$$Show \left[\left\{\begin{array}{c} 1.0\\ 0.5\\ -0.3 - 0.2 - 0.1 \end{array}\right., \begin{array}{c} 1.0\\ 0.5\\ -1.0 \end{array}\right], \begin{array}{c} 1.0\\ 0.5\\ -1.0 \end{array}, \\ ListPlot[\$Aborted, PlotRange \rightarrow All, Joined \rightarrow True, \\ PlotStyle \rightarrow Directive[Thickness[Large], Opacity[0.5]], PerformanceGoal \rightarrow Speed]\right\}, \\ PlotRange \rightarrow \left\{\left\{-0.3, 0.25\right\}, \left\{0, 40\right\}\right\}, Frame \rightarrow \left\{True, False, False, False\right\}, \end{array}$$

LabelStyle → Directive[12, FontFamily → Helvetica], FrameTicksStyle → {FontColor → GrayLevel[1], Automatic, Automatic, Automatic},

Epilog $\rightarrow \left\{ \text{Text} \left[m_0 = -0.2, \text{Scaled} \left[\left\{ \frac{7}{8}, \frac{3}{4} \right\} \right] \right], \text{Text} \left[\mathbf{B}, \text{Scaled} \left[\left\{ 0.05, 0.95 \right\} \right] \right] \right\} \right]$