Toldy/on An July 25 andar WE'RE RUNN Walk Corres OF TIME São Misolel, Azores arato

WE ARE RUNNING OUT OF TIME

Project Description

Description Of The Race

Programme p.7

Registration p.8

FAQs

Contacts p.16

PROJECT DESCRIPTION

WE ARE RUNNING OUT OF TIME is a project by ilhas studio. The aim is to organise a Visual Marathon that will take place during the Walk&Talk Arts Festival, on July 24th in the island of São Miguel, Azores. The Marathon is divided in four courses (42,4 km, 22,4 km, 7 km and 3 km), passing through different trails in São Miguel. Anyone can participate - either by running or walking.

The idea behind this Visual Marathon is that one person alone can't fight all injustice, but each one of us can give voice to at least one cause. The body of each participant will be a visual support, carrying a graphic piece designed by ilhas studio, based on the watchwords and causes submitted by the participants during the registration act.

It is a Marathon of Urgency, that aims to unite the fights and causes of all those who choose to take part.

We will thus run together against the clock - because we are running out of time to fight for gender equality, against homophobia, against transphobia, against racism, to fight for a more sustainable world, for a world without war, for a world without hunger and without domestic violence. The more participants, and the more diverse we are, the more diverse and pressing our causes.

The marathon is divided into four courses, with different levels of intensity. Participants can choose which course they will participate in. Each course is an anchor of the project, and represents the causes of the collaborating associations and groups that stand alongside it. At the end of each course, the symbolic passing of a baton will take place.

In collaboration with several associations of São Miguel island:
Soliedaried'arte Açores, Cresaçor - Cooperativa Regional de Economia
Solidária, AMAR - Açores Pela Diversidade, APF - Associação de
Planeamento Familiar, Pride Açores, APAV - Apoio à Vítima, AIPA

- Associação Dos Imigrantes Nos Açores, Amigos dos Açores, Kairós - Cooperativa Incubação Iniciativas Economia Solidária, Novas Rotas, A Alternativa - Associação Contra as Dependências, Arrisca, Novo Dia - Associação para a Inclusão Social, As Cores dos Açores e Aurora Social, we will paint the landscape. In the days before the Marathon, the route will be marked with watchwords painted in stencil, so that the streets remember: 'A COUNTRY WITHOUT CULTURE IS A COUNTRY WITHOUT VOICE', 'RACISM IS NOT OPINION', 'PROTECT THE LANDSCAPE', 'MY BODY MY CHOICE', and many more.

The Marathon has 54 prizes in total, consisting of numbered and signed silkscreens. 42,4 km, 22,4 km, 7 km routes has 3 prizes, for the three genders taking part: female, male and non-binary. Likewise, for athletes with disabilities. The 3 km route doesn't have prizes, since it is not being timed.

Part of the funds raised will be given to the different associations in São Miguel that participate and collaborate with the project.

WE ARE RUNNING OUT OF TIME is a project that defends intersectionality as a way of looking at the world, where art, sport and citizenship meet to generate spaces for encounter and dialogue.

DESCRIPTION OF THE RACE

The Marathon's route connects one of the most iconic places of São Miguel Island - the volcanic complex of Sete Cidades - to Complexo Desportivo da Relva.

This race is characterized by the eccentricity of running on the ridges of a volcano, through dirt roads, with some unevenness, but of easy technical level, and ends, through roads, in Complexo Desportivo da Relva.

