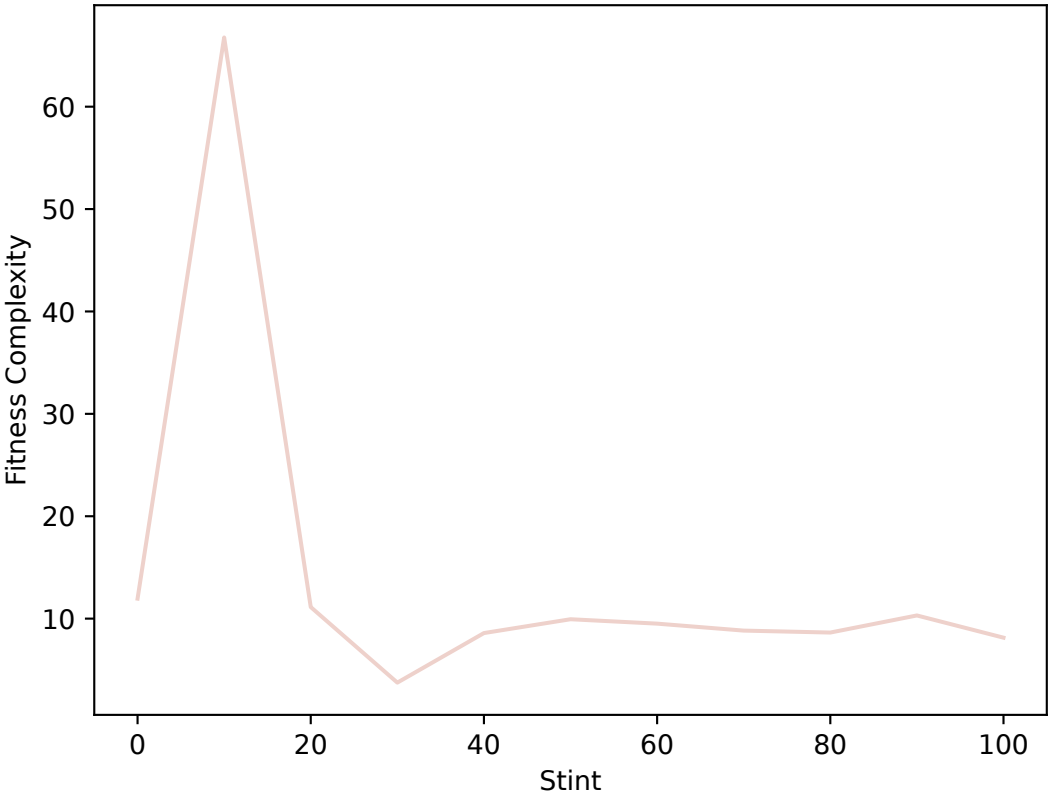
Fitness Complexity
60
50
40
30
20
10
0
20
40
60
80
100
Stint