

Marinox®

PRODUCT CATALOGUE

2025

Marinox®

Capsules • Tablets
Lozenges

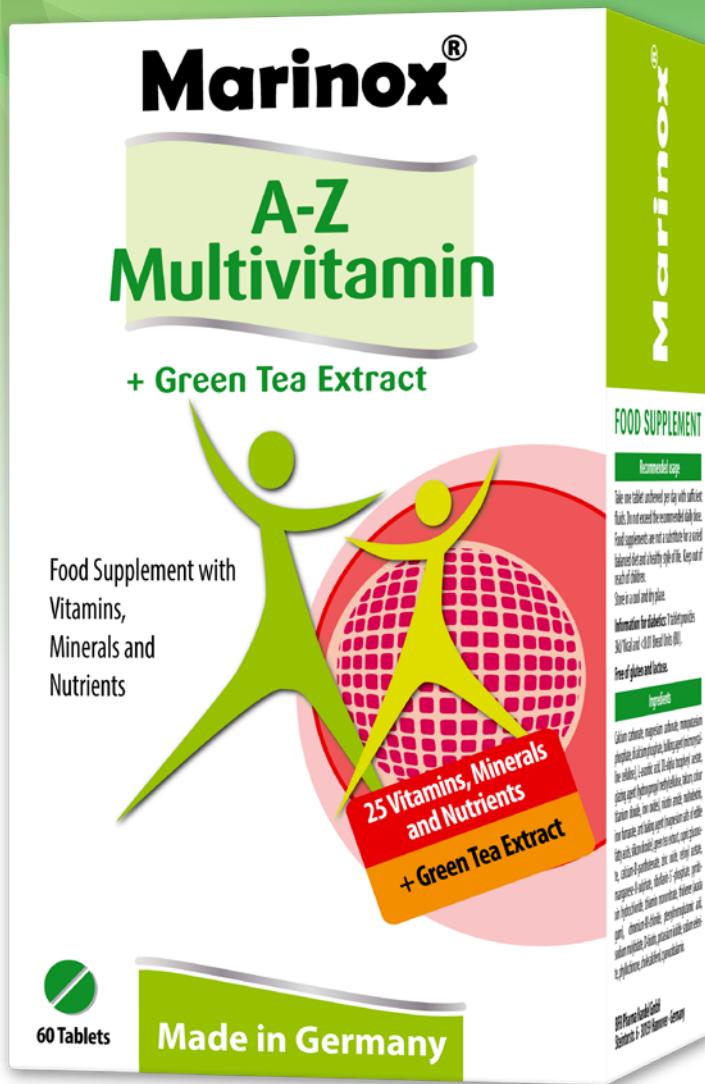


Nutrition Information			
	Per 100 g	Per Tablet	NRV*
Energy	185 kJ/44 kcal	3kJ/1 kcal	
Fat	0.77 g	0.01 g	
- of which saturates	0.57 g	<0.01 g	
Carbohydrate	1.4 g	0.02 g	
- of which sugars	0.28 g	<0.1 g	
Protein	0.09 g	<0.01 g	
Salt	0.01 g	<0.01 g	
Vitamin C	4938 mg	80 mg	100%
Vitamin B1	99 mg	1.6 mg	145%
Vitamin B2	123 mg	2.0 mg	143%
Vitamin B6	123 mg	2.0 mg	143%
Vitamin B12	185 µg	3.0 µg	120%
Vitamin A	49379 µg	800 µg	100%
Vitamin E	617 mg	10 mg	83%
Niacin	1111 mg	18 mg	113%
Biotin	9259 µg	150 µg	300%
Pantothenic acid	370 mg	6 mg	100%
Folic Acid	12333 µg	200 µg	100%
Vitamin D	308 µg	5 µg	100%
Vitamin K	1851 µg	30 µg	40%
Calcium	13265 mg	214 mg	27%
Magnesium	5582 mg	90 mg	24%
Iron	308 mg	5 mg	36%
Zinc	309 mg	5 mg	50%
Copper	62 mg	1 mg	100%
Selenium	1841 µg	30 µg	55%
Iodine	5556 µg	90 µg	60%
Phosphorus	6480 mg	105 mg	15%
Manganese	62 mg	1 mg	50%
Molybdenum	4900 µg	80 µg	160%
Chromium	3700 µg	60 µg	150%
Green tea extract	617 mg	10 mg	**
-of which polyphenols	309 mg	5 mg	**

* NRV= Nutrient Reference Values based on Regulation (EU)

No 1169/2011

** no reference value established



Marinox® A – Z Multivitamin + Green Tea Extract

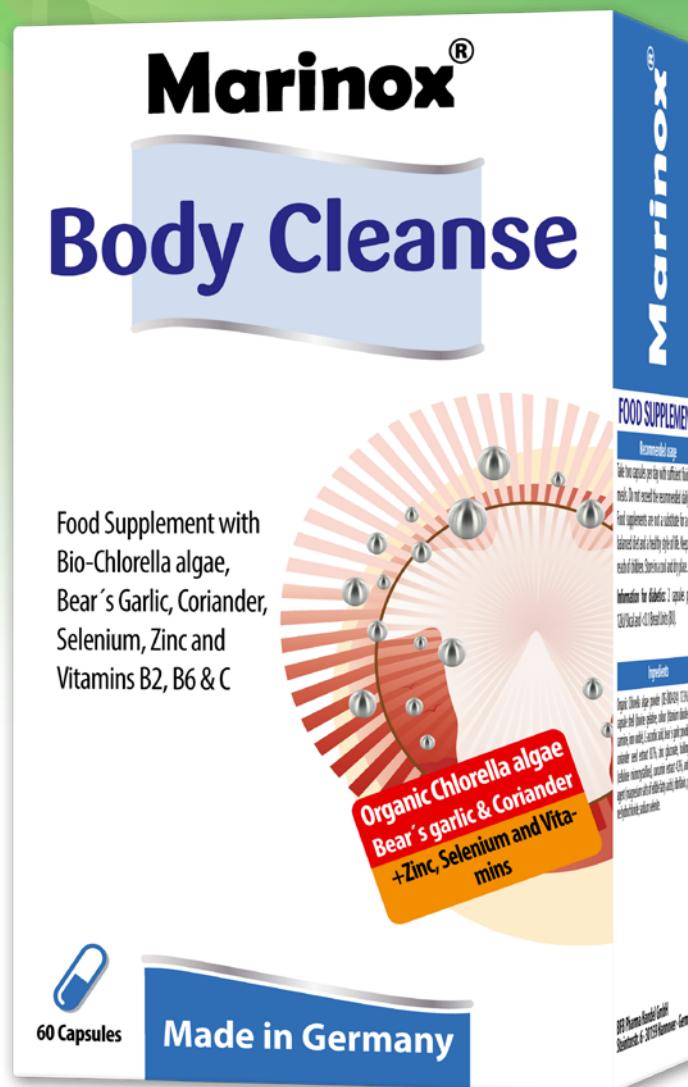
Food Supplement with Vitamins, Minerals and Nutrients

Marinox® A-Z Multivitamin + Green Tea Extract tablets are suitable for women and men. They contain a well-balanced and carefully selected combination of vitamins, minerals, trace elements which is completed by green tea extract, with a standardized content of 50% polyphenols, which are one of the main actives in green tea. The vitamins A, B6, C, D3 and folic acid in combination with the trace elements copper, selenium, zinc and iron contribute to the normal function of the immune system. The vitamins B1, B2, B6, B12, C, biotin and niacin together with iodine, copper and magnesium contribute to normal functioning of the nervous system. Pantothenic acid contributes to normal mental performance and energy metabolism. Calcium and magnesium contribute to normal muscle function and calcium is needed for the maintenance of normal bones. The vitamins B2, B6, B12, C, niacin, folic acid and pantothenic acid together with iron and magnesium contribute to the reduction of tiredness and fatigue.

