

# Introducing



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Supported by an educational grant from Gilead Sciences, Inc



# Tyrik Jackson Founder, Premier Barber Institute



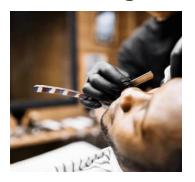
# Barbers are Trusted and Important Partners

- Barbers are trusted by the community for all sorts of information, including health care.
- Many people do not trust their health care providers and do not believe what they are told about disease, prevention, and treatment.



# Occupational Exposure to HIV

#### **Shaving**



Cuts
Open wounds
Universal precautions

#### **Folliculitis**



Infection of follicle
Tools and implements
Universal precautions

### **Scalp Micropigmentation**



Sharp needles, tools, and implements
Breaking the skin
Contaminated needles
Universal precautions

**Excessive precautions can be stigmatizing!** 



Dovie Watson, MD, MSCE, AAHIVS **Infectious Diseases** 

**Penn Medicine** 



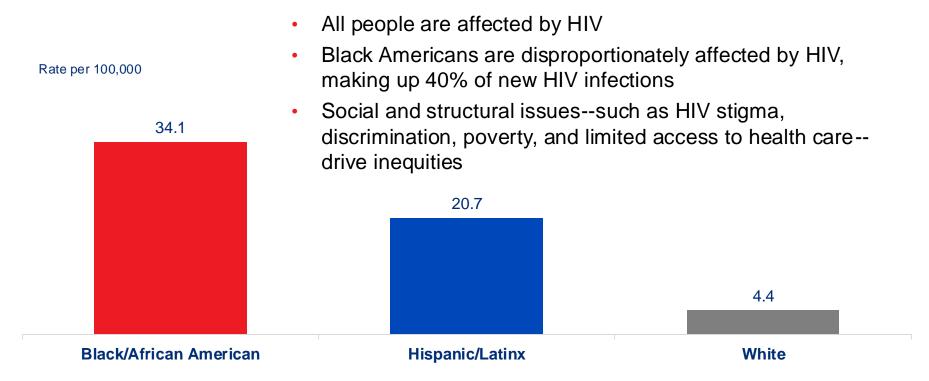
# HIV in the United States (2022)

- 1.2 million people in the US are living with HIV
  - HIV affects people of all races, ethnicities, ages, genders, and sexual orientations
  - More than one-third (435,000) of people living with HIV in the US are Black/African American
  - About 25% are White and 22% are Hispanic
  - 13% in US overall are unaware of their diagnosis
- ~38,000 cases new cases annually





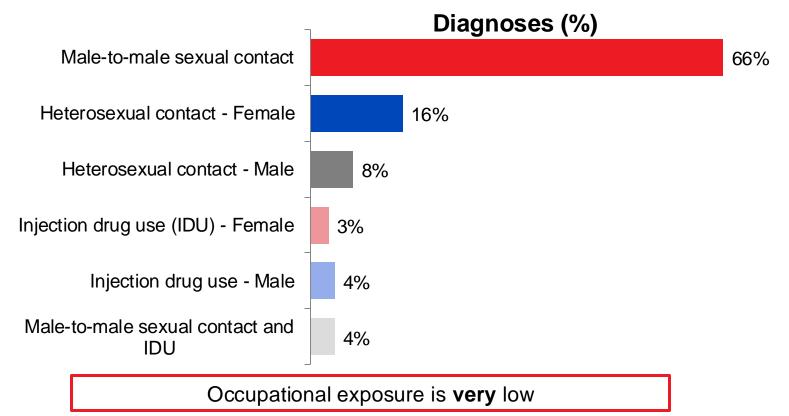
# HIV Affects Some Groups of People More Than Others



https://www.cdc.gov/hiv/library/reports/hiv-surveillance/vol-32/content/figures.html



# How People Get HIV in US (2022)



https://www.cdc.gov/hiv/library/reports/hiv-surveillance/vol-32/content/figures.html



### Low Risk of HIV

**Splashes with body fluids** 



Near zero, even if the fluids have blood in them

Fluid splashes to intact skin or mucous membranes



Extremely low risk, even if blood is involved.

Percutaneous (needle-stick injury)



Less than 1%.

https://www.cdc.gov/hiv/workplace/healthcareworkers.html



# Preventing HIV

Testing for HIV is recommended for everybody; it is simple and takes minutes

- HIV can be prevented with PrEP (pre-exposure prophylaxis)
- One pill every day or injections every 2 months
- 99% effective at reducing HIV transmission via sex
- Does not prevent other STIs



# **Treating HIV**

Testing for HIV is recommended for everybody; it is simple and takes minutes

- HIV medications are now very effective and easy to take
  - One pill every day for most people or injections every two months
- People living with HIV who take their medication consistently can live nearly as long as people without HIV
- Treatment can also prevent transmission of HIV



## **Current Medications for PrEP**

#### Truvada

TDF/emtricitabine

- For all sexually active people
- Used to prevent HIV from injection drug use
- Generic available



