

सशैलवनधात्रीणां यथाधारोऽहिनायकः ।
सर्वेषां योगतन्त्राणां तथाधारो हि कुण्डली ॥ 3.1

सुप्ता गुरुप्रसादेन यदा जागर्ति कुण्डली ।
तदा सर्वाणि पद्मानि भिद्यन्ते ग्रन्थयोऽपि च ॥ 3.2

प्राणस्य शून्यपदवी¹ तदा राजपथायते ।
तदा चित्तं निरालम्बं तदा कालस्य वञ्चनम् ॥ (bcd om. $\varepsilon_1\varepsilon_2\varepsilon_3$) [eye-skip] 3.3

शून्यपदवीति किम् । (om. $\beta_\omega\delta_1\varepsilon_1\varepsilon_2\varepsilon_3\eta_1\chi$)

सुषुम्णा शून्यपदवी ब्रह्मरन्ध्रमहापथः । (a om. $\varepsilon_1\varepsilon_2\varepsilon_3$)
श्मशानं शांभवी मध्यमार्गश्चेत्येकाचकाः ॥ 3.4

तस्मात्सर्वप्रयत्नेन प्रबोधयितुमीश्वरीम् ।
ब्रह्मद्वारमुखे सुप्तां मुद्राभ्यासं समाचरेत् ॥ 3.5

1a *saśaīla* cett.] *saśaīle* β_ω *śaīla* α_2 *lost* δ_2 **vana** cett.] *vane* γ_1 *lost* δ_2 **dhātṛīṇām** cett.] *dhātṛīṇām* $\beta_1\beta_2$ *dhātṛāṇām* α_2 *lost* δ_2 **1b** *yathādhāro* cett.] *lost* δ_2 **’hināyakaḥ** cett.] *hi* *nāthakaḥ* α_2 *himālayaḥ* γ_2 *lost* δ_2 **1c** *sarveśām* cett.] *lost* δ_2 **yoga** cett.] *haṭha* *B* *lost* δ_2 **tantrāṇām** cett. (δ_2 s.l.)] *śāstrāṇā* δ_2 i.t. **2b** *yadā jāgarti kuṇḍalī* $\alpha_1\alpha_2\beta_1\beta_\omega\varepsilon_3\eta_2\chi$] *yathā jāgarti kuṇḍalī* $\beta_2\varepsilon_1\varepsilon_2\eta_1$ *bodhitā sukhadā bhavet* $\Gamma\Delta$ **2c** *tadā* $\alpha_1B\Gamma\varepsilon_3\chi$] *tathā* $\alpha_2\alpha_3\Delta\varepsilon_1\varepsilon_2\eta_1\eta_2$ **sarvāṇi padmāni** cett.] *padmāni sarvāṇi* η_2 *pi sarvapadmāni* δ_1 **3a** *prāṇasya* cett.] *prāṇasya* α_2 *prāṇasya* $\delta_2\varepsilon_2$ *prāṇavasya* β_1 *prāṇa* β_2 **padavi** cett.] *padaviṃ* $\delta_2\varepsilon_2\varepsilon_3\eta_1$ **3b** *tadā* $\alpha_1\alpha_2\beta_\omega\Gamma\eta_2\chi$] *tathā* $\beta_1\beta_2\Delta$ *yathā* η_1 **rājapathāyate** cett.] *rājapadāyate* η_1 *om.* α_2 **3c** *tadā* $\alpha_1\alpha_2\beta_1\beta_\omega\gamma_2\eta_2\chi$] *tathā* $\beta_2^\circ\delta_1\delta_3\eta_1$ *yathā* δ_2 *yadā* γ_1 **3d** *tadā* $\alpha_1\alpha_2B\Gamma\eta_2\chi$] *tathā* $\Delta\eta_1$ **head- ing: śūnyapadaviṭi kim** $\alpha_1\beta_1\beta_2\Gamma\delta_2\delta_3$] *atha śūnyapadaviṭi* *iti kim ucyate* η_2 *punyapadaviṭi* α_2 **4b** *randhra* $\alpha_2\gamma_1\eta_1$] *randhraṃ* cett. **pathaḥ** $\alpha_3\varepsilon_1\eta_1\eta_2\chi$] *pathaṃ* $\alpha_2B\Gamma\Delta\varepsilon_2$ *pathāḥ* $\alpha_1\varepsilon_3$ **4c** *śmaśānaṃ* cett.] *śmaśāne* δ_1 *śmaśāni* $\gamma_2\delta_2\delta_3$ *aiśāni* γ_1 **madhya** $A\beta_1\Gamma\delta_1\delta_3\varepsilon_1\varepsilon_3\chi$] *mad- hyaṃ* $\beta_2\beta_\omega\eta_1\eta_2$ *madhye* ε_2 *mudrā* δ_2 **4d** *mārgaś cety eka* cett.] *mārgapratyeka* ε_2 *mārgaḥ śūnyeva* $\delta_2\delta_3$ **vācakāḥ** $\gamma_2\eta_2\chi$] *vācakā* γ_1 *vācakaḥ* $\alpha_1\beta_2$ *vācaka* β_ω *vācakam* $\alpha_2\beta_1\Delta\varepsilon_1\varepsilon_2\varepsilon_3\eta_1$ **5b** *prabodhayitum* (*yī* α_1) $\alpha_1\Gamma\varepsilon_1\varepsilon_3\eta_2\chi$] *prabodhayatam* $\alpha_2\beta_2\beta_\omega\varepsilon_2\eta_1$ *prabodhayatām* β_1 *tām* *bod- hayitum* Δ **iśvariṃ** cett.] *iśvari* $\alpha_2\beta_\omega\gamma_1\varepsilon_2$ *iśvaraṃ* $\beta_1\delta_1$ **5c** *dvāra* cett.] *dvāraṃ* β_1 *dvāre* $\varepsilon_1\varepsilon_2$ **mukhe** cett.] *mukha* γ_1 *sukhe* ε_1 **suptām** cett.] *suptā* $\alpha_3\delta_2$ *supto* β_ω **5d** *bhyāsaṃ samācaret* cett.] *bhyāse samācaret* α_2 *bhyāseṇa bodhayet* $\beta_2\Gamma\Delta$

¹ $\varepsilon_1\varepsilon_2\varepsilon_3$ jump to शून्यपदवी in the next verse.

महामुद्रा महाबन्धो महावेधश्च खेचरी ।

उड्डीयाणं मूलबन्धो ततो जालंधराभिधः ॥ (bc om. δ_1)

3.6

करणी विपरीताख्या वज्रोली शक्तिचालनम् ।

इदं मुद्रादिदशकं जरामरणनाशनम् ॥ (cd om. β_1)

3.7

आदिनाथोदितं दिव्यमष्टैश्वर्यप्रदायकम् ।²

वल्लभं सर्वसिद्धानां दुर्लभं मरुतामपि ॥

3.8

गोपनीयं प्रयत्नेन यथा रत्नकरण्डकम् ।

कस्यचिन्नैव वक्तव्यं कुलस्त्रीसुरतं यथा ॥

3.9

वज्रोलीरमरोली च सहजोली त्रिधा मताः ।

एतेषां लक्षणं वक्ष्ये कर्तव्यं च विशेषतः ॥ ($\beta_2\beta_\omega\eta_2$)

3.9*1

तत्र महामुद्रा । (om. $\alpha_1\alpha_3\gamma_2\delta_3$)

पादमूलेन वामेन योनिं संपीड्य दक्षिणम् ।

पादं प्रसारितं धृत्वा कराभ्यां पूरयेन्मुखे* ॥

3.10

6c uḍḍiyanāṃ $\alpha_1^c\gamma_2\epsilon_2$] uḍḍiyanāṃ α_1^c uḍḍiyanāṃ $\gamma_1\delta_2\delta_3\eta_2$ uḍḍiyanāṃ β_2 uḍḍiyanāṃ $\alpha_2\beta_\omega$ uḍḍiyanāṃ η_1 uddhriyanāṃ β_1 uḍḍiyanāṃ χ uḍḍiyanā $\epsilon_1\epsilon_3$ om. δ_1 **mūlabandho** $\Gamma\delta_2\delta_3$] mūlabandhas β_2 mūlabandhaḥ η_2 mūlabandha $\beta_1\beta_\omega$ mūlabandham α_1 mahābandham α_2 mūlabandhas ca $\epsilon_1\epsilon_2\epsilon_3\chi$ mūlabandhas ca η_1 om. δ_1 **6d tato** $\alpha_1\alpha_2\beta_\epsilon_1\epsilon_3\eta_2$] bandho $\alpha_3\gamma_2\Delta\epsilon_2\eta_1\chi$ bandhā γ_1 **jālaṃdharā** cett.] jālaṃdharā $\alpha_1\beta_1$ jālaṃjarā η_1 **7a karaṇī** cett.] karaṇam $\alpha_3\beta_1$ **viparītākhyā** cett.] viparītākhyam $\alpha_3\epsilon_2$ viparītā syāt β_1 viparītāni ϵ_1 **7b vajrolī** cett.] vajrālī α_1 varjālī ϵ_1 vajrolī ϵ_3 vajro δ_1 **7c idaṃ mudrādi** $\alpha_1\alpha_2$] idaṃ tu mudrā $\epsilon_1\epsilon_2$ idaṃ ca mudrā $\beta_\omega\epsilon_3\eta_1\eta_2$ idaṃ hi mudrā χ etad dhi mudrā $\beta_2\Gamma\Delta$ **7d maraṇa** cett.] marṇavi β_ω maṇa γ_1 **nāśanam** cett.] varjitaṃ Δ **8a ādinātho** cett.] ādiśvaro $\delta_1\delta_3$ ādyeśvaro δ_2 **divyam** cett.] sarvaṃ η_2 **8b pradāyakam** cett.] phalapradam β_2 **8c siddhānām** cett.] siddhīnām α_1 vidyānām $\alpha_3\epsilon_3$ **8d marutām** cett.] mahatām β_2 **9c vaktavyam** cett.] vaktavyā η_1 kartavyam $\beta_\omega\epsilon_1$ **9d kulastrīsuratam** cett.] kulastrīsu ratam η_1 kulastrīyasukham β_1 kulastrīsukharatam *unm.* β_ω **yathā** cett.] tathā $\alpha_2\eta_2$ **9*1a vajrolir** (*r* as a hiatus bridge) $\beta_\omega\eta_2$] vajrolī tv β_2 **amarolī** β_2] amaroliś β_ω amaroliś η_2 **9*1b sahajolī** $\beta_2\beta_\omega$] sahajolis η_2 **matāḥ** β_2] mataḥ η_2 magaḥ β_ω **9*1c eṭeśām** $\beta_\omega\eta_2$] eṭāsām β_2 **heading: tatra mahāmudrā** $\alpha_2\beta_1\eta_1\eta_2$] tatha mahāmudrā β_2 tatra mahāmudrā yathā ϵ_1 atha mahāmudrā $\beta_\omega\gamma_1\epsilon_2\chi$ atha tatra mahāmudrā ϵ_3 mahāmudrā $\delta_1\delta_2$ om. $\alpha_1\alpha_3\gamma_2\delta_2\delta_3$ **10b yoniṃ** cett.] yoni $\alpha_2\alpha_2\beta_\omega$ yoniḥ ϵ_2 **sampīḍya dakṣiṇam** cett.] pīḍya dakṣiṇam $\epsilon_1\epsilon_2$ sampīḍaye kṣaṇam α_2 **10c pādām** cett.] pāda $\alpha_2\eta_2$ padam β_ω prasā° χ **prasāritam** cett.] prasaritam β_ω prasāditam η_1 °ritam padam χ **dhṛtvā** $\gamma_2\delta_2\delta_3\epsilon_3\eta_1\eta_2$] kṛtvā $\alpha_1\alpha_2\beta_\gamma_1\delta_1\epsilon_1\epsilon_2\chi$ **10d pūrayen** cett.] pūrayet δ_2 dhārayen η_2 dhārayed χ **mukhe** $\alpha_1\alpha_2\beta_1\beta_\omega\epsilon_2$] mukham $\beta_2\Gamma\delta_1\delta_3\epsilon_1\epsilon_3\eta_1\eta_2$ sukham δ_2 dṛḍham χ

² In ϵ_3 this hemistich is found after pādas ab of the next verse.

कण्ठे बन्धं समारोप्य धारयेद्वायुमूर्ध्वतः ।

यथा दण्डाहतः सर्पो दण्डाकारः प्रजायते ॥

3.11

ऋज्वीभूता तथा शक्तिः कुण्डली सहसा भवेत् ।

तदासौ मरणावस्था जायते द्विपुटाश्रिता[#] ॥

3.12 – δ_3

³ततः शनैः शनैरेव रेचयेन्न तु वेगतः ।

इयं खलु महामुद्रा महासिद्धैः प्रदर्शिता ॥ [ε_1 lost after 3.13a]

3.13 – $\delta_3 \varepsilon_1$

महाक्लेशादयो[#] दोषा हीयन्ते मरणादयः ।

महामुद्रां च तेनैव वदन्ति विबुधोत्तमाः ॥ (cd om. $\delta_1 \delta_2$)

3.14 – $\delta_3 \varepsilon_1$

11a *kaṇṭhe* cett.] *kaṇṭha* $\beta_\omega \delta_1 \delta_3 \varepsilon_2$ **bandham** $\alpha_2 \alpha_3 \beta_1 \gamma_2 \delta_1 \varepsilon_1 \varepsilon_3 \eta_2 \chi$] *bandha* $\beta_2 \beta_\omega \gamma_1 \eta_1$ *bandhaḥ* ε_2 *bandhe* δ_2 *budha* α_1 *madhye* δ_3 **11b** *dhārayed* cett.] *dhānayed* δ_1 **11c** *yathā* cett.] *pathi* η_1 **daṇḍāhataḥ** $\alpha_1 \alpha_3 \beta_1 \beta_\omega \varepsilon_1 \varepsilon_3 \eta_2$] *daṇḍahataḥ* $\alpha_2 \beta_2 \Gamma \Delta \varepsilon_2 \eta_1 \chi$ **11d** **daṇḍākāraḥ** cett.] *daṇḍakāraḥ* $\Gamma \varepsilon_2$ **prajāyate** cett.] *prayujyate* η_1 *om.* δ_3 (lost up to 3.19c *saṁsthāpya*; one folio missing) **12a** **ṛjvibhūtā** $\beta_1 \gamma_2 \delta_1 \delta_2 \varepsilon_3 \eta_1 \eta_2 \chi$] *ṛjvibhūtā* β_2 *rujvibhūtā* $\alpha_1 \beta_\omega$ *rajvibhūtā* ε_2 *rajvibhū* α_2 *vajribhūtā* ε_1 Γ *bhūtrā* γ_1 **tathā** cett.] *yathā* ε_2 **śaktiḥ** cett.] *śakti* $\beta_1 \beta_\omega \delta_1 \varepsilon_2 \eta_1$ **12c** **tadāsau** $\alpha_1 \alpha_2 \Gamma \varepsilon_1 \varepsilon_2 \eta_1$] *tathāsau* $\delta_1 \delta_2$ *tadā sā* $\alpha_3 \varepsilon_3 \eta_2 \chi$ **marañā** cett.] *marāṇa* ε_1 *marāṇi* η_1 *ramaṇā* β_ω *maṇā* η_2 **vasthā** cett.] *vasthāṁ* $\gamma_2 \delta_1 \delta_2 \eta_1$ *sthā* ε_1 **12d** **jāyate** cett.] *yāyate* ε_1 *harate* $\Gamma \delta_1 \delta_2$ **dvipuṭā** $\alpha_1 \alpha_2 \Gamma \delta_1 \delta_2 \eta_1 \eta_2 \chi$] *dviputā* γ_1 *nṛpuṭā* $\varepsilon_1 \varepsilon_2$ *tripuṭā* $\alpha_3 \varepsilon_3$ *vapurā* γ_2 **śritā** $\alpha_1 \alpha_2 \beta_1 \beta_\omega \varepsilon_2 \eta_2$] *śrayā* $\delta_1 \delta_2 \chi$ *śrayāṁ* γ_2 *śrayī* γ_1 *śrayaḥ* α_3 *ā[śr]i..* η_1 *smṛtā* ε_1 *sanāṁ* ε_3 *hi sā* β_2 **13a** **śanaiḥ śanair eva** cett.] *śanaiḥ śanair yeca* γ_1 **13b** **recayen** cett.] *recayan* ε_2 **na tu** cett.] *tanu* δ_2 *na ca* β_ω *naiva* χ **13c** **iyam** cett.] *idaṁ* β_ω **13d** **siddhaiḥ** cett.] *siddhiḥ* $\varepsilon_2 \varepsilon_3$ **pradarsitā** $\alpha_2 \chi$] *pradarśanā* α_1 *praśasyate* cett. *prajāyate* ε_2 **14a** **mahā** cett.] *mahān* η_2 *mahata* α_2 **kleśādayo** $\alpha_1 \alpha_3 \beta_2 \beta_\omega \eta_1 \eta_2 \chi$] *kleśā yato* γ_2 *kleśa yato* γ_1 *kleśāyatā* β_1 *kleśā yathā* ε_2 *kleśa yathā* ε_3 *kleśā mahā* $\delta_1 \delta_2$ *kuśodayo* α_2 **doṣā** cett.] *doṣāḥ* $\eta_2 \chi$ *doṣa* γ_2 *om.* α_2 **14b** **hīyante** α_1] *hrīyamte* α_2 *kṣīyante* $\beta_\omega \eta_2 \chi$ *jīryante* $\alpha_3 \beta_1 \beta_2 \Gamma \delta_1 \delta_2 \eta_1$ *jīyamte* ε_3 *jāyante* ε_2 **14c** **mudrāṁ** $\beta \varepsilon_3 \eta_2 \chi$] *mudrā[ś]* η_1 *mudrā* $\Gamma \varepsilon_2$ *om.* $\delta_1 \delta_2$ (*Pādas c–d omitted*) **ca** cett.] *tu* α_1 **tenaiva** cett.] *tenai* γ_1 *tenetāṁ* ε_3 *om.* $\delta_1 \delta_2$ **14d** **vibudhottamāḥ** cett.] *vibudhottamā* $\beta_1 \beta_\omega$ *vibudhottamāḥ* $\alpha_1 \alpha_2$ *vividhottamāḥ* γ_2 *om.* $\delta_1 \delta_2$

³ $\delta_1 \delta_2$ have a different order for the following 4 verses: 16 → 15 → 13 → 14.

ε_1 is lost after ततः शनैः शनैः.

चन्द्राङ्गे तु समभ्यस्य सूर्याङ्गे पुनरभ्यसेत् ।

यावत्तुल्या भवेत्संख्या ततो मुद्रां विसर्जयेत् ॥ (cd om. ε₃)

3.15 - δ₃

न हि पथ्यमपथ्यं वा रसाः सर्वेऽपि नीरसाः ।

अपि भुक्तं विषं घोरं पीयूषमिव जीर्यते ॥

3.16 - δ₃

क्षयकुष्ठगुद्रावर्तगुल्माजीर्णपुरोगमाः ।

तस्य दोषाः क्षयं यान्ति महामुद्रां तु योऽभ्यसेत् ॥ (om. β₁)

3.17 - δ₃

कथितेयं महामुद्रा महासिद्धिकरी नृणाम्[#] ।

गोपनीया प्रयत्नेन न देया यस्य कस्यचित् ॥ (om. β₁)

3.18 - δ₃

अथ महाबन्धः । (om. β₁)

पार्णि वामस्य पादस्य योनिस्थाने नियोजयेत् ।

वामोरूपरि संस्थाप्य दक्षिणं चरणं तथा ॥⁴ (cd om. β₁)

3.19 - δ₃

15a candrāṅge cett.] cāndrāṅge η_1 candrāṅgam ϵ_2 candrāṁsaṁ $\delta_1\delta_2$ camdrāmse β_1 **tu** cett.]
 ca η_2 **15b sūryāṅge** cett.] sūryāṅge° η_1 sūryāṅgam ϵ_2 sūryāṁsaṁ $\delta_1\delta_2$ **punar abhyaset**
 $\alpha_1\alpha_2$ BΓ η_2 χ] tu samabhyaset $\delta_1\delta_2\epsilon_2\epsilon_3$ 'ṣu samabhyaset η_1 **15c yāvat** cett.] ye ca β_1 **tulyā**
 $\alpha_1\alpha_2$ BΓ $\epsilon_2\eta_1$ χ] samkhyā η_2 taylor $\delta_1\delta_2$ om. ϵ_3 **bhavet** cett.] bhavat $\gamma_2\eta_1$ om. ϵ_3 **samkhyā**
 $\alpha_1\alpha_2$ BΓ η_1 χ] samkṣā ϵ_2 sāmyaṁ $\delta_1\delta_2$ tulyā η_2 om. ϵ_3 **15d visarjayet** cett.] vivarjayet $\beta_1\beta_\omega$
 visarpayet δ_1 om. ϵ_3 **16a na hi pathyam apathyam vā** cett.] nāpathyam na hi pathyam
 ca η_2 na hi madhyam vā (3 akṣaras missing) ϵ_2 **16b 'pi** cett.] hi δ_1 **16c api bhuktaṁ**
 cett.] api muktaṁ γ_1 ahimuktaṁ $\epsilon_2\epsilon_3$ api viṣaṁ β_1 **viṣaṁ ghoram** cett.] viṣaṁ khāraṁ
 η_1 ghora bhuktaṁ β_1 **16d piyūṣam** cett.] piyūṣam $\alpha_2\beta_\omega$ **iva** cett.] api $\beta_1\delta_2$ **jīryate**
 cett.] jīryati Γχ jāyate α_2 **17a kuṣṭha** cett.] kuṣṭhaṁ $\alpha_2\eta_1$ **gudā** cett.] mudā $\delta_1\epsilon_2\epsilon_3$
17b gulmājirṇa cett.] gulmājirṇa $\alpha_2\beta_2\delta_1$ gulmapliha Γ **purogamāḥ** cett.] purogamā $\alpha_2\beta_\omega$
 jvarās tathā $\delta_1\delta_2$ **17c tasya doṣāḥ** cett.] doṣāḥ sarve $\eta_1\eta_2$ **17d tu yo'bhyaaset** cett.] yo
 bhyaset δ_2 ca yo bhyaset $\beta_2\epsilon_3$ yo'«ma»bhyaset β_ω **18a kathiteyam** cett.] kathitoyam $\alpha_2\beta_\omega\epsilon_2$
18b mahāsiddhikarī nṛṇām (nṛṇā $\epsilon_3\eta_1$) $\alpha_3\beta_\omega\epsilon_2\epsilon_3\eta_1\eta_2$ χ] jarāmṛtyuvinaśini $\alpha_1\beta_2\Gamma\delta_1\delta_2$ nṛṇām
 mṛtyuvinaśini α_2 **18c gopaniyā** cett.] gopaniyam $\alpha_2\beta_\omega\epsilon_2$ gopaniyam η_2 **18d deyā** cett.]
 deyam β_ω **heading: atha** cett.] om. Γ δ_2 **19a pārṣṇim** $\alpha_1\alpha_3\delta_1\delta_2\epsilon_3\eta_1$ χ] pārṣṇi α_2 B $\gamma_2\epsilon_2\eta_2$
 yāsi γ_1 **vāmasya** cett.] bhāgena η_2 **19b niyojayet** cett.] yojayet ϵ_2 **19d dakṣiṇam** cett.]
 dakṣaṇam $\alpha_2\beta_\omega$ **tathā** cett.] tataḥ δ_3

⁴ In $\epsilon_2\epsilon_3$ this and the following two hemistiches are found after 3.22ab. Probably they were omitted by eye-skip due to नियोजयेत् and inserted at a wrong place.

