

The FALL COMMUNITARIAN

Meredith's Musings

The line-up of themes for fall is rich. I'm looking forward to delving into them with you.

September: Forgiveness. With Rosh Hashanah beginning on the evening of Wed Sep 20, and Yom Kippur nine days later, it's a good time for reflecting on forgiving and atoning. We had forgiveness as a theme of the month once before, about three years ago (2014 Nov). What do you remember from before? What new understanding might we come to this time?



Forgiveness is wonderful and liberating, but I do caution that there are times when it's best not to give it away too cheaply. Yes, sometimes forgiveness is simply a decision of the forgiver. Other times, though, it isn't something one person can decide, and it would be sham to try. At those times, an intention and careful process of restoration is necessary for both parties to engage.

For October, our theme is Death—as it was in October three years ago. I find that nothing so fills us with vibrancy as the vitality of life as constant remembrance that it is temporary. We are much mistaken to regard this topic as dreary and sad. Dame Muriel Spark, whose words on the subject I have quoted before and will again, made the point: "If I had to live my life over again I should form the habit of nightly composing myself to thoughts of death. I would practice, as it were, the remembrance of death. There is no other practice which so intensifies life. Death, when it approaches, ought not to take one by surprise. It should be part of the full expectancy of life. Without an ever-present sense of death, life is insipid."

Our November theme is Mindfulness, which we also explored in 2015 Jun. The topic is as ancient as Buddha, yet also trendy. I've looked at some recent critiques of the "fad," and find they are quite useful for dispelling some things that needed dispelling. Mindfulness does not, in fact, solve any problems. Life always has problems. Mindfulness allows for joy in the midst of problems.

For December, we have a theme we have not had before: embodiment. The word is evocative of incarnation—and hence a fitting theme for December. We'll be reflecting on the wisdom of the body—and remembering that spirituality isn't some ghostly, immaterial thing but rooted and manifested in the muscles and organs of our bodies.

It'll be a great journey!

Meredith

Chair's Report

Hello to all CUUC Members and Friends,

Welcome back. Hope you all enjoyed this summer, now transitioning to autumn, which is set to officially arrive in about a week. I am delighted to send you these greetings as part of my first column for the Communitarian as Chair of the Board of Trustees, a position in which I feel privileged to serve.

Please join me in welcoming back Meredith and Perry, as well as Pam Parker, our Congregational and Communications Director, who completed her first year just before the end of the 2016–2017 Congregational Year; Cindy Davidson, who returns in her second year as Ministerial Intern; Chandeerah Davis, our returning Youth Program Coordinator; and Diane Pearson, our bookkeeper, who joined us in January. We also welcome back Adam Kent, our Music Director, Lisa Meyer our Choir Director, and Georgianna Pappas, our Choir Accompanist. Our nursery and kindergarten caregivers and teachers Diane Keller, Hans Elsevier, and Lisa Getzoff are all with us again this year. A hearty new welcome to our Children's Music Director and Educator, Lyra Harada. Lyra will be working with the religious education children.

The Board has been very busy meeting throughout the summer, reviewing where we are and what we have accomplished, and planning for our year ahead.

Summer Services First, a thank you to our summer worship team: John Cavallero and Tom Rosenbaum, working with Meredith and Cindy Davidson. A special thanks to John for another summer season of his time, efforts, and professionalism brought to the regular officiating of the Summer Services in our air-conditioned Fellowship Hall. Thank you to Music Coordinator Kim Force and all those others for their participation in these services.

Financial Report CUUC closed out the year in June on a good note. While in May we still projected a shortfall of \$20,000 for the year (June '16–June '17), the actual shortfall came in a bit lower, about \$13,000. We had to take that shortfall out of the Endowment Fund. The original budget assumed a \$43,000 draw from the Endowment. However, while we are quite pleased with this endnote, we need everyone's commitment as we are short of our financial pledge goal and will be following up to close that gap. At the same time, you may have noticed some activity in the parking lot: film and TV crew rentals were back after we repaved our lower parking lot last year, the cost of which was paid from our Building Fund. Since May we generated about \$65,500 in film and TV crew rentals, which are largely a summer activity. The proceeds of these rentals will go right back to the Building Fund. Compliments to the Rental Committee (former Board Chair Tom Wacht and Russ Gold) along with Pam Parker for re-igniting the movie rentals by their very active marketing

efforts. More to the good work of the Rental Committee, regarding our two long-term tenants. The Montessori Garden school extended their lease on Aug 1, 2017, on favorable terms. The rent for Westchester Center for the Study of Psychoanalysis and Psychotherapy (WCSP) increases on September 1.

Board Retreat The Board's Annual Retreat is scheduled to take place in October, when the Board will take an uninterrupted time to establish the agenda for the year and plan, on both a short- and long-term basis, for the future. One of the more significant Retreat agenda items is leadership development for the next generation at CUUC. The Board encourages our Members to come forward and to be available when approached to participate in the future leadership of our Congregation. We have a lot of leadership talent here at CUUC and the Board will be addressing how best to develop that talent this year and in the coming years.

Strategic Planning Committee We are entering the second year of our visioning process to define our long-term goals and to address the issues of our current physical space. Creighton Cray, who led our Visioning Committee last year, is heading up our Strategic Planning Committee. The Committee is now in its planning stages, preparing to work with the Board to define and develop our strategic goals and find appropriate ways to finance those goals.

Social Justice Teams A brief note on our Social Justice Teams. The teams offered a "fair" on opening Sunday so that everyone could learn about the focus of each individual social justice team and then have the opportunity to join a team that represented the cause that speaks to your interests. We hope many of you signed on.

CUUC Congregational Archivist With the passing of Charles Selinske, a Member of our congregation for more than 50 years, CUUC is without its long-time historian. Similar to many organizations, we have a significant backlog of non-inventoried records that need to be put into order. Tom Rosenbaum, a professional archivist, has graciously stepped up to create an inventory of our documents and records as a first step. Thereafter, Tom will continue to be involved on a volunteer consulting basis to assist those who will take a more direct role. Those with professional expertise—and interested amateurs—are urged to contact either Vice Chair Karen Dreher or me or otherwise indicate your interest this fall by completing Jane Dixon's "Opportunities to Serve" questionnaire. As in past years, Jane will be quietly bringing the questionnaire to your attention as you enter the building on Sunday mornings. This also is an excellent opportunity for some of those in our Youth Group to step up for an interesting long-term project.

Personnel Committee A newly revitalized Personnel Committee has been appointed by the Board to review CUUC's current personnel policies and related human resource practices to make sure all of our practices and procedures are up to date in light of the frequent changes in the HR landscape.

In closing, I would like to thank previous Board Chair Tom Wacht. We appreciate his leadership and fine work on behalf of the Board, and for working with me on the transition to this year's Board.

We look forward to beginning another exciting year. So another welcome back to our returning Members and Friends, and a special welcome to our newcomers. There is a lot to be done and many ways to serve. Please join me in kicking off the Congregational Year, and remember we are looking to many of you as the leadership of tomorrow.

