# **Matthew Sunderland**

Senior Research Fellow

**Curriculum Vitae** August 2021

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#### **Profile**

I am a Senior Research Fellow and Program Lead of Measurement and Methodology at the Matilda Centre for Research in Mental Health and Substance Use, the University of Sydney. I lead an internationally recognised program of research that utilises innovative statistical and psychometric methods to answer important epidemiological questions on the relationship between mental health and substance use. I am a strong believer in open science and ensuring my work is transparent and of a high ethical standard. I am passionate about building capacity in the use of innovative quantitative methods in psychiatric research and effectively disseminating and translating my work into policy and practice.

#### **Education**

Conferred 2011 Ph.D School of Psychiatry, UNSW Sydney
Conferred 2007 B Psychology (Hons) / Class 1 Department of Psychology, Macquarie University

### **Current appointments**

2020-Present	Honorary Senior Research Fellow	School of Psychology, Macquarie University
2018-Present	Senior Research Fellow	The Matilda Centre, University of Sydney
2017-Present	Visiting Research Fellow	Centre for Mental Health Research, Australian National University

# **Previous appointments**

2016-2018	Senior Research Fellow	National Drug and Alcohol Research Centre, UNSW Sydney
2016-2020	External Research Fellow	The Black Dog Institute, UNSW Sydney
2013-2016	NHMRC Early Career Research Fellow	National Drug and Alcohol Research Centre, UNSW Sydney
2012-2013	Post-doctoral Research Fellow	National Drug and Alcohol Research Centre, UNSW Sydney
2011-2012	Post-doctoral Research Fellow	Clinical Research Unit for Anxiety and Depression, UNSW Sydney
2008-2010	Statistical Consultant	Clinical Research Unit for Anxiety and Depression, UNSW Sydney
2007-2008	Research Associate	Clinical Research Unit for Anxiety and Depression, UNSW Sydney

#### Academic and research leadership roles

2019-Present	Lead, The Statistics Portfolio	The Matilda Centre, University of Sydney
2019-2021	Lead, Seminar and Training Committee	The Matilda Centre, University of Sydney
2018-Present	Program Lead in Mesurement and Methdology	The Matilda Centre, University of Sydney
2016-Present	Lead, Mental Health Metrics Alliance	University of Sydney
2011-2012	Co-research Director	Clinical Research Unit for Anxiety and Depression, UNSW Sydney

# **Awards and honours**

2021	The Matilda Centre Outstanding Contribution Award
2017	Society for Mental Health Research Rising Star Award
2011	UNSW Faculty of Medicine Dean's Rising Star Award

# Research

I have authored **123** scientific journal articles, book chapters, and technical reports. A full list of publications is provided on pages 13–20. I have developed or co-developed **75** scales or assessment tools to measure mental health and substance use disorders on pages 6–9.

My current work addresses three key themes:

- 1. Re-conceptualising the classification of mental health and substance use disorders.
- 2. Targeting inefficiencies in large-scale data collection and assessment.
- 3. Utilising innovative statistical procedures to generate new epidemiological evidence to inform prevention and early intervention efforts.

#### **Publication Metrics**

➤ Journal Articles: 114

➤ Book Chapters: 1

Reports: 7Consumer/Clinician instruments: 75

➤ I have published with 196 co-authors (see Figure 1)

> Citations: 4169

➤ H-index: 32

➤ Field Weighted Citation Index: 2.05

➤ Articles in top 10% most cited worldwide: 21%

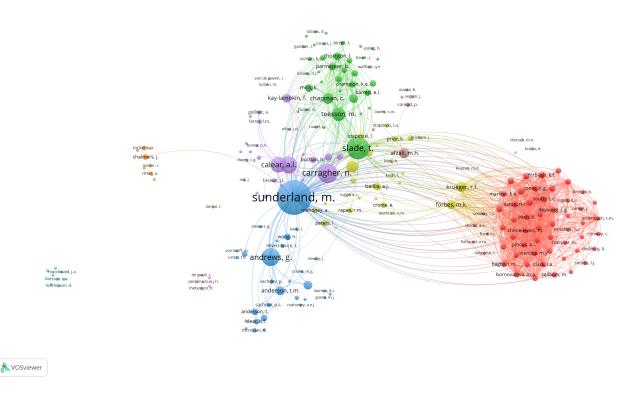


Figure 1: Publication co-author network for Matthew Sunderland. Source: Scopus.

# **Presentations**

I have personally presented **35** conferences presentations or invited seminars/workshops (see Table below). I have also co-authored >30 international and national presentations that were delivered by other co-authors (details not provided here).

