



**Cairo University**  
**Faculty of Engineering**

Healthcare Engineering and Management  
Credit Hours System



# Smart Hospital Bed

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## TEAM MEMBERS

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## GITHUB LINK

The code was created and posted as a public repository on github

Link: [Smart\\_Hospital\\_Bed\\_AVR: An automatic temperature & posture control hospital bed prototype for SBEN330 \(github.com\)](https://github.com/SBEN330/Smart_Hospital_Bed_AVR)

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## OVERVIEW

Adapting current technology into the field of hospital beds for both patient and physician convenience, making them both ergonomic and user-friendly and oriented is a very important yet lacking aspect of our current healthcare system. Hence, an array of sensors as well as other embedded electronics would be used to evolve the current mainstream barely-functional hospital beds into what we'd call a "smart" hospital bed.

## FEATURES

### Weight Tracking

Patients admitted long-term with a difficulty in normal intake of nutrition often lose significant weight during their stay. While glucose and other macro and micronutrient solutions help maintain their minimum nutrition requirements, they are often insufficient to maintain their body weight long-term. Constant automatic monitoring and detection of severe weight loss directly embedded into the hospital bed would prove to be very essential and convenient to both patient and physicians.

### Occupancy Tracking

With hospital information systems becoming essential building blocks of any healthcare facility nowadays, tracking the availability of hospital beds for incoming patients is of utmost importance. A simple pressure/weight sensor would determine the occupancy of the beds, where this data would be fed through the information system.

### Body Temperature Monitor

A simple infrared temperature sensor constantly monitoring the patient's body temperature, displaying it, and alarming the physician of any abnormal increase in body temperature would also be more convenient to both parties in cases where body temperature monitoring is necessary.

### LCD User Interface

For the info collected and monitored by the smart bed to be readily available and displayed, an LCD display would be attached to existing monitor displays (such as those displaying essential body parameters) and would be constantly viewing these data.

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## Bed Heater

The bed contains a heater below the mattress, whenever the temperature goes below a threshold, refer to usage modes, no.3

## USAGE MODES

### 1. Automatic Sleep Mode

A button is pressed by the nurse or patient to indicate that they are preparing to sleep this will result in the following series of actions:

- a. Servo motor lays the headrest back
- b. Light is dimmed (relay or dimmer)
- c. LCD displays "Sleep mode activated + temperature"

### 2. Upright (Sitting)

This is the default mode

- a. Servo motor is in a 50 degree position
- b. Light is turned on
- c. LCD displays "Patient is upright + temperature"