#### **Descovy**

TAF/emtricitabine

- Fewer side effects
- Approved to prevent HIV from sex\*
- Smaller pill size



#### Apretude

Cabotegravir long-acting

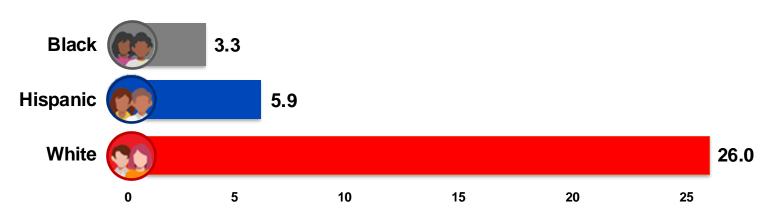
- For all sexually active people
- Injection every 2 months





# Who is Using PrEP by Race

#### PrEP-to-Need Ratio (PnR) by Race/Ethnicity (2021)



The PrEP-to-Need Ratio (PnR) is the number of PrEP users divided by the number of new diagnoses in a given year. PnR serves as a measurement of how PrEP use compares to the need for PrEP in a population.



## Barriers to Health Equity

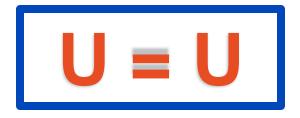
PrEP/HIV stigma
Racism
Homophobia
Poverty

- Higher rates of STIs
- Lower access to health care
- Smaller sexual networks
- Lack of knowledge of status
- Mistrust of the health care system
- Trauma (eg, childhood sexual abuse)
- Lack of health care provider knowledge

https://www.cdc.gov/hiv/group/racialethnic/africanamericans/index.html; https://www.kff.org/hivaids/factsheet/black-americans-and-hivaids-the-basics/#footnote-448622-7; Mustanski et al. JAIDS. 2019;80:24-30.



# How to Stop HIV





# **Tyrik Jackson**



## Barbers...Let's Start the Change!

- Barbers are a staple in the Black community.
- The barbershop is a safe space to discuss many topics including current and cultural events, relationships, sex, and health care.
- Barbers have spread the message about diabetes and high blood pressure:
  - Barbers helped clients reduce their blood pressure by measuring blood pressure and promoting follow-up
  - Barbers helped identify people with undiagnosed diabetes





## How to Talk with Your Clients



- The Club
- "Promiscuity"
- Types of services

https://www.newblackmaninexile.net/2012/07/tongues-untied-on-barbershop.html



## How You Can Help and What You Get Back

#### You'll get:

- Publicity on social media and possibly local media outlets for the screening event at your shop
- Education for you, your staff, and your customers in your barbershop
- A list of health care providers in your neighborhood who are committed to the Black community; these providers can screen for HIV and prescribe PrEP to prevent HIV

#### Your client gets:

- A \$25 gift card if they get tested
- Linkage to care and prevention



Sign up to join us!





215-769-3561



## Hunger Relief

Prevention and Education

Wellness Clinic & TeleHealth

Mon-Wed, Fri 9 a.m. - 4 p.m.

## **Confidential Testing**

HIV & STIs | Hepatitis C | Pregnancy

Late Nite Testing Thu 9 a.m. - 7 p.m.

## HIV Medical Case Management

## Housing



## Helping People Get PrEP

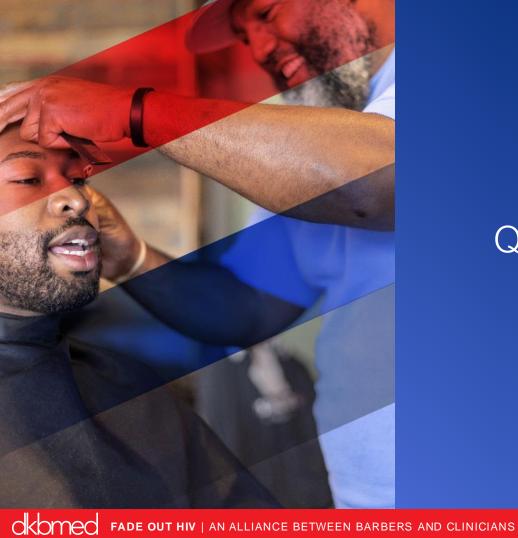
- Most insurance plans and state Medicaid programs cover PrEP; prior authorization may be required
- Co-pay assistance: income is not a factor in eligibility
  - https://www.gileadadvancingaccess.com/
  - https://www.viivconnect.com/patient/get-savings-information/
- https://phillykeeponloving.com/teleprep/



#### Want to host an event?

- Scan the QR code and complete the form
- For questions or for more information, email Tabitha Washington at <a href="mailto:twashington@dkbmed.com">twashington@dkbmed.com</a> or go to <a href="mailto:Barbers.dkbmed.com">Barbers.dkbmed.com</a>





Questions?