



Lloyds Kali Ammal Memorial Hospital  
लॉयड्स काली अम्माल मेमोरियल हॉस्पिटल  
Lloyds Infinite Foundation



Hospital Address: Hedri, Tah-Etapalli, Dist- Gadchiroli, Maharastra

Pin Code:- 442704 Phone No :- 9405123224

Patient Reg. No : HD0011741 OPD No. : OP0026205  
Patient Name : Mrs. SHIPRA SARKAR Mobile No. : 6263443680  
Gender/Age : F/30 Y OPD Reg. Date : 29-02-2024  
Address : HEDARI - NC - Doctor Name : Dr. GOPAL ROY

BP	Temp	PR	Weight	Spo2	RBS/FBS
mm/Hg	°C	per min	kg	%	mg/dl

Personal History : TOBACCO PRODUCTS

Diagnosis : APD

Prescription:

Sr No	Medicine	Type	Dose	Duration (Days)	Frequency	Advice
1	CYRA D	CAP	1 CAP	10	1-0-0	BEFORE FOOD
2	OSTOCALCIUM	TAB	1TAB	10	1-0-0	AFTER FOOD
3	CALPOL	TAB	500MG	3	1-0-1	AFTER FOOD

**Suggestion :** AVOID TOBACCO PRODUCTS AND ANY OTHER ADDICTIONS,  
DRINK WARM WATER IN EARLY MORNING EMPTY STOMACH  
AVOID SPICY AND OILY FOOD  
DRINK WATER 1 HR AFTER MEAL  
REVIEW AFTER 10 DAYS

REF TO DIETICIAN

**Diet :** ADVICE: HIGH PROTEIN DIET  
EAT 2 BOIL EGG PER DAY, WEEKLY 1 TIME NONVEG  
SOYA PRODUCTS PANEER, VEG SOUPS, VEGETABLE, FRUITS SHOULD INCLUDE IN YOUR DIET  
DRINK ENOUGH WATER 3 TO 4 LITERS PER DAY  
DIET SHOULD BE FOLLOWED AS PER GIVEN ADVICE

DIETICIAN  
MS. SAYALI DURGE

Dr.GOPAL ROY

8739c6d25c608c0797f926f1f5cb403e.jpeg