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Answer Q1, Q2, Q3, Q4, and Q5 each separately.

Essay Prompt:

We know you lead a busy life, full of activities, many of which are required of you. Tell us about something you do simply for the pleasure of it.

Q1. Write the Key words/phrases from the Essay Prompts : We know you lead a busy life, full of activities, many of which are required of you. Tell us about something **you** do simply for the **pleasure of it**.

Q2. Show your essay outline

I. Introduction - ?

A. Hook - ?

B. Thesis Statement - ?

II. Body Paragraph 1

A. Topic Statement: About Football and the cool stuff about it ✓

B. Example 1: Physical and mental health ✓

C. Example 2: Team Work ✓

III. Body Paragraph 2

A. Topic Statement: Strategic Thinking ✓

B. Example 1: Analyzing and Predicting Plays ✓

C. Example 2: Entertainment and Exictiment ✓

IV. Body Paragraph 3

A. Topic Statement: Addressing a counter-argument about the lack of time for personal hobbies ✓

B. Example 1: Injuries ✓

V. Conclusion

A. Restate thesis

B. Summarize main points

C. Concluding thoughts

Q3. Write your Hook sentences(s)

In the midst of our busy lives, it's easy to forget the importance of taking time for personal hobbies and activities.

Q4. Write your thesis statement

Engaging in activities ^{extra-curricular} solely for pleasure is essential for maintaining a healthy work-life balance, promoting mental and physical well-being, and enhancing overall productivity and creativity. ✓

Q5. Write an Essay (Min 450 words and max 550 words) in the following structure:

~~Intro:~~

★ In the midst of our hectic lives, it can be easy to overlook the importance of engaging in activities solely for pleasure. We often prioritize work, school, and other responsibilities, leaving little time for personal hobbies or pastimes. However, taking time to participate in activities we enjoy can have numerous benefits for our mental and physical well-being. Engaging in activities solely for pleasure is essential for maintaining a healthy work-life balance, promoting mental and physical well-being, and enhancing overall productivity and creativity.

Repeating

★ ~~BP1 -~~

Football

Football is a sport that I enjoy playing and watching for several reasons. Football has been a significant part of my life for as long as I can remember. I find joy in both playing and watching the sport. Firstly, football is an excellent way for me to stay physically active and maintain a healthy lifestyle. As a high-intensity sport that requires both endurance and strength, football allows me to push myself physically and improve my overall fitness. Additionally, the teamwork aspect of football is a significant factor that keeps me interested in the sport. Playing alongside teammates who share the same passion and drive for the game creates a sense of camaraderie that is hard to replicate elsewhere.

★ ~~BP2 -~~ Furthermore, football is a sport that requires strategic thinking and quick decision-making. As a player, I enjoy the challenge of analyzing and predicting the opposing team's moves while attempting to outsmart them. Watching football games also provides me with a source of entertainment and excitement. The unpredictability of the game keeps me on the edge of my seat, and the passion and energy of the fans add to the overall atmosphere.

~~BP3 -~~ While it is true that football can be a dangerous sport, the risks can be minimized with proper safety precautions. For instance, players wear protective gear such as helmets, shoulder pads, and mouthguards to prevent injuries. Additionally, football coaches and staff are trained in safety protocols and are vigilant in enforcing them. Furthermore, the implementation of rule changes aimed at preventing head injuries and concussions has significantly reduced the risk of such injuries in recent years.

~~Conclusion :~~

In conclusion, football is a sport that offers a unique combination of physical and mental challenges, teamwork, camaraderie, and entertainment value. While some argue that the sport poses a risk of injury, proper safety measures can minimize these risks. Football has been a significant part of my life, and I find joy in both playing and watching the sport. It provides me with an opportunity to push myself physically and mentally, bond with teammates, and enjoy the excitement of a competitive game. Overall, football is a sport that I will continue to enjoy for years to come.

Football