

1. **Movies or Dramas Recently Watched**

Impressions on recommended movies, dramas, or trending works.

2. **Favorite Season and the Reasons**

How to enjoy each season and seasonal events.

3. **Weekend Activities**

Recent weekend activities and upcoming plans.

4. **Travel Destinations You'd Like to Visit**

Domestic or international destinations you'd like to visit and the reasons why.

5. **Recent Technological Advancements**

New features of smartphones or useful apps.

6. **Favorite Food and Culinary Trends**

Popular food trends or recommended restaurants in Tsukuba.

7. **Favorite Music or Recently Listened Songs**

Discussions about favorite music or artists you've been listening to recently.

8. **Recommended Books or Manga**

Interesting books you've read recently or books you'd like to read.

9. **Sports and Fitness**

Recent sports topics or methods to maintain health.

10. **Recent News or Trends**

Lighthearted news or popular trends.