **25b strī puruṣaṃ** cett.] nārī patiṃ δ₁ **25c mahābandhau** β₂γ₂Δε₁χ] mahābandho α₁α₂β₁β_ωγ₁ζ₂η₂ mahābandha η₁ *om.* ζ₃ **25d niṣphalau** β₂γ₂Δε₁η₂χ] niṣphalo β₁γ₁ niṣkalaḥ α₂ niṣkalā α₁ mahābaṃdha ζ₂ mahāvedha β_ωη₁ *om.* ζ₃ **vedhavarjitau** β₂ΓΔε₁χ] vedhavarjitaḥ α₂β₁ vedhavarttina α₁ vedhavarttitau η₂ vinā tathā ζ₂η₁ vinānyathā β_ω *om.* ζ₃ **heading: atha mahāvedhaḥ** β_ωζ₃η₂χ] found before 3.25 β₂δ₂ζ₂ atha vedhaḥ ε₁ mahāvedhaḥ (found before 3.25) Γ iti mahābandhaḥ η₁ atha mahābaṃdhaḥ (found after 3.26ab) α₂ *om.* α₁β₁δ₁ **26a mahābandha** Aε₁ζ₂ζ₃η₁χ] mahābandhaḥ (followed by a double daṇḍa and corrected to °vedhaḥ) γ₂ mahābandho β₁γ₁ mahāvedhe β₂Δ mahāvedha β_ωη₂ **sthito** cett.] sthite γ₁ sthitau η₂ **26b ekadhīḥ** β₂γ₂ε₁ζ₃η₁η₂χ] ekadhī α₁ edhakī β₁ ekadhā δ₁ζ₂ ekadhaḥ α₃ eva dhīḥ γ₁ eva dhī β_ω eva vā δ₂ eva ca dhā α₂ **26c vāyūnāṃ** β₁γ₂Δε₁ζ₃χ] vāyūnāṃ η₁ vāyunā Aβ₂β_ωγ₁ζ₂η₂ **gatim āvṛtya** cett.] gatim ākṛṣya α₂γ₁ζ₃ **26d mudrayā** cett.] mudrāyā η₂

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⁶ χ has a different verse order: 3.24ab → 3.23abcd → 3.24cd.

समहस्तयुगो भूमौ स्फिजौ संताडयेच्छनैः ।
पुटद्वयं समाक्रम्य वायुः स्फुरति सत्वरं ।
बन्धेनानेन योगीन्द्रः साधयेत्सर्वमीप्सितम् ॥ (Γ)   3.27

सोमसूर्याग्निसंबन्धो[#] जायते चामृताय वै[#] ।
मृतावस्था समुत्पन्ना ततो मृत्युभयं कुतः[#] ॥   3.28

महावेधोऽयमभ्यासान्महासिद्धिप्रदायकः ।
वलीपलितवेप[#]घ्नः सेव्यते साधकोत्तमैः ॥   3.29

एतत्त्रयं महागुह्यं जरामृत्युविनाशनम् ।
वह्निवृद्धिकरं चैव अणिमादिगुणप्रदम् ॥   3.30

27a samahasta cett.] samahāsta α_1 samahastā η_2 samahaste γ_1 samau hasta β_2 nyastahasta α_2 **yugo** $\beta_1\beta_\omega\gamma_1\delta_1\varepsilon_1\eta_2\chi$] yugau $\beta_2\gamma_2\delta_2\zeta_3\eta_1$ yuge $\alpha_1\zeta_2$ yuga α_2 *post* **bhūmau** *add.* samapādayugas tataḥ/ āndolanaṃ prakurvīta śarīrasya trimārgataḥ/ punar āsphālanaṃ kaṭyāṃ mahāmerau ca sādhakaḥ/ karau padadvaye kṛtvā ε_1 **27b sphijau** $\alpha_1\alpha_2\beta_1\beta_\omega\gamma_2\Delta\varepsilon_1\eta_1\eta_2$] sphicau $\gamma_1\chi$ sphītau β_2 dvijāt ζ_2 dvijā ζ_3 **saṃtāḍayec** cett.] saṃ[c/t]ālayec η_1 nutāḍayec ζ_3 saṃjāyate α_2 **chanaiḥ** cett.] tataḥ α_2 **27c puṭadvayaṃ** cett.] jaṃghādvayam γ_2 jaṃghāyuṭadvayam γ_1 **samākramya** cett.] samākṛsya $\alpha_2\gamma_2$ ākṛsya γ_1 atikramya χ **27d vāyuḥ** $\beta_2\gamma_2\Delta\eta_1\eta_2\chi$] vāyu $\alpha_1\alpha_2\beta_1\beta_\omega\gamma_1\varepsilon_1\zeta_2\zeta_3$ **satvaraṃ** $\alpha_1\alpha_2\varepsilon_1\zeta_2\eta_2$] ratvaram β_1 tatvaram β_ω tatparaṃ η_1 tatparaḥ β_2 madhyagaḥ $\Gamma\delta_1\zeta_3\chi$ madhyamaḥ δ_2 **27e yogīndraḥ** γ_2] yogīndra γ_1 **28a saṃbandho** $\zeta_2\chi$] sambandhā $\beta_\omega\eta_1$ sambandhāj $\alpha_1\alpha_2\beta_1\beta_2\Gamma\varepsilon_1\eta_2$ saṃdhānaṃ $\Delta\zeta_3$ **28b cāmṛtāya vai** $A\beta_1\varepsilon_1\chi$] cāmṛtāyate $\beta_2\Gamma\zeta_2\zeta_3$ vāmṛtāyate Δ cāmṛtāye vaiḥ η_1 ca mṛtāya vai β_ω ca mṛturjayaḥ η_2 **28c mṛtāvasthā** cett.] mṛtāmasthā γ_1 **samutpannā** cett.] samunnaṃ«ta»t α_3 *om.* γ_1 **28d mṛtyubhayaṃ kutaḥ** $\alpha_1\alpha_2B\gamma_2\Delta\varepsilon_1\zeta_2$] vāyuṃ virecayet $\zeta_3\eta_1\eta_2\chi$ vāyuṃ ++++ α_3 vāyuṃ nirundhayet kumbhakena γ_1 *post* **kutaḥ** *add.* āndolanāsphālanau ca | mahāmudrāmahābandhādyor api karttavyam iti samprasayaḥ ε_1 **29a mahāvedho** cett.] mahābaṃdho ζ_3 **abhyāsān** $\alpha_1\alpha_2\beta_2\beta_\omega\gamma_2\delta_2\eta_2\chi$] abhyāsāt $\beta_1\gamma_1$ anabhyāsān δ_1 abhyāso η_1 abhyasto $\varepsilon_1\zeta_2\zeta_3$ **29b mahā** cett.] sarva γ_1 **pradāyakaḥ** cett.] vidhāyakaḥ ε_1 **29c valī** cett.] valitā *unm.* η_2 vali $\gamma_1\eta_1$ valiḥ α_2 **palita** cett.] palīta γ_2 **vepa** χ] vedha $\alpha_1B\Gamma\varepsilon_1\zeta_2\zeta_3\eta_1$ vaidya α_2 vega Δ bandha η_2 **ghnaḥ** cett.] ghnam $\alpha_1\beta_\omega$ ghna $\alpha_2\gamma_1$ **29d sādhakottamaiḥ** cett.] sādhakottamaṃ β_ω **30a etat trayaṃ mahā** cett.] mahāmudrātrayam $\zeta_3\eta_1$ mahavedhābhayam α_3 **guhyaṃ** cett.] guptam Δ mudrā η_2 **30b vināśanam** cett.] vināśinī η_2 **30c vahni** cett.] buddhi β_2 **caiva** $\alpha_1\beta_2\Gamma\varepsilon_1$] caivam $\alpha_2\beta_1\beta_\omega\zeta_2\zeta_3\eta_1\eta_2$ caiva hy χ caitad Δ **30d guṇapradam** cett.] gaṇapradaṃ ζ_2 guṇapradī γ_1 pradāyakaṃ α_2

अष्टधा क्रियते चैतद्यामे यामे दिने दिने ।
पुण्यसंभारसंभावि पापौघभिदुरं सदा ॥   3.31

सम्यक्शिक्षावतामेव खल्पं प्रथमसाधने ।
वह्निस्त्रीपथसेवानामादौ वर्जनमादिशेत् ॥[7] (cd om. χ) [cd after 1.60 χ]   3.32

अथ खेचरी ।

नासनं सिद्धसदृशं न कुम्भं केवलोपमम् ।
न खेचरीसमा मुद्रा न नादसदृशो लयः ॥ (Ω) [= 1.43]   3.32*1

छेदनचालनदोहैः कलां क्रमेण प्रवर्धयेत्तावत् ।
सा यावद्भ्रूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥   3.33

31a aṣṭadhā cett.] aṣṭādi β_2 **caitad** $\alpha_1\beta_2\varepsilon_1$] caiva $\Delta\zeta_2\chi$ caivaṃ $\beta_1\Gamma$ caikaṃ $\beta_\omega\eta_1\eta_2$ caika ζ_3 taitva α_2 **31b yāme yāme** cett.] yāmayāme ζ_3 yāmaṃ yamām η_1 yamair niyamai α_2
31c puṇya cett.] puṇyaṃ ζ_3 puna α_2 sarva η_2 **saṃbhāra** $\alpha_1\alpha_2\gamma_2\Delta\zeta_3\chi$] sahāra β_ω saṃcāra $\eta_1\eta_2$ saṃsāra ζ_3 saṃdhāta β_1 saṃdhāna β_2 saṃcaya $\alpha_3\varepsilon_1$ *om.* γ_1 **saṃbhāvi** $\alpha_3\beta_\omega\Gamma\zeta_2$] saṃbhāvī $\alpha_1\alpha_2$ sabhāvī η_1 saṃdhāyi $\beta_2\zeta_3\chi$ saṃdhāyī η_2 saṃdāyī ε_1 saṃdīra β_1 saṃpādi Δ
31d pāpaugha cett.] pāprogha γ_2 padhau _ dhava γ_1 **bhiduraṃ sadā** cett.] bhidiraṃ sadā α_2 vidhuraṃ tathā α_3 **32a śikṣāvatām** cett.] śikṣavatā β_2 śiṣyāvatām $\alpha_2\zeta$ jijñāsatām η_2 **eva** $\alpha_2\beta_1\Gamma\Delta\zeta_3$] evaṃ $\alpha_1\beta_\omega\varepsilon_1\zeta_2\eta_1\eta_2\chi$ bhavyaṃ β_2 **32b sādhane** $\alpha_2\beta_1\beta_2\gamma_1\Delta\zeta_2\zeta_3\eta_1$] sādhanaiḥ α_1 sādhanaṃ $\beta_\omega\gamma_2\varepsilon_1\eta_2\chi$ **32c sevānām** cett.] sevācanaṃ ζ_2 sevanām η_2 sevanam η_1 sevenam γ_1 *om.* χ **32d ādiśet** $\alpha_1\alpha_2\beta_1\beta_2\zeta_2\zeta_3\eta_1$] ādṛśyet β_ω ācaret $\Gamma\Delta\varepsilon_1\eta_2$ *om.* χ **heading: atha** cett.] *om.* $\Gamma\delta_2$ **32*1b kumbhaṃ** η_ω^{pc}] kumbha $\beta_\omega\zeta_\omega\eta_\omega^{ac}$ kumbhaka δ_ω **kevalopamam** η_ω^{pc}] kevalokanam $\beta_\omega\eta_\omega^{ac}$ sadṛśo nilaḥ ζ_ω samonilaṃ δ_ω **33a chedana** $\alpha_2\beta_1\beta_\omega\gamma_1\Delta\delta_\omega\varepsilon_1\zeta_3\eta_1\chi$] chedanaṃ $\eta_2\zeta_\omega\eta_\omega$ chedanaiś β_2 bhedana α_3 vedana ζ_2 rasanā γ_2 *illeg.* α_1 **cālanadohaiḥ** $\beta_1\gamma_2\Delta\delta_\omega\varepsilon_1\zeta_3\eta_1\chi$] cālajadohaih γ_1 cālanaṃ dohaiḥ α_2 cālanaṃ dohau $\beta_\omega\eta_2\eta_\omega$ cālanaṃ dohaṃ ζ_ω cālanair dāsyai β_2 cāladohaiḥ ζ_2 pādanadoṣaiḥ α_3 *illeg.* α_1 **kalāṃ** $\beta_1\beta_2\gamma_2\varepsilon_1\zeta_2\eta_1\chi$] kalan γ_1 kalāḥ $\alpha_1\zeta_\omega$ kalā $\alpha_2\alpha_3\beta_\omega\eta_\omega$ kāla η_2 jihvāṃ $\Delta\delta_\omega$ krameṇa ζ_3 **krameṇa** $\alpha_1B\varepsilon_1\zeta_2\eta_1\eta_2\eta_\omega\zeta_\omega$] kramaṇa α_2 krameṇātha χ jihvāṃ ζ_3 tu Γ vai Δ *om.* $\alpha_3\delta_\omega$ **pravardhayet** $\alpha_2\beta_1\varepsilon_1\zeta_3\eta_1\eta_2$] saṃvardhayet $\Gamma\delta_\omega$ vardhayet $\alpha_1\alpha_3\beta_2\beta_\omega\Delta\zeta_2\zeta_\omega\eta_\omega\chi$ **tāvat** $\alpha_2\beta_1\beta_2\gamma_2\Delta\delta_\omega\varepsilon_1\zeta_2\zeta_3\chi$] tā«va»t η_2 kramaśaḥ α_3 *om.* $\alpha_1\beta_\omega\gamma_1\eta_1\zeta_\omega\eta_\omega$ **33b sā yāvad** $\alpha_1\alpha_2\beta_1\beta_2\varepsilon_1\zeta_3\eta_1\eta_2\chi$] yāvad iyaṃ $\Gamma\Delta\delta_\omega$ yāvad $\beta_\omega\zeta_\omega\eta_\omega$ yā α_3 sā ζ_2 **bhrūmadhyaṃ** cett.] bhrūmadhya $\delta_1\eta_1$ spṛśati ζ_ω **spṛśati** cett. incl. α_3] sparśati γ_1 viśati α_2 viśa α_1 bhrūmadhyaṃ ζ_ω **tadā khecarīsiddhiḥ** $\Gamma\delta_2\delta_\omega\zeta_3\eta_2\chi$] tadānīṃ khecarīsiddhiḥ (tadānī $\alpha_2\beta_1\beta_2$) $\alpha_1\alpha_2B\eta_\omega$ tadānīṃ hi khecarīsiddhiḥ $\varepsilon_1\zeta_2$ tadānī siddhiḥ η_1 tadā sidhyati khecarī ζ_ω tadā khecarī bhavati δ_1

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[7] Γ adds here: महामुद्रा महाबन्धो महावेधश्च नित्यशः । एतत्त्रयं प्रयत्नेन चतुर्वारं करोति यः । षण्मासाभ्यन्तरे मृत्युं जयत्येव न संशयः ॥ (= Śivasaṃhitā xx)

स्नुहीपत्त्रनिभं शस्त्रं सुतीक्ष्णं स्निग्धनिर्मलम् ।
समादाय ततस्तेन रोममात्रं समुच्छिदेत् ॥ ($\zeta_3 \Omega \chi$）   3.33*1

कृत्वा सैन्धवपथ्यादिचूर्णिताभ्यां प्रघर्षयेत् ।
पुनः सप्तदिने प्राप्ते रोममात्रं समुच्छिदेत् ॥ ($\zeta_3 \Omega \chi$)   3.33*2

एवं क्रमेण षण्मासं नित्ययुक्तं समाचरेत् ।
षण्मासाद्रसनामूलशराबन्धं विनश्यति ॥ ($\zeta_3 \Omega \chi$)   3.33*3

(16 more verses in Ω)

कपालकुहरे जिह्वा प्रविष्टा विपरीतगा ।
भुवोरन्तर्गता दृष्टिमुद्रा भवति खेचरी ॥[before 3.33 χ]   3.34

कलां पराङ्मुखीं कृत्वा [त्रिपथे परिवर्तयेत् ।
सा भवेत्खेचरी मुद्रा व्योमचक्रं तदुच्यते ।
रसनामूर्ध्वगां कृत्वा]^8 क्षणार्धं यदि तिष्ठति ।
क्षणेन मुच्यते योगी व्याधिमृत्युजरादिभिः ॥ (om. α_1)   3.35

33*1a snuhī $\delta_\omega \chi$] snuhi $\zeta_3 \zeta_\omega \eta_\omega$ śnuhi β_ω **33*1d samucchidet** $\beta_\omega \zeta_\omega$] samucchinet $\zeta_3 \eta_\omega \chi$ samucchiṃdyāt δ_ω **33*2a kṛtvā** $\zeta_3 \Omega$] tataḥ χ]   **saindhavapathyādi** $\beta_\omega \delta_\omega \zeta_\omega \eta_\omega$] saindhavapa-thyābhyāṃ χ saindhavapakṣyādi ζ_3 **33*2c punaḥ** $\zeta_3 \beta_\omega \delta_\omega \eta_\omega \chi$] tataḥ ζ_ω **33*2d samucchidet** $\beta_\omega \zeta_\omega \eta_\omega$] samucchinet χ punaḥ chidet ζ_3 samutthiyāt δ_ω **33*3a ṣaṇmāsaṃ** $\beta_\omega \delta_\omega \zeta_\omega \eta_\omega \chi$] ṣaṇmāsān ζ_3 **33*3b nitya** $\beta_\omega \delta_\omega \zeta_3 \zeta_\omega \eta_\omega$] nityaṃ χ **yuktaṃ** $\beta_\omega \zeta_3 \zeta_\omega \eta_\omega$] yuktaḥ χ muktaṃ δ_ω **33*3c ṣaṇmāsād** $\Omega \chi$] ṣaṇmāse ζ_3 **mūla** $\beta_\omega \delta_\omega \zeta_\omega \eta_\omega \chi$] mūlaṃ ζ_3 **33*3d śarāband-haṃ** $\beta_\omega \eta_\omega^{ac}$] śarabaṃdhaṃ δ_ω śirābaṃdhaṃ η_ω^{pc} śirābandhaḥ $\zeta_3 \chi$ śirābandho ζ_ω **vinaśyati** Ω] praṇaśyati $\zeta_3 \chi$ **34a kuhare** cett.] vivare $\alpha_2 \beta_1$ **34b praviṣṭā viparītagā** cett.] pravi + + + + + + α_1 praviṣṭā viṣa«taṃ»tugā β_2 **34c antargatā** cett.] aṃtagatā α_1 madhagatā β_1 madhye gatā β_2 **dṛṣṭir** cett.] dṛṣṭi $\alpha_1 \alpha_2 \beta_1 \gamma_1 \varepsilon_1 \zeta_3$ **34d bhavati** cett.] bhavatu α_3 **35a kalāṃ** cett.] kalā $\alpha_3 \gamma_1$ kālaṃ η_2 **parāṅmukhīṃ** $\beta_1 \Delta \zeta_2 \zeta_3 \eta_1 \chi$] parāṅmukhī $\alpha_3 \beta_\omega \Gamma \varepsilon_1 \eta_2$ paṅmukhī α_2 avāṅmukhī β_2 **kṛtvā** $\alpha_3 B \Delta \varepsilon_1 \zeta_2 \zeta_3 \eta_1 \chi$] kṛtya η_2 nītvā $\alpha_2 \Gamma$ **35b tripathe** $\beta_\omega \Delta \varepsilon_1 \zeta_3 \chi$] tripathaṃ ζ_2 tripatha β_2 tripātha β_1 **parivartayet** ζ_3] parivarjayet $B \delta_1 \zeta_2$ parivardhayet δ_2 pariyojayet χ ko prayojayet ε_1 **35c sā** $\beta_1 \beta_2 \Delta \varepsilon_1 \zeta_2 \zeta_3 \chi$] sa β_ω **35d tad ucyate** $B \Delta \zeta_2 \zeta_3 \chi$] praśasyate ε_1 **35f yadi** cett.] api $\alpha_2 \eta_2 \chi$ **35g kṣaṇena** $\alpha_3 \beta_\omega \gamma_2 \varepsilon_1 \zeta_2 \zeta_3 \eta_1 \eta_2$] kṣaṇe [ca] γ_1 viṣaye α_2 viṣayair Δ viṣair vi° $\beta_1 \chi$ duḥkhair vi° β_2 **yogī** cett.] yogogī α_2 vyādhi γ_2 **35h vyādhimṛtyujarādibhiḥ** cett.] janmamṛtyujarādibhiḥ γ_2 vyādhimṛjarāpahe *unm.* α_2

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^{8} The Pādas b–e are not found in $\alpha_2 \alpha_3 \Gamma \eta_1 \eta_2$, but in $B \Delta \varepsilon_1 \zeta_2 \zeta_3 \chi$.