Dean Silverberg, Board Chair



Religious Education

Perry's Ponderings

In his beautiful poem on the parent-child relationship, Kahlil Gibran says, "You are the bows from which your children as living arrows are sent forth." Gibran's words were the springboard for a reflection on parenting that my friend Jim gave at a summer service Barbara and I attended at the UU congregation in New London, CT. Jim's son and my godson, Evan, just turned six and is an amazing, thoughtful kid who is autistic. Jim took us through his own process of learning to parent, as he integrates the austere traditional upbringing he received with the viewpoints of his generation. He carries on the expectations of right behavior and setting limits, with tools that rely more on developing understanding. Evan's autism adds a layer to the challenges of parenting, but ultimately it is just another expression of Evan's unique being. Jim and his wife, Heidi, are strong bows from which Evan springs into the world with curiosity and his own sense of being.

As I listened to Jim speak, I was struck by an image from the previous day when Evan and my daughter Nora played in the bouncy house. Evan stretched out a hand to Nora each time she clawed her way up the ramp into the inflated enclosure. Once inside, Nora was free to explore with glee her relationship with gravity. Evan was the bow from which Nora was sent forth. His care and outstretched arm held her in her initial vulnerability so she could spring into action on her own terms. In that moment I realized that, regardless of relationship and age, we are all bows for one another. We provide stability and direction to one another so that we may fully launch into our own unfolding path.

Gibran says:

Your children are not your children.
They are the sons and daughters of Life's longing for itself.
They come through you but not from you,
And though they are with you, yet they belong not to you.
You may give them your love but not your thoughts,
For they have their own thoughts.

His viewpoint mirrors William Ellery Channing's famous quote about religious education, "The great end in religious instruction, is not to stamp our minds upon the young, but to stir up their own; not to make them see with our eyes, but to look inquiringly and steadily with their own." It is our role to provide a stable place from which they may launch and then appreciate their unique flight into the unknown future.

In CUUC Religious Education, we strive to create a safe place for exploration, connection, service, and spiritual growth. We are the bows helping the children and youth have a steady launch into the world; yet at times we find that we are being held by the bow that is their wisdom imparted in return. We begin this congregational year without knowing what path our flight will take, but we know we will bend to support one another and stretch to collectively launch each other into the beauty of the unknown. Let the bending be for gladness.

Perry

“On Children” from *The Prophet* by Kahlil Gibran

*Your children are not your children.
They are the sons and daughters of
Life's longing for itself.*

*They come through you but not from you,
And though they are with you,
yet they belong not to you.*

*You may give them your love but not your thoughts.
For they have their own thoughts.*

*You may house their bodies but not their souls,
For their souls dwell in the house of tomorrow,
which you cannot visit, not even in your dreams.*

*You may strive to be like them,
but seek not to make them like you.
For life goes not backward nor tarries with yesterday.*

*You are the bows from which your children
as living arrows are sent forth.
The archer sees the mark upon the path of the infinite,
and He bends you with His might that His arrows
may go swift and far.*

*Let your bending in the archer's hand be for gladness;
For even as He loves the arrow that flies,
so He loves also the bow that is stable.*

CUUC Religious Education Schedule - Fall 2017

Sat Sep 9–10

Metro NY Jr Youth Retreat

Sun Sep 10

10:00am Water Celebration Service - Multigen
10:00am Blessing of the Backpacks
10:25am Wonder Box Story
11:30am Ingathering Brunch
12:00pm Teacher Orientation

Sun Sep 17

10:00am Music for All Ages
10:25am RE Covenanting
10:30am RE Classes - First Day

Sun Sep 24

10:00am Spiritual Practice Sunday

Sun Oct 1

8:45am Parent-Teacher Meeting
10:00am Filling the Backpacks
10:30am RE Classes
4:00pm Neighborhood Gatherings

Fri Oct 6–9

Regional Youth Con
Saturday, October 7

Sat Oct 7

10:00am Nurturing Our Children, Ourselves,
and Nature

Sun Oct 8

Environmental Practice Sunday

Sun Oct 15

10:00am Music for All Ages
10:25am Child Dedication
10:30am RE Classes
11:30am Fall Harvest Brunch
1:00pm Football Game (tentative)

Sun Oct 22

10:00am Children's Worship
10:30am RE Classes

Sun Oct 29

10:00am Children's Worship
10:30am RE Classes
11:30am Halloween Event

Sun Nov 5

10:00am Music for All Ages
10:25am Wonder Box Story
10:30am RE Classes
11:30am Stone Soup Brunch
12:30pm Concert

Sun Nov 12

10:00am RE Veterans Day

Sat Nov 18

5:30pm Auction

Sun Nov 19

10:00am Thanksgiving Service - Multigen

Sun Nov 26

10:00am Fun Craft for Deck the Halls

Religious Education



Blessing of the Backpacks Sun Sep 10 during the Water Celebration: Ingathering Service

Bring your backpack, school bag, briefcase, satchel, purse, handbag, baby bag, fanny pack, lunch box, toolbox, tackle box, or whatever else you may use for school, work, or hobby. We will start off the new year with a ceremonial blessing to carry the spirit of community and well-being with us. While blessing our backpacks, we will help those children who go without food by providing for them through the **Backpack and Birthday Bag**

Programs. See details elsewhere in the Fall Communitarian and please bring in supplies for cake making. The programs kick off at the Water Celebration: Ingathering Service and continue throughout September.

RE Covenanting and Classes Begin Sun Sep 17

Teacher Orientation: Preparation, Passion, and Purpose

Sun Sep 10, 12:00–1:30 pm

Enjoy some brunch and then join us. Childcare will be available.

- Vision for the year in RE
- Get to Know the Routine and Resources
- Understand Your Curriculum
- Meet with Your Team
- Safe Congregations Review
- Time for Q&A

RSVP to dlre@cucwp.org or 914-946-1660 x4.
Please attend even if you have taught previously.

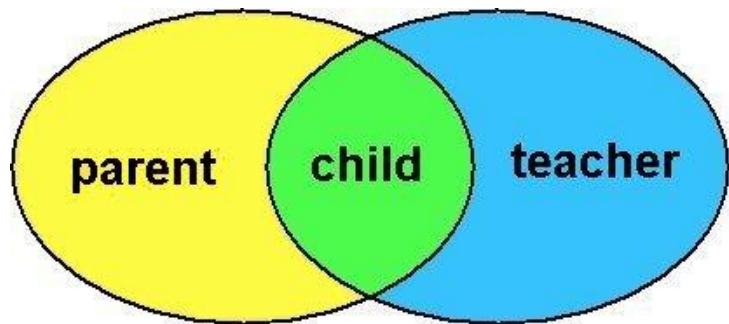


Religious Education

Parent-Teacher Meeting

Sun Oct 1, 8:45am, in Fellowship Hall

- Find out what happens in RE
- Discover our vision of RE and the specifics of each class
- Meet your children's teachers
- Bagel breakfast served
- Child care will be available



Child Dedication Ceremony

Sun Oct 15 during worship

A Unitarian Universalist ritual honoring your family's connection to the congregation and a promise by the congregation to support and nurture your child. Sign up with Perry by email at dlre@cucwp.org. For a description of our ceremony, visit cucmatters.org/2015/09/child-dedication.html

Stone Soup

Sun Nov 5 after services

Our traditional RE fundraiser to support social justice projects. Delicious community soup and other goodies prepared with the help of our religious education students.

