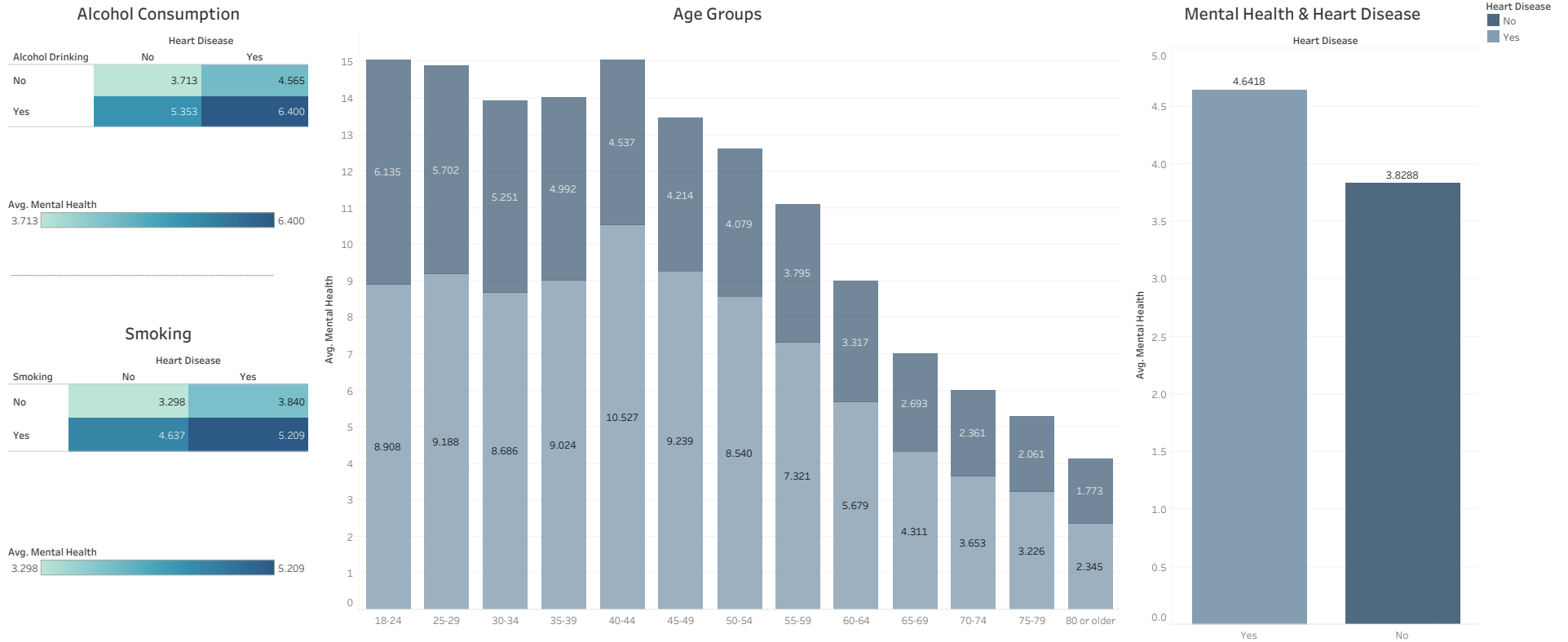# Mental Health and Heart Disease

This dashboard shows the relations of the reported bad mental health days from patients and their heart disease diagnosis. The dashboard also explores this relation with additional dimensions, such as alcohol and smoking consumption.

Alcohol Consumption

	Heart Disease	
Alcohol Drinking	No	Yes
No	3.713	4.565
Yes	5.353	6.400

Avg. Mental Health
3.713 — 6.400

Smoking

	Heart Disease	
Smoking	No	Yes
No	3.298	3.840
Yes	4.637	5.209

Avg. Mental Health
3.298 — 5.209

Age Groups

Heart Disease
- No
- Yes

Avg. Mental Health

Age	Yes	No
18-24	8.908	6.135
25-29	9.188	5.702
30-34	8.686	5.251
35-39	9.024	4.992
40-44	10.527	4.537
45-49	9.239	4.214
50-54	8.540	4.079
55-59	7.321	3.795
60-64	5.679	3.317
65-69	4.311	2.693
70-74	3.653	2.361
75-79	3.226	2.061
80 or older	2.345	1.773

Mental Health & Heart Disease

Heart Disease

Avg. Mental Health

Yes	No
4.6418	3.8288

*Mental Health: The higher the average number of mental health, the worse the patient's mental health.