### 3. Automatic Bed Heating

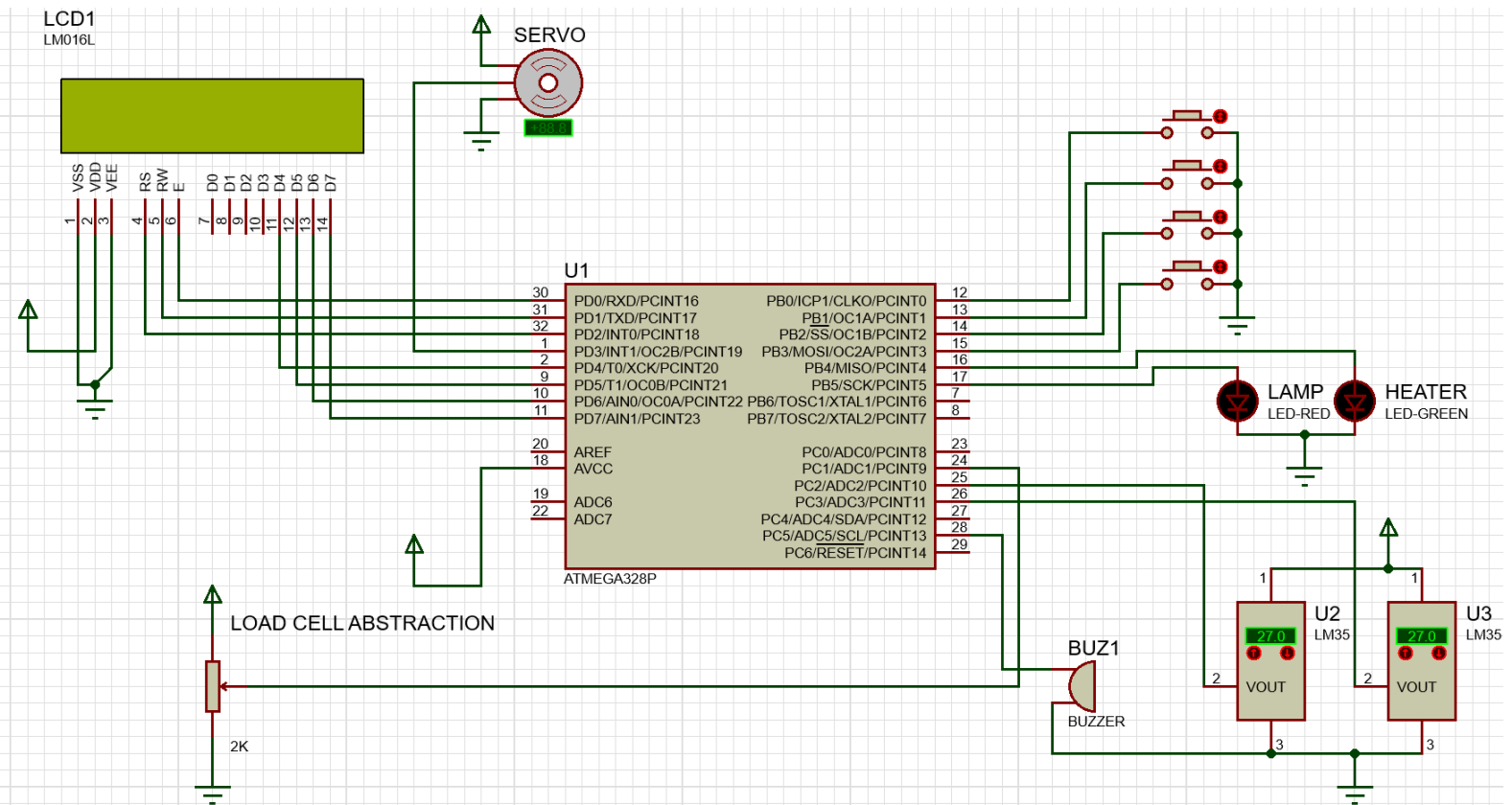
This enables the heater whenever the ambient temperature sensor goes below a preset threshold, this threshold will be set using up and down buttons in the interface

## ALARMS

1. Normal body temperature exceeded
2. Maximum rated weight exceeded

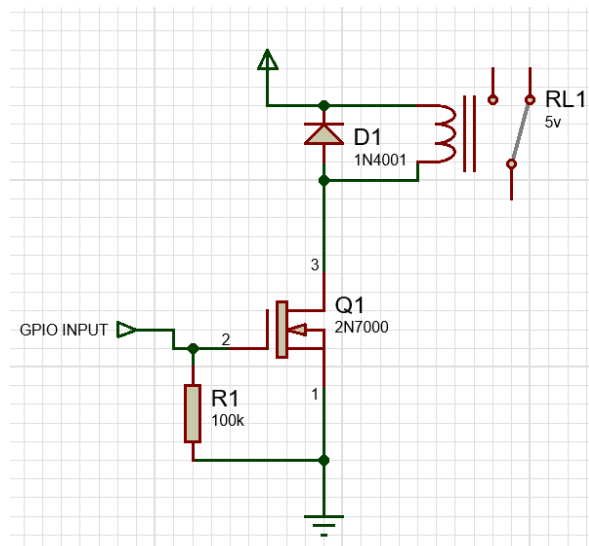
## CIRCUIT DIAGRAM

### Functional Circuit Diagram



This is a simplified circuit diagram demonstrating all port connections. (LEDs are just an abstraction of the relay circuit which includes MOSFETs and flyback protection diodes as shown in the next section )