Nutrition Information			
	Per 100 g	Per 2 Capsules	NRV/%
Energy	1083 kJ/258 kcal	12 kJ/3 kcal	
Fat	6.3 g	<0.1 g	
- of which saturates	4.5 g	<0.1 g	
Carbohydrate	26.4 g	0.3 g	
- of which sugars	4.7 g	<0.1 g	
Protein	23.6 g	0.3 g	
Salt	0.3 g	<0.01 g	
Vitamin C	8665 mg	100 mg	125%
Zinc	867 mg	10 mg	100%
Vitamin B2	190 mg	2.2 mg	157%
Vitamin B6	138 mg	1.6 mg	114%
Selenium	4332 µg	50 µg	91%
Bio Chlorella	17331 mg	200 mg	**
Bear's Garlic	8665 mg	100 mg	**
Coriander Seed Extract	8665 mg	100 mg	**
Curcumin 95% Extract	4332 mg	50 mg	**

* NRV= Nutrient Reference Values based on Regulation (EU) No 1169/2011

** No recommendations available



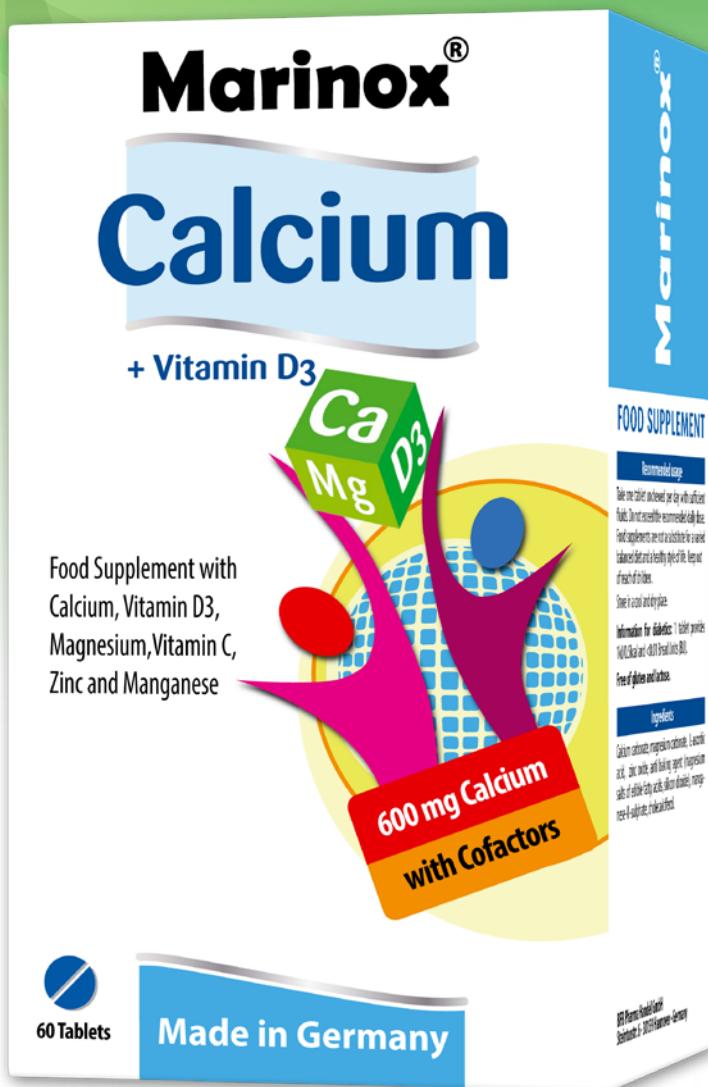
Marinox® Body Cleanse

Food Supplement with organic Chlorella algae, Bears Garlic, Coriander, Selenium, Zinc and Vitamin B2, B6 & C

Nowadays our bodies are exposed to various kinds of environmental stress. This is why a well-balanced nutrition and a healthy lifestyle are very important. Vitamin B6 and C, similar to zinc and selenium, contribute to the normal function of the immune system. Zinc and selenium are main components of many body enzymes. Vitamin B6 contributes to the normal cysteine synthesis. Vitamin B2, zinc and selenium contribute to the protection of cells from oxidative stress. Organic chlorella algae, bear's garlic and coriander complete the supplement **Marinox® Body Cleanse**.

Nutrition Information			
	Per 100 g	Per Tablet	NRV*
Energy	52 kJ/12 kcal	1 kJ/0.5 kcal	
Fat	0.47 g	<0.01 g	
- of which saturates	0.47 g	<0.01 g	
Carbohydrate	0.06 g	<0.01 g	
- of which sugars	0.04 g	<0.01 g	
Protein	<0.01 g	<0.01 g	
Salt	<0.01 g	<0.01 g	
Vitamin C	2000 mg	40 mg	50%
Vitamin D	250 µg	5 µg	100%
Calcium	30000 mg	600 mg	75%
Magnesium	5000 mg	100 mg	27%
Zinc	500 mg	10 mg	100%
Manganese	50 mg	1 mg	50%

* NRV = Nutrient Reference Values based on Regulation (EU) No 1169/2011



Marinox® Calcium + Vitamin D3

Food Supplement with Calcium, Vitamin D3, Magnesium, Vitamin C, Zinc and Manganese

Marinox® Calcium + Vitamin D3 tablets are suitable for women and men. They contain a well-balanced and carefully selected combination of vitamins, minerals and trace elements. Calcium and magnesium are important minerals for the bones and for the teeth matrix. They contribute to normal muscle function and calcium is needed for the maintenance of normal bones. Vitamin D helps the body to normally absorb and utilize the calcium and contribute together with magnesium to the maintenance of normal bones and teeth. Manganese and zinc also contribute to the maintenance of normal bones. Vitamin C contributes to normal collagen formation for the normal function of teeth and bones.

Nutrition Information			
Nutritional Values	Per 100 g	Per Capsule	
Energy	3218 kJ/769 kcal	27 kJ/7 kcal	NRV*
Fat	79.4 g	0.7 g	
- of which saturates	79.3 g	0.7 g	
Carbohydrates	<0.1 g	<0.1 g	
- of which sugars	0 g	0 g	
Protein	<0.01 g	<0.01 g	
Salt	<0.01 g	<0.01 g	
Curcuma extract	5389 mg	46 mg	**
Vitamin D	1185 µg	10 µg	200 %

* NRV= Nutrient Reference Values based on Regulation

(EU) No 1169/2011

** No nutrient values available



Marinox® Curcumin Premium + Vitamin D

Food Supplement with Curcumin and Vitamin D

For several centuries, people in many parts of the world have been using turmeric obtained from the stems of *Curcuma longa L.*, a spice used in traditional Ayurvedic medicine. Curcumin, the main active component of turmeric, was tested in a large number of scientific studies. **Marinox® Curcumin Premium + Vitamin D** contains an entirely new water-soluble form of curcumin characterised by its excellent bioavailability. This unique and innovative form has a more than one hundredfold improved bioavailability compared to the common powder form: taking only one capsule of **Marinox® Curcumin Premium + Vitamin D** is equivalent to the intake of 4g of regular curcumin powder in regards to its bioavailability*. In addition, **Marinox® Curcumin Premium + Vitamin D** contains Vitamin D that contributes to the normal function of the immune system.

*Schiborr et al., The oral bioavailability of curcumin from micronized powder and liquid micelles is significantly increased in healthy humans and differs between sexes, Molecular Nutrition and Food Research 2014, 0, 1-12

Nutrition Information			
	Per 100 g	Per Capsule	NRV*
Energy	1427 kJ/340 kcal	10 kJ/3 kcal	
Fat	6.3 g	<0.1 g	
- of which saturates	6.2 g	<0.1 g	
Carbohydrate	15.2 g	0.1 g	
- of which sugars	5 g	<0.1 g	
Protein	5.5 g	0.4 g	
Salt	<0.1 g	<0.01 g	
L-Arginine	250 mg	**	
Maca root extract	100 mg	**	
Grape and apple extract	100 mg	**	
- Total polyphenols	95 mg	**	
Guarana extract	25 mg	**	
Red beet powder	25 mg	**	
Citrus aurantium extract	15 mg	**	
Zinc	10 mg	100%	
Folic acid	150 µg	75%	
Vitamin B12	1.9 µg	76%	

*NRV= Nutrient Reference Values based on Regulation (EU)

No 1169/2011

** No recommendations available



Marinox® Erecta Vital

Food Supplement with Herbal Extracts, Vitamins, Arginine & Zinc

A healthy life style and a balanced nutrition are important for supplying the body with essential nutrients. Vitamin B12 and folic acid contribute to reducing tiredness and fatigue. Vitamin B12 contributes to normal production of red blood cells. Red blood cells transport oxygen to the cells. Zinc contributes to protecting cells against oxidative stress. Polyphenols derived from the seeds of apples and grapes have antioxidant properties. The amino acid L-arginine is a precursor of nitrogen oxide (NO). Zinc contributes to maintaining normal levels of blood testosterone, as well as to normal fertility and reproduction.