न रोगो मरणं तस्य न निद्रा न क्षुधा तृषा ।
न च मूर्छा भवेत्तस्य यो मुद्रां वेत्ति खेचरीम् ॥[9] 3.36

पीड्यते न स रोगेण न च लिप्यति कर्मणा ।
बाध्यते न च कालेन यो मुद्रां वेत्ति खेचरीम् ॥ (om. ΓΔζ₂ζ₃) 3.37

चित्तं चरति खे यस्माज्जिह्वा चरति खे गता ।
तेनैषा खेचरी नाम मुद्रा सिद्धैर्नमस्कृता ॥ (om. γ₁) [= 4.11*7] 3.38

खेचर्या मुद्रितं येन विवरं लम्बिकोर्ध्वतः ।
तस्य न क्षरते बिन्दुः कामिन्याश्लेषितस्य च ॥ 3.39

चलितोऽपि यदा बिन्दुः संप्राप्तो योनिमण्डलम् ।
व्रजत्यूर्ध्वं हतः शक्त्या# निबद्धो योनिमुद्रया ॥[10] 3.40

36a rogo cett.] roga η₁ rogān η₂   **tasya** cett.] tandrā χ   **36b kṣudhā tṛṣā** cett.] tṛṣā kṣudhā (tṛkhā δ₁) β₂δ₁   **36c ca** cett.] bhra β_ω *om.* α₂   **bhavet** cett.] bhave η₂   **tasya** cett.] ta + α₁   **36d yo mudrāṃ vetti** cett.] *illeg.* α₁   **khecarīm** α₃γ₂Δε₁ζ₂ζ₃η₁η₂χ] khecarī α₁α₂Bγ₁   **37a pīḍyate** α₁α₃β₁ε₁χ] piṃḍaṃte α₂ bādhyate β₂β_ωη₂ chādyate η₁   **sa** β_ωη₁η₂χ] ca Aβ₁β₂ε₁   **37b na ca lipyati** α₂β₁] na ca lipyata α₁ lipyate na ca α₃χ lipyate na sa β₂β_ωε₁η₁η₂   **37c bādhyate** α₁β₁β_ωε₁η₁η₂χ] badhyate α₂ bhidyate α₃ khādyate β₂   **ca** Aβ₁] sa β₂β_ωε₁η₁η₂χ   **37d yo mudrāṃ vetti** α₁α₂Bη₂χ] yasya mudrāsti ε₁η₁   **khecarīm** α₁η₂χ] khecarī α₂Bε₁η₁   **38a cittaṃ** cett.] citte δ₁ ci + α₁   **carati khe** cett.] *illeg.* α₁   **yasmāj** cett.] yasyāt β_ω yasyā α₂ + .āj α₁   **38b gatā** cett.] yadā β₁   **38c tenaiṣā** α₁α₂β₁ε₁ζ₃χ] tenaiva β_ωζ₂η₁η₂ teneyaṃ β₂γ₂Δ   **nāma** α₁α₂β₁ε₁ζ₃χ] mudrā cett.   **38d mudrā** α₁α₂β₁ε₁ζ₃χ] sarva β₂β_ωγ₂Δζ₂η₁η₂ *illeg.* α₃   **siddhair namaskṛtā** cett.] siddhir nigadyate α₃ siddhair nirūpitā χ   **39a khecaryā** cett.] khecaryāṃ β_ω   **mudritaṃ** cett.] mudritā α₃β₂ mudrataṃ α₂   **yena** cett.] ye tu β₂   **39b vivaraṃ** cett.] vicaran/raṃ β₁β₂η₁   **lambikordhvataḥ** cett.] lampikordhvataḥ δ₂ *illeg.* α₁   **39c tasya na** α₂α₃Bγ₁ε₁ζ₂ζ₃η₁η₂] +[s]ya na α₁ na tasya γ₂Δχ   **binduḥ** cett.] cittaṃ ε₁   **39d śleṣitasya** cett.] saṃślitasya β₁ liṅgitena Γ liṅgitena β₂   **40a calito** cett.] calitā γ₁ calate δ₁ calato α₁ patito β₂   **yadā** cett.] yathā α₂ε₁   **40b samprāpto** α₁β₁β₂δ₂ε₁ζ₂ζ₃η₁χ] samprāptaś β_ωΓδ₁η₂ samprāpte α₂   **yonimaṇḍalam** α₂ε₁ζ₃η₁χ] yogimaṃḍalam α₁ yonimaṃgalaṃ ζ₂ vahnimaṇḍalaṃ β₁β₂ cāgnimaṇḍalaṃ β_ωη₂ ca hutāśanam Γδ₁ pi hutāśanaṃ δ₂   **40c vrajaty** cett.] vṛjaṃty α₁ vrajety α₂ jajaty γ₁   **ūrdhvaṃ** cett.] ū + α₁   **hataḥ śaktyā** *em.* (cf. VM)] hṛtaḥ śaktyā χ hatāchantkā γ₁ haṭhāc chaktyā Bγ₂ε₁ζ₂ζ₃η₁η₂ *illeg.* α₁α₃ haṭhāt saktyā α₂ hi tacchaktyā δ₂ hi tadbhuktyā δ₁   **40d nibaddho** α₂α₃β₁β_ωε₁ζ₂ζ₃χ] nibadhno η₁ niruddho Γδ₂ nirodho β_ωη₂ viruddhe δ₁ *illeg.* α₁   **yoni** cett.] yoga β₁β_ωη₂

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[9] In γ₂ this verse is found after 3.38.
[10] β₂ has this verse between 3.42ab and cd. β_ωη₂ have 3.43 after this verse.

कपालकुहरे जिह्वा कलासंधानमुद्रया । (ABΓε₁ζ₂ζ₃)   3.40*1

ऊर्ध्वजिह्वः स्थितो भूत्वा सोमपानं करोति यः ।
मासार्धेन न संदेहो मृत्युं जयति योगवित् ॥   3.41

नित्यं सोमकलापूर्णं शरीरं यस्य योगिनः ।
तक्षकेणापि दष्टस्य विषं तस्य न सर्पति ॥¹¹ (om. α₁α₂)   3.42

इन्धनानि यथा वह्निस्तैलवर्तिं च दीपकः ।
तथा सोमकलापूर्णं देही देहं न मुञ्चति ॥ [after 3.40 β_ω η₂]   3.43

रसनां वेशयेदूर्ध्वं पिबेत्तत्सावितं जलम् । (ΓΔ)   3.43*1

40*1b kalā α₂α₃β_ωε₁ζ₃] kāla Γζ₂ kālā α₁ kṛtvā β₁β₂   **saṃdhāna** ABε₁ζ₃] saṃdhāra ζ₂ saṃhāra Γ   **mudrayā** Aβ₁β₂Γε₁ζ₂ζ₃] varjitā β_ω   **41a ūrdhva** cett.] ūrdhvaṃ α₂α₃ζ₂   **jihvaḥ** γ₂δ₁χ] jihva γ₁ε₁ jihvā α₁α₂Bδ₂ζ₂ζ₃η₁η₂   **sthito** α₁α₂β_ωδ₂ε₁η₂] sthiro β₁β₂Γδ₁ζ₃η₁χ sito ζ₂ **41b karoti yaḥ** cett.] karoti saḥ β₂ karo + + α₁   **41c māsārdhena** cett.] māsād ūrddhve ε₁ *illeg.* α₁   **na** cett.] tu β₂ *om.* δ₁ *illeg.* α₁   **42a pūrṇaṃ** cett.] pūrṇa β₁γ₁ζ₂ pūrṇe η₂ **42b yoginaḥ** α₃β₁β₂ΓΔζ₂χ] yoginaṃ β_ω dehinaḥ ε₁ζ₃η₁η₂   **42c daṣṭasya** α₃β₂γ₂Δε₁ζ₃η₂χ] dṛṣṭasya β₁β_ωγ₁η₁ daṃṣṭrasya ζ₂   **42d viṣaṃ tasya na** cett.] viṣeṇa na hi α₃   **sarpati** cett.] sparśati β_ω pīḍyate α₃γ₁   **43b tailavart(t)iṃ** β_ωΔζ₃χ] tailavart(t)i α₁β₁ζ₂ tailavart(t)ī β₂Γη₂ tailaṃ varttiṃ ε₁ tailavatti α₂ tailāvṛtti η₁   **ca** cett.] va α₂η₁   **dīpakaḥ** cett.] dīpikaḥ η₁ **43c soma** cett.] sarva ζ₂   **pūrṇaṃ** cett.] pūrṇa η₂ pūrṇo γ₂ζ₂   **43d dehī dehaṃ** cett.] dehaṃ dehī β₂ε₁ζ₃ deha devaṃ α₂ dehe dehīṃ β₁ *illeg.* α₁   **na muñcati** α₂β₁Γ Δε₁ζ₂η₁χ] na mucyati η₂ na muṃcyati ζ₃ na mucyate β₂β_ω + + + ti α₁   **43*1a rasanāṃ** γ₂Δ] rasānāṃ γ₁ **veśayed ūrdhvaṃ** γ₂Δ] vasayed ūrdhvaṃ γ₁   **43*1b srāvitaṃ** Δ] sravitaṃ Γ   **jalam** cett.] jagat δ₂

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¹¹ β_ω adds a half verse here: तस्मादिदं प्रकुर्वीत नित्ययुक्तः समाहितः.

11

गोमांसं भक्षयेन्नित्यं पिबेदमरवारुणीम् ।
कुलीनं तमहं मन्ये इतरे कुलघातकाः ॥ 3.44

गोशब्देनोदिता जिह्वा तत्प्रवेशो हि तालुनि ।
गोमांसभक्षणं तत्तु महापातकनाशनम् ॥ 3.45

जिह्वाप्रवेशसंभूतवह्निनोत्पादितः खलु ।
चन्द्रात्स्रवति यः सारः सा स्यादमरवारुणी ॥[12] (om. $\zeta_3 \eta_1$)[13] 3.46

मूर्ध्नः षोडशपत्त्रपन्नगलितं प्राणादवाप्तं हठा-
दूर्ध्वास्यो रसनां नियम्य विवरे शक्तिं परां चिन्तयेत् ।
उत्कल्लोलकलाजलं च विमलं धारामृतं# यः पिबेत्
निर्दोषः स मृणालकोमलवपुर्योगी चिरं जीवति ॥[14] 3.47

44a gomāṃsaṃ cett.] gomāṃsa $\gamma_2 \eta_2$ gomāṃ δ_1 **44b vāruṇīm** cett.] vāruṇī $\alpha_2 \beta_\omega \zeta_2 \zeta_3$
44c tam cett.] tum γ_2 **manye** cett.] manya χ vidyāṃ β_ω viṃdyāṃ η_2 **44d itare**
$\alpha_1 \alpha_3 \beta_2 \beta_\omega \varepsilon_1 \eta_2 \chi$] tv itare $\beta_1 \zeta_3 \eta_1$ cetare ζ_2 udhare α_2 netarān $\Gamma\Delta$ **ghātakāḥ** cett.] ghātakān
$\Gamma\Delta$ bālakān α_2 **45a noditā jihvā** cett.] nāditā jihvā γ_1 *illeg.* α_1 **45b tatpraveśo** cett. (°veśaś
ε_1)] + [t]praveśo α_1 tatpradeśo α_2 tatrāveśo β_1 **hi** cett.] ha β_1 di γ_1 ca ε_1 **45c gomāṃsa**
cett.] gomāṃsaṃ $\alpha_2 \zeta_2 \zeta_3 \eta_1$ gomāsaṃ γ_1 **bhakṣaṇaṃ** cett.] bhakṣaṇe α_1 **tat tu** cett.] _rttu
γ_1 tac ca ζ_3 caitat ζ_2 hy etan β_2 **46b vahninotpāditaḥ** $\gamma_2 \delta_2 \zeta_2 \chi$] °tpāditā $\alpha_2 \beta_2$ °tpāditāṃ β_1
°tpādi + α_1 °nnāpitā β_ω °ttāpito η_2 vaṃh[n]inotāpitaḥ α_3 vahniś cotthāpitot ε_1 vahnir utpāditaḥ
γ_1 hninotpāditaṃ δ_1 **khalu** $\alpha_2 \alpha_3 \Gamma\delta_1 \varepsilon_1 \zeta_2 \chi$] kila δ_2 daraṃ $\beta_\omega \eta_2$ °bare β_1 surāḥ β_2 *illeg.* α_1
46c candrāt sravati $\alpha_3 \beta_2 \beta_\omega \Gamma\delta_2 \zeta_2 \eta_2 \chi$] candrā sravati α_2 candra sravati β_1 candrāt sṛjati ε_1 candrā
dravati δ_1 + + + + [t]i α_1 **yaḥ sāraḥ** $\beta_1 \gamma_2 \Delta \eta_2 \chi$] yaḥ sāra $\alpha_3 \gamma_1$ yat sāraṃ $\alpha_1 \beta_2 \zeta_2$ yat sārāḥ ε_1 ya
sāraṃ α_2 yaḥ sāraṃ tasmād idam prakurvīta nityayuktaḥ samāhitaḥ (the same hemistich is inserted
after 3.42) β_ω **46d sā** cett.] sa δ_2 **amaravāruṇī** cett.] aṃmavāruṇī η_2 **47a mūrdhnaḥ**
$\beta_\omega \gamma_2 \Delta \zeta_3 \chi$] mūrdhneḥ η_2 mūrddhaḥ ε_1 mūrddhaṃ $\alpha_2 \zeta_2$ mūrddhvaḥ α_1 mūrddhva η_1 bhūrddhaḥ
γ_1 ūrdhvaṃ $\beta_1 \beta_2$ **padmapattra** $\alpha_1 B \gamma_2 \delta_1 \varepsilon_1 \eta_1 \eta_2$] pattrapadma $\alpha_2 \delta_2 \zeta_3 \chi$ patrapatra ζ_2 patra γ_1
haṭhād cett.] haṭhāṃ β_ω **47b ūrdhvāsyo** cett.] ūrddhosyo γ_1 varddhāsyo β_ω **rasanāṃ**
cett.] rasanā ζ_2 ramanā γ_1 **niyamya** $\alpha_1 \alpha_2 \beta_1 \beta_2 \gamma_2 \Delta \varepsilon_1 \zeta_3 \chi$] niyasya $\gamma_1 \zeta_2$ ca yāmya η_1 vidhāya
$\beta_\omega \eta_2$ **vivare** cett.] vicare γ_1 vivaraṃ Δ vidhivat β_2 **śaktiṃ** cett.] śaktiḥ γ_2 **cintayet**
cett.] cintayat γ_1 cintayan $\alpha_3 \delta_2 \chi$ **47c utkallola** $\alpha_1 \alpha_2 B \varepsilon_1 \zeta_2 \zeta_3 \eta_1 \chi$] uttakallola η_2 tatkallola
$\gamma_2 \Delta$ taptalola γ_1 hṛt[k]alola α_3 **kalājalaṃ** $\alpha_1 \alpha_2 \beta_1 \beta_2 \Gamma\Delta \varepsilon_1 \zeta_2 \zeta_3 \eta_1 \chi$] karāmṛtaṃ α_3 jalākulaṃ
$\beta_\omega \eta_2$ **ca** $\alpha_1 \alpha_3 \beta_1 \beta_2 \gamma_2 \Delta \varepsilon_1 \zeta_2 \eta_1 \chi$] su $\alpha_2 \beta_\omega \eta_2$ ya γ_1 *om.* ζ_3 **vimalaṃ** cett.] vimala α_1 vimalā
β_2 **dhārāmṛtaṃ** cett.] dhārāmayaṃ χ **47d nirdoṣaḥ sa** cett.] nirdoṣaṃ sa $\alpha_2 \beta_1 \eta_1$ nirdoṣo
'sya ζ_2 nidoṣaś ca ε_1 nirvyādhiḥ sa χ **komala** cett.] komale γ_1 **vapur** $\alpha_1 \beta_1 \varepsilon_1 \zeta_2 \zeta_3 \eta_1 \chi$]
tanur $\alpha_2 \beta_2 \beta_\omega \Gamma\Delta \eta_2$

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[12] ε_1 inserts two verses from GŚ (*tridhā baddho ... amṛtāyate*) here.

[13] In η_1 the second half is only added in the margin sec. m.: तस्माचरति यत्सारं सा स्यादमरवारुणी.

[14] χ has a different verse order: 3.48 → 3.47 → 3.49*2 → 3.49*1 → 3.49.

चुम्बन्ती यदि लम्बिकाग्रमनिशं जिह्वा रसस्यन्दिनी
सक्षारा कटुकाथ दुग्धसदृशा मध्वाज्यतुल्याथवा ।
व्याधीनां हरणं जरान्तकरणं शास्त्रागमोदीरणं
तस्य स्यादमरत्वमष्टगुणवत्सिद्धाङ्गनाकर्षणम् ॥[15]   3.48

एकं सृष्टिमयं बीजमेका मुद्रा च खेचरी ।
एको देवो निरालम्ब एकावस्था मनोन्मनी ॥ [= 4.35*1]   3.49

सुषिरं ज्ञानजनकं पञ्चस्रोतःसमन्वितम् ।
तिष्ठते खेचरी मुद्रा तस्मिन्शून्ये निरञ्जने ॥ ($\beta_\omega \eta_2 \chi$) [= 4.11*5]   3.49*1

48a cumbantī cett.] cubaṃti α_2 cubiṃtī α_1 vipitīṃ γ_1 **lambikāgram** cett.] laṃbakārgram β_1 lampikāgram δ_2 **rasa** cett.] śiraḥ $\beta_\omega \eta_2$ **48b sakṣārā** cett.] sā kṣārā $\alpha_1 \Delta \varepsilon_1 \zeta_2$ sakṣāra η_2 sakṣīro° β_1 **kaṭukātha** $\alpha_1 \alpha_2$] kaṭukāmla $\gamma_2 \Delta \zeta_3 \chi$ vaṭukāmla γ_1 kaṭukā ca ε_1 kaṭukāsa η_1 kaṭukādya $\beta_\omega \eta_2$ kaṭutikta ζ_2 + + tikta α_3 kaṭutyakta β_2 °dakatikta β_1 **dugdha** cett.] dagdha β_1 dugdhaṃ γ_2 du γ_1 dhugdha δ_1 **sadṛśā** $\alpha_1 \alpha_2 \varepsilon_1 \eta_1$] sadṛśaṃ α_3 sadṛśī $\beta_2 \beta_\omega \gamma_1 \eta_2 \chi$ sadṛśīṃ γ_2 sādṛśī Δ lavaṇā $\zeta_2 \zeta_3$ lavaṇo β_1 **madhvājya** cett.] madhvādya $\beta_\omega \eta_2$ vaddhājya ζ_2 **tu-lyā** cett.] tulyaṃ $\beta_\omega \eta_2$ tulya α_3 **thavā** $\alpha_2 \Gamma \Delta$] tathā $\alpha_1 B \zeta_2 \eta_1 \eta_2 \chi$ pradā α_3 sadā ε_1 savā ζ_2 **48c jarāntakaraṇaṃ** cett.] jvarāntakaraṇaṃ δ_1 jarāpraśamanaṃ $\beta_1 \beta_2$ **śāstrāgamodīraṇaṃ** $\alpha_1 \varepsilon_1 \chi$] śāstrapramodīraṇaṃ γ_1 śāstrārthagamodīraṇaṃ *unm.* α_2 śāstrāgamodgīraṇaṃ $\beta_2 \beta_\omega \gamma_2 \zeta_3 \eta_2$ śāstrodgamodgīraṇaṃ β_1 śāstrāṃgamodgīraṇaṃ η_1 śāstrāgamoddhāraṇaṃ $\Delta \zeta_2$ **48d tasya syād** cett.] tasyād γ_1 syāt svādam β_1 **amaratvam** cett.] amarakṣaṃ γ_1 aramatvam β_ω iha siddhir Δ **guṇavat** $\alpha_1 \alpha_2 \beta_1 \varepsilon_1 \eta_1$] guṇāvat ζ_3 guṇitaṃ $\beta_2 \beta_\omega \Gamma \delta_1 \zeta_2 \eta_2 \chi$ guṇitā δ_2 **siddhāṅ-ganā** $\alpha_2 \beta_1 \beta_2 \delta_2 \eta_1 \varepsilon_1 \zeta_2 \zeta_3 \eta_2 \chi$] siddhaṅgaṇā (ṇāˇ α_1) $\alpha_1 \beta_\omega \gamma_1 \delta_1$ siddhāṅgānā γ_2 **karṣaṇam** cett.] karṣaṇaḥ α_2 karṣaṇā γ_1 **49a ekaṃ** cett.] ekāṃ β_1 evaṃ γ_1 **sṛṣṭi** cett.] dṛṣṭi ζ_2 **mayaṃ** cett.] mataṃ ε_1 midaṃ β_2 layaṃ ζ_2 **49b ca** cett.] tu ζ_2 **49c devo** cett.] devā γ_1 nirā° α_1 **nirālamba** $\beta_\omega \eta_1 \chi$] nirālambaś $\gamma_2 \Delta$ nirāśambaś γ_1 nirālambo $\alpha_2 \beta_1 \beta_2 \varepsilon_1 \zeta_2 \zeta_3$ nirālambaṃ $\alpha_3 \eta_2$ °laṃbo deva α_1 **49d ekā** $\alpha_1 \alpha_3 \beta_2 \beta_\omega \zeta_2 \eta_1 \eta_2 \chi$] caikā Δ cakā γ_1 caiṣā γ_2 hy ekā $\alpha_2 \beta_1 \varepsilon_1 \zeta_3$ °**vasthā** cett.] mudrā β_1 **49*1a suṣiraṃ** χ] sukhiraṃ η_2 suciraṃ β_ω **49*1b srotaḥ** $\eta_2 \chi$] śrotaḥ β_ω **49*1c tiṣṭhate** χ] tiṣṭhaṃti β_ω tiṣṭhaṃtī η_2

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[15] ε_1 inserts 9 verses from Vivekamārtāṇḍa (*kākacañcuvad … aṇimādiguṇādayaḥ*) here.

