

The FALL COMMUNITARIAN

Meredith's Musings

I love being a Unitarian Universalist! I love our people (UUs are so great!) I love our approach to religion – that whole “it’s not about what we believe” thing really works for me. (So what is it about? Religion is about three things: ethics and values we live by, having a community of support and challenge, and experiences of transcendent wonder).

And another thing: I love congregational life. I know people can pursue spiritual development in a lot of ways that don’t involve congregations – books, classes, spiritual counseling, etc. Spiritual growth in a congregational context, however, comes with some features that are only congregational life offers. I count five such features.

I get that some of these aren’t exactly key marketing points. Take, for instance, the first one:

1. Self-governance. Involvement with committees; democratic participation in, and approval of, the budget process; deliberating about policies, procedures, bylaws; creating and leading programs. For some folks, this may not sound hugely appealing, but spiritual community that is run by the seekers themselves offers a unique level of richness, meaning, and connection. The activities of self-governance form an inseparable and integral part of our path of growth and deepening.

2. Group Identity and Belonging. We get that the “tribalism” of religious groups may be part of what makes “religious” unattractive. There are, nevertheless, deep satisfactions from being members of the Unitarian Universalist “tribe.” Belongingness in a community of care and concern is a deep human need. Moreover, Unitarian Universalist congregations are committed to diversity. We work hard at making sure our identity as “UUs” doesn’t exclude other identities. UU Christians, UU atheists, UU Buddhists, UU pagans, UU Jews, UU Humanists, and others, all find belonging as Unitarian Universalists.

3. Family membership. Adults and their children share in congregational life. The concept of family involvement in a faith institution – belonging together as a family rather than as separate individuals – is an integral feature of congregational life. You don’t get that with a spiritual counselor or a yoga class.

4. Caring for each other. Call it shared pastoral ministry: the love and care that congregation members show to other members – building friendships in church, visiting each other for social occasions and when one of us is sick. These things will naturally happen among a circle of friends, but congregational life affords the chance to have a bigger circle. It’s nice to care and be cared about by people that know you well. Caring and being cared about by group members that may not (yet) know you all that well adds a rewarding layer of meaning to life.

5. Social justice action as a faith community. You don’t have to be in a congregation to work for social justice, but in congregations, justice and spirituality are integrated. Working with fellow congregants on justice projects is an essential part of our spiritual path.

I find these to be essential components of a rich and powerful life.

Meredith



Chair's Report

Welcome back! Hope you all enjoyed the summer, now transitioning to autumn, which is set to officially arrive on September 22. I am delighted to send you greetings as I begin my second year as Chair of the Board of Trustees, a position in which I feel privileged to serve for another year.

Please join me in welcoming back Rev. Meredith Garmon, who begins his sixth year; Pam Parker, our Congregational and Communications Administrator, who had her second anniversary last May; Chandeerah Davis, our returning Youth Program Coordinator; and Diane Pearson, our bookkeeper, who completed one year with us last January. We also welcome back Adam Kent, our Music Director, Lisa Meyer our Choir Director, Georgianna Pappas, our Choir Accompanist, and Lyra Harada, our Children's Music Director & Educator. Our nursery and kindergarten caregivers and teachers Diane Keller and Hans Elsevier are all with us again.

I want to also welcome Michele Rinaldi to CUUC in the newly created role of Coordinator of Religious Education (CRE). Michele joined us on August 14. She has previously served as an administrator in human services, a director of an animal welfare shelter, a school administrator, and a special education teacher. Michele's position as CRE is 3/4 time. Our former Director of Religious Education, Perry Montrose, will be assuming a new 1/4-time role as Director of Faith Development (DFD). We look forward to Perry's continuing involvement as DFD as part of our RE Program transition. The DRE Search Committee will continue to review the structure of the RE Program with the goal of developing a program that fits the needs of CUUC, and will begin a search for RE leaders for the 2019–2020 year. And the Board has been very busy meeting throughout the summer, reviewing where we are and what we have accomplished, and planning for our year ahead.

Summer Services First, a special thank you to our summer worship team, Joann Prinzivalli Tony Arrien, and Tom Rosenbaum, for their time, efforts, and the professionalism they brought to the regular officiating of the well-attended Summer Services in our air-conditioned Fellowship Hall. Thank you also to our Music Coordinator Kim Force, and all others for their help preparing for and presenting these services.

Financial Report CUUC closed out the year in June on a good note. The original budget assumed a \$42,000 draw from the Endowment. While in the May/June timeframe we still projected a smaller shortfall of \$21,000 for the year (June '17–June '18), the actual shortfall came in a bit lower, at about \$16,000. To provide some detail, pledges for the year came in slightly better at \$390,000 than the expected \$385,000 AND expenses were lower than anticipated. However, while we are pleased with this endnote, we do need everyone's commitment to reach our financial pledge goal for the coming congregational year.

Rentals Hearty thanks to the CUUC Rentals Committee, consisting of former Board Chair Tom Wacht, Russ Gold, and Gail Johnson, with a special thank you to Pam Parker for her diligent efforts on the operational side: supervising rentals, handling the frequent various and sundry rental inquiries, and coordinating space and calendar requirements. As an update from the Rentals Committee Annual Report in June, our major tenant, the Montessori Garden pre-school, is anticipating significantly expanding in both enrollment and space usage. Montessori was recently given the "green light" by the White Plains Zoning Board of Appeals to increase the number of pre-schoolers by more than 30%. With that increase in students, they will need additional space, which CUUC has available. We will leave it to the Committee

to negotiate a fair and equitable increase in rental income with our long standing tenant, which will certainly be most welcome.

Developmental Model of Intercultural Sensitivity This summer the Board has had significant discussions about the Developmental Model of Intercultural Sensitivity (DMIS), and has planned a DMIS presentation to all CUUC Members and Friends by Rev. Erica Baron of the Kingston, New York, Unitarian Universal Congregation. The DMIS was developed to measure cultural awareness and diversity and broaden both awareness and sensitivity. Rev. Baron, a noted authority on the DMIS, will be presenting a full-morning workshop to our congregation here at CUUC on Saturday, October 20, from 9:00am to 12:30pm. Please mark your calendars. Additional information about the workshop will be coming. We do hope that you can all join Rev. Baron and the Board on that date for this very important program. Please see immediately below regarding the Board's Retreat, the first part of which will be the Board's participation in the workshop program presented by Rev. Baron.

Board Retreat The Board's Annual Retreat will continue on the afternoon of October 20. Rev. Erica Baron will join the Board, as a continuation of her morning workshop presentation to the entire congregation, to work with the Board for part of the retreat's afternoon session. Our session will include additional in-depth discussions of intercultural awareness, acceptance and sensitivity, inclusiveness, and effective communications.