Nutrition Information			
	Per 100 g	Per 2 Capsules	
Energy	1035 kJ/264 kcal	12 kJ/3 kcal	NRV*
Fat	6.8 g	<0.1 g	
- of which saturates	6.7 g	<0.1 g	
Carbohydrate	19.3 g	0.2 g	
- of which sugars	9.3 g	<0.1 g	
Protein	26.9 g	0.3 g	
Salt	<0.01 g	<0.01 g	
Vitamin C	6667 mg	80 mg	100%
Vitamin D3	417 µg	5 µg	100%
Manganese	167 mg	2 mg	100%
Glucosamine	17000 mg	204 mg	**
Methylsulfonylmethane	16694 mg	200 mg	**
Chondroitin	7500 mg	90 mg	**
Rose Hip Extract	4167 mg	50 mg	**
Collagen	6250 mg	75 mg	**
Ginger Extract	2083 mg	25 mg	**
- of which Gingerols	100 mg	1.2 mg	**

* NRV= Nutrient Reference Values based on Regulation (EU) No 1169/2011

** No recommendations available



Marinox® Flexi Forte

Food Supplement with Ginger, Rose Hip Extracts, Vitamins C & D, Manganese, Glucosamine, Chondroitin and Collagen

Our musculoskeletal system is often subjected to strain; in many cases this is also accompanied with overweight, unilateral strain or overloading. Moderate exercise and a well-balanced diet help to preserve the functions of the musculoskeletal system. Manganese contributes to the normal formation of connective tissue and, like Vitamin D, contributes to the maintenance of normal bones. Vitamin C contributes to normal collagen formation for the normal function of cartilage and bones.

An additional daily intake of one **Marinox® Omega 3 1000 mg Sea Fish Oil Premium** capsule is also recommended.

Nutrition Information			
	Per 100 g	Per Tablet	NRV*
Energy	658 kJ/158 kcal	7 kJ/2 kcal	
Fat	8.8 g	< 0.1 g	
- of which saturates	4.5 g	< 0.1 g	
Carbohydrates	27 g	0.3 g	
- of which sugars	1.7 g	< 0.1 g	
Protein	0.4 g	< 0.1 g	
Salt	< 0.1 g	< 0.1 g	
Ginkgo Biloba Leaf Extract	10000 mg	100 mg	**
Choline	2000 mg	20 mg	**
Lecithin	2500 mg	25 mg	**
Vitamin B1	110 mg	1.1 mg	100%
Vitamin B2	140 mg	1.4 mg	100%
Vitamin B6	140 mg	1.4 mg	100%
Vitamin B12	250 µg	2.5 µg	100%
Folic acid	20000 µg	200 µg	100%
Vitamin D3	500 µg	5 µg	100%

* NRV= Nutrient Reference Values based on

Regulation (EU) No 1169/2011

** No recommendations available



Marinox® Ginkgo +

Food Supplement with Ginkgo Extract, B Vitamins, Vitamin D, Folic acid, Lecithin and Choline

Ginkgo biloba is one of the world's oldest trees. Ginkgo leaf extract contains flavonoids and ginkgolides, substances scientifically considered as high in antioxidative capacity. Vitamins B1, B6 and B12 contribute to normal energy-yielding metabolism. Both vitamin B1 and B2 contribute to the normal functions of the nervous system. Folic acid contributes to normal psychological function. Folic acid, Vitamin B6 and B12 contribute to the reduction of fatigue and tiredness. **Marinox® Ginkgo +** contains no genetically modified substances.

Nutrition Information			
	Per 100 g	Per Capsule	
Energy	660 kJ/157 kcal	4 kJ/1 kcal	NRV*
Fat	3.8 g	<0.1 g	
- of which saturates	3.8 g	<0.1 g	
Carbohydrates	19.1 g	0.1 g	
- of which sugars	1 g	<0.1 g	
Protein	11.3 g	<0.1 g	
Salt	<0.1 g	<0.01 g	
Iron	3992 mg	21 mg	150%
Vitamin C	38020 mg	200 mg	250%
Vitamin B6	760 mg	4 mg	286%
Vitamin B1	532 mg	2.8 mg	255%
Folic Acid	38020 µg	200 µg	100%
Vitamin B12	1425 µg	7.5 µg	300%
Vitamin D3	1900 µg	10 µg	200%

* NRV= Nutrient Reference Values based on Regulation (EU)
No 1169/2011



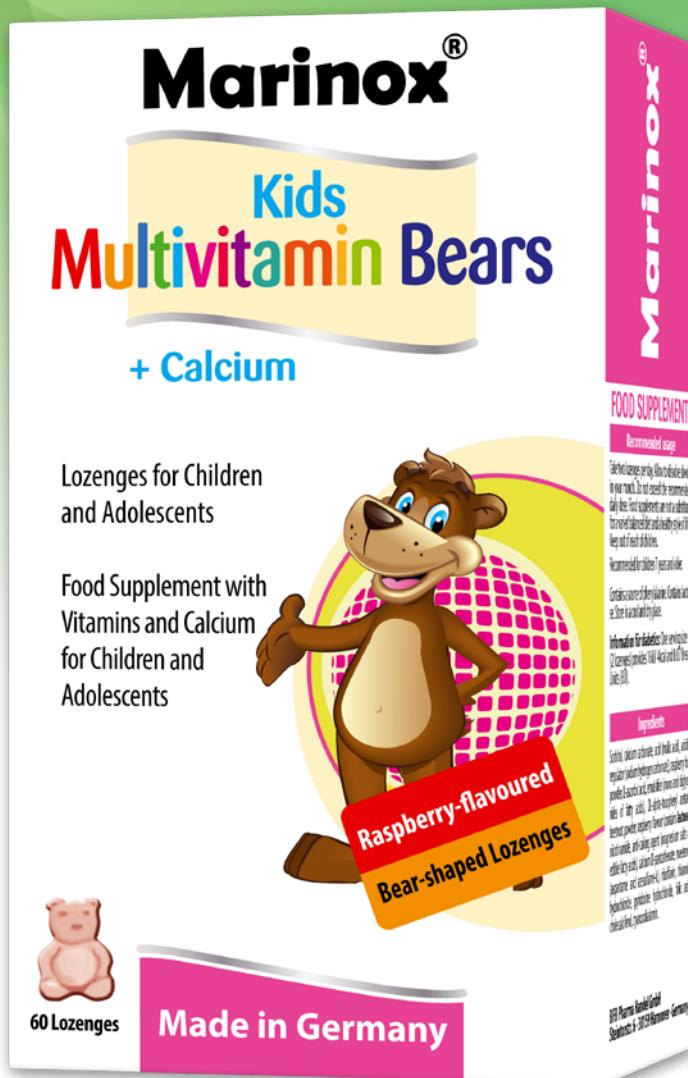
Marinox® Iron +

Food Supplement with Iron and Vitamin C, B Vitamins, Folic acid and Vitamin D

Iron is a vital trace element needed for many functions in the body. A varied and well-balanced diet therefore is necessary to provide the body with sufficient amounts of iron. A sufficient supply is important particularly for women. Iron contributes to normal formation of red blood cells and haemoglobin, as well as to normal oxygen transport in the body. Folic acid contributes to normal blood formation. Vitamin C increases iron absorption. Iron, folic acid, Vitamin C, Vitamin B6 and B12 contribute to the reduction of tiredness and fatigue. Vitamins B1, B6, B12 and C as well as iron contribute to normal energy-yielding metabolism. **Marinox® Iron + Vitamins** additionally contains Vitamin D, which contributes to the normal function of the immune system.

Nutrition Information			
	Per 100 g	Per 2 Lozenges	NRV*
Energy	776 kJ/186 kcal	16 kJ/4 kcal	
Fat	3.5 g	0.07 g	
- of which saturates	3.4 g	0.07 g	
Carbohydrate	41.2 g	0.8 g	
- of which sugars	0.34 g	<0.01 g	
Protein	0.43 g	<0.01 g	
Salt	6.85 g	0.14 g	
Vitamin C	3500 mg	70 mg	88%
Vitamin E	400 mg	8 mg	67%
Vitamin B1	40 mg	0.8 mg	73%
Vitamin B2	45 mg	0.9 mg	64%
Vitamin B6	25 mg	0.5 mg	36%
Vitamin B12	75 µg	1.5 µg	60%
Niacin	500 mg	10 mg	63%
Pantothenic acid	200 mg	4 mg	67%
Folic acid	7500 µg	150 µg	75%
Calcium	1000 mg	200 mg	25%
Vitamin D3	125 µg	2.5 µg	50%

* NRV= Nutrient Reference Values based on Regulation (EU) No 1169/2011



Marinox® Kids Multivitamin Bears + Calcium

Food Supplement with Vitamins and Calcium for Children and Adolescents

The multivitamin + calcium bear-shaped lozenges with a tasty raspberry flavour are especially suited and developed for children and adolescents. Vitamin C and Vitamin E contribute to the protection of cells against oxidative stress. B Vitamins (B1, B2, B3, B6 and B12) and Vitamin C contribute to normal energy-yielding metabolism. Vitamin B6, B12, folic acid and Vitamin C contribute to the normal function of the immune system. Folic acid contributes to normal blood formation. Calcium is needed for the maintenance of normal bones and contributes to normal muscle function.

