

Haldon Views

Bi-Monthly FREE NEWSLETTER for the Parish of Kenn

April-May 2021

What's On?

Haldon Views was sent to the printers in March so please check any dates/times you read in this edition.

April

St Andrew's Kenn & Kennford Prayer Walk. Posters changed each Saturday

Children's Easter Trail 26 March – 16 April around the villages of Kenn and Kennford. See page 3.

Maundy Thursday 1 April 8pm Prayer Vigil in the church until 11pm –join in when you like

Good Friday 2 April 12 noon Reading the story of the crucifixion & prayer in the church

Easter Celebration at St Andrew's Sunday 4 April at 10am

Art at Shillingford Shillingford Village Hall on Friday 23 April at 9.45am, hopefully! See page 16.

May No events notified!

Later this Year

Church Village Fete for 2021 cancelled until 2022

Great Village Quiz Friday 1 October, hopefully!

Deadline for the next edition of **Haldon Views**

20 May 2021

Exeter Court Hotel

Exeter Court Hotel

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Kennford Playbox

Did you know that the children of Kennford Playbox preschool are saving up to create a beautiful secret garden? The sensory secret garden will take the children along a pathway allowing them to explore different textures, smells and colours. They will also undertake bug hunt adventures, looking for mini beasts in the garden and watching the seasonal change throughout the year. To help raise funds for the secret garden Playbox preschool is running a children's Easter Trail from 26 March – 16 April around the villages of Kenn and Kennford. To take part you can purchase a map from the preschool (until the 26 March) for £1. Alternatively you can make a donation at the preschool towards the creation of the secret garden, your support and donations are greatly appreciated. Wishing everyone in the community an eggtastic Easter celebration from all the children, staff and committee at Kennford Playbox.

Remember we take children from age 2 to 4 years old, spaces available at our outstanding early years setting, please contact us for more information info@kennfordplaybox.co.uk Tel: 01392 833488

Kenn and Kennford Easter Trail Hunt 26th March - 16th April



**The Easter Bunny is hiding
with all his friends, can you
find them all?**

**Trail maps available at the
preschool, all donations
welcome to go towards the
secret garden fund.**



St Andrew's Church

Easter 2021

Maundy Thursday – 1 April 8pm

Prayer Vigil until 11pm –join in when you like

Good Friday – 2 April 12 noon

Reading the story of the crucifixion & prayer

EASTER DAY 4 APRIL 10am

EASTER CELEBRATION

- At all times we will have to keep in our bubbles, socially distanced etc. Come along! We will squeeze you in.
- Have you seen the CROSS on the hillside, just below Lear's Copse on the Left as you go from Pye Corner to Kenn
- Thanks for all the support everyone has given the church
- Pray that we will soon be through the pandemic Crisis
- Pray for all the victims of Covid '19 and for everyone who is worried about their business or their job
- Have a Joyful Easter holiday
- See you all on the great day!
- The pattern of services will be fixed at the Annual Church meeting on the 15th. Watch this space!

ALLELUIA

If you look after someone, who looks after you?



Since COVID-19, the number of unpaid carers in Devon has increased by almost 50% to approximately 130,000 (source: Devon County Council). It has never been more important to identify and support carers than now. Devon Carers are passionate about helping those who support others.

A carer is someone who provides unpaid support to family, friends or neighbours who could not manage without their help on a regular basis. Anyone can become a carer at any time. It may happen gradually as a person's health deteriorates or instantly, as a result of an accident or unexpected health condition. Quite often a person does not recognise themselves as a carer, even though they have a caring responsibility. No matter who a person is caring for and whether they have the same condition as somebody else, their situation is unique to them.

Devon Carers is an organisation who support unpaid carers to maintain their own health, wellbeing and independence to care safely, confidently and effectively. The service has been commissioned jointly by Devon County Council and NHS Devon Clinical Commissioning Group. They provide a range of services to over 20,000 carers across Devon, excluding Plymouth and Torbay. These include:-

- Website – an excellent information resource <https://devoncarers.org.uk/>
- Quarterly magazine – with the latest news, carer stories and training courses
- Helpline and webchat – available Mon-Fri 8am-6pm Sat 9am-1pm. Call **03456 434 435**
- Alert Card – to alert others if they become unexpectedly ill or taken to hospital that they are unable to care for their loved ones and to summon help for them
- Training – opportunities to learn skills to assist with their caring role
- Peer Support – connecting carers to mutually support each other
- Emergency Plan – a record containing important and useful information to help others if a carer is unexpectedly unable to carry out their caring role
- Hospital services – additional support following a stay in hospital
- Carer assessments – a personalised assessment of how caring affects your health and wellbeing and how we can support you with one-to-one assistance if required.

