



# Narayana Guru

Sree **Narayana Guru** (IPA: [naːraːɟɐ̃ɐ̃ guˈru]) (20 August 1856 – 20 September 1928)<sup>[1]</sup> was a philosopher, spiritual leader and social reformer in India. He led a reform movement against the injustice in the caste-ridden society of Kerala in order to promote spiritual enlightenment and social equality.<sup>[2]</sup> A quote of his that defined his movement was "one caste, one religion, and one god for all human beings". He is the author of the *Advaita* poem *Daiva Dasakam*, which is one of the most used poem in Kerala for community prayer.<sup>[3]</sup>

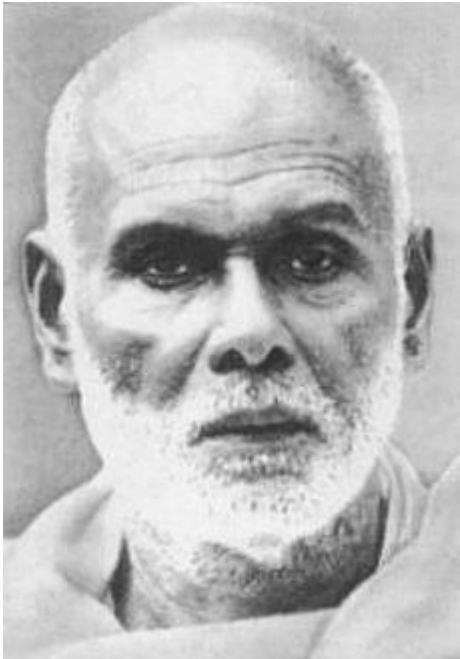
French philosopher and Nobel prize laureate for literature, Romain Rolland described Narayana guru as '*Jnani of Karma*', noting that he exemplified how faith could be used to bring about social change.<sup>[4][5]</sup>

## Biography

Narayanan, né Nanu, was born on 20 August 1856 to Madan Asan and Kuttiyamma in an Ezhava family of ayurvedic physicians, in the village of Chempazhanthy near Thiruvananthapuram, in the erstwhile state of Travancore.<sup>[7][8]</sup> Unlike other Ezhavas who confined their Sanskrit reading to ayurvedic works, Narayana guru studied religious texts as well.<sup>[9]</sup> His early education was in the gurukula way under Chempazhanthi Mootha Pillai during which time his mother died when he was 15. At the age of 21, he went to central Travancore to learn from Raman Pillai Asan, a Sanskrit scholar who taught him Vedas, Upanishads and the literature and logical rhetoric of Sanskrit. A year later, he married Kaliaamma but soon disassociated himself from the marriage to commence his public life as a social reformer.<sup>[7][10]</sup> He returned to his village in 1881, when his father was seriously ill, and started a village school where he taught local children which earned him the name *Nanu Asan*.<sup>[7][10]</sup>

Leaving home, he traveled through Kerala and Tamil Nadu and it was during these journeys, he met Chattampi Swamikal, a social and religious reformer, who introduced Guru to Ayyavu Swamikal from whom he learned meditation and yoga.<sup>[11]</sup> Later, he continued his wanderings until

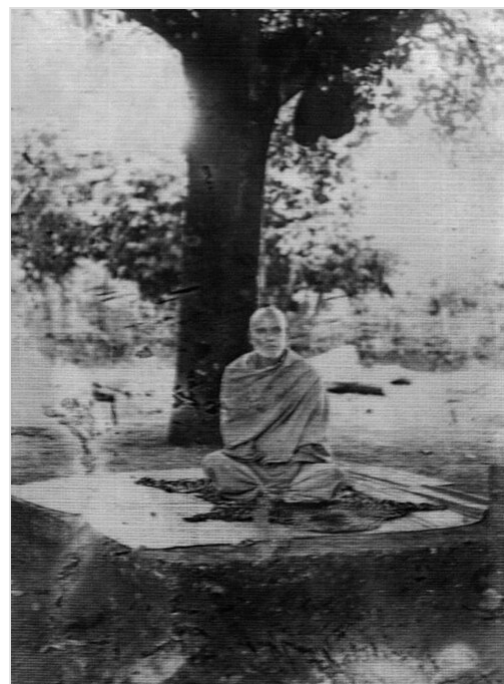
Sree  
**Narayana Guru**



Personal life	
<b>Born</b>	20 August 1856 <div>Chempazhanthy, Kingdom of Travancore (present-day Thiruvananthapuram district, Kerala, India)</div>
<b>Died</b>	20 September 1928 (aged 72) <div>Varkala, Kingdom of Travancore (present-day Sivagiri, Kerala, India)</div>
<b>Known for</b>	Kerala reformation movement
Religious life	
<b>Philosophy</b>	Interpretation of Advaita Vedanta

he reached the Pillathadam cave at Maruthwamala where he set up a hermitage and practiced meditation for the next eight years.<sup>[7][10]</sup>

In 1888, he visited Aruvippuram and spent time meditating in a cave near the Neyyar River. It was here that his first and one of his prominent disciple, Sivalingadasa Swamikal, who hailed from an orthodox Nair family, discovered him. During his stay, he consecrated a rock from the deepest part of the Neyyar River, a whirlpool sinkhole known as 'Sankaran Kuzhi'. It is believed that it was in this 'Sankaran Kuzhi' sage Agastya gave his worshipping Shiva Linga to Neyyar river somewhere before leaving. This rock was established as the idol of Shiva, and the site has since been known as the Aruvippuram Shiva Temple.<sup>[12][13][10]</sup> The act, which later came to be known as *Aruvipuram Pratishta*, created a social commotion among the upper caste Brahmins who questioned Guru's right to consecrate the idol.<sup>[14]</sup> His reply to them, "This is not a Brahmin Shiva but an Ezhava Shiva",<sup>[15]</sup> later became a famous quote, used against casteism.<sup>[16][17]</sup> It was here, the Sree Narayana Dharma Paripalana Yogam (SNDP Yogam)<sup>[18]</sup> was founded on 15 May 1903 by the efforts of Padmanabhan Palpu with Narayana Guru as its founder president.<sup>[19]</sup>



Narayana Guru at Meditation. He meditated for 8 years at Pillathadam cave at Maruthwamala mountain and attained enlightenment. The area was secluded with heavy forest and inhabited with wild life.<sup>[6]</sup>

Guru shifted his base to Sivagiri, near Varkala in 1904 where he opened a school for children from the lower strata of the society and provided free education to them without considering their caste. However, it took him seven years to build<sup>[7][10]</sup> a temple there, the Sarada Mutt was built in 1912. He also built temples in other places such as Thrissur, Kannur, Anchuthengu, Thalassery, Kozhikode, and Mangalore and it took him to many places including Sri Lanka (then called Ceylon) where he made his final visit in 1926. On his return to India, he was involved in a number of activities including the planning of the Sivagiri pilgrimage which was planned after his visit to Pallathuruthy in 1927 to attend the anniversary of the S.N.D.P. Yogam.<sup>[7][10]</sup>

Soon after the meeting at Pallathuruthy, which was the last public function he attended, Guru became ill and underwent treatment at places such as Aluva, Thrissur, Palakkad, and finally to Chennai; the physicians attended to him included Ayurvedic physicians like Chodayil Mami Vaidyar, Panappally Krishnan Vaidyar and Thycauttu Divakaran Moos as well as allopathic physicians viz. Krishnan Thampi, Panikker, Palpu and a European physician by name, Noble. He returned to Sarada Mutt and died on 20 September 1928, at the age of 72.<sup>[7][10]</sup>

# Legacy

---

## Fight against casteism

Casteism was practised in Kerala during the 19th and early 20th centuries and the backward castes such as Ezhavas and other untouchable castes like Paraiyars, Adivasis and Pulayars had to suffer discrimination from the upper caste community.<sup>[20]</sup> It was against this discrimination that Guru performed his first major public act,<sup>[7][10]</sup> the consecration of Siva idol at Aruvippuram in 1888. Overall, he consecrated forty five temples across Kerala and Tamil Nadu. His consecrations were not necessarily conventional deities; these included a slab inscribed with the words, "Truth, Ethics, Compassion, Love",<sup>[10]</sup> a vegetarian Shiva, a mirror, and an Italian sculpture.<sup>[21]</sup> He propagated the ideals of compassion and religious tolerance and one of his noted works, *Anukampadasakam*, extols various religious figures such as Krishna, The Buddha, Adi Shankara, Jesus Christ.<sup>[22]</sup>