पाताले यद्विशति सुषिरं मेरुमूले तदस्ति
तत्त्वं चैतत्प्रवदति सुधीस्तन्सुखं निम्नगानाम् ।
चन्द्रात्सारः स्रवति¹⁶ वपुष्स्तेन मृत्युर्नराणां
तं बध्नीयात्सुकरणमृदा नान्यथा कायसिद्धिः ॥# (om. $\alpha_1\Delta$)¹⁷ [= 4.9]   3.49*2

अथ मूलबन्धः:¹⁸ ॥

पार्ष्णिभागेन संपीड्य योनिमाकुञ्च्येद्गुदम् ।
अपानमूर्ध्वमाकृष्य मूलबन्धोऽयमिष्यते ॥ (d om. α_2)   3.50 – ζ_3

49*2a pātāle yad viśati Γ] pātālād yad viśati β_2 pātāle yadvitayaḥ ε_1 pātāle yadvitayu β_1 pātāle yadvitanta ζ_3 pātāle yadvitadhaya α_3 pātāle yadinaya ζ_2 pātāle yadvita η_1 yat prāleyaṃ cāpihita β_ω yat prāleyaṃ pihita α_2 yat prāleya pihita η_2 yat prāleyaṃ prahita χ **suṣiraṃ** $\varepsilon_1\zeta_3\chi$] suśiraṃ β_2 sukhiraṃ $\beta_\omega\Gamma\eta_2$ sukhire α_2 sukhīraṃ ζ_2 stuṣime η_1 śubiraṃ β_1 **mūle tad asti** β_2] mūle yad asti γ_2 mūle yad astī α_2 mūle tad asmin $\beta_1\varepsilon_1\zeta_2\zeta_3$ mū tad asmi[ṃ]s η_1 mūle pakṣasti γ_1 mūrddhyataḥthyaṃ β_ω mūrdhni sthitaṃ η_2 mūrdhāntarasthaṃ χ **49*2b tattvaṃ caitat** $\beta_1\beta_2\varepsilon_1$] tadvac caitat $\Gamma\zeta_2$ taddac caitat ζ_3 tasmiṃs tattvaṃ $\beta_\omega\eta_2\chi$ tasmitvaṃ α_2 tatvaṃ yat η_1 **sudhīs** cett.] sudhās γ_1 **tan mukhaṃ** cett.] tat sukhaṃ $\beta_1\beta_2$ **nimnagānām** cett.] niṣagmanāṃ γ_1 **49*2c candrāt sāraḥ** cett.] candrā sāraḥ ζ_3 candrāt sāraṃ $\alpha_2\beta_2$ candraḥ sāraḥ ζ_2 candrasāro[dha] η_1 caṃtaṃ prasāraṃ β_1 **sravati/śravati** cett.] grasati β_1 rapati γ_1 [sra]vaṃtyai η_1 **vapuṣas** cett.] vapuṣes η_2 vapayuṣes β_ω vapuṣā $\beta_1\beta_2$ om. ζ_3 **tena** cett.] doṣa β_1 **mṛtyur** cett.] mṛtyun $\beta_\omega\eta_2$ mṛtyu ζ_3 **49*2d taṃ** cett.] tad $\alpha_3\gamma_2\chi$ tac γ_1 **badhnīyāt** cett.] cha _ yāt γ_1 om. ζ_3 **sukaraṇamṛdā** $\alpha_2\beta_1\beta_2$] pakaraṇamṛdā ζ_2 svakaraṇamṛtaṃ α_3 sukaraṇam amṛtaṃ ε_1 kakaraṇam amṛtaṃ η_1 sukaraṇam atho $\beta_\omega\eta_2$ sukaraṇam adho χ sukhakaram atho γ_2 sukhakaraṇam artho γ_1 om. ζ_3 **nānyathā** cett.] nāmarthā γ_1 om. ζ_3 **kāya** $\beta_2\beta_\omega\Gamma\varepsilon_1\zeta_2\eta_2\chi$] kārya $\alpha_2\alpha_3\beta_1\eta_1$ om. ζ_3 **heading: atha mūlabandhaḥ** AB$\delta_2\varepsilon_1\zeta_2\eta_1\eta_2\chi$] mūlabandhaḥ $\gamma_2\delta_1$ om. γ_1 **50a pārṣṇi** cett.] pādima γ_1 **50b ākuñcayed** cett.] ākuṃcaned α_1 ākuṃ«cya +» γ_1 **gudam** cett.] dṛḍhaṃ $\alpha_3\eta_1\eta_2$ «+ ta» γ_1 **50d 'yam iṣyate** $\beta_2\beta_\omega$] 'yam iṣyati β_1 mayiṣyate α_1 'yam ucyate $\Gamma\Delta\varepsilon_1\zeta_2\eta_1\eta_2$ 'bhidhīyate χ om. α_2 illeg. α_3

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¹⁶ ζ_3 jumps to Jālaṃdharabandha (3.67) from here.

¹⁷ $\beta_1\beta_2$ have this verse immediately after 3.39, $\alpha_1\delta_1$ in Ch. 4 (4.9), and $\Gamma\alpha_2\alpha_3$ in both Ch. 3 and 4.

¹⁸ After this heading comes the description of Uḍḍīyāna in α_3, followed by the description of Mūla-bandha. Similarly, in $\beta_\omega\chi$, Uḍḍīyāna comes before Mūlabandha with its respective heading, as in the order of mudrās mentioned in 3.6.

अधोगतिमपानं वै ऊर्ध्वगं कुरुते बलात् ।
आकुञ्चनेन तं प्राहुर्मूलबन्धं हि योगिनः ॥ (abc om. α₂)　　　　　　　3.51 – ζ₃

गुदं पाष्ण्या तु संपीड्य वायुमाकुञ्चयेद्बलात् ।
वारं वारं यथा चोर्ध्वं समायाति समीरणः ॥　　　　　　　　　　3.52 – ζ₃

प्राणापानौ नादबिन्दू मूलबन्धेन चैकताम् ।
गत्वा योगस्य संसिद्धिं यच्छतो नात्र संशयः ॥　　　　　　　　3.53 – ζ₃

अपानप्राणयोरैक्यं क्षयो मूत्रपुरीषयोः ।
युवा भवति वृद्धोऽपि सततं मूलबन्धनात् ॥[19]　　　　　　　　3.54 – ζ₃

अपाने चोर्ध्वगे जाते संप्राप्ते वह्निमण्डलम् ।
तदानलशिखा दीर्घा वर्धते वायुनाहता ॥　　　　　　　　　　3.55 – ζ₃

51a adhogatim $B\varepsilon_1\eta_1\chi$] adhogatam $\alpha_1\Gamma\Delta\zeta_2\eta_2$　　**apānaṃ vai** $\beta_1\beta_2\Gamma\varepsilon_1\zeta_2\eta_2$] apānaṃ vaiḥ α_1 apānaṃ vā χ apānaṃ ca β_ω apānaṃ tu Δ apānaivam η_1　　**51b ūrdhvagaṃ** cett.] mūrddhagaṃ α_1 hy urdhvaṃgaṃ β_1 kurddhagaṃ ζ_2 vidyūrdhagaṃ β_ω　　**balāt** $\alpha_1B\varepsilon_1\eta_1\eta_2\chi$] haṭhāt $\Gamma\Delta$ havān ζ_2　　**51c ākuñcanena** cett.] ākuñcya tena η_2　　**taṃ** cett.] tu β_2　　**prāhur** cett.] grāhyaṃ ζ_2　　**51d mūlabandhaṃ** cett.] mūlabandho η_2 mūlabandhā α_2 mūlo siddhiṃ α_3　　**hi** $\alpha_1\alpha_3\beta_\omega\varepsilon_1\zeta_2\eta_1\eta_2\chi$] tu $\beta_1\beta_2\Gamma\Delta$ di α_2　　**52a gudaṃ** cett.] gulpha ζ_2 pārṣṇi° β_2　　**pārṣṇyā tu** $\alpha_1\alpha_2\beta_1\beta_\omega\Delta\varepsilon_1\eta_2\chi$] pārṣṇyā ca $\zeta_2\eta_1$ [p]ārṣṇena α_3 pārśnī tu γ_2 pādarmyāṃ tu γ_1 °nā gudam β_2　　**saṃpīḍya** cett.] āpīdya β_2　　**52b vāyuṃ ā°** $A\beta_2\beta_\omega\Gamma\varepsilon_1\eta_1\eta_2\chi$] vāyunā $\beta_1\zeta_2$ yonim ā° Δ　　**52c yathā** $\alpha_1B\varepsilon_1\zeta_2\eta_1\eta_2\chi$] tathā $\alpha_2\Gamma\Delta$　　**53a nādabindū** cett.] nādabindu $\alpha_1\alpha_2\beta_1\beta_\omega\varepsilon_1\zeta_2\eta_2$　　**53b caikatām** cett.] caikatā $\beta_2\zeta_2$ cakatam γ_1 caikataḥ β_ω　　**53c gatvā** cett.] tato η_2　　**saṃsiddhiṃ** $\alpha_1\alpha_3\beta_2\beta_\omega\gamma_2\Delta\varepsilon_1\eta_1\chi$] saṃsiddhi β_1 saṃsiddhir $\alpha_2\gamma_1\zeta_2$ saṃsiddhyaiḥ η_2　　**53d yacchato** $\alpha_2\beta_\omega\chi$] yakṣyato β_2 yichato α_1 pracchato β_1 gacchato $\delta_1\varepsilon_1\zeta_2$ gacchate γ_2 gacchatā γ_1 prāpnoty e° η_1 pamāta η_2 niścayo α_3 kurute δ_2　　**nātra** cett.] °va na η_1 tra na η_2　　**54a °yor aikyaṃ** cett.] °yor aikya γ_1 °yor aikye η_2　　**54b kṣayo** cett.] kṣayam α_3 kṣayān γ_1　　**54d bandhanāt** cett.] bandhataḥ δ_1　　**55a apāne** cett.] apāna χ apānaṃ $\beta_\omega\gamma_2$　　**cordhvage jāte** cett.] cordhvage yāte δ_1 cordhvam āpāte η_2 ūrdhvge jāte χ　　**55b saṃprāpte** $\beta_2\Gamma\Delta\varepsilon_1\zeta_2$] saṃprāptau β_1 saṃyāte β_ω prayāte $\alpha_1\alpha_2\eta_1\eta_2\chi$　　**vahnimaṇḍalam** $\alpha_1\beta_1\beta_\omega\gamma_2\chi$] vahnimaṇḍale $\alpha_2\beta_2\gamma_1\Delta\varepsilon_1\zeta_2\eta_1$ nābhimaṇḍalam η_2　　**55c tadānala** cett.] tadānale ζ_2 tathānala $\alpha_2\delta_2\eta_2$ tathānale η_1　　**55d vardhate vāyunāhatā** $\alpha_1\alpha_2\beta_1\beta_\omega\Gamma\varepsilon_1\zeta_2$] °hataḥ β_2 °hataḥ α_3 baṃdhane vāyunāhatā Δ kriyate vāyunāhatāḥ η_2 jāyate vāyunāhatā χ vāyunā preritā tathā η_1

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[19] γ_1 adds the following verse here: बन्धमूलं येन तेन तेन विघ्नां निवारितः । अजरामरतां याति यथा पञ्चमुखो हरः ॥

ततो यातौ# वह्न्यपानौ प्राणमुष्णस्वरूपकम् ।
तेनात्यन्तप्रदीप्तस्तु ज्वलनो देहजस्तदा ॥ 3.56 – ζ₃

तेन कुण्डलिनी सुप्ता संतप्ता संप्रबुध्यते ।
दण्डाहता भुजङ्गीव निश्वस्य# ऋजुतां व्रजेत् ॥ 3.57 – ζ₃

बिलं प्रविष्टेव ततो ब्रह्मनाड्यन्तरं व्रजेत् । (ab om. Δ)
तस्मान्नित्यं मूलबन्धः कर्तव्यो योगिभिः सदा ॥ 3.58 – ζ₃

इति मूलबन्धः । (ε₁)

56a tato cett.] yātā η_1 **yātau** $\beta_2\varepsilon_1$] yāttau α_2 yāto $\beta_1\eta_1\chi$ yāte η_2 yaṃtā α_3 yāmau α_1 jātau $\gamma_2\Delta$ jātā γ_1 jāto β_ω vahnim ζ_2 **vahnyapānau** $\beta_1\gamma_2\Delta\varepsilon_1\eta_1\chi$] vahnipānau α_1 vahnipātau α_2 [m]ahnyapāne α_3 vahniyonau η_2 bāhyapānau β_2 baṃdhapānau γ_1 vardhapānai β_ω apānai ca ζ_2 **56b prāṇam uṣṇa** $\alpha_3B\gamma_2\varepsilon_1\zeta_2\chi$] prāṇamura γ_1 prāṇamukta Δ prāṇamūla $\alpha_1\alpha_2\eta_1\eta_2$ **svarūpakam** cett.] surūpakaṃ ε_1 svarūpakaḥ η_2 svarūpakau η_1 **56c tenātyanta** $\beta_1\Gamma\Delta\varepsilon_1\eta_1\chi$] tenātyantaṃ α_1 tenābhyanta β_ω tenābhyantaḥ η_2 tenāyaṃna β_2 tenotyataṃ α_2 tailābhyaṃtaḥ ζ_2 **pradīptas tu** cett.] pradīpas tu η_1 pradāyas tu α_2 pradīptāsau ε_1 pradīpāsau ζ_2 **56d jvalano dehajas tadā** $\alpha_1\alpha_2\beta_1\beta_\omega\varepsilon_1$] jvalato dehatas tadā β_2 jvalano dehajas tathā $\Gamma\Delta\zeta_2\eta_1\chi$ kuṃto dehakṣayas tadā η_2 **57b saṃtaptā** $\alpha_1\alpha_2B\Gamma\varepsilon_1\eta_1\eta_2\chi$] satataṃ $\Delta\zeta_2$ **saṃprabudhyate** $\alpha_1\alpha_2\beta_2\Gamma\eta_2\chi$] saṃprabudhyati η_1 saṃprabodhyate ζ_2 samabuddhyate β_1 sa prabudhyate β_ω sā prabodhyate δ_2 sānubodhyate δ_1 buddhyate tadā ε_1 **57d niśvasya** $\alpha_1\alpha_3\beta_1\varepsilon_1\eta_1\eta_2\chi$] niśvāsya α_2 niḥśvasya β_2 viśvasya β_ω niścitam $\Gamma\delta_1\zeta_2$ niścayād δ_2 **rjutāṃ vrajet** cett.] rujutāṃ vrjet α_1 rujanāṃ vrajet α_2 rijutāṃ iyāt η_2 **58a praviṣṭeva** $A\gamma_2\varepsilon_1\zeta_2\eta_1\chi$] praviṣṭe ca $\beta_1\beta_2\gamma_1$ praviṣṭaṃ ca β_ω praviṣṭaś ca η_2 *om.* Δ **tato** cett.] to γ_1 *om.* Δ **58b brahma** cett.] tha_ γ_1 *om.* Δ **nāḍyantaraṃ** cett.] nāḍyāntaraṃ $\alpha_2\beta_2$ nāḍyantare η_2 *om.* Δ **58c nityaṃ** cett.] nityo ζ_2

अथोड्डीयाणम् ।

बद्धो येन सुषुम्णायां प्राणस्तूड्डीयते यतः ।
तस्मादुड्डीयणाख्यो[#]ऽयं योगिभिः समुदाहृतः ॥   3.59 – ζ₃

उड्ड्याणं कुरुते यस्मादविश्रान्तं महाखगः ।
उड्डीयाणं तदेव स्यात्तत्र[#] बन्धो विधीयते ॥   3.60 – ζ₃

उदरे पश्चिमं ताणं[#] नाभेरूर्ध्वं च कारयेत् ।
उड्डीयाणो ह्यसौ बन्धो मृत्युमातङ्गकेसरी ॥ (cd om. β_ω)   3.61 – ζ₃