Social Justice Teams Our Social Justice Teams continue to do their fine community outreach work and are expanding and thriving. The Teams will offer a "fair" on Sunday, September 16, so that everyone can learn about the focus of each individual social justice team and then have the opportunity to join a team that represents the cause that speaks to their interests. We hope many of you will sign on.

Legacy Giving: UUA Matching Gift Opportunity A reminder that the UUA has developed a program for congregations to receive a 10% matching donation from the UUA now, up to \$10,000, if you name CUUC as a beneficiary in your will or other legacy gift. However, you must act quickly, as the UUA has indicated that the funds earmarked by the UUA are expected to be exhausted by the end of September, 2018. For more information about the Program, or assistance with arrangements to help CUUC becoming the beneficiary of your legacy gift, please contact Tom Wacht (tjwachtseq@aol.com) or Board Treasurer Chris Kortlandt (kortlandtbunch@gmail.com).

Personnel Committee The revitalized Personnel Committee appointed by the Board last year will continue its work this year by reviewing CUUC's personnel policies and related human resource practices to make sure all of our practices and procedures are up to date in light of the frequent changes in the HR landscape.

We look forward to beginning an exciting year. So another "welcome back" to our returning Members and Friends, and a special welcome to our newcomers. There is a lot to be done and many ways to serve. We have a lot of leadership talent here at CUUC and the Board will be addressing how best to develop that talent this year and in the coming years. The Board encourages our Members to come forward and be available when approached to participate in the future leadership of our Congregation. Please join me in kicking off the Congregational Year, and remember we always welcome your input. Please feel free to contact me, Vice-Chair Al Rocchi, or any other Board Member with your questions or concerns.

Dean Silverberg, Board Chair



Religious Education

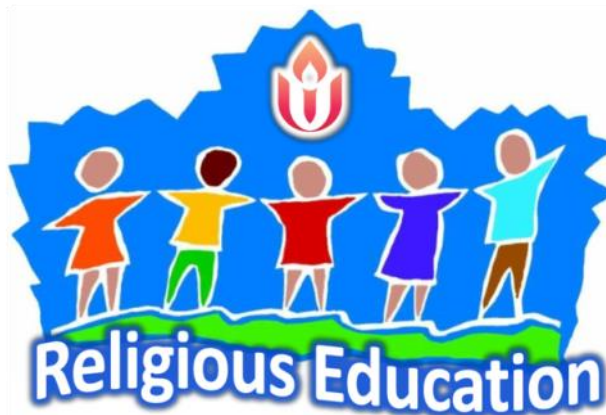
Perry's Ponderings

My daughter, Nora, recently discovered the movie *Frozen* and has taken to singing "Let It Go," especially when her parents shift the course she is on. For Elsa in the movie, letting go of what she left behind is not a complete disconnect, but rather a reimagining of the relationships and a reconnecting in a new, even better, way. It is letting go of previous expectations and allowing a new vision to take shape.

I am excited to remain connected to you in my new quarter-time role as Director of Faith Development. The Religious Education ministry continues to evolve as we welcome our new Coordinator of Religious Education, Michele Rinaldi, who adds a fresh perspective and set of skills that will keep our programs humming along. It has been a joy to get to know Michele in the initial stages of our collaboration. To enable this partnership and make it simple for the congregation, we created a shared email address – RE@cucwp.org. We will respond to your needs in our differing roles with a sense of teamwork that benefits the congregation.

I look forward to supporting Michele in her new position and continuing to build on the Lifespan Religious Education vision. I will be available remotely and at CUUC one Sunday a month, while Michele becomes the main person for weekly logistics and administering the programs. We have reimagined the way to support the wonderful ministry that exists and open new possibilities for growth.

Perry Montrose, Director of Faith Development



Religious Education

Introductions!

To All the Congregants, Staff, and Volunteers of CUUC,

I would like to take this opportunity to introduce myself as the newly hired Coordinator of Religious Education. My name is Michele Rinaldi and I come to this role with a diverse background as a director in human services and animal shelters as well as teacher and administrator in special education.

Going into my third week, I have been most fortunate to be working with and mentored by Perry Montrose, as well as supported by Reverend Garmon.

Perry and I are actively joining forces to collaborate and integrate our experiences and skills to promote, expand, and improve upon our religious education program.

My specific goal is to work closely with our RE Council and provide consistent direction, guidance, and support to our teachers.

In terms of curriculum, Perry and I would like to incorporate innovate curriculum ideas and activities. My personal ministry, if you will, has always been in support and advocacy of individuals with disabilities and animal welfare. For both in our society, there is the need and responsibility for us to be their voice. Protecting them and caring for them fits seamlessly into the mission of CUUC and will provide an added dimension to it.

With that being said, I am very excited to be here and look forward to meeting everyone as the weeks unfold. Please feel free to stop by, and thank you for making me feel so welcome.

Michele Rinaldi, Coordinator of Religious Education

Religious Education

CUUC Religious Education Schedule – Fall 2018

Sun Sep 9

10:00am Ingathering and Water Service
11:15am Ingathering Community Meal

Sat Sep 15-16

Metro NY Jr Youth Retreat

Sun Sep 16

8:45am Teacher Orientation
10:00am RE Kickoff/Teacher Covenanting

Sun Sep 23

10:00am RE Worship & Classes

Sun Sep 30

8:45am Parent-Teacher Meeting
10:00am RE Worship & Classes

Sun Oct 7

10:00am Spiritual Practice Sunday

Sun Oct 14

10:00am RE Worship & Classes

Sun Oct 21

10:00am RE Worship & Classes

Sun Oct 28

10:00am RE Worship & Classes
11:10am Halloween Parade & Event

Sat Nov 3

5:30pm CUUC Children's Auction

Sun Nov 4

10:00am RE Worship & Classes

Sun Nov 11

10:00am RE Veterans Day Sunday

Sun Nov 18

10:00am Multigen Thanksgiving Service
11:15am Stone Soup Community Meal

Sat Nov 25

10:00am Fun Sun Deck the Halls Craft

BLESSING OF THE BACKPACKS



Blessing of the Backpacks

Sun Sep 9, during the Ingathering Service

Bring your backpack, school bag, briefcase, satchel, purse, handbag, baby bag, fanny pack, lunch box, toolbox, tackle box, or whatever else you may use for school, work, or hobby. We will start off the new year with a ceremonial blessing to carry the spirit of community and well-being with us.

RE Covenanting and Classes Begin Sun Sep 16

Religious Education

Teacher Orientation

Sun Sep 16, 8:45–9:45am, Fellowship Hall

Join us for a light breakfast and meet our new Coordinator of Religious Education, Michele Rinaldi. Childcare available.

- Get to Know the Routine and Resources
- Understand Your Curriculum
- Meet with Your Team
- Safe Congregations Review
- Time for Q&A

RSVP to RE@cucwp.org or 914-946-1660 x4.

Please attend even if you have taught previously.



