

Boxing



Joel



- 2 ratings received
- 1 skillhours achieved
 - 5 skillhours used

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Description:-

Keen part time boxer - happy to teach beginners or improvers based on years of working with pros in the Uk and abroad. Martial arts has been so important for me in so many ways (physical/mental health to confidence and discipline in adversity) so would love to share! One successful fight under the belt:)