

16PF Comprehensive Assessment Report

Meeting Matters HR Management System
Professional Personality Analysis

Candidate Information

Name: Kainat

Email: Kainat@themeetingmatters.com

Assessment Date: 8/17/2025

Time Spent: 18 minutes

Overall Score: 69% (Good)

Global Factor Analysis

Extraversion: 66.1%

Anxiety: 68.5%

Tough-mindedness: 67.4%

Independence: 63.0%

Self-Control: 79.9%

Key Strengths

- Good social skills and comfortable in group settings
- Logical thinking balanced with consideration for people and relationships
- Balanced approach to independent and collaborative work
- Highly organized with exceptional attention to detail and planning

- Strong work ethic, discipline, and commitment to achieving goals
- Reliable follow-through on commitments and systematic approach to tasks

Development Areas

- Focus on stress management techniques such as mindfulness, meditation, or breathing exercises
- Develop coping strategies for high-pressure situations and deadline management
- Consider seeking support for managing worry and building emotional resilience

Career Recommendations

1. Senior Project Manager

Exceptional organization combined with analytical problem-solving

2. Operations Manager

Detail-oriented execution with logical systematic approach to efficiency

3. Financial Analyst/Controller

Precise analytical thinking with disciplined attention to accuracy

4. Quality Assurance Director

Methodical approach with commitment to standards and continuous improvement