

There are two common patterns:

- I use the name `upsert` for almost all of my actions. It can be used to create or update a subscriber.
- In these kinds of actions, I always use Eloquent's `updateOrCreate` method. It takes two arrays:
 - The first one is used in a `select` query. If a record is found with these values, it will run an `update` query. If it's not found, it will run an `insert` query.
 - The second one contains the attributes that will be inserted or updated.

Every DTO has an `all` method that returns the properties as an array. This is a handy method and can be used with Eloquent, as in this example. But when you have nested properties, the array looks like this:

```
[
  'first_name' => 'John',
  'last_name' => 'Doe',
  'form' => [
    'id' => 1,
    'title' => 'Some Form',
    'content' => ' ... ',
  ],
]
```

Obviously, we can't save the whole form array; instead, we only want to store the `id`. This is why the second parameter of `updateOrCreate` is constructed like this: