

सशैलवनधात्रीणां यथाधारो ऽहिनायकः ।  
सर्वेषां योगतन्त्राणां तथाधारो हि कुण्डली ॥ 3.1

सुप्ता गुरुप्रसादेन यदा जागर्ति कुण्डली ।  
तदा सर्वाणि पद्मानि भिद्यन्ते ग्रन्थयोऽपि च ॥ 3.2

प्राणस्य शून्यपदवी<sup>1</sup> तदा राजपथायते ।  
तदा चित्तं निरालम्बं तदा कालस्य वञ्चनम् ॥ (bcd om.  $\epsilon_1\epsilon_2\epsilon_3$ ) [eye-skip] 3.3

शून्यपदवीति किम् । (om.  $\beta_\omega\delta_1\epsilon_1\epsilon_2\epsilon_3\eta_1\chi$ )

सुषुम्णा शून्यपदवी ब्रह्मरन्ध्रमहापथः ।  
श्मशानं शाम्भवी मध्यमार्गश्चेत्येकवाचकाः ॥ (a om.  $\epsilon_1\epsilon_2\epsilon_3$ ) 3.4

तस्मात्सर्वप्रयत्नेन प्रबोधयितुमीश्वरीम् ।  
ब्रह्मद्वारमुखे सुप्तां मुद्राभ्यासं समाचरेत् ॥ 3.5

**1a** saśaila cett.] saśaile  $\beta_\omega$  om.  $\delta_2$  **vana** cett.] vane  $\gamma_1$  om.  $\delta_2$  **dhātrīṇām** cett.] dhātrīṇām  $\beta_2$  om.  $\delta_2$  **1b** yathādhāro cett.] om.  $\delta_2$  'hināyakaḥ cett.] himālayaḥ  $\gamma_2$  om.  $\delta_2$  **1c** yoga cett.] haṭha  $\beta_2\beta_\omega$  om.  $\delta_2$  **tantrāṇām** cett. ( $\delta_2$  s.l.)] śāstrāṇā  $\delta_2$  i.t. **2b** yadā jāgarti kuṇḍalī  $\alpha_1\beta_1\beta_\omega\epsilon_3\eta_2\chi$ ] yathā jāgarti kuṇḍalī  $\beta_2\epsilon_1\epsilon_2\eta_1$  bodhitā sukhadā bhavet  $\Gamma\Delta$  **2c** tadā  $\alpha_1\beta_2\beta_\omega\Gamma\epsilon_3\chi$ ] tathā  $\Delta\epsilon_1\epsilon_2\eta_1\eta_2$  **sarvāṇi padmāni** cett.] padmāni sarvāṇi  $\eta_2$  pi sarvapadmāni  $\delta_1$  **3a** prānasya cett.] prāṇamya  $\delta_2\epsilon_2$  prāṇa  $\beta_2$  **padavī** cett.] padaviṃ  $\delta_2\epsilon_2\epsilon_3\eta_1$  **3b** tadā  $\alpha_1\beta_\omega\Gamma\eta_2\chi$ ] tathā  $\beta_2\Delta$  yathā  $\eta_1$  **pathāyate** cett.] padāyate  $\eta_1$  **3c** tadā  $\alpha_1\beta_2\beta_\omega\gamma_2\eta_2\chi$ ] tathā  $\delta_1\delta_3\eta_1$  yathā  $\delta_2$  yadā  $\gamma_1$  **3d** tadā  $\alpha_1\beta_2\beta_\omega\Gamma\eta_2\chi$ ] tathā  $\Delta\eta_1$  **4** śūnyapadavīti kim  $\alpha_1\beta_2\Gamma\delta_2\delta_3$ ] atha śūnyapadaviṃ iti kim ucyate  $\eta_2$  **4b** randhra  $\gamma_1\eta_1$ ] randhram cett. **pathaḥ**  $\epsilon_1\eta_1\eta_2\chi$ ] patham  $\alpha_2\beta_2\beta_\omega\Gamma\Delta\epsilon_2$  pathaḥ  $\alpha_1\epsilon_3$  **4c** śmaśānaṃ  $\alpha_1\beta_2\beta_\omega\epsilon_1\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] śmaśāne  $\delta_1$  śmaśāni  $\gamma_2\delta_2\delta_3$  aiśāni  $\gamma_1$  **madhya**  $\alpha_1\Gamma\delta_1\delta_3\epsilon_1\epsilon_3\chi$ ] madhyam  $\beta_2\beta_\omega\eta_1\eta_2$  madhye  $\epsilon_2$  mudrā  $\delta_2$  **4d** mārgaś cetyeka  $\alpha_1\beta_2\beta_\omega\Gamma\delta_1\epsilon_1\epsilon_3\chi$ ] mārgeś cetyeka  $\eta_1$  mārgapratyeka  $\epsilon_2$  mārgaḥ śūnyeva  $\delta_2\delta_3$  **vācakāḥ**  $\gamma_2\eta_2\chi$ ] vācakā  $\gamma_1$  vācakāḥ  $\alpha_1\beta_2$  vācaka  $\beta_\omega$  vācakam  $\alpha_2\Delta\epsilon_1\epsilon_2\epsilon_3\eta_1$  **5b** prabodhayitum  $\alpha_1\Gamma\epsilon_1\epsilon_3\eta_2\chi$ ] prabodhayatum  $\beta_2\beta_\omega\epsilon_2\eta_1$  tām bodhayitum  $\Delta$  **iśvarīm** cett.] iśvari  $\beta_\omega\gamma_1\epsilon_2$  iśvaram  $\delta_1$  **5c** dvāra cett.] dvāre  $\epsilon_1\epsilon_2$  **mukhe** cett.] mukha  $\gamma_1$  sukhe  $\epsilon_1$  **suptām** cett.] supto  $\beta_\omega$  **5d** bhyāsaṃ samācaret  $\alpha_1\beta_1\beta_\omega\epsilon_1\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] bhyāseṇa bodhayet  $\beta_2\Gamma\Delta$

<sup>1</sup>  $\epsilon_1\epsilon_2\epsilon_3$  jump to शून्यपदवी in the next verse.

महामुद्रा महाबन्धो महावेधश्च खेचरी ।  
उड्डियानं मूलबन्धो बन्धो जालन्धराभिधः ॥ (bc om.  $\delta_1$ ) 3.6

करणी विपरीताख्या वज्रोली शक्तिचालनम् ।  
इदं मुद्रादिदशकं जरामरणनाशनम् ॥ 3.7

आदिनाथोदितं दिव्यमष्टैश्वर्यप्रदायकम् ।<sup>2</sup>  
वल्लभं सर्वसिद्धानां दुर्लभं मरुतामपि ॥ 3.8

गोपनीयं प्रयत्नेन यथा रत्नकरण्डकम् ।  
कस्यचिन्नैव वक्तव्यं कुलस्त्रीसुरतं यथा ॥ 3.9

वज्रोली त्वमरोली च सहजोली त्रिधा मताः ।  
एतेषां लक्षणं वक्ष्ये कर्तव्यं च विशेषतः ॥ ( $\beta_2\beta_\omega\eta_2$ ) 3.9\*1

अथ महामुद्रा ।

पादमूलेन वामेन योनिं संपीड्य दक्षिणम् ।  
पादं प्रसारितं धृत्वा कराभ्यां पूरयेन्मुखे<sup>#</sup> ॥ 3.10

**6c uḍḍiyanam**  $\gamma_1\delta_2\delta_3\eta_2$ ] uḍḍiyanam  $\beta_2\beta_\omega$  uḍḍiyanam  $\alpha_1^c\gamma_2\epsilon_2$  uḍḍiyanam  $\alpha_1^c$  uḍḍiyanō  $\eta_1$  uḍḍiyanam  $\chi$  uḍḍiyanā  $\epsilon_1\epsilon_3$  om.  $\delta_1$  **mūlabandho**  $\Gamma\delta_2\delta_3$ ] \*bandhas  $\beta_2$  \*bandhaḥ  $\eta_2$  \*bandham  $\alpha_1\alpha_2$  \*bandha  $\beta_\omega$  \*bandhaś ca  $\epsilon_2\epsilon_3\chi$  \*bandhāś ca  $\eta_1$  om.  $\delta_1$  **6d bandho**  $\gamma_2\Delta\epsilon_2\eta_1\chi$ ] bandhā  $\gamma_1$  tato  $\alpha_1\beta_2\beta_\omega\epsilon_1\epsilon_3\eta_2$  **jālandharā** cett.] jāladharā  $\gamma_1$  jālamjārā  $\eta_1$  **7a viparītākhyā** cett.] viparītākhyam  $\epsilon_2$  viparītāni  $\epsilon_1$  **7b vajroli** cett.] vajro  $\delta_1$  **7c idaṃ mudrādi**  $\alpha_1\alpha_2$ ] idaṃ tu mudrā  $\epsilon_1\epsilon_2$  idaṃ ca mudrā  $\beta_\omega\epsilon_3\eta_1\eta_2$  idaṃ hi mudrā  $\chi$  etad dhi mudrā  $\beta_2\Gamma\Delta$  **7d maraṇa** cett.] marṇavi  $\beta_\omega$  maṇa  $\gamma_1$  **nāśanam** cett.] varjitam  $\Delta$  **8a ādinātho** cett.] ādiśvaro  $\delta_1\delta_3$  ādyeśvaro  $\delta_2$  **divyam** cett.] sarvam  $\eta_2$  **8b pradāyakam** cett.] phalapradam  $\beta_2$  **8c sid-dhānām** cett.] siddhinām  $\alpha_1\beta_\omega$  vidyānām  $\epsilon_3$  **9c vaktavyam** cett.] vaktavyā  $\eta_1$  kartavyam  $\beta_\omega\epsilon_1$  **9d kulastrīsuratam** cett.] kulastrīṣu ratam  $\eta_1$  kulastrīsukharatam *unm.*  $\beta_\omega$  **yathā** cett.] tathā  $\eta_2$  **9\*1a tv amaroli**  $\beta_2$ ] amaroliś  $\beta_\omega$  \*r amaroliś  $\eta_2$  **9\*1b sahajoli**  $\beta_2\beta_\omega$ ] saha-joliś  $\eta_2$  **matāḥ**  $\beta_2$ ] mataḥ  $\eta_2$  magāḥ  $\beta_\omega$  **9\*1c eteśam**  $\beta_\omega$ ] etāsām  $\beta_2$  eteśā  $\eta_2$  **vakṣye**  $\eta_2$ ] vakṣe  $\beta_\omega$  **10 atha mahāmudrā**  $\beta_\omega\gamma_1\epsilon_2\chi$ ] tatha mahāmudrā  $\beta_2$  tatra mahāmudrā  $\beta_1\eta_1\eta_2$  tatra mahāmudrā yathā  $\epsilon_1$  atha tatra mahāmudrā  $\epsilon_3$  om.  $\alpha_1\gamma_2\Delta$  **10b yoniṃ** cett.] yoni  $\alpha_1\beta_\omega$  yoniḥ  $\epsilon_2$  **sampīḍya** cett.] pīḍya  $\epsilon_1\epsilon_2$  **10c pādām** cett.] pāda  $\eta_2$  padam  $\beta_\omega$  prasā<sup>a</sup>  $\chi$  **prasāritam** cett.] prasāritam  $\beta_\omega$  prasāditam  $\eta_1$  \*ritam padam  $\chi$  **dhṛtvā**  $\gamma_2\delta_2\delta_3\epsilon_3\eta_1\eta_2$ ] kṛtvā  $\alpha_1\beta_2\beta_\omega\gamma_1\delta_1\epsilon_1\epsilon_2\chi$  **10d pūrayen** cett.] pūrayet  $\delta_2$  dhārayen  $\eta_2$  dhārayed  $\chi$  **mukhe**  $\alpha_1\beta_1\beta_\omega\epsilon_2$ ] mukham  $\beta_2\Gamma\delta_1\delta_3\epsilon_1\epsilon_3\eta_1\eta_2$  sukhām  $\delta_2$  dr̥ḍham  $\chi$

<sup>2</sup> In  $\epsilon_3$  this hemistich is found after pādas ab of the next verse.

- कण्ठे बन्धं समारोप्य धारयेद्वायुमूर्ध्वतः ।  
 यथा दण्डाहतः सर्पो दण्डाकारः प्रजायते ॥ 3.11
- ऋज्वीभूता तथा शक्तिः कुण्डली सहसा भवेत् ।  
 तदासौ मरणावस्था जायते द्विपुटाश्रिता<sup>#</sup> ॥ 3.12
- ततः शनैः शनैरेव रेचयेन्न तु वेगतः ।  
 इयं खलु महामुद्रा महासिद्धैः प्रदर्शिता ॥ 3.13
- महाक्लेशादयो<sup>#</sup> दोषा हीयन्ते मरणादयः ।  
 महामुद्रां च तेनैव वदन्ति विबुधोत्तमाः ॥ (cd om.  $\delta_1\delta_2$ ) 3.14
- चन्द्राङ्गे तु समभ्यस्य सूर्याङ्गे पुनरभ्यसेत् ।  
 यावत्तुल्या भवेत्संख्या ततो मुद्रां विसर्जयेत् ॥ (cd om.  $\epsilon_3$ ) 3.15

**11a** *kaṇṭhe* cett.] *kaṇṭha*  $\beta_\omega\Delta\epsilon_2$  **bandham**  $\alpha_2\gamma_2\delta_1\epsilon_1\epsilon_3\eta_2\chi$ ] *bandha*  $\beta_2\beta_\omega\gamma_1\eta_1$  *bandhaḥ*  $\epsilon_2$  *bandhe*  $\delta_2$  *budha*  $\alpha_1$  *madhye*  $\delta_3$  **11b** *dhārayed* cett.] *dhānayed*  $\delta_1$  **11c** *yathā* cett.] *pathi*  $\eta_1$  **daṇḍāhataḥ**  $\alpha_1\beta_1\beta_\omega\epsilon_1\epsilon_3\eta_2$ ] *daṇḍahataḥ*  $\beta_2\Gamma\Delta\epsilon_2\eta_1\chi$  **11d** *daṇḍākāraḥ* cett.] *daṇḍakāraḥ*  $\epsilon_2$  **prajāyate** cett.] *prayujyate*  $\eta_1$  *om.*  $\delta_3$  (lost up to 3.19c *saṁsthāpya*; one folio missing) **12a** *rjvibhūtā*  $\beta_1\gamma_2\delta_1\delta_2\epsilon_3\eta_1\eta_2\chi$ ] *rjvibhūtā*  $\beta_2$  *rujvibhūtā*  $\alpha_1\beta_\omega$  *rajvibhūtā*  $\epsilon_2$  *vajribhūtā*  $\epsilon_1$  *r\_* *bhūtā*  $\gamma_1$  **tathā** cett.] *yathā*  $\epsilon_2$  **śaktiḥ** cett.] *śakti*  $\beta_\omega\delta_1\epsilon_2\eta_1$  **12c** *tadāsau*  $\alpha_1\beta_2\beta_\omega\Gamma\epsilon_1\epsilon_2\eta_1$ ] *tathāsau*  $\delta_1\delta_2$  *tadā sā*  $\epsilon_3\eta_2\chi$  **marañā** cett.] *marāṇa*  $\epsilon_1$  *marañi*  $\eta_1$  *ramaṇā*  $\beta_\omega$  *maṇā*  $\eta_2$  **vasthā** cett.] *vasthām*  $\gamma_2\delta_1\delta_2\eta_1$  *sthā*  $\epsilon_1$  **12d** *jāyate* cett.] *yāyate*  $\epsilon_1$  *harate*  $\Gamma\delta_1\delta_2$  **dvipuṭā**  $\alpha_1\beta_2\beta_\omega\delta_1\delta_2\eta_1\eta_2\chi$ ] *dvipuṭā*  $\gamma_1$  *nṛpuṭā*  $\epsilon_1\epsilon_2$  *tripuṭā*  $\epsilon_3$  *vapurā*  $\gamma_2$  **śritā**  $\alpha_1\beta_1\beta_\omega\epsilon_2\eta_2$ ] *śrayām*  $\gamma_2$  *śrayā*  $\delta_1\delta_2\chi$  *śrayī*  $\gamma_1$  *ā[śr]i..*  $\eta_1$  *smṛtā*  $\epsilon_1$  *sanām*  $\epsilon_3$  *hi sā*  $\beta_2$  **13a** *śanaiḥ śanair eva* cett.] *śanaiḥ śanair* *yeca*  $\gamma_1$  **13b** *recayen* cett.] *recayan*  $\epsilon_2$  **na tu** cett.] *na ca*  $\beta_\omega$  *naiva*  $\chi$  **13c** *iyam* cett.] *idam*  $\beta_\omega$  **13d** *siddhaiḥ* cett.] *siddhiḥ*  $\epsilon_2\epsilon_3$  **pradarśitā**  $\alpha_2\chi$ ] *pradarśanā*  $\alpha_1$  *praśasyate* cett. *prajāyate*  $\epsilon_2$  **14a** *mahā* cett.] *mahān*  $\eta_2$  **kleśādayo**  $\alpha_1\beta_2\beta_\omega\eta_1\eta_2\chi$ ] *kleśā yato*  $\gamma_2$  *kleśa yato*  $\gamma_1$  *kleśāyatā*  $\beta_1$  *kleśā yathā*  $\epsilon_2$  *kleśa yathā*  $\epsilon_3$  *kleśā mahā*  $\delta_1\delta_2$  **doṣā** cett.] *doṣāḥ*  $\eta_2\chi$  *doṣa*  $\gamma_2$  **14b** *hiyante*  $\alpha_1$ ] *hriyamte*  $\alpha_2$  *kṣiyante*  $\beta_\omega\eta_2\chi$  *jīryante*  $\beta_1\beta_2\Gamma\delta_1\delta_2\epsilon_3\eta_1$  *jāyante*  $\epsilon_2$  **14c** *mudrām*  $\beta_2\beta_\omega\epsilon_3\eta_2\chi$ ] *mudrā[ś]*  $\eta_1$  *mudrā*  $\alpha_1\Gamma\epsilon_2$  *om.*  $\delta_1\delta_2$  (*Pādas c-d omitted*) **ca** cett.] *tu*  $\alpha_1$  **tenaiva** cett.] *tenai*  $\gamma_1$  *tenetām*  $\epsilon_3$  *om.*  $\delta_1\delta_2$  **14d** *vibudho* cett.] *vividho*  $\gamma_2$  *om.*  $\delta_1\delta_2$  **15a** *candrāṅge* cett.] *cāndrāṅge*  $\eta_1$  *candrāmgaṁ*  $\epsilon_2$  *candrāmśam*  $\delta_1\delta_2$  **tu** cett.] *ca*  $\beta_\omega\eta_2$  **15b** *sūryāṅge* cett.] *sūryāṅge°*  $\eta_1$  *sūryāmgaṁ*  $\epsilon_2$  *sūryāmśam*  $\delta_1\delta_2$  **punar abhyaset**  $\alpha_1\beta_2\beta_\omega\Gamma\eta_2\chi$ ] *tu samabhyaset*  $\delta_1\delta_2\epsilon_2\epsilon_3$  *°śu samabhyaset*  $\eta_1$  **15c** *tulyā*  $\alpha_1\beta_2\beta_\omega\Gamma\epsilon_2\eta_1\chi$ ] *saṁkhyā*  $\eta_2$  *tayor*  $\delta_1\delta_2$  *om.*  $\epsilon_3$  **bhavet** cett.] *bhavat*  $\gamma_2\eta_1$  *om.*  $\epsilon_3$  **saṁkhyā**  $\alpha_1\beta_2\beta_\omega\Gamma\eta_1\chi$ ] *saṁkṣā*  $\epsilon_2$  *tulyā*  $\eta_2$  *sāmyam*  $\delta_1\delta_2$  *om.*  $\epsilon_3$  **15d** *visarjayet* cett.] *visaryayet*  $\delta_1$  *vivarjayet*  $\beta_\omega$  *om.*  $\epsilon_3$

<sup>3</sup>  $\delta_1\delta_2$  have a different order for the following 4 verses: 16  $\rightarrow$  15  $\rightarrow$  13  $\rightarrow$  14.

$\epsilon_1$  is lost after ततः शनैः शनैः.

न हि पथ्यमपथ्यं वा रसाः सर्वेऽपि नीरसाः ।  
अपि भुक्तं विषं घोरं पीयूषमिव जीर्यते ॥

3.16

क्षयकुष्ठगुदावर्तगुल्माजीर्णपुरोगमाः ।  
तस्य दोषाः क्षयं यान्ति महामुद्रां तु योऽभ्यसेत् ॥

3.17

कथितेयं महामुद्रा महासिद्धिकरी नृणाम्<sup>#</sup> ।  
गोपनीया प्रयत्नेन न देया यस्य कस्यचित् ॥

3.18

अथ महाबन्धः ।

पार्श्वि वामस्य पादस्य योनिस्थाने नियोजयेत् ।  
वामोरूपरि संस्थाप्य दक्षिणं चरणं तथा ॥<sup>4</sup>

3.19

पूरयित्वा मुखे वायुं हृदये चिबुकं दृढम् ।  
निभृत्य योनिमाकुञ्च्य मनो मध्ये नियोजयेत् ॥

3.20

**16a** na hi pathyam apathyam vā cett.] nāpathyam na hi pathyam ca η<sub>2</sub> na hi madhyam vā (3 akṣaras missing) ε<sub>2</sub> **16c** api bhuktaṃ cett.] ahimuktaṃ ε<sub>2</sub>ε<sub>3</sub> **ghoraṃ** cett.] khāraṃ η<sub>1</sub> **16d** piyūṣam cett.] piyuṣam β<sub>ω</sub> **iva** cett.] api δ<sub>2</sub> **jīryate** cett.] jīryati Γχ jīryate δ<sub>1</sub> **17a** kuṣṭha cett.] kuṣṭham η<sub>1</sub> **gudā** cett.] mudā δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub> **17b** gulmājirṇa cett.] gulmajirṇa β<sub>2</sub> gulmapliha Γ **purogamāḥ** cett.] purogamā β<sub>ω</sub> jvarās tathā δ<sub>1</sub>δ<sub>2</sub> **17c** tasya doṣāḥ cett.] doṣāḥ sarve η<sub>1</sub>η<sub>2</sub> **17d** tu yo'bhyaset cett.] yo bhyaset δ<sub>2</sub> ca yo bhyaset β<sub>2</sub>ε<sub>3</sub> yomabhyaset β<sub>ω</sub> **18a** kathiteyam cett.] kathitoyam α<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub> **18b** mahāsiddhikarī nṛṇām (nṛnā ε<sub>3</sub>η<sub>1</sub>) α<sub>3</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] jarāmṛtyuvinaśini α<sub>1</sub>β<sub>2</sub>Γδ<sub>1</sub>δ<sub>2</sub> nṛṇām mṛtyuvinaśini α<sub>2</sub> **18c** gopaniyā cett.] gopaniyam β<sub>ω</sub>ε<sub>2</sub> gopaniyam η<sub>2</sub> **18d** deyā cett.] deyam β<sub>ω</sub> **19** atha cett.] om. Γδ<sub>2</sub> **19a** pārṣṇim α<sub>1</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] pārṣṇi β<sub>2</sub>β<sub>ω</sub>γ<sub>2</sub>ε<sub>2</sub>η<sub>2</sub> yāsi γ<sub>1</sub> **vāmasya** cett.] bhāgena η<sub>2</sub> **19b** niyojayet cett.] yojayet ε<sub>2</sub> **19d** dakṣiṇam cett.] dakṣaṇam β<sub>ω</sub> **tathā** cett.] tataḥ δ<sub>3</sub> **20a** mukhe α<sub>1</sub>β<sub>2</sub>ΓΔ] tato β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ tathā ε<sub>2</sub>ε<sub>3</sub> **vāyum** cett.] vāyu β<sub>ω</sub>Γ **20b** cibukam cett.] sasvanam ε<sub>3</sub> svasanam ε<sub>2</sub> **dṛḍham** cett.] tathā β<sub>2</sub> **20c** nibhṛtya α<sub>1</sub>β<sub>ω</sub>] nibhṛtaṃ β<sub>2</sub> nivṛtya ε<sub>2</sub>ε<sub>3</sub> niṣpīḍya Γδ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>χ nipīḍya δ<sub>2</sub> nikṣipya η<sub>2</sub>

<sup>4</sup> In ε<sub>2</sub>ε<sub>3</sub> this and the following two hemistiches are found after 3.22ab. Probably they were omitted by eye-skip due to नियोजयेत् and inserted at a wrong place.