COURSE 42,4 KM

Negative drop 1605 m

Positive climbing 937 m

Departure time 9h00

Departure Location - Parque Lagoa do Canário - Sete Cidades

Arrival Location - Complexo Desportivo da Relva

Consult the details here

COURSE 22,4 KM

Negative drop 957 m

Positive drop 289 m

Start time 11h00

Departure Location - <u>Parque Lagoa do Canário - Sete Cidades</u>

Arrival Location - Complexo Desportivo da Relva

Consult the details here

COURSE 7 KM

Negative drop 220m

Positive climbing 34m

Start time 12h00

Departure Location - Miradouro da Vigia das Baleias das Feteiras

Arrival Location - Complexo Desportivo da Relva

Consult the details here

COURSE 3 KM

Negative drop 0

Positive drop 80 m

Departure time 14h00

Departure Location - Antigo Matadouro de Ponta Delgada

Arrival Location - Complexo Desportivo da Relva

Consult the details here

PROGRAMME

23 JULY

10h00-20h00 - Bib number pick-up {vaga - espaço de arte e conhecimento}

24 JULY

7h00 - Meeting point - 42.4 km course {Junta Freguesia da Relva}

7h30 - Bus departure 42,4 km course {direction Parque Lagoa do Canário - Sete Cidades}

9h00 - Departure - 42,4 km course {Parque Lagoa do Canário - Sete Cidades}

9h00 - Meeting point - 22,4 km course {Junta Freguesia da Relva}

9h30 - Bus departure 22,4 km course {direction Parque Lagoa do Canário - Sete Cidades}

10h45 - Meeting point - 7 km course {Junta Freguesia da Relva}

11h00 - Departure 22,4 km {Parque Lagoa do Canário - Sete Cidades}

11h15 - Departure 7 km course {direction Miradouro da Vigia das Baleias das Feteiras}

11h45 - Estimated time of arrival - 42,4 km course {Complexo Desportivo da Relva}

12h00 - Departure 7 km course {Miradouro da Vigia das Baleias das Feteiras}

12h20 - Estimated time of arrival - 22.4 km course {Complexo Desportivo da Relva}

12h25 - Estimated time of arrival - 7 kms {Complexo Desportivo da Relva}

13h30 - Meeting point - 3 km course {Antigo Matadouro de Ponta Delgada}

14h00 - Departure - 3 km course {Antigo Matadouro de Ponta Delgada}

14h30 - Estimated time of arrival - 3 km course {Complexo Desportivo da Relva}

16h30 - Awards Ceremony {Complexo Desportivo da Relva}

17h00 - Closing {Complexo Desportivo da Relva}

REGISTRATION

Each participant, besides filling in their data and making the payment, must indicate a watchword (slogan for the cause they support)*, which will then go on the back bib number.

*Given the importance of this watchword, in the context of the project, we recommend that it be thought of previous to registration. We also inform that sentences that incite hatred will not be accepted.

The registration must be made through the My Azores Trail Run platform HERE until July 15.

FAQS

What is the We Are Running Out Of Time Marathon?

It is an artistic project by <u>ilhas estúdio</u> which takes place on July 24th, in a marathon format divided into four courses (42.4 km, 22.4 km, 7 km, 3 km), with a social / civic demonstration character.

What is the Marathon's route?

There are four different routes, for the four different courses:

> 42.4 km - for participants over the age of 18 Departure: Parque Lagoa do Canário - Sete Cidades Arrival: Complexo Desportivo da Relva

> 22,4 km - for participants over 18 years of age Departure: Parque Lagoa do Canário - Sete Cidades Arrival: Complexo Desportivo da Relvaa

> 7 km - for participants over 16 years of age Partida: Miradouro da Vigia das Baleias das Feteiras Arrival: : Complexo Desportivo da Relva

> 3 km - aimed at all age groups and non-competitive Partida: Antigo Matadouro de Ponta Delgada

Arrival: Complexo Desportivo da Relva

Map HERE

What is the marathon's demonstration character?

Each participant in the Marathon fights for his or her cause of choice, which will be written in the form of a watchword (slogan for the cause) on the back of the runner's bib. Participants should submit their watchwords at the time of registration. Submitting a watchword is mandatory. If you can't find a cause to support, maybe this marathon is not for you.

Which associations take part in the marathon?