पूरयित्वा मुखे वायुं हृदये चिबुकं दृढम् ।
निभृत्य योनिमाकुञ्च्य मनो मध्ये नियोजयेत् ॥ (om. β_1) 3.20

धारयित्वा यथाशक्ति रेचयेदनिलं शनैः ॥
सव्याङ्गे च समभ्यस्य दक्षिणाङ्गे समभ्यसेत् ॥ (cd om. Δ)⁵ 3.21

मतमत्र तु केषांचित् कण्ठबन्धं विसर्जयेत् ।
राजदन्तबिलं तत्र[#] जिह्वयोत्तम्भयेदिति ॥⁶ (om. $\alpha_1\alpha_2\Delta$) 3.22

अयं खलु महाबन्धो महासिद्धिप्रदायकः ।
कालपाशमहाबन्धविमोचनविचक्षणः ॥⁷ (cd om. α_1) 3.23

अयं च सर्वनाडीनामूर्ध्वगतिविबोधकः । (ab om. α_2)
त्रिवेणीसंगमं धत्ते केदारं प्रापयेन्मनः[#] ॥ 3.24

20a mukhe $\alpha_1\alpha_2\beta_2\Gamma\Delta$] tato $\beta_\omega\eta_1\eta_2\chi$ tathā $\epsilon_2\epsilon_3$ **vāyum** cett.] vāyu $\alpha_2\beta_\omega\Gamma$ **20b cibukam** cett.] sasvanam ϵ_3 svasanam ϵ_2 **dṛḍham** cett.] tathā β_2 **20c nibhṛtya** $\alpha_1\beta_\omega$] nibhṛ-
tam β_2 nivṛtya $\epsilon_2\epsilon_3$ niṣ-/niḥpiḍya $\Gamma\Delta\eta_1\chi$ nikṣipyā η_2 nitya α_2 **ākuñcya** cett.] samākuñcya
 α_2 **21a dhārayitvā yathāśakti** $\beta_2\Gamma\eta_1\chi$] dhārayitvā yathāśakti $\beta_1\beta_\omega\epsilon_3\eta_2$ cālayitvā yathāśakti
 ϵ_2 recayec ca śanair eva (tu for ca δ_2) $\alpha_1\alpha_2\Delta$ vased evaṃ mahābandho α_3 **21b recayed anilaṃ**
śanaiḥ $B\Gamma\epsilon_2\epsilon_3\eta_1\eta_2\chi$] recayec ca śanaiḥś śanaiḥ α_3 mahābandho^oyam ucyate $\alpha_1\alpha_2\Delta$ **21c ca sam-**
abhyasya $\alpha_1\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2$] tu samabhyasya $\alpha_2\chi$ pūrvam abhyasya B om. γ_1 **21d dakṣiṇāṅge sam^o**
 $\beta_2\epsilon_3\eta_1$] dakṣiṇge ca sam^o $\alpha_1\alpha_2\epsilon_2$ dakṣacāṅge sam^o α_2 sam^o γ_1 dakṣiṇge punar $\alpha_3\beta_\omega\gamma_2\chi$ dakṣiṇāṅge
punar β_1 dakṣiṇe punar η_2 **22a matam atra** cett.] matam etat η_1 matāntare β_ω matāretta-
mamtra η_2 **tu** cett.] ca Γ **22b kaṇṭhabandham** cett.] kaṇṭhe bandham $\alpha_3\eta_2$ kaṇḍhayaṃ
 γ_1 **visarjayet** $\alpha_3\beta_1\beta_\omega\epsilon_2\epsilon_3$] vivarjayet $\eta_1\eta_2\chi$ tu varjayet $\beta_2\Gamma$ **22c rājadantabīlaṃ tatra** β_2] rājadantabīlaṃ
jatra β_ω virājamti bīlaṃ tatra β_1 rājadantabālaṃ haṃti $\epsilon_2\epsilon_3$ rājadantadvayaṃ tatra
 Γ rājadantasthajihvāyā(ṃ) $\eta_1\chi$ rājadantasya jihvāyāṃ η_2 **22d jihvayottambhayed** $\beta_2\epsilon_2\epsilon_3$] ji-
hvayottambhaved $\beta_\omega\Gamma$ jihvādaṃ staṃbhayed β_1 bandhaś ca staṃbhayed η_1 bandhaḥ śasto bhaved
 $\eta_2\chi$ **iti** $B\Gamma\epsilon_2\epsilon_3\chi$] dhitaḥ η_2 dhi tat η_1 **23a ayam** cett.incl. α_3] asaṃ α_2 amuṃ α_1 **khalu**
cett.] śalu β_ω kila $\eta_1\eta_2$ yogo α_3 yogi α_2 yoga α_1 **bandho** cett.] bandhaḥ η_2 bandham
 α_1 **23b mahā** cett.] sahā γ_1 sarva η_2 **pradāyakaḥ** cett.] pradāyakam α_1 **23c pāśa**
cett.] pāśaṃ γ_1 **bandha** cett.] bandho γ_1 baddho ϵ_2 **23d vimocana** cett.] mocayec ca β_ω
vicakṣaṇaḥ cett.] ^oṇa β_1 ^oṇaṃ β_ω kṛtakṣayaḥ α_3 **24a ca** cett.] tu $\Gamma\Delta\chi$ **24b ūrdhvaṃ** cett.]
ūrdhva $\alpha_1\eta_1\gamma_1\chi$ **gativibodhakaḥ** $\alpha_1\beta_1\beta_\omega\epsilon_3\eta_1\eta_2$] gatinibodhakaḥ ϵ_2 gatinirodhakaḥ χ gaman-
abodhakaḥ $\beta_2\Gamma\Delta$ **24d prāpayen manaḥ** cett.] prāpaye naraḥ η_1 prāpaye naraṃ ϵ_2 prāpyate
naraḥ α_2

⁵ A have this hemistich after 3.23.

⁶ In $\epsilon_2\epsilon_3$ the 2nd hemistich is found between 3.28 and 3.29.

⁷ χ has a different verse order: 3.24ab \rightarrow 3.23abcd \rightarrow 3.24cd.

रूपलावण्यसंपन्ना यथा स्त्री पुरुषं विना ।

महामुद्रामहाबन्धौ निष्फलौ वेधवर्जितौ ॥ (cd om. ३३)

3.25

अथ महावेधः । (om. $\alpha_1\beta_1\delta_1$)

महाबन्धस्थितो योगी कृत्वा पूरकमेकधीः ।

वायूनां गतिमावृत्य निभृतं* कण्ठमुद्रया ॥

3.26

समहस्तयुगो भूमौ स्फिजौ संताडयेच्च छनैः ।

पुटद्वयं समाक्रम्य वायुः स्फुरति सत्वरं ।

बन्धेनानेन योगीन्द्रः साधयेत्सर्वमीप्सितम् ॥ (Γ)

3.27

सोमसूर्याग्निसंबन्धो* जायते चामृताय वै* ।

मृतावस्था समुत्पन्ना ततो मृत्युभयं कुतः* ॥

3.28

25a sampannā cett.] sampannam η_2 sampanū α_2 sampattī γ_1 samyuktā δ_1 **25b strī pu-ruṣam** cett.] nārī patim δ_1 **25c bandhau** $\beta_2\gamma_2\Delta\chi$] bandho $\alpha_1\alpha_2\beta_1\beta_\omega\gamma_1\epsilon_2\eta_2$ bandha η_1 om. ϵ_3 **25d niṣphalau** $\beta_2\gamma_2\Delta\eta_2\chi$] niṣphalo $\beta_1\gamma_1$ niṣkalāḥ α_2 niṣkalā α_1 mahābandha ϵ_2 mahāvedham $\beta_\omega\eta_1$ om. ϵ_3 **vedhavarjītau** $\beta_2\Gamma\Delta\chi$] vedhavarjitaḥ $\alpha_2\beta_1$ vedhavarttina α_1 vedhavarttītau η_2 vinā tathā $\epsilon_2\eta_1$ vinānyathā β_ω om. ϵ_3 **heading: atha mahāvedhaḥ** $\beta_\omega\epsilon_3\eta_2\chi$] found before 3.25 $\beta_2\delta_3\epsilon_2$ mahāvedhaḥ (found before 3.25) $\Gamma\delta_2$ iti mahābandhaḥ η_1 atha mahābandhaḥ (found after 3.26ab) α_2 om. $\alpha_1\beta_1\delta_1$ **26a mahābandha** $A\epsilon_2\epsilon_3\eta_1\chi$] mahābandhaḥ (followed by a double daṇḍa and corrected to *vedhaḥ) γ_2 mahābandho $\beta_1\gamma_1$ mahāvedhe $\beta_2\Delta$ mahāvedha $\beta_\omega\eta_2$ **sthito** cett.] sthite γ_1 sthitau η_2 **26b ekadhiḥ** $\beta_2\gamma_2\epsilon_3\eta_1\chi$] ekadhī α_1 edhaki β_1 ekadhā $\delta_1\epsilon_2$ ekadhaḥ α_3 ekayā $\delta_2\delta_3$ eva dhiḥ γ_1 eva dhī β_ω eva ca dhā α_2 **26c vāyūnām** $\beta_1\gamma_2\Delta\epsilon_3\chi$] vāyūnām η_1 vāyunā $A\beta_2\beta_\omega\gamma_1\epsilon_2\eta_2$ **gatim āvṛtya** cett.] gatim ākr̥ṣya $\alpha_2\gamma_1\epsilon_3$ **26d mudrayā** cett.] mudrāyā η_2 **27a samahasta** cett.] samahāsta α_1 samahastā η_2 samahaste γ_1 samau hasta β_2 nyastahasta α_2 **yugo** $\beta_1\beta_\omega\gamma_1\delta_1\eta_2\chi$] yugau $\beta_2\gamma_2\delta_2\delta_3\epsilon_3\eta_1$ yuge $\alpha_1\epsilon_2$ yuga α_2 **27b sphijau** $\alpha_1\alpha_2\beta_1\beta_\omega\gamma_2\Delta\eta_2$] sphicau $\gamma_1\chi$ sphidau η_1 sphitau β_2 dvijāt ϵ_2 dvijā ϵ_3 **saṃtādayec** cett.] saṃ[c]ālayec η_1 nutādayec ϵ_3 saṃjāyate α_2 **chanaiḥ** cett.] tataḥ α_2 **27c puṭadvayaṃ** cett.] jaṃghādvayaṃ γ_2 jaṃghāyutaḍvayaṃ γ_1 **samākramya** cett.] samākṛṣya $\alpha_2\gamma_2\delta_3$ ākr̥ṣya γ_1 atikramya χ **27d vāyuh** $\beta_2\gamma_2\Delta\eta_1\eta_2\chi$] vāyu $\alpha_1\alpha_2\beta_1\beta_\omega\gamma_1\epsilon_2\epsilon_3$ **satvaram** $\alpha_1\alpha_2\epsilon_2\eta_2$] ratvaram β_1 tatvaram β_ω tatparam η_1 tatparaḥ β_2 madhyagaḥ $\Gamma\delta_1\epsilon_3\chi$ madhyamāḥ $\delta_2\delta_3$ **27e yogīndraḥ** γ_2] yogīndra γ_1 **28a sambandho** $\epsilon_2\chi$] sambandhā $\beta_\omega\eta_1$ sambandhā $\alpha_1\alpha_2\beta_1\beta_2\Gamma\eta_2$ saṃdhānam $\Delta\epsilon_3$ **28b cāmṛtāya vai** $A\beta_1\chi$] cāmṛtāyate $\beta_2\Gamma\epsilon_2\epsilon_3$ vāmṛtāyate Δ cāmṛtāye vaiḥ η_1 ca mṛtāya vai β_ω ca mṛturjayaḥ η_2 **28c mṛtāvasthā** cett.] mṛtāmasthā γ_1 **samutpannā** cett.] samunnam«ta»t α_3 om. γ_1 **28d mṛtyubhayaṃ kutaḥ** $\alpha_1\alpha_2B\gamma_2\Delta\epsilon_2$] vāyūṃ virecayet $\epsilon_3\eta_1\eta_2\chi$ vāyūṃ + + + + α_3 vāyūṃ nirundhayet kumbhakena γ_1

महावेधोऽयमभ्यासान्महासिद्धिप्रदायकः ।
वलीपलितवेप॑घ्नः सेव्यते साधकोत्तमैः ॥ 3.29

एतत्त्रयं महागुह्यं जरामृत्युविनाशनम् ।
वह्निवृद्धिकरं चैव अणिमादिगुणप्रदम् ॥ 3.30

अष्टधा क्रियते चैतद्यामे यामे दिने दिने ।
पुण्यसंभारसंभावि पापौघभिदुरं सदा ॥ 3.31

सम्यक्शिक्षावतामेव स्वल्पं प्रथमसाधने ।
वह्निस्त्रीपथसेवानामादौ वर्जनमादिशेत् ॥⁸ (cd om. χ)⁹ 3.32

अथ खेचरी ।

नासनं सिद्धसदृशं न कुम्भं केवलोपमम् ।
न खेचरीसमा मुद्रा न नादसदृशो लयः ॥ (Ω) [= 1.43] 3.32*1

29a mahāvedho cett.] mahābaṃdho ε_3 **abhyāsān** $\alpha_1\alpha_2\beta_2\beta_\omega\gamma_2\delta_2\delta_3\eta_2\chi$] abhyāsāt $\beta_1\gamma_1$ an-
abhyāsān δ_1 abhyāso η_1 abhyasto $\varepsilon_2\varepsilon_3$ **29b mahā** cett.] sarva γ_1 **29c valī** cett.] valita
unm. η_2 valī $\gamma_1\eta_1$ valiḥ α_2 **palita** cett.] palita γ_2 **vepa** χ] vedha $\alpha_1B\Gamma\varepsilon_2\varepsilon_3\eta_1$ vaidya
 α_2 vega Δ bandha η_2 **ghnaḥ** cett.] ghnām $\alpha_1\beta_\omega$ ghna $\alpha_2\gamma_1$ **29d sādhakottamāḥ** cett.]
sādhakottamām β_ω **30a etat trayam mahā** cett.] mahāmudrātrayam ε_3 mahāmudrātrayatram
unm. η_1 mahavedhābhayam α_3 **guhyam** $AB\Gamma\varepsilon_2\varepsilon_3\eta_1\chi$] guptam Δ mudrā η_2 **30b vināśanam**
cett.] vināśini η_2 **30c vahni** cett.] buddhi β_2 **caiva** $\alpha_1\beta_2\Gamma$] caivam $\alpha_2\beta_1\beta_\omega\varepsilon_2\varepsilon_3\eta_2$ caiva
hy χ caitad Δ viśvam η_1 **30d gaṇapradam** cett.] gaṇapradam ε_2 gaṇapradī γ_1 pradāyakam
 α_2 **31a aṣṭadhā** cett.] aṣṭādi β_2 **caitad** $\alpha_1\beta_2$] caiva $\Delta\varepsilon_2\chi$ caivam $\beta_1\Gamma$ caikam $\beta_\omega\eta_1\eta_2$
caika ε_3 taitva α_2 **31b yāme yāme** cett.] yāmayāme ε_3 yāmayam η_1 yamair niyamai α_2
31c puṇya cett.] puṇyam ε_3 puna α_2 sarva η_2 **sambhāra** $\alpha_1\alpha_2\gamma_2\Delta\varepsilon_2\chi$] sahāra β_ω saṃcāra
 $\eta_1\eta_2$ saṃsāra ε_3 saṃdhāta β_1 saṃdhāna β_2 saṃcāya α_3 om. γ_1 **sambhāvi** $\alpha_3\beta_\omega\Gamma\varepsilon_2$] saṃb-
hāvi $\alpha_1\alpha_2$ sabhāvi η_1 saṃdhāyi $\beta_2\varepsilon_3\chi$ saṃdhāyi η_2 saṃdhira β_1 saṃpādi Δ **31d pāpaugha**
cett.] pāprogha γ_2 padhau_dhava γ_1 **bhiduram sadā** cett.] bhidiram sadā α_2 vidhuram tathā
 α_3 **32a śikṣāvatām** cett.] śikṣavatā β_2 śiṣyāvatām $\alpha_2\varepsilon_2$ jijñāsātām η_2 **eva** $\alpha_2\beta_1\Gamma\Delta\varepsilon_3$] evam
 $\alpha_1\beta_\omega\varepsilon_2\eta_1\eta_2\chi$ bhavyam β_2 **32b sādhanē** $\alpha_2\beta_1\beta_2\gamma_1\Delta\varepsilon_2\varepsilon_3\eta_1$] sādhanaiḥ α_1 sādhanam $\beta_\omega\gamma_2\eta_2\chi$
32c sevānām cett.] sevācanām ε_2 sevānam η_2 sevānam η_1 sevenam γ_1 om. χ **32d ādiśet**
 $\alpha_1\alpha_2\beta_1\beta_2\varepsilon_2\varepsilon_3\eta_1$] ādiśyet β_ω ācāret $\Gamma\Delta\eta_2$ om. χ **heading: atha** cett.] om. $\Gamma\delta_2$ **32*1b kumb-**
ham em.] kumbha $\beta_\omega\varepsilon_\omega\eta_\omega$ kuṃbhaka δ_ω **kevalopamam** em.] kevalokanam $\beta_\omega\eta_\omega$ sadr̥ṣo
nilaḥ ε_ω samonilaḥ δ_ω

⁸ Γ adds here: महासुद्रा महाबन्धो महावेधश्च नित्यशः । एतत्त्रयं प्रयत्नेन चतुर्वारं करोति यः । षण्मासाभ्यन्तरे मृत्युं जयत्येव
न संशयः ॥ (= Śivasamhitā xx)

⁹ χ has this line just after 1.60.

छेदनचालनदोहैः कलां क्रमेण प्रवर्धयेत्तावत् ।
सा यावद्भूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥¹⁰

3.33

सुहीपत्तनिभं शस्त्रं सुतीक्ष्णं स्निग्धनिर्मलम् ।
समादाय ततस्तेन रोममात्रं समुच्छिदेत् ॥ (ε₃Ωχ)

3.33*1

कृत्वा सैन्धवपथ्यादिचूर्णिताभ्यां प्रघर्षयेत् ।
पुनः सप्तदिने प्राप्ते रोममात्रं समुच्छिदेत् ॥ (ε₃Ωχ)

3.33*2

एवं क्रमेण षण्मासं नित्ययुक्तं समाचरेत् ।
षण्मासाद्रसनामूलशराबन्धं विनश्यति ॥ (ε₃Ωχ)

3.33*3

(16 more verses in Ω)

33a chedana α₂β₁β_ωγ₁δ₁δ₃δ_ωε₃η₁χ] chedanam η₂ε_ωη_ω chedanais β₂ khedana δ₂ bhedana α₃ vedana ε₂ rasanā γ₂ *illeg.* α₁ **cālanadohaiḥ** β₁γ₂Δδ_ωε₂ε₃η₁χ] cālajadohaiḥ γ₁ cālanam doham ε_ω cālanam dohaiḥ α₂ cālanam dohau β_ωη₂η_ω cālanair dāsyai β₂ pādanadoṣaiḥ α₃ *illeg.* α₁ **kalām** β₁β₂γ₂ε₂η₁χ] kalan γ₁ kalāḥ α₁ε_ω kalā α₂α₃β_ωη_ω kāla η₂ jihvām Δδ_ω krameṇa ε₃ **krameṇa** α₁βε₂η₁η₂η_ωε_ω] kramaṇa α₂ krameṇātha χ jihvām ε₃ tu Γ vai Δ *om.* α₃δ_ω **pravardhayet** α₂β₁ε₃η₁η₂] saṃvardhayet Γδ_ω vardhayet α₁α₃β₂β_ωΔε₂ε_ωη_ωχ **tāvat** α₂β₁β₂γ₂Δδ_ωε₂ε₃χ] tāt η₂ kramaśaḥ α₃ *om.* α₁β_ωγ₁η₁ε_ωη_ω **33b sā yāvad** α₁α₂β₁β₂ε₃η₁η₂χ] yāvad iyaṃ ΓΔδ_ω yāvad β_ωε_ωη_ω yā sā ε₂ **bhrūmadhyam** cett.] bhrūmadhya δ₁η₁ spr̥śati ε_ω **spr̥śati** cett. incl. α₃] spar̥śati γ₁ visati α₂ viśa α₁ bhrūmadhyam ε_ω **tadā khecarisiddhiḥ** Γδ₂δ₃δ_ωε₃η₂χ] tadānim khecarisiddhiḥ (tadāni α₂β₁β₂) α₁α₂Βη_ω tadānim hi khecarisiddhiḥ ε₂ tadāni siddhiḥ η₁ tadā sidhyati khecarī ε_ω tadā khecarī bhavati δ₁ **33*1a snuhi** δ_ωχ] snuhi ε₃ε_ωη_ω śnuhi β_ω **33*1d samucchidet** β_ωε_ω] samucchineta ε₃η_ωχ samucchimdyāt δ_ω **33*2a kṛtvā** ε₃Ω] tataḥ χ **saindhavapathyādi** β_ωε_ωη_ωδ_ωχ] saindhavapathyābhyām χ saindhavapakṣyādi ε₃ **33*2c punaḥ** ε₃β_ωη_ωδ_ωχ] tataḥ ε_ω **33*2d samucchidet** β_ωε_ωη_ω] samucchineta χ punaḥ chidet ε₃ samut-thiyāt δ_ω **33*3a ṣaṇmāsaṃ** β_ωε_ωδ_ωχ] ṣaṇmāse η_ω ṣaṇmāsān ε₃ **33*3b nitya** β_ωδ_ωε₃ε_ω] nityam χ netya η_ω **yuktaṃ** β_ωε₃ε_ωη_ω] yuktaḥ χ muktaṃ δ_ω **33*3c ṣaṇmāsād** Ωχ] ṣaṇmāse ε₃ **mūla** β_ωε_ωη_ωδ_ωχ] mūlam ε₃ **33*3d śarābandham** β_ω] śarābandham δ_ω śarābandho η_ω śirābandhaḥ ε₃χ sirābandho ε_ω **vinaśyati** Ω] praṇaśyati ε₃χ

¹⁰ The metre is Āryā.

