

calorie_tracker

February 03 2019

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Foods

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12 May 2016



Diary

Breakfast

Name	Calories	
Banana	34	⊖
French Silk Pie	340	⊖
Total Calories	374	
Remaining Calories	26	

Lunch

Name	Calories	
Orange	34	⊖
Deep Dish Pizza	890	⊖
Total Calories	924	
Remaining Calories	-324	

Dinner

Name	Calories	
Spinach Salad w/ dressing	240	⊖
Roasted Cauliflower	80	⊖
Chicken Breast	210	⊖
Total Calories	530	
Remaining Calories	70	

Snacks

Name	Calories	
Dark Chocolate	150	⊖
Beef Jerky	95	⊖
Total Calories	245	
Remaining Calories	-45	

Totals

Goal Calories	2000
Calories Consumed	2073
Remaining Calories	37



Foods

Create New

Add Selected To

Breakfast

Lunch

Dinner

Snacks

Search by Name

	Name	Calories
<input type="checkbox"/>	Banana	34
<input type="checkbox"/>	French Silk Pie	340
<input type="checkbox"/>	Orange	34
<input type="checkbox"/>	Deep Dish Pizza	890
<input type="checkbox"/>	Spinach Salad w/ dressing	240
<input type="checkbox"/>	Roasted Cauliflower	80
<input type="checkbox"/>	Chicken Breast	210
<input type="checkbox"/>	Dark Chocolate	150
<input type="checkbox"/>	Beef Jerky	95



Diary

Foods

Search Foods

Search

Create New Food

Name

Calories

Submit