उड्डीयाणं तु सहजं गुरुणा कथितं सदा[#] ।
अभ्यसेदस्ततन्द्रस्तु[#] वृद्धोऽपि तरुणो भवेत् ॥   3.62 – ζ₃

heading: athoḍḍīyāṇam α₁] athoḍīyāṇāṃ β₁ athoḍḍiyāṇaṃ β_ω athoḍiyānaṃ α₂ athoḍiyāṇaṃ β₂ atha oḍyānaṃ ε₁ athodyānabaṃdhaḥ η₁ atha uḍḍīyāṇabandhaḥ ζ₂ atha uḍḍīyānabandhaḥ δ₂χ atha uḍḍīyānabandhaḥ γ₁ atha uḍḍīyānaṃ bandhaḥ η₂ uḍḍīyānaṃ bandhaḥ γ₂ *om.* δ₁   **59** *ante* **baddho** *add.*   pūrakānte recakādau kartavyoḍyayaṇābhidhaḥ (cf. GŚ 58ab) ε₁   **59a baddho** α₁β₂β_ωγ₂δ₁χ] bandho α₂β₁δ₂ε₁ζ₂ ūrdhvo η₁η₂ vidrā γ₁   **yena suṣumṇāyāṃ** cett.] yoni suṣumṇāyāṃ α₂ kṣitaḥ suṣumṇāyāḥ η₂   **59b prāṇas** cett.] prāṇam β₂ζ₂η₁ prāṇa δ₂   **tūḍḍīy- ate** (tu° α₁γ₂) α₁γ₂δ₁η₂χ] taḍḍīyate α₂ sūḍḍīyate ε₁ tūḍīyate β_ω tudīyate γ₁ kṛdīyate β₁ udiyate β₂ uḍḍīyate δ₂ζ₂ udyayate η₁   γ₂ tasmāc ca η₂   **uḍḍīyaṇākhyo** *m.c.* ε₁] uḍḍīyanākhyo Δχ uḍḍīyanākhye α₁ uḍḍīyāṇākhyo ζ₂ uḍḍīyāṇākhyo η₁ uḍḍīyānākhyo γ₂η₂ udiyaṇākhyo α₂β₁ uḍiyāṇākhye β_ω uḍiyānākhyaṃ β₂ uddīyānākhyo γ₁   **'yaṃ** cett.] tad β₂ *om.* η₂   **59d samudāhṛtaḥ** cett.] samudāhṛtaṃ β₂β_ωζ₂   **60a udyāṇaṃ** α₁β₁γ₂ε₁] udyāṇāṃ α₂ udyānaṃ β₂ udīṇaṃ β_ω uddīnaṃ Δχ uḍḍīyanaṃ α₃η₁ uddiyānaṃ γ₁η₂ uddīyāṇaṃ ζ₂   **kurute yasmād** cett.] kryate yasmād γ₂ kṛte yasmād ζ₂ tu kurute α₃   **60b aviśrāntaṃ** β₂β_ωΔε₁ζ₂η₁η₂χ] aviśrānta α₁α₂β₁ aviśrānto γ₂ aviśrāmtā γ₁ khaviśrāmtā α₃   **60c uḍḍīyāṇaṃ** α₁ζ₁η₁] uḍḍīyānaṃ Δχ oḍḍīyānaṃ ε₁ uḍḍiyānaṃ γ₂η₂ uddiyānaṃ γ₁ udīyāṇaṃ α₂ uḍiyānaṃ β₁β_ω uḍiyānaṃ β₂   **eva** cett.] evaṃ δ₁ evaḥ ζ₂   **60d tatra** α₁α₂BΓε₁ζ₂η₁χ] kṣetra η₂ mūla Δ   **bandho** cett.] vedho α₂   **vidhīyate** α₂β₂γ₂] bhidhīyate α₁β₁β_ωΔε₁ζ₂η₁η₂χ ni- gadyate γ₁   **61a 61a udare** cett.] udarāt α₃   **paścimaṃ** α₂β₁β₂γ₂δ₂η₁χ] paścima α₁γ₁η₂ paścime β_ωδ₁ζ₂   **tāṇaṃ** α₁α₂ζ₂] tānaṃ β₂Γ∆η₁η₂χ tālaṃ β₁ bhāge β_ω   **61a udare paści- maṃ tāṇaṃ** cett.] paścimaṃ tāṇaṃ udare ε₁   **61b ūrdhvaṃ** cett.] ūrdhve η₂   **ca** cett.] tu ζ₂η₂   **61c uḍḍīyāno** α₁ζ₂] uḍḍīyāno δ₂χ uḍḍīyāno α₃ε₁η₁ uḍḍīyāno Γδ₁η₂ udiyāno β₁ udiyāno β₂ uḍḍāno α₂ *om.* β_ω   **hy asau** cett.] hy ayaṃ δ₁ hy asaṃ δ₂ *om.* β_ω   **61d kesarī** cett.] *om.* β_ω   **62a uḍḍīyāṇaṃ** α₁ζ₂] uḍḍīyānaṃ δ₂χ uḍḍīyānaṃ α₂β₁ε₁η₁ uḍḍīyānaṃ γ₂δ₁η₂ uddīyānaṃ γ₁ udiyānaṃ β_ω uḍiyānaṃ β₂   **sahajaṃ** cett.] sahasaṃ β₁ yaḥ sahate γ₂   **62b guruṇā** cett.] gurūṇāṃ β_ω   **sadā** α₁α₂Bε₁ζ₂η₁η₂χ] yathā Γ∆   **62c abhyased/-set** cett.] abhyāsen γ₁ abhyāsyed α₂ abhyāsāt β_ω abhyāsa° β₂   **astatandras tu** α₂ε₁] astatadras tu α₁ asvatamtras tu β₁ asya taṃtrasya ζ₂ °taḥ svatantras tu β₂ tad atandras tu γ₂∆ na taṃdras tu _ γ₁ yo hy atandras tu η₁ satataṃ yas tu β_ωη₂χ   **62d vṛddho** cett.] vṛddhā γ₁   **taruṇo bhavet** α₁α₂β₁β_ωε₁ζ₂η₁η₂] taruṇāyate β₂Γ∆χ

नाभेरूर्ध्वमधश्चापि ताणं कुर्यात्प्रयत्नतः ।
षण्मासमभ्यसन्मृत्युं जयत्येव न संशयः ॥   3.63 – ζ_3

सति वज्रासने पादौ# कराभ्यां धारयेद्दृढम् ।
गुल्फदेशसमीपे च# कन्दं तत्र प्रपीडयेत् ॥ [after 3.96*2 in χ]   3.64 – ζ_3

पश्चिमं ताणमुदरे कारयेद्धृदये गले# ।
शनैः शनैर्यथा प्राणस्तुन्दसंधिं न गच्छति# ॥[20] (om. χ)   3.65 – ζ_3

सर्वेषामेव बन्धानामुत्तमो ह्युड्डियाणकः ।
उड्डीयाणे दृढे बन्धे मुक्तिः स्वाभाविकी भवेत् ॥   3.66 – ζ_3

63a *ante* **nābher** *add.* pāṭhāntaram β_2 **adhaś cāpi** cett.] adhastāpi α_2 adho vāpi Δ adhaḥkāya η_1 avasthāpya β_2 63b **tāṇaṃ** $\alpha_3\beta_1\beta_\omega\epsilon_1\zeta_2\eta_1$] tānaṃ $\beta_2\Gamma\Delta\eta_2\chi$ tāpyaṃ α_1 tāruṇaṃ α_2 **prayatnataḥ** cett.] ca yatnataḥ η_2 63c **ṣaṇmāsam** cett.] ṣaṇmāsām α_3 ṣaṇmāsād α_2 yogī sam° $\eta_1\eta_2$ **abhyasan** $\alpha_1\beta_1\Gamma\eta_2$] abhyasen $\alpha_3\beta_\omega\Delta\epsilon_1\zeta_2\eta_1\chi$ ca samabhyān β_2 vau mahā α_2 **mṛtyuṃ** cett.] *om.* β_2 63d **jayaty eva na saṃśayaḥ** cett.] mūlaṃ jayaty asaṃśayaḥ β_2 64a **vajrāsane** cett.] vajrāsanau γ_1 vajrāsanam $\alpha_1\beta_1$ 64b **karābhyāṃ dhārayed dṛdham** (dhārayad η_2) cett.] karābhyā dhārayaṃ dṛdhaṃ η_1 karābhyāṃ kāraye dṛdham $\alpha_1\alpha_2$ karā _ sandhāraye dṛdhe γ_1 64c **deśa** cett.] deśe $\alpha_2\delta_2\epsilon_1\zeta_2$ deśaṃ α_1 **samīpe ca** $\alpha_1B\Gamma\epsilon_1\eta_1\eta_2\chi$] samīpaṃ ca $\delta_2\zeta_2$ samīpaṃ tu δ_1 samityeva α_2 64d **kandaṃ** cett.] kaṃdhaṃ δ_1 kaṃṭhaṃ $\alpha_2\beta_1$ **tatra** cett.] tacca $\beta_\omega\eta_2$ tava α_1 tasya η_1 **prapīḍayet** $\alpha_3\beta_1\beta_2\Gamma\Delta\epsilon_1\zeta_2\chi$] prapīḍyate $\alpha_1\beta_\omega\eta_1\eta_2$ pradāyate α_2 65a **paścimaṃ tāṇam** $\alpha_2\alpha_3\beta_1\epsilon_1\eta_1$] paścimaṃ tānam $\beta_2\Gamma\Delta\zeta_2\eta_2$ paścimatāṇam $\alpha_1\beta_\omega$ **udare** $AB\gamma_2\Delta\epsilon_1$] udara γ_1 udaraṃ ζ_2 upari $\eta_1\eta_2$ 65b **kārayed** cett.] pīḍayed η_2 **dhṛdaye gale** $AB\gamma_2\eta_1\eta_2$] dhṛtaye gale ϵ_1 dhṛdaye gataiḥ γ_1 udare hṛdi δ_1 cibukaṃ hṛdi δ_2 vṛddhidaṃ śanaiḥ ζ_2 65c **śanair yathā** cett.] *om.* γ_1 **prāṇas** $\alpha_1\alpha_2\beta_1\beta_\omega\Delta\epsilon_1\eta_1$] prāṇās Γ strāṇas α_3 prāṇaṃ $\beta_2\zeta_2$ prāṇo η_2 65d **tunda** $\alpha_1\beta_1\beta_2\gamma_2\delta_1\epsilon_1\zeta_2$] tuda $\beta_\omega\eta_1$ taṃda γ_1 tadā δ_2 kaṃda α_2 nāḍī η_2 **saṃdhiṃ** $\alpha_1\beta_1\Gamma\Delta\epsilon_1\eta_1$] saṃdhi $\alpha_2\beta_\omega\zeta_2\eta_2$ siddhiṃ β_2 **na** $\alpha_1\alpha_2B\Gamma\epsilon_1\zeta_2\eta_1$] ca Δ ni° η_2 66b **uttamo** cett.] uttamaṃ ζ_2 **hy uḍḍiyāṇakaḥ** *m.c.* $\alpha_2\epsilon_1\eta_1$] hy uḍḍīyāṇakaḥ α_1 hy uḍḍiyāṇakah $\Gamma\Delta\eta_2\chi$ hy uḍiyāṇakah $\beta_1\beta_\omega$ hy uḍiyāṇakah β_2 hy uḍḍiyāṇakaṃ ζ_2 66c **uḍḍīyāṇe** $\alpha_1\zeta_2$] uḍḍiyāne δ_2 uḍḍiyāne $\epsilon_1\eta_1$ uḍḍiyāne $\Gamma\delta_1\eta_2\chi$ uḍiyāne $\beta_1\beta_\omega$ uḍiyāne β_2 uḍḍayāne α_2 **dṛḍhe** cett.] kṛte $\Gamma\Delta$ **bandhe** cett.] baddhe β_2 jāte α_2 66d **muktiḥ** $\alpha_1\alpha_2\beta_1\beta_\omega\zeta_2\eta_2\chi$] mukti ϵ_1 muktiṃ η_1 mūlaṃ $\beta_2\Gamma\Delta$ **svābhāvikī** $\alpha_1\alpha_2\beta_1\beta_\omega\epsilon_1\zeta_2\eta_1\chi$] svābhāvakī η_2 svābhāvikir α_3 svābhāvikaṃ $\beta_2\Delta$ svābhāvikaṃ γ_2 bhāvikaṃ γ_1

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[20] ϵ_1 inserts a half verse from GŚ (*tundadoṣavinighno … naraiḥ*) here.

अथ जालंधरः ।

²¹कण्ठमाकुञ्च्य हृदये स्थापयेच्चिबुकं दृढम् ।
बन्धो जालंधराख्योऽयं अमृताव्ययकारकः ॥ 3.67

बध्नाति हि शिराजालमधोगामिनभोजलम् ।
ततो जालंधरो बन्धः कण्ठदुःखौघनाशनः ॥ 3.68

जालंधरे कृते बन्धे कण्ठसंकोचलक्षणे ।
न पीयूषं पतत्यग्नौ न च वायुः प्रधावति ॥ 3.69

कण्ठसंकोचनेनैव द्वे नाड्यौ स्तम्भयेद्दृढम् ।
मध्यचक्रमिदं ज्ञेयं षोडशाधारबन्धनम् ॥ (cd om. η₁) 3.70

बन्धत्रयमिदं श्रेष्ठं महासिद्धैर्निषेवितम् ।
सर्वेषां हठतन्त्राणां साधनं योगिनो विदुः ॥ (om. Δ) [after 3.73 χ] 3.71

heading: atha jālaṃdharaḥ *em.*] atha jālaṃdhara β₁ atha jālāṃdharaṃ β_ω atha jālāṃdharaḥ α₁ atha jalaṃdhara α₂ atha jālāntaraḥ ε₁ atha jālaṃdharabandhaḥ β₂δ₂η₁η₂χ atha jālāṃdharībaṃdhaḥ ζ₂ atha nāśaṃdharabaṃdhaḥ γ₁ jālaṃdharabandhaḥ γ₂ *om.* δ₁ **67a kaṇṭham ākuñcya** cett.] *lost* ζ₃ **67b sthāpayec/d** cett.] *om.* γ₁ **cibukaṃ dṛḍham** β₂γ₂χ] d dṛḍham icchayā α₂α₃β₁β_ωΔη₁η₂ dṛḍham īchayā α₁ dṛḍham icchatā ζ₂ dṛḍhaniścayā ε₁ dṛḍhaniścayāt ζ₃ *om.* γ₁ **67c jālaṃdharā** cett.] jālāṃdharā α₁β_ωε₁ **67d amṛtāvyayakārakaḥ** ζ₃] amṛtvyayakārakaḥ β₁β_ωζ₂ amṛtāvyayakārakaḥ α₁ amṛtāvyaya + + + α₃ amṛtākhyopakārakaḥ α₂ amṛtākṣayakārakaḥ Δ mṛtyor mṛtyuḥ paro mataḥ (γ₂; mṛtaḥ γ₁) Γ mṛtyumātaṃgakesarī β₂ mṛtyuñjayakaro mataḥ ε₁ jarāmṛtyuvināśakaḥ η₁η₂χ **68a badhnāti hi** α₁Bζ₂ζ₃η₁η₂χ] badhnāti ha γ₁ badhnātīha γ₂Δε₁ badhnāti α₂ **śirā** (sirā χ) β₂γ₂δ₁η₂χ] śiro α₂β₁β_ωγ₁δ₂ζ₂ζ₃η₁ śilā˘ α₁ ratīrā ε₁ **jālam** cett.] jālāṃ β_ω **68b adhogāmi** α₁α₂β₁β₂γ₂Δε₁ζ₂ζ₃η₂χ] adhogāmī γ₁ madhyegāmi β_ω nādhāyāti η₁ **68c jalaṃdharo** cett.] jālāṃdharo α₁ **68d kaṇṭha** α₁Bγ₂ε₁ζ₂ζ₃χ] kaṇṭhe α₂γ₁Δη₁η₂ **69a jālaṃdhare** cett.] jālāṃdhare α₁β_ω jālādhare δ₁ **69b lakṣaṇe** cett.] lakṣaṇaṃ α₂α₃ **69c pataty** cett.] pacaty α₂ prayāty δ₁ kṣaraty γ₁ **69d pradhāvati** α₁α₂BΓε₁ζ₂ζ₃η₂] prakupyati Δη₁χ **70a saṃkocanenaiva** cett.] saṃkocane caiva β₁ saṃkocane dehe η₁ **70b dve nāḍyau** γ₂Δε₁ζ₃η₂χ] dve nāḍyo β₁ dvau nāḍyau α₁ζ₂ γ₂pc dve nāḍyai α₂ dvinādyau β₂ _ nā _ γ₁ nāḍyau ca η₁ *lac.* β_ω **stambhayed** α₁α₂β₁β₂ε₁ζ₁η₁η₁η₂χ] stambhite ΓΔζ₂ *lac.* β_ω **dṛḍham** α₁α₂η₁η₂] dhruvam β₁Γ∆ε₁ζ₂ dhṛvaṃ ζ₃ dhuram β₂ *lac.* β_ω **70c madhyacakram** α₁α₂β₁β₂γ₂Δε₁ζ₂ζ₃χ] madhyakram γ₁ madhye cakram β_ω madhyaṃ cakram η₂ *om.* η₁ **jñeyaṃ** cett.] ya γ₁ *om.* η₁ **71b mahāsiddhair** α₁γ₂ζ₂] mahāsiddhaiś η₁η₂χ mahāsiddhe γ₁ mahāsiddha ε₁ mahāsiddhi α₂α₃β₁β₂ζ₃ mahāsīha β_ω **niṣevitam** α₁α₃Bε₁ζ₂] ca sevitaṃ η₁η₂χ prajāyate α₂ pradāyakaṃ ζ₃ **71c haṭha** α₁α₂Bγ₂χ] yoga γ₁ε₁ζ₂ζ₃η₁η₂ **71d sādhanaṃ** cett.] sāranaṃ γ₁

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²¹ ε₁ inserts a verse from GŚ (*pūrakānte ... nirodhakaḥ*) here.

अधस्तात्कुञ्चनेनाशु कण्ठसंकोचने कृते ।
मध्ये पश्चिमताणेन स्यात्प्राणो ब्रह्मनाडिगः ॥ $(\Gamma\varepsilon_1\eta_1\eta_2)^{22}$ [= 2.46]   3.71*1

मूलस्थानं समाकुञ्च्य उड्डीयाणं तु कारयेत् । (ab om. $\Delta\eta_2$)
इडां च पिङ्गलं बद्धा वाहयेत्पश्चिमं पथम् ॥ (cd om. η_2)   3.72

अनेनैव विधानेन सेवयेत्पवनो लयम् ।
ततो न जायते मृत्युर्जरारोगादिकं तथा ॥   3.73

अथ विपरीतकरणी ।

यत्किंचित् क्षवते चन्द्रादमृतं दिव्यरूपिणः ।
तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं जरायुतम् ॥ (om. $A\zeta_3\eta_1\eta_2)^{23}$ [= 4.11]   3.73*1

तत्रास्ति करणं दिव्यं सूर्यस्य मुखबन्धनम्# ।
गुरूपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥ (om. $A\zeta_3\eta_1\eta_2$) [= 4.12]   3.73*2

71*1a kuñcanenāśu $\eta_1\eta_2$] kuñcanenaiva $\Gamma\varepsilon_1$ **71*1b saṃkocane kṛte** $\eta_1\eta_2$] saṃkocanena ca $\Gamma\varepsilon_1$ **71*1c madhye** $\varepsilon_1\eta_1$] madhya $\Gamma\eta_2$ **tāṇena** ε_1] tānena $\Gamma\eta_1\eta_2$ **72a samākuñcya** $\alpha_1\alpha_2B\varepsilon_1\zeta_3\eta_1\chi$] samākṛsya $\Gamma\zeta_2$ *om.* $\Delta\eta_2$ **72b uḍḍīyāṇaṃ** $\alpha_1\zeta_2$] uḍḍiyānaṃ $\alpha_2\beta_1\varepsilon_1\eta_1$ uḍḍiyānaṃ $\Gamma\zeta_3\chi$ uḍiyānaṃ β_ω uḍiyānaṃ β_2 *om.* $\Delta\eta_2$ **72c iḍāṃ ca piṅgalāṃ** $\alpha_3\beta_1\beta_\omega\gamma_2\Delta\varepsilon_1\zeta_3\chi$] iḍā ca piṅgalā $\alpha_1\beta_2\gamma_1\zeta_2$ ilā piṃgalāṃ η_1 iḍā piṃgalā α_2 *om.* η_2 **baddhvā** cett.] baddhā ζ_2 baṃdhvā α_3 *om.* η_2 **72d paścimaṃ** $\alpha_2\alpha_3\beta_2\Gamma\Delta\zeta_2\eta_1$] paścimāṃ $\beta_1\beta_\omega$ paścimā $\alpha_1\varepsilon_1\zeta_3$ *om.* η_2 paścime χ **patham** cett.] pathāṃ β_1 pathi χ padaṃ α_3 *om.* η_2 **73a anenaiva vidhānena** cett.] brahmasthānasthito rodhaḥ η_2 **73b sevayet** $\alpha_1\alpha_2B\Delta$] śevayet α_3 vaśayet ζ_2 prayāti $\Gamma\varepsilon_1\zeta_3\eta_1\eta_2\chi$ **pavano layam** $\beta_\omega\gamma_2\zeta_3\eta_1\eta_2\chi$] pavano lagaṃ γ_1 pavanālayam $\alpha_1\alpha_2\beta_1\beta_2\delta_2\zeta_2$ pavanā + + α_3 pavano nalam ε_1 paścimānalaṃ δ_1 **73c mṛtyur** cett.] mṛtyu $\delta_1\varepsilon_1$ mṛtyuṃ $\beta_1\gamma_1$ **73d jarārogādikaṃ** $\Gamma\delta_2\varepsilon_1\zeta_2\eta_1\chi$] jarārogādi kā α_2B jarārogādikas α_1 jarāmohādikaṃ ζ_3 jvaro rogādikas δ_1 nāsya jarādikaṃ η_2 **tathā** cett.] kathā B vyathā α_2 tadā α_1 **heading: atha** $\alpha_1\alpha_2B\gamma_1\delta_2\varepsilon_1\zeta_2\zeta_3\eta_1\eta_2$] *om.* $\gamma_2\delta_1\chi$ **viparītakaraṇī** $\beta_2\beta_\omega\Gamma\delta_2\varepsilon_1\zeta_3\eta_1\eta_2$] viparītakaraṇīṃ α_1 viparītakaraṇīyam β_1 viparītakaraṇaṃ $\alpha_2\zeta_2$ *om.* $\delta_1\chi$ **73*1a sravate** $\beta_2\beta_\omega\gamma_2\Delta\varepsilon_1\zeta_2\chi$] sravanaṃ γ_1 sevate β_1 **candrād** $\beta_1\beta_2\gamma_2\Delta\varepsilon_1\chi$] candra β_ω caṃdrāṃn ζ_2 ced«am» γ_1 **73*1b divyarūpiṇaḥ** $\beta_2\chi$] divyarūpiṇaṃ $\varepsilon_1\zeta_2$ divyarūpiṇī β_1 divyarūpi ca $\Gamma\Delta$ divyarūpagaḥ β_ω **73*1c grasate** cett.] sravate β_1 **sūryas** $B\Gamma\Delta\varepsilon_1\chi$] roho ζ_2 **73*1d piṇḍaṃ** $\beta_2\beta_\omega\gamma_2\Delta\zeta_2$] pidaṃ γ_1 piṇḍa $\beta_1\varepsilon_1$ piṇḍo χ **jarāyutam** $B\varepsilon_1$] jarāyutaḥ χ vināśi ca $\Gamma\delta_2\zeta_2$ vinasyati δ_1 **73*2b bandhanam** cett.] vañcanam χ **73*2c jñeyaṃ** $B\gamma_2\Delta\varepsilon_1\zeta_2\chi$] _ yaṃ γ_1 **73*2d na tu** $B\gamma_2\Delta\varepsilon_1\zeta_2\chi$] rttu γ_1 **śāstrārtha** cett.] śāstrāstra δ_2

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22   $\alpha_1\alpha_3B\zeta_2\zeta_3\chi$ have this verse in chp. 2. $\alpha_2\Gamma\varepsilon_1\eta_1\eta_2$ have it in both chp. 2 and 3. α_2 was not collated because the verse and 3.73*1–2 in this witness are obviously secondary (see Introduction, p. xx). Δ does not have it at all.

