

SAY NO TO DOMESTIC VIOLENCE



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Project Proposal

**1. Introduction and contribution
of the members**

Maxine Calmerin - Prayer

Kevin Carl Esmillarin - Rationale

**Krystel Marie Hulleza-
Background of the issue and
Solutions**

**Kurdiz Razote- Root causes of
domestic violence**

Gian Abancio- Poster

1. Objectives and specific beneficiaries

The goals of this plan are to encourage and open people's eyes to the fact that domestic violence is cruel, regardless of whether people are physically or spiritually damaged. Those who were victims, as well as those who were suspects or causes of the problem, will benefit from our approach. People who have been the victims of domestic violence have a wound in their bodies or even in their souls because, as you can see, their partner or their family controls and invades their privacy, and as a result, they are hurt.

To add, suspects and those who make the victim's life a misery can benefit from this proposal as well because if we want to make a change in this world, we must educate and give advocacy to those who victimized people because domestic abuse is murder. Thus, as we all know that we needed to decrease the number of suicidal cases in our country, so in order to stop it, we must stop people who were the reason why these human beings wanted to kill themselves.

Background of the Issue

Domestic violence is a problem that exists when people are being possessive with their partners or even controlling them in a horrible way. According to NCADV statistics, Women between the ages of 18-24 are most commonly abused by an intimate partner 19% of domestic violence involves a weapon, domestic victimization is correlated with a higher rate of depression and suicidal behavior and only 34% of people who are injured by intimate partners receive medical care for their injuries.

Domestic abuse is also perpetrated by those who are control freaks who believe that everything must be done according to them, including stealing their spouse or child of their freedom. Children have been victims of domestic violence because they are still children, and their parents have total power over what they must do, and if they speak up, others will tell them that they are disrespectful, thus children are especially vulnerable because they can easily be used. Domestic violence is defined as the taking away of a person's dignity without their consent, and it is defined as the taking away of a person's independence for the sake of pleasure and attention.

Root Causes of Domestic Violence

Domestic violence is defined as a person's power of control and dominance resulting in abuse. There are four reasons why domestic violence occurs,

The first of which stems from childhood experiences. It is possible that someone witnessed domestic violence as a child and misinterpreted it as a means of controlling a family.

The second factor is financial situations, which might include debt, job loss, and increased stress at home, which can lead to frustration and aggression.

Third, when victims attempt to leave a relationship, the perpetrator becomes violent because he or she feels abandoned or insecure, which increases the probability of abuse and violence.

Fourth, a sudden change in life, such as a family member's illness or a problem that arises, leads to violence to manage and preserve the situation.

Domestic violence has no justification, regardless of the reasons for the abuser's behavior. It is never acceptable to take out one's anger and frustration on another person, especially one's intimate partner.

Stand of the church:

Pastoral Response to Domestic violence, that in justification of any act of violence and abuse It does not concern a biblical text and distort. The Catholic Church teaches that violence against another person in any form fails to treat that person as someone worthy of love. Instead, it treats the person as an object to be used. All violence is considered an offense against God and humanity in the Bible. Violence is repeatedly related to iniquity and denounced as "detestable to the Lord" throughout Scripture (Psalm 11, Proverbs 3 & 10). Violence against women, in particular, is condemned.

Rationale

As the severity of domestic violence gets exacerbated by individuals with fallacious and worse, malevolent intent to the holistic health of other individuals, the need to publicly address this issue and advocate it to and for the public is a reasonable and understandable way to make this topic less taboo to the common man. We know, by the ruling of our conscience and morality, that domestic violence has no proprietary to co-exist with the human person. Hence why we must pacify it from being executed in the first place.

This project would alleviate individuals at risk of being victims of the various ways of exploitation. May they exploit them due to their appearance, denomination, educational level, genitalia, gender, origin, position, race, religion, wealth, and many more, the efforts planned in this project would also mitigate these temptations present on other individuals to help the alleviation and refuge on those who are at risk and those who got affected by the stated problem.

To give service, justified by awareness, conscience, and education is the practical yet prevalent way to make sure the common individual knows what this topic is, learns and applies these learnings, and eventually improves their sensitivity towards the environment they are in for them to defend and protect themselves. To fend off individuals that want to exploit others, to prevent such temptations that lead individuals to commit malevolent things, and to make sure that every individual knows how to lead themselves for them to protect themselves and those who are in danger, these are the paramount agendas we have placed in principle for us to aid those who require it, and those who are uninformed about it.

These goals present in this statement have one aim, and that is to defend the dignity of the human person. Make them less susceptible, make them less attachable, to the horrors of domestic violence.

5 solutions:



1. Speak UP

- Speaking up is one of the solutions to stop people from putting you down all the time because if they think you're weak, they will hurt you more and more. Speaking up for what is right will help people change their minds because if you struck words to them and they think it's right, then you did a great contribution since you just changed a person's mind from discriminating against individuals' sexuality.



Learn
to say
NO!

2. Know your limits

- If you knew that person you are going with is hurting you, know your limits, know when to stop and leave those toxic people who were abusing you because if you stick with them, nothing good will happen. Another thing is that know how to say no, and fight that word, because if we really can stop them, then all we have to do is stand up and don't look down.



3 . Learn how to fight back

- Fighting back was never bad if you did it for a good reason, such as self-defense, and if they throw words that are terrible to hear, and even if they criticize you to that point they want you dead. Also if we wanted to make a change, then it must start on us, such as fighting back, protesting for what is right because if we know how to handle situations there is a possibility that people will know that we are not easily manipulated.



4. Encourage victims to join support groups

- If victims will be encouraged to fight those who abused them domestically, they need to join support groups because if people are working together there is a chance that the people who were with you can help you at times where you needed it the most. For instance, they will be the evidence if you tell the police about the abuse you experience, they will be your pillow if you need someone to talk to because domestic violence also causes great destruction for our mental state.



5. Educate people on what to do and know their rights if ever domestic violence occurs.

- Nowadays people are stubborn and they will not listen to the advocates that the people gave them because they are trying to put it in their minds that what they are doing is right even though they are incorrect. Still, it is not a hindrance for us to still educate people because not all human beings are that bad, they just need people to help them understand their fellow individuals or even help them that having conscience can help them not to misunderstand and be much worse.

Prayer

*Dear God,
We stand before you today
Protect those who are being harmed by
others
Help us in bringing their lives justice
In Jesus' name, we pray, Amen
Live Jesus in our hearts, Forever.*

ACKNOWLEDGEMENT:

NCADV - National Statics