

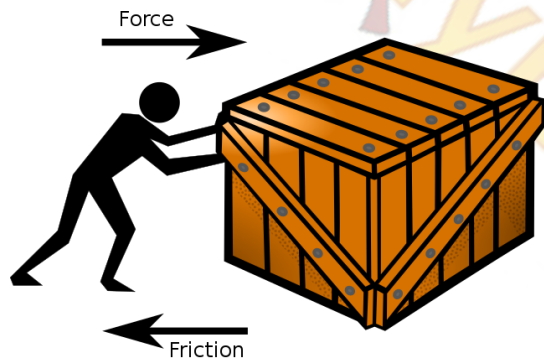
B. Push & Pull

Push & Pull: The Power of Force

Have you ever wondered how things move? How can you make your toy car roll across the floor, or your kite soar high in the sky? The answers to these questions lie in the fascinating world of push and pull!

What is Force?

Force is the invisible power that makes things move or change their shape. When you push or pull something, you are using force. Imagine trying to move a heavy box across the room. You push with all your might to set it in motion. That push is a force at work!



Push: Moving Things Away

A push is a force that moves things away from you. When you push a swing at the playground, it starts moving forward. Your hands give it the force it needs to fly through the air. Pushing a swing is a playful way to understand the power of force.

Examples of Push

Pushing is all around us! When you open a door, you push it to move away from you. When you slide a chair back to stand up, you push the chair away. Even when you throw a ball, you are pushing it with your hand.

Pull: Bringing Things Closer

Pull is another way to use force, but instead of moving things away, you bring them closer. When you pull a wagon, you use your strength to make it follow you. Pulling the wagon toward you is using the power of force.



Examples of Pull

Pulling is just as common as pushing! When you close the curtains, you pull them to bring them closer together. When you zip up your jacket, you pull the zipper upward. Even when you tie your shoelaces, you pull the strings to make a snug knot.

The Tug-of-War

Imagine playing tug-of-war with your friends. It's a fun game where two teams pull on a rope from opposite sides. The team that pulls harder wins! The game helps us understand how forces can be balanced or unbalanced.

Balanced Forces

When you and your friend pull with the same strength in tug-of-war, the forces are balanced. The rope stays in the middle, and no one wins. It's like a friendly game of give and take.

Unbalanced Forces

Now, imagine you and your friend are playing tug-of-war, and you pull much harder. Your friend struggles to keep up. The forces are unbalanced, and the rope moves in your direction. You win the game!

What's the Result?

When forces are balanced, things stay still or move at a constant speed. But when forces are unbalanced, that's when exciting things happen! Your toy car accelerates when you give it a big push, and your kite soars higher when you pull the string.

Push and Pull in Everyday Life

Push and pull are all around us, from simple actions like opening a door to exciting games like tug-of-war. Understanding the power of force helps us make sense of how things move and interact in our world!

1. What is force?
 - A) A type of energy
 - B) A push or pull that makes things move or change shape
 - C) A type of motion
 - D) A toy that moves on its own

2. Which force moves things away from you?

- A) Push
- B) Pull
- C) Slide
- D) Jump

3. When you open a door, which force are you using?

- A) Push
- B) Pull
- C) Slide
- D) Jump

4. What happens when two teams in tug-of-war pull with the same strength?

- A) Balanced forces, and the rope stays in the middle
- B) Unbalanced forces, and one team wins
- C) Unbalanced forces, and the rope stays in the middle
- D) Balanced forces, and one team wins

5. What happens when you pull your wagon with your strength?

- A) It moves away from you
- B) It stays still
- C) It moves closer to you
- D) It jumps in the air

6. What is the result of unbalanced forces?

- A) Things stay still or move at a constant speed
- B) Things move faster or slower
- C) Exciting things happen, and objects accelerate or change direction
- D) Things disappear

