

## MEADOWCARE MEDICAL ASSOCIATES – CLINICAL ENCOUNTER NOTE

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**Patient:** Patel, Jason A.

**Date of Service:** 2025-06-13

**Provider:** Dr. Nathaniel J. Marks, DO

**Visit Type:** Problem-Focused Visit

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### HISTORY OF PRESENT ILLNESS:

Jason Patel is a 34-year-old male presenting with general fatigue, low energy, and poor focus for the past 2–3 weeks. Denies fever, weight loss, or night sweats. No history of chronic medical conditions under our care. Patient mentions he used to have “low iron” many years ago but no records available. He recently started working rotating night shifts and attributes fatigue to “burnout” and “low motivation.”

Patient has not had any lab work or physical exam in the last 3 years. No primary care follow-ups previously documented.

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### PHYSICAL EXAMINATION:

- BP: 110/70 mmHg
  - HR: 84 bpm
  - Temp: 98.7°F
  - BMI: 26.4
  - General: Slightly tired appearance
  - HEENT: Normocephalic, no pallor
  - Heart: Normal
  - Lungs: Clear
  - Neuro: Alert, oriented
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### ASSESSMENT & PLAN:

#### 1. Fatigue – cause unclear

- Ordered comprehensive blood panel: CBC, Ferritin, B12, Vitamin D, Thyroid Panel
- Referred for possible sleep study (no formal symptoms of apnea documented)

## **2. Suspected Nutrient Deficiencies**

- No dietary history documented
- Advised OTC multivitamin
- Lifestyle modification suggested

### **Plan Summary:**

- Patient to follow up in 2 weeks
  - Lab requisition provided
  - Sleep study referral issued, pending insurance pre-auth
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### **SERVICES RENDERED:**

- New patient office visit
  - Lab panel ordered (without documented PA)
  - Specialist referral (sleep clinic) provided
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### **CHARGES:**

- Office Visit: \$160.00
- Labs Ordered: Vitamin Panel, CBC, Ferritin, TSH
- TOTAL: \$380.00