## Meeting with Mahatma Gandhi

On 12 March 1925, Mahatma Gandhi visited the Sivagiri Ashram in Varkala, Kerala, during the Vaikom Satyagraha. During his stay, he met Narayana Guru, who emphasized the need for education and wealth for the upliftment of lower castes rather than mixed eating and marriages. This conversation, facilitated by a translator, also addressed religious freedom and the caste system.<sup>[23][24]</sup> Narayana Guru's logical arguments and inclusive practices profoundly impacted Gandhi. Witnessing lower-caste children reciting prayers and their knowledge of the Upanishads impressed Gandhi and challenged his casteist views. Inspired by Guru's teachings, Gandhi re-evaluated his stance on caste and untouchability.<sup>[25][26][27][28]</sup> As a result of this transformative experience, Mahatma Gandhi began to focus on eradicating untouchability and upliftment of Harijans (Dalits) in the national movement. He renamed his newspaper "Young India" to "Harijan" and made the eradication of untouchability a central part of his mission. This marked a significant shift in Gandhi's approach, integrating the fight against caste discrimination into the broader struggle for India's independence.<sup>[24][29]</sup>

Mahatma Gandhi subsequently renamed his newspaper from "Young India" to "Harijan" and made the eradication of untouchability and upliftment of Harijans a part of the national movement. Anantha Shenoy, a Gandhian from Kannur, read about this in Young India and was deeply inspired. He later became the Guru's disciple and was ordained as Swamy Ananda Theerthan, regarded as the last initiated disciple of Narayana Guru<sup>[25][26]</sup>

## Role in Kerala's early labour movement

On 31 March 1922, under the guidance of Sree Narayana Guru, the Travancore Labour Association, which is the first organised labour union in Kerala was established at the Kalappura Temple grounds in Alappuzha. The initiative followed Guru's instruction to Swami Satyavratana, who conveyed his blessings and directive to organise workers facing exploitation in colonial-era coir factories.<sup>[30][10][31]</sup>

The union's formation was led by Vadappuram Bava, a coir worker who, in 1920, met Guru through T. C. Kesavan Vaidyar and appealed for a solution to the harsh conditions faced by labourers. Guru reportedly asked Bava, "If what I command becomes your deliverance, will you

accept it?" to which Bava replied, "Whatever you instruct will be our salvation." Guru then responded with a call to collective action: "Form a union. Let your strength come from unity and freedom." The inaugural meeting, held after dusk to avoid police intervention, drew around 300 workers. Dr. M. K. Antony was appointed president and Vattappuram Bava served as secretary.<sup>[30][10][32]</sup>

The union later became the Travancore Labour Association and played a foundational role in Kerala's labour movement, preceding the emergence of communist politics in India. In one of their final meetings, Guru advised Bava: "Earn the trust of all and move forward. The age of the workers is coming."<sup>[30][10][32]</sup>

## First All India Industrial and Agricultural Exhibition

In 1905, Narayana Guru organized All India Industrial and Agricultural Exhibition at Kollam, first time in India to facilitate industrialization and agriculture.<sup>[33][10]</sup> Guru wanted to convey the importance of regaining the lost places of worship (later rebuilt by the Guru himself) and wealth. This was in line with his quote: "Vidhya kond prabhudhar aavuka, sangadana kond shakthar aavuka, vyavasayam kond abhivriti neduka" meaning "Become enlightened through education, become strong through organization, and achieve prosperity through industry."<sup>[34][10]</sup>

## Vaikom Satyagraha

The social protest of Vaikom Satyagraha was an agitation led by backward caste communities against discrimination in Hindu society of Travancore.<sup>[35]</sup> It was reported that the trigger for the protest was an incident when Narayana Guru was stopped from passing through a road leading to the Vaikom Temple by an upper caste person. It prompted Kumaran Asan and Muloor S.Padmanabha Panicker, both disciples of Guru, to compose poems in protest of the incident. T. K. Madhavan, another disciple, petitioned the Sree Moolam Popular Assembly in 1918 for rights to enter the temple and worship, regardless of the caste. A host of people including K. Kelappan and K. P. Kesava Menon formed a committee and announced the *Kerala Paryatanam Movement* and with the support of Mahatma Gandhi. The agitation developed into a mass movement which resulted in the opening of the temple as well as three roads leading to it to people of all castes.<sup>[36]</sup> The protest also influenced the Temple Entry Proclamation of 1936.<sup>[37][38]</sup>

## Sivagiri pilgrimage

The Sivagiri pilgrimage was conceived by three of the disciples of Guru viz. Vallabhasseri Govindan Vaidyar, T. K. Kittan Writer and Muloor S. Padmanabha Panicker which Guru approved in 1928, with his own recommendations.<sup>[7][10]</sup> He suggested that the goals of the pilgrimage should be the promotion of education, cleanliness, devotion to God, organization, agriculture, trade, handicrafts, and technical training and advised Vaidyar and Writer to organise a series of lectures on these themes to stress the need for the practice of these ideals, stating this to be the core purpose of Sivagiri pilgrimage. However, his death soon after delayed the project until 1932 when the first pilgrimage was undertaken from Elavumthitta in Pathanamthitta District.<sup>[39]</sup>

## India's first All Religions Conference

Guru organized an *All Religion Conference* in 1923 at Alwaye Advaita Ashram, which was first such event in India.<sup>[40]</sup>

During this period, communalization

escalated into riots in

India. In Kerala, the Malabar rebellion

occurred. According to the Simon Commission

report, more than 112

major communal riots took place in India between 1922 and 1927. Throughout this time, the guru also received letters from a communal leader, Abdul Hamid Qadri Badayuni, from Uttar Pradesh, who later moved to Pakistan. The guru responded to his queries and questions through letters. The All Religions' Conference, which was the first of its kind in India, was organized against this backdrop to foster peace among the various religions of the country<sup>[41][42][43]</sup> and at the entrance of the conference, he arranged for a message to be displayed which read, *We meet here not to argue and win, but to know and be known*. The conference has since become an annual event, organised every year at the Ashram.<sup>[44]</sup>



Sree Narayana Guru with leaders of different religions during all-religion meet . A photo taken during the all-religion meet at Aluva in 1924.

## Guru's rational spiritual dialogues

### Limits of religious explanation

During a visit to Sri Lanka, Narayana Guru engaged in a philosophical conversation with the country's highest Buddhist monk. When Guru asked, "Do you know the cause of birth?", the monk answered, "Karma". Guru then asked, "If so, how did life begin in the first place?" The monk was unable to respond. Narayana Guru remarked, "This is the case with all religions. There are no answers to many questions posed by rational thought. Religious belief often transcends rationality. The logic of worldly life only fits spiritual thinking up to a certain extent."<sup>[45]</sup>

### Sahodaran Ayyappan and rationalist reinterpretation

Sahodaran Ayyappan, a pioneering rationalist and the founder of the first rationalist organization in Kerala, was also a close disciple of Sree Narayana Guru. Known for his progressive and bold reinterpretations, Ayyappan rephrased Guru's famous message — "Oru Jathi, Oru Matham, Oru Daivam Manushyan; Jathi chodikkaruth, parayaruth, chinthikkaruth" ("One Caste, One Religion, One God for Mankind; Do not ask, speak, or think caste") into a more radical slogan: "Jathi Venda, Matham Venda, Daivam Venda Manushyan" ("No Caste, No Religion, No God for human beings").

When some followers expressed concern that this reinterpretation might offend the Guru, Narayana Guru is said to have replied succinctly: "Ayyappan is right"<sup>[46]</sup>

## Rituals

A well-known anecdote in Kerala recounts Narayana Guru's sharp response when a judge once asked him whether burning or burying was the correct method for disposing of a dead body. Guru replied, "Crush them in an oil-press; they'll make good manure." When the judge expressed shock, Guru simply asked, "Why? Will it hurt?"

In the Aparakriya section of Sree Narayana Smrithi, Guru elaborated on this view through a dialogue between the guru and disciples. He emphasized that cremation should be performed not as a ritualistic necessity but for the sake of cleanliness and public hygiene. He discouraged all superstitious death related rituals and clarified that symbolic offerings like 'pindam' can be offered.

Guru further stated that for one who has a clear, doubt-free understanding (of truth), all the death-related rituals (like ashaucha and other ceremonies) performed out of ignorance are meaningless and merely a play of ignorance. Such a person need not ever follow these customs. However, for others who still operate within the framework of karma and belief systems, certain practices may be prescribed based on context, time, and societal norms.<sup>[47]</sup>

## Idol worship

Several contemporary Vedantins also expressed opposition to Guru's emphasis on idol consecration in temples. During the consecration of the Jagannath Temple in Thalassery, Bodhananda Swamikal organized a major protest against idol worship. However, upon seeing Guru in person, Bhodhananda Swamikal is said to have experienced a spiritual transformation, bowed at Guru's feet, and later became his disciple.

Similarly, Vagbhatananda, a contemporary reformer visited Guru to oppose the practice of installing idols in temples. Through a thoughtful exchange, Narayana Guru explained the symbolic and spiritual relevance of idol worship. Convinced by this perspective, Vagbhatananda ultimately acknowledged the depth of Guru's insight and sought reconciliation.<sup>[48][49][50]</sup>

Vagbhatanandan: "I do not share your opinions."

