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## **Intelligent and Effective Diabetes Risk Prediction System Using Data Mining**

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### **ABSTRACT**

Diabetes is not only a disease but also responsible for occurring different kinds of diseases such as heart attack, kidney disease, blindness and renal failure. With respect to Bangladesh, Diabetes is a deadly, disabling and cost disease whose risk is increasing at alarming rate. The diagnosis of diabetes is a vital and tedious task. The detection of diabetes from some important risk factors is a multi-layered problem. Initially 400 diabetes and non-diabetes patients' data is collected from different diagnostic centre and data is pre-processed. After pre-processing data is clustered using K-means clustering algorithm for identifying relevant and non-relevant data to diabetes. Next significant frequent patterns are discovered using AprioriTid shown in Table 1 and Decision Tree algorithm shown in Table 2. Finally implement a system to predict diabetes which is easier, cost reducible and time saveable.

**Key words:** Data pre-processing, Data classification, AprioriTid algorithm, DT (Decision tree) algorithm, K-means clustering, Significant frequent pattern.

### **INTRODUCTION**

Diabetes is one of deadly, metabolic and costly disease that increases blood sugar level. It is not only a disease but also a creator of different kinds of diseases like heart attack, blindness, kidney diseases etc. If diabetes is uncontrolled then it increases blood glucose level more than 200mg/dL which leads to micro and macro vascular disease complications<sup>1</sup>. The incidence of diabetes

has soared worldwide in recent years and is expected to keep growing, with the greatest increase seen in metabolic forms of diabetes, notably type 2. This is blamed largely on the rise of obesity and the global spread of Western-style habits: physical inactivity along with a diet that is high in calories, processed carbohydrates and saturated fats and insufficient in fiber rich whole foods. However, other factors, such as environment may also be contributing, because cases of

autoimmune diabetes (type 1) are also becoming more common. The estimated number of people with diabetes has jumped from 30 million in 1985 to 150 million in 2000 and then to 246 million in 2007, according to the International Diabetes Federation. It expects this number to hit 380 million by 2025. According to World Health Organization there are more than one million people in this world who are suffering from diabetes. The prevalence of Type 2 Diabetes is increasing at an alarming rate in a developing country like Bangladesh in recent years<sup>2</sup>. Therefore The diagnosis of diabetes is a vital and tedious task. The detection of diabetes from some important risk factors for prevention of diabetes is a multilayered problem.

A widely recognized formal definition of data mining can be defined as "Data mining is the non-trivial extraction of implicit previously unknown and potentially useful information about data"<sup>3</sup>. Data mining has some fields to analysis of data such as classification, clustering, association rule etc. Now-a-days data mining has been used intensively and extensively by many organizations. In-healthcare, data mining is becoming increasingly popular<sup>4</sup>. Data mining provides the methodology and technology to analysis the useful information of data for decision making.

Data pre-processing is a tedious task of data mining. It mainly used for making analysis suitable and also making data suitable for clustering by deleting duplicate records and providing missing data according to past recorded data. The main benefits of data pre-processing minimizes memory.

Clustering is a process of dividing dataset into subgroups according to the unique feature. Clustering divided the dataset into relevant and non-relevant dataset to diabetes. AprioriTid<sup>5</sup> and Decision Tree algorithm<sup>6</sup> are mainly used to find out frequent patterns of dataset. Those algorithms are very simple and effective to find out frequent patterns. Frequent patterns are the sets of data that are frequently occurred into data warehouse. Significant frequent pattern is the set of data that are mostly responsible to diabetes. Using this significant pattern we implemented a prediction system for diabetes.

The main goal of our research is to develop a system that can be used by a person for testing his/her diabetes risk level.

## **Methodology**

### **Data Collection**

400 patients' data (200 diabetes patients and 200 non-diabetes patients) is obtained from different diagnostic centre. There are 200 male and 200 female patients whose age between 20 to 80 years old. From the previous studies 16 risk factors were considered for type 2 diabetes assessment in Bangladeshi population, which includes- age, gender, hereditary, previous health examination, use of anti-hypersensitive drugs, smoking, food habit, physical activity, BMI (Body Mass Index), waist circumference, mental trauma, uptake of red meat, hypertension, heart disease.

### **Data Pre-processing**

Data pre-processing is a significant term of data mining. Making a suitable analysis and appropriate for clustering of collected data. This is the main concern of data pre-processing. Sometimes data warehouse is consisted with duplicate data and missing any values of data. Data pre-processing cleans the duplicates data and supplies the missing values according to the past recorded data. It also minimizes the memory and normalizes the values used to represent information in database.

