



## KEY AREAS OF FOCUS:

- **MEMBERSHIP DRIVE**
- **REGULAR MONTHLY ACADEMIC ACTIVITIES**
- **STARTING SPECIALITY COURSES**
- **SUBMITTING MONTHLY ACTIVITY REPORT**

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VOLUME I ISSUE 4

MAY 2023

# Editorial



April saw a spurt in the activities of IMA in general and IMA AMS in particular.

We participated in the Finance Standing Committee Meeting at New Delhi and had a very meaningful insight into the finances of our organization, the challenges and the plans to address them. Appreciate the wonderful work of our Honorary Finance Secretary **Dr. Shitij Bali**.

This was followed by the grand celebrations of the World Health Day – IMA Samarpan Diwas led by our beloved National President **Dr. Sharad Kumar Agarwal** at the IMA AMS HQs and held all across the country in an unprecedented manner. The Walkathon from Maulana Azad Medical College to IMA HQs saw our members enthusiastically

participating in the event and thereafter rededicating themselves *For the Health of the Nation* by lighting a lamp at 7pm on 7th April all across the country.

The inauguration of Chandigarh IMA AMS Chapter was indeed a proud moment for all of us and the entire organizing team of the North Zonal IMA AMS Conference deserves accolades for the wonderful program and warm hospitality. Our very first governing council meeting at Chandigarh saw deliberations and resolutions on very pertinent and important issues and we are grateful to all the members for their active participation and suggestions.

At the CWC meeting at Statue of Unity, Gujarat we witnessed the grandeur, warmth, exceptional organization, hardwork and hospitality and salute our

visionary leader **Dr. Ketan Desai** for an exceptional and unforgettable meeting. We sincerely thank our Honorary Secretary General **Dr. Anil Kumar J Nayak** for his pivotal role and untiring efforts in the grand success of the CWC meeting and displaying what unity can achieve.

We continue to learn from our dynamic Chairman **Dr. Pankaj Mutneja** and are grateful to him for inspiring us to do more. Sincere thanks to all the Office bearers of IMA HQs and IMA AMS for their support and encouragement. Truly appreciate the State Chapters for their dedication and excellent academic programs. Finally, a special thanks to our readers for their participation in the quiz and invaluable feedback.

Long live IMA!  
**Dr. Srirang Abkari**  
**Hony. Secretary, IMA AMS**

## Message: Dr. Shitij Bali, Hony. Finance Secretary, IMA HQs



I am extremely happy to pen down a few lines for the news letter of AMS through which its members are regu-

larly updated about its activities and also gain knowledge about newer developments in field of specialty medicine.

AMS is the only body representing the interests and information about all specialty and super specialities without any distinc-

tions at very nominal membership fees.

Membership strength via its numbers is the backbone of any organization and the scope to scale it up is tremendous in AMS.

There should be active participation of all its branches not only in conducting regular meetings, CMEs but also increasing its membership at all levels.

Finance automatically flows into the kitty of all branches and IMA HQs

by such activities.

I wish all the best to AMS team and I am confident that it would do excellent work under the dynamic team of Dr Pankaj Mutneja, Chairman AMS and Dr Srirang Abkari, Secretary AMS. I also congratulated the Editorial team for taking out this important news letter.

Long live IMA !

**Dr. Shitij Bali,**  
**Hony. Finance Secretary,**  
**IMA Hqs**





**OUR DYNAMIC  
TEAM IMA AMS**



***"Develop a passion  
for learning.***

***If you do, you will  
never cease to  
grow."***

- Anthony J. D'Angelo

## Chairman Speaks



In pursuance of responsibility to spread academic knowledge for our IMA members from the IMA AMS platform, it is my proud privilege to launch the next Newsletter.

We have been making every effort to re-energize our dormant chapters personally visiting them.

Fortunately the results have started coming with not only increased academic webinars but also increase in membership. I hope you all will be benefitted by this Newsletter.

I shall again request all the members to help in promoting the activities and also making new members.