Guru: "Oh, is that so? I share your opinions."

Vagbhatanandan: "How is the soil at the Advaita Ashrama?"

Guru: "While we were traveling in Maruthwamala and Aruvipuram, there were stones, forests, and meadows. Here, the soil is soft, like a pillow."

Vagbhatanandan: "I've heard that nowadays you are erecting stones (idol consecration)."

Guru: "You are a rogue elephant in Advaita and Vedanta philosophy. You will hear many things like that. But as Vagbhatanandan, whatever you hear won't be a lie."

Vagbhatanandan: "But erecting these stones all over the place..."

Guru: "Many writings are on stones, right? Also, great walls and historic monuments are made of stone. Is there any discrimination against stones?"

Vagbhatanandan: "We should acknowledge stones for their strength and stability, but I cannot agree with erecting stone idols."



Guru: (looking at the stone in his earrings) "We are only erecting stones, but you are always carrying them."

Vagbhatanandan: (ashamed)

Guru: "There is nothing wrong in wearing them in the ears, just don't carry them in the mind."

Vagbhatanandan: "Pardon me, Swami. As someone like you who knows Brahmam, the consecration of idols disturbed my mind, so I asked. How did stones become Ishvara?"

Guru: "All stones are Shiva. Shiva means emptiness, Nirguna Para Brahmam. All living beings are spiritual brothers. Everyone should be spiritually elevated, irrespective of their background. There should be methods and institutions for this. Those who own institutions are often not ready for it. Through stones, one should be capable of seeing Shiva and realize that stones, soil, plants, and flowers are all one. Through stones, one should come to know the Jagath, to know the Jagannathan."

Vagbhatanandan: "I offer my words at your feet. I have no reply. I am not a soldier with weapons who can oppose you."<sup>[48][49][50]</sup>

### Interaction with an atheist follower

After the prathishta karmam (consecration ceremony) at Kolathukara Shiva Temple, Narayana Guru was resting when a man named Raman Muthalali came to meet him. Raman introduced himself as an atheist and stated that he did not believe in God. Guru, surprised, asked why he was actively involved in the temple committee despite his atheistic views. Raman replied, "Yes, I am an atheist, but I participate in the temple committee purely as a form of cultural celebration."<sup>[10]:279</sup>

He further added, "Guru, I do not believe in God, idol worship, or temples. The concept of a God with a wife and children is not something I can accept. I do not pray either. However, I believe in you as a Guru and have deep respect for you. For someone like me, can you compose a prayer that we can use?"<sup>[10]:279</sup>

Narayana Guru agreed to the request. The prayer was written in prose (gadhyam) form, rather than in verse, and did not refer to any specific diety.<sup>[10]:279</sup>

All that are seen are of the forms, Physical (stoolam), subtle or the conceptual (sooskhmam), and Causal (kaaranam) and they rise from and set into the Paramatmav (Supreme Self). Hence, there is nothing else other than Paramatmav. The Paramatmav destroys all negative traits and eliminates forever such tendencies from regenerating. The grace of Paramatman cleanses my senses allowing me to tread the path of virtue. That Paramatmav is to be meditated upon, and I am meditating upon its divine manifestation. O' Paramatmav Bless me with your grace so that I may always meditate upon you and experience your bliss.

Oh Daivame! Anything we perceive is not eternal. Like a water bubble, the body too is not permanent. There is nothing to say except that everything is like a dream. We are not body, we are the knowledge. Even before the body came into existence, we existed as knowledge. Even when our body disappears, we will continue to remain radiating like this. We will not be affected by the various dilemmas of life such as birth, death, poverty, disease, fear. May I contemplate on the divine words thus being instructed and on the

instructor of these divine words while eating, sleeping and ceaselessly at all times. By taking away forever all my impurities, give me your bliss! Bless me in leading a prosperous and peaceful life to finally reach your abode.<sup>[10]:279</sup>

## From Blessing to Legacy: The Story Behind the National Tribute

Sir S. Rm. M. Annamalai Chettiar also known as Raja of Chettinad, a wealthy philanthropist from Chettinad, and his wife Rani Lady Seethai Aachi were childless for a long time. Despite consulting many people and visiting various temples, they had no success. During Narayana Guru's visit to Tamil Nadu *en route* to Sri Lanka, the couple heard about him and came to meet him. While Raja Annamalai had no particular belief in the Guru, his wife had great faith. Without them saying anything, the Guru gave two bananas to his wife and asked her to eat them. She did so and later conceived twin children. One of the twins was the mother of P. Chidambaram, who would frequently visit Sivagiri.<sup>[10][51]</sup>

When P. Chidambaram became the Finance Minister of India, he released a ₹5 coin commemorating Narayana Guru.<sup>[10][51]</sup>

For the construction of a statue of Narayana Guru at the Thalassery Jagannatha Temple, photographer Pattatharil Shekharan of Thalassery, known for capturing many historic moments in Kerala was sent by Moorkoth Kumaran to Sivagiri Mutt to photograph the Guru. According to Shekharan's account, he was initially anxious about how to photograph the Guru, as he felt hesitant to direct him to pose in a specific way. He thought of taking a photograph similar to the profile images of British kings that appeared on Indian coins at the time.<sup>[10][51]</sup>

When Shekharan met the Guru, the Guru asked, "Do you know how to take photographs?" Gaining confidence, Shekharan replied, "Yes, very well." The Guru then asked, "Can you photograph those mangoes?" After Shekharan focused his camera and said he was ready, the Guru humorously asked, "Can you also capture the 'rasam' (essence) of the mango in the photo?" The Guru then inquired, "How do you want the photo to be taken? Do you want it like for the coin?"<sup>[10][51]</sup>

The Guru then posed exactly as Shekharan had envisioned in his mind. This photograph was later used for the design of the ₹5 commemorative coin issued in his honour.<sup>[10][51]</sup>

## Universal approach to spiritual initiation

Narayana Guru provided spiritual initiation to individuals from all faiths and sects, but only to those whom he personally deemed spiritually prepared. He initially declined sannyasa deeksha to Bodhananda Swami, granting it only during the second request. He also refused sannyasa deeksha to Varathoor Kaniyil Kunhikkanan, despite his repeated requests. Kunhikkanan, who had invited the Guru to consecrate the Jagannath Temple in Thalassery, was told that he did not possess sannyasa yoga in this lifetime. However, the Guru granted his modest wish to be placed in samadhi after his death.<sup>[10]</sup>

He initiated an individual from an orthodox Nair family in Koyilandy, belonging to the Koyappali family to which K. Kelappan also belonged. This individual had missed seeing the Guru upon his arrival due to the large crowd at the Thalassery railway station. He had come to Thalassery to write the Indian Civil Service examination and could not wait to meet the Guru in person, as he would



otherwise miss the train back to Koyilandy. Instead, he composed a poem in praise of the Guru and sent it through a friend. Upon reading the poem, the Guru blessed him, saying that he would become a great yogi. This individual later became known as Sivananda Yogi of Koyilandy.<sup>[41]</sup>

Guru Narayana initiated Abdul Khader Masthan, a Muslim man, into spirituality. Born into the traditional Muslim family of Valiyakandy in Kannur city, which was traditionally involved in the copper business. Masthan approached Narayana Guru during the Guru's stay in Thalassery, shortly after the consecration of the Shiva idol at the Jagannath Temple, having heard from others about the remarkable event of temple entry being granted to marginalized communities.<sup>[41][10]</sup>

During the temple consecration, Guru asked, "Who are the people standing near the temple gate?" The temple custodians replied, "They are people of the Dalit caste." Guru then asked why they were not permitted to enter the temple. The orthodox custodians had reportedly opposed the entry of lower-caste communities and told Narayana Guru, "Let one *varsham* be completed before allowing such access," with *varsham* in Malayalam meaning both "year" and "rain". At that very moment, clouds gathered in the clear sky, and it began to rain. After the rain stopped, Guru gently reminded those who opposed the entry of Dalits: "A *varsham* is over. Let us allow all into our temple." Laughter erupted in acknowledgment of Guru's wit and wisdom, and everyone nodded in agreement.<sup>[41][52]</sup>

Intrigued by these events and the Guru's reputation, Masthan visited him and asked, "Are you the one who consecrated the idol?" When the Guru confirmed and asked Masthan that 'Do you want to see the god', Masthan asked whether it was truly possible to "see God". Narayana Guru replied that one cannot perceive the divine with ordinary eyes, but invited Masthan to hold his hand and look toward the horizon. Masthan reportedly entered a deep spiritual trance and, upon regaining consciousness, exclaimed, "I have seen God," marking a profound spiritual awakening.<sup>[41][10]</sup>