ΓΔ (Upagīti): छेदनचालनदोहैः कलां तु संवर्धयेत्तावत् । यावदियं भूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥
ε₂ε₃ (Giti?): छेदनचालनदोहैः कलां क्रमेण (प्र)वर्धयेत्तावत् । सा यावद्भूमध्यं स्पृशति तदानीं हि खेचरीसिद्धिः ॥
β_ω (Anuṣṭubh): छेदनं चालनं दोहौ कलाक्रमेण वर्धयेत् । यावद्भूमध्यं स्पृशति तदानीं खेचरीसिद्धिः (ः!) ॥

कपालकुहरे जिह्वा प्रविष्टा विपरीतगा ।
भ्रुवोरन्तर्गता दृष्टिमुद्रा भवति खेचरी ॥¹¹

3.34

कलां पराङ्मुखीं कृत्वा [त्रिपथे परिवर्तयेत् ।
सा भवेत्खेचरी मुद्रा व्योमचक्रं तदुच्यते ।
रसनामूर्ध्वगां कृत्वा]¹² क्षणार्धं यदि तिष्ठति ।
क्षणेन मुच्यते योगी व्याधिमृत्युजरादिभिः ॥ (om. α_1)

3.35

न रोगो मरणं तस्य न निद्रा न क्षुधा तृषा ।
न च मूर्छा भवेत्तस्य यो मुद्रां वेत्ति खेचरीम् ॥¹³

3.36

पीड्यते न स रोगेण न च लिप्यति कर्मणा ।
बाध्यते न च कालेन यो मुद्रां वेत्ति खेचरीम् ॥ (om. $\Gamma\Delta\epsilon_2\epsilon_3$)

3.37

चित्तं चरति खे यस्माज्जिह्वा चरति खे गता ।
तेनैषा खेचरी नाम मुद्रा सिद्धैर्नमस्कृता ॥ (om. γ_1) [= 4.8*10]

3.38

34a kuhare cett.] vivare $\alpha_2\beta_1$ **34b** praviṣṭā viparitagā cett.] pravi+++++ α_1 praviṣṭā viṣa«taṃ»tuḡā β_2 **34c** antargatā cett.] antagatā α_1 madhagatā β_1 madhye gatā β_2 **dr̥ṣṭir** cett.] dr̥ṣṭi $\alpha_1\alpha_2\beta_1\gamma_1\epsilon_3$ **34d** khecarī cett.] carī η_1 **35a** kalām cett.] kalā $\alpha_3\gamma_1$ kālām η_2 **parāṇmukhiṃ** $\beta_1\delta_1\delta_2\epsilon_2\epsilon_3\eta_1\chi$] parāṇmukhī $\alpha_3\beta_\omega\Gamma\delta_3\eta_2$ pāṇmukhī α_2 avāṇmukhī β_2 **kṛtvā** $\alpha_3B\Delta\epsilon_2\epsilon_3\eta_1\chi$] kṛtya η_2 nītvā $\alpha_2\Gamma$ **35b** tripathe $\beta_\omega\Delta\epsilon_3\chi$] tripatham ϵ_2 tripatha β_2 tripātha β_1 **parivartayet** ϵ_3] parivarjayet $B\delta_1\epsilon_2$ parivardhayet $\delta_2\delta_3$ pariyojayet χ **35c** sâ $\beta_1\beta_2\Delta\epsilon_2\epsilon_3\chi$] sa β_ω **bhavet khecarī** $B\delta_2\delta_3\epsilon_2\epsilon_3\chi$] bhat ṣecarī δ_1 **35f** yadi cett.] api $\alpha_2\eta_2\chi$ **35g** kṣaṇena $\alpha_3\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2$] kṣaṇe [ca] γ_1 viṣaye α_2 viṣayair Δ viṣair vi* $\beta_1\chi$ duhkhair vi* β_2 **yogī** cett.] yogogī α_2 om. γ_2 **35h** vyādhi cett.] vyādhijanma γ_2 **mṛtyujarādibhiḥ** cett.] mṛjarāpahe α_2 **36a** rogo cett.] roga η_1 rogāṇ η_2 **tasya** cett.] tandrā χ **36b** kṣudhā tr̥ṣā cett.] kṣudhā nandaṭ δ_3 tr̥ṣā kṣudhā (tr̥khā δ_1) $\beta_2\delta_1$ **36c** ca cett.] bhra β_ω om. $\alpha_2\delta_3$ **bhavet** cett.] bhava η_2 tu bhavet δ_3 **tasya** cett.] ta + α_1 **36d** yo mudrām vetti cett.] illeg. α_1 **khecarīm** $\alpha_3\gamma_2\delta_1\delta_2\epsilon_2\epsilon_3\eta_1\eta_2\chi$] khecarī $\alpha_1\alpha_2B\gamma_1\delta_3$ **37a** pīdyate $\alpha_1\alpha_3\beta_1\chi$] piṇḍamte α_2 bādhyate $\beta_2\beta_\omega\eta_2$ chādyate η_1 **sa** $\beta_\omega\eta_1\eta_2\chi$] ca $A\beta_1\beta_2$ **37b** na ca lipyati $\alpha_2\beta_1$] na ca lipyata α_1 lipyate na ca $\alpha_3\chi$ lipyate na sa $\beta_2\beta_\omega\eta_1\eta_2$ **37c** bādhyate $\alpha_1\beta_1\beta_\omega\eta_1\eta_2\chi$] badhyate α_2 bhidyate α_3 khādyate β_2 **ca** $A\beta_1$] sa $\beta_2\beta_\omega\eta_1\eta_2\chi$ **37d** yo mudrām vetti $\alpha_1\alpha_2B\eta_2\chi$] yasya mudrāsti η_1 **khecarīm** $\alpha_1\eta_2\chi$] khecarī $\alpha_2B\eta_1$ **38a** cittam cett.] citte δ_1 ci + α_1 **carati khe** cett.] illeg. α_1 **yasmāj** cett.] yasyāt β_ω yasyā α_2 + .āj α_1 **38b** gatā cett.] yadā β_1 **38c** tenaiṣā $\alpha_1\alpha_2\beta_1\epsilon_3\chi$] tenaiva $\beta_\omega\epsilon_2\eta_1\eta_2$ teneyam $\beta_2\gamma_2\Delta$ **nāma** $\alpha_1\alpha_2\beta_1\epsilon_3\chi$] mudrā cett. **38d** mudrā $\alpha_1\alpha_2\beta_1\epsilon_3\chi$] sarva $\beta_2\beta_\omega\gamma_2\Delta\epsilon_2\eta_1\eta_2$ illeg. α_3 **siddhair namaskṛtā** cett.] siddhir nigadyate α_3

¹¹ χ has this verse at the very beginning of the Khecarī-section.

¹² The Pādas b-e are not found in $\alpha_2\alpha_3\Gamma\eta_1\eta_2$, but in $B\Delta\epsilon_2\epsilon_3\chi$.

¹³ In γ_2 this verse is found after 3.38.

खेचर्या मुद्रितं येन विवरं लम्बिकोर्ध्वतः ।
तस्य न क्षरते बिन्दुः कामिन्याश्चेषितस्य च ॥ 3.39

चलितोऽपि यदा बिन्दुः संप्राप्तो योनिमण्डलम् ।
व्रजत्यूर्ध्वं हतः शक्त्या[#] निबद्धो योनिमुद्रया ॥¹⁴ 3.40

कपालकुहरे जिह्वा कलासंधानमुद्रया । (ABΓ_{ε2ε3}) 3.40*1

ऊर्ध्वजिह्वः स्थितो भूत्वा सोमपानं करोति यः ।
मासार्धेन न संदेहो मृत्युं जयति योगवित् ॥ 3.41

नित्यं सोमकलापूर्णं शरीरं यस्य योगिनः ।
तक्षकेणापि दष्टस्य विषं तस्य न सर्पति ॥¹⁵ (om. α₁α₂) 3.42

39a *khecaryā* cett.] *khecaryām* β_ω **mudritam** cett.] *mudritā* α₃β₂ *mudratam* α₂ **yena** cett.] *ye tu* β₂ **39b** *vivaram* cett.] *viviram* δ₂ *vicaran/ram* β₁β₂η₁ **lambikordhvataḥ** cett.] *lampikordhvataḥ* δ₂δ₃ *illeg.* α₁ **39c** *tasya na* α₂α₃B_{γ1ε2ε3η1η2}] + [s]ya na α₁ na *tasya* γ₂Δχ **39d** *śleṣitasya* cett.] *saṁślitasya* β₁ *liṅgitasya* Γδ₂ *liṅgitena* β₂ **40a** *calito* cett.] *calitā* γ₁ *calate* δ₁ *calato* α₁ *patito* β₂ **40b** *saṁprāpto* α₁β₁β₂δ₂δ₃ε₂ε₃η₁χ] *saṁprāptaś* β_ωΓδ₁η₂ *saṁprāpte* α₂ **yonimaṇḍalam** α₂ε₃η₁χ] *yogimaṇḍalam* α₁ *yonimaṇḍalam* ε₂ *vahnimaṇḍalam* β₁β₂ *cāgnimaṇḍalam* β_ωη₂ *ca hutāśanam* Γδ₁ *pi hutāśanam* δ₂δ₃ **40c** *vrajaty* cett.] *vrajaṁty* α₁ *vrajety* α₂ *vrajan* δ₃ *jajaty* γ₁ **ūrdhvam** cett.] *pūrvam* δ₃ *ū +* α₁ **hataḥ śaktyā** *em.* (cf. VM)] *hṛtaḥ śaktyā* χ *hatāchantkā* γ₁ *hathāc chaktyā* B_{γ2ε2ε3η1η2} *hathāt śaktyā* α₂ *hi tacchaktyā* δ₂δ₃ *hi tadbhuktyā* δ₁ *illeg.* α₁α₃ **40d** *nibaddho* α₂α₃β₁β₂ε₂ε₃χ] *nibadhno* η₁ *niruddho* Γδ₂δ₃ *nirodho* β_ωη₂ *viruddhe* δ₁ *illeg.* α₁ **yonī** Aβ₂ΓΔε₂ε₃η₁χ] *yoga* β₁β_ωη₂ **40*1b** *kālā* α₂α₃β_ωε₃] *kāla* Γε₂ *kālā* α₁ *kṛtvā* β₁β₂ **saṁdhāna** ABε₃] *saṁdhāra* ε₂ *saṁdhāra* Γ **mudrayā** Aβ₁β₂Γε₂ε₃] *varjitā* β_ω **41a** *ūrdhva* cett.] *ūrdhvam* α₂α₃ε₂ **jihvaḥ** γ₂δ₁δ₃χ] *jihva* γ₁ *jihvā* α₁α₂Bδ₂ε₂ε₃η₁η₂ **sthiro** α₁α₂β_ωη₂] *sthiro* β₁β₂ΓΔε₃η₁χ *sito* ε₂ **41b** *karoti* **yaḥ** cett.] *karoti saḥ* β₂ *karo +* α₁ **41c** *māsārdhena* cett.] *illeg.* α₁ **na** cett.] *tu* β₂ *om.* δ₁ *illeg.* α₁ **42a** *pūrṇam* cett.] *pūrṇa* β₁γ₁ε₂ *pūrṇe* η₂ **42b** *yoginaḥ* α₃β₁β₂ΓΔε₂χ] *yoginam* β_ω *dehinaḥ* ε₃η₁η₂ **42c** *daṣṭasya* α₃β₂γ₂δ₁ε₃η₂χ] *drṣṭasya* β₁β_ωγ₁η₁ *daṁṣṭrasya* ε₂ *dagdhasya* δ₂δ₃ **42d** *viṣam tasya na* cett.] *viṣeṇa na* hi α₃ **sarpati** cett.] *sparśati* β_ω *pīdyate* α₃γ₁

¹⁴ β₂ has this verse between 3.42ab and cd. β_ωη₂ have 3.43 after this verse.

¹⁵ β_ω adds a half verse here: तस्मादिदं प्रकुर्वीत नित्ययुक्तः समाहितः.

इन्धनानि यथा वह्निस्तैलवर्ति च दीपकः ।

तथा सोमकलापूर्णं देही देहं न मुञ्चति ॥ [before 3.40*1 β_ω]

3.43

रसनां वेशयेदूर्ध्वं पिबेत्तत्स्त्रावितं जलम् । (ΓΔ)

3.43*1

गोमांसं भक्षयेन्नित्यं पिबेदमरवारुणीम् ।

कुलीनं तमहं मन्ये इतरे कुलघातकाः ॥

3.44

गोशब्देनोदिता जिह्वा तत्प्रवेशो हि तालुनि ।

गोमांसभक्षणं तनु महापातकनाशनम् ॥

3.45

जिह्वाप्रवेशसंभूतवह्निनोत्पादितः खलु ।

चन्द्रात्स्त्रवति यः सारः सा स्यादमरवारुणी ॥ (om. η₁ε₃)¹⁶

3.46

43a *yathā* cett.] *om.* δ₂ **43b** *tailavart(t)iṃ* β_ωδ₁δ₂ε₃χ] *tailavart(t)i* α₁β₁δ₃ε₂ *tailavart(t)i* β₂Γη₂ *tailavatti* α₂ *tailāvṛtti* η₁ **ca** cett.] *va* α₂η₁ *om.* δ₂ **dīpakah** cett.] *dīpakah* η₁ **43c** *soma* cett.] *sarva* ε₂ **pūrṇam** cett.] *pūrṇa* η₂ *pūrṇo* γ₂ε₂ **43d** *dehī deham* cett.] *deham* dehī β₂ε₃ *deha devam* α₂ *dehe dehīm* β₁ *illeg.* α₁ **na muñcati** α₂β₁ΓΔε₂η₁χ] *na mucyati* η₂ *na mucyati* ε₃ *na mucyate* β₂β_ω + + + *ti* α₁ **43*1a** *rasanām* γ₂Δ] *rasānām* γ₁ **veśayed** γ₂Δ] *vasayed* γ₁ *ūrdhvam ā* δ₂ **ūrdhvam** cett.] *veśet* δ₂ **43*1b** *srāvitam* Δ] *sravitam* Γ **44a** *gomāmsam* cett.] *gomāmsa* γ₂η₂ *gomām* δ₁ **44b** *amara* cett.] *amṛta* δ₃ **vāruṇim** cett.] *vāruṇi* α₂β_ωε₂ε₃ **44c** *tam* cett.] *tum* γ₂ **manye** cett.] *manya* χ *vidyām* β_ω *vimdyām* η₂ **44d** *itare* α₁α₃β₂β_ωη₂χ] *tv itare* β₁ε₃η₁ *cetare* ε₂ *udhare* α₂ *netarān* ΓΔ **ghātakāḥ** cett.] *ghātakān* ΓΔ *bālakān* α₂ **45a** *noditā jihvā* cett.] *nāditā jihvā* γ₁ *illeg.* α₁ **45b** *tatpraveśo* cett.] + [t]praveśo α₁ *tatpradeśo* α₂ *tatrāveśo* β₁ **hi** cett.] *ha* β₁ *di* γ₁ **45c** *gomāmsa* cett.] *gomāmsam* α₂ε₂ε₃η₁ *gomāsam* γ₁ **bhakṣaṇam** cett.] *bhakṣaṇe* α₁ **tat tu** cett.] *_rtu* γ₁ *tac ca* ε₃ *caitait* ε₂ *hy etan* β₂ **46b** *vahninotpāditaḥ* γ₂δ₂ε₂χ] *tpādita* α₂β₂δ₃ *tpāditaṃ* β₁ *tpādi* + α₁ *nnāpitā* β_ω *ttāpito* η₂ *vamh[n]inotāpitaḥ* α₃ *vahnir utpāditaḥ* γ₁ *hninotpāditaṃ* δ₁ **khalu** α₂α₃ΓΔε₂χ] *daram* β_ωη₂ *bare* β₁ *surāḥ* β₂ *illeg.* α₁ **46c** *candrāt sravati* α₃β₂β_ωΓδ₂ε₂η₂χ] *candrā sravati* α₂ *candraḥ sravati* δ₃ *candra sravati* β₁ *candrā dravati* δ₁ + + + + [t]i α₁ **yah sārāḥ** β₁γ₂δ₁δ₂η₂χ] *yah sārā* α₃γ₁ *yat sārām* α₁β₂ε₂ *ya sārām* α₂ *yah sārām* *tasmād idam prakurvīta nityayuktaḥ samāhitaḥ* (the same hemistich is inserted after 3.42) β_ω *yah samyak* δ₃ **46d** *sā* cett.] *sa* δ₂ **amaravāruṇi** cett.] *aṃmavāruṇi* η₂

¹⁶ In η₁ the second half is only added in the margin sec. m.: तस्मा[त्स]रति या[त्सा]रं सा स्यादमरवारुणी.

मूर्ध्नः षोडशपक्षपद्मगलितं प्राणादवासं हठा-
दूर्ध्वास्यो रसनां नियम्य विवरे शक्तिं परां चिन्तयेत् ।
उत्कल्लोलकलाजलं च विमलं धारामूर्तं[#] यः पिबेत्
निर्दोषः स मृणालकोमलवपुर्योगी चिरं जीवति ॥¹⁷

3.47

चुम्बन्ती यदि लम्बिकाग्रमनिशं जिह्वा रसस्यन्दिनी
सक्षारा कटुकाथ दुग्धसदृशी मध्वाज्यतुल्याथवा ।
व्याधीनां हरणं जरान्तकरणं शास्त्रागमोदीरणं
तस्य स्यादमरत्वमष्टगुणवत्सिद्धाङ्गनाकर्षणम् ॥

3.48

एकं सृष्टिमयं बीजमेका मुद्रा च खेचरी ।
एको देवो निरालम्ब एकावस्था मनोन्मनी ॥ [= 4.32*1]

3.49

47a mürdhnaḥ $\beta_{\omega}\gamma_2\Delta\epsilon_3\chi$] mürdhneḥ η_2 mürddham $\alpha_2\epsilon_2$ mürddhvaḥ α_1 mürddhva η_1 bhürd-
dhaḥ γ_1 ürdhvaṃ $\beta_1\beta_2$ **pattrapadma** $\alpha_2\delta_2\delta_3\epsilon_3\chi$] padmapattra $\alpha_1B\gamma_2\delta_1\eta_1\eta_2$ patrapatra ϵ_2 patra
 γ_1 **haṭṭhaḍ** cett.] haṭhām β_{ω} **47b ürdhvāsyo** cett.] ürdhdhosyo γ_1 ürdhvosa δ_3 varddhāsyo
 β_{ω} **rasanāṃ** cett.] rasanā ϵ_2 ramanā γ_1 **niyama** $\alpha_1\alpha_2\beta_1\beta_2\gamma_2\Delta\epsilon_3\chi$] niyasya $\gamma_1\epsilon_2$ ca yāmya
 η_1 vidhāya $\beta_{\omega}\eta_2$ **vivare** cett.] vicare γ_1 vivaraṃ Δ vidhivat β_2 **śaktiṃ** cett.] śaktiḥ γ_2
cintayet cett.] cintayat γ_1 cintayan $\alpha_3\delta_2\delta_3\chi$ **47c utkallola** $\alpha_1\alpha_2B\delta_3\epsilon_2\epsilon_3\eta_1\chi$] uttakallola η_2
tatkalola $\gamma_2\delta_1$ tatkalola δ_2 taptalola γ_1 hṛt[k]alola α_3 **kalājalam** $\alpha_1\alpha_2\beta_1\beta_2\Gamma\Delta\epsilon_3\eta_1\chi$] karāṃ-
tam α_3 jalākulam $\beta_{\omega}\eta_2$ **ca** $\alpha_1\alpha_3\beta_1\beta_2\gamma_2\Delta\epsilon_2\eta_1\chi$] su $\alpha_2\beta_{\omega}\eta_2$ ya γ_1 *om.* ϵ_3 **vimalam** cett.]
vimala α_1 vimalā β_2 **dhārāmṛtam** cett.] dhārāmayam χ **47d nirdoṣaḥ** sa cett.] nirdoṣam
sa $\alpha_2\beta_1\eta_1$ nirdoṣo 'sya ϵ_2 nirvyādhiḥ sa χ **komala** cett.] komale γ_1 **vapur** $\alpha_1\beta_1\epsilon_2\epsilon_3\eta_1\chi$] tanur
 $\alpha_2\beta_2\beta_{\omega}\Gamma\Delta\eta_2$ **48a cumbantī** cett.] cubaṃti α_2 cubiṃti α_1 vipitiṃ γ_1 **lambikāgram**
cett.] lambakāgram β_1 lampikāgram $\delta_2\delta_3$ **rasa** cett.] śiraḥ $\beta_{\omega}\eta_2$ **48b sakṣārā** cett.]
sākṣārā $\alpha_1\delta_1\epsilon_2$ sakṣārā η_2 sakṣīro* β_1 **kaṭukātha** $\alpha_1\alpha_2$] kaṭukāmla $\gamma_2\Delta\epsilon_3\chi$ vaṭukāmla γ_1
kaṭukāsa η_1 kaṭukādyā $\beta_{\omega}\eta_2$ kaṭutikta ϵ_2 ++ tikta α_3 kaṭutyakta β_2 *dakatikta β_1 **dugdha**
cett.] dagdha β_1 dugdham γ_2 du γ_1 dhugdha δ_1 **sadrśī** $\beta_2\beta_{\omega}\gamma_1\delta_2\delta_3\eta_2\chi$] sadrśī δ_1 sadrśim γ_2
sadrśā $\alpha_1\alpha_2\eta_1$ sadrśam α_3 lavaṇā $\epsilon_2\epsilon_3$ lavaṇo β_1 **madhvājya** cett.] madhvādyā $\beta_{\omega}\eta_2$ vaddhājya
 ϵ_2 **tulyā** cett.] tulyam $\beta_{\omega}\eta_2$ tulya α_3 **thavā** $\alpha_2\Gamma\Delta$] tathā $\alpha_1B\epsilon_2\eta_1\eta_2\chi$ pradā α_3 savā ϵ_3
48c jarāntakaraṇam cett.] jvarāntakaraṇam $\delta_1\delta_2$ jvarāntaḥkaraṇam δ_3 jarāpraśamanam $\beta_1\beta_2$
śāstrāgamodiraṇam $\alpha_1\chi$] śāstraprāmōdiraṇam γ_1 śāstrārthagamodiraṇam η_1 śāstrāgamod-
gīraṇam $\beta_2\beta_{\omega}\gamma_2\epsilon_3\eta_2$ śāstrodgamodgīraṇam β_1 śāstrāmgamodgīraṇam η_1 śāstrāgamoddhāraṇam
 $\Delta\epsilon_2$ **48d tasya syād** cett.] tasyād γ_1 syāt svādam β_1 **amaratvam** cett.] amarakṣam γ_1 ara-
matvam β_{ω} iha siddhir Δ **guṇavat** $\alpha_1\alpha_2\beta_1\eta_1$] guṇavat ϵ_3 guṇitam $\beta_2\beta_{\omega}\Gamma\delta_1\epsilon_2\eta_2\chi$ guṇitā $\delta_2\delta_3$
siddhāṅganā $\alpha_2\beta_1\beta_2\delta_2\delta_3\eta_1\epsilon_2\epsilon_3\eta_2\chi$] siddhāṅganā (nā* α_1) $\alpha_1\beta_{\omega}\gamma_1\delta_1$ siddhāṅganā γ_2 **karṣaṇam**
cett.] karṣaṇaḥ α_2 karṣaṇā γ_1 **49a ekam** cett.] eka δ_3 ekām β_1 evam γ_1 **sṛṣṭi** cett.] ḍṛṣṭi
 ϵ_2 **mayam** cett.] midam β_2 layam ϵ_2 **49b ca** cett.] tu $\delta_3\epsilon_2$ **49c devo** cett.] devā γ_1 nirā*
 α_1 **nirālamba** $\beta_{\omega}\eta_1\chi$] nirālambaś $\gamma_2\Delta$ nirāśambaś γ_1 nirālamba $\alpha_2\beta_1\beta_2\epsilon_2\epsilon_3$ nirālambaṃ $\alpha_3\eta_2$
*lambo deva α_1 **49d ekā** $\alpha_3\alpha_3\beta_2\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$] caikā Δ cakā γ_1 caiśā γ_2 hy ekā $\alpha_2\beta_1\epsilon_3$ *vasthā
cett.] mudrā β_1

¹⁷ χ has a different verse order from here.