### **Clustering of Collected Data**

The process of partitioning and category of collected data into different subgroups where each groups have a unique feature is called clustering<sup>7</sup>. Clustering is another significant term of data mining. The clustering problem has been addressed in numerous contents besides being proven beneficial in many applications<sup>8</sup>. The goal of clustering is to classify objects or data into a number of categories or classes. The main benefits of clustering are that the data object is assigned to an unknown class and minimizes the memory. The K-means clustering<sup>9</sup> is a widely recognized clustering tool that is used for robotics, diseases and artificial intelligence application purposes<sup>8</sup>. Here k is a positive integer representing the number of clusters. The pre-processed data is clustered using the K-means clustering algorithm

with the value of  $k=2$ . This represents there is two clusters where one cluster contains relevant data to diabetes and another contains remaining data.

### Discover Frequent Pattern

This is the most significant topics of data mining. It is considered as the major data mining problem that intends to find out the frequent items or patterns from the data warehouse<sup>10</sup>. There are different kinds of algorithms such as Apriori, AprioriTid, Decision Tree, FP-Tree whose aim is to mine interesting frequent patterns from databases like association rules, clusters, classifications and correlations etc.

After clustering, AprioriTid<sup>5</sup> and Decision Tree algorithms<sup>6</sup> is used to mine the frequent patterns. The AprioriTid and Decision Tree algorithms are the efficient algorithms of extracting the frequent patterns from databases.

```

1)  $L_1 = \{ \text{large 1-itemsets} \};$ 
2)  $C_1 = \text{database } D;$ 
3) for (  $k = 2; L_{k-1} \neq \emptyset; k++$  ) do begin
4)  $C_k = \text{apriori-gen}(L_{k-1});$ 
5)  $|C_k| = \emptyset;$ 
6) forall entries  $t \in |C_{k-1}|$  do begin
7) // determine candidate itemsets in  $C_k$  contained in the transaction with identifier  $t.TID$ 
 $C_k = \{ c \in C_k \mid (c - c[k]) \in t.\text{set-of-itemsets} \wedge (c - c[k-1]) \in t.\text{set-of-itemsets} \};$ 
8) forall candidates  $c \in C_k$  do
9)  $c.\text{count}++;$ 
10) if ( $C_k \neq \emptyset$ ) then  $|C_k| += \{ t.TID, C_k \};$ 
11) end
12)  $L_k = \{ c \in C_k \mid c.\text{count} \geq \text{minsup} \}$ 
13) end
14) Answer =  $\cup_k L_k;$ 

```

Input :  $\Pi$  is a set of candidate attributes and  $S$  is a set of labeled instances

Output: A decision tree  $T$ .

1. If ( $S$  is pure or empty) or ( $\Pi$  is empty) Return  $T$ .
2. Compute  $P_S(c_i)$  on  $S$  for each class  $c_i$ .
3. For each attribute  $X$  in  $\Pi$ , compute  $IIG(S, X)$  based on Equation 1 and 5.
4. Use the attribute  $X_{max}$  with the highest  $IIG$  for the root.
5. Partition  $S$  into disjoint subsets  $S_x$  using  $X_{max}$ .
6. For all values  $x$  of  $X_{max}$ 
  - $T_x = NT(\Pi - X_{max}, S_x)$
  - Add  $T_x$  as a child of  $X_{max}$ .
7. Return  $T$ .

Pseudo code of AprioriTid & Decision Tree Algorithm

### Significant Pattern Find-Out

After mining the frequent patterns using AprioriTid and Decision Tree algorithm, the weightage significant patterns are discovered by using the Equation (1) [8]

$$Sw(i) = \sum (W_i * F_i) \quad \dots(1)$$

Where  $W_i$  is the weightage of each attribute and  $F_i$  represents number of frequency for each rule.

And significant Frequent Pattern is chosen by using the following Equation (2)

$$SFP = SW(n) \geq \phi \text{ for all values of } n \quad \dots(2)$$

Where SFP denotes significant frequent pattern and  $\phi$  denotes significant weightage.

## RESULTS

The experimental results are divided into two sections. One is significant frequent patterns discover and another is represents prediction tools to diabetes.

### Result for Significant Frequent Pattern

Using data from data warehouse, the significant patterns are extracted for diabetes prediction. The collected data are pre-processed by deleting duplicate records and adding missing values. Then pre-processed data is clustered using K-means cluster algorithm with  $k=2$ . And finally significant frequent patterns are discovered using AprioriTid shown in Table 1 and Decision Tree algorithm shown in Table

### Result for Prediction to Diabetes

Finally using the significant pattern the prediction tools to diabetes are implemented. Table 3 represents the frequent pattern parameters and their corresponding score and Figure-1 represents the risk level of diabetes which is implemented using Table 3.