Parent-Teacher Meeting

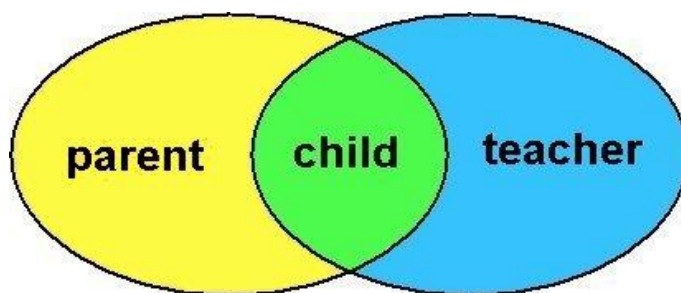
Sun Sep 30, 8:45–9:45am, Fellowship Hall

Join Perry and Michele to discover more about the vision of Religious Education.

Meet your children's teachers and hear about the curriculum.

Breakfast served

Childcare available



Stone Soup

Sun Nov 18, after Worship

Our traditional RE fundraiser to support social justice projects. Delicious community soup and other goodies prepared with the help of our religious education students.

\$5 adults/\$3 children

\$15 maximum for families



Social Justice Teams

Social Justice Teams – Opportunities to Engage in Service

We will be holding our Social Justice Team Fair after worship on Sun Sep 16. Come enjoy your coffee hour in Fellowship Hall as you talk to members from the teams listed below as well as two new teams, formed around gun safety and children's rights. Our mission calls us to "engage in service to transform ourselves and our world" so our goal at CUUC is for *all* members to at least have their names on the email list of one team. Our wish is that we all grow to become "social justice warriors," being a force for good and acting to make a difference. We invite you to find where you would like to share your talent and energy!

Animal Advocacy

The **Animal Advocacy** Social Justice Team came into existence last year with a mission to foster understanding and respect for the community and experiences of all species, and to open ourselves and others to greater compassion and kinship with all animals. Our activities ranged from fundraisers and supplies drives for shelter animals and those displaced by hurricanes and floods, to ethical pest management initiatives, to improved plant-based options at our brunches. This year, the AASJT is energized and excited to be working with the RE Council to bring discussions related to respect for all beings and the interdependent web of all existence into the classroom on select Sundays! Our first meeting of the season will be held in September – check the weekly e-newsletter. If you are interested in joining us to help plan this year's activities, please feel free to contact Doreen Rossi (doreenrossi@hotmail.com).

Economic Justice

The **Economic Justice** Social Justice Team is committed to addressing economic and social systems with the goal of promoting equitable outcomes to promote dignity, and well-being for all. Last congregational year, we presented the Statement of Conscience on Escalating Economic Inequality to the board and then to the congregation. After making modifications, CUUC approved it. As we begin this fall we will meet on the second Sunday of each month after worship. We will read appropriate articles and books on the subject and plan specific actions that will impact the inequality in our land. We welcome new members who are interested in learning more about what we can do to make a difference. If you have time to commit to this cause, please contact the secretary, Jim Walkup (jimwalkup@gmail.com) or come to our first meeting on Sun Sep 9 after worship.

Environmental Practices Group

REDUCE THE WASTE STREAM! That is the focus of the **Environmental Practices Group** (EPG) activities this congregational year, as well as continuing our work on the UUA Green Sanctuary Program. Read more in our article on the following pages. Our next meeting is Sun Oct 8 at 11:30am, and we generally meet on the second Sunday of the month, either before or after services (we switch between the two). Please join us! Contact Co-Chairs Janet Bear (jsbear@gmail.com) or Charlie McNally (mcnally@pobox.com).

Social Justice Teams

Hunger and Homelessness

The **Hunger and Homelessness** Social Justice Team provides education about local issues and advocates for our neighbors in need. H&H supports the Ecumenical Emergency Food Pantry; prepares meals for HOPE (Help Our People Eat) Community Services (hopecommunityservices.org); and collects gifts and necessities for Hour Children at the Bedford Correctional Facility (hourchildren.org), the Coachman Family Center (westhab.org/familyservices), Open Arms Men's Shelter, and Samaritan House Women's Shelter (liftingupwestchester.org). New team members are always welcome! Contact: Nicole Turygin (nturygin@gmail.com).

LGBTQIA

Our UU Seven Principles remind us that every being has worth and dignity, and our worth includes our gender and sexuality. The **LGBTQIA** Social Justice Team discusses Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, and Asexual justice issues. The team will again host a Transgender Day of Remembrance service on Sun Nov 18, after our regular worship. Our usual meeting date is 2nd Sunday of the month at 9:00 am. Contact: Tony Arrien (arrien@optonline.net).

Racial Justice/In the Spirit of Truth

The **Racial Justice** team focuses on actions we can take to combat racism and to support movements such as Black Lives Matter. **In The Spirit of Truth** (ITSOT) was formed to address issues of intolerance and explore ways of building acceptance for diversity in both our congregation and the local White Plains community. ITSOT and the Racial Justice Team usually meet after the service on the first Sunday of the month and plan events and actions. ITSOT and the Racial Justice Team, with the able leadership of Petra Thombs, produced the Juneteenth worship service at CUUC this past June. Racial Justice contact: Jeff Tomlinson (jefftomlinson8@gmail.com); ITSOT, contact Barbara Mair (barbara.k.mair@icloud.com).

Refugee Resettlement

The CUUC **Refugee Resettlement** social justice team, along with other volunteer groups, has been actively supporting a refugee family of five settled last year. To celebrate the upcoming anniversary of their arrival, we are planning "Welcoming Week" events at CUUC on Sat Sep 15, including an Afghan cooking class, homemade Afghan lunch, and roundtable discussion "Refugee Resettlement from Both Sides." To reserve your spot, contact Jane Dixon (lilrhodie@gmail.com). Learn more about our work by contacting Paula Meighan (paula.meighan74@gmail.com) and Robin Rocchi (robinandal@verizon.net).

Social Justice Teams

Women's Issues

Since its inception, the **Women's Issues** Social Justice Team has supported various platforms including contraception access, a women's right to choose whether to have an abortion, and empowering inner city women to say no to purchasing guns for others. As part of this support, we have worked in various ways with the organizations Planned Parenthood and Operation L.I.P.S.T.I.C.K. (Ladies Involved in Putting a Stop to Inner-City Killing). This past year the Women's Issues SJT organized groups that participated in three public marches/actions. The team also brought to the congregation a statement of conscience in support of a woman's right to contraceptives, which was overwhelmingly passed by the congregation. We welcome new members for the current year. We are looking for new ideas and initiatives, as well as continuing our work towards passage of reproductive health initiatives in New York State, and our fight against a federal defunding of Planned Parenthood. We plan to again organize a group to go to Albany for the Day of Action lobby. Contact: Karen Schmitt (schmitt8@verizon.net).

