



## Rep. Tom Emmer on Emmer Recognizes National Diabetes Month

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### **REP. TOM EMMER:**

Mr. Speaker, in honor of National Diabetes Month, I rise today to voice my concern for this disease that is plaguing our nation. Statistics show that nearly 30 million children and adults in the United States are currently living with diabetes. In my home state of Minnesota, more than 80% of adults have been diagnosed with this difficult and dangerous disease. As if these harrowing statistics are not concerning enough, studies show that type 2 diabetes will continue to grow at widespread rates and that the future cost of diabetes will increase. In other words, our diabetes problem and the associated costs are going to get worse. This disease can often be prevented. While genetics play a role in developing diabetes, diet and exercise play a role in the development as well. If we eat better and exercise, in short, if we live healthy lifestyles, many of us can prevent the onset of diabetes. So I urge my colleagues here in Congress to join me in raising awareness for diabetes. If we all put in the effort, I believe that our country can overcome this epidemic.

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