

1. Work / Study

- Do you work or are you a student?
I work as a programmer,
and I mainly focus on software development.
 - What do you do?
I work as a programmer,
and I mainly focus on software development.
 - Do you enjoy your job or studies?
Yes, I do enjoy my job as a programmer.
I'm good at solving technical problems.
 - Would you like to get a different job in the future?
Not really, I'm happy with the career I've chosen,
so I have no plans to change jobs.
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2. Home / Hometown

- Where are you from?
I am from Hangzhou, in Zhejiang province.
It's a city in the south of China.
 - Do you like living there?
Yes, I do.
It's a nice place to live.
 - Has your hometown changed in recent years?
Not really, I don't think so.
Things are mostly the same as before.
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3. Daily Routine

- What do you usually do on weekdays?
I usually do some coding on weekdays.
It's quite challenging.
- Do you have a busy daily schedule?
Not really.

I try to leave some time to relax each day.

- What do you usually do in the evening?

I usually prepare for my English test in the evening.

It takes up most of my time.

4. Free Time / Hobbies

- What do you do in your free time?

I usually do some coding in my free time.

It's quite challenging.

- Do you have any hobbies?

Yes, I do.

Coding is quite challenging.

- Have your hobbies changed over time?

Not really, I don't think so.

They are mostly the same as before.

5. Food (含 International Food)

- What kind of food do you like?

I like chicken,

because it is low in calories and high in protein.

- Do you prefer eating at home or eating out?

It depends.

If the weather is sunny, I prefer eating out,

but if it's rainy, I usually eat at home.

- Can you find food from different countries where you live?

Yes, I can.

There are many options.

6. Technology / Internet

- How often do you use the Internet?

I use the Internet every day.

- What do you usually use the Internet?

I usually use it to prepare for my English test.

- Do you think technology makes life easier?

Yes, I do.

It saves a lot of time.

7. Travel / Holidays

- Do you like travelling?

Yes, I do. I quite enjoy it.

- Do you prefer travelling alone or with others?

I prefer travelling alone.

- What kind of places do you like to visit?

I like to visit historical museums.

8. Transport

- How do you usually travel to work or study?

I take the subway.

- Do you often use public transport?

Yes, I do.

I use it quite often.

- What do you think of the transport system in your city?

It's cheap and convenient.

9. Music

- Do you like listening to music?

Yes, I do. I quite enjoy it.

- What kind of music do you usually listen to?

I usually listen to pop music.

- When do you usually listen to music?

I usually listen to music after work.

10. Films / TV Programs

- Do you like watching films or TV programs?

Yes, I do. I quite enjoy it.

- What kind of films do you like?

I like science fiction films.

- Do you prefer watching films at home or in the cinema?

I prefer watching films at home.

It's more comfortable.

11. Reading

- Do you like reading?

Yes, I do. I quite enjoy it.

- What kind of books do you usually read?

I usually read science fiction books.

- Do you prefer reading books or reading online?

I prefer reading books.

It's easier to focus.

12. Sports / Exercise

- Do you like doing sports or exercise?

Yes, I do. I quite enjoy it.

- How often do you exercise?

Twice a week.

- What kind of exercise do you think is good for health?

Regular exercise.

13. Shopping

- Do you like shopping?

Yes, I do. I quite enjoy it.

- What kind of things do you usually buy?

I usually buy food and daily necessities.

- Do you prefer shopping online or in shops?

I prefer shopping online.

It's more convenient.

14. Restaurants / Cafes

- Do you often eat in restaurants?

Yes, I do. I quite enjoy it.

- Do you like cafes?

Yes, I do.

I like the atmosphere.

- What do you usually do when you go to a cafe?

I usually drink coffee and read the news.

15. Places (Parks / Public places)

- Are there any parks near where you live?

Yes, there are.

- Do you like spending time in public places?

Yes, I do. I quite enjoy it.

- What kind of places do you like to go to relax?

I like going to cafe.

16. Learning New Things

- Do you like learning new things?

Yes, I do. I quite enjoy it.

- Is it important to keep learning?

Yes, it is.

It's quite important.

- What kind of skills would you like to learn?

I'd like to learn more coding skills.

17. Time (Weekends / Mornings & Evenings)

- What do you usually do on weekends?

I usually do some coding on weekends.

- Do you prefer mornings or evenings?

I prefer mornings.

I feel more focused.

- Do you think weekends are important?

Yes, I do.

They are quite important.

18. Busy Life / Time Management

- Do you live a busy life?

Not really.

I try to leave some time to relax each day.

- How do you usually manage your time?

I usually try to balance work and rest.

- Do you like being busy?

Not really.

I prefer a relaxed pace of life.

1. Person

Describe a person who has had an important influence on you.

You should say:

- "who the person is"
- "how you know this person"
- "what this person did"
- "and explain why this person has influenced you."

