

# **Reading Passage: Cooking Fun with Chef Emma**

## **(Cooking Itinerary 1)**

Today, we're going to have a fun cooking day with Chef Emma! We're going to make a delicious fruit salad and some yummy cookies. Let's get started!

First, we need to wash our hands to make sure they are clean. Chef Emma always says that clean hands are very important when cooking.

Next, let's make the fruit salad. We need some fresh fruits like apples, bananas, strawberries, and grapes. Chef Emma shows us how to wash the fruits carefully. Then, we use a safe, plastic knife to cut the fruits into small pieces. We put all the fruit pieces into a big bowl and mix them together. Wow, the fruit salad looks so colorful and tasty!

Now, it's time to make the cookies. Chef Emma has a special recipe for us. First, we need to get the ingredients: flour, sugar, butter, eggs, and chocolate chips. We mix the flour, sugar, and butter in a big bowl. Then, we add the eggs and chocolate chips and stir everything together. The cookie dough is ready!

We use a spoon to put small scoops of dough onto a baking tray. Chef Emma helps us put the tray into the oven because it's hot and we need to be careful. We wait for the cookies to bake and soon the kitchen smells so good!

When the cookies are ready, Chef Emma takes them out of the oven. We let them cool down for a little bit before tasting them. Yum, the cookies are delicious!

At the end of our cooking day, we clean up the kitchen and wash all the dishes. Cooking with Chef Emma was so much fun. We learned how to make a fruit salad and cookies, and we also learned the importance of keeping everything clean and safe.

## Multiple Choice Questions

1. Who is helping us cook today?
  - A. Chef Emma
  - B. Chef John
  - C. Chef Lisa
  - D. Chef Tom
2. What is the first thing we need to do before cooking?
  - A. Get the ingredients
  - B. Wash our hands
  - C. Eat a snack
  - D. Turn on the oven
3. What are we making first?
  - A. Cookies
  - B. A sandwich
  - C. A fruit salad
  - D. A cake
4. What fruits do we need for the fruit salad?
  - A. Apples, bananas, strawberries, and grapes
  - B. Oranges, pineapples, and kiwis
  - C. Peaches, plums, and mangoes
  - D. Blueberries, raspberries, and cherries
5. What kind of knife do we use to cut the fruits?
  - A. A sharp metal knife
  - B. A plastic knife
  - C. A wooden knife
  - D. A butter knife
6. What ingredients do we need for the cookies?
  - A. Flour, sugar, butter, eggs, and chocolate chips
  - B. Flour, salt, butter, eggs, and raisins
  - C. Flour, sugar, milk, eggs, and nuts
  - D. Flour, sugar, butter, eggs, and blueberries
7. How do we put the cookie dough onto the baking tray?
  - A. With our hands
  - B. With a fork

- C. With a spoon
- D. With a knife

8. Who helps us put the tray into the oven?

- A. Our friend
- B. Chef Emma
- C. Our teacher
- D. Our parents

9. What do we do while the cookies are baking?

- A. Wash the dishes
- B. Read a book
- C. Wait and smell the kitchen
- D. Play outside

10. What do we learn besides cooking?

- A. How to draw
- B. How to sing
- C. The importance of keeping everything clean and safe
- D. The importance of playing sports

## Answers and Explanations

1. **A. Chef Emma** *Explanation: Chef Emma is helping us cook today.*
2. **B. Wash our hands** *Explanation: The first thing we need to do before cooking is wash our hands.*
3. **C. A fruit salad** *Explanation: We are making a fruit salad first.*
4. **A. Apples, bananas, strawberries, and grapes** *Explanation: The fruits needed for the fruit salad are apples, bananas, strawberries, and grapes.*
5. **B. A plastic knife** *Explanation: We use a safe, plastic knife to cut the fruits.*
6. **A. Flour, sugar, butter, eggs, and chocolate chips** *Explanation: The ingredients needed for the cookies are flour, sugar, butter, eggs, and chocolate chips.*
7. **C. With a spoon** *Explanation: We use a spoon to put the cookie dough onto the baking tray.*
8. **B. Chef Emma** *Explanation: Chef Emma helps us put the tray into the oven.*
9. **C. Wait and smell the kitchen** *Explanation: While the cookies are baking, we wait and enjoy the smell in the kitchen.*
10. **C. The importance of keeping everything clean and safe** *Explanation: Besides cooking, we learn the importance of keeping everything clean and safe.*