\$5 adults/\$3 children
\$15 maximum for families



Family Time

Did you have a chance to view the solar eclipse as a family? Sharing a special moment with the sights and sounds of nature can be a profound spiritual experience and an opportunity to bond. There are many ways to take in the heavens as a family. Check out skyandtelescope.com for creative family sky watching ideas; you can even download a deck of constellation cards! Find links in our Sep 10 e-Communitarian newsletter (cucwp.org/newsletters). Enjoy looking up together!



Community Ministry

From Rev. LoraKim Joyner

Monthly Nurture Nature Community and Wild Walk

We gather together to connect to nature, other beings, and each other in a format similar to Journey Groups. We not only discuss topics and share happenings of our lives, we also go for a walk around the grounds. Each month we have a different theme and a packet of readings and practices. The goal of

this group is to delve deeper into understanding all of nature, including human nature, so that we are nurtured and challenged so we can nurture others in return. This group is open to the public and is part of Rev. LoraKim Joyner's community ministry. Rev. LoraKim is one of CUUC's community ministers, bringing her training and experience as a wildlife veterinarian, minister, and Certified Nonviolent Communication trainer to her calling to serve earth and all beings. To find out more and register, please sign up for the Nurture Nature Community Meetup Group: meetup.com/Nature-as-Spiritual-Practice/. We meet in the Parsonage (below the congregation) on either Saturday mornings or Sunday afternoons.



Nurturing Our Children, Ourselves, and Nature

A workshop for educators and facilitators who lead multigenerational nature and animal experiences, and learning of all kinds

Saturday, October 7, 10:00am-3:00pm

Community Unitarian Universalist Congregation at White Plains

Co-facilitated by Rev. Dr. LoraKim Joyner

This workshop is leading and demonstrating a new way of learning and community in a multispecies, multigenerational, and multicultural context. It addresses the disconnection between humans and nature, and provides tools for adults to help children who thrive when they are able to connect to nature and animals. This is a special opportunity for those facilitating Unitarian Universalist children and youth programs.

During the workshop adults and mature teens learn and apply techniques and principles from the Nurture Nature Program of One Earth Conservation, codirected by our own community minister, Rev. Dr. LoraKim Joyner. The goal is not only that participants can facilitate their own well-being, but also increase their ability to enrich children's lives and futures. The foundation of the workshop is based upon five human natures: emotional, social, multispecies, ecological, and spiritual intelligence. Together they form a way of being in the world that sees every individual, of all species, as beautiful and worthy and interdependent with all others. This understanding is founded on science and the practice of Nonviolent Communication (www.cnvc.org), which is woven throughout our Nurture Nature Program. We expand Nonviolent Communication to include all species while relying heavily on human well-being. Participants learn the science, behavior, and psychology of human and other animal nature, using it to not just accept human nature, but embrace it, and be embraced by it. So nurtured participants gain tools for lifelong learning and application to their relationships and work in the world. We offer specific examples of events and programs for children and youth, and each participant is supported in how to apply their experience to their specific program and relationships with children.

Please reserve your place by paying on Eventbrite by October 5th. We are asking for \$25 to cover our expenses and effort, and to grow our ability to serve more people. If you cannot pay online, you can mail checks (made out to One Earth Conservation) to: One Earth Conservation, 82- 52 211th Street, Hollis Hills, NY 11427. We are open to providing scholarships, and accepting whatever you can offer. For more information contact LoraKim Joyner or Gail Koelln at info@oneearthconservation.org, 914.325.9574.

For more information and to register: <https://www.eventbrite.com/e/nurturing-our-children-ourselves-and-nature-tickets-36541752365>

info@oneearthconservation.org

www.oneearthconservation.org

Ministerial Intern

Summer vacation sped by quickly, as often happens. And with each summer comes the question: Shall I trek back home to western PA for the family reunion or not? It's not always the physical travel or logistics that figure into my decision. For me, there's something about family reunions that has always been both enticing and daunting. On the one hand, a desire to pick up and continue the "growing up together" narrative, more fully connecting as adults with the other "leavers" and the "stayers." On the other, my concerns about remaining open and vulnerable while being forthright with others when I know well significant differences of religious and political persuasion. Delicate and difficult conversations could be had, but would they? I wondered, do they ever become less difficult to navigate in one's own family?

I did make the day-long road trip with one of my brothers. We never know until we arrive how many of our surviving aunts, uncles and 32 first cousins will make the trip or show up. And, yet, show up, they do -- in different combinations each year! We reconvene to share memories, get to know each other better, and celebrate the arrival of new partners, spouses and babies. We pay tribute to those who have passed recently, and delight in the youngest generation who reminds us of the fun of park slides, merry-go-rounds and catching crayfish in the creek. That the same slide, merry-go-round and creek full of critters has survived rather intact since my teen years gives me great comfort. The sense of "home" and being rooted in the web of life to this particular place have never faltered. The heart's placekeeper always remembers, even from afar.

With our nametags and the family tree on display, I do re-learn the names I've forgotten of my cousins' spouses and children in the flesh, face to face, no Facebook log-in needed. For the most part, our conversations do stick to "polite" topics, and I notice some of my aunts and cousins are quite skilled in mediating conflict and redirecting conversations. Imagine that! We have known our share of family discord and divisiveness. Yet, in the air, there seems to be a shared appreciation that this is not the time nor place for debate or dissent. This is the time and place for re-union and homecoming, for strengthening our bonds. It was good to be there, ever so briefly.

Having returned to CUUC, my last academic year of seminary studies is in full swing and plans for congregational life activities and worship services are filling the calendar and spreadsheets. The day of our Ingathering service is near, and with it, a homecoming of sorts, a re-union of the like and differently minded sharing memories, having more conversations to get to know each other better, welcoming new children (of all ages) to the fold and remembering those who are no longer with us. I find myself wondering: How will we navigate our difficult and delicate conversations? Will we remember to inquire appreciatively? To appreciate our differences while working for the common good? And, of course, I wonder what delights the children will add to the mix this year!

It is good to be back, and to serve you as your intern minister this year. I am honored to walk with you in the life of your particular community of love, hope and memories, nestled in this particular place of natural beauty, and working with this particular staff and lay leaders. May the time we spend together just not pass by *too* quickly.