Thanks

**Dr. Pankaj Mutneja,  
Chairman, IMA AMS Hqs**

## IMA AMS HQs ACTIVITIES

**6th April 2023:** Dr. Srirang Abkari, Hon. Secretary IMA AMS Hqrs attended **Finance Standing Committee meeting** at Delhi. Bank Statements of IMA AMS Accounts and Provisional Balance Sheet for the month of 1st Oct 2022 to 31st March 2023 submitted to IMA Hqrs.

**7th April 2023:** Dr. Srirang Abkari participated in **IMA SAMARPAN DIVAS**- Walkathon from Maulana Azad Medical College to IMA House, New Delhi. Dr. Pankaj Mutneja, Chairman, Dr. Rajeev Goel, Jt Secretary, participated in the IMA program at India Habitat Center on WHO Day.

**9th April 2023:** National IMA AMS **North Zonal Conference** was held at Chandigarh, Dr. Pankaj Mutneja, Chairman AMS, Dr. Rajan Sharma, Past National President IMA, Dr. Nomeeta Shiv Gupta, Chairman Elect, AMS, Dr. Srirang Abkari, Secretary AMS , Dr. Ramneek Sharma, President IMA Chandigarh, Dr. Vivek Malhotra, Secretary IMA Chandigarh, Dr. Rajeev Goel, Jt. Secretary AMS, Dr. Rajiv Ranjan Prasad, Executive Editor AMS, Dr. R S Bedi, Patron & Dr. Har Vinod Jindal, Chairman AMS Chandigarh were present. It was hosted by IMA & IMA AMS Chandigarh. **IMA AMS Chandigarh Chapter was inaugurated.**



# IMA AMS HQs ACTIVITIES

**9th April 2023: 38th Governing Council Meeting of IMA AMS** held at Chandigarh. Dr. Sharad Kumar Agarwal, National President, IMA Hqrs, Dr. R. V. Asokan, National President Elect, IMA Hqrs, Dr. Shitij Bali, Hon. Finance Secretary IMA Hqrs attended on virtual platform. The meeting was presided over by Dr. Pankaj Mutneja National Chairman IMA AMS and participants included Dr. Nomeeta Shiv Gupta, Chairman Elect IMA AMS Hqrs, Dr. Srirang Abkari, Secretary IMA AMS Hqrs, Dr. Rajeev Goel, Joint Secretary, IMA AMS Hqrs, Dr. Rajiv Ranjan Prasad, Ex-

ecutive Editor, (Annals) IMA AMS Hqrs. Important resolutions were passed and were sent to National IMA Hqrs.

**15th & 16th April 2023:** Dr. Pankaj Mutneja, Chairman IMA AMS Hqrs & Dr. Srirang Abkari, Hon. Secretary IMA AMS Hqrs, Dr. Shekhar Reddy Joint Secretary, IMA AMS Hqrs attended **Central Working Committee meeting** held at Statue of Unity, Gujarat. Activity Report of IMA AMS Hqrs was submitted to IMA Hqrs for CWC Meeting and a Power-Point presentation was given.



## STATE BRANCH ACTIVITIES - IMA AMS

### UTTAR PRADESH IMA AMS:

**7th April 2023:** Program on occasion of WHO day – **IMA Samarpan Diwas**, Dr. Mandeep Singh

**16th April 2023:** MEDICON 2023 conference.

### UTTARAKHAND IMA AMS:

**30th April 2023:** Allergic Diseases - Diagnosis and treatment, Round table discussion.

### Karnataka IMA AMS:

**13th April 2023:** CME on Health For all – What Does it mean? Is it Realistic Goal? By Dr. Annaraao Kulkarni

### Orissa IMA AMS:

**8th April 2023:** CME on When to do CT scan brain and spine imaging in routine patients and how to read basics, When to do MRI brain and Spine in routine patients and how to read basics, Golden hours in trauma management by Dr. Pradipta Tripathy, Dr. Ritesh Bhoot, Dr. Akshya Rout.