Nutrition Information		
	Per 100 g	Per Capsule
Energy	954 kJ/703 kcal	42 kJ/10 kcal
Fat	71 g	1 g
of which		
-saturates	24 g	0.3 g
- monounsaturated fatty acids	19 g	0.3 g
- polyunsaturated fatty acids	28 g	0.4 g
- Omega-3 fatty acids	25 g	0.35 g
- EPA	13 g	0.18 g
- DHA	9 g	0.12 g
Carbohydrates	0 g	0 g
of which sugars	0 g	0 g
Protein	19.6 g	0.3 g
Salt	<0.1 g	<0.1 g



Marinox® Omega 3 1000mg Sea Fish Oil

Food Supplement with 350mg Omega-3

High content of Omega-3 fatty acids. Free from artificial colours and preservatives. Our bodies are unable to produce Omega-3 polyunsaturated fatty acids and therefore they have to be provided in sufficient amounts through a well-balanced nutrition. However, eating fish several times each week is not always possible or desired. **Marinox® Omega 3 1000 mg Sea Fish Oil** capsules containing highly purified and concentrated sea fish oil with 35 % Omega-3 fatty acids, of which are 300mg EPA and DHA, could ensure adequate supply of these essential nutrients. Only one **Marinox® Omega 3 1000 mg Sea Fish Oil** capsule contains 300mg EPA and DHA. EPA and DHA contribute to the normal function of the heart.*

*A beneficial effect is obtained with a daily intake of 250mg EPA and DHA

Nutrition Information		
	Per 100 g	Per Capsule
Energy	2985 kJ/711 kcal	41 kJ/10 kcal
Fat	73 g	1 g
- of which saturates	7 g	0.1 g
monounsaturated fatty acids	7 g	0.1 g
polyunsaturated fatty acids	59 g	0.8 g
- of which Omega-3 fatty acids	51 g	0.7 g
- of which EPA	29 g	0.4 g
- of which DHA	15 g	0.2 g
Carbohydrate	0 g	0 g
-of which sugars	0 g	0 g
Protein	17 g	0.2 g
Salt	<0.1 g	<0.1 g



Marinox® Omega 3 1000mg Sea Fish Oil Premium

Food Supplement with 700mg Omega-3 From Purified Fish Oil

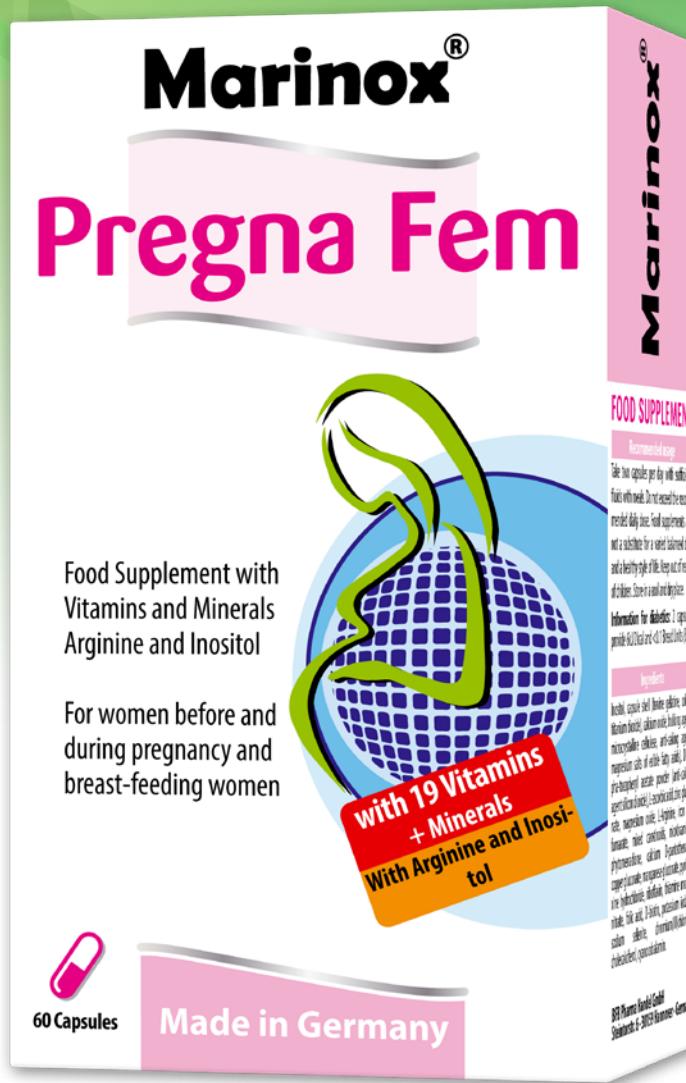
Rich in polyunsaturated fatty acids. Our bodies are unable to produce Omega-3 polyunsaturated fatty acids and therefore they have to be provided in sufficient amounts through a well-balanced diet. However, eating fish several times each week is not always possible or desired. Taking only one **Marinox® Omega 3 1000 mg Sea Fish Oil Premium** capsule each day containing the highly purified and highly concentrated sea fish oil with 70% Omega-3 fatty acids ensures adequate supply of these essential nutrients with EPA and DHA, which contribute to a normal function of the heart.* **Marinox® Omega 3 1000 mg Sea Fish Oil Premium** is especially recommended in older age and for pregnant and breast-feeding women.

*A beneficial effect is obtained with a daily intake of 250mg EPA and DHA

Nutrition Information			
	Per 100 g	Per 2 Capsules	NRV*
Energy	567 kJ/135 kcal	6 kJ/2 kcal	
Fat	6.6 g	<0.1 g	
- of which saturates	6.3 g	<0.1 g	
Carbohydrate	5.0 g	<0.1 g	
- of which sugars	<0.1 g	<0.1 g	
Protein	14.0 g	0.2 g	
Salt	<0.1 g	<0.01 g	
L-Arginine	3640 mg	40 mg	**
Inositol	18200 mg	200 mg	**
Calcium	10920 mg	120 mg	15%
Iron	782 mg	8.6 mg	61%
Zinc	691 mg	7.6 mg	76%
Copper	45 mg	0.5 mg	50%
Vitamin C	4095 mg	45 mg	56%
Vitamin E	1365 mg	15 mg	125%
Niacin	910 mg	10 mg	63%
Pantothenic acid	273 mg	3 mg	50%
Vitamin B6	127 mg	1.4 mg	100%
Vitamin B2	127 mg	1.4 mg	100%
Vitamin B1	109 mg	1.2 mg	109%
Folic acid	18200 µg	200 µg	100%
Biotin	6825 µg	75 µg	150%
Vitamin K1	3185 µg	35 µg	47%
Iodine	6370 µg	70 µg	47%
Chromium	2730 µg	30 µg	75%
Selenium	2275 µg	25 µg	45%
Vitamin D3	1365 µg	15 µg	300%
Vitamin B12	345 µg	3.8 µg	152%

* NRV = nutrient reference values based on Regulation (EU) No 1169/2011

** No recommendations available



Marinox® Pregna Fem

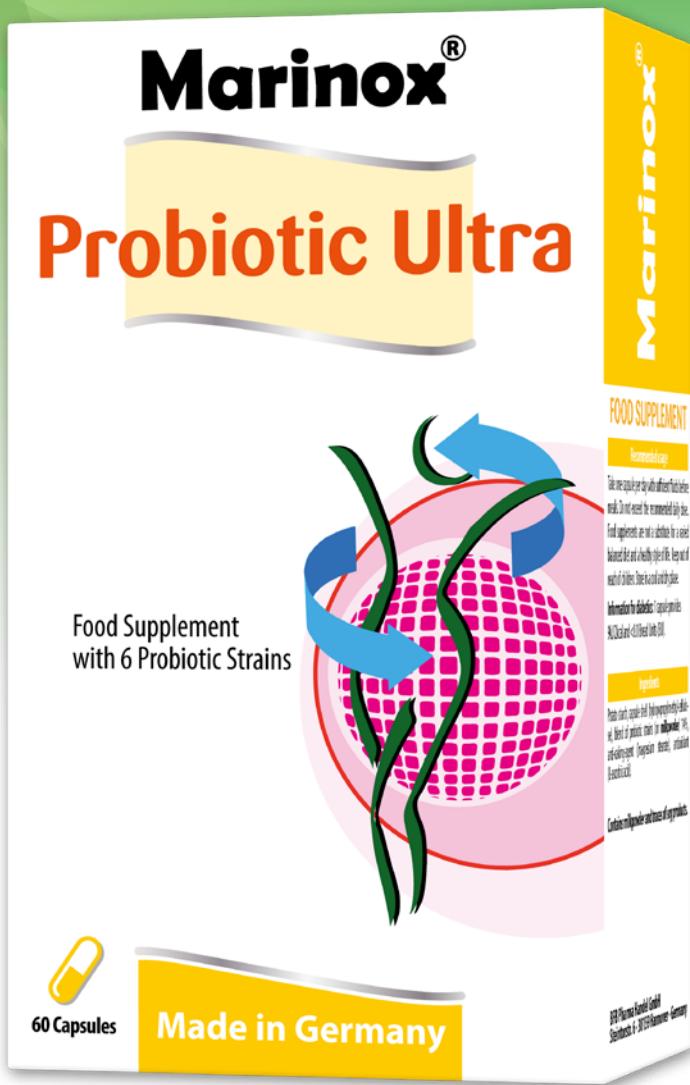
Food Supplement with Vitamins and Minerals, Arginine and Inostol