They treat each carer as an individual, taking time to find out what's important to them, and work out together how they can support them in their caring role. The challenges carers face in different parts of the county can vary greatly, so having local teams enables them to provide specific advice and support. The teams also liaise closely with health and social care services and have strong links with voluntary and community organisations.

If you think you are an unpaid carer, or know someone who is, please get in touch with Devon Carers to find out more: <https://devoncarers.org.uk/> or **03456 434 435**

Devon Carers
November 2020

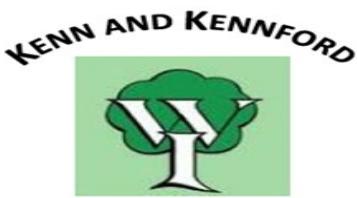


Devon Carers

Westbank Community Health and Care,
Farm House Rise, Exminster, EX6 8AT

Devon Carers is a service delivered by Westbank.
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and a company limited by guarantee 6243811.





WI MATTERS

Kenn and Kennford WI

February-March 2021

We are still very much having to do everything on line. Thanks to our techie members, Pat and Sarah, we keep everyone in touch with each other, should they wish it. Most of our group are keen to continue meeting on Zoom until we are allowed back to our normal meetings.

After our successful meeting with Kelvin last month, we were able to get local historian, Todd Gray, to do a Zoom presentation in February. This was a fascinating insight into the tragic fire at the Royal Clarence Hotel in Cathedral Close, Exeter, 4 years ago. I think we all remember it. Seeing the pall of smoke here in Kennford made us realise just how serious it was. Todd was able to be there, practically from the start, advising the fire fighters of the ancient structure's qualities. To start with, it was thought the fire was contained but the devastation was much, much worse than anyone had expected. The Clarence was purported to be the first hotel in England, a listed building. Todd was in the right place at the right time, so was able to help, as a celebrated historian, to advise over 100 fire crew and paramedics.

Thankfully no one was hurt. The damage went almost through to the High Street. Many buildings were badly damaged. He was able to see the damage properly as he was allowed up in a cherry picker with a blonde reporter. Had she been a man it is unlikely they would have been allowed up there. Todd was able to advise the council not to dismantle the whole interior before they lost vital evidence.

As well as history of the Clarence, Todd also gave us a very interesting history of many of the buildings in Cathedral Close and the High Street. The Burger King shop is one of the oldest buildings. Also the apothecary dates from 1660. This was started by Knotts and became Hinton Lakes in 1974. The Costa building is 500 years old and has mediaeval roof panelling. Todd's talk has made us all want to walk down the street and look up at the ancient buildings, rather than just forging ahead! Tinley's too, in Cathedral Close, was fifteenth century. Todd said that sadly the High Street is dying. This is partly due, of course, to Covid. We now realise how important it is for us to help preserve our character buildings. (Some of Todd's pictures can be seen on the following page).

We had 23 members tuned in to this Zoom meeting. An amazing effort. Well done ladies.

We hope very much that most of our members will rejoin in April. Reduced subs are due at the April meeting and the topic will be Pilates. That should be fun!!!!

Our March meeting was on 16 March. On Zoom, we heard all about Joan's Australian travels.

Sue Bretherton

WI Zoom meeting . Presentation on the great Royal Clarence Fire



WI continued

Our March meeting, again on Zoom, was held on 16 March.

Our speaker was our very own Joan, who gave us a lovely talk about her family's second half of their visit to Australia, four years ago. Joan, like me, spent some time in Australia, many years ago, so had made connections which one never loses. It makes it all the better to see dear friends and, in my case, relatives, face to face.

Joan left us last time in Melbourne, after a trip to Central Australia. She started this trip by flying to Cairns and on to Port Douglas, where they based themselves, much of the time around Daintree river, Mossman Aborigine Centre, 5 mile beach and Port Douglas.