7. When you zip up your jacket, which force are you using?

- A) Push
- B) Pull
- C) Slide
- D) Jump

8. Which force moves things closer to you?

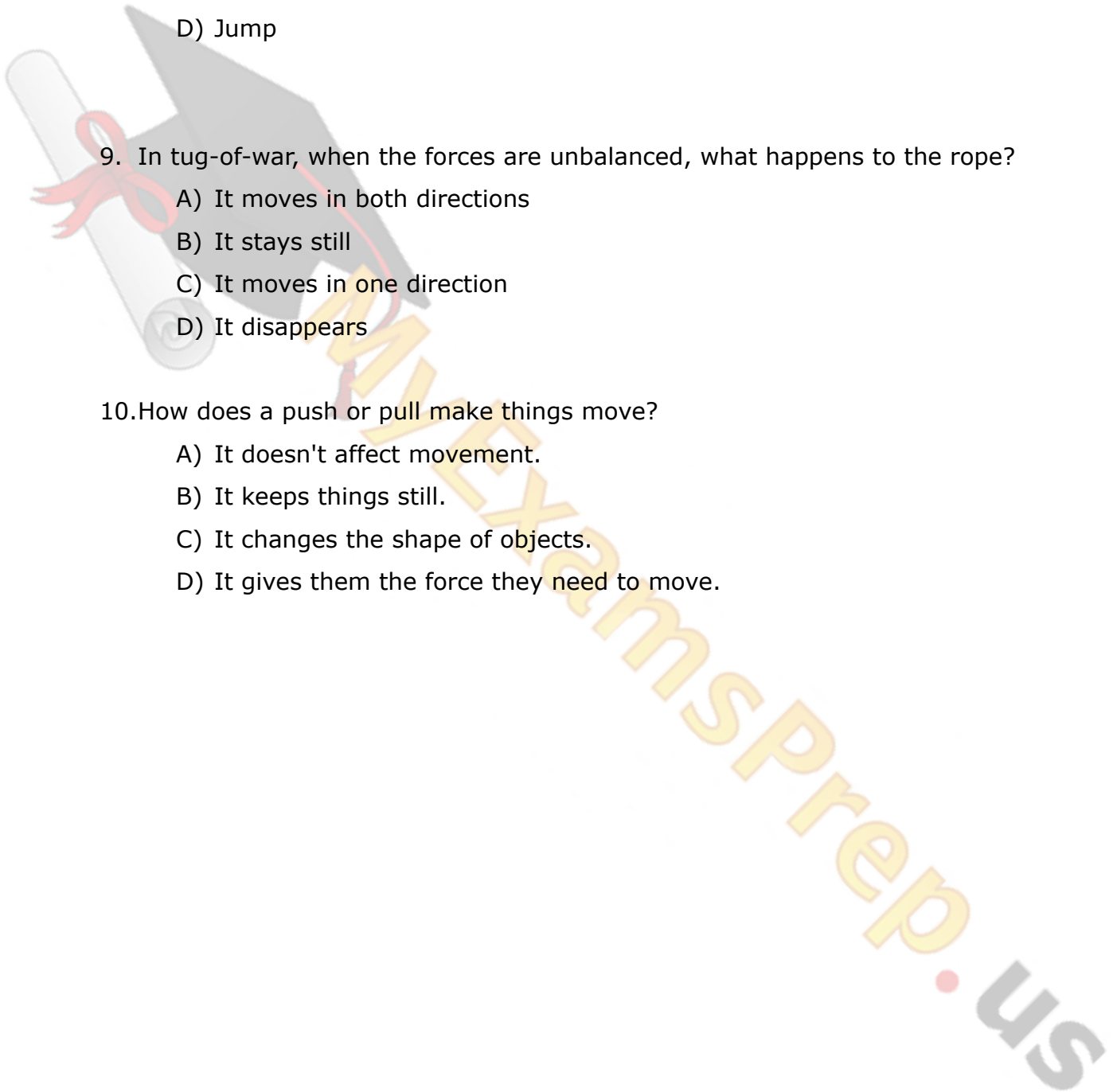
- A) Push
- B) Pull
- C) Slide
- D) Jump

9. In tug-of-war, when the forces are unbalanced, what happens to the rope?

- A) It moves in both directions
- B) It stays still
- C) It moves in one direction
- D) It disappears

10. How does a push or pull make things move?

- A) It doesn't affect movement.
- B) It keeps things still.
- C) It changes the shape of objects.
- D) It gives them the force they need to move.



ANSWERS & EXPLANATIONS

1. B) A push or pull that makes things move or change shape.
 - The correct answer defines force as a push or pull that causes things to move or change their shape.
2. A) Push.
 - The answer "Push" is correct. A push is a force that moves things away from you, like when you push a swing at the playground.
3. A) Push.
 - The correct answer is "Push." When you open a door, you use a push force to move it away from you.
4. A) Balanced forces, and the rope stays in the middle.
 - The correct answer is "Balanced forces, and the rope stays in the middle." When two teams in tug-of-war pull with the same strength, the forces are balanced, and neither team wins.
5. C) It moves closer to you.
 - The correct answer is "It moves closer to you." When you pull your wagon with your strength, you use a pull force to bring it closer.
6. C) Exciting things happen, and objects accelerate or change direction.
 - The correct answer is "Exciting things happen, and objects accelerate or change direction." Unbalanced forces cause exciting changes in motion, like accelerating or changing the direction of objects.
7. B) Pull.
 - The answer "Pull" is correct. When you zip up your jacket, you use a pull force to bring the two sides together.
8. B) Pull.
 - The correct answer is "Pull." Pulling is a force that brings things closer to you, like when you pull the strings to tie your shoelaces.
9. C) It moves in one direction.
 - The correct answer is "It moves in one direction." In tug-of-war, when one team pulls harder, the forces are unbalanced, and the rope moves in their direction.
- 10.D) It gives them the force they need to move.
 - The correct answer is "It gives them the force they need to move." A push or pull provides the necessary force to set objects in motion.