



Bali Yoga & Cultural Retreat with Sarah Yassin
04-11 May 2018
EGP 19,750 per person



Payment & Terms:

- Deadline for bookings and payments is 20 April 2018
- The retreat is open to students of all levels and abilities

Payment at TRIPDIZER office or through bank transfer/deposit

Address: 30 Messaha Street, Dokki, Cairo (Dots Space)

Free Visa on Arrival for Egyptians (30 days):

- Security clearance to be obtained at Mogamma El Tahrir (Students and Unemployed Individuals Only)

**Package Includes:**

- Round-trip flight from Cairo to Bali on Emirates Airline
- 7 Nights Accommodation in Bali
- Transfers from and to Bali Denpasar International Airport
- 2 Daily Meals
- Morning & Evening Yoga Sessions with Sarah Yassin
- Meditation
- AcroYoga Workshop
- Massage Session
- Opening Circle Ceremony
- Temple Visit
- Monkey Forrest Visit
- Coffee Plantation Visit with Free Tea and Coffee
- Tegallalang Rice Terrace Trek

Optional Activities:

- Visiting Beaches
- Surfing Session
- Traditional Balinese Dance Show
- Cooking class
- Cycling
- Rafting

Package Excludes:

- Additional meals/snacks
- Personal spending
- Additional transportation/items
- Optional activities



Flights details: Emirates Airline

<i>Date</i>	<i>From</i>	<i>To</i>	<i>Departure</i>	<i>Arrival</i>	<i>Lay over</i>
<i>FRIDAY</i> <i>04-MAY-2018</i>	<i>Cairo</i>	<i>Bali</i>	<i>01:25</i>	<i>22:20</i>	<i>2H 0M</i> <i>(Dubai)</i>
<i>FRIDAY</i> <i>11-MAY-2018</i>	<i>Bali</i>	<i>Cairo</i>	<i>16:30</i>	<i>10:05</i> <i>(next day 12 MAY)</i>	<i>10H 40M</i> <i>(Dubai)</i>

Accommodation details:

<i>Destination</i>	<i>Check-in</i>	<i>Check-out</i>	<i>No of nights</i>	<i>Hotel Name</i>
Ubud, Bali	04-May-2018	11-May-2018	7	Odah Ayu Guest House / Similar

Accommodation	Double Room	Single Room
Total cost	EGP 19,750 per person	EGP 21,200 per person



About Sarah Yassin

Sarah Yassin is a certified Yoga teacher from Yoga Works California, certified Air Yoga Teacher level 2 and the first (and currently the only) Egyptian to be certified as an AcroYoga teacher from AcroYoga International. She founded her own studio, Yoga Vibes in Cairo in 2015. Besides teaching classes and workshops, she organizes and leads retreats globally and assists in teaching AcroYoga immersions. She is currently based in Bali.

Sarah completed the following courses:

- KALARIPAYATTU WORKSHOP with SHIVA REA , SAN FRANCISCO, USA. MAR 2014
- IDO PORTAL MOVEMENT CAMP, PHUKET, THAILAND. APR 2016
- ASHTANGA AND PRANAYAMA COURSE, MYSORE, INDIA. DEC 2016
- REIKI LEVEL 1, SANTA MONICA, USA. FEB 2017