Sunderland, M. Even the best laid plans can go awry: How to write a data analysis plan 2021 March The Mailda Centre Phd Student group, Sydney, Australia. Invited presentation. 2021 March Sunderland, M. Loneliness and COVID-19 Panel Discussion. Innovation: Response to Loneliness during COVID-19 and beyond Symposium, Friends for Good, Sydney, Australia. Invited facilitated duscussion. 2020 June Sunderland, M. Growth models for longitudinal data The Matilda Centre Seminar Series, Sydney, Australia. Invited presentation. 2020 March Sunderland, M. Epidemiology and Population Health National Mental Health Commission Research Strategy, Sydney, Australia. Invited facilitated workshop. 2019 November Sunderland, M. How to define a syndrome: Some suggestions for the empirical definition of sets of signs and symptoms Preventing Overdiagnosis Conference, Sydney, Australia. Accepted from abstract. 2019 September Sunderland, M. The structure of psychopathology in young Australians: Testing alternative models and examining clinical validity. Society for Research in Psychopathology annual meeting, Buffalo, New York, USA. Accepted from ab-2018 December Sunderland, M. Time varying relationships between risky lifestyle behaviours and major depressive disorder across adolescence: Results from a general population survey of Australian youth. Society for Mental Health Research Conference, Noosa, Australia. Accepted from abstract. 2018 July Sunderland, M. Psychometrics and psychopathology PsychMAD: The Macquarie University Department of Psychology Seminar Series, Sydney, Australia. Invited presentation. 2017 December Sunderland, M., Batterham, P., Calear, A., Carragher, N., Baillie, A., Slade, T. Item banks, adaptive tests, and scale equating: Improving the measurement of social anxiety disorder. Society for Mental Health Research Conference, Canberra, Australia. Accepted from abstract. 2017 October Sunderland, M., Batterham, P., Calear, A., Carragher, N. Converting PHQ9, GAD7, and K10 scores to the PROMIS anxiety and depression metrics in an Australian community sample. International Federation of Psychiatric Epidemiology annual conference, Melbourne, Australia. Accepted from abstract. 2017 October Sunderland, M. Equating different self-report questionnaires using Item Response Theory to facilitate data harmonisation. National Drug and Alcohol Research Centre Annual Symposium, Sydney, Australia. Accepted from ab-2017 August Sunderland, M. Harmonising mental health measurement: creating a common metric using item response theory National Drug and Alcohol Research Centre Seminar Series, Sydney, Australia. Invited presentation. 2017 July Sunderland, M., Batterham, P., Calear, A., Carragher, N., Slade, T. Developing and simulating a multidimensional computerized adaptive test for internalizing disorders: The INT-CAT. International Meeting of the Psychometric Society, Zurich, Switzerland. Accepted from abstract. 2016 December Sunderland, M., Afzali, K., Crome, E., Baillie, A., Slade, T. The Social (fear) Network: a network approach to examining the relationship between social and performance fears. Society for Mental Health Research, Sydney, Australia. Accepted from abstract. Sunderland, M. Adaptive tests for internalising and externalising: efficiency measuring broad levels of 2016 November psychopathology. Australasian Professional Society on Alcohol and other drugs annual conference, Sydney, Australia. Accepted from abstract. Sunderland, M. Assessing with efficiency 2016 July Centre for Research Excellence in Mental Health and Substance Use Webinar Series, Sydney, Australia. Invited presentation. 2016 April Sunderland, M., Slade, T., Krueger, R. F., Markon, K., Patrick, C., Kramer, M. Efficiently measuring liability to externalizing behaviours: development of the Externalizing Spectrum Inventory-Computerised Adaptive Test (ESI-CAT).

UNSW Brain Sciences Symposium, Sydney, Australia. Accepted from abstract.

2015 December

Sunderland, M., Batterham, P., Carragher, N., Calear, A. More efficient assessment of Panic Disorder in the community: Development and validation of the Rapid Measurement Toolkit for Panic Disorder (RMT-PD).

Society for Mental Health Research, Brisbane, Australia. Accepted from abstract.

Sunderland, M., Batterham, P., Carragher, N., Calear, A. The Rapid Measurement Toolkit for Panic 2015 October Disorder: development, validation, and normative data. The 15th International congress of the IFPE, Bergen, Norway. Accepted from abstract. Sunderland, M., Slade, T. Efficiently measuring liability to externalizing behaviours: development of 2015 September the Externalizing Spectrum Inventory-Computerized Adaptive Test (ESI-CAT). NDARC Annual Symposium, Sydney, Australia. Accepted from abstract. Sunderland, M. Thinking outside the box: transdiagnostic conceptualisations of internalising disorders 2015 August and treatment. The annual Centre for Research Excellence in Mental Health and Substance Use colloquium, Canberra, Australia. Accepted from abstract. 2014 December Sunderland, M., Slade, T. The centrality of latent variables when examining the correlates of mental and substance use disorders. Society for Mental Health Research, Adelaide, Australia. Accepted from abstract. 2014 November Sunderland, M., Batterham, P., Calear, A., Kay-Lambkin, F. Implementing e-mental health services: a translational framework. NHMRC Research Translation Symposium, Melbourne, Australia. Accepted from abstract. 2013 December Sunderland, M., Slade, T., Krueger, R. F. Examining the shared and unique relationships among DSM-IV substance use and mental health conditions. Australasian Society for Psychiatric Research conference, Melbourne, Australia. Accepted from abstract. Sunderland, M., Slade, T., Krueger, R. F. Examining the unique contribution of specific DSM-IV sub-2013 September stance use disorders, over and above general externalizing psychopathology, when predicting anxiety disorders, affective disorders, suicidality, and psychosis. NDARC Annual Symposium, Sydney, Australia. Accepted from abstract. Sunderland, M. Change across ten year age bands in the level of internalizing psychopathology 2013 June amongst the Australian general population. The 14th International Congress of the IFPE, Leipzig, Germany. Accepted from abstract. 2012 November Sunderland, M., Chalmers, J., McKetin, R., Bright, D. Typologies of alcohol consumption on a Saturday night amongst young adults. Australasian Professional Society on Alcohol and Other Drugs Conference, Melbourne, VIC. Accepted from abstract. 2012 September Sunderland, M., Chalmers, J., McKetin, R., Bright, D. Typologies of alcohol consumption on a Saturday School of Public Health and Community Medicine Annual Symposium, Sydney, NSW. Invited presenta-2012 August Chalmers, J., Sunderland, M., Bright, D., McKetin, R. The effect of two policy option- alcohol tax reform and minimum pricing of alcohol - on young Australian's Saturday nights. National Drug and Alcohol Research Symposium, Sydney, NSW. Accepted from abstract. 2011 September Sunderland, M., Hobbs, M., Andrews, G., Craske, M. Assessing DSM-IV symptoms of panic and associated levels of severity in the general population. Society for Research in Psychopathology annual meeting, Boston, MA, USA. Accepted from abstract. Sunderland, M., Mewton, L., Slade, T., Baillie, A. Investigating differential symptom profiles in Major 2010 July Depressive Episode with and without Generalized Anxiety Disorder. International Congress of Applied Psychology, Melbourne, VIC. Accepted from abstract. 2009 December Sunderland, M., Mewton, L., Slade, T., Baillie, A. Investigating differential symptom profiles in Major Depressive Episode with and without Generalized Anxiety Disorder. Australasian Society for Psychiatric Research conference, Canberra, ACT. Accepted from abstract. 2009 August Sunderland, M., Andrews, G., Slade, T. The Design of a Short Form Structured Diagnostic Interview. Annual School of Psychiatry Post-graduate Research Day, Randwick, NSW. Invited presentation. 2008 December Sunderland, M., Andrews, G., Slade, T. Simplifying DSM-IV criteria sets using epidemiological survey Australasian Society for Psychiatric Research conference, Newcaslte, NSW. Accepted from abstract. Sunderland, M., Andrews, G., Slade, T. Simplifying criterion A of Major Depressive Episode: A step 2008 August towards a clinical classification. Annual School of Psychiatry Post-graduate Research Day, Randwick, NSW. Invited presentation.