Lovely pictures, along with a human personal amusing commentary, (Joan is ace at this!!) Here we met Box Jelly fish, real nasties. People are advised not to go in the sea when they are rife. Hard if you are on holiday with limited time!

Around Port Douglas we saw green tree frog replicas, later to see the real thing! Also George the Grouper, a huge, ugly fish, who is quite a celebrity (or was). Sadly no more now.

The bird life was stunning. Herons, Sun birds, Parakeets, and Welcome Swallows, all so colourful . Brush Turkeys too, kept popping up and stunning butterflies. We saw a Strangling fig and how it squeezes the life out of trees.

The boat trip on Quick Silver to Daintree Reserve and Port Tribulation looked amazing. Cook Town is accessible only by a track.

Then there was the ferry across the Daintree River to the National Park at Coopers Creek. Here we saw Purple Crabs, Kingfishers and Cassowaries.

Now Cassowary Pooh is 'tres' important and has a role in the seeding of the rainforest. The Cassowary eats the seeds of special shrubs and the seeds that are digested are much more likely to thrive than the ones that just blow in the wind! Not a lot of people know that !!!

Back across on the ferry, past salt water crocodiles at Mossman river, night herons and our green tree frogs, (real this time!), and more gorgeous birds, Rainbow Lorikeets, which come into the port each night to sing and chatter before bedtime.

Then Phil, Joan and Thomas took a trip on the wave length boat to the Barrier Reef, another huge experience and on most folks 'bucket list' I think.

Sadly much of the coral is whitening now and dying. Mans inhumanity to nature is partly to blame.

The last bit of this packed trip was to Sydney, an amazing city with too many things to mention. We actually saw the inside of the Sydney Opera House, which took 14 years to build and is probably one of the most famous buildings of the modern world. Joan and family declined the opportunity of climbing to top of the bridge! The bridge has 8 traffic lanes, 2 railways and a cycle way and a walkway! They went on Manley Ferry for a bush walk at Barangaroo Reserve, where they saw Wattle and White Ibis and Sulphur Crested Cockatoos.

Thank you Joan for our trips around Australia. Hopefully some of us will get there again one day!

Sue Bretherton. (Apologies if some of this is not exactly right!!!)



Father Samuel Sarkar, at Purnea, Bihar, India. His church has strong links to St Andrew's, Kenn

Father Samuel's recent seminar for pastors in Bakracot in Siliguri - a six and half hour journey from Purnea. Samuel had a wonderful time of teaching and training with 28 pastors, all from village, tribal and few Indian Nepalis.

Four topics were covered 1. God and Mission 2. God and Church 3. God and World and 4. God and us. It was based on growing a great commission Church.





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GOOD FOODGOOD BEERGOOD CHEER

The Ley Arms is a beautiful, picture postcard, thatched 12th century country pub nestled in the charming village of Kenn, within easy reach of Exeter, just a short journey from the A38.

A traditional warm welcome awaits you at The Ley Arms for customers, old and new.

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St Andrew's Church

Churchwarden's Jottings



I was looking back at Easter 12 months ago and was surprised how much we had arranged to take place at Easter and beyond, all of which, as we now know, had to be cancelled. Well not much is changed really in the last 12 months. St Andrews has been closed more than it's been open, but life at St Andrews does still go on.

The prayer group on Zoom goes from strength to strength, regularly seeing 20 or more at our morning prayer meetings. Father Mark must put in a tremendous amount of time on this project. The church building itself has to be maintained through cleaning and hoovering, airing the building, fire extinguishers are checked, a small leak in the roof repaired, and repairs to the flagpole. It's taking a bit of a battering this winter. Keeping an eye on all these things ensures that St Andrews is ready for Easter and we can be open and continue to open regularly again. We will of course be taking all the necessary Covid precautions. Being able to meet again in church will be so good. I, for one, am really looking forward to it.

On 12 April we'll see some work done on our lovely church bells. Work on a maintenance and service basis, costing just over £2,000. We've got to have the bells!!!.

As things hopefully improve and open up again, it'll be good to see the restarting of our monthly Coffee Mornings, in the church, on a Thursday. It's always good to sit down have a cup of coffee and some cake and catch up on all the local gossip!! So look out for further information as to when Coffee & Cake will be served again.

