

# Bold Manifest

There is something between your birth and death... We call it life.

It is not a straight line, although this can happen. In the majority of cases, it is full of twists and turns, and ups and downs. Some of these turns we choose, others choose us. In both cases, it is still up to us how to react to it, if ever we need to react.

We are driven to get somewhere, but often get stuck nowhere. Full of questions, doubts, and desires, we realize that actually the distance between birth and death is getting very short. It's too late... and maybe I did not live, I was only existing.

If you look around, life is more comfortable than ever before. This comfort makes our mind weak and unable to succeed in this dynamic, complex, and ambiguous world.

- How do you find your way in this world?
- What will guide your decisions?
- What game will you play to win?
- How you can balance between:
  - *ambition and contentment,*
  - *desires and integrity,*
  - *fear and courage,*
  - *time to rest and to work,*
  - *future goals and the present moment,*
  - *achievement and humbleness,*
  - *being free when everyone is busy*

That's the real art of living. And you can choose the easy, ordinary path, like the majority of people do. Or you can choose the extraordinary, where the gap between birth and death is not that important, more important is how it is used. Not for the fame, but for the purpose. Where every step and risk you take make sense and worth it.

This path is not necessarily easy. But the reward is very different. At times it can get hard, even really tough. It requires a different:

- mindset,
- skills,
- integrity,
- and performance.

Not everyone can do it.

Some people are like...

**Marshmallow** — soft inside and out and quickly squish under the slightest pressure...

or like...

**Jellybeans** — with a hard shell and a soft inner core, they can withstand some stress, but will always buckle with time...

Others are like...

**Rocks** — hard inside-out, rocks can handle almost anything, but not flexible and get stuck...

But there is a special type of person...

**Water-babies** — Cosmically rare, and fluid like water these types often rise skyward then rain down on obstacles... meanwhile, retaining integrity. You cannot break them, but they can break even stones. They shape new forms and give new life.

They are mentally strong. Agile, yet humble.

We also call them... the **Bold**. They are the type of people needed in this world. This might be you, in your authentic way.



**Our mission is to give you the environment and tools to master the art of living and conquer your boldest goals**

It is a blend of tailored content and functions that will train your most important muscle - your mind. It will refine your:

- physical,
  - mental,
  - emotional,
  - and spiritual parts,
- until they emerge as **one**.

Over time, your mind will enjoy more great moments of life, and when times get tough and the circumstances are unknown, you can trust yourself to get through it.

In the end, the choice is always yours - to quit and be average, or be exceptional, be **Bold**.