# **Research funding**

I have successfully obtained approximately \$14.0 million in external research funds as Chief Investigator or Associate Investigator. The majority of my research funds have been acquired since my previous promotion in 2016 as can be seen in the below table.

2021-2023	Healthier drinking choices and cognitive decline in older risk drinkers. Funding from DCRC World Cla Research Project Grant. \$598,209	<b>ass</b> CIB
2021-2022	The eCliPSE COVID-19 project. Funding from NSW Health. \$459,046	CIG
2020-2025	A multimodal stepped-care approach to disrupt the cycle of traumatic stress and substance use in to NSW public sector. Funding from iCare Foundation. \$2,000,000	he CIH
2020-2022	The SuperLearner project. Funding from Australian Rotary Health. \$138,640	CID
2020	Media monitoring of Mindframe AOD guidelines: Baseline data. Funding from Everymind. \$89,565	CIA
2019-2021	The eCliPSE Project. Funding from NHMRC. \$196,973	CIF
2019	Evaluation of Alternative Delivery Model of Good Sports. Funding from Alcohol and Drug Foundation CIF \$191,776	on.
2019-2020	Randomised controlled trial of a targeted intervention program for depression and problematic alcohol use in older adults. Funding from National Suicide Prevention Research fund. \$100,000	<b>O-</b> CIB
2019-2020	Development of Correctional Centre Survey Methodology. Funding from Inspector of Custodial Services. \$56,446	CIC
2019-2020	Online alcohol prevention for older adults: adapting an effective and scalable solution. Funding from UNSW Sydney / University of Sydney seed funding. \$20,000	<b>m</b> CIB
2018-2020	Increasing engagement with online psychosocial programs to improve mental health in the community. Funding from NHMRC. \$352,316	- CIC
2017-2022	The Healthy Lifestyles program: an innovative online primary and secondary prevention intervention Funding from The Paul Ramsay Foundation. \$6,230,000	on. CII
2017-2022	Centre for Research Excellence in Prevention and Early Intervention in Mental Illness and Substance Use (PREMISE). Funding from NHMRC. \$2,500,000	e Al
2017-2019	Improving the identification of mental and substance use disorders in children and adolescents using novel psychometric methods. Funding from UNSW Medicine and CAG Mindgardens. \$38,099	n <b>g</b> CIA
2013-2015	Project grant: Development and population-based validation of hierarchical adaptive mental health screeners. Funding from NHMRC. \$380,130	<b>1</b> CIB
2013-2016	Early Career Research Fellowship. Funding from NHMRC. \$299,564	CIA
2013-2014	Project grant: Diagnosing major depression in older Australian adults. Funding from NHMRC. \$197,845	CIA
2013-2016	UNSW Faculty of Medicine Fellowship Enhancement Scheme. Funding from UNSW. \$20,000	CIA
2012	Faculty of Medicine Post-Doctoral Travel Grant. Funding from UNSW. \$1,000	CIA
2011	Faculty of Medicine Post-Doctoral Travel Grant. Funding from UNSW. \$2,656	CIA

2009	Post-graduate Research Support Scheme. Funding from UNSW.	
	\$525	
2008-2010	Australian Postgraduate Awards Scholarship. Funding from Australian Government.	CIA
	\$61,425	
2008-2010	Faculty of Medicine PhD Scholarship. Funding from UNSW.	CIA
	\$45,000	

# **Research instruments**

2019	Common metric for Panic disorder: Scale equating and cross-walk tables for Panic disorder. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher, Andrew Baillie, Tim Slade.
2019	Common metric for SAD: Scale equating and cross-walk tables for Social anxiety disorder.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher, Andrew Baillie, Tim Slade.
2019	STB Adaptive severity screener: IRT-based CAT for Suicidal thoughts and behaviours. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2019	STB Static severity screener: IRT-based severity screener for Suicidal thoughts and behaviours. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2018	Common metric for psychological distress: Scale equating and cross-walk tables for Psychological distress.
	Co-developed with Philip Batterham, Alison Calear, Natacha Carragher, Tim Slade.
2017	ESI-CAT Alcohol problems: IRT-based CAT for Externalizing Spectrum.  Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Alcohol use: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Alienation: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Blame Externalizing: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Broad Disinhibition: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Callous Aggression: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Dependability: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Destructive Aggression: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Drug problems: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Drug Use: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Empathy: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Excitement seeking: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Fraud: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Honesty: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Impatient Urgency: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Irresponsibility: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Marijuana problems: IRT-based CAT for Externalizing Spectrum.
	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.