23   $\varepsilon_1\varepsilon_2$ have this pair of verses at the end of this section (after 3.78). Group A has this in Ch. 4.

ऊर्ध्वं नाभिरधस्तालुरूर्ध्वं भानुरधः शशी ।
करणी विपरीताख्या गुरुवाक्येन लभ्यते ॥ (cd om. $\beta_1\beta_2\delta_1\zeta_2\eta_2$) 3.74

करणी विपरीताख्या सर्वव्याधिविनाशिनी । (ab om. χ)
नित्यमभ्यासयुक्तस्य जठराग्निविवर्धनी ॥ 3.75

आहारो बहुलस्तस्य संपाद्यः साधकस्य तु ।
अल्पाहारो यदि भवेदग्निर्देहं दहेत्क्षणात् ॥ 3.76

अधःशिराश्चोर्ध्वपादः क्षणं स्यात्प्रथमे दिने ।
क्षणाच्च किंचिदधिकमभ्यसेच्च दिने दिने ॥ (cd om. δ_1) 3.77

वलिश्च पलितं चैव #षण्मासोर्ध्वं न दृश्यते ।
याममात्रं तु यो नित्यमभ्यसेत्स तु कालजित् ॥ 3.78

($\varepsilon_1\varepsilon_2$ have 3.73*1–2 here.)

74a ūrdhvaṃ nābhir cett.] ūrdhvanābhir $\beta_1\varepsilon_1$ ūrdhvanābhor γ_1 ūrdhvanābher χ ūrdhvaṃ nābher β_2 + + nābher α_3 **adhas tālur** $\alpha_2\alpha_3B\delta_1\varepsilon_1\zeta_2\zeta_3\eta_2$] adhas tālu $\alpha_1\gamma_2\eta_1$ adhas tāla δ_2 asāluktar γ_1 adhas tālor χ **74b ūrdhvaṃ** cett.] ūrdhva $\alpha_2\gamma_1\delta_1$ ūrdhvo η_1 **74c karaṇī viparītākhyā** $\alpha_1\Gamma\delta_2\varepsilon_1\eta_1\chi$] karaṇī viparītākṣaṃ α_2 karaṇaṃ viparītākhyaṃ $\alpha_3\beta_\omega\zeta_3$ *om.* $\beta_1\beta_2\delta_1\zeta_2\eta_2$ **74d lab-hyate** $\alpha_1\beta_\omega\gamma_1\zeta_3\eta_1\chi$] lakṣate α_2 lakṣayet $\alpha_3\varepsilon_1$ gamyate $\gamma_2\delta_2$ *om.* $\beta_1\beta_2\delta_1\zeta_2\eta_2$ **75a karaṇī** cett.] karaṇaṃ β_1 *om.* χ **viparītākhyā** cett.] viparītākhyaṃ β_2 viparītākṣaṃ $\alpha_2\zeta_2$ *om.* χ **75b vināśinī** $\alpha_1\Gamma\Delta\varepsilon_1\zeta_3\eta_1\eta_2$] vināśanī $\beta_1\zeta_2$ vināśanaṃ $\alpha_2\beta_2\beta_\omega$ *om.* χ **75c yuktasya** cett.] yogena ε_1 saktasya β_1 **75d vivardhanī** $\alpha_1\gamma_2\zeta_2\zeta_3\eta_1$] vivardhinī $\beta_1\gamma_1\Delta\varepsilon_1\chi$ vivardhanaṃ $\alpha_2\beta_2\beta_\omega$ pravardhinī η_2 **76b tu** cett.] ca $\alpha_2\gamma_1\chi$ **76c alpāhāro** $AB\varepsilon_1\eta_1\eta_2\chi$] anāhāro $\Gamma\Delta\zeta_2\zeta_3$ **yadi bhaved** cett.] nirāhāraḥ η_2 **76d agnir dehaṃ** $\alpha_1\alpha_3\beta_\omega\Delta\varepsilon_1\zeta_3$] agnidehaṃ $\alpha_2\beta_1\Gamma\zeta_2$ deham agnir η_1 agnidāho β_2 agnir daha° χ kṣudhālasya $\Gamma\Delta\varepsilon_1\zeta_2\eta_2$ **dahet** $\alpha_1\alpha_2\beta_\omega\Gamma\Delta\varepsilon_1\zeta_2\eta_1$] haret $\alpha_3\beta_1\zeta_3$ bhavet β_2 °ti tat χ vaśe η_2 **kṣaṇāt** cett. incl. α_3] kramāt α_1 tataḥ γ_2 bhavet η_2 **77a śirāś** χ] śiraś $\alpha_1\alpha_3B\delta_1\varepsilon_1\zeta_2\zeta_3\eta_1\eta_2$ śirā Γ śira $\alpha_2\delta_2$ **cordhva** cett.] cordhvaṃ β_ω ūrdhva $\Gamma\delta_2$ **pādaḥ** $A\beta_1\beta_2\gamma_2\Delta\varepsilon_1\zeta_3\chi$] pāda $\beta_\omega\gamma_1\zeta_2$ pādau $\eta_1\eta_2$ **77b kṣaṇaṃ syāt** cett.] kṣīṇaṃ syāt δ_1 lakṣaṇaṃ η_2 **dine** cett.] hani δ_2 **77c kṣaṇāc ca** $\alpha_1\beta_2\beta_\omega\varepsilon_1\zeta_3\eta_1\eta_2\chi$] kṣayāc ca α_2 kṣaṇāt tu Γ kṣaṇādyaṃ β_1 kṣaṇārdha ζ_2 kṣaṇādardhaṃ δ_2 *om.* δ_1 **adhikam** cett.] apika γ_1 *om.* δ_1 **77d abhyasec ca** cett.] abhyasetva γ_2 bhyarccayec ca γ_1 *om.* δ_1 **78a valiś ca** $\alpha_1B\varepsilon_1\eta_1$] vali α_2 valiṃ ca δ_2 valitaṃ $\Gamma\delta_1\zeta_2\zeta_3\eta_2\chi$ **palitaṃ** cett.] palitaś $\beta_1\beta_2$ **78b ṣaṇmāsordhvaṃ na** χ] ṣaṇmāsārdhān na $\alpha_1\beta_1\beta_2\varepsilon_1\zeta_3$ ṣaṇmāsārdhaṃ na β_ω ṣaṇmāsārdhena $\alpha_2\Gamma\delta_2$ ṣaṇmāsārdheṇa δ_1 ṣaṇmāsārdhe ca ζ_2 ṣaṇmāsāt tu na $\eta_1\eta_2$ **dṛśyate** $\alpha_1\alpha_2B\varepsilon_1\zeta_3\eta_1\eta_2\chi$] naśyati $\Gamma\Delta\zeta_2$ **78c yāmamātraṃ tu** cett.] yāmamātraṃ ca ζ_3 māsatrayaṃ tu η_2 **nityam** cett.] gnibhyam γ_1 **78d abhyaset** cett.] aset δ_1 **tu** cett.] su γ_2 ca ζ_2 **kālajit** cett.] kālavit $\zeta_2\eta_2$

अत्रत्या वज्रोली ग्रन्थान्ते लिखिता । क्रमप्राप्ताप्यत्र त्यक्ता । असाधारणप्राण्यनुष्ठेयत्वात्
स्याः । $(\delta_1\delta_3)^{24}$

अथ वज्रोली ।

^{25}स्वेच्छया वर्तमानोऽपि योगोक्तैर्नियमैर्विना ।
वज्रोलीं यो विजानाति स योगी सिद्धिभाजनम्$^{\#}$ ॥						3.79

तत्र वस्तुद्वयं वक्ष्ये दुर्लभं यस्य कस्य चित् ।
क्षीरं चैकं द्वितीयं तु नारी च वशवर्तिनी ॥^{26}					3.80

मेहनेन शनैः सम्यगूर्ध्वाकुञ्चनमभ्यसेत् ।
पुरुषो वापि नारी वा वज्रोलीसिद्धिमाप्नुयात् ॥					3.81

यत्लतः शरनालेन फूत्कारं वज्रकन्दरे ।
शनैः शनैः प्रकुर्वीत वायुसंचारकारणात् ॥ (om. γ_1)				3.82

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heading: granthānte likhitā δ_1] granthāntare tu likhitāsīt δ_3] **kramaprāptāpy atra tyaktā** δ_3]
om. δ_1] **asādhāraṇa** *em.*] asādhāraṇaṃ δ_1 asāraṇa δ_3 **atha vajrolī**] found after the first half of
the next verse $\beta_2\eta_2$ **79b yogoktair** α_3B$\gamma_2\delta_1\epsilon_2\eta_1\eta_2\chi$] yogokair γ_1 yogokta $\alpha_2\epsilon_1\zeta_2\zeta_3$ yogoktaṃ
α_1 niyamair δ_3 **niyamair vinā** cett.] vividhais tathā δ_3 **79c vajrolīṃ yo** $\beta_2\delta_1\epsilon_1\zeta_1\eta_1\eta_2\chi$]
vajrolī yo $\alpha_2\beta_\omega\Gamma\delta_3\zeta_2$ vajrolīr yo β_1 vajrālī yo α_1 **vijānāti** cett.] bhijānāti Γ **79d siddhib-**
hājanam cett.] °bhājanaḥ $\gamma_1\epsilon_1\epsilon_2$ siddhimān bhavet η_2 **80a vastu** cett.] castu α_1 bheda ζ_2
vakṣ(y)e cett.] manye γ_2 api γ_1 **80b yasya kasya** cett.] yena kena $\epsilon_1\epsilon_2$ **cit** cett.] tu
ζ_3 **80c caikaṃ** cett.] caita ϵ_2 caiva η_2 ekaṃ $\beta_2\Gamma$ **tu** cett.] ca $\epsilon_1\epsilon_2$ **80d ca** cett.] vā
α_2 tu δ_3 **81a mehanena** $\alpha_1\beta_2\gamma_2\epsilon_1\epsilon_2\zeta_2\zeta_3\chi$] mehanīna β_1 mehanaiva γ_1 mohanena δ_1 mo-
hanenā δ_3 meḍhrenena β_ω memḍhreṇa *unm.* η_1 mahānibhaṃ η_2 hematene α_2 **śanaiḥ** cett.]
sadā δ_1 hane α_2 **81b ūrdhvākuñcanam** cett.] ūrdhvāṃkuñcanam β_1 ūrdhvakuñcanam ϵ_1
ūrdhva kiṃcanam γ_2 kṛtvā kuñcanam η_2 gudākuñcanam η_1 **81c vāpi nārī vā** cett.] vāpi vā
nārī α_2 tu nārī vā nārī χ $\delta_1\eta_1$ vajrolīṃ $\delta_1\eta_1$ vajrolīḥ γ_2 **81d vajrolī** cett.]   **siddhim āpnuyāt**
cett.] siddhibhājanam γ_2 siddhibhājanaḥ γ_1 **82a yatnataḥ** $\alpha_1\alpha_2\beta_1\beta_\omega\delta_1\epsilon_1\epsilon_2\zeta_2\zeta_3\chi$] prayatnataḥ
$\gamma_2\eta_1\eta_2$ prayatnāt β_2 **śaranālena** $\alpha_1\alpha_2$B$\delta_1\delta_3\epsilon_1\epsilon_2$] śaranolena ζ_2 śatanārīṇāṃ ζ_3 śastanālena χ
śironāle $\gamma_2\eta_1\eta_2$ **82b phūtkāraṃ** $\alpha_1\delta_3\zeta_2\eta_1\chi$] phutkāraṃ β_ω pūtkāraṃ $\delta_1\epsilon_1\zeta_3$ phūtkāraḥ $\gamma_2\eta_2$
sphūtkāraṃ β_2 sūtkāraṃ ϵ_2 śaraṃ tu β_1 leneraṃ α_2 **vajra** cett.] kaṃbu $\gamma_2\eta_2$ **kandare**
B$\zeta_2\zeta_3\chi$] kandhare $\alpha_1\gamma_2\delta_1\delta_3\eta_1\eta_2$ kandharet ϵ_1 kaṃharet $\alpha_2\epsilon_2$ **82c śanaiḥ** cett.] śanaḥ η_2
prakurvīta cett.] prakurvaṃti $\beta_2\eta_2$ **82d vāyu** cett.] vāyoḥ β_2 **kāraṇāt** cett.] dhāraṇāt
$\epsilon_1\epsilon_2$

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^{24} In $\delta_1\delta_3$ the Vajrolī section is found as Chpater 5 at the end of the work. δ_2 does not have this
omission note. It is not clear whether the ms from which this ms was copied originally included
this section, as the text of δ_2 ends in the middle of the last verse of Chapter 4 (4.78).

^{25} $\epsilon_1\epsilon_2$ insert one verse from DYŚ (*vajrolīṃ kathayiṣyāmi ... kasyacit*) here.

^{26} $\epsilon_1\epsilon_2$ have three additional verses (*saṃbhaved yadi ... ādarato bhṛśaṃ*) here.

नार्या भगे पतद्विन्दुमभ्यासेनोर्ध्वमाहरेत् ।
चलितं च स्वकं बिन्दुमूर्ध्वमाकृष्य रक्षयेत् ॥ (cd om. Δ)   3.83

एवं तु रक्षयेद्विन्दुं मृत्युं जयति योगवित् ।
मरणं बिन्दुपातेन जीवितं बिन्दुधारणात् ॥ (cd om. δ_1)   3.84 – α_1

सुगन्धि योगिनो देहं जायते बिन्दुधारणात् ।[27] (ab om. $\delta_3\eta_1\eta_2$) (b om. ε_1)
यावद्विन्दुः स्थिरो देहे तावन्मृत्युभयं कुतः ॥ (c om. ε_1)   3.85 – α_1

मनायत्तं नृणां शुक्रं शुक्रायत्तं हि जीवितम् ।
तस्माच्छुक्रं मनश्चैव रक्षणीयं प्रयत्नतः ॥   3.86 – α_1

ऋतुमत्या रजोऽप्येवं स्वीयं[#] बिन्दुं च रक्षयेत् ।
मेढ्रेणाकर्षयेदूर्ध्वं सम्यगभ्यासयोगवान् ॥   3.87 – α_1

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83a nāryā $\beta_1\beta_2\Gamma\delta_1\delta_3\zeta_2\zeta_3$] nārī $\alpha_2\chi$ māryā α_1 bhāryā $\beta_\omega\eta_1\eta_2$ tato ε_1 bhage ε_2 **bhage** cett.] bhāge $\alpha_1\beta_1$ bhaga α_2 patat ε_2 **patad** cett.] pated γ_2 yad α_2 ca tad ζ_2 tato ε_2 **bindum** cett.] bindhuṃ β_ω bindur $\eta_1\eta_2$ vīryam $\varepsilon_1\varepsilon_2$ **83b āharet** cett.] ācaret β_1 āruhet δ_3 **83c calitaṃ** cett.] bhavitaṃ β_1 *om.* Δ   **ca svakaṃ** $\alpha_1\alpha_2$] tu svakaṃ $\alpha_3\beta_1\beta_2\Gamma\zeta_2$ tu sukaṃ β_ω ca nijaṃ $\varepsilon_1\varepsilon_2\zeta_3\chi$ patitaṃ η_1 calitaṃ η_2 *om.* Δ   **83d ūrdhvam ākṛṣya rakṣayet** cett. incl. α_3] ūrdhvam ākṛ + + + + α_1 ūrdhvam āhṛtya rakṣayet ζ_3 abhyāsenordhvam āharet ζ_2 *om.* Δ   **84a tu rakṣayed** $\alpha_2\alpha_3B\Gamma\zeta_2$] saṃrakṣayed $\delta_1\delta_3\varepsilon_1\varepsilon_2\chi$ surakṣayed ζ_3 rakṣati yo $\eta_1\eta_2$ **84b yogavit** cett.] tatvataḥ $\varepsilon_1\varepsilon_2$ **84c bindu** cett.]   bida ζ_2 *om.* δ_1 **84d jīvitaṃ** $\alpha_2\beta_\omega\delta_3\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1\eta_2$] jīvituṃ β_1 jīvanaṃ $\beta_2\gamma_2\chi_2\chi$ jī«vanam» γ_1 *om.* δ_1 **bindudhāranāt** cett.] bindurakṣanāt $\varepsilon_1\varepsilon_2\zeta_3$ baṃdhasaṃgrahāt α_2 «bindudhāraṇaṃ» γ_1 *om.* δ_1 **85a sugandhi** $\alpha_2B\Gamma\delta_1\zeta_3$] sugandhaṃ $\varepsilon_1\varepsilon_2$ sugandho $\zeta_2\chi$ *om.* $\delta_3\eta_1\eta_2$ **dehaṃ** $\alpha_2\beta_1\beta_\omega$] dehe $\delta_1\varepsilon_1\varepsilon_2\zeta_3\chi$ deho $\beta_2\Gamma\zeta_2$ *om.* $\delta_3\eta_1\eta_2$ **85b dhāranāt** $\alpha_2\beta_1\beta_\omega\gamma_1\gamma_2\delta_1\varepsilon_2\zeta_2\chi$] rakṣaṇāt $\beta_2\zeta_3$ *om.* $\delta_3\varepsilon_1\eta_1\eta_2$ **85c binduḥ** $\gamma_1\delta_3\eta_2\chi$] bindu $\alpha_2\alpha_3B\gamma_2\delta_1\varepsilon_2\zeta_2\zeta_3\eta_1$ *om.* ε_1 **sthiro** $\alpha_2\alpha_3\Gamma\delta_1\varepsilon_2\zeta_2\eta_1\eta_2\chi$] sthito $B\delta_3\zeta_3$ *om.* ε_1 **dehe** cett.] deho Γ hahe α_2 *om.* ε_1 **85d mṛtyubhayaṃ kutaḥ** $\alpha_3B\delta_1\delta_3\varepsilon_1\varepsilon_2\eta_1\eta_2$] kālabhayaṃ kutaḥ $\alpha_2\Gamma\zeta_2\chi$ jīvanam ucyate ζ_3 **86a manāyattaṃ** *em.*] anāyattaṃ α_3 manomayaṃ α_2 manodhīnaṃ B cittāyattaṃ cett. cittamattaṃ γ_1 **nṛṇāṃ** cett.] taṃ nṛ α_2 bhavet β_2 **śukraṃ** cett.] śuklaṃ $\alpha_3\beta_\omega\varepsilon_1\varepsilon_2$ **86b śukrāyattaṃ** cett.] śuklāyattaṃ $\varepsilon_1\varepsilon_2$ śuklāyataṃ β_ω śuklā + + α_3 śukrādhīnaṃ $\beta_1\beta_2$ **hi** $\beta_1\beta_\omega\varepsilon_1\varepsilon_2\zeta_2\eta_1\eta_2$] tu $\alpha_2\beta_2\Gamma\delta_1$ ca $\delta_3\zeta_3\chi$ **jīvitam** cett.] jīvanam $\beta_2\gamma_2$ **86c chukraṃ** cett.] śuklaṃ ε_1 tūrṇaṃ ε_2 **manaś caiva** cett.] manaś caivaṃ η_1 rajaś caiva η_2 rakṣaṇiyaṃ δ_3 **86d rakṣaṇīyaṃ** cett.] yogibhiś ca δ_3 **87a ṛtumatyā** $\alpha_2B\Gamma\varepsilon_1\varepsilon_2\zeta_2\zeta_3\chi$] bindumadhye $\delta_1\delta_3\eta_1\eta_2$ **rajo** cett.] nijo β_1 **'py evaṃ** cett.] thevaṃ β_ω py eva η_2 strījaṃ β_1 **87b svīyaṃ** β_1] vīryaṃ α_2 bījaṃ $\delta_1\varepsilon_1\zeta_2\zeta_3\eta_1\eta_2$ jīvaṃ δ_3 nijaṃ χ jayaṃ β_ω biṃduṃ $\beta_2\varepsilon_2$ striyā Γ **bindum** cett.] bindu $\beta_1\beta_\omega\eta_2$ bījaṃ ε_2 rakṣe β_2 **ca** cett.] tu $\beta_2\varepsilon_1\varepsilon_2\zeta_2\eta_1$ pra° δ_3 **rakṣayet** cett.] rakṣayan β_ω taṃnnayet δ_1 °pālayet δ_3 yogavit β_2 **87c meḍhreṇā** $\beta_2\beta_\omega\gamma_2\varepsilon_1\zeta_2\eta_1\chi$] meḍhreṇa $\alpha_2\delta_1\delta_3\zeta_3$ meṃdhraṇā β_1 meḍhrā γ_1 meḍhram ā ε_2 meḍhrām ā η_2 **karṣayed** cett.] karṣayad β_ω kuṃcayed η_2 **87d yogavān** $\alpha_3\beta_1\beta_\omega\varepsilon_1\varepsilon_2\zeta_2\zeta_3$] yogataḥ $\Gamma\delta_1\delta_3\eta_1$ yogavit $\eta_2\chi$ pāṭavāt $\alpha_2\beta_2$

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[27] ζ_3 has this hemistich after the first half of the next verse.