- धारयित्वा यथाशक्ति रेचयेदनिलं शनैः ॥  
 सव्याङ्गे च समभ्यस्य दक्षिणाङ्गे समभ्यसेत् ॥ (cd om.  $\Delta$ )<sup>5</sup> 3.21
- मतमत्र तु केषांचित् कण्ठबन्धं विसर्जयेत् ।  
 राजदन्तबिलं तत्र<sup>#</sup> जिह्वयोत्तम्भयेदिति ॥<sup>6</sup> (om.  $\alpha_1 \alpha_2 \Delta$ ) 3.22
- अयं खलु महाबन्धो महासिद्धिप्रदायकः ।  
 कालपाशमहाबन्धविमोचनविचक्षणः ॥<sup>7</sup> (cd om.  $\alpha_1$ ) 3.23
- अयं च सर्वनाडीनामूर्ध्वगतिविबोधकः ।  
 त्रिवेणीसङ्गमं धत्ते केदारं प्रापयेन्मनः<sup>#</sup> ॥ 3.24

**21a dhārayitvā yathāśakti**  $\beta_2 \Gamma \eta_1 \chi$ ] dhārayitvā yathāśaktyā  $\beta_1 \beta_\omega \varepsilon_3 \eta_2$  cālayitvā yathāśaktyā  $\varepsilon_2$  recayec ca śanair eva (tu for ca  $\delta_2$ )  $\alpha_1 \alpha_2 \Delta$  **21b recayed anilaṃ śanaiḥ**  $\beta_1 \beta_2 \beta_\omega \Gamma \varepsilon_2 \varepsilon_3 \eta_1 \eta_2 \chi$ ] mahābandho'yam ucyate  $\alpha_1 \alpha_2 \Delta$  **21c ca samabhyasya**  $\alpha_1 \alpha_2 \gamma_2 \varepsilon_2 \varepsilon_3 \eta_1 \eta_2$ ] tu samabhyasya  $\chi$  pūr-  
 vam abhyasya  $\beta_1 \beta_2 \beta_\omega$  om.  $\gamma_1$  **21d dakṣiṇāṅge sam<sup>o</sup>**  $\beta_2 \varepsilon_3 \eta_1$ ] dakṣāṅge ca sam<sup>o</sup>  $\alpha_1 \alpha_2 \varepsilon_2$  sam<sup>o</sup>  $\gamma_1$   
 dakṣāṅge punar  $\beta_\omega \gamma_2 \chi$  dakṣiṇāṅge punar  $\beta_1$  dakṣiṇe punar  $\eta_2$  **22a matam atra** cett.] matam  
 etat  $\eta_1$  matāntare  $\beta_\omega$  matārettamaṃtra  $\eta_2$  **tu** cett.] ca  $\Gamma$  **22b kaṇṭha** cett.] kaṇṭhe  $\eta_2$   
**bandhaṃ** cett.] bandha  $\beta_\omega$  yaṃ  $\gamma_1$  **visarjayet**  $\beta_1 \beta_\omega \varepsilon_2 \varepsilon_3$ ] vivarjayet  $\eta_1 \eta_2 \chi$  tu varjayet  $\beta_2 \Gamma$   
**22c rājadantabalaṃ tatra**  $\beta_2$ ] rājadantabalaṃ jatra  $\beta_\omega$  rājadantabalaṃ haṃti  $\varepsilon_2 \varepsilon_3$  rājadantadvayaṃ  
 tatra  $\Gamma$  rājadantasthājihvāyā(ṃ)  $\eta_1 \chi$  rājadantasya jihvāyāṃ  $\eta_2$  **22d jihvayottambhayed**  $\beta_2 \varepsilon_2 \varepsilon_3$ ] jihvayottambhaved  $\beta_\omega \Gamma$  bandhaś ca stambhayed  $\eta_1$  bandhaḥ śasto bhaved  $\eta_2 \chi$  **iti**  $\beta_2 \beta_\omega \Gamma \varepsilon_2 \varepsilon_3 \chi$   
 dhitaḥ  $\eta_2$  dhi tat  $\eta_1$  **23a ayam** cett.] asaṃ  $\alpha_2$  amuṃ  $\alpha_1$  **khalu** cett.] śalu  $\beta_\omega$  kila  $\eta_1 \eta_2$   
 yogī  $\alpha_2$  yoga  $\alpha_1$  **bandho** cett.] bandhaḥ  $\eta_2$  bandhaṃ  $\alpha_1$  **23b mahā** cett.] sahā  $\gamma_1$  sarva  
 $\eta_2$  **pradāyakaḥ** cett.] pradāyakaṃ  $\alpha_1$  **23c pāśa** cett.] pāśaṃ  $\gamma_1$  **bandha** cett.] bandho  
 $\alpha_2 \gamma_1$  baddho  $\varepsilon_2$  **23d vimocana** cett.] mocayec ca  $\beta_\omega$  **vicakṣaṇaḥ** cett.] vicakṣaṇam  
 $\beta_\omega$  **24a ca** cett.] tu  $\gamma_2 \delta_2 \delta_3 \chi$  **24b ūrdhvaṃ** cett.] ūrdhva  $\alpha_1 \eta_1 \gamma_1 \chi$  **gativibodhakaḥ**  
 $\alpha_1 \beta_1 \beta_\omega \varepsilon_3 \eta_1 \eta_2$ ] gatinibodhakaḥ  $\varepsilon_2$  gatinirodhakaḥ  $\chi$  gamanabodhakaḥ  $\beta_2 \Gamma \Delta$  **24d prāpayen**  
**manaḥ** cett.] prāpaye naraḥ  $\eta_1$  prāpaye naraṃ  $\varepsilon_2$

<sup>5</sup>  $\alpha_1 \alpha_2$  have this hemistich after 3.23.

<sup>6</sup> In  $\varepsilon_2 \varepsilon_3$  the 2nd hemistich is found between 3.28 and 3.29.

<sup>7</sup>  $\chi$  has a different verse order: 3.24ab  $\rightarrow$  3.23abcd  $\rightarrow$  3.24cd.

अथमहावेधः । ( $\beta_2\Gamma\delta_2\delta_3\epsilon_2$ )

रूपलावण्यसंपन्ना यथा स्त्री पुरुषं विना ।

महामुद्रामहाबन्धौ निष्फलौ वेधवर्जितौ ॥ (cd om.  $\epsilon_3$ )

3.25

अथ महावेधः । ( $\beta_\omega\epsilon_3\eta_2\chi$ )

महाबन्धस्थितो योगी कृत्वा पूरकमेकधीः ।

वायूनां गतिमावृत्य निभृतं<sup>#</sup> कण्ठमुद्रया ॥

3.26

समहस्तयुगो भूमौ स्फिजौ संताडयेच्छनैः ।

पुटद्वयं समाक्रम्य वायुः स्फुरति सत्वरं ।

बन्धेनानेन योगीन्द्रः साधयेत्सर्वमीप्सितम् ॥ ( $\Gamma$ )

3.27

सोमसूर्याग्निसंबन्धो<sup>#</sup> जायते चामृताय वै<sup>#</sup> ।

मृतावस्था समुत्पन्ना ततो मृत्युभयं कुतः<sup>#</sup> ॥

3.28

**25** *atha*  $\beta_2\delta_3\epsilon_2$ ] *om.*  $\Gamma\delta_2$  **25a** *sampannā* cett.] *sampannam*  $\eta_2$  *sampattī*  $\gamma_1$  *saṃyuktā*  $\delta_1$   
**25b** *strī puruṣam* cett.] *nārī patiṃ*  $\delta_1$  **25c** *bandhau*  $\beta_2\gamma_2\Delta\chi$ ] *bandho*  $\alpha_1\alpha_2\beta_1\beta_\omega\gamma_1\epsilon_2\eta_2$  *bandha*  
 $\eta_1$  *om.*  $\epsilon_3$  **25d** *niṣphalau*  $\gamma_2\Delta\eta_2\chi$ ] *niṣphalo*  $\beta_2\gamma_1$  *niṣkalaḥ*  $\alpha_2$  *niṣkalā*  $\alpha_1$  *mahābandham*  $\epsilon_2$   
*mahāvedha(m)*  $\beta_\omega\eta_1$  *om.*  $\epsilon_3$  **vedhavarjitau**  $\beta_2\Gamma\Delta\chi$ ] *vedhavarjitaḥ*  $\alpha_2\beta_1$  *vedhavarttina*  $\alpha_1$   
*vedhavarttitaḥ*  $\eta_2$  *vinā tathā*  $\epsilon_2\eta_1$  *vinānyathā*  $\beta_\omega$  *om.*  $\epsilon_3$  **26** *atha mahāvedhaḥ*  $\beta_\omega\epsilon_3\eta_2\chi$ ] *iti*  
*mahābandhaḥ*  $\eta_1$  *atha mahābandhaḥ* (after 3.26ab)  $\alpha_2$  *om.* here but found before 3.25  $\beta_2\Gamma\delta_2\delta_3\epsilon_2$  *om.*  
 $\alpha_1\beta_1\delta_1$  **26a** *mahābandha*  $\alpha_1\epsilon_2\epsilon_3\eta_1\chi$ ] *mahābandhaḥ* (followed by a double *daṇḍa* and corrected  
to \**vedhaḥ*)  $\gamma_2$  *mahābandho*  $\beta_1\gamma_1$  *mahāvedhe*  $\beta_2\Delta$  *mahāvedha*  $\beta_\omega\eta_2$  **sthito** cett.] *sthite*  $\gamma_1$   
*sthitau*  $\eta_2$  **26b** *ekadhiḥ*  $\beta_2\gamma_2\epsilon_3\eta_1\chi$ ] *ekadhī*  $\alpha_1$  *ekadhā*  $\delta_1\epsilon_2$  *ekayā*  $\delta_2\delta_3$  *eva dhiḥ*  $\gamma_1$  *eva dhī*  $\beta_\omega$   
*eva ca dhā*  $\alpha_2$  **26c** *vāyūnām*  $\gamma_2\Delta\epsilon_3\chi$ ] *vāyunām*  $\eta_1$  *vāyunā*  $\alpha_1\alpha_2\beta_2\beta_\omega\gamma_1\epsilon_2\eta_2$  **gatim āvrtya**  
cett.] *gam āvrtya*  $\alpha_1$  *gatim ākṛṣya*  $\alpha_2\epsilon_3$  **26d** *mudrayā* cett.] *mudrāyā*  $\eta_2$  *om.*  $\gamma_1$  (jumped to  
*pāda c* after *gatim*) **27a** *samahasta* cett.] *samahāsta*  $\alpha_1$  *samahastā*  $\eta_2$  *samahaste*  $\gamma_1$  *samau hasta*  
 $\beta_2$  **yugo**  $\beta_\omega\gamma_1\delta_1\eta_2\chi$ ] *yugau*  $\beta_2\gamma_2\delta_2\delta_3\epsilon_3\eta_1$  *yuge*  $\alpha_1\epsilon_2$  **27b** *sphijau*  $\alpha_1\beta_1\beta_\omega\gamma_2\Delta\eta_2$ ] *sphicau*  
 $\gamma_1\chi$  *sphidau*  $\eta_1$  *sphītau*  $\beta_2$  *dvijāt*  $\epsilon_2$  *dvijā*  $\epsilon_3$  **samtādayec** cett.] *saṃ[c]ālayec*  $\eta_1$  *nutādayec*  
 $\epsilon_3$  **27c** *puṭadvayam* cett.] *jaṃghāyutaḍvayam*  $\gamma_1$  **samākramya** cett.] *samākṛṣya*  $\alpha_2\gamma_2\delta_3$   
*ākṛṣya*  $\gamma_1$  *atikramya*  $\chi$  **27d** *vāyuh*  $\beta_2\gamma_2\Delta\eta_1\eta_2\chi$ ] *vāyu*  $\alpha_1\beta_1\beta_\omega\gamma_1\epsilon_2\epsilon_3$  **satvaram**  $\alpha_1\alpha_2\epsilon_2\eta_2$   
 $\gamma_2$ ] *yogindra*  $\gamma_1$  **28a** *sambandho*  $\epsilon_2\chi$ ] *sambandhā*  $\beta_\omega\eta_1$  *sambandhāj*  $\alpha_1\alpha_2\beta_2\Gamma\eta_2$  *samdhānam*  
 $\Delta\epsilon_3$  **28b** *cāmṛtāya vai*  $\alpha_1\beta_1\chi$ ] *cāmṛtāyate*  $\beta_2\Gamma\epsilon_2\epsilon_3$  *vāmṛtāyate*  $\Delta$  *cāmṛtāye vaiḥ*  $\eta_1$  *ca mṛtāya*  
*vai*  $\beta_\omega$  *ca mṛturjayaḥ*  $\eta_2$  **28c** *mṛtāvasthā* cett.] *mṛtāmasthā*  $\gamma_1$  **samutpannā** cett.] *om.*  
 $\gamma_1$  **28d** *mṛtyubhayam kutaḥ*  $\alpha_1\beta_2\beta_\omega\gamma_2\Delta\epsilon_2$ ] *vāyum* *virecayet*  $\epsilon_3\eta_1\eta_2\chi$  *vāyum* *nirundhayet*  
*kumbhakena*  $\gamma_1$

महावेधोऽयमभ्यासान्महासिद्धिप्रदायकः ।  
वलीपलितवेप॑घ्नः सेव्यते साधकोत्तमैः ॥

3.29

एतत्त्रयं महागुह्यं जरामृत्युविनाशनम् ।  
वह्निवृद्धिकरं चैव अणिमादिगुणप्रदम् ॥

3.30

अष्टधा क्रियते चैतद्यामे यामे दिने दिने ।  
पुण्यसंभारसम्भावि पापौघभिदुरं सदा ॥

3.31

सम्यक्शिक्षावतामेव स्वल्पं प्रथमसाधने ।  
वह्निस्त्रीपथसेवानामादौ वर्जनमादिशेत् ॥<sup>8</sup> (cd om.  $\chi$ )<sup>9</sup>

3.32

अथ खेचरी ।

नासनं सिद्धसदृशं न कुम्भं केवलोपमम् ।  
न खेचरीसमा मुद्रा न नादसदृशो लयः ॥ ( $\Omega$ ) [= 1.43]

3.32\*1

**29a mahāvedho** cett.] mahābandho  $\varepsilon_3$  **abhyāsān**  $\alpha_1\beta_2\beta_\omega\gamma_2\delta_2\delta_3\eta_2\chi$ ] abhyāsāt  $\gamma_1$  anabhyāsān  $\delta_1$  abhyāso  $\eta_1$  abhyasto  $\varepsilon_2\varepsilon_3$  **29b mahā** cett.] sarva  $\gamma_1$  **29c vali** cett.] valita *unm.*  $\eta_2$  vali  $\gamma_1\eta_1$  **palita** cett.] palita  $\gamma_2$  **vepa**  $\chi$ ] vedha  $\alpha_1\beta_2\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1$  vega  $\Delta$  bandha  $\eta_2$  **ghnaḥ** cett.] ghnām  $\alpha_1\beta_\omega$  ghna  $\gamma_1$  **29d sādhakottamāḥ** cett.] sādhakottamā  $\beta_\omega$  **30a etat trayam mahā** cett.] mahāmudrātrayaṃ  $\varepsilon_3$  mahāmudrātrayaṃ *unm.*  $\eta_1$  **guhyam**  $\alpha_1\beta_2\beta_\omega\Gamma\varepsilon_2\varepsilon_3\eta_1\chi$ ] guptaṃ  $\Delta$  mudrā  $\eta_2$  **30b vināśanam** cett.] vināśinī  $\eta_2$  **30c caiva**  $\alpha_1\beta_2\Gamma$ ] caivam  $\beta_\omega\varepsilon_2\varepsilon_3\eta_2$  caiva hy  $\chi$  caitad  $\Delta$  viśvam  $\eta_1$  **30d guṇa** cett.] gaṇa  $\varepsilon_2$  **pradam** cett.] pradī  $\gamma_1$  **31a caitad**  $\alpha_1\beta_2$ ] caiva  $\Delta\varepsilon_2\chi$  caivam  $\beta_1\Gamma$  caikam  $\beta_\omega\eta_1\eta_2$  caika  $\varepsilon_3$  **31b yāme yāme** cett.] yāmayāme  $\varepsilon_3$  yāmaṃ yamāṃ  $\eta_1$  **31c puṇya** cett.] puṇyaṃ  $\varepsilon_3$  sarva  $\eta_2$  **sambhāra**  $\alpha_1\gamma_2\Delta\varepsilon_2\chi$ ] sahāra  $\beta_\omega$  saṃcāra  $\eta_1\eta_2$  saṃsāra  $\varepsilon_3$  saṃdhāna  $\beta_2$  *om.*  $\gamma_1$  **sambhāvi**  $\beta_\omega\Gamma\varepsilon_2$ ] sambhāvi  $\alpha_1\alpha_2$  sabhāvi  $\eta_1$  saṃdhāvi  $\eta_2$  saṃdhāvi  $\beta_2\varepsilon_3\chi$  saṃpādi  $\Delta$  **31d pāpaugha** cett.] pāprogha  $\gamma_2$  padhau \_ dhava  $\gamma_1$  **32a śikṣāvatām** cett.] śikṣāvatā  $\beta_2$  śiṣyāvatām  $\alpha_2\varepsilon_2$  jijñāsātām  $\eta_2$  **eva**  $\alpha_2\beta_1\Gamma\Delta\varepsilon_3$ ] evaṃ  $\alpha_1\beta_\omega\varepsilon_2\eta_1\eta_2\chi$  bhavyaṃ  $\beta_2$  **32b sādhanam**  $\alpha_2\beta_2\gamma_1\Delta\varepsilon_2\varepsilon_3\eta_1$ ] sādhanaiḥ  $\alpha_1$  sādhanam  $\beta_\omega\gamma_2\eta_2\chi$  **32c sevānām** cett.] sevācanām  $\varepsilon_2$  sevānām  $\eta_2$  sevānam  $\eta_1$  sevenam  $\gamma_1$  *om.*  $\chi$  **32d ādiśet**  $\alpha_1\alpha_2\beta_2\varepsilon_2\varepsilon_3\eta_1$ ] ādṛśyet  $\beta_\omega$  ācāret  $\Gamma\Delta\eta_2$  *om.*  $\chi$  **33 atha** cett.] *om.*  $\Gamma\delta_2$  **32\*1b kumbham** *em.*] kumbha  $\beta_\omega\varepsilon_\omega\eta_\omega$  kuṃbhaka  $\delta_\omega$  **kevalopamam** *em.*] kevalokanam  $\beta_\omega\eta_\omega$  sadṛśo nilaḥ  $\varepsilon_\omega$  samonilaṃ  $\delta_\omega$

<sup>8</sup>  $\Gamma$  adds here: महासुद्रा महाबन्धो महावेधश्च नित्यशः । एतत्त्रयं प्रयत्नेन चतुर्वारं करोति यः । षण्मासाभ्यन्तरे मृत्युं जयत्येव न संशयः ॥ (= Śivasamhitā xx)

<sup>9</sup>  $\chi$  has this line just before 1.61.

छेदनचालनदोहैः कलां क्रमेण प्रवर्धयेत्तावत् ।  
सा यावद्भूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥<sup>10</sup>

3.33

सुहीपत्तनिभं शस्त्रं सुतीक्ष्णं स्निग्धनिर्मलम् ।  
समादाय ततस्तेन रोममात्रं समुच्छिदेत् ॥ (ε<sub>3</sub>Ωχ)

3.33\*1

कृत्वा सैन्धवपथ्यादिचूर्णिताभ्यां प्रघर्षयेत् ।  
पुनः सप्तदिने प्राप्ते रोममात्रं समुच्छिदेत् ॥ (ε<sub>3</sub>Ωχ)

3.33\*2

एवं क्रमेण षण्मासं नित्ययुक्तं समाचरेत् ।  
षण्मासाद्रसनामूलशराबन्धं विनश्यति ॥ (ε<sub>3</sub>Ωχ)

3.33\*3

अथ वागीश्वरीधाम शिरो वस्त्रेण वेष्टयेत् ।  
शनैरुत्कर्षयेद्योगी कालवेलाविधानवित् ॥ (Ω)

3.33\*4

**33a chedana** α<sub>2</sub>β<sub>ω</sub>γ<sub>1</sub>δ<sub>1</sub>δ<sub>3</sub>δ<sub>ω</sub>ε<sub>3</sub>η<sub>1</sub>χ] chedanam η<sub>2</sub>ε<sub>ω</sub>η<sub>ω</sub> chedanais β<sub>2</sub> khedana δ<sub>2</sub> vedana ε<sub>2</sub> rasanā γ<sub>2</sub> damaged α<sub>1</sub> **cālanadohaih** γ<sub>2</sub>Δδ<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] cālajadohaih γ<sub>1</sub> cālanam doham ε<sub>ω</sub> cālanam dohaih α<sub>2</sub> cālanam dohau β<sub>ω</sub>η<sub>2</sub>η<sub>ω</sub> cālanair dāsyai β<sub>2</sub> damaged α<sub>1</sub> **kalām** β<sub>2</sub>γ<sub>2</sub>ε<sub>2</sub>η<sub>1</sub>χ] kalam γ<sub>1</sub> kalāh α<sub>1</sub>ε<sub>ω</sub> kalā α<sub>2</sub>β<sub>ω</sub>η<sub>ω</sub> kāla η<sub>2</sub> jihvām Δδ<sub>ω</sub> krameṇa ε<sub>3</sub> **krameṇa** α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>η<sub>ω</sub>ε<sub>ω</sub>] kramaṇa α<sub>2</sub> krameṇātha χ jihvām ε<sub>3</sub> tu Γ vai Δ om. δ<sub>ω</sub> **pravardhayet** α<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] samvardhayet Γδ<sub>ω</sub> vardhayet α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Δε<sub>2</sub>ε<sub>ω</sub>η<sub>ω</sub>χ **tāvat** α<sub>2</sub>β<sub>2</sub>γ<sub>2</sub>Δδ<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>χ] tāt η<sub>2</sub> om. α<sub>1</sub>β<sub>ω</sub>γ<sub>1</sub>η<sub>1</sub>ε<sub>ω</sub>η<sub>ω</sub> **33b sā yāvad** α<sub>1</sub>α<sub>2</sub>β<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] yāvad iyaṃ ΓΔδ<sub>ω</sub> yāvad β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub> sā ε<sub>2</sub> **bhrūmadhyam** cett.] bhrūmadhya δ<sub>1</sub>η<sub>1</sub> spr̥ṣati ε<sub>ω</sub> **spr̥ṣati** cett.] spar̥ṣati γ<sub>1</sub> visati α<sub>2</sub> viśa α<sub>1</sub> bhrūmadhyam ε<sub>ω</sub> **tadā khecarisiddhiḥ** Γδ<sub>3</sub>δ<sub>ω</sub>ε<sub>3</sub>η<sub>2</sub>χ] tadānim khecarisiddhiḥ (tadāni α<sub>2</sub>β<sub>2</sub>) α<sub>1</sub>α<sub>2</sub>β<sub>2</sub>β<sub>ω</sub>η<sub>ω</sub> tadānim hi khecarisiddhiḥ ε<sub>2</sub> tadāni siddhiḥ η<sub>1</sub> tadā sidhyati khecarī ε<sub>ω</sub> tadā khecarī bhavati δ<sub>1</sub> **33\*1a snuhi** δ<sub>ω</sub>χ] snuhi ε<sub>3</sub>ε<sub>ω</sub>η<sub>ω</sub> snuhi β<sub>ω</sub> **33\*1d samucchidet** β<sub>ω</sub>ε<sub>ω</sub>] samucchinnet ε<sub>3</sub>η<sub>ω</sub>χ samucchiṃdyāt δ<sub>ω</sub> **33\*2a kṛtvā** ε<sub>3</sub>Ω] tataḥ χ **saindhavapathyādi** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] saindhavapathyābhyam χ saindhavapakṣyādi ε<sub>3</sub> **33\*2c punaḥ** ε<sub>3</sub>β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>χ] tataḥ ε<sub>ω</sub> **33\*2d samucchidet** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] samucchinnet χ punaḥ chidet ε<sub>3</sub> samutthiyāt δ<sub>ω</sub> **33\*3a ṣaṇmāsam** β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>χ] ṣaṇmāse η<sub>ω</sub> ṣaṇmāsān ε<sub>3</sub> **33\*3b nitya** β<sub>ω</sub>δ<sub>ω</sub>ε<sub>3</sub>ε<sub>ω</sub>] nityam χ netya η<sub>ω</sub> **yuktaḥ** β<sub>ω</sub>ε<sub>3</sub>ε<sub>ω</sub>η<sub>ω</sub>] yuktaḥ χ muktaḥ δ<sub>ω</sub> **33\*3c ṣaṇmāsād** Ωχ] ṣaṇmāse ε<sub>3</sub> **mūla** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>χ] mūlam ε<sub>3</sub> **33\*3d śarābandham** β<sub>ω</sub>] śarābandham δ<sub>ω</sub> śarābadho η<sub>ω</sub> śarābandhaḥ ε<sub>3</sub>χ sirābandho ε<sub>ω</sub> **vinaśyati** Ω] praṇaśyati ε<sub>3</sub>χ **33\*4d vidhānavit** β<sub>ω</sub>δ<sub>ω</sub>] vidhānataḥ ε<sub>ω</sub>η<sub>ω</sub>

<sup>10</sup> The metre is Āryā.

ΓΔ (Upagiti): छेदनचालनदोहैः कलां तु संवर्धयेत्तावत् । यावदियं भूमध्यं स्पृशति तदा खेचरीसिद्धिः ॥  
ε<sub>2</sub>ε<sub>3</sub> (Giti?): छेदनचालनदोहैः कलां क्रमेण (प्र)वर्धयेत्तावत् । सा यावद्भूमध्यं स्पृशति तदानीं हि खेचरीसिद्धिः ॥  
β<sub>ω</sub> (Anuṣṭubh): छेदनं चालनं दोहौ कलाक्रमेण वर्धयेत् । यावद्भूमध्यं स्पृशति तदानीं खेचरीसिद्धिः (ः) ॥



वितस्तिप्रमितं दैर्घ्यं विस्तारं चतुरङ्गुलम् । मृदुलं धवलं प्रोक्तं वेष्टिताम्बरलक्षणम् ॥ (Ω) [= 3.111]	3.33*5
पुनः षण्मासमात्रेण पुनः संकर्षणात्प्रिये । भ्रूमध्यावधि वर्धेत तिर्यक्कर्णबिलावधि ॥ (Ω)	3.33*6
अधस्ताच्चिबुकं मूलं प्रयाति क्रमकारिता । क्रोशादूर्ध्वं च क्रमति तिर्यक्संख्यावधि प्रिये ॥ (Ω)	3.33*7
पुनः संवत्सरोद्देवि द्वितीया चैव लीलया । ब्रह्मरन्धान्तमावृत्य तिष्ठेत्परमवन्दिते ॥ (Ω)	3.33*8
स्वतालुमूलं संघृष्य सप्तवासरमात्मनि । स्वगुरूक्तप्रकारेण मलं सर्वं विशोषयेत् ॥ (Ω)	3.33*9
अङ्गुल्यग्रेण संघृष्य जिह्वां तत्र निवेशयेत् । शनैः शनैर्मस्तकाच्च महावज्रकपाटभित्ति ॥ (Ω)	3.33*10
पूर्वबीजयुतां विद्यां व्याख्यातामतिदुर्लभाम् । अस्याः षडङ्गं कुर्वीत तया षट्क्रभिन्नया ॥ (Ω)	3.33*11
खे निरस्तसकलक्रियाक्रमे या चितिश्वरति शाश्वतोदये । सा शिवत्वसमवायकारिणी खेचरी च भवखेदहारिणी ॥ (Ω)	3.33*12
क्रमेणैव प्रकर्तव्याभ्यासेन वरवर्णिनि । युगपद्यतते तस्य शरीरं विलयं व्रजेत् ॥ (Ω)	3.33*13

**33\*5a** pramitaṃ β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] pratima η<sub>ω</sub> **dairghyam** β<sub>ω</sub>η<sub>ω</sub>] dairghye ε<sub>ω</sub>δ<sub>δ</sub> dairghya δ<sub>δ</sub> **33\*5b** vistāraṃ β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] vistāre ε<sub>ω</sub> **33\*5d** veṣṭitāmbara β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] veṣṭitādhāra ε<sub>ω</sub> **33\*7a** cibukaṃ mūlaṃ ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] cibukamūla β<sub>ω</sub> **33\*7b** kramakāritā β<sub>ω</sub>δ<sub>ω</sub>] kramakāritāḥ ε<sub>ω</sub> tramakārikā η<sub>ω</sub> **33\*7c** ca β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] om. ε<sub>ω</sub> **kramati** β<sub>ω</sub>η<sub>ω</sub>] krāmati δ<sub>ω</sub> kramati ε<sub>ω</sub> **33\*7d** saṃkhyā β<sub>ω</sub>δ<sub>ω</sub>] saṃsthā ε<sub>ω</sub>η<sub>ω</sub> **33\*8c** randhrāntam β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] raṇḍhram tam η<sub>ω</sub> **33\*8d** tiṣṭhet β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] viṣṭaitet η<sub>ω</sub> **paramavandite** β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] paramavidite η<sub>ω</sub> **33\*11a** bīja ε<sub>ω</sub>η<sub>ω</sub>] vīya β<sub>ω</sub> vīrya δ<sub>ω</sub> **33\*11b** vyākhyātām ati β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] vikhyātām api ε<sub>ω</sub> **33\*11c** ṣaḍaṇ-gaṃ β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] ṣaḍaṇhva η<sub>ω</sub> **33\*12a** nirasta β<sub>ω</sub>δ<sub>ω</sub>] cirasta η<sub>ω</sub> lirasta ε<sub>ω</sub> **33\*12b** yā citiś carati em. (cf. Yoginīhṛdaya)] yācitas carati η<sub>ω</sub> yā cittaś carati β<sub>ω</sub> °ṇa cittaś carati δ<sub>ω</sub> cittam ācarati ε<sub>ω</sub> **33\*12c** samavāya β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] samavāyi δ<sub>ω</sub> **kāriṇī** ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] kariṇī β<sub>ω</sub> **33\*12d** ca bhava β<sub>ω</sub>η<sub>ω</sub>] {{ca}} bhavati δ<sub>ω</sub> bhavati ε<sub>ω</sub> **33\*13a** prakartavyā β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] pravartavyā δ<sub>ω</sub> **33\*13b** varṇini β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] varṇini δ<sub>ω</sub> **33\*13c** yatate β<sub>ω</sub>η<sub>ω</sub>δ<sub>δ</sub>] yatete δ<sub>δ</sub> utpadyate ε<sub>ω</sub> **ta-sya** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] samyak ε<sub>ω</sub>