2017	ESI-CAT Marijuana use: IRT-based CAT for Externalizing Spectrum.
2017	Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade. <b>ESI-CAT Physical aggression: IRT-based CAT for Externalizing Spectrum.</b> Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Planful control: IRT-based CAT for Externalizing Spectrum.  Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Problematic impulsivity: IRT-based CAT for Externalizing Spectrum.  Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Rebelliousness: IRT-based CAT for Externalizing Spectrum.  Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Relational aggression: IRT-based CAT for Externalizing Spectrum.  Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	ESI-CAT Substance Abuse: IRT-based CAT for Externalizing Spectrum. Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	<b>ESI-CAT Theft: IRT-based CAT for Externalizing Spectrum.</b> Co-developed with Bob Krueger, Kristian Markon, Chris Patrick, Mark Kramer, Tim Slade.
2017	INT-CAT: IRT-based multidimensional CAT for Internalizing spectrum. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher, Tim Slade.
2017	Internalizing Static short form: IRT-based severity screener for Internalizing spectrum. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher, Tim Slade.
2016	Distress Questionnaire-5: Regression-based severity screener for Psychological distress.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher, Tim Slade.
2016	DSM-5 Self-report checklist - Adult ADHD module: Checklist-style diagnostic interview for Adult ADHD.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	DSM-5 Self-report checklist - Alcohol use disorder module: Checklist-style diagnostic interview for Alcohol use disorder.
2016	Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.  DSM-5 Self-report checklist - depression module: Checklist-style diagnostic interview for Depressive episode.
	Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	DSM-5 Self-report checklist - GAD module: Checklist-style diagnostic interview for Generalised anxiety disorder.
2016	Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.  DSM-5 Self-report checklist - OCD module: Checklist-style diagnostic interview for Obsessive compulsive disorder.
	Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	DSM-5 Self-report checklist - panic disorder module: Checklist-style diagnostic interview for Panic disorder.
2017	Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	DSM-5 Self-report checklist - PTSD module: Checklist-style diagnostic interview for Post-traumatic stress disorder.
	Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	DSM-5 Self-report checklist - social phobia module: Checklist-style diagnostic interview for Social anxiety disorder.
2017	Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	DSM-5 Self-report checklist - Substance use disorder module: Checklist-style diagnostic interview for Substance use disorder.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	OCD Adaptive diagnostic screener: IRT-based Computerised Classification Test for Obsessive compulsive disorder.
	Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	OCD Adaptive severity screener: IRT-based CAT for Obsessive compulsive disorder. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.

2016	OCD Static diagnostic screener: Regression/Random forest-based diagnostic screener for Obsessive compulsive disorder.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	OCD Static short form: IRT-based severity screener for Obsessive compulsive disorder. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	PD Adaptive diagnostic screener: IRT-based Computerised Classification Test for Panic disorder. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	PD Adaptive severity screener: IRT-based CAT for Panic disorder. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	PD Static diagnostic screener: Regression/Random forest-based diagnostic screener for Panic disorder. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	PD Static short form: IRT-based severity screener for Panic disorder. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	SAD Adaptive diagnostic screener: IRT-based Computerised Classification Test for Social anxiety disorder.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	SAD Adaptive severity screener: IRT-based CAT for Social anxiety disorder.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	SAD Static diagnostic screener: Regression/Random forest-based diagnostic screener for Social anxiety disorder.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	SAD Static severity screener: IRT-based severity screener for Social anxiety disorder. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2016	Worry Behaviour Inventory: Newly developed scale for Generalised anxiety disorder. Co-developed with Alison Mahoney, Jill Newby, Alishia Williams, Megan Hobbs, Gavin Andrews.
2015	ADHD-bank: IRT calibrated item bank for Adult ADHD. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2015	DUD-bank: IRT calibrated item bank for Drug use/harms. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2015	OCD-bank: IRT calibrated item bank for Obessive compulsive disorder. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2015	PD-bank: IRT calibrated item bank for Panic disorder. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2015	PLE-bank: IRT calibrated item bank for Psychotic like experiences.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2015	PTSD-bank: IRT calibrated item bank for Post-traumatic stress disorder.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2015	SAD-bank: IRT calibrated item bank for Social anxiety disorder.  Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2015	STB-bank: IRT calibrated item bank for Suicidal thoughts and behaviours. Co-developed with Philip Batterham, Alison Calear, Natacha Carragher.
2011	General Social Anxiety Scale-12: IRT-based severity screener for Social anxiety disorder. Co-developed with Lorna Peters, Gavin Andrews, Ron Rapee, Richard Mattick.
2011	Social Interaction Anxiety Scale-6: IRT-based severity screener for Social anxiety disorder. Co-developed with Lorna Peters, Gavin Andrews, Ron Rapee, Richard Mattick.
2011	Social Phobia Scale-6: IRT-based severity screener for Social anxiety disorder. Co-developed with Lorna Peters, Gavin Andrews, Ron Rapee, Richard Mattick.
2010	Mini-CIDI 3.0 Agoraphobia module: Decision-tree based diagnostic interview for Agoraphobia. Co-developed with Tim Slade, Gavin Andrews.
2010	Mini-CIDI 3.0 Alcohol abuse module: Decision-tree based diagnostic interview for Alcohol Abuse. Co-developed with Tim Slade, Gavin Andrews.
2010	Mini-CIDI 3.0 Alcohol dependence module: Decision-tree based diagnostic interview for Alcohol Dependence.  Co-developed with Tim Slade, Gavin Andrews.

2010	Mini-CIDI 3.0 Depression/Dysthymia module: Decision-tree based diagnostic interview for Depression/Dysthymia.  Co-developed with Tim Slade, Gavin Andrews.
2010	Mini-CIDI 3.0 GAD module: Decision-tree based diagnostic interview for Generalised anxiety disorder. Co-developed with Tim Slade, Gavin Andrews.
2010	Mini-CIDI 3.0 Mania module: Decision-tree based diagnostic interview for Manic episode.  Co-developed with Tim Slade, Gavin Andrews.
2010	Mini-CIDI 3.0 Panic Disorder module: Decision-tree based diagnostic interview for Panic disorder. Co-developed with Tim Slade, Gavin Andrews.
2010	Mini-CIDI 3.0 PTSD module: Decision-tree based diagnostic interview for Post-traumatic stress disorder.  Co-developed with Tim Slade, Gavin Andrews.
2010	Mini-CIDI 3.0 Social phobia module: Decision-tree based diagnostic interview for Social anxiety disorder.  Co-developed with Tim Slade, Gavin Andrews.