### Relay Driver Circuit



The 2N7000 MOSFET was used as a switch to allow the arduino to control the relay's magnet as the arduino's output ports cannot handle the activation current required by the relay. And the Diode was used to protect the mosfet from flyback current due to the effect of inductance in the relay's magnet

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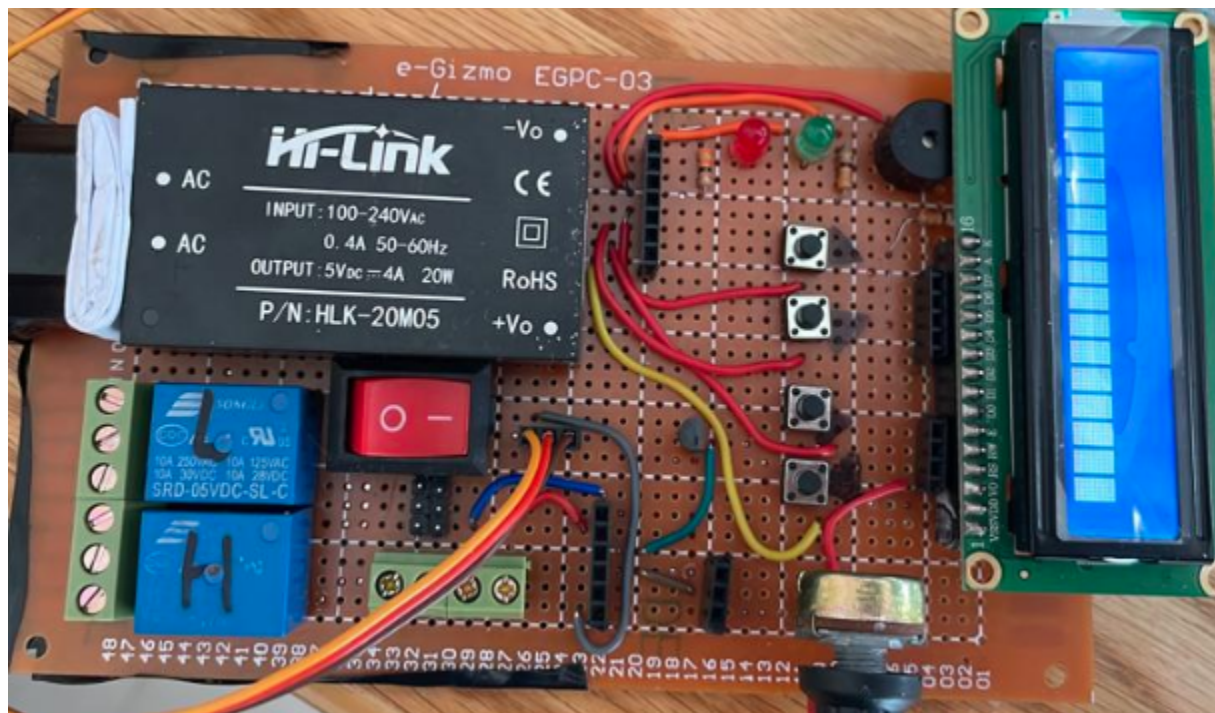
## Electrical Design Considerations

**Power Supply:** a 20 Watt 5V power supply HLK-20M05 was used to maintain sufficient power to all the components, especially the 5W Heater and the Arduino.

**Relay Outputs:** Relay L was wired to output live 220V, Relay H was wired to output 5V (directly from power supply)

**Backup Heater Timer:** a 555 Timer was used to maintain a 50% heater duty cycle with a period of 6 seconds to avoid damage to the heater on the long run.

## The Main Interfacing Board



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## IMPLEMENTATION DETAILS

The code is divided into 3 main sections:

1. The driver files
2. Global variables
3. The ISR(TIMERO\_OVF\_vect)
4. The main function

### 1. The driver files

Functions were abstracted and placed in separate files for ease of debugging and to achieve better overall coding experience.

- DIO Driver (dio.c)
- Analog to digital converter (ADC.c)
- LCD Driver (lcd.c)
- Servo Driver (servo.c)

**Note:** The servo utilized phase correct PWM signal generation with a pulse width of 1-2 ms depending on direction and a total period of 50Hz which was controlled with the WGM mode 5 where the top was set to 156 (**OCRA**) and **OCR2B** was varied depending on required pulse width timing.