तस्माच्छनैः शनैः कार्योऽभ्यासो न युगपत्प्रिये ।

एवं वर्षत्रयं कृत्वा ब्रह्मद्वारं विशेद्भुवम् ॥ (Ω)

3.33\*14

सद्वक्राणि विभिद्य शक्तिभुजर्गी प्रोत्थाप्य मूलस्थितां

भित्त्वा ग्रन्थित्रयं च पश्चिमशिराप्राकाररूपं महत् ।

नीत्वा प्राणमतः शिरोबिलमलं निर्मथ्य चित्तेन तत्

लिङ्गं यः पिबतीन्दुमण्डलगलन्मुक्तः स साक्षाच्छिवः ॥ (Ω)

3.33\*15

नित्यं यस्तूर्ध्वजिह्वो यदि पिबति पुमान्सप्तधाराभृतौघं

सुस्वादं शीतलाङ्गं दुरितभयहरं क्षुत्पिपासानिवारि ।

पिण्डस्थैर्यं हि तस्माद्भवति मृतपथा मृत्युरोगाद्भवन्ति

दौर्भाग्यं याति नाशं प्रसरति सकलं याति कालं भ्रमित्वा ॥ (Ω)

3.33\*16

तीक्ष्णकं हरते व्याधिं कटुकं कुष्ठनाशनम् ।

घृतस्वादूपमं चैव अमरत्वं लभेद्भुवम् ॥ (Ω)

3.33\*17

मधुस्वादूपमं चैव शास्त्रमुद्गिरते बहु ।

लङ्घुषण्डकपाद्यानि पक्वान्नि अनेकशः ॥ (Ω)

3.33\*18

दिव्यकल्पं रमेन्नित्यं उत्कृष्टो जायते ध्रुवम् ।

तन्मयत्वमवाप्नोति कोशकारीव कीटकः ॥ (Ω)

3.33\*19

**33\*14b** 'bhyāso na β<sub>ω</sub>δ<sub>ω</sub>] bhyāsena ε<sub>ω</sub>η<sub>ω</sub> **priye** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] kriye ε<sub>ω</sub> **33\*14c evaṃ** ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] eva β<sub>ω</sub> **33\*14d viśed** ε<sub>ω</sub>δ<sub>ω</sub>] vaśed η<sub>ω</sub> biśe β<sub>ω</sub> **33\*15a vibhidya** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] vibhedya ε<sub>ω</sub> **bhujagīm** ε<sub>ω</sub>δ<sub>ω</sub>] bhujamgi β<sub>ω</sub> bhujamgīm η<sub>ω</sub> **protthāpya** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] protthāya δ<sub>ω</sub> **33\*15b śirā** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] śirām ε<sub>ω</sub> **rūpaṃ** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] rūpām ε<sub>ω</sub> **33\*15c tat** β<sub>ω</sub>ε<sub>ω</sub>] tal η<sub>ω</sub>δ<sub>ω</sub> **33\*15d pibati** ε<sub>ω</sub>δ<sub>ω</sub>] pibate β<sub>ω</sub>η<sub>ω</sub> **muktaḥ sa sākṣācchivaḥ** β<sub>ω</sub>ε<sub>ω</sub>] muktaś ca sākṣācchivaḥ δ<sub>ω</sub> muktaḥ kṣamāddhivaḥ η<sub>ω</sub> **33\*16a yas tūrdhva** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] yasphūrja δ<sub>ω</sub> **jihvo yadi** ε<sub>ω</sub>] jihvo-gradī β<sub>ω</sub> jihvāgrayā δ<sub>ω</sub> jihvā yadi η<sub>ω</sub> **taugmaṃ** β<sub>ω</sub>ε<sub>ω</sub>] tauṣaṃ η<sub>ω</sub> tauccaṃ δ<sub>ω</sub> **33\*16b susvādaṃ** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] su[kha]daṃ δ<sub>ω</sub> **33\*16c mṛtapathā** ε<sub>ω</sub>η<sub>ω</sub>] mṛtayathā β<sub>ω</sub> mṛtaṃ yathā δ<sub>ω</sub> **rogād** β<sub>ω</sub>δ<sub>ω</sub>] rogod ε<sub>ω</sub> śeśād η<sub>ω</sub> **bhavanti** β<sub>ω</sub>η<sub>ω</sub>] bhavati δ<sub>ω</sub> bhavaṃtu ε<sub>ω</sub> **33\*16d daurbhāgyaṃ** ε<sub>ω</sub>δ<sub>ω</sub>] daurbhyāgyaṃ β<sub>ω</sub>η<sub>ω</sub> **kālaṃ** β<sub>ω</sub>η<sub>ω</sub>] kālo ε<sub>ω</sub>δ<sub>ω</sub> **33\*17a tikṣṇakaṃ** ε<sub>ω</sub>δ<sub>ω</sub>] tikṣṇake β<sub>ω</sub> tikṣṇako η<sub>ω</sub> **harate** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] harati ε<sub>ω</sub> **33\*17b kaṭukaṃ kuṣṭhanāśanam** β<sub>ω</sub>δ<sub>ω</sub>] kaṭutvaṃ kuṣṭhanāśanam ε<sub>ω</sub> kaṭukuṭivinaśanam η<sub>ω</sub> **33\*17c ghrta** β<sub>ω</sub>ε<sub>ω</sub>δ<sub>ω</sub>] dhṛtvā η<sub>ω</sub> **33\*17d labhed** β<sub>ω</sub>ε<sub>ω</sub>] labhate η<sub>ω</sub>δ<sub>ω</sub> **33\*18b udgirate** β<sub>ω</sub>ε<sub>ω</sub>η<sub>ω</sub>] udgirati δ<sub>ω</sub> **bahu** ε<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] bahuḥ β<sub>ω</sub> **33\*18c laḍḍu** ε<sub>ω</sub>] laḍu β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub> **ṣaṇḍakapādyāni** β<sub>ω</sub>η<sub>ω</sub>] khaṇḍakapādyāni δ<sub>ω</sub> piṇḍakakhādyāni ε<sub>ω</sub> **33\*18d pakvānnāni** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] pakvānyanmāny ε<sub>ω</sub> **33\*19a kalpaṃ** β<sub>ω</sub>η<sub>ω</sub>δ<sub>ω</sub>] kalpai ε<sub>ω</sub> **ramen** cett.] racen ε<sub>ω</sub> krīḍen δ<sub>ω</sub> **33\*19d kośakārīva** δ<sub>ω</sub>] kauśakārīva β<sub>ω</sub> kośakāri ca ε<sub>ω</sub> kauṣṭakārīva η<sub>ω</sub>

कपालकुहरे जिह्वा प्रविष्टा विपरीतगा ।  
भ्रुवोरन्तर्गता दृष्टिमुद्रा भवति खेचरी ॥<sup>11</sup> 3.34

कलां पराङ्मुखीं कृत्वा त्रिपथे परिवर्तयेत् ।  
सा भवेत्खेचरी मुद्रा व्योमचक्रं तदुच्यते ।  
रसनामूर्ध्वगां कृत्वा<sup>12</sup> क्षणार्धं यदि तिष्ठति ।  
क्षणेन मुच्यते योगी व्याधिमृत्युजरादिभिः ॥ (om.  $\alpha_1$ ) 3.35

न रोगो मरणं तस्य न निद्रा न क्षुधा तृषा ।  
न च मूर्छा भवेत्तस्य यो मुद्रां वेत्ति खेचरीम् ॥<sup>13</sup> 3.36

पीड्यते न स रोगेण लिप्यते न च कर्मणा ।  
बाध्यते न च कालेन यो मुद्रां वेत्ति खेचरीम् ॥ ( $\alpha_1\alpha_2\alpha_3\beta_2\beta_\omega\eta_1\eta_2\chi$ ) 3.36\*1

चित्तं चरति खे यस्माज्जिह्वा चरति खे गता ।  
तेनैषा खेचरी नाम मुद्रा सिद्धैर्नमस्कृता ॥ (om.  $\gamma_1$ ) [= 4.25\*4] 3.37

**34b** praviṣṭā viparitagā cett.] pra+++++  $\alpha_1$  **34c** antargatā cett.] antagatā  $\alpha_1$  madhye  
gatā  $\beta_2$  **dr̥ṣṭir** cett.] dr̥ṣṭi  $\alpha_1\gamma_1\epsilon_3$  **34d** khecarī cett.] carī  $\eta_1$  **35a** kālām cett.] kalā  
 $\gamma_1$  kālām  $\eta_2$  **parāṇmukhīm**  $\beta_1\delta_1\delta_2\epsilon_2\epsilon_3\eta_1\chi$ ] parāṇmukhī  $\beta_\omega\Gamma\delta_3\eta_2$  avāṇmukhī  $\beta_2$  **kṛtvā**  
 $\beta_2\beta_\omega\Delta\epsilon_2\epsilon_3\eta_1\chi$ ] kṛtya  $\eta_2$  nītvā  $\Gamma$  **35b** tripathe  $\beta_\omega\Delta\epsilon_3\chi$ ] tripatham  $\epsilon_2$  tripatha  $\beta_2$  **pari-**  
**vartayet**  $\epsilon_3$ ] parivarjayet  $\beta_2\beta_\omega\delta_1\epsilon_2$  parivardhayet  $\delta_2\delta_3$  pariyojayet  $\chi$  **35c** sā  $\beta_2\Delta\epsilon_2\epsilon_3\chi$ ] sa  
 $\beta_\omega$  **bhavet** **khecarī**  $\beta_2\beta_\omega\delta_2\delta_3\epsilon_2\epsilon_3\chi$ ] bhat ṣecarī  $\delta_1$  **35f** yadi cett.] api  $\eta_2\chi$  **35g** kṣaṇena  
 $\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2$ ] kṣaṇe [ca]  $\gamma_1$  viṣayair  $\Delta$  viṣair vi°  $\beta_2$  **35h** vyādhi cett.] vyādhijanma  $\gamma_2$  **36a** rogo cett.] roga  $\eta_1$  rogān  $\eta_2$  **tasya** cett.] tandrā  $\chi$   
**36b** kṣudhā tr̥ṣā cett.] kṣudhā nandaṭ  $\delta_3$  tr̥ṣā kṣudhā (ṭṛkhā  $\delta_1$ )  $\beta_2\delta_1$  **36c** ca cett.] bhra  $\beta_\omega$   
om.  $\delta_3$  **bhavet** cett.] bhavet  $\eta_2$  tu bhavet  $\delta_3$  **tasya** cett.] ta+  $\alpha_1$  **36d** yo mudrām vetti  
cett.] damaged  $\alpha_1$  **khecarīm**  $\gamma_2\delta_1\delta_2\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] khecarī  $\alpha_1\beta_2\beta_\omega\gamma_1\delta_3$  **36\*1a** piḍyate  $\alpha_1\beta_1\chi$ ] bādhyate  
 $\beta_2\beta_\omega\eta_2$  chādyate  $\eta_1$  **sa**  $\beta_\omega\eta_1\eta_2\chi$ ] ca  $\alpha_1\alpha_2\alpha_3\beta_1\beta_2$  **36\*1b** lipyate na ca  $\alpha_3\chi$ ] lipyate  
na sa  $\beta_2\beta_\omega\eta_1\eta_2$  na ca lipyati  $\alpha_2\beta_1$  na ca lipyata  $\alpha_1$  **36\*1c** bādhyate  $\alpha_1\beta_1\beta_\omega\eta_1\eta_2\chi$ ] khādyate  
 $\beta_2$  **ca**  $\alpha_1\alpha_2\alpha_3\beta_1$ ] sa  $\beta_2\beta_\omega\eta_1\eta_2\chi$  **36\*1d** yo mudrām vetti  $\alpha_1\beta_1\beta_2\beta_\omega\eta_2\chi$ ] yasya mudrāsti  $\eta_1$   
**khecarīm**  $\alpha_1\eta_2\chi$ ] khecarī  $\beta_1\beta_2\beta_\omega\eta_1$  **37a** cittam cett.] citte  $\delta_1$  ci+  $\alpha_1$  **carati** **khe** cett.]  
damaged  $\alpha_1$  **yasmāj** cett.] yasyā  $\beta_\omega$  + āj  $\alpha_1$  **37c** tenaiṣā  $\alpha_1\beta_1\epsilon_3\chi$ ] tenaiṣa  $\beta_\omega\epsilon_2\eta_1\eta_2$   
teneyam  $\beta_2\gamma_2\Delta$  **nāma**  $\alpha_1\beta_1\epsilon_3\chi$ ] mudrā cett. **37d** mudrā  $\alpha_1\beta_1\epsilon_3\chi$ ] sarva  $\beta_2\beta_\omega\gamma_2\Delta\epsilon_2\eta_1\eta_2$

<sup>11</sup>  $\chi$  has this verse at the very beginning of the Khecarī-section.

<sup>12</sup> The Pādas in grey scale are not found in  $\Gamma\eta_1\eta_2$ , but in  $\beta_2\beta_\omega\Delta\epsilon_2\epsilon_3\chi$ .  $\alpha_1$  omits the whole verse.  
 $\alpha_2\alpha_3$  have this verse without the grey-scaled part.

<sup>13</sup> In  $\gamma_2$  this verse is found after 3.37.

खेचर्या मुद्रितं येन विवरं लम्बिकोर्ध्वतः ।

तस्य न क्षरते बिन्दुः कामिन्याश्लेषितस्य च ॥

3.38

चलितोऽपि यदा बिन्दुः संप्राप्तोयोनिमण्डलम् ।

व्रजत्यूर्ध्वं हतः शक्त्या<sup>#</sup> निबद्धो योनिमुद्रया ॥<sup>14</sup>

3.39

( $\beta_{\omega}\eta_2$  have 3.42 *indhanāni* here.)

कपालकुहरे जिह्वा कलासंधानमुद्रया । ( $\alpha_1\beta_2\beta_{\omega}\Gamma\epsilon_2\epsilon_3$ )

3.39\*1

ऊर्ध्वजिह्वः स्थितो भूत्वा सोमपानं करोति यः ।

मासार्धेन न संदेहो मृत्युं जयति योगवित् ॥

3.40

नित्यं सोमकलापूर्णं शरीरं यस्य योगिनः ।

तक्षकेणापि दष्टस्य विषं तस्य न सर्पति ॥<sup>15</sup> (om.  $\alpha_1\alpha_2$ )

3.41

**38a** *khecaryā* cett.] *khecaryām*  $\beta_{\omega}$  **38b** *vivaram* cett.] *viviram*  $\delta_2$  *vicaran/ram*  $\beta_2\eta_1$  **lam-**  
**bikordhvataḥ** cett.] *lampikordhvataḥ*  $\delta_2\delta_3$  *damaged*  $\alpha_1$  **38c** *tasya na*  $\beta_2\beta_{\omega}\gamma_1\epsilon_2\epsilon_3\eta_1\eta_2$ ] + [s]ya  
na  $\alpha_1$  na *tasya*  $\gamma_2\Delta\chi$  **38d** *śleṣitasya* cett.] *liṅgitasya*  $\Gamma\delta_2$  *liṅgitena*  $\beta_2$  **39a** *calito* cett.]  
*calitā*  $\gamma_1$  *calate*  $\delta_1$  *calato*  $\alpha_1$  **39b** *saṃprāpto*  $\alpha_1\beta_2\delta_2\delta_3\epsilon_2\epsilon_3\eta_1\chi$ ] *saṃprāptaś*  $\beta_{\omega}\Gamma\delta_1\eta_2$  **yon-**  
**imaṇḍalam**  $\alpha_2\epsilon_3\eta_1\chi$ ] *yogimaṇḍalam*  $\alpha_1$  *yonimaṇḍalam*  $\epsilon_2$  *vahnimaṇḍalam*  $\beta_2$  *cāgnimaṇḍalam*  
 $\beta_{\omega}\eta_2$  *ca hutāśanam*  $\Gamma\delta_1$  *pi hutāśanam*  $\delta_2\delta_3$  **39c** *vrajaty* cett.] *vṛjamty*  $\alpha_1$  *jajaty*  $\gamma_1$  *vrajan*  $\delta_3$   
**ūrdhvam** cett.] *pūrvam*  $\delta_3$  *ū* +  $\alpha_1$  **hataḥ śaktyā** *em.* (cf. VM)] *hṛtaḥ śaktyā*  $\chi$  *hatāchantkā*  $\gamma_1$   
*haṭhāc chaktyā*  $\beta_2\beta_{\omega}\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2$  *haṭhāt saktyā*  $\alpha_2$  *hi tacchaktyā*  $\delta_2\delta_3$  *hi tadbhuktyā*  $\delta_1$  *damaged*  $\alpha_1$   
**39d** *nibaddho*  $\alpha_2\alpha_3\beta_2\epsilon_2\epsilon_3\chi$ ] *nibadhno*  $\eta_1$  *niruddho*  $\Gamma\delta_2\delta_3$  *nirodho*  $\beta_{\omega}\eta_2$  *viruddhe*  $\delta_1$  *damaged*  $\alpha_1$   
**yoni**  $\alpha_1\beta_2\Gamma\Delta\epsilon_2\epsilon_3\eta_1\chi$ ] *yoga*  $\beta_1\beta_{\omega}\eta_2$  **39\*1b** *kalā*  $\beta_{\omega}\epsilon_3$ ] *kāla*  $\Gamma\epsilon_2$  *kālā*  $\alpha_1$  *kṛtvā*  $\beta_2$  **saṃd-**  
**hāna**  $\alpha_1\beta_2\beta_{\omega}\epsilon_3$ ] *saṃdhāra*  $\epsilon_2$  *saṃhāra*  $\Gamma$  *mudrayā*  $\alpha_1\Gamma\epsilon_2\epsilon_3$ ] *varjitā*  $\beta_{\omega}$  **40a** *ūrdhva* cett.]  
*ūrdhvam*  $\epsilon_2$  **jihvaḥ**  $\gamma_2\delta_1\delta_3\chi$ ] *jihva*  $\gamma_1$  *jihvā*  $\alpha_1\beta_2\beta_{\omega}\delta_2\epsilon_2\epsilon_3\eta_1\eta_2$  **sthito**  $\alpha_1\alpha_2\beta_{\omega}\eta_2$ ] *sthīro*  
 $\beta_1\beta_2\Gamma\Delta\epsilon_3\eta_1\chi$  *sito*  $\epsilon_2$  **40b** *karoti yaḥ* cett.] *karoti saḥ*  $\beta_2$  *karo* +  $\alpha_1$  **40c** *māsārdhena na*  
cett.] *māsārdhena* *tu*  $\beta_2$  *damaged*  $\alpha_1$  **41a** *pūrṇam* cett.] *pūrṇa*  $\gamma_1\epsilon_2$  *pūrṇe*  $\eta_2$  **41b** **yo-**  
**ginaḥ**  $\beta_2\Gamma\Delta\epsilon_2\chi$ ] *yoginam*  $\beta_{\omega}$  *dehinaḥ*  $\epsilon_3\eta_1\eta_2$  **41c** *daśtasya*  $\beta_2\gamma_2\delta_1\epsilon_3\eta_2\chi$ ] *dṛṣṭasya*  $\beta_{\omega}\gamma_1\eta_1$   
*daṃṣṭrasya*  $\epsilon_2$  *dagdhasya*  $\delta_2\delta_3$  **41d** *sarpati* cett.] *sparsāti*  $\beta_{\omega}$  *pīḍyate*  $\gamma_1$

<sup>14</sup>  $\beta_2$  has this verse between 3.41ab and cd.

<sup>15</sup>  $\beta_{\omega}$  adds here: तस्मादिदं प्रकुर्वीत नित्ययुक्तः समाहितः.

- इन्धनानि यथा वह्निस्तैलवर्ति च दीपकः ।  
तथा सोमकलापूर्णं देही देहं न मुञ्चति ॥<sup>16</sup> 3.42
- गोमांसं भक्षयेन्नित्यं पिबेदमरवारुणीम् ।  
कुलीनं तमहं मन्ये इतरे कुलघातकाः ॥ 3.43
- गोशब्देनोदिता जिह्वा तत्प्रवेशो हि तालुनि ।  
गोमांसभक्षणं तत्तु महापातकनाशनम् ॥ 3.44
- जिह्वाप्रवेशसंभूतवह्निनोत्पादितः खलु ।  
चन्द्रात्स्त्रवति यः सारः सा स्यादमरवारुणी ॥ (om.  $\eta_1 \epsilon_3$ )<sup>17</sup> 3.45

**42a** *indhanāni* cett.] yindhanāni  $\beta_\omega$  **yathā** cett.] *om.*  $\delta_2$  **42b** *tailavartim*  $\beta_\omega \delta_1 \delta_2 \epsilon_3 \chi$ ] tailavarti  $\alpha_1 \delta_3 \epsilon_2$  tailavarti  $\beta_2 \Gamma \eta_2$  tailāvṛtti  $\eta_1$  **ca** cett.] *va*  $\eta_1$  **dīpakah** cett.] dīpikah  $\eta_1$  **42c** *soma* cett.] sarva  $\epsilon_2$  **pūrṇam** cett.] pūrṇa  $\eta_2$  pūrṇo  $\gamma_2 \epsilon_2$  **42d** *dehī deham* cett.] deham dehī  $\beta_2 \epsilon_3$  *damaged*  $\alpha_1$  **na muñcati**  $\Gamma \Delta \epsilon_2 \eta_1 \chi$ ] na mucyati  $\eta_2$  na mucyati  $\epsilon_3$  na mucyate  $\beta_2 \beta_\omega$  +++ ti  $\alpha_1$  **43a** *gomāmsam* cett.] gomāmsa  $\gamma_2 \delta_1 \eta_2$  **43b** *amara* cett.] amṛta  $\delta_3$  **vāruṇīm** cett.] vāruṇī  $\beta_\omega \epsilon_2 \epsilon_3$  **43c** *tam* cett.] tum  $\gamma_2$  **manyē** cett.] manya  $\chi$  vidyām  $\beta_\omega$  vimdyām  $\eta_2$  **43d** *itare*  $\alpha_1 \beta_2 \beta_\omega \eta_2 \chi$ ] tv itare  $\epsilon_3 \eta_1$  cetare  $\epsilon_2$  netarān  $\Gamma \Delta$  **kulaghātakāḥ** cett.] kulaghātakān  $\Gamma \Delta$  kuṣvaghātakāḥ  $\alpha_1$  **44a** *noditā jihvā* cett.] nāditā jihvā  $\gamma_1$  *damaged*  $\alpha_1$  **44b** *tatpraveśo* cett.] + [t]praveśo  $\alpha_1$  **hi** cett.] di  $\gamma_1$  **tāluni** cett.] tāluniṃ  $\eta_2$  **44c** *māmsa* cett.] māmsam  $\epsilon_2 \epsilon_3 \eta_1$  māsam  $\gamma_1$  **bhakṣaṇam** cett.] bhakṣaṇe  $\alpha_1$  **tat tu**  $\alpha_1 \beta_1 \beta_\omega \gamma_2 \Delta \eta_1 \eta_2 \chi$ ] \_rttu  $\gamma_1$  tac ca  $\epsilon_3$  caitat  $\epsilon_2$  hy etan  $\beta_2$  **44b** *vahninotpāditaḥ*  $\gamma_2 \delta_2 \epsilon_2 \chi$ ] °ditam  $\delta_1$  °ditā  $\beta_2 \delta_3$  °di+  $\alpha_1$  vahninonnāpitā  $\beta_\omega$  vahninottāpito  $\eta_2$  vahnir utpāditaḥ  $\gamma_1$  **khalu**  $\alpha_2 \Gamma \Delta \epsilon_2 \chi$ ] darām  $\beta_\omega \eta_2$  surāḥ  $\beta_2$  *damaged*  $\alpha_1$  **44c** *candrāt sravati*  $\beta_2 \beta_\omega \Gamma \delta_2 \epsilon_2 \eta_2 \chi$ ] candraḥ sravati  $\delta_3$  candrā dravati  $\delta_1$  +++ + [t]i  $\alpha_1$  **yaḥ sārāḥ**  $\gamma_2 \delta_1 \delta_2 \eta_2 \chi$ ] yaḥ sārā  $\gamma_1$  yat sārām  $\alpha_1 \beta_2 \epsilon_2$  yaḥ sārām tasmād idam [m]akurvita nityayuktaḥ samāhitaḥ (the same hemistich is inserted after 3.42)  $\beta_\omega$  yaḥ samyak  $\delta_3$  **44d** *sā* cett.] sa  $\delta_2$  **amaravāruṇī** cett.] amṛavāruṇī  $\eta_2$

<sup>16</sup>  $\Gamma \Delta$  add here: रसनां वेशयेदूर्ध्वं पिबेत्तत्सावितं जलम्

<sup>17</sup> In  $\eta_1$  the second half is added in the margin sec. m.: तस्मा[त्स]रति य[त्सा]रं सा स्यादमरवारुणी.