Later, Masthan presented the Guru with a copper plate inscribed in Chenthamizh (classical Tamil), which he had acquired through his family's trade. Being illiterate and unable to understand the script, he asked the Guru for help. Narayana Guru examined the inscription but did not reveal its meaning. Instead, he advised Masthan to consult Sufi saints in Tamil Nadu. Following this guidance, Masthan met a Sufi saint who interpreted the inscription as a Sufi text. Deeply inspired, Masthan later became a revered Sufi mystic known as Icha Mastan, and composed several devotional poems, including verses in praise of Lord Shiva.<sup>[41][10]</sup>

Narayana Guru welcomed a Muslim named Khader during his Sri Lankan visit who expressed a keen interest in becoming his disciple. Khader inquired whether he would be accepted into the group and if a change of religion was necessary. The Guru assured him that changing his religion was not a prerequisite to becoming a disciple. A year later, during Narayana Guru's second visit at Sri Lanka, Khader met him again, this time dressed as a Hindu saint instead of his usual white Muslim attire. The Guru, feigning ignorance, asked Khader who he was. Disappointed, Khader reminded the Guru that he was his disciple, initiated the previous year. Narayana Guru expressed his recognition of the 'old' Khader and reiterated that changing his Muslim attire was not necessary to be his disciple.<sup>[53]</sup>

A European named Ernest Kirk was similarly drawn to the Guru's teachings and became his disciple. The Guru did not require him to change his name. At the time of his sannyasa deeksha, the Guru deviated from traditional rituals, omitting customary practices such as tonsure and the observance of specific vratas. Instead, he provided Kirk with a coat, pants, shoes, and a tie in place of the traditional kashayavastra, stating that such attire was more appropriate for the European

climate. As part of the initiation, the Guru personally placed the shoes on his feet and tied the tie around his neck, naming him Swami Ernest Kirk. He emphasized that Kirk should retain his own culture and heritage while pursuing the spiritual path<sup>[54]</sup>

## Notable disciples

- [Bodhananda Swamikal](#)
- [Nataraja Guru](#)
- [Kumaran Asan](#)<sup>[55]</sup>
- [Sahodaran Ayyappan](#)<sup>[56]</sup>
- [T. K. Madhavan](#)<sup>[56]</sup>
- [C. V. Kunhiraman](#)<sup>[57]</sup>
- [Padmanabhan Palpu](#)
- [Muloor S. Padmanabha Panicker](#)
- [Velutheri Kesavan Vaidyar](#)

## Ashtalakshyangal

- Vidyabhyasam
- Shuchitwam
- Eeshwaravishwasam
- Krishi
- Kaithozhil
- Kachawadam
- Sanghadana
- Shastra sanketika Parisheelanam

## Writings and philosophy

Guru published 45 works in [Malayalam](#), [Sanskrit](#) and [Tamil](#) languages which include *Atmopadesa Śatakam*, a hundred-verse spiritual poem and *Daiva Dasakam*, a universal prayer in ten verses.<sup>[58]</sup> He also translated three major texts, *Thirukural* of [Valluvar](#), *Ishavasya Upanishad* and *Ozhivil Odukkam* of [Kannudaiya Vallalaar](#). It was he who propagated the motto, *One Caste, One Religion, One God for All* (Oru Jathi, Oru Matham, Oru Daivam, Manushyanu) which has become popular as a saying in Kerala.<sup>[59]</sup> He furthered the [non-dualistic](#) philosophy of [Adi Sankara](#) by bringing it into practice by adding the concepts of social equality and universal brotherhood.<sup>[59]</sup>

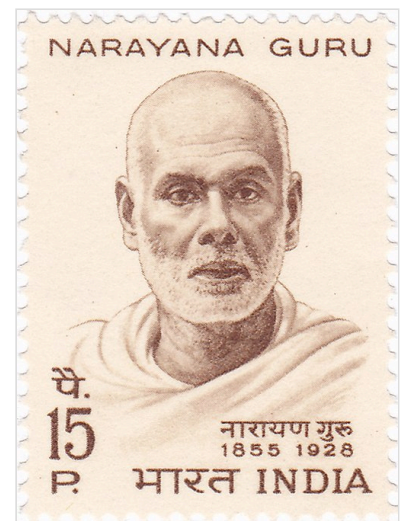
# Philosophy



(The Guru asked Nataraja Guru before he became a sanyasi, "Do you want to understand Vedanta?" Nataraja, who was staring intently into the Guru's eyes, even forgot to say 'yes'). "Guru: Have you seen the water? Nataraja Guru: Yes Guru: Do you know that wave is also water? Nataraja Guru: I know Guru: Then there is nothing new to know. Vedanta is so.

## Public acceptance, honours and veneration

In 1916, Ramana Maharshi hosted Narayana Guru at his Tiruvannamalai ashram when Guru was returning from a trip to Kancheepuram where Swami Govindananda, a disciple of Guru, had established the Sree Narayana Seva Ashram. Rabindranath Tagore met Narayana Guru at the latter's ashram in Sivagiri in November 1922. Tagore later said of Narayana Guru that, "I have never come across one who is spiritually greater than Swami Narayana Guru or a person who is at par with him in spiritual attainment."<sup>[60]</sup> Three years later, Mahatma Gandhi visited Guru during his 1925 trip to Kerala to participate in the Vaikom Satyagraha<sup>[61]</sup> after which the Indian independence movement leader stated "it was a great privilege in his life to have the darshan of an esteemed sage like Narayana Guru."<sup>[62]</sup>



Guru 1967 stamp of India

On 21 August 1967, Narayana Guru was commemorated on an Indian postage stamp of denomination 15 nP.<sup>[63]</sup> Another commemorative stamp on him was issued by Sri Lanka Post on 4 September 2009.<sup>[64]</sup> The Reserve Bank of India and Security Printing and Minting Corporation of India issued two sets of commemorative coins depicting Guru's image, each valued at ₹5 and ₹100 respectively, on the occasion of his 150th birth anniversary.<sup>[65][66]</sup>

The first of the several statues of Narayana Guru was erected at Jagannath Temple, Thalassery in 1927 while he was still alive.<sup>[67]</sup> His statues are seen in many places in Kerala which include a 24 feet statue at Kaithamukku in Thiruvananthapuram.<sup>[68]</sup> The Government of Kerala observes his birthday, the Sri Narayana Jayanthi, and the date of his death, Sree Narayana Guru Samadhi as public holidays.<sup>[69]</sup>

## In popular media

The life of Narayana Guru has been portrayed in a number of movies starting with the 1986 film *Sree Narayana Guru*,<sup>[70]</sup> made by award-winning director P. A. Backer.<sup>[71]</sup> *Swamy Sreenarayana Guru*, an Indian Malayalam-language film directed by Krishnaswamy, released the same year. Almost a decade and a half later, R. Sukumaran made a film on the life of Guru, titled *Yugapurushan*, in 2010 with Thalaivasal Vijay playing the role of Guru and the film also featured Mammooty and Navya Nair.<sup>[72]</sup> *Brahmashri Narayana Guru Swamy* is a Tulu film made in 2014 by Rajashekar Kotian on Guru's life and the film was the 50th film made in the language.<sup>[73]</sup> His life during the eight years he spent at Maruthwamala (also known as Marunnumamala) has been adapted into a docufiction, titled *Marunnumamala* and the film was released by Pinarayi Vijayan, the chief minister of Kerala on 9 August 2016.<sup>[74][a]</sup>



₹5 Coin

In 2016, Kerala High court observed that the statue of Narayana Guru cannot be treated as a Hindu deity.<sup>[76][77]</sup>

## Works

### In Malayalam

- Swanubavageethi*
- Aathmopadesh Shathakam*<sup>[78]</sup>
- Adwaita deepika*<sup>[79]</sup>
- Arivu*<sup>[80]</sup>
- Narayana Guru (1988). *Daivadasakam* ([https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=275635&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=275635&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). Trivandrum: Narayana Gurukula.
- Narayana Guru; Bhāskaran, Ti (1981). *Śivaśatakam* (in Malayalam). Tiruvananthapuram]; Kōṭṭayaṁ: N.M. Sajee Bhaskaran; Vitarāṇaṁ, Nāṣanaḷ Bukṣṭāḷ. OCLC 13027019 (<http://search.worldcat.org/oclc/13027019>).
- Jeevakarunya Panchakam*
- Anukamba Dasakam*
- Jathi Nirnayam*
- Jathi Lakshanam*
- Chijjada Chinthanam*
- Daiva vichinthanam – 1 & 2*
- Athma Vilasam*
- Narayana Guru; Bhaskaran T (1981). *Shivasathakam* ([https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=78158&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=78158&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). Sajee Bhaskaran.
- Kolatheereshastavam*



