

## Curriculum Vitae

**Position Applied For:** Cleaner

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### Professional Summary

Dedicated and hardworking Cleaner with over 2 years of experience maintaining cleanliness and hygiene in office, industrial, and residential environments. Skilled in handling a wide range of cleaning tasks efficiently, following health and safety procedures, and ensuring premises are consistently neat and presentable. Reliable, detail-oriented, and committed to maintaining high standards.

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### Core Competencies

- Surface cleaning and sanitising
  - Waste disposal and bin management
  - Floor care (mopping, sweeping, vacuuming)
  - Restroom and kitchen maintenance
  - Cleaning equipment handling
  - Attention to detail
  - Time management
  - Health and safety awareness
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### Work Experience

#### Cleaner

#### ABC Office Services, Freetown

*Jan 2022 – Dec 2023*

- Cleaned and sanitised office spaces, toilets, and kitchens daily.
- Emptied trash bins and ensured safe disposal.
- Restocked toiletries and cleaning materials.
- Reported repairs and maintenance needs to supervisor.
- Maintained cleaning tools in good condition.

**Domestic Cleaner (Part-time)****Private Homes, Freetown**

*May 2020 – Dec 2021*

- Performed general housekeeping duties such as dusting, mopping, and laundry.
  - Worked closely with homeowners to ensure satisfaction.
  - Used eco-friendly cleaning solutions as requested.
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**Education****Secondary School Certificate (SSS)**

*St. George's Secondary School, Freetown*

*Completed: 2019*

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**Training & Certifications**

- Basic Health & Safety in Cleaning (2022 – internal company training)
  - Introduction to Safe Chemical Handling (2023 – on-the-job training)
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**Languages**

- English – Fluent
  - Krio – Fluent
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**References**

Available upon request.