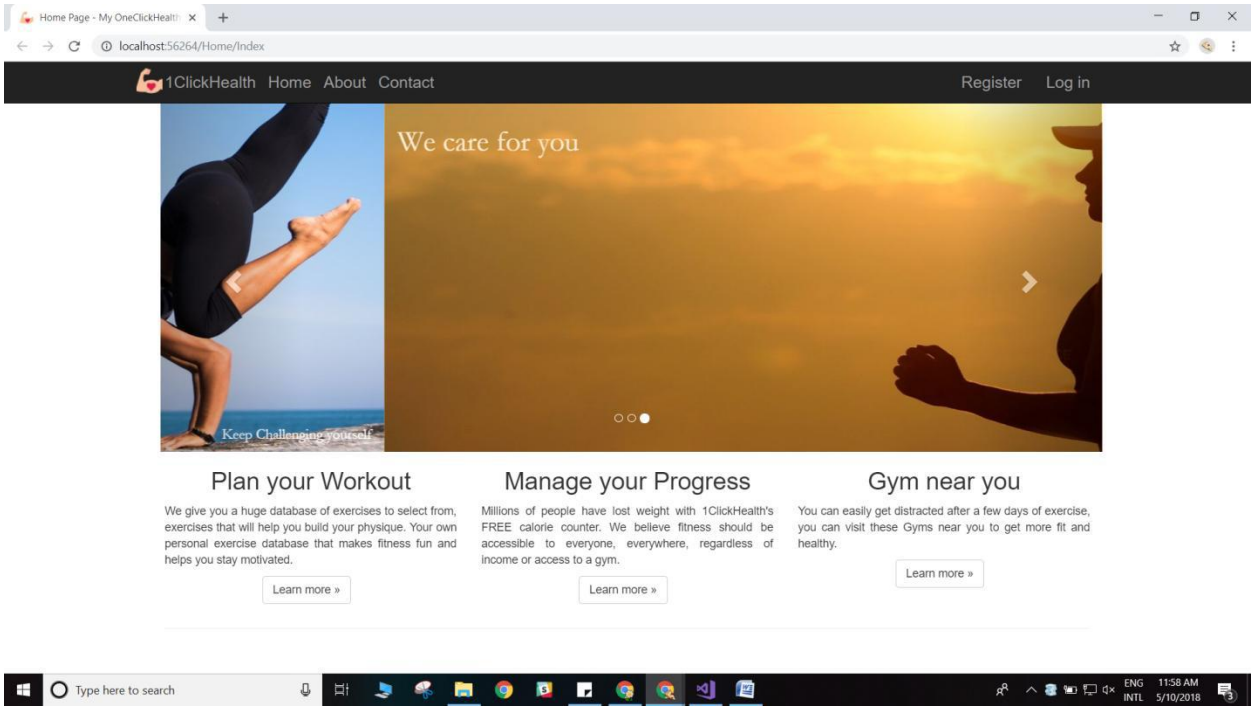
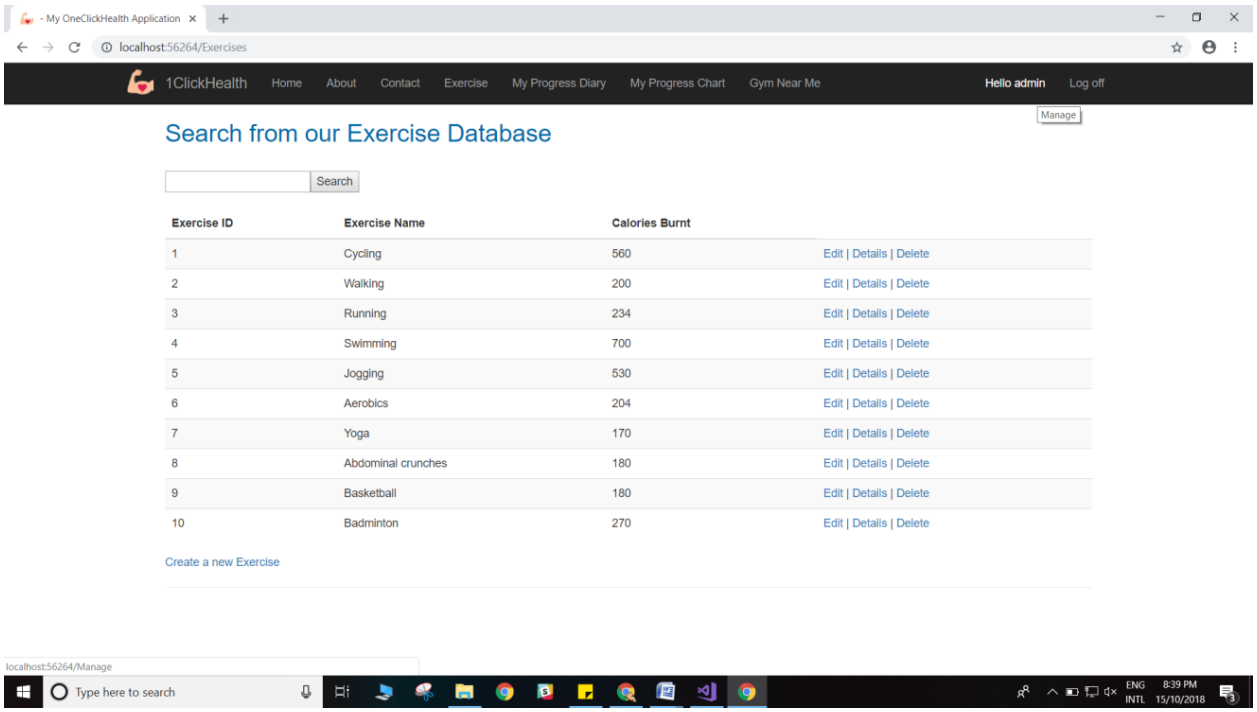
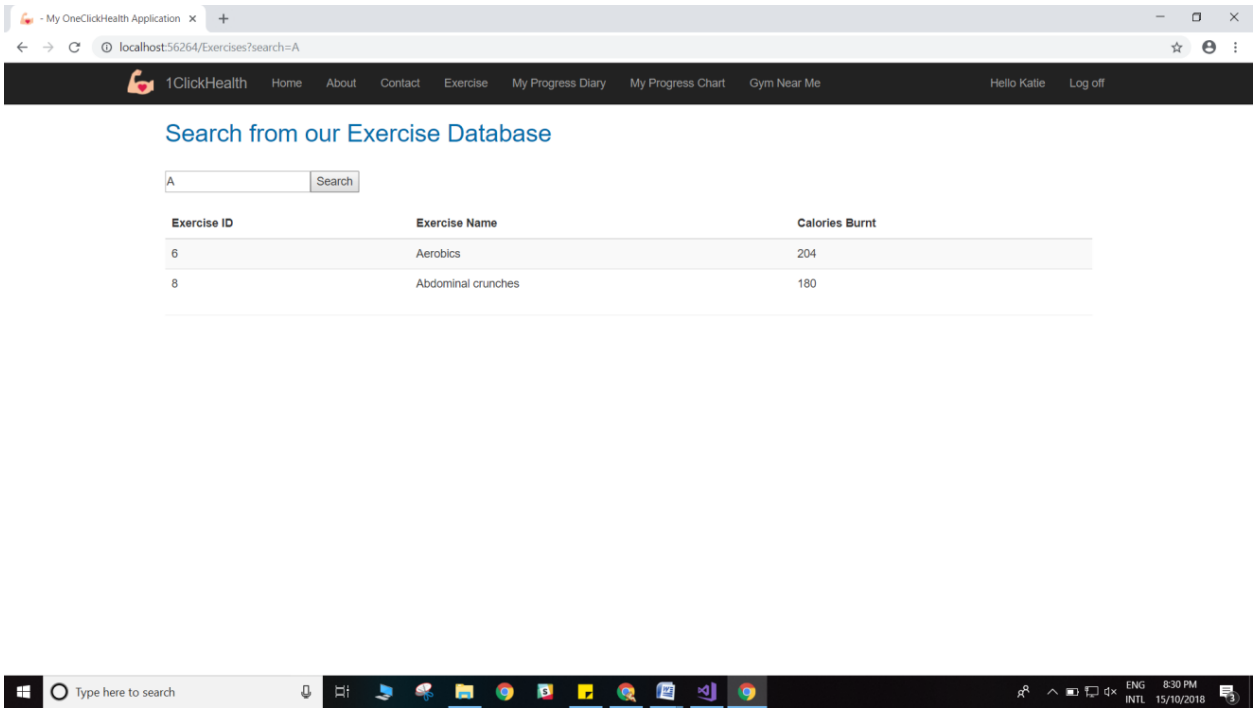
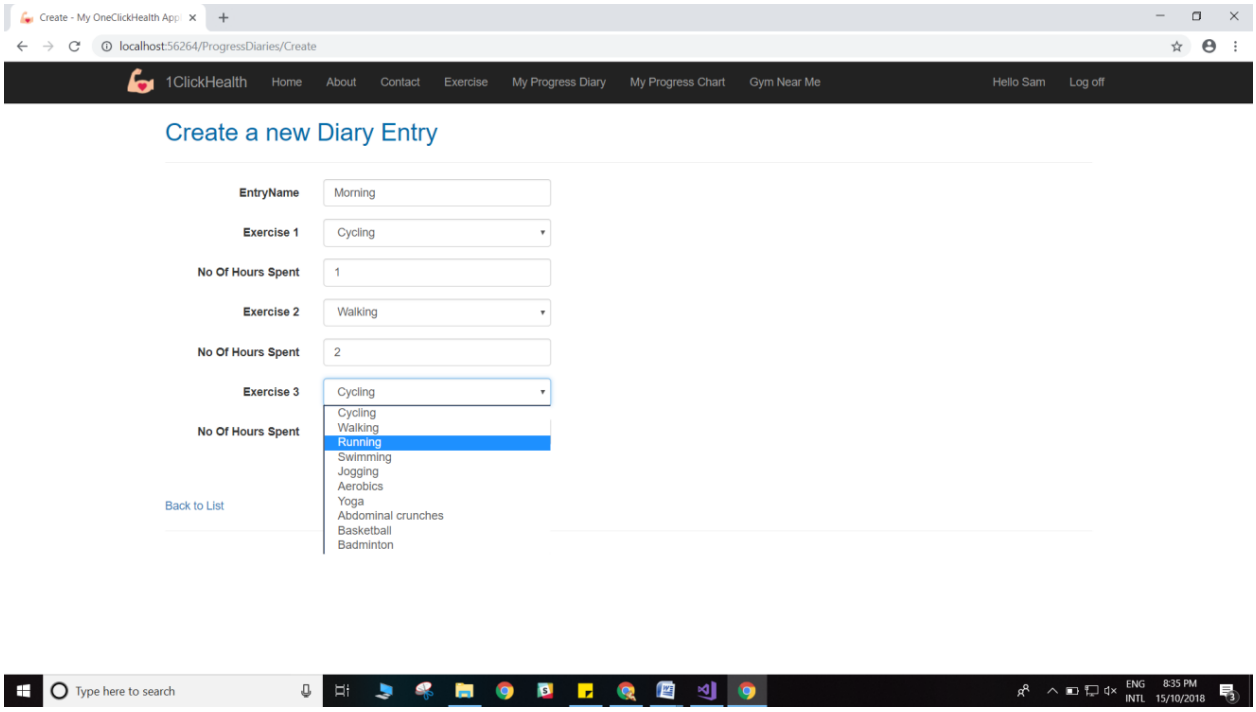
Home page