Watch the weekly e-Communitarian newsletter and order of service for updated information on the CUUC social justice teams. For general questions, contact the Social Justice Coordinating team:

Jeff Tomlinson (jefftomlinson8@gmail.com), Mary Cavallero (marycava4@gmail.com), Pamela Cucinell (pamelajcny@gmail.com), and Rev. Meredith Garmon (minister@cucwp.org)

Meet Our Social Justice Teams at the SJT Fair!

Social Justice Team Fair, Sun Sep 16, after worship, Fellowship Hall



Enjoy your coffee hour in Fellowship Hall, where our social justice teams will each have a display, information, and team members you can chat with. As Rev. Meredith recently wrote, "Social justice work is spiritual practice. And spiritual practice increases our interest in social justice work." *Which issue most calls to you?*

Each SJT is designed to have: • one or two chairs; • core leaders; • active members; • "on-call" members (no commitment to come to any meetings, but willing to be called upon when there's a big project). All our SJTs welcome more active members, and some are looking for another core leader or two. Our goal is to have everyone at least "on call" for an SJT. *Can you step up?*

EPG: Reducing the Waste Stream

During the 2017–18 congregational year, the Environmental Practices Group (EPG) continued to work on the UUA Green Sanctuary Program, with a focus on “Reducing the Waste Stream.”

What does it mean to reduce the waste stream? Simply put: **Decrease the trash that each of us creates**, as individuals, as a congregation, and as members of our communities. Over the past year we educated the congregation about composting food waste and other means of recycling to reduce what ends up in our landfills. We held a forum about reducing the waste stream. A Westchester County resident spoke about her effort to successfully introduce food scrap recycling in Scarsdale and she explained what needs to be done in White Plains. We showed the documentary *Racing to Zero* describing the efforts being made in San Francisco to become a zero waste community. Could that happen here?

EPG sponsored a trip to the Ulster County Food Scrap Recycling Center to see how food scraps collected from our local municipalities are converted into rich compost! We also have an informative bulletin board across from the coat racks where you can discover how to recycle many household items. Take a look!

This year we will continue our work to “Reduce the Waste Stream.” We will be introducing food scrap recycling along with new recycling containers throughout the building. We will also be looking for ways to connect our activities to local groups who are most impacted. If our activities are of interest to you, please join us. We are always looking for additional congregants to assist us in our environmental justice work.

We would love to explore the addition of solar panels on the building, and are looking for volunteers with some knowledge or interest in solar energy. If that’s you, please reach out to either Janet Bear (jsbear1@gmail.com) or Charlie McNally (mcnally@pobox.com), co-chairs. We usually meet once a month on Sunday morning. Look for announcements in the weekly e-mail newsletter.

The Caring & Sharing Circle

The **Caring & Sharing Circle** works with our congregation and minister to support and care for members and friends of our community. If anyone knows of another among us who is in need of a caregiver, contact our volunteers: **September**: Carole Mehta (914-234-6294, carole.mehta@gmail.com) or her backup Catherine Kortlandt (914 834-7112, catherinekortlandt@gmail.com). **October**: Catherine Kortlandt (914 834-7112, catherinekortlandt@gmail.com) or her backup Barbara Mair (914 769-7186, barbara.k.mair@icloud.com). **November**: Barbara Mair (914 769-7186, barbara.k.mair@icloud.com) or her backup Joan Traber (914 949-7441 or joantraber@yahoo.com).

To learn more about C&S, contact Astrid Rogers (astridrogers@aol.com). Or contact the congregation office at 914-946-1660 x2

CUUC REFUGEE RESETTLEMENT SOCIAL JUSTICE TEAM

“WELCOMING WEEK” EVENTS AT CUUC SATURDAY, SEPTEMBER 15

Help us celebrate the first anniversary of our welcoming a resettled refugee family with these special events in the CUUC Kitchen and Fellowship Hall

Afghan Cooking Class

9:30 AM, Kitchen

(Limited to 10 Adults and Kids age 10+)

Afghan Lunch

12:00 Noon, Fellowship Hall

(Limited to 25 People)

Discussion: “Refugee Resettlement from Both Sides”

1:00 PM, Fellowship Hall

Roundtable discussion with refugees resettled in Westchester and volunteers. (Open to All)



Reserve Your Place Now!

Contact: Jane Dixon (lilrhodie@gmail.com)

Sign up for a Journey Group

“Life is a journey, not a destination” The CUUC Journey Groups are a way to deepen our understanding of life and strengthen our connections to one another by exploring monthly themes together. This year’s themes are *Letting Go, the American Experiment, Hospitality, Curiosity, Simplicity, Desire, Humility, Renewal, Beauty, and Borders/Boundaries*. You can sign up online at cucwp.org/journey-groups or use the signup sheets in the CUUC entryway. Even if you can only attend a few of the monthly meetings, please do sign up — Journey Groups are how we help each other become the people we most want to be!



From Path to Membership (Welcoming Committee)

It's More Than a Hello

How do we at CUUC welcome our visitors? With a wide open smile at the door. With the passing of the peace during service. Then what?

Feedback from our visitors is usually VERY positive, but we also hear that members can be cliquish. During coffee hour people sometimes gather in tight-knit groups deeply engaged in conversation, unaware of a visitor standing nearby looking (and feeling) alone and uncomfortable.

We want to extend our ministry of hospitality to visitors, who will need continued welcoming for an extended period of time before feeling a part of our congregation and hopefully joining us in membership. At coffee hour, think about greeting people who are standing by themselves and don't look familiar.

What should we do? Here are several changes the Welcoming Committee asks members to be aware of as we start the new congregational year:

- ♦ Look for new watercolor stick-on name tags we will be using so visitors can easily be recognized
- ♦ Look for bright yellow permanent name tags, which we will use for the first year a new congregant is with us. The tags include the date the name tag was issued
- ♦ When you gather with friends during coffee hour, try and stand in a horseshoe "U" shape, rather than a closed circle – a much easier formation for a visitor to come into if they would like to introduce themselves. (Think "UU's stand in U's!")

People come to CUUC for varying reasons – to find community, for spiritual awakening, because they are in pain. No matter what the reason, let's help everyone feel they have come to a place that could become their spiritual home.

Save the Date: Intercultural Sensitivity Workshop

Saturday, October 20 9:00 AM, Fellowship Hall

With Rev. Erica Baron of UUCB Kingston. The more experience we have with cultural differences and our responses to them, the more we can develop intercultural competence and become more sensitive when working with and across cultures. Learn more at www.idrinstitute.org/dmis. Details to come.