सुषिरं ज्ञानजनकं पञ्चस्रोतःसमन्वितम् ।

तिष्ठते खेचरी मुद्रा तस्मिन्शून्ये निरञ्जने ॥ ($\beta_{\omega}\eta_2\chi$) [= 4.8*8]

3.49*1

पाताले यद्विशति सुषिरं मेरुमूले तदस्ति

तत्त्वं चैतत्प्रवदति सुधीस्तन्मुखं निम्नगानाम् ।

चन्द्रात्सारः स्रवति¹⁸ वपुषस्तेन मृत्युर्नराणां

तं बध्नीयात्सुकरणमुद्रा नान्यथा कायसिद्धिः ॥[#](om. $\alpha_1\Delta$)¹⁹ [= 4.8*4]

3.49*2

अथ मूलबन्धः²⁰ ॥

पार्ष्णिभागेन संपीड्य योनिमाकुञ्चयेद्बुद्धम् ।

अपानमूर्ध्वमाकृष्य मूलबन्धोऽयमुच्यते ॥ (d om. α_2)

3.50 - ϵ_3

49*1a **suṣīraṃ** χ] sukhiraṃ η_2 suciraṃ β_{ω} **49*1b** **srotaḥ** $\eta_2\chi$] śrotaḥ β_{ω} **49*1c** **tiṣṭhate** χ] tiṣṭhamti β_{ω} tiṣṭhamti η_2 **49*2a** **pātāle yad viśati** Γ] pātālād yad viśati β_2 pātāle yadvitaya ϵ_4 pātāle yadvitayu β_1 pātāle yadvitanta ϵ_3 pātāle yadvitadhaya α_3 pātāle yadinaya ϵ_2 pātāle yadvita η_1 yat prāleyaṃ cāpihita β_{ω} yat prāleyaṃ pihita α_2 yat prāleya pihita η_2 yat prāleyaṃ prahita χ **suṣīraṃ** $\epsilon_3\epsilon_4\chi$] suṣīraṃ β_2 sukhiraṃ $\beta_{\omega}\Gamma\eta_2$ sukhire α_2 sukhiraṃ ϵ_2 śubiraṃ β_1 stu[v]ime η_1 **mūle tad asti** β_2] mūle yad asti γ_2 mūle yad asti α_2 mūle tad asmin $\beta_1\epsilon_2\epsilon_3\epsilon_4$ mūle pakṣasti γ_1 mūlad η_1 mūrddhyataḥthyam β_{ω} mūrddhni sthitaṃ η_2 mūrddhāntarasthaṃ χ **49*2b** **tattvaṃ caitat** $\beta_1\beta_2$] tadvac caitat $\Gamma\epsilon_2$ tadvac caitā ϵ_4 taddac caitat ϵ_3 tasmiṃs tattvaṃ $\beta_{\omega}\eta_2\chi$ tasmitvaṃ α_2 asmi[m]s tatvaṃ yat η_1 **sudhīs** cett.] sudhī ϵ_4 sudhās γ_1 **tan mukhaṃ** cett.] tat sukhaṃ $\beta_1\beta_2$ **nimnagānām** cett.] niṣagmanām γ_1 **49*2c** **candrāt sārāḥ** cett.] candrasāro η_1 candrā sārāḥ ϵ_3 candrāt sārāṃ $\alpha_2\beta_2$ candrah sārāḥ ϵ_2 caṃtaṃ prasārāṃ β_1 **sraṇatī/srāvati** cett.] grasati β_1 rapati γ_1 [sra]vaṃtyai η_1 **vapuṣas** cett.] vapuṣe η_2 vapayuṣe β_{ω} vapuṣā $\beta_1\beta_2$ om. ϵ_3 **tena** cett.] doṣa β_1 **mṛtyur** cett.] mṛtyun $\beta_{\omega}\eta_2$ om. ϵ_3 **49*2d** **taṃ** cett.] tad $\alpha_3\gamma_2\chi$ tac γ_1 **badhniyāt** cett.] cha_yāt γ_1 om. ϵ_3 **sukaraṇamṛdā** $\alpha_2\beta_1\beta_2\epsilon_4$] pakaraṇamṛdā ϵ_2 svakaraṇamṛtaṃ α_3 kakaraṇam amṛtaṃ η_1 sukaraṇam atho $\beta_{\omega}\eta_2$ sukaraṇam adho χ sukhakaram atho γ_2 sukhakaraṇam artho γ_1 om. ϵ_3 **nānyathā** cett.] nāmarthā γ_1 om. ϵ_3 **kāya** $\beta_2\beta_{\omega}\Gamma\epsilon_2\eta_2\chi$] kārya $\alpha_2\alpha_3\beta_1\eta_1\epsilon_4$ om. ϵ_3 **heading: atha mūlabandhaḥ** $AB\epsilon_2\eta_1\eta_2\chi$] mūlabandhaḥ $\gamma_2\Delta$ atha mūle bandhaḥ δ_3 om. $\gamma_1\epsilon_4$ **50a** **pārṣṇi** cett.] pādima γ_1 **50b** **ākūñcayed** cett.] ākumcaned α_1 ākum«cya+» γ_1 **gudam** cett.] dṛdhaṃ $\alpha_3\eta_1\eta_2$ «+ta» γ_1 **50d** **'yam ucyate** $\Gamma\delta_1\delta_3\epsilon_2\epsilon_4\eta_1\eta_2$] 'yam iritaḥ δ_2 'yam iṣyate B mayiṣyate α_1 'bhidhiyate χ om. α_2 *illeg.* α_3

¹⁸ ϵ_3 jumps to Jālamdharabandha (3.67) from here. For the lost part (3.50–3.66) ϵ_4 is used instead.

¹⁹ $\beta_1\beta_2$ has this verse immediately after 3.39, $\alpha_1\Delta$ in Ch. 4 (4.8*4), and $\Gamma\alpha_2\alpha_3$ in both Ch. 3 and 4.

²⁰ After this header the description of Uḍḍiyāṇa is found in α_3 , followed by the description of Mūlabandha. $\beta_{\omega}\chi$ have the Mūlabandha section (including its header) after the Uḍḍiyāṇa as in the order of mudrās mentioned in 3.6.

अधोगतिमपानं वै ऊर्ध्वगं कुरुते बलात् ।

आकुञ्चनेन तं प्राहुर्मूलबन्धं तु योगिनः ॥ (abc om. α_2)

3.51 - ϵ_3

गुदं पाष्ण्यां तु संपीड्य वायुमाकुञ्चयेद्वलात् ।

वारं वारं यथा चोर्ध्वं समायाति समीरणः ॥

3.52 - ϵ_3

प्राणापानौ नादबिन्दू मूलबन्धेन चैकताम् ।

गत्वा योगस्य संसिद्धिं यच्छतो नात्र संशयः ॥

3.53 - ϵ_3

अपानप्राणयोरैक्यं क्षयो मूत्रपुरीषयोः ।

युवा भवति वृद्धोऽपि सततं मूलबन्धनात् ॥²¹

3.54 - ϵ_3

अपाने चोर्ध्वगे जाते संप्राप्ते वह्निमण्डलं ।

तदानलशिखा दीर्घा वर्धते वायुनाहता ॥

3.55 - ϵ_3

51a adhogatim Be₄η₁χ] adhogatam α₁ΓΔε₂η₂ apānaṃ vai β₁β₂Γε₂ε₄η₂] apānaṃ vaiḥ α₁ apānaṃ vā χ apānaṃ ca β_ω apānaṃ tu Δ apānaivam η₁ **51b** ūrdhvagaṃ cett.] mūrddhagaṃ α₁ hy ūrdhvaṃgaṃ β₁ vidyūrdhagaṃ β_ω **balāt** α₁Be₄η₁η₂χ] haṭhāt ΓΔε₂ **51c** ākuñcanena cett.] ākuñcyā tena η₂ **taṃ** cett.] te δ₂ tu β₂ **prāhur** cett.] grāhyaṃ ε₂ε₄ **51d** mūlabandhaṃ cett.] mūlabandho η₂ mūlabandhā α₂ mūlo siddhiṃ α₃ **tu** β₁β₂ΓΔ] hi α₁α₃β_ωε₂ε₄η₁η₂χ di α₂ **52a** gudaṃ cett.] gulpha ε₂ pārṣṇī° β₂ **pārṣṇyā** tu α₁α₂β₁β_ωΔη₂χ] pārṣṇyā ca ε₂ε₄η₁ [p]ārṣṇena α₃ pārśnī tu γ₂ pādarmyāṃ tu γ₁ °nā gudaṃ β₂ **saṃpīḍya** cett.] āpīḍya β₂ **52b** vāyūṃ ā° Aβ₂β_ωΓη₁η₂χ] vāyūnā β₁ε₂ε₄ yonim ā° Δ **52c** yathā° α₁Be₂ε₄η₁η₂χ] tathā α₂ΓΔ **53a** nādabindū cett.] nādabindu α₁α₂β₁β_ωε₂η₂ **53b** caikatām cett.] caikatā β₂ε₂ cakataṃ γ₁ caikataḥ β_ω **53c** saṃsiddhiṃ α₁α₃β₂β_ωγ₂δ₁δ₂ε₄η₁χ] saṃsiddhi β₁ saṃsiddhir α₂γ₁δ₃ε₂ saṃsiddhyaḥ η₂ **53d** yacchato α₂β_ωχ] yakṣyato β₂ yichato α₁ pracchato β₁ gacchato Δε₂ gacchate γ₂ gacchatā° γ₁ gacchata° ε₄ prāpnoty e° η₁ pamāta η₂ niścayo α₃ **nātra** cett.] °sya na ε₄ °va na η₁ tra na η₂ **54a** °yor aikyaṃ cett.] °yor aikya γ₁ °yor aikyāt ε₄ °yor aikye η₂ °yoś caikyaṃ δ₂ **54b** kṣayo cett.] kṣayaṃ α₃ kṣayān γ₁ε₄ **54d** bandhanāt cett.] bandhataḥ δ₁ **55a** apāne cett.] apāna χ apānaṃ β_ωγ₂ **cordhvage jāte** cett.] cordhvage yāte δ₁ cordhvam āpāte η₂ ūrdhvage jāte χ **55b** saṃprāpte β₂ΓΔε₂] saṃprāptau β₁ saṃyāte β_ω prayāte α₁α₂ε₄η₁η₂χ **vahnimaṇḍalaṃ** α₁β₁β_ωγ₂χ] vahnimaṇḍale α₂β₂γ₁Δε₂ε₄η₁ nābhimaṇḍalaṃ η₂ **55c** tadānala cett.] tadānale ε₂ tathānala α₂δ₃η₂ tathānale η₁ **55d** vardhate vāyūnāhatā° α₁α₂β₁β_ωΓε₂] °hataḥ β₂ °hataḥ α₃ baṃdhane vāyūnāhatā° Δ kriyate vāyūnāhatāḥ η₂ jāyate vāyūnāhatā χ vāyūnā vardhate hatā° ε₄ vāyūnā preritā tathā η₁

²¹ γ₁ adds the following verse here: बन्धमूलं येन तेन तेन विघ्नं निवारितः । अजरामरतां याति यथा पद्ममुखो हरः ॥

ततो यातौ# वह्न्यपानौ प्राणमुष्णस्वरूपकम् ।
तेनात्यन्तप्रदीप्तस्तु ज्वलनो देहजस्तथा ॥

3.56 - ε₃

तेन कुण्डलिनी सुप्ता संतप्ता संप्रबुध्यते ।
दण्डाहता भुजङ्गीव निश्चस्य# ऋजुतां व्रजेत् ॥

3.57 - ε₃

बिलं प्रविष्टेव ततो ब्रह्मनाड्यन्तरं व्रजेत् । (ab om. Δ)
तस्मान्नित्यं मूलबन्धः कर्तव्यो योगिभिः सदा ॥

3.58 - ε₃

अथोड्डीयाणम् ।

बद्धो येन सुषुम्णायां प्राणस्तूड्डीयते यतः ।
तस्मादुड्डीयाणख्यो#ऽयं योगिभिः समुदाहृतः ॥

3.59 - ε₃

56a tato cett.] yātā η₁ yātau β₂] yāttau α₂ yāto β₁η₁χ yāte η₂ yaṃtā α₃ yāmau α₁ jātau γ₂Δε₄ jāta γ₁ jāto β_ω vahnim ε₂ **vahnyapānau** β₁γ₂Δε₄η₁χ] vahnipānau α₁ vah-
nipātau α₂ [m]ahnyapāne α₃ vahniyonau η₂ bāhyapānau β₂ bāṃdhapānau γ₁ vardhapānai β_ω
apānai ca ε₂ **56b prāṇam uṣṇa** α₃β₁γ₂ε₂ε₄χ] prāṇamura γ₁ prāṇamukta δ₁δ₃ prāṇamuk-
taṃ δ₂ prāṇamūla α₁α₂η₁η₂ **svarūpakam** cett.] svarūpakaḥ η₂ svarūpakau η₁ svarūpavat δ₃
56c tenātyanta β₁ΓΔη₁χ] tenātyantaṃ α₁ tenābhyanta β_ω tenābhyantaḥ η₂ tenāyaṃna β₂ tenoty-
ataṃ α₂ tatotyantaṃ ε₄ tailābhyantaḥ ε₂ **pradiptas tu** cett.] pradiptas tu ε₄η₁ pradāyas tu α₂
pradipāsau ε₂ **56d jvalano dehajas tathā** cett.] jvalano dehajas tadā α₁α₂β₁β_ω jvalato dehataḥ
tadā β₂ kuto dehaḥsayas tadā η₂ **57b saṃtaptā** α₁α₂β₁Γε₄η₁η₂χ] satataṃ Δε₂ **saṃprabud-
hyate** α₁α₂β₂Γε₄η₂χ] saṃprabudhyati η₁ samabuddhyate β₁ sa prabudhyate β_ω sā prabudhyate
δ₂ sā prabodhyate δ₃ saṃprabodhyate ε₂ sānubodhyate δ₁ **57d niśvasya** α₁α₃β₁ε₄χ] niśvasya
β₂ niśvāsyā α₂ viśvasya β_ωη₁η₂ niścayam δ₂ niścayād δ₃ niścitam Γδ₁ε₂ **rjutām vrajet** cett.]
rujutām vṛjet α₁ rujanām vrajet α₂ rijutām iyāt η₂ **58a praviṣṭeva** Aγ₂δ₁ε₂ε₄η₁χ] praviṣṭe ca
β₁β₂γ₁ praviṣṭaṃ ca β_ω praviṣṭas ca η₂ *om.* Δ **tato** cett.] to γ₁ *om.* Δ **58b brahma** cett.]
tha_ γ₁ *om.* Δ **nāḍyāntaram** cett.] nāḍyāntaram α₂β₂ε₄ nāḍyāntare η₂ *om.* Δ **58c tas-
mān** cett.] tato δ₂ **nityaṃ** cett.] nityo ε₂ **heading: athodḍiyanāṃ** α₁] athodḍiyanāṃ β₁
athodḍiyanāṃ β_ω athodḍiyanāṃ α₂ athodḍiyanāṃ β₂ athodḍiyanābandhaḥ δ₃ athodḍiyanābandhaḥ η₁
atha uḍḍiyanābandhaḥ ε₂ atha uḍḍiyanābandhaḥ χ atha uḍḍiyanābandhaḥ γ₁ atha uḍḍiyanāṃ band-
haḥ η₂ uḍḍiyanābandhaḥ δ₂ uḍḍiyanāṃ bandhaḥ γ₂ *om.* δ₁ε₄ **59a baddho** α₁β₂β_ωγ₂δ₁δ₂χ]
bandho α₂β₁δ₃ε₂ ūrdhvo η₁η₂ ūrdhvā ε₄ vidrā γ₁ **yena suṣuṃṇāyāṃ** cett.] yoni suṣuṃ-
nāyāṃ α₂ kṣitāḥ suṣuṃṇāyāḥ η₂ **59b prāṇas** cett.] prāṇam β₂ε₂η₁ **tūḍḍiyate** (tu* α₁γ₂)
α₁γ₂δ₁ε₄η₂χ] tadḍiyate α₂ tūḍḍiyate β_ω tūḍḍiyate γ₁ tūḍḍiyate δ₂ tūyate δ₃ kṛḍiyate β₁ uḍiyate
β₂ uḍḍiyate ε₂ uḍiyate η₁ **yataḥ** cett.] punaḥ δ₃ **59c tasmād** cett.] tasmātu γ₂ tasmāc
ca η₂ **uḍḍiyanākhyo m.c. em.]** uḍḍiyanākhyo ε₂ uḍḍiyanākhyo δ₁δ₃χ uḍḍiyanākhye α₁ε₄
uḍḍiyanākhyo η₁ uḍḍiyanākhyo γ₂η₂ uḍiyanākhyo α₂β₁ uḍiyanākhye β_ω uḍiyanākhyam β₂ ud-
diyanākhyo γ₁ uḍḍiyamāno δ₂ 'yam cett.] sau δ₂ tad β₂ *om.* η₂ **59d samudāhṛtaḥ** cett.]
samudāhṛtaṃ β₂β_ωε₂

उड्डीनं कुरुते यस्मादविश्रान्तं महाखगः ।
उड्डीयाणं तदेव स्यात्तत्र[#] बन्धो विधीयते ॥

3.60 - ε₃

उदरे पश्चिमं ताणं[#] नाभेरूर्ध्वं च कारयेत् ।
उड्डीयाणो ह्यसौ बन्धो मृत्युमातङ्गकेसरी ॥ (cd om. β_ω)

3.61 - ε₃

उड्डीयाणं तु सहजं गुरुणा कथितं सदा[#] ।
अभ्यसेदस्ततन्द्रस्तु[#] वृद्धोऽपि तरुणो भवेत् ॥

3.62 - ε₃

नाभेरूर्ध्वमधश्चापि ताणं कुर्यात्प्रयत्नतः ।
षण्मासमभ्यसन्मृत्युं जयत्येव न संशयः ॥

3.63 - ε₃

सति वज्रासने पादौ[#] कराभ्यां धारयेद्दृढम् ।
गुल्फदेशसमीपे च[#] कन्दं तत्र प्रपीडयेत् ॥ [after 3.96*2 in χ]

3.64 - ε₃

60a uḍḍinaṃ Δχ] uḍḍinaṃ β_ω uḍḍyānaṃ β₂ε₄ uḍḍyānaṃ α₁β₁γ₂ uḍḍyānām α₂ uḍḍiyānaṃ γ₁η₂ uḍḍiyānaṃ α₃η₁ uḍḍiyānaṃ ε₂ **kurute yasmād** cett.] kṛyate yasmād γ₂ kṛte yasmād ε₂ tu kurute α₃ **60b aviśrāntaṃ** β₂β_ωΔε₂η₁η₂χ] aviśrānta α₁α₂β₁ aviśrānto γ₂ε₄ aviśrāntā γ₁ khaviśrāntā α₃ **60c uḍḍiyānaṃ** α₁ε₂η₁] uḍḍiyānaṃ Δε₄χ uḍḍiyānaṃ γ₂η₂ uḍḍiyānaṃ γ₁η₂ uḍḍiyānaṃ α₂ uḍḍiyānaṃ β₁β_ω uḍḍiyānaṃ β₂ **eva** cett.] evaṃ δ₁ evaḥ ε₂ **60d tatra** α₁α₂BΓε₂ε₄η₁χ] kṣetra η₂ mūla Δ **bandho** cett.] vedho α₂ **vidhiyate** α₂β₂γ₂ε₄] bhidhiyate cett. nigadyate γ₁ **61a udare** cett.] udarāt β_ω **pāścimaṃ** α₂β₁β₂γ₂δ₃η₁χ] pāścima α₁γ₁η₂ pāścime β_ωδ₁δ₂ε₂ε₄ **tānaṃ** α₁α₂ε₂] tānaṃ β₂Γδ₁δ₃ε₄η₁η₂χ tālaṃ β₁δ₂ bhāge β_ω **61b ūrdhvaṃ** cett.] ūrdhve η₂ **ca** cett.] tu ε₂η₂ **61c uḍḍiyāno** α₁ε₂] uḍḍiyāno δ₂δ₃ε₄χ uḍḍiyāno α₃η₁ uḍḍiyāno Γδ₁η₂ uḍḍiyāno β₁ uḍḍiyāno β₂ uḍḍāno α₂ om. β_ω **hy asau** cett.] hy asam δ₃ hy ayaṃ δ₁δ₂ om. β_ω **61d kesarī** cett.] khecarī ε₄ om. β_ω **62a uḍḍiyānaṃ** α₁ε₂] uḍḍiyānaṃ δ₂δ₃ε₄χ uḍḍiyānaṃ α₂β₁η₁ uḍḍiyānaṃ γ₂δ₁η₂ uḍḍiyānaṃ γ₁ uḍḍiyānaṃ β_ω uḍḍiyānaṃ β₂ **sahajaṃ** cett.] sahasaṃ β₁ yaḥ sahate γ₂ **62b guruṇā** cett.] guruṇām β_ω **sadā** α₁α₂Be₂ε₄η₁η₂χ] yathā ΓΔ **62c abhyased/-set** cett.] abhyāsen γ₁ abhyāsyed α₂ abhyāsāt β_ω abhyāsa° β₂ **astatandras tu** α₂] astatadras tu α₁ asvatamtras tu β₁ asya tamtram tu ε₄ asya tamtrasya ε₂ °taḥ svatantras tu β₂ tad atandras tu γ₂Δ na tamdras tu _ γ₁ yo hy atandras η₁ satatam yas tu β_ωη₂χ **62d vṛddho** cett.] vṛddhā γ₁ **taruṇo bhavet** α₁α₂β₁β_ωε₂η₁η₂] taruṇāyate β₂ΓΔε₄χ **63a ante nābher** add. pāthāntaram β₂ **adhaś cāpi** cett.] adhastāpi α₂ adho vāpi Δ adhaḥkāya η₁ avasthāpya β₂ **63b tānaṃ** α₃β₁β_ωε₂η₁] tānaṃ β₂ΓΔε₄η₂χ tāpyaṃ α₁ taruṇaṃ α₂ **prayatnataḥ** cett.] ca yatnataḥ η₂ **63c śaṇmāsam** cett.] śaṇmāsām α₃ śaṇmāsād α₂ yogi sam° η₁η₂ **abhyasan** α₁β₁Γη₂] abhyāsen α₃β_ωΔε₂ε₄η₁χ ca samabhyān β₂ vau mahā α₂ **mṛtyuṃ** cett.] om. β₂ **63d jayaty eva na saṃśayaḥ** cett.] mūlaṃ jayaty asaṃśayaḥ β₂ **64a vajrāsane** cett.] vajrāsanaṃ γ₁ vajrāsanaṃ α₁β₁ **64b karābhyāṃ dhārayed dṛḍham** (dhārayad η₂) cett.] karābhyā dhārayaṃ dṛḍham η₁ karābhyāṃ kārāye dṛḍham α₁α₂ karā _ sandhāraye dṛḍhe γ₁ **64c deśa** cett.] deśe α₂ε₂ deśam α₁ **saṃipe ca** α₁BΓε₄η₁η₂χ] samipaṃ ca δ₂δ₃ε₂ samipaṃ tu δ₁ samityeva α₂ **64d kandaṃ** cett.] kaṃdham δ₁ kaṃtham α₂β₁ skandaṃ δ₃ **tatra** cett.] tacca β_ωη₂ tava α₁ tasya η₁ **prapīdayet** α₃β₁β₂ΓΔε₂ε₄χ] prapīdyate α₁β_ωη₁η₂ pradāyate α₂

