**My Daily Thoughts**

I **get-up** and **think great thoughts**, **consciously, at the right time, daily** **that make me and my life.**

1. I get-up as soon as I am awake
2. I am fresh through-out the day, every day.
3. I exercise daily (run/suryanamaskar/weight exercise alternately)
4. I write code (Scala, Javascript ES6, React & Redux, SQL & Unix commands and bash script, Hadoop with spark code) after my thoughts practice, daily at home
5. I understand and apply functional programming very well. I think everything as a function. Input => Process => Output
6. I sleep only when I need sleep. I sleep well.
7. God is in everyone and also in myself. God guides me. I trust fully.
8. I trust my body. It knows how to be good always and corrects itself when needed
9. I live happily, peacefully, with love, humbleness, patience, sincerity, truthfulness, deep faith, every moment, every day
10. I ask for help, my family, friends, teammates happily
11. I happily help my family, friends and teammates
12. I think through these thoughts and carefully add new/modify.