Gratitudes

Many thanks to our **Summer Services Worship Committee**: Joann Prinzivalli, Tony Arrien, and Tom Rosenbaum working together with Rev. Meredith. They coordinated wonderful worship experiences in our air-conditioned Fellowship Hall with many inspiring speakers. Thanks to the team who made it all happen each Sunday: Music Coordinator Kim Force and performers Maxwell Kofi Donkor, Liz Laite, Barbara Orwick, Kim & Christian Force, Georgianna Pappas, Kirk Ehrenreich, Bennett Rink, Wesley Miller, and Adine Usher; Service Leaders Petra Thombs, Rev. LoraKim Joyner, John Bell, Rev. Catherine Torpey, John Schwam, Rev. Jef Gamblee, Karen Leahy, Rev. Lara Campbell, CB (Cindy) Beal, and Rev. Dr. Nathan C. Walker; Worship Associates Joann Prinzivalli, Karen Leahy, and Tony Arrien; and all those who greeted and helped with snack, setup, and logistics.

Welcome Committee

"We are happy to have you with us this morning." It is a small thing but it is a visitor's first introduction to our spiritual community. Standing at the door on a Sunday morning doesn't take much: arrive at 9:45am and bring your smile. You are done in time to attend the service. We need 80-100 greeters during the congregation year. Please help us fill the slots by signing up at doodle.com/6ikqnmsu9p9rx8xu or at the "Be A Sunday Greeter" link on the right-hand side of the CUUC homepage cucwp.org. If you have used the Doodle poll in the past, choose a Sunday (or Sundays) by editing your name. If you haven't, please add your name at the bottom. **REMEMBER TO SCROLL TO THE BOTTOM RIGHT CORNER TO "Done" TO SAVE YOUR ENTRY.** Contact: Jane Dixon (lilrhodie@gmail.com).

See You at Coffee Hour!

Our Program Council is looking to find designated hosts for all coffee hours for the coming year... CUUC Committees, Social Justice Teams, Journey Groups, and others have signed up to host most of the coffee hours. Thank you to all these groups who answered the call, knowing that many hands make light work and that hosting as a group is fun! As we did last year, when a Sunday falls around major holidays we will have "Cooperative Coffee Hours" where those attending will be asked to bring something for the coffee hour tables. Milk and juice will be supplied. Volunteers to help these groups serve and clean up are always appreciated. No need to sign up ahead of time, just jump in if you see a need when you are available to assist!

Kitchen Committee

Our Ingathering Community Meal on Sun Sep 9 will kick off the new congregational year. We invite everyone to bring a homemade treat to share. Contact John Schwam (jgschwam@gmail.com) so we will know what you'll be bringing. The Brunch Team has another busy year ahead, including many community meals for CUUC as well as three meals for HOPE (Help Our People Eat) Community Service in New Rochelle. Join us in the kitchen!



Science and Spirituality

We select thought-provoking books and articles concerning science and spirituality and provide a place for wide ranging, stimulating discussions about the reading material and other appropriate information participants are interested in discussing. We meet at CUUC at 11:30am on the second and fourth Thursdays of each month from September through June. Recent books that have been discussed include Jared Diamond: *The World Until Yesterday*; Carl Safina: *Beyond Words: What Animals Think and Feel*; Steven Weinberg: *To Explain the World: the Discovery of Modern Science*; and Lawrence M. Krauss: *A Universe From Nothing: Why There Is Something Rather than Nothing*. Contact: Barbara Mair (barbara.k.mair@icloud.com).



Room for One More this Thanksgiving?

Make a place for an international student! Our congregation is again partnering with *One to World* to find host families to welcome students to their Thanksgiving dinners. A wonderful experience for both students and hosts!.

- Promote understanding and world peace;
- Create a wonderful experience for your family and children;
- Add a new world view to your family table conversation

To sign up, call or email Jane Dixon (lilrhodie@gmail.com, 914-949-5919).

Days in Place – PlaceKeeping at CUUC

2018–2019 Days in Place: September 29, November 3, February 2, May 4, August 3

Spiritual practice at CUUC include PlaceKeeping, which extends worship outside the walls of our building to encompass the 8.5 acres of hillside, wetland, and woodland that are ours to nurture and learn from. One goal of this practice is for CUUC to become an exemplar of stewardship of the property that is ours to tend. This is in keeping with our Certified Wildlife Habitat status and our intention to become a UUA Green Sanctuary congregation. Another goal is to establish a reliable rhythm of days for celebrating, experiencing, and appreciating this special place. Our third goal is to study the patterns of life here so we can understand the evolutionary processes at play in the region we inhabit. Our landscape is part of the uplands of the Mamaroneck River Watershed, which feeds into the Long Island Sound Estuary and thus into the Atlantic Ocean. We are responsible for the quality of water that flows off our hillside and into the river and the sound. CUUC occupies one of the last significant, relatively natural, privately-owned open spaces in White Plains. Our PlaceKeeping practice recognizes our whole landscape as a sacred precinct, a public sanctuary. This work is rooted in the spiritual teachings of earth-centered traditions celebrating the sacred circle of life and guiding us to live as one with the rhythms of nature. This practice provides a practical way to express and model one of our core Principles—to honor the interdependent web of life.

PlaceKeeping is also an opportunity for sustained Citizen Science efforts, which are key to the long-term documentation of the flora, fauna, and geography that inhabit this Place. We invite you to become PlaceKeepers. Your practice can take many forms:

- Participate in *Days in Place*, our quarterly day of worship, recreation, and collaboration on grounds projects.
- Become a PlaceKeeper of an aspect of our landscape.
- Join the team that tends our spring waters.
- Help tend the Memorial Garden.
- Help create and tend pathways for walking meditation—realizing the vision of The Path Which Connects all the diverse aspects of our landscape.
- Help create other special Places—perhaps you can create a meditation Place on our hillside, or a Place to hang a hammock.
- Help create a berry patch on our hillside.
- Work solo, form a team with friends, or undertake a family PlaceKeeping project.
- Help produce Citizen Science Programs, like an ongoing wildlife census, a water testing program, or a tree and plant census.
- Help weave PlaceKeeping into our RE curriculum at all levels so our children grow up being PlaceKeepers.

Our Saturday *Days in Place* are the most formal PlaceKeeping events, but we encourage work on approved PlaceKeeping projects at any time. If you are moved to become a PlaceKeeper, contact any of the CUUC PlaceKeeping leadership for more information or to join our efforts. We look forward to you joining us in caring for and rejoicing in our unique and sacred CUUC grounds. – Bice Wilson (bicewilson@gmail.com), Pamela Cucinell (pamelajcny@gmail.com), Tim Lynch (timo@tlync.com), Kate Colson (kac1161@gmail.com), Terri Kung (terrikung@yahoo.com), LoraKim Joyner (amoloros@gmail.com)



How Can You Serve the CUUC Community?

Name: _____ Best Contact Info:

Our mission: nurture spirituality, foster compassion, ENGAGE IN SERVICE!!

Please check all areas in which you are interested and return to Jane Dixon.

