Benefits of participation: Participants have an opportunity to experience research first-hand and learn about the role of sleep and other behavioral states in memory formation and optimal cognitive functioning.

Confidentiality of information and data: Each participant is assigned a unique code and data collected during the experiment are only linked to this code. All information and data are kept in a secure space at Queen's University (locked office and lab space; password-protected computers) and are only accessible to the principal and co-investigator(s). For the purposes of any written theses, conference presentations, and scientific publications, only aggregate data are presented. Data are kept for five years following the publication of the study results in a scientific journal. Subsequently, all data and other files are deleted (from computers) or shredded.

Ethics clearance: This study has been granted clearance by the Queen's University General Research Ethics Board, according to the recommended principles of Canadian ethics guidelines, and Queen's policies.

Questions or concerns regarding this project: Questions regarding this lab can be addressed to:

Dr. Hans C. Dringenberg Principal Investigator Phone: 613-533-6215

E-mail: dringenb@queensu.ca

Any ethical concerns about the study may be directed to the Chair of the General Research Ethics Board at:

E-mail: Chair.GREB@queensu.ca Phone: 613-533-2988, ext. 32988

I understand that my consent to participate in this study does not waive any of my legal rights as an individual residing in Canada.

Signature:	
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Date:	