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# C SHRUTI

Nominee for

# STUDENT WELFARE SECRETARY



Indian Institute of Technology  
Hyderabad

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# About me



- 3rd Year Electrical Engineering Undergraduate
- Student mentor at Sunshine-The Counselling cell(2019-2020)
- Volleyball Coordinator in Sports council (2019-2020)
- Career cell Core at the Office of Career Services(OCS)
- Assistant Manager at E-cell, IITH
- Core member of Elektronika
- Represented IITH in the sport of Volleyball at Inter IIT Sports Meet 2018
- Led IITH contingent at Inter IIT Sports Meet (IIT BBS) 2019



# Duties



- The Student Welfare Secretary shall look after the wellbeing of the students and she/he shall be the overall Coordinator of Sunshine.
- The Student Welfare Secretary shall address any grievance of Students related to Verbal/ Physical/ Sexual/ Mental abuse against any student of IIT Hyderabad.
- I shall report all the cases to the Student Grievance committee. Aggrieved students can take him or her as their first point of contact or can directly report to the Student Grievance Committee.
- I shall act as liaison between the Student Grievance Committee and the aggrieved student.










- I shall be part of the personal hearings conducted by the Student Grievance Committee provided the aggrieved student or SGC head doesn't object.
- I shall abide to full confidentiality of matters being discussed in any proceedings, through mail or while discussing with aggrieved students.
- I can object against the recommendations of SGC after discussing with the aggrieved student/students.
- I shall be the student representative of the all student welfare related matters and can be an invitee based on the need, on decision making committees.
- I shall work with the President and Faculty In-charge, Sunshine in all works directed for Student Welfare.



# Principles



-  1 Approachability
-  2 Availability
-  3 Confidentiality
-  4 Integrity
-  5 Justice



# Proposed Initiatives



- ❖ Create and maintain an online forum for queries/concerns.
  - ❖ Increased frequency of student-mentor meetings
  - ❖ Take feedback from students if the respective mentor is addressing their concerns
  - ❖ Encouraging more participation from third year and above seniors towards the Student Mentorship Program.
  - ❖ Arrange seminars by professionals to emphasize the need of mental well-being
  - ❖ Emotional Listening Support
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# Proposed Initiatives



- ❖ Collaborative development with students, promoting activities that build resilience (Self Defense Practices etc..)
- ❖ Fostering active student involvement in the development, review and evaluation of services. Department wise meeting with the students coordinating with the professional counsellors and the faculty representatives.
- ❖ Arrange regular mentor training workshops to discuss the issues encountered in their experience while protecting the identity of students



# Social Media Forum



Where the students can

- Put forth any concerns/queries anonymously
  - Share views and reflect upon prevailing mental health issues.
  - Report any grievances or cases of harassment/bullying
  - Report suspected cases of depression observed by peers/colleagues
- Complaints received will be redirected to the appropriate domain.





# Emotional Listening Support



## **Necessity:**

Students face many stresses and challenges that are hard to cope up with. They may hesitate to share them in fear of being judged. At times, all they need may just be a silent listener.

## **Plan:**

To share a common line that can be dialled by students, which will be connected to an available trained mentor. You have the freedom to speak about anything that is causing an emotional crisis, without the fear of being judged and with the assurance of confidentiality.



# Promoting Healthy Interactions



Providing a platform and space for healthy interaction among students including juniors and seniors.

## **Necessity:**

Considering that the Freshers are exceptionally new to campus life they need individuals to guide them. In spite of the fact that mentors would be there to guide them, association with other seniors and individuals on campus would offer assistance to many of them. Social life of all students has been affected due to the pandemic.

## **Plan:**

- ❖ To turnout things as planned, seniors will be having to attend a session on sensitisation where they can know the protocols, and interactions be allowed subject to the protocols in place.



# Promoting Healthy Interactions



- ❖ Encourage the students to nurture their friendships and remain in communication with their classmates. Some avenues for strengthening social connectedness might include online study groups or online study/accountability partners. Faculty mentors may also be available to support students virtually.
- ❖ Students will be given a list of 30 fun activities (like doing 5 pushups or some fun online challenge) each will have points based on their difficulty (None of these activities will be like the freshers have to contact seniors necessarily) by the end of the day who has more points will get a prize and then in the evening they can have a tea party.
- ❖ To conduct other regular events like Sunshine Icebreakers, Cryptex, e-sports tournaments, etc. through online platforms like Discord.



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**I hereby announce that I would take up the position with the utmost care and responsibility. I'll attempt executing all that is mentioned and make feasible amendments to it without hesitation considering proposals from anyone understanding its usefulness and feasibility.**

**- C SHRUTI**

**Suggestions and queries:**

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# THANK YOU



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