The social side of the church, for obvious reasons, is at present non-existent. However, exciting news! The social committee, that would be Maureen, Mervyn, Kate, and Ayesha, have been very busy compiling a brand-new cookbook. Not just any cookbook but one made up from of recipes, not only from local people, but also from some very well-known celebrities, along with their own personal funny stories. I think the launch date for this exciting publication is due this spring. Let's have your recipe to be included! What a great birthday or Christmas present it will make.

The floodlights of the church have seemed to be well used by people wishing to remember birthdays, anniversaries and many other events. Putting the lights on is a great way to remember an occasion. If you would like to sponsor the lights on a Saint's day, let me know. (St David's Day 1 March, St Patrick's Day 17 March, St George's Day 23 April and St Andrew's Day 30 November)

So, St Andrew's will be open for Easter and hopefully we can get back to our regular pattern of services. Have a very happy Easter

Simon Preece Churchwarden

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BETTER LATE THAN NEVER!

Of course, I should have got my brain into gear for the March edition of Haldon Views. By the time you read this, I hope my personal challenge during March will be a 'fait accompli'. But you may be interested in reading on to see what I did and why.

For a while now I have wanted to raise money for one of the charities close to my heart but, frankly, I couldn't face signing up to trekking the Great Wall of China or cycling across the USA. Some things are just too hard. Well impossible actually!

So I was delighted to find something I could do which would be a challenge for me - but a realistic one - to raise money for CRISIS, the UK national charity for homeless people, which I have supported for several years. Crisis offers year-round education, employment, housing and well-being services from its various centres. In addition, it runs Crisis at Christmas which, since 1972, has been offering food, warmth, companionship and vital services to homeless people over the Christmas period.

By the time you read this, I will have walked 300,000 steps during March for the **Step Forward to End Homelessness campaign**.

Have you thought about homelessness? The fear, desperation and hopelessness it brings? And - crucially - how easy it is for ANYONE to slip into that downward spiral if their life takes the 'wrong' path? Maybe through losing a job which was 'secure' - until Covid struck?

On days and nights when the rain never stops or the easterly wind bites, we snuggle down in our cosy beds. Of course, we do - who wouldn't? But please - just sometimes - think about what it would feel like to be out on the streets.

I know that people's personal circumstances are wide-ranging and I certainly don't want anyone to feel pressurised. If you feel able to donate any amount, no matter how small, to Crisis via my Just Giving webpage that would be absolutely brilliant. But equally, don't be troubled if you can't for whatever reason. I'm happy just to know that you've spared a few minutes to read this. Thank you.

If you would like to donate, the following link will take you right there:

<https://www.justgiving.com/fundraising/Avril-James2>

Take care. Stay safe. Keep warm.

Avril



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We support unpaid carers to maintain their own health, wellbeing and independence, by providing the information and advice they need in their caring role.



Visit www.devoncarers.org.uk or ring 03456 434 435 to find out more

Exeter Historic Buildings Trust – Establishing a Modern Medicinal Garden at St Nicholas Priory

Originally founded in 1087, St Nicholas Priory is Exeter's oldest building and has a rich history from Benedictine monastery to city museum.

In 2018, Exeter Historic Buildings Trust acquired the priory from Exeter City Council. With the assistance of the National Heritage Lottery Fund, the Trust repaired and reopened the buildings and established a busy programme of tours, performances and events.

Last summer we turned our attention to improving the garden, which we wanted to reflect the priory's history and monastic origins. Working with our dedicated team of garden volunteers, we decided to establish a modern medicinal garden, which would echo both the monastic and Tudor history of the priory. Medicinal, or 'physick', gardens were common to monasteries for treating the ailments of the community, while Tudor gardens made extensive use of herbs for culinary, medicinal and decorative purposes. Once complete, it will be one of only two such gardens in Devon and Cornwall and we are excited about the new ways it will allow us to interpret medical, garden and monastic history. The Trust has secured a grant from the Finnis-Scott Foundation for the work, which began as lockdown eased at Easter. We are always looking for new volunteers at the priory and we are especially keen encourage gardeners to join us.

