

# AGs Healthy Foods

| S.No | Product Name                  | Pack Name   | Weight | Protein Intake | Available Day  | Time                         | Single Order | Weekly Subscription | Monthly Subscription |
|------|-------------------------------|-------------|--------|----------------|----------------|------------------------------|--------------|---------------------|----------------------|
| 1    | Moong Sprouts Salad           | Trail Pack  | 50g    | 4g             | Monday         | Evening<br>04.30pm - 06.00pm | ₹25          | ₹143                | ₹540                 |
| 2    |                               | Normal Pack | 75g    | 6g             |                |                              | ₹40          | ₹228                | ₹864                 |
| 3    |                               | Meal Pack   | 100g   | 8g             |                |                              | ₹50          | ₹285                | ₹1,080               |
| 4    | Multigrain Sprouts Salad      | Trail Pack  | 50g    | 4g             | Tuesday        | Evening<br>04.30pm - 06.00pm | ₹25          | ₹143                | ₹540                 |
| 5    |                               | Normal Pack | 75g    | 6g             |                |                              | ₹40          | ₹228                | ₹864                 |
| 6    |                               | Meal Pack   | 100g   | 8g             |                |                              | ₹50          | ₹285                | ₹1,080               |
| 7    | Chana Sprouts Salad           | Trail Pack  | 50g    | 4g             | Wednesday      | Evening<br>04.30pm - 06.00pm | ₹25          | ₹143                | ₹540                 |
| 8    |                               | Normal Pack | 75g    | 6g             |                |                              | ₹40          | ₹228                | ₹864                 |
| 9    |                               | Meal Pack   | 100g   | 8g             |                |                              | ₹50          | ₹285                | ₹1,080               |
| 10   | Green Chickpeas Sprouts Salad | Trail Pack  | 50g    | 4g             | Thursday       | Evening<br>04.30pm - 06.00pm | ₹25          | ₹143                | ₹540                 |
| 11   |                               | Normal Pack | 75g    | 6g             |                |                              | ₹40          | ₹228                | ₹864                 |
| 12   |                               | Meal Pack   | 100g   | 8g             |                |                              | ₹50          | ₹285                | ₹1,080               |
| 13   | Kidney Beans Sprouts Salad    | Trail Pack  | 50g    | 4g             | Friday         | Evening<br>04.30pm - 06.00pm | ₹25          | ₹143                | ₹540                 |
| 14   |                               | Normal Pack | 75g    | 6g             |                |                              | ₹40          | ₹228                | ₹864                 |
| 15   |                               | Meal Pack   | 100g   | 8g             |                |                              | ₹50          | ₹285                | ₹1,080               |
| 16   | Multigrain Sprouts Salad      | Trail Pack  | 50g    | 4g             | Saturday       | Evening<br>04.30pm - 06.00pm | ₹25          | ₹143                | ₹540                 |
| 17   |                               | Normal Pack | 75g    | 6g             |                |                              | ₹40          | ₹228                | ₹864                 |
| 18   |                               | Meal Pack   | 100g   | 8g             |                |                              | ₹50          | ₹285                | ₹1,080               |
| 19   | 24 Hrs Soaked Groundnut Salad | Normal Pack | 100g   | 26g            | Tues, Thu, Sat | Morning<br>07.00 am- 8.30am  | ₹50          | ₹285                | ₹1,080               |
| 20   | 24 Hrs Soaked Badam Salad     | Normal Pack | 100g   | 22g            | Mon, Wed, Fri  | Morning<br>07.00 am- 8.30am  | ₹100         | ₹570                | ₹2,160               |
| 21   | Egg Salad                     | Normal Pack | 3 Eggs | 18g            | Mon - Sat      | Evening<br>04.30pm - 06.00pm | ₹50          | ₹285                | ₹1,080               |
| 22   | Egg Salad                     | Meal Pack   | 5 Eggs | 30g            | Mon - Sat      | Evening<br>04.30pm - 06.00pm | ₹75          | ₹428                | ₹1,620               |
| 23   | Italian Omelette              | Meal Pack   | 2 Eggs | 12g            | Wed Only       | Evening<br>04.30pm - 06.00pm | ₹40          | ₹228                | ₹864                 |
| 24   | Chicken Salad                 | Trail Pack  | 50g    | 14g            | Mon - Sat      | Evening<br>04.30pm - 06.00pm | ₹30          | ₹171                | ₹648                 |
| 25   | Chicken Salad                 | Normal Pack | 75g    | 21g            | Mon - Sat      | Evening<br>04.30pm - 06.00pm | ₹50          | ₹285                | ₹1,080               |
| 26   | Chicken Salad                 | Meal Pack   | 150g   | 42g            | Mon - Sat      | Evening<br>04.30pm - 06.00pm | ₹100         | ₹570                | ₹2,160               |