Guru's tomb in Sivagiri, Kerala

- *Bhadrakaalyashtakam*
- *Gajendra moksham vanchipattu*
- *Ottapadyangal*
- *Sree Krishnana Darsanam*
- *Mangalasamsakal*
- Narayana Guru (1987). *Subrahmanya keerthanam* ([https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=275636&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=275636&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). Varkala: Narayana Gurukula.
- *Subramanya Ashtakam*
- *Sadasiva Darsanam*
- *Samasya*
- *Swanubhava Geethi*
- *Indrya Vairagyam*
- Narayana Guru (1976). *Nyayadarsanam* ([https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=216755&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=216755&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). Varkala: Narayana Gurukula.
- Narayana Guru (1988). *Prapanchasudhidasakam anubhoothidasakam* ([https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=216732&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=216732&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). Varkkala: Narayana Gurukula.
- Narayana Guru (2003). *Kalinatakam* ([https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=286729&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=286729&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)) (2nd ed.). Varkkala: Narayanagurukulam.
- Narayana Guru, Sree (1993). *Baahuleyaashtakam* ([http://mgucat.mgu.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=20877&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](http://mgucat.mgu.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=20877&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). Varkala: Narayana Gurukulam.
- Narayana Guru (1985). *Sree Narayana Guruvinte Sampoorana Kruthikal* ([http://mgucat.mgu.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=147816&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](http://mgucat.mgu.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=147816&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)) (in Malayalam). Calicut: Mathrubhumi.
- Narayana Guru; Bālakṛṣṇan Nāyar, G (1972). *Kuṇḍalini-pāṭṭu* (in Malayalam). Trivandrum: Sree Narayana Publishing House. OCLC 499830611 (<https://search.worldcat.org/oclc/499830611>).
- Narayana Guru; Narayana Prasad; Narayana Gurukula (2003). *Kālināṭakam*. Varkkala: Nārāyaṇagurukulam. OCLC 58526535 (<https://search.worldcat.org/oclc/58526535>).

## In Sanskrit

- Narayana Guru (2004). *Darsanamaala* ([https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=85029&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=85029&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). Varkkala: Narayana Gurukula.
- Narayana Guru (1985). *Brahmavidyapanjakam* ([https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=80253&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=80253&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). Varkkala: Narayana Gurukulam.
- Narayana Guru; Śāstrī, Harihara (1998). *Darśanamālā* (<https://books.google.com/books?id=qxm-iJ5j3f8C>). Naī Dillī: Dī. Ke. Prīṭavarīḍa. ISBN 9788124601099. OCLC 671596309 (<https://search.worldcat.org/oclc/671596309>).
- *Nirvruthi Panchakam*
- *Slokatrayi*
- *Vedantha Suthram*
- *Homa Manthram*
- *Municharya Panchakam*
- *Asramam*



- *Dharmam*
- *Charama Slokangal*
- *Homa Mantram*
- *Chidambarashtakam*
- *Guhashtakam*
- *Bhadrakaliashtakam*
- *Vinayaka Ashtakam*
- *Sree Vasudeva Ashtakam*
- *Janani Navaratna Manjari*

## In Tamil

- *Thevarappathinkangal*<sup>[81]</sup>

## Translations

- *Thirukural*
- *Isavasyo Upanishad*
- *Ozhivil Odukkam*

## Translations of Guru's works into other languages

- Narayana Guru (2007). *Garland of visions: Darśanamālā of Narayana Guru*. Translated by Narayana Prasad. New Delhi: D.K. Printworld. ISBN 9788124603918. OCLC 167576536 (<http://search.worldcat.org/oclc/167576536>).
- Nataraja Guru; Narayana Guru (2001). *An integrated science of the absolute: based on the Darśana mālā (Garland of visions) of Narayana Guru*. New Delhi: D.K. Printworld. ISBN 9788124601846. OCLC 50756278 (<https://search.worldcat.org/oclc/50756278>).
- Narayana Guru (2009). *Shorter philosophical poems of Narayana Guru: Brahmayidyā pañcakam, Advaita dīpikā, Aṛivu, Homa mantram, Daiva daśakam*. Translated by Narayana Prasad. New Delhi: D.K. Printworld. ISBN 9788124605158. OCLC 653807175 (<https://search.worldcat.org/oclc/653807175>).
- Narayana Guru (1997). *The Vedānta-sūtras of Nārāyaṇa Guru: with an English translation of the original Sanskrit and commentary*. Translated by Narayana Prasad. New Delhi: D.K. Printworld. ISBN 9788124600856. OCLC 37282506 (<https://search.worldcat.org/oclc/37282506>).
- Narayana Guru (1977). *Life divine and spiritual values* (<https://books.google.com/books?id=8YlWAAAAMAAJ>). Bangalore: Swami Sivananda Spiritual Centre. OCLC 615117867 (<https://search.worldcat.org/oclc/615117867>). Copies can be had from Satsangha Seva Samithi.
- Narayana Guru (1994). *The song of the self: a new translation of atmopadesasatakam (one hundred verses of self-instruction)*. Translated by Sreenivasan, K. Thiruvananthapuram, Kerala: Jayasree Publications. OCLC 222527764 (<https://search.worldcat.org/oclc/222527764>).
- Narayana Guru (1969). *One hundred verses of self-instruction (Atmopadesasatakam)*. Translated by Nataraja Guru. Varkala, Kerala: Gurukula Pub. House. OCLC 695387 (<https://search.worldcat.org/oclc/695387>).
- Narayana Guru (2007). *Nārāyaṇasmṛtiḥ* (<https://books.google.com/books?id=QL5JAQAAIAAJ>) (in Sanskrit). Translated by Atmananda; Narayana Prasad. New Delhi: D.K. Printworld. ISBN 9788124603925. OCLC 733026527 (<https://search.worldcat.org/oclc/733026527>).
- Narayana Guru (1982). *Vinayakashtakam: eight verses in praise of Vināyaka*. Translated by Nityacaitanya Yati. Varkala: Narayana Gurukula. OCLC 863337667 (<https://search.worldcat.org/oclc/863337667>).



The first Jnana Vighram of Guru

- Narayana Guru (1969). *One hundred verses of self-instruction*. OCLC 606239200 (<https://search.worldcat.org/oclc/606239200>).

## Death

Narayana Guru died at Sivagiri, Kerala. The cause of death was recorded as indigestion and prostate inflammation. He had told all the great physicians and disciples of that time who came to treat him that he was approaching samadhi and that the ashram should be well looked after and that everyone should live as good people. The special public meeting of the SNDP meeting held at Kottayam was the last public ceremony attended by Narayana Guru.

In 1927, naturopathy was carried out in Mangatukodi and Kandachira on the banks of Ashtamudikayal along with Pazhavila Chattambiasan. He was bedridden for a long time suffering from senile disease but was treated by many doctors but could not cure the disease completely. He died during meditation in the presence of devotees on 20 September 1928 (Malayalam year: 1104 Kanni 5). It was just three weeks after his 72nd birthday. The body was laid to rest in Sivagiri, Kerala Mathvalap. Today there is a hall with his statue.

## See also



- Ayyathan Gopalan
- Kallingal Madathil Rarichan Moopan
- Brahmananda Swami Sivayogi
- Mithavaadi Krishnan
- Sree Narayana Trust
- Temples consecrated by Narayana Guru
- Vagbhatananda

## Notes

- a. *Marunnumamala* – a docufiction in Malayalam on YouTube<sup>[75]</sup>

## References

1. "Narayana Guru, 1856–1928" (<https://id.loc.gov/authorities/names/n82142354.html>). *LC Name Authority File*. Library of Congress. Retrieved 18 March 2021.
2. Pullapilly, Cyriac K. (1976). "The Izhavas of Kerala and their Historic Struggle for Acceptance in the Hindu Society". In Smith, Bardwell L. (ed.). *Religion and social conflict in South Asia* (<https://books.google.com/books?id=xNAI9F8IBOGC>). International studies in sociology and social anthropology. Vol. 22. BRILL. pp. 24–46. ISBN 978-90-04-04510-1.
3. ദൈവദശകദർശനം, ഡോ.ജി. അനീൽകുമാർ, കുരുക്ഷേത്ര പ്രകാശൻ, കൊച്ചി, 2010 ഏപ്രിൽ