We were excited to welcome visitors back at Easter for outside tours of the priory, with indoor tours resuming every Sunday afternoon from the end of May. As we begin to venture out again, do come and join us to soak up the history of Exeter's oldest building and this quiet corner of the city. For more information about tours or to contact us about volunteering opportunities, visit our website at www.nicholaspriory.com



OLIO FOOD SHARING



There's a great App called OLIO which is all about food sharing amongst neighbours. Just thought it may be of interest to Kenn & Kennford residents. It's a free App, and the idea is that unwanted or spare food items can be shared with others locally, with no money exchanging hands.

We also have the wonderful Kenn & Kennford Freecycle Facebook page!

Kay Wisker

Art at Shillingford Village Hall



I'm hoping to restart the regular art classes at Shillingford Village Hall on Friday 23 April at 9.45am. We will be looking at enjoying the wonderful Devon Springtime by preparing to get out with sketchpad and art kit.

All welcome. If you came to the half locked down Autumn term, this term would be free of charge. For newcomers the 5 week term would be £48, £45 060s. Details from 01626 891245 or visit mikemcdonald.co.uk

**The FORCE Cancer Charity Support & Information Centre
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**For psychological and
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☎ 01392 406168 / 406169

✉ help@forcecancercharity.co.uk



Calling all Men

Would any gentlemen locally be interested in getting together for a couple of hours each week/fortnight/month, through the daytime midweek? This could be for a friendly natter over a coffee or tea (with obligatory biscuits!) or to have a little project as we can offer access to a small workshop and barn. Perhaps you have a desire to create something from old pallets (raised beds, dog agility equipment, a wood store?), fix your lawnmower, set up a beehive even. The idea came from a website menssheds.org.uk, a male version of the WI!

The site is a mile and a half from Kennford village, up towards Haldon Forest consisting of a one and a half acre paddock with small outbuildings, a toilet, outdoor seating enjoying a lovely view, a couple of sheep, pigs and an old goat.

I'm just hoping to gauge interest at this stage, so please do get in touch!

COVID restrictions are still in place and we will be following the current guidelines. Insurance will also be put in place. Lifts could maybe be arranged. Dogs on leads will be very welcome. My email address is: kaywisker@icloud.com and my number is: 07752701182

Kay

Kenn & Kennford Library & Bookcycle

After a little revamp, courtesy of Dave Proud, the library now offers hooks for your pooches and shelving for the children's section. Thanks Dave!

The Facebook Bookcycle page has been created to allow for overspill books to be posted online, operating in much the same way as the village Freecycle page. We have no facilities to store books ourselves, so please help us keep the box tidy. Librarians have a reputation to keep up!

Contact details for myself in case of queries : kaywisker@icloud.com or 07752701182

Facebook pages :

Kenn & Kennford Library & Bookcycle

Kennford & Kenn Freecycle



KENN CRICKET CLUB

Last year, cricket did not escape the restrictions of the pandemic, but we were fortunate enough to play an alternate version of competitive cricket. Entered into a mini-league with 3 other teams, all local to Kenn to avoid excessive travel, Kenn CC ultimately finished top. This enabled us to play a regional semi-final, which we won, and ultimately the final, which again we won. No prizes, but some kudos for a successful, albeit reduced season.

The prospects this year look far improved for a normal schedule of games, which we are awaiting confirmation of at the time of writing. We imagine there will be some restrictions, at least initially, but the general feel is that we are set to commence a full programme of games. We have already been working at the ground to prepare the pitch, and a huge amount of work has gone in already. We will keep ploughing money back into the club to ensure we consistently improve our facilities.

We intend to field 2 senior teams (for those aged 14+) in the league on Saturdays, have a solid diary of friendlies for Sundays and also some midweek 20-20 and cup competitions. Kids' coaching will re-commence in earnest as well. Last year we only fielded the under 13s and paused the regular Friday night coaching for the 6 years+, but this year we are pleased to be able to confirm that the Kids' Sessions, held every Friday from 6pm-8pm through the Summer, will restart.

There has been a certain amount of cabin fever with the restrictions over the last 12 months, so we are really looking forward to getting back out there. If you are interested in playing as well, we would love to hear from you. Similarly, if you have any budding cricketers aged 6 or over, we would be delighted to see them on a Friday. But it isn't just about playing – we welcome supporters to the ground to watch a game, and as most clubs will agree with, we would be particularly interested in hearing from people who would like to spend time helping us prepare the ground, score or help with umpiring.

