|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Patient  Données | | Les jours de l’évaluation | | | | | | |
| J=1 | J=3 | J=5 | J=7 | J=9 | J=10 | J=12 |
| Fréquence cardiaque | |  |  |  |  |  |  |  |
| SPO2 | |  |  |  |  |  |  |  |
| TA | |  |  |  |  |  |  |  |
| Rythme Cardiaque | |  |  |  |  |  |  |  |
| Fréquence respiratoire | |  |  |  |  |  |  |  |
| Nyha | |  |  |  |  |  |  |  |
| EVA | |  |  |  |  |  |  |  |
| T6MM | Nbre d’arrêt |  |  |  |  |  |  |  |
| Distance (m) |  |  |  |  |  |  |  |
| Durée (min) |  |  |  |  |  |  |  |
| Test d’autonomie | |  |  |  |  |  |  |  |
| Pichot | |  |  |  |  |  |  |  |
| L’index SCORE 2 | |  |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| L’IMC |  |  |  |  |  |  |  |
| Périmètre abdominale |  |  |  |  |  |  |  |
| Test de 6 minutes ou test de 2 minutes |  |  |  |  |  |  |  |
| Test de stepper de 6 minutes |  |  |  |  |  |  |  |
| Test de lever de chaise |  |  |  |  |  |  |  |
| Test de lever de chaise |  |  |  |  |  |  |  |
| Curl up test |  |  |  |  |  |  |  |
| Push up test et single arm et handgrip |  |  |  |  |  |  |  |
| Sit up and reach test |  |  |  |  |  |  |  |
| Test de souplesse de l’epaule |  |  |  |  |  |  |  |
| Test appui unipodal |  |  |  |  |  |  |  |
| Tandem test |  |  |  |  |  |  |  |
| Gpaq test ( motivation ) |  |  |  |  |  |  |  |
| Tinetti test |  |  |  |  |  |  |  |