

# Medical Necessity Criteria for Breast Cancer Screening

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The following recommendations are based on medical evidence, clinician input, and expert opinion. The content is dynamic and will be revised as new information becomes available. The purpose of these recommendations is to assist practitioners in clinical decision-making, to standardize and improve the quality of patient care, and to promote cost-effective test ordering.

### Scope:

This guidance focuses on breast cancer screening via mammography in asymptomatic adult women in Saudi Arabia.

### Recommendations:

- The recommended screening modality is mammography.
- Mammography is recommended for breast cancer screening for women aged 40–69 years without symptoms of breast abnormalities.

### Follow-up and Monitoring:

- Screening frequency: Every 2 years.
- Women should be encouraged to adhere to recommended screening according to their age.

### References:

- Saudi clinical preventive guidelines, Public Health Authority, 2023.  
Available at:  
[https://www.pha.gov.sa/Style%20Library/Images/PublicHealthPortal/RiskFactorsDiseases/Saudi%20Clinical%20Preventive%20Guideline%20\(2023%20final%20Version\).pdf](https://www.pha.gov.sa/Style%20Library/Images/PublicHealthPortal/RiskFactorsDiseases/Saudi%20Clinical%20Preventive%20Guideline%20(2023%20final%20Version).pdf)
- Saudi Ministry of Health Guide of national breast cancer early detection program. Available at:  
<https://www.moh.gov.sa/Ministry/About/Health%20Policies/011.pdf>
- United States Preventive Services Task Force. "Breast Cancer: Screening." USPSTF Recommendation Statement. Available at:  
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