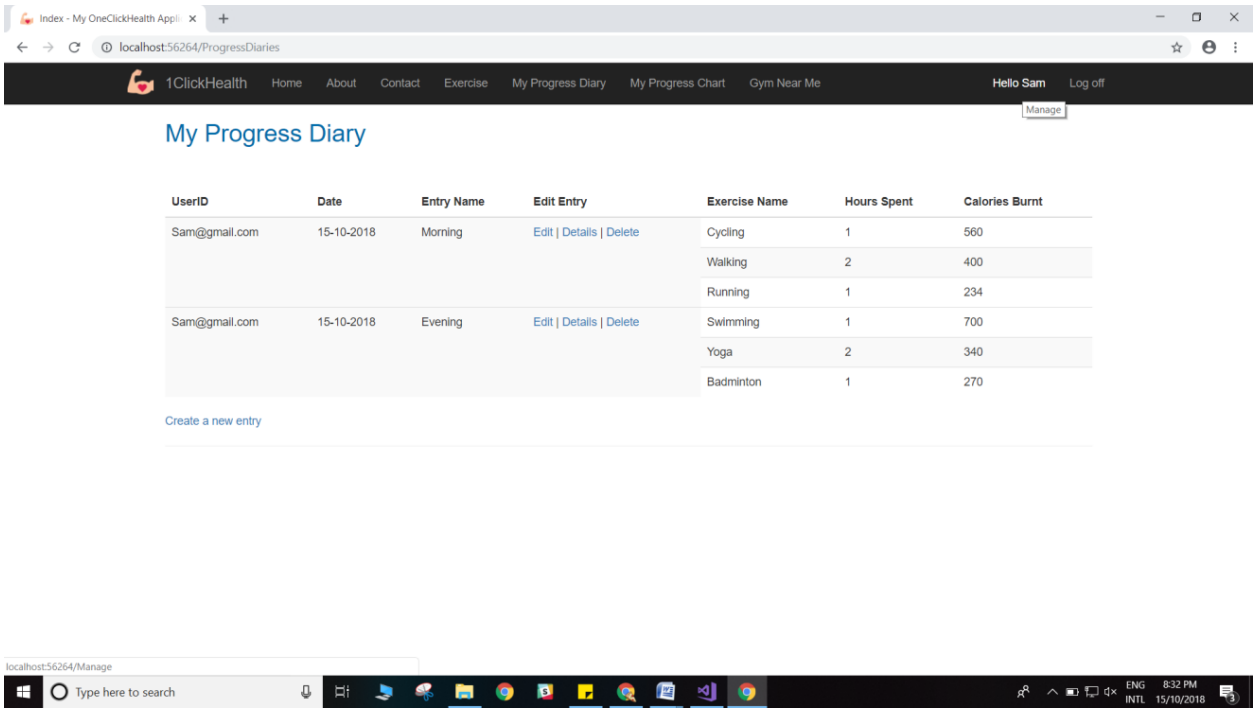


Exercise page for user

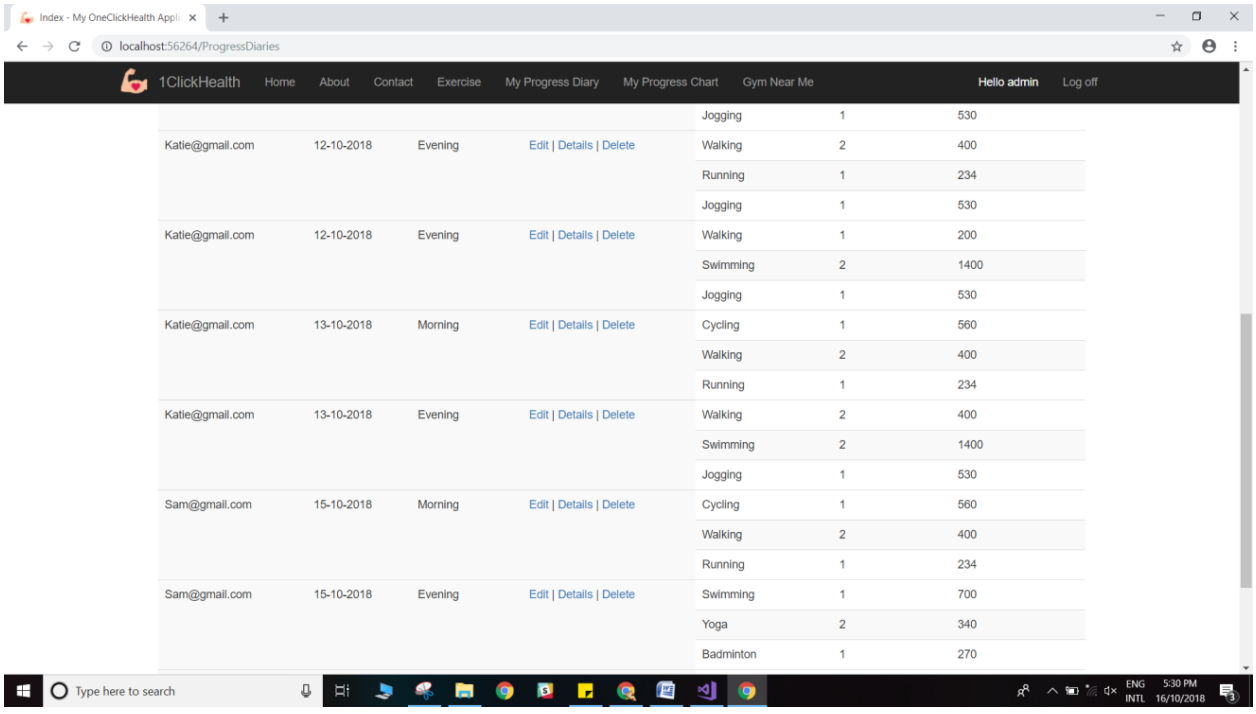



- My OneClickHealth Application
localhost:56264/Exercises?search=A
1ClickHealth
Home
About
Contact