Marinox® Pregna Fem was developed especially for women before conception, during pregnancy and during breast-feeding. If you are planning a pregnancy, or if you are pregnant or breast feeding, a varied and well-balanced diet is recommended to ensure sufficient intake of essential nutrients. Zinc contributes to normal reproduction and fertility. Folic acid contributes to maternal tissue growth during pregnancy and to normal blood formation. Zinc, folic acid, vitamin D and vitamin B12 have a role in the process of cell division.

An additional daily intake of one **Marinox® Omega 3 1000 mg Sea Fish Oil Premium** capsule is recommended.

Nutrition Information		
	Per 100 g	Per Capsule
Energy	1708 kJ/407 kcal	9 kJ/2 kcal
Fat	1.4 g	<0.1 g
- of which saturates	1.3 g	<0.1 g
Carbohydrate	94.6 g	0.5 g
- of which sugars	5.5 g	<0.1 g
Protein	2.8 g	<0.1 g
Salt	<0.1 g	<0.1 g
Probiotic strains	10^{12} CFU ¹	5×10^9 CFU ¹
(Lactobacillus helveticus, Lactobacillus rhamnosus, Lactobacillus lactis, Bifidobacterium breve, Bifidobacterium bifidum, Bifidobacterium longum)		

¹ CFU: colony-forming units



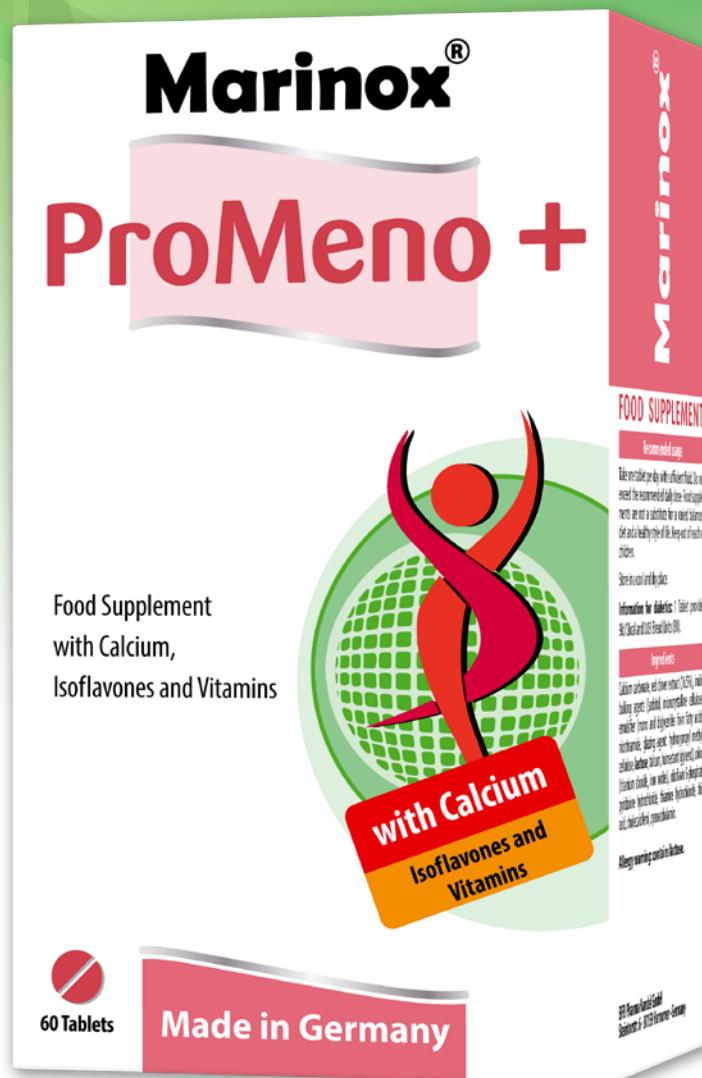
Marinox® Probiotic Ultra

Food Supplement with 6 Probiotic Strains

Unlike regular yoghurt bacteria, probiotic lactobacilli and bifidobacteria are more resistant to gastric acid and can therefore reach the intestine after oral intake where they can colonize and inhibit undesired bacteria. With a surface area of approximately 400 m^2 , the intestine is considered the largest immune organ in the body. This is why it might be sensible to strengthen the intestinal flora with probiotics. Through a regular intake, positive effects can be expected. Taking one capsule of **Marinox® Probiotic Ultra** supplement daily provides the recommended daily dose of probiotic bacteria (according to The German Society for Mucosal Immunology and Microbiome e.V.).

Nutrition Information			
	Per 100 g	Per Tablet	NRV*
Energy	619 kJ/148 kcal	9 kJ/2 kcal	
Fat	4.5 g	< 0.1 g	
- of which saturates	2 g	< 0.1 g	
Carbohydrate	21 g	0.3 g	
- of which sugars	1.1 g	< 0.1 g	
Protein	1.7 g	< 0.1 g	
Salt	0.2 g	< 0.1 g	
Red Clover Extract	16667 mg	250 mg	**
- of which isoflavones	3333 mg	50 mg	**
Calcium	16667 mg	250 mg	31%
Vitamin B1	140 mg	2.1 mg	191%
Vitamin B2	180 mg	2.7 mg	193%
Vitamin B6	180 mg	2.7 mg	193%
Vitamin B12	67 µg	1 µg	40%
Folic acid	33333 µg	500 µg	250%
Niacin	1800 mg	27 mg	169%
Vitamin D3	333 µg	5 µg	100%

* NRV= Nutrient Reference Values based on Regulation (EU) No 1169/2011
** No recommendations available



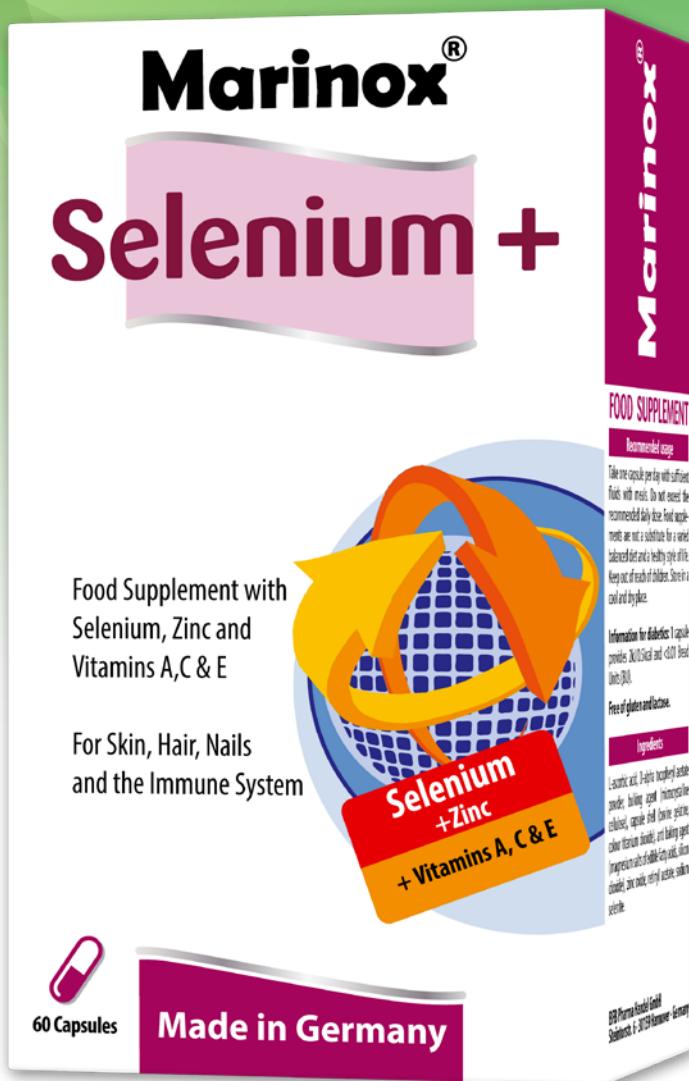
Marinox® ProMeno +

Food Supplement with Calcium, Isoflavones and Vitamins

A varied and well balanced diet combined with a healthy style of life is important to supply your body with sufficient nutrients. Calcium is needed for the maintenance of normal bones and contributes to normal muscle function. Vitamin D contributes to normal absorption and utilisation of calcium. Vitamin D and Vitamin B12 contribute to normal function of the immune system. Vitamin B12 also contributes to normal energy-yielding metabolism and normal psychological function. **Marinox® ProMeno +** contains folic acid and niacin, which contribute to the reduction of tiredness and fatigue. Niacin contributes to the maintenance of normal skin.