अयं योगः पुण्यवतां धन्यानां तत्त्वशालिनाम् । (ab om. $\alpha_2\alpha_3$)

निर्मत्सराणां सिध्येत न तु मत्सरशालिनाम् ॥ (cd om. $\alpha_2\alpha_3\delta_3$)[28]   3.87*1

अथ सहजोली । ($\gamma_2\eta_2\chi$)

सहजोली चामरोली वज्रोल्या एव भेदतः ॥ (om. $\varepsilon_1\varepsilon_2$)   3.88 – α_1

जलेषु# भस्म निक्षिप्य दग्धगोमयसंभवम् । (ab om. $\alpha_2\alpha_3 B\gamma_1$)

वज्रोलीमैथुनादूर्ध्वं स्त्रीपुंसोः स्वाङ्गलेपनम् ॥   3.89 – α_1

आसीनयोः सुखेनैव मुक्तव्यापारयोः क्षणम् ।

सहजोलीरियं प्रोक्ता श्रद्धेया योगिभिः सदा ॥   3.90 – α_1

अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (om. $\alpha_2\alpha_3\gamma_1$) [cf. 3.94cd]   3.90*1

87*1b dhanyānāṃ cett.] dhīrāṇāṃ χ **śālinām** $\beta_1\beta_2\gamma_2\delta_1\delta_3\varepsilon_1\varepsilon_2\zeta_3\eta_1$] śālinaṃ $\beta_\omega\zeta_2$ sattinām γ_1 darśinām $\eta_2\chi$ **87*1c sidhyeta** $\beta_1\beta_\omega\gamma_1\delta_1\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1$] siddheta γ_2 siddhet* η_2 vai sidhyen (but sidhyeta in mss?) χ siddhānāṃ β_2 **87*1d śālinām** $B\Gamma\delta_1\varepsilon_1\varepsilon_2\zeta_3\eta_1\chi$] śālinaṃ ζ_2 śīlinām η_2 **heading: atha sahajolī** $\gamma_2\eta_2$] atha sahajoliḥ χ **88a sahajolī** $\alpha_2\beta_2\delta_1\delta_3\eta_1\eta_2$] sahajoliś $\beta_\omega\Gamma\zeta_2\zeta_3\chi$ sahajolāṃś β_1 sahajaś α_3 **cāmarolī** $\alpha_2\beta_1\beta_2\delta_1\delta_3$] cāmaroli $\beta_\omega\zeta_2$ cāmarolir $\zeta_3\chi$ vāmarolī η_2 cāmarolī ca η_1 cāmaroliś ca Γ camaronauli α_3 **88b vajrolyā** cett.] vajrolyante $\delta_1\delta_3$ vajrolī β_2 **eva bhedataḥ** $\alpha_2 B\Gamma\zeta_2\zeta_3\eta_1$] ekabhedataḥ η_2 bheda ekataḥ χ prakīrtitā δ_1 pracodyate δ_3 **89a jaleṣu bhasma** $\gamma_2\delta_1\zeta_2\zeta_3\eta_1\eta_2$] jale tu bhasma $\varepsilon_1\varepsilon_2$ jale subhasma χ jale bhasmani δ_3 **nikṣipya** $\delta_1\delta_3\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1\eta_2\chi$] niḥkṣipya γ_2 **89b dagdha** $\gamma_2\delta_1\delta_3\varepsilon_1\zeta_3\eta_1\eta_2\chi$] dagdhaṃ ζ_2 daṇḍa ε_2 **saṃbhavam** $\gamma_2\delta_1\varepsilon_1\zeta_2\zeta_3\eta_1\eta_2\chi$] sambhave $\delta_3\varepsilon_2$ **89c maithunād** cett.] mithunād ζ_3 madhanād ε_2 **89d strīpuṃsoḥ** $\gamma_2\varepsilon_2\zeta_3\eta_1\eta_2\chi$] strīpuṃso $\alpha_2\beta_\omega\varepsilon_1$ puṃsostrī β_1 strīpuṃsā γ_1 strīpuṃsau ζ_3 strīpuṃsoś $\beta_2\delta_1\delta_3$ **svāṅga** $\alpha_2\beta_1\Gamma\varepsilon_1\zeta_3\eta_1\eta_2\chi$] svāṃgu β_ω sāṅga ε_2 cāṃga $\beta_2\delta_1\delta_3$ **90a āsīnayoḥ** cett.] anenaiva ζ_3 **sukhenaiva** cett.] mukhenaiva η_2 **90b vyāpārayoḥ** $\beta_1\beta_2\Gamma\delta_3\varepsilon_2\zeta_3\eta_1\chi$] vyāpārayo $\alpha_2\varepsilon_1\zeta_2\eta_2$ vyāpāramo β_ω vyāpārala° δ_1 **kṣaṇam** $\alpha_2 B\delta_1\delta_3\varepsilon_2\zeta_2\zeta_3\eta_1\eta_2$] kṣaṇāt $\Gamma\varepsilon_1\chi$ **90c sahajolīr** $\alpha_2\beta_1\gamma_2\delta_1\delta_3\varepsilon_1\varepsilon_2\eta_1\eta_2$] sahajolir $\beta_\omega\gamma_1\zeta_2\zeta_3\chi$ sahajolī β_2 **90d śraddheyā** $\beta_1\beta_\omega\varepsilon_1\chi$] śraddhayā $\alpha_2\alpha_3\beta_2\delta_1\delta_3\varepsilon_2\eta_1$ sādhyeyā η_2 siddhaye ζ_3 sevyate $\Gamma\zeta_2$ **90*1b bhoge** $\beta_1\beta_\omega\gamma_2\varepsilon_1\varepsilon_2\eta_2$] bhoga $\beta_2\zeta_2\eta_1\chi$ yoga δ_3 *lac.* δ_1 **bhukte'pi** $\beta_\omega\gamma_2\zeta_3\eta_2$] bhuktyapi ε_1 yuktepi β_1 yuktopi χ yogepi β_2 muktepi ζ_2 muktyapi ε_2 muktivi° $\delta_3\eta_1$ muktipra° δ_1 **muktidaḥ** cett.] muktidā ε_1 dāyakaḥ δ_1

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28 In ζ_3 Pāda b and d are transposed; χ has this verse at the end of the Sahajolī section.

अथ अमरोली । $(\gamma_2\delta_1\delta_3\zeta_3\eta_2\chi)$

पित्तोल्बणत्वात्प्रथमां च धारां
विहाय निःसारतयान्त्यधाराम् ।
निषेव्यते शीतलमध्यधारा
कापालिकैः खण्डमतैरमर्याः ॥ (om. $\gamma_1\epsilon_1\epsilon_2$)[29]   3.91 – α_1

अमरीं यः पिबेन्नित्यं नस्यं कुर्वन्# दिने दिने ।
वज्रोलीं चाभ्यसेदेवममरोलीति कथ्यते ॥[30] (om. $\gamma_1\epsilon_1\epsilon_2$)   3.92 – α_1

पुंसो बिन्दुं समाकृष्य सम्यगभ्यासपाटवात् ।
यदि नारी रजो रक्षेद्वज्रोल्या सा हि योगिनी ॥ (om. $\alpha_2\alpha_3$)   3.92*1

heading: atha amarolī $\gamma_2\eta_2$] athāmarolī χ āthamāroḷi ζ_3 tatrāmarolī $\delta_1\delta_3$ **91a pittol-baṇatvāt** $\alpha_2\alpha_3\beta_1\beta_\omega\delta_1\delta_3\zeta_3\eta_1\chi$] pītvā aṇut β_2 virttaṇatvāḍyat ζ_2 vihāya nityāṃ η_2 vihāya nīv .. ḥ γ_2 **prathamāṃ ca** $\alpha_2\beta_1\beta_2\zeta_2\zeta_3\eta_2$] prathamaṃ ca $\alpha_3\gamma_2$ prathamaṃ vi β_ω prathamāṃ δ_1 prathamāmbu $\delta_3\eta_1\chi$ **dhārāṃ** cett.] dhārī α_2 *om.* δ_1 **91b niḥsāratayāntya** $\alpha_2\beta_1\delta_1\zeta_3\eta_1\eta_2\chi$] niḥsārab-hayāntya δ_3 niḥsāralayāṃtya γ_2 niḥsārayāṃtya β_ω niḥsmāratayāṃtya ζ_2 niḥsāratapāṃśu β_2 **91c niṣevyate** cett.] niṣevite β_2 niḥsevyate $\beta_1\eta_1$ nikhyevyate β_ω **dhārā** $\alpha_2\beta_1\beta_\omega\zeta_2\zeta_3\eta_2\chi$] dhārāṃ $\beta_2\gamma_2\delta_3\eta_1$ dhārāḥ δ_1 **91d kāpālikaiḥ** $\alpha_2\beta_1\beta_\omega\delta_1\delta_3\zeta_2$] kapālikaiḥ $\gamma_2\zeta_3\eta_1\eta_2$ kapālakaiḥ β_2 kāpālike χ **khaṇḍamatair** Bη_1] khaṃḍamatair ζ_2 khaṃḍamate $\zeta_3\chi$ ṣaḍamatair α_2 kaṃṭhamaṭhair $\delta_1\delta_3$ kuṃṭhamatair $\gamma_2\eta_2$ **amaryāḥ** $\delta_1\delta_3\zeta_2$] amaryā $\alpha_2\beta_1\beta_2$ aryā β_ω amed-hyā $\eta_1\eta_2$ amedhyāṃ ζ_2 'maroḷī χ 'maroḷi ζ_3 **92a amarīṃ** $\gamma_2\delta_1\delta_3\eta_2\chi$] amarī $\alpha_2\beta_1\beta_\omega\zeta_2\zeta_3\eta_1$ amariṃ β_2 **yaḥ** α_2B$\delta_1\delta_3\zeta_2\zeta_3\chi$] ya[ṃ] η_1 yo $\gamma_2\eta_2$ **piben** cett.] piban δ_3 **92b nasyaṃ kurvan** $\beta_2\beta_\omega\delta_1\chi$] naśyaṃ kurvan $\alpha_3\zeta_2\zeta_3$ nasaṃ kurvan δ_3 tṛśya kurvan β_1 naśyaṃ kuryād η_1 nasya kuryā α_2 tasya kuryā γ_2 tasthaṃ kuryād η_2 **92c vajrolīṃ cā** $\alpha_3\delta_1\delta_3$] vajrolī cā $\beta_\omega\zeta_2\zeta_3\eta_1$ vajrolī vā β_1 vajrolīm a $\gamma_2\eta_2\chi$ vajrolī ka β_2 vijrolī sā α_2 **°bhyased evam** $\alpha_2\alpha_3$] bhyasec ceyam $\delta_1\delta_3\zeta_2\zeta_3$ bhyaset seyam β_ω bhyasevoyam β_1 bhyasen nityaṃ η_1 bhyaset satve γ_2 bhyasec chattve η_2 bhyaset samyak χ thyate seyam β_2 **92d amarolīti** cett.] sāmarolīti χ amarolī tu α_2 amarolīṃ tu ζ_3 **kathyate** cett.] kalpayet ζ_3 kasyate η_2 **92*1a puṃso** $\beta_1\gamma_1\delta_1\delta_3\epsilon_1\zeta_2\zeta_3\eta_2\chi$] puṃsor $\beta_2\gamma_2$ puṃsāṃ $\beta_\omega\epsilon_2\eta_1$ **bindum** cett.] bindu $\beta_1\beta_\omega\gamma_1\zeta_3\zeta_3\eta_2$ **samākṛṣya** Γ] samākuñcya cett.   **92*1b pāṭavāt** $\beta_1\beta_2\delta_1\delta_3\epsilon_2\zeta_3\eta_2\chi$] pāṭavāṃ $\beta_\omega\Gamma\epsilon_1\zeta_2$ pāravān η_1 **92*1d vajrolyā** $\beta_1\beta_\omega\gamma_2\epsilon_1\epsilon_2\zeta_2\eta_1\chi$] vajrolyāṃ δ_1 vajrolya δ_3 vajrolī β_2 vajroḷi ζ_3 saṃyoge η_2 *om.* (3.92*1d–3.94a om. prob. by eye-skip) γ_1 **sā hi** $\beta_\omega\epsilon_1\epsilon_2$] saha $\beta_1\beta_2\gamma_2\zeta_2$ sāpi $\delta_1\zeta_3\eta_1\chi$ syāpi δ_3 cāpi η_2 *om.* γ_1

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[29] γ_2 seems to have supplied this verse and the next one from a ms belonging to the η-group.

[30] In χ the verse 3.103 is found after this

तस्याः किंचिद्रजो नाशं न गच्छति न संशयः ।
तस्याः शरीरे नादस्तु बिन्दुतामेव गच्छति ॥ (om. $\alpha_2\alpha_3$)   3.92*2

स बिन्दुस्तद्रजश्चैव एकीभूय स्वदेहजौ# ।
वज्रोल्याभ्यासयोगेन सर्वसिद्धिं प्रकुर्वतः ॥ (om. $\alpha_2\alpha_3$)   3.92*3

रक्षेदाकुञ्चनेनोर्ध्वं या रजः सा हि योगिनी । ($\alpha_2\alpha_3\gamma_2\eta_2\chi$)^{31}
अतीतानागतं वेत्ति खेचरी च भवेद्ध्रुवम् ॥   3.93 – α_1

देहसिद्धिं च लभते वज्रोल्यभ्यासयोगतः । (ab om. α_2)
अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (cd om. $\alpha_2\Gamma$) [cf. 3.90*1cd]   3.94 – α_1

तस्मात्पुण्यवतामेव अयं योगः प्रसिध्यति ॥^{32} (om. $\alpha_2\alpha_3\chi$)   3.94*1

92*2c tasyāḥ $\beta_1\beta_2\delta_1\delta_3\zeta_3\eta_1\eta_2\chi$] tasya ε_1 tasmāt ε_2 yasyāḥ ζ_2 asyāḥ β_ω *om.* Γ **śarīre** cett.] śarīra $\delta_3\zeta_3$ śarīre pi β_1 tu jarja° ε_2 *om.* Γ **nādas tu** B$\delta_3\zeta_2\zeta_3\eta_1$] nādas tat η_2 nādātmā δ_1 nādaś ca χ nāstu ε_1 °re nādaḥ ε_2 *om.* Γ **92*2d bindutām eva** $\beta_1\beta_\omega\delta_1\delta_3\zeta_2\zeta_3\eta_1\chi$] bindutām etra ε_1 bindutām atra ε_2 bindus tam eva η_2 vyaṃjatām eva β_2 *om.* Γ **92*3b ekī** cett.] hy ekī δ_3 *om.* γ_1 **bhūya** $\beta_2\beta_\omega\gamma_2\delta_1\delta_3\varepsilon_1\varepsilon_2\zeta_3\chi$] bhūyaḥ ζ_2 bhūtaḥ $\eta_1\eta_2$ bhūta β_1 *om.* γ_1 **svadehajau** $\beta_1\beta_\omega\gamma_2\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1$] svadehajaiḥ $\beta_2\eta_2$ svadehajam δ_3 sadehajaṃ δ_1 svadehagau χ *om.* γ_1 **92*3c vajrolyā** B$\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1\eta_2$] vajroly-a° $\gamma_2\delta_1\delta_3\chi$ *om.* γ_1 **92*3d sarva** cett.] sarvāṃ β_2 **siddhiṃ** $\beta_1\beta_2\gamma_2\delta_1\varepsilon_1\varepsilon_2\zeta_2\zeta_3\chi$] siddhi $\beta_\omega\varepsilon_1\eta_1$ siddhiḥ $\delta_3\eta_2$ *om.* γ_1 **prakurvataḥ** $\beta_1\varepsilon_2\zeta_2\zeta_3$] prakurvatā ε_1 prakurvate $\gamma_2\delta_1\delta_3$ prayacchataḥ χ prayacchati β_2 prajāyate $\beta_\omega\eta_1\eta_2$ *om.* γ_1 **93a rakṣed ākuñcanenordhvaṃ** *em.*] rakṣe[d ā]kuṃcane .. + α_3 rakṣed ākuṃbhanonordhaṃ α_2 rakṣed ākuñcanād ūrdhvaṃ χ mehenākuṃcanād ūrdhva γ_2 meḍhrām ākuṃcanād ūrdhvaṃ η_2 **93b yā rajaḥ sā hi yoginī** χ] yā rajaḥ saha yoginī α_2 rajasāpi hi yoginī η_2 rajasāpi hi yoginaḥ γ_2 **93c atītānāgataṃ** cett.] atītānāgate β_2 atītānāgatiṃ ζ_3 atītānāṃ gatiṃ ζ_2 *om.* γ_1 **93d khecarī ca** cett.] khecaraś ca η_2 khecarīṃ la° δ_3 khecarīṃ δ_1 *om.* γ_1 **bhaved dhruvam** cett.] bhave druvaṃ α_2 bhaved dṛḍhaṃ β_1 bhate dhruvam $\delta_1\delta_3$ prajāyate γ_2 *om.* γ_1 **94a ca** cett.] tu γ_2 *om.* γ_1 **labhate** cett.] labhyeta β_2 *om.* γ_1 **94b vajrolyabhyāsa** $\gamma_2\delta_1\delta_3\chi$] vajrolyābhyāsa B$\Gamma\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1\eta_2$ **94c ayaṃ śubhakaro yogo** α_3] ayaṃ puṇyakaro yogo χ yasmād ayaṃ sādhakāya B tasmād ayaṃ sādhakāya $\delta_1\delta_3\varepsilon_1\varepsilon_2\zeta_2\zeta_3$ tasmād ayaṃ sādhako'yaṃ η_1 tasmād ayaṃ sādhakānāṃ η_2 **94d bhoge bhukte'pi** $\beta_1\varepsilon_1\chi$] bhoge bhukti «pi» β_ω bhogabhukti(yogamukti *ac*)vi° δ_1 bhogayukto pi ζ_3 bhogayoge pi β_2 bhoge mukte pi ε_2 bhogamukte pi ζ_2 bhogamuktivi° $\alpha_3\delta_3\eta_1\eta_2$ **94*1a eva** $\beta_2\Gamma\varepsilon_2\eta_2$] evam $\beta_1\beta_\omega\delta_1\delta_3\varepsilon_1\zeta_2\zeta_3\eta_1$ **94*1b ayaṃ yogaḥ** B$\Gamma\varepsilon_2\zeta_2\zeta_3\eta_1$] ayaḥ yogaḥ ε_1 eṣa yogaḥ $\delta_1\delta_3$ yogo'yaṃ sa«ṃ» η_2

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^{31} γ_2 has this hemistich between 3.92 and 3.92*1.

