

September 14, 2018

Dr. Hans Dringenberg Professor Department of Psychology Queen's University Humphrey Hall Kingston, ON, K7L 3N6

Dear Dr. Dringenberg:

GREB TRAQ #: 6019212

 $\begin{tabular}{ll} Title: "GPSYC-779-16 The role of napping, meditation, and relaxation on memory consolidation in humans" \\ \end{tabular}$

The General Research Ethics Board (GREB) has reviewed and cleared your request for renewal of ethics clearance for the above-named study. This renewal is valid for one year from September 30, 2018. Prior to the next renewal date, you will be sent a reminder memo and the link to ROMEO to renew for another year. You are reminded of your obligation to submit an Annual Renewal/Closure Form prior to the annual renewal due date (access this form at http://www.queensu.ca/traq/signon.html/; click on "Events;" under "Create New Event" click on "General Research Ethics Board Annual Renewal/Closure Form for Cleared Studies"). Please note that when your research project is completed, you need to submit an Annual Renewal/Completed Form in Romeo/traq indicating that the project is 'completed' so that the file can be closed. This should be submitted at the time of completion; there is no need to wait until the annual renewal due date.

You are reminded of your obligation to advise the GREB of any adverse event(s) that occur during this one-year period. An adverse event includes, but is not limited to, a complaint, a change or unexpected event that alters the level of risk for the researcher or participants or situation that requires a substantial change in approach to a participant(s). You are also advised that all adverse events must be reported to the GREB within 48 hours. To submit an adverse event report, access the application at http://www.queensu.ca/traq/signon.html/; click on "Events;" under "Create New Event" click on "General Research Ethics Board Adverse Event Form."

You are also reminded, that all changes that might affect human participants must be cleared by the GREB. For example, you must report changes in study procedures or implementation of new aspects into the study procedures. Your request for protocol changes will be forwarded to the appropriate GREB reviewers and/or the GREB Chair. To submit an amendment form, access the application at http://www.queensu.ca/traq/signon.html; click on "Events;" under "Create New Event" click on "General Research Ethics Board Request for the Amendment of Approved Studies."

On behalf of the General Research Ethics Board, I wish you continued success in your research.

Yours sincerely,

Dean Tripp, Ph.D.

Chair, General Research Ethics Board

c.: Ms. Asvini Kulanayagam and Mr. Mohammad Dastgheib, Co-investigators Dr. Leandre Fabrigar, Chair, Unit REB