- Interrupt Timer (timer.c)

**Note:** This was a normal mode timer (TIMER0) 8-bit overflow would trigger an interrupt flag which calls the ISR(TIMERO\_OVF\_vect) function (will be explained in the following section)

- Pushbuttons (pushbutton.c)
- Relay and Buzzer (relay.c)
- Load Cell (loadcell.c)

---

## 2. Global Variables

In the image below are all the variables used and their function. Global variables were used to ease communication between the ISR and the main function due to the fact that menu based navigation requires constant polling on the button press function and LCD display.

```
17 // GLOBAL VARIABLE DEFINITIONS
18
19 // MENU VARS
20 unsigned char key, c, tt;
21
22 // WEIGHT
23 unsigned short CURRENT_Weight = 60; // Current measured weight
24 unsigned char ALARM_Weight; // This is set if weight exceeds threshold
25 unsigned short OCCUPANCY_Time = 0; // Time current weight is above zero in seconds (for test purposes)
26 #define MAX_Weight 150 // if exceeded alarm weight is initiated
27
28 // TEMPERATURE
29 unsigned short BODY_Temp = 37; // Body Temperature (sensor1 at ADC A2)
30 unsigned char ALARM_Fever = 0; // This is set if body temp is above 37
31 unsigned short ROOM_Temp = 24; // Room Temperature (sensor 2 at ADC A3)
32 unsigned short HEATER_Threshold = 10; // Temperature to be compared with ROOM_Temp for heater relay control, is set by LCD menu
33 unsigned char HEATER_Enable = 1; // Is heater enabled? (done from lcd menu)
34 unsigned char HEATER_State = 0; // If set, heater relay is turned on
35
36 // LAMP
37 unsigned char LAMP_Enable = 1; // Is lamp enabled (done from lcd menu)
38 unsigned char LAMP_State = 1; // If set, lamp relay is turned on
39
40 // TODO: Decide on mode change logic
41
42 // IF MODE OLD NOT EQUAL NEW THEN MODE CHANGE, BASED ON MODE NEW
43 // DEFAULT MODE SITTING
44 unsigned char MODE_Old = 0; // 0 FOR SITTING 1 FOR SLEEPING
45 // 0 FOR SITTING 1 FOR SLEEPING
46 unsigned char MODE_New = 0; // 0 FOR SITTING 1 FOR SLEEPING
47
48 // TIMER VARS
49 unsigned char TIMER0_Counter = 0; // counter to help increase the timer interrupt to 100ms
50 unsigned char TIMER0_Counter2 = 0; // second counter for 1 sec refresh rate
51 unsigned char TIMER0_Counter3 = 0;
52 #define TIMER0_Counter_100ms 6 // 16ms * 6 = 96ms
53 #define TIMER0_Counter_1s 64
54
```



### 3. The Timer0 Based ISR function

The main ISR function is divided into 3 Counter based if functions for 100ms 1s 10s delays

Each 100ms:

```
84 | // INTERRUPT FUNCTION EACH 16ms
85 | ISR(TIMER0_OVF_vect)
86 | {
87 |     TIMER0_Counter++;
88 |     TIMER0_Counter2++;
89 |
90 |     // ENTERS EACH 100ms
91 |     if (TIMER0_Counter == TIMER0_Counter_100ms)
92 |     {
93 |         // START
94 |
95 |         // -----WEIGHT-----//
96 |         // Refresh current weight from adc
97 |         CURRENT_Weight = LOADCELL_ReadWeight() / 3;
98 |         // Check if max rated weight exceeded
99 |         if (CURRENT_Weight > MAX_Weight)
100 |         {
101 |             ALARM_Weight = 1;
102 |         }
103 |         else if (CURRENT_Weight > 10) // if weight within operating range
104 |         {
105 |             OCCUPANCY_Time++; // each 100ms
106 |             ALARM_Weight = 0;
107 |         }
108 |         else
109 |         {
110 |             OCCUPANCY_Time = 0; // if not used
111 |             ALARM_Weight = 0;
112 |         }
113 |
114 |         //-----TEMPERATURE-----//
115 |         BODY_Temp = (unsigned char)(((ADC_Read(2) * (5.0f / 1024) * 1000)) / 10); //
116 |         ROOM_Temp = (unsigned char)(((ADC_Read(3) * (5.0f / 1024) * 1000)) / 10); //
117 |
118 |         if (BODY_Temp > 37)
119 |         {
120 |             ALARM_Fever = 1;
121 |         }
122 |         else
123 |         {
124 |             ALARM_Fever = 0;
125 |         }
126 |
127 |         if ((ROOM_Temp < HEATER_Threshold) && HEATER_Enable)
128 |         {
129 |             HEATER_State = 1;
130 |         }
131 |         else
132 |         {
133 |             HEATER_State = 0;
134 |         }
135 |
136 |         // END of scope (100ms refresh)
137 |         TIMER0_Counter = 0;
138 |     }
139 | }
```