### MAHARASHTRA IMA AMS



### Telangana IMA AMS:

**7th April 2023:** CME on “**World Health Day**” - Role of Laparoscopic Surgery in Hernia, Laparoscopic Hernia Solutions, Loss of Domain and Management in Huge Hernias, Parastomal Hernias and Management by Dr. P. Balamba, Dr. Chinmayee Ratha, Dr. Karra Sahithi Reddy and Panel Discussion by Dr. Rajeswari & Dr. Chinmayee Ratha.

**18th April 2023:** Webinar on “Menopause and Its Consequences”, Sarcopenia, Fall Prevention, Genito

Urinary Syndrome in Menopausal Women, Bone Health by Prof. Ambuja Choranur, Dr. E. Prabhavathi and Dr. Sandhya Dixit .

**27th April 2023:** Webinar on “Irritable Bowel Syndrome (IBS) from Basics of Pathogenesis to Current Management” - Symptoms signs & Pathophysiology, Diagnosis and Management, The Relationship between IBS and psychiatric disorders: from molecular changes to clinical manifestations. Dr. A. Keerthi Reddy, Dr. Neeraj Singla, Dr. Phanikanth.



**Dr. Shivakant Misra, Dr. Mandeep Singh & team IMA AMS Uttar Pradesh for the highest new AMS Membership of 50 members in April 2023.**

# STATE BRANCH ACTIVITIES

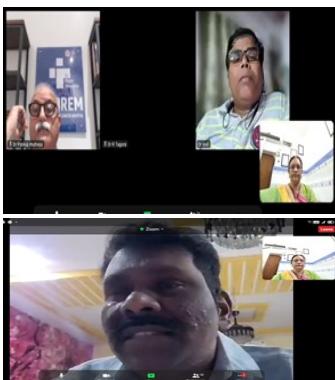
## TAMIL NADU IMA AMS



## UTTAR PRADESH IMA AMS



## TELANGANA IMA AMS



### Andhra Pradesh IMA AMS :

**7<sup>th</sup> April 2023:** CME on World Health Day on Physician's Perspective, Pediatrician Perceptive, Gynacologist Perspective, Reorganizing Goals and Roles to Achieve Health for all, in a global perspective Dr Gowtam Valapala, Dr. Vinod Kumar Kurmana, Dr. Daneti Sridhar, Dr. Padmasree,

### Kerala IMA AMS:

**7<sup>th</sup> April 2023:** Cyclothon on World Health Day by IMA AMS Trivandrum Chapter.

**12<sup>th</sup> April 2023:** IMA AMS Trivandrum Chapter, conducted AMS CLINICAL CLUB -Dr. Ajoy Samuel Mammen, 2 cases discussed.

**28<sup>th</sup> April 2023:** CME by IMA AMS Trivandrum Chapter, Kerala on "Pediatric OSA & Allergic Rhinitis- The Link" by Dr. Soumya.

**30th April 2023:** IMA AMS Tri-

vandrum Chapter, Kerala conducted a Journal Club - Dr. Padmanabhan, and Dr Anju Kanmani were coordinators.

### Tamil Nadu IMA AMS:

**7<sup>th</sup> April 2023:** On World Health HEALTH Day released a small video clipping and circulated.

**8<sup>th</sup> April 2023:** CME on "Endoima-I & Endoima-2 Concluding Session" a Basic and Advance Endoscopy 6 month training program. Lectures by Dr Arun Selvan on Upper GI bleed management & Dr. Piyush Patwa on Collaborative endoscopic & laparoscopic surgery.

**15th April 2023:** WORKSHOP LAPIMA Dr. Eswaramoorthy - Basics in Laparoscopic Surgery – ergonomics, Instrumentation and OT Set up to basic Laparoscopy, Dr. Piyush Patwa -Basic Laparoscopy Procedures Appendectomy, Cholecystectomy; Dig Laparoscopy.

**RAIMA** - Regional Anaesthesia workshop with basics of USG and its physics by Dr. Senthil Kumar, Basics of periph-

-al nerve stimulation by Dr. Vinothkumar. Live demonstration by Dr. Madhanmohan and Dr. Vinothkumar.