# **Teaching**

As a research-focused academic for the past ten years my teaching experience has involved research student supervision and capacity building in statistics among research staff and students. I currently supervise six PhD students and one Doctor of Psychology student. I have successfully supervised one Phd student, five undergraduate honours students, and one summer intern student to completion. I currently lead the Statistics Portfolio and conduct Statistics drop in sessions twice a week for 45 minutes via Zoom for all staff and students. My primary approach to teaching is to form a highly collaborative relationship with my students. I feel it is important to maximise student development by prioritising independent creative thinking with strong support systems in place.

#### **Current students**

2021-Present	Bridie Osman	PhD. University of Sydney.
	<ul> <li>Recipient of the Health4Life PhD Scholarship</li> </ul>	
2021-Present	Arvind Kendurkar	PhD. University of Sydney.
2020-Present	Samantha Lynch	PhD. University of Sydney.
	Recipient of the PREMISE PhD Scholarship.	
2020-Present	<ul> <li>Rachel Visontay</li> <li>➤ Awarded both NHMRC PhD Scholarship and Australian RTP sent of the NHMRC PhD Scholarship.</li> </ul>	PhD. University of Sydney. scholarship. Recipi-
2020-Present	Jack Wilson	PhD. University of Sydney.
	Recipient of the NHMRC PhD Scholarship.	
2020-Present	Madeline Romaniuk	PhD. Australian National University.
2020-Present	Alana Rogers	Doctor of Psychology. Deakin University.
Past students		
2020	Ragavi Jayakumar	Summer Intern Student. University of Sydney.
	➤ Competitively awarded summer internship	
2018	Ilse ten Thije	Honours. UNSW Sydney.
	➤ International exchange student	
2017-2019	Jennifer Ma	-1
		PhD. Australian National University.
	<ul> <li>Recipient of the Grace Groom Memorial Scholarhsip and the best published paper</li> </ul>	,
2017	·	,
2017	best published paper	e Korten Prize for
2017	best published paper Zenna Breuren	e Korten Prize for
	best published paper  Zenna Breuren  International exchange student	e Korten Prize for  Honours. UNSW Sydney.
	best published paper  Zenna Breuren  International exchange student  Iris van de Pavert	e Korten Prize for  Honours. UNSW Sydney.
2016	best published paper  Zenna Breuren  ➤ International exchange student  Iris van de Pavert  ➤ International exchange student	Honours. UNSW Sydney.  Honours. UNSW Sydney.
2016	best published paper  Zenna Breuren  International exchange student  Iris van de Pavert  International exchange student  Harry Hong	Honours. UNSW Sydney.  Honours. UNSW Sydney.
2016 2016	best published paper  Zenna Breuren  ➤ International exchange student  Iris van de Pavert  ➤ International exchange student  Harry Hong  ➤ Faculty of Medicine ILP student	Honours. UNSW Sydney.  Honours. UNSW Sydney.  Honours. UNSW Sydney.

# Governance, leadership, and engagement Editorial positions

2020-Present	Associate Editor	Addiction
2016-2017	Editor	NHMRC Centre for Research Excellence in Mental Health and Substance Use Quarterly Newsletter
2013-2021	<b>Editorial Advisory Board</b>	Social Psychiatry Psychiatric Epidemiology

#### **Peer review**

#### **Competitive funding**

2021	Clinical trials panel (invited by declined due to other committements)	Health Research Council of New Zealand
2019	Panel chair	NHMRC PhD Scholarships
2018	External reviewer	NHMRC Project grants
2017	Panel member	NHMRC PhD Scholarships
2016	Panel member	NHMRC PhD Scholarships
2015	External Reviewer	NHMRC Project grants

#### Journals (Ad hoc reviewer)

I have acted as an Ad hoc reviewer for the following journals: Addiction, Addictive Behaviors, Age and Ageing, Archives of Gerontology and Geriatrics, Assessment, Australian and New Zealand Journal of Psychiatry, Australian and New Zealand Journal of Psychiatry, Australian and New Zealand Journal of Psychiatry, Australian Journal of Psychology, Behaviour Change, Behaviour Research and Therapy, Behavioural and Cognitive Psychotherapy, BMC Psychiatry, Brain and Behaviour, British Journal of Psychiatry, British Journal of Psychiatry Open, Comprehensive Psychiatry, Depression and Anxiety, Drug and Alcohol Dependence, Drug and Alcohol Review, European Geriatric Medicine, Experimental Gerontology, Evaluation and Health Professions, International Journal of Drug Policy, International Journal of Psychiatry in Medicine, Internet Interventions, Journal of Abnormal Psychology, Journal of Affective Disorders, Journal of Anxiety Disorders, Journal of Childhood & Developmental Disorders, Journal of Ethnic & Cultural Diversity in Social Work, Journal of Experimental Psychopathology, Journal of Psychopathology and Behavioural Assessment, Psychiatry Research, Psychological Medicine, Psychological Assessment, Social Psychiatry and Psychiatric Epidemiology.