मूर्धः षोडशपत्तपद्मगलितं प्राणादवासं हठा-  
 दूर्ध्वास्यो रसनां नियम्य विवरे शक्तिं परां चिन्तयेत् ।  
 उत्कल्लोलकलाजलं च विमलं धारामृतं<sup>#</sup> यः पिबेत्  
 निर्दोषः स मृणालकोमलतनुर्योगी चिरं जीवति ॥<sup>18</sup>

3.46

चुम्बन्ती यदि लम्बिकाग्रमनिशं जिह्वा रसस्यन्दिनी  
 सक्षारा कटुकाथ दुग्धसदृशी मध्वाज्यतुल्याथवा ।  
 व्याधीनां हरणं जरान्तकरणं शास्त्रागमोद्गीरणं  
 तस्य स्यादमरत्वमष्टगुणवत्सिद्धाङ्गनाकर्षणम् ॥

3.47

एकं सृष्टिमयं बीजं एका मुद्रा च खेचरी ।  
 एको देवो निरालम्ब एकावस्था मनोन्मनी ॥ [= 4.44\*1]

3.48

**46a mürdhnaḥ**  $\beta_{\omega}\Delta\epsilon_3\chi$ ] mürdhneḥ  $\eta_2$  mürddhūḥ  $\gamma_2$  mürddham  $\alpha_2\epsilon_2$  mürddhvaḥ  $\alpha_1$  mürddha  
 $\eta_1$  bhürddhaḥ  $\gamma_1$  ürdhvaṃ  $\beta_2$  **pattrapadma**  $\alpha_2\delta_2\delta_3\epsilon_3\chi$ ] padmapattra  $\alpha_1\beta_2\beta_{\omega}\gamma_2\delta_1\eta_1\eta_2$  patrap-  
 atra  $\epsilon_2$  *om.*  $\gamma_1$  **haṭhād** cett.] haṭhām  $\beta_{\omega}$  **46b ürdhvāsyo** cett.] ürdhvoso  $\gamma_1$  ürdhvoso  $\delta_3$   
 varddhāsyō  $\beta_{\omega}$  **rasanām** cett.] rasanā  $\epsilon_2$  ramanā  $\gamma_1$  **niyāmya**  $\alpha_1\beta_2\gamma_2\Delta\epsilon_3\chi$ ] niyasya  $\gamma_1\epsilon_2$   
 ca yāmya  $\eta_1$  vidhāya  $\beta_{\omega}\eta_2$  **vivare** cett.] vicare  $\gamma_1$  vivaraṃ  $\Delta$  vidhivat  $\beta_2$  **śaktiṃ** cett.]  
 śaktiḥ  $\gamma_2$  **cintayet** cett.] cintayat  $\gamma_1$  cintayan  $\delta_2\delta_3\chi$  **46c utkallola**  $\alpha_1\beta_2\beta_{\omega}\delta_3\epsilon_2\epsilon_3\eta_1\chi$ ] uttakallola  
 $\eta_2$  tatkalola  $\gamma_2\delta_1$  tatkalola  $\delta_2$  taptalola  $\gamma_1$  **kalājalām**  $\alpha_1\beta_2\Gamma\Delta\epsilon_2\epsilon_3\eta_1\chi$ ] jalāku-  
 lām  $\beta_{\omega}\eta_2$  **ca**  $\alpha_1\beta_2\gamma_2\Delta\epsilon_2\eta_1\chi$ ] su  $\beta_{\omega}\eta_2$  ya  $\gamma_1$  *om.*  $\epsilon_3$  **dhārāmṛtaṃ** cett.] dhārāmayaṃ  
 $\chi$  **46d nirdoṣaḥ sa** cett.] nirdoṣaṃ sa  $\eta_1$  nirdoṣo 'sya  $\epsilon_2$  nirvyādhiḥ sa  $\chi$  **komala** cett.]  
 komale  $\gamma_1$  **tanur**  $\alpha_2\beta_2\beta_{\omega}\gamma_2\Delta\eta_2$ ] tanu  $\gamma_1$  vapur  $\alpha_1\beta_1\epsilon_2\epsilon_3\eta_1\chi$  **47a cumbanti** cett.] vipitiṃ  
 $\gamma_1$  **lambikāgram anīṣaṃ jihvā** cett.] lampikāgram anīṣaṃ jihvā  $\delta_2\delta_3$  **rasa** cett.] śiraḥ  $\beta_{\omega}\eta_2$   
**47b sakṣārā** cett.] sakṣārā  $\alpha_1\delta_1\epsilon_2$  sakṣāra  $\eta_2$  **kaṭukātha**  $\alpha_1\alpha_2$ ] kaṭukāmla  $\gamma_2\Delta\epsilon_3\chi$  vaṭukāmla  
 $\gamma_1$  kaṭukāsa  $\eta_1$  kaṭukādyā  $\beta_{\omega}\eta_2$  kaṭutikta  $\epsilon_2$  kaṭutyakta  $\beta_2$  **dugdha** cett.] dugdham  $\gamma_2$  du  $\gamma_1$   
**sadr̥śi** cett.] sādṛśi  $\delta_1$  sadṛśiṃ  $\gamma_2$  sadṛśā  $\alpha_1\alpha_2\eta_1$  lavaṇā  $\epsilon_2\epsilon_3$  **madhvājya** cett.] madhvādyā  
 $\beta_{\omega}\eta_2$  vaddhājya  $\epsilon_2$  **tulyā** cett.] tulyām  $\beta_{\omega}$  tulyaṃ  $\eta_2$  **thavā**  $\alpha_2\Gamma\Delta$ ] tathā  $\alpha_1\beta_2\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$   
 $\text{savā } \epsilon_3$  **47c jarāntakaraṇaṃ** cett.] jvarāntakaraṇaṃ  $\delta_1\delta_2$  jvarāntahkaraṇaṃ  $\delta_3$  jarāpraśa-  
 manaṃ  $\beta_2$  **śāstrāgamodgīraṇaṃ**  $\beta_2\beta_{\omega}\gamma_2\epsilon_3\eta_2$ ] śāstrāgamodgīraṇaṃ  $\eta_1$  śāstrāgamodīraṇaṃ  
 $\alpha_1\chi$  śāstrapramodīraṇaṃ  $\gamma_1$  śāstrāgamoddhāraṇaṃ  $\Delta\epsilon_2$  **47d tasya syād** cett.] tasyād  $\gamma_1$   
**amaratvam** cett.] amarakṣam  $\gamma_1$  aramatvam  $\beta_{\omega}$  iha siddhir  $\Delta$  **guṇavat**  $\alpha_1\alpha_2\beta_1\eta_1$ ] guṇā-  
 vat  $\epsilon_3$  guṇitaṃ  $\beta_2\beta_{\omega}\Gamma\delta_1\epsilon_2\eta_2\chi$  guṇitā  $\delta_2\delta_3$  **siddhāṅganā**  $\alpha_2\beta_1\beta_2\delta_2\delta_3\eta_1\epsilon_2\epsilon_3\eta_2\chi$ ] siddhāṅgaṇā  
 $\alpha_1\beta_{\omega}\gamma_1\delta_1$  siddhāṅgānā  $\gamma_2$  **karṣaṇaṃ** cett.] karṣaṇā  $\gamma_1$  **48a ekaṃ** cett.] eka  $\delta_3$  evaṃ  $\gamma_1$   
**śṛṣṭi** cett.] dṛṣṭi  $\epsilon_2$  **mayam** cett.] midam  $\beta_2$  layam  $\epsilon_2$  **48b ca** cett.] tu  $\delta_3\epsilon_2$  **48c devo**  
 cett.] devā  $\gamma_1$  nirā  $\alpha_1$  **nirālamba**  $\beta_{\omega}\eta_1\chi$ ] nirālambaś  $\gamma_2\Delta$  nirāśambaś  $\gamma_1$  nirālamba  $\alpha_2\beta_2\epsilon_2\epsilon_3$   
 nirālambaṃ  $\eta_2$  'lambo deva  $\alpha_1$  **48d ekā**  $\alpha_1\beta_2\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$ ] caikā  $\Delta$  cakā  $\gamma_1$  caiśā  $\gamma_2$  hy ekā  $\alpha_2\epsilon_3$

<sup>18</sup>  $\chi$  has a different verse order from here.

सुषिरं ज्ञानजनकं पञ्चस्रोतःसमन्वितम् ।

तिष्ठते खेचरी मुद्रा तस्मिन्शून्ये निरञ्जने ॥  $(\beta_{\omega}\eta_2\chi)$  [= 4.25\*2]

3.48\*1

पाताले यद्विशति सुषिरं मेरुमूले तदस्ति

तत्त्वं चैतत्प्रवदति सुधीस्तन्मुखं निम्नगानाम् ।

चन्द्रात्सारः खवति<sup>19</sup> वपुषस्तेन मृत्युर्नराणां

तं बध्नीयात्सुकरणमुद्रा नान्यथा कायसिद्धिः ॥<sup>#</sup><sub>(om.  $\alpha_1\Delta$ )</sub><sup>20</sup> [= 4.25]

3.49

मूलबन्धः<sup>21</sup> ॥

पार्ष्णिभागेन संपीड्य योनिमाकुञ्चयेद्बुद्धम् ।

अपानमूर्ध्वमाकृष्य मूलबन्धोऽयमुच्यते ॥

3.50

अधोगतिमपानं वै ऊर्ध्वगं कुरुते बलात् ।

आकुञ्चनेन तं प्राहुर्मूलबन्धं तु योगिनः ॥

3.51

**48\*1a**  $\text{suṣiraṃ } \chi$ ]  $\text{sukhiraṃ } \eta_2$   $\text{suciraṃ } \beta_{\omega}$  **48\*1b**  $\text{srotaḥ } \eta_2\chi$ ]  $\text{srotaḥ } \beta_{\omega}$  **48\*1c**  $\text{tiṣṭhate } \chi$ ]  $\text{tiṣṭhamti } \beta_{\omega}$   $\text{tiṣṭhamti } \eta_2$  **49a**  $\text{pātāle yad viśati } \Gamma$ ]  $\text{pātālād yad viśati } \beta_2$   $\text{pātāle yadvitaya } \epsilon_4$   $\text{pātāle yadvitanta } \epsilon_3$   $\text{pātāle yadinaya } \epsilon_2$   $\text{pātāle yadvita } \eta_1$   $\text{yat prāleyaṃ cāpihita } \beta_{\omega}$   $\text{yat prāleyaṃ pihita } \alpha_2$   $\text{yat prāleya pihita } \eta_2$   $\text{yat prāleyaṃ prahita } \chi$  **suṣiraṃ**  $\epsilon_3\epsilon_4\chi$ ]  $\text{suṣiraṃ } \beta_2$   $\text{sukhiraṃ } \beta_{\omega}\Gamma\eta_2$   $\text{sukhire } \alpha_2$   $\text{sukhiraṃ } \epsilon_2$   $\text{stu[v]imam/me } \eta_1$  **mūle tad asti**  $\beta_2$ ]  $\text{mūle yad asti } \gamma_2$   $\text{mūle yad asti } \alpha_2$   $\text{mūle tad asmin } \epsilon_2\epsilon_3\epsilon_4$   $\text{mūle pakṣasti } \gamma_1$   $\text{mūlad } \eta_1$   $\text{mūrdhhyataḥṭhyaṃ } \beta_{\omega}$   $\text{mūrdhni sthitaṃ } \eta_2$   $\text{mūrdhāntarasthaṃ } \chi$  **49b**  $\text{tattvaṃ caitat } \beta_2$ ]  $\text{tadvac caitat } \Gamma\epsilon_2$   $\text{tadvac caitā } \epsilon_4$   $\text{taddac caitat } \epsilon_3$   $\text{tasmimṣ tattvaṃ } \beta_{\omega}\eta_2\chi$   $\text{tasmitvaṃ } \alpha_2$   $\text{asmi[m]s tatvaṃ yat } \eta_1$  **sudhis**  $\text{cett.}]$   $\text{sudhi } \epsilon_4$   $\text{sudhās } \gamma_1$  **tan mukhaṃ**  $\text{cett.}]$   $\text{tat sukhaṃ } \beta_2$  **nimnagānām**  $\text{cett.}]$   $\text{niṣagmanām } \gamma_1$  **49c**  $\text{candrāt sārāḥ } \text{cett.}]$   $\text{candrasāro } \eta_1$   $\text{candrā sārāḥ } \epsilon_3$   $\text{candrāt sārām } \alpha_2\beta_2$   $\text{candraḥ sārāḥ } \epsilon_2$  **sravati/sravati**  $\text{cett.}]$   $\text{grasati } \beta_1$   $\text{rapati } \gamma_1$   $\text{[sra]vamṭyai } \eta_1$  **vapuṣas**  $\text{cett.}]$   $\text{vapuṣe } \eta_2$   $\text{vapayaṣe } \beta_{\omega}$   $\text{vapuṣā } \beta_2$   $\text{om. } \epsilon_3$  **mṛtyur**  $\text{cett.}]$   $\text{mṛtyun } \beta_{\omega}\eta_2$   $\text{om. } \epsilon_3$  **49d**  $\text{taṃ } \text{cett.}]$   $\text{tad } \chi$  **badhniyāt**  $\text{cett.}]$   $\text{cha } \gamma_1$   $\text{yāt } \gamma_1$   $\text{om. } \epsilon_3$  **sukaraṇamṛdā**  $\alpha_2\beta_2\epsilon_4$ ]  $\text{pakaraṇamṛdā } \epsilon_2$   $\text{kakaraṇam amṛtaṃ } \eta_1$   $\text{sukaraṇam atho } \beta_{\omega}\eta_2$   $\text{sukaraṇam adho } \chi$   $\text{sukhakaram atho } \gamma_2$   $\text{sukhakaraṇam artho } \gamma_1$   $\text{om. } \epsilon_3$  **nānyathā**  $\text{cett.}]$   $\text{nāmāthā } \gamma_1$   $\text{om. } \epsilon_3$  **kāya**  $\beta_2\beta_{\omega}\Gamma\epsilon_2\eta_2\chi$ ]  $\text{kārya } \alpha_2\eta_1\epsilon_4$   $\text{om. } \epsilon_3$  **50**  $\text{mūlabandhaḥ } \gamma_2\Delta$ ]  $\text{atha mūlabandhaḥ } \alpha_1\beta_2\beta_{\omega}\epsilon_2\eta_1\eta_2\chi$   $\text{atha mūle bandhaḥ } \delta_3$   $\text{om. } \gamma_1\epsilon_4$  **50a**  $\text{pārṣṇi } \text{cett.}]$   $\text{pādima } \gamma_1$  **50b**  $\text{ākuñcayed } \text{cett.}]$   $\text{ākumcaned } \alpha_1$   $\text{ākum } \gamma_1$  **gudam**  $\text{cett.}]$   $\text{dṛḍham } \eta_1\eta_2$   $\text{om. } \gamma_1$  **50d**  $\text{'yam ucyate } \text{cett.}]$   $\text{'yam iritaḥ } \delta_2$   $\text{'yam iṣyate } \beta_2\beta_{\omega}$   $\text{mayiṣyate } \alpha_1$   $\text{'bhidhiyate } \chi$  **51a**  $\text{adhogatim } \beta_1$   $\beta_2$   $\beta_{\omega}\epsilon_4\eta_1\chi$ ]  $\text{adhogataṃ } \alpha_1\Gamma\Delta\epsilon_2\eta_2$  **apānaṃ vai**  $\alpha_1\beta_2\Gamma\epsilon_2\epsilon_4\eta_2$ ]  $\text{apānaṃ vā } \chi$   $\text{apānaṃ ca } \beta_{\omega}$   $\text{apānaṃ tu } \Delta$   $\text{apānaivam } \eta_1$  **51b**  $\text{ūrdhvagaṃ } \text{cett.}]$   $\text{mūrdhagaṃ } \alpha_1$   $\text{vidyūrdhagaṃ } \beta_{\omega}$  **balāt**  $\alpha_1\beta_2\beta_{\omega}\epsilon_4\eta_1\eta_2\chi$ ]  $\text{hathāt } \Gamma\Delta\epsilon_2$  **51c**  $\text{ākuñcanaena } \text{cett.}]$   $\text{ākuñcya tena } \eta_2$  **taṃ**  $\text{cett.}]$   $\text{ta } \delta_1$   $\text{te } \delta_2$   $\text{tu } \beta_2$  **prāhur**  $\text{cett.}]$   $\text{grāhyaṃ } \epsilon_2\epsilon_4$  **51d**  $\text{mūlabandhaṃ } \text{cett.}]$   $\text{mūlabandho } \eta_2$   $\text{tu } \beta_1\beta_2\Gamma\Delta$ ]  $\text{hi } \alpha_1\beta_{\omega}\epsilon_2\epsilon_4\eta_1\eta_2\chi$

<sup>19</sup>  $\epsilon_3$  jumps to Jālandharabandha (3.67) from here. For the lost part (3.50–66) <??> is used instead.

<sup>20</sup>  $\beta_1$   $\beta_2$  has this verse immediately after 3.38,  $\alpha_1\Delta$  in Ch. 4 (4.25), and  $\Gamma\alpha_2\alpha_3$  in both Ch. 3 and 4.

<sup>21</sup>  $\beta_{\omega}\chi$  have the Mūlabandha section after the Uḍḍiyāna. Cf. 3.6.

गुदं पाष्ण्या तु संपीड्य वायुमाकुञ्चयेद्वलात् ।  
वारं वारं यथा चोर्ध्वं समायाति समीरणः ॥

3.52

प्राणापानौ नादबिन्दू मूलबन्धेन चैकताम् ।  
गत्वा योगस्य संसिद्धिं यच्छतो नात्र संशयः ॥

3.53

अपानप्राणयोरैक्यं क्षयो मूत्रपुरीषयोः ।  
युवा भवति वृद्धोऽपि सततं मूलबन्धनात् ॥<sup>22</sup>

3.54

अपाने चोर्ध्वगे जाते संप्राप्ते वह्निमण्डलं ।  
तदानलशिखा दीर्घा वर्धते वायुनाहता ॥

3.55

ततो यातौ<sup>#</sup> वह्न्यपानौ प्राणमुष्ण स्वरूपकम् ।  
तेनात्यन्तप्रदीप्तस्तु ज्वलनो देहजस्तथा ॥

3.56

**52a** *gudam* cett.] gulpha  $\varepsilon_2$  pārṣṇi°  $\beta_2$  pārṣṇyā tu  $\alpha_1\beta_\omega\Delta\eta_2\chi$ ] pārṣṇī tu  $\gamma_2$  pādarmyām tu  $\gamma_1$  pārṣṇyā ca  $\varepsilon_2\varepsilon_4\eta_1$  °nā gudam  $\beta_2$  **sampiḍya** cett.] āpiḍya  $\beta_2$  **52b** *vāyum* ā°  $\alpha_1\beta_2\beta_\omega\Gamma\eta_1\eta_2\chi$ ] vāyunā  $\varepsilon_2\varepsilon_4$  yonim ā°  $\Delta$  **balāt** cett.] balat  $\gamma_2$  **52c** *yathā*  $\alpha_1\beta_2\beta_\omega\varepsilon_2\varepsilon_4\eta_1\eta_2\chi$ ] tathā  $\Gamma\Delta$  **53a** *nāḍabindū* cett.] nāḍabindu  $\alpha_1\alpha_2\beta_\omega\varepsilon_2\eta_2$  **53b** *caikatām* cett.] caikatā  $\beta_2\varepsilon_2$  cakataṃ  $\gamma_1$  caikataḥ  $\beta_\omega$  **53c** *samsiddhiṃ*  $\alpha_1\beta_2\beta_\omega\gamma_2\delta_1\delta_2\varepsilon_4\eta_1\chi$ ] samsiddhir  $\alpha_2\gamma_1\delta_3\varepsilon_2$  samsiddhyaiḥ  $\eta_2$  **53d** *yacchato*  $\alpha_2\beta_\omega\chi$ ] yakṣyato  $\beta_2$  yichato  $\alpha_1$  gacchato  $\Delta\varepsilon_2$  gacchate  $\gamma_2$  gacchata°  $\gamma_1$  gacchata°  $\varepsilon_4$  prāpnoty e°  $\eta_1$  pamāta  $\eta_2$  **nātra** cett.] °sya na  $\varepsilon_4$  °va na  $\eta_1$  tra na  $\eta_2$  **54a** °*yor aikyaṃ* cett.] °yor aikya  $\gamma_1$  °yor aikye  $\eta_2$  °yoś caikyam  $\delta_2$  °yor aikyāt  $\varepsilon_4$  **54b** *kṣayo* cett.] kṣayān  $\gamma_1\varepsilon_4$  **54d** *bandhanāt* cett.] bandhataḥ  $\delta_1$  **55a** *apāne* cett.] apāna  $\chi$  apānam  $\beta_\omega\gamma_2$  **cordhvage jāte** cett.] cordhvage yāte  $\delta_1$  cordhvam āpāte  $\eta_2$  ūrdhvage jāte  $\chi$  **55b** *samprāpte*  $\beta_1\beta_2\Gamma\Delta\varepsilon_2$ ] samyāte  $\beta_\omega$  prayāte  $\alpha_1\alpha_2\varepsilon_4\eta_1\eta_2\chi$  **vahnimaṇḍalam**  $\alpha_1\beta_\omega\chi$ ] vahnimaṇḍale  $\beta_2\Gamma\Delta\varepsilon_2\varepsilon_4\eta_1$  nāb-himaṇḍalam  $\eta_2$  **55c** *tadānala* cett.] tadānale  $\varepsilon_2$  tathānala  $\eta_1$  tathānala  $\delta_3\eta_2$  **55d** *vardhate vāyunāhatā*  $\alpha_1\beta_2\beta_\omega\Gamma\varepsilon_2$ ] bāṃdhane vāyunāhatā  $\Delta$  kriyate vāyunāhatāḥ  $\eta_2$  jāyate vāyunāhatā  $\chi$  vāyunā vardhate hatā  $\varepsilon_4$  vāyunā preritā tathā  $\eta_1$  **56a** *tato* cett.] yātā  $\eta_1$  **yātau**  $\beta_2$ ] yāt-tau  $\alpha_2$  yāto  $\eta_1\chi$  yāte  $\eta_2$  yātau  $\alpha_1$  jātau  $\gamma_2\Delta\varepsilon_4$  jātā  $\gamma_1$  jāto  $\beta_\omega$  vahnim  $\varepsilon_2$  **vahnyapānau**  $\gamma_2\Delta\varepsilon_4\eta_1\chi$ ] vahnipānau  $\alpha_1$  vahnionau  $\eta_2$  bāhyapānau  $\beta_2$  bāṃdhapānau  $\gamma_1$  vardhapānai  $\beta_\omega$  apānai ca  $\varepsilon_2$  **56b** *prāṇam uṣṇa*  $\alpha_3\beta_2\varepsilon_2\varepsilon_4\chi$ ] prāṇam uṣma  $\beta_\omega\gamma_2$  prāṇamura  $\gamma_1$  prāṇamukta  $\delta_1\delta_3$  prāṇamuktam  $\delta_2$  prāṇamūla  $\alpha_1\alpha_2\eta_1\eta_2$  **svarūpakam** cett.] svarūpakah  $\eta_2$  svarūpakau  $\eta_1$  svarūpavat  $\delta_3$  **56c** *tenātyanta*  $\Gamma\Delta\eta_1\chi$ ] tenātyantam  $\alpha_1$  tenābhyanta  $\beta_\omega$  tenābhyantaḥ  $\eta_2$  tenāyamna  $\beta_2$  tatotyantam  $\varepsilon_4$  tailābhyantaḥ  $\varepsilon_2$  **pradiptas tu** cett.] pradipas tu  $\varepsilon_4\eta_1$  pradipāsau  $\varepsilon_2$  **56d** *jvalano dehajas tathā* cett.] jvalato dehatas tadā  $\beta_2$  kuto dehaḥṣayas tadā  $\eta_2$

<sup>22</sup>  $\gamma_1$  adds the following verse here: बन्धमूलं येन तेन तेन विघ्नां निवारितः । अजरामरतां याति यथा पद्ममुखो हरः ॥



तेन कुण्डलिनी सुप्ता संतप्ता संप्रबुध्यते ।  
दण्डाहता भुजङ्गीव निश्चस्य\* ऋजुतां व्रजेत् ॥ 3.57

बिलं प्रविष्टेव ततो ब्रह्मनाड्यन्तरं व्रजेत् । (ab om. Δ)  
तस्मान्नित्यं मूलबन्धः कर्तव्यो योगिभिः सदा ॥ 3.58

अथ उड्डियानबन्धः ।

बद्धो येन सुषुम्णायां प्राणस्तुड्डीयते यतः ।  
तस्मादुड्डीयानख्यो\*ऽयं योगिभिः समुदाहृतः ॥ 3.59

उड्डीनं कुरुते यस्मादविश्रान्तं महाखगः ।  
उड्डियानं तदेव स्यात्तत्र\* बन्धो विधीयते ॥ 3.60

उदरे पश्चिमं तानं\* नाभेरूर्ध्वं च कारयेत् ।  
उड्डियानो ह्यसौ बन्धो मृत्युमातङ्गकेसरी ॥ (cd om. β<sub>ω</sub>) 3.61

**57b samtaptā** α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Γε<sub>4</sub>η<sub>1</sub>η<sub>2</sub>χ] satatam Δε<sub>2</sub> **samprabudhyate** α<sub>1</sub>β<sub>2</sub>Γε<sub>4</sub>η<sub>2</sub>χ] samprabudhyati η<sub>1</sub> sa prabudhyate β<sub>ω</sub> sā prabuddhyate δ<sub>2</sub> sā prabodhyate δ<sub>3</sub> samprabodhyate ε<sub>2</sub> sānubodhyate δ<sub>1</sub> **57d niśvasya** α<sub>1</sub>β<sub>1</sub>ε<sub>4</sub>χ] viśvasya β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub> niścayam δ<sub>2</sub> niścayād δ<sub>3</sub> niścitam Γδ<sub>1</sub>ε<sub>2</sub> **rjutām vrajet** cett.] rujutām vrjet α<sub>1</sub> rijutām iyāt η<sub>2</sub> **58a praviṣṭeva** α<sub>1</sub>Γδ<sub>1</sub>ε<sub>2</sub>ε<sub>4</sub>η<sub>1</sub>χ] praviṣṭe ca β<sub>2</sub> praviṣṭam ca β<sub>ω</sub> praviṣṭas ca η<sub>2</sub> om. Δ **tato** cett.] to γ<sub>1</sub> om. Δ **58b brahma** cett.] tha\_ γ<sub>1</sub> om. Δ **nādyantaram** cett.] nādyāntaram β<sub>2</sub>ε<sub>4</sub> nādyantare η<sub>2</sub> om. Δ **58c tasmān** cett.] tato δ<sub>2</sub> **n nityam** cett.] nityo ε<sub>2</sub> **59 atha uḍḍiyānabandhaḥ** γ<sub>1</sub>] atha uḍḍiyānam bandhaḥ η<sub>2</sub> atha uḍḍiyānabandhaḥ ε<sub>2</sub> atha uḍḍiyānabandhaḥ χ uḍḍiyānabandhaḥ δ<sub>2</sub> uḍḍiyānam bandhaḥ γ<sub>2</sub> athoḍḍiyānam α<sub>1</sub> athoḍḍiyānam β<sub>ω</sub> athoḍḍiyānam β<sub>2</sub> athoḍḍiyānabandhaḥ δ<sub>3</sub> athoḍḍiyānabandhaḥ η<sub>1</sub> om. δ<sub>1</sub>ε<sub>4</sub> **59a baddho** α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>γ<sub>2</sub>δ<sub>1</sub>δ<sub>2</sub>χ] bandho δ<sub>3</sub>ε<sub>2</sub> ūrdhvo η<sub>1</sub>η<sub>2</sub> ūrdhvā ε<sub>4</sub> vidrā γ<sub>1</sub> **yena suṣuṣṇāyām** cett.] kṣitāḥ suṣuṣṇāyāḥ η<sub>2</sub> **59b prāṇas** cett.] prāṇam β<sub>2</sub>ε<sub>2</sub>η<sub>1</sub> **tūḍḍiyate** α<sub>1</sub>γ<sub>2</sub>δ<sub>1</sub>ε<sub>4</sub>η<sub>2</sub>χ] tūḍḍiyate β<sub>ω</sub> tūḍḍiyate γ<sub>1</sub> tūḍḍiyate δ<sub>2</sub> tūyate δ<sub>3</sub> uḍḍiyate ε<sub>2</sub> uḍiyate β<sub>2</sub> uḍiyate η<sub>1</sub> **yataḥ** cett.] punaḥ δ<sub>3</sub> **59c tasmād** cett.] tasmātu γ<sub>2</sub> tasmāc ca η<sub>2</sub> **uḍḍiyānākhyo m.c.** δ<sub>1</sub>δ<sub>3</sub>χ] uḍḍiyānākhyo γ<sub>2</sub>η<sub>2</sub> uḍḍiyānākhyo η<sub>1</sub> uḍḍiyānākhyo γ<sub>1</sub> uḍḍiyānākhyo ε<sub>2</sub> uḍḍiyānākhye α<sub>1</sub>ε<sub>4</sub> uḍḍiyānākhye β<sub>ω</sub> uḍḍiyānākhyam β<sub>2</sub> uḍḍiyamāno δ<sub>2</sub> **'yam** cett.] sau δ<sub>2</sub> tad β<sub>2</sub> om. η<sub>2</sub> **59d samudāhṛtaḥ** cett.] samudāhṛtam β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub> **60a uḍḍīnam** Δχ] uḍḍīnam β<sub>ω</sub> uḍḍīnam β<sub>2</sub>ε<sub>4</sub> uḍḍīnam α<sub>1</sub>γ<sub>2</sub> uḍḍīnam γ<sub>1</sub>η<sub>2</sub> uḍḍīnam η<sub>1</sub> uḍḍīnam ε<sub>2</sub> **kurute** cett.] kṛyate γ<sub>2</sub> kṛte ε<sub>2</sub> **60b aviśrāntam** β<sub>2</sub>β<sub>ω</sub>Δε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ] aviśrānta α<sub>1</sub>α<sub>2</sub>β<sub>1</sub> aviśrānto γ<sub>2</sub>ε<sub>4</sub> aviśrāntā γ<sub>1</sub> **60c uḍḍiyānam** Γη<sub>2</sub>] uḍḍiyānam Δε<sub>4</sub>χ uḍḍiyānam α<sub>1</sub>ε<sub>2</sub>η<sub>1</sub> uḍḍīnam β<sub>ω</sub> uḍḍīnam β<sub>2</sub> **eva** cett.] evam δ<sub>1</sub> evaḥ ε<sub>2</sub> **60d tatra** α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>4</sub>η<sub>1</sub>χ] kṣetra η<sub>2</sub> mūla Δ **vidhiyate** α<sub>2</sub>β<sub>2</sub>γ<sub>2</sub>ε<sub>4</sub>] 'bhidhiyate cett. nigadyate γ<sub>1</sub> **61a udare** cett.] udarāt β<sub>ω</sub> **pāścimam** α<sub>2</sub>β<sub>2</sub>γ<sub>2</sub>δ<sub>3</sub>η<sub>1</sub>χ] pāścima α<sub>1</sub>γ<sub>1</sub>η<sub>2</sub> pāścime β<sub>ω</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub>ε<sub>4</sub> **tānam** β<sub>2</sub>Γδ<sub>1</sub>δ<sub>3</sub>ε<sub>4</sub>η<sub>1</sub>η<sub>2</sub>χ] tānam α<sub>1</sub>α<sub>2</sub>δ<sub>2</sub>ε<sub>2</sub> bhāge β<sub>ω</sub> **61b ūrdhvaṁ** cett.] ūrdhve η<sub>2</sub> **ca** cett.] tu ε<sub>2</sub>η<sub>2</sub> **61c uḍḍiyāno** Γδ<sub>1</sub>η<sub>2</sub>] uḍḍiyāno δ<sub>2</sub>δ<sub>3</sub>ε<sub>4</sub>χ uḍḍiyāno η<sub>1</sub> uḍḍiyāno α<sub>1</sub>ε<sub>2</sub> uḍḍiyāno β<sub>2</sub> om. β<sub>ω</sub> **asau** α<sub>1</sub>β<sub>2</sub>Γε<sub>2</sub>ε<sub>4</sub>η<sub>1</sub>η<sub>2</sub>χ] asam δ<sub>3</sub> ayaṁ δ<sub>1</sub>δ<sub>2</sub> om. β<sub>ω</sub> **61d kesarī** cett.] khecarī ε<sub>4</sub> om. β<sub>ω</sub>