Cindy Davidson

Launching our Young Adult Gatherings

First Sundays of the Month, Next Meeting Sun Oct 1, 11:45am

The CUUC Young Adults group is in formation and warmly invites all Young Adult* members, friends and visitors to become involved. Come, meet, greet, and share discussion with peers about Unitarian Universalism and your faith journey in a mutually supportive and caring environment. The group will evolve according to members' needs and interests – so, your interests, skills, questions and ideas for learning opportunities and social justice and socializing activities are welcomed! Help create the CUUC Young Adults group that can make a difference in your life and the life of the congregation. First time visitors always welcome – an excellent opportunity to invite a friend or acquaintance to experience what CUUC and Unitarian Universalism has to offer. Contact Cindy Davidson, Ministerial Intern (intern@cucwp.org, 781-710-1640) **Young Adult or young-at-heart? Our Young Adults Gatherings welcome 18-35 year olds. In your mid to late 30s? Let's talk! Not a young adult? Please pass the word and invitation on to those you know!*

Sign up for a Journey Group

“Life is a journey, not a destination” The CUUC Journey Groups are a way to deepen our understanding of life and strengthen our connections to one another by exploring monthly themes together. This year's themes are Forgiveness, Death, Mindfulness, Embodiment, Resilience, Love, Wandering, Faith, Truth, and Justice. You can sign up online at cucwp.org/journey-groups or use the signup sheets in the CUUC entryway. Even if you can only attend a few of the monthly meetings, please do sign up — Journey Groups are how we help each other become the people we most want to be!

The Caring & Sharing Circle

The Caring & Sharing Circle works with our congregation and minister to support and care for members and friends of our community. If anyone knows of another among us who is in need of a caregiver, contact our volunteers: **September:** Nicky Klemens (914-967-4419, nsklemens@optonline.net) or Janet Giewat (914-617-2137, bean1a2@aol.com). **October:** Janet Giewat or Adine Usher (914-328-2307, adinevictoriaray@gmail.com). **November:** Adine Usher or Barbara Mair (914-769-7186, barbara.k.mair@icloud.com). To learn more about C&S, contact Astrid Rogers (astridrogers@aol.com).



Social Justice Teams

Our Social Justice Teams – Opportunities for you to engage in service

At our ingathering worship service on Sun Sep 10, we hosted our first Social Justice Team Fair. During the water communion, core members of each team stood at separate stations with a clipboard so people could sign up to join or learn more. The networking opportunity continued during brunch after service, where team members could be easily identified by their special team buttons. Our teams are designed to have at least five members at their core, surrounded and supported by several others ready to participate whenever a social action is called for. Here is what's been happening or is planned with most teams, with contact information. Which team is the one that calls you?

Animal Advocacy

The newest social justice team formed over the summer of 2017, when a group of congregants gathered to discuss their mutual interest in animal welfare. The **Animal Advocacy** social justice team is broadly intended to nurture respect for all living creatures, foster compassion for our furry and non-furry beings, and engage in service to bring awareness of the interdependence of animal life to the attention of our congregation. Our members feel an urgency to join others concerned about the environment and the spectrum of plants and animals to advocate for our fellow beings in ways simple and complex. We invite anyone interested to join and help us plan activities and define our purpose and mission. Our next meeting is Sun Sep 17 at 9:00am. Contact: Doreen Rossi (doreenrossi@hotmail.com).

Economic Justice

The **Economic Social Justice** team is reviewing the UUA Statement of Conscience on Escalating Economic Inequality (uua.org/economic/escalatinginequality/escalating-inequality) in preparation for encouraging CUUC discussion around supporting it. ESJ Chair Pat Lavin says "it was my passion around this issue and the opportunity that CUUC gave me to work on it that convinced me to become a member." The team is considering speaker Edgar Cahn, creator of the economic system known as Time Banking, where skills and time are used and traded in place of money. Another potential speaker is Harriet Fraad who has lectured about "The Economic and Psychological Disaster that has Struck America." We are meeting Sun Sep 17 at 9am. Join us! Contact: Pat Lavin (patlavin@optonline.net).

Environmental Practices Group

REDUCE THE WASTE STREAM! That is the focus of the **Environmental Practices Group** (EPG) activities this congregational year, as well as continuing our work on the UUA Green Sanctuary Program. Read more in our article on the following pages. Our next meeting is Sun Oct 8 at 11:30a, and we generally meet on the second Sunday of the month, either before or after services (we switch between the two). Please join us! Contact Co-Chairs Janet Bear (jsbear@gmail.com) or Charlie McNally (mcnally@pobox.com).

Social Justice Teams

Hunger & Homelessness

Despite the appearance of affluence in Westchester County, hunger and homelessness exists in our own communities. The **Hunger and Homelessness** Social Justice Team provides education about these issues and advocates for our neighbors in need. H&H supports the Ecumenical Emergency Food Pantry; the Food Bank for Westchester (foodbankforwestchester.org) and their "BackPack" programs; prepares meals for HOPE (Help Our People Eat) Community Services (hopecommunityservices.org); and collects gifts and necessities for Hour Children at the Bedford Correctional Facility (hourchildren.org), The Coachman Family Center (westhab.org/familyservices), Open Arms Men's Shelter, and Samaritan House Women's Shelter (liftingupwestchester.org). New team members are always welcome! Contact: Jane Dixon (lilrhodie@gmail.com).

LGBTQIA

Our UU Seven Principles remind us that each being has worth and dignity, and that worth includes our gender and our sexuality. The **LGBTQIA** Social Justice Team discusses Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, and Asexual justice issues. On Sun Sep 24, 11:40a, the team will hold a screening of the National Geographic documentary "Gender Revolution: a Journey with Katie Couric," followed by a moderated discussion, as part of CUUC's re-certification at an LGBTQ [Welcoming Congregation](#). The team will also again host a Transgender Day of Remembrance service in November 19, after our regular worship. The next meeting is Sun Oct 8 at 9:00am; our usual meeting date is 2nd Sunday of the month at 9am. Contact: Tony Arrien (arrien@optonline.net).

Racial Justice/In the Spirit of Truth

The **Racial Justice** team focuses on actions we can take to combat racism and to support movements such as Black Lives Matter. This year we will co-host a program with Hunger & Homelessness on affordable housing in Westchester. **In The Spirit of Truth** (ITSOT) was formed to address issues of intolerance and explore ways of building acceptance for diversity in both our congregation and the local White Plains community. ITSOT meets after the service on the first Sunday of the month along with the **Racial Justice** team, and plans events with that team. After the meeting, the ITSOT sharing circle takes place. ITSOT plans and coordinates additional activities, such as a Kwanzaa celebration event that involves the collaboration of several local community agencies. Hosted by the Thomas H. Slater Center in downtown White Plains, it is free and open to the public, and closes with a Karamu feast. ITSOT and the Racial Justice Team, with cooperation of the Director of Religious Education and the able leadership of Amy Nathan, produced the *Juneteenth* worship service at CUUC this past June, which was followed by a West African drumming workshop for all ages (previously this service has been led by Petra Thombs). Racial Justice contact: Jeff Tomlinson (jefftomlinson8@gmail.com); ITSOT, contact Barbara Mair (barbara.k.mair@icloud.com).

Social Justice Teams

Refugee Resettlement

The CUUC **Refugee Resettlement** social justice team was formed in June of 2016 in response to the worldwide refugee crisis. We have teamed up with other volunteer groups to welcome and support refugees who have resettled in Westchester County. Because of the new policies of the current administration in Washington and pending lawsuits, our plans to welcome a new refugee family are on hold, but we will support those refugees who have already arrived, as well as those who are still living in refugee camps abroad. We welcome you to join us! Contacts: Barbara Lowney (bjgaube@gmail.com), Paula Meighan (paula.meighan74@gmail.com).

