



**Contour<sup>®</sup>  
next**  
Blood Glucose Monitoring System



# GET STARTED!

Testing is easy with your CONTOUR<sup>®</sup>NEXT meter. All you need is your meter, CONTOUR<sup>®</sup>NEXT test strips and MICROLET<sup>®</sup>2 lancing device with lancet. First get familiar with your meter and then set it up as outlined in your owner's booklet.

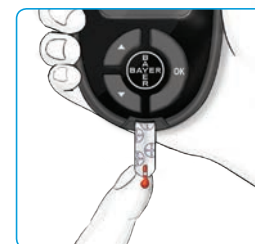
## To perform a test, follow these simple steps:

*Always wash your hands with soap and water and dry them well before and after testing.*

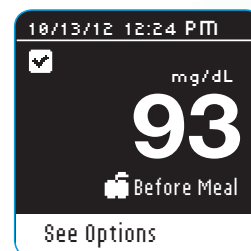
- 1 Insert a test strip into meter test strip port.



- 2 Touch the tip of the test strip to the drop of blood obtained from lancing the side of your finger.



- 3 Once prompted by AutoLog, select Fasting, Before Meal, After Meal or No Mark and press OK. Your test results will appear. Your test is now completed and your test result is marked.



*To view options for setting a reminder or adding a note, press OK button before you remove the test strip.*

*If your Language is not included on the meter or user guide, please seek the assistance from someone who can translate for you prior to use.*



# Contour next

Blood Glucose Monitoring System



  
**Second-Chance™  
sampling**

  
**multi  
pulse**  
Accuracy Technology

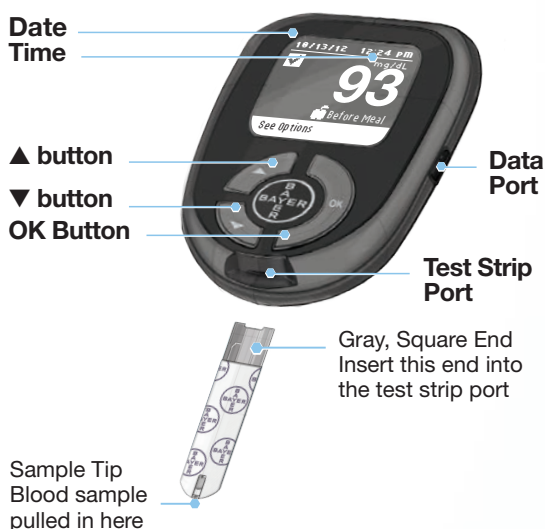
  
**NO  
CODING®**

## An easy, highly accurate meter that helps you do more.

Your CONTOUR®NEXT meter provides easy on-screen messages, with plain language or text instructions, making it easy to:

- **Use AutoLog** — before meal, after meal, and fasting markers at the touch of a button
- **Set audible reminders** to help you test after eating
- **Personalize High/Low target settings** to get clear summaries and patterns
- **View 7-, 14-, 30- and 90-day trends** to get an overview of averages
- **Can be set to English or Spanish, plus 12 other languages**

### Your CONTOUR®NEXT Meter



**For more information, go to [www.bayercontour.com](http://www.bayercontour.com) or call Customer Service toll free: 1-800-348-8100 (available 24 hours a day, 7 days a week).**

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