Entities:

Gymnasium (Name, Address, Telephone Number)

Member (Unique Identifier, Last Name, First Name, Address, Date of Birth, Gender)

Session (Session ID, Type of Sport, Schedule, Maximum Capacity)

Coach (Coach ID, Last Name, First Name, Age, Specialty)

Relationships:

Gymnasium --(1:N)--> Session

Member --(N:M)--> Session

Session --(N:M)--> Coach