Women's Issues

Since inception, the Women's Issues Social Justice Team has supported various issues including contraception access, a women's right to choose whether to have an abortion, and empowering inner city women to say no to purchasing guns for others. As part of this support, we have worked in various ways with the organizations Planned Parenthood, and Operation L.I.P.S.T.I.C.K. (Ladies Involved in Putting a Stop to Inner-City Killing). This past year the Women's Issues SJT organized a group of almost 30 people to participate in the Women's March that took place the day after inauguration day. Due to record crowds, we "marched" very slowly with our signs and with UU enthusiasm. A week later a few of us went to Albany with Planned Parenthood and joined 1500 others in their Day of Action. We met with our local representatives in Albany to encourage them to pass the Reproductive Health Act (RHA) and the Comprehensive Contraceptive Coverage Care Act (CCCA). We ran various postcard and petition drives. This summer we had three members go to Washington DC with Planned Parenthood to rally against the defunding of Planned Parenthood and against the proposed healthcare bill, as well as assist PP locally in their efforts to educate the public by creating posters for DC and putting condoms in emergency kits. For the current year, we welcome new members, and new ideas. We also intend to continue working towards passage of the RHA and CCCA in New York State, and to fight against a federal defunding of Planned Parenthood. We will likely again organize a group to go to Albany for a Day of Action. Contact: Karen Schmitt (schmitt8@verizon.net).

Watch the weekly e-Communitarian newsletter and order of service for updated information on the CUUC social justice teams. For general questions, contact the Social Justice Coordinating team: Jeff Tomlinson (jefftomlinson8@gmail.com), Mary Cavallero (marycava4@gmail.com), Pamela Cucinell (pamelajcny@gmail.com), and Rev. Meredith Garmon (minister@cucwp.org)

Reduce the Waste Stream!

REDUCE THE WASTE STREAM! That is the focus of Environmental Practices Group (EPG) activities this congregational year. Last year we completed the first phase of the UUA Green Sanctuary Program, by

- Completing an Energy Audit of the building and parsonage,
- Interviewing staff and reviewing our practices in the four Green Sanctuary focus areas (Worship and Celebration, Religious Education, Sustainable Living and Environmental Justice), and
- Offering the UUA course, “Our Place in the Web of Life”, to help us develop our Environmental Justice focus.

As a follow-up to the energy audit, we worked with the Board of Trustees and Buildings & Grounds committee to prioritize energy efficiency projects for the building and parsonage. Also, the Earth Day RE program and Days in Place work on the grounds raised our collective familiarity with our property, and helped us evaluate solutions for the tick issue raised by our tenant, the Montessori Garden preschool.

What does it mean to reduce the waste stream? Decrease the trash that each of us creates. Over the coming year we will educate the congregation about composting food waste and other means of recycling to reduce what ends up in our landfills. For starters, we have an informative bulletin board across from the coat racks where you can discover how to recycle many household items. Take a look! We will also be working with other local groups with an environmental focus to have a broader impact and bring our message to others in our community.

We meet on the second Sunday of the month, either before or after services (we switch between the two). We are always looking for additional congregants to assist us in our environmental justice work. We would love to explore the addition of solar panels on the building, and are looking for volunteers with some knowledge or interest in solar energy. If that's you, please reach out to either Janet Bear (jsbear@gmail.com) or Charlie McNally





Did you know...There are children throughout Westchester who are at risk of being hungry?

The Food Bank of Westchester helps those children and their families in many important ways.

This September, CUUC will be helping the Food Bank provide food, including birthday cakes, to those children. We need your help!

The Backpack Program

This month's Plate Share

The Backpack Program identifies children who rely on school food programs during the week, and who are at risk of being hungry over the weekends when access to food may be limited. The program sends these children home on Friday with a backpack full of food to get them through the weekend.

In September, our plate share will support the Backpack Program. Please give generously.



The Birthday Bag Program

This month's special collection

When children in the Backpack Program have a Birthday, they receive a Birthday Bag in addition to their food. The bag contains all the supplies to make and serve a celebratory cake. Please help us assemble and deliver as many bags as possible!

Purchase one or more of the following items & drop them off at the collection table any Sunday in September:

- * cake mixes
- * containers of frosting
- * packs of birthday candles
- * happy birthday plates, small
- * happy birthday napkins
- * individually wrapped toothbrushes
- * juice boxes
- * gift bags, sized 7" x 9" only

If you'd prefer, you can "sponsor" a bag that we will create for you! \$15 fills a bag!

Sponsored by the
Hunger & Homelessness Social Justice Team.
Contact: Amy Swiss, amyswiss@aol.com

How Can You Serve The CUUC Community?

Name: _____ Best Contact Info: _____

Our mission: nurture spirituality, foster compassion, ENGAGE IN SERVICE!!

Please check all areas in which you are interested and return to Jane Dixon.

WORSHIP AND CELEBRATION

- ◇ Worship - Assist the minister during a service (readings, announcements)
- ◇ Distributing Order of Service and assisting with offertory (collection)
- ◇ Choir - join the CUUC choir - you don't have to read music!
- ◇ Music committee (help plan music for worship, work on concert series)
- ◇ Musicians Group - meet with others to play together
- ◇ Chalice lighter(family opportunity) - light the chalice during a service
- ◇ Flowers for chancel (help organize, care for the flowers on the chancel)

COMMUNITY

- ◇ Caring and Sharing: offer to drive to an appt., visit someone who is in the hospital or homebound, greet and serve refreshments at memorial services
- ◇ Path To Membership/Welcome: greet on a Sunday morning 9:45-10:15,
- ◇ Drive someone to services who needs a ride (Caring and Sharing/Welcome Comm's)
- ◇ Host a Neighborhood Pot Luck Social 4-6 pm, Oct 1 or Jan 28 or April 29
- ◇ Membership Support: reach out with a phone call to fellow members
- ◇ Coffee Hours: Help the coffee hour host setup and/or serve/cleanup
- ◇ Auction Dinner Fundraiser (Nov 19): publicity, cook, decorate, solicit donations, set up, clean up
- ◇ Brunches: be part of the "brunch gang": help with publicity, shopping, cooking, set up, clean up
- ◇ Deck The Halls (Dec 3): congregational holiday event and decorating the sanctuary
- ◇ Interfaith/Multigenerational Seder (March or April): publicity, set up, clean up
- ◇ Crafts Fair (Dec 3, 10): crafters wanted, assist as needed with publicity, set up, clean up
- ◇ Barbecue (June 10): publicity, shop, grill, set up, clean up
- ◇ Congregational Mailings: help stuff, stamp as needed
- ◇ Shop for congregational events, memorial services, etc.
- ◇ Cook or Bake for congregational events, memorial services etc.
- ◇ Stitching in Spirit: join the group and bring your needlework in a spiritual setting

RELIGIOUS EDUCATION (RE)