^{32} γ_1 has a sub-colophon marking the end of Chap. 3 after this verse (the 100th!). Chap. 4 contains only 29 verses, which are the remaining verses of the usual Chap. 3. Chap. 5 corresponds to the usual Chap. 4.

Δ has its colophon after this verse, since the entire Vajrolī section in this group is moved to the end of the text. Cf. fn. ^{24}.

अथ शक्तिचालनम् ।

कुटिलाङ्गी कुण्डलिनी भुजङ्गी शक्तिरीश्वरी ।
कुण्डल्यरुन्धती चेति शब्दाः पर्यायवाचकाः ॥ (om. α₂α₃)   3.94*2

उद्घाटयेत्कपाटं तु यथा कुञ्चिकया हठात् ।
कुण्डलिन्या तथा योगी मोक्षद्वारं विभेदयेत् ॥[33] (om. α₂α₃)   3.94*3

येन मार्गेण गन्तव्यं ब्रह्मस्थानं निरामयम् ।
मुखेनाच्छाद्य तद्द्वारं प्रसुप्ता परमेश्वरी ॥ (om. α₂α₃)   3.94*4

कन्दोर्ध्वं कुण्डली शक्तिः सुप्ता मोक्षाय योगिनाम् ।
बन्धनाय च मूढानां यस्तां वेत्ति स योगवित् ॥ (om. α₂α₃)   3.94*5

अम्भोधिशैलद्वीपानामाधारः शेषकुण्डली । (ab om. α₂α₃χ)
अशेषयोगतन्त्राणामाधारः कुण्डली तथा ॥ (cd om. α₂α₃η₁χ) [cf. 3.1]   3.94*6

कुण्डली कुटिलाकारा सर्पवत्परिकीर्तिता ।
सा शक्तिश्चालिता येन स मुक्तो नात्र संशयः ॥ (om. α₂α₃) [= 4.62]   3.94*7

(ε₁ε₂ have the Ślokacatuṣṭaya 4.61, 63–64 here.)

heading: atha α₂α₃Bδ₂ε₁ε₂ζ₂η₁η₂χ] *om.* Γδ₁ζ₃   **śakticālanam** α₂α₃Bγ₂Δε₁ε₂ζ₂η₁χ] śaktiyā-
naṃ γ₁ śakti η₂ *om.* ζ₃   **94*2a kuṭilāṅgī** BΔε₁ε₂η₁η₂χ] kuṃḍalāṅgī γ₂ζ₂ζ₃ kundalīgī γ₁
94*2b śaktir īśvarī Bγ₂δ₂ε₁ε₂ζ₂ζ₃η₁η₂χ] śaktir aiśvarī δ₁ śaktir asvarī γ₁   **94*2c kuṇḍaly**
BΓε₁ε₂ζ₂ζ₃η₁η₂χ] kuṭily Δ   **arundhatī** cett.] aruṃdhīti β₁ ā[ku]ṃḍalī η₁ āceti ruṃ° η₂   **ceti**
β₁ε₁ε₂η₁] veti β_ω cati ζ₁ caiva ζ₃ caite β₂χ devī ΓΔ dhaṃti η₂   **94*2d śabdāḥ paryāyavā-**
cakāḥ cett.] śabdaḥ paryāyavācakaḥ δ₁ śabdā cārvāk vācakāḥ β₁   **94*3a udghāṭayet** cett.]
udghāṭayati ζ₂   **tu** cett.] *om.* ζ₂   **94*3b kuñcikayā** cett.] kuṃcukayā β₂   **94*3d vib-**
hedayet cett.]   prabhedayet γ₁ nirodhayet γ₂   **94*4a mārgeṇa** Bε₁ε₂ζ₂ζ₃η₁η₂χ] dvāreṇa
ΓΔ   **94*4b nirāmayam** cett.]   anāmayaṃ ε₁   **94*4c ācchādya** cett.] ākṣādya δ₁ āvādya
ζ₂   **taddvāraṃ** γ₁δ₂η₂] tadvāraṃ β₁β_ωγ₂δ₁ε₁ε₂ζ₂ζ₃η₁χ taṃ dvāraṃ β₂   **94*5a kandord-**
hvaṃ β₁Γε₁ζ₂ζ₃] kandordhva β_ωε₂ kandordhve δ₁η₁η₂χ kandhordhve δ₂ kaṃthorddhaṃ β₂
94*5b suptā Bε₁ε₂ζ₃η₁η₂χ] buddhā Γζ₂ buddhvā δ₂ baddhā δ₁   **94*5c mūḍhānāṃ** cett.]
mūrkhāṇāṃ γ₂   **94*6a śailadvīpānām** β₁β_ωΓε₁ε₂ζ₃η₁η₂] śailordvagānām β₂ plauladvīpānām
ζ₂ dvīpaśailānām Δ   **94*6b ādhāraḥ** cett.] ādharaḥ γ₂ ādhāraṃ ζ₂   **94*6c tantrāṇām** cett.]
jagatām η₂   **94*6d kuṇḍalī tathā** cett.] kuṇḍalī yathā δ₁ śeṣakuṇḍalī ζ₃   **94*7a kuṭilākārā**
BΓΔε₁ε₂ζ₂χ] kuṃḍilākārā ζ₃ kuṃḍalākārā η₁ kuṭilākarī η₂

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[33] This verse and the next one are transposed in ζ₂.

गङ्गायमुनयोर्मध्ये बालरण्डा तपस्विनी ।
बलात्कारेण गृह्णीयात्तद्विष्णोः परमं पदम् ॥

<div align="right">3.95 – α₁</div>

इडा भगवती गङ्गा पिङ्गला यमुना नदी ।
इडापिङ्गलयोर्मध्ये बालरण्डा सरस्वती ॥ (α₂β₂βωγ₂η₁η₂χ) [cf. 4.77*1]

<div align="right">3.95*1</div>

पुच्छं प्रगृह्य भुजगीं सुप्तामुद्बोधयेदभीः ।
निद्रां विहाय सा ऋज्वी ऊर्ध्वमुत्तिष्ठते हठात् ॥

<div align="right">3.96 – α₁</div>

प्रविस्तृतास्यैव फणावती सा
प्रातश्च सायं प्रहरार्धमात्रं ।
प्रपूर्य सूर्यात्परिधानयुक्त्या
प्रगृह्य तिर्यक्परिचालनीया ॥#(om. α₂α₃δ₂)

<div align="right">3.96*1</div>

वितस्तिप्रमितं दैर्घ्यं विस्तारं चतुरङ्गुलम् ।
मृदुलं धवलं प्रोक्तं वेष्टनाम्बरलक्षणम् ॥[34] (om. α₂α₃) [= 3.33*5]

<div align="right">3.96*2</div>

95a yamunayor cett.] yamunāyor βωη₂   **95b bālaraṇḍā** cett.] bālaraṇḍāṃ β₁χ bālārundhā ε₁   **tapasvinī** cett.]   tapaścānī δ₁ tapasvinīm χ sarasvatī β₁β₂   **95*1c iḍāpiṅgalayor madhye** β₂βωγ₂η₁η₂χ (piṃgālayor βωη₂)] tayor madhye prayāgaṃ tu α₂   **95*1d bālaraṇḍā** β₂βωγ₂η₁η₂χ] yas taṃ veda α₂   **sarasvatī** β₂βωγ₂η₁η₂] ca kuṇḍalī χ sa vedavit α₂   **96a puccham** cett.] pucche ε₁ε₂η₂χ   **pragrhya** α₂BΓΔζ₂η₂χ] nigrhya ε₁ε₂ζ₃ grhya χ   **bhujagīṃ** β₂γ₂Δε₁ε₂ζ₃χ] bhujagī α₂β₁ζ₂ bhujaṃgīṃ βωγ₁ bhujaṃgīm η₂ bhujaṃgīva η₁   **96b udbodhayed/c** α₂βωβ₂γ₂Δε₁ε₂ζ₂ζ₃η₁η₂χ] udyodhayeṃd α₃ udrodhyamed γ₁ udbdhoyed (sic!)   β₁   **abhīḥ** α₃Γε₁ε₂] abhī α₂β₁ abhiḥ ζ₂ζ₃ api Δ ca tāṃ βωη₁η₂χ balāt β₂   **96c rjvī** Γδ₂ε₁ε₂ζ₃η₁η₂] rjvīm α₃β₂δ₁ rījvīm β₁ rujvīm βω rajvī ζ₂ rajvām α₂ śaktir χ   **96d ūrdhvam** cett.] kurddham ζ₂   **uttiṣṭhate** cett.] ākrṣyate ζ₂   **haṭhāt** cett.] kṣaṇāt β₂   **96*1a pravistrtāsyaiva** (pravistṛtāsyaiva F) em.] pravistrtasyava β₁ pavisthitasyaiva ε₁ pathi sthitasyaiva ε₂ paristhitasyaiva ζ₃ prṣtisthitasyaiva βω paristhitā [sai]va η₁ paristhitā caiva β₂Γδ₁ζ₂ avasthitasya η₂ avasthitā caiva χ   **phaṇāvatī sā** cett.]   phaṇāvatī ye ε₁ε₂ phaṇāryayāṃtīyaṃ η₂   **96*1b prātaś ca sāyaṃ** cett.] prāṇaś ca sāyaṃ ε₁ prātas tu sāyaṃ ζ₃   **mātraṃ** cett.] rātraṃ β₁βω   **96*1c prapūrya** cett.] prapūrvva γ₁ prapūjya ε₁ prasūrya η₁ prasārya β₁β₂η₂   **sūryāt** β₁βωΓε₂ζ₂ζ₃η₁χ] sūryo ε₁ sauryā δ₁ sācāryya β₂ ryāṣṇut η₂   **paridhāna** cett.] paridhāya βω mavidhāna β₁ vidhāna β₂   **yuktyā** β₁β₂η₂χ] yuktā βωΓζ₂ζ₃η₁ yuktāṃ ε₁ muktā δ₁ε₂   **96*1d tiryak paricālanīyā** ε₂] tirya paracālanīyāṃ ε₁ niryāt paricālanīyā β₁βω niryāt paricālanīyāt ζ₂ niryātya paricālanīyā ζ₃ niyāt* pavicālinī sā γ₁ niryāty avicālinī sā γ₂δ₁ °te yā paricālanīy[ai] η₁ nityaṃ paricālanīyā β₂χ paricālanīyā η₂   **96*2a vitastipramitaṃ dairghyam** βωε₁ε₂ζ₂] vitastipramita-dairghyaṃ unm. ζ₃η₁ vitastipramitaṃ dīrghaṃ β₂ΓΔη₂ vitastipramitaṃ divyaṃ β₁ ūrdhvaṃ vitastimātraṃ tu χ   **96*2b vistāraṃ** β₂βωγ₁Δζ₃η₁η₂χ] vistāraś ε₁ vistāre β₁γ₂ε₂ζ₂   **96*2c mrdulaṃ** cett.] mrddalaṃ ε₁ mrlaṃ δ₁   **96*2d veṣṭanāmbara** β₁ε₂ζ₃η₁η₂] veṣṭatāṃbara βω veṣṭitambara ε₁χ veṣṭanāṃbala γ₂ veṣṭanāṃba β₂ vaṣṭanāmbara γ₁ζ₂ veṣṭanādhāra Δ

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[34] χ has 3.64 after this verse. ε₁ε₂ have three additional verses (*krtvātha dohanaṃ ... gulphau karad-*

वज्रासनस्थितो योगी चालयित्वा तु कुण्डलीम् ।
कुर्यादनन्तरं भस्त्रीं कुण्डलीमाशु बोधयेत् ॥

3.97 – α₁

भानोराकुञ्चनं कुर्यात्कुण्डलीं चालयेत्ततः ।
मृत्युवक्रगतस्यापि तस्य मृत्युभयं कुतः ॥

3.98

नासादक्षिणमार्गवाहिपवनात्याणेऽतिदीर्घीकृते
चन्द्राम्भःपरिपूरितामृततनुः प्राग्घण्टिकायास्तथा ।
सिञ्चन्कालविशालवह्निवशगान्भूरन्ध्रनाडीगणान्
तत्कायं कुरुते पुनर्नवतरं जीर्णद्रुमस्कन्धवत् ॥# (om. A)³⁵

3.98*1

97a vajrāsana cett.] vajrāsane β₂χ   **97b cālayitvā** cett.] vārayitvā β₁   **tu** BΓΔε₁ε₂ζ₂]
ca α₂ζ₃η₂χ *om.* η₁   **97c** *ante* **kuryād** *add.* sūryabhedāt γ₁δ₂   **kuryād** α₂Bε₁ε₂η₁η₂χ] sūryād
ΓΔζ₂ζ₃   **anantaram** cett.] vanara γ₁   **bhastrīm** β₁ε₁ζ₃η₂] bhastrī α₂γ₁Δε₂ bhasrī γ₂ bhastri
β_ωζ₂ bhastrāṃ β₂χ *illeg.* η₁   **97d kuṇḍalīm āśu bodhayet** cett.] *om.* α₂   **98a bhānor** cett.]
bhānur β₁ *om.* α₂ *lost* α₁   **ākuñcanaṃ kuryāt** cett.] ākuñcanaṃ pu(?)ryāt δ₁ ākuñcanenaiva
η₂ āku(ṃ)nacaivaṃ η₁ *om.* α₂ *lost* α₁   **98b cālayet** cett.] cālayan γ₁ bodhayet α₁α₂   **tataḥ**
cett.] tadā η₂   **98c mṛtyu** cett.] mṛtyor η₂   **vaktra** cett.] vaktraṃ β_ωε₁ vakra γ₁ vajra
α₂   **98*1a dakṣiṇamārgavāhi** β₁β_ωΓε₁ε₂ζ₂ζ₃η₂χ] dakṣiṇavāhimārga β₂ paścimavartmavāhi Δ
da[kṣi]ṇa[n]ā .. mārgeṇa *unm.* η₁   **pavanāt** β₁β_ωε₁ε₂ζ₂η₁η₂χ] pavanot ζ₃ pavano β₂γ₂Δ pavana
γ₁   **prāṇe** γ₁δ₂] prāṇo β₁β_ωε₁ε₂ζ₂ζ₃η₁η₂χ ghrāṇe β₂γ₂ ghrāṇo δ₁   **'tidīrghīkṛte** *em.*] °kṛteś
γ₂ °kṛtaś δ₂ζ₃η₁χ tidīrghākṛtaś γ₁ tidīrghākṛtiś ζ₂η₂ tirghīkṛtiś (°kṛtaś *pc*?) δ₁ tidīrghī tatás ε₁ pi
dīrghīkṛtaś β₁ε₂ dīrghīkṛtaḥ β_ω na dīrghīkṛtaḥ β₂   **98*1b candrāmbhaḥ** β₂ε₁ζ₃η₁η₂] candrābhaḥ
Γε₂χ candrāntaḥ Δ caṃdrāṃśāt β₁ caṃdrāṃgāt β_ω caṃdrād[vā] ζ₂   **paripūritāmṛtatanuḥ**
β₁β₂Γε₁ε₂ζ₂η₂χ] paripūrṇatāmṛtatanuḥ ζ₃ paripūritāmṛtyutanuḥ β_ω paripūritā .. .. η₁ paripūrya
pūritatanuḥ Δ   **prāg** cett.] prā β₂δ₁ε₂   **ghaṇṭikāyās tathā** β₂γ₁Δζ₂η₂] °kāyāḥ pathā β₁
°kāyā[pa]thā β_ω °kāyā yadā ε₁ °kāyās tataḥ χ °kāyās tadā γ₂ °kāyāḥ sadā ε₂ζ₃ ... kāyā ... η₁
98*1c siñcan *em.* (= Amaraughaśāsana)] chindan ζ₂ζ₃ chiṃdat β₁ chaṃdaḥ β₂ chinnat β_ωη₂
chittvā χ bhindan γ₂Δ bhidan γ₁ {{bhi}}śandan ε₁ binduḥ ε₂ [piṃ] .. η₁   **viśāla** cett.] vikāla
ε₁   **vahni** cett.] vadri β₁ pāśa ζ₃ *om.* γ₁   **vaśagān** β_ωΓδ₂η₁] vaśagā δ₁ζ₃ vaśagāt ε₁ε₂η₂
vaśanān ζ₂ vaśagaṃ χ paramān β₁ pavanān β₂   **bhrū** cett.] bhū ζ₃ tū γ₁ bhṛṃ β_ω ku ε₁ prāg
η₂   **nāḍīgaṇān/gaṇāṃs** cett.] nāḍīgaṇāt ε₂η₂ nāḍīguṇān β₁ nāḍīgataṃ χ nā _ n γ₁   **98*1d tat**
β₂ε₁ε₂ζ₂ζ₃η₂χ] taṃ β₁β_ωΓΔη₁   **kāyaṃ** cett.] kāryaṃ η₂   **jīrṇa** β₁β₂γ₂δ₁ε₂] jīrṇaṃ β_ωδ₂ε₁
chiṃjīrṇaṃ ζ₂ chinna η₂χ chinnaṃ ζ₃ kṛnta η₁ bhasma γ₁

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vayāt) here.

³⁵ χ has this verse and the next one after 3.102*1. There is no commentary on this verse.

कुण्डलीं चालयित्वा तु कुर्याद्भस्त्रीं विशेषतः ।
एवमभ्यसतो नित्यं यमिनः शङ्कते यमः ॥ (om. A)					3.98*2

तदाभ्यसेत्सूर्यभेदमुज्जायीं चापि शीतलीम् ।
एवमभ्यासयुक्तस्य शमनो यमिनः कुतः ॥ (om. Aδ₂χ)				3.98*3

मुहूर्तद्वयपर्यन्तं निर्भयं चालनादसौ । (ab om. δ₂)
ऊर्ध्वमाकृष्यते किंचित् सुषुम्ना कुण्डलीगता ॥ (cd om. Δ)			3.99

तेन कुण्डलिनी तस्याः सुषुम्णायाः समुद्धृता ।
जहाति तस्मात्प्राणोऽयं सुषुम्णां व्रजति स्वतः ॥ (om. Δ)			3.100

तस्मात्संचालयेन्नित्यं शब्दगर्भा⁕मरुन्धतीम् ।
तस्याः संचालनेनैव योगी रोगैः प्रमुच्यते ॥ (om. Δ)				3.101

