# Linear Analysis Homework 6

### Michael Nelson

Throughout this homework, let  $\mathcal{H}$  be a Hilbert space.

## Problem 1

**Proposition 0.1.** Let  $T: \mathcal{H} \to \mathcal{H}$  be a bounded operator. There exists unique self-adjoint operators  $A: \mathcal{H} \to \mathcal{H}$  and  $B: \mathcal{H} \to \mathcal{H}$  such that T = A + iB.

Proof. Define

$$A = \frac{1}{2}(T + T^*)$$
 and  $B = \frac{-i}{2}(T - T^*)$ .

Then

$$A + iB = \frac{1}{2}(T + T^*) + \frac{1}{2}(T - T^*)$$
$$= \left(\frac{1}{2} + \frac{1}{2}\right)T + \left(\frac{1}{2} - \frac{1}{2}\right)T^*$$
$$= T$$

Furthermore, A and B are self-adjoint. Indeed,

$$A^* = \left(\frac{1}{2}(T+T^*)\right)^*$$

$$= \frac{1}{2}(T^*+T^{**})$$

$$= \frac{1}{2}(T^*+T)$$

$$= \frac{1}{2}(T+T^*)$$

$$= A,$$

and similarly

$$B^* = \left(\frac{-i}{2}(T - T^*)\right)^*$$

$$= \frac{i}{2}(T^* - T^{**})$$

$$= \frac{i}{2}(T^* - T)$$

$$= \frac{-i}{2}(T - T^*)$$

$$= B.$$

This establishes existence.

For uniqueness, suppose that  $A' \colon \mathcal{H} \to \mathcal{H}$  and  $B' \colon \mathcal{H} \to \mathcal{H}$  are two other self-adjoint operators such that T = A' + iB'. Then since

$$T^* = (A + iB)^*$$
$$= A^* - iB^*$$
$$= A - iB,$$

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and since

$$T^* = (A' + iB')^*$$
  
=  $A'^* - iB'^*$   
=  $A' - iB'$ ,

we have

$$A + iB = A' + iB'$$
$$A - iB = A' - iB'.$$

Adding these together gives us 2A = 2A', and hence A = A'. Similarly, subtracting these gives us 2iB = 2iB', and hence B = B'.

## Problem 2

**Definition 0.1.** A self-adjoint operator  $T: \mathcal{H} \to \mathcal{H}$  is said to be **positive** if  $\langle Tx, x \rangle \geq 0$  for all  $x \in \mathcal{H}$ . We say T is **strictly positive** if  $\langle Tx, x \rangle > 0$  for all  $x \in \mathcal{H} \setminus \{0\}$ .

*Remark.* Equivalently,  $T: \mathcal{H} \to \mathcal{H}$  is positive if and only if  $\langle x, Tx \rangle \geq 0$  for all  $x \in \mathcal{H}$ . Indeed, if  $\langle Tx, x \rangle \geq 0$  for all  $x \in \mathcal{H}$ , then  $\langle Tx, x \rangle$  is real for all  $x \in \mathcal{H}$ , and so

$$\langle x, Tx \rangle = \overline{\langle Tx, x \rangle}$$

$$= \langle Tx, x \rangle$$

$$> 0.$$

Similarly,  $\langle x, Tx \rangle \geq 0$  for all  $x \in \mathcal{H}$  implies  $\langle Tx, x \rangle \geq 0$  for all  $x \in \mathcal{H}$ .

#### Problem 2.a

**Proposition 0.2.** Let  $S: \mathcal{H} \to \mathcal{H}$  be a bounded operator. Then  $S^*S$  is positive.

*Proof.* Let  $x \in \mathcal{H}$ . Then

$$\langle S^*Sx, x \rangle = \langle Sx, Sx \rangle$$
  
  $\geq 0$ 

by positive-definiteness of the inner-product. It follows that S\*S is positive.

*Remark.* I think we do not need *S* to be bounded here, but we only defined the adjoint of a bounded operator in class.

### Problem 2.b

**Proposition 0.3.** Let K be a closed subspace of H. Then the orthogonal projection  $P_K \colon H \to H$  is positive.

*Proof.* Let  $x \in \mathcal{H}$ . Then

$$0 = \langle x - P_{\mathcal{K}}x, P_{\mathcal{K}}x \rangle$$
  
=  $\langle x, P_{\mathcal{K}}x \rangle - \langle P_{\mathcal{K}}x, P_{\mathcal{K}}x \rangle$   
=  $\langle x, P_{\mathcal{K}}x \rangle - ||P_{\mathcal{K}}x||^2$ .

It follows that  $\langle x, P_{\mathcal{K}} x \rangle = ||P_{\mathcal{K}} x||^2 \ge 0$  which implies  $P_{\mathcal{K}}$  is positive by Remark ().