पश्चिमं ताणमुदरे कारयेद्दुदये गले# ।

शनैः शनैर्यथा प्राणस्तुन्दसंधिं न गच्छति# ॥ (om. χ)

3.65 - ϵ_3

सर्वेषामेव बन्धानामुत्तमो ह्युद्धियाणकः ।

उद्धियाणे दृढे बन्धे मुक्तिः स्वाभाविकी भवेत् ॥

3.66 - ϵ_3

अथ जालंधरः ।

कण्ठमाकुञ्च्य हृदये स्थापयेच्चिबुकं दृढम् ।

बन्धो जालंधराख्योऽयं अमृताव्ययकारकः ॥

3.67

बध्नाति हि शिराजालमधोगामिनभोजलम् ।

ततो जालंधरो बन्धः कण्ठदुःखौघनाशनः ॥

3.68

जालंधरे कृते बन्धे कण्ठसंकोचलक्षणे ।

न पीयूषं पतत्यग्नौ न च वायुः प्रधावति ॥

3.69

65a paścimaṃ tāṇam $\alpha_2\alpha_3\beta_1\eta_1$] paścimaṃ tāṇam $\beta_2\Gamma\Delta\epsilon_2\epsilon_4\eta_2$ paścimatāṇam $\alpha_1\beta_\omega$ **udare** $AB\gamma_2\Delta\epsilon_4$] udara γ_1 udaraṃ ϵ_2 upari $\eta_1\eta_2$ **65b kārayed** cett.] pīdayed η_2 **dhṛdaye gale** $AB\gamma_2\epsilon_4\eta_1\eta_2$] dhṛdaye gataih γ_1 udare hr̥di δ_1 cibukaṃ hr̥di δ_3 cibukaṃ hr̥dā δ_2 vṛddhidaṃ śanaih ϵ_2 **65c śanair yathā** cett.] śanair [yato] ϵ_4 om. γ_1 **prāṇas** $\alpha_1\alpha_2\beta_1\beta_\omega\Delta\eta_1$] prāṇas Γ strāṇas α_3 prāṇam $\beta_2\epsilon_2\epsilon_4$ prāṇo η_2 **65d tunda** $\alpha_1\beta_1\beta_2\gamma_2\delta_1\delta_2\epsilon_2$] tuda $\beta_\omega\eta_1$ taṃda γ_1 tadā δ_3 kaṃda α_2 nāḍi η_2 ūrddhva ϵ_4 **saṃdhiṃ** $\alpha_1\beta_1\Gamma\delta_1\delta_3\epsilon_4\eta_1$] saṃdhi $\alpha_2\beta_\omega\epsilon_2\eta_2$ siṃdhiṃ δ_2 siddhiṃ β_2 **na** $\alpha_1\alpha_2B\Gamma\epsilon_2\epsilon_4\eta_1$] ca Δ ni* η_2 **66b uttamo** cett.] uttamaṃ ϵ_2 **hy uddīyāṇakaḥ** *m.c.* $\alpha_2\eta_1$] hy uddīyāṇakaḥ α_1 hy uddīyāṇakaḥ $\Gamma\Delta\epsilon_4\eta_2\chi$ hy uddīyāṇakaḥ $\beta_1\beta_\omega$ hy uddīyāṇakaḥ β_2 hy uddīyāṇakaṃ ϵ_2 **66c uddīyāṇe** $\alpha_1\epsilon_2$] uddīyāṇe $\delta_2\delta_3\epsilon_4$ uddīyāṇe η_1 uddīyāṇe $\Gamma\delta_1\eta_2\chi$ uddīyāṇe $\beta_1\beta_\omega$ uddīyāṇe β_2 uddīyāṇe α_2 **dr̥dhe** cett.] kṛte $\Gamma\Delta$ **bandhe** cett.] baddhe β_2 jāte α_2 **66d muktiḥ** $\alpha_1\alpha_2\beta_1\beta_\omega\epsilon_2\epsilon_4\eta_2\chi$] muktiṃ η_1 mūlaṃ $\beta_2\Gamma\Delta$ **svābhāvikī** $\alpha_1\alpha_2\beta_1\beta_\omega\epsilon_2\epsilon_4\chi$] svābhāvakī η_2 svābhāvikī α_3 svābhāvikam $\beta_2\Delta\eta_1$ svābhāvikam γ_2 bhāvikam γ_1 **heading: atha jālaṃdharah** *em.*] atha jālaṃdharah β_1 atha jālaṃdharah β_ω atha jālaṃdharah α_1 atha jālaṃdharah α_2 atha jālaṃdharabandhaḥ $\beta_2\delta_3\epsilon_4\eta_1\eta_2\chi$ atha jālaṃdharibandhaḥ ϵ_2 atha nāśaṃdharabandhaḥ γ_1 jālaṃdharabandhaḥ $\gamma_2\delta_2$ om. δ_1 **67b sthāpayec/d** cett.] om. γ_1 **cibukaṃ dr̥dham** $\beta_2\gamma_2\chi$] d dr̥dham icchayā $\alpha_2\alpha_3\beta_1\beta_\omega\Delta\eta_1\eta_2$ dr̥dham icchayā α_1 dr̥dham icchayet ϵ_2 dr̥dhamiścayāt ϵ_3 om. γ_1 **67c jālaṃdharā** cett.] jālaṃdharā $\alpha_1\beta_\omega$ **67d amṛtāvayakāraḥ** ϵ_3] amṛtāvayakāraḥ $\beta_1\beta_\omega\epsilon_2$ amṛtāvayakāraḥ α_1 amṛtāvayaya + + + α_3 amṛtākhyopakāraḥ α_2 amṛtākṣayakāraḥ δ_1 amṛtākṣayakāraḥ δ_3 amṛtākṣarakāraḥ δ_2 jarāmṛtyuvinaśakaḥ $\eta_1\eta_2\chi$ mṛtyor mṛtyuḥ paro mataḥ (J7; mṛtaḥ γ_1) Γ mṛtyumātamaṅgakesarī β_2 **68a badhnāti hi** $\alpha_1B\epsilon_2\epsilon_3\eta_1\eta_2\chi$] badhnāti ha γ_1 badhnātiha $\gamma_2\Delta$ badhnāti α_2 **śirā** (sirā χ) $\beta_2\gamma_2\delta_1\eta_2\chi$] śiro $\alpha_2\beta_1\beta_\omega\gamma_1\delta_2\delta_3\epsilon_2\epsilon_3\eta_1$ śilā* α_1 **jālam** cett.] jālam β_ω **68b adhogāmi** $\alpha_1\alpha_2\beta_1\beta_2\gamma_2\Delta\epsilon_2\epsilon_3\eta_2\chi$] adhogāmi γ_1 madhyegāmi β_ω nādhāyati η_1 **68c jālaṃdharo** cett.] jālaṃdharo α_1 **68d kaṇṭha** $\alpha_1B\gamma_2\epsilon_2\epsilon_3\chi$] kaṇṭhe $\alpha_2\gamma_1\Delta\eta_1\eta_2$ **69a jālaṃdhare** cett.] jālaṃdhare $\alpha_1\beta_\omega$ jālādhare δ_1 **69b lakṣaṇe** cett.] lakṣaṇam $\alpha_2\alpha_3$ **69c pataty** cett.] pacaty α_2 prayāty δ_1 kṣaraty γ_1 **69d pradhāvati** $\alpha_1\alpha_2B\Gamma\epsilon_2\epsilon_3\eta_2$] prakupyati $\Delta\eta_1\chi$

कण्ठसंकोचनेनैव द्वे नाड्यौ स्तम्भयेदृढं ।

मध्यचक्रमिदं ज्ञेयं षोडशाधारबन्धनम् ॥ (cd om. η_1) 3.70

बन्धत्रयमिदं श्रेष्ठं महासिद्धैर्निषेवितम् ।

सर्वेषां हठतन्त्राणां साधनं योगिनो विदुः ॥ (om. Δ)²² 3.71

अथस्तात्कुञ्चनेनाशु कण्ठसंकोचने कृते ।

मध्ये पश्चिमताणेन स्यात्प्राणो ब्रह्मनाडिगः ॥ ($\alpha_2\Gamma\eta_1\eta_2$)²³ [= 2.46] 3.71*1

मूलस्थानं समाकुञ्च्य उड्डीयाणं तु कारयेत् । (ab om. $\Delta\eta_2$)

इडां च पिङ्गलां बद्ध्वा वाहयेत्पश्चिमं पथम् ॥ (cd om. η_2) 3.72

अनेनैव विधानेन सेवयेत्पवनो लयम् ।

ततो न जायते मृत्युर्जरारोगादिकं तथा ॥ 3.73

70a samkocanenaiva cett.] samkocane caiva β_1 samkocane dehe η_1 **70b** dve nādyau $\gamma_2\Delta\epsilon_3\eta_2\chi$] dve nādyo β_1 dvau nādyau $\alpha_1\epsilon_2$ γ_{2pc} dve nādyai α_2 dvinādyau β_2 _nā_ γ_1 nādyau ca η_1 lac. β_ω **stambhayed** $\alpha_1\alpha_2\beta_1\beta_2\epsilon_3\eta_1\eta_2\chi$] stambhite $\Gamma\Delta\epsilon_2$ lac. β_ω **dr̥ḍham** $\alpha_1\alpha_2\eta_1\eta_2\chi$] dhruvam $\beta_1\Gamma\delta_1\delta_3\epsilon_2$ dhruve δ_2 dh̥rvaṃ ϵ_3 dhuram β_2 lac. β_ω **70c** madhya-cakram $\alpha_1\alpha_2\beta_1\beta_2\gamma_2\Delta\epsilon_2\epsilon_3\chi$] madhyakram γ_1 madhye cakram β_ω madhyam cakram η_2 om. η_1 **jñeyam** cett.] ya γ_1 om. η_1 **71b** mahāsiddhair $\alpha_1\gamma_2\epsilon_2$] mahāsiddhaiḥ $\eta_1\eta_2\chi$ mahāsiddhe γ_1 mahāsiddhi $\alpha_2\alpha_3\beta_1\beta_2\epsilon_3$ mahāsiha β_ω **niṣevitam** $\alpha_1\alpha_3B\Gamma\Delta\epsilon_2$] ca sevitaṃ $\eta_1\eta_2\chi$ prajāyate α_2 pradāyakam ϵ_3 **71c** haṭṭha $\alpha_1\alpha_2B\gamma_2\chi$] yoga $\gamma_1\epsilon_2\epsilon_3\eta_1\eta_2$ **71d** sādhanam cett.] sārānam γ_1 **71*1a** kuñcanenāśu $\alpha_2\eta_1\eta_2$] kuñcanenaiva Γ **71*1b** samkocane kṛte $\alpha_2\eta_1\eta_2$] samkocanena ca Γ **71*1c** madhye $\alpha_2\eta_1$] madhya $\Gamma\eta_2$ **tāṇena** α_2] tāṇena $\Gamma\eta_1\eta_2$ **72a** samākuñcya $\alpha_1\alpha_2B\epsilon_3\eta_1\chi$] samākṛṣya $\Gamma\epsilon_2$ om. $\Delta\eta_2$ **72b** uddīyānam $\alpha_1\epsilon_2$] uddīyānam $\alpha_2\beta_1\eta_1$ uddīyānam $\Gamma\epsilon_3\chi$ uddīyānam β_ω uddīyānam β_2 om. $\Delta\eta_2$ **72c** idāṃ ca piṅgalāṃ $\alpha_3\beta_1\beta_\omega\gamma_2\Delta\epsilon_3\chi$] idā ca piṅgalā $\alpha_1\beta_2\gamma_1\epsilon_2$ idā piṅgalāṃ η_1 idā piṅgalā α_2 om. η_2 **baddhvā** cett.] baddhā ϵ_2 baṃdhvā α_3 om. η_2 **72d** paścīmam $\alpha_2\alpha_3\beta_2\Gamma\Delta\epsilon_2\eta_1$] paścīmāṃ $\beta_1\beta_\omega$ paścīmā $\alpha_1\epsilon_3$ om. η_2 paścime χ **patham** cett.] pathām β_1 pathi χ padam α_3 om. η_2 **73a** anenaiva vidhānena cett.] brahmasthānasthito rodhaḥ η_2 **73b** sevayet $\alpha_1\alpha_2B\delta_1\delta_3$] [s]e[vay]e[t] δ_2 śevayet α_3 vāsayet ϵ_2 prayāti $\Gamma\epsilon_3\eta_1\eta_2\chi$ **pavano layam** $\beta_\omega\gamma_2\epsilon_3\eta_1\eta_2\chi$] pavano lagam γ_1 pavanālayam $\alpha_1\alpha_2\beta_1\beta_2\delta_2\epsilon_2$ pavanā++ α_3 pavanānalām δ_3 paścimānalām δ_1 **73c** mṛtyur cett.] mṛtyu $\delta_1\delta_2$ mṛtyum $\beta_1\gamma_1$ **73d** jarārogādikaṃ $\Gamma\delta_2\delta_3\epsilon_2\eta_1\chi$] jarārogādi kā α_2B jarārogādikas α_1 jarāmohādikaṃ ϵ_3 jvaro rogādikas δ_1 nāsyā jarādikaṃ η_2 **tathā** cett.] kathā B vyathā α_2 tadā α_1

²² In χ this verse is found after 3.73.

²³ $\alpha_1\alpha_3B\epsilon_2\epsilon_3\chi$ have this verse in chp. 2. Δ does not have it at all. $\alpha_2\Gamma\eta_1\eta_2$ have it in both chp. 2 and 3. It is very likely that this verse is a later addition to the apograph of α_2 , since it is followed by 3.37*1–2 in this ms.

अथ विपरीतकरणी ।

यत्किञ्चित् खवते चन्द्रादमृतं दिव्यरूपिणः ।

तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं जरायुतं ॥ (om. Aε₃η₁η₂)²⁴ [= 4.8*5] 3.73*1

तत्रास्ति करणं दिव्यं सूर्यस्य मुखबन्धनम्* ।

गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥ (om. Aε₃η₁η₂) [= 4.8*6] 3.73*2

ऊर्ध्वं नाभिरधस्तालूर्ध्वं भानुरधः शशी ।

करणी विपरीताख्या गुरुवाक्येन लभ्यते ॥ (cd om. β₁β₂δ₁δ₂ε₂η₂) 3.74

करणी विपरीताख्या सर्वव्याधिविनाशिनी । (ab om. δ₃χ)

नित्यमभ्यासयुक्तस्य जठराग्निविवर्धनी ॥ 3.75

आहारो बहुलस्तस्य संपाद्यः साधकस्य तु ।

अल्पाहारो यदि भवेदग्निर्देहं दहेत्क्षणात् ॥ 3.76

heading: *atha* α₁α₂BY₁δ₃ε₂ε₃η₁η₂] *om.* γ₂Δχ **viparītakaraṇī** β₂β_ωΓδ₂ε₃η₁η₂] *viparī-*
takaraṇīm α₁ *viparītakaraṇīyaṃ* β₁ *viparītakaraṇaṃ* α₂ε₂ *viparītakam* δ₃ *om.* δ₁χ **73*1a sra-**
vate β₂β_ωγ₂Δε₂χ] *sravanam* γ₁ *sevate* β₁ **candrād** β₁β₂γ₂Δχ] *candra* β_ω *camdrāmn* ε₂
ced«am» γ₁ **73*1b divyarūpiṇaḥ** β₂χ] *divyarūpiṇaṃ* ε₂ *divyarūpiṇī* β₁ *divyarūpi* ca ΓΔ *di-*
vyarūpagah β_ω **73*1c grasate** cett.] *sravate* β₁ **sūryas** BΓΔχ] *roho* ε₂ **73*1d piṇḍam**
β₂β_ωγ₂Δε₂] *piḍam* γ₁ *piṇḍa* β₁ *piṇḍo* χ **jarāyutaṃ** B] *jarāyutaḥ* χ *vināśi* ca Γδ₂δ₃ε₂
vinasyati δ₁ **73*2a tatrāsti** BΓδ₁δ₃ε₂χ] *tato sti* δ₂ **73*2b bandhanam** cett.] *vañcanam*
χ **73*2c jñeyam** BY₂Δε₂χ] *—yam* γ₁ **73*2d na tu** BY₂Δε₂χ] *rttu* γ₁ **74a ūrdhvaṃ**
nābhir cett.] *ūrdhvanābhir* β₁ *ūrdhvanābhor* γ₁ *ūrdhvanābher* χ *ūrdhvaṃ* *nābher* β₂ ++ *nābher*
α₃ **adhas tālor** α₂α₃Bδ₁ε₂ε₃η₂] *adhas tālu* α₁γ₂δ₂η₁ *adhas tālum* δ₃ *asāluktar* γ₁ *adhas tālor* χ
74b ūrdhvaṃ cett.] *ūrdhva* α₂γ₁δ₁ *ūrdhvo* η₁ **74c karaṇī viparītakhyā** α₁Γδ₃η₁χ] *karaṇī*
viparītakṣaṃ α₂ *karaṇaṃ* *viparītakhyam* α₃β_ωε₃ *om.* β₁β₂δ₁δ₂ε₂η₂ **74d labhyate** α₁β_ωγ₁ε₃η₁χ]
lakṣate α₂ *lakṣayet* α₃ *gamyate* γ₂δ₃ *om.* β₁β₂δ₁δ₂ε₂η₂ **75a karaṇī** cett.] *karaṇaṃ* β₁ *om.*
δ₃χ **viparītakhyā** cett.] *viparītakhyam* β₂ *viparītakṣaṃ* α₂ε₂ *om.* δ₃χ **75b vināśinī**
α₁Γδ₁δ₂ε₃η₁η₂] *vināśanī* β₁ε₂ *vināśanam* α₂β₂β_ω *om.* δ₃χ **75c yuktasya** cett.] *saktasya*
β₁ **75d vivardhanī** α₁γ₂ε₂ε₃η₁] *vivardhinī* β₁γ₁Δη₂χ *vivardhanam* α₂β₂β_ω **76b tu** cett.]
ca α₂γ₁δ₂χ **76c alpāhāro** ABη₁η₂χ] *anāhāro* Γδ₁δ₃ε₂ε₃ *anāhāre* δ₂ **yadi bhaved** cett.]
nirāhārah η₂ **76d agnir deham** α₁α₃β_ωΔε₃] *agnideham* α₂β₁Γε₂ *deham* *agnir* η₁ *agnidāho* β₂
*agnir dāha** χ *kṣudhālasya* η₂ **dahet** α₁α₂β_ωΓΔε₂η₁] *haret* α₃β₁ε₃ *bhabet* β₂ *ti tat χ *vaśe* η₂
kṣaṇāt cett. incl. α₃] *kramāt* α₁ *tataḥ* γ₂ *bhabet* η₂

²⁴ Group A has this pair of verses in Ch. 4: यत्किञ्चित्खवते चन्द्रादमृतं दिव्यरूपिणः । तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं जरायुतं ॥ तत्रास्ति करणं दिव्यं सूर्यस्य परिवन्धनं । गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥

अधःशिराश् चोर्ध्व पादः क्षणं स्यात्प्रथमे दिने ।

क्षणाच्च किंचिदधिकमभ्यसेच्च दिने दिने ॥ (cd om. δ_1)

3.77

वलिश्च पलितं चैव #षण्मासोर्ध्वं न दृश्यते ।

याममात्रं तु यो नित्यमभ्यसेत्स तु कालजित् ॥

3.78

अत्रत्या वज्रोली ग्रन्थान्ते लिखिता । क्रमप्राप्ताप्यत्र त्यक्ता । असाधारणप्राण्यनुष्ठेयत्वात्
स्याः । (Δ)²⁵

अथ वज्रोली ।²⁶

स्वेच्छया वर्तमानोऽपि योगोक्तैर्नियमैर्विना ।

वज्रोलीं यो विजानाति स योगी सिद्धिभाजनम् ॥

3.79 - δ_2

तत्र वस्तुद्वयं वक्ष्ये दुर्लभं यस्य कस्य चित् ।

क्षीरं चैकं द्वितीयं तु नारी च वशवर्तिनी ॥

3.80 - δ_2

77a śirās χ] śirās $\alpha_1\alpha_3B\delta_1\epsilon_2\epsilon_3\eta_1\eta_2$ śirā $\Gamma\delta_2$ śira $\alpha_2\delta_3$ **cordhva** cett.] cordhvam β_ω ūrdhva $\Gamma\delta_2\delta_3$ **pādaḥ** $A\beta_1\beta_2\gamma_2\Delta\epsilon_3\chi$] pāda $\beta_\omega\gamma_1\epsilon_2$ pādaḥ $\eta_1\eta_2$ **77b kṣaṇam syāt** cett.] kṣaṇam syāt δ_1 lakṣaṇam η_2 **77c kṣaṇāc ca** $\alpha_1\beta_2\beta_\omega\epsilon_3\eta_1\eta_2\chi$] kṣayāc ca α_2 kṣaṇāt tu Γ kṣaṇādyam β_1 kṣaṇārdha ϵ_2 kṣaṇārdham δ_3 kṣaṇārdhe δ_2 om. δ_1 **adhikam** cett.] apika γ_1 om. δ_1 **77d abhyasec ca** cett.] abhyasetva γ_2 bhyarccayec ca γ_1 om. δ_1 **78a valis ca** $\alpha_1B\gamma_1$] vali α_2 valitam $\Gamma\Delta\epsilon_2\epsilon_3\eta_2\chi$ **palitam** cett.] palitā $\beta_1\beta_2$ **78b ṣaṇmāsordhvam na** χ] ṣaṇmāsārdhān na $\alpha_1\beta_1\beta_2\epsilon_3$ ṣaṇmāsārdham na β_ω ṣaṇmāsārdhe na $\alpha_2\Gamma\delta_2\delta_3$ ṣaṇmāsārdheṇa δ_1 ṣaṇmāsārdhe ca ϵ_2 ṣaṇmāsāt tu na $\eta_1\eta_2$ **drśyate** $\alpha_1\alpha_2B\epsilon_3\eta_1\eta_2\chi$] naśyati $\Gamma\Delta\epsilon_2$ **78c yāmamātram tu** cett.] yāmamātram ca ϵ_3 yo māsatrāya δ_3 māsatrāyam tu η_2 **nityam** cett.] gnibhyam γ_1 **78d abhyaset** cett.] aset δ_1 **tu** cett.] su γ_2 ca ϵ_2 **kārajit** cett.] kālavit ϵ_2 **heading: granthānte likhitā** δ_1] granthāntare likhitā vartate δ_2 granthāntare tu likhitāsīt δ_3 **kramaprāptāpy atra tyaktā** $\delta_2\delta_3$] om. δ_1 **asādhāraṇa** δ_2] asādhāraṇam δ_1 asāraṇa δ_3 **79b yogoktair** $\alpha_3B\gamma_2\delta_1\eta_1\eta_2\chi$] yogokair γ_1 yogoktar ϵ_2 yogokta $\alpha_2\epsilon_3$ yogoktam α_1 niyamair δ_3 **niyamair vinā** cett.] vividhais tathā δ_3 **79c vajrolim yo** $\beta_2\delta_1\epsilon_3\eta_1\eta_2\chi$] vajroli yo $\alpha_2\beta_\omega\Gamma\delta_3\epsilon_2$ vajrolir yo β_1 vajrālī yo α_1 **vijānāti** cett.] bhijānāti Γ **79d siddhibhājanam** cett.] "bhājanaḥ γ_1 siddhimān bhavet η_2 **80a vastu** cett.] castu α_1 bheda ϵ_2 **vakṣ(y)e** cett.] manye γ_2 api γ_1 **80b cit** cett.] tu ϵ_3 **80c caikam** cett.] caiva η_2 ekam $\beta_2\Gamma$ **80d ca** cett.] vā α_2 tu δ_3

²⁵ In Δ the Vajroli section is found at the end of the work.