WORSHIP AND CELEBRATION

- ◇ Worship Associate: assist the minister during a service (readings, announcements)
- ◇ Choir: join the CUUC choir – you don't have to read music!
- ◇ Music Committee: help plan music for worship and work on concert series
- ◇ Chalice Lighter (family opportunity): light the chalice during a service
- ◇ Flowers for Chancel: donate flowers, help organize, care for the flowers on the chancel

COMMUNITY

- ◇ Caring and Sharing: offer to drive to an appointment, visit someone who is in the hospital or homebound, greet and serve refreshments at memorial services
- ◇ Path To Membership/Welcome: greet on a Sunday morning 9:45-10:15 am
- ◇ Drive someone to services who needs a ride (Caring and Sharing/Welcome Comm's)
- ◇ Membership Support: reach out with a phone call to fellow members
- ◇ Coffee Hours: Help the coffee hour host setup and/or serve/cleanup
- ◇ Auction Dinner Fundraiser (Nov 3): publicity, cook, decorate, solicit donations, set up, clean up
- ◇ Community Meals: help with publicity, shopping, cooking, set up, clean up
- ◇ Deck The Halls (Dec): prepare for holiday by helping make decorations for the sanctuary
- ◇ Interfaith/Multigenerational Seder (March or April): publicity, cooking, set up, clean up
- ◇ Crafts Fair (Dec 2, 9): sell crafts, assist as needed with publicity, set up, clean up
- ◇ Barbecue (June 9): publicity, shop, grill, set up, clean up
- ◇ Congregational Mailings: help stuff, stamp as needed
- ◇ Shop, cook, or bake for congregational events, memorial services, etc.

RELIGIOUS EDUCATION (RE)

- ◇ Volunteer once a month to teach or assist classes with the children and youth
- ◇ Share your special interest on a "non-teaching" RE Fun Sunday
- ◇ Play music for children's worship or help with the music programming
- ◇ Join an RE Ministry Team in a focused area of interest:
 - ___ Adult RE (various learning and support programs for adults)
 - ___ Connections (special events, multigen activities, and welcoming newcomers)
 - ___ Justice (bring social justice opportunities to RE)
 - ___ Teaching (curriculum and teaching support)
 - ___ Worship (spiritual growth, Children's Worship and Christmas Pageant)

____ Youth (support our offerings for youth, including and beyond Youth Group)

- ◇ Help with a special event

OPERATIONS

- ◇ Building: help with building repair projects, or adopt a portion of the building to look after
- ◇ Grounds Committee: assist with the stewardship/preservation of our open space
- ◇ Finance Committee: provide advice if you have a financial background
- ◇ Communications Committee: help with website, social media, advertising, database, (technical and non-technical skills, all are welcome)
- ◇ Assist with archiving of congregation records
- ◇ Canvass (March): assist in our annual fundraising drive
- ◇ Rental Committee: work to promote our space for rentals, help revise policy, rental rates as necessary

SOCIAL JUSTICE / OUTREACH OPPORTUNITIES

Join a Social Justice Team

- ◇ Animal Advocacy
 - ◇ Children's Rights
 - ◇ Economic Social Justice
 - ◇ Environmental Practices
 - ◇ Gun Safety
 - ◇ Hunger and Homelessness
 - ◇ LGBTQIA
 - ◇ Racial Justice/In The Spirit of Truth
 - ◇ Refugee Resettlement
 - ◇ Women's Issues
-
- ◇ Midnight Run: Bring food/clothing to the homeless in NYC (in collaboration with Hastings UU)
 - ◇ Cook a meal for HOPE Community Services in New Rochelle, Oct 23, Jan 15, April 9
 - ◇ I may have an interest in serving, but I need more information and I would like to be contacted.

Or: Please indicate other areas that may interest you.

UU Happenings

News from General Assembly: GA was held in Kansas City this past June. If you were not able to attend, or if you want to see GA events again, you can go online to view the General Session meetings, Workshops, Morning Worship, Synergy Bridging, Ware Lecture, and Service of the Living Tradition. Find links to videos, reports, and blogs at uua.org/ga/off-site/2018.

UU Common Read: Each year, the Unitarian Universalist Common Read is chosen by a committee including both headquarters and field staff of the UUA. The Common Read Selection Committee is pleased to announce the 2018-19 Common Read: *Justice on Earth: People of Faith Working at the Intersections of Race, Class, and Environment*, edited by Manish Mishra-Marzetti and Jennifer Nordstrom (Skinner House Books, 2018).

At a time when racial justice, environmental justice, and economic justice are seen as issues competing for time, attention, and resources, *Justice on Earth* explores the ways in which the three are intertwined. Those on the margins are invariably those most affected by climate disaster and environmental toxins. The book asks us to recognize that our faith calls us to long-haul work for justice for our human kin, for the Earth and for all life. It invites us to look at our current challenges through a variety of different perspectives, offers tools to equip us for sustained engagement, and proposes multiple pathways for follow-up action. *Justice on Earth* is available at inSpirit: UU Book and Gift Shop. A discussion guide for congregations, offering both a single session and a three-session format, will be available online October 1, 2018.

Did you know that anyone may nominate a book? Read the criteria for Common Read selection at uua.org/books/read/selection. Nominate a book for 2019–20 using the online form at uua.org/books/read/nominate.

UU Metro NY is part of the **Central-East Region** (CER). Explore the website uua.org/central-east to find the monthly blog as well as a calendar of local and regional events, youth events, and webinars. Upcoming events include:

[Capital Campaigns for UU Congregations Webinar 18](#), 9/11/2018, 7:00 - 8:30 pm EDT

[Teaching Parents: How to Make RE a Family Practice Webinar](#), 9/17/2018, 7:00 – 8:00 pm EDT

[Money Matters Roundtable October 2018](#), 10/8/2018, 7:00 – 8:00 pm EDT

LREDA/UUMA Professional Day, 10/12/2018, at CUUC

MNY Youth Conference NJ-18 , 10/19/2018, 7:00 pm to 10/21/2018, 9:00 am, Montclair, NJ

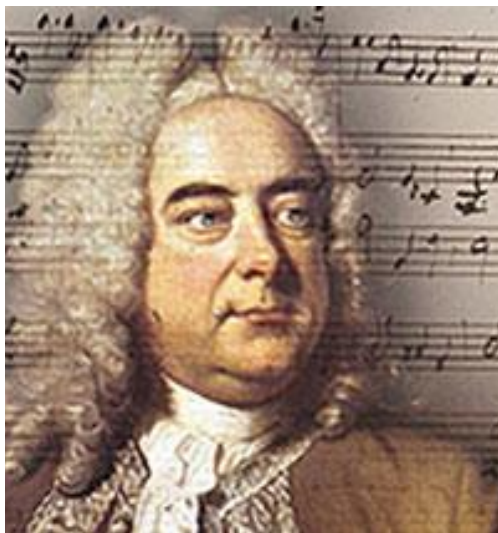
Money Matters Roundtable November 2018, 11/12/2018, 7:00 - 8:00 pm EST



Music at CUUC Concert Series

“Robert and Clara: A Domestic Drama,” Sun Nov 11, 12:00 pm

Following an enhanced coffee hour, our 2018-19 concert series begins with CUUC Music Director Adam Kent presenting a solo piano recital of works by Robert Schumann that includes cameo appearances by our own Kim Force as Robert’s fiancée Clara, and Craig Hunt as Friedrich Wieck, the couple’s future father-in-law. Love, jealousy, and secrets abound in the piano music of Schumann – please join us for an insider’s view!