I'd like to talk about a person who has had a significant influence on me, and that person is **my university teacher**, who taught me during my undergraduate studies.

I first got to know him in my second year at university, when he was teaching a course related to **problem-solving and logical thinking**. Unlike many other teachers, he didn't just focus on exams or textbooks. Instead, he encouraged us to think independently and question what we were learning.

What impressed me most was the way he taught. Rather than giving us direct answers, he often asked questions and guided us to find solutions on our own. He also shared real-world examples and talked about how knowledge could be applied outside the classroom, which made learning much more practical and meaningful.

This person has influenced me because he changed the way I think and learn. I became more confident in forming my own opinions and more willing to explore new ideas. Even now, I still use the mindset he taught me when I face challenges, both in my studies and in daily life.

这个母题可以覆盖的真实考题包括：

- a teacher
- a friend
- a family member
- someone who helps people
- someone who does something well
- a famous person (可选 不强制)

Part 3 - Question Set (Person)

1. Importance / Value

How can one person influence others in society?

One person can influence others mainly through **their actions, values, and behavior**. When people see someone consistently doing the right thing or achieving success through effort, it naturally inspires others to follow. Influence can also spread through communication, such as teaching, leadership, or even social media.

2. Comparison

Do young people and older people tend to be influenced by different kinds of people?

Yes, I think they do. Young people are often influenced by **teachers, peers, or public figures**, especially those they see online. Older people, on the other hand, tend to be influenced by **personal experience**, colleagues, or family members. As people grow older, they usually rely more on their own judgment.

3. Advantages & Disadvantages

What are the advantages of having role models in life?

One major advantage is that role models can provide **direction and motivation**. They help people understand what is possible and encourage them to improve themselves. Role models can also teach important values, such as responsibility, perseverance, and honesty.

4. Opinions/ Solutions

What qualities make someone a good role model?

In my opinion, a good role model should be **honest, responsible, and consistent**. It's also important that they lead by example rather than just giving advice. Finally, they should have a positive attitude and be willing to help others.

2. Place

Describe a place you have been to and that left a strong impression on you.

I'd like to talk about **a city I visited called Hong Kong**, which left a very strong impression on me.

I went there **last year**, mainly for travel and to experience a different lifestyle. It was my first time visiting the city, so everything felt quite new and exciting.

While I was there, I explored different areas, tried local food, and spent a lot of time walking around the city. I visited shopping streets, public spaces, and also some quieter places near the harbor. What I enjoyed most was simply observing how people live and work in such a fast-paced environment.

This place left a strong impression on me because it felt **very international and efficient**, but at the same time, it still had a strong local culture. The contrast between modern buildings and traditional neighborhoods really stood out to me. It made me realize how a city can be both busy and well-organized, which I found very inspiring.

You should say:

- "where the place is"
- "when you went there"
- "what you did there"
- "and explain why this place left a strong impression on you."

这个母题可以覆盖的真实考题包括：

- a city you have visited
- a place you went on holiday
- a historic place
- a shop / restaurant / cafe
- a street market
- a park or public place

Part 3 - Question Set (Place)

1. Importance / Value

Why are certain places important to people?

Certain places are important because they are often connected to **personal memories, culture, or daily life**. For example, a place where someone grew up or spent an important period of their life can have strong emotional value. Some places are also important because they represent history or identity.

2. Comparison

Do people of different ages prefer different kinds of places?

Yes, I think age plays an important role. Younger people usually prefer **lively places**, such as shopping centers or entertainment areas, because they enjoy social activities. Older people, on the other hand, often prefer **quieter places**, like parks or residential areas, where they can relax.

3. Advantages & Disadvantages

What are the advantages of living in big cities compared to small towns?

One major advantage of living in big cities is that they offer **more job opportunities**. Big cities also have **better public services**, such as public transportation, healthcare, and education. In addition, people can enjoy **more entertainment options and a wider range of facilities**.

4. Opinions / Solutions

How can cities be improved to make them more enjoyable to live in?

Cities can be improved by investing in **public transportation, green spaces, and affordable housing**. Reducing traffic congestion and pollution is also important. In my opinion, a city becomes more enjoyable when it is both efficient and comfortable for residents.

3. Event / Experience

Describe an important event or experience in your life.

You should say:

- "what the event or experience was"
- "when and where it happened"
- "who was involved"
- "and explain why it was important to you."

这个母题可以覆盖的真实考题包括：

- an important event in your life
- a celebration or party
- a festival in your country
- a sports event you watched
- a concert or music event
- a memorable experience

Part 3 - Question Set (Even / Experience)

1. Importance / Value

Why are important events or experiences meaningful to people?

2. Comparison

Do people today celebrate events differently compared to the past?

3. Advantages & Disadvantages

What are the benefits of taking part in social events?