If you do have interest in supporting your local Cricket Club as we bring through the next generation of cricketers, or if you have any queries relating to the club, please do not hesitate to get in touch with Ian Hutchings, Vice-Chairman, via email [ijwh@hotmail.com](mailto:iwjh@hotmail.com) or by phone 07824 552574



Kenn Cricket Club (Continued from previous page)

Due to social distancing Kenn Cricket Club were unable to accommodate last season the club's under 10 group & only ran an u12s team.

This coming season we are reinstating the under 10s (from 6 years of age) along with the under 13s & would like to welcome back all our previous boys & girls, plus any new, along to our first training session on Friday 9 April at 6--00 pm until 7--00pm

.The under 10s play soft ball cricket & it is based on fun & enjoyment, to introduce them to the game of cricket.

The u 13s had a very successful season last year & any new players would be most welcome to join the group, who also start on Friday 9 April 6-00pm--8--00pm.

Fixtures have been arranged against other local clubs for both groups during the season .If you need any more information please contact Roy Henderson on 07596460750 or hendersonrd@hotmail.co.uk & we look forward to seeing new & old faces at our first training session **Roy Henderson**





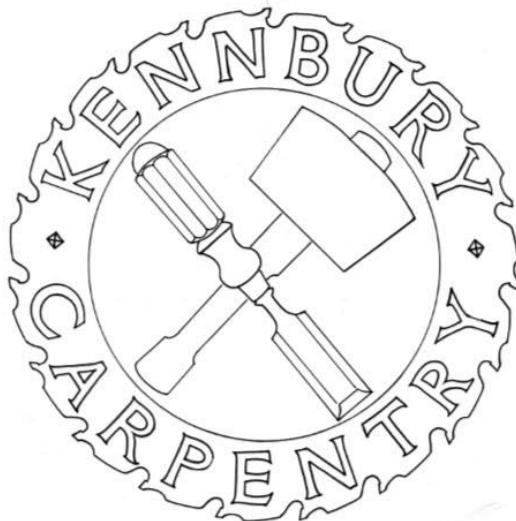
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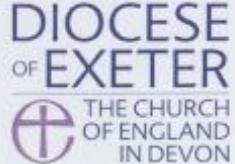
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bishop.of.exeter@exeter.anglican.org

16th March 2021

Please find an opportunity to share this letter with your congregation(s)

Dear Friends in Christ,

In 2020 the Parish of Kenn contributed £18,987.00 to the Common Fund

I am writing to express my sincere thanks for your contribution to the Common Fund last year. In spite of the huge financial challenges that we have faced during the pandemic, your parish has continued to demonstrate your commitment to the mission and ministry of the church in Devon.

I am greatly encouraged by your generosity and that of other parishes, and the way people are reaching out in service to their local community, particularly the housebound and isolated. The restrictions that lockdown brought did not dampen your willingness and determination to grow in prayer, to make new disciples and to serve the people of Devon with joy. Thank you for your faithfulness and all you have done at this difficult time.

With my thanks for our partnership in the Gospel,

+Paul Exon



The Church Floodlights

One way to bring ‘light’ into the parish is to ask for St Andrew’s Church to be illuminated. For just a £10 donation the magnificent church will be lit for you, from dusk to the early hours of the morning. You may want to ‘celebrate’ or ‘remember’. You may want to sponsor a day at Easter or Christmas or one of our Saints’ Days. For whatever reason, you will cheer up the whole parish.

Just contact Simon on 832462



News from the MOTHERS' UNION Branch at St. Andrew's, Kenn (with Exminster)

This year, the 65th session of the United Nations Commission on the Status of Women (CSW65), the UN's largest annual gathering on gender equality and women's empowerment, took place from 15 to 26 March, under the theme, "*Women's full and effective participation and decision-making in public life, as well as the elimination of violence, for achieving gender equality and the empowerment of all women and girls*". The session this year was mostly virtual due to the COVID-19 pandemic. It is also an important bridge to the Generation Equality Forum, organized by UN Women and co-hosted by the Governments of France and Mexico, in conjunction with youth and civil society, and will be a pivotal opportunity to change our societies and cement women's leadership as we recover from COVID-19. The Forum kicked-off in Mexico City between 29 to 31 March, and will culminate in Paris 30 June to 2 July 2021.

