Design sketch

Iteration 1

What is it about?
The measure calories page show users sets
Inputs to add breakfast, lunch and dinner
When users finish a set, there is a new page
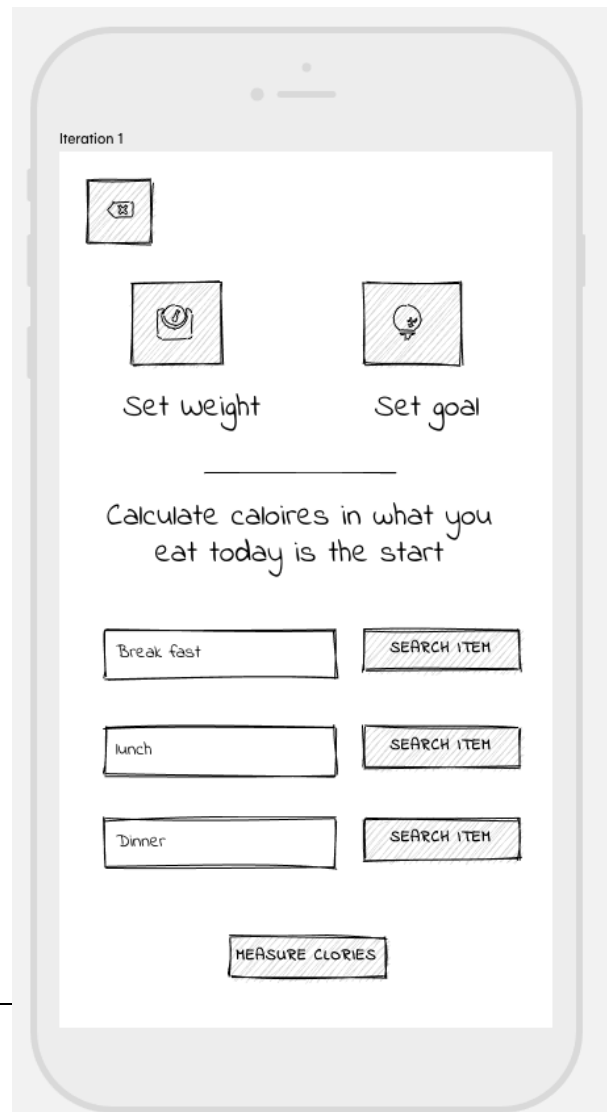Will appear with measurement .

Actions for users to take
User can use search button to open search
for the food items. A user could add each
meal by searching the ingredients in the
database or by a barcode reader.

Measuring calorie shows the remainder of
daily calorie.

Research finding applied to the design
One of the key findings from our user
interviews was the calorie counting method.
They want to be aware of the calorie of each
meal, so that's why we focused on that
feature in this deign

Iteration 1

Set weight   Set goal

Calculate caloires in what you
eat today is the start

Break fast   SEARCH ITEM

lunch   SEARCH ITEM

Dinner   SEARCH ITEM

MEASURE CLORIES

Iteration 2

Design principle(s) applied

- People love to find something help in thinking that's why we give user ability to search for meal
- Avoid too many choices to avoid leading to paralysis
- Users are willing to have an option for macro counting—showing the three macronutrients of their daily food, including
    - Protein
    - Carbohydrates
    - Fat.
- Track their weight loss visually in a chart