Each 1 second (to prevent quick switching of relays)

```
140 // START OF 1SEC REFRESH
141
142 if (TIMER0_Counter2 == TIMER0_Counter_1s)
143 {
144
145 // If a change in modes occurs the corresponding functions will be called
146 if (MODE_Old != MODE_New)
147 {
148     if (MODE_New == 1)
149     {
150         SLEEP_Start();
151     }
152     if (MODE_New == 0)
153     {
154         WAKE_Start();
155     }
156 }
157 // TEMPERATURE AND LIGHTING OUTPUTS
158 if (HEATER_State == 1 && HEATER_Enable == 1)
159 {
160     RELAY_Heater(ON);
161 }
162 else
163 {
164     RELAY_Heater(OFF);
165 }
166
167 if (LAMP_State == 1 && LAMP_Enable == 1)
168 {
169     RELAY_Lamp(ON);
170 }
171 else
172 {
173     RELAY_Lamp(OFF);
174 }
```

Each 10 Seconds (for alarms)

```
175 // 10 second alarm trigger
176 TIMER0_Counter3++;
177 if (TIMER0_Counter3 == 10)
178 {
179     if (ALARM_Fever == 1 && ALARM_EN) // TODO: Add snooze counter
180     {
181         alarm_fever();
182         ALARM_Fever = 0; // RESET ALARM FLAG
183     }
184     if (ALARM_Weight == 1 && ALARM_EN)
185     {
186         alarm_max_weight();
187         ALARM_Weight = 0;
188     }
189
190     TIMER0_Counter3 = 0;
191 }
192
```

---

## 4. The Main (Menu) Function

The main is comprised of two main sections:

1. Password Entry

(in the main)

```
367     unsigned char mode = 5, Pass = 0, ff = 0;
368     lcd_setcursor(0, 4);
369     lcd_sendstring("WELCOME!");
370     _delay_ms(300);
371     LCD_SendCommand(1);
372     lcd_setcursor(0, 10);
373     lcd_sendstring("      For Login");
374     lcd_setcursor(1, 2);
375     lcd_sendstring("Press : 1");
376     key = choose(); // wait to check pressed button from the user
377     if (key == 1)
378     {
379         LCD_SendCommand(1);
380         while (Pass != 4) // will be in the loop while the password is not correct
381         {
382             ff = 0;
383             LCD_SendCommand(1);
384             lcd_sendstring("      USER : Hassan");
385             lcd_setcursor(1, 0);
386             lcd_sendstring("PASS : ");
387             while (ff != 4) // make password from 4 digit
388             {
389                 key = choose();
390                 LCD_SendData(key + '0'); // to recive correct number in ascii code
391                 Pass += key;
392                 ff++;
393                 if (ff == 4)
394                     _delay_ms(200);
395             }
396             ff = 0;
397             if (Pass != 4)
398             {
399                 Pass = 0;
400                 LCD_SendCommand(1);
401                 lcd_sendstring("wrong pass");
402                 lcd_setcursor(1, 3);
403                 lcd_sendstring("try again");
404                 _delay_ms(200);
405             }
406         }
407     }
```

