

Honey Dressing

Ingredients	50 Servings		100 Servings		Directions
	Weight	Measure	Weight	Measure	
Lowfat plain yogurt	1 lb 12 oz	3 ½ cups	3 lb 8 oz	1 qt 3 cups	1. Combine all ingredients in a mixing bowl. Using a paddle attachment, mix for 3-5 minutes on low speed.
Honey	1 lb	1 ½ cups	2 lb	2 ¾ cups	
Paprika		1 tsp		2 tsp	
Orange juice		½ cup		1 cup	
Prepared yellow mustard	2 oz	¼ cup	4 oz	½ cup	2. For best results, chill at least 12 hours prior to serving. Refrigerate until service.

SERVING:	YIELD:	VOLUME:
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2 Tbsp (1 oz ladle).

50 Servings: about 3 lb 2 oz

50 Servings: about 1 quart 2 ¼ cups

100 Servings: about 6 lb 4 oz

100 Servings: about 3 quarts ½ cup

Tested 2004

Special Tip:

This makes a tasty dipping sauce for chicken or fish nuggets.

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Nutrients Per Serving					
Calories	40	Saturated Fat	0.16 g	Iron	0.09 mg
Protein	0.93 g	Cholesterol	1 mg	Calcium	31 mg
Carbohydrate	8.93 g	Vitamin A	40 IU	Sodium	25 mg
Total Fat	0.30 g	Vitamin C	1.1 mg	Dietary Fiber	0.0 g