**18th April 2023:** **World Parkinson's Day** CME on MRI guided focused ultrasound for treatment of Parkinson's disease, tremors and Dystonia. Speakers: Dr. K. Madeswaran, Dr. Vijyan, Dr. K. Arul Selvan, Dr. K. Raguraja Prakash & Dr. N. Senthil Kumar.

**22nd April 2023:** Coimbatore Branch **World Autism Day** CME by Dr. T. C. Ramakrishnan - All about Autism. Dr. Malligai Selvaraj- Parent Implemented Intervention.

**25th April 2023:** Madurai Branch, CME on Dapalifozin and Diabetes: pros and cons by Dr. R. M. Manikandan.

**28th April 2023:** CME on Skin Disorders In Summer- Dr. Pradheepa, An Approach To Hair Loss - Dr. S. Bharathi

**30th April 2023:** Critical Care Workshop - 4th Month.

**THREE CHEERS TO  
IMA AMS  
TAMIL NADU  
CHAPTER  
FOR MAXIMUM  
ACADEMIC  
PROGRAMS !!!**

# STATE BRANCH ACTIVITIES

## KERALA IMA AMS



## ORISSA IMA AMS

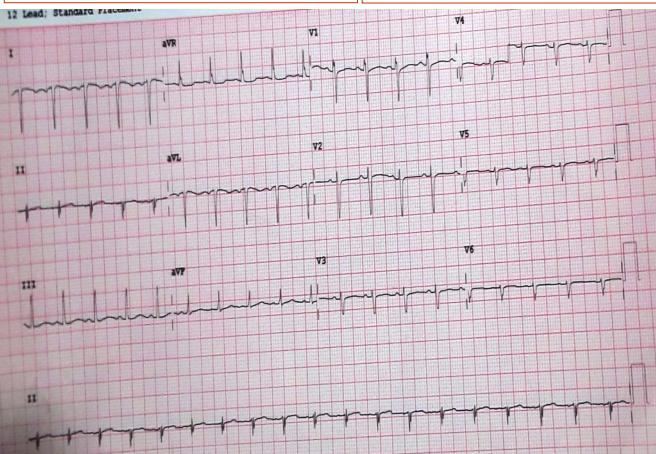


## IMA AMS CHANDIGARH INAUGURATION & NORTH ZONE AMS CONFERENCE

The IMA-AMS North Zone Conference was held on 9th April, 2023 at the IMA Complex Chandigarh. The conference was organised by IMA, Chandigarh State Chapter. It was attended by Dr Rajan Sharma, Past National President, IMA Hqrs and the following IMA-AMS Hqrs Governing Council members: Dr Pankaj Mutneja, Chairman, Dr Srirang Abkari, Hon Secy, Dr Nomeeta Shiv Gupta, Chairman Elect, Dr Rajeev Goel, Hon Jt Scey, Dr Rajiv Ranjan Parsad, Exec Editor (Annals). The conference started with the lighting of lamp, followed by the IMA prayer & Flag Salutation. Dr (Mrs) Ramneek Sharma, President IMA Chandigarh welcomed the attending delegates and declared the conference open. The scientific session

was introduced by Dr Neeraj Kumar, Chairman Scientific Committee. It was followed by an academic feast of talks on *Updates on vaccination, antibiotics for common infections in OPD practices, Topical steroid abuse in common skin conditions, deteriorating patient doctor relationship- etiology and treatment* by the respective doyens of the specialities. Then the **inauguration of the Chandigarh State Chapter of the IMA-AMS** was done. Dr (Mrs) Ramneek Sharma welcomed all and some of the important activities and achievements of IMA Chandigarh. This was followed by addresses by Dr. Pankaj Mutneja & Dr Srirang Abkari. Dr R S Bedi, Patron of the organizing committee, apprised the audience of the various activities being undertaken by the IMA

Chandigarh. This was followed by the introduction of the Chandigarh Chapter of IMA-AMS by Dr H V Jindal, Chairman IMA-AMS Chandigarh. The inaugural function concluded with a vote of thanks by Dr. Gurvinder Singh, President elect, IMA Chandigarh.



