COVID-19 Watch Enrollment Instructions

SMS text-based symptom tracking for people self monitoring at home.

The program checks-in with patients **twice a day** via automated SMS text, assessing predominantly for symptoms of dyspnea. Patients reporting **worsening** dyspnea are called by an RN or MD for evaluation within an hour, with subsequent referral to (1) the ED, (2) urgent telemedicine evaluation by on-call MD or Penn Medicine OnDemand, or (3) referral back to their PCP or usual source of care for non-urgent evaluation. Patients can remain in the program for up to 21 days and can opt out at any time. A

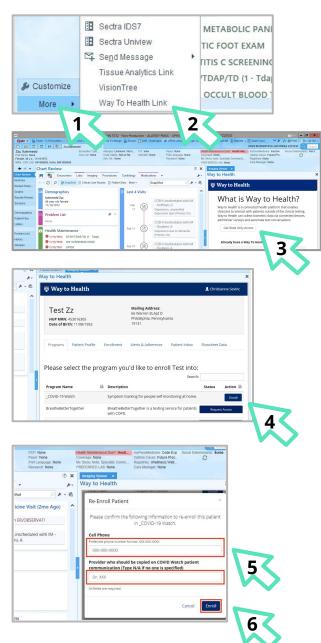
- 1. From patient chart, click "More."
- 2. Click **"Way to Health Link"**. Way to Health will show up as an embed.
- If this is the first time accessing, click "Get Read Only Access."
 You do not need to login. (this step is only required one time)

Get Read Only Access

- 4. Click **"Enroll"** next to "COVID-19 WATCH."
- 5. **Verify** the patient's mobile phone number to receive texts. Update if needed.

Ask if there is a Penn Medicine provider who should be sent updates while enrolled in program. **Fill** in or enter **N/A**.

6. Click "Enroll."



FINAL STEP

Once **"Enroll"** is clicked, ensure patient receives initial text within 1-2 min. **PATIENT** responds **Y** via text <u>before</u> discharge. **PROVIDER** documents **.covidwatchenroll**