²⁶ In $\beta_2\eta_2$ this header is found after *vinā* of the next line.

- मेहेनेन शनैः सम्यगूर्ध्वाकुञ्चनमभ्यसेत् ।
पुरुषो वापि नारी वा वज्रोलीसिद्धिमामुयात् ॥ 3.81 – δ_2
- यत्नतः शरनालेन फूत्कारं वज्रकन्दरे ।
शनैः शनैः प्रकुर्वीत वायुसंचारकारणात् ॥ (om. γ_1) 3.82 – δ_2
- नार्या भगे पतद्विन्दुमभ्यासेनोर्ध्वमाहरेत् ।
चलितं च स्वकं बिन्दुमूर्ध्वमाकृष्य रक्षयेत् ॥ (cd om. $\delta_1\delta_3$) 3.83 – δ_2
- एवं तु रक्षयेद्विन्दुं मृत्युं जयति योगवित् ।
मरणं बिन्दुपातेन जीवितं बिन्दुधारणात् ॥ (cd om. δ_1) 3.84 – $\alpha_1\delta_2$
- सुगन्धि योगिनी देहं जायते बिन्दुधारणात् ²⁷ (ab om. $\delta_3\eta_1\eta_2$)
यावद्विन्दुः स्थिरो देहे तावन्मृत्युभयं कुतः ॥ 3.85 – $\alpha_1\delta_2$

81a mehanena $\alpha_1\beta_2\gamma_2\epsilon_2\epsilon_3\chi$] mehanīna β_1 mehanaiva γ_1 mohanena δ_1 mohanenā δ_3 meḍhrenaena β_ω meḍhrena *unm.* η_1 mahānibhaṃ η_2 hematene α_2 **śanaiḥ** cett.] sadā δ_1 hane α_2 **81b ūrdhvakuñcanam** cett.] ūrdhva kuñcanam γ_2 kṛtvā kuñcanam η_2 gudakuñcanam η_1 **81c vāpi nārī vā** cett.] vāpi vā nārī $\alpha_2\delta_3$ 'py atha vā nārī χ **81d vajrolī** cett.] vajrolīm $\delta_1\eta_1$ vajrolīḥ γ_2 **siddhim āpnuyāt** cett.] siddhibhājanam γ_2 siddhibhājanah γ_1 **82a yatnataḥ** $\alpha_1\alpha_2\beta_1\beta_\omega\delta_1\epsilon_2\epsilon_3\chi$] prayatnataḥ $\gamma_2\eta_1\eta_2$ prayatnāt β_2 **śaranālena** $\alpha_1\alpha_2B\delta_1\delta_3$] śalanolena ϵ_2 śatanārīṇām ϵ_3 śastanālena χ śironāle $\gamma_2\eta_1\eta_2$ **82b phūtkāraṃ** $\alpha_1\delta_3\epsilon_2\eta_1\chi$] phutkāraṃ β_ω pūtkāraṃ $\delta_1\epsilon_3$ phūtkārah $\gamma_2\eta_2$ sphūtkāraṃ β_2 śaraṃ tu β_1 leneraṃ α_2 **vajra** cett.] kaṃbu $\gamma_2\eta_2$ **kandare** $B\epsilon_2\epsilon_3\chi$] kandhare $\alpha_1\gamma_2\delta_1\delta_3\eta_1\eta_2$ kaṃhareṭ α_2 **82c śanaiḥ** cett.] śanaḥ η_2 **prakurvita** cett.] prakurvamti $\beta_2\eta_2$ **82d vāyu** cett.] vāyoh β_2 **83a nāryā** $\beta_1\beta_2\Gamma\delta_1\delta_3\epsilon_2\epsilon_3$] nārī $\alpha_2\chi$ mārīyā α_1 bhārīyā $\beta_\omega\eta_1\eta_2$ **bhage** cett.] bhāge $\alpha_1\beta_1$ bhaga α_2 **patad** cett.] pated γ_2 yad α_2 ca tad ϵ_2 **bindum** cett.] binduḥ β_ω bindur $\eta_1\eta_2$ **83b āhareṭ** cett.] ācareṭ β_1 āruhet δ_3 **83c calitaṃ** cett.] bhavitaṃ β_1 **ca svakaṃ** $\alpha_1\alpha_2$] tu svakaṃ $\alpha_3\beta_1\beta_2\Gamma\epsilon_2$ tu sukaṃ β_ω ca nijaṃ $\epsilon_3\chi$ patitaṃ η_1 calitaṃ η_2 *om.* $\delta_1\delta_3$ **83d ūrdhvam ākr̥ṣya rakṣayet** $\alpha_2\alpha_3B\Gamma\eta_1\eta_2\chi$] ūrdhvam ākr̥ + + + + α_1 ūrdhvam āhr̥ṣya rakṣayet ϵ_3 abhyāsenordhvam āhareṭ ϵ_2 *om.* $\delta_1\delta_3$ **84a tu rakṣayed** $\alpha_2\alpha_3B\Gamma\epsilon_2$] samrakṣayed $\delta_1\delta_3\chi$ surakṣayed ϵ_3 rakṣati yo $\eta_1\eta_2$ **84c bindu** cett.] vida ϵ_2 *om.* δ_1 **84d jivitaṃ** $\alpha_2\beta_\omega\delta_3\epsilon_2\epsilon_3\eta_1\eta_2$] jivitaṃ β_1 jivanaṃ $\beta_2\gamma_2\chi$ jī«vanam» γ_1 *om.* δ_1 **bindudhāraṇāt** cett.] bindurakṣaṇāt ϵ_3 baṃdhasaṃgrahāt α_2 «bindudhāraṇam» γ_1 *om.* δ_1 **85a sugandhi** $\alpha_2B\Gamma\delta_1\epsilon_3$] sugandho $\epsilon_2\chi$ *om.* $\delta_3\eta_1\eta_2$ **deham** $\alpha_2\beta_1\beta_\omega$] dehe $\delta_1\epsilon_3\chi$ deho $\beta_2\Gamma\epsilon_2$ *om.* $\delta_3\eta_1\eta_2$ **85b dhāraṇāt** $\alpha_2\beta_1\beta_\omega\gamma_1\gamma_2\delta_1\epsilon_2\chi$] rakṣaṇāt $\beta_2\epsilon_3$ *om.* $\delta_3\eta_1\eta_2$ **85c binduḥ** $\gamma_1\delta_3\eta_2\chi$] bindu $\alpha_2\alpha_3B\gamma_2\delta_1\epsilon_2\epsilon_3\eta_1$ **sthiro** $\alpha_2\alpha_3\Gamma\delta_1\epsilon_2\eta_1\eta_2\chi$] sthito $B\delta_3\epsilon_3$ **dehe** cett.] deho Γ hahe α_2 **85d mr̥tyubhayaṃ kutaḥ** $\alpha_3B\delta_1\delta_3\eta_1\eta_2$] kālabhayaṃ kutaḥ $\alpha_2\Gamma\epsilon_2\chi$ jivanaṃ ucyate ϵ_3

²⁷ ϵ_3 has this hemistich after the first half of the next verse.

मनायत्तं नृणां शुक्रं शुक्रायत्तं हि जीवितम् ।
तस्माच्छुक्रं मनश्चैव रक्षणीयं प्रयत्नतः ॥

3.86 – $\alpha_1 \delta_2$

ऋतुमत्या रजोऽप्येवं स्त्रिया[#] बिन्दुं च रक्षयेत् ।
मेद्रेणाकर्षयेद्धूर्ध्वं सम्यगभ्यासयोगतः ॥

3.87 – $\alpha_1 \delta_2$

अयं योगः पुण्यवतां धन्यानां तत्त्वशालिनाम् । (ab om. $\alpha_2 \alpha_3$)
निर्मत्सरानां सिध्येत न तु मत्सरशालिनाम् ॥ (cd om. $\alpha_2 \alpha_3 \delta_3$)²⁸

3.87*1

अथ सहजोली । ($\gamma_2 \eta_2 \chi$)

सहजोली चामरोली वज्रोल्या एव भेदतः ॥

3.88 – $\alpha_1 \delta_2$

जलेषु[#] भस्म निक्षिप्य दग्धगोमयसंभवं । (ab om. $\alpha_2 \alpha_3 B \gamma_1$)
वज्रोलीमैथुनाद्धूर्ध्वं स्त्रीपुंसोः स्वाङ्गलेपनम् ॥

3.89 – $\alpha_1 \delta_2$

86a manāyattaṃ em.] anāyattaṃ α_3 manomayaṃ α_2 manodhīnaṃ B cittāyattaṃ cett. cittamataṃ γ_1 nṛṇāṃ cett.] taṃ nṛ α_2 bhavet β_2 śukraṃ cett.] śuklaṃ $\alpha_3 \beta_\omega$ **86b** śukrāyattaṃ cett.] śuklāyattaṃ β_ω śuklā ++ α_3 śukrādhīnaṃ $\beta_1 \beta_2$ hi $\beta_1 \beta_\omega \epsilon_2 \eta_1 \eta_2$] tu $\alpha_2 \beta_2 \Gamma \delta_1$ ca $\delta_3 \epsilon_3 \chi$ jivitaṃ cett.] jivanaṃ $\beta_2 \gamma_2$ **86c** manaś caiva cett.] manaś caivaṃ η_1 rajaś caiva η_2 rakṣaṇīyaṃ δ_3 **86d** rakṣaṇīyaṃ cett.] yogibhiś ca δ_3 **87a** rtumatyā $\alpha_2 B \Gamma \epsilon_2 \epsilon_3 \chi$] bindumadhye $\delta_1 \delta_3 \eta_1 \eta_2$ rajo cett.] nijo β_1 'py evaṃ $\alpha_2 \beta_2 \Gamma \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \chi$] thevaṃ β_ω py eva η_2 strijaṃ β_1 **87b** striyā Γ] bijam $\delta_1 \epsilon_2 \epsilon_3 \eta_1 \eta_2$ vīryaṃ α_2 jīvaṃ δ_3 nijaṃ χ svīyaṃ β_1 jayaṃ β_ω biṇḍum β_2 bindum cett.] bindu $\beta_1 \beta_\omega \eta_2$ rakṣe β_2 ca cett.] tu $\beta_2 \epsilon_2 \eta_1$ pra° δ_3 rakṣayet cett.] rakṣayan β_ω taṃnnayet δ_1 °pālayet δ_3 yogavit β_2 **87c** medhṛeṇā $\beta_2 \beta_\omega \gamma_2 \epsilon_2 \eta_1 \chi$] medhṛeṇa $\alpha_2 \delta_1 \delta_3 \epsilon_3$ meḍdhṛaṇā β_1 medhrā γ_1 medhrām ā η_2 karṣayed cett.] karṣayaḍ β_ω kuṃcayed η_2 **87d** yogataḥ $\Gamma \delta_1 \delta_3 \eta_1$] yogavān $\alpha_3 \beta_1 \beta_\omega \epsilon_2 \epsilon_3$ yogavit $\eta_2 \chi$ pātāvāt $\alpha_2 \beta_2$ **87*1b** dhanyānām cett.] dhīrānām χ śālinām $\beta_1 \beta_2 \gamma_2 \delta_1 \delta_3 \epsilon_3 \eta_1$] śālinām $\beta_\omega \epsilon_2$ sattinām γ_1 darśinām $\eta_2 \chi$ **87*1c** sidhyeta $\beta_1 \beta_\omega \gamma_1 \delta_1 \epsilon_2 \epsilon_3 \eta_1$] siddheta γ_2 vai sidhyen (but sidhyeta in mss?) χ siddhet η_2 siddhānām β_2 **87*1d** śālinām B $\Gamma \delta_1 \epsilon_3 \eta_1 \chi$] śālinām ϵ_2 śīlinām η_2 **heading:** atha sahajolī $\gamma_2 \eta_2$] atha sahajolīḥ χ **88a** sahajolī $\alpha_2 \beta_2 \delta_1 \delta_3 \eta_1 \eta_2$] sahajolīś $\beta_\omega \Gamma \epsilon_2 \epsilon_3 \chi$ sahajolāṃś β_1 sahaśaś α_3 cāmarolī $\alpha_2 \beta_1 \beta_2 \delta_1 \delta_3$] cāmarolī $\beta_\omega \epsilon_2$ cāmarolir $\epsilon_3 \chi$ vāmarolī η_2 cāmarolī ca η_1 cāmarolīś ca Γ camaronaulī α_3 **88b** vajrolyā cett.] vajrolyante $\delta_1 \delta_3$ vajrolī β_2 eva bhe-
dataḥ $\alpha_2 B \Gamma \epsilon_2 \epsilon_3 \eta_1$] ekabhedataḥ η_2 bheda ekataḥ χ prakīrtitā δ_1 pracodyate δ_3 **89a** jaleṣu
bhasma $\gamma_2 \delta_1 \epsilon_2 \epsilon_3 \eta_1 \eta_2$] jale subhasma χ jale bhasmani δ_3 **nikṣīpya** $\delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \eta_2 \chi$] niḥkṣīpya
 γ_2 **89b** dagdha $\gamma_2 \delta_1 \delta_3 \epsilon_3 \eta_1 \eta_2 \chi$] dagdham ϵ_2 sambhavaṃ $\gamma_2 \delta_1 \epsilon_2 \epsilon_3 \eta_1 \eta_2 \chi$] sambhave δ_3
89c vajrolimaithunād cett.] vajrolīmīthunād ϵ_3 **89d** strīpumsoḥ $\gamma_2 \epsilon_2 \eta_1 \eta_2 \chi$] strīpumso $\alpha_2 \beta_\omega$
pumsostri β_1 strīpumsā γ_1 strīpumsau ϵ_3 strīpumsoś $\beta_2 \delta_1 \delta_3$ **svāṅga** $\alpha_2 \beta_1 \Gamma \epsilon_2 \epsilon_3 \eta_1 \eta_2 \chi$] svāṅgu
 β_ω cāṅga $\beta_2 \delta_1 \delta_3$

²⁸ In ϵ_3 Pāda b and d are transposed; χ has this verse at the end of the Sahajolī section.

आसीनयोः सुखेनैव मुक्तव्यापारयोः क्षणम् ।
सहजोलीरियं प्रोक्ता श्रद्धेया योगिभिः सदा ॥

3.90 – $\alpha_1 \delta_2$

अयं शुभकरो योगो भोगे मुक्तेऽपि मुक्तिदः ॥ (om. $\alpha_2 \alpha_3 \gamma_1$) [cf. 3.94cd]

3.90*1

अथ अमरोली । ($\gamma_2 \delta_1 \delta_3 \epsilon_3 \eta_2 \chi$)

पित्तोल्बणत्वात्प्रथमाम्बुधारां
विहाय निःसारतयान्त्यधाराम् ।
निषेव्यते शीतलमध्यधारा
कापालिकैः खण्डमतैरमर्याः ॥ (om. γ_1)²⁹

3.91 – $\alpha_1 \delta_2$

अमरीं यः पिबेन्नित्यं नस्यं कुर्वन्[#] दिने दिने ।
वज्रोलीं चाभ्यसेदेवममरोलीति कथ्यते ॥³⁰ (om. γ_1)

3.92 – $\alpha_1 \delta_2$

90a āśinayoh cett.] anenaiva ϵ_3 **sukhenaiva** cett.] mukhenaiva η_2 **90b vyāpārayoh** $\beta_1 \beta_2 \Gamma \delta_3 \epsilon_3 \eta_1 \chi$] vyāpārayo $\alpha_2 \epsilon_2 \eta_2$ vyāpāramo β_ω vyāpārāla° δ_1 **kṣaṇam** $\alpha_2 B \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \eta_2$] kṣaṇāt $\Gamma \chi$ **90c sahaajolir** $\alpha_2 \beta_1 \gamma_2 \delta_1 \delta_3 \eta_1 \eta_2$] sahaajolir $\beta_\omega \gamma_1 \epsilon_2 \epsilon_3 \chi$ sahaajoli β_2 **90d śrad-dheyā** $\beta_1 \beta_\omega \chi$] śraddhaya° $\alpha_2 \alpha_3 \beta_2 \delta_1 \delta_3 \eta_1$ sādhyeyā η_2 siddhaye ϵ_3 sevyate $\Gamma \epsilon_2$ **90*1b bhoge** $\beta_1 \beta_\omega \gamma_2 \epsilon_3 \eta_2$] bhoga $\beta_2 \epsilon_2 \eta_1 \chi$ yoga δ_3 lac. δ_1 **bhukte** $\beta_\omega \gamma_2 \epsilon_3 \eta_2$] yukte β_1 yukto χ mukte ϵ_2 mukti $\delta_1 \delta_3 \eta_1$ yogē β_2 **°pi muktidaḥ** $B \gamma_2 \epsilon_2 \epsilon_3 \eta_2 \chi$] vimuktidaḥ $\delta_3 \eta_1$ pradāyakaḥ δ_1 **heading: atha amaroli** $\gamma_2 \eta_2$] athāmaroli χ āthamāroli ϵ_3 tatrāmaroli $\delta_1 \delta_3$ **91a pit-tolbaṇatvāt** $\alpha_2 \alpha_3 \beta_1 \beta_\omega \delta_1 \delta_3 \epsilon_3 \eta_1 \chi$] pitvā aṇut β_2 virttanatvādyat ϵ_2 viḥāya nityam η_2 viḥāya nīv...h γ_2 **prathamāmbu** $\delta_3 \eta_1 \chi$] prathamam ca $\alpha_2 \beta_1 \beta_2 \epsilon_2 \epsilon_3 \eta_2$ prathamam ca $\alpha_3 \gamma_2$ prathamam vi β_ω prathamam *unm.* δ_1 **dhārām** cett.] dhārī α_2 om. δ_1 **91b niḥsāratayāntya** $\alpha_2 \beta_1 \delta_1 \epsilon_3 \eta_1 \eta_2 \chi$] niḥsārabhayāntya δ_3 niḥsāralayāntya γ_2 niḥsārayāntya β_ω niḥsmāratayāntya ϵ_2 niḥsāratapāṃśu β_2 **91c niṣevyate** cett.] niṣevite β_2 niḥsevyate $\beta_1 \eta_1$ nikhyevyate β_ω **dhārā** $\alpha_2 \beta_1 \beta_\omega \epsilon_2 \epsilon_3 \eta_2 \chi$] dhārām $\beta_2 \gamma_2 \delta_3 \eta_1$ dhārāḥ δ_1 **91d kāpālikaiḥ** $\alpha_2 \beta_1 \beta_\omega \delta_1 \delta_3 \epsilon_2$] kapa-likaiḥ $\gamma_2 \epsilon_3 \eta_1 \eta_2$ kapaḥ β_2 kapaḥ χ **khaṇḍamatair** $B \eta_1$] khaṇḍamatair ϵ_2 khaṇḍamate $\epsilon_3 \chi$ ṣaḍamatair α_2 kaṇṭhamatair $\delta_1 \delta_3$ kuṇṭhamatair $\gamma_2 \eta_2$ **amaryāḥ** $\delta_1 \delta_3 \epsilon_2$] amaryā $\alpha_2 \beta_1 \beta_2$ aryā β_ω amedhyā η_2 amedhyām γ_2 amedhya η_1 'maroli χ 'maroli ϵ_3 **92a amarīm** $\gamma_2 \delta_1 \delta_3 \eta_2 \chi$] amarī $\alpha_2 \beta_1 \beta_\omega \epsilon_2 \epsilon_3 \eta_1$ amarīm β_2 **yaḥ** $\alpha_2 B \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \chi$] yo $\gamma_2 \eta_2$ **piben** cett.] piban δ_3 **92b nasyam kurvan** $\beta_2 \beta_\omega \delta_1 \chi$] naśyam kurvan $\alpha_3 \epsilon_2 \epsilon_3$ naśam kurvan δ_3 trśya kurvan β_1 naśyam kuryād η_1 nasya kuryā α_2 tasya kuryā γ_2 tastham kuryād η_2 **92c vajroliṃ cā** $\alpha_3 \delta_1 \delta_3$] vajroli cā $\beta_\omega \epsilon_2 \epsilon_3 \eta_1$ vajroli vā β_1 vajroliṃ a $\gamma_2 \eta_2 \chi$ vajroli ka β_2 vijroli sā α_2 **°bhyased evam** $\alpha_2 \alpha_3$] bhyasec ceyam $\delta_1 \delta_3 \epsilon_2 \epsilon_3$ bhyaset seyam β_ω bhyasevayam β_1 bhyasen nityam η_1 bhyaset satve γ_2 bhyasec chattve η_2 bhyaset samyak χ thyate seyam β_2 **92d amaroliṃ** cett.] sāmāroliṃ χ amaroli tu α_2 amaroliṃ tu ϵ_3 **kathyate** cett.] kalpayet ϵ_3 kasyate η_2

²⁹ γ_2 seems to have supplied this verse and the next one from a ms belonging to the ϵ -group.

