

## **PART 1: Write down your PICS (You must state at least 2)**

### **P**assions

What would you get out of bed for in the morning if money wasn't an issue?

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- I would get out of bed every morning to create and build meaningful projects that inspire and help others.
  - I'd focus on using my skills to contribute to open-source communities, mentor aspiring developers, and design applications that genuinely improve people's lives

### **I**nterests

What are you most curious about?

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- I'm most curious about the intersection of technology and creativity—how we can use tools like AI, advanced web technologies
    - design systems to shape more engaging, accessible, and innovative user experiences. I love exploring how new frameworks or methodologies can simplify development while still delivering impactful results. Beyond tech, I'm curious about understanding people's behaviors and needs, which drives my passion for improving user experiences

### **C**auses

What keeps you up at night?

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- What keeps me up at night is thinking about how I can grow and improve—whether it's mastering a new technology.
  - refining my skills, or making sure I'm on the right path to achieve my career goals
  - I often replay challenges I've faced and brainstorm ways I could handle them better next time

### **S**trengths

What is your superhero power?

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- My superhero power is adaptability. No matter how challenging or unexpected a situation gets
  - I can quickly adjust, stay calm, and find a way to move forward. Whether it's picking up a new technology
  - solving a tricky problem, or stepping in to support a team under pressure

## **PART 2: Write down your Personal Mission Statement (by completing each of the statements below)**

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### **1. My personal mission is...**

My personal mission is to continuously learn and grow, using my skills and knowledge to create positive, meaningful impacts in both the tech world and in the lives of others. I aim to stay curious, embrace challenges, and help shape innovative solutions that make a difference.

### **2. My key strengths are...**

My key strengths in tech are :

- problem-solving, adaptability, and a strong understanding of front-end development.
- I'm proficient in React, JavaScript, TypeScript, and have a solid grasp of tools like Tailwind CSS, Material-UI, and Bootstrap.
- I also have a strong eye for user experience (UX) and enjoy creating intuitive, well-designed interfaces.
- I'm always eager to learn new technologies and methodologies to enhance my skill set

### 3. I pledge to further my development in...

- Master full-stack development, focusing on backend technologies like Node.js and database management.
- Deepen expertise in advanced React concepts and testing practices to build scalable and efficient applications.

### 4. My core values as a leader are...

1. **Empathy:** Understanding and valuing the perspectives and needs of my team, fostering a supportive environment where everyone feels heard and respected.
2. **Integrity:** Leading with honesty, transparency, and consistency, making sure my actions align with my words and values.
3. **Collaboration:** Encouraging teamwork, open communication, and collective problem-solving to drive shared success.

### 5. I pledge to advance society's greater good by...

1. Creating technology that is accessible, inclusive, and solves real-world problems, improving the quality of life for individuals and communities.

2. Mentoring aspiring developers and sharing knowledge to empower the next generation of tech professionals and foster a culture of continuous learning.

## **6. I have chosen this personal mission because...**

1- I have chosen this personal mission because I believe technology has the power to bring about meaningful change. By continuously learning and using my skills to create positive impacts,

2- I can contribute to making the world a better place, whether through solving real-world problems or empowering others in the tech community

## **Peer Coaching Reflection**

**The first and last name of the peer you had the meeting with?**

Peer With: Mayada Ahmed

**The date and time that the coaching meeting took place?**

Time: 7:30 PM

Date: 26/1/2025

**The modality of the call (e.g., Zoom, Google Meet, WhatsApp, in person at [City Hub name]).**

Google Meet: <https://meet.google.com/srk-xima-ggy>

**Did you feel any anxiety before or during the meeting? Why or why not?**

No , I don't feel any anxiety , the coach is awesome .

**How valuable was the session with your peer? Explain.**

The session was helpful, especially in brainstorming and exchanging ideas. My peer brought up some useful points that added to my perspective. However, at times, the conversation felt a bit unstructured, which made it harder to focus on the key areas we needed to address. Overall, it was a productive collaboration, and with a bit more preparation and focus on priorities, I believe our next session can be even more impactful

**Did you make a commitment to your peer? If yes, what was the commitment that you made?**

Yes, I committed to working collaboratively on a shared task. Specifically, I will complete my portion of the project and share it with them by our next session so we can align our progress and finalize the deliverables together

**Did you find anything surprising and/or gain any new insight due to the meeting?**

Yes, the meeting provided me with a new perspective on tackling challenges. My peer highlighted the importance of prioritizing smaller, manageable tasks before addressing the larger ones. This approach seems more effective, and it's something I hadn't thought about deeply before.

**How helpful did you find the coaching session overall? Explain and share your experience honestly.**

The discussion could have been more focused on specific challenges I'm currently facing. However, the general guidance was still valuable, and I appreciate the time and effort my coach dedicated to helping me.

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## **Movement Practices Reflection**

**How many minutes did you spend practicing movement each day?**

25 Minutes

**If you did not do at least 20 minutes each day, what were the reasons?  
If you did, what were the reasons?**

Yes I did , If I didn't do at least 20 minutes each day, it might have been due to a lack of time, competing priorities, or simply feeling mentally drained after a busy day. Life can get hectic, and sometimes it's challenging to stay consistent when other things demand attention. On the other hand, if I did manage to stick to it, it would have been because I recognized the importance of steady progress, even in small increments. Committing to a set amount of time each day keeps me on track and motivated, especially when the task at hand is something I'm passionate about.

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