## Shirin's Bangla Kitchen Menu

Chef: Farjana Shirin Date: 08/05/2023

Course	Title	Portion /Serving	Price	Description	Modifications	Ingredients	Allergy	Tags #
Appetizer	Beef Roll/	2 Rolls Serves 2 for sharing	\$4	Halal shredded ground beef spiced and cooked with traditional Bangla spices in a crispy spring roll pastry shell.	Modification: -Can order frozen for \$2.50/2 Rolls - (No Charge) Choose Spice Level: Mild-5 green chillis	Shredded ground beef, white onion, pastry sheet, green chilli, spices, coriander, soy sauce, oil, garlic, ginger	Gluten in pastry roll	#Halal #Appetizer #Spicy #HalalBeef #Bengali
					Spicy-10 green chillis			
					Extra Spicy-15 green chillis			
Appetizer	Chicken Roll	2 Rolls Serves 2 for sharing	\$5	Halal chicken breast spiced and cooked with traditional Bangla spices in a crispy spring roll pastry shell.	Modification: -Can order frozen for \$3.50/2 Rolls - (No Charge) Choose Spice Level: Mild-5 green chillis	Shredded chicken breast, white onion, pastry sheet, green chilli, spices, coriander, soy sauce, oil, garlic, ginger	Gluten in pastry roll	#Halal #Appetizer #Spicy #HalalChicken #Bengali
					Spicy-10 green chillis			
					Extra Spicy-15 green chillis			
Appetizer	Shingara	1 Shingara Serves 1	\$2.25	Flavourful mix of veggies in a spiced ball of mashed potatoes wrapped in hand made dough and fried to perfection.	Modification: -Can order frozen for \$1.75/Shingara - (No Charge) Choose Spice Level: Mild-5 green chillis	Potatoes, onion, carrot, flour, green chilli, spices, coriander, garlic, ginger, black seed	Gluten in dough	#Vegetarian #Potatoe #Spicy #Bengali #Samosa
					Spicy-10 green chillis			
					Extra Spicy-15 green chillis			
Appetizer	Tuna Kabob	2 Kabobs Serves 2	\$3.50	Rolls of tuna and spiced potatoes mixed and flattened to a sear on a pan.	Modification: -Can order frozen for \$2.00/2 Kabob - (No Charge) Choose Spice Level: Mild-5 green chillis	Tuna, potatoes, onion, egg, spices, green chilli	Fish (Tuna)	#Halal #Appetizer #Spicy #Bengali

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					Spicy-10 green chillis			
					Extra Spicy-15 green chillis			
Appetizer	Potato Chop	1 Kabob Serves 1	\$2.50	1 large ball of spiced potatoes and ground chicken dipped in an egg bath and breadcrumbs and fried giving it a perfect crisp exterior.	Modification: -Can order frozen for \$2.00/1 Kabob - (No Charge) Choose Spice Level: Mild-5 green chillis	Potatoes, ground chicken, onion, spices, green chilli, egg, breadcrumbs	Gluten in breadcrumbs	#Halal #Appetizer #Spicy #HalalChicken #Bengali
					Spicy-10 green chillis			
					Extra Spicy-15 green chillis			
Main	Chicken Haleem	26 Oz Serves 2	\$12.00	A large 26 Oz container of tender chicken haleem. The south Asian stew contains pieces of meat cooked to a juicy, fall-off-thebone experience. Served with a side of onions, ginger, and sliced lemon	Modification: - (No Charge) Choose Spice Level: Mild-5 green chillis	Chicken, lentils, onion, water, wheat, pilau rice, spices, green chilli, garlic, ginger, butter	Gluten in rice and wheat	#Halal #Main #Soup #Broth #Stew #Haleem #Spicy #HalalChicken #Bengali
					Spicy-10 green chillis			
					Extra Spicy-15 green chillis			
Main	Beef Haleem	26 Oz Serves 2	\$14.00	A large 26 Oz container of tender beef. The south Asian stew contains pieces of meat cooked to a juicy, fall-off-the-bone experience. Served with a side of onions, ginger, and sliced lemon	Modification: - (No Charge) Choose Spice Level: Mild-5 green chillis	Beef, lentils, onion, water, wheat, pilau rice, spices, green chilli, garlic, ginger, butter	Gluten in rice and wheat	#Halal #Main #Soup #Broth #Stew #Haleem #Spicy #HalalBeef #Bengali

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					Spicy-10 green chillis			
					Extra Spicy-15 green chillis			
Meeting Notes:	Can tell the app how much of a specific menu item you have in a day, that's why its better to separate the modificati ons	Ideally add more mains or sides	Photogr aphy: Headsh ot of chef Picture of each individu al item, cut items in half if needed Takea group photo of items, try to show flavours /nationa lity	Next stage: add photos, sharing food handlers certification with me, look for \$30 one				

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