4. "The renaissance prophet" (<https://www.hindustantimes.com/india/the-renaissance-prophet/story-Y3xrvElzgdue1ki3zo72eN.html>). *Hindustan Times*. 13 March 2013.
5. "Inaugural Address at the 100th Year of the Declaration of 'We Have No Caste' by Sree Narayana Guru Thiruvananthapuram at 1700 HRS. On 21st December 2016" (<https://www.rajbhavan.kerala.gov.in/index.php/speeches1/200-inaugural-address-at-the-100th-year-of-the-declaration-of-we-have-no-caste-by-sree-narayana-guru-thiruvananthapuram-at-1700-hrs-on-21st-december-2016#:~:text=To%20the%20French%20philosopher%20Romain,that%20have%20enriched%20the%20world>).
6. "Pillathadam" (<https://web.archive.org/web/20161220221046/http://maruthwamala.com/en/pillathadam/>). *Maruthwamala*. 28 November 2022. Archived from the original on 20 December 2016.
7. "Sree Narayana Guru, Varkala, Thiruvananthapuram, Kerala" (<https://www.keralatourism.org/varkala/sree-narayana-guru.php>). *Kerala Tourism – Varkala*. Retrieved 1 March 2021.
8. Muralidharan, Siddarth (20 September 2022). "Narayana Guru, the anti-caste social reformer who fought Brahmins for Ezhavas' rights" (<https://theprint.in/theprint-profile/narayana-guru-the-anti-caste-social-reformer-who-fought-brahmins-for-ezhavas-rights/1135772/>). *ThePrint*. Retrieved 20 December 2024.
9. Gadgil, Madhav (2005). *Ecological Journeys* (<https://books.google.com/books?id=8XJ2HHZcM6oC&dq=gadgil+google+books+ezhava&pg=PA83>). Orient Blackswan. ISBN 978-81-7824-112-8.
10. Vengassery Krishnan, Asokan. "Sree Narayana Guru: The Perfect Union of Buddha and Sankara" (<https://www.amazon.com/dp/B09KH3DW7K>). *Amazon*. Retrieved 23 June 2025.
11. Younger, Paul (2002). *Playing host to deity : festival religion in the South Indian tradition* (<http://archive.org/details/playinghosttodei00youn>). New York: Oxford University Press. p. 127 (<http://archive.org/details/playinghosttodei00youn/page/n135>). ISBN 0-19-514044-3.
12. Daily, Keralakaumudi. "വിഷ്ണുവും സൂര്യനും പ്രതിഷ്ഠ" (<https://keralakaumudi.com/news/news.php?id=506692>). *Keralakaumudi Daily*.
13. Staff Reporter (24 December 2012). "125 years of Aruvippuram temple" (<https://www.thehindu.com/news/cities/Thiruvananthapuram/125-years-of-aruvippuram-temple/article4234257.ece>). *The Hindu*. Retrieved 1 April 2019.
14. "125 years of Aruvipuram Pratishta" (<https://www.newindianexpress.com/cities/chennai/2013/aug/22/125-years-of-aruvipuram-pratishta-509120.html>). *The New Indian Express*. 22 August 2013. Retrieved 1 April 2019.
15. "Sree Narayana Guru in a new light" (<https://www.newindianexpress.com/cities/kochi/2010/Dec/08/sree-narayana-guru-in-a-new-light-209075.html>). *The New Indian Express*. 13 November 2013. Archived (<https://web.archive.org/web/20131113133024/http://newindianexpress.com/cities/kochi/article167942.ece?service=print>) from the original on 13 November 2013. Retrieved 1 April 2019.
16. A. Sreedhara Menon (4 March 2011). *Kerala History and its Makers* (<https://books.google.com/books?id=wnAjqjhc1VcC&pg=PA205>). DC Books. pp. 205–. ISBN 978-81-264-3782-5.
17. "In Kerala temple priest appointments, Backward caste Ezhavas overrun Brahmins" (<https://www.outlookindia.com/website/story/in-kerala-temple-priest-appointments-backward-caste-ezhavas-overrun-brahmins/303133>). *outlookindia.com*. 17 October 2017. Retrieved 1 April 2019.
18. Chandramohan, P. (April 2016). *Developmental Modernity in Kerala: Narayana Guru, S.N.D.P Yogam and Social Reform* (<https://cup.columbia.edu/book/developmental-modernity-in-kerala/9789382381792>). Tulika Books. ISBN 9789382381792. Retrieved 1 April 2019.
19. "SNDP Yogam" (<https://web.archive.org/web/20200218101452/http://sndpyogam.in/sndp/>). *sndpyogam.in*. Archived from the original (<http://sndpyogam.in/sndp/>) on 18 February 2020. Retrieved 1 April 2019.
20. "Guru-varsham 150: The year of Narayana Guru" (<https://www.rediff.com/news/2004/aug/30rajeev.htm>). *www.rediff.com*. Retrieved 1 April 2019.
21. "These places were a part of Sree Narayana Guru's life" (<https://travel.manoramaonline.com/travel/essential-kerala/these-places-were-a-part-of-sree-narayana-gurus-life.html>). *OnManorama*. Retrieved 2 April 2019.

22. Sekher, Ajay (6 September 2017). "Guru who made Kerala fit to bear 'god's own' label" (<https://www.deccanchronicle.com/nation/in-other-news/060917/guru-who-made-kerala-fit-to-bear-god-s-own-label.html>). *Deccan Chronicle*. Retrieved 2 April 2019.
23. "Vaikom Satyagraha: A landmark movement in India's fight against untouchability" (<https://www.onmanorama.com/news/kerala/2023/03/30/landmark-movement-vaikom-satyagraha.html>). *Onmanorama*. Retrieved 29 July 2024.
24. Chandramohan, P. (1987). "Popular Culture and Socio-Religious Reform: Narayana Guru and the Ezhavas of Travancore" (<https://journals.sagepub.com/doi/abs/10.1177/025764308700300105>). *Studies in History*. **3** (1): 57–74. doi:10.1177/025764308700300105 (<https://doi.org/10.1177%2F025764308700300105>).
25. "On the 1925 dialogue between Mahatma Gandhi and Sree Narayana Guru" (<https://ullekhnep.com/2019/09/27/mahatma-gandhi-sree-narayana-guru/>). 27 September 2019.
26. "The five visits Gandhiji made to Kerala" (<https://www.onmanorama.com/travel/kerala/2018/06/30/the-five-visits-gandhiji-made-to-kerala.html>).
27. "Gandhi spoke no Sanskrit & Narayana Guru spoke no English when they met during Vaikom" (<https://theprint.in/past-forward/gandhi-spoke-no-sanskrit-narayana-guru-spoke-no-english-when-they-met-during-vaikom/1489002/>). *ThePrint*. 2 April 2023.
28. B Rajeevan (30 March 2023). "Vaikom Satyagraha: A landmark movement in India's fight against untouchability" (<https://www.onmanorama.com/news/kerala/2023/03/30/landmark-movement-vaikom-satyagraha.html>). *Onmanorama*.
29. "On Gandhi Jayanti, revisiting the Kerala temple town where Gandhi helped fight untouchability" (<https://indianexpress.com/article/india/kerala/on-gandhi-jayanti-revisiting-the-kerala-temple-town-where-gandhi-helped-fight-untouchability-6047451/>). 2 October 2019.
30. "Trade Union Formed by the Advice of Guru". *Kerala Kaumudi* (in Malayalam). 15 March 2022. Section C.
31. "The Social Background of the Formation of the Travancore Labour Union" (<https://www.researchguru.net/volume/Volume%2013/Issue%201/RG154.pdf>) (PDF). *Research Guru*. **13** (1): 6. June 2019. Retrieved 27 June 2025.
32. "The Social Background of the Formation of the Travancore Labour Union" (<https://www.researchguru.net/volume/Volume%2013/Issue%201/RG154.pdf>) (PDF). *Research Guru: Online Journal of Multidisciplinary Subjects*. **13** (1): 6. June 2019. Retrieved 27 June 2025.
33. "Literary Works" (<https://snms.co.in/pages/literary-works/52>).
34. "Prime Minister's address at the inauguration of various projects in Kerala" (<https://www.pib.gov.in/PressReleasePage.aspx?PRID=2139144>). *Press Information Bureau*. Government of India. 15 January 2025. "Highlighting the timeless vision of Sree Narayana Guru, who proclaimed: 'Enlightenment through education, Strength through organisation, and Prosperity through industry', Shri Modi said, 'Sree Narayana Guru not only articulated this vision but also laid the foundation of key institutions to realise it'."
35. "Extreme injustice led to Vaikom Satyagraha, says Romila Thapar" (<https://www.thehindu.com/todays-paper/tp-national/tp-kerala/Extreme-injustice-led-to-Vaikom-Satyagraha-says-Romila-Thapar/article16560190.ece>). *The Hindu*. 22 July 2009. Retrieved 1 April 2019.
36. P. Vijaya Kumar (12 August 2017). "Fenced By The Thread" (<https://www.outlookindia.com/society/fenced-by-the-thread-news-299193>). *Outlook*. Retrieved 1 April 2019.
37. Mahadevan, G. (12 November 2011). "Temple Entry Proclamation the greatest act of moral freedom: Uthradom Tirunal" (<https://www.thehindu.com/todays-paper/tp-national/tp-kerala/temple-entry-proclamation-the-greatest-act-of-moral-freedom-uthradom-tirunal/article2620727.ece>). *The Hindu*. Retrieved 1 April 2019.
38. "Rediff On The Net: Rajeev Srinivasan" (<http://www.rediff.com/news/jan/27raj.htm>). *www.rediff.com*. Retrieved 1 April 2019.
39. "Elavumthitta – the birthplace of Sivagiri pilgrimage" (<http://www.thehindu.com/news/national/kerala/elavumthitta-the-birthplace-of-sivagiri-pilgrimage/article4270267.ece>). *The Hindu*. 4 January 2013. Retrieved 19 October 2014.