³⁰ In χ the verse 3.103 is found after this

पुंसो बिन्दुं समाकृष्य सम्यग्भ्यासपाटवात् ।

यदि नारी रजो रक्षेद्ब्रजोल्या सा हि योगिनी ॥ (om. $\alpha_2\alpha_3$)

3.92*1

तस्याः किञ्चिद्रजो नाशं न गच्छति न संशयः ।

तस्याः शरीरे नादस्तु बिन्दुतामेव गच्छति ॥ (om. $\alpha_2\alpha_3$) (cd om. γ_2)

3.92*2

स बिन्दुस्तद्रजश्चैव एकीभूय स्वदेहजौ[#] ।

वज्रोल्याभ्यासयोगेन सर्वसिद्धिं प्रकुर्वतः ॥ (om. $\alpha_2\alpha_3$)

3.92*3

रक्षेदाकुञ्चनेनोर्ध्वं या रजः सा हि योगिनी । ($\alpha_2\alpha_3\gamma_2\eta_2\chi$)³¹

अतीतानागतं वेत्ति खेचरी च भवेद्भुवम् ॥

3.93 – $\alpha_1\delta_2$

देहसिद्धिं च लभते वज्रोल्याभ्यासयोगतः । (ab om. α_2)

अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (cd om. $\alpha_2\Gamma$) [cf. 3.90*1cd]

3.94 – $\alpha_1\delta_2$

92*1a **pumso** $\beta_1\gamma_1\delta_1\delta_3\epsilon_2\epsilon_3\eta_2\chi$] **pumsor** $\beta_2\gamma_2$ **pumsām** $\beta_\omega\eta_1$ **binduṃ** cett.] **bindu** $\beta_1\beta_\omega\gamma_1\epsilon_2\epsilon_3\eta_2$ **samākṛṣya** Γ] **samākuñcya** cett. **92*1b** **pāṭavāt** $\beta_1\beta_2\delta_1\delta_3\epsilon_3\chi$] **pāṭavān** $\beta_\omega\Gamma\epsilon_2\eta_2$ **pāravān** η_1 **92*1d** **vajrolyā** $\beta_1\beta_\omega\gamma_2\epsilon_2\eta_1\chi$] **vajrolyām** δ_1 **vajrolyā** δ_3 **vajroli** β_2 **vajroli** ϵ_3 **samyoge** η_2 **om.** (3.92*1d–3.94a **om. prob. by eye-skip**) γ_1 **sā hi** β_ω] **saha** $\beta_1\beta_2\gamma_2\epsilon_2$ **sāpi** $\delta_1\epsilon_3\eta_1\chi$ **syāpi** δ_3 **cāpi** η_2 **om.** γ_1 **92*2c** **tasyāḥ** $\beta_1\beta_2\delta_1\delta_3\epsilon_3\eta_1\eta_2\chi$] **yasyāḥ** ϵ_2 **asyāḥ** β_ω **om.** Γ **śarīre** cett.] **śarīra** $\delta_3\epsilon_3$ **śarīre** π β_1 **om.** Γ **nādas tu** $B\delta_3\epsilon_2\epsilon_3\eta_1$] **nādas** τ η_2 **nādātmā** δ_1 **nādaś** ca χ **om.** Γ **92*2d** **bindutām eva** $\beta_1\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3\eta_1\chi$] **bindus** tam **eva** η_2 **vyamjātām** **eva** β_2 **om.** Γ **92*3b** **ekī** cett.] **hy** **ekī** δ_3 **om.** γ_1 **bhūya** $\beta_2\beta_\omega\gamma_2\delta_1\delta_3\epsilon_3\chi$] **bhūyaḥ** $\epsilon_2\eta_2$ **bhūtaḥ** η_1 **bhūta** β_1 **om.** γ_1 **svadehajau** $\beta_1\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1$] **svadehajaiḥ** $\beta_2\eta_2$ **svadehajam** δ_3 **sadehajam** δ_1 **svadehagau** χ **om.** γ_1 **92*3c** **vajrolyā** $B\epsilon_2\epsilon_3\eta_1\eta_2$] **vajrolyā** $\gamma_2\delta_1\delta_3\chi$ **om.** γ_1 **92*3d** **sarva** cett.] **sarvām** β_2 **siddhiṃ** $\beta_1\beta_2\gamma_2\delta_1\epsilon_2\epsilon_3\chi$] **siddhi** $\beta_\omega\eta_1$ **siddhiḥ** $\delta_3\eta_2$ **om.** γ_1 **prakurvataḥ** $\beta_1\epsilon_2\epsilon_3$] **prakurvate** $\gamma_2\delta_1\delta_3$ **prayacchataḥ** χ **prayacchati** β_2 **prajāyate** $\beta_\omega\eta_1\eta_2$ **om.** γ_1 **93a** **rakṣed ākuñcanenordhvam** **em.**] **rakṣe**[$d\tilde{a}$] **kumcane..** + α_3 **rakṣed ākuṃbhanonordham** α_2 **rakṣed ākuñcanād ūrdhvam** χ **mehenākumcānād ūrdhva** γ_2 **medhrām ākuṃcānād ūrdhvam** η_2 **93b** **yā rajah sā hi yoginī** χ] **yā** **rajaḥ** **saha** **yoginī** α_2 **rajasāpi** **hi** **yoginaḥ** $\gamma_2\eta_2$ **93c** **atitānāgataṃ** cett.] **atitānāgate** β_2 **atitānāgatiṃ** ϵ_3 **atitānām** **gatiṃ** ϵ_2 **om.** γ_1 **93d** **khecari ca** cett.] **khecaraś** ca η_2 **khecariṃ** la^o δ_3 **khecariṃ** δ_1 **om.** γ_1 **bhaved dhruvam** cett.] **bhave** **druvam** α_2 **bhaved dṛdham** β_1 **bhate dhruvam** $\delta_1\delta_3$ **prajāyate** γ_2 **om.** γ_1 **94a** **ca** cett.] **tu** η_1 **om.** γ_1 **labhate** cett.] **labhyeta** β_2 **om.** γ_1 **94b** **vajrolyabhyāsa** $\gamma_2\delta_1\delta_3\chi$] **vajrolyābhyāsa** $B\gamma_1\epsilon_2\epsilon_3\eta_1\eta_2$ **94c** **ayaṃ śubhakaro yogo** α_3] **ayaṃ** **punyakaro** **yogo** χ **yasmād** **ayaṃ** **sādhakāya** **B** **tasmād** **ayaṃ** **sādhakāya** $\delta_1\delta_3\epsilon_2\epsilon_3$ **tasmād** **ayaṃ** **sādhako'yaṃ** η_1 **tasmād** **ayaṃ** **sādhakānām** η_2 **94d** **bhoge bhukte'pi muktidaḥ** $\beta_1\chi$] **bhoge** **bhukti** « π » **muktidaḥ** β_ω **bhogamukte** π **muktidaḥ** ϵ_2 **bhogabhukti**(**yoga-** **mukti** **ac**)**vimuktidaḥ** δ_1 **bhogamuktivimuktidaḥ** $\alpha_3\delta_3\eta_1$ **bhoge** **muktivimuktidaḥ** η_2 **bhogayukto** π **muktidaḥ** ϵ_3 **bhogayoge** π **muktidaḥ** β_2

³¹ γ_2 has this hemistich between 3.92 and 3.92*1.

तस्मात्पुण्यवतामेव अयं योगः प्रसिध्यति ॥³² (om. $\alpha_2\alpha_3\chi$) 3.94*1

अथ शक्तिचालनम् ।

कुटिलाङ्गी कुण्डलिनी भुजङ्गी शक्तिरीश्वरी ।
कुण्डल्यरुन्धती चेति शब्दाः पर्यायवाचकाः ॥ (om. $\alpha_2\alpha_3$) 3.94*2

उद्धाटयेत्कपाटं तु यथा कुञ्चिकया हठात् ।
कुण्डलिन्या तथा योगी मोक्षद्वारं विभेदयेत् ॥³³ (om. $\alpha_2\alpha_3$) 3.94*3

येन मार्गेण गन्तव्यं ब्रह्मस्थानं निरामयम् ।
मुखेनाच्छाद्य तद्वारं प्रसुप्ता परमेश्वरी ॥ (om. $\alpha_2\alpha_3$) 3.94*4

कन्दोर्ध्वं कुण्डली शक्तिः सुप्ता मोक्षाय योगिनाम् ।
बन्धनाय च मूढानां यस्तां वेत्ति स योगवित् ॥ (om. $\alpha_2\alpha_3$) 3.94*5

94*1a eva $\beta_2\Gamma\eta_2$] evam $\beta_1\beta_\omega\delta_1\delta_3\varepsilon_2\varepsilon_3\eta_1$ **94*1b** ayam yogaḥ $\text{B}\Gamma\varepsilon_2\varepsilon_3\eta_1$] eṣa yogaḥ $\delta_1\delta_3$
yogo'yam η_2 **prasidhyati** $\text{B}\Gamma\delta_1\delta_3\varepsilon_2\varepsilon_3\eta_1$] samprasidhyati η_2 **heading:** atha $\alpha_2\alpha_3\text{B}\varepsilon_2\eta_1\eta_2\chi$]
om. $\Gamma\Delta\varepsilon_3$ **śakticālanam** $\alpha_2\alpha_3\text{B}\Upsilon_2\delta_1\delta_3\varepsilon_2\eta_1\chi$] śakticālam δ_2 śaktiyānam Υ_1 śakti η_2
om. ε_3 **94*2a** kuṭilāṅgī $\text{B}\Delta\eta_1\eta_2\chi$] kuṇḍalāṅgī $\Upsilon_2\varepsilon_2\varepsilon_3$ kuṇḍaliṅgī Υ_1 **94*2b** śaktir iś-
vari $\text{B}\Upsilon_2\varepsilon_2\varepsilon_3\eta_1\eta_2\chi$] śaktir aiśvari $\delta_1\delta_2$ śaktir asvari Υ_1 śaktivardhiniḥ δ_3 **94*2c** kuṇḍaly
 $\text{B}\Gamma\varepsilon_2\varepsilon_3\eta_1\eta_2\chi$] kuṭily Δ **arundhati** cett.] aruṇḍhati β_1 ā[ku]ṇḍalī η_1 āceti rum° η_2 **ceti**
 $\beta_1\eta_1$] veti β_ω vati ε_2 caiva ε_3 caite $\beta_2\chi$ devī $\Gamma\delta_1\delta_3$ divī δ_2 dhamti η_2 **94*2d** śabdāḥ paryāyavā-
cakāḥ cett.] śabdā cārvāk vācakāḥ β_1 śabdaḥ paryāyavācakāḥ $\delta_1\delta_3$ **94*3a** udghāṭayet
cett.] udghāṭayati ε_2 **kapāṭam** cett.] kapāṭam δ_3 **tu** cett.] om. ε_2 **94*3b** kuñ-
cikayā cett.] kuṃcukayā β_2 **94*3d** vibhedayet cett.] prabhedayet Υ_1 nirodhayet Υ_2
94*4a mārgena $\text{B}\varepsilon_2\varepsilon_3\eta_1\eta_2\chi$] dvāreṇa $\Gamma\Delta$ **94*4c** ācchādyā cett.] ākṣādyā δ_1 āvādyā ε_2 **tad-**
dvāram $\Upsilon_1\delta_3\eta_2$] tadvāram $\beta_1\beta_\omega\Upsilon_2\delta_1\varepsilon_2\varepsilon_3\eta_1\chi$ tam dvāram β_2 tedvāram δ_2 **94*5a** kandordhvam
 $\beta_1\Gamma\varepsilon_2\varepsilon_3$] kandordhve (kandho° δ_{1ac}) $\delta_1\delta_3\eta_1\eta_2\chi$ kandorddha β_ω kaṃṭhorddham β_2 kuṇḍordhvo δ_2
94*5b sūptā $\text{B}\varepsilon_3\eta_1\eta_2\chi$] buddhā $\Gamma\delta_2\varepsilon_2$ baddhā $\delta_1\delta_3$ **94*5c** mūḍhānām cett.] mūrkhānām Υ_2

³² Υ_1 has a sub-colophon marking the end of Chap. 3 after this verse (the 100th!). Chap. 4 contains only 29 verses, which are the remaining verses of the usual Chap. 3. Chap. 5 corresponds to the usual Chap. 4.

δ_1 has here: इति हठयोगप्रदीपिकायां पंचम उपदेशः ॥ ५ ॥ समाप्तोयं ग्रंथः ॥ संवत् १७०७ ज्येष्ठ कृष्ण ४ भृगौ लिषितमिदं ॥ ॥ शुभं ॥ ॥; δ_3 इति श्रीमदाल्मरामविरचितायां पञ्चमोयमुपदेशः ॥ ५ ॥ शुभमस्तु सर्वजगताम् ॥; P23 इयं वज्रोली त्रयोदशे पत्रे शक्तिचालनात्पूर्वं ज्ञातव्या ॥ ॥ इति श्रीआत्माराममुनीन्द्रविरचितायां हठदीपिकायां(!) पंचमोपदेशः ॥ ५ ॥

³³ This verse and the next one are transposed in ε_2 .

अम्भोधिशैलद्वीपानामाधारः शेषकुण्डली । (ab om. $\alpha_2\alpha_3\chi$)

अशेषयोगतन्त्राणामाधारः कुण्डली तथा ॥ (cd om. $\alpha_2\alpha_3\eta_1\chi$) [cf. 3.1] 3.94*6

कुण्डली कुटिलाकारा सर्पवत्परिकीर्तिता ।

सा शक्तिश्चालिता येन स मुक्तो नात्र संशयः ॥ (om. $\alpha_2\alpha_3$) [= 4.59] 3.94*7

गङ्गायमुनयोर्मध्ये बालरण्डा तपस्विनी ।

बलात्कारेण गृहीयात्तद्विष्णोः परमं पदम् ॥ 3.95 - α_1

इडा भगवती गङ्गा पिङ्गला यमुना नदी ।

इडापिङ्गलयोर्मध्ये बालरण्डा सरस्वती ॥ ($\alpha_2\beta_2\beta_\omega\gamma_2\eta_1\eta_2\chi$) 3.95*1

पुच्छं प्रगृह्य भुजर्गी सुप्तामुद्रोधयेदभीः ।

निद्रां विहाय सा ऋज्वी ऊर्ध्वमुत्तिष्ठते हठात् ॥ 3.96 - α_1

परिस्थिता चैव फणावती सा

प्रातश्च सायं प्रहरार्धमात्रं ।

प्रपूर्य सूर्यात्परिधानयुक्त्या

प्रगृह्य नित्यं परिचालनीया ॥[#](om. $\alpha_2\alpha_3$) 3.96*1

94*6a ambhodhi cett.] om. $\alpha_2\alpha_3\chi$ **śailadvipānām** $\beta_1\beta_\omega\Gamma\epsilon_3\eta_1\eta_2$] śailordvagānām β_2 plaulad-vipānām ϵ_2 dvīpaśailānām Δ om. $\alpha_2\alpha_3\chi$ **94*6b ādhārah** cett.] ādhārah γ_2 ādhārah ϵ_2 om. $\alpha_2\alpha_3\chi$ **94*6c tantrāṇām** cett.] jagatām η_2 om. $\alpha_2\alpha_3\eta_1\chi$ **94*6d kuṇḍalī tathā** cett.] kuṇḍalī yathā δ_1 śeṣakuṇḍalī ϵ_3 om. $\alpha_2\alpha_3\eta_1\chi$ **94*7a kuṭilākārā** $\text{BF}\Delta\epsilon_2\chi$] kuṇḍilākārā ϵ_3 kuṇḍalākārā η_1 kuṭilākārī η_2 **95a yamunayor** cett.] jamunāyor $\beta_\omega\eta_2$ **95b bālaraṇḍā** cett.] bālaraṇḍām $\beta_1\chi$ **tapasvinī** cett.] tapaścānī δ_1 tapasvinīm χ sarasvatī $\beta_1\beta_2$ **95*1c idāpiṅgalayor madhye** $\beta_2\beta_\omega\gamma_2\eta_1\eta_2\chi$ (piṅgalāyor $\beta_\omega\eta_2$)] tayor madhye prayāgaṃ tu α_2 **95*1d bālaraṇḍā** $\beta_2\beta_\omega\gamma_2\eta_1\eta_2\chi$] yas tam veda α_2 **sarasvatī** $\beta_2\beta_\omega\gamma_2\eta_1\eta_2$] ca kuṇḍalī χ sa vedavit α_2 **96a puc-cham** cett.] pucche $\delta_2\eta_2\chi$ **pragrhya** $\alpha_2\text{BF}\Delta\epsilon_2\eta_2\chi$] nigrhya ϵ_3 grhya η_1 **bhujagīm** $\beta_2\gamma_2\Delta$] bhujagī $\alpha_2\beta_1$ bhujagīm $\beta_\omega\gamma_1$ bhujagīm η_2 bhujagīmva η_1 *illeg.* ϵ_2 **96b udbod-hayed/c** $\alpha_2\beta_\omega\beta_2\gamma_2\delta_1\delta_2\eta_1\epsilon_3\eta_2\chi$] udyodhayem α_3 uddyotayed δ_3 udrodhyamed γ_1 udbdhoyed (sic!) β_1 *illeg.* ϵ_2 **abhiḥ** $\alpha_3\Gamma$] abhi $\alpha_2\beta_1$ abhiḥ ϵ_3 api Δ ca tām $\beta_\omega\eta_1\eta_2\chi$ balāt β_2 *illeg.* ϵ_2 **96c rjvi** $\Gamma\delta_2\delta_3\eta_1\epsilon_3\eta_2$] rjvim $\alpha_3\beta_2\delta_1$ rijvim β_1 rujvim β_ω rajvi ϵ_2 rajvām α_2 śaktir χ **96d ūrdhvam** cett.] kurddham ϵ_2 **uttiṣṭhate** cett.] ākrṣyate ϵ_2 **hathāt** cett.] kṣaṇāt β_2 **96*1a paristhitā caiva** $\beta_2\Gamma\Delta\epsilon_2$] paristhitasyaiva ϵ_3 paristhitā [sai]va η_1 pravistṛtasyava β_1 prṣṭisthitasyaiva β_ω avasthitasya η_2 avasthitā caiva χ **phaṇāvati sā** cett.] phaṇāvativā sā δ_3 phaṇāryayāṃtiyaṃ η_2 **96*1b prātaś ca sāyaṃ** cett.] prātaś tu sāyaṃ ϵ_3 sāyaṃ ca prātaḥ δ_2 **mātram** cett.] rātram $\beta_1\beta_\omega$ **96*1c prapūrya** cett.] prapūrvva γ_1 prasūrya η_1 prasārya $\beta_1\beta_2\eta_2$ **sūryāt** $\beta_1\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1\chi$] sauryā δ_1 saudhā δ_3 saccārya β_2 tesau δ_2 ryāṣṇut η_2 **parid-hāna** cett.] paridhāya β_ω mavidhāna β_1 vidhāna β_2 **yuktyā** $\beta_1\beta_2\eta_2\chi$] yuktā $\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1$ mukta Δ **96*1d nityaṃ paricālanīyā** $\beta_2\chi$] niryāt paricālanīyā $\beta_1\beta_\omega$ niryāt paricālanīyāt ϵ_2 niryātya paricālanīyā *unm.* ϵ_3 niyāt* pavicalīnī sā γ_1 niryātya avicalīnī sā $\gamma_2\Delta$ teyā paricālanīy[ai] η_1 paricālanīyā η_2

वितस्तिप्रमितं दैर्घ्यं विस्तारं चतुरङ्गुलम् ।

मृदुलं धवलं प्रोक्तं वेष्टनाम्बरलक्षणम् ॥ (om. $\alpha_2\alpha_3$) [= ??]

3.96*2

³⁴वज्रासनस्थितो योगी चालयित्वा तु कुण्डलीम् ।

कुर्यादनन्तरं भस्मीं कुण्डलीमाशु बोधयेत् ॥

3.97 - α_1

भानोराकुञ्चनं कुर्यात्कुण्डलीं चालयेत्ततः ।

मृत्युवक्रगतस्यापि तस्य मृत्युभयं कुतः ॥

3.98 - α_1

नासादक्षिणमार्गवाहपवनो प्राणोऽतिदीर्घकृते

चन्द्राम्भःपरिपूरितामृततनुः प्राग्घण्टिकायास्तथा ।

सिञ्चन्कालविशालवह्निवशगान्धूरन्ध्रनाडीगणान्

तत्कायं कुरुते पुनर्नवतरं जीर्णद्रुमस्कन्धवत् ॥[#] (om. A)³⁵

3.98*1

96*2a vitastipramitaṃ dairghyaṃ $\beta_\omega\epsilon_2$] vitastipramita-dairghyaṃ $\epsilon_3\eta_1$ vitastipramitaṃ dirghaṃ $\beta_2\Gamma\Delta\eta_2$ vitastipramitaṃ divyaṃ β_1 ūrdhvaṃ vitastimātraṃ tu χ **96*2b vistāraṃ** $\beta_2\beta_\omega\gamma_1\Delta\epsilon_3\eta_1\eta_2\chi$] vistāre $\beta_1\gamma_2\epsilon_2$ **96*2c mṛdulaṃ** cett.] mṛlaṃ δ_1 **dhavalaṃ** cett.] pavanam δ_3 **96*2d veṣṭanāmbara** $\beta_1\epsilon_3\eta_1\eta_2$] veṣṭatāmbara β_ω veṣṭitāmbara χ veṣṭanāmbala γ_2 veṣṭanāmba β_2 vaṣṭanāmbara $\gamma_1\epsilon_2$ veṣṭanādhāra Δ **97a vajrāsana** cett.] vajrāsane $\beta_2\chi$ **97b cālayitvā** cett.] vārayitvā β_1 tu $\text{B}\Gamma\Delta\epsilon_2$] ca $\alpha_2\epsilon_3\eta_2\chi$ om. η_1 **97c ante kuryād** add. sūryabhedāt $\gamma_1\delta_2\delta_3$ (as header δ_3) **kuryād** $\alpha_2\text{B}\eta_1\eta_2\chi$] sūryād $\Gamma\delta_1\delta_3\epsilon_2\epsilon_3$ tathā δ_2 **anantaraṃ** cett.] vanara γ_1 sūryāt δ_2 **bhastrīm** $\beta_1\epsilon_3\eta_2$] bhastrī $\alpha_2\gamma_1\delta_1\delta_3$ bhasrī γ_2 bhas-tri $\beta_\omega\epsilon_2$ bhastrām $\beta_2\chi$ illeg. η_1 om. δ_2 **97d kuṇḍalim āśu bodhayet** cett.] om. $\alpha_2\delta_2$ **98a bhānor** cett.] bhānur β_1 om. $\alpha_2\delta_2$ **ākuñcanaṃ kuryāt** cett.] ākuñcanaṃ pu(?)ryāt δ_1 ākuñcanaivaṃ η_1 ākuñcanenaiva η_2 om. $\alpha_2\delta_2$ **98b cālayet** cett.] cālayan γ_1 bodhayet $\alpha_1\alpha_2$ **tataḥ** cett.] tadā η_2 **98c mṛtyu** cett.] mṛtyor η_2 **vaktra** cett.] vaktraṃ β_ω vakra γ_1 vajra α_2 **98*1a dakṣiṇamārgavāhi** $\beta_1\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_2\chi$] dakṣiṇavāhimārga β_2 paścimavartmavāhi δ_1 dakṣiṇavartmavāhi δ_3 dakṣiṇavatsavāhi δ_2 da..ṇa[vā]..mārgena η_1 **pavano** $\beta_2\gamma_2\Delta$] pavanot ϵ_3 pavanāt $\beta_1\beta_\omega\epsilon_2\eta_1\eta_2\chi$ pavana γ_1 **prāṇe** γ_1] prāṇo $\beta_1\beta_\omega\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ghrāṇe $\beta_2\gamma_2\delta_2\delta_3$ ghrāṇo δ_1 ***tidirghikṛte** em.] *kṛte γ_2 *kṛtaś $\delta_2\epsilon_3\eta_1\chi$ tidirghākṛtaś γ_1 tidirghākṛtiś $\epsilon_2\eta_2$ tirghikṛtiś (*kṛtaś pc?) δ_1 dirghikṛtaḥ β_ω pi dirghikṛtaḥ β_1 na dirghikṛtaḥ β_2 ca dirghikṛtaś δ_3 **98*1b candrāmbhaḥ** $\beta_2\epsilon_3\eta_1\eta_2$] candrāmbhaḥ $\Gamma\chi$ candrāntaḥ Δ camdrāmśāt β_1 camdrām-gāt β_ω camdrād[vā] ϵ_2 **paripūritāmṛtatanuḥ** $\beta_1\beta_2\Gamma\epsilon_2\eta_2\chi$] paripūrṇatāmṛtatanuḥ ϵ_3 paripūritāmṛtyu-tanuḥ β_ω paripūritā..... η_1 paripūrya pūritatanuḥ Δ **prāg** cett.] prā $\beta_2\delta_1$ ***kāyās tathā** $\beta_2\gamma_1\delta_1\delta_2\epsilon_2\eta_2$] kāya[ya]thā β_ω kāyāḥ pathā β_1 kāyās tataḥ $\delta_3\chi$ kāyās tadā γ_2 kāyāḥ sadā ϵ_3 illeg. η_1 **98*1c siñcan** em. (= Amaraughaśāsana)] chindan $\epsilon_2\epsilon_3$ chinḍat β_1 chaṇḍah β_2 chinnaṭ $\beta_\omega\eta_2$ chittvā χ bhindan $\gamma_2\Delta$ bhidan γ_1 illeg. η_1 **vahni** cett.] vadri β_1 pāśa ϵ_3 om. γ_1 **vaśagan** $\beta_\omega\Gamma\delta_2\eta_1$] vaśagā $\delta_1\delta_3\epsilon_3$ vaśagāt η_2 vaśanān ϵ_2 vaśagam χ paramān β_1 pavanān β_2 **bhrū** cett.] bhū ϵ_3 tū γ_1 bhṛm β_ω prāg η_2 **nāḍiganān/gaṇāms** cett.] nāḍiganāt η_2 nāḍiguṇān β_1 nāḍigataṃ χ nā..n γ_1 **98*1d tat** $\beta_2\epsilon_2\epsilon_3\eta_2\chi$] taṃ $\beta_1\beta_\omega\Gamma\Delta\eta_1$ **jirṇa** $\beta_1\beta_2\gamma_2\delta_1\delta_2$] jirṇaṃ $\beta_\omega\delta_3\epsilon_2$ chinna $\eta_2\chi$ chinnaṃ ϵ_3 kṛnta η_1 bhasma γ_1

³⁴ χ has 3.64 before this verse.