#### Thesis examiner

2020	Nargess Saeipour	PhD Thesis, University of Queensland
2020	Reinette Chavet	Master's Thesis, Macquarie University
2019	Gabriel Heaton	Master's Thesis, Newcastle University

# **Committee memberships**

2021-Present	Member, Evaluation and Measurement workgroup	Student Wellbeing Strategy, University of Sydney
2020	Member, LifeBouy Data Safety and Monitoring Board	The Blackdog Institute
2019-Present	Member/Chair, Higher Degree Research Review panels	Faculty of Medicine and Health, University of Sydney
2018-Present	Member, PREMISE Centre for Research Excellence	The Matilda Centre, University of Sydney
2018-Present	Member, Senior Matailda Academic Group	The Matilda Centre, University of Sydney
2017-2018	Member, NDARC Employee Assistance Team	National Drug and Alcohol Research Centre, UNSW Sydney
2013-2018	Member/Chair, Higher Degree Research Review panels	Faculty of Medicine, UNSW Sydney

# Conference/workshop planning

2019	Convenor, Grants Development Workshop	The Matilda Centre, University of Sydney
2018	Member, Scentific committee	Society for Mental Health Research Annual Conference
2017	Member, Local organising committee	National Drug and Alcohol Research Centre Annual Symposium
2017	Member, Local organising committee	Society for Mental Health Research Annual Conference
2017	Member, Scentific committee	Society for Mental Health Research Annual Conference
2016-2018	Convenor, Grants Development Workshop NHMR	C Centre for Research Excellence in Mental Health and Substance Use

2015-2016	Co-convenor, Annual Colloquium	NHMRC Centre for Research Excellence in Mental Health and Substance Use
2013	Convenor, Grants Development Workshop	NHMRC Centre for Research Excellence in Mental Health and Substance Use

# Media

2020	Mental Health and Substance Use	Drive, Eastside FM Radio, Sydney
2020	Five Minutes With Dr Matthew Sunderland	University of Sydney Internal Newsletter
2012	Siblings and parents pressured into providing alcohol for minors	The Sydney Morning Herald

# **Professional memberships**

2015-Present	Heirarchical Taxonomy of Psychopathology Consortium
2013-Present	International Association of Computerized Adaptive Testing
2013-Present	NHMRC Research Translation Faculty
2010-Present	International Association of Applied Psychology

2009-Present Society for Mental Health Research

#### **Publication list**

#### **PhD Thesis**

1. Sunderland, M. (2010). Design and validation of a short form structured diagnostic interview for psychiatric disorders: The MINI-CIDI 3.0 [PhD thesis]. The University of New South Wales.

#### **Book Chapters**

1. Sunderland, M., Batterham, P. J., Calear, A., & Carragher, N. (2019). Self-report measures for common mental disorders: A review of existing and emerging methods. In M. Sellbom & J. Suhr (Eds.), *Cambridge handbook of clinical assessment and diagnosis*. Cambridge University Press.

#### Refereed research articles

- 1. Andrews, G., Slade, T., Sunderland, M., & Anderson, T. (2007). Issues for DSM-v: Simplifying DSM-IV to enhance utility: The case of major depressive disorder. *American Journal of Psychiatry*, 164(12), 1784–1785. https://doi.org/10.1176/appi.ajp.2007.07060928
- 2. Andrews, G., Anderson, T. M., Slade, T., & Sunderland, M. (2008). Classification of anxiety and depressive disorders: Problems and solutions. *Depression and Anxiety*, 25(4), 274–281. https://doi.org/10.1002/da.20489
- 3. Sunderland, M., Slade, T., Anderson, T. M., & Peters, L. (2008). Impact of substance-induced and general medical condition exclusion criteria on the prevalence of common mental disorders as defined by the CIDI. *Australian and New Zealand Journal of Psychiatry*, 42(10), 898–904. https://doi.org/10.1080/00048670802345508
- 4. Andrews, G., Kemp, A., Sunderland, M., Korff, M. von, & Ustun, T. B. (2009). Normative data for the 12 item WHO disability assessment schedule 2.0. *PLoS ONE*, 4(12). https://doi.org/10.1371/journal.pone.0008343
- Andrews, G., Pine, D. S., Hobbs, M. J., Anderson, T. M., & Sunderland, M. (2009). Neurodevelopmental disorders: Cluster 2 of the proposed meta-structure for DSM-v and ICD-11. *Psychological Medicine*, 39(12), 2013–2023. https://doi.org/10.1017/S0033291709990274
- Andrews, G., & Sunderland, M. (2009). Telephone case management reduces both distress and psychiatric hospitalization. Australian and New Zealand Journal of Psychiatry, 43(9), 809–811. https://doi.org/10.1080/ 00048670903107617
- 7. Sachdev, P., Andrews, G., Hobbs, M. J., Sunderland, M., & Anderson, T. M. (2009). Neurocognitive disorders: Cluster 1 of the proposed meta-structure for DSM-v and ICD-11. *Psychological Medicine*, *39*(12), 2001–2012. https://doi.org/10.1017/S0033291709990262
- 8. Andrews, G., Sunderland, M., & Kemp, A. (2010). Consistency of diagnostic thresholds in DSM-v. Australian and New Zealand Journal of Psychiatry, 44(4), 309–313. https://doi.org/10.3109/00048670903487241
- 9. Slade, T., & Sunderland, M. (2010). Quantifying point prevalence of major depressive episode using lifetime structured diagnostic interviews. *Journal of Affective Disorders*, 121(1-2), 39–44. https://doi.org/10.1016/j.jad. 2009.05.011
- 10. Sunderland, M., Mewton, L., Slade, T., & Baillie, A. J. (2010). Investigating differential symptom profiles in major depressive episode with and without generalized anxiety disorder: True co-morbidity or symptom similarity? *Psychological Medicine*, 40(7), 1113–1123. https://doi.org/10.1017/S0033291709991590
- 11. Dear, B. F., Titov, N., Sunderland, M., McMillan, D., Anderson, T., Lorian, C., & Robinson, E. (2011). Psychometric comparison of the generalized anxiety disorder scale-7 and the penn state worry questionnaire for measuring response during treatment of generalised anxiety disorder. *Cognitive Behaviour Therapy*, 40(3), 216–227. https://doi.org/10.1080/16506073.2011.582138
- 12. Sunderland, M., Andrews, G., Slade, T., & Peters, L. (2011). Measuring the level of diagnostic concordance and discordance between modules of the CIDI-short form and the CIDI-auto 2.1. *Social Psychiatry and Psychiatric Epidemiology*, 46(8), 775–785. https://doi.org/10.1007/s00127-010-0247-6
- 13. Sunderland, M., Slade, T., Stewart, G., & Andrews, G. (2011). Estimating the prevalence of DSM-IV mental illness in the australian general population using the kessler psychological distress scale. *Australian and New Zealand Journal of Psychiatry*, 45(10), 880–889. https://doi.org/10.3109/00048674.2011.606785
- 14. Titov, N., Dear, B. F., McMillan, D., Anderson, T., Zou, J., & Sunderland, M. (2011). Psychometric comparison of the PHQ-9 and BDI-II for measuring response during treatment of depression. *Cognitive Behaviour Therapy*, 40(2), 126–136. https://doi.org/10.1080/16506073.2010.550059
- 15. Hilvert-Bruce, Z., Rossouw, P. J., Wong, N., Sunderland, M., & Andrews, G. (2012). Adherence as a determinant of effectiveness of internet cognitive behavioural therapy for anxiety and depressive disorders. *Behaviour Research and Therapy*, 50(7-8), 463–468. https://doi.org/10.1016/j.brat.2012.04.001
- 16. Laurens, K. R., Hobbs, M. J., Sunderland, M., Green, M. J., & Mould, G. L. (2012). Psychotic-like experiences in a community sample of 8000 children aged 9 to 11 years: An item response theory analysis. *Psychological Medicine*, 42(7), 1495–1506. https://doi.org/10.1017/S0033291711002108