40. R. Raman Nair; L. Sulochana Devi (2010). *Chattampi Swami: An Intellectual Biography-1* (<https://books.google.com/books?id=K-JRfipEdV0C&pg=PA189>). South Indian Studies. pp. 189–. ISBN 978-81-905928-2-6.
41. "ഗുരുവും സൂഫികളും" (<https://suprabhaatham.com/guru-and-sufis/>). *Suprabhaatham*. 23 September 2018.
42. Bardwell L. Smith (1976). *Religion and Social Conflict in South Asia* (<https://books.google.com/books?id=xNAI9F8IBOgC&pg=PA42>). BRILL. pp. 42–. ISBN 90-04-04510-4.
43. Bipin Chandra (2016). *Indian's struggle for independence*. Penguin books.
44. name="All-religion meet begins at Aluva">"All-religion meet begins at Aluva" (<https://www.thehindu.com/news/cities/Kochi/allreligion-meet-begins-at-aluva/article8325913.ece>). *The Hindu*. 8 March 2016. Retrieved 1 April 2019.
45. "100 years of Narayana Guru's Sri Lankan visit" (<https://www.manoramaonline.com/news/sunday/2018/11/10/100-years-of-narayanaguru-s-sri-lankan-visit.html>). *Manorama Online* (in Malayalam). Malayala Manorama. 10 November 2018. Retrieved 16 July 2025.
46. "Remembering Sahodaran Ayyappan on his 53rd death anniversary" (<https://www.mathrubhumi.com/literature/features/remembering-sahodaran-ayyappan-on-his-53-death-anniversary-1.5494079>). *Mathrubhumi*. 19 March 2021. Retrieved 16 July 2025.
47. Paul Zacharia (15 March 2021). "Sri Narayanan, the guru who laughed" (<https://www.newindianexpress.com/opinions/2021/Mar/15/sri-narayanan-the-guru-who-laughed-2276686.html>). *The New Indian Express*. New Indian Express Group. Retrieved 16 July 2025.
48. "Execution Team" (<https://web.archive.org/web/20160324184359/http://shepherdschalet.com/team.html>). Shepherds' Chalet. Archived from the original (<http://shepherdschalet.com/team.html>) on 24 March 2016. Retrieved 19 March 2014.
49. \*Kurup, K. K. N. (1988), *Modern Kerala: Studies in Social and Agrarian Relations* (<https://books.google.com/books?id=iJvx0KWpf-UC>), Mittal Publications, ISBN 9788170990949
50. Murkkoth Kumaran (1944). *The Biography of Sree Narayana Guru* (<https://www.amazon.com/Biography-Narayana-English-Murkkoth-Kumaran/dp/B09FQBWMKB>). AU Star Books.
51. "Chidambaram releases commemorative coin on Narayana Guru" (<https://www.oneindia.com/2006/09/07/chidambaram-releases-commemorative-coin-on-narayana-guru-1157614686.html>). *Oneindia*. 7 September 2006. Retrieved 8 August 2025.
52. Vengassery Krishnan, Asokan. *Sree Narayana Guru: The Perfect Union of Buddha and Sankara* (<https://www.scribd.com/document/791178557/ASOKAN-VEGASSERY-KRISHNAN-Sree-Narayana-Guru-The-Perfect-Union-of-Buddha-and-Sankara-1>) (PDF). p. 112. Retrieved 20 July 2025. "During the course of time, agreements between those who supported and opposed the entry of Dalits intensified. Guru returned to Thalassery to intervene and gave a rousing talk on the immorality and hypocrisy of the position taken by a few. As a compromise, the orthodoxy proposed: "Let us wait for a varsham." In Malayalam varsham means "year" but it is also a synonym for rain. What the orthodoxy really meant was that they needed a year to make up their mind. As they were talking, the area was struck by a sudden, rainstorm. The rain stopped after some time. Guru gently reminded those who opposed the entry of Dalits: 'A varsha is over. Let us allow all into our temple.' Laughter erupted in acknowledgement of Guru's sense of wit and wisdom, and everyone nodded in agreement."
53. "ചരിത്രത്തെ അഗാധമാക്കിയ ഗുരു; നൂറിന്റെ നിറവിൽ ശ്രീലങ്കൻ യാത്ര" (<https://www.manoramaonline.com/news/sunday/2018/11/10/100-years-of-narayanaguru-s-sri-lankan-visit.html>).

54. Vengassery Krishnan, Asokan. *Sree Narayana Guru: The Perfect Union of Buddha and Sankara* (<https://www.scribd.com/document/791178557/ASOKAN-VENGASSERY-KRISHNAN-Sree-Narayana-Guru-The-Perfect-Union-of-Buddha-and-Sankara-1>) (PDF). p. 263. Retrieved 20 July 2025. "Then came the turn of Kirk. Guru told him to bring the set of European attire. He paid obeisance to Guru and devotionally placed the designated items at Guru's feet. Guru picked the items and gave them back to Kirk to initiate him as a shishya or disciple. In addition, Guru provided him a pair of new shoes. That was the attire Guru wanted him to wear as a sanyasin of European descendant. As a note of advice, Guru told him that the internal spirit of dedication and renunciation was far more important to a sanyasin than the cloth that covers the external body. Guru then addressed him as Kirk Swamy. Thus, Kirk Swamy became the 22nd member of Sree Narayana Dharma Sangam, the sanyasin Order of Guru."
55. Das, Sisir Kumar (1991). *A History of Indian Literature 1911–1956* (<https://books.google.com/books?id=sqBjpV9OzcsC&pg=PA306>). Sahitya Akademi. p. 306. ISBN 81-7201-798-7.
56. Kusuman, K. K. (1990). *A Panorama of Indian Culture: Professor A. Sreedhara Menon Felicitation Volume* (<https://books.google.com/books?id=z4JqgSUSXDc&pg=PA43>). Mittal Publications, New Delhi. p. 44. ISBN 81-7099-214-1.
57. "Kunhiraman CV – Kerala Media Academy" (<https://web.archive.org/web/20190401080946/http://archive.keralamediaacademy.org/tags/kunhiraman-cv>). *archive.keralamediaacademy.org*. 1 April 2019. Archived from the original (<http://archive.keralamediaacademy.org/tags/kunhiraman-cv>) on 1 April 2019. Retrieved 1 April 2019.
58. Staff Reporter (7 October 2009). "Kerala recommends national prayer song to Centre" (<https://www.thehindu.com/news/national/kerala/Kerala-recommends-national-prayer-song-to-Centre/article16885319.ece>). *The Hindu*. Retrieved 1 April 2019.
59. Diane P. Mines; Sarah Lamb; Sarah E. Lamb (2010). *Everyday Life in South Asia* (<https://books.google.com/books?id=828fOvb61wLC&pg=PA209>). Indiana University Press. pp. 209–. ISBN 978-0-253-35473-0.
60. Bhattacharya, Sabyasachi (31 December 2011). "The Other Tagore" (<http://www.frontline.in/static/html/fl2827/stories/20120113282702200.htm>). *Frontline*. Vol. 28, no. 27. Retrieved 9 February 2015.
61. "From Vaikom to Venganoor – Times of India" (<https://timesofindia.indiatimes.com/city/kochi/From-Vaikom-to-Venganoor/articleshow/54621363.cms>). *The Times of India*. October 2016. Retrieved 1 April 2019.
62. Velayudhan, Kottukoyikkal. *Sreenarayanaguru Jeevithacharithram*.
63. "Stamps 1947–2000" ([https://web.archive.org/web/20210121210123/http://postagestamps.gov.in/Stamps\\_List.aspx](https://web.archive.org/web/20210121210123/http://postagestamps.gov.in/Stamps_List.aspx)). *Postage Stamps*. India Post. Archived from the original ([http://postagestamps.gov.in/Stamps\\_List.aspx](http://postagestamps.gov.in/Stamps_List.aspx)) on 21 January 2021. Retrieved 7 June 2015.
64. "All registered stamps issued by Sri Lanka: LK032.09" (<http://www.wnsstamps.post/en/stamps/LK032.09>). *Universal Postal Union*. Retrieved 12 May 2015.
65. "Jagat Guru Sree Narayana Gurudev-(2 Coin Set-Rs. 100 & 5) – Proof – FGCO000203" (<https://www.indiagovtmint.in/en/product/%e0%a4%9c%e0%a4%97%e0%a4%a4-%e0%a4%97%e0%a5%81%e0%a4%b0%e0%a5%81-%e0%a4%a8%e0%a4%be%e0%a4%b0%e0%a4%be%e0%a4%af%e0%a4%a3-%e0%a4%97%e0%a5%81%e0%a4%b0%e0%a5%81%e0%a4%a6%e0%a5%87%e0%a4%b5-jagat-guru-sre/>). *Security Printing and Minting Corporation of India*. Retrieved 10 July 2024.
66. [https://m.rbi.org.in/scripts/BS\\_ViewCurrencyPressRelease.aspx?Id=19546](https://m.rbi.org.in/scripts/BS_ViewCurrencyPressRelease.aspx?Id=19546)
67. "Kerala Temples in Thalassery – Jagannath Temple, Thalassery" (<https://web.archive.org/web/20200709160351/http://keralatemples.info/temple/jagannath-temple-thalassery/154>). *keralatemples.info*. Archived from the original (<http://keralatemples.info/temple/jagannath-temple-thalassery/154>) on 9 July 2020. Retrieved 2 April 2019.
68. "Kaithamukku gets city's tallest statue – Times of India" (<https://timesofindia.indiatimes.com/city/thiruvananthapuram/Kaithamukku-gets-citys-tallest-statue/articleshow/47083329.cms>). *The Times of India*. 28 April 2015. Retrieved 2 April 2019.