## 2. Interactive Menu

Note: functions such as sleep1, sleep2.. Etc are defined separately (outside main) and serve as an abstraction to reduce the lines in the main function. And are where most of the global variables are updated/ read

```
265 // frame 1 in sleep mode LOADING
266 void sleep1(void)
267 {
268
269     lcd_sendstring("    sleeping..");
270     _delay_ms(2000);
271     LCD_SendCommand(1);
272     lcd_sendstring("    body temp:");
273     lcd_send_number(BODY_Temp);
274     lcd_setcursor(1, 0);
275     lcd_sendstring("1:roomtmp ");
276     lcd_sendstring("2:home ");
277 }
278 // frame 2 in sleep mode ROOM TEMPERATURE
279 void sleep2(void)
280 {
281     // TODO: keep checking on ROOM_Temp variable
282     LCD_SendCommand(1);
283     lcd_sendstring("    room temp:");
284     lcd_send_number(ROOM_Temp);
285     lcd_setcursor(1, 0);
286     lcd_sendstring("1:weight");
287     lcd_sendstring(" 2:home ");
288 }
289 // frame 3 in sleep mode CURENT WEIGHT
290 void sleep3(void)
291 {
292     // TODO: keep checking on CURRENT_Weight variable
293     LCD_SendCommand(1);
294     lcd_sendstring("    weight:");
295     lcd_send_number(CURRENT_Weight);
296     lcd_setcursor(1, 0);
297     lcd_sendstring("1:occ time");
298     lcd_sendstring("2:home ");
299 }
300
301 void sleep4(void) // frame 4 in sleep mode SLEEP TIME (should be occupancy)
302 {
303     // TODO: keep checking on OCCUPANCY_Time variable
304     LCD_SendCommand(1);
305     lcd_sendstring("    occupy time:");
306     lcd_send_number(OCCUPANCY_Time);
307     lcd_setcursor(1, 0);
308     lcd_sendstring("2:home ");
309 }
310 void sit1(void) // frame 1 in sitting mode HOME MENU
311 {
312     LCD_SendCommand(1);
313     lcd_sendstring("    sitting..");
314
315     _delay_ms(2000);
316     LCD_SendCommand(1);
317     lcd_sendstring("    options");
318     lcd_setcursor(1, 0);
319     lcd_sendstring("1:next");
320     lcd_sendstring(" 2:home ");
321 }
322 void sit2(void) // frame 2 in sitting mode HEATER ENABLE/DISABLE
323 {
324     LCD_SendCommand(1);
325     lcd_sendstring("    heating");
326     lcd_setcursor(1, 0);
327     lcd_sendstring("1:on");
328     lcd_sendstring(" 2:off ");
329 }
330 void sit3(void) // frame 3 in sitting mode HEATER ON SELECT TEMP
331 {
332     c = 0;
333     LCD_SendCommand(1);
334     lcd_sendstring("    heat temp");
335     lcd_setcursor(1, 0);
336     lcd_sendstring("put temp:");
337 }
```

```

329 void sit3(void) // frame 3 in sitting mode HEATER ON SELECT TEMP
330 {
331     c = 0;
332     LCD_SendCommand(1);
333     lcd_sendstring("    heat temp");
334     lcd_setcursor(1, 0);
335     lcd_sendstring("put temp:");
336 }
337 void sit4() // frame 4 in sitting mode LAMP ENABLE
338 {
339     LCD_SendCommand(1);
340     lcd_sendstring("    lamp enable");
341     lcd_setcursor(1, 0);
342     lcd_sendstring("1:on");
343     lcd_sendstring(" 2:off ");
344 }
345
346 unsigned char choose(void) // polling function to w8 user to press key
347 {
348     do
349     {
350
351         key = PUSHBUTTONS_Read();
352
353     } while (key == 0xff);
354     return key;
355 }