- 17. Peters, L., Sunderland, M., Andrews, G., Rapee, R. M., & Mattick, R. P. (2012). Development of a short form social interaction anxiety (SIAS) and social phobia scale (SPS) using nonparametric item response theory: The SIAS-6 and the SPS-6. *Psychological Assessment*, 24(1), 66–76. https://doi.org/10.1037/a0024544
- 18. Sunderland, M., Hobbs, M. J., Anderson, T. M., & Andrews, G. (2012). Psychological distress across the lifespan: Examining age-related item bias in the kessler 6 psychological distress scale. *International Psychogeriatrics*, 24(2), 231–242. https://doi.org/10.1017/S1041610211001852
- 19. Sunderland, M., Hobbs, M. J., Andrews, G., & Craske, M. G. (2012). Assessing DSM-IV symptoms of panic attack in the general population: An item response analysis. *Journal of Affective Disorders*, 143(1-3), 187–195. https://doi.org/10.1016/j.jad.2012.06.001
- 20. Sunderland, M., Mahoney, A., & Andrews, G. (2012). Investigating the factor structure of the kessler psychological distress scale in community and clinical samples of the australian population. *Journal of Psychopathology and Behavioral Assessment*, 34(2), 253–259. https://doi.org/10.1007/s10862-012-9276-7
- 21. Sunderland, M., Slade, T., & Andrews, G. (2012). Developing a short-form structured diagnostic interview for common mental disorders using signal detection theory. *International Journal of Methods in Psychiatric Research*, 21(4), 247–257. https://doi.org/10.1002/mpr.1373
- 22. Sunderland, M., Wong, N., Hilvert-Bruce, Z., & Andrews, G. (2012). Investigating trajectories of change in psychological distress amongst patients with depression and generalised anxiety disorder treated with internet cognitive behavioural therapy. *Behaviour Research and Therapy*, 50(6), 374–380. https://doi.org/10.1016/j. brat.2012.03.005
- 23. Anderson, T. M., Sunderland, M., Andrews, G., Titov, N., Dear, B. F., & Sachdev, P. S. (2013). The 10-item kessler psychological distress scale (K10) as a screening instrument in older individuals. *American Journal of Geriatric Psychiatry*, 21(7), 596–606. https://doi.org/10.1016/j.jagp.2013.01.009
- 24. Matthew-Simmons, F., Sunderland, M., & Ritter, A. (2013). Exploring the existence of drug policy ideologies in australia. *Drugs: Education, Prevention and Policy*, 20(3), 258–267. https://doi.org/10.3109/09687637.2012. 755494
- 25. Sunderland, M., Carragher, N., Wong, N., & Andrews, G. (2013). Factor mixture analysis of DSM-IV symptoms of major depression in a treatment seeking clinical population. *Comprehensive Psychiatry*, *54*(5), 474–483. https://doi.org/10.1016/j.comppsych.2012.12.011
- 26. Sunderland, M., Newby, J. M., & Andrews, G. (2013). Health anxiety in australia: Prevalence, comorbidity, disability and service use. *British Journal of Psychiatry*, 202(1), 56–61. https://doi.org/10.1192/bjp.bp.111.103960
- 27. Sunderland, M., Slade, T., Carragher, N., Batterham, P., & Buchan, H. (2013). Age-related differences in internalizing psychopathology amongst the australian general population. *Journal of Abnormal Psychology*, 122(4), 1010–1020. https://doi.org/10.1037/a0034562
- 28. Batterham, P. J., Calear, A. L., Sunderland, M., Carragher, N., Christensen, H., & Mackinnon, A. J. (2013). Hierarchical screening for multiple mental disorders. *Journal of Affective Disorders*, 151(1), 229–236. https://doi.org/10.1016/j.jad.2013.05.085
- 29. Buchan, H., Sunderland, M., Carragher, N., Batterham, P., & Slade, T. (2014). Investigating age-related differences in responses to screening items for internalising disorders in three national surveys. *Journal of Affective Disorders*, 152-154(1), 229–236. https://doi.org/10.1016/j.jad.2013.09.015
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- 31. Mewton, L., Hobbs, M. J., Sunderland, M., Newby, J., & Andrews, G. (2014). Reductions in the internalising construct following internet-delivered treatment for anxiety and depression in primary care. *Behaviour Research and Therapy*, 63, 132–138. https://doi.org/10.1016/j.brat.2014.10.001
- 32. Mewton, L., Sachdev, P., Anderson, T., Sunderland, M., & Andrews, G. (2014). Demographic, clinical, and lifestyle correlates of subjective memory complaints in the australian population. *American Journal of Geriatric Psychiatry*, 22(11), 1222–1232. https://doi.org/10.1016/j.jagp.2013.04.004
- 33. Rhebergen, D., Van Der Steenstraten, I. M., Sunderland, M., De Graaf, R., Ten Have, M., Lamers, F., Penninx, B. W. J. H., & Andrews, G. (2014). An examination of generalized anxiety disorder and dysthymic disorder by latent class analysis. *Psychological Medicine*, 44(8), 1701–1712. https://doi.org/10.1017/S0033291713002225
- 34. Sunderland, M., Carragher, N., Buchan, H., Batterham, P. J., & Slade, T. (2014). Comparing profiles of mental disorder across birth cohorts: Results from the 2007 australian national survey of mental health and wellbeing. *Australian and New Zealand Journal of Psychiatry*, 48(5), 452–463. https://doi.org/10.1177/0004867413512382
- 35. Sunderland, M., Chalmers, J., Mcketin, R., & Bright, D. (2014). Typologies of alcohol consumption on a saturday night among young adults. *Alcoholism: Clinical and Experimental Research*, 38(6), 1745–1752. https://doi.org/10.1111/acer.12400