69. "Kerala Gazette" ([https://web.archive.org/web/20150206012950/http://kerala.gov.in/docs/11493\\_14.pdf](https://web.archive.org/web/20150206012950/http://kerala.gov.in/docs/11493_14.pdf)) (PDF). General Administration (Coordination) Department, Government of Kerala. Archived from the original ([http://www.kerala.gov.in/docs/11493\\_14.pdf](http://www.kerala.gov.in/docs/11493_14.pdf)) (PDF) on 6 February 2015. Retrieved 9 February 2015.
70. "33rd National Film Awards" (<http://dff.nic.in/2011/33nfa.pdf>) (PDF). Directorate of Film Festivals. Retrieved 19 October 2014.
71. "Sree Narayanaguru (1986)" (<https://www.malayalachalachithram.com/movie.php?i=1889>). *www.malayalachalachithram.com*. Retrieved 2 April 2019.
72. "Yugapurushan (2010)" (<https://www.malayalachalachithram.com/movie.php?i=4166>). *www.malayalachalachithram.com*. Retrieved 2 April 2019.
73. "Now showing: 50th Tulu movie" (<http://www.thehindu.com/todays-paper/tp-national/tp-karnataka/now-showing-50th-tulu-movie/article5972268.ece>). The Hindu. 3 May 2014. Retrieved 22 May 2015.
74. "Marunnumala Docufiction release on Aug 9 – Maruthwamala" (<https://web.archive.org/web/20161014064646/http://maruthwamala.com/news/news1/>). Archived from the original on 14 October 2016. Retrieved 22 September 2016.
75. Red Archers (8 August 2016). "Marunnumamala – Docufiction in MALAYALAM" (<https://www.youtube.com/watch?v=xapigznnCYI>). *YouTube*. Archived (<https://ghostarchive.org/varchive/youtu.be/20211107/xapigznnCYI>) from the original on 7 November 2021. Retrieved 2 April 2019.
76. "Narayana Guru Not An Avatar Of God: Kerala High Court" (<https://www.ndtv.com/kerala-news/sree-narayana-guru-not-an-avatar-of-god-kerala-high-court-1453897>). *NDTV.com*. Retrieved 15 July 2023.
77. "Sree Narayana Guru not an avatar of God: Kerala HC" (<https://www.dnaindia.com/india/report-sree-narayana-guru-not-an-avatar-of-god-kerala-hc-2251310>). *DNA India*. Retrieved 15 July 2023.
78. Narayana Guru (1999). *Aathmopadesh shathaksm* ([https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=93714&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=93714&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). New Delhi: D.K Printworld.
79. Narayana Guru, Sree; Vimalananda, Ed (1985). *Adwaita deepika* ([http://mgucat.mgu.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=28716&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](http://mgucat.mgu.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=28716&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). Thiruvananthapuram, Kerala, India: S Vijayan.
80. Narayana Guru (1989). *Arivu* ([https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=278153&query\\_desc=au%252Cwrdl%253A%2520Narayana%2520Guru](https://catalog.uoc.ac.in/cgi-bin/koha/opac-detail.pl?biblionumber=278153&query_desc=au%252Cwrdl%253A%2520Narayana%2520Guru)). Varkala: Narayana Gurukula.
81. R. Raman Nair; L. Sulochana Devi (2010). *Chattampi Swami: An Intellectual Biography* (<https://books.google.com/books?id=K-JRfipEdV0C&pg=PA190>). South Indian Studies. pp. 190–. ISBN 978-81-905928-2-6.

## Further reading

- (Re)construction of 'the Social' for Making a Modern Kerala: Reflections on Narayana Guru's Social Philosophy, Satheese Chandra Bose, published in Satheese Chandra Bose and Shiju Sam Varughese (eds.) 2015. *Kerala Modernity: Ideas, Spaces and Practices in Transition* (<https://web.archive.org/web/20150102071757/http://www.orientblackswan.com/display.asp?categoryID=0&isbn=978-81-250-5722-2>). Hyderabad: Orient Blackswan.
- *Sree Narayana Guruswamikalude jeeva charithram*– Moorkoth Kumaran-(The official biography as approved by Sivagiri mutt.) Published by SNDS Trust
- *Sree Narayana Gurudeva Krithikal – Sampoorana Vyakyanam* – G Balakrishnan Nair- (Works of Narayana Guru with Complete Interpretations – ten parts compiled in two volumes) published by The State Institute of Languages, Kerala.
- *Brahmarshi Sree Narayana Guru* – T. Bhaskaran- published by Sahitya Akademi.
- *The Word of the Guru : The Life and Teaching of Guru Narayana* : Nataraja Guru, D.K. Printworld, 2003, New Delhi, ISBN 81-246-0241-7

- *Srinarayana Guruvinte Sampoorana Kruthikal* (Complete Works of Sri Narayana Guru): Mathrubhoomi Publishers, Kozhikode, Kerala
- *Sri Narayana Guruvinte Mathavum Sivagiriya* (Sivagiri and the Religion of Sri Narayana Guru): K. Maheshwaran Nair
- *Narayanaguru*- Editor: P.K.Balakrishnan (A collection of essays in Malayalam):March 2000, (First Edition 1954), Kerala Sahitya Academi, Trichur, Kerala.
- *The Philosophy of Narayana Guru*: Swami Muni Narayana Prasad, D.K. Printworld, 2003, New Delhi, ISBN 81-246-0236-0.
- *Sree Narayana Gurudev – the Maharshi who made Advaita a Science* – [G.K.Sasidharan]: Many Worlds Publications, Kollam, Kerala (First Edition 2014)
- M. K. Sanu (2017). O. V. Usha (ed.). *Sree Narayana Guru – Life and Times*. Translated by P. R. Mukundan. Open Door Media. p. 280. ISBN 978-8193219614.
- Nataraja Guru (2008). *The Word of the Guru: The Life and Teachings of Guru Nārāyaṇa* (<https://books.google.com/books?id=Uzv4MQAACAAJ>). D.K. Printworld. ISBN 978-81-246-0241-6.
- Nityachaitanya Yati (2005). *Narayana Guru* (<https://books.google.com/books?id=7lbXAAAAMA AJ>). Indian Council of Philosophical Research. ISBN 978-81-85636-89-4.
- Moorkoth Kumaran (1930). *Life of Swami Narayana Guru* (<https://keralasahityaakademi.org/wp-content/uploads/2022/04/16048.pdf>) (PDF) (in Malayalam). Telicherry: M. G. & Sons.

## External links

- M. K. Sanu (6 October 2015). "The Greatness of Values – What Guru's life teaches us" (<https://www.mathrubhumi.com/books/excerpts/preface-of-guru-biography-by-prof-m-k-sanu-malayalam-news-1.580414>). *Mathrubhumi* (in Malayalam). Retrieved 1 April 2019. "(preface written by the author for the book, *Sree Narayana Guru – Life and Times*"
- Works by or about Narayana Guru (<https://archive.org/search.php?query=%28%28subject%3A%22Guru%2C%20Narayana%22%20OR%20subject%3A%22Narayana%20Guru%22%20OR%20creator%3A%22Guru%2C%20Narayana%22%20OR%20creator%3A%22Narayana%20Guru%22%20OR%20creator%3A%22Guru%2C%20N%2E%22%20OR%20title%3A%22Narayana%20Guru%22%20OR%20description%3A%22Guru%2C%20Narayana%22%20OR%20description%3A%22Narayana%20Guru%22%29%20OR%20%28%221855-1928%22%20AND%20Guru%29%29%20AND%20%28-mediatype:software%29>) at the Internet Archive

Retrieved from "[https://en.wikipedia.org/w/index.php?title=Narayana\\_Guru&oldid=1314942187](https://en.wikipedia.org/w/index.php?title=Narayana_Guru&oldid=1314942187)"