Handel’s Messiah, Sun Dec 16, 12:30 pm

Our second concert of the season will follow our Holiday Community Meal. The CUUC Choir will be performing selections from Handel’s *Messiah*, a favorite holiday production.

We have two additional concerts scheduled in the spring. Further details will be announced later this fall.

Free childcare is available for all concerts with advance reservation.

***Tickets and information will be posted at
cucwp.org/concert-series***



Music at CUUC

The Joy and the Power of Singing

While I was recently in Maine visiting my family, I was relaxing with my brother late one evening, and as we scrolled through the possible movies to watch, I saw the film *I Can Only Imagine* and we decided on that film. It had been released this past March but was not in theaters for very long and I had missed it. By the time the film was over, I was very moved and inspired, wiping tears from my eyes. This film *I Can Only Imagine* is based on the life story of Bart Millard, lead singer of the Christian Rock band MercyMe. Of course I had heard of them, heard of the song that went triple platinum in 2001, historically crossed over into the pop and country charts, but had not listened to the band or the song itself before viewing the film. I heartily recommend seeing it, though caution youngsters viewing it due to the abusive violence that is shown throughout the movie due to character flashbacks. It is the heartfelt and inspirational journey of overcoming ones' fears and traumas, and ultimately joy, through music.

I Can Only Imagine illustrates the healing power of music and the joy that singing can bring to a person in any stage of their life. People with all kinds of illness, physical and otherwise, have been uplifted and transformed by what they hear or what they sing – the universal language of music and the healing of the spirit. During my 30-odd years as a musician, I have been privileged and blessed to have people of all walks of life come to me after a performance or a rehearsal and tell me how much the music that they had heard or had sung gave them such joy. They were either touched, inspired, remembered a special moment, or were helped through a difficult time in their life through the music. This is what prompted me to view that film which confirmed my thankfulness and devotion to sharing my talents with others.

I invite any of you that enjoy singing to attend a choir rehearsal and see what the CUUC Choir is all about. The variety of music, the enjoyment and fun of rehearsals, the joy and satisfaction of performing at services, and the camaraderie of the ensemble is a joyful way to make life a bit better each week.

You can find us on Tuesday evenings from 7:30–9:15pm in the sanctuary and observers are also welcome. You do not have to read music to sing with us. Our first Tuesday rehearsal is Sept. 11 and we welcome all voice parts. For more information, email choir@cucwp.org or call 347-278-3187.

Thank you to all who hear the CUUC Choir twice a month at services and gives us their devoted support. We look forward to another exciting and fulfilling year ahead.

Lisa Meyer, Choir Director

Music at CUUC

Music Lovers – Join CUUC's Music Committee

Our Music Committee is for congregants who love music and wish to have an impact on our music program. We discuss issues surrounding Sunday morning music as well as our Concert Series. We meet several times per year (watch for announcements of meetings in the weekly e-newsletter) or reach out to co-chairs Janet Bear (jsbear1@gmail.com) or Lois Holt (mediamomforlife@gmail.com) at any time for more information or to share your thoughts and ideas.



Choir Open House – Come Sing with Us!

Sun Sep 30, 11:40am, Sanctuary

The CUUC Choir is holding its annual Choir Open House after the 10am service and coffee hour from 11:40am to 12:45pm in the sanctuary on Sunday, September 30.

Sit and sing with us – get to know what it is like to work with choir director Lisa Meyer and piano accompanist Georgianna Pappas. Sit with continuing Choir members and sing a variety of rounds, anthems, and folk songs during the hour that we are together.

- ♦ You do not have to know how to read music
- ♦ Music is learned through recordings of parts and/or full recordings as well as repetition in rehearsals
- ♦ We perform in two services per month
- ♦ Option of attending only those Tuesday rehearsals before each service
- ♦ There are also winter and spring concerts in which to perform

Whether you would just like to come and sing for an hour, just sing with us on our two yearly concerts, or sing in rehearsals and services, all are welcome to sit and sing a spell at our Sept. 30 Choir Open House. Light refreshments and camaraderie will follow the session. Come and see what we are about!

For more information contact choir director Lisa Meyer at choir@cucwp.org or 347-278-3187.

Music at CUUC

Considering Joining the Choir?

Here's an article to check out before the Sun Sep 30 Choir Open House that may inspire you to give the CUUC choir a try. The article is excerpted from Amy Nathan's new book *Making Time for Making Music: How to Bring Music into Your Busy Life* (Oxford University Press, 2018). The book features CUUC's Mary Cobb, Adine Usher, and Adam Kent. Excerpt is from Chapter 5 — "Trying Something New."

The "Can't Sing" Myth

"I was totally unable to sing when I was younger. I didn't even know I could sing until I was in a guitar class and was paired up with another person to sing small snippets of a song. Now I love to sing," says Dr. Larry Lindeman. He made his singing breakthrough in his late 50s, a few years after returning to guitar lessons. Fellow Chicagoan Steven Duke discovered that he could sing at about the same age, when the same encouraging guitar teacher helped free him from the curse that an elementary school teacher had placed on him, when she told him to "just mouth the words" while the rest of the class sang, as described in chapter 1.

Others on our research team also spent many of their adult years thinking they couldn't sing. Philip Anderson recalls that a 5th grade music teacher, after hearing him sing, wouldn't let him in the chorus. "That does a number on you," he says. He sang rock songs in a band that he played drums with during high school but thought choral music wasn't for him until his late 50s when he joined a church choir for the first time and then moved on to a supportive community chorus in Maine. "I found that I can actually do this, that it isn't terrifying," he says.

"The default thinking in this country is that most people are bad singers and a few lucky people are very good. This is an unfortunate hoax," says Mr. Dawson. He never thought of himself as a singer until he started going to folk music jam sessions when he began guitar lessons. He had fun singing along and realized that he too could be a singer.

Singing experts agree that it's a shame that so many people have the mistaken idea that they can't sing. "Children who have been told they can't sing well are even less likely to engage with music in the future," says Steven Demorest, music education professor at Northwestern University. "Being called 'tone deaf' can have devastating effects on a child's self- image." He notes that only a tiny subset of the population is truly tone deaf, with a condition called amusia that prevents them from hearing changes in pitches.