## Problem 3

### Problem 3.a

**Proposition o.4.** (Another Version of Polarization Identity) Let  $T: \mathcal{H} \to \mathcal{H}$  be any operator. Then

$$4\langle Tx, y \rangle = \sum_{i=0}^{3} \langle T(x + i^k y), x + i^k y \rangle \tag{1}$$

Proof. We have

$$\langle T(x+y), x+y \rangle = \langle Tx + Ty, x+y \rangle$$
  
=  $\langle Tx, x \rangle + \langle Tx, y \rangle + \langle Ty, x \rangle + \langle Ty, y \rangle$ 

and

$$i\langle T(x+iy), x+iy\rangle = i\langle Tx+iTy, x+iy\rangle$$

$$= i\langle Tx, x\rangle + i\langle Tx, iy\rangle + i\langle iTy, x\rangle + i\langle iTy, iy\rangle$$

$$= i\langle Tx, x\rangle + \langle Tx, y\rangle - \langle Ty, x\rangle + i\langle Ty, y\rangle$$

and

$$-\langle T(x-y), x-y \rangle = -\langle Tx - Ty, x - y \rangle$$

$$= -\langle Tx, x \rangle - \langle Tx, -y \rangle - \langle -Ty, x \rangle - \langle -Ty, -y \rangle$$

$$= -\langle Tx, x \rangle + \langle Tx, y \rangle + \langle Ty, x \rangle - \langle Ty, y \rangle$$

and

$$\begin{aligned} -i\langle T(x-iy), x-iy\rangle &= -i\langle Tx-iTy, x-iy\rangle \\ &= -i\langle Tx, x\rangle - i\langle Tx, -iy\rangle - i\langle -iTy, x\rangle - i\langle -iTy, -iy\rangle \\ &= -i\langle Tx, x\rangle + \langle Tx, y\rangle - \langle Ty, x\rangle - i\langle Ty, y\rangle. \end{aligned}$$

Adding these together gives us our desired result.

## Problem 3.b

**Proposition 0.5.** *Let*  $T: \mathcal{H} \to \mathcal{H}$  *be any operator such that*  $\langle Tx, x \rangle = 0$  *for all*  $x \in \mathcal{H}$ . Then T = 0.

*Proof.* Let  $x \in \mathcal{H}$ . Then it follows from the polarization identity proved above that

$$4\langle Tx, y \rangle = \sum_{i=0}^{3} \langle T(x + i^{k}y), x + i^{k}y \rangle$$
$$= \sum_{i=0}^{3} 0$$
$$= 0$$

for all  $y \in \mathcal{H}$ . It follows that  $\langle Tx, y \rangle = 0$  for all  $y \in \mathcal{H}$ . This implies Tx = 0 by positive-definiteness of the inner-product. Since x was arbitrary, this implies T = 0.

## Problem 4

#### Problem 4.a

**Proposition o.6.** Let  $T: \mathcal{H} \to \mathcal{H}$  be a strictly positive self-adjoint operator. Define a map  $\langle \cdot, \cdot \rangle_T : \mathcal{H} \times \mathcal{H} \to \mathbb{C}$  by

$$\langle x, y \rangle_T = \langle Tx, y \rangle$$

for all  $x, y \in \mathcal{H}$ . Then  $\langle \cdot, \cdot \rangle_T$  is an inner-product.

*Proof.* We first check that  $\langle \cdot, \cdot \rangle_T$  is linear in the first argument. Let  $x, y, z \in \mathcal{H}$ . Then

$$\langle x + z, y \rangle_T = \langle T(x + z), y \rangle$$

$$= \langle Tx + Tz, y \rangle$$

$$= \langle Tx, y \rangle + \langle Tz, y \rangle$$

$$= \langle x, y \rangle_T + \langle z, y \rangle_T.$$

Next we check that  $\langle \cdot, \cdot \rangle_T$  is conjugate-symmetric. Let  $x, y \in \mathcal{H}$ . Then since T is self-adjoint, we have

$$\langle x, y \rangle_T = \langle Tx, y \rangle$$

$$= \overline{\langle y, Tx \rangle}$$

$$= \overline{\langle Ty, x \rangle}$$

$$= \overline{\langle y, x \rangle}_T.$$

Next we check that  $\langle \cdot, \cdot \rangle_T$  is positive-definite. Let  $x \in \mathcal{H}$ . Then since T is strictly positive, we have

$$\langle x, x \rangle_T = \langle Tx, x \rangle$$
  
> 0,

where  $\langle x, x \rangle_T = 0$  if and only if x = 0.

### Problem 4.b

**Proposition 0.7.** Let  $T: \mathcal{H} \to \mathcal{H}$  be a strictly positive self-adjoint operator. Then

$$|\langle Tx, y \rangle|^2 \le \langle Tx, x \rangle \langle Ty, y \rangle \tag{2}$$

for all  $x, y \in \mathcal{H}$ .