- उड्डियानं तु सहजं गुरुणा कथितं सदा<sup>#</sup> ।  
 अभ्यसेदस्ततन्द्रस्तु<sup>#</sup> वृद्धोऽपि तरुणो भवेत् ॥ 3.62
- नाभेरूर्ध्वमधश्चापि तानं कुर्यात्प्रयत्नतः ।  
 षण्मासमभ्यसन्मृत्युं जयत्येव न संशयः ॥ 3.63
- सति वज्रासने पादौ<sup>#</sup> कराभ्यां धारयेद्वृद्धम् ।  
 गुल्फदेशसमीपे च<sup>#</sup> कन्दं तत्र प्रपीडयेत् ॥<sup>23</sup> 3.64
- पश्चिमं तानमुदरे कारयेद्वृद्धये गले<sup>#</sup> ।  
 शनैः शनैर्यथा प्राणस्तुन्दसंधिं न गच्छति<sup>#</sup> ॥ (om.  $\chi$ ) 3.65
- सर्वेषामेव बन्धानामुत्तमो ह्युड्डियानकः ।  
 उड्डियाने दृढे बन्धे मुक्तिः स्वाभाविकी भवेत् ॥ 3.66

**62a** uḍḍiyānaṃ  $\Gamma\delta_1\eta_2$ ] uḍḍiyānaṃ  $\alpha_2\eta_1$  uḍḍiyānaṃ  $\delta_2\delta_3\epsilon_4\chi$  uḍḍiyānaṃ  $\alpha_1\epsilon_2$  uḍḍiyānaṃ  $\beta_2$  uḍḍiyānaṃ  $\beta_\omega$  **sahajaṃ** cett.] yaḥ sahate  $\gamma_2$  **62b** gurunā cett.] gurūnāṃ  $\beta_\omega$  **sadā**  $\alpha_1\alpha_2\beta_2\beta_\omega\epsilon_2\epsilon_4\eta_1\eta_2\chi$ ] yathā  $\Gamma\Delta$  **62c** abhyased/-set cett.] abhyāsen  $\gamma_1$  abhyāsyed  $\alpha_2$  abhyāsāt  $\beta_\omega$  abhyāsa°  $\beta_2$  **astatandras tu**  $\alpha_2$ ] astatandras tu  $\alpha_1$  asya tamtrasya  $\epsilon_2$  asya tamtram tu  $\epsilon_4$  tad atandras tu  $\gamma_2\Delta$  na tamdras tu  $\gamma_1$  °taḥ svatantras tu  $\beta_2$  yo hy atandras  $\eta_1$  satatam yas tu  $\beta_\omega\eta_2\chi$  **62d** vṛddho cett.] vṛddhā  $\gamma_1$  **taruṇo bhavet**  $\alpha_1\alpha_2\beta_1\beta_\omega\epsilon_2\eta_1\eta_2$ ] taruṇāyate  $\beta_2\Gamma\Delta\epsilon_4\chi$  **63a** ante nābher add. pāthāntaram  $\beta_2$  **nābher** cett.] nābhed  $\gamma_2$  **adhaś cāpi** cett.] adho vāpi  $\Delta$  adhaḥkāya  $\eta_1$  avasthāpya  $\beta_2$  **63b** tānaṃ  $\beta_2\Gamma\Delta\epsilon_4\eta_2\chi$ ] tānaṃ  $\beta_1\beta_\omega\epsilon_2\eta_1$  tāpyaṃ  $\alpha_1$  **prayatnataḥ** cett.] ca yatnataḥ  $\eta_2$  **63c** śaṇmāsam cett.] yogī sam°  $\eta_1\eta_2$  **abhyasan**  $\alpha_1\beta_1\Gamma\eta_2$ ] abhyasen  $\beta_\omega\delta_2\delta_3\epsilon_2\epsilon_4\eta_1\chi$  abhyaseni  $\delta_1$  ca samabhyān  $\beta_2$  **63d** jayaty eva na saṃśayaḥ cett.] mūlaṃ jayaty asaṃśayaḥ  $\beta_2$  **64a** vajrāsane cett.] vajrāsanaṃ  $\gamma_1$  vajrāsanaṃ  $\alpha_1$  **64b** karābhyāṃ dhārayed dṛḍham (dhārayad  $\eta_2$ ) cett.] karābhyā dhārayaṃ dṛḍham  $\eta_1$  karābhyāṃ kāraye dṛḍham  $\alpha_1$  karā\_ sandhāraye dṛḍhe  $\gamma_1$  **64c** deśa cett.] deśe  $\epsilon_2$  deśaṃ  $\alpha_1$  **samīpe ca**  $\alpha_1\beta_2\beta_\omega\Gamma\epsilon_4\eta_1\eta_2\chi$ ] samīpaṃ ca  $\delta_2\delta_3\epsilon_2$  samīpaṃ tu  $\delta_1$  **64d** kandaṃ cett.] kamdham  $\delta_1$  skandaṃ  $\delta_3$  **tatra**  $\beta_2\Gamma\Delta\epsilon_2\epsilon_4\chi$ ] tacca  $\beta_\omega\eta_2$  tava  $\alpha_1$  tasya  $\eta_1$  **prapīdayet**  $\beta_2\Gamma\Delta\epsilon_2\epsilon_4\chi$ ] prapīdayate  $\alpha_1\beta_\omega\eta_1\eta_2$  **65a** paścimaṃ tānaṃ cett.] paścimaṃ tānaṃ  $\beta_1\eta_1$  paścimatānaṃ  $\alpha_1\beta_\omega$  **udare**  $\alpha_1\beta_2\beta_\omega\gamma_2\Delta\epsilon_4$ ] udara  $\gamma_1$  udaraṃ  $\epsilon_2$  upari  $\eta_1\eta_2$  **65b** kārayed cett.] pīdayed  $\eta_2$  **dhṛdaye gale**  $\alpha_1\beta_2\beta_\omega\gamma_2\epsilon_4\eta_1\eta_2$ ] dhṛdaye gataiḥ  $\gamma_1$  udare hṛdi  $\delta_1$  cibukaṃ hṛdi  $\delta_3$  cibukaṃ hṛdā  $\delta_2$  vṛddhidaṃ śanaiḥ  $\epsilon_2$  **65c** śanair yathā cett.] śanair [yato]  $\epsilon_4$  om.  $\gamma_1$  **prāṇas**  $\alpha_1\beta_\omega\Delta\eta_1$ ] prāṇas  $\Gamma$  prāṇaṃ  $\beta_2\epsilon_2\epsilon_4$  prāṇo  $\eta_2$  **65d** tunda  $\alpha_1\beta_2\gamma_2\delta_1\delta_2\epsilon_2$ ] tuda  $\beta_\omega\eta_1$  tamda  $\gamma_1$  tadā  $\delta_3$  nādi  $\eta_2$  ūrddhva  $\epsilon_4$  **saṃdhiṃ**  $\alpha_1\beta_1\Gamma\delta_1\delta_3\epsilon_4\eta_1$ ] saṃdhi  $\beta_\omega\epsilon_2\eta_2$  saṃddhiṃ  $\delta_2$  siddhiṃ  $\beta_2$  **na**  $\alpha_1\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_4\eta_1$ ] ca  $\Delta$  ni°  $\eta_2$  **66b** uttamo cett.] uttamaṃ  $\epsilon_2$  **hy uḍḍiyānakah**  $\Gamma\Delta\epsilon_4\eta_2\chi$ ] hy uḍḍiyānakah  $\eta_1$  hy uḍḍiyānakah  $\alpha_1$  hy uḍḍiyānakam  $\epsilon_2$  hy uḍḍiyānakah  $\beta_2$  hy uḍḍiyānakah  $\beta_\omega$  **66c** uḍḍiyāne  $\Gamma\delta_1\eta_2\chi$ ] uḍḍiyāne  $\delta_2\delta_3\epsilon_4$  uḍḍiyāne  $\alpha_1\epsilon_2$  uḍḍiyāne  $\eta_1$  uḍḍiyāne  $\beta_2$  uḍḍiyāne  $\beta_\omega$  **dṛḍhe** cett.] kṛte  $\Gamma\Delta$  **bandhe** cett.] baddhe  $\beta_2$  **66d** muktiḥ  $\alpha_1\beta_1\beta_\omega\epsilon_2\epsilon_4\eta_2\chi$ ] muktiṃ  $\eta_1$  mūlaṃ  $\beta_2\Gamma\Delta$  **svābhāviki**  $\alpha_1\beta_1\beta_\omega\epsilon_2\epsilon_4\chi$ ] svābhāvaki  $\eta_2$  svābhāvikaṃ  $\beta_2\Delta\eta_1$  svābhāvikaṃ  $\gamma_2$  bhāvikaṃ  $\gamma_1$

<sup>23</sup> In  $\chi$  this verse appears much later as 3.114 in the printed edition.

अथ जालन्धरबन्धः ।

कण्ठमाकुञ्च्य हृदये स्थापयेच्चिबुकं दृढम् । [ε<sub>3</sub> resumes]

बन्धो जालन्धराख्योऽयं अमृताव्ययकारकः ॥

3.67

बध्नाति हि शिराजालमधोगामि नभोजलम् ।

ततो जालन्धरो बन्धः कण्ठदुःखौघनाशनः ॥

3.68

जालन्धरे कृते बन्धे कण्ठसंकोचलक्षणे ।

न पीयूषं पतत्यग्नौ न च वायुः प्रधावति ॥

3.69

कण्ठसंकोचनेनैव द्वे नाड्यौ स्तम्भयेदृढं ।

मध्यचक्रमिदं ज्ञेयं षोडशाधारबन्धनम् ॥ (cd om. η<sub>1</sub>)

3.70

बन्धत्रयमिदं श्रेष्ठं महासिद्धैर्निषेवितम् ।

सर्वेषां हठतन्त्राणां साधनं योगिनो विदुः ॥ (om. Δ)<sup>24</sup>

3.71

**67** atha jālandharabandhaḥ β<sub>2</sub>δ<sub>3</sub>ε<sub>4</sub>η<sub>1</sub>η<sub>2</sub>χ] jālandharabandhaḥ γ<sub>2</sub>δ<sub>2</sub> atha nāsaṃdharabandhaḥ γ<sub>1</sub> atha jālaṃdharibandhaḥ ε<sub>2</sub> atha jālaṃdharah α<sub>1</sub> atha jālaṃdharam β<sub>ω</sub> om. δ<sub>1</sub> **67b** cibukam dṛḍham β<sub>2</sub>γ<sub>2</sub>χ] dṛḍham icchayā β<sub>1</sub>β<sub>ω</sub>Δη<sub>1</sub>η<sub>2</sub> dṛḍham icchayā α<sub>1</sub> dṛḍham icchayet ε<sub>2</sub> dṛḍhaniś-cayāt ε<sub>3</sub> om. γ<sub>1</sub> **67d** amṛtāvayakāraḥ ε<sub>3</sub>] amṛtāvayakāraḥ β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub> amṛtāvapakāraḥ α<sub>1</sub> amṛtākṣayakāraḥ δ<sub>1</sub> amṛtākṣayakāraḥ δ<sub>3</sub> amṛtākṣarakāraḥ δ<sub>2</sub> mṛtyor mṛtyuḥ paro mataḥ (mṛtaḥ γ<sub>1</sub>) Γ mṛtyumātamaṅgakesarī β<sub>2</sub> jarāmṛtyuvinaśakaḥ η<sub>1</sub>η<sub>2</sub>χ **68a** badhnāti hi α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] badhnāti ha γ<sub>1</sub> badhnātiha Δ badhnātiḥ γ<sub>2</sub> śirā (sirā χ) β<sub>2</sub>γ<sub>2</sub>δ<sub>1</sub>η<sub>2</sub>χ] śiro β<sub>ω</sub>γ<sub>1</sub>δ<sub>2</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub> śilā α<sub>1</sub> jālam cett.] jālām β<sub>ω</sub> **68b** adhogāmi α<sub>1</sub>β<sub>2</sub>γ<sub>2</sub>Δε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] adhogāmi γ<sub>1</sub> madhyegāmi β<sub>ω</sub> nādhāyāti η<sub>1</sub> **68d** kaṇṭha α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>γ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>χ] kaṇṭhe γ<sub>1</sub>Δη<sub>1</sub>η<sub>2</sub> duḥkhaugha cett.] **69c** pataty cett.] prayāty δ<sub>1</sub> kṣaraty γ<sub>1</sub> **69d** pradhāvatī α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>] prakupyati Δη<sub>1</sub>χ **70a** saṃkocanenaiva cett.] saṃkocane dehe η<sub>1</sub> **70b** dve nāḍyau α<sub>1</sub>β<sub>1</sub>γ<sub>2</sub>Δε<sub>3</sub>η<sub>2</sub>χ] dvau nāḍyau ε<sub>2</sub> γ<sub>2</sub>pc dvināḍyau β<sub>2</sub> \_nā\_ γ<sub>1</sub> nāḍyau ca η<sub>1</sub> gap β<sub>ω</sub> stambhayed α<sub>1</sub>β<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] stambhite ΓΔε<sub>2</sub> gap β<sub>ω</sub> dṛḍham α<sub>1</sub>α<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ] dhruvam β<sub>1</sub>Γδ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub> dhruve δ<sub>2</sub> dhruvam ε<sub>3</sub> dhuram β<sub>2</sub> gap β<sub>ω</sub> **70c** madhyacakraṃ α<sub>1</sub>β<sub>2</sub>γ<sub>2</sub>Δε<sub>2</sub>ε<sub>3</sub>χ] madhyakram γ<sub>1</sub> madhye cakram β<sub>ω</sub> madhyam cakram η<sub>2</sub> om. η<sub>1</sub> jñeyam cett.] ya γ<sub>1</sub> om. η<sub>1</sub> **71b** mahāsid-dhair α<sub>1</sub>γ<sub>2</sub>ε<sub>2</sub>] mahāsiddhaiḥ η<sub>1</sub>η<sub>2</sub>χ mahāsiddhe γ<sub>1</sub> mahāsiddhi α<sub>2</sub>α<sub>3</sub>β<sub>2</sub>ε<sub>3</sub> mahāsiha β<sub>ω</sub> niṣevi-tam α<sub>1</sub>α<sub>3</sub>β<sub>2</sub>β<sub>ω</sub>ΓΔε<sub>2</sub>] ca sevitaṃ η<sub>1</sub>η<sub>2</sub>χ prajāyate α<sub>2</sub> pradāyakam ε<sub>3</sub> **71c** haṭha α<sub>1</sub>α<sub>2</sub>β<sub>2</sub>β<sub>ω</sub>γ<sub>2</sub>χ] yoga γ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub> **71d** sādhanam cett.] sāranaṃ γ<sub>1</sub>

<sup>24</sup> In χ this verse is found after 3.74.

अधस्तात्कुञ्चनेनाशु कण्ठसंकोचने कृते ।

मध्ये पश्चिमतानेन स्यात्प्राणो ब्रह्मनाडिगः ॥ ( $\Gamma\eta_1\eta_2$ )<sup>25</sup> [= 2.46]

3.72

मूलस्थानं समाकुञ्च्य उड्डियानं तु कारयेत् । (ab om.  $\Delta\eta_2$ )

इडां च पिङ्गलां बद्धा वाहयेत्पश्चिमं पथम् ॥ (cd om.  $\eta_2$ )

3.73

अनेनैव विधानेन सेवयेत्पवनो लयम् ।

ततो न जायते मृत्युर्जरारोगादिकं तथा ॥

3.74

अथ विपरीतकरणी ।

यत्किञ्चित् खवते चन्द्राद् अमृतं दिव्यरूपि च ।

तत्सर्वं ग्रसते सूर्यस् तेन पिण्डं विनाशि च ॥ (om.  $\alpha_1\epsilon_3\eta_1\eta_2$ )<sup>26</sup>

3.75

तत्रास्ति करणं दिव्यं सूर्यस्य मुखबन्धनम्<sup>#</sup> ।

गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥ (om.  $\alpha_1\epsilon_3\eta_1\eta_2$ )

3.76

**72a** kuñcanenaśu  $\eta_1\eta_2$ ] kuñcanenaiva  $\Gamma$  **72b** samkocane kṛte  $\eta_1\eta_2$ ] samkocanena ca  $\Gamma$   
**72c** madhye  $\eta_1$ ] madhya  $\Gamma\eta_2$  **73a** samākuñcya  $\alpha_1\beta_2\beta_\omega\epsilon_3\eta_1\chi$ ] samākṛṣya  $\Gamma\epsilon_2$  om.  $\Delta\eta_2$   
**73b** uḍḍiyānaṃ  $\Gamma\epsilon_3\chi$ ] uḍḍiyānaṃ  $\eta_1$  uḍḍiyānaṃ  $\alpha_1\epsilon_2$  uḍḍiyānaṃ  $\beta_2$  uḍḍiyānaṃ  $\beta_\omega$  om.  $\Delta\eta_2$   
**73c** idāṃ ca piṅgalāṃ  $\beta_\omega\gamma_2\Delta\epsilon_3\chi$ ] idā ca piṅgalā  $\alpha_1\beta_2\gamma_1\epsilon_2$  idāpiṅgalāṃ  $\eta_1$  om.  $\eta_2$  **baddhvā**  
 cett.] baddhā  $\epsilon_2$  om.  $\eta_2$  **73d** paścimaṃ  $\alpha_2\beta_2\Gamma\Delta\epsilon_2\eta_1$ ] paścimāṃ  $\beta_\omega$  paścimā  $\alpha_1\epsilon_3$  om.  $\eta_2$   
 paścime  $\chi$  **patham** cett.] pathi  $\chi$  om.  $\eta_2$  **74a** anenaiva vidhānena cett.] brahmasthā-  
 nasthito rodhaḥ  $\eta_2$  **74b** sevayet  $\alpha_1\alpha_2\beta_2\beta_\omega\delta_1\delta_3$ ] [s]e[vay]e[t]  $\delta_2$  vaśayet  $\epsilon_2$  prayāti  $\Gamma\epsilon_3\eta_1\eta_2\chi$   
**pavano layam**  $\beta_\omega\gamma_2\epsilon_3\eta_1\eta_2\chi$ ] pavano laṅgaṃ  $\gamma_1$  pavanālayam  $\alpha_1\alpha_2\beta_2\delta_2\epsilon_2$  pavanānalam  $\delta_3$  paścimā-  
 nalam  $\delta_1$  **74c** mṛtyur  $\alpha_1\beta_2\beta_\omega\gamma_2\delta_3\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] mṛtyu  $\delta_1\delta_2$  mṛtyuṃ  $\gamma_1$  **74d** jarārogādikaṃ  
 $\Gamma\delta_2\delta_3\epsilon_2\eta_1\chi$ ] jarārogādikā  $\alpha_2\beta_2\beta_\omega$  jarārogādikas  $\alpha_1$  jarāmohādikaṃ  $\epsilon_3$  jvaro rogādikas  $\delta_1$  nāsyā  
 jarādikaṃ  $\eta_2$  **tathā** cett.] vyathā  $\alpha_2$  kathā  $\beta_2\beta_\omega$  tadā  $\alpha_1$  **75** atha  $\alpha_1\beta_2\beta_\omega\gamma_1\delta_3\epsilon_2\epsilon_3\eta_1\eta_2$ ] om.  
 $\gamma_2\Delta\chi$  **viparītakaraṇi**  $\beta_2\beta_\omega\Gamma\delta_2\epsilon_3\eta_1\eta_2$ ] viparītakaraṇiṃ  $\alpha_1$  viparītakaraṇaṃ  $\epsilon_2$  viparītakam  $\delta_3$   
 om.  $\delta_1\chi$  **75a** sravate  $\beta_2\beta_\omega\gamma_2\Delta\epsilon_2\chi$ ] sravanaṃ  $\gamma_1$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **candrād**  $\beta_2\gamma_2\Delta\chi$ ] can-  
 dra  $\beta_\omega$  caṇḍrāṇ  $\epsilon_2$  ceda«m»  $\gamma_1$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **75b** divyarūpi ca  $\Gamma\Delta$ ] divyarūpiṇaṃ  $\epsilon_2$   
 divyarūpiṇaḥ  $\beta_2\chi$  divyarūpagaḥ  $\beta_\omega$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **75c** sūryas  $\beta_2\beta_\omega\Gamma\Delta\chi$ ] roho  $\epsilon_2$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$   
**75d** piṇḍaṃ  $\beta_2\beta_\omega\gamma_2\Delta\epsilon_2$ ] piḍaṃ  $\gamma_1$  piṇḍo  $\chi$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **vināsi** ca  $\Gamma\delta_2\delta_3\epsilon_2$ ] vinasyati  $\delta_1$   
 jarāyutaṃ  $\beta_2\beta_\omega$  jarāyutaḥ  $\chi$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **76a** tatrāsti  $\beta_2\beta_\omega\Gamma\delta_1\delta_3\epsilon_2\chi$ ] tato sti  $\delta_2$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$   
**76b** bandhanam cett.] vañcanam  $\chi$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$  **76c** jñeyam  $\beta_2\beta_\omega\gamma_2\Delta\epsilon_2\chi$ ] \_yaṃ  $\gamma_1$  om.  
 $\alpha_1\epsilon_3\eta_1\eta_2$  **76d** na tu  $\beta_2\beta_\omega\gamma_2\Delta\epsilon_2\chi$ ] rtu  $\gamma_1$  om.  $\alpha_1\epsilon_3\eta_1\eta_2$

<sup>25</sup>  $\alpha_1\beta_2\beta_\omega\epsilon_2\epsilon_3\chi$  have this verse in chp. 2.  $\Gamma\eta_1\eta_2$  have this in both chapters.  $\Delta$  does not have it at all.