Nutrition Information			
	Per 100 g	Per Capsule	NRV*
Energy	413 kJ/98 kcal	2 kJ/0.5 kcal	
Fat	4.5 g	0.02 g	
-of which saturates	2.4 g	0.01 g	
Carbohydrate	0.4 g	<0.01 g	
-of which sugars	0.4 g	<0.01 g	
Protein	14.1 g	0.06 g	
Salt	<0.01 g	<0.01 g	
Vitamin C	24410 mg	104 mg	130%
Vitamin E	6570 mg	28 mg	231%
Zinc	1878 mg	8 mg	80%
Vitamin A	72230 µg	308 µg	39%
Selenium	12910 µg	55 µg	100%

* NRV = Nutrient Reference Values based on Regulation EU) No 1169/2011



Marinox® Selenium +

Food Supplement with Selenium, Zinc and Vitamins A, C & E

For Skin, Hair, Nails and the Immune System. Selenium is an important trace element for metabolism. Vitamin C and E as well as zinc and selenium help to protect cells from oxidative stress. Selenium, Vitamin C and zinc together with Vitamin A contribute to a normal function of the immune system. Vitamin A contributes to the maintenance of normal mucous membranes and to the maintenance of normal vision. Zinc contributes to the maintenance of normal hair, and together with selenium, they contribute to maintain normal skin and normal nails. Vitamin C contributes to normal collagen production for normal function of the skin.

Nutrition Information			
	Per 100 g	Per Capsule	NRV/*
Energy	712 kJ/170 kcal	2 kJ/1 kcal	
Fat	2.3 g	<0.1 g	
- of which saturates	2 g	<0.1 g	
Carbohydrate	22.4 g	0.1 g	
- of which sugars	1 g	<0.01 g	
Protein	14.4 g	<0.1 g	
Salt	<0.1 g	<0.01 g	
Zinc	3861 mg	10 mg	100%
Vitamin C	32046 mg	83 mg	104%
Niacin	6178 mg	16 mg	100%
Vitamin B1	425 mg	1.1 mg	100%
Vitamin B6	541 mg	1.4 mg	100%
Vitamin B2	541 mg	1.4 mg	100%
Pantothenic acid	2317 mg	6 mg	100%
Folic acid	77220 µg	200 µg	100%
Biotin	19305 µg	50 µg	100%
Vitamin B12	618 µg	1.6 µg	64%

*NRV=Nutrient Reference Values based on Regulation (EU) No 1169/2011



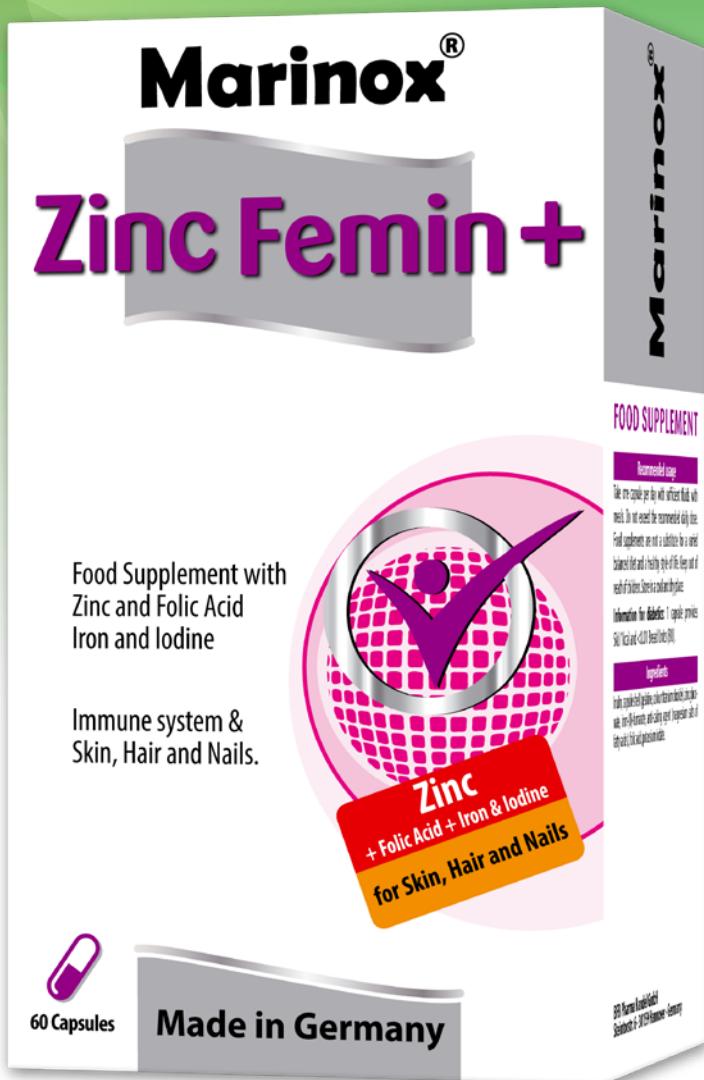
Marinox® Zinc +

Food Supplement with Zinc, B Vitamins and Vitamin C

The present fast moving age often has an unfavourable impact on our feeding habits and might lead sometimes to eating a non-balanced diet. A varied and well-balanced diet will provide our body with sufficient essential nutrients. Marinox® Zinc + provides a special combination of essential micronutrients. Zinc, Vitamin B2 and Vitamin C contribute to protecting cells against oxidative stress. Zinc, Vitamin C together with folic acid, Vitamin B6 and B12 contribute to the normal function of the immune system. Niacin and folic acid contribute to the reduction of tiredness and fatigue. Zinc and Biotin contribute to the maintenance of normal skin and hair. Zinc contributes to the maintenance of normal nails.

Nutrition Information			
	Per 100 g	Per Capsule	
Energy	1023 kJ/244 kcal	5 kJ/1 kcal	NRV*
Fat	1 g	<0.1 g	
- of which saturates	1 g	<0.1 g	
Carbohydrate	11.3 g	<0.1 g	
- of which sugars	4.5 g	<0.1 g	
Protein	18.8 g	0.1 g	
Salt	<0.1 g	<0.01 g	
Zinc	1111 mg	5.0 mg	50 %
Iron	1111 mg	5.0 mg	35 %
Folic acid	44444 µg	200 µg	100 %
Iodine	22222 µg	100 µg	66 %

* NRV= Nutrient Reference Values based on Regulation (EU) No 1169/2011



Marinox® Zinc Femin +

Food Supplement with Zinc and Folic Acid, Iron and Iodine

Zinc, folic acid, iron and iodine are essential micronutrients for human health. Zinc is a component of many body enzymes. It contributes to the normal function of the immune system and to the maintenance of normal skin, hair and nails. Iron contributes to normal formation of red blood cells and haemoglobin and to normal oxygen transport in the body. Folic acid has a role in the process of normal cell division and contributes to normal blood formation. It contributes to maternal tissue growth during pregnancy. Iodine contributes to the normal production of thyroid hormones and normal thyroid function, as well as to maintenance of normal skin.

