



Lloyds Kali Ammal Memorial Hospital
लॉयड्स काली अम्माल मेमोरियल हॉस्पिटल
Lloyds Infinite Foundation



Hospital Address: Hedri, Tah-Etapalli, Dist- Gadchiroli, Maharashtra

Pin Code:- 442704 Phone No :- 9405123224

Patient Reg. No : HD009663 **OPD No. :** OP0025980
Patient Name : Mr. JAJULYA MAHANTA **Mobile No. :** 9438806554
Gender/Age : M/40 Y, 1 M **OPD Reg. Date :** 27-02-2024
Address : MING CAMP TL - **Doctor Name :** Dr. GOPAL ROY

BP	Temp	PR	Weight	Spo2	RBS/FBS
140/103 mm/Hg	°C	116 per min	90 kg	%	mg/dl

Diagnosis : HTN

Prescription:

Sr No	Medicine	Type	Dose	Duration (Days)	Frequency	Advice
1	TELMA H	TAB	1TAB	10	1-0-0	AFTER FOOD
2	MET XL	TAB	12.5	10	0-0-1	AFTER FOOD

Suggestion : REF TO DIETICIAN.

EXERCISE: 60 MIN(WALKING)
R/A 7 DAYS

Diet : ADVICE: WEIGHT LOSS DIET
AVOIDE: UNHEALTHY FOOD , SUGARY FOOD, SPICY, SPICES, WHITE FLOUR,
COLD DRINKS, ALCOHOLE, TOBACO.
DRINK 3-4 LITERS WATER PER DAY

DIET SHOULD BE FOLLOWED AS PER GIVEN ADVICE

DIETICIAN
MS. SAYALI DURGE

Dr.GOPAL ROY

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