<sup>26</sup> A has this pair of verses in Ch. 4: यत्किञ्चित्खवते चन्द्रादमृतं दिव्यरूपिणः । तत्सर्वं ग्रसते सूर्यस्तेन पिण्डं जरायुतं ॥  
 तत्रास्ति करणं दिव्यं सूर्यस्य परिवन्धनं । गुरुपदेशतो ज्ञेयं न तु शास्त्रार्थकोटिभिः ॥

ऊर्ध्वं नाभिरधस्तालुरुर्ध्वं भानुरधः शशी ।  
करणी विपरीताख्या गुरुवाक्येन लभ्यते ॥ (cd om.  $\beta_2\delta_1\delta_2\epsilon_2\eta_2$ ) 3.77

करणी विपरीताख्या सर्वव्याधिविनाशिनी । (ab om.  $\delta_3\chi$ )  
नित्यमभ्यासयुक्तस्य जठराग्निविवर्धनी ॥ 3.78

आहारो बहुलस्तस्य संपाद्यः साधकस्य तु ।  
अल्पाहारो यदि भवेदग्निर्देहं दहेत्क्षणात् ॥ 3.79

अधःशिराश्चोर्ध्वपादः क्षणं स्यात्प्रथमे दिने ।  
क्षणाच्च किञ्चिदधिकमभ्यसेच्च दिने दिने ॥ (cd om.  $\delta_1$ ) 3.80

वलिश्च पलितं चैव षण्मासोर्ध्वं न दृश्यते ।  
याममात्रं तु यो नित्यमभ्यसेत्स तु कालजित् ॥ 3.81

अत्रत्या वज्रोली ग्रन्थान्ते लिखिता । क्रमप्राप्ताप्यत्र त्यक्ता । असाधारणप्राण्यनुष्ठे  
यत्वात्तस्याः । ( $\Delta$ )<sup>27</sup>

**77a** ūrdhvaṃ nābhir cett.] ūrdhvanābhor  $\gamma_1$  ūrdhvanābher  $\chi$  ūrdhvaṃ nābher  $\beta_2$  ad-  
has tāluṃ  $\beta_2\beta_\omega\delta_1\epsilon_2\epsilon_3\eta_2$ ] adhas tālu  $\alpha_1\gamma_2\delta_2\eta_1$  adhas tāluṃ  $\delta_3$  asāluktar  $\gamma_1$  adhas tāluṃ  $\chi$   
**77b** ūrdhvaṃ cett.] ūrdhva  $\gamma_1\delta_1$  ūrdhvo  $\eta_1$  **77c** karaṇī viparītākhyā  $\alpha_1\Gamma\delta_3\eta_1\chi$ ] karaṇaṃ  
viparītākhyam  $\beta_\omega\epsilon_3$  om.  $\beta_2\delta_1\delta_2\epsilon_2\eta_2$  **77d** labhyate  $\alpha_1\beta_\omega\gamma_1\epsilon_3\eta_1\chi$ ] gamyate  $\gamma_2\delta_3$  om.  $\beta_2\delta_1\delta_2\epsilon_2\eta_2$   
**78a** viparītākhyā cett.] viparītākhyam  $\beta_2$  viparītākṣam  $\epsilon_2$  om.  $\delta_3\chi$  **78b** vināśini cett.]  
vināśanī  $\epsilon_2$  vināśanaṃ  $\beta_2\beta_\omega$  om.  $\delta_3\chi$  **78d** vivardhanī  $\alpha_1\gamma_2\epsilon_2\epsilon_3\eta_1$ ] vivardhinī  $\gamma_1\Delta\eta_2\chi$  vi-  
vardhanaṃ  $\beta_2\beta_\omega$  **79b** tu cett.] ca  $\gamma_1\delta_2\chi$  **79c** alpāhāro  $\alpha_1\beta_2\beta_\omega\eta_1\eta_2\chi$ ] anāhāro  $\Gamma\delta_1\delta_3\epsilon_2\epsilon_3$   
anāhāre  $\delta_2$  **yadi bhaved** cett.] nirāhāraḥ  $\eta_2$  **79d** agnir deham  $\alpha_1\beta_\omega\Delta\epsilon_3$ ] agnideham  $\beta_1\Gamma\epsilon_2$   
deham agnir  $\eta_1$  agnidāho  $\beta_2$  agnir daha°  $\chi$  kṣudhālasya  $\eta_2$  **dahet** cett.] haret  $\beta_1\epsilon_3$  bhavet  $\beta_2$   
°ti tat  $\chi$  vaśe  $\eta_2$  **kṣaṇāt** cett.] kramāt  $\alpha_1$  tataḥ  $\gamma_2$  bhavet  $\eta_2$  **80a** śīrās cordhva  $\beta_2\chi$ ] śīrās  
cordhva  $\alpha_1\beta_\omega\delta_1\epsilon_2\epsilon_3\eta_1\eta_2$  śīrā ūrdhva  $\gamma_2\delta_2$  śīrā ūrdhva  $\gamma_1$  śīrā ūrdhva  $\delta_3$  **pādaḥ**  $\alpha_1\beta_2\Gamma\Delta\epsilon_3\chi$ ]   
pāda  $\beta_\omega\epsilon_2$  pādaḥ  $\eta_1\eta_2$  **80b** kṣaṇaṃ syāt cett.] kṣīnaṃ syāt  $\delta_1$  lakṣaṇaṃ  $\eta_2$  **80c** kṣaṇāc  
ca  $\alpha_1\beta_2\beta_\omega\epsilon_3\eta_1\eta_2\chi$ ] kṣaṇāt tu  $\Gamma$  kṣaṇārdhaṃ  $\delta_3\epsilon_2$  kṣaṇārdhe  $\delta_2$  om.  $\delta_1$  **adhikam** cett.] apika  
 $\gamma_1$  om.  $\delta_1$  **80d** abhyasec ca cett.] abhyasetva  $\gamma_2$  bhyarccayec ca  $\gamma_1$  om.  $\delta_1$  **81a** valīś ca  
 $\alpha_1\beta_2\beta_\omega\eta_1$ ] valitaṃ  $\gamma_1\Delta\epsilon_2\epsilon_3\eta_2\chi$  calitaṃ  $\gamma_2$  **palitaṃ** cett.] palitaś  $\beta_2$  **81b** ṣaṇmāsordhvaṃ  
na  $\chi$ ] ṣaṇmāsārdhān na  $\alpha_1\beta_2\epsilon_3$  ṣaṇmāsārdhaṃ na  $\beta_\omega$  ṣaṇmāsārdhena  $\Gamma\Delta$  ṣaṇmāsārdhe ca  $\epsilon_2$   
ṣaṇmāsāt tu na  $\eta_1\eta_2$  **drśyate**  $\alpha_1\beta_2\beta_\omega\epsilon_3\eta_1\eta_2\chi$ ] naśyati  $\Gamma\Delta\epsilon_2$  **81c** yāmamātraṃ tu cett.]  
yāmamātraṃ ca  $\epsilon_3$  yo māsatraya  $\delta_3$  māsatrayaṃ tu  $\eta_2$  **nityam** cett.] gnibhyam  $\gamma_1$  **81d** ab-  
hyaset cett.] aset  $\delta_1$  **tu** cett.] su  $\gamma_2$  ca  $\epsilon_2$  **kālajit** cett.] kālavit  $\epsilon_2$  **82** granthānte  
likhitā  $\delta_1$ ] granthāntare likhitā vartate  $\delta_2$  granthāntare tu likhitāsīt  $\delta_3$  **kramaprāptāpy atra**  
**tyaktā**  $\delta_2\delta_3$ ] om.  $\delta_1$  **aśādhāraṇa**  $\delta_2$ ] aśādhāraṇaṃ  $\delta_1$  aśāraṇa  $\delta_3$

<sup>27</sup> In  $\Delta$  the Vajroli section is found at the end of the work.

अथ वज्रोली ।<sup>28</sup>

- स्वेच्छया वर्तमानोऽपि योगोक्तैर्नियमैर्विना ।  
वज्रोलीं यो विजानाति स योगी सिद्धिभाजनम् ॥ 3.82
- तत्र वस्तुद्वयं वक्ष्ये दुर्लभं यस्य कस्य चित् ।  
क्षीरं चैकं द्वितीयं तु नारी च वशवर्तिनी ॥ 3.83
- मेहनेन शनैः सम्यगूर्ध्वाकुञ्चनमभ्यसेत् ।  
पुरुषो वापि नारी वा वज्रोलीसिद्धिमाप्नुयात् ॥ 3.84
- यत्नतः शरनालेन फूत्कारं वज्रकन्दरे ।  
शनैः शनैः प्रकुर्वीत वायुसंचारकारणात् ॥ (om.  $\gamma_1$ ) 3.85
- नार्या भगे पतद्विन्दुमभ्यासेनोर्ध्वमाहरेत् ।  
चलितं च स्वकं बिन्दुमूर्ध्वमाकृष्य रक्षयेत् ॥ (cd om.  $\Delta$ ) 3.86

**82b yogoktair**  $\beta_2\beta_\omega\gamma_2\delta_1\eta_1\eta_2\chi$ ] yogoktair  $\gamma_1$  yogoktar  $\epsilon_2$  yogokta  $\alpha_2\epsilon_3$  yogoktam  $\alpha_1$  niyamair  $\delta_3$  niyamair vinā cett.] vividhais tathā  $\delta_3$  **82c vajrolīm yo**  $\beta_2\delta_1\epsilon_3\eta_1\eta_2\chi$ ] vajroli yo  $\beta_\omega\Gamma\delta_3\epsilon_2$  vajrālī yo  $\alpha_1$  vijānāti cett.] bhijānāti  $\Gamma$  **82d siddhibhājanam** cett.] 'bhājanah  $\gamma_1$  siddhimān bhavet  $\eta_2$  **83a vastu** cett.] castu  $\alpha_1$  bheda  $\epsilon_2$  vakṣ(y)e cett.] manye  $\gamma_2$  api  $\gamma_1$  **83b cit** cett.] tu  $\epsilon_3$  **83c caikam**  $\alpha_1\beta_1\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3\eta_1\chi$ ] caiva  $\eta_2$  ekam  $\beta_2\Gamma$  **83d ca** cett.] tu  $\delta_3$  **84a mehanena**  $\alpha_1\beta_2\gamma_2\epsilon_2\epsilon_3\chi$ ] mehanaiva  $\gamma_1$  mohanena  $\delta_1$  mohanenā  $\delta_3$  medhrenaena  $\beta_\omega$  medhrena  $unm.$   $\eta_1$  mahānibham  $\eta_2$  śanaiḥ cett.] sadā  $\delta_1$  **84b ūrdhvākuñcanam**  $\alpha_1\beta_2\beta_\omega\gamma_1\delta_1\delta_3\epsilon_2\epsilon_3\chi$ ] ūrdhva kiṃcanam  $\gamma_2$  kṛtvā kuñcanam  $\eta_2$  gudākuñcanam  $\eta_1$  **84c vāpi nāri vā** cett.] vāpi vā nāri  $\delta_3$  'py atha vā nāri  $\chi$  **84d vajroli**  $\alpha_1\beta_2\beta_\omega\gamma_1\delta_3\epsilon_2\epsilon_3\eta_2\chi$ ] vajrolīm  $\delta_1\eta_1$  vajrolīḥ  $\gamma_2$  siddhim āpnuyāt cett.] siddhibhājanam  $\gamma_2$  siddhibhājanah  $\gamma_1$  **85a yatnataḥ**  $\alpha_1\beta_1\beta_\omega\delta_1\epsilon_2\epsilon_3\chi$ ] prayatnataḥ  $\gamma_2\eta_1\eta_2$  prayatnāt  $\beta_2$  śaranālena  $\alpha_1\beta_2\beta_\omega\delta_1\delta_3$ ] śalanolena  $\epsilon_2$  śatanārīṇām  $\epsilon_3$  śastanālena  $\chi$  śironāle  $\gamma_2\eta_1\eta_2$  **85b phūtkāram**  $\alpha_1\delta_3\epsilon_2\eta_1\chi$ ] phutkāram  $\beta_\omega$  pūtkāram  $\delta_1\epsilon_3$  phūtkārah  $\gamma_2\eta_2$  sphūtkāram  $\beta_2$  vajra cett.] kambu  $\gamma_2\eta_2$  kandare  $\beta_2\beta_\omega\epsilon_2\epsilon_3\chi$ ] kandhare  $\alpha_1\gamma_2\delta_1\delta_3\eta_1\eta_2$  **85c śanaiḥ** cett.] śanah  $\eta_2$  prakurvīta cett.] prakurvaṃti  $\beta_2\eta_2$  **86a nāryā**  $\beta_2\Gamma\delta_1\delta_3\epsilon_2\epsilon_3$ ] nāri  $\alpha_2\chi$  mār्या  $\alpha_1$  bhāryā  $\beta_\omega\eta_1\eta_2$  bhage cett.] bhāge  $\alpha_1$  patad cett.] pated  $\gamma_2$  ca tad  $\epsilon_2$  bindum  $\alpha_1\beta_2\Gamma\delta_1\delta_3\epsilon_2\epsilon_3\chi$ ] bindhuḥm  $\beta_\omega$  bindur  $\eta_1\eta_2$  **86b āharet** cett.] āruhet  $\delta_3$  **86c ca svakam**  $\alpha_1\alpha_2$ ] tu svakam  $\beta_1\beta_2\Gamma\epsilon_2$  tu sukam  $\beta_\omega$  ca nijam  $\epsilon_3\chi$  patitam  $\eta_1$  calitam  $\eta_2$  om.  $\delta_1\delta_3$  **86d ūrdhvam ākr̥ṣya rakṣayet** cett.] ūrdhvam ākr̥ + + +  $\alpha_1$  ūrdhvam āhṛtya rakṣayet  $\epsilon_3$  abhyāsenordhvam āharet  $\epsilon_2$  om.  $\delta_1\delta_3$

<sup>28</sup> In  $\beta_2\eta_2$  this header is found after *vinā* of the next line.

- एवं तु रक्षयेद् बिन्दुं मृत्युं जयति योगवित् । [3.87–3.113a lost  $\alpha_1$ ]  
 मरणं बिन्दुपातेन जीवितं बिन्दुधारणात् ॥ (cd om.  $\delta_1$ ) 3.87
- सुगन्धि योगिनो देहं जायते बिन्दुधारणात् <sup>129</sup> (ab om.  $\delta_3\eta_1\eta_2$ )  
 यावद्विन्दुः स्थिरो देहे तावन्मृत्युभयं कुतः ॥ 3.88
- चित्तायत्तं नृणां शुक्रं शुक्रायत्तं हि जीवितम् ।  
 तस्माच्छुक्रं मनश्चैव रक्षणीयं प्रयत्नतः ॥ 3.89
- ऋतुमत्या रजोऽप्येवं स्त्रिया<sup>#</sup> बिन्दुं च रक्षयेत् ।  
 मेद्रेणाकर्षयेद्धूर्वं सम्यगभ्यासयोगतः ॥ 3.90
- अयं योगः पुण्यवतां धन्यानां तत्त्वशालिनाम् । (ab om.  $\alpha_2 \alpha_3$ )  
 निर्मत्सरानां सिध्येत न तु मत्सरशालिनाम् ॥ (cd om.  $\alpha_2 \alpha_3 \delta_3$ )<sup>30</sup> 3.91

**87a** tu rakṣayed  $\alpha_2\alpha_3\beta_2\beta_\omega\Gamma\epsilon_2$ ] samrakṣayed  $\delta_1\delta_3\chi$  surakṣayed  $\epsilon_3$  rakṣati yo  $\eta_1\eta_2$  **87c** bindu  
 cett.] vida  $\epsilon_2$  om.  $\delta_1$  **87d** jīvitam cett.] jīvanam  $\beta_2\gamma_2\chi$  jī  $\gamma_1$  om.  $\delta_1$  bindudhāraṇāt cett.]  
 bindurakṣaṇāt  $\epsilon_3$  om.  $\gamma_1\delta_1$  **88a** sugandhi  $\alpha_2\beta_1\beta_2\beta_\omega\Gamma\delta_1\epsilon_3$ ] sugandho  $\epsilon_2\chi$  om.  $\delta_3\eta_1\eta_2$  **deham**  
 $\alpha_2\beta_1\beta_\omega$ ] dehe  $\delta_1\epsilon_3\chi$  deho  $\beta_2\Gamma\epsilon_2$  om.  $\delta_3\eta_1\eta_2$  **88b** dhāraṇāt  $\beta_\omega\gamma_1\gamma_2\delta_1\epsilon_2\chi$ ] rakṣaṇāt  $\beta_2\epsilon_3$  om.  
 $\delta_3\eta_1\eta_2$  **88c** binduḥ  $\gamma_1\delta_3\eta_2\chi$ ] bindu  $\beta_1\beta_2\beta_\omega\gamma_2\delta_1\epsilon_2\epsilon_3\eta_1$  **sthiro**  $\alpha_2\Gamma\delta_1\epsilon_2\eta_1\eta_2\chi$ ] sthito  $\beta_1\beta_2$   
 $\beta_\omega\delta_3\epsilon_3$  **dehe** cett.] deho  $\Gamma$  **88d** mṛtyubhayam kutaḥ  $\alpha_3\beta_1\beta_2\beta_\omega\delta_1\delta_3\eta_1\eta_2$ ] kālabhayam  
 kutaḥ  $\alpha_2\Gamma\epsilon_2\chi$  jīvanam ucyate  $\epsilon_3$  **89a** cittāyattam cett.] cittamattam  $\gamma_1$  manomayam  $\alpha_2$  man-  
 odhīnam  $\beta_1\beta_2\beta_\omega$  **śukram** cett.] śuklam  $\beta_\omega$  **89b** śukrāyattam cett.] śuklāyatam  $\beta_\omega$  śukrād-  
 hīnam  $\beta_1\beta_2$  **hi**  $\beta_1\beta_\omega\epsilon_2\eta_1\eta_2$ ] tu  $\alpha_2\beta_2\Gamma\delta_1$  ca  $\delta_3\epsilon_3\chi$  **jīvitam** cett.] jīvanam  $\beta_2\gamma_2$  **89c** manaś  
 cett.] rajaś  $\eta_2$  rakṣa°  $\delta_3$  **caiva** cett.] caivam  $\eta_1$  'ñiyam  $\delta_3$  **89d** rakṣaṇīyam cett.] yogibhiś  
 ca  $\delta_3$  **90a** ṛtumatyā  $\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3\chi$ ] bindumadhye  $\delta_1\delta_3\eta_1\eta_2$  'py evam  $\beta_2\Gamma\delta_1\delta_3\epsilon_2\epsilon_3\eta_1\chi$ ] the-  
 vam  $\beta_\omega$  py eva  $\eta_2$  **90b** striyā  $\Gamma$ ] bijam  $\delta_1\epsilon_2\epsilon_3\eta_1\eta_2$  vīryam  $\alpha_2$  jīvam  $\delta_3$  nijam  $\chi$  jayam  $\beta_\omega$   
 bindum  $\beta_2$  **bindum** cett.] bindu  $\beta_\omega\eta_2$  rakṣe  $\beta_2$  **ca** cett.] tu  $\beta_2\epsilon_2\eta_1$  pra°  $\delta_3$  **rakṣayet**  
 cett.] rakṣayan  $\beta_\omega$  tamnnayet  $\delta_1$  'pālayet  $\delta_3$  yogavit  $\beta_2$  **90c** medhṛeṇā cett.] medhṛeṇa  $\delta_1\delta_3\epsilon_3$   
 medhṛā  $\gamma_1$  medhṛām ā  $\eta_2$  **karṣayed** cett.] karṣayad  $\beta_\omega$  kuṃcayed  $\eta_2$  **90d** yogataḥ  $\Gamma\delta_1\delta_3\eta_1$ ]   
 yogavān  $\alpha_3\beta_1\beta_\omega\epsilon_2\epsilon_3$  yogavit  $\eta_2\chi$  pāṭavāt  $\alpha_2\beta_2$  **91b** dhanyānām cett.] dhīrānām  $\chi$  śālinām  
 $\beta_1\beta_2\gamma_2\delta_1\delta_3\epsilon_3\eta_1$ ] śālinām  $\beta_\omega\epsilon_2$  sattinām  $\gamma_1$  darśinām  $\eta_2\chi$  **91c** sidhyeta  $\beta_1\beta_\omega\gamma_1\delta_1\epsilon_2\epsilon_3\eta_1$ ]   
 siddheta  $\gamma_2$  vai sidhyen (but sidhyeta in mss?)  $\chi$  siddhet  $\eta_2$  siddhānām  $\beta_2$  **91d** śālinām  
 $\beta_1\beta_2\beta_\omega\Gamma\delta_1\epsilon_3\eta_1\chi$ ] śālinām  $\epsilon_2$  śīlinām  $\eta_2$

<sup>29</sup>  $\epsilon_3$  has this hemistich after the first half of the next verse.

<sup>30</sup> In  $\epsilon_3$  Pāda b and d are transposed;  $\chi$  has this verse at the end of the Sahajoli section.

अथ सहजोली । (Y<sub>2</sub>η<sub>2</sub>χ)

सहजोली चामरोली वज्रोल्या एव भेदतः ।

जलेषु<sup>#</sup> भस्म निक्षिप्य दग्धगोमयसम्भवं ॥ (cd om. α<sub>2</sub> α<sub>3</sub>β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>γ<sub>1</sub>) 3.92

वज्रोलीमैथुनादूर्ध्वं स्त्रीपुंसोः स्वाङ्गलेपनम् ।

आसीनयोः सुखेनैव मुक्तव्यापारयोः क्षणम् ॥ 3.93

सहजोलिरियं प्रोक्ता श्रद्धेया योगिभिः सदा ।

अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ (cd om. α<sub>2</sub> α<sub>3</sub>γ<sub>1</sub>) [cf. 3.101\*1cd] 3.94

अथ अमरोली । (Y<sub>2</sub>Δ<sub>ε3</sub>η<sub>2</sub>χ)

पित्तोल्बणत्वात्प्रथमाम्बुधारां

विहाय निःसारतयान्त्यधाराम् ।

निषेव्यते शीतलमध्यधारा

कापालिकैः खण्डमतैरमर्याः ॥ (om. γ<sub>1</sub>)<sup>31</sup> 3.95

**92 atha sahajoli** Y<sub>2</sub>η<sub>2</sub>] atha sahajoliḥ χ **92a sahajoli** α<sub>2</sub>β<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] sahajoliś β<sub>ω</sub>Γ<sub>ε2</sub>ε<sub>3</sub>χ **cā-**  
**maroli** α<sub>2</sub>β<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>] cāmaroli β<sub>ω</sub>ε<sub>2</sub> cāmaroliḥ ε<sub>3</sub>χ vāmaroli η<sub>2</sub> cāmaroli ca η<sub>1</sub> cāmaroliś ca Γ  
**92b vajrolyā** cett.] vajrolyante δ<sub>1</sub>δ<sub>3</sub> vajroli β<sub>2</sub> **eva bhedataḥ** α<sub>2</sub>β<sub>2</sub>β<sub>ω</sub>Γ<sub>ε2</sub>ε<sub>3</sub>η<sub>1</sub>] ekabhedataḥ η<sub>2</sub>  
bheda ekataḥ χ prakīrtitā δ<sub>1</sub> pracodyate δ<sub>3</sub> **92c jaleṣu bhasma** Y<sub>2</sub>δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] jale subhasma  
χ jale bhasmani δ<sub>3</sub> **nikṣipya** δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] niḥkṣipya Y<sub>2</sub> **92d dagdha** Y<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ]  
dagdham ε<sub>2</sub> **sambhavam** Y<sub>2</sub>δ<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] sambhave δ<sub>3</sub> **93a vajrolimaithunād** cett.] va-  
jrolimithunād ε<sub>3</sub> **93b puṃsoḥ** Y<sub>2</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ] puṃso α<sub>2</sub>β<sub>ω</sub> puṃsā Y<sub>1</sub> puṃsau ε<sub>3</sub> puṃsoś  
β<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub> **svāṅga** α<sub>2</sub>Γ<sub>ε2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] svāṅgu β<sub>ω</sub> cāṅga β<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub> **93c āsinayoḥ** cett.] anenaiva ε<sub>3</sub>  
**sukhenaiva** cett.] mukhenaiva η<sub>2</sub> **93d vyāpārayoḥ** β<sub>2</sub>Γ<sub>δ3</sub>ε<sub>3</sub>η<sub>1</sub>χ] vyāpārayo ε<sub>2</sub>η<sub>2</sub> vyāpāramo  
β<sub>ω</sub> vyāpārāla° δ<sub>1</sub> **kṣaṇam** β<sub>2</sub>β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] kṣaṇāt Γχ **94a sahajolir** β<sub>ω</sub>Y<sub>1</sub>ε<sub>2</sub>ε<sub>3</sub>χ] saha-  
joli β<sub>2</sub>Y<sub>2</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub> sahajolir α<sub>2</sub>β<sub>1</sub>δ<sub>1</sub> **94b śraddheyā** β<sub>1</sub>β<sub>ω</sub>χ] śraddheyā α<sub>2</sub> α<sub>3</sub>β<sub>2</sub>δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub> sādhyeyā η<sub>2</sub>  
siddhaye ε<sub>3</sub> sevyate Γ<sub>ε2</sub> **94d bhoge** β<sub>1</sub>β<sub>ω</sub>Y<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>] bhoga β<sub>2</sub>ε<sub>2</sub>η<sub>1</sub>χ yoga δ<sub>3</sub> gap δ<sub>1</sub> **bhukte**  
β<sub>ω</sub>Y<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>] yukte β<sub>1</sub> yukto χ mukte ε<sub>2</sub> mukti δ<sub>1</sub>δ<sub>3</sub>η<sub>1</sub> yoge β<sub>2</sub> **'pi muktidaḥ** β<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Y<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ]  
vimuktidaḥ δ<sub>3</sub>η<sub>1</sub> pradāyakaḥ δ<sub>1</sub> **95 atha amaroli** Y<sub>2</sub>η<sub>2</sub>] athāmaroli χ athāmaroli ε<sub>3</sub> tatrāmaroli  
δ<sub>1</sub>δ<sub>3</sub> **95a pittolbanatvāt** β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>χ] pītva aṇut β<sub>2</sub> virttanatvādyat ε<sub>2</sub> viḥāya nityām η<sub>2</sub> vi-  
hāya niv ..ḥ Y<sub>2</sub> **prathamāmbu** δ<sub>3</sub>η<sub>1</sub>χ] prathamām ca β<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub> prathamām ca Y<sub>2</sub> prathamām vi  
β<sub>ω</sub> prathamām unm. δ<sub>1</sub> **dhārām** cett.] om. δ<sub>1</sub> **95b niḥsāratayāntya** δ<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] niḥsārat-  
apāṃsu β<sub>2</sub> niḥsārabhayāntya δ<sub>3</sub> niḥsāralayāntya Y<sub>2</sub> niḥsārayāntya β<sub>ω</sub> niḥsmāratayāntya ε<sub>2</sub>  
**95c niṣevyate** cett.] niṣevite β<sub>2</sub> niḥsevyate η<sub>1</sub> nikhyevyate β<sub>ω</sub> **dhārā** β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] dhārām  
β<sub>2</sub>Y<sub>2</sub>δ<sub>3</sub>η<sub>1</sub> dhārāḥ δ<sub>1</sub> **95d kāpālikaiḥ** β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>] kapālikaiḥ Y<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub> kapālikaiḥ β<sub>2</sub> kāpālike χ  
**khaṇḍamatair** β<sub>2</sub>β<sub>ω</sub>η<sub>1</sub>] khaṇḍamatair ε<sub>2</sub> khaṇḍamate ε<sub>3</sub>χ kamṭhamatḥair δ<sub>1</sub>δ<sub>3</sub> kuṃṭhamatair  
Y<sub>2</sub>η<sub>2</sub> **amaryāḥ** δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>] amaryā β<sub>2</sub> aryā β<sub>ω</sub> amedhyā η<sub>2</sub> amedhya η<sub>1</sub> amedhyām Y<sub>2</sub> 'maroli χ  
'maroli ε<sub>3</sub>

<sup>31</sup> Y<sub>2</sub> seems to have supplied this verse and the next one from a ms belonging to the ε-group.



