

<i>Section</i>	<i>Phase</i>	<i>Swing</i>	<i>Tempo</i>	<i>Unadjusted non-alignment</i>	<i>Optimal non-alignment</i>	<i>Percent explained</i>
Flow 1a	-16.5	1.10	0.99	17.88	4.41	0.75
Flow 1b	-9.0	1.34	0.99	9.84	1.62	0.84
Flow 2	-10.5	1.10	none	10.74	1.89	0.82
Flow 3a	-12.0	none	none	13.63	3.49	0.74
Flow 3b	-10.5	1.10	0.98	11.17	2.09	0.81
Flow 3c	-15.5	none	0.96	14.57	3.21	0.78
Flow 4	12.5	1.48	none	10.32	4.18	0.59
Hook 1	-5.5	1.48	0.99	6.65	0.82	0.88
Hook 2	-4.0	1.34	none	5.35	1.05	0.80
Hook 3	-6.5	1.81	none	8.43	1.94	0.77