## IMAGE CHALLENGE

### What is the diagnosis?

- ◆ Email your answer to [imaamshyd@gmail.com](mailto:imaamshyd@gmail.com)
- ◆ Correct answer & winners will be announced in the next issue.
- ◆ Answer for previous IMAGE CHALLENGE - "**MICROFILARIA**"
- ◆ **Winners:** Dr. Rajendra Kumar Yadav, Dr. Anwar, Dr. B. Prabhakar, Dr. Prashant K Gupta, Dr. SM Kadri, Dr. Vasantha Kumari, Dr. Nakshatra Agarwal. **Congrats!!!**

## TARIFF FOR ADVERTISEMENT IN NEWSLETTER

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# IMA AMS

## Head Quarters

Hyderabad

(Under the auspices of Indian Medical Association)



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Website: <https://ima-ams.org>

*“ Tell me and I forget, teach me and I may remember, involve me and I learn.”*

- Benjamin Franklin

## IMA AMS MEMBERSHIP

(As on 31.5.23)

- ◆ 20 State Chapters
- ◆ 198 Branch Chapters
- ◆ 17025 Life Members
- ◆ 2582 Fellows

UPGRADE YOUR SKILLS

JOIN AN  
IMA AMS  
COURSE  
TODAY !

## INDIAN MEDICAL ASSOCIATION

“One for All - All for One”.... a cohesive, collective, enhance, communicative approach to break all sectorial walls and bring all clinicians at one platform to help in building a Healthy Nation



## IMA PRIME TALK

- ◆ Request all to join for IMA PRIME TALK by our beloved National President, Dr. Sharad Kumar Agarwal.
- ◆ Date: June 7, 2023 Wednesday, at 08:30 PM on ZOOM platform.
- ◆ Meeting ID: 879 0323 5439 Passcode: primetalk
- ◆ Follow IMA on Facebook, Twitter, Instagram. Subscribe IMA YouTube Channel. Let us create 2 million followers on our social media platforms and strengthen IMA.

## IMA THEME 2023

“ONE FOR ALL – ALL FOR ONE” .... a cohesive, collective, enhance, communicative approach to break all sectorial walls and bring all clinicians at one platform to help in building a Healthy Nation.

RELAUNCH OF IMA DREAM PROJECT SOON

**Aao Gaon Chalen**  
Mega Inaugural Camp  
25th JUNE 2023, Sunday  
Gujarat  
Let's give health to every Indian  
All branches are requested to adopt one village  
Certificate and Dr. Ketan Desai - Aao Gaon Chalen Award to the President & Secretary of the Local Branch.

**BLOOD DONATION WEEK**  
1<sup>st</sup> - 7<sup>th</sup> July, 2023  
on  
**DOCTORS' DAY**

IMA is promoting Blood Donation Camps by all State and Territorial branches

**Dr. Sharad Kr. Agarwal**  
National President  
Indian Medical Association

**Dr. Ketan Desai**  
Chief Patron  
Post President, WMA, IMA, MCI

**Dr. A. R. Singh**  
Chairman, IMA Standing Committee for Blood Donation

**Dr. Naresh Chowla**  
Chairman, IMA Standing Committee for Blood Donation

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“ONE FOR ALL - ALL FOR ONE”.... a COHESIVE, COLLECTIVE, ENHANCE, COMMUNICATIVE APPROACH TO BREAK ALL SECTORIAL WALLS AND BRING ALL CLINICIANS AT ONE PLATFORM TO HELP IN BUILDING A HEALTHY NATION

**WORLD NO TOBACCO DAY- 2023**

**Grow Food Not Tobacco**

Tobacco crops lead to less food on tables

**World Health Organization**

SLOGAN FOR MEMBERSHIP DRIVE - IMA AMS

**“EACH ONE BRING ONE”**