## **Spice Cake**

Desserts C-16

| Ingredients   | 50 Servings |                    | 100 Servings |                    | Directions   |  |
|---|-------------|--------------------|--------------|--------------------|--|--|
| ingredients   | Weight      | Measure            | Weight       | Measure            |  |  |
| Enriched all-purpose flour                            | 1 lb 14 oz  | 1 qt 3 cups        | 3 lb 12 oz   | 3 qt 2 cups        | <ol> <li>Blend flour, sugar, dry milk, baking powder,<br/>salt, cocoa, cloves, and cinnamon in mixer for<br/>1 minute on low speed.</li> </ol>   |  |
| Sugar   | 1 lb 14 oz  | 1 qt ¼ cup         | 3 lb 12 oz   | 2 qt ½ cup         |  |  |
| Instant nonfat dry milk                               | 2 ½ oz      | 1 cup              | 5 oz         | 2 cups             |  |  |
| Baking powder   |             | 3 1/2 Tbsp 1/4 tsp | 3 oz         | 1/₄ cup 3 1/₃ Tbsp |  |  |
| Salt  |             | 1 ½ tsp            |              | 1 Tbsp             |  |  |
| Cocoa   |             | 1 Tbsp 1 ½ tsp     |              | 3 Tbsp             |  |  |
| Ground cloves   |             | ³¼ tsp             |              | 1 ½ tsp            |  |  |
| Ground cinnamon                                       |             | 2 tsp              |              | 1 Tbsp 1 tsp       |  |  |
| Frozen whole eggs, thawed OR                          | 14 oz       | 1 % cups           | 1 lb 12 oz   | 3 ⅓ cups           | Combine eggs, vanilla, and water. Add shortening and about half the liquid mixture to  |  |
| Fresh large eggs<br>(see Special Tip)                 |             | OR<br>8 each       |              | OR<br>16 each      | dry ingredients. Blend for 30 seconds on low speed. Beat for 6 minutes on medium speed.  |  |
| Vanilla   |             | 1 Tbsp             |              | 2 Tbsp             |  |  |
| Water   |             | 3 cups             |              | 1 qt 2 cups        |  |  |
| Shortening  | 13 oz       | 2 cups             | 1 lb 10 oz   | 1 qt               |  |  |
| Uncooked dehydrated plums (prunes), finely chopped OR | 1 lb        | 3 cups             | 2 lb         | 1 qt 2 cups        | Add remaining liquid mixture. Blend for 30 seconds on low speed. Beat for 2 minutes on medium speed. Add dehydrated plums or   |  |
| †Raisins, plumped                                     | OR<br>1 lb  | OR<br>2 ½ cups     | OR<br>2 lb   | OR<br>1 gt 1 cup   | raisins and nuts (optional). Blend for 1 minute on low speed.  |  |
| Chopped nuts (optional)                               | 8 oz        | 1 ¾ cups 2 Tbsp    | 1 lb         | 3 ¾ cups           | on ton oppose.   |  |
| - Photo many (Abusana)                                | - 55        |                    | . 10         |                    | 4. Pour 8 lb 1 oz (1 gal 3 cups) batter into each<br>sheet pan (18" x 26" x 1") which has been<br>lightly coated with pan release spray and<br>dusted with flour. For 50 servings, use 1 pan.<br>For 100 servings, use 2 pans. |  |
|   |             |                    |              |                    | <ol> <li>Bake until lightly browned:         Conventional oven: 375° F for 35 minutes         Convection oven: 325° F for 25 minutes     </li> </ol>   |  |
|   |             |                    |              |                    | <ol><li>Cool. If desired, frost or lightly dust with<br/>powdered sugar.</li></ol>   |  |
|   |             |                    |              |                    | 7. Cut each pan 5 x 10 (50 pieces per pan).  |  |

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## Comments:

†To plump raisins, cover the fruit with very hot tap water. Soak 2-5 minutes. DO NOT OVERSOAK. Drain well before using.

| SERVING:  | YIELD:       |             | VOLUME:      |           |
|---|--------------|-------------|--------------|-----------|
| 1 piece. For Enhanced Meal Pattern only: 1 piece provides 1 serving of grains/breads. | 50 Servings: | 1 sheet pan | 50 Servings: | 50 pieces |

**100 Servings**: 2 sheet pans **100 Servings**: 100 pieces

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## Special Tip:

For 50 servings, use 4 oz (1  $\frac{1}{3}$  cups) dried whole eggs and 1  $\frac{1}{3}$  cups water in place of eggs.

For 100 servings, use 8 oz (2 % cups) dried whole eggs and 2 % cups water in place of eggs.

| Nutrients Per Serving |         |               |        |               |         |  |  |  |  |  |  |
|-----------------------|---------|---------------|--------|---------------|---------|--|--|--|--|--|--|
| Calories              | 233     | Saturated Fat | 2.14 g | Iron          | 1.30 mg |  |  |  |  |  |  |
| Protein               | 3.54 g  | Cholesterol   | 34 mg  | Calcium       | 81 mg   |  |  |  |  |  |  |
| Carbohydrate          | 36.91 g | Vitamin A     | 262 IU | Sodium        | 178 mg  |  |  |  |  |  |  |
| Total Fat             | 8.42 g  | Vitamin C     | 0.5 mg | Dietary Fiber | 1.2 g   |  |  |  |  |  |  |
|                       |         |               |        |               |         |  |  |  |  |  |  |
|                       |         |               |        |               |         |  |  |  |  |  |  |