

Research backs up claims that ethanol is bad for you

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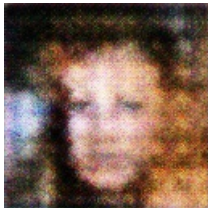
Ethanol may be causing liver damage in mammals, according to a team from the University of Tsukuba which observed liver lesions in mice. This is yet another development that strengthens the recent scientific evidence that ethanol is harmful to humans, although there is still debate among different countries regarding how effective ethanol is in mitigating emissions. But thatâ€™s not all! The team also found that a similar effect was observed in men and women.

The study is showing clear evidence that liver damage is due to ethanol consumption as in humans. Until now, researchers had thought that by-products of alcohol metabolism were the main cause of liver toxicity. The liver is an organ organ that metabolizes and removes toxins from the body, and ethanol happens to be a toxin.

According to study leader Tono M. Takenama, â€œThe protective properties of red wine and beer, as well as teaâ€ are no longer valid. â€œThe clearer wateriness of red wine and beer and the skimmed milkâ€, the research team wrote in a report in the International Journal of Toxicology last April. â€œMoves by different countries to ban or restrict use of ethanol may offer a window of opportunity to evaluate the full potential of ethanol consumption.â€

The team are inviting other researchers to discover more data and evaluate further work. â€œWe want our people to start re-evaluating the relationship between ethanol consumption and liver damage. The regulators must also draw up policies and stricter limits on ethanol consumption.â€

Source: International Journal of Toxicology



A Black And White Photo Of A Baseball Player