98*2a °**tvā tu** $\gamma_2\Delta\epsilon_1\epsilon_2\zeta_2\chi$] °tvātha $\beta_1\beta_2\zeta_3\eta_2$ °tvācca γ_1 °tvādhaḥ β_ω *illeg.* η_1	**98*2b kuryād bhastrīm** $\beta_1\delta_2\epsilon_1\epsilon_2\zeta_3\eta_1$] kuryād bhastrī $\beta_\omega\delta_1\zeta_2$ kuryād bhastrām η_2 bhasrī kuryād Γ bhastrām kuryād $\beta_2\chi$	**98*2c evam** cett.] etad ϵ_1	**abhyasyato** $\delta_2\eta_2\chi$] abhyasyatā β_ω abhyasyatām β_1 abhyasato $\epsilon_2\zeta_3$ abhyasato $\beta_2\Gamma\delta_1\epsilon_1\zeta_2$ .... syat. η_1	**98*2d yaminaḥ śaṅkate yamaḥ** cett.] yamir na kurute yamaḥ ϵ_2 yamino yamabhīḥ kutaḥ χ	**98*3a tadābhyaset** $\beta_1\beta_\omega\Gamma\zeta_2\eta_1$] tadābhyasyet η_2 tad abhyaset $\beta_2\delta_1\zeta_3$ tathābhyaset $\epsilon_1\epsilon_2$	**sūryabhedam** cett.] sūryabhede ζ_3	**98*3b ujjāyīm** $B\Gamma\epsilon_1\epsilon_2\eta_1\eta_2$] ujjāī ζ_2 ujjāyām ζ_3 ujrākhyām δ_1	**cāpi** cett.] vāpi ζ_3 [vā] .. η_1 api δ_1	**98*3c yuktasya** cett.] yogena η_2	**98*3d śamano** $\beta_2^{bc}\beta_\omega\epsilon_1\eta_2$] śamino $\beta_1\beta_2^{ac}\zeta_2\eta_1$ śramas tu ζ_3 yamas tu $\Gamma\delta_1$ yamino ϵ_2	**yaminaḥ** cett.] yamina β_1 yaminaṃ β_ω	**kutaḥ** cett.] kva ca β_2	**99b nirbhayaṃ** $\eta_1\eta_2\chi$] nirbhayaṃś ζ_2 nirbhayaś $\alpha_1\alpha_2B\epsilon_1\epsilon_2\zeta_3$ nirbharaṃ $\Gamma\delta_1$	**cālanād asau** $\alpha_1\alpha_2\beta_2\beta_\omega\Gamma\zeta_2\zeta_3\eta_1\chi$] calanād asau δ_1 calanādiṣu β_1 cālayet imāṃ $\epsilon_1\epsilon_2$ vā diśodiśa η_2	**99c ākṛṣyate** cett.] ākṛte ζ_3 *om.* δ_1	**99d suṣumnā kuṇḍalīgatā** $\alpha_2\epsilon_1\epsilon_2\zeta_2$] suṣumnā kuṃḍalīgataḥ α_1 + + + + da[l]ī[ga]taḥ α_3 suṣumnāṃ kuṃḍalīgatā β_ω suṣumnāṃ kuṃḍalīgatām β_1 suṣumṇāgatakuṇḍalī $\beta_2\Gamma\zeta_3$ suṣumnāyāṃ samudgatā χ suṣumnāyāḥ samuddhṛtaḥ η_2 *om.* $\delta_1\eta_1$	**100a tena kuṇḍalinī** cett.] *om.* η_1	**tasyāḥ** $\alpha_1\beta_1\beta_2\Gamma\zeta_2\zeta_3\eta_2\chi$] tasyā $\alpha_2\beta_\omega\epsilon_1$ tasyāt α_3 tasya ϵ_2 *om.* η_1	**100b suṣumnāyāḥ** cett.] suṣumnāyā $AB\epsilon_1\chi$ suṣumnāyām ϵ_2	**samuddhṛtā** $\alpha_2\alpha_3\beta_\omega\Gamma\zeta_2\zeta_3\eta_1\eta_2$] samudbhūtā α_1 mukhaṃ dhruvam $\beta_1\beta_2\chi$ mukhaṃ dṛḍham dhruvam ϵ_1 mukhaṃ dṛḍham ϵ_2	**100c jahāti** cett.] na yāti η_2	**100d svataḥ** $\epsilon_1\zeta_3\eta_1\chi$] svanaḥ $\alpha_1\beta_1\beta_\omega\zeta_2$ svayam $\alpha_2\beta_2\Gamma$ sthitā ϵ_2 niścalaḥ η_2	**101a tasmāt** cett.] kasmāt γ_1	**101b śabdagarbhām** $\alpha_2B\epsilon_1\epsilon_2$] śabdagaṃdhām α_1 ...... dhām η_1 śaṃbhugarbhām $\Gamma\zeta_2\zeta_3$ sukhasuptām χ suṣasuptām η_2	**arundhatīm** cett.] sarasvatīṃ $\beta_1\beta_2\epsilon_1\epsilon_2$	**101c tasyāḥ** $\alpha_1\alpha_2\beta_2\beta_\omega B\zeta_3\chi$] tasyāṃ η_2 tasmāt β_1 yasyāḥ $\Gamma\epsilon_1\epsilon_2\zeta_2$ [ya] .. η_1	**saṃcālanenaiva** $\alpha_1\alpha_2B\chi$] saṃcālanenāśu $\Gamma\epsilon_1\epsilon_2\zeta_3$ saṃcālayenāśu $\zeta_2\eta_2$ .... lanen.. η_1	**101d rogaiḥ/rogair** cett.] [r] .. air γ_1 rogoḥ β_ω rogāt $\beta_1\eta_2$	**pramucyate** $\alpha_1\alpha_2\beta_2\beta_\omega\epsilon_1\epsilon_2\eta_1\eta_2\chi$] pramuṃcati β_1 vimucyate $\Gamma\zeta_2\zeta_3$

येन संचालिता शक्तिः स योगी सिद्धिभाजनम् ।
किमत्र बहुनोक्तेन कालं जयति लीलया ॥ (om. Δ)   3.102

ब्रह्मचर्यव्रतस्यैव नित्यं हितमिताशिनः ।
मण्डलाद्दृश्यते सिद्धिः कुण्डल्यभ्यासयोगिनः ॥ (om. Aδ₂)   3.102*1

अभ्यासनिःसृतां चान्द्रीं विभूत्या सह मिश्रयेत् ।
तद्धारणं तूत्तमाङ्गे दिव्यदृष्टिप्रदायकम् ॥[36] [after 3.92 χ] (om. Δ)   3.103

द्विसप्ततिसहस्राणां नाडीनां मलशोधने ।
कुतः प्रक्षालनोपायः कुण्डल्यभ्यसनादृते ॥ (om. Aβ_ω)   3.103*1

इति शक्तिचालनम् । (ε₁ε₂ζ₂ζ₃η₁η₂)

102a saṃcālitā cett.] saṃcalitā ζ_2 saṃcalatā α_1 sa cālitā γ_2 **102b siddhi** cett.] siddha α_3 mukti Γ **bhājanam** cett.] bhājana α_2 bhājanaḥ $\beta_2\varepsilon_1\varepsilon_2$ .. janaḥ η_1 **102d jayati** cett.] .. yalati *unm.* η_1 vrajati η_2 **102*1a brahmacaryavratasyaiva** $\beta_\omega\varepsilon_1\varepsilon_2\zeta_3$] °ratasyaiva $\delta_1\eta_1\chi$ °rataś caiva ζ_2 brahmacaryāvatastaiva β_1 brahmacarye ca tasyaiva γ_2 brahmacaryavratam β_2 brahmavatasyaiva γ_1 brahmadharmaratasyaiva η_2 **102*1b hitamitāśinaḥ** $\gamma_2\chi$] °śini β_1 °śanaḥ $\beta_\omega\gamma_1\delta_1\varepsilon_1\zeta_2$ °śanaṃ $\beta_2\varepsilon_2$ °śanaiḥ ζ_3 mitahitāśinaḥ η_2 *illeg.* η_1 **102*1c maṇḍalād** $\beta_2\gamma_2\varepsilon_1\varepsilon_2\zeta_2\zeta_3\chi$] maṃdalā $\beta_1\beta_\omega\gamma_1\eta_2$ maṃḍalī δ_1 *illeg.* η_1 **102*1d kuṇḍalya** $\beta_2\gamma_2\varepsilon_1\varepsilon_2\zeta_3\chi$] kuṇḍalyā $\beta_\omega\delta_1\zeta_2\eta_2$ kuṇḍalā β_1 kuṇḍali γ_1 *illeg.* η_1 **yoginaḥ** $\beta_\omega\varepsilon_1\varepsilon_2\zeta_2\zeta_3\chi$] yogataḥ $\beta_1\beta_2\Gamma\delta_1\eta_1\eta_2$ **103a abhyāsa** cett.] abhyāsān χ abhyāsā η_2 abhasā α_2 **niḥsṛtāṃ** $\beta_2\beta_\omega\varepsilon_1\zeta_3\chi$] niḥsṛtā η_1 niḥśritāṃ η_2 nisṛtāṃ $\beta_1\varepsilon_2$ nisṛtā $\alpha_1\alpha_2$ nibhṛtāṃ ζ_2 sahitaṃ Γ **cāndrīṃ** $\alpha_1\beta_2\varepsilon_1\zeta_2\eta_2\chi$] cāndrī $\alpha_2\beta_\omega\zeta_3\eta_1$ cāndriṃ $\varepsilon_1\varepsilon_2$ cāṃdrāṃ β_1 candraṃ Γ **103b miśrayet** $\varepsilon_1\zeta_2\zeta_3\eta_1\eta_2\chi$] miśritāṃ B miśritaṃ α_2 mīśritaṃ α_1 micchayet γ_1 mūrchayet γ_2 kārayet ε_2 **103c taddhāraṇaṃ** $\beta_2\zeta_2\zeta_3$] taddhāraṇā Γ tadvāraṇaṃ β_ω yadvāraṇaṃ β_1 tad dh. . . . η_1 tad dhārayed $\alpha_1\alpha_2\varepsilon_1$ tāṃ dhārayed η_2 dhārayed ut° $\varepsilon_2\chi$ **tūttamāṅge** B$\zeta_2\zeta_3$] cottamāṅge γ_2 cottamāṃga γ_1 uttamāṅge $\alpha_1\alpha_2\varepsilon_1\eta_2$ °tamāṅgena ε_2 °tamāṅgeṣu χ *illeg.* η_1 **103d divya** cett.] dīrgha α_3B   **dṛṣṭipradāyakam** cett.] dṛṣṭipradāyinī Γ dṛṣṭipradāyinīṃ η_2 dṛṣṭiḥ prajāyate $\eta_1\chi$ **103*1a dvi** $\beta_1\beta_2\gamma_2\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1\eta_2$] dvā $\gamma_1\Delta\chi$ **103*1b malaśodhane** $\eta_2\chi$] malaśodhanam $\beta_1\beta_2\Gamma\Delta\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1$ **103*1c kutaḥ** $\Delta\varepsilon_1\zeta_3\chi$] kṛta ζ_2 gudaḥ γ_2 guda $\eta_1\eta_2$ aṃtaḥ β_2 aṃtaṃ β_1 ātma ε_2 *om.* γ_1 **prakṣālanopāyaḥ** $\gamma_2\Delta\varepsilon_1\zeta_3\eta_2\chi$] °pāyaṃ $\varepsilon_2\zeta_2\eta_1$ prakṣālano vāyuḥ β_2 prajvālano vāyu β_1 *om.* γ_1 **103*1d kuṇḍalyabhyasanād ṛte** χ] kuṇḍalyabhyāsanād ṛte $\beta_2\varepsilon_1\varepsilon_2\zeta_2\zeta_3$ kuṃdalībhyāsanād ate β_1 kuṇḍalyabhyāsato vinā $\gamma_2\delta_2$ kuṇḍalyābhyāsato vinā $\gamma_1\delta_1$ kuṇḍalyabhyāsa iṣyate η_2 ku . . . [bhyā] . . [mā] . . . . η_1

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[36] In α_2 this verse is followed by an additional hemistich: आसनाभ्यासनं पूर्वं प्रयुक्तां मनसा चरेत्

इति मुद्रा दश प्रोक्ता आदिनाथेन शंभुना ।
एकैका तासु यमिनां महासिद्धिप्रदायिनी ॥[37]   3.104

राजयोगं विना पृथ्वी राजयोगं विना निशा ।
राजयोगं विना मुद्रा विचित्रापि न राजते ॥   3.105

मारुतस्य विधिं सर्वं मनोयुक्तं समभ्यसेत् ।
इतरत्र न कर्तव्या मनोवृत्तिर्मनीषिणा ॥ (om. δ₂)   3.106

खिलापि# मध्यमा नाडी दृढाभ्यासेन योगिनाम् ।
आसनप्राणसंयाममुद्राभिः सरला भवेत् ॥ (om. δ₂)   3.107

उपासने विनिद्राणां राजयोगः समुद्रकः ।#
रुद्राणी चापरा मुद्रा भद्रां सिद्धिं प्रयच्छति ॥ (cd om. α₂) (om. δ₂ζ₂)   3.108

104a daśa cett.] dabhā α₁ nava Δ   **104b ādināthena** cett.] hy ādināthena ε₁ε₂   **104c ekaikā tāsu** α₁χ] ekaikaṃ tāsu α₂α₃ ekaika tāsu ζ₂δ₂ ekaiva tāsu δ₁ ekaikāpi su° Γ karaṇe sarva ε₁ε₂ζ₃ kāraṇe sarva β₁η₂ kāraṇaṃ sarva β₂β_ω k. .. .. sarva η₁   **yaminām** AΓΔζ₂χ] siddhānām ζ₃η₁η₂ siddhīnām Bε₁ε₂   **104d mahāsiddhipradāyinī** ΓΔζ₂χ] °pradāyanī α₁α₂ °pradā + + α₃ ekaikāpi kṣamaiva sā Bε₁ε₂ζ₃η₁η₂ (η₁ partly illegible)   **105a pṛthvī** cett.] pṛthvīm β₁η₂ siddhī ζ₃ vṛddhi ζ₂   **105b niśā** cett.] niśām η₂ nyathā γ₁   **105d rājate** cett.] śobhate β₂χ   **106a mārutasya vidhiṃ** cett.] mārutābhyasanaṃ ε₁ζ₃η₁ mārutābhyāsanaṃ ε₂η₂   **sarvaṃ** cett.] sarvām β₂ sarve α₁ kiṃcin η₂ mano α₂   **106b manoyuktaṃ** cett.] sadā yuktaṃ α₂   **samabhyaset** cett.] samācaret η₁η₂   **106d manīṣiṇā** cett.] manīṣiṇām β_ωζ₂ manīṣiṇī α₂ .. [nī] .. ṇ. η₁ tu yoginām ε₂   **107a khilāpi** α₁α₂Bγ₂δ₁] sthirāpi γ₁ calāpi ζ₂ζ₃ vilāpi ε₁ vināpi η₁η₂ suṣumnā ε₂ iyaṃ tu χ   **madhyamā** cett.] madhyamām η₂ madhyanā° β₁ *illeg.* η₁   **nāḍī** cett.] ..ḍīm η₁ °ḍī ca β₁   **107b yoginām** cett.] yoginaṃ α₁ yoginā α₂β₁β₂ yoginaḥ η₂   **107c āsana** α₁α₂β₂β_ωδ₁ε₁ε₂η₂χ] āsanā β₁ ānasa ε₁ āsanaṃ Γζ₂ζ₃η₁   **saṃyāma** α₁α₂Γε₁ε₂ζ₂ζ₃η₁χ] saṃyama β_ω saṃyāmair β₂δ₁ saṃyamair η₂ saṃyāme β₁   **107d saralā** cett.] sakalā α₃ sabalā ζ₃ śavalā ζ₂ na calā δ₁   **108a upāsane** α₁α₂] upāsanam Γ upāsana α₃δ₁ abhyāse .. η₁ abhyāseṣu Bε₁ε₂ζ₃ abhyāsena η₂ abhyāse tu χ   **vinidrāṇāṃ** cett.] pi nidrāṇām α₂ hi mudrāṇām η₂   **108b rājayogaḥ** Γδ₁] rājayoga A anuddhṛta η₁ anuddhata ζ₃ anudbhūta β₂ anudruta β₁ε₁ manudṛta β_ω mano dhṛtvā χ atandrita ε₂ tad udeti η₂   **samudrakaḥ** γ₂] samudravat α₁α₃ samudbhavān α₂ samūdakaḥ γ₁ samāhnakaḥ δ₁ samādhinām β₂ζ₃η₁ samādhinā η₂χ samādhiṣu β₁β_ωε₁ε₂   **108c rudrāṇī** cett.] mudrāṇām η₁η₂   **cāparā** α₁Bζ₃η₁η₂] ca parā α₃ vāparā χ va parā ε₁ sāparā Γδ₁ε₂   **108d bhadrāṃ** cett.] bhavām γ₁ mudrām β₁ sadā α₁   **prayacchati** cett.] prayakṣati δ₁

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[37] Verse order of χ: 3.107 → 3.108 → 3.105 → 3.106 → 3.104

उपदेशं हि मुद्राणां यो धत्ते सांप्रदायिकम् ।
स एवास्तु गुरुः स्वामी साक्षादीश्वर एव सः ॥ (om. A)   3.108*1

तस्य वाक्यपरो मुद्रां योऽभ्यस्यति समाहितः ।
अणिमादिगुणैः सोऽयं जायते कालवञ्चकः ॥ (om. Aη_1)   3.108*2

इति श्रीस्वात्मारामयोगीन्द्रविरचितायां हठप्रदीपिकायां तृतीयोपदेशः ॥ ३ ॥

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108*1a upadeśaṃ cett.] upadeśe η_1 upadeśo ζ_2 **108*1b dhatte** B$\gamma_2\Delta\varepsilon_1\varepsilon_2\zeta_2\eta_2$] datte $\zeta_3\chi$ dartte γ_1 ..[tte] η_1 **sāṃpradāyikam** $\beta_1\beta_\omega\Delta\varepsilon_2\eta_1\eta_2\chi$] °yikāṃ ζ_3 °yikaḥ Γ °yakaṃ ζ_2 °yakaḥ β_2 sāṃparāyikaṃ ε_1 **108*1c evāstu** $\beta_1\gamma_2\Delta\varepsilon_1\varepsilon_2\zeta_2\eta_1$] evastu β_ω eva śrī $\zeta_3\eta_2\chi$ evavāca γ_1 vāstava β_2 **guruḥ svāmī** $\beta_2\beta_\omega\gamma_2\Delta\zeta_2\zeta_3\chi$] gurusvāmī $\gamma_1\eta_1\eta_2$ gurusvāmi $\beta_1\varepsilon_1$ kuru svāmī ε_2 **108*1d eva** cett.] eṣa ζ_2 **saḥ** cett.] ca γ_1 **108*2a mudrāṃ** $\varepsilon_1\varepsilon_2$] bhūtvā $\Gamma\Delta\zeta_3\chi$ nityaṃ B$\zeta_2\eta_2$ **108*2b yo'bhyasyati** $\beta_1\Delta\varepsilon_1\varepsilon_2\zeta_3$] yo bhyasati β_2 yo bhyaset su° γ_1 yo bhyaseta $\gamma_2\zeta_2$ yomabhyaset β_ω athābhyāsa η_2 mudrābhyāse χ **108*2c guṇaiḥ so'yaṃ** $\varepsilon_1\varepsilon_2$] guṇaiḥ svaryaṃ γ_1 guṇaiśvaryaṃ B$\gamma_2\Delta\zeta_2\eta_2$ guṇaiḥ sārdhaṃ (guṇai ζ_3) $\zeta_3\chi$ **108*2d jāyate** cett.] jayate ε_1 labhate $\eta_2\chi$ **vañcakaḥ** $\beta_2\beta_\omega\varepsilon_1\zeta_2\zeta_3\eta_2$] vañcakāḥ β_1 vañcanāt Γ vañcanam $\Delta\varepsilon_2\chi$ **colophon: śrīsvāt-mārāma** β_ω] śrīsadgurusvātmārāma α_1 svātmārāma $\gamma_1\eta_1$ ātmārāma η_2 śrīsahajānandasaṃtānacintāmaṇi(nā ζ_3)svātmārāma $\gamma_2\zeta_2\zeta_3$ °svā° (sic!) β_1 *om.* $\alpha_2\beta_2\Delta\varepsilon_1\varepsilon_2$ **yogīndra** $\beta_\omega\Gamma\eta_2$] yogeṃdra α_1 yoginā $\zeta_2\zeta_3\eta_1$ *om.* $\alpha_2\beta_1\beta_2\Delta\varepsilon_1\varepsilon_2$ **viracitāyāṃ** $\alpha_1\beta_\omega\Gamma\zeta_2\zeta_3\eta_1\eta_2$] *om.* $\alpha_2\beta_1\beta_2\Delta\varepsilon_1\varepsilon_2$ **haṭhapradīpikāyāṃ** $\alpha_1\beta_\omega\gamma_2\delta_2\varepsilon_1\varepsilon_2\zeta_2\zeta_3\eta_1\eta_2$] śrīhaṭhapradīpikāyāṃ $\alpha_2\beta_2$ haṭhayogavidyāyāṃ δ_1 ha° (sic!) β_1 *om.* γ_1 *ante* **tṛtīyo°** *add.* mudrāvidhānaṃ ζ_3 **tṛtīyopadeśaḥ** $\alpha_1\alpha_2$B$\gamma_2\varepsilon_1\varepsilon_2\zeta_2\zeta_3$] tṛtīya upadeśaḥ Δ tṛtīyo dhyāyaḥ $\eta_1\eta_2$ caturthopadeśa γ_1 (cf. fn. [32])

List of Sigla

α_1	N3	one folio is missing (3.84–3.98a)
α_2	J5	
α_3	G4	damaged; collated only when available
β_1	P11	
β_2	C6	contaminated with Gr3?
β_ω	V3	
γ_1	N23	
γ_2	J7	
δ_1	V19	
δ_2	E2	the Vajrolī section is not available
δ_3	C7	collated only for the Vajrolī section
δ_ω	J6	collated only for 3.32*1–33*19
ε_1	G11	
ε_2	G5	collated only from Vajrolī till end
ζ_1	P15	lost after 3.13a
ζ_2	N19	
ζ_3	V15	3.49*2c–3.67 omitted; contaminated with Gr3?
ζ_ω	N26	collated only for 3.32*1–33*19
η_{l1}	V1	
η_{l2}	J10	
η_ω	E4	Berlin or. fol. 2166; collated only for 3.32*1–33*19
χ	Jyo	Brahmānanda's version, based on the edition 1972