



**Contour[®]
next[®] EZ**
Blood Glucose
Monitoring System



GET STARTED!

Testing is easy with your CONTOUR[®]NEXT EZ meter. All you need is your meter, CONTOUR[®]NEXT test strips and MICROLET[®]2 lancing device with lancet. First get familiar with your meter and then set it up as outlined in your owner's booklet.

To perform a test, follow these simple steps:

Always wash your hands with soap and water and dry them well before and after testing.

1

Insert a CONTOUR[®]NEXT test strip into the meter.

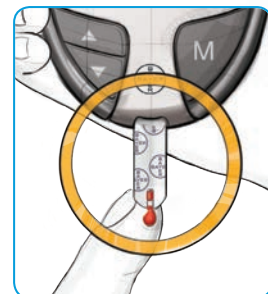
The meter will turn on, and an image of a blood drop will immediately flash on the screen. The meter is ready for you to apply a tiny (0.6µL) blood sample.



2

Touch the tip of the test strip lightly to the drop of blood until the meter beeps.

The CONTOUR[®]NEXT EZ meter's innovative Sip-in Sampling[®] Technology allows the blood to be pulled into the test strip. Your test result will be displayed after a fast five second countdown.



Read the result, then remove and discard the used test strip.

The reading will automatically be stored in memory, and the meter will automatically turn off.



If your Language is not included on the meter or user guide, please seek the assistance from someone who can translate for you prior to use.



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**For newly diagnosed or new to testing,
who want an easy testing experience.**

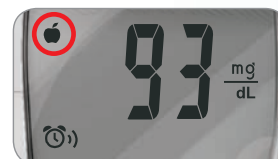
Your CONTOUR®NEXT EZ meter provides quick and easy meal markers to help detail your blood sugar management picture.

How to mark your test results*:

1a

Marking a test result as before-meal

When your test result appears on the display, press ▲ or ▼ to move to the flashing box around the 🍏 marker and press **M** to set.



1b

Setting test audible reminder

If you mark a result with the 🍏, the 🕒 will appear with a box flashing around it. This allows you to set an audible reminder which will go off in 2 hours (default) or the time selected — to remind you to do an after-meal test. Press **M** to set the alarm.



2

Marking a test as after-meal

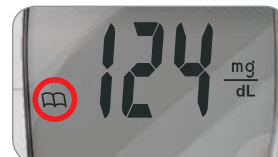
When your test result appears on the screen, press ▲ or ▼ to move to the flashing box around the 🍽️ marker and press **M** to set.



3

Marking a test as unique

There are times when you test your blood sugar that are unique, and not based around a meal. When your test result appears on the display, press ▲ or ▼ to move to the flashing box around the 📖 marker and press **M** to set. You may want to note this result in your CLINILOG® Log Book.



After marking the test result with the appropriate meal marker, remove the strip to turn the meter off and discard the used strip.

** You will need to activate the Meal Marker feature on your CONTOUR®NEXT EZ meter before marking your test results. See your CONTOUR®NEXT EZ User Guide for instructions.*

For more information, go to www.bayercontour.com or call Customer Service toll free: 1-800-348-8100 (available 24 hours a day, 7 days a week).

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