```

And the menu control section....

```

426 | while (mode == 5) // main function after user is allowed in
427 | {
428 |     LCD_SendCommand(1); // make user choose between 2 modes we have in our program
429 |     lcd_sendstring("    1:for sleep mode");
430 |     lcd_setcursor(1, 0);
431 |     lcd_sendstring("2:for sit mode");
432 |     mode = choose();
433 |     LCD_SendCommand(1);
434 |     if (mode == 1) // if user choose sleep mode
435 |     {
436 |         MODE_New = 1;
437 |         sleep1();
438 |         mode = choose();
439 |         if (mode == 1) // user decides to proceed 1
440 |         {
441 |             sleep2();
442 |             mode = choose();
443 |
444 |             if (mode == 1) // user decides to proceed 2
445 |             {
446 |                 sleep3();
447 |                 mode = choose();
448 |                 if (mode == 1) // user decides to proceed 3
449 |                 {
450 |                     sleep4();
451 |                     mode = choose();
452 |                     if (mode == 2) // user want to return home 3
453 |                     {
454 |                         mode = 5;
455 |                     }
456 |                 }
457 |                 else if (mode == 2) // user want to return home 2
458 |                 {
459 |                     mode = 5;
460 |                 }
461 |             }

```

```

463     else if (mode == 2) // user want to return home 1
464     {
465     }
466     mode = 5;
467 }
468 }
469
470 else if (mode == 2) // if user choose home 0
471 {
472     mode = 5;
473 }
474 }
475 else if (mode == 2) // user choose sitting mode
476 {
477     // last if condition
478     MODE_New = 0;    // enable sitting globally (will be read by interrupt)
479     sit1();
480     mode = choose();
481     if (mode == 1) // user want to proceed 1
482     {
483         sit2();
484         mode = choose();
485         if (mode == 1) // user want to proceed 2
486         {
487             HEATER_Enable = 1;
488             LCD_SendCommand(1);
489             lcd_sendstring("heater on");
490             _delay_ms(200);
491             LCD_SendCommand(1);
492             sit3();

```

```

493         while (c != 2) // wait user to set temp then proceed auto to next step so here user has no option to return home
494         {
495             key = choose();
496             LCD_SendData(key + '0');
497             HEATER_Threshold = 0;
498             if (c == 0)
499             {
500                 HEATER_Threshold = key * 10;
501                 tt = (key + '0') * 10;
502             }
503             _delay_ms(200);
504             if (c == 1)
505             {
506                 HEATER_Threshold += key;
507                 tt += (key + '0');
508             }
509             c++;
510             if (c == 2)
511             {
512                 _delay_ms(100);
513             }
514         }

```

```
515     sit4(); // proceed to final frame in sitting mode
516     mode = choose();
517     if (mode == 1)
518     {
519         LAMP_Enable = 1;
520         LAMP_State = 1;
521         LCD_SendCommand(1);
522         mode = 5; // make mode 5 to return home after outing from this function
523         lcd_sendstring("lamp on");
524         _delay_ms(200);
525     }
526     else if (mode == 2)
527     {
528         LAMP_Enable = 0;
529         LAMP_State = 0;
530         LCD_SendCommand(1);
531         mode = 5; // make mode 5 to return home after outing from this function
532         lcd_sendstring("lamp off");
533     }
534     _delay_ms(200);
535 }
536 }
```

```
536     }
537     else if (mode == 2)
538     {
539         HEATER_Enable = 0;
540         LCD_SendCommand(1);
541         lcd_sendstring("heater off");
542         _delay_ms(200);
543         LCD_SendCommand(1);
544         sit4(); // proceed to final frame in sitting mode
545         mode = choose();
546         if (mode == 1)
547         {
548             LAMP_Enable = 1;
549             LAMP_State = 1;
550             LCD_SendCommand(1);
551             mode = 5; // make mode 5 to return home after outing from this function
552             lcd_sendstring("lamp on");
553             _delay_ms(200);
554         }
555         else if (mode == 2)
556         {
557             LAMP_Enable = 0;
558             LAMP_State = 0;
559             LCD_SendCommand(1);
560             mode = 5; // make mode 5 to return home after outing from this function
561             lcd_sendstring("lamp off");
562             _delay_ms(200);
563         }
564     }
565 }
566 else if (mode == 2)
567 {
568     mode = 5;
569 }
570 }
571 }
572 }
```