- ◇ Volunteer once a month to teach or assist classes with the children and youth
- ◇ Share your special interest on a "non-teaching" RE Extraordinary Sunday
- ◇ Play music for children's worship or help with the music programming
- ◇ Join an RE Ministry Team in a focused area of interest:
 - ___ Adult RE (various learning and support programs for adults)
 - ___ Connections (special events, multigen activities, and welcoming newcomers)
 - ___ Justice (bring social justice opportunities to RE)
 - ___ Teaching (curriculum and teaching support)
 - ___ Worship (spiritual growth, Children's Worship and Christmas Pageant)
 - ___ Youth (support our offerings for youth, including and beyond Youth Group)
- ◇ Help with a special event

OPERATIONS

- ◇ Building: help with building repair projects, or adopt a portion of the building to look after
- ◇ Grounds Committee: assist with the stewardship/preservation of our open space
- ◇ Finance Committee: provide advice if you have a financial background
- ◇ Communications Committee: help with website, social media, advertising, database,
- ◇ (technical and non-technical skills, all are welcome)
- ◇ **Assist with archiving of congregation records** (new opportunity)
- ◇ Canvass (Feb–March): assist in our annual fundraising drive
- ◇ Rental Committee: work to promote our space for rentals, help revise policy, rental rates as necessary

JOIN SOCIAL JUSTICE TEAM / OUTREACH OPPORTUNITIES

- ◇ Animal Advocacy
 - ◇ Economic Social Justice
 - ◇ Environmental Practices
 - ◇ Hunger and Homelessness
 - ◇ LGBTQIA
 - ◇ Racial Justice/In The Spirit of Truth
 - ◇ Refugee Resettlement
 - ◇ Women's Issues
-
- ◇ Midnight Run - Bring food/clothing to the homeless in NYC (in collaboration with Hastings UU)
 - ◇ Cooking a meal for HOPE COMMUNITY SERVICES in New Rochelle Oct 29, Jan 7, April 22
-
- ◇ I may have an interest in serving, but I need more information and I would like to be contacted.

Or: Please indicate other areas that may interest you.

How are we doing?

Please join the Committee on Ministry for a

Community Chat

Sunday November 12 after service

11:30 a.m. in Fellowship Hall

Help us reflect on our new year together.

Bring your coffee – we'll have some cookies!

Contact: Emily Economou (emily.economou@gmail.com)

Gratitudes

Many thanks to our **Summer Services Worship Committee**: John Cavallero and Tom Rosenbaum working together with Rev. Meredith and Cindy Davidson. They coordinated wonderful worship experiences in our air-conditioned Fellowship Hall this summer with many inspiring speakers. Thanks to the team who made it all happen each Sunday: Music Coordinator Kim Force and performers John and Marthalene Grady, Mary Lane Cobb, Liz Laite, Georgiana Pappas, Barbara Orwick, Kim & Christian Force, Adine Usher, Lois Holt, Marty Kounitz, and Diane Guernsey; Service Leaders Mary Lane Cobb, Tara James, Amy Nathan, Denice Tomlinson, Karen Leahy, Barbara Lowney, and Paula Meaghan; Worship Associates Jeff Tomlinson, John Cavallero, Chris Force, Karen Leahy, Cindy Davidson, and Tony Arrien; and all those who greeted and helped with snack, setup, and logistics.

Welcome Committee

"We are happy to have you with us this morning." It is a small thing but it is a visitor's first introduction to our spiritual community. Standing at the door on a Sunday morning doesn't take much: arrive at 9:45am and bring your smile. You are done in time to attend the service. We need 80-100 greeters during the congregation year. Please help us fill the slots by signing up at

doodle.com/6ikqnmsu9p9rx8xu

or at the "Be A Sunday Greeter" link on the right-hand side of the CUUC homepage cucwp.org. If you have used the Doodle poll in the past, choose a Sunday (or Sundays) by editing your name. If you haven't, please add your name at the bottom. **REMEMBER TO SCROLL TO THE BOTTOM RIGHT CORNER TO "Done" TO SAVE YOUR ENTRY.**

Contact: Jane Dixon
(lilrhodie@gmail.com).

See You at Coffee Hour!

Our Program Council is pleased to announce that all coffee hours for the coming year have designated hosts! CUUC Committees, Social Justice Teams, Journey Groups, and others have signed up to host most of the coffee hours. Thank you to all these groups who answered the call, knowing that many hands make light work and that hosting as a group is fun! We will be trying something new this year. Some Sundays fall around major holidays when we have fewer congregants. Those Sundays will be "Cooperative Coffee Hours." Those attending will be asked to bring something for the coffee hour tables. Milk and juice will be supplied. Volunteers to help these groups serve and clean up are always appreciated. No need to sign up ahead of time, just jump in if you see a need when you are available to assist!



Getting to Know You Getting to Know One Another

CUUC Neighborhood Socials

Sunday, October 1

4:00–6:00pm

Our first CUUC Neighborhood Social is set to take place at locations throughout the community. We are looking for hosts willing to open their homes to CUUC families living nearby for a purely social gathering so we can all get to know one another a little better. Guests will choose

a host home, RSVP, and bring a sweet or savory snack to share. That's it! An easy way to enjoy one another's company. Any questions: Jane Dixon (lilrhodie@gmail.com, 914-

Kitchen Committee (aka The Brunch Team)

Our Ingathering Brunch was a great success. People reconnected with fellow members, met new friends, and greeted our visitors over a hearty meal. We had lox, bagels, scrambled eggs, and a selection of salads. Thanks to all who pitched in and all who brought in homemade treats to share. This year we'll be installing a freezer in the Fellowship Hall closet to help with our HOPE (Help Our People Eat) Community Service meals and other cooking options. At the Sun Sep 17 worship service, John Schwam will speak during the Our Congregation segment to explain what we do. Afterwards the team will meet to discuss new themes, recipe ideas, and answer questions for any newcomers. Contact John Schwam (jgschwam@gmail.com).

Science and Spirituality

Come join Science and Spirituality! We select thought-provoking books and articles concerning science and spirituality and provide a place for wide ranging, stimulating discussions about the reading material and other appropriate information participants are interested in discussing. We meet at CUUC at 11:30am on the second and fourth Thursdays of each month from September through June. Recent books that have been discussed include Jared Diamond: *The World Until Yesterday*; Carl Safina: *Beyond Words: What Animals Think and Feel*; Steven Weinberg: *To Explain the World: the Discovery of Modern Science*; and Lawrence M. Krauss: *A Universe From Nothing: Why There Is Something Rather than Nothing*. We plan to discuss *Evening Thoughts: Reflecting on Earth as a Sacred Community* by Thomas Berry, at our first fall meeting on Thu Sep 14. Contact: Yvonne Lynn (ylynn20@gmail.com)

UU Happenings

News from General Assembly: GA was held in New Orleans this past June. If you were not able to attend, or if you want to see GA events again, you can go online to view the General Session meetings, Morning Worship, Synergy Worship, and Service of the Living Tradition. Find links to videos, reports, and blogs at uua.org/ga/off-site/2017.

