

# Dashboard Glossary

## Alcohol Brief Interventions

Scotland 2018/19

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Alcohol Brief Intervention	Alcohol Brief Intervention (ABI): National guidance describes an ABI as a short, evidence-based, structured conversation about alcohol consumption with a patient/client that seeks in a non-confrontational way to motivate and support the individual to think about and/or plan a change in their drinking behaviour in order to reduce their consumption and/or their risk of harm.
ABI Screening	A structured conversation focused on obtaining an accurate picture of the client's alcohol consumption to assess whether they are suitable for an ABI, whether they should be signposted to another service, or if no action is required. Screening tools appropriate to specific settings provide an objective and validated way of assessing whether a client is a hazardous, harmful or a dependent drinker. Screening is an important part of delivering ABIs and this alone may help the client recognise that they have a problem and start the process of thinking about change, or provide the motivation to change.
HEAT target/standard	HEAT targets and standards are set by the Scottish Government to measure NHSScotland's performance towards delivery of the Scottish Government's Purpose and National Outcomes; and NHSScotland's Quality Ambitions. The HEAT targets are grouped into 4 priorities: (1) <b>H</b> ealth Improvement for the people of Scotland; (2) <b>E</b> fficiency and Governance Improvements; (3) <b>A</b> ccess to Services; and (4) <b>T</b> reatment Appropriate to Individuals. See the <a href="#">Scotland Performs website</a> .
LDP Standard	For 2018/19 ABI delivery was formally linked to the NHS Scotland Local Delivery Plan (LDP) as an LDP standard. The LDP Standards replaced the system of HEAT targets and Standards with the vast majority of LDP Standards being former HEAT targets. See the <a href="#">Scotland Performs website</a> .
Primary care ABI interventions	Interventions delivered by doctors and nurses in the general practice setting. Interventions associated with health promotion checks (such as Keep Well) conducted out with the practice, but delivered by doctors and nurses in line with the guidance, can be considered as part of the standard.

A&E ABI interventions	Interventions delivered by doctors and nurses as part of a patient's care initiated in an attendance at Accident & emergency (A&E), minor injury unit/department and community-based minor injury clinic. The intervention can be delivered in the A&E department, minor injury unit/department or community-based minor injury clinic as part of the clinical consultation. It may also be delivered during follow on care from an A&E or minor injury attendance in the acute setting, such as an outpatient fracture clinic or in a hospital ward following an admission from A&E.
Antenatal ABI interventions	Antenatal care delivered by midwives or obstetricians in a primary care, community or hospital based setting. It is anticipated that the intervention will be delivered as part of the booking appointment. Only interventions delivered based on in-pregnancy alcohol consumption should be considered as part of the standard.