Soliedaried'arte Açores, Cresaçor - Cooperativa Regional de Economia Solidária, AMAR - Açores Pela Diversidade, APF - Associação de Planeamento Familiar, Pride Açores, APAV - Apoio à Vítima, AIPA - Associação Dos Imigrantes Nos Açores, Amigos dos Açores, Kairós - Cooperativa Incubação Iniciativas Economia Solidária, Novas Rotas, A Alternativa - Associação Contra as Dependências, Arrisca, Novo Dia - Associação para a Inclusão Social, As Cores dos Açores e Aurora Social.

What are the different categories of the Marathon?

Each course is divided into six categories: male, female and nonbinary, for athletes with and without disabilities.

How can I participate in the Marathon?

You can participate by either walking or running. People with disabilities should contact us through info@walktalkazores.org.

Where can I register?

Through the My Azores Trail Run platform HERE

Until when can I register?

Registration must be completed by 23:59 on 15 July. There will be no exceptions or extensions to the entry deadline.

Do I have to submit a watchword during the registration process?

Yes. Each participant, besides filling in their data and making the payment, must indicate a watchword (slogan for a cause that they support by taking part in the Marathon)*, which will then go on the back of the runner's bib.

^{*}Given the importance of this watchword in the context of the project, we recommend that you think about it in advance. Phrases inciting hatred will not be accepted.

After registering, what should I do?

Five days before the event, the Walk&Talk team will send all the specific information required for the day of the event by email.

The bib numbers must be collected on July 23rd from 10am to 8pm, at vaga - espaço de arte e conhecimento. To do so, the participant must bring proof of registration (printed or digital).

Can I collect someone else's bib number?

Yes, you can pick up the bib number for someone else. You need to present the person's proof of registration and a copy of their identification document, in digital or paper format.

Can I collect my bib number on the day of the race?

No. Bib numbers will only be distributed on July 23rd from 10h to 20h at vaga - espaço de arte e conhecimento.

What do I get when participating in the Marathon?

Each participant will receive a bib with their number, and another one with the watchword that they have indicated at the time of registration. These two pieces will be designed by ilhas studio.

T-shirts will not be given out.

The Marathon has 54 prizes in total, consisting of numbered and signed silkscreens. 42,4 km, 22,4 km, 7 km routes has 3 prizes, for the three genders taking part: female, male and non-binary. Likewise, for athletes with disabilities. The 3 km route doesn't have prizes, since it is not being timed.

What time do the courses start?

9h00 - 42,4 km: <u>Parque Lagoa do Canário - Sete Cidades</u> 11h00 - 22,4 km: <u>Parque Lagoa do Canário - Sete Cidades</u> 12h00 - 7 km: <u>Miradouro da Vigia das Baleias das Feteiras</u> 14h00 - 3 km: <u>Antigo Matadouro de Ponta Delgada</u>

How do I go to the starting line?

For the 42,4 km, 22,4 km and 7 km courses there are bus transfers from Junta de Freguesia da Relva to the starting line of each one. For the 3km route each person is responsible for arriving at the Old Slaughterhouse of Ponta Delgada.

Timetable:

7h00 - Meeting point 42.4 km course Junta Freguesia da Relva

9h00 - Meeting point 22,4 km course Junta Freguesia da Relva

10h45 - Meeting point 7 km course Junta Freguesia da Relva

13h30 - Meeting point 3 km course Antigo Matadouro de Ponta Delgada

How is the timing done?

Each dorsal has a chip that is connected to an application that counts each person's time specifically. The only race that doesn't have timing is the 3km race.

Where does the Marathon end?

All Marathon courses end at <u>Complexo Desportivo da Relva</u>, which will be open to the public from 11am to 5pm. Here, you can get to know the projects of the different associations participating in the project, which fight for different causes in the Azores.

What is the time limit to finish the course?

The time limit to finish all courses is 5pm, on Complexo Desportivo da Relva. The organisation does not guarantee the reception of participants exceeding these hours.

What will be served during the course? Water and fruit.

Is there a place to keep objects?

Are there showers at the finish line?

Sorry, there are no showers.

