



The Science Behind Performance

Empowering Athletes Through Data-Driven Performance Solutions

Proud
Exhibitor
at FIBO,
Germany

120
84
70
PULSE /min
4/5 7:45AM



WHO WE ARE

Founded in 2017, KridaShastra is a Pune-based sports science company dedicated to identifying and nurturing India's next generation of athletes. We provide cutting-edge sports science equipment and assessment solutions to schools, academies, and elite teams across the country.

From force plates to motion capture systems, our tools help transform raw potential into world-class performance.

OUR VISION

To revolutionize India's athletic training ecosystem through science-backed solutions and become Asia's leading sports science company by 2030.

OUR MISSION

To enhance sports performance and talent development by providing innovative tools, scientific assessments, and training solutions for athletes, coaches, and institutions.

OUR TRUSTED CLIENTS

Sports Authority of India
Indian Olympic Association
2000+ Schools Across India
National & State Sports Bodies



OUR OFFERINGS

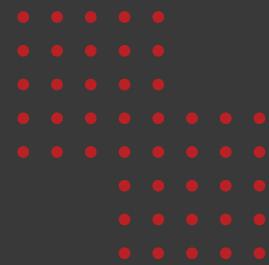


- **Sports Performance Analysis**
 - Motion Capture Systems: Track every movement with biomechanical precision.
 - Biomechanics Evaluation: Improve form, reduce injury risk, and optimize technique.
 - Posture & Gait Analysis: Comprehensive analysis for rehab and mobility enhancement.
- **Athlete Training Programs**
 - Personalized Routines: Tailored to sport-specific needs using real-time data.
 - Strength & Conditioning: Elite programs for performance and injury prevention.
 - Recovery & Rehabilitation: Science-led programs for faster, safer athlete recovery.
- **Sports Technology Solutions**
 - Wearable Sensor Integration: Live performance data, fatigue monitoring, injury prediction.
 - Data Analytics for Teams: Performance tracking dashboards and predictive insights.
 - Real-Time Feedback Systems: Immediate, actionable data for athletes and coaches.
- **Consultations & Workshops**

Delivered to schools, academies, and professional teams.

Covering talent identification, testing, and coaching.





TESTIMONIALS

"KridaShastra helped us modernize our athlete labs—game changer!"

— Lakshmibai National College of Physical Education

"The motion capture system gave our athletes a 12% performance boost in 3 months."

— Indian Hockey Team Coach

"Top-notch service and scientific accuracy!"

— National Institute of Sports



CONTACT US



www.kridasashtra.com



+91 9921404239



Pune, Maharashtra



Irfan@kridasashtra.com