"Virtually everyone can learn to sing," says Dr. Robert T. Sataloff, chair of the Department of Otolaryngology at Drexel University College of Medicine. If people can use their voices to speak and "can distinguish between two pitches as the same or different, they can be trained to sing." There's no guarantee that they'll sing as well as Pavarotti. "But they will get better than when they started," he says. "Deaf people can

Music at CUUC

learn to sing if they have some hearing restored, even if by cochlear implant. If they are completely deaf, they can learn to sing somewhat, with training by feel, sometimes facilitated with visual feedback."

Recent research by Professor Demorest has shown, however, that if adults used to sing but haven't been singing much for several years, their ability to sing in tune is less on target than for children who sing regularly in music classes at school. This might suggest that "adults who may have performed better as children lost the ability when they stopped singing." Singing seems to be a "use it or lose it" skill – one that can be revived or taught anew to adults so that they can learn the basics of relaxing their throats and using their breath to produce the sound. This transformation can happen by taking some voice lessons, or by first getting a taste of singing in a setting where they won't be judged, such as sitting in on a rehearsal of a choir or of a non-auditioned chorus that is welcoming to newcomers.

Science educator Christine Anderson-Morehouse used both strategies when she decided at age 55 to become involved in singing. She received an email about a new group called Women Who Can't Sing and decided to join. "It's a group of four women meeting weekly year-round in someone's living room with a choral instructor," she explains. The group has a new name, Songbirds, because now they can all sing. Soon after starting with this group, she joined a Maine community chorus, "even though I could barely sing on key. It was great – an opportunity to be with real singers and improve more quickly. I'm learning ways for using my breath and vocal chords appropriately. It's all about supported breathing both for creating OUP a good sound and protecting your vocal cords. I like the feeling of wellness that I come away with each time I sing with others. I feel confident now singing for fun at parties. Heck, I even enjoy the carpool to chorus each week!"

Her response is typical of what researchers have found when they study choral singers – that singing in a group makes people feel good. Her choral success has inspired her husband to take lessons with her vocal coach. He too had been told as a child to just to mouth the words. "Now he's singing," she says.

Reference listed in the book's Bibliography: Demorest, Steven M., and Peter Q. Pfordresher. "Singing Accuracy Development from K-Adult: A Comparative Study." *Music Perception: An Interdisciplinary Journal* 32, no. 3 (2015): 293–302.



Where Is the AED?

(Automated External Defibrillator)?

Research that demonstrated a nearly five-fold increase in survivability when an AED is used, also showed that an AED is available only 2% of the time. Happily we have an AED at CUUC! It is located in a marked cabinet by the end of the coat rack area nearest the main entrance. We



hope never to have to use it, but it is here if we do. Once the unit is turned on, it gives voice instructions so even untrained individuals can operate it.

CUUC Facebook Forum

Get in the Conversation—Join the Facebook CUUC Forum! This is a group open to CUUC members and friends where you can share opinions, photos, social actions, or just offer a lovely thought for the day. To join, go to facebook.com/groups/cucforum, or search for “CUUC Forum” in Facebook. Select the group and click “Join.” An administrator will send you an approval within 24 hours. Questions? Contact Julie Gans at julieagans@gmail.com or Karen Schmitt at schmitt8@verizon.net.





Our Virtual Meeting Room

Did you know CUUC has a Zoom video-conferencing site? It's available to all committees and teams to use and can allow members to attend meetings remotely. You reserve the Zoom site just as you would a meeting room in the building, by contacting Pam in the CUUC office (admin@cucwp.org, 914-462-1660 x2). The virtual meeting will appear on the CUUC calendar. By reserving, we can be sure the site is available when needed, and avoid anyone being bumped by two groups trying to use Zoom at the same time.





Join us for our biggest social fundraiser of the year!  Frolic **UNDER THE SEA** with friends while supporting CUUC. 

Auctions, fine dining, games of chance and fun await you!

We need your help to make it a success. Here's how you can help:



★ Donate ★

Think about what goods or services you might contribute. Check our donation flyer - on the reverse side- for a list of ideas, and instructions.

★ Ask One Question ★

Ask your favorite merchant to make a donation. They will be happy to help and will appreciate the free advertising!



★ Get Involved ★

Contact any of us for more information or to get involved in this fun committee in a big or small way.

Janet Bear: jsbear1@gmail.com

Scott Damashek: sdama@mynational.net

Anne Majsak: amajsak@verizon.net

Patricia Goettel: patriciaboutique@aol.com



★ Host a Bid & Bump ★

The Bid & Bump Board is a highlight of our auction and we love new additions. Please host a B & B party! Not sure what's involved? Ask us!

★ Buy Your Tickets ★

Tickets include a delicious three-course dinner, drinks, childcare (with advanced reservations) and a guaranteed great time. Buy your tickets during coffee hour, or send back the ticket order form you have received in the mail.





PLEASE DONATE!



All the items up for bid on auction night are received from you, our Members and Friends. **Can you help? Here's how:**



- ★ Ask One Question: Ask your favorite vendor to donate a gift certificate.
Ideas: restaurants, book stores, salons, yoga studios.
- ★ Look through the list below and decide what you can donate. Or maybe you have a new idea!? GREAT! The possibilities are endless.
- ★ Let us know what you'll be donating by filling out a donation form now.
Find a form in the lobby, or find a link to a form in an upcoming e-communitarian.
- ★ Drop off your items the week before the auction.
- ★ Drop your loose change in our collection buckets. We'll use it to buy gift certificates!



Donation ideas...

- * Planting a garden
- * Ski lift tickets
- * Spring cleaning assistance
- * Museum membership
- * Fruit-of-the-Month club
- * Homemade breads or desserts
- * Babysitting
- * Golf outing
- * Art work
- * Teach a class about your hobby
- * Fine or Artisan jewelry
- * Use of your vacation home
- * Monthly soup, lunch or muffins
- * Day on your boat



- * Redeem your credit card reward points for gift cards to Amazon or other popular stores
- * Host a Bid-and-Bump dinner, outing or social event
- * Professional Services, such as photography, accounting, coaching, organizing, or financial advising
- * Theater, opera, concert or sporting event tickets
- * Designer accessories, new or like-new
- * Themed gift basket
- * Wine or liquor
- * Spa gift certificates
- * Lead a hike or another themed day trip
- * Pet or house sitting



Under the Sea ~ November 3, 2018 ~ 5:30 ~ Tickets: \$45

Community Unitarian Universalist Congregation at White Plains
468 Rosedale Avenue
White Plains, NY 10605



Contacts

Staff

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Community Minister: Rev. LoraKim Joyner - amoloros@gmail.com, 914-948-1696
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Board of Trustees

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