Grade 3

Reading - Cooking Instructions

Sam's Adventure in Cooking Spaghetti

One sunny Saturday morning, Sam decided he wanted to cook a dish all by himself. He thought about all the delicious things he had eaten and remembered how much he loved spaghetti with tomato sauce. Excitedly, he decided that would be the dish he would make.

Sam began his cooking adventure by writing down the ingredients he would need. He listed down tomatoes, garlic, onions, ground beef, olive oil, spaghetti noodles, and some spices like salt and pepper. He realized that some of the ingredients were already in the kitchen, while others he would have to get from the store. So, he put on his shoes and went grocery shopping with his mom.

Once they returned, Sam washed his hands thoroughly and began his cooking process. First, he boiled a large pot of water. When bubbles appeared at the surface, he knew it was time to add the spaghetti noodles. He gently placed them into the boiling water and stirred occasionally to ensure they didn't stick together.

While the noodles cooked, Sam prepared the sauce. He poured some olive oil into a pan and sautéed the chopped onions and minced garlic until they turned soft and golden. He then added the ground beef and cooked it until it turned brown. Lastly, he added the tomatoes, salt, pepper, and let it simmer until the flavors blended well.

When both the spagnetti and the sauce were ready, Sam mixed them together in a big bowl. The aroma was enticing! Proudly, he served the dish to his family, and



everyone loved it. Sam realized that with a bit of planning and effort, he could create a delicious meal. Cooking wasn't as hard as he thought, and he looked forward to his next culinary adventure.

Multiple Choice Questions

- 1. What dish did Sam decide to cook?
 - A) Chicken Curry
 - B) Spaghetti with tomato sauce
 - C) Vegetable Soup
 - D) Fried Rice
- 2. Where did Sam go after writing down the ingredients?
 - A) To the park
 - B) To his friend's house
 - C) To the store with his mom
 - D) To school
- 3. What did Sam do to ensure the spaghetti noodles didn't stick together?
 - A) Added olive oil
 - B) Stirred occasionally
 - C) Added more salt
 - D) Added more water



- 4. What was the first step in making the sauce?
 - A) Adding ground beef
 - B) Pouring olive oil and sautéing onions and garlic
 - C) Adding tomatoes
 - D) Boiling water
- 5. How did Sam's family feel about the dish he made?
 - A) They didn't like it
 - B) They thought it was okay
 - C) They loved it
 - D) They didn't try it



Answers and Explanations:

1. B. Spaghetti with tomato sauce

The passage mentions that Sam decided to cook "spaghetti with tomato sauce."

2. C. To the store with his mom

Sam went grocery shopping with his mom after listing down the ingredients.

3. B. Stirred occasionally

The passage states that Sam "stirred occasionally" to prevent the noodles from sticking.

4. B. Pouring olive oil and sautéing onions and garlic

The first step in making the sauce was sautéing the onions and garlic in olive oil.

5. C. They loved it

The passage mentions that everyone loved the dish Sam served.