Exercise
My Progress Diary
My Progress Chart
Gym Near Me
Hello Katie
Log off
Search from our Exercise Database
A
Search
Exercise ID
Exercise Name
Calories Burnt
6
Aerobics
204
8
Abdominal crunches
180
Type here to search
ENG
INTL
8:30 PM
15/10/2018

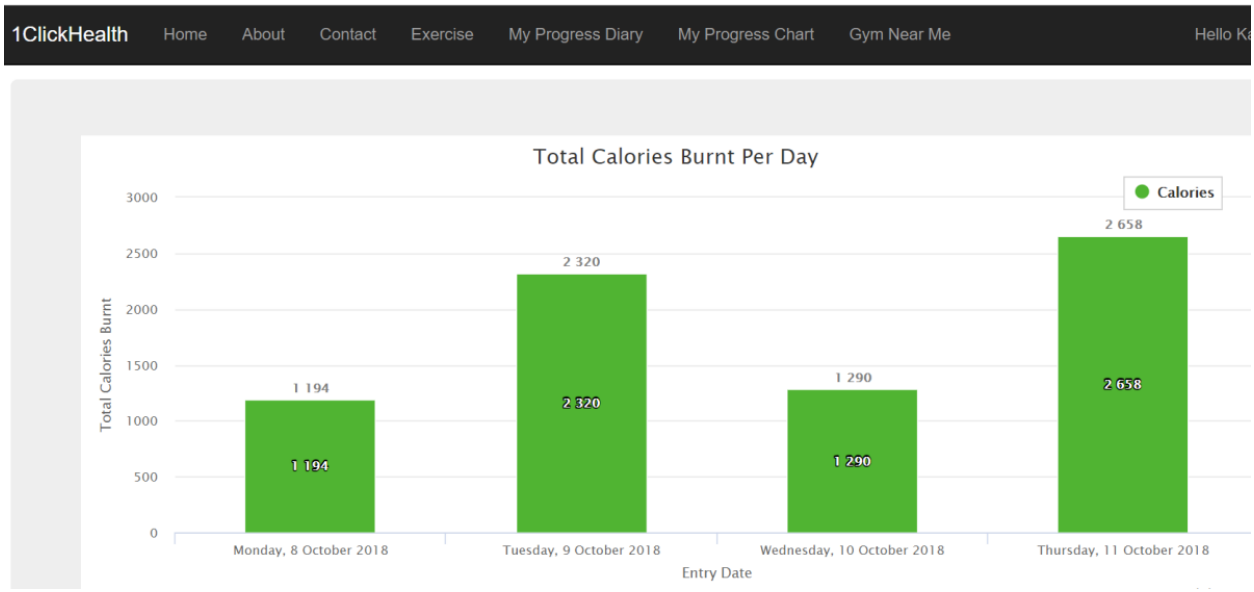

Create - My OneClickHealth App
localhost:56264/ProgressDiaries/Create
1ClickHealth
Home
About
