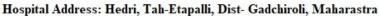


Lloyds Kali Ammal Memorial Hospital लॉयड्स काली अम्माल मेमोरियल हॉस्पिटल

Lloyds Infinite Foundation



Pin Code:- 442704 Phone No :- 9405123224

Patient Reg. No: **Patient Name:**

Gender/Age:

HD0011741

F/30 Y

Mrs. SHIPRA SARKAR

Address: HEDARI - NC - OPD No.:

Mobile No.: **OPD Reg. Date:**

Doctor Name:

OP0026205 6263443680 29-02-2024

Dr. GOPAL ROY

BP	Temp	PR	Weight	Spo2	RBS/FBS
mm/Hg	°C	per min	kg	%	mg/dl

Personal History: TOBACCO PRODUCTS

Diagnosis: APD **Prescription:**

Sr No	Medicine	Type	Dose	Duration (Days)	Frequency	Advice
1	CYRA D	CAP	1 CAP	10	1-0-0	BEFORE FOOD
2	OSTOCALCIUM	TAB	1TAB	10	1-0-0	AFTER FOOD
3	CALPOL	TAB	500MG	3	1-0-1	AFTER FOOD

Suggestion: AVOID TOBACCO PRODUCTS AND ANY OTHER ADDICTIONS, DRINK WARM WATER IN EARLY MORNING EMPTY STOMACH AVOID SPICY AND OILY FOOD DRINK WATER 1 HR AFTER MEAL **REVIEW AFTER 10 DAYS**

REF TO DIETICIAN

Diet : ADVICE: HIGH PROTEIN DIET EAT 2 BOIL EGG PER DAY, WEEKLY 1 TIME NONVEG SOYA PRODUCS PANEER , VEG SOUPS, VEGETABLE, FRUITS SHOULD INCLUDE IN YOUR DIER DRINK ENOUGH WATER 3 TO 4 LITERS PER DAY MENDETRY DIET SHOULD BE FOLLOWED AS PER GIVEN ADVICE

DIETICIAN

MS. SAYALI DURGE

Dr.GOPAL ROY

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