4. Opinions / Solutions

How can people make important events more meaningful?

4. Activity

Describe an activity you do regularly.

I'd like to talk about **an important experience in my life**, which was **my first time preparing for an important exam**.

This experience happened **last year**, mainly at home and in the library, when I was preparing for a major exam that was important for my future plans.

During this period, I spent a lot of time studying on my own. I made a daily plan, practiced regularly, and tried to improve step by step. Although it was stressful, I stayed focused and disciplined. My family was also involved because they supported me and encouraged me when I felt tired.

This experience was important to me because it taught me **self-discipline and responsibility**. I learned how to manage my time and deal with pressure. More importantly, it gave me confidence that I can handle difficult challenges in the future.

You should say:

- "what the activity is"
- "when and where you do it"
- "who you do it with"
- "and explain why you do this activity regularly."

这个母题可以覆盖的真实考题包括:

- a hobby you enjoy
- a sport or exercise
- something you do in your free time
- a healthy activity
- something you do to relax
- an activity you recently started

Part 3 - Question Set (Activity)

1. Importance / Value

Why is it important for people to have regular activities in their daily lives?

Important events are meaningful because they are often connected to **strong memories and emotions**. They usually mark important moments in life, such as personal growth, success, or change.

2. Comparison

Do young people and older people prefer different kinds of activities?

Yes, people today celebrate events in a more **modern and convenient way**. For example, social media is often used to share moments, while in the past, celebrations were usually simpler and more family-centered.

3. Advantage & Disadvantages

What are the benefits of doing activities regularly?

Taking part in social events helps people **build relationships and reduce stress**. It also gives them a chance to communicate with others and feel a sense of belonging.

4. Opinions / Problems

What problems might people face when trying to keep regular activities?

People can make events more meaningful by **focusing on the people involved**, rather than spending too much money. Creating shared memories and being fully present are more important than the form of the event.

5. Object / Media

Describe an object or piece of media that you use or enjoy regularly.

You should say:

- "what it is"

- "how often you use it"
- "what you use it for"
- "and explain why it is important or useful to you."

这个母题可以覆盖的真实考题包括：

- a useful object
- a website or app you often use
- a book you like
- a film or TV programme you enjoy
- a piece of technology you use

Part 3 - Question Set (Object / Media)

1. Importance / Value

Why are objects or media important in people's daily lives?

Objects and media are important because they help people **work more efficiently and relax in their free time**. They also make it easier for people to communicate and access information in daily life.

2. Comparison

Do people of different ages use technology or media differently?

Yes, they do. Younger people usually use technology for **social media and entertainment**, while older people tend to use it for **practical purposes**, such as communication or getting information.

3. Advantages & Disadvantages

What are the advantages and disadvantages of using technology frequently?

One advantage is that technology makes life **more convenient and efficient**. However, using it too often can lead to problems such as **less face-to-face communication** and spending too much time on screens.

4. Opinions / Solutions

How can people use technology or media in a healthier way?

People can use technology more healthily by **controlling their screen time** and taking regular breaks. It's also important to balance online activities with real-life interactions.

6. Choice / Change

Describe an important decision or change you made in your life.

I'd like to talk about **an important decision I made in my life**, which was **deciding to change my study direction**.

I made this decision **about a year ago**, when I was at an important stage of planning my future.

The main reason I made this decision was that I realized my previous path did not really suit me. I felt less motivated and didn't see long-term development. After spending some time reflecting and talking with my family, I decided to make a change and focus on something that matched my interests and strengths better.

This decision was important to me because it gave me **a clearer direction and more confidence**. Although it was not easy at first, it helped me feel more responsible for my own choices and future.

You should say:

- "what the decision or change was"
- "when you made it"
- "what led you to make this decision or change"
- "and explain why it was important to you."

这个母题可以覆盖的真实考题包括:

- an important decision in your life
- a change in your life
- a decision related to work or study
- a challenge you faced
- a difficult choice you made

Part 3 - Question Set (Choice / Change)

1. Importance / Value

Why are important decisions difficult for many people?

Important decisions are difficult because they often involve **uncertainty and pressure**.

People worry about making mistakes and facing negative consequences, especially when the decision may affect their future.

2. Comparison

Do young people and older people make decisions in different ways?

Yes, they do. Young people often rely more on **feelings and advice from others**, while older people usually depend on **experience and careful consideration**. With age, people tend to become more cautious.

3. Advantages & Disadvantages

What are the advantages and disadvantages of making big changes in life?

One advantage is that big changes can bring **new opportunities and personal growth**.

However, they can also create **stress and uncertainty**, especially in the beginning.

4. Opinions / Advice

What can help people make better decisions?

People can make better decisions by **taking enough time to think**, gathering information, and listening to advice from experienced people. Understanding their own goals is also very important.