³⁵ In χ this verse is found after 3.102*1 together with the next one and has no commentary.

कुण्डलीं चालयित्वा तु कुर्याद्ब्रह्मीं विशेषतः ।

एवमभ्यस्यतो नित्यं यमिनः शंकते यमः ॥ (om. A)

3.98*2

तदाभ्यसेत्सूर्यभेदमुज्जयीं चापि शीतलीम् ।

एवमभ्यासयुक्तस्य शमनो यमिनः कुतः ॥ (om. A_χ)

3.98*3

मुहूर्तद्वयपर्यन्तं निर्भयश्चालयेदसौ ।

ऊर्ध्वमाकृष्यते किञ्चित् सुषुम्ना कुण्डलीगता ॥ (cd om. Δ)

3.99

तेन कुण्डलिनी तस्याः सुषुम्णायाः समुद्धृता ।

जहाति तस्मात्प्राणोऽयं सुषुम्णां व्रजति स्वतः ॥ (om. Δ)

3.100

तस्मात्संचालयेन्नित्यं शब्दगर्भा मरुन्धतीम् ।

तस्याः संचालनेनैव योगी रोगैः प्रमुच्यते ॥ (om. Δ)

3.101

येन संचालिता शक्तिः स योगी सिद्धिभाजनम् ।

किमत्र बहूनोक्तेन कालं जयति लीलया ॥ (om. Δ)

3.102

98*2a °tvā tu γ₂Δε₂χ] °tvacca γ₁ °tvātha β₁β₂ε₃η₂ °tvādhaβ β_ω illeg. η₁ **98*2b** kuryād bhas-
trīm β₁δ₂δ₃ε₃η₁] kuryād bhastrī β_ωδ₁ε₂ kuryād bhastrām η₂ bhasrī kuryād Γ bhastrām kuryād β₂χ
98*2c abhyasyato η₂χ] abhyasyatā β_ω abhyasya tām β₁ abhyasato δ₃ε₃ abhyāsato β₂Γδ₁δ₂ε₂
... syat. η₁ **98*2d** yaminaḥ śamkate yamaḥ cett.] yamino yamabhiḥ kutaḥ χ **98*3a** tadāb-
hyaset β₁β_ωΓδ₂ε₂η₁] tadābhyasyet η₂ tad abhyaset β₂δ₁ε₃ tam abhyaset δ₃ sūryabhedam
cett.] sūryabhede ε₃ sūryabijam δ₃ **98*3b** ujāyīm BΓδ₂δ₃η₁η₂] ujāi ε₂ ujāyām ε₃ ujārkhyām
δ₁ cāpi cett.] vāpi ε₃ [vā].. η₁ api δ₁ **98*3c** yuktasya cett.] yogena η₂ **98*3d** śamano
β₂ε₂β_ωη₂] śamino β₁β₂ε₂η₁ śramas tu ε₃ yamas tu ΓΔ yaminaḥ cett.] yamina β₁ yaminam β_ω
kutaḥ cett.] kva ca β₂ **99b** nirbhayaś α₁α₂β₃] nirbhayaś ε₂ nirbhayaḥ η₁η₂χ nirbharam
ΓΔ cālayed asau em.] cālanād asau α₁α₂β₂β_ωΓε₂ε₃η₁χ cālanād asau Δ cālanādiḥ β₁ vā
diśodiśa η₂ **99c** ākrṣyate cett.] ākrte ε₃ om. Δ **99d** suṣumnā kuṇḍaligatā α₂ε₂] suṣumnā
kuṇḍaligataḥ α₁ + + + + da[l]i[ga]taḥ α₃ suṣumnām kuṇḍaligatā β_ω suṣumnām kuṇḍaligatām β₁
suṣumnāgatakūṇḍalī β₂Γε₃ suṣumnāyām samudgatā χ suṣumnāyāḥ samuddhṛtaḥ η₂ om. Δη₁
100a tena kuṇḍalīnī tasyāḥ ABΓε₂ε₃η₂χ] om. η₁ **100b** suṣumnāyāḥ cett.] suṣumnāyā AB
samuddhṛtā α₂α₃β_ωΓε₂ε₃η₁η₂] samudbhutā α₁ mukhaḥ dhruvam β₁β₂χ **100c** jahāti cett.]
na yāti η₂ **100d** svataḥ ε₃η₁χ] svanaḥ α₁β₁β_ωε₂ svayam α₂β₂Γ niścalaḥ η₂ **101a** tasmāt
α₁α₂β₂γ₂ε₂ε₃η₁η₂χ] kasmāt γ₁ **101b** śabdagarbhām α₂B] śabdagamdhām α₁ śambhugarbhām
Γε₂ε₃ suhasuptām χ suśasuptām η₂ illeg. η₁ arundhatīm cett.] sarasvatīm β₁β₂ **101c** ta-
syāḥ α₁α₂β₂β_ωε₃χ] tasyām η₂ tasmāt β₁ yasyāḥ Γε₂ [ya].. η₁ saṃcālanenaiva α₁α₂β₂χ]
saṃcālanenāśu Γε₃ saṃcālayenāśu ε₂η₂ ...lanen... η₁ **101d** rogaiḥ/rogair α₁α₂β₂γ₂ε₂ε₃η₁χ]
[r]. air γ₁ rogaḥ β_ω rogāt β₁η₂ **pramucyate** α₁α₂β₂β_ωη₁η₂χ] pramucati β₁ vimucyate
Γε₂ε₃ **102a** saṃcalitā α₂α₃β₂γ₁ε₃η₁η₂χ] saṃcalitā ε₂ saṃcalatā α₁ sa cālītā γ₂ **102b** siddhi
α₁α₂β₂ε₂ε₃η₁η₂χ] siddha α₃ mukti Γ bhājanam cett.] bhājana α₂ bhājanah β₂ ..janah η₁
102d jayati cett.] vrajati η₂

ब्रह्मचर्यरतस्यैव नित्यं हितमिताशिनः ।

मण्डलादृश्यते सिद्धिः कुण्डल्यभ्यासयोगतः ॥ (om. A)

3.102*1

अभ्यासनिःसृतां चान्द्रीं विभूत्या सह मिश्रयेत् ।

तद्वारणं तूत्तमाङ्गे दिव्यदृष्टिप्रदायकम् ॥ (om. Δχ)³⁶

3.103

द्विसप्ततिसहस्राणां नाडीनां मलशोधने ।

कुतः प्रक्षालनोपायः कुण्डल्यभ्यसनादृते ॥ (om. Aβ_ω)

3.103*1

इति शक्तिचालनम् । (ε₂ε₃η₁η₂)

इति मुद्रा दश प्रोक्ता आदिनाथेन शंभुना ।

एकैका तासु यमिनां महासिद्धिप्रदायिनी ॥³⁷

3.104

102*1a brahmacaryaratasyaiva Δη₁χ] °rataś caiva ε₂ °vratasyaiva β_ωε₃ brahmacaryāvatastaiva β₁ brahmacarye ca tasyaiva γ₂ brahmacaryavratam β₂ brahmavatasyaiva γ₁ brahmadharmarata-syaiva η₂ **102*1b hitamitāśinaḥ** γ₂δ₃χ] °śini β₁ °śanaḥ β_ωγ₁δ₁ε₂ °śanaḥ β₂ °śanaiḥ ε₃ mi-tahitāśinaḥ (°śanaḥ δ₂pc) δ₂η₂ illeg. η₁ **102*1c maṇḍalād** β₂γ₂ε₃χ] maṇḍalā β₁β_ωγ₁η₂ maṇḍalī δ₁ illeg. η₁ **102*1d kuṇḍalya** β₂γ₂ε₃χ] kuṇḍalyā β_ωδ₁δ₃ε₂η₂ kuṇḍalā β₁δ₂ kuṇḍalī γ₁ illeg. η₁ **yogataḥ** β₁β₂ΓΔη₁η₂] yoginaḥ β_ωε₂ε₃χ **103a abhyāsa** α₁BΓε₂ε₃η₁] abhyāsān χ abhyāsā η₂ abhasā α₂ **niḥsṛtām** β₂β_ωε₃χ] niḥsṛtā η₁ niḥsṛitām η₂ nisṛtām β₁ nisṛtā α₁α₂ nibhṛtām ε₂ sahitaḥ Γ **cāndrīm** α₁β₂ε₂η₂χ] cāndrī α₂β_ωε₃η₁ cāndrām β₁ candram Γ **103b miśrayet** ε₂ε₃η₁η₂χ] miśritām B miśritām α₂ miśritām α₁ micchayet γ₁ mūrchayet γ₂ **103c tad-dhāraṇam** β₂ε₂ε₃] taddhāraṇā Γ tadvāraṇam β_ω yadvāraṇam β₁ tad[v/dh].... η₁ tad dhārayed α₁α₂ tāṃ dhārayed η₂ dhārayed χ **tūttamāṅge** Bε₂ε₃] cottamāṅge γ₂ cottamāṅga γ₁ uttamāṅge α₁α₂η₂ uttamāṅgeṣu χ illeg. η₁ **103d divya** cett.] dirgha α₃B **dr̥ṣṭipradāyakam** ABε₂ε₃η₁] dr̥ṣṭipradāyini Γ dr̥ṣṭipradāyiniḥ η₂ dr̥ṣṭiḥ prajāyate η₁ **103*1a dvi** β₁β₂γ₂δ₂ε₂ε₃η₁η₂] dvā γ₁δ₁δ₃χ **103*1b śodhane** η₂χ] śodhanam β₁β₂ΓΔε₂ε₃η₁ **103*1c kutaḥ** Δε₃χ] kṛta ε₂ gu-dah γ₂ guda η₁η₂ aṃtaḥ β₂ aṃtam β₁ om. γ₁ **prakṣālanopāyaḥ** γ₂Δε₃η₂χ] °pāyam ε₂η₁ prakṣālano vāyuh β₂ prajvālano vāyu β₁ om. γ₁ **103*1d kuṇḍalyabhyasanād rte** χ] kuṇḍalyabhyasanād rte β₂ε₂ε₃ kuṇḍalibhyasanād ate β₁ kuṇḍalyabhyāsato vinā γ₂ kuṇḍalyābhyāsato vinā γ₁Δ kuṇḍalyabhyāsa iṣyate η₂ ku....[bhyā]..[mā].... η₁ **104a daśa** cett.] dabhā α₁ nava Δ **104c ekaikā tāsu** α₁δ₂δ₃χ] ekaikaṃ tāsu α₂α₃ ekaika tāsu ε₂ ekaiva tāsu δ₁ ekaikāpi su° Γ karaṇe sarva ε₃ karaṇe sarva β₁η₂ karaṇam sarva β₂β_ω ka....sarva η₁ **yaminām** AΓΔε₂χ] sid-dhānām ε₃η₁η₂ siddhinām B **104d mahāsiddhipradāyini** ΓΔε₂χ] °pradāyani α₁α₂ °pradā++ α₃ ekaikāpi kṣamaiva sā Bε₃η₁η₂ (η₁ partly illegible)

³⁶ χ has this verse in the Vajroli section, immediately after 3.92. In α₂ this verse is followed by an additional hemistich: आसनाभ्यासनं पूर्वा प्रयुक्तं मनसा चरेत्.

³⁷ Verse order of χ: 3.107 → 3.108 → 3.105 → 3.106 → 3.104

राजयोगं विना पृथ्वी राजयोगं विना निशा ।
राजयोगं विना मुद्रा विचित्रापि न राजते ॥

3.105

मारुतस्य विधिं सर्वं मनोयुक्तं समभ्यसेत् ।
इतरत्र न कर्तव्या मनोवृत्तिर्मनीषिणा ॥

3.106

खिलापि[#] मध्यमा नाडी दृढाभ्यासेन योगिनाम् ।
आसनप्राणसंयाममुद्राभिः सरला भवेत् ॥

3.107

उपासने विनिद्राणां राजयोगः समुद्रकः ।[#]
रुद्राणी सा परा मुद्रा भद्रां सिद्धिं प्रयच्छति ॥ (om. ϵ_2) (cd om. α_2)

3.108

उपदेशं हि मुद्राणां यो धत्ते सांप्रदायिकम् ।
स एवास्तु गुरुः स्वामी साक्षादीश्वर एव सः ॥ (om. A)

3.108*1

तस्य वाक्यपरो भूत्वा योऽभ्यस्यति समाहितः ।
अणिमादिगुणैश्चर्यं जायते कालवच्चनम् ॥ (om. A η_1)

3.108*2

105a prthvī cett.] prthvīm $\beta_1\eta_2$ siddhi ϵ_3 vṛddhir ϵ_2 **105b** niśā cett.] niśām η_2 nyathā γ_1 **105d** rājate cett.] śobhate $\beta_2\chi$ **106a** mārutasya vidhiṃ cett.] mārutābhyasanam $\epsilon_3\eta_1\eta_2$ **sarvam** cett.] sarvām β_2 sarve α_1 siddhiṃ $\delta_2\delta_3$ kiṃcin η_2 mano α_2 **106b** manoyuktaṃ cett.] sadā yuktaṃ α_2 **samabhyaset** cett.] samācaret $\eta_1\eta_2$ **106d** manīṣiṇā $\alpha_1\beta_1\beta_2\Gamma\delta_1\epsilon_3\eta_2\chi$ manīṣiṇām $\beta_\omega\delta_2\delta_3\epsilon_2$ manīṣiṇi α_2 ..[ni]..n. η_1 **107a** khilāpi $\alpha_1\alpha_2B\gamma_2\Delta$ sthirāpi γ_1 calāpi $\epsilon_2\epsilon_3$ iyaṃ tu χ vināpi $\eta_1\eta_2$ **madhyamā** cett.] madhyamām η_2 madhyānā^{*} β_1 *illeg.* η_1 **nāḍī** cett.] ..ḍīm η_1 'dī ca β_1 **107b** yoginām cett.] yoginām α_1 yoginā $\alpha_2\beta_1\beta_2$ yoginaḥ η_2 **107c** āsana $\alpha_1\alpha_2\beta_2\beta_\omega\delta_1\delta_2\eta_2\chi$ āsanā β_1 āsanam $\Gamma\delta_3\epsilon_2\epsilon_3\eta_1$ **saṃyāma** $\alpha_1\alpha_2\Gamma\epsilon_2\epsilon_3\eta_1\chi$ saṃyama β_ω saṃyāmair $\beta_2\delta_2\delta_3$ saṃyamair η_2 saṃyāmai δ_1 saṃyāme β_1 **107d** saralā cett.] sakalā α_3 sabalā ϵ_3 śavalā ϵ_2 na calā δ_1 **108a** upāsane $\alpha_1\alpha_2$] upāsanam Γ upāsana $\alpha_3\delta_1\delta_3$ tathāsana δ_2 abhyāse.. η_1 abhyāseṣu $B\epsilon_3$ abhyāsena η_2 abhyāse tu χ **vinidrāṇām** cett.] pi nidrāṇām α_2 hi mudrāṇām η_2 **108b** rājayogaḥ $\Gamma\Delta$] rājayoga A anuddhṛta η_1 anuddhata ϵ_3 anudbhūta β_2 anudruta β_1 manudṛta β_ω mano dhṛtvā χ tad udeti η_2 **samudrakah** γ_2] samudravat $\alpha_1\alpha_3$ samudbhavān α_2 samūdakah γ_1 samāhnakah δ_1 samahnakah δ_3 samāhakah δ_2 samādhinām $\beta_2\epsilon_3\eta_1$ samādhinā $\eta_2\chi$ samādhiṣu $\beta_1\beta_\omega$ **108c** rudrāṇi $\alpha_1\alpha_3B\Gamma\Delta\epsilon_3\chi$] mudrāṇām $\eta_1\eta_2$ **sā** $\Gamma\Delta$] cā $\alpha_1B\epsilon_3\eta_1\eta_2$ ca α_3 vā χ **108d** bhadrām cett.] bhavām γ_1 mudrām β_1 sadā α_1 **prayacchati** cett.] prayakṣati δ_1 **108*1a** upadeśam cett.] upadeśe η_1 upadeśo ϵ_2 **108*1b** dhatte $B\gamma_2\Delta\epsilon_2\eta_2$] datte $\epsilon_3\chi$ darte γ_1 ..[tte] η_1 **sāṃpradāyikam** $\beta_1\beta_\omega\Delta\eta_1\eta_2\chi$ *yikām ϵ_3 *yikaḥ Γ *yakam ϵ_2 *yakah β_2 **108*1c** evāstu $\beta_1\gamma_2\Delta\epsilon_2\eta_1$] evastu β_ω eva śrī $\epsilon_3\eta_2\chi$ evavāca γ_1 vāstava β_2 **108*1d** eva cett.] eṣa ϵ_2 **saḥ** cett.] ca γ_1 **108*2a** bhūtvā $\Gamma\Delta\epsilon_3\chi$] nityam $B\epsilon_2\eta_2$ **108*2b** yo'bhyasyati $\beta_1\Delta\epsilon_3$] yo bhyasati β_2 yo bhyaset su^{*} γ_1 yo bhyaseta γ_2 yo bhyasena ϵ_2 yomabhyaset β_ω athābhyāsa η_2 mudrābhyāse χ **108*2c** guṇaiśvaryaṃ cett.] guṇaiḥ svaryaṃ γ_1 guṇaiḥ sārḍham $\epsilon_3\chi$ **108*2d** jāyate cett.] labhate $\eta_2\chi$ **vañcanam** $\Delta\chi$] vañcanāt Γ vañcakah $\beta_2\beta_\omega\epsilon_2\epsilon_3\eta_2$ vañcakah β_1

इति श्रीस्वात्मारामयोगीन्द्रविरचितायां हठप्रदीपिकायां तृतीयोपदेशः ॥ ३ ॥

* * *

List of Sigla

α_1	N3	one folio is missing (3.84–3.98a)
α_2	J5	
α_3	G4	damaged; collated only when available
β_1	P11	
β_2	C6	contaminated with Gr3?
β_ω	V3	
γ_1	N23	
γ_2	J7	
δ_1	V19	
δ_2	K3	the Vajroli section is lost
δ_3	C7	one folio is missing (3.11d–3.19c)
δ_ω	J6	collated only for 3.32*1–33*19
ε_1	P15	lost after 3.13a
ε_2	N19	
ε_3	V15	3.49*2c–3.67 omitted; contaminated with Gr3?
ε_4	J11	collated only for 3.49*2–3.66 as substitute for ε_3
ε_ω	N26	collated only for 3.32*1–33*19
η_1	V1	
η_2	J10	
η_ω	N9	collated only for 3.32*1–33*19
χ	Jyo	Brahmānanda's version, based on the edition 1972

colophon: śrīsvātmārāma β_ω] śrīsadgurusvātmārāma α_1 svātmārāma $\gamma_1\eta_1$ ātmārāma η_2 śrīsa-hajānandasamtānacintāmaṇi(nā ε_3)svātmārāma $\gamma_2\varepsilon_2\varepsilon_3$ °svā° (sic!) β_1 om. $\alpha_2\beta_2\Delta$ **yogīndra** $\beta_\omega\Gamma\eta_2$] yogēndra α_1 yoginā $\varepsilon_2\varepsilon_3\eta_1$ om. $\alpha_2\beta_1\beta_2\Delta$ **viracitāyām** $\alpha_1\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\eta_2$] om. $\alpha_2\beta_1\beta_2\Delta$ **haṭhapradīpikāyām** $\alpha_1\beta_\omega\gamma_2\delta_3\varepsilon_2\varepsilon_3\eta_1\eta_2$] śrīhaṭhapradīpikāyām $\alpha_2\beta_2\delta_2$ haṭhayogavidyāyām δ_1 ha° (sic!) β_1 om. γ_1 ante **ṭṛtīyo°** add. mudrāvidhānaṃ ε_3 **ṭṛtīyopadeśaḥ** $\alpha_1\alpha_2B\gamma_2\varepsilon_2\varepsilon_3$] ṭṛtīya upadeśaḥ δ_1 ṭṛtīyoyam upadeśaḥ $\delta_2\delta_3$ ṭṛtīyo dhyāyaḥ $\eta_1\eta_2$ caturthopadeśa γ_1 (cf. fn. ³²)