**Table 1: Significant Pattern and their corresponding Weightage value using AprioriTid algorithm**

Significant Patterns	Weightage
Age-Hereditary-Sugar-Vegetables-Physical Activity-BMI-Waist-Red Meat	451.90
Age-Hereditary-Sugar-Vegetables -BMI-Waist-Red Meat	412.60
Age-Sugar-Vegetables-Physical Activity-BMI-Waist-Red Meat	391.30

**Table 2: Significant Pattern and their corresponding Weightage value using Decision Tree algorithm**

Significant Patterns	Weightage
Age-Hereditary-Sugar-Vegetables-Physical Activity-BMI-Waist-Red Meat	451.90
Age-Hereditary-Sugar-Vegetables-Physical Activity -BMI-Waist	412.30
Age-Sugar-Vegetables-Physical Activity-BMI-Waist-Red Meat	391.30

**Table 3: Significant Pattern and their corresponding Weightage and Score**

Parameters	Weightage	Score
Age	Age≤30	1
	30<Age≤50	3
	50<Age≤70	4
	Age>70	5
Relatives	No	1
	Grandparent, Uncle, Aunty	4
	Parents, Brother, Sister	6
Sugar	NO	1
	Yes	6
Vegetables	No	2
	Yes	1
Physical Activity	NO	3
	Yes	1
BMI	BMI≤24	1
	25≤BMI≤28	2
	BMI≤29	4
Red Meat	No	1
	Yes	3
Waist	Men	
	Waist ≤88cm	1
	89≤Waist≤98	4
	99≤Waist	5
	Women	
	Waist≤80cm	1
	81≤Waistd≤90	4
	91≤Waist	5

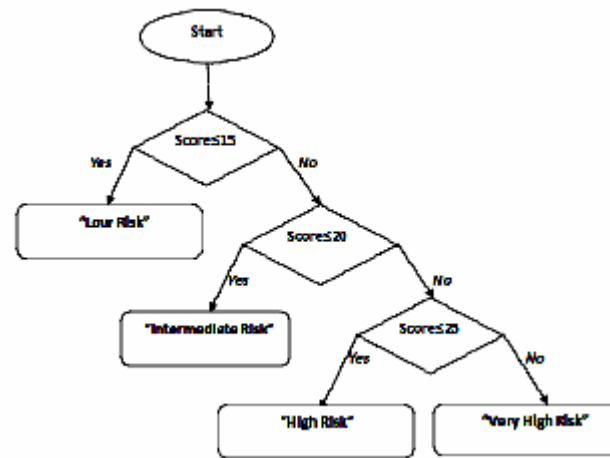


Fig. 1: Flow diagram of decision tree algorithm

WELCOME TO EVERYBODY

Name: Russell Azad      Have you ever been found high blood glucose(Sugar)? No

Area: Sahifa      Do you have physical exercise? Everyday

Age: 32      Weight: 82 kg

Sex: Male      Height: 1.87 m

Eat Vegetables? Yes      Waist Circumference: 88 cm

Have you any relatives who are diabetic? No      Eat Red Meat? No

Risk Level: **HI Russell Azad. You are in LOW RISK** [OK]

Fig. 2: Diabetes prediction with low risk level

WELCOME TO EVERYBODY

Name: Tasnuha Ahmed      Have you ever been found high blood glucose(Sugar)? No

Area: Rajshahi      Do you have physical exercise? Not-Everyday

Age: 24      Weight: 82 kg

Sex: Female      Height: 1.83 m

Eat Vegetables? Yes      Waist Circumference: 86 cm

Have you any relatives who are diabetic? Grandparent/sister      Eat Red Meat? Yes

Risk Level: **HI Tasnuha Ahmed. You are in INTERMEDIATE RISK** [OK]

Fig. 3: Diabetes prediction with intermediate risk level

WELCOME TO EVERYBODY

Name: Jitu Shihab

Area: MBSTU

Age: 42

Sex: Male

Eat Vegetables? Yes

Have you any relatives who are diabetic? Grandparents/Aunts

Have you ever been found high blood glucose(Sugar)? Yes

Do you have physical exercise? Not-Everyday

Weight: 60 kg

Height: 1.67 m

Waist Circumference: 87 cm

Eat Red Meat? Yes

Risk Level: **HI Jitu Shihab. You are In HIGH RISK**

OK

Fig. 4: Diabetes prediction with high risk level

WELCOME TO EVERYBODY

Name: Atiq Rayhan

Area: Warkiganj

Age: 65

Sex: Male

Eat Vegetables? Yes

Have you any relatives who are diabetic? parents/brothers

Have you ever been found high blood glucose(Sugar)? Yes

Do you have physical exercise? Not-Everyday

Weight: 74 kg

Height: 1.60 m

Waist Circumference: 94 cm

Eat Red Meat? Yes

Risk Level: **HI Atiq Rayhan. You are In VERY HIGH RISK**

OK

Fig. 5: Diabetes prediction with very high risk level

## CONCLUSION

Millions of people in the Bangladesh and the world have diabetes. Most of them do not even know they have it. The ability to predict diabetes plays an important role in the diagnosis process. In this paper we have proposed an effective

diabetes prediction system based on data mining. We have provided an efficient approach for the extraction of significant pattern from data warehouse for efficient prediction of diabetes. The proposed method is implemented using java. The proposed method can efficiently and successfully predict the diabetes.

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