# **CURRICULUM VITAE**



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## APPLY FOR THE POST: - PGT PHYSICAL EDUCATION

• COACHING/TRAINING IN SPECIALIZATION GAMES:- FOOTBALL AND KABADDI

• <u>COACHING/TRAINING SECONDARY GAMES</u>: - ATHLETICS, KHO -KHO, VOLLEYBALL, BADMINTON

### **CAREER OBJECTIVE: -**

To secure a position of a Physical Education Teacher in an eminent school where I can employ all my skills for the benefit of the school.

## **ACADEMIC QUALIFICATIONS: -**

Course	Board/ University	Location	Year of Completion	Percentage of marks
High school	U.P Board	AGRA	2010	61%
Intermediate	U.P Board	AGRA	2013	65%
Bachelor in science (B.Sc)	DBRAU	AGRA	2016	50%

### PROFESSIONAL QUALIFICATIONS: -

Course	Board/ University	Location	Year of Completion	Percentage of marks
Bachelor in physical education (B.P.ED)	DBRAU	AGRA	2019	7.1CGPA
Master in physical education (M.P.ED)	DAV University	Jalandhar (Punjab)	2022	7.8 CGPA

## Extra Qualifications & Co-Curricular Activities: -

- Certificate in Health and fitness management (gym trainer) of six month duration
- Workshop and seminar certificate in yoga
- NSS C certificate (participate with Two Seven days camp)

## **WORK EXPERIENCE: -**

## St. Andrews public school, Kamla Nagar, Agra

Duration: - one year (7 August 2019 to 23 August 2020)

Post:- Physical education teacher and coach (football & Kabaddi)

- Under the guidance training/coaching period school Kabaddi team secure 2<sup>nd</sup> runner up title in APSA school games 2019
- In Agra moon school Olympic games 2019 school kabaddi u-14 team win 2<sup>nd</sup> runner up title
- Taught the subject of physical education in class 11<sup>th</sup> and 12<sup>th</sup>
- Prepared lesson classes for football and volleyball skills sessions.
- Organized and performed all physical educational activities.

## Hillman public school, Ladamda, Bichpuri, Agra

Duration:- one month ( 4 April to 30 April)

Post :- PGT physical education (Trainee)

- Complete Training/Teaching Internship duration of one month
- Taught the subject of physical education in class 11 and class 12
- Students were trained in Volleyball and Kho -kho games

#### **ACHIEVEMENTS AND AWARDS: -**

- 1st position in inter college football tournament 2015
- Participate in senior state Kabaddi tournament in 2021
- 2nd position in inter University Kabaddi tournament
- Participate in North zone Kabaddi tournament
- Participate in North zone football tournament

#### SKILLS: -

- 1-Sound knowledge of physical fitness and human anatomy.
- 2-exercises and practice sessions.
- 3-Proficient at aerobics, weight lifting and yoga.
- 4- Teaching or Training various field of sports
- 5- Good athletic ability and knowledge of the human body.

### **HOBBIES:**

I my sphere time I enjoy outdoor sports activities and play various games. Because these sports keep me fit, challenge my physical limits and strengthen team working skills.

## PERSONAL DETAILS: -

Gender	Male			
Marital Status	Un-married			
Date of Birth	07-08-1994			
Languages Known	English, Hindi			
	House no. 15-16 Tulshi Bagh phase 2			
Permanent Address	Dayal Bagh, Agra- 282005			

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I hereby declare that all the above mentioned information is true and correct to the best of my knowledge and belief.

Date and Place:- ...... Updesh bhadauriya