अमरीं यत्पिबेन्नित्यं नस्यं कुर्वन्# दिने दिने ।

वज्रोलीं चाभ्यसेत्सेयममरोलीति कथ्यते ॥<sup>32</sup> (om.  $\gamma_1$ )

3.96

पुंसो बिन्दुं समाकृष्य सम्यग्भ्यासपाटवात् ।

यदि नारी रजो रक्षेद्रजोल्या सा हि योगिनी ॥ (om.  $\alpha_2 \alpha_3$ )

3.97

तस्याः किञ्चिद्रजो नाशं न गच्छति न संशयः ।

तस्याः शरीरे नादस्तु बिन्दुतामेव गच्छति ॥ (om.  $\alpha_2 \alpha_3$ ) (cd om.  $\gamma_2$ )

3.98

स बिन्दुस्तद्रजश्चैव एकीभूय स्वदेहजम्# ।

वज्रोल्याभ्यासयोगेन सर्वसिद्धिः प्रजायते ॥ (om.  $\alpha_2 \alpha_3$ )

3.99

रक्षेदाकुञ्चनेनोर्ध्वं या रजः सा हि योगिनी । ( $\alpha_2 \gamma_2 \eta_2 \chi$ )<sup>33</sup>

अतीतानागतं वेत्ति खेचरी च भवेद्भुवम् ॥

3.100

**96a amarīm**  $\gamma_2 \delta_1 \delta_3 \eta_2 \chi$ ] amarī  $\beta_\omega \epsilon_2 \epsilon_3 \eta_1$  amarīm  $\beta_2$  yat em.] yah  $\beta_2 \beta_\omega \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \chi$  yo  $\gamma_2 \eta_2$  piben cett.] piban  $\delta_3$  **96b nasyam kurvan**  $\beta_2 \beta_\omega \delta_1 \chi$ ] naśyam kurvan  $\alpha_3 \epsilon_2 \epsilon_3$  na samkurvan  $\delta_3$  nasyam kuryād  $\alpha_2 \eta_1$  tasya kuryā  $\gamma_2$  tastham kuryād  $\eta_2$  **96c vajrolīm cā**  $\delta_1 \delta_3$ ] vajroli cā  $\beta_\omega \epsilon_2 \epsilon_3 \eta_1$  vajrolīm a  $\gamma_2 \eta_2 \chi$  vajroli ka  $\beta_2$  \*bhyaset seyam  $\beta_\omega$ ] bhyasec ceyam  $\delta_1 \delta_3 \epsilon_3$  bhyasec ceya  $\epsilon_2$  bhyasen nityam  $\eta_1$  bhyaset satve  $\gamma_2$  bhyasec chattve  $\eta_2$  bhyaset samyak  $\chi$  thyate seyam  $\beta_2$  **96d amaroliti** cett.] sāmāroliti  $\chi$  amarolīm tu  $\epsilon_3$  kathyate cett.] kalpayet  $\epsilon_3$  kasyate  $\eta_2$  **97a pumso**  $\gamma_1 \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_2 \chi$ ] pumsor  $\beta_2 \gamma_2$  pumsām  $\beta_\omega \eta_1$  bindum cett.] bindu  $\beta_\omega \epsilon_2 \epsilon_3 \eta_2$  samākṛṣya  $\Gamma$ ] samākuñcyā cett. **97b pātavāt**  $\beta_2 \delta_1 \delta_3 \epsilon_3 \chi$ ] pātavān  $\beta_\omega \Gamma \epsilon_2 \eta_2$  pāravān  $\eta_1$  **97d vajrolyā**  $\beta_1 \beta_\omega \gamma_2 \epsilon_2 \eta_1 \chi$ ] vajrolyām  $\delta_1$  vajrolya  $\delta_3$  vajroli  $\beta_2$  vajroli  $\epsilon_3$  samyoge  $\eta_2$  om. (3.97d–3.101\*1a om. prob. by eye-skip)  $\gamma_1$  sā hi  $\beta_\omega$ ] saha  $\beta_1 \beta_2 \gamma_2 \epsilon_2$  sāpi  $\delta_1 \epsilon_3 \eta_1 \chi$  syāpi  $\delta_3$  cāpi  $\eta_2$  om.  $\gamma_1$  **98c tasyāḥ**  $\beta_2 \delta_1 \delta_3 \epsilon_3 \eta_1 \eta_2 \chi$ ] yasyāḥ  $\epsilon_2$  asyāḥ  $\beta_\omega$  om.  $\Gamma$  śarīre cett.] śarīra  $\delta_3 \epsilon_3$  om.  $\Gamma$  nādas tu  $\beta_2 \beta_\omega \delta_3 \epsilon_2 \epsilon_3 \eta_1$ ] nādas tat  $\eta_2$  nādātmā  $\delta_1$  nādaś ca  $\chi$  om.  $\Gamma$  **98d bindutām** **eva**  $\beta_\omega \delta_1 \delta_3 \epsilon_2 \epsilon_3 \eta_1 \chi$ ] bindus tam eva  $\eta_2$  vyamjatām eva  $\beta_2$  om.  $\Gamma$  **99b ekī** cett.] hy ekī  $\delta_3$  om.  $\gamma_1$  bhūya  $\beta_2 \beta_\omega \gamma_2 \delta_1 \delta_3 \epsilon_3 \chi$ ] bhūyah  $\epsilon_2 \eta_2$  bhūtaḥ  $\eta_1$  bhūta  $\beta_1$  om.  $\gamma_1$  svadehajam  $\delta_3$ ] svadehajam  $\delta_1$  svadehajaiḥ  $\beta_2 \eta_2$  svadehajau  $\beta_1 \beta_\omega \gamma_2 \epsilon_2 \epsilon_3 \eta_1$  svadehagau  $\chi$  om.  $\gamma_1$  **99c vajrolyā**  $\beta_2 \beta_\omega \epsilon_2 \epsilon_3 \eta_1 \eta_2$ ] vajrolya  $\gamma_2 \delta_1 \delta_3 \chi$  om.  $\gamma_1$  **99d siddhiḥ**  $\delta_3 \eta_2$ ] siddhi  $\beta_\omega \eta_1$  siddhiḥ  $\beta_1 \beta_2 \gamma_2 \delta_1 \epsilon_2 \epsilon_3 \chi$  om.  $\gamma_1$  prajāyate  $\beta_\omega \eta_1 \eta_2$ ] prakurvate  $\gamma_2 \delta_1 \delta_3$  prakurvataḥ  $\beta_1 \epsilon_2 \epsilon_3$  prayacchataḥ  $\chi$  prayacchati  $\beta_2$  om.  $\gamma_1$  **100a rakṣed ākuñcanenordhvam** em.] rakṣed ākumbhanonordham  $\alpha_2$  rakṣed ākuñcanād ūrdhvam  $\chi$  mehenākuñcanād ūrdhvam  $\gamma_2$  meḍhrām ākumpanād ūrdhvam  $\eta_2$  **100b yā** **rajaḥ sā hi yoginī**  $\chi$ ] yā rajaḥ saha yoginī  $\alpha_2$  rajasāpi hi yogināḥ  $\gamma_2 \eta_2$  **100c atitānāgatam** cett.] atitānāgate  $\beta_2$  atitānāgatim  $\epsilon_3$  atitānām gatim  $\epsilon_2$  om.  $\gamma_1$  **100d khecarī ca** cett.] khecarī (one syllable missing)  $\delta_1$  khecarīm la°  $\delta_3$  khecaraś ca  $\eta_2$  om.  $\gamma_1$  bhaved dhruvam cett.] \*bhathe dhruvam  $\delta_3$  prajāyate  $\gamma_2$  om.  $\gamma_1$

<sup>32</sup> In  $\chi$  the verse 3.122 is found after this

<sup>33</sup>  $\gamma_2$  has this hemistich between 3.96 and 3.97.

देहसिद्धिं च लभते वज्रोत्यभ्यासयोगतः ।

अयं शुभकरो योगो भोगे भुक्तेऽपि मुक्तिदः ॥ [cd in  $\alpha_3\alpha_4\chi$ ; cf. 3.94cd]

3.101

तस्मादयं साधकाय भोगे भुक्तेऽपि मुक्तिदः<sup>#</sup> ॥ (ab om.  $\alpha_2\alpha_3\Gamma\chi$ )

तस्मात्पुण्यवतामेव अयं योगः प्रसिध्यति ॥<sup>34</sup> (cd om.  $\alpha_2\alpha_3\chi$ )

3.101\*1

अथ शक्तिचालनम् ।

कुटिलाङ्गी कुण्डलिनी भुजङ्गी शक्तिरीश्वरी ।

कुण्डल्यरुन्धती चेति शब्दाः पर्यायवाचकाः ॥ (om.  $\alpha_2\alpha_3$ )

3.102

उद्धाटयेत्कपाटं तु यथा कुञ्चिकया हठात् ।

कुण्डलिन्या तथा योगी मोक्षद्वारं विभेदयेत् ॥<sup>35</sup> (om.  $\alpha_2\alpha_3$ )

3.103

येन मार्गेण गन्तव्यं ब्रह्मस्थानं निरामयम् ।

मुखेनाच्छाद्य तद्वारं प्रसुप्ता परमेश्वरी ॥ (om.  $\alpha_2\alpha_3$ )

3.104

**101a** ca cett.] tu  $\eta_1$  om.  $\gamma_1$  **labhate** cett.] labhyeta  $\beta_2$  om.  $\gamma_1$  **101b vajrolyabhyāsa**  $\gamma_2\delta_1\delta_3\chi$ ] vajrolyābhyāsa  $\beta_2\beta_\omega\gamma_1\epsilon_2\epsilon_3\eta_1\eta_2$  **101c śubhakaro**  $\alpha_3\alpha_4$ ] puṇyakaro  $\chi$  **101d bhoge bhukte'pi muktidaḥ**  $\chi$ ] bhāvamukthivimukthidaḥ  $\alpha_3$  bhyāsyayuktasya muktida  $\alpha_4$  **101\*1a tasmād ayaṁ**  $\delta_1\delta_3\epsilon_2\epsilon_3\eta_1\eta_2$ ] yasmād ayaṁ  $\beta_1\beta_2\beta_\omega$  **sādhakāya**  $\beta_1\beta_2\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3$ ] sādhaḥko'yaṁ  $\eta_1$  sādhaḥkānāṁ  $\eta_2$  **101\*1b bhoge**  $\beta_1\beta_\omega\eta_2$ ] bhoga  $\beta_2\delta_3\epsilon_2\epsilon_3\eta_1$  yoga  $\delta_1$  **bhukte**  $\beta_1$ ] bhukti  $\beta_\omega$   $\delta_1\text{pc?}$  mukte  $\epsilon_2$  mukti  $\delta_1\delta_3\eta_1\eta_2$  yukto  $\epsilon_3$  yoge  $\beta_2$  **'pi muktidaḥ**  $\beta_1\beta_2\beta_\omega\epsilon_2\epsilon_3$ ] vimuktidaḥ  $\delta_1\delta_3\eta_1\eta_2$  **101\*1c eva**  $\beta_2\Gamma\eta_2$ ] evam  $\beta_1\beta_\omega\delta_1\delta_3\epsilon_2\epsilon_3\eta_1$  **101\*1d ayaṁ yogah**  $\beta_1\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1$ ] eṣa yogah  $\delta_1\delta_3$  yogo'yaṁ  $\eta_2$  **prasidhyati**  $\beta_1\beta_2\beta_\omega\Gamma\delta_1\delta_3\epsilon_2\epsilon_3\eta_1$ ] samprasidhyati  $\eta_2$  **102 atha**  $\beta_2\beta_\omega\epsilon_2\eta_1\eta_2\chi$ ] om.  $\Gamma\Delta\epsilon_3$  **śakticālanam**  $\beta_2\beta_\omega\gamma_2\Delta\epsilon_2\eta_1\chi$ ] śaktiyānaṁ  $\gamma_1$  śakti  $\eta_2$  om.  $\epsilon_3$  **102a kuṭilāṅgī**  $\beta_2\beta_\omega\Delta\eta_1\eta_2\chi$ ] kuṇḍalāṅgī  $\gamma_2\epsilon_2\epsilon_3$  kundaliḡī  $\gamma_1$  **102b śaktir īśvarī**  $\beta_2\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] śaktir aiśvarī  $\delta_1\delta_2$  śaktir asvarī  $\gamma_1$  śaktivardhinī  $\delta_3$  **102c kuṇḍaly**  $\beta_2\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] kuṭily  $\Delta$  **arundhati** cett.] ā[ku]ṁḍali  $\eta_1$  āceti rum<sup>o</sup>  $\eta_2$  **ceti**  $\beta_1\eta_1$ ] veti  $\beta_\omega$  vati  $\epsilon_2$  caiva  $\epsilon_3$  caite  $\beta_2\chi$  devī  $\Gamma\delta_1\delta_3$  divī  $\delta_2$  dhamṭi  $\eta_2$  **102d śabdah paryāyavācakāḥ** cett.] śabdah paryāyavācakāḥ  $\delta_1\delta_3$  **103a udghāṭayet** cett.] udghāṭayati  $\epsilon_2$  **kapāṭaṁ** cett.] kapālaṁ  $\delta_3$  **tu** cett.] om.  $\epsilon_2$  **103b kuñcikayā** cett.] kaṁcukayā  $\beta_2$  **103d vibhedayet** cett.] prabhedayet  $\gamma_1$  nirodhayet  $\gamma_2$  **104a mārgēṇa**  $\beta_2\beta_\omega\epsilon_2\epsilon_3\eta_1\eta_2\chi$ ] dvāreṇa  $\Gamma\Delta$  **104c ācchāḍya** cett.] āksāḍya/ājñāḍya  $\delta_1$  āvāḍya  $\epsilon_2$  **tadvāraṁ**  $\gamma_1\delta_3\eta_2$ ] tadvāraṁ  $\beta_\omega\gamma_2\epsilon_2\epsilon_3\eta_1\chi$  taṁ dvāraṁ  $\beta_2$  nadvāraṁ  $\delta_1$  tedvāraṁ  $\delta_2$

<sup>34</sup>  $\gamma_1$  has a sub-colophon marking the end of Chap. 3 after this verse (the 100th!). Chap. 4 contains only 29 verses, which are the remaining verses of the usual Chap. 3. Chap. 5 corresponds to the usual Chap. 4.

<sup>35</sup> This verse and the next one are transposed in  $\epsilon_2$ .

- कन्दोर्ध्वं कुण्डली शक्तिः सुप्ता मोक्षाय योगिनाम् ।  
बन्धनाय च मूढानां यस्तां वेत्ति स योगवित् ॥ (om.  $\alpha_2 \alpha_3$ ) 3.105
- अम्भोधिशैलद्वीपानामाधारः शेषकुण्डली । (ab om.  $\alpha_2 \alpha_3 \chi$ )  
अशेषयोगतन्त्राणामाधारः कुण्डली तथा ॥ (cd om.  $\alpha_2 \alpha_3 \eta_1 \chi$ ) [cf. 3.1] 3.106
- कुण्डली कुटिलाकारा सर्पवत्परिकीर्तिता ।  
सा शक्तिश्चालिता येन स मुक्तो नात्र संशयः ॥ (om.  $\alpha_2 \alpha_3$ ) [= 4.77\*1] 3.107
- गङ्गायमुनयोर्मध्ये बालरण्डा तपस्विनी ।  
बलात्कारेण गृहीयात्तद्विष्णोः परमं पदम् ॥ 3.108
- इडा भगवती गङ्गा पिङ्गला यमुना नदी ।  
इडापिङ्गलयोर्मध्ये बालरण्डा सरस्वती ॥ ( $\beta_2 \beta_\omega \gamma_2 \eta_1 \eta_2 \chi$ ) 3.108\*1
- पुच्छं प्रगृह्य भुजर्गीं सुप्तामुद्रोदयेदभीः ।  
निद्रां विहाय सा ऋज्वी ऊर्ध्वमुत्तिष्ठते हठात् ॥ 3.109

**105a kandordhvam**  $\Gamma \varepsilon_2 \varepsilon_3$ ] kandordhve (kandho\*  $\delta_{1ac}$ )  $\delta_1 \delta_3 \eta_1 \eta_2 \chi$  kandorddha  $\beta_\omega$  kamthorddham  $\beta_2$  kuṇḍovvo  $\delta_2$  **śaktiḥ/śaktir** cett.] śakti  $\beta_\omega$  **105b suptā**  $\beta_2 \beta_\omega \varepsilon_3 \eta_1 \eta_2 \chi$ ] buddhā  $\Gamma \delta_2 \varepsilon_2$  baddhā  $\delta_1 \delta_3$  **105c mūḍhānām** cett.] mūrkhāṇām  $\gamma_2$  **106a ambhodhi** cett.] om.  $\alpha_2 \alpha_3 \chi$  **śailadvīpānām**  $\beta_\omega \Gamma \varepsilon_3 \eta_1 \eta_2$ ] śailordvagānām  $\beta_2$  plauladvīpānām  $\varepsilon_2$  dvīpaśailānām  $\Delta$  om.  $\alpha_2 \alpha_3 \chi$  **106b ādhāraḥ** cett.] ādharah  $\gamma_2$  ādhāraṁ  $\varepsilon_2$  om.  $\alpha_2 \alpha_3 \chi$  **106c tantrāṇām** cett.] jagatām  $\eta_2$  om.  $\alpha_2 \alpha_3 \eta_1 \chi$  **106d kuṇḍalī tathā** cett.] kuṇḍalī yathā  $\delta_1$  śeṣakuṇḍalī  $\varepsilon_3$  om.  $\alpha_2 \alpha_3 \eta_1 \chi$  **107a kuṭilākārā**  $\beta_\omega \Gamma \Delta \varepsilon_2 \chi$ ] kuṇḍilākārā  $\varepsilon_3$  kuṇḍalākārā  $\eta_1$  kuṭilākārī  $\eta_2$  **108b bālarandā** cett.] bālarandām  $\chi$  **tapasvinī** cett.] tapaśvinī  $\varepsilon_2$  tapaścānī  $\delta_1$  tapasvinim  $\chi$  sarasvatī  $\beta_1 \beta_2$  **108\*1d sarasvatī**  $\beta_2 \beta_\omega \gamma_2 \eta_1 \eta_2$ ] ca kuṇḍalī  $\chi$  **109a pucchaṁ** cett.] pucche  $\delta_2 \eta_2 \chi$  **pragrhya**  $\beta_2 \beta_\omega \Gamma \Delta \varepsilon_2 \eta_2 \chi$ ] nigrhya  $\varepsilon_3$  grhya  $\eta_1$  **bhujagīm**  $\beta_2 \gamma_2 \Delta$ ] bhujamgī  $\beta_\omega \gamma_1$  bhujamgīm  $\eta_2$  bhujamgīva  $\eta_1$  *illeg.*  $\varepsilon_2$  **109b udbodhayed**  $\beta_2 \beta_\omega \gamma_2 \delta_1 \delta_2 \varepsilon_3 \eta_2$ ] udbodhayec  $\eta_1 \chi$  uddyotayed  $\delta_3$  udrodhyamed  $\gamma_1$  *illeg.*  $\varepsilon_2$  **abhiḥ**  $\beta_1 \Gamma$ ] abhiḥ  $\varepsilon_3$  api  $\Delta$  ca tām  $\beta_\omega \eta_1 \eta_2 \chi$  balāt  $\beta_2$  *illeg.*  $\varepsilon_2$  **109c rjvi** cett.] rjvīm  $\gamma_2$  rujvī  $\beta_\omega$  rajvī  $\varepsilon_2$  śaktir  $\chi$  **109d ūrdhvam/ūrdham**  $\delta_2 \delta_3 \varepsilon_3 \eta_1 \eta_2 \chi$ ] urddham  $\gamma_1$  mūrdham  $\beta_2 \beta_\omega \delta_1$  kurddham  $\varepsilon_2$  **uttiṣṭhate** cett.] ākṛṣyate  $\varepsilon_2$  **hathāt** cett.] kṣaṇāt  $\beta_2$

परिस्थिता चैव फणावती सा  
 प्रातश्च सायं प्रहरार्धमात्रं ।  
 प्रपूर्य सूर्यात्परिधानयुक्त्या  
 प्रगृह्य नित्यं परिचालनीया ॥<sup>#</sup>(om.  $\alpha_2$   $\alpha_3$ )

3.110

वितस्तिप्रमितं दीर्घं विस्तारे चतुरङ्गुलम् ।  
 मृदुलं धवलं प्रोक्तं वेष्टनाम्बरलक्षणम् ॥ [= 3.33\*5] (om.  $\alpha_2$   $\alpha_3$ )

3.111

<sup>36</sup>वज्रासनस्थितो योगी चालयित्वा तु कुण्डलीम् ।  
 कुर्यादनन्तरं भर्त्सी कुण्डलीमाशु बोधयेत् ॥

3.112

भानोराकुञ्चनं कुर्यात्कुण्डलीं चालयेत्ततः ।  
 मृत्युवक्रगतस्यापि तस्य मृत्युभयं कुतः ॥

3.113

**110a** *paristhitā caiva*  $\beta_2\Gamma\Delta\epsilon_2$ ] *paristhitasyaiva*  $\epsilon_3$  *paristhitā* [sai]va  $\eta_1$  *pr̥st̥isthitasyaiva*  $\beta_\omega$  *avasthitasya*  $\eta_2$  *avasthitā caiva*  $\chi$  **110b** *prātaś ca sāyaṃ* cett.] *prātaś* tu *sāyaṃ*  $\epsilon_3$  *sāyaṃ* ca *prātaḥ*  $\delta_2$  *mātraṃ* cett.] *rātraṃ*  $\beta_\omega$  **110c** *prapūrya* cett.] *prapūrvva*  $\gamma_1$  *prasūrya*  $\eta_1$  *prasārya*  $\beta_2\eta_2$  *sūryāt*  $\beta_1\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1\chi$ ] *sauryā*  $\delta_1$  *saudhā*  $\delta_3$  *sācāryya*  $\beta_2$  *tesau*  $\delta_2$  *ryāṣṇut*  $\eta_2$  **110d** *paridhāna* cett.] *paridhāya*  $\beta_\omega$  *mavidhāna*  $\beta_1$  *vidhāna*  $\beta_2$  **111a** *yuktyā*  $\beta_1\beta_2\eta_2\chi$ ] *yuktā*  $\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1$  *muktā*  $\Delta$  **111b** *nityaṃ paricālanīyā*  $\beta_2\chi$ ] *niryāt* *paricālanīyā*  $\beta_1\beta_\omega$  *niryāt* *paricālanīyāt*  $\epsilon_2$  *niryātya* *paricālanīyā* *unm.*  $\epsilon_3$  *niyāt* *pavicālinī* *sā*  $\gamma_1$  *niryāty* *avicālinī* *sā*  $\gamma_2\Delta$  *teyā* *paricālanīy[ai]*  $\eta_1$  *paricālanīyā*  $\eta_2$  **111a** *vitastipramitaṃ dīrghaṃ*  $\beta_2\Gamma\Delta\eta_2$ ] *vitastipramitaṃ* *dairghyaṃ*  $\beta_\omega\epsilon_2$  *vitastipramita-* *dairghyaṃ*  $\epsilon_3\eta_1$  *ūrdhvaṃ* *vitastimātraṃ* *tu*  $\chi$  **111b** *vistāre*  $\gamma_2\epsilon_2$ ] *vistāraṃ*  $\beta_2\beta_\omega\gamma_1\Delta\epsilon_3\eta_1\eta_2\chi$  **111c** *mṛdulaṃ* cett.] *mṛlaṃ*  $\delta_1$  **111d** *dhavaṃ* cett.] *pavaṇaṃ*  $\delta_3$  **111d** *veṣṭanāmbara*  $\epsilon_3\eta_1\eta_2$ ] *veṣṭanāṃvala*  $\gamma_2$  *vaṣṭanāṃcara*  $\gamma_1\epsilon_2$  *vaṣṭanāmba*  $\beta_2$  *vaṣṭanāṃ*  $\epsilon_2$  *veṣṭatāṃvara*  $\beta_\omega$  *veṣṭitāmbara*  $\chi$  *veṣṭanādhāra*  $\Delta$  **112a** *vajrāsana* cett.] *vajrāsane*  $\beta_2\chi$  **112b** *tu*  $\beta_2\beta_\omega\Gamma\Delta\epsilon_2$ ] *ca*  $\epsilon_3\eta_2\chi$  *om.*  $\eta_1$  **112c** *ante kuryād add.* *sūryabhedāt*  $\gamma_1\delta_2\delta_3$  (as header  $\delta_3$ ) *kuryād*  $\beta_2\beta_\omega\eta_1\eta_2\chi$ ] *sūryād*  $\Gamma\delta_1\delta_3\epsilon_2\epsilon_3$  *tathā*  $\delta_2$  **112d** *anantaraṃ* cett.] *vanara*  $\gamma_1$  *sūryāt*  $\delta_2$  **112d** *bhastrīm*  $\epsilon_3\eta_2$ ] *bhastrī*  $\gamma_1\Delta$  *bhasrī*  $\gamma_2$  *bhastrī*  $\beta_\omega\epsilon_2$  *bhastrām*  $\beta_2\chi$  *illeg.*  $\eta_1$  *om.*  $\delta_2$  **112d** *kuṇḍalīm āśu bodhayet* cett.] *om.*  $\delta_2$  **113a** *bhānor* cett.] *om.*  $\delta_2$  **113a** *ākuñcanaṃ kuryāt* cett.] *ākuñcanaṃ* *pu(?)ryāt*  $\delta_1$  *ākumcanaivaṃ*  $\eta_1$  *ākuñcanaiva*  $\eta_2$  *om.*  $\delta_2$  **113b** *cālayet* cett.] *bodhayet*  $\alpha_1$  *tataḥ* cett.] *tadā*  $\eta_2$  **113c** *mṛtyu* cett.] *mṛtyor*  $\eta_2$  **113c** *vaktra* cett.] *vaktraṃ*  $\beta_\omega$

<sup>36</sup>  $\chi$  has 3.64 before this verse.