Proof. We have

$$|\langle Tx, y \rangle|^2 = |\langle x, y \rangle_T|^2$$

$$= \leq ||x||_T^2 ||y||_T^2$$

$$= \langle x, x \rangle_T \langle y, y \rangle_T$$

$$= \langle Tx, x \rangle \langle Ty, y \rangle,$$

where we applied Cauchy-Schwarz for the  $\langle \cdot, \cdot \rangle_T$  inner-product.

### Problem 4.c

**Proposition o.8.** Let  $T: \mathcal{H} \to \mathcal{H}$  be a strictly positive self-adjoint operator. Then

$$||Tx||^2 \le ||T||\langle Tx, x\rangle \tag{3}$$

for all  $x \in \mathcal{H}$ .

*Proof.* Let  $x \in \mathcal{H}$ . Then

$$||Tx||^4 = \langle Tx, Tx \rangle^2$$

$$\leq \langle Tx, x \rangle \langle T^2x, Tx \rangle$$

$$\leq \langle Tx, x \rangle ||T^2x|| ||Tx||$$

$$\leq \langle Tx, x \rangle ||T|| ||Tx|| ||Tx||$$

$$= \langle Tx, x \rangle ||T|| ||Tx||^2,$$

where we used (2) to get from the first line to the second line. Now dividing both sides by  $||Tx||^{21}$ , we obtain  $||Tx||^2 \le \langle Tx, x \rangle ||T||$ .

# Problem 5

**Proposition o.9.** *Let*  $T: \mathcal{H} \to \mathcal{H}$  *be a bounded operator. Then* T *is self-adjoint if and only if*  $\langle Tx, x \rangle \in \mathbb{R}$  *for all*  $x \in \mathcal{H}$ . *Proof.* Suppose that T is self-adjoint. Let  $x \in \mathcal{H}$ . Then

$$\langle Tx, x \rangle = \langle x, Tx \rangle = \overline{\langle Tx, x \rangle}$$

implies  $\langle Tx, x \rangle \in \mathbb{R}$ .

Conversely, suppose that  $\langle Tx, x \rangle \in \mathbb{R}$  for all  $x \in \mathcal{H}$ . Then

$$\langle (T - T^*)x, x \rangle = \langle Tx - T^*x, x \rangle$$

$$= \langle Tx, x \rangle - \langle T^*x, x \rangle$$

$$= \overline{\langle x, Tx \rangle} - \langle x, Tx \rangle$$

$$= \langle x, Tx \rangle - \langle x, Tx \rangle$$

$$= 0$$

for all  $x \in \mathcal{H}$ . Therefore by Proposition (0.5), we see that  $T - T^* = 0$ , i.e.  $T = T^*$ .

<sup>&</sup>lt;sup>1</sup>If Tx = 0, then we clearly have (3), thus we assume  $Tx \neq 0$ .

## Problem 6

### Problem 6.a

**Proposition 0.10.** Let  $T: \mathcal{H} \to \mathcal{H}$  be a self-adjoint operator. Then

$$||T^n||^2 \le ||T^{n+1}|| ||T^{n-1}|| \tag{4}$$

for all  $n \in \mathbb{N}$ .

*Proof.* Let  $n \in \mathbb{N}$  and let  $x \in \mathcal{H}$  such that  $||x|| \leq 1$ . Then

$$||T^{n}x||^{2} = \langle T^{n}x, T^{n}x \rangle$$

$$= \langle T^{n+1}x, T^{n-1}x \rangle$$

$$\leq ||T^{n+1}x|| ||T^{n-1}x||$$

$$\leq ||T^{n+1}|| ||x|| ||T^{n-1}|| ||x||$$

$$\leq ||T^{n+1}|| ||T^{n-1}||,$$

which implies (4).

### Problem 6.b

**Proposition 0.11.** Let  $T \colon \mathcal{H} \to \mathcal{H}$  be a self-adjoint operator. Then

$$||T^n|| = ||T||^n \tag{5}$$

for all  $n \in \mathbb{N}$ .

*Proof.* We prove (5) by induction on  $n \ge 0$ . The base case n = 0 and the case n = 1 are trivial. Assume that (5) holds for some  $n \ge 1$ . Then by (4), we have

$$||T^{n+1}|| \ge ||T^{n-1}||^{-1}||T^n||^2$$

$$= ||T||^{1-n}||T||^{2n}$$

$$= ||T||^{n+1},$$

where we used the induction step to get from the first line to the second line.

For the reverse inequality, let  $x \in \mathcal{H}$  such that  $||x|| \leq 1$ . Then

$$||T^{n+1}x|| \le ||T^nx|| ||Tx||$$

$$\le ||T^n|| ||x|| ||Tx||$$

$$\le ||T^n|| ||Tx||$$

$$\le ||T^n|| ||T||$$

$$= ||T||^n ||T||$$

$$= ||T||^{n+1},$$

where we used the induction step to get from the fourth line to the fifth line. It follows that  $||T^{n+1}|| \le ||T||^{n+1}$ .  $\square$