**Table S2.** Mean fitnesses and zygotic sex ratio in the resident population (M fixed, XY sex determination)

Sex & life cycle stage	Mean fitness
female gametes $(\bar{w}_H^{\varphi})$	$p_X^{\varphi} w_A^{\varphi} + (1 - p_X^{\varphi}) w_a^{\varphi}$
X-bearing male gametes $(\bar{w}_{HX}^{\delta})$	$p_X^{\delta} w_A^{\delta} + (1 - p_X^{\delta}) w_a^{\delta}$
Y-bearing male gametes $(\bar{w}_{HY}^{\delta})$	$p_Y^{\delta} w_A^{\delta} + (1 - p_Y^{\delta}) w_a^{\delta}$
male gametes $(\bar{w}_H^{\delta})$	$(1-q)\bar{w}_{HX}^{\delta} + q\bar{w}_{HY}^{\delta}$
females $(\bar{w}^{\circ})$	$\begin{aligned} & \left[ p_X^{\varsigma} w_A^{\varsigma} p_X^{\delta} w_A^{\delta} w_{AA}^{\varsigma} + \right. \\ & \left. \left( 1 - p_X^{\varsigma} \right) w_a^{\varsigma} p_X^{\delta} w_A^{\delta} w_{Aa}^{\varsigma} + \right. \\ & \left. p_X^{\varsigma} w_A^{\varsigma} (1 - p_X^{\delta}) w_a^{\delta} w_{Aa}^{\varsigma} + \right. \\ & \left. \left. \left( 1 - p_X^{\varsigma} \right) w_a^{\varsigma} (1 - p_X^{\delta}) w_a^{\delta} w_{aa}^{\varsigma} \right] / \left. \left( \bar{w}_H^{\varsigma} \bar{w}_{HX}^{\delta} \right) \end{aligned}$
males $(\bar{w}^{\check{\sigma}})$	$\begin{array}{c} \left[p_{X}^{\varsigma}w_{A}^{\varsigma}p_{Y}^{\delta}w_{A}^{\delta}w_{AA}^{\delta} + \\ (1-p_{X}^{\varsigma})w_{a}^{\varsigma}p_{Y}^{\delta}w_{A}^{\delta}w_{Aa}^{\delta} + \\ p_{X}^{\varsigma}w_{A}^{\varsigma}(1-p_{Y}^{\varsigma})w_{a}^{\delta}w_{Aa}^{\delta} + \\ (1-p_{X}^{\varsigma})w_{a}^{\varsigma}(1-p_{Y}^{\delta})w_{a}^{\delta}w_{aa}^{\delta}\right] / \left(\bar{w}_{H}^{\varsigma}\bar{w}_{HY}^{\delta}\right) \end{array}$
fraction zygotes male ( $\zeta$ )	$q\left[p_Y^{\delta}w_A^{\delta} + (1-p_Y^{\delta})w_a^{\delta}\right]/\bar{w}_H^{\delta}$