- नासादक्षिणमार्गवाहिपवनो प्राणेऽतिदीर्घाकृते  
चन्द्राम्भःपरिपूरितामृततनुः प्राग्घण्टिकायास्तथा ।  
सिञ्चन्कालविशालवह्निवशगान्धूरन्ध्रनाडीगणां-  
स्तत्कायं कुरुते पुनर्नवतरं जीर्णद्रुमस्कन्धवत् ॥<sup>#(om. α<sub>1</sub>)<sup>37</sup></sup> 3.114
- कुण्डलीं चालयित्वा तु कुर्याद्ब्रह्मीं विशेषतः ।  
एवमभ्यस्यतो नित्यं यमिनः शङ्कते यमः ॥ (om. α<sub>1</sub>) 3.115
- तदाभ्यसेत्सूर्यभेदमुज्जायीं चापि शीतलीम् ।  
एवमभ्यासयुक्तस्य यमस्तु यमिनः कुतः ॥ (om. α<sub>1</sub>χ) 3.116
- सुहूर्तद्वयपर्यन्तं निर्भरं चालनादसौ ।  
ऊर्ध्वमाकृष्यते किञ्चित् सुषुम्णागतकुण्डली ॥ (cd om. Δ) 3.117

**114a dakṣiṇamārgavāhi** β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] dakṣiṇavāhimārga β<sub>2</sub> dakṣiṇavartmavāhi δ<sub>2</sub>δ<sub>3</sub> paścimavart-  
mavāhi δ<sub>1</sub> da...ṇa[vā]..mārgena η<sub>1</sub> **pavano** β<sub>2</sub>γ<sub>2</sub>Δ] pavanot ε<sub>3</sub> pavanāt β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>η<sub>1</sub>η<sub>2</sub>χ pa-  
vana γ<sub>1</sub> **prāṇe** γ<sub>1</sub>] prāṇo β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ ghrāṇe β<sub>2</sub>γ<sub>2</sub>δ<sub>2</sub>δ<sub>3</sub> ghrāṇo δ<sub>1</sub> **'tidirghikṛte** em.]  
'tidirghikṛtaś β<sub>ω</sub>δ<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ 'tidirghikṛteś γ<sub>2</sub> tidirghākṛtiś ε<sub>2</sub>η<sub>2</sub> tidirghākṛtaś γ<sub>1</sub> tirghikṛtiś ('kṛtaś pc?)  
δ<sub>1</sub> na dirghikṛtaḥ β<sub>2</sub> ca dirghikṛtaś δ<sub>3</sub> **114b candrāmbhaḥ** β<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] candrāmbhaḥ Γχ can-  
drāṃtaḥ Δ caṃdrāṃgāt β<sub>ω</sub> caṃdrād[vā] ε<sub>2</sub> **paripūrītāmṛtatanuḥ** β<sub>2</sub>Γε<sub>2</sub>η<sub>2</sub>χ] paripūrītāmṛ-  
tatanuḥ ε<sub>3</sub> paripūrītāmṛtyutanuḥ β<sub>ω</sub> paripūrītā..... η<sub>1</sub> paripūrya pūrītatanuḥ Δ **prāg** cett.]  
prā β<sub>2</sub>δ<sub>1</sub> **tathā** β<sub>2</sub>β<sub>ω</sub>γ<sub>1</sub>δ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub>η<sub>2</sub>] tataḥ δ<sub>3</sub>χ tadā γ<sub>2</sub> sadā ε<sub>3</sub> *illeg.* η<sub>1</sub> **114c siñcan** em.  
(= Amaraughasāśana)] chindan ε<sub>2</sub>ε<sub>3</sub> chinna β<sub>ω</sub>η<sub>2</sub> chittvā χ chaṃdaḥ β<sub>2</sub> bhindan γ<sub>2</sub>Δ bhidan γ<sub>1</sub>  
*illeg.* η<sub>1</sub> **vahni** cett.] pāsa ε<sub>3</sub> om. γ<sub>1</sub> **vaśagān** β<sub>ω</sub>γ<sub>2</sub>δ<sub>2</sub>η<sub>1</sub>] vaśagāt η<sub>2</sub> vaśagā δ<sub>1</sub>δ<sub>3</sub>ε<sub>3</sub> vaśanān  
ε<sub>2</sub> vaśagaṃ χ pavanān β<sub>2</sub> **bhrū** cett.] bhū ε<sub>3</sub> tū γ<sub>1</sub> bhr̥m β<sub>ω</sub> prāg η<sub>2</sub> **gaṇān/gaṇāms** cett.]  
gaṇāt η<sub>2</sub> gataṃ χ **114d tat** β<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] tam β<sub>1</sub>β<sub>ω</sub>ΓΔη<sub>1</sub> **jirṇa** β<sub>2</sub>β<sub>ω</sub>γ<sub>2</sub>δ<sub>1</sub>δ<sub>2</sub>] jirṇaṃ δ<sub>3</sub>ε<sub>2</sub>  
chinna η<sub>2</sub>χ chinnaṃ ε<sub>3</sub> kṛta η<sub>1</sub> bhasma γ<sub>1</sub> **115a 'tvā tu** γ<sub>2</sub>Δε<sub>2</sub>χ] 'tvacca γ<sub>1</sub> 'tvātha β<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>  
'tvādhaḥ β<sub>ω</sub> *illeg.* η<sub>1</sub> **115b kuryād bhastrīm** δ<sub>2</sub>δ<sub>3</sub>ε<sub>3</sub>η<sub>1</sub>] kuryād bhastrī β<sub>ω</sub>δ<sub>1</sub>ε<sub>2</sub> kuryād bhastrām  
η<sub>2</sub> bhasrī kuryād Γ bhastrām kuryād β<sub>2</sub>χ **115c abhyasyato** η<sub>2</sub>χ] abhyasyatā β<sub>ω</sub> abhyasato δ<sub>3</sub>ε<sub>3</sub>  
abhyasato β<sub>2</sub>Γδ<sub>1</sub>δ<sub>2</sub>ε<sub>2</sub> ... syat. η<sub>1</sub> **115d yaminaḥ śaṅkate yamaḥ** cett.] yamino yamabhiḥ ku-  
taḥ χ **116a tadābhyaset** β<sub>ω</sub>Γδ<sub>2</sub>ε<sub>2</sub>η<sub>1</sub>] tadābhyasyet η<sub>2</sub> tad abhyaset β<sub>2</sub>δ<sub>1</sub>ε<sub>3</sub> tam abhyaset δ<sub>3</sub>  
**sūryabhedam** cett.] sūryabhede ε<sub>3</sub> sūryabijam δ<sub>3</sub> **116b ujjāyīm** β<sub>2</sub>β<sub>ω</sub>Γδ<sub>2</sub>δ<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] ujjāi ε<sub>2</sub>  
ujjāyām ε<sub>3</sub> ujrākhyām δ<sub>1</sub> **cāpi** cett.] vāpi ε<sub>3</sub> [vā].. η<sub>1</sub> api δ<sub>1</sub> **116c yuktasya** cett.] yogena  
η<sub>2</sub> **116d yamas tu** ΓΔ] śramas tu ε<sub>3</sub> śamino ε<sub>2</sub>η<sub>1</sub> śamano β<sub>2</sub>β<sub>ω</sub>η<sub>2</sub> **yaminaḥ** cett.] yaminaṃ  
β<sub>ω</sub> **117b nirbharaṃ** ΓΔ] nirbhayaś α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>ε<sub>3</sub> nirbhayaṃś ε<sub>2</sub> nirbhayaṃ η<sub>1</sub>η<sub>2</sub>χ **calanād**  
**asau** α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] calanād asau Δ vā diśodiśa η<sub>2</sub> **117c ākr̥ṣyate** cett.] ākr̥te ε<sub>3</sub> om.  
Δ **117d suṣumṇāgatakuṇḍalī** β<sub>2</sub>Γε<sub>3</sub>] suṣumṇā kuṇḍaligatā α<sub>2</sub>ε<sub>2</sub> suṣumṇā kuṇḍaligataḥ α<sub>1</sub>  
suṣumṇāṃ kuṇḍaligatām β<sub>1</sub> suṣumṇāṃ kuṇḍalī gatā β<sub>ω</sub> suṣumṇāyām samudgatā χ suṣumṇāyāḥ  
samuddhṛtaḥ η<sub>2</sub> om. Δη<sub>1</sub>

<sup>37</sup> In χ this verse is found after 3.121 together with the next one and has no commentary.

- तेन कुण्डलिनी तस्याः सुषुम्णायाः समुद्धृता ।  
जहाति तस्मात्प्राणोऽयं सुषुम्णां व्रजति स्वतः ॥ (om. Δ) 3.118
- तस्मात्संचालयेन्नित्यं शब्दगर्भा<sup>\*</sup>मरुन्धतीम् ।  
तस्याः संचालनेनैव योगी रोगैः प्रमुच्यते ॥ (om. Δ) 3.119
- येन संचालिता शक्तिः स योगी सिद्धिभाजनम् ।  
किमत्र बहुनोक्तेन कालं जयति लीलया ॥ (om. Δ) 3.120
- ब्रह्मचर्यरतस्यैव नित्यं हितमिताशिनः ।  
मण्डलाद् दृश्यते सिद्धिः कुण्डल्यभ्यासयोगतः ॥ (om. α<sub>1</sub>) 3.121
- अभ्यासिनःसुतां चान्द्रीं विभूत्या सह मिश्रयेत् ।  
तद्धारणं तूत्तमाङ्गे दिव्यदृष्टिप्रदायकम् ॥ (om. Δ<sub>χ</sub>)<sup>38</sup> 3.122

**118a** tena kuṇḍalinī tasyāḥ α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>2</sub>χ] om. η<sub>1</sub> **118b** samuddhṛtā β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>] samudbhutā α<sub>1</sub> mukhaṁ dhruvam β<sub>1</sub>β<sub>2</sub>χ **118c** jahāti cett.] na yāti η<sub>2</sub> **118d** svataḥ ε<sub>3</sub>η<sub>1</sub>χ] svanaḥ α<sub>1</sub>β<sub>1</sub>β<sub>ω</sub>ε<sub>2</sub> svayam β<sub>2</sub>Γ niścalaḥ η<sub>2</sub> **119a** tasmāt α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Υ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] kas- māt γ<sub>1</sub> **119b** śabdagarbhāṁ β<sub>2</sub>β<sub>ω</sub>] śabdagaṁdhāṁ α<sub>1</sub> śambhugarbhāṁ Γε<sub>2</sub>ε<sub>3</sub> sukhasuptām χ suśasuptām η<sub>2</sub> illeg. η<sub>1</sub> arundhatīm cett.] sarasvatīm β<sub>2</sub> **119c** tasyāḥ α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>ε<sub>3</sub>χ] ta- syāḥ η<sub>2</sub> yasyāḥ Γε<sub>2</sub> [ya].. η<sub>1</sub> **saṁcālanenaiva** α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>χ] saṁcālanenāśu Γε<sub>3</sub> saṁcālayenāśu ε<sub>2</sub>η<sub>2</sub> .... lanen. ... η<sub>1</sub> **119d** rogaiḥ/rogair α<sub>1</sub>β<sub>2</sub>Υ<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>χ] [r]. .air γ<sub>1</sub> rogoḥ β<sub>ω</sub> rogāt η<sub>2</sub> **pramucyate** α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>η<sub>1</sub>η<sub>2</sub>χ] vimucyate Γε<sub>2</sub>ε<sub>3</sub> **120a** saṁcālītā β<sub>2</sub>β<sub>ω</sub>Υ<sub>1</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] saṁcalitā ε<sub>2</sub> saṁcalatā α<sub>1</sub> sa cālītā γ<sub>2</sub> **120b** siddhi α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] mukti Γ **bhājanam** cett.] bhā- janah β<sub>2</sub> ..janah η<sub>1</sub> **120d** jayati cett.] vrajati η<sub>2</sub> **121a** brahmacaryaratasyaiva Δη<sub>1</sub>χ] brahmacarye ca tasyaiva γ<sub>2</sub> brahmacatasyaiva γ<sub>1</sub> brahmacaryarataś caiva ε<sub>2</sub> brahmacaryavrata- syaiva β<sub>ω</sub>ε<sub>3</sub> brahmacaryavratam β<sub>2</sub> brahmadharmaratasyaiva η<sub>2</sub> **121b** hitamitāśinaḥ γ<sub>2</sub>δ<sub>3</sub>χ] hitamitāśanaḥ β<sub>ω</sub>Υ<sub>1</sub>δ<sub>1</sub>ε<sub>2</sub> hitamitāśanam β<sub>2</sub> hitamitāśanaḥ ε<sub>3</sub> mitahitāśinaḥ (\*śanaḥ δ<sub>2pc</sub>) δ<sub>2</sub>η<sub>2</sub> illeg. η<sub>1</sub> **121c** maṇḍalād β<sub>2</sub>Υ<sub>2</sub>δ<sub>2</sub>δ<sub>3</sub>ε<sub>2</sub>ε<sub>3</sub>χ] maṇḍalā β<sub>ω</sub>Υ<sub>1</sub>η<sub>2</sub> maṇḍali δ<sub>1</sub> illeg. η<sub>1</sub> **121d** kuṇḍalya β<sub>2</sub>Υ<sub>2</sub>ε<sub>3</sub>χ] kuṇḍalyā β<sub>ω</sub>δ<sub>1</sub>δ<sub>3</sub>ε<sub>2</sub>η<sub>2</sub> kuṇḍalā δ<sub>2</sub> kuṇḍali γ<sub>1</sub> illeg. η<sub>1</sub> **yogataḥ** β<sub>2</sub>ΓΔη<sub>1</sub>η<sub>2</sub>] yogi- naḥ β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>χ **122a** abhyāsa α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>Γε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>] abhyāsān χ abhyāsā η<sub>2</sub> **niḥśrītām** β<sub>2</sub>β<sub>ω</sub>ε<sub>3</sub>χ] niḥśrītā η<sub>1</sub> niḥśrītām η<sub>2</sub> niśrītā α<sub>1</sub> niḥśrītām ε<sub>2</sub> sahitām Γ **cāndrīm** α<sub>1</sub>β<sub>2</sub>ε<sub>2</sub>η<sub>2</sub>χ] cāndrī β<sub>ω</sub>ε<sub>3</sub>η<sub>1</sub> candram Γ **122b** miśrayet ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>η<sub>2</sub>χ] miśritām β<sub>2</sub>β<sub>ω</sub> miśritām α<sub>1</sub> micchayet γ<sub>1</sub> murchayet γ<sub>2</sub> **122c** taddhāraṇam β<sub>2</sub>ε<sub>2</sub>ε<sub>3</sub>] taddhāraṇā Γ tadvāraṇam β<sub>ω</sub> tad[v/dh].... η<sub>1</sub> tad dhārayed α<sub>1</sub> tāṁ dhārayed η<sub>2</sub> dhārayed χ **tūttamāṅge** β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>] cottamāṅge γ<sub>2</sub> cottamāṅga γ<sub>1</sub> ut- tamāṅge α<sub>1</sub>η<sub>2</sub> uttamāṅgeṣu χ illeg. η<sub>1</sub> **122d** divya cett.] dirgha α<sub>3</sub>β<sub>2</sub>β<sub>ω</sub> **dr̥ṣṭipradāyakam** α<sub>1</sub>β<sub>2</sub>β<sub>ω</sub>ε<sub>2</sub>ε<sub>3</sub>η<sub>1</sub>] dr̥ṣṭipradāyiniṁ Γ dr̥ṣṭipradāyiniṁ η<sub>2</sub> dr̥ṣṭiḥ prajāyate η<sub>1</sub>

<sup>38</sup> χ has this verse in the Vajrolī section, immediately after 3.96.

द्वासप्ततिसहस्राणां नाडीनां मलशोधने ।

कुतः प्रक्षालनोपायः कुण्डल्यभ्यासतो विना ॥ (om.  $\alpha_1\beta_\omega$ )

3.123

इति शक्तिचालनम् । ( $\epsilon_2\epsilon_3\eta_1\eta_2$ )

इति मुद्रा दश प्रोक्ता आदिनाथेन शम्भुना ।

एकैका तासु यमिनां महासिद्धिप्रदायिनी ॥<sup>39</sup>

3.124

राजयोगं विना पृथ्वी राजयोगं विना निशा ।

राजयोगं विना मुद्रा विचित्रापि न राजते ॥

3.125

मारुतस्य विधिं सर्वं मनोयुक्तं समभ्यसेत् ।

इतरत्र न कर्तव्या मनोवृत्तिर्मनीषिणा ॥

3.126

खिलापि<sup>#</sup> मध्यमा नाडी द्वाभ्यासेन योगिनाम् ।

आसनप्राणसंयाममुद्राभिः सरला भवेत् ॥

3.127

**123a** *dvā*  $\gamma_1\delta_1\delta_3\chi$ ] *dvi*  $\beta_2\gamma_2\delta_2\epsilon_2\epsilon_3\eta_1\eta_2$  **123b** *śodhane*  $\eta_2\chi$ ] *śodhanam*  $\beta_2\Gamma\Delta\epsilon_2\epsilon_3\eta_1$  **123c** *ku-*  
*taḥ*  $\Delta\epsilon_3\chi$ ] *kṛta*  $\epsilon_2$  *gudaḥ*  $\gamma_2$  *guda*  $\eta_1\eta_2$  *aṃtaḥ*  $\beta_2$  *om.*  $\gamma_1$  **prakṣālanopāyaḥ**  $\gamma_2\Delta\epsilon_3\eta_2\chi$ ] *°pāyam*  $\epsilon_2\eta_1$  *prakṣālano vāyuh*  $\beta_2$  *om.*  $\gamma_1$  **123d** *kuṇḍalyabhyāsato vinā*  $\gamma_2$ ] *kuṇḍalyāb-*  
*hyāsato vinā*  $\gamma_1\Delta$  *kuṇḍalyabhyāsanād* *ṛte*  $\beta_2\epsilon_2\epsilon_3$  *kuṇḍalyabhyasanād* *ṛte*  $\chi$  *kuṇḍalyabhyāsa* *īsyate*  
 $\eta_2$  *ku* ... [bhyā] ..[mā] ...  $\eta_1$  **124a** *daśa* *cett.*] *dabhā*  $\alpha_1$  *nava*  $\Delta$  **124c** *ekaikā tāsu*  $\alpha_1\delta_2\delta_3\chi$ ] *ekaikatāsu*  $\epsilon_2$  *ekaiva tāsu*  $\delta_1$  *ekaikāpi su*° *unm.*  $\Gamma$  *kaṛaṇe sarva*  $\epsilon_3$  *kāraṇe sarva*  $\eta_2$  *kāraṇam sarva*  
 $\beta_2\beta_\omega$  *ka* ... *sarva*  $\eta_1$  **yaminām**  $\alpha_1\Gamma\Delta\epsilon_2\chi$ ] *siddhānām*  $\epsilon_3\eta_1\eta_2$  *siddhinām*  $\beta_2\beta_\omega$  **124d** *mahāsid-*  
*dhīpradāyini*  $\alpha_1\Gamma\Delta\epsilon_2\chi$ ] *ekaikāpi kṣamaiva sā*  $\beta_2\beta_\omega\epsilon_3\eta_1\eta_2$  ( $\eta_1$  partly illegible) **125a** *prthvī* *cett.*] *prthvīm*  $\eta_2$  *siddhi*  $\epsilon_3$  *vṛddhir*  $\epsilon_2$  **125b** *niśā* *cett.*] *niśam*  $\eta_2$  *nyathā*  $\gamma_1$  **125d** *rājate* *cett.*] *śob-*  
*hate*  $\beta_2\chi$  **126a** *mārutasya vidhiṃ* *cett.*] *mārutābhyasanam*  $\epsilon_3\eta_1\eta_2$  **sarvaṃ** *cett.*] *sarvām*  $\beta_2$   
*sarve*  $\alpha_1$  *siddhiṃ*  $\delta_2\delta_3$  *kiṃcin*  $\eta_2$  **126b** *samabhyaset* *cett.*] *samācāret*  $\eta_1\eta_2$  **126d** *maṇiṣiṇā*  
 $\alpha_1\beta_2\Gamma\delta_1\epsilon_3\eta_2\chi$ ] *maṇiṣiṇām*  $\beta_\omega\delta_2\delta_3\epsilon_2$  ..[ni] ..n.  $\eta_1$  **127a** *khilāpi*  $\alpha_1\beta_2\beta_\omega\gamma_2\Delta$ ] *sthīrāpi*  $\gamma_1$  *calāpi*  
 $\epsilon_2\epsilon_3$  *iyam tu*  $\chi$  *vināpi*  $\eta_1\eta_2$  **madhyamā** *cett.*] *madhyamām*  $\eta_2$  *illeg.*  $\eta_1$  **nāḍī** *cett.*] ..*ḍīm*  
 $\eta_1$  **127b** *yoginām* *cett.*] *yoginā*  $\beta_2$  *yoginam*  $\beta_\omega$  *yoginaḥ*  $\eta_2$  **127c** *āsana*  $\alpha_1\beta_2\beta_\omega\delta_1\delta_2\eta_2\chi$ ] *āsanam*  $\Gamma\delta_3\epsilon_2\epsilon_3\eta_1$  **saṃyāma**  $\alpha_1\gamma_1\epsilon_2\epsilon_3\eta_1\chi$ ] *saṃyama*  $\beta_\omega$  *saṃyāmair*  $\beta_2\delta_2\delta_3$  *saṃyāmai*  $\gamma_2\delta_1$   
*saṃyamair*  $\eta_2$  **127d** *saralā* *cett.*] *na calā*  $\delta_1$  *sabalā*  $\epsilon_3$  *śavalā*  $\epsilon_2$

<sup>39</sup> Verse order of  $\chi$ : 3.127 → 3.128 → 3.125 → 3.126 → 3.124

उपासने विनिद्राणां राजयोगः समुद्रकः ।<sup>#</sup>

रुद्राणी सा परा मुद्रा भद्रां सिद्धिं प्रयच्छति ॥ (om.  $\epsilon_2$ )

3.128

उपदेशं हि मुद्राणां यो धत्ते सांप्रदायिकम् ।

स एवास्तु गुरुः स्वामी साक्षादीश्वर एव सः ॥ (om.  $\alpha_1$ )

3.129

तस्य वाक्यपरो भूत्वा योऽभ्यस्यति समाहितः ।

अणिमादिगुणैश्वर्यं जायते कालवञ्चनम् ॥ (om.  $\alpha_1\eta_1$ )

3.130

इति स्वात्मारामयोगीन्द्रविरचितायां हठप्रदीपिकायां तृतीयोपदेशः ॥ ३ ॥

**128a upāsane**  $\alpha_1$ ] upāsanaṃ  $\Gamma$  upāsana  $\delta_1\delta_3$  tathāsana  $\delta_2$  abhyāse..  $\eta_1$  abhyāseṣu  $\beta_2\beta_\omega\epsilon_3$  abhyāseṇa  $\eta_2$  abhyāse tu  $\chi$  **vinidrāṇām** cett.] hi mudrāṇām  $\eta_2$  **128b rājayogaḥ**  $\Gamma\Delta$ ] rā-jayoga  $\alpha_1\alpha_2\alpha_3$  anuddhṛta  $\eta_1$  anuddhata  $\epsilon_3$  anudbhūta  $\beta_2$  anudruta  $\beta_1$  manudṛta  $\beta_\omega$  mano dhṛtvā  $\chi$  tad udeti  $\eta_2$  **samudrakaḥ**  $\gamma_2$ ] samudravat  $\alpha_1\alpha_3$  samudbhavān  $\alpha_2$  samūcakaḥ  $\gamma_1$  samāh-nakaḥ  $\delta_1$  samahnakaḥ  $\delta_3$  samāhakaḥ  $\delta_2$  samādhinām  $\beta_2\epsilon_3\eta_1$  samādhinā  $\eta_2\chi$  samādhiṣu  $\beta_1\beta_\omega$  **128c rudrāṇi**  $\alpha_1\beta_2\beta_\omega\Gamma\Delta\epsilon_3\chi$ ] mudrāṇām  $\eta_1\eta_2$  **sā**  $\Gamma\Delta$ ] cā  $\alpha_1\beta_2\beta_\omega\epsilon_3\eta_1\eta_2$  vā  $\chi$  **128d bhadraṃ** cett.] bhavām  $\gamma_1$  sadā  $\alpha_1$  **prayacchati** cett.] prayakṣati  $\delta_1$  **129a upadeśam** cett.] upadeśe  $\eta_1$  upadeśo  $\epsilon_2$  **129b dhatte**  $\beta_2\beta_\omega\gamma_2\Delta\epsilon_2\eta_2$ ] datte  $\epsilon_3\chi$  darte  $\gamma_1$  ..[tte]  $\eta_1$  **sāṃpradāyikam**  $\beta_1\beta_\omega\Delta\eta_1\eta_2\chi$ ] \*yikām  $\epsilon_3$  \*yikaḥ  $\Gamma$  \*yakaṃ  $\epsilon_2$  sāṃpradāyakaḥ  $\beta_2$  **129c evāstu**  $\beta_1\gamma_2\Delta\epsilon_2\eta_1$ ] evastu  $\beta_\omega$  eva śrī  $\epsilon_3\eta_2\chi$  evavāca  $\gamma_1$  vāstava  $\beta_2$  **129d eva** cett.] eṣa  $\epsilon_2$  saḥ cett.] ca  $\gamma_1$  **130a bhūtvā**  $\Gamma\Delta\epsilon_3\chi$ ] nityam  $\beta_2\beta_\omega\epsilon_2\eta_2$  **130b yo'bhyasyati**  $\Delta\epsilon_3$ ] yo bhyasati  $\beta_2$  yo bhyaset su\*  $\gamma_1$  yo bhyaseta  $\gamma_2$  yo bhyasena  $\epsilon_2$  yomabhyaset  $\beta_\omega$  athābhyāsa  $\eta_2$  mudrābhyāse  $\chi$  **130c guṇaiś-varyam** cett.] guṇaiḥ sārḍham  $\epsilon_3\chi$  **130d jāyate** cett.] labhate  $\eta_2\chi$  **vañcanam**  $\Delta\chi$ ] vañcanāt  $\Gamma$  vañcakaḥ  $\beta_2\beta_\omega\epsilon_2\epsilon_3\eta_2$  **col** iti svātmārāma  $\gamma_1\eta_1$ ] iti śrīsvātmārāma  $\beta_\omega$  ti śrīsadgu-rusvātmārāma  $\alpha_1$  ity ātmārāma  $\eta_2$  iti śrīśahajānaṃdasamptānaciptāmaṇisvātmārāma (cīptāmaṇinā  $\epsilon_3$ )  $\gamma_2\epsilon_2\epsilon_3$  iti  $\beta_2\Delta$  **yogindra**  $\beta_\omega\Gamma\eta_2$ ] yogemdra  $\alpha_1$  yoginā  $\epsilon_2\epsilon_3\eta_1$  om.  $\beta_2\Delta$  **viracitāyām**  $\alpha_1\beta_\omega\Gamma\epsilon_2\epsilon_3\eta_1\eta_2$ ] om.  $\beta_2\Delta$  **haṭhāpradīpikāyām**  $\alpha_1\beta_\omega\gamma_2\delta_3\epsilon_2\epsilon_3\eta_1\eta_2$ ] śrīhaṭhāpradīpikāyām  $\beta_2\delta_2$  haṭhāyogavidyāyām  $\delta_1$  om.  $\gamma_1$  **ante tṛtīyo\*** add. mudrāvidhānam  $\epsilon_3$  **tṛtīyopadeśaḥ**  $\alpha_1\beta_2\beta_\omega\gamma_2\epsilon_2\epsilon_3$ ] tṛtīya upadeśaḥ  $\delta_1$  tṛtīyoyam upadeśaḥ  $\delta_2\delta_3$  tṛtīyo dhyāyaḥ  $\eta_1\eta_2$  caturthopadeśa  $\gamma_1$  (cf. fn. <sup>34</sup>)



**List of Sigla**

$\alpha_1$	N3	Gr1	one folio is missing (3.87–3.113a)
$\alpha_2$	J5	Gr1	consulted sporadically
$\alpha_3$	G4	Gr1	consulted sporadically
$\alpha_2 \alpha_3$		Gr1	reconstruction of Gr1 from $\alpha_2$ and $\alpha_3$ where $\alpha_1$ is missing
$\beta_1$	P11	Gr4b	consulted only when the reading of $\beta_2$ is unusual from the stemmatic point of view
$\beta_2$	C6	Gr4b	contaminated with Gr3?
$\beta_\omega$	V3	Gr6b	
$\gamma_1$	N23	Gr2	
$\gamma_2$	J7	Gr2	
$\delta_1$	V19	Gr3	
$\delta_2$	K3	Gr3	the Vajroli section is lost
$\delta_3$	C7	Gr3	one folio is missing (3.11d–3.19c)
$\delta_\omega$	J6	Gr6a	collated only for 3.32*1–33*19
$\varepsilon_1$	P15	Gr4c	lost after 3.13a
$\varepsilon_2$	N19	Gr4c	
$\varepsilon_3$	V15	Gr4c	3.49c–3.67 omitted; contaminated with Gr3?
$\varepsilon_4$	J11	Gr4c	collated only for 3.49–66 as substitute for $\varepsilon_3$
$\varepsilon_\omega$	N26	Gr6c	collated only for 3.32*1–33*19
$\eta_1$	V1	Gr4d	
$\eta_2$	J10	Gr4d	
$\eta_\omega$	N9	Gr6d	collated only for 3.32*1–33*19
$\chi$	Jy0	Gr4a	Brahmānanda's version, based on the edition 1972