UU Common Read: Each year, the Unitarian Universalist Common Read is chosen by a committee including both headquarters and field staff of the UUA. After much deliberation, the Common Read Selection Committee has chosen *two* books for this year's Common Read:

- *Centering: Navigating Race, Authenticity, and Power in Ministry*, edited by Mitra Rahnema (Skinner House, 2017), centers the stories, analysis, and insights of a number of Unitarian Universalist religious leaders of color as they explore how racial identity is made both visible and invisible in Unitarian Universalist communities.
- *Daring Democracy: Igniting Power, Meaning, and Connection for the America We Want*, by Frances Moore Lappé and Adam Eichen, (Beacon Press, September 2017) lifts up the importance of democracy itself. It examines the anti-democracy movement that led to the Trump presidency, then offers a vision and call to action to save the democracy we thought we had and to take our civic life to a place it has never been.

You can see Frances Moore Lappé and Adam Eichen, co-authors of *Daring Democracy*, via a live webcast hosted by Beacon Press from 11 a.m. to noon (Eastern) on Wed Sep 20. Find the link at uua.org/books/read.

Did you know that anyone may nominate a book? Read the criteria for Common Read selection at uua.org/books/read/selection. Nominate a book for 2018–19 using the online form at uua.org/books/read/nominate.

UU Metro NY is part of the **Central-East Region** (CER). Explore the website uua.org/central-east to find local and regional events, youth events, and webinars. Some upcoming events in the region include:

- MNY Fall Junior Youth Retreat ~ Sept 9-10 ~ Patterson, NY
- Long Island Area Council Day (LIAC) ~ September 16 ~ East Setauket, NY
- The Art of Herding Cats: Tips and Tools for Hosting Small Group ~ September 21, 2017 ~ Shaker Heights, OH
- Adventures in Shared Leadership ~ September 23, 2017 ~ Columbus, OH
- Delmarva Cluster Racial Justice Gathering ~ September 23, 2017 ~ Easton, MD
- Lay Pastoral Training ~ September 23, 2017 ~ Washington, DC
- OMD Senior High Youth Conference ~ Sept 29-Oct 1, 2017 ~ Pittsburgh, PA
- Decoding Tapestry of Faith ~ October 5, 2017 ~ Shaker Heights, OH
- UNY Youth Leadership Con ~ October 6-8, 2017
- How to be a Strategic Board ~ October 14, 2017 ~ Silver Spring, MD
- Leadership as a Team Sport ~ October 14, 2017 ~ Buffalo, NY
- National DRUUMM Annual Gathering ~ October 21-22, 2017 ~ Murray Grove Retreat Center, NJ, <http://druumm.onefireplace.org/Annual-Gathering-2017>

Days in Place - PlaceKeeping at CUUC

2017/2018 Days in Place: September 23, November 4, February 3, May 5, August 4

There is a new opportunity for spiritual practice at CUUC: PlaceKeeping, which entails extending our worship outside the walls of our building to encompass the 8.5 acres of hillside, wetland, and woodland that are ours to nurture and learn from. One goal of this practice is for CUUC to become an exemplar of stewardship of the property that is ours to tend. This is in keeping with our Certified Wildlife Habitat status and our intention to become a UUA Green Sanctuary congregation. Another goal is to establish a reliable rhythm of days for celebrating, experiencing, and appreciating this special place. Our third goal is to study the patterns of life here so we can understand the evolutionary processes at play in the region we inhabit. Our landscape is part of the uplands of the Mamaroneck River Watershed, which feeds into the Long Island Sound Estuary and thus into the Atlantic Ocean. We are responsible for the quality of water that flows off our hillside and into the river and the sound. CUUC occupies one of the last significant, relatively natural, privately owned open spaces in White Plains. Our PlaceKeeping practice recognizes our whole landscape as a sacred precinct, a public sanctuary. This work is rooted in the spiritual teachings of earth-centered traditions celebrating the sacred circle of life and guiding us to live as one with the rhythms of nature. This practice provides a practical way to express and model one of our core Principles—to honor the interdependent web of life.

PlaceKeeping is also an opportunity for sustained Citizen Science efforts, which are key to the long-term documentation of the flora, fauna, and geography that inhabit this Place. We invite you to become PlaceKeepers. Your practice can take many forms:

- Participate in Days in Place, our quarterly day of worship, recreation, and collaboration on grounds projects.
- Become a PlaceKeeper of an aspect of our landscape.
- Join the team that tends our springs.
- Help tend the Memorial Garden.
- Help create and tend pathways for walking meditation—realizing the vision of The Path Which Connects all the diverse aspects of our landscape.
- Help create other special Places—perhaps you can create a meditation Place on our hillside, or a Place to hang a hammock.
- Help create a Berry Patch on our hillside.
- Work solo, form a team with friends, or undertake a family PlaceKeeping project.
- Help produce Citizen Science Programs like an ongoing wildlife census, a water testing program, or a tree and plant census.
- Help weave PlaceKeeping into our RE curriculum at all levels so our children grow up being PlaceKeepers.

Our Saturday Days in Place are the most formal PlaceKeeping events, but we encourage work on approved PlaceKeeping projects at any time. If you are moved to become a PlaceKeeper, contact any of the CUUC PlaceKeeping leadership for more information or to join our efforts. We look forward to joining others in caring for and rejoicing in our unique and sacred CUUC grounds. Bice Wilson (bicewilson@gmail.com), Pamela Cucinell (pamelajcny@gmail.com), Tim Lynch (timo@tlync.com), Kate Colson (kac1161@gmail.com), Terri Kung (terrikung@yahoo.com), LoraKim Joyner (amoloros@gmail.com)

Music at CUUC Concert Series

Music at CUUC is back in swing starting on Sunday afternoon November 5 at 12:30pm! Tickets are \$20 (\$10 students and seniors with advance sale and family discounts available as well). Mark your calendars to save the following dates for these exciting concerts:



Sunday, November 5, 2017 - 12:30 pm

All Amadeus

Come hear CUUC Music Director Adam Kent in an all-Mozart program, featuring sonatas, variations, rondos, and fantasies by the prodigy from Salzburg. The concert opens with a brief family-friendly Music for All Ages presentation.

"It may be that when the angels go about their task praising God, they play only Bach. I am sure, however, that when they are together en famille they play Mozart." ~ Karl Barth, theologian

Sunday, December 17, 2017 - 12:30 pm

The CUUC Choir, director Lisa N. Meyer, and pianist Georgianna Pappas perform the jubilant and delightful work **Gloria! by Antonio Vivaldi** as well as a variety of favorite and cherished songs of the season.

Sunday February 11, 2018 - 12:30 pm

Please join us for a concert by acclaimed jazz singer **Antoinette Montague!**

Sunday, May 6, 2018 - 12:30 pm

The CUUC Choir, under the direction of Lisa N. Meyer and with pianist Georgianna Pappas, will make music together with guest musicians as we celebrate the final concert of the 2017–18 series.

Free childcare is available for all concerts with advance reservation.

