



Lloyds Kali Ammal Memorial Hospital
लॉयड्स काली अम्माल मेमोरियल हॉस्पिटल
Lloyds Infinite Foundation



Hospital Address: Hedri, Tah-Etapalli, Dist- Gadchiroli, Maharastra

Pin Code:- 442704 Phone No :- 9405123224

Patient Reg. No : HD0012176 **OPD No. :** OP0027277
Patient Name : Mr. ARUN PAL **Mobile No. :** 9438158646
Gender/Age : M/43 Y **OPD Reg. Date :** 06-03-2024
Address : MING CAMP TL - **Doctor Name :** Dr. GOPAL ROY

BP	Temp	PR	Weight	Spo2	RBS/FBS
126/84 mm/Hg	°C	105 per min	77 kg	%	mg/dl

Diagnosis : T2DM

Prescription:

Sr No	Medicine	Type	Dose	Duration (Days)	Frequency	Advice
1	BECOSULES Z	CAP	1CAP	10	1-0-0	AFTER FOOD

Suggestion : EXERCISE AEROBIC: 60MIN/DAY
REVIEW AFTER 15 DAYS

REF TO DIETICIAN FOR DM AND WEIGHT LOSS DIET.

Diet : ADVICE: DIABETIC DIET

AVOID-[SPICY OILY SWEETS, SUGAR FOODS, FRUIT JUICES, PROCESSED FOODS,
AVOIDE- NONVEG OR EGG MORE THAN 1 TIMES IN A WEEK
AVODE- ALCOHOL SMOKING TOBACCO
EAT DAILY 1 SUGGESTED FRUIT
AVOIDE- SUGAR TEA
DIET SHOULD BE FOLLOWED AS PER GIVEN ADVICE

DIETICIAN
MS. SAYALI DURGE

Dr.GOPAL ROY

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