Contact
Exercise
My Progress Diary
My Progress Chart
Gym Near Me
Hello Sam
Log off
Create a new Diary Entry
EntryName
Morning
Exercise 1
Cycling
No Of Hours Spent
1
Exercise 2
Walking
No Of Hours Spent
2
Exercise 3
Cycling
No Of Hours Spent
Cycling
Walking
Running
Swimming
Jogging
Aerobics
Yoga
Abdominal crunches
Basketball
Badminton
Back to List
Type here to search
ENG
INTL
8:35 PM
15/10/2018

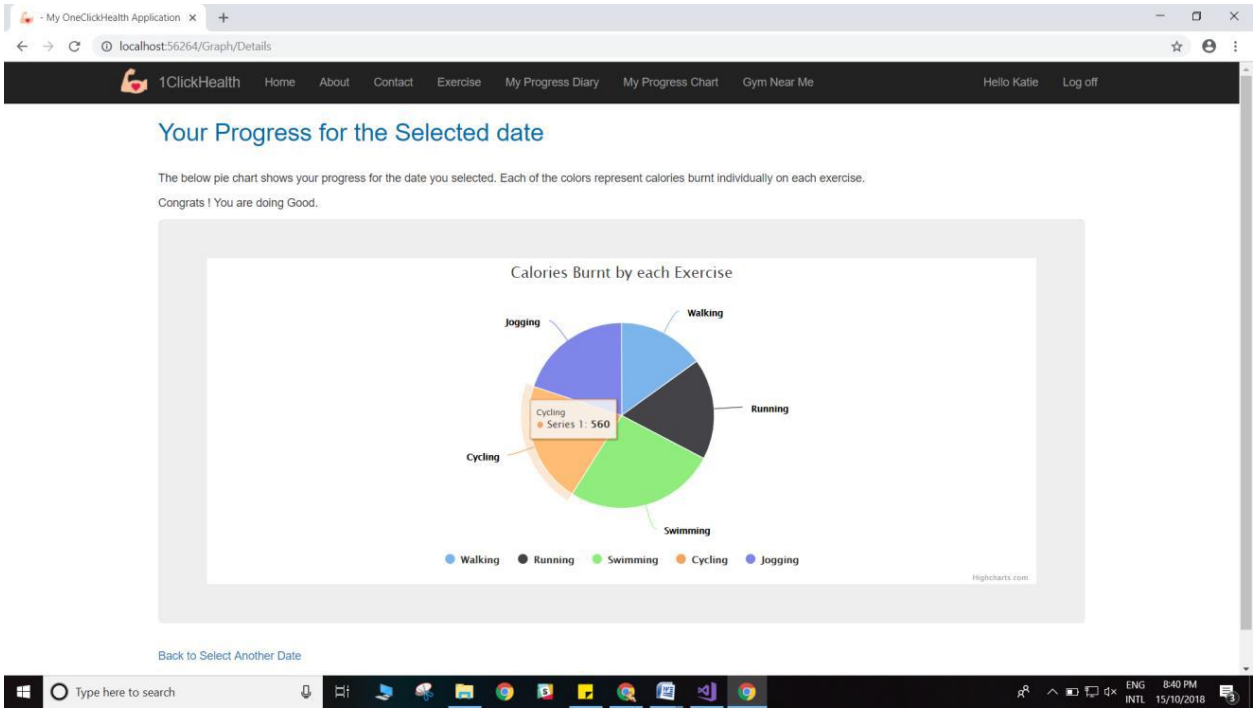
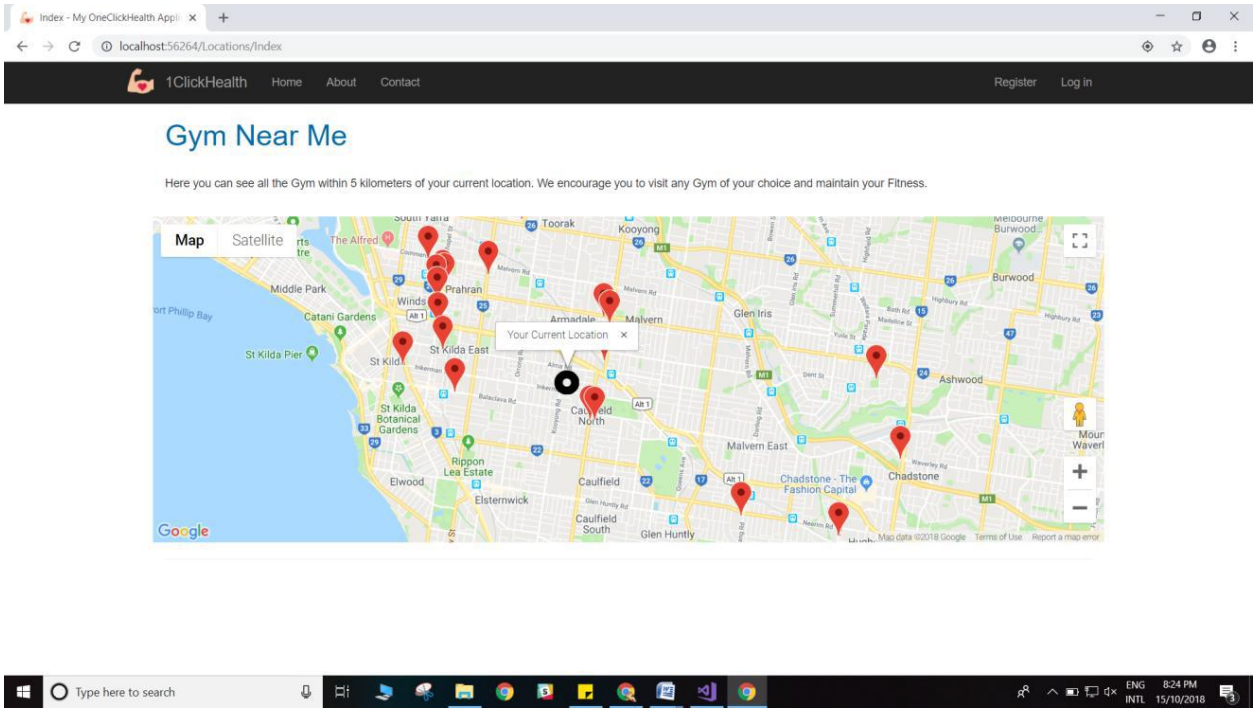


Admin can view all diary entries



Progress chart for user





User can find Gym near his location