Newly released data shows that progress to achieve gender equality in public life and decision-making has been too slow.

- Women make up 25 per cent of parliamentarians globally, and only three countries have 50 per cent or more women in parliament.
- Less than one per cent of parliamentarians are women under 30 years of age.
- Women make up only 13 per cent of negotiators, 6 per cent of mediators and 6 per cent of signatories in formal peace processes.

In 2020, only 7.4 per cent of Fortune 500 companies were run by women.

- Just 22 countries in the world are headed by a woman.

At the current rate of progress, it will take another 130 years to reach gender equality at the highest positions of power. The COVID-19 pandemic has impacted women disproportionately – from loss of jobs to rise in violence against women and unpaid care work. Although women are at the front line of COVID-19 response as healthcare workers, innovators and leaders, their contributions remain less visible and less valued. Only 3.5 per cent of COVID-19 task forces across 87 countries had gender parity.

So, what happens when women lead? Evidence shows that when women are in power, they invest in often-overlooked policy measures – from expanding healthcare and education to green economies and ending violence against women – that ultimately build sustainable and resilient futures.

Building back better from COVID-19 needs women at the centre, leading, making decisions that serve the planet, address inequalities, and achieve equal power-sharing.

Achieving gender equality in leadership and decision-making is possible. Gender quotas in legislatures and other sectors, zero tolerance to violence, special measures that enable women to enter the political pipeline, and dedicated funding to women's organizations, have proven to be catalytic in bringing change.

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Chicken in 3 Mustard Sauce

Ingredients for 2 people

2 Chicken breasts
4oz mushrooms
1 small onion thinly sliced
1 level tsp hot mustard power
1 level tsp grainy mustard
1 level tsp Dijon mustard
200ml crème fraiche
1 dessertspoon sunflower oil
1/2 oz butter
3 fl oz dry white wine
Salt and pepper



Method

Stir the 3 mustards evenly into the crème fraiche. Cut the chicken breasts into bite sized pieces and slice the mushrooms. Heat the butter and oil in a pan and then add the onion and fry gently until soft, but not coloured. (About 3 mins) Add the chicken and keep stirring while you cook without burning. Add the mushrooms and heat until the juices run. Add the wine, salt and pepper and reduce the liquid, then add the crème fraiche and mustard mix. Keep stirring and reduce a bit more to create a creamy sauce. Serve with basmati rice, or new potatoes and green beans.

Maureen Bate



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Parish Rainfall Statistics

January 2021 132mm or 5.28ins. (From 26.01 to 31.01 48mm or 1.92ins fell)

February 2021 118mm or 4.72ins (From 14.02 to 20.02 91mm or 3.64ins fell)



Coffee Mornings



As early as possible in 2021 Coffee Mornings will start again on a Thursday in each month from 10.30 am until 12 noon.

Coffee Mornings in St Andrew's Church are for everyone in the community who would like a cup (or two) of coffee or tea and a slice of cake, in happy and friendly surroundings.

Visitors receive a warm welcome and if transport is a problem we have drivers who will collect and return you to your door.

Why not give it a try? You don't have to come every time, there is no formality and it's held in church, for convenience. It's not a religious gathering in any sense of the word.

Do you know anyone who you think would like a bit of company?

If so, phone either Shirley (833293) or Brenda (832896)

Concern over invite to join Kenn website?

A number of village folk have contacted Haldon Views, over concerns about hand delivered notices around the parish. The notes invite residents to join a free App, 'Nextdoor Kenn', by logging onto www.nextdoor.co.uk. Nextdoor says it's a valuable Neighbourhood hub.

It contains useful local information, like the details of lost pets. It can also identify neighbours in need. The scheme is free to join and private. A special code is needed before joining. Already 800 items of information are recorded on Nextdoor Kenn.

However, one resident ended up on a Russian dating website when trying to log on to Nextdoor! Many have said they won't be joining. As with all matters internet be very careful.



Used stamps, please, to Pete Phillips 832169 or The Seven Stars in Kennford. Thanks



Haldon Views

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