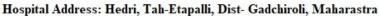


Lloyds Kali Ammal Memorial Hospital लॉयड्स काली अम्माल मेमोरियल हॉस्पिटल

Lloyds Infinite Foundation



Pin Code:- 442704 Phone No :- 9405123224

Patient Reg. No: **Patient Name:**

HD0012166 Mr. RAM D RAM OPD No.: Mobile No.: OPD Reg. Date: OP0027365 7585800147

06-03-2024

Gender/Age: Address:

M/47 Y

Doctor Name: Dr.

BP	Temp	PR	Weight	Spo2	RBS/FBS
mm/Hg	°C	per min	67 kg	%	133 mg/dl

Diet : BLOOD SUGAR : 133 (HIGH) BLOOD SUGAR : PP 286 (HIGH)

ADVID: DIABETIC DIET
AVOID: NON VEG FISH EGGS MORE THAN 1 TIMES IN A WEEK
AVOID: SWEET SUGAR, OILY FOOD, FRUIT JUICES, DEEP FRIED FOOD
EAT GREEN LEAFY VEGETABLE AND EVERY DAY 1 FRUIT
DRINK WARM WATER AT MORNING IN EMPTY STOMACH
DRINK 3-4 LITTER WATER PER DAY
AVOIDE- SUGAR HONEY JAGGERY FOODS
AVODE- SUGAR TEA

DIET SHOULD BE FOLLOWED AS PER GIVEN ADVICE

DIETICIAN MS. SAYALI DURGE