Marinox®

Juices • Drops
Syrups • Concentrate



Nutrition Information per 7.5ml (3x2.5ml)	
Energy	105kJ/25kcal
Fat	<0.1 g
- of which unsaturated fatty acids	<0.1 g
Carbohydrate	6.2 g
- of which sugar	6.2 g
Protein	0 g
Salt	<0.1 g
Bitter fennel oil 0,1%	9 mg

Servings Per Container: 26

Amount per 7.5ml: **Bitter Fennel Oil 9mg**



Marinox® Bitter Fennel with Honey Cough & Cold Syrup

Food Supplement with bitter fennel oil

Not only in the cold season children are particularly affected by colds of the upper respiratory tract, which can lead to the formation of viscous mucus. Marinox® Bitter Fennel with Honey Cough & Cold Syrup contains the mucolytic fennel oil from the fruits of the fennel (*Foeniculum vulgare*).

Nutrition Information / Nährwerte		
	per/pro 20 ml	NRV*
Vitamin C	120 mg	150%
Vitamin K	75 µg	100%
Vitamin D	12.5 µg	250%
Calcium	320 mg	40%
Collagen / Kollagen	5000 mg	**

* NRV: Nutrition Reference Value based on Regulation (EU) 1169/2011

* Nährstoffreferenzwerte gemäß Lebensmittelinformationsverordnung (EU) 1169/2011

** no reference value available

** keine Referenzmenge angegeben



Marinox® Collagen Osteo Plus Drink

Food Supplement with collagen, calcium and vitamins

The pleasant fruity tasting **Marinox® Collagen Osteo Drink** contains an innovative triple combination of calcium with vitamins D3 and K2 together with a special, concentrated collagen, which can easily be absorbed by the body, and vitamin C. Calcium is needed for maintenance of normal bones and the vitamins D and K contribute to maintenance of normal bones. Vitamin C contributes to normal collagen formation for the normal function of skin, bones and cartilage

Nutrition Information	
	per 2.5 ml
Energy	12kJ/3kcal
Fat	<0.01 g
- of which saturated fatty acids	<0.01 g
Carbohydrate	1.2 g
- of which sugars	<0.1 g
Protein	0 g
Salt	<0.01 g
Ivy leaves dry extract	20 mg



Marinox® Ivy Cough Syrup

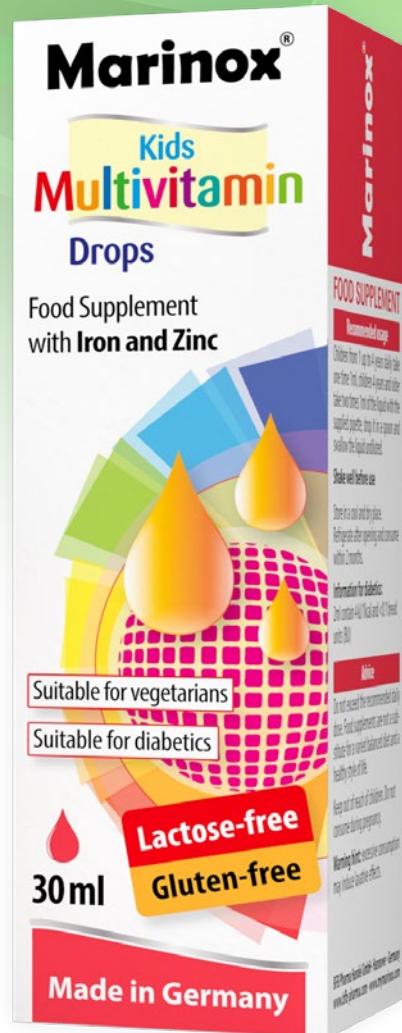
Food Supplement with ivy herb extract

Marinox® Ivy Cough Syrup can be used for relieving complaints in case of chronic-inflammatory bronchial diseases and acute inflammatories of the respiratory tract associated with cough and common cold.

	per 2 ml	NRV*
Vitamin C	32 mg	40%
Vitamin B1	0.44 mg	40%
Vitamin B2	0.56 mg	40%
Niacin	6.40 mg	40%
Vitamin B5	2.40 mg	40%
Vitamin B6	0.56 mg	40%
Vitamin B12	1 µg	40%
Folic acid	120 µg	60%
Biotin	20 µg	40%
Vitamin A	720 µg	90%
Vitamin D	15 µg	300%
Vitamin E	5.28 mg	44%
Zinc	3.00 mg	30%
Iron	4.20 mg	30%
Lysine	20.00 mg	**

* Nutrient Reference Values based on Regulation (EU) 1169/2011

** no recommendation available



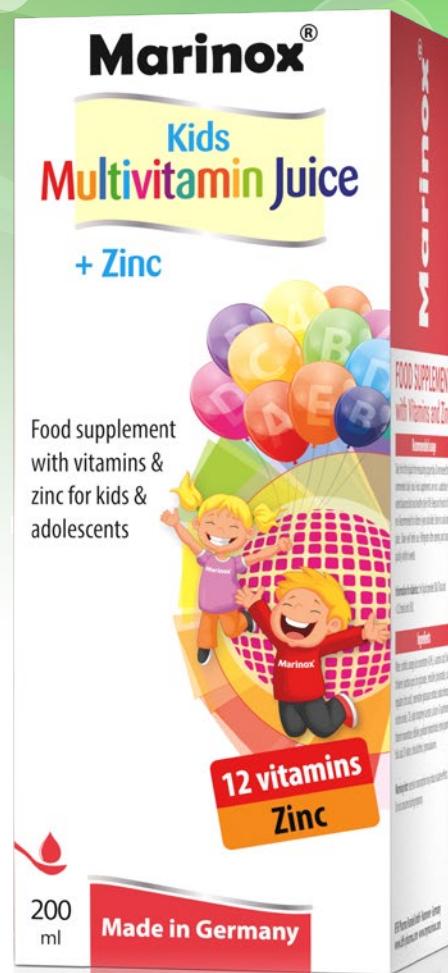
Marinox® Kids Multivitamin Drops

Food Supplement with Iron and Zinc

For the development and child's growth, a healthy and balanced diet is very important. The well orange tasting **Marinox® Kids Multivitamin Drops** with zinc and iron with their particular balanced formula of micronutrients are suited for this age group for supplementation of the daily diet. Zinc contributes to the normal function of the immune system. Iron contributes to normal formation of red blood cells and haemoglobin, folic acid to normal blood formation. Vitamin D is needed for normal growth and development of bone in children. Biotin and the B vitamins B1, B2, B6, Niacin and pantothenic acid contribute to normal energy-yielding metabolism.

Nutrition Information			
	pro 100ml	pro 5ml	NRV*
Energy	595kJ/140kcal	30kJ/7kcal	
Fat	<0.1 g	<0.01 g	
-of which saturates	<0.1 g	<0.01 g	
Carbohydrate	33 g	1.7 g	
-of which sugars	1.6 g	<0.1 g	
Protein	0.12 g	<0.01 g	
Salt	<0.1 g	<0.01 g	
Vitamin C	1200 mg	60 mg	75%
Niacin	160 mg	8 mg	50%
Vitamin E	200 mg	10 mg	83%
Pantothenic acid	84 mg	4.2 mg	70%
Vitamin B 1	30.8 mg	1.54 mg	140%
Vitamin B 2	16.8 mg	0.84 mg	60%
Vitamin B 6	40.6 mg	2.03 mg	145%
Vitamin B 12	30 µg	1.5 µg	60%
Folic acid	6000 µg	300 µg	150%
Biotin	200 µg	10 µg	20%
Vitamin A	9000 µg	450 µg	56%
Vitamin D	200 µg	10 µg	200%
Zinc	100 mg	5 mg	50%

* NRV: Nutrient Reference Values based on Regulation (EU) 1169/2011



Marinox® Kids Multivitamin Juice + Zinc

Food Supplement with Vitamins & Zinc for Kids & Adolescents

The tasty Marinox® Kids Multivitamin Juice + Zinc contains a balanced and age-appropriate combination of vitamins with the trace element zinc and Vitamin D. Vitamin D is needed for normal growth and development of bones in children. Zinc contributes to the normal function of the immune system. Biotin and the B vitamins B1, B2, B6, Niacin and pantothenic acid contribute to normal energy-yielding metabolism. Folic acid contributes to normal blood formation.

Nutrition Information / Nährwerte		
	per/pro 5ml	NRV*
Omega-3 fatty acids/Fettsäuren	1060 mg	**
of which/davon EPA	380 mg	**
of which/davon DHA	500 mg	**
Vitamin E	6 mg	50 %
Vitamin A	480 µg	60 %
Vitamin K	40 µg	50 %
Vitamin D	10 µg	200 %

* NRV: Nutrition Reference Value based on Regulation (EU) 1169/2011

* Nährstoffreferenzwerte gemäß Lebensmittelinformationsverordnung (EU) 1169/2011

** no reference value available

** keine Referenzmenge angegeben



Marinox® Omega 3 Plus Concentrate

Food Supplement with Omega-3 and vitamins

HIGH CONTENT OF OMEGA-3 FATTY ACIDS

Our bodies are unable to produce Omega-3 polyunsaturated fatty acids. Therefore they have to be provided in sufficient amounts through a well-balanced diet. However, this does not always succeed. **Marinox® Omega-3 Plus Concentrate** contains concentrated Omega-3 fatty acids in high purity. EPA and DHA contribute to normal heart function*. DHA contributes to normal brain function and like vitamin A to the maintenance of normal vision.** Vitamin D contributes to normal function of the immune system.