- 36. Wong, N., Kady, L., Mewton, L., Sunderland, M., & Andrews, G. (2014). Preventing anxiety and depression in adolescents: A randomised controlled trial of two school based internet-delivered cognitive behavioural therapy programmes. *Internet Interventions*, 1(2), 90–94. https://doi.org/10.1016/j.invent.2014.05.004
- 37. Batterham, P. J., Brewer, J. L., Tjhin, A., Sunderland, M., Carragher, N., & Calear, A. L. (2015). Systematic item selection process applied to developing item pools for assessing multiple mental health problems. *Journal of Clinical Epidemiology*, 68(8), 913–919. https://doi.org/10.1016/j.jclinepi.2015.03.022
- 38. Batterham, P. J., Sunderland, M., Calear, A. L., Davey, C. G., Christensen, H., Teesson, M., Kay-Lambkin, F., Andrews, G., Mitchell, P. B., Herrman, H., Butow, P. N., & Krouskos, D. (2015). Developing a roadmap for the translation of e-mental health services for depression. *Australian and New Zealand Journal of Psychiatry*, 49(9), 776–784. https://doi.org/10.1177/0004867415582054
- 39. Buchan, H., Sunderland, M., Carragher, N., Louie, E., Batterham, P. J., & Slade, T. (2015). Investigating factors that bias the reporting of depression symptomatology among older australian adults. *American Journal of Geriatric Psychiatry*, 23(10), 1046–1055. https://doi.org/10.1016/j.jagp.2015.04.003
- 40. Crome, E., Grove, R., Baillie, A. J., Sunderland, M., Teesson, M., & Slade, T. (2015). DSM-IV and DSM-5 social anxiety disorder in the australian community. *Australian and New Zealand Journal of Psychiatry*, 49(3), 227–235. https://doi.org/10.1177/0004867414546699
- 41. Lampe, L., & Sunderland, M. (2015). Social phobia and avoidant personality disorder: Similar but different? Journal of Personality Disorders, 29(1), 115–130. https://doi.org/10.1521/pedi\_2013\_27\_079
- 42. Sunderland, M., Anderson, T. M., Sachdev, P. S., Titov, N., & Andrews, G. (2015). Lifetime and current prevalence of common DSM-IV mental disorders, their demographic correlates, and association with service utilisation and disability in older australian adults. *Australian and New Zealand Journal of Psychiatry*, 49(2), 145–155. https://doi.org/10.1177/0004867414538674
- 43. Sunderland, M., & Slade, T. (2015). The relationship between internalizing psychopathology and suicidality, treatment seeking, and disability in the australian population. *Journal of Affective Disorders*, 171, 6–12. https://doi.org/10.1016/j.jad.2014.09.012
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- 45. Batterham, P. J., Calear, A. L., Sunderland, M., Carragher, N., & Brewer, J. L. (2016). Online screening and feedback to increase help-seeking for mental health problems: Population-based randomised controlled trial. *BJPsych Open*, 2(1), 67–73. https://doi.org/10.1192/bjpo.bp.115.001552
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- 47. Batterham, P. J., Sunderland, M., Carragher, N., Calear, A. L., Mackinnon, A. J., & Slade, T. (2016). The distress questionnaire-5: Population screener for psychological distress was more accurate than the K6/K10. *Journal of Clinical Epidemiology*, 71, 35–42. https://doi.org/10.1016/j.jclinepi.2015.10.005
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- 51. Sunderland, M., Carragher, N., Chapman, C., Mills, K., Teesson, M., Lockwood, E., Forbes, D., & Slade, T. (2016). The shared and specific relationships between exposure to potentially traumatic events and transdiagnostic dimensions of psychopathology. *Journal of Anxiety Disorders*, 38, 102–109. https://doi.org/10.1016/j.janxdis. 2016.02.001
- 52. Sunderland, M., Crome, E., Stapinski, L., Baillie, A. J., & Rapee, R. M. (2016). From fear to avoidance: Factors associated with the onset of avoidance in people who fear social situations. *Journal of Experimental Psychopathology*, 7(4), 534–548. https://doi.org/10.5127/jep.055216
- 53. Afzali, M. H., Sunderland, M., Batterham, P. J., Carragher, N., Calear, A., & Slade, T. (2017). Network approach to the symptom-level association between alcohol use disorder and posttraumatic stress disorder. *Social Psychiatry and Psychiatric Epidemiology*, 52(3), 329–339. https://doi.org/10.1007/s00127-016-1331-3

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