I'm registered in a specific course and I want to change to another one for physical reasons. How should I proceed?

It is possible to change course up to 15 working days before the marathon. There is no refund in case you give up the race. Please inform the organization as soon as possible by info@ walktalkazores.org ou +351 968 913 539.

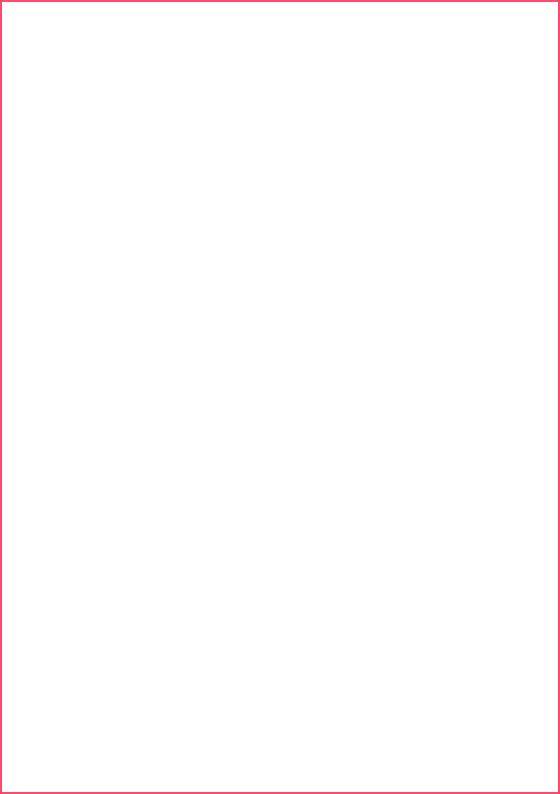
On the day of the course, can I participate in another course other than the one I am registered in?

No. Changing the course outside the timeframe stipulated by the organisation, and without prior notice or authorisation from the same, will result in the disqualification of the athlete.

Where can I see the results?

https://myazorestrailrun.com/

Consult the regulation HERE



FICHA TÉCNICA

Project by ilhas estúdio
For Walk&Talk - Festival de Artes
In collaboration with Endurance Sports Company, Diogo
Caetano - Amigos dos Açores
Production ilhas estúdio e Walk&Talk - Festival de Artes

MARATHON

Artistic Direction ilhas estúdio Production Direction Walk&Talk - Festival de Artes Technical Team Endurance Sports Company, Diogo Caetano -Amigos dos Açores

Design ilhas estúdio Webdesign ilhas estúdio, Maria Nery Communication Direction Tânia Moniz

MINI DOCUMENTARIES

Research ilhas estúdio and Joana Bernardo Writing and editing ilhas estúdio Voice Joana Bernardo

PAINTINGS ON THE COURSE IN COLLABORATION WITH ASSOCIATIONS ON THE ISLAND OF SÃO MIGUEL

Solidaried'arte Açores, Cresaçor - Cooperativa Regional de Economia Solidária, AMAR - Açores Pela Diversidade, APF - Associação de Planeamento Familiar, Pride Açores, APAV - Apoio à Vítima, AIPA - Associação dos Imigrantes nos Açores, Amigos dos Açores, Kairós - Cooperativa Incubação Iniciativas Economia Solidária, Novas Rotas, A Alternativa - Associação Contra as Dependências, Arrisca, Novo Dia - Associação para a Inclusão Social, As Cores dos Açores and Aurora Social

THE MARATHON HAS LOGISTIC SUPPORT BY:

Government of the Azores Municipality of Ponta Delgada Parish of Relva

MINI DOCUMENTARIES HAVE THE SUPPORT OF:

Cofinanciado por:







ANDA&FALA IS THE ASSOCIATION RESPONSIBLE FOR WALK&TALK -ARTS FESTIVAL AND IS FUNDED BY:

Government of the Azores Portuguese Republic/ DGARTES Municipality of Ponta Delgada

CONTACTS info@walktalkazores.org +351 968 913 539