*,** see leaflet

Nutrition Information			
	pro 100ml	pro 10ml**	NRV*
Energy	1190kJ/285kcal	120kJ/29kcal	
Fat	21 g	2.1 g	
-of which saturates	6.1 g	0.6 g	
-of which mono-unsaturates	5.4 g	0.5 g	
-of which polyunsaturates	8.8 g	0.9 g	
-of which EPA	3.8 g	0.38 g	
-of which DHA	2.5 g	0.25 g	
Carbohydrate	30.0 g	3.0 g	
-of which sugars	<0.1 g	<0.01 g	
Protein	<0.1 g	<0.01 g	
Salt	<0.01 g	<0.01 g	
Vitamin E	60 mg	6 mg	50%
Vitamin A	2400 µg	240 µg	30%
Vitamin K	300 µg	30 µg	40%
Vitamin D	25 µg	2.5 µg	50%

* NRV: Nutrient Reference Values based on Regulation (EU) 1169/2011

** recommended for children older than 6 years and adults



Marinox® Omega 3 Juice for Kids

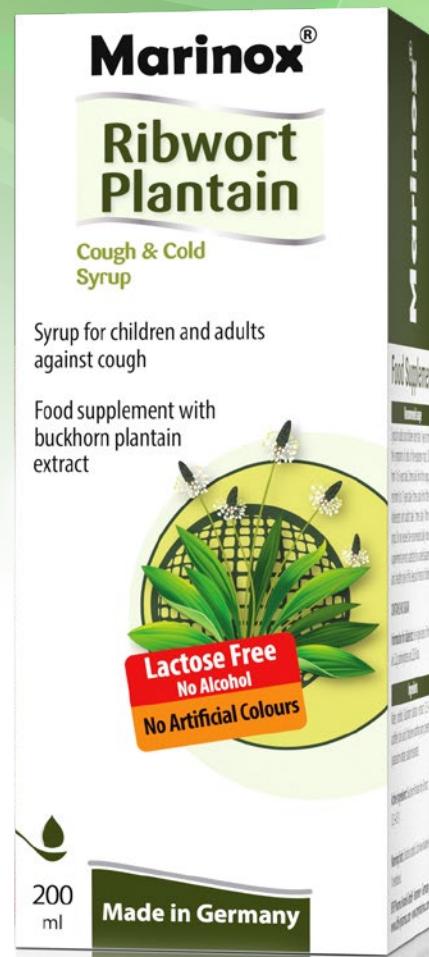
Food Supplement with 700mg Omega-3 From Purified Fish Oil

The fruity and mango tasting **Marinox® Omega-3 Juice for Kids** contains a balanced and age-appropriate combination of the vitamins A, D, E, K with a premium grade of Sea fish oil, which is obtained from sustainable fishery. Vitamin D is needed for normal growth and development of bone in children and contributes to normal function of the immune system. Vitamin K contributes to maintenance of normal bones. Vitamin E contributes to protect cells from oxidative stress. DHA contributes to maintenance of the normal brain function and together with vitamin A to the maintenance of normal vision*. EPA and DHA contribute to normal heart function**.

* The beneficial effect is obtained with a daily intake of 250 mg of DHA.

** The beneficial effect is obtained with a daily intake of 250mg of EPA and DHA.

Supplement facts	
	per 20 ml
Energy	72kJ/17kcal
Fat	0 g
- of which unsaturated fatty acids	0 g
Carbohydrate	6.2 g
- of which sugar	<0.1 g
Protein	0 g
Salt	<0.1 g
Ribwort plantain dry extract	0.55 g



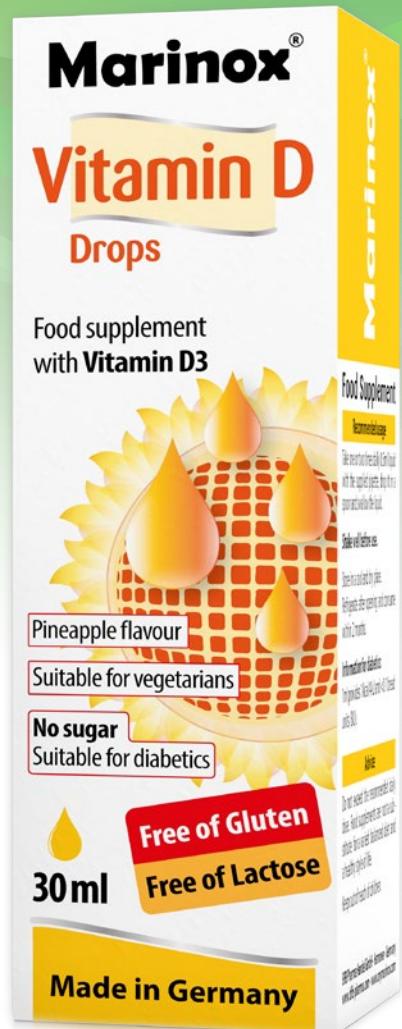
Marinox® Ribwort Plantain Cough & Cold Syrup

Food Supplement with buckhorn extract

The beneficial effects of plantain have been known since antiquity. Plantain is a rich source of tannins, with a beneficial effect on the inflammation and irritation of the mucous membranes of the respiratory tract; it relieves dry, irritant cough and hoarseness.

Nutrition Information		
	per 0.5 ml	NRV*
Vitamin D	10µg	200%
	per 1 ml (2 x 0.5ml)	NRV*
Vitamin D	20µg	400%

* Nutrient Reference Values based on Regulation (EU) 1169/2011



Marinox® Vitamin D Drops

Food Supplement with Vitamin D3

Vitamin D- the “Sunshine-vitamin” it is scientifically proven that Vitamin D contributes to a normal function of the immune system, the maintenance of normal bones and muscle function. With sufficient sunlight exposure, the body is able to produce vitamin D in adequate quantities. However, if this exposure is too low, i.e. in the months of autumn and winter (Central Europe), endogenous production of vitamin D may be insufficient. The body's own production may also be declining when getting older. The German Nutrition Society (DGE) therefore recommends in the absence of endogenous vitamin D production 20 micrograms (800 IU) per day.

Nutrition Information		
	per 10 ml	NRV*
Zinc	12 mg	120%
Vitamin C	60 mg	75%
Vitamin B1	1.1 mg	100%
Vitamin B2	1.4 mg	100%
Niacin	16 mg	100%
Vitamin B5	6 mg	100%
Vitamin B6	1.4 mg	100%
Vitamin B12	2.5 µg	100%
Folic acid	200 µg	100%
Vitamin A	448 µg	56%
Vitamin D	10 µg	200%

* Nutrient Reference Values based on Regulation (EU) 1169/2011



Marinox® Zinc Plus Juice

Food Supplement with Zinc and Vitamins

The well fruity orange tasting **Marinox® Zinc Plus Juice** contains a carefully selected and balanced combination of micronutrients. Zinc, Vitamin B2 and Vitamin C contribute to the protection of cells from oxidative stress. Zinc, vitamin C, vitamin A and D together with folic acid, vitamin B6 and B12 contribute to a normal function of the immune system. Niacin and folic acid contribute to the reduction of tiredness and fatigue. Folic acid contributes also to normal formation of blood. Zinc and biotin as well as vitamin A contribute to maintenance of normal skin and hair. Zinc contributes to the maintenance of normal nails. Vitamin A contributes to the maintenance of normal vision. The vitamin B complex (vitamin B1, B2, B3, B6, B12) in all contributes to a normal energy-yielding metabolism.

Marinox®

COSMETICS



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Experience the regenerating power of valuable natural pearls and caviar essences

Your skin becomes perceptibly smoother and softer

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Indulge your skin with the luxurious **Marinox® Caviar Cream**

Marinox® Caviar Cream provides a long-lasting moisture to your skin

With the cell protection **VITAMIN E**



Q10 Cream

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Selected oils from hemp and sun flower with vitamin E care and protect your skin

Little wrinkles and lines will be reduced by Tripeptid-1

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**YOUR FEET FEEL SOFT AND SMOOTH
AGAIN**