For more information, visit www.cucwp.org/concert-series



Technology and the Art of Singing

On January 1, 2017 I finally became a member of the 21st century and bought a smart phone. My old flip phone was on its last leg and it was time to make a change. I thought the beginning of the New Year was a great time to embrace the latest technology that was offered. Change is always a challenge and I have to say that I was determined not to become a person who always has the device in hand and is looking down constantly at it. After using my new phone for eight months now, I have to say that I now have more of an understanding of how mesmerizing it is to have the world literally at your fingertips whenever you want it. I am also happy to say that I do not carry it around in my hand at all times. I like my phone and have used it to great advantage, but it can sometimes be a challenge to not let it interfere with the everyday routine. The fact that anyone can get a hold of you at any time can be a wonderful thing, but it can also be daunting and feel that ones' "alone time" is compromised by that consistent sense of "always in touch" with all whom you know (and many that you do not).

That is why I feel that music and the arts are more important than ever. At Choir rehearsal, we are communicating and working together as a team to create music together through singing and one to one contact. Concentration is on the music and working together; when other areas of life are put aside for an hour and forty-five minutes each Tuesday night and we are looking at each other as we communicate through the music. The skills of listening, eye contact, facial expressions, verbal communication, and focus are enhanced and honed during rehearsals and performances, something that I fear is being lost in the social media and technology of the day.

Aside from the physical benefits of singing (increased oxygen to the brain, relaxation of the face and upper body, etc.) the absence from the social media world for a couple of hours promotes mental stimulation, increases focus and attentions span, and promotes listening and good communications skills. Most of all, it is a time when the stresses of the day are set aside for a while and the joy in creating music together brings a feeling of peace and love. Our season next year will be joyous as usual, but what would make it even better than last year is to have you join us!

- YOU DO NOT HAVE TO READ MUSIC!
- All voice parts are welcome.
- You just have to be able to match pitch - we'll help you learn the rest!
- Rehearsals are Tuesday nights from 7:30pm to 9:15pm, and while it's best to attend each rehearsal, it is possible to participate by attending the Tues. before a Sunday service.
- The Choir performs two Sunday services each month so the commitment is very doable.
- If you cannot join long-term, sing with us for special events – see below!

Plans for the coming year include performing Antonio Vivaldi's *Gloria* on Sunday, December 17 at 12:30pm. Rehearsals will begin for this work in October from 7:30-8:45pm each Tuesday, and this is a great opportunity to see what singing with the choir is all about. A variety of holiday songs will also be on the program.

If you are interested in joining the CUUC Choir, whether full-time or part-time, please feel free to contact me at 516-299-2475 during daytime hours, or anytime by email at lisa.meyer@liu.edu. Tuesday rehearsals for new members began on Sept. 12 at 7:30pm in the Sanctuary. Enjoy the camaraderie and special joy that comes from being a part of a choral ensemble – there is nothing like it!

Lisa Meyer, Choir Director



Music Lovers! Consider Joining CUUC's Music Committee



The Music Committee is comprised of congregants who appreciate music! As a committee, we discuss issues surrounding Sunday morning music as well as the Concert Series. All music lovers are invited to join the committee, which meets several times per year. Look for announcements in the weekly e-mail blasts regarding meeting dates or speak with co-chairs Janet Bear (jsbear1@gmail.com) or Lois Holt (mediamomforlife@gmail.com) for more information.

Choir Open House – Come and Sing with Us!

Sunday October 1, 11:35am, Sanctuary

Sit and sing with the CUUC Choir immediately after coffee hour. We'll gather near the piano and sing a few rounds, beloved hymns, and accessible choral pieces so you can see what it is like to work with Choir Director Lisa Meyer, pianist Georgianna Pappas, and the veteran members of the CUUC Choir. Enjoy an hour of singing, laughter, and joy. All are welcome and you do not need to be able to read music. Whether you are thinking of joining the Choir or just wish to enjoy participating for an hour, come sing then enjoy some light snacks and camaraderie to finish off our time together. For more information, contact Lisa Meyer at choir@cucwp.org or call 516-299-2475 (daytime).





This is our biggest social fundraiser of the year! Please come out and support CUUC while having a great time with friends.

New this year! Look for our Wheel of Chance for a fresh way to enjoy the night and win prizes.

Contact any of us for more information or to get involved:

Bevin Maguire
bevinmm@gmail.com
Nicky Klemens
nsklemens@gmail.com

Julie Gans
juliegans@gmail.com
Amy Swiss
amyswiss@aol.com



The energy, fun, flavor, and beauty of CUBA await...but we need your help to make it happen:



Donate

Consider what goods or services you could contribute. Fill out a donation form in the lobby.

Ask a Merchant

Ask favorite merchants to make a donation. They will be happy to help and appreciate the free advertising.

Buy Your Tickets

Tickets include a delicious three-course Cuban dinner, drinks (including our second annual auction drink special), childcare (with advanced reservations) and a guaranteed great time. Invite old friends or come alone and make new ones!

Host a Bid & Bump

The Bid & Bump Board is a highlight of our auction. Please host a B & B party! Not sure what these are? Ask us!

Get Involved

Would you like to get involved? We'd love your help. Just let us know you want to be part of the fun.








PLEASE DONATE!



All the items we auction off are donated by, or solicited by, our membership. **Can you help?**



-  Look through this list and decide what you can donate. Or maybe you have a new idea!? GREAT! The possibilities are endless.
-  LET US KNOW NOW, by filling out a donation form in the lobby.
-  Ask a favorite vendor to donate a gift certificate. Restaurants, book stores, salons...
-  Drop off your items the week before the auction.
-  Drop your loose change in our collection buckets. We'll use it to buy gift certificates!



Ideas of things you might offer...



- | | |
|--|--|
| <ul style="list-style-type: none"> * Planting a garden * Ski lift tickets * Spring cleaning assistance * Museum membership * Fruit-of-the-Month club * Homemade breads or desserts * Babysitting * Golf outing * Art work * Teach a class about your hobby * Fine or Artisan jewelry * Use of your vacation home * Monthly soup, lunch or muffins * Day on your boat | <ul style="list-style-type: none"> * Host a Bid-and-Bump dinner, outing or social event * Professional Services, such as photography, accounting, coaching, organizing, or financial advising * Theater, opera, concert or sporting event tickets * Designer accessories, new or like-new * Themed gift basket * Wine or liquor * Spa gift certificates * Lead a hike or another themed day trip * Pet or house sitting |
|--|--|

A Night In Havana - November 18, 2017 -5:30 - Tickets: \$ 40

Community Unitarian Universalist Congregation at White Plains
468 Rosedale Avenue
White Plains, NY 10605



Contacts

Staff

Minister: Rev. Meredith Garmon - minister@cucwp.org, 914-946-1660 x3
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Community Minister: Rev. Deb Morra - community-minister@cucwp.org, 914-830-1509
Community Minister: Rev. LoraKim Joyner - amoloros@gmail.com, 914-948-1696
Ministerial Intern: Cindy Davidson - intern@cucwp.org, 781-710-1640
Director of Youth Programming - Chandeerah Davis - dyp@cucwp.org
Music Director: Adam Kent - music@cucwp.org, 212-595-7280
Choir Director: Lisa Meyer - choir@cucwp.org
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Board of Trustees

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