```yaml
apiVersion: apps/v1
kind: Deployment
metadata:
  name: helloworld-deployment
  namespace: mynamespace
  labels:
    app: nginx-ssl
spec:
  replicas: 3
  selector:
    matchLabels:
      app: nginx-ssl
  template:
    metadata:
      labels:
        app: nginx-ssl
    spec:
      containers:
      - name: k8s-demo
        image: nginx:1.16
        ports:
        - name: nginxssl-port
          containerPort: 8081
        resources:
          requests:
            cpu: 200m
            memory: 0.5Gi
          limits:
            cpu: 400m
            memory: 1Gi
```